



2008 VIRGINIA WOMEN'S SOCCER



**VCU (0-1-0, 0-0-0 CAA)
at
#7 VIRGINIA (2-0-0, 0-0-0 ACC)**



SCHEDULE/RESULTS

Date	Opponent	Time/Res.
A22	LOYOLA (Md.)	W 4-0
A29	LIBERTY	W 5-0
A31	VCU	6 p.m.

S5	at #21 Georgia %	7 p.m.
S7	vs. Auburn %	1 p.m.
S12	WILLIAM & MARY ^	7 p.m.
S14	DARTMOUTH ^	2 p.m.
S21	at #10 West Virginia	2 p.m.
S25	at #5 Florida State *	7 p.m.
S28	at Miami *	1 p.m.

O2	NC STATE *	7 p.m.
O5	at Clemson *	1 p.m.
O9	at Virginia Tech *	7 p.m.
O16	at Maryland *	7 p.m.
O19	#16 BOSTON COLLEGE *	1 p.m.
O24	#2 NORTH CAROLINA *	7 p.m.
O30	#14 DUKE *	7 p.m.

N2	#18 WAKE FOREST *	2 p.m.
N5-9	at ACC Tournament (Cary, N.C.)	

* ACC match
% Georgia Nike Invitational/Athens, Ga.
^ Virginia Nike Soccer Classic

Rankings are Soccer America of time of the game or current for future opponents

Game #3 • August 31, 2008 • Klöckner Stadium • Charlottesville, Va.

Today's Game

- The Cavaliers conclude their three-game season-opening homestand Sunday
- The game is Virginia's second of four against in-state competition this year

About the Cavaliers

- The Cavaliers are 2-0-0 this season with shutout wins vs. Loyola and Liberty
- Meghan Lenczyk leads UVa in scoring with three goals
- Celeste Miles posted shutouts in her first two career starts

About the Rams

- VCU dropped its season opener on Friday at Richmond 1-0
- The Rams were 11-7-3 last season
- June Hartman led VCU last year with seven goals

Series History

- Virginia leads the all-time series 2-0-1 (2-0-0 at Klöckner Stadium)
- The Cavaliers won the last meeting 4-0 at Klöckner in 2006
- Kelly Quinn and Caitlin Miskel both scored in that game

In The Rankings

- Virginia: #7 (Soccer America), #7 (NSCAA), #8 (Soccer Times), #6 (Soccer Buzz)
- VCU: Not Ranked

Against the State

- Virginia has won 19 straight games against in-state foes, outscoring them 68-1
- UVa is unbeaten in its last 35 games (33-0-2) against teams from Virginia

Lenczyk Scores Hat Trick vs. Liberty

- Meghan Lenczyk had a career-high three goals in the 5-0 win over Liberty
- It was the first hat trick by a Cavalier since 2004 (Kelly Hammond vs. JMU)
- It was ninth hat trick in school history

Spreading the Wealth

- Through the first two games of the season, Virginia has 15 different players with a point
- That list includes six different goal scorers

Probable Starting Lineup

No.	Pos.	Name	GP-GS	G-A-P	Notable
0	GK	Celeste Miles	2-2	0.00 GAA	Shutouts in 1st two career starts
23	D	Nikki Krzysik	2-2	1-0-2	Preseason All-American
2	D	Sarah Senty	2-2	0-1-1	2 goals in 2007 were career high
19	D	Alex Singer	2-2	0-1-1	Played career high 1937 min in '07
8	D	Alli Fries	2-2	0-1-1	Played career high 1229 min in '07
24	M	Colleen Flanagan	2-2	0-1-1	1st career assist vs. Liberty
17	M	Sinead Farrelly	2-2	0-0-0	2007 1st Team All-ACC
10	M	Kelly Quinn	2-2	2-0-4	Career High 2 goals vs. Loyola
7	F	Caitlin Miskel	2-2	1-0-2	Career high 6 assists last year
9	F	Lauren Alwine	2-2	0-2-2	Leads team with two assists
16	F	Maggie Kistner	2-2	0-0-0	Scored in both exhibitions

MEDIA INFORMATION

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High Scoring

- Through the first two games of the season, Virginia has nine goals
- The last time the Cavaliers scored that many goals in the first two games of a season was in 2002 when they had 10 through two games (7-0 vs. St. Joseph's and 3-4 at UCLA)

