





#16 Virginia Cavaliers

3-1-2 (0-0 ACC)

VS.



Seton Hall Pirates

3-2-0 (0-0 Big East)

- Game #7
- Friday, September 13
- 2:00 pm
- Virginia Nike Soccer Classic
- Klöckner Stadium
- Charlottesville, Va.

Today's Game:

- •The Cavaliers are looking for a win after a pair of ties
- On Friday, Virginia played to a 1-1 ties with No. 15 West Virginia
- Seton Hall lost 1-0 (20t) to Dartmouth on Friday in the first game of the tourn.

Series History:

- Today is the second all-time meeting between the schools
- In the only previous meeting, the Pirates upset Virginia 1-0 at Klöckner Stadium as part of the 2006 Virginia Nike Soccer Classic

Tournament History:

- Virginia is hosting a tournament for the 22nd time this season
- •The Cavaliers have won the title 12 times and have finished second seven times
- UVa won the title in each of the past two seasons
- The Cavaliers defeated William & Mary and Dartmouth to win the title last year
- Seton Hall's 2006 win over Virginia came in the tournament

Offensive Explosion:

- Despite being shutout in the opener, UVa's 18 goals through the first five games of the season ranks second in school history through six games
- The Cavaliers have eight different goalscorers and 14 different players with a point this season

Different Looks:

- In each of the first six games of the season, the Cavaliers have used a different starting lineup
- 14 different Cavaliers have had a start this season

2009 Schedule/Results

8/14	vs. #5 Notre Dame (ex)	T 3-3
8/16	GEORGETOWN (ex)	W 5-1
8/21	at #6 Penn State	L 0-1
8/28	LIBERTY	W 5-0
8/30	HOFSTRA	W 7-0
9/4	vs. Arizona %	W4-1
9/6	at Arizona State %	T 1-1 (2ot)
9/11	#15 WEST VIRGINIA ^	T 1-1 (2ot)
9/13	SETON HALL ^	2:00 pm
9/20	AMERICAN	2:00 pm
9/24	at NC State *	7:00 pm
9/27	CLEMSON *	2:00 pm
9/30	VIRGINIA TECH *	7:00 pm
10/8	#18 MARYLAND*	7:00 pm
10/11	at #5 Boston College *	1:00 pm
10/17	at #1 North Carolina *	1:00 pm
10/22	at Duke*	7:00 pm
10/25	at #10 Wake Forest *	1:00 pm
10/30	#4 FLORIDA STATE *	7:00 pm
11/1	MIAMI*	2:00 pm
11/4-8	at ACC Tournament (Cary, N	.C.)

- * ACC Match
- % Sun Devil Desert Classic (Tempe, Ariz.)
- ^ Virginia Nike Soccer Classic

Probable Starting Lineup

No.	Pos.	Name	GP-GS	G-A-P	Notable
29	GK	Chantel Jones	6-6	0.62 GAA	Two shutouts this season
4	D	Morgan Stith	6-6	0-0-0	Started all five games of career
16	D	Maggie Kistner	6-6	0-1-1	Three goals as a forward in 2008
20	D	Kika Toulouse	6-4	1-0-2	Scored goal vs. Arizona
19	D	Emily Carrollo	6-2	0-0-0	ASU All-Tournament Team
24	M	Colleen Flanagan	6-6	0-1-1	34 career starts
8	M	Julia Roberts	6-6	0-1-1	#4 ranked recruit by Top Drawer Soccer
17	M	Sinead Farrelly	6-6	3-0-6	Hermann Trophy Watch List
7	F	Caitlin Miskel	5-5	0-2-2	Two assists vs. Arizona
21	F	Meghan Lenczyk	6-6	3-2-8	Hat Trick in exh. vs. Georgetown
9	F	Lauren Alwine	6-6	3-4-10	14 assists led the ACC in 2008

Media Information

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Soccer America Rankings							
1.	North Carolina	5-0-0					
2.	Stanford	5-0-0					
3.	Portland	5-0-0					
4.	Florida State	5-0-0					
5.	Boston College	4-0-0					
6.	UCLA	3-1-1					
7.	Notre Dame	3-1-0					
8.	Purdue	4-0-0					
9.	California	3-1-0					
10.	Wake Forest	4-0-0					
11.	Rutgers	4-0-1					
12.	Indiana	5-0-0					
13.	Kansas	5-0-0					
14.	Florida	3-2-0					
15.	West Virginia	2-1-2					
16.	VIRGINIA	3-1-1					
17.	Georgia	4-0-1					
18.	Maryland	5-0-0					
19.	Michigan State	3-0-1					
20.	Illinois	3-1-1					
21.	Texas A&M	2-2-0					
22.	William & Mary	3-1-0					
23.	Penn State	2-3-0					
24.	UAB	6-0-0					
25.	Pittsburgh	5-0-0					
	South Carolina	4-0-0					
	Vanderbilt	5-0-0					
NGGAAD II							

