



2021 OUTDOOR SEASON BESTS

Women's Top 2021 Outdoor Performances Per Event

WOMEN'S 100 METERS

	TIME
Halle Hazzard	11.33
Kayla Bonnick	11.60
Anna Jefferson	(w)11.65

WOMEN'S 200 METERS

	TIME
Halle Hazzard	(w)23.15
Jada Seaman	(w)23.18
Anna Jefferson	(w)23.86

WOMEN'S 400 METERS

	TIME
Anna Jefferson	53.90
Jada Seaman	55.48
Halle Hazzard	56.88

WOMEN'S 800 METERS

	TIME
Michaela Meyer	2:02.20
Keara Seasholtz	2:07.59
Alahna Sabbakhan	2:08.38

WOMEN'S 1,500 METERS

	TIME
Michaela Meyer	4:20.30
Hannah Moran	4:30.92
Ellie Desmond	4:32.16

WOMEN'S 3000 STEEPLECHASE

	TIME
Kiera Bothwell	10:22.28
Helena Lindsay	10:37.80

WOMEN'S 5000 METERS

	TIME
Helena Lindsay	16:48.63
Kiera Bothwell	17:01.87
Liza Neely	17:56.78

WOMEN'S 10000 METERS

	TIME
Hannah Moran	34:30.32

WOMEN'S 100M HURDLES

	TIME
Andrenette Knight	13.56
Alix Still*	14:10
Nadia Saunders	14:79

WOMEN'S 400M HURDLES

	TIME
Andrenette Knight	58.02
Alix Still*	14:10
Nadia Saunders	14:79

WOMEN'S HIGH JUMP

	MARK
Rebecca Hawkins	1.73m (5' 8")
Alix Still*	1.65m (5' 5")
Gabi Hayes	1.55m (5' 1")

WOMEN'S POLE VAULT

	MARK
Maya Maloney	3.95m (12' 11.5")
Gabriella Recce	3.80m (12' 5.5")
Riley Larsen	3.65m (11' 11.75")

WOMEN'S LONG JUMP

	MARK
Khyasia Caldwell	(w)6.34m (20' 9.75")
Jada Seaman	6.02m (19' 9")
Tara Zeni	5.91m (19' 4.75")

WOMEN'S TRIPLE JUMP

	MARK
Khyasia Caldwell	(w)12.71m (41' 8.5")
Nadia Saunders	(w)12.14m (39' 10")
Zoe Rice	(w)11.90m (39' 0.5")

WOMEN'S SHOT PUT

	MARK
Maria Deaviz	17.18m (56' 4.5")
Brittany Jones	14.62m (47' 11.75")
Kaiya Saunders*	13.07m (42' 10.75")

WOMEN'S DISCUS

	MARK
Thelma Kristjansdottir	50.13m (164' 6")
Sadey Rodriguez	46.52m (152' 7")
Maria Deaviz	42.95m (140' 11")

WOMEN'S HAMMER

	MARK
Eva Mustafic	59.89m (196' 6")
Brittany Jones	54.05m (177' 4")

WOMEN'S JAVELIN

	MARK
Kaiya Saunders*	34.97m (114' 8")

4x100m

	TIME
Bonnick, Hazzard, Seaman, Jefferson	44.55

4x400m

	TIME
Comella, Seasholtz, Sabbakhan, Parenchuk	3:46.70

Men's Top 2021 Outdoor Performances Per Event

MEN'S 100 METERS

	TIME
Brandon Outlaw	(w)10.65
Nigal Davis	(w)10.89
Tavares Kelly	(w)10.94

MEN'S 200 METERS

	TIME
Jordan Willis	(w)21.14
Brandon Outlaw	(w)21.22
Justice Dixon	21.90

MEN'S 400 METERS

	TIME
Jordan Willis	46.10
Brandon Outlaw	46.35
Jay Pendarvis	48.41

MEN'S 800 METERS

	TIME
Conor Murphy	1:51.83
Davis Young	1:56.50
Cole Gingham	1:58.11

MEN'S 1,500 METERS

	TIME
Wes Porter	3:45.58
Conor Murphy	3:46.50
Yasin Sado	3:47.54

MEN'S MILE

	TIME
Randy Neish	4:05.40
Yasin Sado	4:06.35
Ka'eo Kruse	4:11.74

MEN'S 5000 METERS

	TIME
Rohann Asfaw	14:07.79
Randy Neish	14:24.00

MEN'S 110M HURDLES

	TIME
Jeremiah Wilson	14.63
Derek Pekar*	15.21
Elby Omohundro*	16.09

MEN'S 400M HURDLES

	TIME
Keith Frasier	54.53
Jeremiah Wilson	57.46

MEN'S HIGH JUMP

	MARK
Brenton Foster	2.08m (6' 9.75")
Derek Pekar*	1.90m (6' 2.75")
Elby Omohundro*	1.85m (6' 0.75")

MEN'S POLE VAULT

	MARK
Sam Young	5.25m (17' 2.75")
Joey Kelly	4.90m (16' 0.75")
Kyle Mosteller	4.60m (15' 1")

MEN'S LONG JUMP

	MARK
Brenton Foster	(w)7.46m (24' 5.75")
Ayende Watson	(w)7.08m (23' 2.75")
Luke Smith*	(w)6.32m (20' 9")

MEN'S TRIPLE JUMP

	MARK
Owayne Owens	16.29m (53' 5.5")
Ayende Watson	14.27m (46' 10")
Dejon Mayo	(w)14.13m (46' 4.25")

MEN'S SHOT PUT

	MARK
Claudio Romero	18.47m (60' 7.25")
Derek Pekar*	12.50m (41' 0.25")
Elby Omohundro*	11.79m (38' 8.25")

MEN'S DISCUS

	MARK
Claudio Romero	61.50m (201' 9")
Jacob Lemmon	56.68m (185' 11")
Ty Kunzman	39.89m (130' 10")

MEN'S HAMMER

	SCORE
Jacob Lemmon	66.15m (217' 0")
Ty Kunzman	56.02m (183' 9")

MEN'S JAVELIN

	SCORE
Ethan Dabbs	67.57m (221' 8")
Derek Pekar*	50.96m (167' 2")
Luke Smith*	40.60m (133' 2")