Cavaliers Third in Preseason ACC Poll

- Virginia trailed North Carolina and Florida State
- Boston College, Wake Forest, Duke, Miami, Maryland, Virginia Tech, Clemson and NC State follow
- Eighth consecutive year Virginia has been in the top three of the poll

Klöck-work at Home

- The Cavaliers enter the game on a 15-game home unbeaten streak (13-0-2)
- Last year Virginia went undefeated at home (11-0-2) for the first time in history
- Since 2001, Virginia 69-10-7 at Klöckner Stadium

Quinn and Krzysik Named to Teams of the Week

- Kelly Quinn was named to the Soccer America Team of the Week on Aug. 25
- She was honored after scoring a career-high two goals in the season opening 4-0 win over Loyola
- Nikki Krzysik was named to the Soccer Buzz Team of the Week on Aug. 25
- She had a goal in the win over Loyola

Krzysik Named to Hermann Watch List

- Nikki Krzysik was one of 47 players named to the Hermann Trophy Watch List
- It is the second consecutive year she has been named to the list
- The list of 15 semifinalists will be named in November

Krzysik Named Preseason All-American

- Nikki Krzysik was named a 1st Team Preseason All-American by Soccer America
- She was also a 1st Team Preseason All-American by Soccer Buzz

Challenging Schedule

- Seven opponents are currently ranked by Soccer America
- 12 opponents played in last year's NCAA Tournament

Hucles Golden Again

- Former Cavalier Angela Hucles (96-99) won her second Olympic gold medal with the US Women's National Team
- Hucles started all six games for the Americans and led the team with four goals at the Olympics

Up Next

- Virginia will hit the road for the first time this season as it visits Athens, Ga. next week for the Georgia Nike Invitational
- The Cavaliers meet Georgia Friday night at 7 p.m. and Auburn Sunday afternoon at 1 p.m.

RANKINGS

SOCCER AMERICA

1.	USC	1-0-0
2.	North Carolina	1-0-0
3.	UCLA	0-0-0
4.	Notre Dame	1-0-0
5.	Florida State	0-0-0
6.	Stanford	1-0-0
7.	VIRGINIA	1-0-0
8.	Portland	1-0-0
9.	Penn State	1-0-0
10.	West Virginia	1-0-0
11.	Texas	1-0-0
12.	Santa Clara	1-0-0
13.	Tennessee	1-0-0
14.	Duke	1-0-0
15.	Connecticut	0-0-0
16.	Boston College	1-0-0
17.	Illinois	1-0-0
18.	Wake Forest	1-0-0
19.	California	1-0-0
20.	Texas A&M	2-0-0
21.	Georgia	1-0-0
22.	Oklahoma State	1-0-0
23.	Denver	2-0-0
24.	Florida	1-0-1
25.	Kansas	1-0-0

NSCAA

1.	USC	1-0-0
2.	North Carolina	1-0-0
3.	UCLA	0-0-0
4.	Notre Dame	1-0-0
5.	Florida State	0-0-0
6.	Portland	1-0-0
7.	VIRGINIA	1-0-0
8.	Texas	1-0-0
9.	Penn State	1-0-0
10.	Stanford	1-0-0
11.	West Virginia	1-0-0
12.	Connecticut	0-1-0
13.	Texas A&M	2-0-0
14.	Tennessee	1-0-0
15.	Boston College	1-0-0
16.	Duke	1-0-0
17.	California	1-0-0
18.	Illinois	1-0-0
19.	Georgia	1-0-0
20.	Wake Forest	1-0-0
21.	Santa Clara	1-0-0
22.	Florida	1-0-1
23.	Oklahoma State	1-0-0
24.	San Diego	0-1-0
25.	Purdue	0-1-0

