

# 2010 VIRGINIA WOMEN'S SOCCER GAME NOTES

**GAME**

**#1**



**#7 VIRGINIA CAVALIERS (0-0-0, 0-0-0 ACC)**

**vs. LIBERTY FLAMES (0-0-0, 0-0-0 Big South)**



**AUGUST 20, 2010 • KLÖCKNER STADIUM • CHARLOTTESVILLE, VA**

## TONIGHT'S GAME

- Virginia opens the 2010 season tonight as it hosts Liberty
- It marks the second consecutive year that the Cavaliers have met the Flames in their home opener

## SERIES HISTORY

- Virginia leads the all-time series 9-0-0, with all games played at Klöckner Stadium
- The Cavaliers have outscored the Flames 41-0 in the series
- This season marks the eighth consecutive year the teams have played
- Each of the last three meetings have been 5-0 UVa victories

## CAVALIERS IN SEASON OPENERS

- UVa is 21-3-1 all-time in season openers
- Virginia's nine-year winning streak in season openers was snapped last year with a 1-0 loss at Penn State

## CAVALIERS IN HOME OPENERS

- The Cavaliers have won their last 20 home openers
- Overall, UVa is 23-1-1 in home openers
- Over the past 10 years, Virginia has outscored opponents 41-0 in home openers

## AUGUST SUCCESS

- The Cavaliers are 19-1-0 all-time in the month of August
- Virginia has outscored its opponents 72-2 in those games
- The only loss in August came last year, a 1-0 loss at Penn State

## 'HOOS BACK

- The Cavaliers return 18 letterwinners, including 10 starters from last season
- The 10 returning starters is tied for the most in the ACC (Florida State)
- Among the returners are the Cavaliers' top four scorers from last season (Sinead Farrelly, Lauren Alwine, Caroline Miller, Meghan Lenczyk)

## IN THE RANKINGS

- Virginia: #7 (Soccer America), #9 (TopDrawerSoccer), #17 (NSCAA)
- Liberty: #59 (TopDrawerSoccer)

## PROBABLE STARTING LINEUP

POS	NO	NAME	YR	GP-GS	G-A-P*	OF NOTE
GK	29	Chantel JONES	Jr.	22-22	0.77 GAA	23 career shutouts ranks second in history
D	4	Morgan STITH	So.	22-22	0-0-0	Led UVa field players with 2003 min in 2009
D	13	Molly MENCHEL	Fr.	—	—	Started in exhibition vs. JMU on Sunday
D	18	Amanda FANCHER	Jr.	20-13	0-1-1	Three career assists
D	20	Kika TOULOUSE	Sr.	21-17	1-2-4	Moved to defender last season & started 17 games
M	5	Lindsey MILLER	Sr.	20-1	2-2-6	Scored goals vs. Arizona and Seton Hall last season
M	17	Sinead FARRELLY	Sr.	22-22	8-8-24	Preseason Hermann Trophy Watch List
M	24	Colleen FLANAGAN	Sr.	22-22	0-1-1	Spent time with the US U-23s this summer
F	9	Lauren ALWINE	Jr.	21-20	7-9-23	Ranks fifth in UVa history with 23 career assists
F	10	Caroline MILLER	So.	19-0	6-6-18	Third on the team in scoring in 2009
F	21	Meghan LENCZYK	Sr.	22-22	7-3-17	UVa active leader with 24 career goals

## 2010 SCHEDULE/RESULTS

Aug. 13	vs. #4 Notre Dame (ex) <sup>1</sup>	W 4-1
<b>Aug. 15</b>	<b>JAMES MADISON (ex)</b>	<b>T 1-1</b>
<b>Aug. 20</b>	<b>LIBERTY</b>	<b>7:00 pm</b>
<b>Aug. 22</b>	<b>COLGATE</b>	<b>2:00 pm</b>
Aug. 27	at #11 Penn State <sup>2</sup>	7:30 pm
Aug. 29	vs. Connecticut <sup>2</sup>	12:00 pm
<b>Sept. 3</b>	<b>RICHMOND</b>	<b>5:30 pm</b>
<b>Sept. 10</b>	<b>TEXAS<sup>3</sup></b>	<b>7:00 pm</b>
<b>Sept. 12</b>	<b>BOSTON UNIV.<sup>3</sup></b>	<b>2:00 pm</b>
Sept. 19	at West Virginia	1:00 pm
Sept. 23	at #17 Virginia Tech <sup>*</sup>	7:00 pm
Sept. 30	at #12 Maryland <sup>*</sup>	7:00 pm
<b>Oct. 3</b>	<b>#6 BOSTON COLLEGE<sup>*</sup></b>	<b>2:00 pm</b>
<b>Oct. 8</b>	<b>#2 NORTH CAROLINA<sup>*</sup></b>	<b>7:00 pm</b>
<b>Oct. 14</b>	<b>#24 DUKE<sup>*</sup></b>	<b>7:00 pm</b>
<b>Oct. 17</b>	<b>#15 WAKE FOREST<sup>*</sup></b>	<b>2:00 pm</b>
Oct. 21	at #9 Florida State <sup>*</sup>	7:00 pm
Oct. 24	at Miami <sup>*</sup>	1:00 pm
<b>Oct. 28</b>	<b>NC STATE<sup>*</sup></b>	<b>7:00 pm</b>
Oct. 31	at Clemson <sup>*</sup>	1:00 pm
Nov. 3-7	at ACC Tournament (Cary, N.C.)	

