



2008 VIRGINIA WOMEN'S SOCCER



#11 VIRGINIA (8-1-1, 2-0-0 ACC)

vs.

NCSTATE (8-3-0, 0-1-0 ACC)



Game #11 • Oct. 2, 2008 • Klöckner Stadium • Charlottesville, Va.

Today's Game

- The Cavaliers play their only home game in a six of seven on the road stretch
- UVa is looking to start the ACC season 3-0-0 for the first time since 2005

About the Cavaliers

- The Cavaliers are coming off a 2-0 win at Miami on Sunday
- Meghan Lenczyk leads UVa in scoring with eight goals
- Celeste Miles has posted six shutouts this season

About the Wolfpack

- NC State is coming off a 3-0 loss at Duke on Sunday
- The Wolfpack are looking to snap a 16-game winless streak (0-15-1) in conference play, dating back to the 2006 season
- Lindsay Vera is tied for the ACC lead with eight goals this season

Series History

- Virginia leads the all-time series 18-11-1 (*UVa leads 8-4-0 in Charlottesville*)
- The Cavaliers have won the last 13 meetings, dating back to the 1995 season
- Virginia has won the last six meetings at Klöckner Stadium, outscoring the Wolfpack 13-0 in those games

In The Rankings

- UVa: #11 (Soccer America), #10 (NSCAA), #10 (Soccer Buzz), #10 (Soccer Times)
- NC State: not ranked

Lenczyk Named Player of the Week

- Meghan Lenczyk was honored as the ACC Co-Player of the Week and the Soccer America National Player of the Week on Tuesday
- She scored the game-winning goals at Florida State and Miami last week

Game-Winning Connection

- In each of the past four Cavalier wins (vs. William & Mary, vs. Dartmouth, at Florida State, at Miami), the game-winning goal has been scored by Meghan Lenczyk on an assist by Lauren Alwine
- Those goals are the only four GWG of Lenczyk's career and only four GWA of Alwine's career

Probable Starting Lineup

No.	Pos.	Name	GP-GS	G-A-P	Notable
0	GK	Celeste Miles	10-10	0.50 GAA	6 shutouts this season
23	D	Nikki Krzysik	10-10	2-0-4	Preseason All-American
2	D	Sarah Senty	10-10	0-3-3	3 assists already are a career high
19	D	Alex Singer	10-10	0-1-1	Played career high 1937 min in '07
8	D	Alli Fries	10-10	2-2-6	vs. VCU, scored 1st goal since 2005
24	M	Colleen Flanagan	10-8	0-2-2	Had first career assist vs. Liberty
17	M	Sinead Farrelly	10-10	0-2-2	2007 1st Team All-ACC
10	M	Kelly Quinn	10-10	4-0-8	Career High 2 goals vs. Loyola
7	F	Caitlin Miskel	10-10	2-1-5	Career high 6 assists last year
9	F	Lauren Alwine	10-9	1-7-9	Leads team with 7 assists this year
21	F	Meghan Lenczyk	10-6	8-1-17	SA Natl Player of the Week (9/30)

SCHEDULE/RESULTS

Date	Opponent	Time/Res.
A22	LOYOLA (Md.)	W 4-0
A29	LIBERTY	W 5-0
A31	VCU	W 5-0
S5	at Georgia %	W 1-0
S7	vs. Auburn %	T 1-1
S12	WILLIAM & MARY ^	W 2-1
S14	DARTMOUTH ^	W 2-1
S21	at #15 West Virginia	L 0-3
S25	at #8 Florida State *	W 1-0
S28	at Miami *	W 2-0
O2	NC STATE *	7 p.m.
O5	at Clemson %	2 p.m.
O9	at Virginia Tech *	7 p.m.
O16	at Maryland *	7 p.m.
O19	#12 BOSTON COLLEGE *	1 p.m.
O24	#6 NORTH CAROLINA *	7 p.m.
O30	#9 DUKE *	7 p.m.

N2 #16 WAKE FOREST * 2 p.m.
 N5-9 at ACC Tournament (Cary, N.C.)

