

VIRGINIA

2009 Women's Soccer Game Notes



#16 Virginia Cavaliers

4-1-2 (0-0 ACC)

VS.



American Eagles

4-3-0 (0-0 Patriot)

- **Game #8**
- **Sunday, September 20**
- **2:00 pm**
- **Klöckner Stadium**
- **Charlottesville, Va.**

Today's Game:

- The Cavaliers conclude their non-conference schedule
- UVa is unbeaten (4-0-2) in its last six games
- American is coming off a 2-0 loss vs. Loyola (Md.) on Friday

Series History:

- Today is the third all-time meeting between the schools, the first since 1993
- Virginia has won both previous meetings, 3-2 in 1992 and 5-2 in 1993

Offensive Explosion:

- Despite being shut out in the opener, UVa's 22 goals through the first seven games of the season ranks fourth in school history through seven games
- The Cavaliers have eight different goalscorers and 15 different players with a point this season

Different Looks:

- Virginia has used six different starting lineups through the first seven games this season
- 15 different Cavaliers have had a start this season

Pair of Cavaliers climb into Career Top 10:

- Two Cavaliers entered the top 10 of school career records vs. Seton Hall
- Jess Rostedt moved into the top 10 in goals with her 29th career goal
- Lauren Alwine moved into the top 10 in assists with her 19th career assist
- Chantel Jones is currently third in career shutouts

Probable Starting Lineup

No.	Pos.	Name	GP-GS	G-A-P	Notable
29	GK	Chantel Jones	7-7	055 GAA	Two shutouts this season
4	D	Morgan Stith	7-7	0-0-0	Started all five games of career
16	D	Maggie Kistner	7-7	0-2-2	Three goals as a forward in 2008
18	D	Amanda Fancher	7-5	0-1-1	Assist vs. Seton Hall last week
13	D	Kiley Naylor	4-2	0-0-0	Made first career start vs. Arizona
24	M	Colleen Flanagan	7-7	0-1-1	35 career starts
8	M	Julia Roberts	7-7	0-2-2	#4 ranked recruit by Top Drawer Soccer
17	M	Sinead Farrelly	7-7	3-1-7	Hermann Trophy Watch List
7	F	Caitlin Miskel	6-6	0-3-3	Two assists vs. Arizona
21	F	Meghan Lenczyk	7-7	5-2-12	Two multi-goal games this year
9	F	Lauren Alwine	7-7	3-5-11	14 assists led the ACC in 2008

2009 Schedule/Results

8/14	vs. #5 Notre Dame (ex)	T 3-3
8/16	GEORGETOWN (ex)	W 5-1
8/21	at #6 Penn State	L 0-1
8/28	LIBERTY	W 5-0
8/30	HOFSTRA	W 7-0
9/4	vs. Arizona %	W 4-1
9/6	at Arizona State %	T 1-1 (2ot)
9/11	#15 WEST VIRGINIA ^	T 1-1 (2ot)
9/13	SETON HALL ^	W 4-0
9/20	AMERICAN	2:00 pm
9/24	at NC State *	7:00 pm
9/27	CLEMSON *	2:00 pm
9/30	VIRGINIA TECH *	7:00 pm
10/8	#18 MARYLAND *	7:00 pm
10/11	at #5 Boston College *	1:00 pm
10/17	at #1 North Carolina *	1:00 pm
10/22	at Duke *	7:00 pm
10/25	at #10 Wake Forest *	1:00 pm
10/30	#4 FLORIDA STATE *	7:00 pm
11/1	MIAMI *	2:00 pm
11/4-8	at ACC Tournament (Cary, N.C.)	

* ACC Match

% Sun Devil Desert Classic (Tempe, Ariz.)