<sup>1</sup> Maple City, Mich.

<sup>2</sup> Penn State Invitational (University Park, Pa.)

<sup>3</sup> Virginia Nike Soccer Classic

<sup>\*</sup> ACC game

## MEDIA INFORMATION

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# 2010 VIRGINIA WOMEN'S SOCCER GAME NOTES

## RANKINGS

### SOCCER AMERICA

1.	Stanford	25-1-0
2.	<b>North Carolina</b>	<b>23-3-1</b>
3.	Portland	21-2-0
4.	Notre Dame	21-4-1
5.	UCLA	21-3-1
6.	<b>Boston College</b>	<b>18-4-2</b>
7.	<b>VIRGINIA</b>	<b>10-6-6</b>
8.	Texas A&M	15-7-3
9.	<b>Florida State</b>	<b>19-5-1</b>
10.	Santa Clara	14-7-2
11.	<b>Penn State</b>	<b>13-6-2</b>
12.	<b>Maryland</b>	<b>14-6-2</b>
13.	Florida	16-6-2
14.	BYU	18-4-2
15.	<b>Wake Forest</b>	<b>16-6-2</b>
16.	Wisconsin	10-6-5
17.	<b>Virginia Tech</b>	<b>16-8-0</b>
18.	Memphis	16-7-0
19.	Oklahoma State	15-7-2
20.	USC	12-6-3
21.	Dayton	16-1-6
22.	Marquette	15-5-3
23.	South Carolina	19-4-2
24.	<b>Duke</b>	<b>8-9-4</b>
25.	California	11-9-1

### NSCAA

1.	<b>North Carolina</b>	<b>23-3-1</b>
2.	Stanford	25-1-0
3.	UCLA	21-3-1
4.	Notre Dame	21-4-1
5.	Portland	21-2-0
6.	<b>Florida State</b>	<b>19-5-1</b>
7.	<b>Boston College</b>	<b>18-4-2</b>
8.	Texas A&M	15-7-3
9.	Santa Clara	14-7-2
10.	<b>Wake Forest</b>	<b>16-6-2</b>
11.	Florida	16-6-2
12.	South Carolina	19-4-2
13.	<b>Penn State</b>	<b>13-6-2</b>
14.	California	11-9-1
15.	<b>Virginia Tech</b>	<b>16-8-0</b>
16.	<b>Maryland</b>	<b>14-6-2</b>
17.	<b>VIRGINIA</b>	<b>10-6-6</b>
18.	Rutgers	14-4-4
19.	USC	12-6-3
20.	Wisconsin	10-6-5
21.	Washington State	14-6-2
22.	BYU	18-4-2
	Oklahoma State	15-7-2
24.	<b>West Virginia</b>	<b>10-7-6</b>
25.	UCF	17-5-1

### RANKINGS HISTORY

Date	SA	NSCAA	TDS
Pre	7	17	9

## LAST TIME OUT

- The Cavaliers concluded their preseason schedule with a 1-1 tie vs. James Madison at Klöckner Stadium
- Gloria Douglas scored the goal for Virginia

## FARRELLY HONORED

- Senior midfielder Sinead Farrelly has received several preseason honors
- Farrelly was one of 45 players named to the Preseason Hermann Trophy Watch List, announced by the NSCAA
- She was one of 25 players named as a Soccer America Preseason All-American

## VIRGINIA FOURTH IN ACC POLL

- The Cavaliers were fourth in the ACC coaches' preseason poll
- Virginia trailed North Carolina, Boston College and Florida State
- The Cavaliers received one first-place vote

