





#16 Virginia Cavaliers

3-1-1 (0-0 ACC)

VS.



#15 West Virginia Mountaineers

2-1-2 (0-0 Big East)

- Game #6
- Friday, September 11
- 6:00 pm
- Virginia Nike Soccer Classic
- Klöckner Stadium
- Charlottesville, Va.

Tonight's Game:

- The Cavaliers return home to host West Virginia tonight
- Virginia is coming off a 1-1 tie at Arizona State on Sunday
- WVU (2-1-2) is coming off a 0-0 tie vs. Boston Univ. on Sunday at home

Series History:

- Tonight is the 12 all-time meeting with Virginia leading the series 8-2-1
- Last year the teams split two meetings, with WVU winning 3-0 in Morgantown in the regular season and UVa winning 3-2 in a 2nd Round NCAA match in C-Ville
- The Cavaliers are 5-1 vs. WVU at Klöckner, having won the last four

Tournament History:

- Virginia is hosting a tournament for the 22nd time this season
- •The Cavaliers have won the title 12 times and have finished second seven times
- UVa won the title in each of the past two seasons
- The Cavaliers defeated William & Mary and Dartmouth to win the title last year
- West Virginia's only win at Klöckner came in the 2002 Virginia Nike Soccer Classic
- Seton Hall's 2006 win over Virginia also came in the tournament

Offensive Explosion:

- Despite being shutout in the opener, UVa's 17 goals through the first five games of the season ranks second in school history through five games
- The Cavaliers have eight different goalscorers and 13 different players with a point this season

2009 Schedule/Results

8/14	vs. #5 Notre Dame (ex)	T 3-3
8/16	GEORGETOWN (ex)	W 5-1
8/21	at #6 Penn State	L 0-1
8/28	LIBERTY	W 5-0
8/30	HOFSTRA	W 7-0
9/4	vs. Arizona %	W4-1
9/6	at Arizona State %	T 1-1 (2ot)
9/11	#15 WEST VIRGINIA ^	6:00 pm
9/13	SETON HALL ^	2:00 pm
9/20	AMERICAN	2:00 pm
9/24	at NC State *	7:00 pm
9/27	CLEMSON *	2:00 pm
9/30	VIRGINIA TECH *	7:00 pm
10/8	#18 MARYLAND *	7:00 pm
10/11	at #5 Boston College *	1:00 pm
10/17	at #1 North Carolina *	1:00 pm
10/22	at Duke*	7:00 pm
10/25	at #10 Wake Forest *	1:00 pm
10/30	#4 FLORIDA STATE *	7:00 pm
11/1	MIAMI*	2:00 pm
11/4-8	at ACC Tournament (Cary N	(C)

11/4-8 at ACC Tournament (Cary, N.C.)

- * ACC Match
- % Sun Devil Desert Classic (Tempe, Ariz.)
- ^ Virginia Nike Soccer Classic

Probable Starting Lineup

No.	Pos.	Name	GP-GS	G-A-P	Notable
29	GK	Chantel Jones	5-5	0.57 GAA	Two shutouts this season
4	D	Morgan Stith	5-5	0-0-0	Started all five games of career
16	D	Maggie Kistner	5-5	0-0-0	Three goals as a forward in 2008
18	D	Amanda Fancher	5-4	0-0-0	Made first career start vs. Liberty
19	D	Emily Carrollo	5-1	0-0-0	ASU All-Tournament Team
24	M	Colleen Flanagan	5-5	0-1-1	33 career starts
8	M	Julia Roberts	5-5	0-1-1	#4 ranked recruit by Top Drawer Soccer
17	M	Sinead Farrelly	5-5	2-0-4	Hermann Trophy Watch List
7	F	Caitlin Miskel	4-4	0-2-2	Two assists vs. Arizona
21	F	Meghan Lenczyk	5-5	3-2-8	Hat Trick in exh. vs. Georgetown
9	F	Lauren Alwine	5-5	3-4-10	14 assists led the ACC in 2008

