

# VIRGINIA™

## 2021 CAVALIER TRACK & FIELD NOTES

### 2021 Indoor Schedule

1/15-16	Virginia Tech Invitational (Blacksburg, Va.)
1/22-23	Hokie Invitational (Blacksburg, Va.)
2/1	Virginia Beach Invitational (Virginia Beach, Va.)
2/5-6	Doc Hale Elite Meet (Blacksburg, Va.)
2/12-13	Tiger Paw Invite (Clemson, S.C.)
2/12-13	VMI Indoor Classic (Lexington, Va.)
2/19-20	Virginia Tech Challenge (Blacksburg, Va.)
2/25-27	ACC Indoor Championships (Clemson, S.C.)
3/12-13	NCAA Indoor Championships (Fayetteville, Ark.)

### Media Information

Stephanie Withey  
Assistant Athletics Media Relations Director  
(Track and Field Contact)

Office: (434) 982-5500  
Direct: (434) 982-5977  
Email: [withey@virginia.edu](mailto:withey@virginia.edu)

[www.virginiasports.com](http://www.virginiasports.com)

### **January 15-16, 2021**

Rector Field House • Blacksburg, Va.

### **Virginia Cavaliers at Virginia Tech Invitational**



#### **The Meet**

- The Cavaliers will compete against Duke, High Point, North Carolina, Rhode Island, Syracuse and host Virginia Tech this weekend
- Duke opened its season at the Orange and Purple meet, hosted by Clemson on Jan. 9, with sophomore Ezra Mellinger leading the team with three first-place finishes
- The Virginia Tech Invitational will serve as the season opener for six teams, including: UVA, High Point, North Carolina, Rhode Island, Syracuse and Virginia Tech

#### **The Hoos**

- Friday's meet will be the first of seven regular-season competitions for UVA and the first of four meets at Rector Field House
- UVA will send 22 women and 14 men to the two-day competition in Blacksburg
- Of those traveling with the Cavaliers, 14 will be competing in their first indoor competition as a collegiate athlete

#### **Last Season**

- Despite the shortened season due to the Covid-19 pandemic, the Cavaliers are looking to build off a strong 2020 indoor track and field showing
- Virginia won five ACC titles at the conference championships, including a one-two finish in the men's triple jump and women's long jump
- Virginia captured 14 All-ACC honors at the 2020 conference championships from 13 athletes
- Of those 13 student-athletes, nine will compete with the Cavaliers for the 2021 indoor track and field season
- Returners Owayne Owens (Montego Bay, Jamaica), Jada Seaman (Pikesville, Md.) and Khyasia Caldwell (Pocono Summit, Pa.) earned All-America honors last year as the jumps trio qualified for the NCAA Championships
- Owens captured the seventh-best triple jump mark the country during the 2020 season, while Seaman and Caldwell recorded the sixth and 16th-best long jump mark, respectively

### **Virginia Coaching Staff**

Vin Lananna	Director of Track and Field and Cross Country/ Associate Athletics Director for Administration
Jason Dunn	Assistant Men's and Women's Assistant Track and Field Coach (Distance)
Nicole Freitag	Assistant Men's and Women's Track and Field Coach (Distance)
Mario Wilson	Assistant Men's and Women's Track and Field Coach (Jumps/Decathlon)
Martin Maric	Assistant Men's and Women's Track and Field Coach (Throws)
Michelle Freeman	Assistant Men's and Women's Track and Field Coach (Sprints/Hurdles)

## Meet Schedule of Probable UVA Entries

### Friday - January 22

<b>11:00a</b>	<b>W-60m Hurdles (Pent)</b>
<b>12:00p</b>	<b>W-High Jump (Pent)</b>
<b>2:15p</b>	<b>W-Shot Put (Pent)</b>
<b>3:15p</b>	<b>W-Long Jump (Pent)</b>
<b>4:15p</b>	<b>W-800m (Pent)</b>
<b>5:00p</b>	<b>W-Pole Vault</b>
<b>5:00p</b>	<b>W-Triple Jump</b>
<b>5:00p</b>	<b>M-Weight Throw</b>
<b>5:00p</b>	<b>W-Mile</b>
<b>5:20p</b>	<b>M-Mile</b>
<b>5:55p</b>	<b>M-60m Hurdles (prelims)</b>
<b>6:10p</b>	<b>W-60m Dash (prelims)</b>
<b>6:25p</b>	<b>M-60m Dash (prelims)</b>
<b>7:00p</b>	<b>M-60m Hurdles (final)</b>
<b>7:20p</b>	<b>M-60m Dash (final)</b>
<b>7:25p</b>	<b>W-60m Dash (final)</b>
<b>7:45p</b>	<b>M-600m</b>
<b>7:55p</b>	<b>W-3000m</b>
<b>8:20p</b>	<b>M-3000m</b>
<b>8:50p</b>	<b>W-300m</b>

### Saturday - January 23

<b>12:00p</b>	<b>W-High Jump</b>
<b>1:00p</b>	<b>M-Shot Put</b>
<b>1:45p</b>	<b>W-400m</b>
<b>2:00p</b>	<b>M-400m</b>
<b>2:15p</b>	<b>W-800m</b>
<b>2:30p</b>	<b>W-Long Jump</b>
<b>2:30p</b>	<b>M-Pole Vault (seeded)</b>
<b>2:30p</b>	<b>W-200m</b>
<b>2:45p</b>	<b>M-200m</b>
<b>3:40p</b>	<b>W-4x400m</b>
<b>3:55p</b>	<b>M-4x400m</b>

### Virginia Tech Invitational

Still
Still
Still
Still
Still
Barcarola, Larsen, Maloney, Recce
Saunders
Kunzman, Romero
Desmond, Sargent
Asfaw, Morris, Murphy, Neish, Sado
Wilson
Bonnick, Caldwell, Hazzard, Seaman
Davis, Wilson
<i>Wilson</i>
<i>Davis, Wilson</i>
<i>Bonnick, Caldwell, Hazzard, Seaman</i>
Frasier
Bothwell, Moran
Johnson, Kruse, Morris
Seaman

Italics- Event dependent upon prelim performance

\*All times Eastern

### Women's NCAA Indoor Champions

Aileen O'Conner	5000m - 1981 AIAW
Jill Haworth	1500m - 1981 AIAW
Virginia	DMR - 1982 AIAW
(Linda Nicholson, Karen Hatchett, Lisa Welch, Jill Haworth)	

