



** VIRGINIA CAVALIERS (1-0-0,0-0-0 ACC) VS. COLGATE RAIDERS (0-0-0,0-0-0 Patriot)



AUGUST 22, 2010 • KLÖCKNER STADIUM • CHARLOTTESVILLE, VA

TODAY'S GAME

- Virginia concludes the opening weekend of the season today as it hosts Colgate
- The Cavaliers are looking to start the season 2-0-0 for the seventh time in the past eight years

SERIES HISTORY

- Virginia leads the all-time series 1-0-0
- The only previous meeting came in 1996, a 3-0 Cavalier victory at Klöckner

NOT SO UNFAMILIAR

- Although they haven't played in 14 years, the Cavaliers and Raiders crossed paths last season
- Both teams played the first weekend of the NCAA Tournament at Penn State
- Colgate lost to Penn State 5-0 in the first round, while Virginia advanced past St. John's in penalty kicks before topping Penn State 6-2 to advance to the third round

AUGUST SUCCESS

- The Cavaliers are 20-1-0 all-time in the month of August
- · Virginia has outscored its opponents 76-2 in those games
- The only loss in August came last year, a 1-0 loss at Penn State

KLÖCK-WORK AT HOME

- The Cavaliers have posted three consecutive home shutouts
- Virginia has a four-game home unbeaten streak (3-0-1)
- Since 2007, Virginia is 27-4-6 at Klöckner Stadium, including a 19-0-1 mark against non-conference opponents

'HOOS BACK

- The Cavaliers return 18 letterwinners, including 10 starters from last season
- The 10 returning starters is tied for the most in the ACC (Florida State)
- Among the returners are the Cavaliers' top four scorers from last season (Sinead Farrelly, Lauren Alwine, Caroline Miller, Meghan Lenczyk)

IN THE RANKINGS

- UVa: #7 (Soccer America), #9 (TopDrawerSoccer), #12 (Soccer Times), #17 (NSCAA)
- · Colgate: not ranked

2010 SCHEDULE/RESULTS

Aug. 13	vs. #4 Notre Dame (ex) 1	W 4-1
Aug. 15	JAMES MADISON (ex)	T 1-1
Aug. 20	LIBERTY	W 4-0
Aug. 22	COLGATE	2:00 pm
Aug. 27	at #11 Penn State ²	7:30 pm
Aug. 29	vs. Connecticut ²	12:00 pm
Sept. 3	RICHMOND	5:30 pm
Sept. 10	TEXAS ³	7:00 pm
Sept. 12	BOSTON UNIV. ³	2:00 pm
Sept. 19	at West Virginia	1:00 pm
Sept. 23	at #17 Virginia Tech *	7:00 pm
Sept. 30	at #12 Maryland *	7:00 pm
Oct. 3	#6 BOSTON COLLEGE *	2:00 pm
Oct. 8	#2 NORTH CAROLINA *	7:00 pm
Oct. 14	#24 DUKE *	7:00 pm
Oct. 17	#15 WAKE FOREST*	2:00 pm
Oct. 21	at #9 Florida State *	7:00 pm
Oct. 24	at Miami *	1:00 pm
Oct. 28	NC STATE *	7:00 pm
Oct. 31	at Clemson *	1:00 pm
Nov. 3-7	at ACCTournament (Cary, N.C.)	

- 1 Maple City, Mich.
- 2 Penn State Invitational (University Park, Pa.)
- 3 Virginia Nike Soccer Classic
- * ACC game