MEN'S DMR

	TIME
Neish, Outlaw, Murphy, Porter	9:48.73

4x100m

	TIME
Kelly, Willis, Outlaw, Dixon	40.83
Pendarvis, Willis, Outlaw, Dixon	45.70

4x400m

	TIME
Pendarvis, Davis, Frasier, Dixon	3:17.26

(w) Wind assistance

* Multis athlete



VIRGINIA OUTDOOR RECORDS

OUTDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Halle Hazzard	11.20	2019
200 meters	Sonja Fridy	23.17	1987
400 meters	Sonja Fridy	51.93	1987
800 meters	Michaela Meyer	2:02.20	2021
1,500 meters	Morgane Gay	4:13.20	2012
5,000 meters	Margaret Groos	15:51.24	1980
10,000 meters	Patty Matava	32:58.64	1987
100-meter hurdles	Ciara Leonard	13.26	2018
400-meter hurdles	Ayla Smith	56.54	2011
3,000-meter steeplechase.....	Stephanie Garcia.....	9:47.29	2011
4x100-meter relay	Bonnick, Hazzard, Seaman, Jefferson	44.55	2021
4x400-meter relay	Ezumah, Lavender, Fabrizio, Wright.....	3:35.74	2014
High Jump	Ann Bair.....	1.88m (6' 2").....	1983
Pole Vault.....	Bridget Guy	4.46m (14' 7.5").....	2018
Long Jump.....	Dana Boone	6.65m (21' 9.75").....	1990
Triple Jump	Kelly McKee	13.70m (44' 11.5").....	2019
Shot Put	Maria Deaviz	17.18m (56' 4.5")	2021
Discus Throw	Billie-Jo Grant.....	56.06m (183' 11").....	2008
Hammer Throw	Jade Baker.....	63.61m (208' 8").....	2019
Javelin Throw	Ann Crouse	57.38m (188' 3").....	1999
Heptathlon	Rebecca Grube.....	5,512 points	1994

OUTDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Gerald Howard	10.42	1995
200 meters	Gerald Howard	20.79	1995
400 meters	Alfred Shirley.....	45.84	2018
800 meters	Paul Ereng	1:43.16	1989
1,500 meters	Henry Wynne	3:38.05	2016
5,000 meters	Kris Herdt	13:37.44	1987
10,000 meters	Zach Herriott.....	28:44.22	2017
110-meter hurdles	Adams Abdulrazaaq	13.66	2011
400-meter hurdles	Steve Delice.....	50.02	2010
3,000-meter steeplechase.....	Jan Foerster	8:34.78	2007
4x100-meter relay	Randolph, Archer, Brown, Palmer.....	40.25.....	1984
4x400-meter relay	Anding Roller, Bryan, Hazzard.....	3:07.11	2012
High Jump	Brenton Foster	2.23m (7' 3.75")	2019
Pole Vault.....	David Sullivan	5.35m (17' 6.75").....	2005
Long Jump.....	Jordan Scott.....	7.83m (25' 8.25").....	2019
Triple Jump	Jordan Scott	17.08m (56' 0.5").....	2019
Shot Put.....	Filip Mihaljevic.....	21.30m (69' 10.75").....	2017
Discus Throw	Filip Mihaljevic.....	63.76m (209' 2").....	2017
Hammer Throw	Hilmar Jonsson	75.26m (246' 11").....	2019
Javelin Throw	Ethan Dabbs	76.04m (249' 6")	2019
Decathlon.....	Stephen Dunphy.....	7,920 points	1992



UVA OUTDOOR RELAY RECORDS

RELAYS

WOMEN'S OUTDOOR RECORDS

4x100

1.	44.55	Bonnick, Hazzard, Seaman, Jefferson	2021
2.	44.92	Leonard, Hazzard , Woodley, Jefferson	2019
3.	45.11	Kimbrough, Satchell, Edmundson, Alleyne	1995
4.	45.18	Harvey, Otey, Randolph, Doe	2003
5.	45.19	Rose, Wright, Chaney, Lavender	2014

4x400

1.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
2.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
3.	3:36.42	Randolph, Otey, Gore, Doe	2003
4.	3:36.73	Ezumah, Lavender, Chaney, Wright	2014
5.	3:37.65	Smith, Lavender, Fabrizio, Wright	2015

MEN'S OUTDOOR RECORDS

4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereg	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.34	Willis , Shirley, Outlaw , Lint	2018



WOMEN'S OUTDOOR TOP MARKS

100 METERS

1. Halle Hazzard.....	11.20'19
2. Sonja Fridy.....	11.36'87
3. Kiamesha Otey.....	11.43'01
4. Kelly Miller.....	11.48'99
5. Pam Lemons.....	11.57'93
6. Kayla Bonnick.....	11.60' 21
7. Tori McKenzie.....	11.63'17
8. Brenda Brown.....	11.64'84
9. Peyton Chaney.....	11.71'14
10. Julie Sandy.....	11.74'89

200 METERS

1. Sonja Fridy.....	23.17'87
2. Anna Jefferson.....	23.39'19
3. Jordan Lavender.....	23.42'14
4. Kiamesha Otey.....	23.46'03
5. Peyton Chaney.....	23.50'16
6. Kelly Miller.....	23.61'99
7. Halle Hazzard.....	23.68'19
8. Janne'a Bridgeford.....	23.69'08
9. Pam Lemons.....	23.83'93
10. Talia Wise.....	23.86'08

400 METERS

1. Sonja Fridy.....	51.93'87
2. Anna Jefferson.....	52.39'18
3. Jordan Lavender.....	52.48'14
4. Lisa Garrett.....	52.64'83
5. Carielle Doe.....	53.22'03
6. Angela Lee.....	54.05'98
7. Michelle Samuels.....	54.59'92
8. Andrea Wright.....	54.80'14
9. Talia Wise.....	54.81'08
10. Andrenette Knight.....	54.83'18

800 METERS

1. Michaela Meyer.....	2:02.20' 21
1. Gail Bryant.....	2:04.21'85
2. Vanessa Fabrizio.....	2:04.77'14
3. Kim Kelly.....	2:05.23'84
4. Vicky Fouhy.....	2:05.55'13
5. Lyndsay Harper.....	2:05.84'11
7. Jill Haworth.....	2:06.31'82
8. Phyllis Buber.....	2:06.96'86
9. Linda Nicholson.....	2:07.54'80
10. Keara Seasholtz.....	2:07.59' 21

1,500 METERS

1. Morgane Gay.....	4:13.20'12
2. Vicky Fouhy.....	4:14.51'13
3. Michelle Rowen.....	4:15.37'87
4. Jill Haworth.....	4:16.06'83
5. Lesley Welch.....	4:16.54'82
6. Margaret Groos.....	4:16.74'81
7. Lisa Welch.....	4:17.74'82
8. Claire Forbes.....	4:18.58'90
9. Stephanie Garcia.....	4:18.30'11
10. Michaela Meyer.....	4:20.30' 21

5,000 METERS

1. Margaret Groos.....	15:51.24'80
2. Patty Matava.....	15:56.41'86
3. Catherine White.....	16:04.58'12
4. Barbara Strehler.....	16:07.70'13
5. Cleo Boyd.....	16:09.23'16
6. Chelsea Ley.....	16:12.62'12
7. Maria Hauger.....	16:14.18'14
8. Iona Lake.....	16:15.93'15
9. Sarah Fakler.....	16:18.59'15
10. Lesley Welch.....	16:21.60'82

10,000 METERS

1. Patty Matava.....	32:58.64'87
2. Catherine White.....	33:07.36'13
3. Aileen O'Connor.....	33:28.20'81
4. Emily Harrison.....	33:40.34'08
5. Martha White.....	33:40.50'83
6. Kara Scanlin.....	33:53.32'07
7. Katie Read.....	33:54.92'07
8. Jane Maxwell.....	33:55.98'03
9. Anna Corrigan.....	33:58.46'11
10. Jen Flack.....	34:14.12'14

