



SPORTS MEDICINE SHADOWING AT THE UNIVERSITY OF VIRGINIA

We welcome you to Sports Medicine Shadowing at the University of Virginia! Here are some policies and procedures that you will be required to follow while shadowing at UVa.

Dress Code

You are expected to dress in a professional manner during your shadowing experience. Your clothing and grooming reflect you, your school, and athletic training as a profession.

While in the Sports Medicine clinic:

- No jeans, gym shorts, or sweat pants.
- Dress shorts may be worn, as long as they are fingertip length.
- UVA shirts are acceptable.
 - Apparel from other universities should be avoided.
- No open-toed shoes.
- Keep your midriff covered – this means if you lift your arms overhead, your belly or back should not show.
- No hats.
- Skirts or dresses are discouraged.

You may be going out to a practice as part of your shadowing experience, so please wear or bring clothes appropriate for the weather. Warm ups, rain suits, sweats, or hats in this situation are fine.

Phones

Please refrain from using your cell phone for personal phone calls or texting during your shadowing experience. Use of cell phones will be permitted in the event of an emergency, or to make arrangements for transportation during your shadowing experience.

Confidentiality

Athletic Training is a medical profession and confidentially is required by HIPPA. All information will be kept confidential. Students taking part in the shadowing experience must avoid talking about specific cases they have seen in the athletic training environment. When speaking about your experience remember not use names or other identifying criteria such as “the starting quarterback...”

Whatever you see or hear during your shadowing experience at UVa stays at UVa!



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Social Networking

While the use of social networking sites has become commonplace, it is important to remember the bounds of privacy required by our profession. It is impermissible to discuss the condition of any student-athlete or team on any Internet posting. You will need to refrain from posting photographs of athletic competition or athletic training room operations. When in doubt – don't do it!

Sexual Harassment Policy

The University of Virginia Athletics Department has a zero tolerance policy for sexual harassment. Any potential uncomfortable situation that may be perceived as sexual harassment should be reported to the Shadowing Coordinator in confidence as soon as possible. Do not attempt to “handle” the situation alone. Proper procedures are established and will be followed. There are numerous situations in sports medicine that make sexual harassment a particularly sensitive issue. Athletic trainers use touch both therapeutically and in the course of injury evaluation. Professionalism and sensitivity are of utmost importance. Shadowing students should not joke about sensitive issues, or touch individuals inappropriately.

Gambling Policy

Neither NCAA student athletes nor NCAA athletic department employees are permitted to gamble. As a shadowing student you may see or hear privileged information about UVa athletics. This knowledge can be of value to organized gambling. Any gambling activities will result in termination of current or future shadowing opportunities.

Information about injuries or how players are performing should not be shared with parents, friends, or any type of message or fan board.

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