NSCAA Poli

110014	1 1 UII	
1.	North Carolina	5-0-0
2.	Portland	5-0-0
3.	Stanford	5-0-0
4.	Florida State	5-0-0
5.	Notre Dame	3-1-0
6.	UCLA	3-1-1
7.	Purdue	4-0-0
8.	Wake Forest	6-0-0
9.	VIRGINIA	3-1-1
10.	Boston College	4-0-0
11.	Illinois	3-1-1
12.	West Virginia	2-1-2
13.	Texas A&M	2-2-0
14.	Florida	3-2-0
15.	Georgia	4-0-1
16.	California	3-1-0
17.	Rutgers	4-0-1
18.	South Carolina	4-0-0
19.	Oklahoma State	3-1-0
20.	Colorado	3-2-0
21.	San Diego	3-2-1
22.	Kansas	5-0-0
23.	Minnesota	3-1-1
24.	Penn State	2-3-0
25.	Indiana	5-0-0

Rankings History

Week	SA	NSCAA	TDS	Times
Pre	11	9	10	8
8/24	14	10	10	12
8/31	11	8	8	11
9/7	16	9	7	9

Last Time Out:

- · Virginia and West Virginia played to a 1-1 tie Friday night
- Sinead Farrelly scored her third goal of the season
- It was Virginia's second consecutive 1-1 tie

In the Rankings:

- Virginia: #16 (Soccer America), #9 (NSCAA, Soccer Times), #7 (Top Drawer Soccer)
- Seton Hall: not ranked

2009 Accolades:

- Sinead Farrelly: Hermann Trophy Watch List, ASU Tournament Offensive MVP
- Caroline Miller: ACC Player of the Week (9/1), Top Drawer Soccer National Player of the Week (8/31), Soccer America Team of the Week (8/31)
- Caitlin Miskel: ASU All-Tournament Team
- Emily Carrollo: ASU All-Tournament Team

Miller Honored:

- Freshman forward Caroline Miller was named ACC Co-Player of the Week, the Top Drawer Soccer National Player of the Week and a member of the Soccer America Team of the Week on Aug. 31
- She had a goal and three assists vs. Liberty and two goals and one assist vs. Hofstra

Alwine Assists:

- Lauren Alwine is tied for the team lead in assists with four this season
- · Last season she tied the school record for assists in a season with 14
- Her career total of 18 is halfway to Shannon Foley's school record of 36 in a career, although Alwine is just three games into her sophomore season

Cavaliers Fourth in ACC Poll:

- Virginia was fourth in the ACC coaches' preseason poll
- The Cavaliers trailed North Carolina, Florida State and Boston College
- It marked the first time in nine years that UVa hasn't been in the poll's top three

Challenging Schedule:

- Virginia will play six opponents ranked in the Soccer America preseason Top 25
- Four of those opponents (#1 UNC, #6 PSU, #7 FSU, #8 BC) are in the Top 10
- Of the six ranked opponents, the Cavaliers will play four on the road

Returning Firepower:

- Virginia returns its leading goal scorer from last year (Meghan Lenczyk 11)
- UVa returns the ACC's assist leader from last year (Lauren Alwine 14)
- UVa returns its three leadling scorers from last year (Alwine - 26, Lenczyk - 23, Sinead Farrelly - 13)

Up Next:

• The Cavaliers return to action next week as they host American at 2 p.m. on Sunday, Sept. 20



