



# VIRGINIA INDOOR RECORDS

## INDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
<b>60 meters</b>	<b>Halle Hazzard</b>	<b>7.24</b>	<b>2020</b>
<b>200 meters</b>	<b>Halle Hazzard</b>	<b>23.45</b>	<b>2021</b>
400 meters	Jordan Lavender	52.59	2013
800 meters	Vanessa Fabrizio	2:07.24	2015
Mile	Jill Haworth	4:34.32	1982
3,000 meters	Cleo Boyd	9:18.20	2017
5,000 meters	Margaret Groos	15:34.71	1981
60-meter hurdles	Alexis Woodley	8.31	2020
4x400-meter relay	Chaney, Fabrizio, Wright, Lavender	3:39.43	2014
Distance Medley Relay	Gay, Smith, Harper, Garcia	10:59.33	2011
High Jump	Sherry Gould	1.87m (6' 1.5")	1994
Pole Vault	Bridget Guy	4.41m (14' 5.5")	2019
<b>Long Jump</b>	<b>Jada Seaman</b>	<b>6.46m (21' 2.5")</b>	<b>2020</b>
Triple Jump	Tomika Ferguson	13.53m (44' 4.75")	2007
Shot Put	Billie-Jo Grant	16.55m (54' 3.5")	2008
Weight Throw	Eliese Mitchell	20.06m (65' 9.75")	2002
Pentathlon	Susan Brownell	4,153	1982

## INDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Shay Clark	6.71	2001
<b>200 meters</b>	<b>Jordan Willis</b>	<b>21.42</b>	<b>2020</b>
<b>400 meters</b>	<b>Brandon Outlaw</b>	<b>46.58</b>	<b>2020</b>
800 meters	Paul Ereng	1:44.84	1988
Mile	Vince Draddy	3:58.2h	1982
3,000 meters	Ari Klau	7:51.57	2020
5,000 meters	Zach Herriott	13:45.37	2017
60-meter hurdles	Adams Abdulrazaaq	7.75	2011
<b>4x400-meter relay</b>	<b>Willis, Shirley, Dixon, Outlaw</b>	<b>3:11.76</b>	<b>2018</b>
Distance medley relay	Jesien, Paschal, Roller, Taye	9:29.86	2009
High Jump	-Brenton Foster	2.26m (7' 5")	2020
Pole Vault	Sam Young	5.38m (17' 7.75")	2020
<b>Long Jump</b>	<b>Owayne Owens</b>	<b>7.58m (24' 10.5")</b>	<b>2021</b>
	Jordan Scott	7.58m (24' 10.5")	2019
Triple Jump	Jordan Scott	17.02m (55' 10.25")	2020
Shot Put	Filip Mihaljevic	20.87m (68' 5.75")	2016
Weight Throw	Jordan Young	22.92m (75' 2.5")	2015
Heptathlon	Jack Lint	5,546	2017



# WOMEN'S INDOOR TOP MARKS

## 60 METERS

1. Halle Hazzard ..... 7.24 ..... '20
2. Jada Seaman ..... **7.37** ..... '**21**
3. Kiamesha Otey ..... 7.37 ..... '03
4. Sonja Fridy ..... 7.39 ..... '86
5. Peyton Chaney ..... 7.40 ..... '16
- Anna Jefferson ..... 7.40 ..... '20
7. Pam Lemons ..... 7.43 ..... '93
8. Jordan Lavender ..... 7.49 ..... '15
9. Kayla Bonnick ..... **7.47** ..... '**21**
10. Janne'a Bridgeford ..... 7.50 ..... '08

## 200 METERS

1. Halle Hazzard ..... **23.45** ..... '**21**
2. Jada Seaman ..... **23.56** ..... '**21**
3. Jordan Lavender ..... 23.80 ..... '15
4. Peyton Chaney ..... 23.84 ..... '16
5. Anna Jefferson ..... 23.92 ..... '20
6. Danielle Williams ..... 23.97 ..... '12
7. Kayla Bonnick ..... **24.14** ..... '**21**
8. Kelly Miller ..... 24.17 ..... '99
9. Angela Lee ..... 24.30 ..... '99
10. Kiamesha Otey ..... 24.34 ..... '03

## 400 METERS

1. Jordan Lavender ..... 52.59 ..... '13
2. Andrenette Knight ..... 53.50 ..... '20
3. Anna Jefferson ..... 53.33 ..... '19
4. Lisa Garrett ..... 54.07 ..... '81
5. Angela Lee ..... 54.29 ..... '99
6. Carielle Doe ..... 54.52 ..... '02
7. Cathron Birge ..... 54.61 ..... '90
8. Sonja Fridy ..... 54.95 ..... '87
9. Angela Griffith ..... 55.38 ..... '92
10. Erin Crawford ..... 55.42 ..... '07

## 800 METERS

1. Vanessa Fabrizio ..... 2:07.24 ..... '15
2. Emma Call ..... 2:07.39 ..... '17
3. Lyndsay Harper ..... 2:07.64 ..... '11
4. Morgane Gay ..... 2:08.07 ..... '09
5. Keara Seasholtz ..... **2:08.43** ..... '**21**
6. Alahna Sabbakhan ..... **2:09.19** ..... '**21**
7. Kim Kelly ..... 2:09.27 ..... '85
8. Jill Haworth ..... 2:09.62 ..... '83
9. Cathron Birge ..... 2:09.71 ..... '90
20. Colette Gnade ..... 2:09.80 ..... '13

## MILE

1. Jill Haworth ..... 4:34.32 ..... '82
2. Morgane Gay ..... 4:34.38 ..... '12
3. Vicky Fouhy ..... 4:34.87 ..... '13
4. Lesley Welch ..... 4:35.56 ..... '82
5. Iona Lake ..... 4:36.11 ..... '16
6. Marissa Schmidt ..... 4:41.10 ..... '82
7. Michele Rowen ..... 4:41.57 ..... '87
8. Lisa Welch ..... 4:41.96 ..... '82
9. Catherine White ..... 4:42.80 ..... '11
10. Margaret Groos ..... 4:43.9h ..... '79

## 3,000 METERS

1. Cleo Boyd ..... 9:18.20 ..... '17
- Claire Forbes ..... 9:18.80 ..... '92
3. Stephanie Garcia ..... 9:19.44 ..... '11
4. Martha White ..... 9:19.58 ..... '83
5. Iona Lake ..... 9:22.75 ..... '15
6. Barbara Strehler ..... 9:22.85 ..... '14
7. Morgan Kelly ..... 9:23.21 ..... '15
8. Catherine White ..... 9:24.43 ..... '10
9. Patty Matava ..... 9:25.83 ..... '87
10. Michele Rowen ..... 9:25.8h ..... '85

## 5,000 METERS

1. Margaret Groos ..... 15:34.71 ..... '81
2. Cleo Boyd ..... 16:04.76 ..... '17
3. Morgan Kelly ..... 16:10.73 ..... '15
4. Barbara Strehler ..... 16:16.32 ..... '14
5. Emily Harrison ..... 16:16.53 ..... '08
6. Lesley Welch ..... 16:21.6h ..... '82
7. Maria Hauger ..... 16:22.07 ..... '14
8. Anna Corrigan ..... 16:25.81 ..... '12
9. Kara Scanlin ..... 16:27.61 ..... '08
10. Martha White ..... 16:31.6h ..... '82

## 60 HURDLES

1. Alexis Woodley ..... 8.31 ..... '20
2. Ciara Leonard ..... 8:38 ..... '18
3. Ayla Smith ..... 8.39 ..... '09
4. Andrenette Knight ..... 8.48 ..... '20
5. Heather Smith ..... 8.54 ..... '16
6. Kim Turko ..... 8.55 ..... '01
7. Chidi Uche ..... 8.58 ..... '10
8. Lauren Echko ..... 8.60 ..... '09
9. Bianca DeBartolo ..... 8.65 ..... '07
10. Kristina Chapman ..... 8.68 ..... '11

## HIGH JUMP

1. Sherry Gould ..... 1.87m (6' 1.5") ..... '94
2. Ann Bair ..... 1.83m (6' 0") ..... '83
3. Robin Landes ..... 1.82m (5' 11.25") ..... '88
4. Karen DiDonato ..... 1.80m (5' 10.75") ..... '91
5. Pearl Bickersteth ..... 1.79m (5' 10.5") ..... '12
6. Rachel Marks ..... 1.78m (5' 10") ..... '04
7. Rebecca Hawkins .. **1.76m (5' 9.25")** .. '**21**
8. Kate Doyle ..... 1.75m (5' 8.75") ..... '90
9. Janelle Clayton ..... 1.74m (5' 8.5") ..... '10
10. Susan Brownell ..... 1.73m (5' 8.25") ..... '80
- Karen Hatchett ..... 1.73m (5' 8.25") ..... '81

## POLE VAULT

1. Bridget Guy ..... 4.41m (14' 5.5") ..... '19
2. Maya Maloney ..... **4.12m (13' 6.25")** .. '**20**
- Sarah DeVita ..... 3.97m (13' 0.25") ..... '15
4. Theresa Demaria ..... 3.96m (12' 11.75") ..... '17
5. Katie Freix ..... 3.95m (12' 11.5") ..... '18
6. Vika Oспенko ..... 3.80m (12' 5.75") ..... '03
- Riley Larsen ..... 3.80m (12' 5.5") ..... '20
8. Katie Darraugh ..... 3.75m (12' 3.5") ..... '10
9. Gabriella Recce ..... **3.74m (12' 3.25")** .. '**21**
10. Annica While ..... 3.60m (11' 9.75") ..... '01
- Kathryn Pettine ..... 3.60m (11' 9.75") ..... '05
- Kate Kaufman ..... 3.60m (11' 9.75") ..... '16
- Trina Barcarola ..... **3.60m (11' 9.75")** .. '**21**

## LONG JUMP

1. Jada Seaman ..... 6.46m (21' 2.5") ..... '20
2. Dana Boone ..... 6.44m (21' 1.50") ..... '91
3. Kiamesha Otey ..... 6.39m (20' 11.75") ..... '02
4. Sonja Fridy ..... 6.38m (20' 11.25") ..... '87
5. Khyasia Caldwell ..... 6.29m (20' 7.75") ..... '20
6. Nicole Kimbrough ..... 6.27m (20' 7") ..... '95
7. Kelly Miller ..... 6.22m (20' 5") ..... '99
8. Angela Griffith ..... 6.15m (20' 2.25") ..... '92
9. Latanya Wynn ..... 6.10m (20' 0.25") ..... '88
10. Tomika Ferguson ..... 6.09m (19' 11.75") ..... '06
- Mia Barron ..... 6.09m (19' 11.75") ..... '18

## TRIPLE JUMP

1. Tomika Ferguson ..... 13.53m (44' 4.75") ..... '07
2. Naccolle Guinn ..... 13.14m (43' 1.25") ..... '01
3. Kelly McKee ..... 13.00m (42' 8") ..... '19
4. Dallas Rose ..... 12.98m (42' 7") ..... '12
5. Dana Boone ..... 12.86m (42' 2.25") ..... '91
6. Michele Johnson ..... 12.78m (41' 11") ..... '87
7. Mia Barron ..... 12.71m (41' 8.5") ..... '17
8. Rashawnda James ..... 12.59m (41' 3.75") ..... '09
9. Khyasia Caldwell ..... **12.49m (40' 11.75")** .. '**21**
10. Zoe Rice ..... **12.47m (40' 11")** ..... '**21**