* ACC match
 % Georgia Nike Invitational/Athens, Ga.
 ^ Virginia Nike Soccer Classic

Rankings are Soccer America of time of the game or current for future opponents

MEDIA INFORMATION

Steve Kirkland
 Assistant Athletics Media Relations Director
 (Women's Soccer Contact)

Office: (434) 982-5500
 Direct: (434) 982-5535
 Cell: (434) 825-5241
 Email: skirkland@virginia.edu

www.virginiasports.com



2008 VIRGINIA WOMEN'S SOCCER

Lenczyk Scores Hat Trick vs. Liberty

- Meghan Lenczyk had a career-high three goals in the 5-0 win over Liberty
- It was the first hat trick by a Cavalier since 2004 (Kelly Hammond vs. JMU)
- It was ninth hat trick in school history

Spreading the Wealth

- Through the first 10 games of the season, Virginia has 17 different players with a point
- The number already equals the Cavaliers' number of point scorers last year
- That list includes 10 different goal scorers

Klöck-work at Home

- The Cavaliers are on a 18-game home unbeaten streak (16-0-2)
- Last year Virginia went undefeated at home (11-0-2) for the first time in history
- Since 2001, Virginia 72-10-7 at Klöckner Stadium

Five Named to Teams of the Week

- Kelly Quinn was named to the Soccer America Team of the Week on Aug. 25 after scoring a career-high two goals in the season opening 4-0 win over Loyola
- Nikki Krzysik was named to the Soccer Buzz Team of the Week on Aug. 25 after having a goal in the win over Loyola
- Lauren Alwine was named to the Soccer America Team of the Week on Sept. 15 after she had a goal and two assists to be named the MVP of the Virginia Nike Soccer Classic
- Meghan Lenczyk was named to the Soccer America Team of the Week on Sept. 29 after scoring the game-winning goals at Florida State and Miami
- Alli Fries was named to the Soccer Buzz Team of the Week on Sept. 29 after helping the Cavaliers post shutouts at FSU and Miami and scoring vs. the Canes

Krzysik Named to Hermann Watch List

- Nikki Krzysik was one of 47 players named to the Hermann Trophy Watch List
- It is the second consecutive year she has been named to the list
- The list of 15 semifinalists will be named in November

Krzysik Named Preseason All-American

- Nikki Krzysik was named a 1st Team Preseason All-American by Soccer America
- She was also a 1st Team Preseason All-American by Soccer Buzz

Challenging Schedule

- Six opponents are currently ranked by Soccer America
- 12 opponents played in last year's NCAA Tournament

Hucles Golden Again

- Former Cavalier Angela Hucles (96-99) won her second Olympic gold medal with the US Women's National Team
- Hucles started all six games for the Americans and led the team with four goals at the Olympics

Up Next

- The Cavaliers begins a three-match road stretch on Sunday as they visit Clemson. Game time is 2 p.m. at Historic Riggs Field.

RANKINGS

SOCCER AMERICA

1.	Notre Dame	10-0-0
2.	Stanford	9-0-1
3.	UCLA	7-0-2
4.	Portland	9-1-0
5.	USC	7-1-0
6.	North Carolina	9-1-1
7.	Texas	7-0-2
8.	Texas A&M	8-1-1
9.	Duke	9-1-1
10.	West Virginia	7-1-3
11.	VIRGINIA	8-1-1
12.	Boston College	7-1-2
13.	Florida	7-2-1
14.	Florida State	7-2-1
15.	LSU	7-1-0
16.	Wake Forest	8-2-0
17.	Oklahoma State	9-0-1
18.	California	7-3-0
19.	Georgetown	8-0-2
20.	Michigan State	10-1-0
21.	Colorado	8-1-2
22.	San Diego	7-2-2
23.	Washington	9-1-0
24.	South Carolina	7-1-3
25.	Minnesota	11-1-0

NSCAA

1.	Notre Dame	10-0-0
2.	North Carolina	9-1-1
3.	Portland	9-1-0
4.	UCLA	7-0-2
5.	USC	8-1-0
6.	Stanford	9-0-1
7.	Texas A&M	8-1-1
8.	Texas	7-0-2
9.	Duke	9-1-1
10.	VIRGINIA	8-1-1
11.	Florida State	7-2-1
12.	Oklahoma State	9-0-1
13.	West Virginia	7-1-3
14.	Boston College	7-1-2
15.	Florida	7-2-1
16.	Wake Forest	8-2-0
17.	Colorado	8-1-2
18.	Georgetown	8-0-2
19.	San Diego	7-2-2
20.	California	7-3-0
21.	Illinois	7-4-0
22.	Wisconsin-Milwaukee	9-1-2
23.	UC Santa Barbara	7-4-0
24.	South Carolina	7-1-3
25.	Penn State	6-5-0

