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# VIRGINIA™

## 2020 CAVALIER WOMEN'S SOCCER

Mailing Address:  
 John Paul Jones Arena  
 295 Massie Road, Roomm 154  
 P.O. Box 400853  
 Charlottesville, VA 22904

### 2020 Schedule/Results

Sept. 12		VIRGINIA TECH Klöckner Stadium	6 PM
Sept. 17		at DUKE* Koskinen Stadium	7 PM
Sept. 20		at Clemson* Riggs Stadium	1 PM
Sept. 25		at Virginia Tech Thompson Field	7 PM
Oct. 1		PITTSBURGH* Klöckner Stadium	7 PM
Oct. 4		MIAMI* Klöckner Stadium	2 PM
Oct. 8		at North Carolina Dorrance Field	7 PM
Oct. 15		LOUISVILLE* Klöckner Stadium	7 PM
Oct. 18		FLORIDA STATE* Klöckner Stadium	2 PM
Oct. 29		at BOSTON COLLEGE* Newton Campus Field	7 PM
Nov. 1		at Syracuse* SU Soccer Stadium	1 PM
		ACC Championships WakeMed Park	Nov. 10-15



Game #1 · Saturday, Sept. 12, 2020  
**Virginia vs. Virginia Tech**  
 Series History: UVA leads the all-time series 20-4-1  
 Last Meeting: UVA won 2-0 in Charlottesville in 2019  
 Of Note: First of two non-conference matches in 2020



### QUICK KICKS

Virginia kicks off the season with a home match against Virginia Tech in a non-conference matchup. The Cavaliers return 17 letterwinners and seven starters from last year's squad that went 17-2-3. The Hoos also return four All-ACC selections from last season and a pair of All-Region selections. Offensively, Virginia welcomes back **Diana Ordoñez** who tied for the ACC lead in goals (15) a year ago and **Alexa Spaanstra** who was second in the ACC in assists (12) last season. Ordoñez also was second in the league in points (34) as she also added four assists in 2019. UVA welcomes the second-ranked recruiting class to Grounds according to Top Drawer Soccer. Eight newcomers were ranked in the top 170 recruits nationally by Top Drawer Soccer, including four in the top 36 and two in the top 10 - Samar Guidry (8th) and Lia Godfrey (10th). The Cavaliers will play an abbreviated season this fall, featuring a four-game ACC schedule and three against conference opponents designated as non-conference matches. Virginia's returning players accounted for 71 percent of the goals scored in 2019 (45-of-63) and a bulk of the assists with 82 percent of assists (44-of-52) in 2019 coming from returning players.

### THE SERIES WITH VIRGINIA TECH

The Cavaliers lead in the all-time series with Virginia Tech 20-4-1. Virginia won last season's meeting by a score of 2-0 in a meeting in Charlottesville. The Cavaliers have outscored the Hokies 75-12 over the course of the series. UVA has won eight of the last 10 meetings between the schools with both losses away from home. The Cavaliers are 14-1-0 against Virginia Tech at home and 10-1-0 in matches at Klöckner Stadium. The teams played seven times prior to Virginia Tech joining the ACC in 2004 with UVA going 7-0-0.

### VIRGINIA PROBABLE STARTERS

#### STARTING XI

No.	Name	Pos.	GP-GS	Min.	G	A	Pts	Of Note:
2	Sydney Zandi	M	-	-	-	-	-	Hit 5 goals with two game winners in '19qw.
6	Anna Sumpter	M	-	-	-	-	-	Her 6 assists was third on team in 2019.
7	Alexa Spaanstra	F	-	-	-	-	-	Tied for ACC lead in assists (12) in 2019.
8	Sarah Clark	D	-	-	-	-	-	Purdue transfer had 3 goals, 4 assists at PU.
9	Diana Ordonez	F	-	-	-	-	-	Tied for ACC lead in goals (15) in 2019.
12	Claire Constant	D	-	-	-	-	-	Had 3 goals and an assist in 16 matches.
13	Rebecca Jarrett	F	-	-	-	-	-	Competed for the US at the Concacaf Cup.
14	Emma Dawson	M	-	-	-	-	-	Tallied a goal, assist in 376 minutes in '19.
19	Samar Guidry	D	-	-	-	-	-	Ranked No. 8 recruit by Top Drawer Soccer.
20	Talia Staude	D	-	-	-	-	-	Named TDS Best XI Freshman team in '19.

#### GOALKEEPER

No.	Name	Pos.	GP-GS	Min.	Sv	GAA	ShO	Of Note:
1	Laurel Ivory	GK	-	-	-	-	-	Has 28 career shutouts and 42 career wins.

#### KEY RESERVES

No.	Name	Pos.	GP-GS	Min.	G	A	Pts	Of Note:
3	Ashlynn Serepca	D	-	-	-	-	-	Her 7 goals last year was third on the team.
4	Cam Lexow	F	-	-	-	-	-	Had goal and assist in 22 games last year.
11	Lacey McCormack	M	-	-	-	-	-	Tallied an assist vs. William & Mary in '19.
16	Laney Rouse	D	-	-	-	-	-	Ranked No. 26 recruit by Top Drawer Soccer.
22	Lia Godfrey	F/M	-	-	-	-	-	Ranked No. 8 recruit by Top Drawer Soccer.
25	Alissa Gorzak	F	-	-	-	-	-	Fifth-year has five career goals, 12 assists.

