

# VIRGINIA

## 2009 Women's Soccer Game Notes



### #14 Virginia Cavaliers

0-1 (0-0 ACC)

VS.



### Liberty Flames

0-0 (0-0 Big South)

- **Game #2**
- **Friday, August 28**
- **7:00 pm**
- **Klöckner Stadium**
- **Charlottesville, Va.**

#### **Tonight's Game:**

- The Cavaliers open their home schedule tonight vs. Liberty
- Virginia is looking for its first win of the season after a 1-0 loss at Penn State
- The game is the season opener for Liberty

#### **Home Openers:**

- UVa has won its last 19 home openers
- Overall, the Cavaliers have a 22-1-1 record in home openers
- Over the past nine years, UVa has outscored opponents 36-0 in home openers

#### **Series History:**

- Tonight is the ninth all-time meeting with Virginia leading the series 8-0-0
- Every previous meeting has been at Klöckner Stadium
- Last year, Virginia downed Liberty 5-0, outshooting the Flames 38-1 in the game
- Meghan Lenczyk scored a hat trick in last year's game vs. Liberty

#### **'Hoos Back:**

- The Cavaliers return 15 players from last year's squad
- All-American Sinead Farrelly and All-ACC players Lauren Alwine, Chantel Jones and Meghan Lenczyk are among the returners

#### **August Success:**

- The Cavaliers are 17-1-0 all-time in the month of August
- Virginia has outscored its opponents 60-2 in those games
- The only loss in August came at Penn State last week

#### **Probable Starting Lineup**

No.	Pos.	Name	GP-GS	G-A-P	Notable
29	GK	Chantel Jones	1-1	1.00GAA	2007 Freshman All-American
4	D	Morgan Stith	1-1	0-0-0	Played all 90 in college debut
6	D	Katie Carr	1-1	0-0-0	Started one game last season
16	D	Maggie Kistner	1-1	0-0-0	Three goals as a forward in 2008
20	D	Kika Toulouse	1-1	0-0-0	GWG vs. Boston College last season
24	M	Colleen Flanagan	1-1	0-0-0	28 starts over last two seasons
8	M	Julia Roberts	1-1	0-0-0	#4 ranked recruit by Top Drawer Soccer
17	M	Sinead Farrelly	1-1	0-0-0	Hermann Trophy Watch List
7	F	Caitlin Miskel	1-1	0-0-0	7 goals and 13 assists in career
21	F	Meghan Lenczyk	1-1	0-0-0	Hat Trick in exh. vs. Georgetown
9	F	Lauren Alwine	1-1	0-0-0	14 assists led the ACC in 2008

#### **2009 Schedule/Results**

8/14	vs. #5 Notre Dame (ex)	T 3-3
<b>8/16</b>	<b>GEORGETOWN (ex)</b>	<b>W 5-1</b>
8/21	at #6 Penn State	L 0-1
<b>8/28</b>	<b>LIBERTY</b>	<b>7:00 pm</b>
<b>8/30</b>	<b>HOFSTRA</b>	<b>1:00 pm</b>
9/4	vs. Arizona %	4:30 pm PT
9/6	at Arizona State %	1:30 pm PT
<b>9/11</b>	<b>#17 WEST VIRGINIA ^</b>	<b>6:00 pm</b>
<b>9/13</b>	<b>SETON HALL ^</b>	<b>2:00 pm</b>
<b>9/20</b>	<b>AMERICAN</b>	<b>2:00 pm</b>
9/24	at NC State *	7:00 pm
<b>9/27</b>	<b>CLEMSON *</b>	<b>2:00 pm</b>
<b>9/30</b>	<b>VIRGINIA TECH *</b>	<b>7:00 pm</b>
<b>10/8</b>	<b>MARYLAND *</b>	<b>7:00 pm</b>
10/11	at #8 Boston College *	1:00 pm
10/17	at #1 North Carolina *	1:00 pm
10/22	at #12 Duke *	7:00 pm
10/25	at Wake Forest *	1:00 pm
<b>10/30</b>	<b>#6 FLORIDA STATE *</b>	<b>7:00 pm</b>
<b>11/1</b>	<b>MIAMI *</b>	<b>2:00 pm</b>
11/4-8	at ACC Tournament (Cary, N.C.)	

\* ACC Match

% Sun Devil Desert Classic (Tempe, Ariz.)