### Women's ACC Indoor Champions

1987	Sonya Fridy	60y
	Michelle Rowen	Mile
	Virginia	Mile Relay
	LaTanya Wynn	TJ
1988	Robin Landes	HJ
	Latanya Wynn	TJ
1989	Dana Boone	LJ
1990	Claire Forbes	Mile
	Claire Forbes	3000m
1991	Kelly Bodiford	SP
1992	Claire Forbes	3000m
	Virginia	2-Mile Relay
1993	Sherry Gould	HJ
1994	Sherry Gould	HJ
1995	Rebecca Grube	LJ
1996	Lauren Connolly	WT
1997	Virginia	DMR
2001	Nacole Guinn	TJ
2003	Kiamesha Otey	LJ
2010	Maureen Laffan	SP
	Virginia	DMR
2011	Virginia	DMR
2012	Pearl Bickersteth	HJ
2014	Jordan Lavender	400m
2016	Iona Lake	Mile
2020	Jada Seaman	LJ

### Men's NCAA Indoor Champions

Paul Ereng	800m - 1989 NCAAAs
Robby Andrews	800m - 2010 NCAAAs
Henry Wynne	Mile - 2016 NCAAAs
Jordan Scott	Triple Jump- 2019 NCAAAs

### Men's ACC Indoor Champions

1954	Ray Quillen	HJ
1957	Henry Davenport	PV
1958	Henry Davenport	PV
	Clarence Roberts	PV
1968	Mike Harvey	LJ
1970	Jim Shannon	LJ
1972	Kent Merritt	60y
	Virginia	Mile Relay
1973	Kent Merritt	60y
1975	Keith Witherspoon	TJ
1976	Keith Witherspoon	TJ
1977	Greg Canty	1000y
1978	Greg Canty	1000y
	Virginia	2-Mile Relay
1979	Greg Canty	1000y
	Virginia	2-Mile Relay
1980	Greg Canty	1000y
1988	Herman Moore	HJ
1989	Paul Ereng	800m
	Ben Kurgat	800m
1990	Herman Moore	HJ
1991	Cornell Grayson	TJ
	Ben Kurgat	800m
	Thom McKinney	SP
	Ben Kurgat	800m
1992	Michael Murphy	WT
1993	Rob Cook	3000m
1994	McGavock Dunbar	800m
2005	McGavock Dunbar	800m
2008	Virginia	DMR
2009	Ryan Collins	5000m
2010	Robby Andrews	800m
	Ryan Collins	5000m
	Virginia	DMR
2011	Ryan Collins	5000m
	Anthony Kostelac	800m
	Marcus Robinson	TJ
2012	Mark Amirault	5000m
	Marcus Robinson	TJ
2015	Payton Hazzard	400m
	Filip Mihaljevic	SP
	Jordan Young	WT
	Virginia	DMR
2016	Filip Mihaljevic	SP
	Henry Wynne	Mile
	Virginia	DMR
2017	Filip Mihaljevic	SP
	Jack Lint	Hept
	Jordan Scott	TJ
	Jordan Young	WT
2019	Jordan Scott	TJ
2020	Brenton Foster	HJ
	Derek Pekar	Hept
	Jordan Scott	TJ
	Sam Young	PV



### Women's Top Indoor 2021 Performances Per Event

<b>WOMEN'S 60 METERS</b>	<b>TIME</b>	<b>WOMEN'S 60M HURDLES</b>	<b>TIME</b>	<b>WOMEN'S TRIPLE JUMP</b>	<b>MARK</b>
Halle Hazzard	7.31	Nadia Saunders	8.82	Nadia Saunders	11.86m 38'11"
Kayla Bonnick	7.54				
Jada Seaman	7.55				
<b>WOMEN'S 200 METERS</b>	<b>TIME</b>	<b>WOMEN'S HIGH JUMP</b>	<b>MARK</b>	<b>WOMEN'S SHOT PUT</b>	<b>MARK</b>
		Rebecca Hawkins	1.74m 5'8.5"	Maria Deaviz	15.43m 50'7.5"
		*Alix Still	1.71m 5'7.25"	Brittany Jones	14.56m 47'9.25"
<b>WOMEN'S 400 METERS</b>	<b>TIME</b>	<b>WOMEN'S POLE VAULT</b>	<b>MARK</b>	Thelma Kristjansdottir	13.75m 45'1.5"
		Gabriella Recce	3.67m 12'0.5"		
<b>WOMEN'S 800 METERS</b>	<b>TIME</b>	Riley Larsen	3.67m 12'0.5"	<b>WOMEN'S WEIGHT THROW</b>	<b>MARK</b>
Keara Seasholtz	2:12.07	Maya Maloney	3.52m 11'6.5"		
Alahna Sabbakhan	2:16.41	Trina Barcarola	3.52m 11'6.5"	<b>PENTATHLON</b>	<b>SCORE</b>
<b>WOMEN'S 1,000 METERS</b>	<b>TIME</b>	<b>WOMEN'S LONG JUMP</b>	<b>MARK</b>		
		Khyasia Caldwell	6.09m 19'11.75"	<b>WOMEN'S DMR</b>	<b>TIME</b>
<b>WOMEN'S MILE</b>	<b>TIME</b>	Jada Seaman	5.87m 19'3.25"		
		Mia Abulencia	5.45m 17'10.75"	<b>4x400m</b>	<b>TIME</b>
<b>WOMEN'S 3000 METERS</b>	<b>TIME</b>				
<b>WOMEN'S 5000 METERS</b>	<b>TIME</b>				