SEASON HISTORY

Week	SA	NSCAA	ST	Buzz
Pre	7	6	8	6
8/25	7	7	8	6



2008 VIRGINIA WOMEN'S SOCCER

THE LAST TIME

TEAM

Home Win:	8/29/08	5-0 vs. Liberty	last home game
Home Loss:	10/20/06	0-1 vs. BC	16 home games ago
Away Win:	10/11/07	3-0 at NCSU	4 away games ago
Away Loss:	11/23/07	1-2 at UCLA	last away game
OT Win:	10/7/07	1-0 vs. Miami	6 OT games ago
OT Loss:	11/23/07	1-2 at UCLA	last OT game
Conf. Win (Reg)	10/25/07	3-0 vs. Maryland	3 reg. season ACC games ago
Conf. Win (Overall):	10/25/07	3-0 vs. Maryland	5 ACC games ago
Conf. Loss (Reg):	11/2/07	0-1 at UNC	last ACC reg. season game
Conf. Loss (Overall):	11/2/07	0-1 at UNC	3 ACC games ago
Non-Conf. Win:	8/29/08	5-0 vs. Liberty	last non-conf. game
Non-Conf. Loss:	11/23/07	1-2 at UCLA	3 non-conf. games ago

GOALS SCORED

0 goals:	11/7/07	0-0 vs. Miami	7 games ago
at least 1 goal:	8/29/08	5-0 vs. Liberty	last game
at least 2 goals:	8/29/08	5-0 vs. Liberty	last game
at least 3 goals:	8/29/08	5-0 vs. Liberty	last game
at least 4 goals:	8/29/08	5-0 vs. Liberty	last game
at least 5 goals:	8/29/08	5-0 vs. Liberty	last game
at least 6 goals:	9/15/06	6-0 vs. Vermont	41 games ago
7+ goals:	9/18/05	9-0 vs. Richmond	66 games ago

GOALS ALLOWED

Shutout:	8/29/08	5-0 vs. Liberty	last game
at least 1 goal:	11/23/07	1-2 at UCLA	3 games ago
at least 2 goal:	11/23/07	1-2 at UCLA	3 games ago
at least 3 goal:	11/25/05	0-5 at UCLA	48 games ago
4+ goals:	11/25/05	0-5 at UCLA	48 games ago

INDIVIDUAL

Hat Trick:	8/29/08	Meghan Lenczyk vs. Liberty	last game
Multi-Goal Game:	8/29/08	Meghan Lenczyk (3) vs. Liberty	last game
5+ points:	8/29/08	Meghan Lenczyk (6) vs. Liberty	last game
2+ assists:	11/16/07	Megan Lenczyk (2) vs. Loyola	5 games ago
Shutout:	8/29/08	Celeste Miles vs. Liberty	last game

INDIVIDUAL-AGAINST

Hat Trick:	11/25/05	Daneshia Adams, UCLA (4 goals)	48 games ago
Multi-Goal Game:	11/25/05	Daneshia Adams (4), UCLA	48 games ago
5+ points	11/25/05	Daneshia Adams (8), UCLA	48 games ago
2+ assists	11/25/05	Christina DiMartino (2), UCLA	48 games ago
	11/25/05	Iris Mora (2), UCLA	48 games ago
Shutout:	11/7/07	Lauren McAdam, Miami	7 games ago



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CAREER STATISTICS

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
12	Jess Rostedt	43-40	3068	22	9	53	144	10	4
10	Kelly Quinn	64-53	4175	17	9	43	129	8	3
4	Jen Redmond	67-60	5210	7	16	30	140	3	10
21	Meghan Lenczyk	25-5	1273	9	4	22	56	0	2
7	Caitlin Miskel	47-38	2869	5	10	20	50	1	5
23	Nikki Krzysik	68-68	6152	5	5	15	36	2	1
17	Sinead Farrelly	25-25	2108	5	4	14	45	3	2
8	Alli Fries	58-18	2584	2	7	11	37	0	0
2	Sarah Senty	72-69	6036	3	4	10	25	1	3
19	Alex Singer	70-58	5485	1	6	8	16	0	2
14	Amanda Stewart	34-3	941	0	6	6	7	0	0
5	Lindsey Miller	8-0	163	1	0	2	3	0	0
3	Molly McKeon	1-0	15	1	0	2	1	0	0
9	Lauren Alwine	2-2	131	0	2	2	5	0	0
24	Colleen Flanagan	14-9	559	0	1	1	5	0	0
15	Kristin Bowers	5-0	51	0	1	1	1	0	0
6	Katie Carr	1-0	23	0	1	1	1	0	0
11	Katie Starsia	1-0	14	0	1	1	1	0	0
18	Amanda Fancher	2-0	31	0	1	1	0	0	0
20	Kika Toulouse	22-0	418	0	0	0	8	0	0
16	Maggie Kistner	2-2	146	0	0	0	7	0	0