^ Virginia Nike Soccer Classic

#### **Media Information**

**Steve Kirkland**  
**Assistant Athletics Media Relations Director**  
**(Women's Soccer Contact)**

Office: (434) 982-5500  
 Direct: (434) 982-5535  
 Cell: (434) 825-5241  
 Email: skirkland@virginia.edu

**www.virginiasports.com**

### Soccer America Rankings

1.	<b>North Carolina</b>	<b>1-0-0</b>
2.	Stanford	1-0-0
3.	Portland	1-0-0
4.	Notre Dame	1-0-0
5.	<b>Penn State</b>	<b>1-0-0</b>
6.	<b>Florida State</b>	<b>1-0-0</b>
7.	UCLA	0-1-0
8.	<b>Boston College</b>	<b>0-0-0</b>
9.	Texas A&M	1-0-0
10.	Florida	1-0-0
11.	Missouri	1-0-0
12.	<b>Duke</b>	<b>1-0-0</b>
13.	Colorado	1-0-0
14.	<b>VIRGINIA</b>	<b>0-1-0</b>
15.	USC	0-1-0
16.	California	1-0-0
17.	<b>West Virginia</b>	<b>0-0-1</b>
18.	Michigan State	0-0-0
19.	Washington State	1-0-0
20.	Illinois	1-0-0
21.	Connecticut	0-0-0
22.	Rutgers	0-0-0
23.	Santa Clara	2-0-0
24.	Minnesota	1-0-0
25.	Richmond	1-0-0
	Memphis	1-0-0

### NSCAA Poll

1.	<b>North Carolina</b>	<b>1-0-0</b>
2.	Notre Dame	1-0-0
3.	Portland	1-0-0
4.	Stanford	1-0-0
5.	<b>Florida State</b>	<b>1-0-0</b>
6.	Texas A&M	1-0-0
7.	Florida	1-0-0
8.	<b>Penn State</b>	<b>1-0-0</b>
9.	UCLA	0-1-0
10.	<b>VIRGINIA</b>	<b>0-1-0</b>
11.	<b>Duke</b>	<b>1-0-0</b>
12.	USC	0-1-0
13.	Illinois	1-0-0
14.	<b>West Virginia</b>	<b>0-0-1</b>
15.	San Diego	1-1-0
16.	Georgia	1-0-0
17.	Minnesota	1-0-0
18.	Colorado	1-0-0
19.	Santa Clara	2-0-0
20.	<b>Boston College</b>	<b>0-0-0</b>
21.	Oklahoma State	0-1-0
22.	Missouri	1-0-0
23.	Rutgers	0-0-0
24.	Washington State	1-0-0
25.	Texas	0-1-0

### Rankings History

Week	SA	NSCAA	TDS	Times
Pre	11	9	10	8
8/24	14	10	10	12

### Last Time Out:

- Virginia lost its opener at No. 6 Penn State 1-0
- Danielle Toney scored the only goal of the game in the 7th minute
- Virginia outshot Penn State 17-9 in the contest
- The loss snapped the Cavaliers' nine-game winning streak in season openers

### In the Rankings:

- Virginia is No. 14 in Soccer America, No. 10 in NSCAA and No. 10 in Top Drawer
- Liberty is not ranked

### Preseason Accolades:

- Sinead Farrelly: Hermann Trophy Watch List

### Cavaliers Fourth in ACC Poll:

- Virginia was fourth in the ACC coaches' preseason poll
- The Cavaliers trailed North Carolina, Florida State and Boston College
- It marked the first time in nine years that UVa hasn't been in the poll's top three

### Challenging Schedule:

- Virginia will play six opponents ranked in the Soccer America preseason Top 25
- Four of those opponents (#1 UNC, #6 PSU, #7 FSU, #8 BC) are in the Top 10
- Of the six ranked opponents, the Cavaliers will play four on the road

### Returning Firepower:

- Virginia returns its leading goal scorer from last year (Meghan Lenczyk - 11)
- UVa returns the ACC's assist leader from last year (Lauren Alwine - 14)
- UVa returns its three leading scorers from last year (Alwine - 26, Lenczyk - 23, Sinead Farrelly - 13)

### Up Next:

- The Cavaliers return to action on Sunday as they host Hofstra
- Game time at Klöckner Stadium is 1 p.m.