# HOOS®



**HOOS PICKED TO FINISH THIRD IN ACC PRESEASON POLL**

- The Cavaliers were picked to finish third in the ACC in a preseason vote of league coaches this season
- Virginia received two first place votes and tallied 113 points - picked behind North Carolina and Florida State
- North Carolina was picked to repeat as regular-season champions, while Florida State was picked to finish second
- The Cavaliers finished third in the ACC regular-season standings a year ago and advanced to the finals at the ACC Tournament

**PRESEASON ALL-ACC HONOREES**

- UVA had sophomore forward Diana Ordoñez and junior forward Alexa Spaanstra named to the preseason All-ACC team this year
- Both players were All-ACC second team selections a year ago and named to the ACC Championships All-Tournament Team
- Ordoñez tied for the ACC lead in goals scored last season (15) while Spaanstra was second in the ACC in assists (12)
- The preseason All-ACC team was made up of 11 players and featured players from five different teams
- North Carolina and Florida State each had three players selected, UVA and Louisville had two and Duke had one player

**CAVALIERS SET TO PLAY ABBREVIATED SCHEDULE IN THE FALL**

- Virginia is set to play an abbreviated schedule this fall made up of 11 contests which all come against ACC teams
- The Cavaliers will play an eight-game conference schedule with three matches designated as non-conference contests
- UVA's two matches against Virginia Tech and a road trip to North Carolina will not count in the ACC standings this season
- The eight-game ACC schedule will feature four home games and four road games
- Virginia will play seven matches against teams that went to the NCAA Tournament in the 2019 season in this schedule
- Of those seven contests, four come on the road at Clemson, Duke, North Carolina and Virginia Tech- the home opponents in that group are FSU, Louisville and Virginia Tech

**IVORY CLIMBING THE RANKS IN THE RECORD BOOK**

- In her third season, goalkeeper Laurel Ivory is already working her way into the history books at UVA
- Currently, Ivory is fourth all-time in shutouts with 28 solo shutouts in her career
- With 42 wins, Ivory is fourth all-time in victories as a keeper - she has a 42-11-8 record for her career
- Ivory saw a shutout streak of 775:01 snapped against Boston College (10/27) - the second longest by a keeper in UVA history

**CAVALIERS PUT STOUT DEFENSE ON PITCH IN 2019**

- The Cavaliers played stout defense in 2019 that went beyond just posting 14 shutouts to date this season
- On four occasions last season the Cavaliers limited teams to one shot or fewer - including holding UC Irvine to no shots
- The Hoos limited Liberty (8/25), Minnesota (9/8) and Notre Dame (10/20) to only one shot each and none of them on goal
- In addition, the Cavaliers also held Miami (10/4) and No. 12 Louisville (10/24) to only two shots with one coming on goal

**LIMITED SHOT PRODUCTION LED TO SHUTOUT STREAK IN CONFERENCE PLAY - THE LONGEST SINCE 2013**

- The Cavaliers posted a seven-match shutout streak from a 1-1 draw at Wake Forest (9/20) through a win over #12 Louisville (10/24) last season
- UVA held teams to six shots or fewer in six of nine ACC matches with NC State (13) and FSU (14) the only in double digits
- The seven straight ACC shutouts was a first in UVA history - the previous best was six straight ACC shutouts in 2013 (10/13-31)
- Virginia went a perfect 12-0 in ACC play that 2013 season and the Cavaliers shutout nine ACC opponents that year

**CAVALIERS RESPOND WELL AFTER A LOSS**

- Responding after a loss has been a trend for the Cavaliers throughout Steve Swanson's tenure at UVA
- Throughout the 20 seasons under Swanson, Virginia holds a 56-8-12 record in matches following a loss
- The number does not include season-ending losses where the next match would be part of a new season

**HOOS CONTINUE STRONG PRESENCE IN PROFESSIONAL RANKS ON NWSL ROSTERS**

- UVA has a strong presence in professional soccer in the U.S. with 12 players appearing on NWSL rosters this summer
- This summer five Hoos played on teams in the NWSL Challenge Cup finals with Veronica Latsko playing for the tournament-champion Houston Dash, while Morgan (Brian) Gautrat, Danielle Colaprico, Makenzy Doniak and Zoe Morse competed for Chicago
- Becky Sauerbrunn has competed with the Portland Thorns this summer after being traded by the Utah Royals
- Brittany Ratcliffe continued to compete with the Utah Royals, taking over a starting role for the club
- Orlando featured first-year players Courtney Petersen and Phoebe McClernon along with veteran Emily Sonnett who was traded to Orlando from Portland in the offseason. Petersen was a first-round pick of the Pride.
- Kristen McNabb continues to compete for Reign OC in Seattle.
- Meghan McCool signed a free agent contract with the Washington Spirit.