100m HURDLES

1. Ciara Leonard.....	13.26'18
2. Alexis Woodley.....	13.31'18
3. Ayla Smith.....	13.51'09
4. Andrenette Knight.....	13.56' 21
5. Lauren Echko.....	13.72'08
6. Heather Smith.....	13.76'16
7. Chidi Uche.....	13.77'10
8. Rebecca Grube.....	13.81'94
9. Alana Herran.....	13.86'17
10. Michelle Johnson.....	13.90'86

400m HURDLES

1. Ayla Smith.....	56.54'11
2. Erin Crawford.....	56.87'06
3. Andrenette Knight.....	56.94'18
4. Angela Lee.....	57.11'97
5. Aisha Naibe-Wey.....	57.84'16
6. Alana Herran.....	58.03'18
7. Heather Smith.....	58.17'16
8. Vivian Scruggs.....	58.54'81
9. Natalie Randolph.....	58.98'03
10. Angela Griffith.....	59.05'91

3000m STEEPLECHASE

1. Stephanie Garcia.....	9:47.29'11
2. Dawn Cleary.....	9:59.30'03
3. Iona Lake.....	10:01.58'15
4. Melanie Matthews.....	10:13.31'02
5. Vicky Fouhy.....	10:20.63'14
6. Sara Sargent.....	10:20.64'15
7. Kiera Bothwell.....	10:22.28' 21
8. Janine Ricci.....	10:24.65'05
9. Samantha Stafford.....	10:36.02'09
10. Helena Lindsay.....	10:37.80' 21

HIGH JUMP

1. Ann Bair.....	1.88m (6' 2")'83
2. Sherry Gould.....	1.86m (6' 1.25")'93
3. Pearl Bickersteth.....	1.83m (6' 0")'12
Moira Cronin.....	1.83m (6' 0")'13
5. Robin Landes.....	1.81m (5' 11.25")'88
6. Rachel Marks.....	1.79m (5' 10.75")'06
7. Meggie Schuelke.....	1.76m (5' 9.25")'04
Emily Kianka.....	1.76m (5' 9.25")'12
9. Karen DiDonato.....	1.75m (5' 9.0")'91
10. Kate Doyle.....	1.74m (5' 8.75")'90

POLE VAULT

1. Bridget Guy.....	4.46m (14' 7.5")'18
2. Katie Freix.....	4.01m (13' 1.75")'18
3. Maya Maloney.....	3.95m (12' 11.5")' 21
4. Theresa Demaria.....	3.93m (12' 10.75")'17
5. Vika Osipenko.....	3.81m (12' 6")'03
6. Gabriella Recce.....	3.80m (12' 5.5")' 21
7. Sarah DeVita.....	3.71m (12' 2")'15
8. Katie Darrrough.....	3.69m (12' 1.5")'09
9. Riley Larsen.....	3.65m (11' 11.75")' 21
10. Kathryn Pettine.....	3.65m (11' 11.75")'05

LONG JUMP

1. Dana Boone.....	6.65m (21' 9.75")'90
2. Kiamesha Otey.....	6.54m (21' 5.50")'02
3. Sonja Fridy.....	6.42m (21' 0.75")'86
4. Nicole Kimbrough.....	6.39m (20' 11.50")'95
5. Kelly Miller.....	6.33m (20' 9.25")'96
Tomika Ferguson.....	6.33m (20' 9.25")'06
7. Edy Ndem.....	6.28m (20' 7.25")'14
8. Mia Barron.....	6.22m (20' 5")'16
9. Rebecca Grube.....	6.15m (20' 2.25")'94
Khyasia Caldwell.....	6.15m (20' 2.25")'19

TRIPLE JUMP

1. Kelly McKee.....	13.70m (44' 11.5")'19
2. Tomika Ferguson.....	13.21m (43' 4.25")'07
3. Dallas Rose.....	13.20m (43' 3.75")'14
4. Dana Boone.....	13.05m (42' 9.75")'91
5. Mia Barron.....	12.96m (42' 6.25")'18
6. Naccolle Guinn.....	12.71m (41' 8.50")'01
7. Jessica Caldwell.....	12.50m (41' 0.25")'14
8. Nicole Kimbrough.....	12.49m (40' 11.75")'95
Atalaya Jones.....	12.49m (40' 11.75")'93
10. Curtrell Frye.....	12.48m (40' 11.50")'02

SHOT PUT

1. Maria Deaviz.....	17.18m (56' 4.5")' 21
1. Christine Bohan.....	16.87m (55' 4.25")'16
2. Brittany Jones.....	16.17m (53' 0.75")'19
3. Eliese Mitchell.....	16.16m (53' 0.25")'03
5. Billie-Jo Grant.....	15.77m (51' 9")'06
6. Maureen Laffan.....	15.34m (50' 4")'10
7. Emily Vannoy.....	15.30m (50' 2.5")'10
8. Alexa Manning.....	14.97m (49' 1.5")'08
9. Kelly Bodiford.....	14.83m (48' 8")'91
10. Amy Brown.....	14.25m (46' 9")'99

DISCUS

1. Billie-Jo Grant.....	56.06m (183' 11")'08
2. Kelly Bodiford.....	54.08m (177' 5")'93
3. Erin Wykoff.....	53.78m (176' 5")'12
4. Caitlin Kelly.....	52.37m (171' 10")'09
5. Eliese Mitchell.....	52.17m (171' 2")'02
6. Julia Solo.....	52.04m (170' 9")'86
7. Thelma Kristjansdottir.....	50.92m (167' 1")'19
8. Christine Bohan.....	50.79m (166' 8")'17
9. Carter Green.....	50.24m (164' 10")'18
10. Amy Bilmanis.....	49.99m (164' 0")'06

HAMMER THROW

1. Jade Baker.....	63.61m (208' 8")'19
2. Eva Mustafic.....	61.18m (200' 9")'19
3. Maureen Laffan.....	59.91m (196' 6")'12
4. Eliese Mitchell.....	56.95m (186' 10")'03
5. Brittany Jones.....	53.80m (176' 6")'18
6. Erin Wykoff.....	53.45m (175' 4")'12
7. Lauren Connolly.....	51.31m (168' 4")'96
8. Inhar Chong.....	50.29m (165' 0")'00
9. Alexa Manning.....	50.17m (164' 7")'08
10. Ann Crouse.....	49.89m (163' 8")'99

JAVELIN

1. Ann Crouse.....	57.38m (188' 3")'99
2. Julia Solo.....	55.98m (183' 8")'89
3. Inge Jorgensen.....	54.23m (177' 11")'05
4. Meghan Briggs.....	52.65m (172' 9")'09
5. Abbey Karin.....	52.60m (172' 7")'13
6. Marija Bogavac.....	48.96m (160' 7")'17
7. Caitlin Mautz.....	48.66m (159' 8")'17
8. Christine Bohan.....	48.03m (157' 7")'17
9. Annie Bobiak.....	46.89m (153' 10")'05
10. Tara Karin.....	46.33m (152' 0")'10

HEPTATHLON

1. Rebecca Grube.....	5,512'94
2. Susan Brownell.....	5,458'82
3. Beth Sheehan.....	5,407'86
4. Ann Bair.....	5,387'83
5. Holly Sullivan.....	5,317'17
6. Sherry Gould.....	5,166'93
7. Angela Griffith.....	4,967'98
8. Suzanne Sweeney.....	4,915'97
9. Katie Kiladis.....	4,855'97
10. Bianca DeBartolo.....	4,854'07