Media Information

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Socce	<u>r America Rankings</u>				
1.	North Carolina	5-0-0			
2.	Stanford	5-0-0			
3.	Portland	5-0-0			
4.	Florida State	5-0-0			
5.	Boston College	4-0-0			
6.	UCLA	3-1-1			
7.	Notre Dame	3-1-0			
8.	Purdue	4-0-0			
9.	California	3-1-0			
10.	Wake Forest	4-0-0			
11.	Rutgers	4-0-1			
12.	Indiana	5-0-0			
13.	Kansas	5-0-0			
14.	Florida	3-2-0			
15.	West Virginia	2-1-2			
16.	VIRGINIA	3-1-1			
17.	Georgia	4-0-1			
18.	Maryland	5-0-0			
19.	Michigan State	3-0-1			
20.	Illinois	3-1-1			
21.	Texas A&M	2-2-0			
22.	William & Mary	3-1-0			
23.	Penn State	2-3-0			
24.	UAB	6-0-0			
25.	Pittsburgh	5-0-0			
	South Carolina	4-0-0			
	Vanderbilt	5-0-0			
NGGAAD II					

NSCAA Poll

NSCA	NSCAA POII						
1.	North Carolina	5-0-0					
2. 3.	Portland	5-0-0					
3.	Stanford	5-0-0					
4.	Florida State	5-0-0					
5.	Notre Dame	3-1-0					
6.	UCLA	3-1-1					
7.	Purdue	4-0-0					
8.	Wake Forest	6-0-0					
9.	VIRGINIA	3-1-1					
10.	Boston College	4-0-0					
11.	Illinois	3-1-1					
12.	West Virginia	2-1-2					
13.	Texas A&M	2-2-0					
14.	Florida	3-2-0					
15.	Georgia	4-0-1					
16.	California	3-1-0					
17.	Rutgers	4-0-1					
18.	South Carolina	4-0-0					
19.	Oklahoma State	3-1-0					
20.	Colorado	3-2-0					
21.	San Diego	3-2-1					
22.	Kansas	5-0-0					
23.	Minnesota	3-1-1					
24.	Penn State	2-3-0					
25.	Indiana	5-0-0					

Rankings History

Week	SA	NSCAA	TDS	Times
Pre	11	9	10	8
8/24	14	10	10	12
8/31	11	8	8	11
9/7	16	9	7	9

Last Time Out:

- Virginia downed Arizona 4-1 on Friday night
- It was the Cavaliers' first win west of the Mississippi River since 2000 (0-5-2 in previous seven games)
- Four different Cavaliers scored a goal
- Caitlin Miskel had two assists

In the Rankings:

- Virginia: #16 (Soccer America), #9 (NSCAA, Soccer Times), #7 (Top Drawer Soccer)
- WVU: #15 (Soccer America), #12 (NSCAA, Soccer Times), #11 (Top Drawer Soccer)

2009 Accolades:

- Sinead Farrelly: Hermann Trophy Watch List, ASU Tournament Offensive MVP
- Caroline Miller: ACC Player of the Week (9/1), Top Drawer Soccer National Player of the Week (8/31), Soccer America Team of the Week (8/31)
- Caitlin Miskel: ASU All-Tournament Team
- Emily Carrollo: ASU All-Tournament Team

Miller Honored:

- Freshman forward Caroline Miller was named ACC Co-Player of the Week, the Top Drawer Soccer National Player of the Week and a member of the Soccer America Team of the Week on Aug. 31
- She had a goal and three assists vs. Liberty and two goals and one assist vs. Hofstra

Alwine Assists:

- Lauren Alwine is tied for the team lead in assists with four this season
- · Last season she tied the school record for assists in a season with 14
- Her career total of 18 is halfway to Shannon Foley's school record of 36 in a career, although Alwine is just three games into her sophomore season

Cavaliers Fourth in ACC Poll:

- Virginia was fourth in the ACC coaches' preseason poll
- The Cavaliers trailed North Carolina, Florida State and Boston College
- It marked the first time in nine years that UVa hasn't been in the poll's top three

Challenging Schedule:

- Virginia will play six opponents ranked in the Soccer America preseason Top 25
- Four of those opponents (#1 UNC, #6 PSU, #7 FSU, #8 BC) are in the Top 10
- Of the six ranked opponents, the Cavaliers will play four on the road

Returning Firepower:

- Virginia returns its leading goal scorer from last year (Meghan Lenczyk 11)
- UVa returns the ACC's assist leader from last year (Lauren Alwine 14)
- UVa returns its three leadling scorers from last year (Alwine - 26, Lenczyk - 23, Sinead Farrelly - 13)

Up Next:

• The Cavaliers return to action on Sunday as they host Seton Hall at 2 p.m.