## CHALLENGING SCHEDULE

- UVa will play eight teams ranked in the Soccer America preseason Top 25
- Three of those teams are ranked in the top 10 (#2 UNC, #6 BC, #9 FSU)
- Eight of the 11 ACC teams are ranked in the preseason Soccer America rankings

## RETURNING FIREPOWER

- The Cavaliers return their top four scorers from last season
- Sinead Farrelly led UVa in scoring last season with eight goals and eight assists for 24 points
- Lauren Alwine has led the team in assists in each of the past two seasons (14 in 2008, nine in 2009)

## RECORDS WATCH

- Chantel Jones ranks first in school history in GAA (0.59) and second in shutouts (23)
- Lauren Alwine ranks fifth in school history in both assists (23) and game-winning assists (8)

## UP NEXT

- The Cavaliers conclude the opening weekend of play on Sunday when they host Colgate at Klöckner Stadium
- Game time is set for 2 p.m.
- Virginia won the only previous meeting between the teams, 3-0, in 1996
- Colgate won the Patriot League title last year

# 2010 VIRGINIA WOMEN'S SOCCER GAME NOTES

## THE LAST TIME

### TEAM

Home Win:	11/1/09	2-0 vs. Miami	last home game
Home Loss:	9/30/09	1-2 vs. Va. Tech	4 home games ago
Away Win:	11/15/09	6-2 at Penn State	2 away games ago
Away Loss:	11/20/09	0-3 at UCLA	last away game
OT Win:	11/5/08	3-2 vs. Wake	9 OT games ago
OT Loss:	10/11/09	0-1 at BC	4 OT games ago
Conf. Win (Reg):	11/1/09	2-0 vs. Miami	last reg. season game
Conf. Win (Overall):	11/1/09	2-0 vs. Miami	2 ACC games ago
Conf. Loss (Reg):	10/17/09	1-2 at UNC	5 reg. season games ago
Conf. Loss (Overall):	10/17/09	1-2 at UNC	6 ACC games ago
Non-Conf. Win:	11/15/09	6-2 at Penn State	2 non-conf. games ago
Non-Conf. Loss:	11/20/09	0-3 at UCLA	last non-conf. game

### GOALS SCORED

0 goals:	11/20/09	0-3 at UCLA	last game
at least 1 goal:	11/15/09	6-2 at Penn State	2 games ago
at least 2 goals:	11/15/09	6-2 at Penn State	2 games ago
at least 3 goals:	11/15/09	6-2 at Penn State	2 games ago
at least 4 goals:	11/15/09	6-2 at Penn State	2 games ago
at least 5 goals:	11/15/09	6-2 at Penn State	2 games ago
at least 6 goals:	11/15/09	6-2 at Penn State	2 games ago
7+ goals:	8/30/09	7-0 vs. Hofstra	20 games ago

### GOALS ALLOWED

Shutout:	11/13/09	0-0 vs. St Johns	3 games ago
at least 1 goal:	11/20/09	0-3 at UCLA	last game
at least 2 goal:	11/20/09	0-3 at UCLA	last game
at least 3 goal:	11/20/09	0-3 at UCLA	last game
4+ goals:	10/24/08	1-5 vs. UNC	30 games ago

### INDIVIDUAL

Hat Trick:	10/5/08	Sinead Farrelly at Clemson	34 games ago
Multi-Goal Game:	11/15/09	Caroline Miller (2) at Penn State	2 games ago
5+ points:	8/30/09	Lauren Alwine (5) vs. Hofstra	20 games ago
	8/30/09	Meghan Lenczyk (5) vs. Hofstra	20 games ago
	8/30/09	Caroline Miller (5) vs. Hofstra	20 games ago
2+ assists:	11/15/09	Sinead Farrelly (2) at Penn State	2 games ago
Shutout:	11/13/09	Chantel Jones vs. St. John's	3 games ago

### INDIVIDUAL-AGAINST

Hat Trick:	11/25/05	Daneshia Adams, UCLA (4 goals)	91 games ago
Multi-Goal Game:	11/20/09	Sydney Leroux, UCLA (2)	last game
5+ points	10/24/08	Courtney Jones (5), North Carolina	30 games ago
2+ assists	10/24/08	Casey Nogueira (2), North Carolina	30 games ago
Shutout:	11/20/09	Chante' Sandiford, UCLA	last game

