



2008 VIRGINIA WOMEN'S SOCCER



#9 VIRGINIA (6-0-1, 0-0-0 ACC)
at
#15 WEST VIRGINIA (5-1-2, 1-0-0 Big East)



SCHEDULE/RESULTS

Date	Opponent	Time/Res.
A22	LOYOLA (Md.)	W 4-0
A29	LIBERTY	W 5-0
A31	VCU	W 5-0

S5	at Georgia %	W 1-0
S7	vs. Auburn %	T 1-1
S12	WILLIAM & MARY ^	W 2-1
S14	DARTMOUTH ^	W 2-1
S21	at #15 West Virginia	2 p.m.
S25	at #8 Florida State *	7 p.m.
S28	at Miami *	1 p.m.

O2	NC STATE *	7 p.m.
O5	at Clemson *	1 p.m.
O9	at Virginia Tech *	7 p.m.
O16	at Maryland *	7 p.m.
O19	#10 BOSTON COLLEGE *	1 p.m.
O24	#6 NORTH CAROLINA *	7 p.m.
O30	#13 DUKE *	7 p.m.

N2	#14 WAKE FOREST *	2 p.m.
N5-9	at ACC Tournament (Cary, N.C.)	

* ACC match
% Georgia Nike Invitational/Athens, Ga.
^ Virginia Nike Soccer Classic

Rankings are Soccer America of time of the game or current for future opponents

Game #8 • Sept. 21, 2008 • Dick Dlesk Stadium • Morgantown, W.Va.

Today's Game

- The Cavaliers conclude the non-conference portion of their schedule Sunday as they visit West Virginia
- UVa is looking to go unbeaten in non-conference play for the first time since 2004

About the Cavaliers

- The Cavaliers are 6-0-1 this season, outscoring opponents 20-3
- Meghan Lenczyk leads UVa in scoring with six goals
- Celeste Miles posted shutouts in her first four career starts

About the Mountaineers

- West Virginia is 5-1-2 this season
- The Mountaineers are coming off a 4-0 win over Pittsburgh on Thursday in their Big East opener
- West Virginia is 3-0-1 at home this season

Series History

- Virginia leads the all-time series 7-1-1 (2-0-1 in Morgantown)
- The Cavaliers are 6-0-1 against West Virginia in the last seven meetings
- Last year UVa won 3-0 at Klöckner Stadium, the most lopsided game in the series

In The Rankings

- Virginia: #9 (Soccer America), #7 (NSCAA), #6 (Soccer Buzz), #8 (Soccer Times)
- WVU: #15 (Soccer America), #14 (NSCAA), #17 (Soccer Buzz), #18 (Soccer Times)

Non-Conference Success

- Virginia enters the game with a 6-0-1 record this year against non-conference opponents
- The last time Virginia went undefeated in the non-conference was the 2004 season (8-0-0)
- The Cavaliers also were undefeated in non-conference play in 1990, 1995 and 1997

Probable Starting Lineup

No.	Pos.	Name	GP-GS	G-A-P	Notable
0	GK	Celeste Miles	7-7	0-42 GAA	Shutouts in 1st four career starts
23	D	Nikki Krzysik	7-7	2-0-4	Preseason All-American
2	D	Sarah Senty	7-7	0-3-3	3 assists already are a career high
19	D	Alex Singer	7-7	0-1-1	Played career high 1937 min in '07
8	D	Alli Fries	7-7	1-2-4	vs. VCU, scored 1st goal since 2005
16	M	Maggie Kistner	7-5	1-0-2	1st career goal vs. VCU
17	M	Sinead Farrelly	7-7	0-2-2	2007 1st Team All-ACC
10	M	Kelly Quinn	7-7	4-0-8	Career High 2 goals vs. Loyola
7	F	Caitlin Miskel	7-7	2-1-5	Career high 6 assists last year
9	F	Lauren Alwine	7-6	1-5-7	Goal and assist vs. W&M
21	F	Meghan Lenczyk	7-3	6-1-13	Hat trick vs. Liberty

MEDIA INFORMATION

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Spreading the Wealth

- Through the first seven games of the season, Virginia has 17 different players with a point
- The number already equals the Cavaliers' number of point scorers last year
- That list includes 10 different goal scorers