^ Virginia Nike Soccer Classic

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Soccer America Rankings

1.	North Carolina	7-0-0
2.	Stanford	7-0-0
3.	Portland	7-0-0
4.	Boston College	6-0-0
5.	UCLA	4-1-1
6.	Florida State	6-1-0
7.	California	5-1-0
8.	Georgia	6-0-1
9.	Maryland	7-0-0
10.	Santa Clara	5-2-0
11.	Michigan State	4-0-1
12.	South Carolina	6-0-0
13.	Notre Dame	3-3-0
14.	Florida	5-2-0
15.	Purdue	5-2-0
16.	VIRGINIA	4-1-2
17.	UCF	5-1-1
18.	St. John's	5-1-0
19.	Connecticut	4-2-0
20.	Wake Forest	7-1-0
21.	San Diego	5-2-1
22.	Indiana	6-1-0
23.	Rutgers	5-1-1
24.	Denver	5-1-1
25.	Kansas	5-1-1
	West Virginia	2-2-3

NSCAA Poll

1.	North Carolina	7-0-0
2.	Portland	7-0-0
3.	Stanford	7-0-0
4.	UCLA	4-1-1
5.	Florida State	6-1-0
6.	Boston College	6-0-0
7.	Florida	5-2-0
8.	Wake Forest	7-1-0
9.	California	5-1-0
10.	VIRGINIA	4-1-2
11.	Purdue	5-2-0
12.	Santa Clara	5-2-0
13.	South Carolina	6-0-0
14.	Notre Dame	3-3-0
15.	Georgia	6-0-1
16.	Rutgers	5-1-1
17.	Texas A&M	3-3-0
18.	San Diego	5-2-1
19.	UCF	5-1-1
20.	Maryland	7-0-0
21.	Denver	5-1-1
22.	Indiana	6-1-0
23.	Colorado	4-3-0
24.	Oklahoma State	5-2-0
25.	Ohio State	5-1-1

Rankings History

Week	SA	NSCAA	TDS	Times
Pre	11	9	10	8
8/24	14	10	10	12
8/31	11	8	8	11
9/7	16	9	7	9
9/14	16	10	7	8

Last Time Out:

- The Cavaliers defeated Seton Hall 4-0 on Sunday
- Meghan Lenczyk had two goals for her second multi-goal game of the season
- Virginia ran its unbeaten streak to six games (4-0-2)

In the Rankings:

- Virginia: #16 (Soccer America), #10 (NSCAA), #7 (Top Drawer Soccer), #8 (Soccer Times)
- American: not ranked

2009 Accolades:

- Sinead Farrelly: Hermann Trophy Watch List, ASU Tournament Offensive MVP
- Caroline Miller: ACC Player of the Week (9/1), Top Drawer Soccer National Player of the Week (8/31), Soccer America Team of the Week (8/31)
- Caitlin Miskel: ASU All-Tournament Team
- Emily Carrollo: ASU All-Tournament Team

Miller Honored:

- Freshman forward Caroline Miller was named ACC Co-Player of the Week, the Top Drawer Soccer National Player of the Week and a member of the Soccer America Team of the Week on Aug. 31
- She had a goal and three assists vs. Liberty and two goals and one assist vs. Hofstra

Alwine Assists:

- Lauren Alwine leads the team in assists with five this season
- Last season she tied the school record for assists in a season with 14
- Her career total of 19 is already more than halfway to Shannon Foley's school record of 36 in a career, although Alwine is just in her sophomore season

Cavaliers Fourth in ACC Poll:

- Virginia was fourth in the ACC coaches' preseason poll
- The Cavaliers trailed North Carolina, Florida State and Boston College
- It marked the first time in nine years that UVa hasn't been in the poll's top three

Challenging Schedule:

- Virginia will play six opponents ranked in the Soccer America preseason Top 25
- Four of those opponents (#1 UNC, #6 PSU, #7 FSU, #8 BC) are in the Top 10
- Of the six ranked opponents, the Cavaliers will play four on the road

Returning Firepower:

- Virginia returns its leading goal scorer from last year (Meghan Lenczyk - 11)
- UVa returns the ACC's assist leader from last year (Lauren Alwine - 14)
- UVa returns its three leading scorers from last year (Alwine - 26, Lenczyk - 23, Sinead Farrelly - 13)

Up Next:

- The Cavaliers open ACC play Thursday as they visit NC State
- Game time is 7 p.m.

