

VIRGINIA

2009 Women's Soccer Game Notes



#14 Virginia Cavaliers

1-1 (0-0 ACC)

VS.



Hofstra Pride

1-0 (0-0 CAA)

- **Game #3**
- **Sunday, August 30**
- **1:00 pm**
- **Klöckner Stadium**
- **Charlottesville, Va.**

Today's Game:

- The Cavaliers look for their second consecutive win today vs. Hofstra
- Virginia is coming off a 5-0 win over Liberty on Friday in its home opener
- Hofstra is coming off a 2-1 overtime win at Richmond on Friday

Klöckner Milestone:

- A win today would be the Cavaliers' 150th at Klöckner Stadium
- Virginia enters the games with a 149-37-14 record at Klöckner over 18 seasons
- Since 2001, the Cavaliers have had a 77-13-8 record at home

Series History:

- Today is the first ever meeting between Virginia and Hofstra in women's soccer
- Hofstra is one of two first time opponents on the Cavaliers' 2009 schedule (Arizona State)

'Hoos Back:

- The Cavaliers return 15 players from last year's squad
- All-American Sinead Farrelly and All-ACC players Lauren Alwine, Chantel Jones and Meghan Lenczyk are among the returners

August Success:

- The Cavaliers are 18-1-0 all-time in the month of August
- Virginia has outscored its opponents 65-2 in those games
- The only loss in August came at Penn State last week

Probable Starting Lineup

No.	Pos.	Name	GP-GS	G-A-P	Notable
29	GK	Chantel Jones	2-2	0.50GAA	2007 Freshman All-American
4	D	Morgan Stith	2-2	0-0-0	Started both games this season
16	D	Maggie Kistner	2-2	0-0-0	Three goals as a forward in 2008
18	D	Amanda Fancher	2-1	0-0-0	Made first career start vs. Liberty
20	D	Kika Toulouse	2-2	0-0-0	GWG vs. Boston College last season
24	M	Colleen Flanagan	2-2	0-0-0	29 starts over last two seasons
8	M	Julia Roberts	2-2	0-1-1	#4 ranked recruit by Top Drawer Soccer
17	M	Sinead Farrelly	2-2	0-0-0	Hermann Trophy Watch List
7	F	Caitlin Miskel	2-2	0-0-0	7 goals and 13 assists in career
21	F	Meghan Lenczyk	2-2	1-0-2	Hat Trick in exh. vs. Georgetown
9	F	Lauren Alwine	2-2	1-1-3	14 assists led the ACC in 2008

2009 Schedule/Results

8/14	vs. #5 Notre Dame (ex)	T 3-3
8/16	GEORGETOWN (ex)	W 5-1
8/21	at #6 Penn State	L 0-1
8/28	LIBERTY	W 5-0
8/30	HOFSTRA	1:00 pm
9/4	vs. Arizona %	4:30 pm PT
9/6	at Arizona State %	1:30 pm PT
9/11	#17 WEST VIRGINIA ^	6:00 pm
9/13	SETON HALL ^	2:00 pm
9/20	AMERICAN	2:00 pm
9/24	at NC State *	7:00 pm
9/27	CLEMSON *	2:00 pm
9/30	VIRGINIA TECH *	7:00 pm
10/8	MARYLAND *	7:00 pm
10/11	at #8 Boston College *	1:00 pm
10/17	at #1 North Carolina *	1:00 pm
10/22	at #12 Duke *	7:00 pm
10/25	at Wake Forest *	1:00 pm
10/30	#6 FLORIDA STATE *	7:00 pm
11/1	MIAMI *	2:00 pm
11/4-8	at ACC Tournament (Cary, N.C.)	

* ACC Match

% Sun Devil Desert Classic (Tempe, Ariz.)