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S OUTDOOR TOP MARKS

100 METERS

1. Gerald Howard	10.42	'95
2. Reuben Jones	10.45	'08
3. Shay Clark	10.50	'02
4. Edwin Brown	10.52	'85
5. Scott Kimball	10.53	'03
6. Bruce Randolph	10.69	'84
7. Jarrett Hagwood	10.72	'02
8. Mauri Anderson	10.74	'80
9. Orren Prunty	10.84	'02
Ben Jullien	10.84	'96

200 METERS

1. Gerald Howard	20.79	'95
2. Ben Sarpong	20.87	'95
3. Edwin Brown	20.90	'85
4. Jordan Willis	21.16	'21
4. Reuben Jones	21.16	'08
6. Kellen Blessingame	21.24	'05
7. Payton Hazzard	21.27	'15
8. Conlon Bonner	21.28	'08
9. Scott Kimball	21.31	'02
10. Eric Adderly	21.32	'82

400 METERS

1. Alfred Shirley	45.84	'18
2. Payton Hazzard	45.88	'15
3. Kellen Blessingame	46.02	'05
4. Jordan Willis	46.10	'21
5. Brandon Outlaw	46.35	'21
6. Meikle Paschal	46.61	'08
7. Kevin Anding	46.84	'10
8. Jim Bruce	46.94	'79
9. Nathan Kiley	46.95	'17
10. Ben Kurgat	46.96	'88

800 METERS

1. Paul Ereng	1:43.16	'89
2. Robby Andrews	1:44.71	'11
3. Lance Roller	1:46.11	'10
4. Ray Brown	1:46.74	'83
5. Ben Kurgat	1:47.32	'90
6. John Hinton	1:47.33	'84
7. Greg Canty	1:47.44	'80
8. Anthony Kostelac	1:48.96	'12
9. Vince Draddy	1:49.05	'81
10. Nathan Kiley	1:49.31	'16

1,500 METERS

1. Henry Wynne	3:38.05	'16
2. John Hinton	3:40.24	'83
3. Vince Draddy	3:40.44	'81
4. Robby Andrews	3:40.77	'11
5. Mike Marsella	3:41.35	'15
6. Patrick Todd	3:41.51	'12
7. Andrew Jesien	3:41.78	'09
8. Ray Weeden	3:43.65	'99
9. Kyle King	3:44.25	'13
10. Brett Johnson	3:44.44	'11

5,000 METERS

1. Kris Herdt	13:37.44	'87
2. Henry Wynne	13:43.53	'17
3. Sean Keveren	13:48.34	'12
4. Zach Herriott	13:53.47	'17
5. Jim Hays	13:55.2h	'85
6. Kyle King	13:55.60	'12
7. Ryan Collins	13:55.94	'09
8. Mike Cotton	13:56.44	'81
9. Ari Klau	13:57.63	'18
10. Lachlan Cook	13:58.01	'17

10,000 METERS

1. Zach Herriott	28:44.22	'17
2. Brent Demarest	28:54.69	'19
3. Mike Cotton	28:55.34	'81
4. Andrew Dumm	28:59.25	'07
5. Lachlan Cook	29:10.03	'19
6. Adam Visokay	29:11.13	'15
7. Trey Miller	29:14.21	'10
8. Ryan Foster	29:16.79	'06
9. Alex Corbett	29:18.99	'19
10. Chase Weaverling	29:28.92	'18

110m HURDLES

1. Adams Abdulrazaaq	13.66	'11
2. Barry Word	13.88	'84
3. George Johnson	13.91	'82
4. Jarrett Hagwood	14.13	'02
5. Kevin Williams	14.14	'79
6. Rob Archer	14.16	'84
7. Ronde Barber	14.22	'94
8. DreQuan Hoskey	14.23	'14
9. Mike Abidin	14.27	'82
10. Isi Azeke	14.31	'05

400m HURDLES

1. Steve Delice	50.02	'10
2. Karl Williams	50.34	'79
3. Rob Archer	50.80	'84
4. Bruce Berry	51.09	'85
5. Alfred Shirley	51.30	'18
6. Kevin Williams	51.54	'79
7. Adams Abdulrazaaq	51.79	'08
8. George Johnson	51.98	'81
9. Dave Revelle	52.05	'84
10. Bob Wilks	52.21	'84

3000m STEEPLECHASE

1. Jan Foerster	8:34.78	'07
2. Rob Cook	8:39.36	'94
3. Kyle King	8:39.72	'15
4. Steve Finley	8:40.56	'10
5. Adam Visokay	8:43.60	'15
6. Mike Cotton	8:44.44	'81
7. Will Gray	8:45.82	'16
8. Soeren Linder	8:51.89	'05
9. Tim Lloyd	8:53.84	'80
10. John Hinton	8:55.14	'84

HIGH JUMP

1. Brenton Foster	2.23m (7'3.75")	'19
2. Herman Moore	2.19m (7'2.25")	'88
Greg Byers	2.19m (7'2.25")	'82
4. Trey Causey	2.13m (6'11.75")	'19
5. Greg Nelson	2.10m (6'10.75")	'10
Chris Clementson	2.10m (6'10.75")	'02
Mike Riso	2.10m (6'10.75")	'02
Bob Lund	2.10m (6'10.75")	'91
9. Cordell Green	2.09m (6'10.25")	'95
10. Wes Dungan	2.08m (6'9.75")	'94

POLE VAULT

1. David Sullivan	5.35m (17'6.75")	'05
2. Sam Young	5.25m (17'2.75")	'21
3. Brian Shafer	5.20m (17'0.75")	'93
4. Jeff Jernigan	5.15m (16'10.75")	'17
5. Tom Cooke	5.05m (16'6.75")	'95
Jeff McClurg	4.95m (16'2.75")	'07
7. Jeoff Kelly	4.90m (16'0.75")	'21
8. David Lewis	4.89m (16'0.75")	'06
9. David Hood	4.88m (16'0.0")	'88
10. Mike Hood	4.85m (15'11.0")	'91
Greg Blair	4.85m (15'11.0")	'04

LONG JUMP

1. Jordan Scott	7.83m (25'8.25")	'19
2. Greg Byers	7.70m (25'3.25")	'82
3. Mike Harvey	7.67m (25'2")	'69
4. Wes Dungan	7.48m (24'6.5")	'94
Tiki Barber	7.48m (24'6.5")	'95
7. Keith Witherspoon	7.45m (24'5.25")	'76
7. Bruce Randolph	7.43m (24'4.5")	'84
8. Dion Woolfolk	7.41m (24'3.75")	'96
9. Trey Causey	7.40m (24'3.5")	'19
10. Stephen Dunphy	7.39m (24'3")	'94
Jarrett Hagwood	7.39m (24'3")	'02