### Men's Top Indoor 2021 Performances Per Event

<b>MEN'S 60 METERS</b>	<b>TIME</b>	<b>MEN'S POLE VAULT</b>	<b>MARK</b>	<b>HEPTATHLON</b>	<b>SCORE</b>
Nigel Davis	7.09	Kane Aldrich	4.90m 16'0.75"		
<b>MEN'S 200 METERS</b>	<b>TIME</b>	Colin Duignan	4.75m 15'7"	<b>MEN'S DMR</b>	<b>TIME</b>
Jay Pendarvis	22.46	Derek Pekar	4.30m 14'1.25"	<b>4X400M</b>	<b>TIME</b>
<b>MEN'S 400 METERS</b>	<b>TIME</b>	<b>MEN'S LONG JUMP</b>	<b>MARK</b>		
		Ayende Watson	6.43m 21'1.25"	* Multis athlete	
<b>MEN'S 800 METERS</b>	<b>TIME</b>	<b>MEN'S TRIPLE JUMP</b>	<b>MARK</b>		
		Owayne Owens	16.35m 53' 7.75"		
<b>MEN'S 1,000 METERS</b>	<b>TIME</b>	<b>MEN'S SHOT PUT</b>	<b>MARK</b>		
		Claudio Romero	18.44m 60'6"		
<b>MEN'S MILE</b>	<b>TIME</b>	Jacob Lemmon	16.47m 54'0.5"		
		<b>MEN'S WEIGHT THROW</b>	<b>MARK</b>		
<b>MEN'S 3000 METERS</b>	<b>TIME</b>	Jacob Lemmon	18.70m 61'4.25"		
		Ty Kunzman	18.19m 59'8.25"		
<b>MEN'S 5000 METERS</b>	<b>TIME</b>	Claudio Romero	17.50m 57'5"		
<b>MEN'S 60M HURDLES</b>	<b>TIME</b>				
Jeremiah Wilson	8.34				
*Derek Pekar	8.84				
<b>MEN'S HIGH JUMP</b>	<b>MARK</b>				



### Men's Indoor Top 10 List

#### 60 METERS

1. Shay Clark ..... 6.71 ..... '01
2. Reuben Jones ..... 6.79 ..... '08
3. Adam Cummings ..... 6.86 ..... '13
4. Michael Johnson ..... 6.87 ..... '04
5. Jarrett Hagwood ..... 6.89 ..... '02  
Leo McLaughlin ..... 6.89 ..... '11
7. Scott Kimball ..... 6.93 ..... '00
8. Adams Abdulrazaaq ..... 6.94 ..... '11
9. Payton Hazzard ..... 6.95 ..... '15
10. Matt Meyer ..... 6.96 ..... '09

#### 200 METERS

1. **Jordan Willis** ..... 21.42 ..... '20
2. Gerald Howard ..... 21.53 ..... '95
3. Scott Kimball ..... 21.78 ..... '00  
Reuben Jones ..... 21.78 ..... '08  
Payton Hazzard ..... 21.78 ..... '14
6. Conlon Bonner ..... 21.79 ..... '08
7. Shay Clark ..... 21.81 ..... '02
8. Kellen Blassingame ..... 21.85 ..... '06
9. **Brandon Outlaw** ..... 21.89 ..... '20
10. Rahn Turner ..... 22.00 ..... '98

#### 400 METERS

1. **Brandon Outlaw** ..... 46.58 ..... '20
2. Payton Hazzard ..... 46.60 ..... '15
3. **Jordan Willis** ..... 46.61 ..... '20
4. Kellen Blassingame ..... 46.73 ..... '06
5. Kevin Anding ..... 47.46 ..... '11
6. Alfred Shirley ..... 47.53 ..... '18
7. Ben Kurgat ..... 47.61 ..... '89
8. Paul Ereng ..... 47.64 ..... '88
9. Meikle Paschal ..... 48.04 ..... '09
10. Charles Bowman ..... 48.16 ..... '17

#### 800 METERS

1. Paul Ereng ..... 1:44.84 ..... '88
2. Ben Kurgat ..... 1:47.31 ..... '91
3. Robby Andrews ..... 1:48.02 ..... '10
4. McGavock Dunbar ..... 1:49.18 ..... '04
5. Nathan Kiley ..... 1:49.20 ..... '16
6. John Hinton ..... 1:49.24 ..... '84  
Anthony Kostelac ..... 1:49.24 ..... '11
8. Lance Roller ..... 1:49.47 ..... '10
9. Rob Pearce ..... 1:49.75 ..... '99
10. Kenneth Hagen ..... 1:50.87 ..... '16

#### MILE

1. Vince Draddy ..... 3:58.2h ..... '82
2. Henry Wynne ..... 3:58.74 ..... '16
3. AJ Ernst ..... 3:59.38 ..... '20
4. Mike Marsella ..... 3:59.97 ..... '15
5. Kyle King ..... 4:02.15 ..... '15
6. Patrick Todd ..... 4:02.70 ..... '12
7. John Minen ..... 4:02.77 ..... '10
8. Kris Herdt ..... 4:02.92 ..... '87
9. Anthony Kostelac ..... 4:02.99 ..... '12
10. Alex Tatu ..... 4:03.00 ..... '05

#### 3000 METERS

1. Ari Klau ..... 7:51.57 ..... '20
2. Henry Wynne ..... 7:53.89 ..... '16
3. Mark Amirault ..... 7:54.08 ..... '12
4. Adam Visokay ..... 7:54.24 ..... '16
5. Kris Herdt ..... 7:54.90 ..... '87
6. Emil Heineking ..... 7:58.36 ..... '11
7. Kyle King ..... 8:00.23 ..... '15
8. Jan Foerster ..... 8:02.54 ..... '07
9. Andy Biladeau ..... 8:04.30 ..... '08
10. **AJ Ernst** ..... 8:05.31 ..... '19

#### 5000 METERS

1. Zach Herriott ..... 13:45.37 ..... '17
2. Ryan Collins ..... 13:46.41 ..... '10
3. Chase Weaverling ..... 13:54.39 ..... '17
4. Brent Demarest ..... 13:56.03 ..... '17
5. Thomas Madden ..... 13:57.01 ..... '15
6. **Alex Corbett** ..... 14:00.56 ..... '19
7. Kris Herdt ..... 14:02.00 ..... '89
8. Mark Amirault ..... 14:03.01 ..... '12
9. Ari Klau ..... 14:03.31 ..... '19
10. Chris Foley ..... 14:03.67 ..... '12

#### 60 HURDLES

1. Adams Abdulrazaaq ..... 7.75 ..... '11
2. Drequan Hoskey ..... 7.79 ..... '14
3. Jarrett Hagwood ..... 7.93 ..... '02
4. Marion Mason ..... 8.01 ..... '01
5. Cary Chandler ..... 8.03 ..... '01  
Aaron Shepperd ..... 8.03 ..... '11  
Emmanuel Jackson ..... 8.03 ..... '19
8. Gemayel Hazard ..... 8.09 ..... '02
9. Herb Reid ..... 8.16 ..... '01  
Isi Azeke ..... 8.16 ..... '06