THE LAST TIME

IIIL LASI IIIVIL	•				
TEAM Home Win: Home Loss: Away Win: Away Loss: OT Win: OT Loss: Conf. Win (Reg) Conf. Win (Overall): Conf. Loss (Reg): Conf. Loss (Overall): Non-Conf. Win: Non-Conf. Loss:	8/30/09 11/22/08 10/16/08 8/21/09 11/5/08 11/23/07 10/19/08 11/5/08 11/2/08 11/2/08 9/4/09 8/21/09	7-0 vs. Hofstra 0-2 vs. Duke 3-2 at Maryland 0-1 at Penn State 3-2 vs. Wake 1-2 at UCLA 2-1 vs. BC 3-2 vs. Wake 0-1 vs. Wake 0-2 vs. Duke 4-1 vs. Arizona 0-1 at Penn State	2 vs. Duke 4 home games ago 2 at Maryland 3 away games ago 1 at Penn State 2 away games ago 2 vs. Wake 4 OT games ago 1 vs. BC 4 reg. season ACC ga 2 vs. Wake 3 ACC games ago 1 vs. Wake last ACC reg. season 2 vs. Duke 1 vs. Arizona 3 non-conf. games ago		
GOALS SCORED O goals: at least 1 goal: at least 2 goals: at least 3 goals: at least 4 goals: at least 5 goals: at least 6 goals: 7+ goals:	8/21/09 9/11/09 9/4/09 9/4/09 9/4/09 8/30/09 8/30/09 8/30/09	0-1 at Penn State 1-1 vs. West Va. 4-1 vs. Arizona 4-1 vs. Arizona 4-1 vs. Arizona 7-0 vs. Hofstra 7-0 vs. Hofstra 7-0 vs. Hofstra	6 games ago last game 3 games ago 3 games ago 3 games ago 4 games ago 4 games ago 4 games ago		
GOALS ALLOWED Shutout: at least 1 goal: at least 2 goal: at least 3 goal: 4+ goals:	8/30/09 9/11/09 11/22/08 10/24/08 10/24/08	7-0 vs. Hofstra 1-1 vs. West. Va. 0-2 vs. Duke 1-5 vs. UNC 1-5 vs. UNC	4 games ago last game 7 games ago 14 games ago 14 games ago		
INDIVIDUAL Hat Trick: Multi-Goal Game: 5+ points: 2+ assists: Shutout:	10/5/08 8/30/09 8/30/09 8/30/09 8/30/09 8/30/09 9/4/09 8/30/09	Meghan Lenczyk (2) Caroline Miller (2) vs Lauren Alwine (5) vs Meghan Lenczyk (5) Caroline Miller (5) vs	Sinead Farrelly at Clemson Meghan Lenczyk (2) vs. Hofstra Caroline Miller (2) vs. Hofstra Lauren Alwine (5) vs. Hofstra Meghan Lenczyk (5) vs. Hofstra Caroline Miller (5) vs. Hofstra Caitlin Miskel (2) vs. Arizona		
INDIVIDUAL-AGAIN Hat Trick: Multi-Goal Game: 5+ points 2+ assists Shutout:	11/25/05 11/16/08 10/24/08 10/24/08 8/21/09	Danesha Adams, UC Deanna Everrett (2), Courtney Jones (5), I Casey Nogueira (2), Alyssa Naeher, Penn	West Virginia North Carolina North Carolina	75 games ago 8 games ago 14 games ago 14 games ago 6 games ago	
AGAINST RANKED (Last Ranked Win - At Home - On the Road	DPPONENTS 11/16/08 11/16/08 9/25/08	* W 3-2 vs. #15 West V W 3-2 vs. #15 West V W 1-0 at #8 Florida S	irginia		
Last Top 10 Win - At Home - On the Road	9/25/08 9/29/05 9/25/08	W 1-0 at #8 Florida S W 1-0 vs. #10 Florida W 1-0 at #8 Florida S	State		
Last Upset - At Home - On the Road - Biggest Upset	9/25/08 9/21/06 9/25/08 11/10/06	W 1-0 at #8 Florida S W 2-1 vs. #14 Wake F W 1-0 at #8 Florida S W 2-0 vs. #9 West Vir	Forest (UVa at #16) State (UVa at #15)		
Highest Ranked Win - At Home - On Road	9/12/03 9/12/03 9/25/05	W 4-1 vs. #3 Santa C W 4-1 vs. #3 Santa C W 1-0 at #7 Duke			