^ Virginia Nike Soccer Classic

Media Information

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Soccer America Rankings

1.	North Carolina	1-0-0
2.	Stanford	1-0-0
3.	Portland	1-0-0
4.	Notre Dame	1-0-0
5.	Penn State	1-0-0
6.	Florida State	1-0-0
7.	UCLA	0-1-0
8.	Boston College	0-0-0
9.	Texas A&M	1-0-0
10.	Florida	1-0-0
11.	Missouri	1-0-0
12.	Duke	1-0-0
13.	Colorado	1-0-0
14.	VIRGINIA	0-1-0
15.	USC	0-1-0
16.	California	1-0-0
17.	West Virginia	0-0-1
18.	Michigan State	0-0-0
19.	Washington State	1-0-0
20.	Illinois	1-0-0
21.	Connecticut	0-0-0
22.	Rutgers	0-0-0
23.	Santa Clara	2-0-0
24.	Minnesota	1-0-0
25.	Richmond	1-0-0
	Memphis	1-0-0

NSCAA Poll

1.	North Carolina	1-0-0
2.	Notre Dame	1-0-0
3.	Portland	1-0-0
4.	Stanford	1-0-0
5.	Florida State	1-0-0
6.	Texas A&M	1-0-0
7.	Florida	1-0-0
8.	Penn State	1-0-0
9.	UCLA	0-1-0
10.	VIRGINIA	0-1-0
11.	Duke	1-0-0
12.	USC	0-1-0
13.	Illinois	1-0-0
14.	West Virginia	0-0-1
15.	San Diego	1-1-0
16.	Georgia	1-0-0
17.	Minnesota	1-0-0
18.	Colorado	1-0-0
19.	Santa Clara	2-0-0
20.	Boston College	0-0-0
21.	Oklahoma State	0-1-0
22.	Missouri	1-0-0
23.	Rutgers	0-0-0
24.	Washington State	1-0-0
25.	Texas	0-1-0

Rankings History

Week	SA	NSCAA	TDS	Times
Pre	11	9	10	8
8/24	14	10	10	12

Last Time Out:

- Virginia opened its home schedule with a 5-0 win over Liberty on Friday
- It marked the second consecutive year the Cavaliers topped the Flames by a 5-0 score
- Five different Cavaliers (Lenczyk, C.Miller, Rostedt, Alwine, Norbo) scored in the game
- Caroline Miller led the Cavaliers with one goal and three assists
- Chantel Jones posted her 14th career shutout

In the Rankings:

- Virginia is No. 14 in Soccer America, No. 10 in NSCAA and No. 10 in Top Drawer
- Liberty is not ranked

Preseason Accolades:

- Sinead Farrelly: Hermann Trophy Watch List

Cavaliers Fourth in ACC Poll:

- Virginia was fourth in the ACC coaches' preseason poll
- The Cavaliers trailed North Carolina, Florida State and Boston College
- It marked the first time in nine years that UVa hasn't been in the poll's top three

Challenging Schedule:

- Virginia will play six opponents ranked in the Soccer America preseason Top 25
- Four of those opponents (#1 UNC, #6 PSU, #7 FSU, #8 BC) are in the Top 10
- Of the six ranked opponents, the Cavaliers will play four on the road

Returning Firepower:

- Virginia returns its leading goal scorer from last year (Meghan Lenczyk - 11)
- UVa returns the ACC's assist leader from last year (Lauren Alwine - 14)
- UVa returns its three leading scorers from last year (Alwine - 26, Lenczyk - 23, Sinead Farrelly - 13)

Up Next:

- The Cavaliers travel to the Southwest next weekend for the Sun Devil Desert Classic in Tempe, Ariz.
- Virginia meets Arizona Friday night and Arizona State on Sunday afternoon in the tournament

THE LAST TIME

TEAM

Home Win:	8/28/09	5-0 vs. Liberty	last home game
Home Loss:	11/22/08	0-2 vs. Duke	2 home games ago
Away Win:	10/16/08	3-2 at Maryland	2 away games ago
Away Loss:	8/21/09	0-1 at Penn State	last away game
OT Win:	11/5/08	3-2 vs. Wake	2 OT games ago
OT Loss:	11/23/07	1-2 at UCLA	6 OT games ago
Conf. Win (Reg):	10/19/08	2-1 vs. BC	4 reg. season ACC games ago
Conf. Win (Overall):	11/5/08	3-2 vs. Wake	3 ACC games ago
Conf. Loss (Reg):	11/2/08	0-1 vs. Wake	last ACC reg. season game
Conf. Loss (Overall):	11/22/08	0-2 vs. Duke	last ACC game
Non-Conf. Win:	8/28/09	5-0 vs. Liberty	last non-conf. game
Non-Conf. Loss:	8/21/09	0-1 at Penn State	2 non-conf. games ago