#### HIGH JUMP

1. **Brenton Foster** ..... 2.26m (7'5") ..... '20
2. Herman Moore ..... 2.21m (7'3") ..... '90
3. Greg Nelson ..... 2.14m (7'0.25") .. '10
4. Greg Byers ..... 2.13m (6'11.75") .. '82  
Trey Causey ..... 2.13m (6'11.75") .. '19
6. Bob Lund ..... 2.09m (6'10.25") .. '93
7. Mike Riso ..... 2.08m (6'10") ..... '02  
Kevin Jackson ..... 2.08m (6'10") ..... '77
9. David Sullivan ..... 2.05m (6'8.75") .. '08  
Arthur Gennari ..... 2.05m (6'8.75") .. '06  
Tommy DeVita ..... 2.05m (6'8.75") .. '13

#### POLE VAULT

1. **Sam Young** ..... 5.38m (17'7.75") .. '20
1. David Sullivan ..... 5.30m (17'4.75") '05
2. Brian Shafer ..... 5.20m (17'0.75") '93  
Jeff Jernigan ..... 5.10m (16'8.75") .. '17
5. Tommy Cooke ..... 5.05m (16'6.75") '95
6. Matt Armentrout ..... 5.01m (16.5.25") .. '13
7. Danny Thompson ..... 4.98m (16'4") ..... '81
8. Greg Blair ..... 4.90m (16'1") ..... '05  
David Lewis ..... 4.90m (16'1") ..... '08
- Kane Aldrich** ..... 4.90m (16' .75") .. '21

#### LONG JUMP

1. Jordan Scott ..... 7.58m (24'10.5) ... '19
2. Matt Meyer ..... 7.52m (24'8.25") '09
3. Marion Mason ..... 7.50m (24'7.25") '01  
Tiki Barber ..... 7.50m (24'7.25") '94
5. Bruce Randolph ..... 7.48m (24'6.5") .. '84
6. Keith Witherspoon ... 7.45m (24'5.25") .. '76
7. **Ayende Watson** ..... 7.41m (24'3.75") .. '19
8. Stephen Dunphy ..... 7.40m (24'3.25") '92
9. Mauri Anderson ..... 7.39m (24'3") ..... '82
10. Jarrett Hagwood ..... 7.34m (24'1") ..... '01

#### TRIPLE JUMP

1. Jordan Scott ..... 17.20m (55'10.25) '20
2. Marcus Robinson ..... 16.63m (54'6.75") '12
3. **Owyane Owens** ..... 16.35m (53'7.75") '21
4. Keith Witherspoon ... 16.16m (53'0.25") '76
5. Greg Byers ..... 15.98m (52'5") ... '85
6. Aaron Worrell ..... 15.87m (52'1") ..... '17
7. Cornell Grayson ..... 15.74m (51'7.75") '90
8. Chike Chukwulozie ... 15.64m (51'3.75") '91
9. Ryan Satchell ..... 15.62m (51'3") ... '14
10. Ivan Glasgow ..... 15.34m (50'4") ... '82

#### SHOT PUT

1. Filip Mihaljevic ..... 20.87m (68'5.75") .. '16
2. Oghenakpobo Efekoro ..... 19.84m (65'1.25") .. '17
3. Jordan Young ..... 19.15m (62'10") .. '15
4. Nick Vena ..... 18.92m (62'1") ... '12
5. Yemi Ayeni ..... 18.80m (61'8.25") '09
6. Nace Plesko ..... 18.71m (61'4.75") .. '19
7. **Claudio Romero** ..... 18.44m (60'6) ..... '21
7. Kevin Latham ..... 17.62m (57'9.75") '84
8. Thom McKinney ..... 17.12m (56'2") ... '91
9. Mike Murphy ..... 17.10m (56'1.25") '93
10. Pete Sheehan ..... 16.91m (55'5.75") '91

#### WEIGHT THROW

1. Jordan Young ..... 22.92m (75'2.5") ... '15
2. Hilmar Jonsson ..... 21.37m (70'1.5") .. '18
3. Oghenakpobo Efekoro ..... 19.90m (65'13.5") '18
4. Vincenzo Chiariello ..... 19.38m (63'7") ... '12
5. **Ty Kunzman** ..... 19.18m (62'11.25") '21
6. **Jacob Lemmon** ..... 18.70m (61'4.25") '21
7. **Claudio Romero** .... 18.47m (60'7.25") '21
8. Thom McKinney ..... 18.43m (60'5.75") '91
9. Thomas Fuson ..... 18.18m (59'7.75") '11
10. Mike Murphy ..... 17.77m (58'3.75") '93

#### HEPTATHLON

1. Jack Lint ..... 5,546 ..... '17
2. **Derek Pekar** ..... 5,362 ..... '20
3. David Sullivan ..... 5,178 ..... '04
4. David Lewis ..... 5,139 ..... '08
5. Christian Lavorgna ... 5,113 ..... '16
6. **Elby Omohundro** ..... 5,038 ..... '20
7. Cam Collins ..... 4,972 ..... '16
8. Anthony Dunavant ..... 4,970 ..... '14
9. Jack Claiborne ..... 4,821 ..... '17
10. Thomas Codevilla ..... 4,360 ..... '05



### Men's Indoor Freshman Records

#### 60 METERS

1. Adam Cummings.....6.86.....'13
2. Leo McLaughlin .....6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner.....6.98.....'08

#### 200 METERS

1. Conlon Bonner.....21.79.....'08
2. **Brandon Outlaw**.....22.03.....'18
3. Ben Sargong.....22.16.....'92
4. Adam Abdulrazaaq .....22.24.....'08
5. Alfred Shirley .....22.31.....'18

#### 300 METERS

1. Anthony Swan.....34.11.....'86
2. Adam Abdulrazaaq .....34.63.....'08
3. Patrick Farmer .....34.74.....'11
4. Conlon Bonner.....34.78.....'08
5. Charles Bowman.....34.82.....'16

#### 400 METERS

1. **Brandon Outlaw**.....47.18.....'18
2. Alfred Shirley .....47.53.....'18
3. Paul Ereng.....47.64.....'88
4. Meikle Paschal .....48.11.....'08
5. Ben Kurgat.....48.26.....'88