THE LAST TIME

INE LAST TIME	1				
TEAM Home Win: Home Loss: Away Win: Away Loss: OT Win: OT Loss: Conf. Win (Reg) Conf. Win (Overall): Conf. Loss (Reg): Conf. Loss (Overall): Non-Conf. Win: Non-Conf. Loss:	8/30/09 11/22/08 10/16/08 8/21/09 11/5/08 11/23/07 10/19/08 11/5/08 11/2/08 11/2/08 9/4/09 8/21/09	7-0 vs. Hofstra 0-2 vs. Duke 3-2 at Maryland 0-1 at Penn State 3-2 vs. Wake 1-2 at UCLA 2-1 vs. BC 3-2 vs. Wake 0-1 vs. Wake 0-2 vs. Duke 4-1 vs. Arizona 0-1 at Penn State	last home game 3 home games ago 3 away games ago 2 away games ago 3 OT games ago 7 OT games ago 4 reg. season ACC games ago 3 ACC games ago last ACC reg. season game last ACC game 2 non-conf. games ago 5 non-conf. games ago		
GOALS SCORED 0 goals: at least 1 goal: at least 2 goals: at least 3 goals: at least 4 goals: at least 5 goals: at least 6 goals: 7+ goals:	8/21/09 9/6/09 9/4/09 9/4/09 9/4/09 8/30/09 8/30/09 8/30/09	0-1 at Penn State 1-1 at Arizona St 4-1 vs. Arizona 4-1 vs. Arizona 4-1 vs. Arizona 7-0 vs. Hofstra 7-0 vs. Hofstra 7-0 vs. Hofstra	5 games ago last game 2 games ago 2 games ago 2 games ago 3 games ago 3 games ago 3 games ago		
GOALS ALLOWED Shutout: at least 1 goal: at least 2 goal: at least 3 goal: 4+ goals:	8/30/09 9/6/09 11/22/08 10/24/08 10/24/08	7-0 vs. Hofstra 1-1 at Arizona St 0-2 vs. Duke 1-5 vs. UNC 1-5 vs. UNC	3 games ago last game 6 games ago 13 games ago 13 games ago		
INDIVIDUAL Hat Trick: Multi-Goal Game: 5+ points: 2+ assists: Shutout:	10/5/08 8/30/09 8/30/09 8/30/09 8/30/09 8/30/09 9/4/09 8/30/09	Sinead Farrelly at Cle Meghan Lenczyk (2) Caroline Miller (2) vs. Lauren Alwine (5) vs. Meghan Lenczyk (5) Caroline Miller (5) vs. Caitlin Miskel (2) vs. A Chantel Jones vs. Ho	vs. Hofstra . Hofstra . Hofstra vs. Hofstra . Hofstra Arizona	17 games ago 3 games ago 3 games ago 3 games ago 3 games ago 2 games ago 3 games ago 3 games ago	
INDIVIDUAL-AGAIN Hat Trick: Multi-Goal Game: 5+ points 2+ assists Shutout:	ST 11/25/05 11/16/08 10/24/08 10/24/08 8/21/09	Danesha Adams, UCI Deanna Everrett (2), Courtney Jones (5), N Casey Nogueira (2), N Alyssa Naeher, Penn	West Virginia Vorth Carolina Vorth Carolina	74 games ago 7 games ago 13 games ago 13 games ago 5 games ago	
AGAINST RANKED C Last Ranked Win - At Home - On the Road	DPPONENTS 11/16/08 11/16/08 9/25/08	* W 3-2 vs. #15 West Vi W 3-2 vs. #15 West Vi W 1-0 at #8 Florida S	rginia		
Last Top 10 Win - At Home - On the Road	9/25/08 9/29/05 9/25/08	W 1-0 at #8 Florida S W 1-0 vs. #10 Florida W 1-0 at #8 Florida S	State		
Last Upset - At Home - On the Road - Biggest Upset	9/25/08 9/21/06 9/25/08 11/10/06	W 1-0 at #8 Florida S W 2-1 vs. #14 Wake F W 1-0 at #8 Florida S W 2-0 vs. #9 West Virg	orest (UVa at #16) tate (UVa at #15)		
Highest Ranked Win	9/12/03	W 4-1 vs. #3 Santa Cl	ara		