PROBABLE STARTING LINEUP

<u>POS</u>	NO	NAME	YR	GP-GS	G-A-P	OF NOTE
GK	29	Chantel JONES	Jr.	1-1	0.00 GAA	24 career shutouts ranks second in history
D	4	Morgan STITH	So.	1-1	0-0-0	Led UVa field players with 2003 min in 2009
D	13	Molly MENCHEL	Fr.	1-1	0-0-0	Started in collegiate debut vs. Liberty
D	19	Emily CARROLLO	So.	1-1	0-0-0	12 career starts
D	20	Kika TOULOUSE	Sr.	1-1	0-0-0	Moved to defender last season & started 17 games
M	5	Lindsey MILLER	Sr.	1-1	0-0-0	Scored goals vs. Arizona and Seton Hall last season
M	17	Sinead FARRELLY	Sr.	1-1	0-0-0	Preseason Hermann Trophy Watch List
M	24	Colleen FLANAGAN	Sr.	1-1	0-0-0	Spent time with the US U-23s this summer
F	9	Lauren ALWINE	Jr.	1-1	1-1-3	Ranks fifth in UVa history with 24 career assists
F	10	Caroline MILLER	So.	1-1	0-0-0	Third on the team in scoring in 2009
F	21	Meghan LENCZYK	Sr.	1-1	2-1-5	UVa active leader with 26 career goals

MEDIA INFORMATION

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		2010 VI
RA	NKINGS	
	CCER AMERICA	
1.	Stanford	25-1-0
2.	North Carolina	23-3-1
3.	Portland	21-2-0
4.	Notre Dame	21-4-1
5.	UCLA	21-3-1
6. 7.	Boston College VIRGINIA	18-4-2
7. 8.	Texas A&M	10-6-6 15-7-3
9.	Florida State	19-5-1
10.		14-7-2
11.		13-6-2
12.		14-6-2
13.		16-6-2
14.	BYU Welse Ferrest	18-4-2
15.	wake Forest	16-6-2
16. 17.	Wisconsin	10-6-5
17.	Virginia Tech	16-8-0
18. 19.	Memphis	16-7-0
		15-7-2
20.	USC	12-6-3 16-1-6
21.	Dayton Marquette	15-5-3
22.	South Carolina	19-4-2
24.	South Carolina Duke	8-9-4
25.	California	11-9-1
	CAA	
1.		23-3-1
2.	Stanford	25-1-0
3.	UCLA	21-3-1
4. 5	Notre Dame	21-4-1 21-2-0
5. 6	Portland Florida State	19-5-1
7.	Boston College	18-4-2
8.	Texas A&M	15-7-3
9.	Santa Clara	14-7-2
10.		16-6-2
11.	Florida	16-6-2
12.	South Carolina	19-4-2
13.	Penn State	13-6-2
14.	California Virginia Tech Maryland	11-9-1
15.	Virginia Tech	16-8-0
16.	Maryland	14-6-2
17.		10-6-6
18. 19.		14-4-4 12-6-3
19. 20.	Wisconsin	12-6-3
20.	VVISCOLISILI	10-0-3

21. Washington State

24. West Virginia

RANKINGS HISTORY

SA

Oklahoma State

NSCAA

17

BYU

25. UCF

Date

Pre

LAST TIME OUT

- The Cavaliers opened the 2010 season Friday with a 4-0 win over Liberty
- Meghan Lenczyk led Virginia with two goals and an assist
- Virginia improved to 10-0-0 all-time against the Flames, out scoring them 45-0

DOUGLAS DEBUTS WITH A GOAL

- Freshman forward Gloria Douglas scored a goal in the season opener vs. Liberty
- She became the first Cavalier to score in her collegiate debut since Sinead Farrelly in 2007

FARRELLY HONORED

- Senior midfielder Sinead Farrelly has received several preseason honors
- Farrelly was one of 45 players named to the Preseason Hermann Trophy Watch List, announced by the NSCAA
- She was one of 25 players named as a Soccer America Preseason All-American

VIRGINIA FOURTH IN ACC POLL

- •The Cavaliers were fourth in the ACC coaches' preseason poll
- Virginia trailed North Carolina, Boston College and Florida State
- The Cavaliers received one first-place vote

CHALLENGING SCHEDULE

- UVa will play eight teams ranked in the Soccer America preseason Top 25
- Three of those teams are ranked in the top 10 (#2 UNC, #6 BC, #9 FSU)
- Eight of the 11 ACC teams are ranked in the preseason Soccer America rankings

RETURNING FIREPOWER

- The Cavaliers return their top four scorers from last season
- Sinead Farrelly led UVa in scoring last season with eight goals and eight assists for 24 points
- Lauren Alwine has led the team in assists in each of the past two seasons (14 in 2008, nine in 2009)