#### 500 METERS

1. Paul Ereng.....1:02.02.....'88
2. Alfred Shirley .....1:03.05.....'18
3. Bruce Berry .....1:03.31.....'85
4. Ray Brown .....1:03.80.....'81
5. Dwayne Brake.....1:03.97.....'83

#### 800 METERS

1. Robby Andrews .....1:48.39.....'10
2. Anthony Kostelac .....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
4. Nathan Kiley.....1:51.08.....'14
5. Mike Marsella.....1:51.41.....'14

#### 1000 METERS

1. Rob Pearce.....2:27.69.....'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart .....2:28.40.....'11
4. Brett Johnson .....2:28.47.....'10
5. Ken Cheeseman .....2:29.80.....'85

#### MILE

1. Alex Tatu .....4:03.00.....'05
2. Mike Marsella.....4:03.18.....'14
3. Matthew Novak.....4:03.93.....'16
4. Sintayehu Taye.....4:04.04.....'09
5. Henry Wynne .....4:04.37.....'14

#### 3,000 METERS

1. Adam Visokay.....7:57.46.....'14
2. Brent Demarest .....8:09.59.....'15
3. Connor Rog .....8:09.76.....'14
4. Chase Weaverling .....8:11.28.....'16
5. **Rohann Asfaw** .....8:13.81.....'19

#### 5,000 METERS

1. Thomas Madden .....13:57.01.....'15
2. Chris Foley .....14:03.67.....'12
3. Chase Weaverling .....14:03.72.....'16
4. Brent Demarest .....14:14.74.....'15
5. Connor Rog .....14:15.23.....'14

#### 60m HURDLES

1. Adam Abdulrazaaq .....7.98.....'08
2. Aaron Sheppherd .....8.03.....'11
3. Jarrett Hagwood.....8.05.....'99
4. Marion Mason .....8.23.....'98
- Devin Brewer .....8.23.....'12
- Jack Lint .....8.23.....'16

#### HIGH JUMP

1. Trey Causey .....2.13m(6'11.75).....'19
2. Mike Riso .....2.08m (6' 10").....'02
3. Tommy DeVita.....2.04m (6' 8.5").....'11
4. Arthur Gennari .....2.03m (6' 8").....'07
5. Gerald Howard.....2.00m (6' 7").....'93
- Cordell Green .....2.00m (6' 7").....'95

#### POLE VAULT

1. **Sam Young** .....5.10m (16' 8.75) ...'17
2. David Sullivan.....4.97m (16' 3.75").. '03
3. Brian Shafer.....4.90m (16' 1") ..... '90
4. Jake Williams .....4.87m (16' 0") ..... '91
5. Greg Blair.....4.82m (15' 10") ..... '03

#### LONG JUMP

1. Matt Meyer.....7.52m (24' 8.25").. '09
2. Tiki Barber.....7.48m (24' 6.75").. '94
3. **Ayende Watson** ...7.41m (24'3.75")... '19
4. Jordan Scott.....7.38m (24' 2.5") ... '17
5. Marion Mason .....7.24m (23' 9.25").. '98

#### TRIPLE JUMP

1. Jordan Scott.....16.36m (53' 8.25)..'17
2. Aaron Worrell.....15.64m (51'3.75")... '14
3. **Owyane Owens**.....15.27m (50' 1.25").. '20
4. Ryan Satchell .....15.02m (49' 3.5")..'12
5. Darryl Smith .....14.70m (48' 4") ..... '79

#### SHOT PUT

1. Filip Mihaljevic .....19.63m (64'5") ..... '15
2. Nick Vena .....18.92m (62' 1") ..... '12
3. Oghenekpobo Efekoro.....18.82m (61' 9")..... '16
4. **Claudio Romero...18.44m (60'6" ..... '21**
5. Mike Theuerkauf....16.51m (54' 2") ..... '89

#### WEIGHT THROW

1. Hilmar Jonsson.....20.32m (66' 8")..... '16
3. Oghenekpobo Efekoro.....18.86m (61' 10.5").. '16
3. **Jacob Lemmon ....18.70m (61'4.25") '21**
4. **Claudio Romero...18.47m (60' 7.25")'21**
5. Vincenzo Chiarello ....16.40m (53' 9.75") '09

#### HEPTATHLON

1. Jack Lint .....5,358.....'16
2. **Derek Pekar** .....5,354.....'20
3. Anthony Dunavant.....4,970.....'14
4. Jack Claiborne .....4,821.....'17
5. Cam Collins.....4,793.....'15

#### Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark





### Women's Indoor Top 10 List

#### 60 METERS

- Halle Hazzard** ..... 7.24 ..... '20
- Kiamesha Otey ..... 7.37 ..... '03
- Sonja Fridy..... 7.39 ..... '86
- Peyton Chaney ..... 7.40 ..... '16
- Anna Jefferson** ..... 7.40 ..... '20
- Pam Lemons ..... 7.43 ..... '93
- Jada Seaman** ..... 7.46 ..... '20
- Jordan Lavender..... 7.49 ..... '15
- Janne'a Bridgeford ..... 7.50 ..... '08
- Dana Boone ..... 7.54 ..... '91
- Tori McKenzie ..... 7.54 ..... '16
- Kayla Bonnick**..... 7.54 ..... '21

#### 200 METERS

- Jada Seaman**..... 23.76 ..... '20
- Halle Hazzard** ..... 23.79 ..... '20
- Jordan Lavender..... 23.80 ..... '15
- Peyton Chaney ..... 23.84 ..... '16
- Anna Jefferson** ..... 23.92 ..... '20
- Danielle Williams ..... 23.97 ..... '12
- Kelly Miller ..... 24.17 ..... '99
- Angela Lee ..... 24.30 ..... '99
- Kiamesha Otey ..... 24.34 ..... '03
- Pam Lemons ..... 24.37 ..... '94

#### 400 METERS

- Jordan Lavender..... 52.59 ..... '13
- Andrenette Knight** ..... 53.50 ..... '20
- Anna Jefferson** ..... 53.33 ..... '19
- Lisa Garrett ..... 54.07 ..... '81
- Angela Lee ..... 54.29 ..... '99
- Carielle Doe ..... 54.52 ..... '02
- Cathron Birge ..... 54.61 ..... '90
- Sonja Fridy ..... 54.95 ..... '87
- Angela Griffith ..... 55.38 ..... '92
- Erin Crawford ..... 55.42 ..... '07