### THE LAST TIME

#### **TEAM**

Home Win:	11/16/08	3-2 vs. West Virginia	2 home games ago
Home Loss:	11/22/08	0-2 vs. Duke	last home game
Away Win:	10/16/08	3-2 at Maryland	2 away games ago
Away Loss:	8/21/09	0-1 at Penn State	last away game
OT Win:	11/5/08	3-2 vs. Wake	2 OT games ago
OT Loss:	11/23/07	1-2 at UCLA	6 OT games ago
Conf. Win (Reg)	10/19/08	2-1 vs. BC	4 reg. season ACC games ago
Conf. Win (Overall):	11/5/08	3-2 vs. Wake	3 ACC games ago
Conf. Loss (Reg):	11/2/08	0-1 vs. Wake	last ACC reg. season game
Conf. Loss (Overall):	11/22/08	0-2 vs. Duke	last ACC game
Non-Conf. Win:	11/16/08	3-2 vs. West Virginia	2 non-conf. games ago
Non-Conf. Loss:	8/21/09	0-1 at Penn State	last non-conf. game

#### **GOALS SCORED**

0 goals:	8/21/09	0-1 at Penn State	last game
at least 1 goal:	11/16/08	3-2 vs. West Virginia	3 games ago
at least 2 goals:	11/16/08	3-2 vs. West Virginia	3 games ago
at least 3 goals:	11/16/08	3-2 vs. West Virginia	3 games ago
at least 4 goals:	10/5/08	7-1 at Clemson	13 games ago
at least 5 goals:	10/5/08	7-1 at Clemson	13 games ago
at least 6 goals:	10/5/08	7-1 at Clemson	13 games ago
7+ goals:	10/5/08	7-1 at Clemson	13 games ago

#### **GOALS ALLOWED**

Shutout:	11/14/08	2-0 vs. Army	4 games ago
at least 1 goal:	8/21/09	0-1 at Penn State	last game
at least 2 goal:	11/22/08	0-2 vs. Duke	2 games ago
at least 3 goal:	10/24/08	1-5 vs. UNC	9 games ago
4+ goals:	10/24/08	1-5 vs. UNC	9 games ago

#### **INDIVIDUAL**

Hat Trick:	10/5/08	Sinead Farrelly at Clemson	13 games ago
Multi-Goal Game:	10/5/08	Sinead Farrelly (3) at Clemson	13 games ago
5+ points:	10/5/08	Sinead Farrelly (6) at Clemson	13 games ago
2+ assists:	10/19/08	Sarah Senty (2) vs. Boston College	10 games ago
Shutout:	11/14/08	Celeste Miles vs. Army	4 games ago

#### **INDIVIDUAL-AGAINST**

Hat Trick:	11/25/05	Danesha Adams, UCLA (4 goals)	70 games ago
Multi-Goal Game:	11/16/08	Deanna Everrett (2), West Virginia	3 games ago
5+ points	10/24/08	Courtney Jones (5), North Carolina	9 games ago
2+ assists	10/24/08	Casey Nogueira (2), North Carolina	9 games ago
Shutout:	8/21/09	Alyssa Naeher, Penn State	last game

#### **AGAINST RANKED OPPONENTS\***

Last Ranked Win	11/16/08	W 3-2 vs. #15 West Virginia
- At Home	11/16/08	W 3-2 vs. #15 West Virginia
- On the Road	9/25/08	W 1-0 at #8 Florida State
Last Top 10 Win	9/25/08	W 1-0 at #8 Florida State
- At Home	9/29/05	W 1-0 vs. #10 Florida State
- On the Road	9/25/08	W 1-0 at #8 Florida State
Last Upset	9/25/08	W 1-0 at #8 Florida State (UVa at #15)
- At Home	9/21/06	W 2-1 vs. #14 Wake Forest (UVa at #16)
- On the Road	9/25/08	W 1-0 at #8 Florida State (UVa at #15)
- Biggest Upset	11/10/06	W 2-0 vs. #9 West Virginia (UVa was NR)
Highest Ranked Win	9/12/03	W 4-1 vs. #3 Santa Clara
- At Home	9/12/03	W 4-1 vs. #3 Santa Clara
- On Road	9/25/05	W 1-0 at #7 Duke