RECORDS WATCH

- Chantel Jones ranks first in school history in GAA (0.57) and second in shutouts (24)
- Lauren Alwine ranks fifth in school history in both assists (24) and game-winning assists (8)

UP NEXT

14-6-2

18-4-2 15-7-2

10-7-6

17-5-1

ST

12

TDS

9

- The Cavaliers begin the road schedule next weekend as they visit Happy Valley for the Penn State Invitational
- Virginia plays Penn State Friday night and Connecticut on Sunday
- UVa made two trips to PSU last season, falling 1-0 to the Nittany Lions in the season opener and winning 6-2 over Penn State in the second round of the NCAA Tournament
- The Cavaliers and Huskies haven't met since 1993

THE LAST TIME

TEAM Home Win: Home Loss: Away Win: Away Loss: OT Win: OT Loss: Conf. Win (Reg) Conf. Win (Overall): Conf. Loss (Reg): Conf. Loss (Overall): Non-Conf. Win: Non-Conf. Loss:	8/20/10 9/30/09 11/15/09 11/20/09 11/5/08 10/11/09 11/1/09 11/1/09 10/17/09 10/17/09 8/20/10 11/20/09	4-0 vs. Liberty 1-2 vs. Va. Tech 6-2 at Penn State 0-3 at UCLA 3-2 vs. Wake 0-1 at BC 2-0 vs, Miami 2-0 vs, Miami 1-2 at UNC 1-2 at UNC 4-0 vs. Liberty 0-3 at UCLA	last home game 5 home games ago 2 away games ago last away game 9 OT games ago 4 OT games ago last reg. season games 2 ACC games ago 5 reg. season games 6 ACC games ago last non-conf. game 2 non-conf. games	ago
GOALS SCORED 0 goals: at least 1 goal: at least 2 goals: at least 3 goals: at least 4 goals: at least 5 goals: at least 6 goals: 7+ goals:	11/20/09 8/20/10 8/20/10 8/20/10 8/20/10 11/15/09 11/15/09 8/30/09	0-3 at UCLA 4-0 vs. Liberty 4-0 vs. Liberty 4-0 vs. Liberty 4-0 vs. Liberty 6-2 at Penn State 6-2 at Penn State 7-0 vs. Hofstra	2 games ago last game last game last game last game 3 games ago 3 games ago 21 games ago	
GOALS ALLOWED Shutout: at least 1 goal: at least 2 goal: at least 3 goal: 4+ goals:	8/20/10 11/20/09 11/20/09 11/20/09 10/24/08	4-0 vs. Liberty 0-3 at UCLA 0-3 at UCLA 0-3 at UCLA 1-5 vs. UNC	last game 2 games ago 2 games ago 2 games ago 31 games ago	
INDIVIDUAL Hat Trick: Multi-Goal Game: 5+ points: 2+ assists: Shutout:	10/5/08 8/20/10 8/20/10 11/15/09 8/20/10	Sinead Farrelly at Cle Meghan Lenczyk (2) Meghan Lenczyk (5) Sinead Farrelly (2) at Chantel Jones vs. Lib	35 games ago last game last game 3 games ago last game	
INDIVIDUAL-AGAIN Hat Trick: Multi-Goal Game: 5+ points 2+ assists Shutout:	11/25/05 11/20/09 10/24/08 10/24/08 11/20/09	Danesha Adams, UCLA Sydney Leroux, UCLA Courtney Jones (5), N Casey Nogueira (2), N Chante' Sandiford, U	92 games ago 2 games ago 31 games ago 31 games ago 2 games ago	
AGAINST RANKED (Last Ranked Win - At Home - On the Road	DPPONENTS 11/15/09 10/30/09 11/15/09	* W 6-2 at #9 Penn Sta W 1-0 vs. #3 Florida S W 6-2 at #9 Penn Sta	State	
Last Top 10 Win - At Home - On the Road	11/15/09 10/30/09 11/15/09	W 6-2 at #9 Penn Sta W 1-0 vs. #3 Florida S W 6-2 at #9 Penn Sta	State	
Last Upset - At Home - On the Road - Biggest Upset	11/15/09 10/30/09 11/15/09 10/30/09	W 6-2 at #9 Penn State (UVa was NR) W 1-0 vs. #3 Florida State (UVa was NR) W 6-2 at #9 Penn State (UVa was NR) W 1-0 vs. #3 Florida State (UVa was NR)		
Highest Ranked Win - At Home - On Road	9/12/03 9/12/03 9/25/05	W 4-1 vs. #3 Santa Cl W 4-1 vs. #3 Santa Cl W 1-0 at #7 Duke		W 1-0 vs. #3 Florida State W 1-0 vs. #3 Florida State