## SHOT PUT

1. Billie-Jo Grant ..... 16.55m (54' 3.5") ..... '08
2. Christine Bohan ..... 16.53m (54' 2.75") ..... '16
3. Brittany Jones ..... 16.27m (53' 4.5") ..... '20
4. Maureen Laffan ..... 15.97m (52' 4.75") ..... '10
5. Eliese Mitchell ..... 15.72m (51' 7") ..... '03
6. Kelly Bodiford ..... 15.65m (51' 4.25") ..... '91
7. Maria Deaviz ..... **15.43m (50' 7.4")** ..... '**21**
7. Emily Vannoy ..... 15.42m (50' 7.25") ..... '10
8. Anna Grant ..... 14.94m (49' 0.25") ..... '08
9. Alexa Manning ..... 14.93m (48' 11.75") ..... '08
10. T. Kristjansdottir ... **14.08m (46' 2.5")** .. '**21**

## WEIGHT THROW

1. Eliese Mitchell ..... 20.06m (65' 9.75") ..... '02
2. Maureen Laffan ..... 18.54m (60' 10") ..... '12
3. Erin Wykoff ..... 17.75m (58' 3") ..... '12
4. Jade Baker ..... 17.46m (57' 3.5") ..... '19
5. Alexa Manning ..... 17.09m (56' 1") ..... '08
6. Ann Crouse ..... 17.08m (56' 0.5") ..... '96
7. Eve Mustafic ..... 16.92m (55' 6.25") ..... '19
8. Lauren Connelly ..... 16.67m (54' 8.25") ..... '96
9. Logan Clements ..... 16.30m (53' 5.75") ..... '14
10. Brittany Jones ..... 16.24m (53' 3.5") ..... '18

## PENTATHLON

1. Susan Brownell ..... 4,153 ..... '82
2. Rebecca Grube ..... 4,108 ..... '95
3. Alix Still ..... **3,974** ..... '**21**
4. Holly Sullivan ..... 3,912 ..... '18
5. Ayla Smith ..... 3,879 ..... '09
6. Sherry Gould ..... 3,789 ..... '94
7. Beth Sheehan ..... 3,678 ..... '83
8. Bianca DeBartolo ..... 3,661 ..... '07
9. Anna Finger ..... 3,659 ..... '13
10. Curtrell Frye ..... 3,644 ..... '02

All-time lists are based on a student-athlete's best time/mark



# MEN'S INDOOR TOP MARKS

## 60 METERS

1. Shay Clark.....	6.71.....	'01
2. Reuben Jones.....	6.79.....	'08
3. Adam Cummings.....	6.86.....	'13
4. Michael Johnson.....	6.87.....	'04
5. Jarrett Hagwood.....	6.89.....	'02
Leo McLaughlin.....	6.89.....	'11
7. Scott Kimball.....	6.93.....	'00
8. Adams Abdulrazaaq.....	6.94.....	'11
9. Payton Hazzard.....	6.95.....	'15
10. Matt Meyer.....	6.96.....	'09

## 200 METERS

<b>1. Jordan Willis.....</b>	<b>21.42.....</b>	<b>'20</b>
2. Gerald Howard.....	21.53.....	'95
3. Scott Kimball.....	21.78.....	'00
Reuben Jones.....	21.78.....	'08
Payton Hazzard.....	21.78.....	'14
6. Conlon Bonner.....	21.79.....	'08
7. Shay Clark.....	21.81.....	'02
8. Kellen Blassingame.....	21.85.....	'06
<b>9. Brandon Outlaw.....</b>	<b>21.89.....</b>	<b>'20</b>
10. Rauh Turner.....	22.00.....	'98

## 400 METERS

<b>1. Brandon Outlaw.....</b>	<b>46.58.....</b>	<b>'20</b>
2. Payton Hazzard.....	46.60.....	'15
<b>3. Jordan Willis.....</b>	<b>46.61.....</b>	<b>'20</b>
4. Kellen Blassingame.....	46.73.....	'06
5. Kevin Anding.....	47.46.....	'11
6. Alfred Shirley.....	47.53.....	'18
7. Ben Kurgat.....	47.61.....	'89
8. Paul Ereng.....	47.64.....	'88
9. Meikle Paschal.....	48.04.....	'09
<b>10. Jay Pendarvis.....</b>	<b>48.10.....</b>	<b>'21</b>

## 800 METERS

1. Paul Ereng.....	1:44.84.....	'88
2. Ben Kurgat.....	1:47.31.....	'91
3. Robby Andrews.....	1:48.02.....	'10
4. McGavock Dunbar.....	1:49.18.....	'04
5. Nathan Kiley.....	1:49.20.....	'16
6. John Hinton.....	1:49.24.....	'84
Anthony Kostelac.....	1:49.24.....	'11
8. Lance Roller.....	1:49.47.....	'10
9. Rob Pearce.....	1:49.75.....	'99
<b>10. Conor Murphy.....</b>	<b>1:49.91.....</b>	<b>'21</b>

## MILE

1. Vince Draddy.....	3:58.2h.....	'82
2. Henry Wynne.....	3:58.74.....	'16
3. AJ Ernst.....	3:59.38.....	'20
4. Mike Marsella.....	3:59.97.....	'15
5. Kyle King.....	4:02.15.....	'15
6. Patrick Todd.....	4:02.70.....	'12
7. John Minen.....	4:02.77.....	'10
8. Kris Herdt.....	4:02.92.....	'87
9. Anthony Kostelac.....	4:02.99.....	'12
10. Alex Tatu.....	4:03.00.....	'05

## 3000 METERS

1. Ari Klau.....	7:51.57.....	'20
2. Henry Wynne.....	7:53.89.....	'16
3. Mark Amirault.....	7:54.08.....	'12
4. Adam Visokay.....	7:54.24.....	'16
5. Kris Herdt.....	7:54.90.....	'87
6. Emil Heineking.....	7:58.36.....	'11
7. Kyle King.....	8:00.23.....	'15
8. Jan Foerster.....	8:02.54.....	'07
9. Andy Biladeau.....	8:04.30.....	'08
10. AJ Ernst.....	8:05.31.....	'19

## 5000 METERS

1. Zach Herriott.....	13:45.37.....	'17
2. Ryan Collins.....	13:46.41.....	'10
3. Chase Weaverling.....	13:54.39.....	'17
4. Brent Demarest.....	13:56.03.....	'17
5. Thomas Madden.....	13:57.01.....	'15
6. Alex Corbett.....	14:00.56.....	'19
7. Kris Herdt.....	14:02.00.....	'89
8. Mark Amirault.....	14:03.01.....	'12
9. Ari Klau.....	14:03.31.....	'19
10. Chris Foley.....	14:03.67.....	'12

## 60 HURDLES

1. Adams Abdulrazaaq.....	7.75.....	'11
2. Drequan Hoskey.....	7.79.....	'14
3. Jarrett Hagwood.....	7.93.....	'02
4. Marion Mason.....	8.01.....	'01
5. Cary Chandler.....	8.03.....	'01
Aaron Shepperd.....	8.03.....	'11
Emmanuel Jackson.....	8.03.....	'19
8. Gemayel Hazard.....	8.09.....	'02
9. Herb Reid.....	8.16.....	'01
Isi Azeke.....	8.16.....	'06

## HIGH JUMP

<b>1. Brenton Foster.....</b>	<b>2.26m (7'5").....</b>	<b>'20</b>
2. Herman Moore.....	2.21m (7' 3").....	'90
3. Greg Nelson.....	2.14m (7' 0.25").....	'10
4. Greg Byers.....	2.13m (6'11.75").....	'82
Trey Causey.....	2.13m (6'11.75").....	'19
6. Bob Lund.....	2.09m (6' 10.25").....	'93
7. Mike Riso.....	2.08m (6' 10").....	'02
Kevin Jackson.....	2.08m (6' 10").....	'77
9. David Sullivan.....	2.05m (6' 8.75").....	'06
Arthur Gennari.....	2.05m (6' 8.75").....	'08
Tommy DeVita.....	2.05m (6' 8.75").....	'13

## POLE VAULT

1. Sam Young.....	5.38m (17' 7.75").....	'20
1. David Sullivan.....	5.30m (17' 4.75").....	'05
2. Brian Shafer.....	5.20m (17' 0.75").....	'93
Jeff Jernigan.....	5.10m (16' 8.75").....	'17
5. Tommy Cooke.....	5.05m (16' 6.75").....	'95
<b>6. Kane Aldrich.....</b>	<b>5.02m (16' 5.5").....</b>	<b>'21</b>
7. Matt Armentrout.....	5.01m (16' 5.25").....	'13
8. Colin Thompson.....	4.98m (16' 4").....	'81
<b>9. Colin Duignan.....</b>	<b>4.92m (16' 0.75").....</b>	<b>'21</b>
10. Greg Blair.....	4.90m (16' 1").....	'05
David Lewis.....	4.90m (16' 1").....	'08

## LONG JUMP

<b>1. Owayne Owens.....</b>	<b>7.58m (24'10.5").....</b>	<b>'21</b>
2. Jordan Scott.....	7.58m (24'10.5").....	'19
3. Matt Meyer.....	7.52m (24' 8.25").....	'09
4. Marion Mason.....	7.50m (24' 7.25").....	'01
Tiki Barber.....	7.50m (24' 7.25").....	'94
6. Bruce Randolph.....	7.48m (24' 6.5").....	'84
7. Keith Witherspoon.....	7.45m (24' 5.25").....	'76
<b>8. Ayende Watson.....</b>	<b>7.41m (24'3.75").....</b>	<b>'19</b>
9. Stephen Dunphy.....	7.40m (24' 3.25").....	'92
10. Mauri Anderson.....	7.39m (24' 3").....	'82

## TRIPLE JUMP

1. Jordan Scott.....	17.20m(55'10.25").....	'20
2. Marcus Robinson.....	16.63m (54'6.75").....	'12
<b>3. Owyane Owens.....</b>	<b>16.48m (54'1").....</b>	<b>'21</b>
4. Keith Witherspoon.....	16.16m (53' 0.25").....	'76
5. Greg Byers.....	15.98m (52' 5").....	'85
6. Aaron Worrell.....	15.87m (52' 1").....	'17
7. Cornell Grayson.....	15.74m (51' 7.75").....	'90
8. Chihe Chukwulozie.....	15.64m (51' 3.75").....	'91
9. Ryan Satchell.....	15.62m (51' 3").....	'14
10. Ivan Glasgow.....	15.34m (50' 4").....	'82