THE LAST TIME

TEAM

Home Win:	9/13/09	4-0 vs. Seton Hall	last home game
Home Loss:	11/22/08	0-2 vs. Duke	5 home games ago
Away Win:	10/16/08	3-2 at Maryland	3 away games ago
Away Loss:	8/21/09	0-1 at Penn State	2 away games ago
OT Win:	11/5/08	3-2 vs. Wake	4 OT games ago
OT Loss:	11/23/07	1-2 at UCLA	8 OT games ago
Conf. Win (Reg):	10/19/08	2-1 vs. BC	4 reg. season ACC games ago
Conf. Win (Overall):	11/5/08	3-2 vs. Wake	3 ACC games ago
Conf. Loss (Reg):	11/2/08	0-1 vs. Wake	last ACC reg. season game
Conf. Loss (Overall):	11/22/08	0-2 vs. Duke	last ACC game
Non-Conf. Win:	9/4/09	4-1 vs. Arizona	last non-conf. game
Non-Conf. Loss:	8/21/09	0-1 at Penn State	7 non-conf. games ago

GOALS SCORED

0 goals:	8/21/09	0-1 at Penn State	7 games ago
at least 1 goal:	9/13/09	4-0 vs. Seton Hall	last game
at least 2 goals:	9/13/09	4-0 vs. Seton Hall	last game
at least 3 goals:	9/13/09	4-0 vs. Seton Hall	last game
at least 4 goals:	9/13/09	4-0 vs. Seton Hall	last game
at least 5 goals:	8/30/09	7-0 vs. Hofstra	5 games ago
at least 6 goals:	8/30/09	7-0 vs. Hofstra	5 games ago
7+ goals:	8/30/09	7-0 vs. Hofstra	5 games ago

GOALS ALLOWED

Shutout:	9/13/09	4-0 vs. Seton Hall	last game
at least 1 goal:	9/11/09	1-1 vs. West. Va.	2 games ago
at least 2 goal:	11/22/08	0-2 vs. Duke	8 games ago
at least 3 goal:	10/24/08	1-5 vs. UNC	15 games ago
4+ goals:	10/24/08	1-5 vs. UNC	15 games ago

INDIVIDUAL

Hat Trick:	10/5/08	Sinead Farrelly at Clemson	19 games ago
Multi-Goal Game:	9/13/09	Meghan Lenczyk (2) vs. Seton Hall	last game
5+ points:	8/30/09	Lauren Alwine (5) vs. Hofstra	5 games ago
	8/30/09	Meghan Lenczyk (5) vs. Hofstra	5 games ago
	8/30/09	Caroline Miller (5) vs. Hofstra	5 games ago
2+ assists:	9/4/09	Caitlin Miskel (2) vs. Arizona	4 games ago
Shutout:	8/30/09	Chantel Jones vs. Hofstra	5 games ago

INDIVIDUAL-AGAINST

Hat Trick:	11/25/05	Danesha Adams, UCLA (4 goals)	76 games ago
Multi-Goal Game:	11/16/08	Deanna Everrett (2), West Virginia	9 games ago
5+ points	10/24/08	Courtney Jones (5), North Carolina	15 games ago
2+ assists	10/24/08	Casey Nogueira (2), North Carolina	15 games ago
Shutout:	8/21/09	Alyssa Naeher, Penn State	7 games ago

AGAINST RANKED OPPONENTS*

Last Ranked Win	11/16/08	W 3-2 vs. #15 West Virginia
- At Home	11/16/08	W 3-2 vs. #15 West Virginia
- On the Road	9/25/08	W 1-0 at #8 Florida State
Last Top 10 Win	9/25/08	W 1-0 at #8 Florida State
- At Home	9/29/05	W 1-0 vs. #10 Florida State
- On the Road	9/25/08	W 1-0 at #8 Florida State
Last Upset	9/25/08	W 1-0 at #8 Florida State (UVa at #15)
- At Home	9/21/06	W 2-1 vs. #14 Wake Forest (UVa at #16)
- On the Road	9/25/08	W 1-0 at #8 Florida State (UVa at #15)
- Biggest Upset	11/10/06	W 2-0 vs. #9 West Virginia (UVa was NR)
Highest Ranked Win	9/12/03	W 4-1 vs. #3 Santa Clara
- At Home	9/12/03	W 4-1 vs. #3 Santa Clara
- On Road	9/25/05	W 1-0 at #7 Duke