\* Soccer America Rankings

**CAREER STATISTICS**

<b>No.</b>	<b>Name</b>	<b>GP-GS</b>	<b>Min</b>	<b>G</b>	<b>A</b>	<b>Pts.</b>	<b>Shots</b>	<b>GWG</b>	<b>GWA</b>
12	Jess Rostedt	60-53	4240	25	10	60	186	10	4
21	Meghan Lenczyk	47-22	2507	17	4	38	118	4	2
17	Sinead Farrelly	47-47	4004	10	7	27	78	5	3
7	Caitlin Miskel	68-58	4153	7	13	27	75	1	6
9	Lauren Alwine	24-20	1647	6	14	26	42	2	5
14	Amanda Stewart	55-5	1450	2	10	14	18	0	1
16	Maggie Kistner	24-8	1260	3	2	8	38	1	1
5	Lindsey Miller	28-0	585	2	1	5	13	0	0
24	Colleen Flanagan	36-29	2054	1	2	4	26	1	0
20	Kika Toulouse	44-1	1130	1	0	2	27	1	0
3	Molly McKeon	8-0	99	1	0	2	2	0	0
6	Katie Carr	6-2	170	0	2	2	1	0	0
18	Amanda Fancher	8-0	189	0	2	2	1	0	0
11	Katie Starsia	3-0	53	0	1	1	2	0	0
10	Caroline Miller	1-0	57	0	0	0	5	0	0
8	Julia Roberts	1-1	69	0	0	0	2	0	0
4	Morgan Stith	1-1	90	0	0	0	0	0	0
19	Emily Carrollo	1-0	45	0	0	0	0	0	0
2	Kate Norbo	1-0	4	0	0	0	0	0	0
13	Kiley Naylor	0-0							
15	Blair Weymouth	0-0							
22	Emily Perrin	0-0							
23	Erica Hollenberg	0-0							

<b>No.</b>	<b>Name</b>	<b>GP-GS</b>	<b>Min</b>	<b>GA</b>	<b>GAA</b>	<b>Saves</b>	<b>ShO</b>	<b>Record</b>
29	Chantel Jones	24-24	2295	11	0.43	78	13	13-5-6
0	Carrie Wisman	0-0						

### 2009 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Carrie Wisman	GK	Fr.	5-4	Bristol, Va./Virginia
2	Kate Norbo	M	Fr.	5-6	Roanoke, Va./Patrick Henry
3	Molly McKeon	M/F	So.	5-8	Midlothian, Va./Collegiate School
4	Morgan Stith	D	Fr.	5-4	Montclair, N.J./Montclair
5	Lindsey Miller	M	Jr.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D	So.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F	Sr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Julia Roberts	M	Fr.	5-9	Frederick, Md./Urbana
9	Lauren Alwine	F	So.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Caroline Miller	F	Fr.	5-5	Rockville, Md./Walter Johnson
11	Katie Starsia	D/F	So.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	M/F	Sr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
13	Kiley Naylor	D	Fr.	5-6	Cincinnati, Ohio/Ursuline Academy
14	Amanda Stewart	D/F	Sr.	5-2	West Chester, Pa./Delaware County Christian
15	Blair Weymouth	D	Sr.	5-9	Holderness, N.H./The Holderness School
16	Maggie Kistner	D/M	So.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M	Jr.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	So.	5-5	The Colony, Texas/The Colony
19	Emily Carrollo	D/F	Fr.	5-6	Sussex, N.J./Pope John XXIII
20	Kika Toulouse	D/F	Jr.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	Jr.	5-9	McLean, Va./Langley
22	Emily Perrin	F	So.	5-9	Charlottesville, Va./Charlottesville (Vermont)
23	Erica Hollenberg	M/F	Fr.	5-2	Fairfax Station, Va./South County
24	Colleen Flanagan	M/D	Jr.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

**Head Coach:**

Steve Swanson (Michigan State '84/10th season)

**Assistant Coaches:**

Kerry Dziczkaniec (George Washington '93/fourth season)

Ron Raab (William & Mary '89/seventh season)

**Student Assistant Coach:**

Nikki Krzysik (Virginia '09/first season)

**Team Manager:**

Emily Klein (Virginia '13/first season)

**Athletic Trainer:**

Bill Parente (UCLA '96/eighth season)

**Media Relations:**

Steve Kirkland (Penn State '01/eighth season)

### **PRONUNCIATION GUIDE**

7	Caitlin Miskel	<b>(MISS-kull)</b>
9	Lauren Alwine	<b>(ALL-wine)</b>
11	Katie Starsia	<b>(STAR-sha)</b>
12	Jess Rostedt	<b>(ROSS-ted)</b>
15	Blair Weymouth	<b>(WAY-muth)</b>
17	Sinead Farrelly	<b>(shin-AID FAIR-ull-lee)</b>
20	Kika Toulouse	<b>(key-KA TOO-loose)</b>
21	Meghan Lenczyk	<b>(len-ZICK)</b>
29	Chantel Jones	<b>(SHANN-tel)</b>
	Kerry Dziczkaniec	<b>(diss-CONN-iss)</b>
	Nikki Krzysik	<b>(KRIZZ-ick)</b>