W 4-1 vs. #3 Santa Clara W 1-0 at #7 Duke

9/12/03 9/25/05

- At Home - On Road

^{*} Soccer America Rankings



CAREER STATISTICS

No.	Name	GP-GS	Min	G	Α	Pts.	Shots	GWG	GWA
12	Jess Rostedt	64-54	4418	28	11	67	198	11	5
21	Meghan Lenczyk	51-26	2733	20	6	46	129	5	2
9	Lauren Alwine	28-24	1823	9	18	36	49	3	6
17	Sinead Farrelly	51-51	4261	12	7	31	90	5	3
7	Caitlin Miskel	71-61	4323	7	15	29	78	1	7
14	Amanda Stewart	59-5	1586	2	12	16	19	0	1
10	Caroline Miller	4-0	208	3	4	10	18	0	0
16	Maggie Kistner	28-12	1583	3	2	8	38	1	1
5	Lindsey Miller	32-0	739	3	2	8	21	0	0
24	Colleen Flanagan	40-33	2286	1	3	5	29	1	0
20	Kika Toulouse	48-3	1331	2	0	4	29	1	0
2	Kate Norbo	5-0	125	1	1	3	5	0	0
6	Katie Carr	10-2	307	0	3	3	7	0	0
3	Molly McKeon	11-0	180	1	0	2	5	0	0
18	Amanda Fancher	12-4	362	0	2	2	1	0	0
11	Katie Starsia	6-0	118	0	1	1	4	0	0
8	Julia Roberts	5-5	284	0	1	1	4	0	0
19	Emily Carrollo	5-1	316	0	0	0	2	0	0
4	Morgan Stith	5-5	412	0	0	0	0	0	0
13	Kiley Naylor	3-1	143	0	0	0	0	0	0
15	Blair Weymouth	3-0	57	0	0	0	0	0	0
23	Erica Hollenberg	1-0	12	0	0	0	0	0	0
22	Emily Perrin	0-0							

No.	Name	GP-GS	Min	GA	GAA	Save	s ShO	Record
29	Chantel Jones	28-28	2675	13	0.44	85	15	16-5-7
0	Carrie Wisman	0-0						



2009 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Carrie Wisman	GK	Fr.	5-4	Bristol, Va./Virginia
2	Kate Norbo	M	Fr.	5-6	Roanoke, Va./Patrick Henry
3	Molly McKeon	M/F	So.	5-8	Midlothian, Va./Collegiate School
4	Morgan Stith	D	Fr.	5-4	Montclair, N.J./Montclair
5	Lindsey Miller	M	Jr.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D	So.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F	Sr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Julia Roberts	M	Fr.	5-9	Frederick, Md./Urbana
9	Lauren Alwine	F	So.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Caroline Miller	F	Fr.	5-5	Rockville, Md./Walter Johnson
11	Katie Starsia	D/F	So.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	M/F	Sr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
13	Kiley Naylor	D	Fr.	5-6	Cincinnati, Ohio/Ursuline Academy
14	Amanda Stewart	D/F	Sr.	5-2	West Chester, Pa./Delaware County Christian
15	Blair Weymouth	D	Sr.	5-9	Holderness, N.H./The Holderness School
16	Maggie Kistner	D/M	So.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M	Jr.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	So.	5-5	The Colony, Texas/The Colony
19	Emily Carrollo	D/F	Fr.	5-6	Sussex, N.J./Pope John XXIII
20	Kika Toulouse	D/F	Jr.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	Jr.	5-9	McLean, Va./Langley
22	Emily Perrin	F	So.	5-9	Charlottesville, Va./Charlottesville (Vermont)
23	Erica Hollenberg	M/F	Fr.	5-2	Fairfax Station, Va./South County
24	Colleen Flanagan	M/D	Jr.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

Head Coach: Steve Swanson (Michigan State '84/10th season)

Assistant Coaches: Kerry Dziczkaniec (George Washington '93/fourth season)

Ron Raab (William & Mary '89/seventh season)

Student Assistant Coach: Nikki Krzysik (Virginia '09/first season) **Team Manager:** Emily Klein (Virginia '13/first season) **Athletic Trainer:** Bill Parente (UCLA '96/eighth season)

Media Relations: Steve Kirkland (Penn State '01/eighth season)

PRONUNCIATION GUIDE

7	Caitlin Miskel	(MISS-kull)
9	Lauren Alwine	(ALL-wine)
11	Katie Starsia	(STAR-sha)
12	Jess Rostedt	(ROSS-ted)
15	Blair Weymouth	(WAY-muth)
17	Cinaad Farrally	(chin AID EA

Sinead Farrelly
 Kika Toulouse
 (shin-AID FAIR-ull-lee)
 (key-KA TOO-loose)