**ACC STANDINGS**

Team	ACC	Pct	Overall	Pct
Boston College	0-0-0	.000	0-0-0	.000
Clemson	0-0-0	.000	0-0-0	.000
Duke	1-0-0	1.000	0-0-0	.000
Florida State	0-0-0	.000	0-0-0	.000
Louisville	0-0-0	.000	0-0-0	.000
Miami	0-0-0	.000	0-0-0	.000
North Carolina	0-0-0	.000	0-0-0	.000
Notre Dame	0-0-0	.000	0-0-0	.000
Pittsburgh	1-0-0	1.000	0-0-0	.000
Syracuse	0-0-0	.000	0-0-0	.000
<b>VIRGINIA</b>	<b>0-0-0</b>	<b>.000</b>	<b>0-0-0</b>	<b>.000</b>
Virginia Tech	0-0-0	.000	0-0-0	.000
Wake Forest	0-1-0	.000	0-0-0	.000

\* Updated after games played Sept. 10, 2020

**VIRGINIA'S ALL-TIME TOP 10 WINS**

Date	Opponent	UVA Rank	Score
11/8/19	#5 Florida State <sup>ACC</sup>	#1	2-1 (ot)
11/3/19	#9 Duke <sup>ACC</sup>	#1	1-0
10/13/19	at #5 Florida State	#1	1-0 (2ot)
9/15/19	at #8 Penn State	#4	2-1
9/10/17	#5 Penn State	#8	3-2
8/24/17	at #2 West Virginia	#10	2-1 (2ot)
11/6/15	vs. #6 Clemson <sup>ACC</sup>	#1	5-0
10/25/15	#1 Florida State	#2	1-0
10/8/15	at #5 Clemson	#4	2-0
9/4/15	at #9 UCLA	#1	2-1 (2ot)
12/5/14	vs. #5 Texas A&M	#4	3-1
11/28/14	at #1 UCLA <sup>NCAA</sup>	#4	2-1
11/7/14	vs. #5 North Carolina <sup>ACC</sup>	#4	2-0
10/5/14	at #10 Notre Dame	#5	2-1
10/31/13	#5 Virginia Tech	#1	2-0
10/27/13	#3 Florida State	#1	1-0 (ot)
10/20/13	at #4 North Carolina	#1	2-0
10/10/13	#5 Notre Dame	#1	3-2 (2ot)
8/30/13	#7 Penn State	#6	5-1
8/25/13	#9 Santa Clara	#7	4-0
11/4/12	vs. #7 Maryland <sup>ACC</sup>	#8	4-0
11/2/12	vs. #2 Florida State <sup>ACC</sup>	#8	4-2
10/28/12	at #8 North Carolina <sup>ACC</sup>	#10	1-0
9/30/12	#5 Duke	#3	1-0
10/8/11	#10 Florida State	#8	4-3 (ot)
9/25/11	at #5 North Carolina	#14	1-0 (2ot)
9/15/11	#6 Maryland	#14	4-1
10/3/10	#1 Boston College	#6	3-2 (ot)
11/15/09	at #9 Penn State <sup>NCAA</sup>	NR	6-2
10/30/09	#4 Florida State	NR	1-0
9/25/08	at #8 Florida State	#15	1-0
11/10/06	vs. #9 West Virginia <sup>NCAA</sup>	NR	2-0
11/4/05	vs. #6 Florida State <sup>ACC</sup>	#7	2-0
9/29/05	#10 Florida State	#7	1-0
9/25/05	at #7 Duke	#11	1-0
9/24/04	at #8 Florida State	#3	1-0
9/10/04	#8 UCLA	#5	3-1
9/12/03	#3 Santa Clara	#17	4-1
11/17/02	at #8 West Virginia <sup>NCAA</sup>	#24	1-0
9/17/00	vs. #10 Santa Clara	#16	1-0
10/8/99	#2 Florida	#10	2-1 (ot)
9/26/99	#5 Hartford	#15	2-1
9/24/99	#8 Stanford	#15	3-2
9/5/99	at #4 Portland	#14	2-0
9/20/98	#9 Duke	#15	5-1
9/16/95	at #8 Clemson	#13	2-1
11/17/91	at #8 Connecticut <sup>NCAA</sup>	#3	2-0
10/20/91	#3 NC State	#4	2-1
10/12/91	at #3 Santa Clara	#5	1-0 (ot)
9/29/91	vs. #4 Wisconsin	#6	1-0
10/27/90	#10 NC State <sup>ACC</sup>	#3	3-1
9/29/90	#10 Massachusetts	#3	2-0
9/19/90	at #4 William & Mary	#3	2-0
9/7/90	at #3 NC State	#7	3-2
10/14/89	at #9 Wisconsin	#7	2-0
9/9/89	at #6 Massachusetts	#11	2-0

**UNIQUELY UVA**

The University of Virginia is an institution rich with history and tradition. Here is some of the terminology that contributes to UVA's culture.

- Grounds: The term used by students, faculty and alumni to refer to the University dating as far back as Thomas Jefferson. "Campus" is never used.
- First Year, Second Year, Third Year, Fourth Year: Instead of freshman, sophomore, junior, senior. Why you may ask? To be a "senior" implies that a person has reached the final phase of learning, a feat that Thomas Jefferson believed to be impossible, arguing instead that education is a life-long process. This tends to be used less in athletic eligibility references.
- Commonwealth: Virginia is one of four constituent states of the United States of America that officially uses the name "Commonwealth" instead of the word state in all references. The other three commonwealths are Kentucky, Massachusetts and Pennsylvania.