## SHOT PUT

1. Filip Mihaljevic.....	20.87m (68' 5.75").....	'16
2. Oghenakpobo Efekoro.....	19.84m (65'1.25").....	'17
3. Jordan Young.....	19.15m (62'10").....	'15
4. Nick Vena.....	18.92m (62' 1").....	'12
5. Yemi Ayeni.....	18.80m (61' 8.25").....	'09
6. Nace Plesko.....	18.71m (61'4.75").....	'19
<b>7. Claudio Romero.....</b>	<b>18.44m (60-6).....</b>	<b>'21</b>
7. Kevin Latham.....	17.62m (57' 9.75").....	'84
8. Thom McKinney.....	17.12m (56' 2").....	'91
9. Mike Murphy.....	17.10m (56' 1.25").....	'93
10. Pete Sheehan.....	16.91m (55'5.75").....	'91

## WEIGHT THROW

1. Jordan Young.....	22.92m (75'2.5").....	'15
2. Hilmar Jonsson.....	21.37m (70' 1.5").....	'18
<b>3. Jacob Lemmon.....</b>	<b>20.05m (65'9.5").....</b>	<b>'21</b>
4. Oghenakpobo Efekoro.....	19.90m (65' 13.5").....	'18
5. Vincenzo Chiariello.....	19.38m (63' 7").....	'12
<b>6. Ty Kunzman.....</b>	<b>19.18m (62'11.25").....</b>	<b>'21</b>
<b>7. Claudio Romero.....</b>	<b>18.47m (60'7.25").....</b>	<b>'21</b>
8. Thom McKinney.....	18.43m (60' 5.75").....	'91
9. Thomas Fuson.....	18.18m (59'7.75").....	'11
10. Mike Murphy.....	17.77m (58' 3.75").....	'93

## HEPTATHLON

1. Jack Lint.....	5,546.....	'17
<b>2. Derek Pekar.....</b>	<b>5,362.....</b>	<b>'20</b>
3. David Sullivan.....	5,178.....	'04
4. David Lewis.....	5,139.....	'08
5. Christian Lavorgna.....	5,113.....	'16
<b>6. Elby Omohundro.....</b>	<b>5,038.....</b>	<b>'20</b>
7. Cam Collins.....	4,972.....	'16
8. Anthony Dunavant.....	4,970.....	'14
9. Jack Claiborne.....	4,821.....	'17
10. Thomas Codevilla.....	4,360.....	'05



# WOMEN'S INDOOR FRESHMAN RECORDS

## 60-METER DASH

- Halle Hazzard** ..... 7.32 ..... '19
- Jada Seaman** ..... 7.46 ..... '20
- Kayla Bonnick**..... **7.47** ..... '**21**
- Jordan Lavender..... 7.57 ..... '12
- Peyton Chaney ..... 7.60 ..... '13  
Tori McKenzie ..... 7.60 ..... '14

## 200-METER DASH

- Jada Seamon** ..... 23.93 ..... '20
- Halle Hazzard** ..... 24.09 ..... '19
- Kayla Bonnick**..... **24.14** ..... '**21**
- Jordan Lavender..... 24.25 ..... '12
- Peyton Chaney ..... 24.31 ..... '13

## 300-METER DASH

- Jordan Lavender..... 39.05 ..... '12
- Julie Sandy ..... 39.43 ..... '87
- Anna Jefferson** ..... 39.63 ..... '17
- Kiana Hairston..... 40.15 ..... '15
- Kayla Bonnick**..... **40.25** ..... '**21**

## 400-METER DASH

- Jordan Lavender..... 54.69 ..... '12
- Michelle Samuels ..... 55.81 ..... '91
- Meagan Gillespie ..... 56.07 ..... '09
- Anzhelika Parenchuk** ... **56.08** ..... '**21**
- Chimere Ezumah..... 56.27 ..... '14

## 500-METER DASH

- Cathron Birge ..... 1:14.16 ..... '87
- Phyllis Buber..... 1:14.90 ..... '84
- Ayla Smith ..... 1:14.91 ..... '07
- Lyndsay Harper ..... 1:16.22 ..... '08
- Shelley McBride ..... 1:16.68 ..... '86

## 800-METER RUN

- Emma Call ..... 2:07.39 ..... '17
- Morgane Gay ..... 2:08.07 ..... '09
- Keara Seasholtz** ..... **2:08.43** ..... '**21**
- Vanessa Fabrizio ..... 2:08.79 ..... '11
- Sandy Schuler ..... 2:09.90 ..... '85

## 1000-METER RUN

- Sandy Schuler ..... 2:44.40 ..... '85
- Shelley McBride ..... 2:50.40 ..... '86
- Maddie Rennyson** ..... 2:54.65 ..... '18
- Claire Forbes ..... 2:55.31 ..... '90
- Alexia Roux..... 2:56.80 ..... '16

## 1-MILE RUN

- Claire Forbes ..... 4:49.48 ..... '90
- Tasia Potasinski..... 4:51.49 ..... '10
- Megan Rebholz ..... 4:53.87 ..... '15
- Lara Drauglis ..... 4:53.94 ..... '91
- Michelle Rowen..... 4:54.10 ..... '84

## 3000-METER RUN

- Maria Hauger..... 9:29.20 ..... '14
- Sarah Fakler ..... 9:37.45 ..... '14
- Katharine Walker..... 9:38.96 ..... '11
- Megan Rebholz ..... 9:42.55 ..... '15
- Cleo Boyd ..... 9:47.23 ..... '14

## 5000-METER RUN

- Lesley Welch..... 16:21.60 ..... '82
- Maria Hauger..... 16:22.07 ..... '14
- Cleo Boyd ..... 16:29.16 ..... '14
- Sarah Fakler ..... 16:32.01 ..... '14
- Katharine Walker..... 16:46.02 ..... '11

## 60-METER HURDLES

- Alexis Woodley ..... 8.56 ..... '17
- Ayla Smith ..... 8.68 ..... '07
- Kim Turko ..... 8.69 ..... '98
- Ciara Leonard ..... 8.74 ..... '16
- Shantell Bingham..... 8.82 ..... '12
- Nadia Sauders** ..... **8.77** ..... '**21**

## HIGH JUMP

- Karen Didonota..... 1.71m (5'7.5")... '87
- Janelle Clayton..... 1.70m (5' 7")..... '10
- Pearl Bickersteth..... 1.70m (5' 7")..... '10
- Emily Kianka..... 1.70m (5' 7")..... '11
- Moira Cronin..... 1.70m (5' 7")..... '12

## POLE VAULT

- Bridget Guy..... 3.97m (13' 0.25")'15
- Maya Maloney** ..... 3.97m (13'0.25")'20
- Theresa Demaria..... 3.96m(12'11.75) '17
- Katie Freix ..... 3.82m (12' 6.5").. '15
- Riley Larsen**..... 3.77m (12'4.5").. '20

## LONG JUMP

- Jada Seaman**..... 6.46m (21' 2.5").. '20
- Kiamesha Otey ..... 6.00m (19' 8.25").. '00
- Sonja Fridy..... 5.99m (19' 8").... '84
- Dana Boone ..... 5.96m (19' 6.75)" '88
- Mia Barron ..... 5.94m (19' 6").... '15

## TRIPLE JUMP

- Dallas Rose..... 12.56m (41' 2.5")'10
- Mia Barron ..... 12.33m (40' 5.5") .. '15
- Britni Strates ..... 12.32m (40' 5").. '12
- Nadia Saunders** ..... **12.23m (40' 1.5")** '**21**
- Rashawanda James ... 12.19m (40' 0").. '08

## SHOT PUT

- Maria Deaviz..... 15.43m (50' 7.5")'21
- Emily Vannoy ..... 15.42m (50' 7.25")'10
- Brittany Jones**..... 15.21m (49'11").. '18
- Anna Grant ..... 14.94m (49' 0.25").. '08
- Christine Bohan ..... 14.78m (48' 6")... '14

## WEIGHT THROW

- Eva Mustafic**..... 16.92m (55'6.25")..19
- Brittany Jones** ..... 16.24m (53'3.5")'18
- Emily Vannoy ..... 16.00m (52' 6").. '10
- Kristy Martin..... 15.50m (50' 10.5")'97
- Erin Wykoff ..... 15.11m (49' 7").. '09

## PENTATHLON

- Beth Sheehan..... 3,678 ..... '83
- Katie Ollendick ..... 3,443 ..... '94
- Holly Sullivan..... 3,411 ..... '16
- Alana Herran ..... 3,396 ..... '16
- Alix Still**..... 3,288 ..... '19

## Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



# MEN'S INDOOR FRESHMAN RECORDS

## 60 METERS

1. Adam Cummings.....6.86.....'13
2. Leo McLaughlin .....6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner.....6.98.....'08

## 200 METERS

1. Conlon Bonner.....21.79.....'08
2. **Brandon Outlaw**.....22.03.....'18
3. Ben Sargong.....22.16.....'92
4. Adam Abdulrazaaq .....22.24.....'08
5. **Jay Pendarvis**.....**22.28**.....'**21**

## 300 METERS

1. Anthony Swan.....34.11.....'86
2. Adam Abdulrazaaq .....34.63.....'08
3. Patrick Farmer .....34.74.....'11
4. Conlon Bonner.....34.78.....'08
5. Charles Bowman.....34.82.....'16

## 400 METERS

1. **Brandon Outlaw**.....47.18.....'18
2. Alfred Shirley.....47.53.....'18
3. Paul Ereng.....47.64.....'88
4. **Jay Pendarvis**.....**48.10**.....'**21**
5. Meikle Paschal .....48.11.....'08

## 500 METERS

1. Paul Ereng.....1:02.02.....'88
2. Alfred Shirley.....1:03.05.....'18
3. Bruce Berry.....1:03.31.....'85
4. Ray Brown.....1:03.80.....'81
5. Dwayne Brake.....1:03.97.....'83

## 800 METERS

1. Robby Andrews.....1:48.39.....'10
2. Anthony Kostelac.....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
4. **Conor Murphy**.....**1:49.91**.....'**21**
5. Nathan Kiley.....1:51.08.....'14

## 1000 METERS

1. Rob Pearce.....2:27.69.....'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart .....2:28.40.....'11
4. Brett Johnson.....2:28.47.....'10
5. Ken Cheeseman .....2:29.80.....'85

## MILE

1. Alex Tatu .....4:03.00.....'05
2. Mike Marsella.....4:03.18.....'14
3. Matthew Novak.....4:03.93.....'16
4. Sintayehu Taye.....4:04.04.....'09
5. Henry Wynne .....4:04.37.....'14

## 3,000 METERS

1. Adam Visokay.....7:57.46.....'14
2. **Wes Porter**.....**8:06.18**.....'**21**
3. Brent Demarest .....8:09.59.....'15
4. Connor Rog .....8:09.76.....'14
5. Chase Weaverling .....8:11.28.....'16

## 5,000 METERS

1. Thomas Madden.....13:57.01.....'15
2. Chris Foley .....14:03.67.....'12
3. Chase Weaverling .....14:03.72.....'16
4. Brent Demarest .....14:14.74.....'15
5. Connor Rog .....14:15.23.....'14