Lenczyk Scores Hat Trick vs. Liberty

- Meghan Lenczyk had a career-high three goals in the 5-0 win over Liberty
- It was the first hat trick by a Cavalier since 2004 (Kelly Hammond vs. JMU)
- It was ninth hat trick in school history

Cavaliers Third in Preseason ACC Poll

- Virginia trailed North Carolina and Florida State
- Boston College, Wake Forest, Duke, Miami, Maryland, Virginia Tech, Clemson and NC State follow
- Eighth consecutive year Virginia has been in the top three of the poll

Klöck-work at Home

- The Cavaliers are on a 18-game home unbeaten streak (16-0-2)
- Last year Virginia went undefeated at home (11-0-2) for the first time in history
- Since 2001, Virginia 72-10-7 at Klöckner Stadium

Three Named to Teams of the Week

- Kelly Quinn was named to the Soccer America Team of the Week on Aug. 25
- She was honored after scoring a career-high two goals in the season opening 4-0 win over Loyola
- Nikki Krzysik was named to the Soccer Buzz Team of the Week on Aug. 25
- She had a goal in the win over Loyola
- Lauren Alwine was named to the Soccer America Team of the Week on Sept. 15
- She had a goal and two assists to be named the MVP of the Virginia Nike Soccer Classic the weekend before

Krzysik Named to Hermann Watch List

- Nikki Krzysik was one of 47 players named to the Hermann Trophy Watch List
- It is the second consecutive year she has been named to the list
- The list of 15 semifinalists will be named in November

Krzysik Named Preseason All-American

- Nikki Krzysik was named a 1st Team Preseason All-American by Soccer America
- She was also a 1st Team Preseason All-American by Soccer Buzz

Challenging Schedule

- Six opponents are currently ranked by Soccer America
- 12 opponents played in last year's NCAA Tournament

Hucles Golden Again

- Former Cavalier Angela Hucles (96-99) won her second Olympic gold medal with the US Women's National Team
- Hucles started all six games for the Americans and led the team with four goals at the Olympics

Up Next

- The Cavaliers open ACC play on Thursday, Sept. 25 as they visit No. 8 Florida State

RANKINGS

SOCCER AMERICA

1.	Notre Dame	6-0-0
2.	UCLA	5-0-1
3.	Stanford	6-0-1
4.	Portland	6-1-0
5.	USC	6-1-0
6.	North Carolina	5-1-1
7.	Texas	5-0-1
8.	Florida State	5-1-1
9.	VIRGINIA	6-0-1
10.	Boston College	6-1-0
11.	LSU	5-0-0
12.	Texas A&M	5-1-0
13.	Duke	6-1-0
14.	Wake Forest	6-1-0
15.	West Virginia	4-1-2
16.	Penn State	5-2-0
17.	Oklahoma State	5-0-0
18.	UCF	5-1-1
19.	Florida	4-1-1
20.	South Carolina	5-0-2
21.	Brown	2-1-1
22.	California	5-1-0
23.	Colorado College	6-0-1
24.	UC Santa Barbara	5-2-0
25.	UNLV	6-1-1

NSCAA

1.	Notre Dame	6-0-0
2.	UCLA	5-0-1
3.	North Carolina	5-1-1
4.	USC	6-1-0
5.	Portland	6-1-0
6.	Stanford	6-0-1
7.	VIRGINIA	6-0-1
8.	Texas A&M	5-1-0
9.	Florida State	5-1-1
10.	Texas	5-0-1
11.	Duke	6-1-0
12.	Boston College	6-1-0
13.	Oklahoma State	6-0-0
14.	West Virginia	4-1-2
15.	Wake Forest	6-1-0
16.	Florida	4-1-1
17.	Penn State	5-2-0
18.	California	5-1-0
19.	Villanova	7-0-0
20.	UC Santa Barbara	5-2-0
21.	Colorado	5-1-1
22.	South Carolina	5-0-2
23.	Illinois	4-3-0
24.	San Diego	5-2-0
25.	Kansas	5-1-0