**UNIVERSITY NICKNAMES**

- Virginia's athletics teams have been accompanied by a somewhat confusing array of nicknames. The most prominent and widely accepted of these monikers are "Cavaliers," "Wahoos" and "Hoos."
- Although the terms "Cavaliers," "Wahoos" and "Hoos" are used almost interchangeably to refer to University teams and players, "Cavaliers" is more often used by the media, while "Wahoos" and "Hoos" are frequently used by Virginia students and fans.
- Legend has it that Washington & Lee baseball fans dubbed the Virginia players "Wahoos" during the fiercely contested rivalry that existed between the two in-state schools in the 1890s. By 1940, "Wahoos" was in general use around Grounds to denote University students or events relating to them. The abbreviated "Hoos" sprang up later in student newspapers and has gained growing popularity in recent years.

**THE CAVALIER MASCOT**

- The costumed Cavalier with a large character head debuted during Virginia's 1984 football season and has remained the official mascot of the University.

**UNIVERSITY COLORS: ORANGE AND BLUE**

- Orange and blue were adopted as the University of Virginia's official athletic colors at a mass student meeting in 1888. UVA athletic teams had previously worn silver gray and cardinal red, but those colors did not stand out on muddy football fields, prompting a student movement to change them.
- One of the students attending the mass meeting was Allen Potts, a star athlete who played on Virginia's first football team in 1888. Potts showed up at the meeting wearing a navy blue-and-orange scarf that he had acquired during a summer boating expedition at Oxford University. Orange and blue were chosen as the official athletic colors after one of Potts' fellow students pulled the scarf off Potts' neck and, waving it to the crowd, yelled, "How will this do?" UVA later served as the inspiration for schools like Auburn and Florida when they selected school colors.

**WAHOOWA**

- The origin of "Wah-hoo-wah" is uncertain. The cheer was used to root on Virginia teams as early as 1890 and may have been borrowed from Dartmouth College, whose athletics teams were once known as the Indians.
- Legend attributes the yell to Natalie Floyd Otey, who sang the ballad "Where'er You Are, There Shall My Love Be" at Charlottesville's Levy Opera House in 1893. The predominantly student audience noticed that Otey warbled the first three words of the song between each of the stanzas and decided to join in the refrain. By evening's end, goes the legend, the crowd had corrupted "Where'er You Are" into "Wah-hoo-wah."

**COME FROM BEHIND WINS**

Date	Opponent	Trailed (Min)	Tied	Final
10/28/18	Louisville <sup>ACC</sup>	0-1 (10')	14'	2-1
10/29/17	Wake Forest <sup>ACC</sup>	0-1 (13')	55'	2-1
10/22/17	at Boston College	0-1 (51')	58'	3-2
10/23/16	Boston College	0-1 (6')	52'	3-2
9/4/15	at UCLA	0-1 (18')	51'	2-1
10/23/14	at Duke	0-1 (21')	48'	3-1
10/19/14	at Louisville	0-1 (19')	24'	2-1
9/12/14	Tennessee	0-1 (10')	50'	2-1
11/3/13	Maryland <sup>ACC</sup>	0-1 (5')	27'	6-1
9/26/13	at Duke	0-2 (23')	49'	3-2
9/22/13	at Pittsburgh	0-1 (12')	27'	3-1
9/19/13	at Boston College	0-1 (47')	58'	2-1
8/30/13	Penn State	0-1 (7')	14'	5-1
11/16/12	Rutgers <sup>NCAA</sup>	0-1 (8')	13'	6-1
10/25/12	Boston College	0-1 (33')	49'	5-1
8/30/11	St. John's	0-1 (48')	73'	2-1
8/19/11	West Virginia	0-1 (8')	23'	2-1
10/28/10	NC State	0-1 (4')	14'	2-1
10/3/10	Boston College	1-2 (57')	77'	3-2 ot
11/15/09	at Penn State <sup>NCAA</sup>	0-2 (37')	65'	6-2
11/5/08	vs. Wake Forest <sup>ACC</sup>	0-1 (17')	49'	3-2 ot
10/19/08	Boston College	0-1 (7')	27'	2-1
11/5/04	vs. Clemson <sup>ACC</sup>	0-1 (39')	61'	2-1
9/12/04	South Carolina	0-1 (21')	36'	5-2
10/4/03	Florida State	1-2 (59')	85'	3-2
9/29/03	at Richmond	0-1 (16')	29'	2-1
9/12/03	Santa Clara	0-1 (33')	37'	4-1
11/15/02	vs. Dayton <sup>NCAA</sup>	0-1 (53')	55'	3-2
10/6/02	UAB	0-1 (18')	42'	2-1
11/8/01	vs. Duke <sup>ACC</sup>	0-1 (49')	50'	2-1
10/28/01	Florida State	1-2 (11')	69'	3-2
10/4/01	BYU	1-2 (62')	81'	3-2 ot
10/21/00	Duke	0-2 (12')	53'	4-3
10/6/00	at Maryland	0-2 (32')	70'	3-2
10/10/99	at George Mason	0-2 (18')	55'	3-2
9/24/99	Stanford	0-2 (68')	76'	3-2
9/19/99	at NC State	0-1 (29')	33'	3-1
10/31/98	George Mason	0-1 (14')	16'	3-2
10/2/98	at Tennessee	2-3 (68')	74'	4-3
9/11/98	at Florida State	2-3 (86')	89'	4-3 ot
9/5/98	James Madison	0-1 (12')	39'	3-2 ot
9/28/97	at Wake Forest	1-2 (55')	73'	3-2
9/13/97	vs. Washington	0-1 (18')	28'	4-2
9/9/97	Old Dominion	0-1 (4')	55'	2-1
9/5/97	at Penn State	0-1 (2')	23'	5-2
11/7/96	vs. NC State	0-1 (20')	37'	4-1
10/26/96	at William & Mary	0-1 (12')	42'	2-1
10/6/96	at NC State	0-1 (17')	53'	3-2
10/1/95	William & Mary	1-2 (35')	52'	3-2 ot
9/16/95	at Clemson	0-1 (11')	35'	2-1
9/2/95	vs. California	0-1 (13')	19'	3-2
10/24/93	Villanova	1-2 (70')	73'	3-2
9/26/93	at Cincinnati	0-1 (13')	45'	3-1
10/17/92	Wisconsin	1-2 (93')	94'	3-2 ot
10/13/92	James Madison	0-1 (34')	42'	2-1
10/20/91	NC State	0-1 (44')	69'	2-1
9/24/91	at James Madison	0-1 (50')	55'	2-1
10/27/90	NC State	0-1 (28')	38'	3-1
10/8/89	at Villanova	0-1 (20')	34'	4-1