## 60m HURDLES

1. Adam Abdulrazaaq .....7.98.....'08
2. Aaron Sheppherd .....8.03.....'11
3. Jarrett Hagwood.....8.05.....'99
4. **Jeremiah Wilson**.....**8.20**.....'**21**
5. Marion Mason .....8.23.....'98  
Devin Brewer .....8.23.....'12  
Jack Lint .....8.23.....'16

## HIGH JUMP

1. Trey Causey.....2.13m(6'11.75).....'19
2. Mike Riso.....2.08m(6'10").....'02
3. Tommy DeVita.....2.04m(6'8.5").....'11
4. Arthur Gennari.....2.03m(6'8").....'07
5. Gerald Howard.....2.00m(6'7").....'93  
Cordell Green .....2.00m(6'7").....'95

## POLE VAULT

1. Sam Young .....5.10m(16'8.75) ...'17
2. David Sullivan.....4.97m(16'3.75")..'03
3. Brian Shafer.....4.90m(16'1").....'90
4. Jake Williams .....4.87m(16'0").....'91
5. Greg Blair.....4.82m(15'10").....'03

## LONG JUMP

1. Matt Meyer.....7.52m(24'8.25")..'09
2. Tiki Barber.....7.48m(24'6.75")..'94
3. **Ayende Watson** ...7.41m(24'3.75")...'19
4. Jordan Scott.....7.38m(24'2.5")...'17
5. Marion Mason .....7.24m(23'9.25")..'98

## TRIPLE JUMP

1. Jordan Scott.....16.36m(53'8.25)..'17
2. Aaron Worrell.....15.64m(51'3.75")...'14
3. **Owyane Owens**.....15.27m(50'1.25")'20
4. Ryan Satchell .....15.02m(49'3.5")..'12
5. Darryl Smith.....14.70m(48'4").....'79

## SHOT PUT

1. Filip Mihaljevic.....19.63m(64'5").....'15
2. Nick Vena.....18.92m(62'1").....'12
3. Oghenekpobo Efekoro...18.82m(61'9").....'16
4. **Claudio Romero**...**18.44m(60'6")**.....'**21**
5. Mike Theuerkauf....16.51m(54'2").....'89

## WEIGHT THROW

1. Hilmar Jonsson.....20.32m(66'8").....'16
2. **Jacob Lemmon**.....**20.05m(65'9.5")**..'21
3. Oghenekpobo Efekoro...18.86m(61'10.5")..'16
4. **Claudio Romero**...**18.47m(60'7.25")**'21
5. Vincenzo Chiarello ....16.40m(53'9.75")'09

## HEPTATHLON

1. Jack Lint .....5,358.....'16
2. **Derek Pekar**.....5,354.....'20
3. Anthony Dunavant.....4,970.....'14
4. Jack Claiborne .....4,821.....'17
5. Cam Collins.....4,793.....'15

## Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



## WOMEN'S INDOOR RECORDS

### 4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
3.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
4.	3:40.40	Chaney, Lavender, Ezumah, Wright	2014
5.	<b>3:40.79</b>	<b>Parenchuk, Seaman, Sabbakhan, Knight</b>	<b>2021</b>

### DMR

1.	10:59.33	Gay, Smith, Harper, Garcia	2011
2.	11:14.15	Gay, Fabrizio, Harper, Garcia	2011
3.	11:19.39	Welch, Welch, Garrett, Haworth	1982
4.	11:21.19	Fabrizio, Weatherly, Gnade, Garcia	2011
5.	11:22.32	Sargent, Lavender, Fabrizio, Fouhy	2014

## WOMEN'S OUTDOOR RECORDS

### 4x100

1.	44.56	Chaney, Wright, Lavender, McKenzie	2015
2.	44.92	Leonard, <b>Hazzard</b> , Woodley, <b>Jefferson</b>	2019
3.	45.11	Kimbrough, Satchell, Edmundson, Alleyne	1995
4.	45.18	Harvey, Otey, Randolph, Doe	2003
5.	45.19	Rose, Wright, Chaney, Lavender	2014

### 4x400

1.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
2.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
3.	3:36.42	Randolph, Otey, Gore, Doe	2003
4.	3:36.73	Ezumah, Lavender, Chaney, Wright	2014
5.	3:37.65	Smith, Lavender, Fabrizio, Wright	2015

## MEN'S INDOOR RECORDS

### 4x400

1.	3:11.76	<b>Willis</b> , Shirley, Dixon, <b>Outlaw</b>	2018
2.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017
3.	3:12.52	Hazzard, Kiley, Carrington, Bartha	2015
4.	3:12.55	Hayes, Taylor, Kugrat, Ereng	1989
5.	<b>3:12.79</b>	<b>Pendarvis, Willis, Davis, Outlaw</b>	<b>2021</b>

### DMR

1.	9:29.86	Jesien, Paschal, Roller, Taye	2009
2.	9:31.23	Kostelac, Hazzard, Burton, Gilland	2013
3.	9:32.36	Marsella, Hazzard, Kiley, King	2015
4.	9:34.38	Johnson, Anding, Kostelac, Heineking	2011
5.	9:34.78	Gilland, Anding, Roller, Kostelac	2012

## MEN'S OUTDOOR RECORDS

### 4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

### 4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.34	<b>Willis</b> , Shirley, <b>Outlaw</b> , Lint	2018



# VIRGINIA OUTDOOR RECORDS

## OUTDOOR WOMEN'S RECORDS

Event .....	Name.....	Time/Mark.....	Date
<b>100 meters .....</b>	<b>Halle Hazzard .....</b>	<b>11.20 .....</b>	<b>2019</b>
200 meters .....	Sonja Fridy .....	23.17 .....	1987
400 meters .....	Sonja Fridy .....	51.93 .....	1987
800 meters .....	Gail Bryant .....	2:04.21 .....	1985
1,500 meters .....	Morgane Gay .....	4:13.20 .....	2012
5,000 meters .....	Margaret Groos .....	15:51.24 .....	1980
10,000 meters .....	Patty Matava .....	32:58.64 .....	1987
100-meter hurdles .....	Ciara Leonard .....	13.26 .....	2018
400-meter hurdles .....	Ayla Smith .....	56.54 .....	2011
3,000-meter steeplechase.....	Stephanie Garcia.....	9:47.29 .....	2011
4x100-meter relay .....	Chaney, Wright, Lavender, McKenzie .....	44.56 .....	2015
4x400-meter relay .....	Ezumah, Lavender, Fabrizio, Wright .....	3:35.74 .....	2014
High Jump .....	Ann Bair.....	1.88m (6' 2").....	1983
Pole Vault.....	Bridget Guy .....	4.46m (14' 7.5").....	2018
Long Jump.....	Dana Boone .....	6.65m (21' 9.75").....	1990
Triple Jump .....	Kelly McKee .....	13.70m (44' 11.5").....	2019
Shot Put.....	Christine Bohan.....	16.87m (55' 4.25").....	2016
Discus Throw .....	Billie-Jo Grant.....	56.06m (183' 11").....	2008
Hammer Throw .....	Jade Baker.....	63.61m (208' 8").....	2019
Javelin Throw .....	Ann Crouse .....	57.38m (188' 3").....	1999
Heptathlon .....	Rebecca Grube.....	5,512 points .....	1994

## OUTDOOR MEN'S RECORDS

Event .....	Name.....	Time/Mark.....	Date
100 meters .....	Gerald Howard .....	10.42 .....	1995
200 meters .....	Gerald Howard .....	20.79 .....	1995
400 meters .....	Alfred Shirley.....	45.84 .....	2018
800 meters .....	Paul Ereng .....	1:43.16 .....	1989
1,500 meters .....	Henry Wynne .....	3:38.05 .....	2016
5,000 meters .....	Kris Herdt .....	13:37.44 .....	1987
10,000 meters .....	Zach Herriott.....	28:44.22 .....	2017
110-meter hurdles .....	Adams Abdulrazaaq .....	13.66 .....	2011
400-meter hurdles .....	Steve Delice.....	50.02 .....	2010
3,000-meter steeplechase.....	Jan Foerster .....	8:34.78 .....	2007
4x100-meter relay .....	Randolph, Archer, Brown, Palmer.....	40.25.....	1984
4x400-meter relay .....	Anding Roller, Bryan, Hazzard.....	3:07.11 .....	2012
<b>High Jump .....</b>	<b>Brenton Foster .....</b>	<b>2.23m (7' 3.75") .....</b>	<b>2019</b>
Pole Vault.....	David Sullivan .....	5.35m (17' 6.75").....	2005
Long Jump.....	Jordan Scott.....	7.83m (25' 8.25").....	2019
Triple Jump .....	Jordan Scott .....	17.08m (56' 0.5").....	2019
Shot Put.....	Filip Mihaljevic.....	21.30m (69' 10.75").....	2017
Discus Throw .....	Filip Mihaljevic.....	63.76m (209' 2").....	2017
Hammer Throw .....	Hilmar Jonsson .....	75.26m (246' 11").....	2019
<b>Javelin Throw .....</b>	<b>Ethan Dabbs.....</b>	<b>76.04m (249' 6") .....</b>	<b>2019</b>
Decathlon.....	Stephen Dunphy.....	7,920 points .....	1992



# WOMEN'S OUTDOOR TOP MARKS

## 100 METERS

1. Halle Hazzard	11.20	'19
2. Sonja Fridy	11.36	'87
3. Kiamesha Otey	11.43	'01
4. Kelly Miller	11.48	'99
5. Pam Lemons	11.57	'93
6. Tori McKenzie	11.63	'17
7. Brenda Brown	11.64	'84
8. Peyton Chaney	11.71	'14
9. Julie Sandy	11.74	'89
10. Valentin Alleyne	11.75	'94

## 200 METERS

1. Sonja Fridy	23.17	'87
2. Anna Jefferson	23.39	'19
3. Jordan Lavender	23.42	'14
4. Kiamesha Otey	23.46	'03
5. Peyton Chaney	23.50	'16
6. Kelly Miller	23.61	'99
7. Halle Hazzard	23.68	'19
8. Janne'a Bridgeford	23.69	'08
9. Pam Lemons	23.83	'93
10. Talia Wise	23.86	'08

## 400 METERS

1. Sonja Fridy	51.93	'87
2. Anna Jefferson	52.39	'18
3. Jordan Lavender	52.48	'14
4. Lisa Garrett	52.64	'83
5. Carielle Doe	53.22	'03
6. Angela Lee	54.05	'98
7. Michelle Samuels	54.59	'92
8. Andrea Wright	54.80	'14
9. Talia Wise	54.81	'08
10. Andrenette Knight	54.83	'18

## 800 METERS

1. Gail Bryant	2:04.21	'85
2. Vanessa Fabrizio	2:04.77	'14
3. Kim Kelly	2:05.23	'84
4. Vicky Fouhy	2:05.55	'13
5. Lyndsay Harper	2:05.84	'11
6. Jill Haworth	2:06.31	'82
7. Phyllis Buber	2:06.96	'86
8. Linda Nicholson	2:07.54	'80
9. Kim Liggins	2:08.24	'92
10. Morgane Gay	2:08.29	'09