SEASON HISTORY

Week	SA	NSCAA	ST	Buzz
Pre	7	6	8	6
8/25	7	7	8	6
9/1	7	6	8	5
9/8	9	9	9	7
9/15	9	7	8	6



2008 VIRGINIA WOMEN'S SOCCER

THE LAST TIME

TEAM

Home Win:	9/14/08	2-1 vs. Dartmouth	last home game
Home Loss:	10/20/06	0-1 vs. BC	19 home games ago
Away Win:	9/5/08	1-0 at Georgia	last away game
Away Loss:	11/23/07	1-2 at UCLA	2 away games ago
OT Win:	10/7/07	1-0 vs. Miami	7 OT games ago
OT Loss:	11/23/07	1-2 at UCLA	2 OT games ago
Conf. Win (Reg)	10/25/07	3-0 vs. Maryland	3 reg. season ACC games ago
Conf. Win (Overall):	10/25/07	3-0 vs. Maryland	5 ACC games ago
Conf. Loss (Reg):	11/2/07	0-1 at UNC	last ACC reg. season game
Conf. Loss (Overall):	11/2/07	0-1 at UNC	3 ACC games ago
Non-Conf. Win:	9/14/08	2-1 vs. Dartmouth	last non-conf. game
Non-Conf. Loss:	11/23/07	1-2 at UCLA	8 non-conf. games ago

GOALS SCORED

0 goals:	11/7/07	0-0 vs. Miami	12 games ago
at least 1 goal:	9/14/08	2-1 vs. Dartmouth	last game
at least 2 goals:	9/14/08	2-1 vs. Dartmouth	last game
at least 3 goals:	8/31/08	5-0 vs. VCU	5 games ago
at least 4 goals:	8/31/08	5-0 vs. VCU	5 games ago
at least 5 goals:	8/31/08	5-0 vs. VCU	5 games ago
at least 6 goals:	9/15/06	6-0 vs. Vermont	46 games ago
7+ goals:	9/18/05	9-0 vs. Richmond	71 games ago

GOALS ALLOWED

Shutout:	9/5/08	1-0 at Georgia	4 games ago
at least 1 goal:	9/14/08	2-1 vs. Dartmouth	last game
at least 2 goal:	11/23/07	1-2 at UCLA	8 games ago
at least 3 goal:	11/25/05	0-5 at UCLA	53 games ago
4+ goals:	11/25/05	0-5 at UCLA	53 games ago

INDIVIDUAL

Hat Trick:	8/29/08	Meghan Lenczyk vs. Liberty	6 games ago
Multi-Goal Game:	8/29/08	Meghan Lenczyk (3) vs. Liberty	6 games ago
5+ points:	8/29/08	Meghan Lenczyk (6) vs. Liberty	6 games ago
2+ assists:	8/31/08	Sinead Farrelly (2) vs. VCU	5 games ago
Shutout:	9/5/08	Celeste Miles at Georgia	4 games ago

INDIVIDUAL-AGAINST

Hat Trick:	11/25/05	Daneshia Adams, UCLA (4 goals)	53 games ago
Multi-Goal Game:	11/25/05	Daneshia Adams (4), UCLA	53 games ago
5+ points:	11/25/05	Daneshia Adams (8), UCLA	53 games ago
2+ assists:	11/25/05	Christina DiMartino (2), UCLA	53 games ago
	11/25/05	Iris Mora (2), UCLA	53 games ago
Shutout:	11/7/07	Lauren McAdam, Miami	12 games ago