## VIRGINIA NUMERICAL ROSTER

No.	Name	Ht.	Class	Position	Hometown/High School (Previous College)
0	Laurel Ivory	5-9	Sr.	GK	Surfside, Fla./Miami Country Day School
1	Michaela Moran	5-8	Jr.	GK	Greeley, Colo./Windsor HS
2	Sydney Zandi	5-5	Sr.	M/D	West Chester, Pa./B. Reed Henderson HS
3	Ashlynn Serepca	5-5	Jr.	D	Cornelius, N.C./Hough HS
4	Cam Lexow	5-9	Sp.	F	Abington, Pa./Abington Senior HS
5	Lizzy Sieracki	5-6	RS-Sr.	D	Acworth, Ga./Harrison HS
6	Anna Sumpter	5-8	RS-Sr.	M	Charlottesville, Va./Western Albemarle HS
7	Alexa Spaanstra	5-5	Jr.	F/MF	Brighton, Mich./Brighton HS
8	Sarah Clark	5-6	RS-Jr.	D	Topsail Beach, N.C./Mercy HS (Purdue)
9	Diana Ordonez	5-11	So.	F	Prosper, Texas/Prosper HS
10	Taryn Torres	5-9	Sr.	M	Frisco, Texas/Centennial HS
11	Lacey McCormack	5-8	So.	M	Arlington, Va./Yorktown HS
12	Claire Constant	5-7	Jr.	D	Alexandria, Va./T.C. Williams
13	Rebecca Jarrett	5-6	Jr.	F/M	Washington Township, N.J./Immaculate Heart
14	Emma Dawson	5-8	So.	M	Richardson, Texas/J.J. Pearce HS
15	Brianna Jablonowski	5-6	Fr.	F	Centerpoint, N.Y./St. Anthony's
16	Laney Rouse	5-7	Fr.	D	Cary, N.C./Cary Academy
17	Jansen Eichenlaub	5-5	RS-Fr.	F/M	Bloomfield Hills, Mich./Marian HS
18	Sarah Brunner	5-4	Fr.	F/M	Jacksonville, Fla./Mandarin HS
19	Samar Guidry	5-5	Fr.	D	Plano, Texas/McKinney Boyd HS
20	Talia Staude	5-7	So.	D	Atlanta, Ga./The Westminster Schools
21	Lauren Hinton	5-4	Jr.	M	Parker, Texas/Plano East HS (FIU)
22	Lia Godfrey	5-4	Fr.	F/M	Fleming Island, Fla./Fleming Island HS
23	McKenna Angotti	5-7	Sr.	D	Los Altos Hills, Calif./Sacred Heart Prep (Northwestern)
24	Kira Maguire	5-6	RS-Fr.	D	Hingham, Mass./Hingham HS
25	Alissa Gorzak	5-6	RS-Sr.	F	Naperville, Ill./Naperville Central HS
26	Laughlin Ryan	5-6	Fr.	MF	Charlotte, N.C./Myers Park HS
27	Maggie Fralin	5-5	Fr.	MF	Richmond, Va./Collegiate School
28	Peyton Goldthwaite	5-4	Fr.	MF	Durham, N.C./Durham Academy
29	Cayla White	5-6	RS-Fr.	GK	Arlington, Va./Washington & Lee HS
30	Alexis Theoret	5-4	Fr.	MF	Haymarket, Va./Oakton HS

## VIRGINIA ALPHABETICAL ROSTER

No.	Name
23	McKenna Angotti
18	Sarah Brunner
8	Sarah Clark
12	Claire Constant
14	Emma Dawson
17	Jansen Eichenlaub
27	Maggie Fralin
22	Lia Godfrey
28	Peyton Goldthwaite
25	Alissa Gorzak
19	Samar Guidry
21	Lauren Hinton
0	Laurel Ivory
15	Brianna Jablonowski
13	Rebecca Jarrett
4	Cam Lexow
24	Kira Maguire
11	Lacey McCormack
1	Michaela Moran
9	Diana Ordonez
16	Laney Rouse
26	Laughlin Ryan
3	Ashlynn Serepca
5	Lizzy Sieracki
7	Alexa Spaanstra
20	Talia Staude
6	Anna Sumpter
30	Alexis Theoret
10	Taryn Torres
29	Cayla White
20	Sydney Zandi