SEASON HISTORY

Week	SA	NSCAA	ST	Buzz
Pre	7	6	8	6
8/25	7	7	8	6
9/1	7	6	8	5
9/8	9	9	9	7
9/15	9	7	8	6
9/22	15	13	12	14
9/29	11	10	10	10



2008 VIRGINIA WOMEN'S SOCCER

THE LAST TIME

TEAM

Home Win:	9/14/08	2-1 vs. Dartmouth	last home game
Home Loss:	10/20/06	0-1 vs. BC	19 home games ago
Away Win:	9/28/08	2-0 at Miami	last away game
Away Loss:	9/21/08	0-3 at West Virginia	3 away games ago
OT Win:	10/7/07	1-0 vs. Miami	7 OT games ago
OT Loss:	11/23/07	1-2 at UCLA	2 OT games ago
Conf. Win (Reg):	9/25/08	2-0 at Miami	last reg. season ACC game
Conf. Win (Overall):	9/25/08	2-0 at Miami	last ACC game
Conf. Loss (Reg):	11/2/07	0-1 at UNC	3 ACC reg. season games ago
Conf. Loss (Overall):	11/2/07	0-1 at UNC	5 ACC games ago
Non-Conf. Win:	9/14/08	2-1 vs. Dartmouth	2 non-conf. games ago
Non-Conf. Loss:	9/21/08	0-3 at West Virginia	last non-conf. game

GOALS SCORED

0 goals:	9/21/08	0-3 at West Virginia	3 games ago
at least 1 goal:	9/28/08	2-0 at Miami	last game
at least 2 goals:	9/28/08	2-0 at Miami	last game
at least 3 goals:	8/31/08	5-0 vs. VCU	8 games ago
at least 4 goals:	8/31/08	5-0 vs. VCU	8 games ago
at least 5 goals:	8/31/08	5-0 vs. VCU	8 games ago
at least 6 goals:	9/15/06	6-0 vs. Vermont	49 games ago
7+ goals:	9/18/05	9-0 vs. Richmond	74 games ago

GOALS ALLOWED

Shutout:	9/28/08	2-0 at Miami	last game
at least 1 goal:	9/21/08	0-3 at West Virginia	3 games ago
at least 2 goal:	9/21/08	0-3 at West Virginia	3 games ago
at least 3 goal:	9/21/08	0-3 at West Virginia	3 games ago
4+ goals:	11/25/05	0-5 at UCLA	56 games ago

INDIVIDUAL

Hat Trick:	8/29/08	Meghan Lenczyk vs. Liberty	9 games ago
Multi-Goal Game:	8/29/08	Meghan Lenczyk (3) vs. Liberty	9 games ago
5+ points:	8/29/08	Meghan Lenczyk (6) vs. Liberty	9 games ago
2+ assists:	8/31/08	Sinead Farrelly (2) vs. VCU	8 games ago
Shutout:	9/28/08	Celeste Miles at Miami	last game

INDIVIDUAL-AGAINST

Hat Trick:	11/25/05	Daneshia Adams, UCLA (4 goals)	56 games ago
Multi-Goal Game:	9/21/08	Megan Mischler (2), West Virginia	3 games ago
5+ points:	11/25/05	Daneshia Adams (8), UCLA	56 games ago
2+ assists:	11/25/05	Christina DiMartino (2), UCLA	56 games ago
	11/25/05	Iris Mora (2), UCLA	56 games ago
Shutout:	9/21/08	Kerri Butler, West Virginia	3 games ago