## 1,500 METERS

1. Morgane Gay	4:13.20	'12
2. Vicky Fouhy	4:14.51	'13
3. Michelle Rowen	4:15.37	'87
4. Jill Haworth	4:16.06	'83
5. Lesley Welch	4:16.54	'82
6. Margaret Groos	4:16.74	'81
7. Lisa Welch	4:17.74	'82
8. Claire Forbes	4:18.58	'90
9. Stephanie Garcia	4:18.30	'11
10. Iona Lake	4:21.30	'15

## 5,000 METERS

1. Margaret Groos	15:51.24	'80
2. Patty Matava	15:56.41	'86
3. Catherine White	16:04.58	'12
4. Barbara Strehler	16:07.70	'13
5. Cleo Boyd	16:09.23	'16
6. Chelsea Ley	16:12.62	'12
7. Maria Hauger	16:14.18	'14
8. Iona Lake	16:15.93	'15
9. Sarah Fakler	16:18.59	'15
10. Lesley Welch	16:21.60	'82

## 10,000 METERS

1. Patty Matava	32:58.64	'87
2. Catherine White	33:07.36	'13
3. Aileen O'Connor	33:28.20	'81
4. Emily Harrison	33:40.34	'08
5. Martha White	33:40.50	'83
6. Kara Scanlin	33:53.32	'07
7. Katie Read	33:54.92	'07
8. Jane Maxwell	33:55.98	'03
9. Anna Corrigan	33:58.46	'11
10. Jen Flack	34:14.12	'14

## 100m HURDLES

1. Ciara Leonard	13.26	'18
2. Alexis Woodley	13.31	'18
3. Ayla Smith	13.51	'09
4. Lauren Echko	13.72	'08
5. Heather Smith	13.76	'16
6. Chidi Uche	13.77	'10
7. Rebecca Grube	13.81	'94
8. Alana Herran	13.86	'17
9. Michelle Johnson	13.90	'86
10. Kimberlee Turko	13.93	'98

## 400m HURDLES

1. Ayla Smith	56.54	'11
2. Erin Crawford	56.87	'06
3. Andrenette Knight	56.94	'18
4. Angela Lee	57.11	'97
5. Aisha Naibe-Wey	57.84	'16
6. Alana Herran	58.03	'18
7. Heather Smith	58.17	'16
8. Vivian Scruggs	58.54	'81
9. Natalie Randolph	58.98	'03
10. Angela Griffith	59.05	'91

## 3000m STEEPLECHASE

1. Stephanie Garcia	9:47.29	'11
2. Dawn Cleary	9:59.30	'03
3. Iona Lake	10:01.58	'15
4. Melanie Matthews	10:13.31	'02
5. Vicky Fouhy	10:20.63	'14
6. Sara Sargent	10:20.64	'15
7. Janine Ricci	10:24.65	'05
8. Kiera Bothwell	10:30.29	'19
9. Samantha Stafford	10:36.02	'09
10. Kendall Cowne	10:39.82	'15

## HIGH JUMP

1. Ann Bair	1.88m (6' 2")	'83
2. Sherry Gould	1.86m (6' 1.25")	'93
3. Pearl Bickersteth	1.83m (6' 0")	'12
Moira Cronin	1.83m (6' 0")	'13
5. Robin Landes	1.81m (5' 11.25")	'88
6. Rachel Marks	1.79m (5' 10.75")	'06
7. Meggie Schuelke	1.76m (5' 9.25")	'04
Emily Kianka	1.76m (5' 9.25")	'12
9. Karen DiDonato	1.75m (5' 9.0")	'91
10. Kate Doyle	1.74m (5' 8.75")	'90

## POLE VAULT

1. Bridget Guy	4.46m (14' 7.5")	'18
2. Katie Freix	4.01m (13' 1.75")	'18
3. Theresa Demaria	3.93m (12' 10.75")	'17
4. Vika Osipenko	3.81m (12' 6")	'03
5. Sarah DeVita	3.71m (12' 2")	'15
6. Katie Darraugh	3.69m (12' 1.5")	'09
7. Kathryn Pettine	3.65m (11' 11.75")	'05
8. Annica White	3.51m (11' 6.5")	'01
9. Lauren Taggart	3.49m (11' 5.75")	'03
Alicia LaRoche	3.49m (11' 5.75")	'04

## LONG JUMP

1. Dana Boone	6.65m (21' 9.75")	'90
2. Kiamesha Otey	6.54m (21' 5.50")	'02
3. Sonja Fridy	6.42m (21' 0.75")	'86
4. Nicole Kimbrough	6.39m (20' 11.50")	'95
5. Kelly Miller	6.33m (20' 9.25")	'96
Tomika Ferguson	6.33m (20' 9.25")	'06
7. Edy Ndem	6.28m (20' 7.25")	'14
8. Mia Barron	6.22m (20' 5")	'16
9. Rebecca Grube	6.15m (20' 2.25")	'94
Khyasia Caldwell	6.15m (20' 2.25")	'19

## TRIPLE JUMP

1. Kelly McKee	13.70m (44' 11.5")	'19
2. Tomika Ferguson	13.21m (43' 4.25")	'07
3. Dallas Rose	13.20m (43' 3.75")	'14
4. Dana Boone	13.05m (42' 9.75")	'91
5. Mia Barron	12.96m (42' 6.25")	'18
6. Nacole Guinn	12.71m (41' 8.50")	'01
7. Jessica Caldwell	12.50m (41' 0.25")	'14
8. Nicole Kimbrough	12.49m (40' 11.75")	'95
Atalaya Jones	12.49m (40' 11.75")	'93
10. Curtrell Frye	12.48m (40' 11.50")	'02

## SHOT PUT

1. Christine Bohan	16.87m (55' 4.25")	'16
2. Brittany Jones	16.17m (53' 0.75")	'19
3. Eliese Mitchell	16.16m (53' 0.25")	'03
3. Billie-Jo Grant	15.77m (51' 9")	'06
5. Maureen Laffan	15.34m (50' 4")	'10
6. Emily Vannoy	15.30m (50' 2.5")	'10
7. Alexa Manning	14.97m (49' 1.5")	'08
8. Kelly Bodiford	14.83m (48' 8")	'91
9. Amy Brown	14.25m (46' 9")	'99
10. Lauren Connelly	14.12m (46' 4")	'96

## DISCUS

1. Billie-Jo Grant	56.06m (183' 11")	'08
2. Kelly Bodiford	54.08m (177' 5")	'93
3. Erin Wykoff	53.78m (176' 5")	'12
4. Caitlin Kelly	52.37m (171' 10")	'09
5. Eliese Mitchell	52.17m (171' 2")	'02
6. Julia Solo	52.04m (170' 9")	'86
7. Thelma Kristjansdottir	50.92m (167' 1")	'19
8. Christine Bohan	50.79m (166' 8")	'17
9. Carter Green	50.24m (164' 10")	'18
10. Amy Bilmanis	49.99m (164' 0")	'06

## HAMMER THROW

1. Jade Baker	63.61m (208' 8")	'19
2. Eva Mustafic	61.18m (200' 9")	'19
3. Maureen Laffan	59.91m (196' 6")	'12
4. Eliese Mitchell	56.95m (186' 10")	'03
5. Brittany Jones	53.80m (176' 6")	'18
6. Erin Wykoff	53.45m (175' 4")	'12
7. Lauren Connelly	51.31m (168' 4")	'96
8. Inhar Chong	50.29m (165' 0")	'00
9. Alexa Manning	50.17m (164' 7")	'08
10. Ann Crouse	49.89m (163' 8")	'99

## JAVELIN

1. Ann Crouse	57.38m (188' 3")	'99
2. Julia Solo	55.98m (183' 8")	'89
3. Inge Jorgensen	54.23m (177' 11")	'05
4. Meghan Briggs	52.65m (172' 9")	'09
5. Abbey Karin	52.60m (172' 7")	'13
6. Marija Bogavac	48.96m (160' 7")	'17
7. Caitlin Mautz	48.66m (159' 8")	'17
8. Christine Bohan	48.03m (157' 7")	'17
9. Annie Bobiak	46.89m (153' 10")	'05
10. Tara Karin	46.33m (152' 0")	'10

## HEPTATHLON

1. Rebecca Grube	5,512	'94
2. Susan Brownell	5,458	'82
3. Beth Sheehan	5,407	'86
4. Ann Bair	5,387	'83
5. Holly Sullivan	5,317	'17
6. Sherry Gould	5,166	'93
7. Angela Griffith	4,967	'98
8. Suzanne Sweeney	4,915	'97
9. Katie Kiladis	4,855	'97
10. Bianca DeBartolo	4,854	'07





# MEN'S OUTDOOR TOP MARKS

## 100 METERS

1. Gerald Howard	10.42	'95
2. Reuben Jones	10.45	'08
3. Shay Clark	10.50	'02
4. Edwin Brown	10.52	'85
5. Scott Kimball	10.53	'03
6. Bruce Randolph	10.69	'84
7. Jarrett Hagwood	10.72	'02
8. Mauri Anderson	10.74	'80
9. Orren Prunty	10.84	'02
Ben Jullien	10.84	'96

## 200 METERS

1. Gerald Howard	20.79	'95
2. Ben Sarpong	20.87	'95
3. Edwin Brown	20.90	'85
4. Reuben Jones	21.16	'08
5. Kellen Blessingame	21.24	'05
6. Payton Hazzard	21.27	'15
7. Conlon Bonner	21.28	'08
8. Scott Kimball	21.31	'02
9. Eric Adderly	21.32	'82
10. Ruhn Turner	21.39	'98

## 400 METERS

1. Alfred Shirley	45.84	'18
2. Payton Hazzard	45.88	'15
3. Kellen Blessingame	46.02	'05
4. <b>Jordan Willis</b>	46.59	'19
5. Meikle Paschal	46.61	'08
6. Kevin Anding	46.84	'10
7. Jim Bruce	46.94	'79
8. Nathan Kiley	46.95	'17
9. Ben Kurgat	46.96	'88
10. Jason Young	47.07	'04

## 800 METERS

1. Paul Ereng	1:43.16	'89
2. Robby Andrews	1:44.71	'11
3. Lance Roller	1:46.11	'10
4. Ray Brown	1:46.74	'83
5. Ben Kurgat	1:47.32	'90
6. John Hinton	1:47.33	'84
7. Greg Canty	1:47.44	'80
8. Anthony Kostelac	1:48.96	'12
9. Vince Draddy	1:49.05	'81
10. Nathan Kiley	1:49.31	'16

## 1,500 METERS

1. Henry Wynne	3:38.05	'16
2. John Hinton	3:40.24	'83
3. Vince Draddy	3:40.44	'81
4. Robby Andrews	3:40.77	'11
5. Mike Marsella	3:41.35	'15
6. Patrick Todd	3:41.51	'12
7. Andrew Jesien	3:41.78	'09
8. Ray Weeden	3:43.65	'99
9. Kyle King	3:44.25	'13
10. Brett Johnson	3:44.44	'11