TRIPLE JUMP

1. Jordan Scott	17.08m (56'0.5")	'19
2. Marcus Robinson	16.46m (54'0")	'12
3. Owayne Owens	16.29m (53'5.5")	'21
4. Keith Witherspoon	16.27m (53'4.50")	'76
5. Ryan Satchell	15.98m (52'5.25")	'14
6. Chike Chukwolozie	15.94m (52'3.75")	'90
7. Aaron Worrell	15.72m (51'7")	'17
8. Greg Byers	15.56m (51'0.75")	'84
9. Cornell Grayson	15.55m (51'0.50")	'90
10. Donald Scott	15.43m (50'7.50")	'94

SHOT PUT

1. Filip Mihaljevic	21.30m (69'10.75")	'17
2. Oghenekpobo Efekoro	20.39m (66'10.75")	'17
3. Jordan Young	19.80m (64'11.5")	'15
4. Nick Vena	19.51m (64'0.25")	'12
5. Claudio Romero	18.47m (60'7.25")	'21
6. Yemi Ayeni	18.23m (59'9.75")	'09
7. Nace Plesko	18.30m (61'0.05")	'17
8. Kevin Latham	18.04m (59'2.5")	'85
9. Mike Murphy	17.15m (56'3.25")	'93
10. Thom McKinney	17.06m (55'11.75")	'91

DISCUS

1. Filip Mihaljevic	63.76m (209'2")	'17
2. Jordan Young	62.27m (204'3")	'15
3. Yemi Ayeni	61.11m (200'6")	'07
4. Claudio Romero	61.50m (201'9")	'21
5. Larry Wilson	57.91m (190'0")	'99
6. Kevin Latham	56.71m (186'1")	'85
7. Jacob Lemmon	56.68m (185'11")	'21
8. Phil Vincenzes	55.98m (183'8")	'82
9. Nace Plesko	55.19m (181'1")	'18
10. Nick Vena	54.84m (179'11")	'12

HAMMER THROW

1. Hilmar Jonsson	75.26m (246'11")	'19
2. Jordan Young	70.73m (232'1")	'15
3. Jacob Lemmon	66.14m (217'0")	'21
4. Vincenzo Chiariello	64.29m (210'11")	'12
5. Oghenekpobo Efekoro	60.88m (199'9")	'19
6. Bill Johnston	58.19m (190'11")	'01
7. Ty Kunzman	56.02m (183'9")	'21
8. Robert Guider	55.67m (182'8")	'10
9. James Fuson	55.53m (182'2")	'12
10. Phil Vincenzes	53.23m (174'8")	'79

JAVELIN

1. Ethan Dabbs	76.04m (249'6")	'19
2. Andy Fahringer	75.19m (246'8")	'12
3. Brian Kollar	74.22m (243'6")	'01
4. John Welch	72.19m (236'10")	'02
5. Steve Kiessling	69.67m (228'7")	'92
6. Kyle Smith	69.43m (227'9")	'15
7. James Murdock	63.93m (209'9")	'02
8. Stephen Dunphy	61.62m (202'2")	'94
9. Tucker Rizzi	61.46m (201'8")	'18
10. Anthony Bouselli	60.89m (199'9")	'16

DECATHLON

1. Stephen Dunphy	7,920	'92
2. Willy Pirtle	7,676	'82
3. John Bryan	7,666	'81
4. Jack Lint	7,478	'17
5. David Lewis	7,105	'08
6. Christian Lavorgna	7,064	'16
7. Cam Collins	7,004	'16
8. Bill Smith	6,863	'83
9. Sean Sullivan	6,847	'96
10. John Anderson	6,814	'95

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



WOMEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. **Kayla Bonnicks**11.60**'21**
2. Kelly Miller11.70 '96
3. Kiamesha Otey11.72 '00
4. Talia Wise11.85 '06
5. **Halle Hazzard**11.86 '18

200 METERS

1. Peyton Chaney24.02 '13
2. **Kayla Bonnicks****24.03****'21**
3. Leslie Satchell24.04 '95
4. Kelly Miller24.14 '96
5. Jordan Lavender24.19 '12

400 METERS

1. Jordan Lavender53.44 '12
2. Lisa Garrett54.14 '81
3. Andrea Wright54.80 '14
4. Chimere Ezumah54.87 '14
5. Michelle Samuels55.15 '91

800 METERS

1. Vanessa Fabrizio2:06.76 '12
2. **Keara Seasholtz****2:07.59****'21**
3. Morgane Gay2:08.29 '09
4. **Alahna Sabbakhan****2:08.38****'21**
5. **Madelin Rennyson**2:09.77 '19

1,500 METERS

1. Morgane Gay4:15.56 '09
2. Lesley Welch4:16.84 '82
3. Lisa Welch4:17.60 '82
4. Claire Forbes4:18.52 '90
5. Margaret Groos4:21.10 '78

5,000 METERS

1. Chelsea Ley16:12.62 '12
2. Maria Hauger16:14.18 '14
3. Lesley Welch16:21.60 '82
4. Sarah Fakler16:22.19 '14
5. Kathleen Stevens16:26.91 '12

10,000 METERS

1. Jen Flack34:14.12 '14
2. Sarah Fakler34:15.20 '14
3. Maria Hauger34:16.28 '14
4. Beni Gras34:34.17 '91
5. Katherine Walker35:31.42 '11

100-METER HURDLES

1. Ciara Leonard13.67 '16
- Alexis Woodley13.67 '17
3. Lauren Echko13.86 '06
4. Kim Turko13.93 '98
5. Alisha Tucker14.03 '93

400-METER HURDLES

1. Angela Lee57.64 '96
2. Erin Crawford58.56 '04
3. Karen Hatchett59.49 '82
4. Ayla Smith60.02 '07
5. Kristina Chapman60.83 '08

3,000m STEEPLECHASE

1. Stephanie Garcia10:15.83 '07
2. Sara Sargent10:49.81 '14
3. Kendall Cowne10:54.54 '14
4. **Kiera Bothwell**10:55.59 '18
5. Janine Ricci10:55.86 '04

HIGH JUMP

1. Ann Bair1.86m (6' 1.25") '80
2. Meggie Schuelke1.76m (5' 9.25") '04
3. Pearl Bickersteth1.74m (5' 8.5") '10
4. Susan Brownell1.73m (5' 8") '80
5. Emily Kianka1.72m (5' 7.75") '11

POLE VAULT

1. Bridget Guy4.11m (13'5.75") '15
2. **May Maloney****3.95m (12' 11.5")****'21**
3. Theresa Demaria3.93m (12' 10.75") '17
4. **Gabriella Recce****3.80m (12' 5.5")****'21**
5. Katie Freix3.67m (12'0.5") '15

LONG JUMP

1. Kelly Miller6.33m (20' 9.25") '96
2. Nicole Kimbrough6.29m (20' 7.75") '94
3. Mia Barron6.22m (20' 5") '16
4. Sonja Fridy6.12m (20' 1") '84
- Khyasia Caldwell**6.12m (20'1") '18

TRIPLE JUMP

1. Dallas Rose12.66m (41' 6.5") '10
2. Atalaya Jones12.49m(40'11.75") '93
3. Britni Strates12.46m (40' 10.5") '12
4. Mia Barron12.40m (40' 8.25") '16
5. Tomika Ferguson12.35m (40' 6.25") '04