GOALS SCORED

0 goals:	8/21/09	0-1 at Penn State	2 games ago
at least 1 goal:	8/28/09	5-0 vs. Liberty	last game
at least 2 goals:	8/28/09	5-0 vs. Liberty	last game
at least 3 goals:	8/28/09	5-0 vs. Liberty	last game
at least 4 goals:	8/28/09	5-0 vs. Liberty	last game
at least 5 goals:	8/28/09	5-0 vs. Liberty	last game
at least 6 goals:	10/5/08	7-1 at Clemson	14 games ago
7+ goals:	10/5/08	7-1 at Clemson	14 games ago

GOALS ALLOWED

Shutout:	8/28/09	5-0 vs. Liberty	last game
at least 1 goal:	8/21/09	0-1 at Penn State	2 games ago
at least 2 goal:	11/22/08	0-2 vs. Duke	3 games ago
at least 3 goal:	10/24/08	1-5 vs. UNC	10 games ago
4+ goals:	10/24/08	1-5 vs. UNC	10 games ago

INDIVIDUAL

Hat Trick:	10/5/08	Sinead Farrelly at Clemson	14 games ago
Multi-Goal Game:	10/5/08	Sinead Farrelly (3) at Clemson	14 games ago
5+ points:	8/28/09	Caroline Miller (5) vs. Liberty	last game
2+ assists:	8/28/09	Caroline Miller (3) vs. Liberty	last game
Shutout:	8/28/09	Chantel Jones vs. Liberty	last game

INDIVIDUAL-AGAINST

Hat Trick:	11/25/05	Danesha Adams, UCLA (4 goals)	71 games ago
Multi-Goal Game:	11/16/08	Deanna Everrett (2), West Virginia	4 games ago
5+ points:	10/24/08	Courtney Jones (5), North Carolina	10 games ago
2+ assists:	10/24/08	Casey Nogueira (2), North Carolina	10 games ago
Shutout:	8/21/09	Alyssa Naeher, Penn State	2 games ago

AGAINST RANKED OPPONENTS*

Last Ranked Win	11/16/08	W 3-2 vs. #15 West Virginia
- At Home	11/16/08	W 3-2 vs. #15 West Virginia
- On the Road	9/25/08	W 1-0 at #8 Florida State
Last Top 10 Win	9/25/08	W 1-0 at #8 Florida State
- At Home	9/29/05	W 1-0 vs. #10 Florida State
- On the Road	9/25/08	W 1-0 at #8 Florida State
Last Upset	9/25/08	W 1-0 at #8 Florida State (UVa at #15)
- At Home	9/21/06	W 2-1 vs. #14 Wake Forest (UVa at #16)
- On the Road	9/25/08	W 1-0 at #8 Florida State (UVa at #15)
- Biggest Upset	11/10/06	W 2-0 vs. #9 West Virginia (UVa was NR)
Highest Ranked Win	9/12/03	W 4-1 vs. #3 Santa Clara
- At Home	9/12/03	W 4-1 vs. #3 Santa Clara
- On Road	9/25/05	W 1-0 at #7 Duke