^{*} Soccer America Rankings

CAREER STATISTICS

No.	Name	GP-GS	Min	G	Α	Pt	s. Sh	ots G\	NG GWA
21	Meghan Lenczyk	69-44	3733	26	8	60	17	5 7	2
9	Lauren Alwine	45-40	2957	14	24	52	83	3	8
17	Sinead Farrelly	69-69	5748	18	15	51	12	8 8	5
10	Caroline Miller	20-1	858	6	6	18	37	1	0
5	Lindsey Miller	49-2	1268	4	3	11	28	0	0
16	Maggie Kistner	45-29	3102	3	4	10	42	1	1
2	Kate Norbo	21-2	592	2	3	7	12	0	0
20	Kika Toulouse	65-18	2788	2	2	6	39	1	1
24	Colleen Flanagan	58-51	3707	1	3	5	47	1	0
8	Julia Roberts	23-18	1352	0	3	3	16	0	0
6	Katie Carr	16-2	434	0	3	3	11	0	0
18	Amanda Fancher	28-13	1173	0	3	3	6	0	0
23	Erica Hollenberg	9-0	159	1	0	2	2	0	0
7	Gloria Douglas	1-0	34	1	0	2	1	0	0
11	Katie Starsia	11-0	168	0	1	1	5	0	0
3	Amber Fry	1-0	29	0	1	1	1	0	0
19	Emily Carrollo	21-12	1453	0	0	0	9	0	0
4	Morgan Stith	23-23	2093	0	0	0	0	0	0
13	Molly Menchel	1-1	58	0	0	0	0	0	0
14	Emily Perrin	1-0	15	0	0	0	0	0	0
12	Shasta Fisher	0-0							
22	Mary Morgan	0-0							
No.	Name	GP-GS	Min	GA		GAA	Saves	ShO	Record
29	Chantel Jones	46-46	4388	28		0.57	147	24	24-10-12
0	Carrie Wisman	1-0	10	0		0.00	0	0	0-0-0
1	Churchill O'Connell	0-0							
28	Danielle DeLisle	0-0							

CAREER RECORDS

GO	GOALS					
1.	Angela Hucles (1996-99)	59				
2.	Lindsay Gusick (2001-04)	43				
3.	Andrea Rubio (1989-92)	36				
4.	Amanda Cromwell (1988-91)	35				
	Janet Caswell (1984-87)	35				
6.	Gayle Smith (1986-89)	34				
7.	Lori Lindsey (1998-01)	33				
8.	Kelly Hammond (2002-05)	32				
	Jess Rostedt (2005-09)	32				
10.	Kim Smith (1991-94)	30				
	Darci Borski (1998-2002)	30				

ASS	SISTS	
1.	Shannon Foley (2003-07)	36
2.	Andrea Rubio (1989-92)	30
3.	Sarah Huffman (2002-05)	28
4.	Noelle Keselica (2002-05)	26
5.	Lauren Alwine (2008-pres.)	24
6.	Lindsay Gusick (2001-04)	23
	Jennifer Rawlings (1994-97)	23
8.	Gayle Smith (1986-89)	22
9.	Dina Padula (1994-97)	21
10.	Angela Hucles (1996-99)	20
GAI	ME WINNING ASSISTS	
1.	Shannon Foley (2003-07)	14
2.	Tania Jovanovic (1994-97)	10
	Jen Redmond (2005-08)	10
4.	Tracy DiMillio (1988-91)	9
5	Andrea Rubio (1989-92)	8
	Noelle Keselica (2002-05)	8
	Caitlin Miskel (2006-09)	8
	Lauren Alwine (2008-pres)	8