No.	Name	GP-GS	Min	GA	GAA	Saves	ShO	Record
29	Chantel Jones	23-23	2205	10	0.41	73	13	13-4-6
0	Celeste Miles	7-2	307	0	0.00	2	2	2-0-0
1	Sam Hale	0-0	0					



2008 VIRGINIA WOMEN'S SOCCER

2008 ROSTER

No.	Name	Pos.	Class	Ht.	Hometown/High School
0	Celeste Miles	GK	Sr.	5-4	Garland, Texas/Ursuline Academy
1	Sam Hale	GK	Fr.	5-7	Rolling Hills Estates, Calif./Chadwick School
2	Sarah Senty	D	Sr.	5-5	Arlington, Va./Washington-Lee
3	Molly McKeon	F/D	Fr.	5-8	Midlothian, Va./Collegiate School
4	Jen Redmond	M	Sr.	5-7	Morristown, N.J./Oak Knoll
5	Lindsey Miller	M	So.	5-6	Nashua, N.H./Bishop Guertin
6	Katie Carr	D/M	R-Fr.	5-10	Williamsburg, Va./Walsingham Academy
7	Caitlin Miskel	F/M	Jr.	5-4	Boca Raton, Fla./St. Thomas Aquinas
8	Alli Fries	M/D	Sr.	5-5	Dublin, Ohio/Dublin Scioto
9	Lauren Alwine	F	Fr.	5-9	Elizabethtown, Pa./Lower Dauphin
10	Kelly Quinn	F/M	Sr.	5-5	Dublin, Ohio/Dublin Coffman
11	Katie Starsia	D	Fr.	5-10	Rockville Centre, N.Y./South Side
12	Jess Rostedt	F/M	Jr.	5-9	Kent, Ohio/Cuyahoga Valley Christian
14	Amanda Stewart	D/F	Jr.	5-2	West Chester, Pa./Delaware County Christian
15	Kristin Bowers	M	So.	5-5	Burke, Va./Lake Braddock
16	Maggie Kistner	F	Fr.	5-8	St. Louis, Mo./John Burroughs
17	Sinead Farrelly	M/F	So.	5-6	Havertown, Pa./Haverford
18	Amanda Fancher	D	Fr.	5-5	The Colony, Texas/The Colony
19	Alex Singer	D	Sr.	5-9	Rye, N.Y./Rye
20	Kika Toulouse	M/F	So.	5-6	Arlington, Va./Bishop O'Connell
21	Meghan Lenczyk	F	So.	5-9	McLean, Va./Langley
23	Nikki Krzysik	M/D	Sr.	5-7	Clifton, N.J./Clifton
24	Colleen Flanagan	D/M	So.	5-4	Downingtown, Pa./Downingtown West
29	Chantel Jones	GK	So.	5-11	Midlothian, Va./Clover Hill

Head Coach: Steve Swanson (Michigan State '84/ninth season)
Assistant Coaches: Kelly Diczkaniec (George Washington '93/first season)
 Ron Raab (William & Mary '89/fourth season)
Volunteer Assistant Coach: Jessica Ballweg (Santa Clara '05/first season)
Administrative Assistant: Sarah Curtis (Virginia '08/first season)
Student Assistant Coach: Becky Sauerbrunn (Virginia '07/first season)
Athletic Trainer: Bill Parente (UCLA '96/seventh season)
Media Relations: Steve Kirkland (Penn State '01/seventh season)

PRONUNCIATION GUIDE

7	Caitlin Miskel	(MISS-kil)
8	Alli Fries	(FREEZE)
11	Katie Starsia	(STAR-sha)
12	Jess Rostedt	(ross-TED)
17	Sinead Farrelly	(shin-AID)
20	Kika Toulouse	(key-KA TOO-loose)
21	Meghan Lenczyk	(len-ZICK)
23	Nikki Krzysik	(KRIZ-ick)
29	Chantel Jones	(SHANN-tel)
	Kerry Diczkaniec	(diss-CONN-iss)