## PRONUNCIATION GUIDE

1 Michaela Moran ( <b>mor-ANN</b> )	16 Laney Rouse ( <b>lain-EE ROUWS</b> )	27 Maggie Fralin ( <b>FRAY-lynn</b> )
2 Sydney Zandi ( <b>ZAN-dee</b> )	17 Jansen Eichenlaub ( <b>JAN-sin EYE-can-lob</b> )	30 Alexis Theoret ( <b>theo-RETT</b> )
3 Ashlynn Serepca ( <b>sir-EPP-kuh</b> )	18 Sarah Brunner ( <b>BREW-ner</b> )	Jaime Frias ( <b>HI-may FREE-us</b> )
4 Cam Lexow ( <b>LEX-oh</b> )	19 Samar Guidry ( <b>suh-MAR GID-ree</b> )	Ron Raab ( <b>(RAB) *rhymes with gab</b> )
5 Lizzy Sieracki ( <b>sir-ACK-ee</b> )	20 Talia Staude ( <b>TALL-ya STOUW-dee</b> )	Eilidh Thomson ( <b>(AY-lee)</b> )
7 Alexa Spaanstra ( <b>SPAN-struh</b> )	22 Lia Godfrey ( <b>(LEE-uh GOD-free)</b> )	
9 Diana Ordonez ( <b>DEE-anna or-DOHN-yez</b> )	24 Kira Maguire ( <b>(KEE-ruh muh-GWIRE)</b> )	
10 Taryn Torres ( <b>TAIR-inn</b> )	25 Alissa Gorzak ( <b>(UH-liss-uh GORE-zack)</b> )	
15 Brianna Jablonowski ( <b>bree-ON-uh JAB-lon-ow-skee</b> )	26 Loughlin Ryan ( <b>lock-LYNN ryan</b> )	

## ROSTER BREAKDOWN BY CLASS

### SENIORS | 7

McKenna Angotti, Alissa Gorzak, Laurel Ivory, Lizzy Sieracki, Anna Sumpter, Taryn Torres, Sydney Zandi

### JUNIORS | 7

Sarah Clark, Claire Constant, Lauren Hinton, Rebecca Jarrett, Michaela Moran, Ashlynn Serepca, Alex Spaanstra

### SOPHOMORES | 5

Emma Dawson, Cam Lexow, Lacey McCormack, Diana Ordonez, Talia Staude

### FRESHMEN | 12

Sarah Brunner, Jansen Eichenlaub\*, Maggie Fralin, Lia Godfrey, Peyton Goldthwaite, Samar Guidry, Brianna Jablonowski, Kira Maguire\*, Laney Rouse, Laughlin Ryan, Alexis Theoret, Cayla White\*

### NEWCOMERS | 10

Sarah Brunner, Sarah Clark, Maggie Fralin, Lia Godfrey, Peyton Goldthwaite, Samar Guidry, Brianna Jablonowski, Laney Rouse, Laughlin Ryan, Alexis Theoret

\* Indicates Redshirt Freshman

## ROSTER BREAKDOWN BY STATE

### CALIFORNIA | 1

McKenna Angotti

### COLORADO | 1

Michaela Moran

### FLORIDA | 3

Sarah Brunner, Lia Godfrey, Laurel Ivory

### GEORGIA | 2

Lizzy Sieracki, Talia Staude

### ILLINOIS | 1

Alissa Gorzak

### MASSACHUSETTS | 1

Kira Maguire

### MICHIGAN | 4

Jansen Eichenlaub, Alexa Spaanstra

### NEW JERSEY | 1

Rebecca Jarrett

### NEW YORK | 1

Brianna Jablonowski

### NORTH CAROLINA | 5

Sarah Clark, Peyton Goldthwaite, Laney Rouse, Laughlin Ryan, Ashlynn Serepca

### PENNSYLVANIA | 4

Cam Lexow, Sydney Zandi

### TEXAS | 5

Emma Dawson, Samar Guidry, Lauren Hinton, Diana Ordonez, Taryn Torres

### VIRGINIA | 6

Claire Constant, Maggie Fralin, Lacey McCormack, Anna Sumpter, Alexis Theoret, Cayla White