SHOT PUT

1. **Maria Deaviz****17.18m (56' 4.5")****'21**
2. **Brittany Jones**15.69m (51'5.75") '18
3. Emily Vannoy15.30m (50' 2.5") '10
4. Christine Bohan14.62m (47-11.75) '14
5. Maureen Laffan14.58m (47' 10") '09
6. Kristi Martin13.99m(45'10.75") '97

DISCUS

1. Julia Solo52.04m (170' 9") '86
2. Amy Bilmanis51.77m (169' 10") '06
3. **Thelma Krisjandottir**50.92m (167'1") '19
4. Amy Brown48.77m (160' 0") '95
5. **Sadey Rodriguez**48.29m (158'5") '19

HAMMER THROW

1. **Eva Mustafic**61.18m (200'9") '19
2. Elise Mitchell54.46m (178' 8") '00
3. **Brittany Jones**53.80m (176'6") '18
4. Amy Bilmanis47.68m (156' 5") '06
5. Alexa Manning46.18m (151' 6") '06

JAVELIN

1. Ann Crouse50.85m (166' 10") '95
2. Inge Jorgensen50.24m (164' 10") '00
3. **Caitlin Mautz**44.62m (146' 5") '15
4. Meghan Briggs44.45m (145' 10") '07
5. Tara Karin43.64m (143'2") '09

HEPTATHLON

1. Ann Bair5,578 '80
2. Susan Brownell5,419 '80
3. Rebecca Grube4,996 '92
4. Alana Herran4,771 '16
5. Katie Kiladis4,610 '95

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. Gerald Howard10.46 '93
2. Jason Dickerson10.50 '77
3. Reuben Jones10.65 '05
4. Edwin Brown10.76 '81
5. Ben Julien10.84 '96

200 METERS

1. Gerald Howard20.90 '93
2. Conlon Bonner21.28 '08
3. **Jordan Willis**21.70 '18
4. Scott Kimball21.78 '00
5. Alfred Shirley21.78 '18

400 METERS

1. Alfred Shirley45.84 '18
2. Meikle Paschal46.61 '08
3. Ben Kurgat46.96 '88
4. Payton Hazzard47.29 '12
5. **Jordan Willis**47.11 '18

800 METERS

1. Paul Ereng1:44.31 '88
2. Robby Andrews1:45.54 '10
3. Lance Roller1:47.88 '09
4. Anthony Kostelac1:49.02 '11
5. Ben Kurgat1:49.28 '88

1,500 METERS

1. Robby Andrews3:41.09 '10
2. Matthew Novak3:45.35 '16
3. **Wes Porter**3:45.58 '21
4. **Conor Murphy**3:46.50 '21
5. John Hinton3:46.10 '82

5,000 METERS

1. Kyle King13:55.60 '12
2. Lachlan Cook13:58.01 '17
3. Andy Biladeau14:06.73 '06
4. Emil Heineking14:11.40 '08
5. **Rohann Asfaw**14:12.57 '19

10,000 METERS

1. Adam Visokay29:14.50 '14
2. Lachlan Cook29:18.20 '17
3. Brent Demarest29:32.72 '15
4. Chase Weaverling29:39.30 '15
5. Zach Herriott29:45.35 '14

110m HURDLES

1. Kevin Williams14.14 '77
2. Adams Abdulrazaaq14.19 '08
3. Ronde Barber14.22 '94
4. Mike Abidin14.27 '82
5. Jarrett Hagwood14.34 '02

400m HURDLES

1. Alfred Shirley51.30 '18
2. Karl Williams51.77 '77
3. Adams Abdulrazaaq51.79 '08
4. Greg Nelson52.43 '08
5. Devin Brewer52.52 '12

3,000m STEEPLECHASE

1. John Hinton8:58.21 '82
2. Colin Mearns9:03:92 '11
3. Jim Hays9:10.69 '82
4. **Derek Johnson**9:14.03 '19
5. Mike Cotton9:27.88 '78

HIGH JUMP

1. Herman Moore2.19m (7' 2.25") '88
2. Greg Byers2.17m (7' 1.25") '81
3. Trey Causey2.13m (6' 11.75") '19
4. Mike Riso2.10m (6' 10.75") '02
5. Tommy Devita2.04m (6' 8.25") '11

POLE VAULT

1. **Sam Young**5.09m (16' 8.25") '17
2. Brain Shafer5.05m (16' 6.75") '90
3. David Sullivan4.90m (16' 0.75") '03
4. Jake Williams4.88m (16' 0") '01
5. Greg Blair4.82m (15' 9.75") '03

LONG JUMP

1. Jordan Scott7.54m (24' 9") '17
2. Greg Byers7.33m (24' 0.5") '81
3. Stephen Dunphy7.30m (23' 11.5") '90
4. Marcus Robinson7.25m (23' 9.5") '08
5. Marion Mason7.24m (23' 9") '98
- Aaron Worrell7.24m (23' 9") '15

TRIPLE JUMP

1. Jordan Scott16.44m (53' 11.25") '17
2. Keith Witherspoon15.96m (52' 4.5") '72
3. Greg Byers15.29m (50' 2") '81
4. Ryan Satchell15.25m (50' 0.5") '12
5. Marcus Robinson14.91m (48' 11") '08

SHOT PUT

1. Filip Mihaljevic19.56m (64' 2.25") '14
2. Oghenakpobo Efekoro19.53m (64' 1") '16
3. Nick Vena19.51m (64' 0.25") '12
4. **Claudio Romero**18.47m (60' 7.25") '21
5. Mike Theuerkauf15.90m (52' 2") '89

DISCUS

1. **Claudio Romero**61.50m (201' 9") '21
2. Filip Mihaljevic60.41m (198' 2") '14
3. **Jacob Lemmon**56.68m (185' 11") '21
4. Larry Wilson55.45m (181' 11") '96
5. Nick Vena54.84m (179' 11") '12

HAMMER THROW

1. Hilmar Jonsson71.52m (234' 8") '16
2. **Jacob Lemmon**66.16m (217' 0") '21
2. Bill Johnston57.89m (189' 11") '00
3. Robert Guider55.68m (182' 8") '10
4. Vincenzo Chiariello52.37m (171' 10") '09
5. Walker Anderson50.57m (165' 11") '03

JAVELIN

1. **Ethan Dabbs**76.04m (249' 6") '19
2. Brian Kollar68.53m (224' 10") '99
3. Steve Kessling68.25m (223' 11") '90
4. Anthony Bouselli58.96m (193' 5") '15
5. James Murdock57.79m (189' 7") '99

DECATHLON

1. Jack Lint7,179 '15
2. Sean Sullivan6,847 '96
3. Stephen Dunphy6,711 '90
4. John Brian6,626 '78
5. Cam Collins6,485 '15