^{*} Soccer America Rankings



CAREER STATISTICS

No.	Name	GP-GS	Min	G	Α	Pts.	Shots	GWG	GWA
12	Jess Rostedt	65-54	4489	28	11	67	200	11	5
21	Meghan Lenczyk	52-27	2790	20	6	46	129	5	2
9	Lauren Alwine	29-25	1917	9	18	36	50	3	6
17	Sinead Farrelly	52-52	4343	13	7	33	92	5	3
7	Caitlin Miskel	72-62	4404	7	15	29	80	1	7
14	Amanda Stewart	60-5	1595	2	12	16	19	0	1
10	Caroline Miller	5-0	279	3	4	10	19	0	0
16	Maggie Kistner	29-13	1693	3	3	9	39	1	1
5	Lindsey Miller	33-0	782	3	2	8	21	0	0
24	Colleen Flanagan	41-34	2366	1	3	5	30	1	0
20	Kika Toulouse	49-4	1426	2	0	4	29	1	0
2	Kate Norbo	5-0	125	1	1	3	5	0	0
6	Katie Carr	11-2	315	0	3	3	7	0	0
3	Molly McKeon	11-0	180	1	0	2	5	0	0
18	Amanda Fancher	13-4	377	0	2	2	1	0	0
11	Katie Starsia	6-0	118	0	1	1	4	0	0
8	Julia Roberts	6-6	349	0	1	1	5	0	0
19	Emily Carrollo	6-2	426	0	0	0	2	0	0
4	Morgan Stith	6-6	522	0	0	0	0	0	0
13	Kiley Naylor	3-1	143	0	0	0	0	0	0
15	Blair Weymouth	3-0	57	0	0	0	0	0	0
23	Erica Hollenberg	1-0	12	0	0	0	0	0	0
22	Emily Perrin	0-0							

No.	Name	GP-GS	Min	GA	GAA	Save	s ShO	Record
29	Chantel Jones	29-29	2785	14	0.45	91	15	16-5-8
0	Carrie Wisman	0-0						



2009 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Carrie Wisman	GK	Fr.	5-4	Bristol, Va./Virginia
2	Kate Norbo	M	Fr.	5-6	Roanoke, Va./Patrick Henry
3	Molly McKeon	M/F	So.	5-8	Midlothian, Va./Collegiate School
4	Morgan Stith	D	Fr.	5-4	Montclair, N.J./Montclair
5	Lindsey Miller	M	Jr.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D	So.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F	Sr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Julia Roberts	M	Fr.	5-9	Frederick, Md./Urbana
9	Lauren Alwine	F	So.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Caroline Miller	F	Fr.	5-5	Rockville, Md./Walter Johnson
11	Katie Starsia	D/F	So.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	M/F	Sr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
13	Kiley Naylor	D	Fr.	5-6	Cincinnati, Ohio/Ursuline Academy
14	Amanda Stewart	D/F	Sr.	5-2	West Chester, Pa./Delaware County Christian
15	Blair Weymouth	D	Sr.	5-9	Holderness, N.H./The Holderness School
16	Maggie Kistner	D/M	So.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M	Jr.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	So.	5-5	The Colony, Texas/The Colony
19	Emily Carrollo	D/F	Fr.	5-6	Sussex, N.J./Pope John XXIII
20	Kika Toulouse	D/F	Jr.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	Jr.	5-9	McLean, Va./Langley
22	Emily Perrin	F	So.	5-9	Charlottesville, Va./Charlottesville (Vermont)
23	Erica Hollenberg	M/F	Fr.	5-2	Fairfax Station, Va./South County
24	Colleen Flanagan	M/D	Jr.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

Head Coach: Steve Swanson (Michigan State '84/10th season)

Assistant Coaches: Kerry Dziczkaniec (George Washington '93/fourth season)

Ron Raab (William & Mary '89/seventh season)

Student Assistant Coach: Nikki Krzysik (Virginia '09/first season) **Team Manager:** Emily Klein (Virginia '13/first season) **Athletic Trainer:** Bill Parente (UCLA '96/eighth season)

Media Relations: Steve Kirkland (Penn State '01/eighth season)

PRONUNCIATION GUIDE

7	Caitlin Miskel	(MISS-kull)
9	Lauren Alwine	(ALL-wine)
11	Katie Starsia	(STAR-sha)
12	Jess Rostedt	(ROSS-ted)
15	Blair Weymouth	(WAY-muth)
17	Cinaad Farrally	(chin AID EA

Sinead Farrelly
 Kika Toulouse
 (shin-AID FAIR-ull-lee)
 (key-KA TOO-loose)

21 Meghan Lenczyk
29 Chantel Jones (SHANN-tel)
Kerry Dziczkaniec Nikki Krzysik (KRIZZ-ick)





MISCELLANEOUS STATS

GOAL SCORING

By Minute	UVa	Орр
1-15	3	1
16-30	1	1
31-45	3	0
46-60	3	0
61-75	8	0
76-90	0	2
OT	0	0