## RADIO AND TV ROSTER

 <b>LAUREL IVORY</b> Sr. GK- 5-9 Surfside, Fla. (Miami Country Day)	 <b>MICHAELA MORAN</b> Jr. GK- 5-8 Greeley, Colo. (Windson)	 <b>SYDNEY ZANDI</b> Sr. M- 5-5 West Chester, Pa. (B. Reed Henderson)	 <b>ASHLYNN SEREPCA</b> Jr. F/D- 5-5 Cornelius, N.C. (Hough)	 <b>CAM LEXOW</b> So. F- 5-9 Abington, Pa. (Abington)	 <b>LIZZY SIERACKI</b> RS-Sr. D- 5-8 Acworth, Ga. (Harrison)	 <b>ANNA SUMPTER</b> RS-Sr. M- 5-8 Charlottesville, Va. (Western Albemarle)	 <b>ALEXA SPAANSTRA</b> Jr. F/M- 5-5 Brighton, Mich. (Brighton)
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 <b>SARAH CLARK</b> Jr. D- 5-6 Topsail Beach, N.C. (Mercy/Purdue)	 <b>DIANA ORDONEZ</b> So. F- 5-11 Prosper, Texas (Prosper)	 <b>TARYN TORRES</b> Sr. M- 5-6 Frisco, Texas (Centennial)	 <b>LACEY MCCORMICK</b> So. F- 5-6 Arlington, Va. (Yorktown)	 <b>CLAIRE CONSTANT</b> Jr. D- 5-7 Alexandria, Va. (T.C. Williams)	 <b>REBECCA JARRETT</b> Jr. F/M- 5-6 Washington Township, N.J. (Immaculate Heart Academy)	 <b>EMMA DAWSON</b> So. M- 5-8 Richardson, Texas (J.J. Pearce)	 <b>BRIANNA JABLONOWSKI</b> Fr. F- 5-6 Centerport, N.Y. (St. Anthony's)
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 <b>LANEY ROUSE</b> Fr. D- 5-7 Cary, N.C. (Cary Academy)	 <b>JANSEN EICHENLAUB</b> RS-Fr. F/M- 5-5 Bloomfield Hills, Mich. (Marion)	 <b>SARAH BRUNNER</b> Fr. F/MF- 5-4 Jacksonville, Fla. (Mandarin)	 <b>SAMAR GUIDRY</b> Fr. D- 5-5 Plano, Texas (McKinney Boyd)	 <b>TALIA STAUDE</b> So. D- 5-7 Atlanta, Ga. (The Westminster Schools)	 <b>LAUREN HINTON</b> Jr. M- 5-4 Parker, Texas (Plano East HS/FIU)	 <b>LIA GODFREY</b> Sr. F/MF- 5-4 Fleming Island, Fla. (Fleming Island)	 <b>MCKENNA ANGOTTI</b> Sr. D- 5-7 Los Altos Hills, Calif. (Sacred Heart Prep/Northwestern)
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 <b>KIRA MAGUIRE</b> RS-Fr. D- 5-6 Hingham, Mass. (Hingham)	 <b>ALISSA GORZAK</b> RS-Sr. F- 5-6 Naperville, Ill. (Naperville Central)	 <b>LAUGHLIN RYAN</b> Fr. MF- 5-6 Charlotte, N.C. (Myers Park)	 <b>MAGGIE FRALIN</b> Fr. MF- 5-5 Richmond, Va. (Collegiate School)	 <b>PEYTON GOLDTHWAITE</b> Fr. MF- 5-4 Durham, N.C. (Durham Academy)	 <b>CAYLA WHITE</b> RS-Fr. GK- 5-6 Arlington, Va. (Washington & Lee HS)	 <b>ALEXIS THEORET</b> Fr. MF- 5-4 Haymarket, Va. (Oakton)
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 <b>STEVE SWANSON</b> Head Coach	 <b>RON RAAB</b> Associate Head Coach	 <b>JAIME FRIAS</b> Assistant Coach	 <b>JAKE DAVIS</b> Volunteer Assistant Coach	 <b>EILIDH THOMSON</b> Operations Assistant	 <b>BILL PARENTE</b> Associate Athletic Trainer
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**WHEN WAS THE LAST TIME.....**
**VIRGINIA**

				<b>OPPONENT</b>
OT Win:	11/8/19	2-1 vs. #5 Florida State	11/10/19	1-2 vs. #3 North Carolina (2ot)
at least 4 goals:	10/27/19	vs. Boston College (6)	11/8/13	2-4 vs. Virginia Tech
at least 5 goals:	9/12/19	vs. Boston College (6)	10/24/08	1-5 vs. North Carolina
at least 6 goals:	9/12/19	vs. Boston College (6)	10/25/01	1-6 vs. North Carolina
7+ goals:	9/12/19	vs. William & Mary (8)	9/27/92	0-7 at North Carolina
10+ corner kicks:	9/26/19	vs. #16 Virginia Tech (10)	10/3/10	by Boston College (10)
15+ corner kicks:	10/18/18	vs. Syracuse (15)	never	
No corner kicks:	9/27/09	vs. Clemson	10/25/18	NC State
20+ shots:	9/12/19	vs. William & Mary (25)	9/29/11	at Duke (20)
30+ shots:	11/11/17	vs. Saint Francis (33)	never	
No shots:	never		8/23/19	UC Irvine

**VIRGINIA - SITUATIONAL**

Win When Trailing:	10/28/18	1-0 vs. Louisville	(down 1-0 after 10 min)
Win When Trailing by 2 goals:	9/26/13	3-2 at Duke	(down 2-0 after 23 min)
Win When Trailing at halftime:	10/29/17	1-0 vs. Wake Forest	(down 1-0 at halftime)
Win When Trailing After 60th min:	8/30/11	2-1 vs. St. John's	(down 1-0 after 72 min)
Loss When Leading:	11/2/18	1-3 vs. Florida State:	(led 1-0 after 43 min)
Loss When Leading by 2 goals:	9/11/16	2-3 at Georgetown:	(led 2-0 after 9 min)
Loss When Leading at halftime:	10/5/12	1-2 vs. Wake:	(led 1-0 at halftime)
Loss When Leading After 60th min:	10/5/12	1-2 vs. Wake:	(led 1-0 after 69 min)