### AGAINST RANKED OPPONENTS\*

Last Ranked Win	11/15/09	W 6-2 at #9 Penn State	
- At Home	10/30/09	W 1-0 vs. #3 Florida State	
- On the Road	11/15/09	W 6-2 at #9 Penn State	
Last Top 10 Win	11/15/09	W 6-2 at #9 Penn State	
- At Home	10/30/09	W 1-0 vs. #3 Florida State	
- On the Road	11/15/09	W 6-2 at #9 Penn State	
Last Upset	11/15/09	W 6-2 at #9 Penn State (UVa was NR)	
- At Home	10/30/09	W 1-0 vs. #3 Florida State (UVa was NR)	
- On the Road	11/15/09	W 6-2 at #9 Penn State (UVa was NR)	
- Biggest Upset	10/30/09	W 1-0 vs. #3 Florida State (UVa was NR)	
Highest Ranked Win	9/12/03	W 4-1 vs. #3 Santa Clara	10/30/09
- At Home	9/12/03	W 4-1 vs. #3 Santa Clara	10/30/09
- On Road	9/25/05	W 1-0 at #7 Duke	W 1-0 vs. #3 Florida State
			W 1-0 vs. #3 Florida State

\* Soccer America Rankings

# 2010 VIRGINIA WOMEN'S SOCCER GAME NOTES

## CAREER STATISTICS

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
21	Meghan Lenczyk	68-43	3682	24	7	55	168	6	2
17	Sinead Farrelly	68-68	5720	18	15	51	127	8	5
9	Lauren Alwine	44-39	2916	13	23	49	80	3	8
10	Caroline Miller	19-0	807	6	6	18	35	1	0
5	Lindsey Miller	48-1	1214	4	3	11	28	0	0
16	Maggie Kistner	45-29	3102	3	4	10	42	1	1
20	Kika Toulouse	64-17	2709	2	2	6	39	1	1
2	Kate Norbo	20-2	543	2	2	6	12	0	0
24	Colleen Flanagan	57-50	3654	1	3	5	47	1	0
8	Julia Roberts	22-18	1302	0	3	3	16	0	0
6	Katie Carr	15-2	397	0	3	3	10	0	0
18	Amanda Fancher	27-13	1121	0	3	3	6	0	0
23	Erica Hollenberg	8-0	110	1	0	2	2	0	0
11	Katie Starsia	10-0	157	0	1	1	5	0	0
19	Emily Carrollo	20-11	1383	0	0	0	9	0	0
4	Morgan Stith	22-22	2003	0	0	0	0	0	0
3	Amber Fry	0-0							
7	Gloria Douglas	0-0							
12	Shasta Fisher	0-0							
13	Molly Menchel	0-0							
14	Emily Perrin	0-0							
22	Mary Morgan	0-0							

No.	Name	GP-GS	Min	GA	GAA	Saves	ShO	Record
29	Chantel Jones	45-45	4298	28	0.59	147	23	23-10-12
0	Carrie Wisman	1-0	10	0	0.00	0	0	0-0-0
1	Churchill O'Connell	0-0						
28	Danielle DeLisle	0-0						

## CAREER RECORDS

### GOALS

1.	Angela Hucles (1996-99)	59
2.	Lindsay Gusick (2001-04)	43
3.	Andrea Rubio (1989-92)	36
4.	Amanda Cromwell (1988-91)	35
	Janet Caswell (1984-87)	35
6.	Gayle Smith (1986-89)	34
7.	Lori Lindsey (1998-01)	33
8.	Kelly Hammond (2002-05)	32
	Jess Rostedt (2005-09)	32
10.	Kim Smith (1991-94)	30
	Darci Borski (1998-2002)	30

### ASSISTS

1.	Shannon Foley (2003-07)	36
2.	Andrea Rubio (1989-92)	30
3.	Sarah Huffman (2002-05)	28
4.	Noelle Keselica (2002-05)	26
5.	Lindsay Gusick (2001-04)	23
	Jennifer Rawlings (1994-97)	23
	<b>Lauren Alwine (2008-pres.)</b>	<b>23</b>
8.	Gayle Smith (1986-89)	22
9.	Dina Padula (1994-97)	21
10.	Angela Hucles (1996-99)	20

### GAME WINNING ASSISTS

1.	Shannon Foley (2003-07)	14
2.	Tania Jovanovic (1994-97)	10
	Jen Redmond (2005-08)	10
4.	Tracy DiMillio (1988-91)	9
5.	Andrea Rubio (1989-92)	8
	Noelle Keselica (2002-05)	8
	Caitlin Miskel (2006-09)	8
	<b>Lauren Alwine (2008-pres)</b>	<b>8</b>