2008 VIRGINIA WOMEN'S SOCCER

CAREER STATISTICS

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
12	Jess Rostedt	46-40	3204	22	9	53	153	10	4
10	Kelly Quinn	72-61	4760	19	9	47	144	9	3
21	Meghan Lenczyk	33-11	1713	14	4	32	77	4	2
4	Jen Redmond	67-60	5210	7	16	30	140	3	10
7	Caitlin Miskel	55-46	3359	6	11	23	63	1	6
23	Nikki Krzysik	76-76	6892	6	5	17	39	2	1
8	Alli Fries	66-26	3310	4	8	16	45	1	0
17	Sinead Farrelly	33-33	2794	5	6	16	55	3	3
2	Sarah Senty	80-77	6764	3	6	12	30	1	3
9	Lauren Alwine	10-9	640	1	7	9	22	0	4
14	Amanda Stewart	41-4	1082	1	7	9	11	0	0
19	Alex Singer	78-66	6213	1	6	8	19	0	2
5	Lindsey Miller	15-0	316	1	1	3	4	0	0
16	Maggie Kistner	10-5	643	1	0	2	26	0	0
3	Molly McKeon	5-0	35	1	0	2	1	0	0
24	Colleen Flanagan	22-15	1011	0	2	2	12	0	0
6	Katie Carr	3-1	73	0	2	2	1	0	0
15	Kristin Bowers	5-0	51	0	1	1	1	0	0
11	Katie Starsia	1-0	14	0	1	1	1	0	0
18	Amanda Fancher	3-0	43	0	1	1	0	0	0
20	Kika Toulouse	30-0	727	0	0	0	19	0	0

No.	Name	GP-GS	Min	GA	GAA	Saves	ShO	Record
29	Chantel Jones	23-23	2205	10	0.41	73	13	13-4-6
0	Celeste Miles	15-10	1029	5	0.44	13	6	8-1-1
1	Sam Hale	1-0	18	1	4.92	0	0	0-0-0



2008 VIRGINIA WOMEN'S SOCCER

2008 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Celeste Miles	GK	Sr.	5-4	Garland, Texas/Ursuline Academy
1	Sam Hale	GK	Fr.	5-7	Rolling Hills Estates, Calif./Chadwick School
2	Sarah Senty	D	Sr.	5-5	Arlington, Va./Washington-Lee
3	Molly McKeon	F/D	Fr.	5-8	Midlothian, Va./Collegiate School
4	Jen Redmond	M	Sr.	5-7	Morristown, N.J./Oak Knoll
5	Lindsey Miller	M	So.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D/M	R-Fr.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F/M	Jr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Alli Fries	M/D	Sr.	5-5	Dublin, Ohio/Dublin Scioto
9	Lauren Alwine	F	Fr.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Kelly Quinn	F/M	Sr.	5-5	Dublin, Ohio/Dublin Coffman
11	Katie Starsia	D	Fr.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	F/M	Jr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
14	Amanda Stewart	D/F	Jr.	5-2	West Chester, Pa./Delaware County Christian
15	Kristin Bowers	M	So.	5-5	Burke, Va./Lake Braddock
16	Maggie Kistner	F	Fr.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M/F	So.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	Fr.	5-5	The Colony, Texas/The Colony
19	Alex Singer	D	Sr.	5-9	Rye, N.Y./Rye
20	Kika Toulouse	M/F	So.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	So.	5-9	McLean, Va./Langley
23	Nikki Krzysik	M/D	Sr.	5-7	Clifton, N.J./Clifton
24	Colleen Flanagan	D/M	So.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

Head Coach: Steve Swanson (Michigan State '84/ninth season)
Assistant Coaches: Kelly Diczkaniec (George Washington '93/first season)
 Ron Raab (William & Mary '89/fourth season)
Volunteer Assistant Coach: Jessica Ballweg (Santa Clara '05/first season)
Administrative Assistant: Sarah Curtis (Virginia '08/first season)
Student Assistant Coach: Becky Sauerbrunn (Virginia '07/first season)
Athletic Trainer: Bill Parente (UCLA '96/seventh season)
Media Relations: Steve Kirkland (Penn State '01/seventh season)

PRONUNCIATION GUIDE

7	Caitlin Miskel	(MISS-kil)
8	Alli Fries	(FREEZE)
11	Katie Starsia	(STAR-sha)
12	Jess Rostedt	(ross-TED)
17	Sinead Farrelly	(shin-AID)
20	Kika Toulouse	(key-KA TOO-loose)
21	Meghan Lenczyk	(len-ZICK)
23	Nikki Krzysik	(KRIZ-ick)
29	Chantel Jones	(SHANN-tel)
	Kerry Diczkaniec	(diss-CONN-iss)



2008 VIRGINIA WOMEN'S SOCCER

MISCELLANEOUS STATS

GOAL SCORING

By Minute	UVa	Opp
1-15	3	1
16-30	1	1
31-45	4	0
46-60	3	1
61-75	4	1
76-90	8	2
OT	0	0

How Scored	UVa	Opp
Run of Play	16	5

Set Pieces	7	1
- Off Corner Kick	4	0
- Direct Free Kick	0	0
- Indirect of Free Kick	1	0
- Penalty Kick	2	1