21 Meghan Lenczyk
29 Chantel Jones (SHANN-tel)
Kerry Dziczkaniec Nikki Krzysik (KRIZZ-ick)





MISCELLANEOUS STATS

GOAL SCORING

By Minute	UVa	Орр
1-15	3	1
16-30	1	1
31-45	3	0
46-60	3	0
61-75	7	0
76-90	0	1
OT	0	0

How Scored	UVa	Орр
Run of Play	14	2
5 . 5 !	_	
Set Pieces	3	1
-Off Corner Kick	1	0
- Direct Free Kick	1	0
 Indirect of Free Kick 	1	0
- Penalty Kick	0	1
Own Goals For	0	0
Dialet Frant	10	2
Right Foot	10	3
Left Foot	5	0
Header	1	0
Other	1	0
	_	
0-6 yds out	3	0
6-18 yds out	12	3
18+ yds out	2	0

GAME SITUATION TIME

Game Tied:	154:59	
Virginia Ahead:	221:31	
-By 1 goal:	70:49	
-By 2+ goals:	161:42	
Opponent Ahead:	83:30	
-By 1 goal:	83:30	
-By 2+ goals:	0:00	

RECORD BREAKDOWN

LOCATION Home: 2-0-0 Away: 0-1-1 Neutral: 1-0-0

TIME OF DAY

Day:	2-0-1
Night:	1-1-0

DAY OF THE WEEK

Friday:	2-1-0
Sunday:	1-0-1

OPPONENTS

Ranked*:	0-1-0
Unranked:	3-0-1

^{*}in Soccer America or NSCAA poll

FIRST GOAL SCORED

Virginia:	 3-0-1
Opponent:	0-1-0

<u>AT HALFTIME</u>

Virginia Ahead:	3-0-0
Tied:	0-0-1
Opponent Ahead:	0-1-0

MORE SHOTS

\ /iuwiwiaia.

5-1-1
0-0-0
0-0-0

UNIFORMS

White:	3-0-0
Blue:	0-1-0
Orange:	0-0-1

STREAKS

CONSECUTIVE GAMES WITH A GOAL

- 3 Jess Rostedt (8/28-8/30)
- 2 Lauren Alwine (8/28-8/30)
- 2 Meghan Lenczyk (8/28-8/30)
- 2 Caroline Miller (8/28-8/30)
- 2 Sinead Farrelly (8/30-9/4)

CONSECUTIVE GAMES WITH AN ASSIST

- 2 Lauren Alwine (8/28-8/30)
- 2 Caroline Miller (8/28-8/30)

CONSECUTIVE GAMES WITH A POINT

- 3 Jess Rostedt (8/28-9/4)
- 2 Lauren Alwine (8/28-8/30)
- 2 Meghan Lenczyk (8/28-8/30)
- 2 Caroline Miller (8/28-8/30)
- 2 Kate Norbo (8/28-8/30)
- 2 Sinead Farrelly (8/30-9/4)

CONSECUTIVE SHUTOUT STREAK

353:29 Chantel Jones (8/21-9/4)



2009 Women's Soccer Game Notes

2009 RESULTS

<u>Date</u>	Opponent	Result	Goals (Assists)	Goalkeeper of Record
8/21	at #6 Penn State	L 0-1		Jones (0-1-0)
8/28	Liberty	W 5-0	Lenczyk 1 (Alwine 1)	Jones (1-1-0)
	•		C.Miller 1 (Roberts 1)	
			Rostedt 1 (C.Miller 1, Carr)	
			Alwine 1 (C. Miller 2, L.Miller 1)	
			Norbo 1 (Stewart 1, C.Miller 3)	
8/30	Hofstra	W 7-0	Alwine 2 (Rostedt 1)	Jones (2-1-0)
			Lenczyk 2 (Alwine 2)	
			Farrelly 1 (unassisted)	
			C.Miller 2 (Norbo 1, Alwine 3)	
			C.Miller 3 (Lenczyk 1)	
			Lenczyk 3 (C.Miller 4, Flanagan 1)	
			Rostedt 2 (Alwine 4)	
9/4	vs. Arizona (1)	W 4-1	L. Miller 1 (Stewart 2)	Jones (3-1-0)
			Rostedt 3 (Miskel 1)	
			Farrelly 2 (Miskel 2)	
			Toulouse 1 (unassisted)	
9/6	at Arizona State (1)	T 1-1 (2ot)	Alwine 3 (Lenczyk 2)	Jones (3-1-1)

(1) Sun Devil Desert Classic (Tempe, Ariz.)