How Scored Run of Play	UVa 15	Opp 3
Set Pieces - Off Corner Kick - Direct Free Kick - Indirect of Free Kick - Penalty Kick	3 1 1 1 0	1 0 0 0 1
Own Goals For	0	0
Right Foot Left Foot Header Other	10 5 2 1	4 0 0 0
0-6 yds out 6-18 yds out 18+ yds out	4 12 2	1 3 0

GAME SITUATION TIME

Game Tied:	245:11
Virginia Ahead: -By 1 goal: -By 2+goals:	241:19 <i>90:37</i> <i>161:42</i>
Opponent Ahead: -By 1 goal: -By 2+goals:	83:30 83:30 0:00

RECORD BREAKDOWN

LOCATION Home: 2-0-1 Away: 0-1-1 Neutral: 1-0-0

TIME OF DAY

Day:	2-0-1
Night:	1-1-1

DAY OF THE WEEK

Friday:	2-1-1
Sunday:	1-0-1

OPPONENTS

Ranked*:	0-1-1
Unranked:	3-0-1

^{*}in Soccer America or NSCAA poll

FIRST GOAL SCORED

Virginia:	3-0-2
Opponent:	0-1-0

AT HALFTIME Virginia Abaad.

virginia Anead:	3-0-0
Tied:	0-0-2
Opponent Ahead:	0-1-0

MORE SHOTS

Virginia:	3-1-1
Opponent:	0-0-1
Tied:	0-0-0

UNIFORMS

White:	3-0-1
Blue:	0-1-0
Orange:	0-0-1

STREAKS

CONSECUTIVE GAMES WITH A GOAL

- Jess Rostedt (8/28-8/30)
- Lauren Alwine (8/28-8/30)
- Meghan Lenczyk (8/28-8/30)
- Caroline Miller (8/28-8/30)
- Sinead Farrelly (8/30-9/4)

CONSECUTIVE GAMES WITH AN ASSIST

- Lauren Alwine (8/28-8/30)
- Caroline Miller (8/28-8/30)

CONSECUTIVE GAMES WITH A POINT

- Jess Rostedt (8/28-9/4)
- Lauren Alwine (8/28-8/30)
- 2 Meghan Lenczyk (8/28-8/30)
- 2 Caroline Miller (8/28-8/30)
- 2 Kate Norbo (8/28-8/30)
- Sinead Farrelly (8/30-9/4)

CONSECUTIVE SHUTOUT STREAK

353:29 Chantel Jones (8/21-9/4)



2009 Women's Soccer Game Notes

2009 RESULTS

Date	Opponent	Result	Goals (Assists)	Goalkeeper of Record
8/21	at #6 Penn State	L 0-1		Jones (0-1-0)
8/28	Liberty	W 5-0	Lenczyk 1 (Alwine 1)	Jones (1-1-0)
	•		C.Miller 1 (Roberts 1)	
			Rostedt 1 (C.Miller 1, Carr)	
			Alwine 1 (C. Miller 2, L.Miller 1)	
			Norbo 1 (Stewart 1, C.Miller 3)	
8/30	Hofstra	W 7-0	Alwine 2 (Rostedt 1)	Jones (2-1-0)
			Lenczyk 2 (Alwine 2)	
			Farrelly 1 (unassisted)	
			C.Miller 2 (Norbo 1, Alwine 3)	
			C.Miller 3 (Lenczyk 1)	
			Lenczyk 3 (C.Miller 4, Flanagan 1)	
			Rostedt 2 (Alwine 4)	
9/4	vs. Arizona (1)	W 4-1	L. Miller 1 (Stewart 2)	Jones (3-1-0)
			Rostedt 3 (Miskel 1)	
			Farrelly 2 (Miskel 2)	
			Toulouse 1 (unassisted)	
9/6	at Arizona State (1)	T 1-1 (2ot)	Alwine 3 (Lenczyk 2)	Jones (3-1-1)
9/11	#15 West Virginia (2)	T 1-1 (2ot)	Farrelly 3 (Kistner 1)	Jones (3-1-2)

⁽¹⁾ Sun Devil Desert Classic (Tempe, Ariz.)(2) Virginia Nike Soccer Classic (Charlottesville, Va.)