Own Goals For	0	0
---------------	---	---

Right Foot	17	6
Left Foot	1	0
Header	5	0
Other	0	0

0-6 yds out	7	1
6-18 yds out	12	5
18+ yds out	4	0

GAME SITUATION TIME

Game Tied: 410:36

Virginia Ahead: 419:24
 -By 1 goal: 248:20
 -By 2+ goals: 171:04

Opponent Ahead: 88:03
 -By 1 goal: 69:45
 -By 2+ goals: 18:18

RECORD BREAKDOWN

LOCATION

Home:	5-0-0
Away:	3-1-0
Neutral:	0-0-1

TIME OF DAY

Day:	2-1-1
Night:	6-0-0

DAY OF THE WEEK

Thursday	1-0-0
Friday:	4-0-0
Sunday:	3-1-1

OPPONENTS

Ranked*:	2-1-0
Unranked:	6-0-1

** in Soccer America or NSCAA poll*

FIRST GOAL SCORED

Virginia:	8-0-1
Opponent:	0-1-0

AT HALFTIME

Virginia Ahead:	4-0-1
Tied:	4-0-0
Opponent Ahead:	0-1-0

MORE SHOTS

Virginia:	8-0-1
Opponent:	0-1-0
Tied:	0-0-0

UNIFORMS

White:	6-0-0
Blue:	2-1-1

STREAKS

CONSECUTIVE GAMES WITH A GOAL

2	Meghan Lenczyk (8/29-8/31)
2	Caitlin Miskel (8/29-8/31)
2	Meghan Lenczyk (9/12-9/14)
2	Meghan Lenczyk (9/25-9/28) - CURRENT

CONSECUTIVE GAMES WITH AN ASSIST

3	Lauren Alwine (8/22-8/31)
2	Katie Carr (8/29-8/31)
2	Colleen Flanagan (8/29-8/31)
2	Lauren Alwine (9/12-9/14)
2	Lauren Alwine (9/25-9/28) - CURRENT

CONSECUTIVE GAMES WITH A POINT

3	Lauren Alwine (8/22-8/31)
3	Meghan Lenczyk (8/22-8/31)
3	Caitlin Miskel (8/29-9/5)
2	Katie Carr (8/29-8/31)
2	Colleen Flanagan (8/29-8/31)
2	Lauren Alwine (9/12-9/14)
2	Meghan Lenczyk (9/12-9/14)
2	Meghan Lenczyk (9/25-9/28) - CURRENT
2	Lauren Alwine (9/25-9/28) - CURRENT

CONSECUTIVE SHUTOUT STREAK

446:42	Celete Miles (8/22-9/7)
180:00	Celete Miles (9/21-9/28) - CURRENT



2008 VIRGINIA WOMEN'S SOCCER

2008 RESULTS

Date	Opponent	Result	Goals (Assists)	Goalkeeper of Record
8/22	Loyola	W 4-0	Quinn 1 (Lenczyk 1, Singer 1) Quinn 2 (Fries 1, Stewart 1) Miller 1 (Senty 1, Alwine 1) Krzysik 1 (penalty kick)	Miles
8/29	Liberty	W 5-0	Miskel 1 (unassisted) Lenczyk 1 (Alwine 2) Lenczyk 2 (Flanagan 1) Lenczyk 3 (Carr 1) McKeon 1 (Starsia 1, Fancher 1)	Miles
8/31	VCU	W 5-0	Fries 1 (Farrelly 1) Kistner 1 (Farrelly 2, Senty 2) Miskel 2 (Alwine 3, Flanagan 2) Krzysik 2 (penalty kick) Lenczyk 4 (Miller 1, Carr 2)	Miles
9/5	at Georgia	W 1-0	Quinn 3 (Miskel 1)	Miles
9/7	vs. Auburn	T 1-1	Stewart 1 (unassisted)	Miles
9/12	Willam & Mary	W 2-1	Alwine 1 (Fries 2) Lenczyk 5 (Alwine 4)	Miles
9/14	Dartmouth	W 2-1	Quinn 4 (Senty 3) Lenczyk 6 (Alwine 5)	Miles
9/21	at #15 West Virginia	L 0-3		Miles
9/25	at #8 Florida State	W 1-0	Lenczyk 7 (Alwine 6)	Miles
9/28	at Miami	W 2-0	Lenczyk 8 (Alwine 7) Fries 2 (Stewart 2)	Miles