#### 800 METERS

- Vanessa Fabrizio ..... 2:07.24 ..... '15
- Emma Call..... 2:07.39 ..... '17
- Lyndsay Harper ..... 2:07.64 ..... '11
- Morgane Gay ..... 2:08.07 ..... '09
- Kim Kelly ..... 2:09.27 ..... '85
- Alahna Sabbakhan**..... 2:09.57 ..... '20
- Jill Haworth..... 2:09.62 ..... '83
- Cathron Birge ..... 2:09.71 ..... '90
- Colette Gnade ..... 2:09.80 ..... '13
- Sandy Schuler ..... 2:09.90 ..... '85

#### MILE

- Jill Haworth ..... 4:34.32 ..... '82
- Morgane Gay ..... 4:34.38 ..... '12
- Vicky Fouhy..... 4:34.87 ..... '13
- Lesley Welch ..... 4:35.56 ..... '82
- Iona Lake ..... 4:36.11 ..... '16
- Marissa Schmidt ..... 4:41.10 ..... '82
- Michele Rowen ..... 4:41.57 ..... '87
- Lisa Welch ..... 4:41.96 ..... '82
- Catherine White ..... 4:42.80 ..... '11
- Margaret Groos ..... 4:43.9h ..... '79

#### 3,000 METERS

- Cleo Boyd ..... 9:18.20 ..... '17
- Claire Forbes ..... 9:18.80 ..... '92
- Stephanie Garcia ..... 9:19.44 ..... '11
- Martha White..... 9:19.58 ..... '83
- Iona Lake ..... 9:22.75 ..... '15
- Barbara Strehler ..... 9:22.85 ..... '14
- Morgan Kelly..... 9:23.21 ..... '15
- Catherine White ..... 9:24.43 ..... '10
- Patty Matava ..... 9:25.83 ..... '87
- Michele Rowen ..... 9:25.8h ..... '85

#### 5,000 METERS

- Margaret Groos ..... 15:34.71 ..... '81
- Cleo Boyd ..... 16:04.76 ..... '17
- Morgan Kelly..... 16:10.73 ..... '15
- Barbara Strehler ..... 16:16.32 ..... '14
- Emily Harrison ..... 16:16.53 ..... '08
- Lesley Welch..... 16:21.6h ..... '82
- Maria Hauger ..... 16:22.07 ..... '14
- Anna Corrigan ..... 16:25.81 ..... '12
- Kara Scanlin ..... 16:27.61 ..... '08
- Martha White ..... 16:31.6h ..... '82

#### 60 HURDLES

- Alexis Woodley..... 8.31 ..... '20
- Ciara Leonard ..... 8.38 ..... '18
- Ayla Smith ..... 8.39 ..... '09
- Andrenette Knight** ..... 8.48 ..... '20
- Heather Smith ..... 8.54 ..... '16
- Kim Turko ..... 8.55 ..... '01
- Chidi Uche ..... 8.58 ..... '10
- Lauren Echko ..... 8.60 ..... '09
- Bianca DeBartolo..... 8.65 ..... '07
- Kristina Chapman ..... 8.68 ..... '11

#### HIGH JUMP

- Sherry Gould ..... 1.87m (6' 1.5") ..... '94
- Ann Bair ..... 1.83m (6' 0") ..... '83
- Robin Landes ..... 1.82m (5' 11.25") ..... '88
- Karen DiDonato ..... 1.80m (5' 10.75") ..... '91
- Pearl Bickersteth..... 1.79m (5' 10.5") ..... '12
- Rachel Marks ..... 1.78m (5' 10") ..... '04
- Kate Doyle..... 1.75m (5' 8.75") ..... '90
- Janelle Clayton..... 1.74m (5' 8.5") ..... '10
- Rebecca Hawkins .. 1.74m (5'8.5") .... '21**
- Susan Brownell..... 1.73m (5' 8.25") ..... '80
- Karen Hatchett ..... 1.73m (5' 8.25") ..... '81

#### POLE VAULT

- Bridget Guy..... 4.41m (14'5.5") ..... '19
- Maya Maloney** ..... 3.97m (13'0.25") ..... '20
- Sarah DeVita ..... 3.97m (13'0.25") ..... '15
- Theresa Demaria ..... 3.96m (12'11.75") ..... '17
- Katie Freix ..... 3.95m (12'11.5") ..... '18
- Vika Osenko ..... 3.80m (12' 5.75") ..... '03
- Riley Larsen** ..... 3.80m (12'5.5") ..... '20
- Katie Darraugh..... 3.75m (12' 3.5") ..... '10
- Gabriella Recce** ..... 3.70m (12' 1.5") ..... '21
- Annica While ..... 3.60m (11' 9.75") ..... '01
- Kathryn Pettine ..... 3.60m (11' 9.75") ..... '05
- Kate Kaufman..... 3.60m (11' 9.75") ..... '16
- Trina Bar

#### LONG JUMP

- Jada Seaman**..... 6.46m (21' 2.5")..... '20
- Dana Boone ..... 6.44m (21' 1.50") ..... '91
- Kiamesha Otey ..... 6.39m (20' 11.75") ..... '02
- Sonja Fridy..... 6.38m (20' 11.25") ..... '87
- Khyasia Caldwell**..... 6.29m (20' 7.75") ..... '20
- Nicole Kimbrough..... 6.27m (20' 7") ..... '95
- Kelly Miller ..... 6.22m (20' 5") ..... '99
- Angela Griffith ..... 6.15m (20' 2.25") ..... '92
- Latanya Wynn ..... 6.10m (20' 0.25") ..... '88
- Tomika Ferguson..... 6.09m (19' 11.75") ..... '06
- Mia Barron ..... 6.09m (19' 11.75") ..... '18

#### TRIPLE JUMP

- Tomika Ferguson ..... 13.53m (44' 4.75") ..... '07
- Naccolle Guinn ..... 13.14m (43' 1.25") ..... '01
- Kelly McKeen..... 13.00m (42'8") ..... '19
- Dallas Rose..... 12.98m (42' 7") ..... '12
- Dana Boone ..... 12.86m (42' 2.25") ..... '91
- Michele Johnson..... 12.78m (41' 11") ..... '87
- Mia Barron ..... 12.71m (41'8.5") ..... '17
- Rashawnda James ... 12.59m (41' 3.75") ..... '09
- Curtrell Frye ..... 12.45m (40' 10.25") ..... '02
- Tiffany King ..... 12.37m (40' 7") ..... '96