2008 VIRGINIA WOMEN'S SOCCER

CAREER STATISTICS

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
12	Jess Rostedt	43-40	3068	22	9	53	144	10	4
10	Kelly Quinn	69-58	4548	19	9	47	141	9	3
4	Jen Redmond	67-60	5210	7	16	30	140	3	10
21	Meghan Lenczyk	30-8	1554	12	4	28	70	2	2
7	Caitlin Miskel	52-43	3185	6	11	23	56	1	6
23	Nikki Krzysik	73-73	6622	6	5	17	38	2	1
17	Sinead Farrelly	30-30	2545	5	6	16	52	3	3
8	Alli Fries	63-23	3054	3	8	14	42	1	0
2	Sarah Senty	77-74	6494	3	6	12	27	1	3
19	Alex Singer	75-63	5943	1	6	8	19	0	2
14	Amanda Stewart	38-4	1042	1	6	8	10	0	0
9	Lauren Alwine	7-6	482	1	5	7	20	0	2
5	Lindsey Miller	13-0	283	1	1	3	4	0	0
16	Maggie Kistner	7-5	506	1	0	2	21	0	0
3	Molly McKeon	5-0	35	1	0	2	1	0	0
24	Colleen Flanagan	19-12	808	0	2	2	11	0	0
6	Katie Carr	3-1	73	0	2	2	1	0	0
15	Kristin Bowers	5-0	51	0	1	1	1	0	0
11	Katie Starsia	1-0	14	0	1	1	1	0	0
18	Amanda Fancher	3-0	43	0	1	1	0	0	0
20	Kika Toulouse	27-0	591	0	0	0	18	0	0

No.	Name	GP-GS	Min	GA	GAA	Saves	ShO	Record
29	Chantel Jones	23-23	2205	10	0.41	73	13	13-4-6
0	Celeste Miles	12-7	777	3	0.35	7	4	6-0-1
1	Sam Hale	0-0	0					



2008 VIRGINIA WOMEN'S SOCCER

2008 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Celeste Miles	GK	Sr.	5-4	Garland, Texas/Ursuline Academy
1	Sam Hale	GK	Fr.	5-7	Rolling Hills Estates, Calif./Chadwick School
2	Sarah Senty	D	Sr.	5-5	Arlington, Va./Washington-Lee
3	Molly McKeon	F/D	Fr.	5-8	Midlothian, Va./Collegiate School
4	Jen Redmond	M	Sr.	5-7	Morristown, N.J./Oak Knoll
5	Lindsey Miller	M	So.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D/M	R-Fr.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F/M	Jr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Alli Fries	M/D	Sr.	5-5	Dublin, Ohio/Dublin Scioto
9	Lauren Alwine	F	Fr.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Kelly Quinn	F/M	Sr.	5-5	Dublin, Ohio/Dublin Coffman
11	Katie Starsia	D	Fr.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	F/M	Jr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
14	Amanda Stewart	D/F	Jr.	5-2	West Chester, Pa./Delaware County Christian
15	Kristin Bowers	M	So.	5-5	Burke, Va./Lake Braddock
16	Maggie Kistner	F	Fr.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M/F	So.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	Fr.	5-5	The Colony, Texas/The Colony
19	Alex Singer	D	Sr.	5-9	Rye, N.Y./Rye
20	Kika Toulouse	M/F	So.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	So.	5-9	McLean, Va./Langley
23	Nikki Krzysik	M/D	Sr.	5-7	Clifton, N.J./Clifton
24	Colleen Flanagan	D/M	So.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

Head Coach:

Steve Swanson (Michigan State '84/ninth season)

Assistant Coaches:

Kelly Diczkaniec (George Washington '93/first season)

Ron Raab (William & Mary '89/fourth season)

Volunteer Assistant Coach:

Jessica Ballweg (Santa Clara '05/first season)

Administrative Assistant:

Sarah Curtis (Virginia '08/first season)

Student Assistant Coach:

Becky Sauerbrunn (Virginia '07/first season)

Athletic Trainer:

Bill Parente (UCLA '96/seventh season)

Media Relations:

Steve Kirkland (Penn State '01/seventh season)

PRONUNCIATION GUIDE

7	Caitlin Miskel	(MISS-kil)
8	Alli Fries	(FREEZE)
11	Katie Starsia	(STAR-sha)
12	Jess Rostedt	(ross-TED)
17	Sinead Farrelly	(shin-AID)
20	Kika Toulouse	(key-KA TOO-loose)
21	Meghan Lenczyk	(len-ZICK)
23	Nikki Krzysik	(KRIZ-ick)
29	Chantel Jones	(SHANN-tel)
	Kerry Diczkaniec	(diss-CONN-iss)



2008 VIRGINIA WOMEN'S SOCCER

MISCELLANEOUS STATS

GOAL SCORING

<u>By Minute</u>	<u>UVa</u>	<u>Opp</u>
1-15	2	0
16-30	1	1
31-45	3	0
46-60	3	1
61-75	4	0
76-90	7	1
OT	0	0