* Soccer America Rankings

CAREER STATISTICS

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
12	Jess Rostedt	66-54	4533	29	11	69	201	11	5
21	Meghan Lenczyk	53-28	2836	22	6	50	133	6	2
9	Lauren Alwine	30-26	1953	9	19	37	50	3	6
17	Sinead Farrelly	53-53	4388	13	8	34	93	5	3
7	Caitlin Miskel	73-63	4436	7	16	30	81	1	8
14	Amanda Stewart	61-5	1639	2	12	16	20	0	1
5	Lindsey Miller	34-0	816	4	2	10	22	0	0
16	Maggie Kistner	30-14	1768	3	4	10	39	1	1
10	Caroline Miller	6-0	327	3	4	10	19	0	0
24	Colleen Flanagan	42-35	2392	1	3	5	30	1	0
20	Kika Toulouse	49-4	1490	2	0	4	29	1	0
2	Kate Norbo	6-0	156	1	1	3	5	0	0
6	Katie Carr	11-2	315	0	3	3	7	0	0
18	Amanda Fancher	14-5	422	0	3	3	1	0	0
3	Molly McKeon	12-0	210	1	0	2	5	0	0
8	Julia Roberts	7-7	402	0	2	2	5	0	0
11	Katie Starsia	7-0	139	0	1	1	4	0	0
19	Emily Carrollo	7-2	471	0	0	0	2	0	0
13	Kiley Naylor	4-2	184	0	0	0	1	0	0
23	Erica Hollenberg	2-0	36	0	0	0	1	0	0
4	Morgan Stith	7-7	582	0	0	0	0	0	0
15	Blair Weymouth	4-0	71	0	0	0	0	0	0
22	Emily Perrin	0-0							

No.	Name	GP-GS	Min	GA	GAA	Saves	ShO	Record
29	Chantel Jones	30-30	2865	14	0.44	91	15	17-5-8
0	Carrie Wisman	1-0	10	0	0.00	0	0	0-0-0

CAREER RECORDS

GOALS

1.	Angela Hucles (1996-99)	59
2.	Lindsay Gusick (2001-04)	43
3.	Andrea Rubio (1989-92)	36
4.	Amanda Cromwell (1988-91)	35
	Janet Caswell (1984-87)	35
6.	Gayle Smith (1986-89)	34
7.	Lori Lindsey (1998-01)	33
8.	Kelly Hammond (2002-05)	32
9.	Kim Smith (1991-94)	30
	Darci Borski (1998-2002)	30
10.	Tracy DiMillio (1988-91)	29
	Jess Rostedt (2005-pres.)	29

ASSISTS

1.	Shannon Foley (2003-07)	36
2.	Andrea Rubio (1989-92)	30
3.	Sarah Huffman (2002-05)	28
4.	Noelle Keselica (2002-05)	26
5.	Lindsay Gusick (2001-04)	23
	Jennifer Rawlings (1994-97)	23
7.	Gayle Smith (1986-89)	22
8.	Dina Padula (1994-97)	21
	Angela Hucles (1996-99)	20
10.	Liz Kelley (1993-96)	19
	Kelly Hammond (2002-05)	19
	Lauren Alwine (2008-pres.)	19

GAME WINNING ASSISTS

1.	Shannon Foley (2003-pres.)	14
2.	Tania Jovanovic (1994-97)	10
	Jen Redmond (2005-08)	10
4.	Tracy DiMillio (1988-91)	9
5.	Andrea Rubio (1989-92)	8
	Noelle Keselica (2002-05)	8
	Lauren Alwine (2008-pres.)	8

SHUTOUTS

1.	Christina de Vries (2003-06)	31
2.	Sandra Kwitnieski (1989-92)	17
	Anne Abernethy (2001-03)	17
4.	Chantel Jones (2007-pres.)	15
5.	Becky Hornbacher (1993-94)	11
	Andrea Rippe (1987-90)	11
7.	Shelly Shreve (1985-88)	10