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



NON-NCAA EVENT RECORDS

Events that are not contested at current NCAA Championships

INDOOR - WOMEN

55 Meters

6.82 Sonja Fridy 1986

55m Hurdles

7.90 Michele Johnson 1986

60 Yards

6.9h Brenda Brown 1981

60y Hurdles

7.8h Susan Brownell 1982

300 Meters

39.05 Jordan Lavender 2012

440 Yards

54.0h Lisa Garrett 1981

500 Meters

1:09.89 Sonja Fridy 1987

600 Yards

1:24.67 Phyllis Buber 1985

600 Meters

1:31.58 Keara Seasholtz 2021

880 Yards

2:10.27 Kim Kelly 1985

1,000 Meters

2:44.40 Sandy Schuler 1985

1,000 Yards

2:30.43 Kim Kelly 1985

1,500 Meters

4:17.24 Margaret Groos 1981

Two-Mile

9:52.3h Margaret Groos 1980

Three-Mile

15:25.25 Martha White 1982

4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

INDOOR - MEN

55 Meters

6.21 Bruce Randolph 1984

55m Hurdles

7.33 Robert Archer 1984

60 Yards

6.0h Kent Merritt 1972

300 Meters

34.04 Jordan Willis 2021

440 Yards

49.9h John Morris 1970

500 Meters

1:02.44 Paul Ereng 1988

500 Yards

1:02.79 David Revelle 1983

600 Meters

1:11.99 Dwayne Brake 1983

600 Yards

109.8h David Revelle 1983

880 Yards

1:56.1h James Wood 1973

1,000 Meters

2:20.57 Ray Brown 1984

1,000 Yards

2:07.31 Ray Brown 1984

1,500 Meters

3:45.04 John Hinton 1985

Two-Mile

8:40.49 Kris Herdt 1987

Three-Mile

13:43.03 Colin Peddie 1985

Pentathlon

3,915 Stephen Dunphy 1991

4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010

OUTDOOR - WOMEN

3,000 Meters

9:07.84 Margaret Groos 1979

2,000m Steeplechase

6:59.52 Sara Sargent 2014

Old Javelin

55.98m (183' 8") Julia Solo 1989

4x200m Relay

1:36.25 Chaney, McKenzie, Wright, Lavender 2015

4x800m Relay

8:32.13 Bryant, Nicholson, Welch, Haworth 1982

4x1,500m Relay

17:48.76 Downey, Schuler, McBride, Rowen 1987

Distance Medley Relay

10:57.13 Gay, Smith, Harper, Garcia 2011

OUTDOOR - MEN

100 Yards

9.3h Kent Merritt 1973

220 Yards

20.6s Tony Sepp 1960

440 Yards

47.7h John Morris 1970

120y Hurdles

13.8h Kevin Williams 1977

400y Hurdles

50.9h Karl Williams 1977

3,000 Meters

8:14.33 Brent Demarest 2015

Old Javelin

72.24m (237' 0") Ed Mikula 1978

4x200m Relay

1:25.30 Virginia 2002

4x800m Relay

7:12.15 Johnson, Roller, Kostelac, Andrews 2011

4x1,500m Relay

15:09.34 Sullivan, Brown, Hodge, Draddy 1981

4xMile Relay

16:22.49 Taye, Tschirhart, Heineking, Jesien 2009

Distance Medley Relay

9:25.56 Revelle, Hinton, Brown, Draddy 1983

Shuttle Hurdle Relay

57.10 Abidin, Wilks, Word, Archer 1982

Sprint Medley Relay

3:15.20 Palmer, Archer, E. Brown, R. Brown 1984



LANNIGAN FIELD RECORDS

LANNIGAN FIELD WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Ka'Tia Seymour	Florida State	11.14	2019
200 meters	Rochelle Stevens	Morgan State	22.84	1987
400 meters	Marlena Wesh	Clemson	51.43	2012
800 meters	Hanna Green	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
3,000 meters	Betty Springs	NC State	9:01.6	1983
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Anna Rohrer	Notre Dame	33:30.73	2019
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Fluker, Pringley, Harrison, Wesh	Clemson	3:33.68	2012
High Jump	Nicole Green	North Carolina	1.88m (6' 2")	2019
Pole Vault	Maddie Gardner	West Virginia	4.47m (14-8)	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63'11")	2019
Discus Throw	Katelyn Daniels	Michigan State	59.07m (193' 9")	2016
Hammer Throw	Laura Igaune	Latvia	69.56m (228'2")	2019
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

LANNIGAN FIELD MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Andre Ewers	Florida State	10.06	2019
200 meters	Andre Ewers	Florida State	20.31	2019
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
3,000 meters	Garrett Jeffries	Missouri	8:25.07	2008
5,000 meters	Randy Reina	Unattached	13:39.09	1986
10,000 meters	Arsene Guillourel	Samford	29:00.69	2018
110-meter hurdles	Devon Hill	Miami	13.35	2012
400-meter hurdles	Bershawn Jackson	Nike	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Hyman, Williams, Mitchell, Ambler	Florida State	39.08	2012
4x400-meter relay	Villanova	Villanova	3:05.01	1985
High Jump	Samuel Shoultz	Maryland	2.24m (7' 4.25")	2018
Pole Vault	Deakin Volz	Virginia Tech	5.62m (18' 5.25")	2019
Long Jump	Luca Wieland/Khalid Slocum	Minnesota/Monmouth	7.91m (25' 11.5")	2016/2019
Triple Jump	Jordan Scott	Virginia	17.08m (56'0.5")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Sam Mattis	Penn	65.12m (213' 8")	2016
Hammer Throw	Hilmar Jonsson	Virginia	75.26m (246'11")	2019
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Gonzalo Barroilhet	Florida State	8,065 points	2012



2021 INDOOR BESTS

Women's Top 2021 Indoor Performances Per Event

WOMEN'S 60 METERS	TIME
Halle Hazzard	7.23
Jada Seaman	7.37
Kayla Bonnick	7.47

WOMEN'S 200 METERS	TIME
Halle Hazzard	23.45
Jada Seaman	23.56
Kayla Bonnick	24.14

WOMEN'S 400 METERS	TIME
Andrenette Knight	54.56
Anzhelika Parenchuk	56.08
Abby Comella	58.53

WOMEN'S 800 METERS	TIME
Keara Seasholtz	2:08.43
Alahna Sabbakhan	2:09.19
*Alix Still	2:21.70

WOMEN'S 1,000 METERS	TIME
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WOMEN'S MILE	TIME
Ellie Desmond	4:56.88
Claire Bolton	4:57.86
Maddie Rennyson	4:59.35

WOMEN'S 3000 METERS	TIME
Hannah Moran	9:39.64
Lindsay Helena	9:45.63
Kiera Bothwell	9:56.19

WOMEN'S 5000 METERS	TIME
Hannah Moran	16:42.63
Lindsay Helena	16:56.41

WOMEN'S 60M HURDLES	TIME
*Alix Still	8.62
Nadia Saunders	8.77

WOMEN'S HIGH JUMP	MARK
Rebecca Hawkins	1.76m 5'9.25"
*Alix Still	1.71m 5'7.25"
Gabi Hayes	1.60m 5'3"

WOMEN'S POLE VAULT	MARK
Maya Maloney	4.12m 13'6.25"
Gabriella Recce	3.74m 12'3.25"
Riley Larsen	3.70m 12'1.5"

WOMEN'S LONG JUMP	MARK
Jada Seaman	6.35m 20'10"
Khyasia Caldwell	6.18m 20'3.5"
*Alix Still	5.80m 19'0.5"