## 5,000 METERS

1. Kris Herdt	13:37.44	'87
2. Henry Wynne	13:43.53	'17
3. Sean Keveren	13:48.34	'12
4. Zach Herriott	13:53.47	'17
5. Jim Hays	13:55.2h	'85
6. Kyle King	13:55.60	'12
7. Ryan Collins	13:55.94	'09
8. Mike Cotton	13:56.44	'81
9. Ari Klau	13:57.63	'18
10. Lachlan Cook	13:58.01	'17

## 10,000 METERS

1. Zach Herriott	28:44.22	'17
2. Brent Demarest	28:54.69	'19
3. Mike Cotton	28:55.34	'81
4. Andrew Dumm	28:59.25	'07
5. Lachlan Cook	29:10.03	'19
6. Adam Visokay	29:11.13	'15
7. Trey Miller	29:14.21	'10
8. Ryan Foster	29:16.79	'06
9. <b>Alex Corbett</b>	29:18.99	'19
10. Chase Weaverling	29:28.92	'18

## 110m HURDLES

1. Adams Abdulrazaaq	13.66	'11
2. Barry Word	13.88	'84
3. George Johnson	13.91	'82
4. Jarrett Hagwood	14.13	'02
5. Kevin Williams	14.14	'79
6. Rob Archer	14.16	'84
7. Ronde Barber	14.22	'94
8. DreQuan Hoskey	14.23	'14
9. Mike Abidin	14.27	'82
10. Isi Azeke	14.31	'05

## 400m HURDLES

1. Steve Delice	50.02	'10
2. Karl Williams	50.34	'79
3. Rob Archer	50.80	'84
4. Bruce Berry	51.09	'85
5. Alfred Shirley	51.30	'18
6. Kevin Williams	51.54	'79
7. Adams Abdulrazaaq	51.79	'08
8. George Johnson	51.98	'81
9. Dave Revelle	52.05	'84
10. Bob Wilks	52.21	'84

## 3000m STEEPLECHASE

1. Jan Foerster	8:34.78	'07
2. Rob Cook	8:39.36	'94
3. Kyle King	8:39.72	'15
4. Steve Finley	8:40.56	'10
5. Adam Visokay	8:43.60	'15
6. Mike Cotton	8:44.44	'81
7. Will Gray	8:45.82	'16
8. Soeren Linder	8:51.89	'05
9. Tim Lloyd	8:53.84	'80
10. John Hinton	8:55.14	'84

## HIGH JUMP

1. <b>Brenton Foster</b>	2.23m (7'3.75")	'19
2. Herman Moore	2.19m (7'2.25")	'88
Greg Byers	2.19m (7'2.25")	'82
4. Trey Causey	2.13m (6'11.75")	'19
5. Greg Nelson	2.10m (6'10.75")	'10
Chris Clementson	2.10m (6'10.75")	'02
Mike Riso	2.10m (6'10.75")	'02
Bob Lund	2.10m (6'10.75")	'91
9. Cordell Green	2.09m (6'10.25")	'95
10. Wes Dungan	2.08m (6'9.75")	'94

## POLE VAULT

1. David Sullivan	5.35m (17'6.75")	'05
2. Brian Shafer	5.20m (17'0.75")	'93
<b>Sam Young</b>	5.20m (17'0.75")	'19
3. Jeff Jernigan	5.15m (16'10.75")	'17
5. Tom Cooke	5.05m (16'6.75")	'95
6. Jeff McClurg	4.95m (16'2.75")	'07
7. David Lewis	4.89m (16'0.75")	'06
8. David Hood	4.88m (16'0.0")	'88
9. Mike Hood	4.85m (15'11.0")	'91
George Blair	4.85m (15'11.0")	'04

## LONG JUMP

1. Jordan Scott	7.83m (25'8.25")	'19
2. Greg Byers	7.70m (25'3.25")	'82
3. Mike Harvey	7.67m (25'2")	'69
4. Wes Dungan	7.48m (24'6.5")	'94
Tiki Barber	7.48m (24'6.5")	'95
6. Keith Witherspoon	7.45m (24'5.25")	'76
7. Bruce Randolph	7.43m (24'4.5")	'84
8. Dion Woolfolk	7.41m (24'3.75")	'96
9. Trey Causey	7.40m (24'3.5")	'19
10. Stephen Dunphy	7.39m (24'3")	'94
Jarrett Hagwood	7.39m (24'3")	'02

## TRIPLE JUMP

1. Jordan Scott	17.08m (56'0.5")	'19
2. Marcus Robinson	16.46m (54'0")	'12
3. Keith Witherspoon	16.27m (53'4.50")	'76
4. Ryan Satchell	15.98m (52'5.25")	'14
5. Chike Chukwolie	15.94m (52'3.75")	'90
6. Aaron Worrell	15.72m (51'7")	'17
7. Greg Byers	15.56m (51'0.75")	'84
8. Cornell Grayson	15.55m (51'0.50")	'90
9. Donald Scott	15.43m (50'7.50")	'94
10. Mike Mosley	15.25m (50'0.5")	'85

## SHOT PUT

1. Filip Mihaljevic	21.30m (69'10.75")	'17
2. Oghenakpobo Efekoro	20.39m (66'10.75")	'17
3. Jordan Young	19.80m (64'11.5")	'15
4. Nick Vena	19.51m (64'0.25")	'12
5. Yemi Ayeni	18.23m (59'9.75")	'09
6. Nace Plesko	18.30m (61'0.05")	'17
7. Kevin Latham	18.04m (59'2.5")	'85
8. Mike Murphy	17.15m (56'3.25")	'93
9. Thom McKinney	17.06m (55'11.75")	'91
10. James Williams	16.90m (55'5.5")	'18

## DISCUS

1. Filip Mihaljevic	63.76m (209'2")	'17
2. Jordan Young	62.27m (204'3")	'15
3. Yemi Ayeni	61.11m (200'6")	'07
4. Larry Wilson	57.91m (190'0")	'99
5. Kevin Latham	56.71m (186'1")	'85
6. Phil Vincenzes	55.98m (183'8")	'82
7. Nace Plesko	55.19m (181'1")	'18
8. Nick Vena	54.84m (179'11")	'12
9. Oghenakpobo Efekoro	54.56m (179'0")	'19
10. Mike Murphy	52.78m (173'2")	'93

## HAMMER THROW

1. Hilmar Jonsson	75.26m (246'11")	'19
2. Jordan Young	70.73m (232'1")	'15
3. Vincenzo Chiariello	64.29m (210'11")	'12
4. Oghenakpobo Efekoro	60.88m (199'9")	'19
5. Bill Johnston	58.19m (190'11")	'01
6. Robert Guider	55.67m (182'8")	'10
7. James Fuson	55.53m (182'2")	'12
8. Phil Vincenzes	53.23m (174'8")	'79
9. Walker Anderson	52.68m (172'10")	'04
10. James Williams	51.22m (168'0")	'16

## JAVELIN

1. <b>Ethan Dabbs</b>	76.04m (249'6")	'19
2. Andy Fahringer	75.19m (246'8")	'12
3. Brian Kollar	74.22m (243'6")	'01
4. John Welch	72.19m (236'10")	'02
5. Steve Kiessling	69.67m (228'7")	'92
6. Kyle Smith	69.43m (227'9")	'15
7. James Murdock	63.93m (209'9")	'02
8. Stephen Dunphy	61.62m (202'2")	'94
9. Tucker Rizzi	61.46m (201'8")	'18
10. Anthony Bouselli	60.89m (199'9")	'16

## DECATHLON

1. Stephen Dunphy	7,920	'92
2. Willy Pirtle	7,676	'82
3. John Bryan	7,666	'81
4. Jack Lint	7,478	'17
5. David Lewis	7,105	'08
6. Christian Lavorgna	7,064	'16
7. Cam Collins	7,004	'16
8. Bill Smith	6,863	'83
9. Sean Sullivan	6,847	'96
10. John Anderson	6,814	'95



# WOMEN'S OUTDOOR FRESHMAN RECORDS

## 100 METERS

1. Kelly Miller .....11.70 ..... '96
2. Kiamesha Otey .....11.72 ..... '00
3. Talia Wise .....11.85 ..... '06
4. **Halle Hazzard** .....11.86 ..... '18
5. Leslie Satchell .....11.89 ..... '95

## 200 METERS

1. Peyton Chaney.....24.02 ..... '13
2. Leslie Satchell .....24.04 ..... '95
3. Kelly Miller .....24.14 ..... '96
4. Jordan Lavender.....24.19 ..... '12
5. Andrea Wright .....24.21 ..... '14
- Halle Hazzard** .....24.21 ..... '18

## 400 METERS

1. Jordan Lavender.....53.44 ..... '12
2. Lisa Garrett .....54.14 ..... '81
3. Andrea Wright .....54.80 ..... '14
4. Chimere Ezumah .....54.87 ..... '14
5. Michelle Samuels.....55.15 ..... '91

## 800 METERS

1. Vanessa Fabrizio .....2:06.76 ..... '12
2. Morgane Gay .....2:08.29 ..... '09
3. **Madelin Rennyson**.....2:09.77 ..... '19
4. Gail Bryant .....2:11.00 ..... '82
5. Ariane Sloan .....2:11.23 ..... '07
5. Erin O'Doherty .....2:11.28 ..... '02

## 1,500 METERS

1. Morgane Gay .....4:15.56 ..... '09
2. Lesley Welch .....4:16.84 ..... '82
3. Lisa Welch .....4:17.60 ..... '82
4. Claire Forbes .....4:18.52 ..... '90
5. Margaret Groos .....4:21.10 ..... '78

## 5,000 METERS

1. Chelsea Ley .....16:12.62 ..... '12
2. Maria Hauger .....16:14.18 ..... '14
3. Lesley Welch .....16:21.60 ..... '82
4. Sarah Fakler.....16:22.19 ..... '14
5. Kathleen Stevens .....16:26.91 ..... '12

## 10,000 METERS

1. Jen Flack .....34:14.12 ..... '14
2. Sarah Fakler.....34:15.20 ..... '14
3. Maria Hauger .....34:16.28 ..... '14
4. Beni Gras .....34:34.17 ..... '91
5. Katherine Walker .....35:31.42 ..... '11

## 100-METER HURDLES

1. Ciara Leonard .....13.67 ..... '16
- Alexis Woodley .....13.67 ..... '17
3. Lauren Echko .....13.86 ..... '06
4. Kim Turko .....13.93 ..... '98
5. Alisha Tucker .....14.03 ..... '93

## 400-METER HURDLES

1. Angela Lee .....57.64 ..... '96
2. Erin Crawford .....58.56 ..... '04
3. Karen Hatchett .....59.49 ..... '82
4. Ayla Smith .....60.02 ..... '07
5. Kristina Chapman .....60.83 ..... '08

## 3,000m STEEPLECHASE

1. Stephanie Garcia .....10:15.83 ..... '07
2. Sara Sargent.....10:49.81 ..... '14
3. Kendall Cowne .....10:54.54 ..... '14
4. **Kiera Bothwell** .....10:55.59 ..... '18
5. Janine Ricci .....10:55.86 ..... '04