<u>How Scored</u>	<u>UVa</u>	<u>Opp</u>
Run of Play	14	2

Set Pieces	6	1
- Off Corner Kick	3	0
- Direct Free Kick	0	0
- Indirect of Free Kick	1	0
- Penalty Kick	2	1

Own Goals For	0	0
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Right Foot	16	3
Left Foot	1	0
Header	3	0
Other	0	0

0-6 yds out	5	0
6-18 yds out	12	3
18+ yds out	3	0

GAME SITUATION TIME

Game Tied: 324:34

Virginia Ahead: 325:26

- By 1 goal: 209:58

- By 2+ goals: 115:28

Opponent Ahead: 0:00

- By 1 goal: 0:00

- By 2+ goals: 0:00

RECORD BREAKDOWN

LOCATION

Home: 5-0-0

Away: 1-0-0

Neutral: 0-0-1

TIME OF DAY

Day: 1-0-1

Night: 5-0-0

DAY OF THE WEEK

Friday: 4-0-0

Sunday: 2-0-1

OPPONENTS

Ranked*: 1-0-0

Unranked: 5-0-1

** in Soccer America or NSCAA poll*

FIRST GOAL SCORED

Virginia: 6-0-1

Opponent: 0-0-0

AT HALFTIME

Virginia Ahead: 3-0-1

Tied: 3-0-0

Opponent Ahead: 0-0-0

MORE SHOTS

Virginia: 6-0-1

Opponent: 0-0-0

Tied: 0-0-0

UNIFORMS

White: 6-0-0

Blue: 0-0-1

STREAKS

CONSECUTIVE GAMES WITH A GOAL

2 Meghan Lenczyk (8/29-8/31)

2 Caitlin Miskel (8/29-8/31)

2 Meghan Lenczyk (9/12-9/14) - CURRENT

CONSECUTIVE GAMES WITH AN ASSIST

3 Lauren Alwine (8/22-8/31)

2 Katie Carr (8/29-8/31)

2 Colleen Flanagan (8/29-8/31)

2 Lauren Alwine (9/12-9/14) - CURRENT

CONSECUTIVE GAMES WITH A POINT

3 Lauren Alwine (8/22-8/31)

3 Meghan Lenczyk (8/22-8/31)

3 Caitlin Miskel (8/29-9/5)

2 Katie Carr (8/29-8/31)

2 Colleen Flanagan (8/29-8/31)

2 Lauren Alwine (9/12-9/14) - CURRENT

2 Meghan Lenczyk (9/12-9/14) - CURRENT

CONSECUTIVE SHUTOUT STREAK

446:42 Celeste Miles (8/22-9/7)



2008 VIRGINIA WOMEN'S SOCCER

2008 RESULTS

Date	Opponent	Result	Goals (Assists)	Goalkeeper of Record
8/22	Loyola	W 4-0	Quinn 1 (Lenczyk 1, Singer 1) Quinn 2 (Fries 1, Stewart 1) Miller 1 (Senty 1, Alwine 1) Krzysik 1 (penalty kick)	Miles
8/29	Liberty	W 5-0	Miskel 1 (unassisted) Lenczyk 1 (Alwine 2) Lenczyk 2 (Flanagan 1) Lenczyk 3 (Carr 1) McKeon 1 (Starsia 1, Fancher 1)	Miles
8/31	VCU	W 5-0	Fries 1 (Farrelly 1) Kistner 1 (Farrelly 2, Senty 2) Miskel 2 (Alwine 3, Flanagan 2) Krzysik 2 (penalty kick) Lenczyk 4 (Miller 1, Carr 2)	Miles
9/5	at Georgia	W 1-0	Quinn 3 (Miskel 1)	Miles
9/7	vs. Auburn	T 1-1	Stewart 1 (unassisted)	Miles
9/12	Willam & Mary	W 2-1	Alwine 1 (Fries 2) Lenczyk 5 (Alwine 4)	Miles
9/14	Dartmouth	W 2-1	Quinn 4 (Senty 3) Lenczyk 6 (Alwine 5)	Miles