GOALS AGAINST AVERAGE

1.	Chantel Jones (2007-pres.)	0.44
2.	Christina de Vries (2003-06)	0.781
3.	Becky Hornbacher (1993-94)	0.789
4.	Andrea Rippe (1987-90)	0.794
5.	Celeste Miles (2005-08)	0.92

2009 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Carrie Wisman	GK	Fr.	5-4	Bristol, Va./Virginia
2	Kate Norbo	M	Fr.	5-6	Roanoke, Va./Patrick Henry
3	Molly McKeon	M/F	So.	5-8	Midlothian, Va./Collegiate School
4	Morgan Stith	D	Fr.	5-4	Montclair, N.J./Montclair
5	Lindsey Miller	M	Jr.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D	So.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F	Sr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Julia Roberts	M	Fr.	5-9	Frederick, Md./Urbana
9	Lauren Alwine	F	So.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Caroline Miller	F	Fr.	5-5	Rockville, Md./Walter Johnson
11	Katie Starsia	D/F	So.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	M/F	Sr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
13	Kiley Naylor	D	Fr.	5-6	Cincinnati, Ohio/Ursuline Academy
14	Amanda Stewart	D/F	Sr.	5-2	West Chester, Pa./Delaware County Christian
15	Blair Weymouth	D	Sr.	5-9	Holderness, N.H./The Holderness School
16	Maggie Kistner	D/M	So.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M	Jr.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	So.	5-5	The Colony, Texas/The Colony
19	Emily Carrollo	D/F	Fr.	5-6	Sussex, N.J./Pope John XXIII
20	Kika Toulouse	D/F	Jr.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	Jr.	5-9	McLean, Va./Langley
22	Emily Perrin	F	So.	5-9	Charlottesville, Va./Charlottesville (Vermont)
23	Erica Hollenberg	M/F	Fr.	5-2	Fairfax Station, Va./South County
24	Colleen Flanagan	M/D	Jr.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

Head Coach:

Steve Swanson (Michigan State '84/10th season)

Assistant Coaches:

Kerry Dziczkaniec (George Washington '93/fourth season)

Ron Raab (William & Mary '89/seventh season)

Student Assistant Coach:

Nikki Krzysik (Virginia '09/first season)

Team Manager:

Emily Klein (Virginia '13/first season)

Athletic Trainer:

Bill Parente (UCLA '96/eighth season)

Media Relations:

Steve Kirkland (Penn State '01/eighth season)

PRONUNCIATION GUIDE

7	Caitlin Miskel	(MISS-kull)
9	Lauren Alwine	(ALL-wine)
11	Katie Starsia	(STAR-sha)
12	Jess Rostedt	(ROSS-ted)
15	Blair Weymouth	(WAY-muth)
17	Sinead Farrelly	(shin-AID FAIR-ull-lee)
20	Kika Toulouse	(key-KA TOO-loose)
21	Meghan Lenczyk	(len-ZICK)
29	Chantel Jones	(SHANN-tel)
	Kerry Dziczkaniec	(diss-CONN-iss)
	Nikki Krzysik	(KRIZZ-ick)

MISCELLANEOUS STATS

GOAL SCORING

<u>By Minute</u>	<u>UVa</u>	<u>Opp</u>
1-15	4	1
16-30	3	1
31-45	3	0
46-60	4	0
61-75	8	0
76-90	0	2
OT	0	0

<u>How Scored</u>	<u>UVa</u>	<u>Opp</u>
Run of Play	19	3

Set Pieces	3	1
- Off Corner Kick	1	0
- Direct Free Kick	1	0
- Indirect of Free Kick	1	0
- Penalty Kick	0	1

Own Goals For	0	0
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Right Foot	12	4
Left Foot	6	0
Header	3	0
Other	1	0