## HIGH JUMP

1. Ann Bair .....1.86m (6' 1.25") ... '80
2. Meggie Schuelke .....1.76m (5' 9.25") ... '04
3. Pearl Bickersteth .....1.74m (5' 8.5") ..... '10
4. Susan Brownell .....1.73m (5' 8") ..... '80
5. Emily Kianka .....1.72m (5' 7.75") ... '11

## POLE VAULT

1. Bridget Guy .....4.11m (13'5.75") .. '15
2. Theresa Demaria.....3.93m (12' 10.75")..... '17
3. Katie Freix.....3.67m (12'0.5") ..... '15
4. Viktoria Osipenko .....3.56m (11' 8.5") ... '00
5. Kathryn Pettine .....3.49m (11' 5.75") . '04

## LONG JUMP

1. Kelly Miller .....6.33m (20' 9.25") . '96
2. Nicole Kimbrough .....6.29m (20' 7.75") . '94
3. Mia Barron.....6.22m (20' 5") ..... '16
4. Sonja Fridy .....6.12m (20' 1") ..... '84
- Khyasia Caldwell**.... 6.12m (20'1") ..... '18

## TRIPLE JUMP

1. Dallas Rose .....12.66m (41' 6.5") . '10
2. Atalaya Jones .....12.49m(40'11.75")'93
3. Britni Strates.....12.46m (40' 10.5")'12
4. Mia Barron.....12.40m (40' 8.25").. '16
5. Tomika Ferguson .....12.35m (40' 6.25")'04

## SHOT PUT

1. **Brittany Jones**.....15.69m (51'5.75") '18
2. Emily Vannoy.....15.30m (50' 2.5") . '10
3. Christine Bohan.....14.62m (47-11.75).. '14
4. Maureen Laffan .....14.58m (47' 10").. '09
5. Kristi Martin .....13.99m(45'10.75")'97

## DISCUS

1. Julia Solo .....52.04m (170' 9") .. '86
2. Amy Bilmanis .....51.77m (169' 10") '06
3. **Thelma Krisjandottir** ..50.92m (167'1") ... '19
4. Amy Brown .....48.77m (160' 0") .. '95
5. **Sadey Rodriguez**....48.29m (158'5") ... '19

## HAMMER THROW

1. **Eva Mustafic** .....61.18m (200'9") ... '19
2. Elise Mitchell .....54.46m (178' 8") .. '00
3. **Brittany Jones**.....53.80m (176'6") ... '18
4. Amy Bilmanis .....47.68m (156' 5") .. '06
5. Alexa Manning .....46.18m (151' 6") .. '06

## JAVELIN

1. Ann Crouse .....50.85m (166' 10") '95
2. Inge Jorgensen .....50.24m (164' 10") '00
3. **Caitlin Mautz**.....44.62m (146' 5") .. '15
4. Meghan Briggs .....44.45m (145' 10") '07
5. Tara Karin .....43.64m (143'2") ... '09

## HEPTATHLON

1. Ann Bair .....5,578 ..... '80
2. Susan Brownell .....5,419 ..... '80
3. Rebecca Grube .....4,996 ..... '92
4. Alana Herran.....4,771 ..... '16
5. Katie Kiladis .....4,610 ..... '95



# MEN'S OUTDOOR FRESHMAN RECORDS

## 100 METERS

1. Gerald Howard ..... 10.46 ..... '93
2. Jason Dickerson ..... 10.50 ..... '77
3. Reuben Jones ..... 10.65 ..... '05
4. Edwin Brown ..... 10.76 ..... '81
5. Ben Julien ..... 10.84 ..... '96

## 200 METERS

1. Gerald Howard ..... 20.90 ..... '93
2. Conlon Bonner ..... 21.28 ..... '08
3. **Jordan Willis** ..... 21.70 ..... '18
4. Scott Kimball ..... 21.78 ..... '00
5. Alfred Shirley..... 21.78..... '18

## 400 METERS

1. Alfred Shirley..... 45.84..... '18
2. Meikle Paschal..... 46.61..... '08
3. Ben Kurgat ..... 46.96 ..... '88
4. Payton Hazzard..... 47.29..... '12
5. **Jordan Willis** ..... 47.11..... '18

## 800 METERS

1. Paul Ereng ..... 1:44.31 ..... '88
2. Robby Andrews..... 1:45.54..... '10
3. Lance Roller ..... 1:47.88 ..... '09
4. Anthony Kostelac..... 1:49.02..... '11
5. Ben Kurgat ..... 1:49.28 ..... '88

## 1,500 METERS

1. Robby Andrews..... 3:41.09..... '10
2. Matthew Novak ..... 3:45.35..... '16
3. John Hinton..... 3:46.10 ..... '82
4. Henry Wynne..... 3:46.48..... '14
5. Alex Tatu ..... 3:46.63 ..... '04

## 5,000 METERS

1. Kyle King..... 13:55.60..... '12
2. Lachlan Cook ..... 13:58.01..... '17
3. Andy Biladeau ..... 14:06.73 ..... '06
4. Emil Heineking ..... 14:11.40 ..... '08
5. **Rohann Asfaw** ..... 14:12.57..... '19

## 10,000 METERS

1. Adam Visokay ..... 29:14.50..... '14
2. Lachlan Cook ..... 29:18.20..... '17
3. Brent Demarest..... 29:32.72..... '15
4. Chase Weaverling..... 29:39.30..... '15
5. Zach Herriott..... 29:45.35..... '14

## 110m HURDLES

1. Kevin Williams ..... 14.14 ..... '77
2. Adams Abdulrazaaq ..14.19 ..... '08
3. Ronde Barber ..... 14.22 ..... '94
4. Mike Abidin ..... 14.27 ..... '82
5. Jarrett Hagwood ..... 14.34 ..... '02

## 400m HURDLES

1. Alfred Shirley ..... 51.30..... '18
2. Karl Williams ..... 51.77 ..... '77
3. Adams Abdulrazaaq ..51.79 ..... '08
4. Greg Nelson ..... 52.43 ..... '08
5. Devin Brewer..... 52.52..... '12

## 3,000m STEEPLECHASE

1. John Hinton ..... 8:58.21 ..... '82
2. Colin Mearns ..... 9:03:92..... '11
3. Jim Hays ..... 9:10.69 ..... '82
4. **Derek Johnson** ..... 9:14.03..... '19
5. Mike Cotton ..... 9:27.88 ..... '78

## HIGH JUMP

1. Herman Moore ..... 2.19m (7' 2.25") .. '88
2. Greg Byers ..... 2.17m (7' 1.25") .. '81
3. Trey Causey..... 2.13m (6'11.75") .. '19
4. Mike Riso ..... 2.10m (6' 10.75") '02
5. Tommy Devita..... 2.04m (6' 8.25") .. '11

## POLE VAULT

1. **Sam Young** ..... 5.09m (16' 8.25") '17
2. Brain Shafer ..... 5.05m (16' 6.75") '90
3. David Sullivan ..... 4.90m (16' 0.75") '03
4. Jake Williams ..... 4.88m (16' 0") ..... '01
5. Greg Blair ..... 4.82m (15' 9.75") '03

## LONG JUMP

1. Jordan Scott..... 7.54m (24' 9") ..... '17
2. Greg Byers ..... 7.33m (24' 0.5") .. '81
3. Stephen Dunphy ..... 7.30m (23' 11.5") '90
4. Marcus Robinson .... 7.25m (23' 9.5") .. '08
5. Marion Mason ..... 7.24m (23' 9") ..... '98
- Aaron Worrell ..... 7.24m (23' 9") ..... '15

## TRIPLE JUMP

1. Jordan Scott.....16.44m (53'11.25") ..... '17
2. Keith Witherspoon ... 15.96m (52' 4.5") '72
3. Greg Byers ..... 15.29m (50' 2") ... '81
4. Ryan Satchell..... 15.25m (50' 0.5") '12
5. Marcus Robinson .... 14.91m (48' 11") .. '08

## SHOT PUT

1. Filip Mihaljevic ..... 19.56m (64' 2.25") '14
2. Oghenakpobo Efekoro 19.53m (64' 1") ..... '16
3. Nick Vena ..... 19.51m (64' 0.25") '12
4. Mike Theuerkauf ..... 15.90m (52' 2") ... '89
5. James Williams ..... 15.89m (52'1.75") .. '15

## DISCUS

1. Filip Mihaljevic..... 60.41m (198' 2") .. '14
2. Larry Wilson ..... 55.45m (181' 11")'96
3. Nick Vena ..... 54.84m (179' 11")'12
4. Yemi Ayeni ..... 54.18m (177' 9") .. '06
5. Phil Vincenzes ..... 52.53m (172' 4") .. '77

## HAMMER THROW

1. Hilmar Jonsson ..... 71.52m (234' 8") .. '16
2. Bill Johnston ..... 57.89m (189' 11")'00
3. Robert Guider ..... 55.68m (182' 8") .. '10
4. Vincenzo Chiariello ....52.37m (171' 10") '09
5. Walker Anderson ..... 50.57m (165' 11")'03

## JAVELIN

1. **Ethan Dabbs**..... 76.04m (249'6") .. '19
2. Brian Kollar ..... 68.53m (224' 10")'99
3. Steve Kessling ..... 68.25m (223' 11")'90
4. Anthony Bouselli ..... 58.96m (193'5") .. '15
5. James Murdock ..... 57.79m (189' 7") .. '99

## DECATHLON

1. Jack Lint..... 7,179..... '15
2. Sean Sullivan ..... 6,847 ..... '96
3. Stephen Dunphy ..... 6,711 ..... '90
4. John Brian ..... 6,626 ..... '78
5. Cam Collins ..... 6,485..... '15



# NON-NCAA EVENT RECORDS

## Events that are not contested at current NCAA Championships

### INDOOR - WOMEN

<b>55 Meters</b>			
6.82	Sonja Fridy	1986	
<b>55m Hurdles</b>			
7.90	Michele Johnson	1986	
<b>60 Yards</b>			
6.9h	Brenda Brown	1981	
<b>60y Hurdles</b>			
7.8h	Susan Brownell	1982	
<b>300 Meters</b>			
39.05	Jordan Lavender	2012	
<b>440 Yards</b>			
54.0h	Lisa Garrett	1981	
<b>500 Meters</b>			
1:09.89	Sonja Fridy	1987	
<b>600 Yards</b>			
1:24.67	Phyllis Buber	1985	
<b>600 Meters</b>			
<b>1:31.58</b>	<b>Keara Seasholtz</b>	<b>2021</b>	
<b>880 Yards</b>			
2:10.27	Kim Kelly	1985	
<b>1,000 Meters</b>			
2:44.40	Sandy Schuler	1985	
<b>1,000 Yards</b>			
2:30.43	Kim Kelly	1985	
<b>1,500 Meters</b>			
4:17.24	Margaret Groos	1981	
<b>Two-Mile</b>			
9:52.3h	Margaret Groos	1980	
<b>Three-Mile</b>			
15:25.25	Martha White	1982	
<b>4x800m Relay</b>			
8:55.19	Fabrizio, Weatherly, Gnade, Garcia	2011	