#### SHOT PUT

- Billie-Jo Grant ..... 16.55m (54' 3.5") ..... '08
- Christine Bohan ..... 16.53m (54' 2.75") ..... '16
- Brittany Jones** ..... 16.27m (53'4.5") ..... '20
- Maureen Laffan ..... 15.97m (52' 4.75") ..... '10
- Eliese Mitchell ..... 15.72m (51' 7") ..... '03
- Kelly Bodiford ..... 15.65m (51' 4.25") ..... '91
- Maria Deaviz** ..... 15.43m (50'7.4") ..... '21
- Emily Vannoy ..... 15.42m (50' 7.25") ..... '10
- Anna Grant ..... 14.94m (49' 0.25") ..... '08
- Alexa Manning ..... 14.93m (48' 11.75") ..... '08
- Amy Brown ..... 14.05m (46' 1.25") ..... '99

#### WEIGHT THROW

- Eliese Mitchell ..... 20.06m (65' 9.75") ..... '02
- Maureen Laffan ..... 18.54m (60' 10") ..... '12
- Erin Wykoff ..... 17.75m (58' 3") ..... '12
- Jade Baker ..... 17.46m (57'3.5") ..... '19
- Alexa Manning ..... 17.09m (56' 1") ..... '08
- Ann Crouse..... 17.08m (56' 0.5") ..... '96
- Eve Mustafic**..... 16.92m (55'6.25") ..... '19
- Lauren Connelly ..... 16.67m (54' 8.25") ..... '96
- Logan Clements..... 16.30m (53'5.75") ..... '14
- Brittany Jones** ..... 16.24m (53' 3.5") ..... '18

#### PENTATHLON

- Susan Brownell..... 4,153..... '82
- Rebecca Grube ..... 4,108..... '95
- Holly Sullivan ..... 3,912..... '18
- Ayla Smith ..... 3,879..... '09
- Sherry Gould ..... 3,789..... '94
- Alix Still**..... 3,781..... '21
- Beth Sheehan ..... 3,678..... '83
- Bianca DeBartolo..... 3,661..... '07
- Anna Finger ..... 3,659..... '13
- Curtrell Frye ..... 3,644..... '02

All-time lists are based on a student-athlete's best time/mark



### Women's Indoor Freshman Records

#### 60-METER DASH

- 1. **Halle Hazzard** ..... 7.32 ..... '19
- 2. **Jada Seaman** ..... 7.46 ..... '20
- 3. **Kayla Bonnick**..... **7.54** ..... '**21**
- 4. Jordan Lavender..... 7.57 ..... '12
- 5. Peyton Chaney ..... 7.60 ..... '13
- Tori McKenzie ..... 7.60 ..... '14

#### 200-METER DASH

- 1. **Jada Seamon** ..... 23.93 ..... '20
- 2. **Halle Hazzard** ..... 24.09 ..... '19
- 3. Jordan Lavender..... 24.25 ..... '12
- 4. Peyton Chaney ..... 24.31 ..... '13
- 5. Kiana Hairston..... 24.48 ..... '15

#### 300-METER DASH

- 1. Jordan Lavender..... 39.05 ..... '12
- 2. Julie Sandy..... 39.43 ..... '87
- 3. **Anna Jefferson** ..... 39.63 ..... '17
- 4. Kiana Hairston..... 40.15 ..... '15
- 5. **Kayla Bonnick**..... **40.25** ..... '**21**

#### 400-METER DASH

- 1. Jordan Lavender..... 54.69 ..... '12
- 2. Michelle Samuels ..... 55.81 ..... '91
- 3. Meagan Gillespie ..... 56.07 ..... '09
- 4. Chimere Ezumah..... 56.27 ..... '14
- 5. Leslie Satchell..... 56.67 ..... '95

#### 500-METER DASH

- 1. Cathron Birge ..... 1:14.16 ..... '87
- 2. Phyllis Buber..... 1:14.90 ..... '84
- 3. Ayla Smith ..... 1:14.91 ..... '07
- 4. Lyndsay Harper ..... 1:16.22 ..... '08
- 5. Shelley McBride ..... 1:16.68 ..... '86

#### 800-METER RUN

- 1. Emma Call ..... 2:07.39 ..... '17
- 2. Morgane Gay ..... 2:08.07 ..... '09
- 3. Vanessa Fabrizio ..... 2:08.79 ..... '11
- 4. Sandy Schuler ..... 2:09.90 ..... '85
- 5. Alexia Roux..... 2:11.34 ..... '16

#### 1000-METER RUN

- 1. Sandy Schuler ..... 2:44.40 ..... '85
- 2. Shelley McBride ..... 2:50.40 ..... '86
- 3. **Maddie Rennyson** ..... 2:54.65 ..... '18
- 4. Claire Forbes ..... 2:55.31 ..... '90
- 5. Alexia Roux..... 2:56.80 ..... '16

#### 1-MILE RUN

- 1. Claire Forbes ..... 4:49.48 ..... '90
- 2. Tasia Potasinski ..... 4:51.49 ..... '10
- 3. Megan Rebholz ..... 4:53.87 ..... '15
- 4. Lara Drauglis ..... 4:53.94 ..... '91
- 5. Michelle Rowen..... 4:54.10 ..... '84

#### 3000-METER RUN

- 1. Maria Hauger..... 9:29.20 ..... '14
- 2. Sarah Fakler ..... 9:37.45 ..... '14
- 3. Katharine Walker..... 9:38.96 ..... '11
- 4. Megan Rebholz ..... 9:42.55 ..... '15
- 5. Cleo Boyd..... 9:47.23 ..... '14

#### 5000-METER RUN

- 1. Lesley Welch..... 16:21.60 ..... '82
- 2. Maria Hauger..... 16:22.07 ..... '14
- 3. Cleo Boyd..... 16:29.16 ..... '14
- 4. Sarah Fakler ..... 16:32.01 ..... '14
- 5. Katharine Walker..... 16:46.02 ..... '11

#### 60-METER HURDLES

- 1. Alexis Woodley ..... 8.56 ..... '17
- 2. Ayla Smith ..... 8.68 ..... '07
- 3. Kim Turko ..... 8.69 ..... '98
- 4. Ciara Leonard ..... 8.74 ..... '16
- 5. Shantell Bingham..... 8.82 ..... '12
- Nadia Sauders** ..... **8.82** ..... '**21**