### SHUTOUTS

1.	Christina de Vries (2003-06)	31
2.	<b>Chantel Jones (2007-pres.)</b>	<b>23</b>
3.	Sandra Kwitnieski (1989-92)	17
	Anne Abernethy (2001-03)	17
5.	Becky Hornbacher (1993-94)	11
	Andrea Rippe (1987-90)	11
7.	Shelly Shreve (1985-88)	10

### GOALS AGAINST AVERAGE

1.	<b>Chantel Jones (2007-pres.)</b>	<b>0.59</b>
2.	Christina de Vries (2003-06)	0.781
3.	Becky Hornbacher (1993-94)	0.789
4.	Andrea Rippe (1987-90)	0.794
5.	Celeste Miles (2005-08)	0.92

# 2010 VIRGINIA WOMEN'S SOCCER GAME NOTES

## 2010 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Carrie Wisman	GK	So.	5-4	Bristol, Va./Virginia
1	Churchill O'Connell	GK	Fr.	5-11	McLean, Va./The Potomac School
2	Kate Norbo	M	So.	5-6	Roanoke, Va./Patrick Henry
3	Amber Fry	F/M	Fr.	5-6	Northfield, Ill./New Trier
4	Morgan Stith	D	So.	5-4	Montclair, N.J./Montclair
5	Lindsey Miller	M	Sr.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D/M	Jr.	5-10	Williamsburg, Va./Walsingham Academy
7	Gloria Douglas	F	Fr.	5-9	Fayetteville, N.C./Fayetteville Academy
8	Julia Roberts	M	So.	5-9	Frederick, Md./Urbana
9	Lauren Alwine	F	Jr.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Caroline Miller	F	So.	5-5	Rockville, Md./Walter Johnson
11	Katie Starsia	D	Jr.	5-10	Rockville Centre, N.Y./South Side
12	Shasta Fisher	M/D	Fr.	5-7	Saugus, Calif./Saugus
13	Molly Menchel	F/D	Fr.	5-4	Alexandria, Va./Edison
14	Emily Perrin	F	So.	5-10	Charlottesville, Va./Charlottesville (Vermont)
16	Maggie Kistner	D/M	Jr.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M	Sr.	5-6	Havertown, Pa./Haverford
18	Amanda Fanher	D	Jr.	5-5	The Colony, Texas/The Colony
19	Emily Carrollo	F/D	So.	5-5	Sussex, N.J./Pope John XXIII
20	Kika Toulouse	D	Sr.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	Sr.	5-9	McLean, Va./Langley
22	Mary Morgan	F	Fr.	5-8	Norfolk, Va./Maury
23	Erica Hollenberg	F/M	So.	5-2	Fairfax Station, Va./South County
24	Colleen Flanagan	M/D	Sr.	5-4	Downingtown, Pa./Downingtown West
28	Danielle DeLisle	GK	Fr.	5-8	Baltimore, Md./Loch Raven
29	Chantel Jones	GK	Jr.	5-11	Midlothian, Va./Clover Hill

**Head Coach:**

Steve Swanson (Michigan State '84/11th season)

**Assistant Coaches:**

Kerry Dziczkaniec (George Washington '93/fifth season)

Ron Raab (William & Mary '89/eighth season)

**Volunteer Asst. Coach:**

Jen Bhalla (Rutgers '97/third season)

**Student Assistant Coach:**

Caitlin Miskel (Virginia '10/first season)

**Athletic Trainer:**

Bill Parente (UCLA '96/ninth season)

**Media Relations:**

Steve Kirkland (Penn State '01/ninth season)

### PRONUNCIATION GUIDE

0	Carrie Wisman	<b>(WISS-man)</b>
9	Lauren Alwine	<b>(ALL-wine)</b>
11	Katie Starsia	<b>(STAR-sha)</b>
17	Sinead Farrelly	<b>(shin-AID FAR-ill-lee)</b>
20	Kika Toulouse	<b>(key-KA TOO-loose)</b>
21	Meghan Lenczyk	<b>(len-ZICK)</b>
29	Chantel Jones	<b>(SHANN-tel)</b>
	Kerry Dziczkaniec	<b>(diss-CONN-iss)</b>
	Caitlin Miskel	<b>(MISS-kull)</b>