**TEAM - BY HALF**

	<b>1st HALF</b>		<b>2nd HALF</b>	
Three Goals:	9/12/19	vs. William & Mary (4)	10/27/19	vs. Boston College (4)
Four Goals:	9/12/19	vs. William & Mary (4)	10/27/19	vs. Boston College (4)
Five+ Goals:	10/31/15	at Pitt (5)	8/25/19	vs. Liberty (5)
Three Goals Allowed:	9/11/16	at Georgetown (3)	11/2/18	vs. Florida State (3)
Four Goals Allowed:	9/27/92	at North Carolina (5)	10/24/08	by North Carolina (5)
Five+ Goals Allowed:	9/27/92	at North Carolina (5)	10/24/08	by North Carolina (5)

**IVA INDIVIDUAL**

Hat Trick:	8/25/19	Diana Ordoñez vs. Liberty
Multi-Goal Game:	10/24/19	Ashlynn Serepca (2) vs. Boston College
5+ points:	8/25/19	Diana Ordoñez (6) vs. Liberty
2+ assists:	11/8/19	Alexa Spaanstra (2) vs. #5 Florida State
3+ assists:	8/25/19	Alexa Spaanstra (4) vs. Liberty
4+ assists:	8/25/19	Alexa Spaanstra (4) vs. Liberty
5+ assists:	11/14/14	Morgan Brian (5) vs. High Point
10+ shots:	11/15/13	Morgan Brian (10) vs. Saint Francis
10+ saves:	10/6/05	Christina de Vries (14) at North Carolina
GK save of PK:	8/27/10	Chantel Jones at Penn State (save of Christine Nairn)

**INDIVIDUAL-OPPONENT**

Hat Trick:	11/25/05	Danesha Adams, UCLA (4 goals)
Multi-Goal Game:	11/2/18	Deyna Castellanos (2), Florida State
5+ points:	9/11/11	Maya Hayes (5), Penn State
2+ assists:	11/18/12	Kaitlyn Kerr (2), Duke
10+ saves:	9/4/16	Hannah Seabert (11), Pepperdine
GK save of PK:	8/30/19	Melanie Stiles, ECU (save of Taryn Torres)

**MISCELLANEOUS**

First Minute Goal:	10/28/15	Makenzy Doniak at NC State (0:41)
46th Minute Goal (1st min after half)	10/7/18	Montana Sutton at Notre Dame (45:55)
90th Minute GWG:	8/26/18	Brianna Westrup vs. Bucknell (89:31)
Two-Goal Game by Sub:	9/12/19	Ashlynn Serepca (2) vs. Boston College
Two Multi-Goal Scorers:	9/12/19	Rebecca Jarrett (2), Ashlynn Serepca (2) vs. William & Mary
Two First Half Goals:	9/12/19	Rebecca Jarrett (2) vs. William & Mary
Five Different Goal Scorers:	9/12/19	Dawson, McCool, Petersen, Serepca (2), Zandi vs. Boston College
Six Different Goal Scorers:	9/12/19	Constant, Jarrett (2), McCool, Serepca (2), Torres, Zandi vs. William & Mary
Seven+ Different Goal Scorers:	8/26/11	C.Miller (3), Fry, Brannon, Brian, Douglas, Perrin, Hollenberg vs. Liberty
Red Card:	11/19/17	Courtney Petersen at No. 4 UCLA
Opponent Red Card:	9/10/17	Bench, Penn State

**CAVALIER CUMULATIVE CAREER STATISTICS**

No.	Name	GP-GS	Min	G	A	Pts.	Shots	GWG	GWA
7	Alexa Spaanstra	43-43	3118	12	18	42	102	3	8
9	Diana Ordoñez	19-18	1184	15	4	34	51	4	1
10	Taryn Torres	65-58	4406	11	10	32	70	3	4
13	Rebecca Jarrett	43-34	2333	11	10	32	65	5	4
25	Alissa Gorzak	72-35	3458	5	12	22	55	1	3
2	Sydney Zandi	66-26	3310	7	5	19	52	3	2
3	Ashlynn Serepca	44-2	1472	8	3	19	27	2	1
6	Anna Sumpter	53-20	2237	4	8	16	46	0	4
12	Claire Constant	37-8	1766	3	1	7	13	0	0
5	Lizzy Sieracki	43-11	1512	2	3	7	13	0	1
4	Cam Lexow	22-0	471	1	1	3	2	0	0
14	Emma Dawson	16-0	382	1	1	3	1	0	0
20	Talia Staude	22-15	1657	0	2	2	3	0	0
11	Lacey McCormack	9-0	115	0	1	1	1	0	0
23	McKenna Angotti	18-0	365	0	0	0	3	0	0
21	Lauren Hinton	4-0	36	0	0	0	2	0	0

No.	Name	GP-GS	Min	GA	GAA	Save	Save%	Sh0	Record
0	Laurel Ivory	62-62	5623:14	37	0.59	108	.745	28	42-11-8
1	Michaela Moran	12-5	557:35	6	0.97	14	.700	2	4-2-0