#### HIGH JUMP

- 1. Karen Didonota..... 1.71m (5'7.5").... '87
- 2. Janelle Clayton..... 1.70m (5' 7")..... '10
- Pearl Bickersteth..... 1.70m (5' 7")..... '10
- Emily Kianka..... 1.70m (5' 7")..... '11
- Moira Cronin..... 1.70m (5' 7")..... '12

#### POLE VAULT

- 1. Bridget Guy..... 3.97m (13' 0.25")'15
- Maya Maloney** ..... 3.97m (13'0.25")'20
- 3. Theresa Demaria..... 3.96m(12'11.75) '17
- 4. Katie Freix ..... 3.82m (12' 6.5").. '15
- 5. **Riley Larsen**..... 3.77m (12'4.5").. '20

#### LONG JUMP

- 1. **Jada Seaman** ..... 6.46m (21' 2.5").. '20
- 2. Kiamesha Otey ..... 6.00m (19' 8.25").. '00
- 3. Sonja Fridy..... 5.99m (19' 8").... '84
- 4. Dana Boone ..... 5.96m (19' 6.75")'88
- 5. Mia Barron ..... 5.94m (19' 6").... '15

#### TRIPLE JUMP

- 1. Dallas Rose..... 12.56m (41' 2.5")'10
- 2. Mia Barron ..... 12.33m (40' 5.5").. '15
- 3. Britni Strates ..... 12.32m (40' 5").. '12
- 4. Rashawanda James ... 12.19m (40' 0").. '08
- 5. Mishanta Reyes ..... 12.13m (39' 9.75")'99

#### SHOT PUT

- 1. Maria Deaviz..... 15.43m (50' 7.5")'21
- 2. Emily Vannoy ..... 15.42m (50' 7.25")'10
- 3. **Brittany Jones**..... 15.21m (49'11").. '18
- 4. Anna Grant ..... 14.94m (49' 0.25").. '08
- 5. Christine Bohan ..... 14.78m (48' 6")... '14

#### WEIGHT THROW

- 1. **Eva Mustafic**..... 16.92m (55'6.25")..19
- 2. **Brittany Jones** ..... 16.24m (53'3.5")'18
- 3. Emily Vannoy ..... 16.00m (52' 6").. '10
- 4. Kristy Martin..... 15.50m (50' 10.5")'97
- 5. Erin Wykoff ..... 15.11m (49' 7").. '09

#### PENTATHLON

- 1. Beth Sheehan..... 3,678 ..... '83
- 2. Katie Ollendick ..... 3,443 ..... '94
- 3. Holly Sullivan..... 3,411 ..... '16
- 4. Alana Herran ..... 3,396 ..... '16
- 5. **Alix Still**..... 3,288 ..... '19

#### Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

## Indoor Relay Records

### Women

#### 4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
3.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
4.	3:40.40	Chaney, Lavender, Ezumah, Wright	2014
5.	3:41.26	Wright, Ezumah, Lavender, Hairston	2015

#### DMR

1.	10:59.33	Gay, Smith, Harper, Garcia	2011
2.	11:14.15	Gay, Fabrizio, Harper, Garcia	2011
3.	11:19.39	Welch, Welch, Garrett, Haworth	1982
4.	11:21.19	Fabrizio, Weatherly, Gnade, Garcia	2011
5.	11:22.32	Sargent, Lavender, Fabrizio, Fouhy	2014

### Men

#### 4x400

1.	3:11.76	<b>Willis, Shirley, Dixon, Outlaw</b>	2018
2.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017
3.	3:12.52	Hazzard, Kiley, Carrington, Bartha	2015
4.	3:12.55	Hayes, Taylor, Kugrat, Ereng	1989
5.	3:12.90	Revelle, Adderly, Pirtle, Palmer	1982

#### DMR

1.	9:29.86	Jesien, Paschal, Roller, Taye	2009
2.	9:31.23	Kostelac, Hazzard, Burton, Gilland	2013
3.	9:32.36	Marsella, Hazzard, Kiley, King	2015
4.	9:34.38	Johnson, Anding, Kostelac, Heineking	2011
5.	9:34.78	Gilland, Anding, Roller, Kostelac	2012

### School Records for events that are not contested at current NCAA Championships

#### WOMEN

##### 55 Meters

6.82 Sonya Fridy 1986

##### 55m Hurdles

7.90 Michele Johnson 1986

##### 60 Yards

6.9h Brenda Brown 1981

##### 60y Hurdles

7.8h Susan Brownell 1982

##### 300 Meters

39.05 Jordan Lavender 2012

##### 440 Yards

54.0h Lisa Garrett 1981

##### 500 Meters

1:09.89 Sonya Fridy 1987

##### 600 Yards

1:24.67 Phyllis Buber 1985

##### 600 Meters

1:32.88 Natalia Kuhn 2013

##### 880 Yards

2:10.27 Kim Kelly 1985

##### 1,000 Meters

2:44.40 Sandy Schuler 1985

##### 1,000 Yards

2:30.43 Kim Kelly 1985

##### 1,500 Meters

4:17.24 Margaret Groos 1981

##### Two-Mile

9:52.3h Margaret Groos 1980

##### Three-Mile

15:25.25 Martha White 1982

##### 4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

#### MEN

##### 55 Meters

6.21 Bruce Randolph 1984

##### 55m Hurdles

7.33 Robert Archer 1984

##### 60 Yards

6.0h Kent Merritt 1972

##### 300 Meters

34.11 Anthony Swan 1986

##### 440 Yards

49.9h John Morris 1970

##### 500 Meters

1:02.44 Paul Ereng 1988

##### 500 Yards

1:02.79 David Revelle 1983

##### 600 Meters

1.11.99 Dwayne Brake 1983

##### 600 Yards

109.8h David Revelle 1983

##### 880 Yards

1:56.1h James Wood 1973

##### 1,000 Meters

2:20.57 Ray Brown 1984

##### 1,000 Yards

2:07.31 Ray Brown 1984

##### 1,500 Meters

3:45.04 John Hinton 1985

##### Two-Mile

8:40.49 Kris Herdt 1987

##### Three-Mile

13:43.03 Colin Peddie 1985

##### Pentathlon

3,915 Stephen Dunphy 1991

##### 4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010