### INDOOR - MEN

<b>55 Meters</b>			
6.21	Bruce Randolph	1984	
<b>55m Hurdles</b>			
7.33	Robert Archer	1984	
<b>60 Yards</b>			
6.0h	Kent Merritt	1972	
<b>300 Meters</b>			
34.04	Jordan Willis	2021	
<b>440 Yards</b>			
49.9h	John Morris	1970	
<b>500 Meters</b>			
1:02.44	Paul Ereng	1988	
<b>500 Yards</b>			
1:02.79	David Revelle	1983	
<b>600 Meters</b>			
1:11.99	Dwayne Brake	1983	
<b>600 Yards</b>			
1:09.8h	David Revelle	1983	
<b>880 Yards</b>			
1:56.1h	James Wood	1973	
<b>1,000 Meters</b>			
2:20.57	Ray Brown	1984	
<b>1,000 Yards</b>			
2:07.31	Ray Brown	1984	
<b>1,500 Meters</b>			
3:45.04	John Hinton	1985	
<b>Two-Mile</b>			
8:40.49	Kris Herdt	1987	
<b>Three-Mile</b>			
13:43.03	Colin Peddie	1985	
<b>Pentathlon</b>			
3,915	Stephen Dunphy	1991	
<b>4x800m Relay</b>			
7:26.49	Vrhovac, A. Bowman, Taye, Andrews	2010	

### OUTDOOR - WOMEN

<b>3,000 Meters</b>			
9:07.84	Margaret Groos	1979	
<b>2,000m Steeplechase</b>			
6:59.52	Sara Sargent	2014	
<b>Old Javelin</b>			
55.98m (183' 8")	Julia Solo	1989	
<b>4x200m Relay</b>			
1:36.25	Chaney, McKenzie, Wright, Lavender	2015	
<b>4x800m Relay</b>			
8:32.13	Bryant, Nicholson, Welch, Haworth	1982	
<b>4x1,500m Relay</b>			
17:48.76	Downey, Schuler, McBride, Rowen	1987	
<b>Distance Medley Relay</b>			
10:57.13	Gay, Smith, Harper, Garcia	2011	

### OUTDOOR - MEN

<b>100 Yards</b>			
9.3h	Kent Merritt	1973	
<b>220 Yards</b>			
20.6s	Tony Sepp	1960	
<b>440 Yards</b>			
47.7h	John Morris	1970	
<b>120y Hurdles</b>			
13.8h	Kevin Williams	1977	
<b>400y Hurdles</b>			
50.9h	Karl Williams	1977	
<b>3,000 Meters</b>			
8:14.33	Brent Demarest	2015	
<b>Old Javelin</b>			
72.24m (237' 0")	Ed Mikula	1978	
<b>4x200m Relay</b>			
1:25.30	Virginia	2002	
<b>4x800m Relay</b>			
7:12.15	Johnson, Roller, Kostelac, Andrews	2011	
<b>4x1,500m Relay</b>			
15:09.34	Sullivan, Brown, Hodge, Draddy	1981	
<b>4xMile Relay</b>			
16:22.49	Taye, Tschirhart, Heineking, Jesien	2009	
<b>Distance Medley Relay</b>			
9:25.56	Revelle, Hinton, Brown, Draddy	1983	
<b>Shuttle Hurdle Relay</b>			
57.10	Abidin, Wilks, Word, Archer	1982	
<b>Sprint Medley Relay</b>			
3:15.20	Palmer, Archer, E. Brown, R. Brown	1984	



# LANNIGAN FIELD RECORDS

## LANNIGAN FIELD WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Ka'Tia Seymour	Florida State	11.14	2019
200 meters	Rochelle Stevens	Morgan State	22.84	1987
400 meters	Marlena Wesh	Clemson	51.43	2012
800 meters	Hanna Green	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
3,000 meters	Betty Springs	NC State	9:01.6	1983
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Anna Rohrer	Notre Dame	33:30.73	2019
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Fluker, Pringley, Harrison, Wesh	Clemson	3:33.68	2012
High Jump	Nicole Green	North Carolina	1.88m (6' 2")	2019
Pole Vault	Maddie Gardner	West Virginia	4.47m (14-8)	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Daniel Thomas-Dodd	Jamaica	19.48m (63'11")	2019
Discus Throw	Katelyn Daniels	Michigan State	59.07m (193' 9")	2016
Hammer Throw	Laura Igaune	Latvia	69.56m (228'2")	2019
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

## LANNIGAN FIELD MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Andre Ewers	Florida State	10.06	2019
200 meters	Andre Ewers	Florida State	20.31	2019
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
<b>1,500 meters</b>	<b>Henry Wynne</b>	<b>Virginia</b>	<b>3:38.05</b>	<b>2016</b>
3,000 meters	Garrett Jeffries	Missouri	8:25.07	2008
5,000 meters	Randy Reina	Unattached	13:39.09	1986
10,000 meters	Arsene Guillourel	Samford	29:00.69	2018
110-meter hurdles	Devon Hill	Miami	13.35	2012
400-meter hurdles	Bershawn Jackson	Nike	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Hyman, Williams, Mitchell, Ambler	Florida State	39.08	2012
4x400-meter relay	Villanova	Villanova	3:05.01	1985
High Jump	Samuel Shoultz	Maryland	2.24m (7' 4.25")	2018
Pole Vault	Deakin Volz	Virginia Tech	5.62m (18' 5.25")	2019
Long Jump	Luca Wieland/Khalid Slocum	Minnesota/Monmouth	7.91m (25' 11.5")	2016/2019
<b>Triple Jump</b>	<b>Jordan Scott</b>	<b>Virginia</b>	<b>17.08m (56'0.5")</b>	<b>2019</b>
<b>Shot Put</b>	<b>Filip Mihaljevic</b>	<b>Virginia</b>	<b>20.52m (67'4")</b>	<b>2017</b>
Discus Throw	Sam Mattis	Penn	65.12m (213' 8")	2016
<b>Hammer Throw</b>	<b>Hilmar Jonsson</b>	<b>Virginia</b>	<b>75.26m (246'11")</b>	<b>2019</b>
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Gonzalo Barroilhet	Florida State	8,065 points	2012



# VIRGINIA CHALLENGE RECORDS

## VIRGINIA CHALLENGE WOMEN'S RECORDS

Event.....	Name.....	Affiliation.....	Time/Mark.....	Year
100 meters .....	Kate Hall .....	Georgia .....	11.36 .....	2017
200 meters .....	Paris Daniels.....	USA.....	23.18 .....	2014
400 meters .....	Mary Wineberg.....	NYAC.....	52.06 .....	2012
800 meters .....	Hanna Green.....	Virginia Tech .....	2:02.17 .....	2017
1,500 meters .....	Nicole Sifuentes.....	Saucony .....	4:09.35 .....	2015
5,000 meters .....	Rachele Schulist .....	Michigan State.....	15:36.33 .....	2015
10,000 meters .....	Tara Jameson.....	Iona .....	33:38.50 .....	2016
100-meter hurdles.....	Queen Harrison .....	Asics .....	12.70 .....	2014
400-meter hurdles.....	Autumne Franklin.....	Harvard .....	55.70 .....	2016
3,000-meter steeplechase .....	Leah O'Connor .....	Michigan State.....	9:41.88 .....	2015
4x100-meter relay .....	Oliver, Hitchcock, Carter, Gray .....	Kentucky.....	43.14 .....	2016
4x400-meter relay .....	Walker, Barnes, Hannan, Cavin.....	Ohio State .....	3:34.00 .....	2015
<b>High Jump .....</b>	<b>Moira Cronin/Madeline Fagan .....</b>	<b>Virginia/Georgia.....</b>	<b>1.83m (6' 0") .....</b>	<b>2013/2017</b>
Pole Vault .....	Maddie Gardner .....	West Virginia.....	4.47m (14' 8.0").....	2019
Long Jump .....	Kenyattia Hackworth.....	Unattached.....	6.79m (22' 3.5").....	2016
Triple Jump .....	Ayana Alexander .....	Trinidad & Tobago.....	14.14m (46' 4.75").....	2012
Shot Put .....	Danniel Thomas-Dodd.....	Jamaica.....	19.48m (63' 10.9").....	2019
Discus Throw .....	Katelyn Daniels .....	Michigan State.....	56.04m (183' 10").....	2015
Hammer Throw.....	Stamatia Scarvelis .....	Tennessee.....	66.45m (218' 0.14").....	2019
Javelin Throw .....	Irena Sediva.....	Virginia Tech .....	55.96m (183' 7").....	2016
Heptathlon.....	Chelsea Carrier-Eades .....	USA.....	5,930 points .....	2016

## VIRGINIA CHALLENGE MEN'S RECORDS

Event.....	Name.....	Affiliation.....	Time/Mark.....	Date
100 meters.....	Mark Jelks .....	USA.....	10.20 .....	2014
200 meters.....	Segun Makinde .....	Ottawa.....	20.56 .....	2014
.....	Rondell Sorrillo .....	Nike .....	20.56 .....	2016
400 meters.....	Brycen Spratling .....	Pittsburgh.....	45.22 .....	2014
800 meters.....	Isaiah Harris .....	Penn State.....	1:45.12 .....	2017
<b>1,500 meters.....</b>	<b>Henry Wynne.....</b>	<b>Virginia.....</b>	<b>3:38.05 .....</b>	<b>2016</b>
5,000 meters.....	Chartt Miller .....	Iona .....	13:49.60 .....	2017
10,000 meters.....	Arsene Guillorel .....	Samford .....	29:00.69 .....	2018
110-meter hurdles.....	Vincent Wyatt .....	Radford .....	13.65 .....	2014
400-meter hurdles.....	Bershawn Jackson .....	USA.....	48.76 .....	2014
3,000-meter steeplechase .....	Ole Hesselbjerg.....	Eastern Kentucky .....	8:33.78 .....	2015
4x100-meter relay .....	Moffett, Smith, Chisena, Kowalchuk.....	Penn State .....	39.49 .....	2017
4x400-meter relay .....	Bruton, Page, Faust, Blanks .....	Ohio State .....	3:05.91 .....	2015
High Jump.....	Ryan Lockard.....	Minnesota .....	2.20m (7' 2.5") .....	2016
Pole Vault.....	Noah Gary.....	Michigan State.....	5.35m (17' 6.5).....	2017
Long Jump .....	Luca Wieland/Khalid Slocum.....	Minnesota/Monmouth.....	7.91m (25' 11.5")... ..	2016/2019
<b>Triple Jump.....</b>	<b>Jordan Scott.....</b>	<b>Virginia.....</b>	<b>17.07m (56' 0.05") .....</b>	<b>2019</b>
<b>Shot Put.....</b>	<b>Filip Mihaljevic.....</b>	<b>Virginia.....</b>	<b>20.52m (67'4") .....</b>	<b>2017</b>
Discus Throw .....	Eshan Hadadi .....	Iran .....	64.01m (210' 0") .....	2013
Hammer Throw.....	Daniel Haugh .....	Kennesaw State.....	74.78m (245' 4.1").....	2019
Javelin Throw.....	Andy Farhinger.....	Heart Care Group.....	76.54m (251' 1").....	2013
Decathlon .....	Tim Ehrhardt .....	Michigan State.....	8,044 points .....	2018