SHUTOUTS 1. Christina de Vries (2003-06) 31 2. Chantel Jones (2007-pres.) 24 Sandra Kwitnieski (1989-92) 17 Anne Abernethy (2001-03) 17 Becky Hornbacher (1993-94) 11 Andrea Rippe (1987-90) 11 Shelly Shreve (1985-88) 10 **GOALS AGAINST AVERAGE** 1. Chantel Jones (2007-pres.) 0.57 2. Christina de Vries (2003-06) 0.781 3. Becky Hornbacher (1993-94) 0.789 4. Andrea Rippe (1987-90) 0.794 Celeste Miles (2005-08) 0.92

2010 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Carrie Wisman	GK	So.	5-4	Bristol, Va./Virginia
1	Churchill O'Connell	GK	Fr.	5-11	McLean, Va./The Potomac School
2	Kate Norbo	M	So.	5-6	Roanoke, Va./Patrick Henry
3	Amber Fry	F/M	Fr.	5-6	Northfield, Ill./New Trier
4	Morgan Stith	D	So.	5-4	Montclair, N.J./Montclair
5	Lindsey Miller	M	Sr.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D/M	Jr.	5-10	Williamsburg, Va./Walsingham Academy
7	Gloria Douglas	F	Fr.	5-9	Fayetteville, N.C./Fayetteville Academy
8	Julia Roberts	M	So.	5-9	Frederick, Md./Urbana
9	Lauren Alwine	F	Jr.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Caroline Miller	F	So.	5-5	Rockville, Md./Walter Johnson
11	Katie Starsia	D	Jr.	5-10	Rockville Centre, N.Y./South Side
12	Shasta Fisher	M/D	Fr.	5-7	Saugus, Calif./Saugus
13	Molly Menchel	F/D	Fr.	5-4	Alexandria, Va./Edison
14	Emily Perrin	F	So.	5-10	Charlottesville, Va./Charlottesville (Vermont)
16	Maggie Kistner	D/M	Jr.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M	Sr.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	Jr.	5-5	The Colony, Texas/The Colony
19	Emily Carrollo	F/D	So.	5-5	Sussex, N.J./Pope John XXIII
20	Kika Toulouse	D	Sr.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	Sr.	5-9	McLean, Va./Langley
22	Mary Morgan	F	Fr.	5-8	Norfolk, Va./Maury
23	Erica Hollenberg	F/M	So.	5-2	Fairfax Station, Va./South County
24	Colleen Flanagan	M/D	Sr.	5-4	Downingtown, Pa./Downingtown West
28	Danielle DeLisle	GK	Fr.	5-8	Baltimore, Md./Loch Raven
29	Chantel Jones	GK	Jr.	5-11	Midlothian, Va./Clover Hill

Head Coach: Steve Swanson (Michigan State '84/11th season) **Assistant Coaches:** Kerry Dziczkaniec (George Washington '93/fifth season)

Ron Raab (William & Mary '89/eighth season)

Volunteer Asst. Coach:
Student Assistant Coach:
Athletic Trainer:

Jen Bhalla (Rutgers '97/third season)
Caitlin Miskel (Virginia '10/first season)
Bill Parente (UCLA '96/ninth season)

Media Relations: Steve Kirkland (Penn State '01/ninth season)

PRONUNCIATION GUIDE

0	Carrie Wisman	(WISS-man)
9	Lauren Alwine	(ALL-wine)
11	Katie Starsia	(STAR-sha)
13	Molly Menchel	(men-CHELL)
17	Sinead Farrelly	(shin-AID FAR-ill-lee)
20	Kika Toulouse	(key-KA TOO-loose)
21	Meghan Lenczyk	(len-ZICK)
29	Chantel Jones	(SHANN-tel)
	Kerry Dziczkaniec	(diss-CONN-iss)
	Caitlin Miskel	(MISS-kull)