* Soccer America Rankings

CAREER STATISTICS

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
12	Jess Rostedt	61-53	4279	26	10	62	191	10	4
21	Meghan Lenczyk	48-23	2535	18	4	40	119	5	2
9	Lauren Alwine	25-21	1695	7	15	29	44	2	6
17	Sinead Farrelly	48-48	4063	10	7	27	83	5	3
7	Caitlin Miskel	69-59	4196	7	13	27	76	1	6
14	Amanda Stewart	56-5	1492	2	11	15	18	0	1
16	Maggie Kistner	25-9	1326	3	2	8	38	1	1
5	Lindsey Miller	29-0	630	2	2	6	16	0	0
10	Caroline Miller	2-0	95	1	3	5	10	0	0
24	Colleen Flanagan	37-30	2098	1	2	4	27	1	0
6	Katie Carr	7-2	216	0	3	3	5	0	0
20	Kika Toulouse	45-2	1164	1	0	2	27	1	0
3	Molly McKeon	9-0	135	1	0	2	2	0	0
2	Kate Norbo	2-0	35	1	0	2	2	0	0
18	Amanda Fancher	9-1	238	0	2	2	1	0	0
11	Katie Starsia	4-0	79	0	1	1	4	0	0
8	Julia Roberts	2-2	114	0	1	1	2	0	0
19	Emily Carrollo	2-0	92	0	0	0	2	0	0
4	Morgan Stith	2-2	144	0	0	0	0	0	0
13	Kiley Naylor	1-0	56	0	0	0	0	0	0
15	Blair Weymouth	1-0	24	0	0	0	0	0	0
22	Emily Perrin	0-0							
23	Erica Hollenberg	0-0							

No.	Name	GP-GS	Min	GA	GAA	Saves	ShO	Record
29	Chantel Jones	25-25	2385	11	0.42	80	14	14-5-6
0	Carrie Wisman	0-0						

2009 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Carrie Wisman	GK	Fr.	5-4	Bristol, Va./Virginia
2	Kate Norbo	M	Fr.	5-6	Roanoke, Va./Patrick Henry
3	Molly McKeon	M/F	So.	5-8	Midlothian, Va./Collegiate School
4	Morgan Stith	D	Fr.	5-4	Montclair, N.J./Montclair
5	Lindsey Miller	M	Jr.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D	So.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F	Sr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Julia Roberts	M	Fr.	5-9	Frederick, Md./Urbana
9	Lauren Alwine	F	So.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Caroline Miller	F	Fr.	5-5	Rockville, Md./Walter Johnson
11	Katie Starsia	D/F	So.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	M/F	Sr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
13	Kiley Naylor	D	Fr.	5-6	Cincinnati, Ohio/Ursuline Academy
14	Amanda Stewart	D/F	Sr.	5-2	West Chester, Pa./Delaware County Christian
15	Blair Weymouth	D	Sr.	5-9	Holderness, N.H./The Holderness School
16	Maggie Kistner	D/M	So.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M	Jr.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	So.	5-5	The Colony, Texas/The Colony
19	Emily Carrollo	D/F	Fr.	5-6	Sussex, N.J./Pope John XXIII
20	Kika Toulouse	D/F	Jr.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	Jr.	5-9	McLean, Va./Langley
22	Emily Perrin	F	So.	5-9	Charlottesville, Va./Charlottesville (Vermont)
23	Erica Hollenberg	M/F	Fr.	5-2	Fairfax Station, Va./South County
24	Colleen Flanagan	M/D	Jr.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

Head Coach:

Steve Swanson (Michigan State '84/10th season)

Assistant Coaches:

Kerry Dziczkaniec (George Washington '93/fourth season)

Ron Raab (William & Mary '89/seventh season)

Student Assistant Coach:

Nikki Krzysik (Virginia '09/first season)

Team Manager:

Emily Klein (Virginia '13/first season)

Athletic Trainer:

Bill Parente (UCLA '96/eighth season)

Media Relations:

Steve Kirkland (Penn State '01/eighth season)

PRONUNCIATION GUIDE

7	Caitlin Miskel	(MISS-kull)
9	Lauren Alwine	(ALL-wine)
11	Katie Starsia	(STAR-sha)
12	Jess Rostedt	(ROSS-ted)
15	Blair Weymouth	(WAY-muth)
17	Sinead Farrelly	(shin-AID FAIR-ull-lee)
20	Kika Toulouse	(key-KA TOO-loose)
21	Meghan Lenczyk	(len-ZICK)
29	Chantel Jones	(SHANN-tel)
	Kerry Dziczkaniec	(diss-CONN-iss)
	Nikki Krzysik	(KRIZZ-ick)