0-6 yds out	4	1
6-18 yds out	16	3
18+ yds out	2	0

GAME SITUATION TIME

Game Tied: 256:29

Virginia Ahead: 320:61
 - By 1 goal: 98:32
 - By 2+ goals: 232:29

Opponent Ahead: 83:30
 - By 1 goal: 83:30
 - By 2+ goals: 0:00

RECORD BREAKDOWN

LOCATION

Home:	3-0-1
Away:	0-1-1
Neutral:	1-0-0

TIME OF DAY

Day:	3-0-1
Night:	1-1-1

DAY OF THE WEEK

Friday:	2-1-1
Sunday:	2-0-1

OPPONENTS

Ranked*:	0-1-1
Unranked:	4-0-1

** in Soccer America or NSCAA poll*

FIRST GOAL SCORED

Virginia:	4-0-2
Opponent:	0-1-0

AT HALFTIME

Virginia Ahead:	4-0-0
Tied:	0-0-2
Opponent Ahead:	0-1-0

MORE SHOTS

Virginia:	4-1-1
Opponent:	0-0-1
Tied:	0-0-0

UNIFORMS

White:	4-0-1
Blue:	0-1-0
Orange:	0-0-1

STREAKS

CONSECUTIVE GAMES WITH A GOAL

3	Jess Rostedt (8/28-8/30)
2	Lauren Alwine (8/28-8/30)
2	Meghan Lenczyk (8/28-8/30)
2	Caroline Miller (8/28-8/30)
2	Sinead Farrelly (8/30-9/4)

CONSECUTIVE GAMES WITH AN ASSIST

2	Lauren Alwine (8/28-8/30)
2	Caroline Miller (8/28-8/30)
2	Maggie Kistner (9/11-9/13) - ACTIVE

CONSECUTIVE GAMES WITH A POINT

3	Jess Rostedt (8/28-9/4)
2	Lauren Alwine (8/28-8/30)
2	Meghan Lenczyk (8/28-8/30)
2	Caroline Miller (8/28-8/30)
2	Kate Norbo (8/28-8/30)
2	Sinead Farrelly (8/30-9/4)
2	Maggie Kistner (9/11-9/13) - ACTIVE
2	Sinead Farrelly (9/11-9/13) - ACTIVE

CONSECUTIVE SHUTOUT STREAK

353:29 Chantel Jones (8/21-9/4)

2009 RESULTS

Date	Opponent	Result	Goals (Assists)	Goalkeeper of Record
8/21	at #6 Penn State	L 0-1	--	Jones (0-1-0)
8/28	Liberty	W 5-0	Lenczyk 1 (Alwine 1) C.Miller 1 (Roberts 1) Rostedt 1 (C.Miller 1, Carr) Alwine 1 (C. Miller 2, L.Miller 1) Norbo 1 (Stewart 1, C.Miller 3)	Jones (1-1-0)
8/30	Hofstra	W 7-0	Alwine 2 (Rostedt 1) Lenczyk 2 (Alwine 2) Farrelly 1 (unassisted) C.Miller 2 (Norbo 1, Alwine 3) C.Miller 3 (Lenczyk 1) Lenczyk 3 (C.Miller 4, Flanagan 1) Rostedt 2 (Alwine 4)	Jones (2-1-0)
9/4	vs. Arizona (1)	W 4-1	L. Miller 1 (Stewart 2) Rostedt 3 (Miskel 1) Farrelly 2 (Miskel 2) Toulouse 1 (unassisted)	Jones (3-1-0)
9/6	at Arizona State (1)	T 1-1 (2ot)	Alwine 3 (Lenczyk 2)	Jones (3-1-1)
9/11	#15 West Virginia (2)	T 1-1 (2ot)	Farrelly 3 (Kistner 1)	Jones (3-1-2)
9/13	Seton Hall (2)	W 4-0	Lenczyk 4 (Miskel 3) Lenczyk 5 (Fancher 1, Roberts 2) Rostedt 4 (Farrelly 1, Kistner 2) L. Miller 2 (Alwine 5)	Jones (4-1-2)

(1) Sun Devil Desert Classic (Tempe, Ariz.)

(2) Virginia Nike Soccer Classic (Charlottesville, Va.)