WOMEN'S TRIPLE JUMP	MARK
Khyasia Caldwell	12.49m 40'11.75"
Zoe Rice	12.47m 40'11"
Nadia Saunders	12.23m 40'1.5"

WOMEN'S SHOT PUT	MARK
Maria Deaviz	15.43m 50'7.5"
Brittany Jones	15.88m 52'1.25"
Thelma Kristjansdottir	14.08m 46'2.5"

WOMEN'S WEIGHT THROW	MARK
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PENTATHLON	SCORE
Alix Still	3,974

WOMEN'S DMR	TIME
Bolton, Parenchuk, Rennyson, Bothwell	11:36.57
Bothwell, Seasholtz, Bolton, Moran	11:40.18
Desmond, Sabbakhan, Rennyson, Lindsay	11:45.99

4x400m	TIME
Parenchuk, Seaman, Aabbakhan, Knight	3:40.79
Seasholtz, Knight, Hazzard, Bonnick	3:45.63

Men's Top Indoor Indoor Performances Per Event

MEN'S 60 METERS	TIME
Nigel Davis	7.03
Owayne Owens	7.08
Ayende Watson	7.25

MEN'S 200 METERS	TIME
Jordan Willis	21.55
Jay Pendarvis	22.28
Nigal Davis	22.44

MEN'S 400 METERS	TIME
Jordan Willis	46.64
Brandon Outlaw	46.69
Jay Pendarvis	48.10

MEN'S 800 METERS	TIME
Conor Murphy	1:49.91
Liam Bellamy	1:51.75

MEN'S 1,000 METERS	TIME
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MEN'S MILE	TIME
Randy Neish	4:05.40
Yasin Sado	4:06.35
Ka'eo Kruse	4:11.74

MEN'S 3000 METERS	TIME
Wes Porter	8:06.18
Yasin Sado	8:12.95
Derek Johnson	8:17.17

MEN'S 5000 METERS	TIME
Derek Johnson	14:16.93
Justin Diehl	14:33.25
Peter Morris	14:33.64

MEN'S 60M HURDLES	TIME
Jeremiah Wilson	8.20
*Derek Pekar	8.66

MEN'S HIGH JUMP	MARK
Kane Aldrich	5.02m 16'5.5"
Colin Duignan	4.92m 16'1.75"
*Derek Pekar	4.50m 14'9"

MEN'S LONG JUMP	MARK
Owayne Owens	7.58m 24'10.5"
Ayende Watson	6.89m 22'7.25"
*Derek Pekar	6.79m 22'3.5"

MEN'S TRIPLE JUMP	MARK
Owayne Owens	16.53m 54'2.75"
Ayende Watson	14.37m 47'1.75"

MEN'S SHOT PUT	MARK
Claudio Romero	18.44m 60'6"
Jacob Lemmon	16.47m 54'0.5"
Elby Omohundro	12.06m 39'7"

MEN'S WEIGHT THROW	MARK
Jacob Lemmon	20.05m 65'9.5"
Ty Kunzman	19.18m 62'11.25"
Claudio Romero	18.47m 60'7.25"

HEPTATHLON	SCORE
Elby Omohundro	5014

MEN'S DMR	TIME
Neish, Outlaw, Murphy, Porter	9:48.73

4X400M	TIME
Pendarvis, Willis, Davis, Outlaw	3:12.79
Willis, Outlaw, Murphy, Frasier	3:21.16

* Multis athlete



VIRGINIA INDOOR RECORDS

INDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Halle Hazzard	7.23	2021
200 meters	Halle Hazzard	23.45	2021
400 meters	Jordan Lavender	52.59	2013
800 meters	Vanessa Fabrizio	2:07.24	2015
Mile	Jill Haworth	4:34.32	1982
3,000 meters	Cleo Boyd	9:18.20	2017
5,000 meters	Margaret Groos	15:34.71	1981
60-meter hurdles	Alexis Woodley	8.31	2020
4x400-meter relay	Chaney, Fabrizio, Wright, Lavender	3:39.43	2014
Distance Medley Relay	Gay, Smith, Harper, Garcia	10:59.33	2011
High Jump	Sherry Gould	1.87m (6' 1.5")	1994
Pole Vault	Bridget Guy	4.41m (14' 5.5")	2019
Long Jump	Jada Seaman	6.46m (21'2.5")	2020
Triple Jump	Tomika Ferguson	13.53m (44' 4.75")	2007
Shot Put	Billie-Jo Grant	16.55m (54' 3.5")	2008
Weight Throw	Eliese Mitchell	20.06m (65' 9.75")	2002
Pentathlon	Susan Brownell	4,153	1982

INDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Shay Clark	6.71	2001
200 meters	Jordan Willis	21.42	2020
400 meters	Brandon Outlaw	46.58	2020
800 meters	Paul Ereng	1:44.84	1988
Mile	Vince Draddy	3:58.2h	1982
3,000 meters	Ari Klau	7:51.57	2020
5,000 meters	Zach Herriott	13:45.37	2017
60-meter hurdles	Adams Abdulrazaaq	7.75	2011
4x400-meter relay	Willis, Shirley, Dixon, Outlaw	3:11.76	2018
Distance medley relay	Jesien, Paschal, Roller, Taye	9:29.86	2009
High Jump	-Brenton Foster	2.26m (7' 5")	2020
Pole Vault	Sam Young	5.38m (17' 7.75")	2020
Long Jump	Owayne Owens	7.58m (24'10.5")	2021
	Jordan Scott	7.58m (24'10.5")	2019
Triple Jump	Jordan Scott	17.02m (55' 10.25")	2020
Shot Put	Filip Mihaljevic	20.87m (68' 5.75")	2016
Weight Throw	Jordan Young	22.92m (75' 2.5")	2015
Heptathlon	Jack Lint	5,546	2017



UVA INDOOR RELAY RECORDS

WOMEN'S INDOOR RECORDS

4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
3.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
4.	3:40.40	Chaney, Lavender, Ezumah, Wright	2014
5.	3:40.79	Parenchuk, Seaman, Sabbakhan, Knight	2021

DMR

1.	10:59.33	Gay, Smith, Harper, Garcia	2011
2.	11:14.15	Gay, Fabrizio, Harper, Garcia	2011
3.	11:19.39	Welch, Welch, Garrett, Haworth	1982
4.	11:21.19	Fabrizio, Weatherly, Gnade, Garcia	2011
5.	11:22.32	Sargent, Lavender, Fabrizio, Fouhy	2014

MEN'S INDOOR RECORDS

4x400

1.	3:11.76	Willis, Shirley, Dixon, Outlaw	2018
2.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017
3.	3:12.52	Hazzard, Kiley, Carrington, Bartha	2015
4.	3:12.55	Hayes, Taylor, Kugrat, Ereng	1989
5.	3:12.79	Pendarvis, Willis, Davis, Outlaw	2021

DMR

1.	9:29.86	Jesien, Paschal, Roller, Taye	2009
2.	9:31.23	Kostelac, Hazzard, Burton, Gilland	2013
3.	9:32.36	Marsella, Hazzard, Kiley, King	2015
4.	9:34.38	Johnson, Anding, Kostelac, Heineking	2011
5.	9:34.78	Gilland, Anding, Roller, Kostelac	2012



WOMEN'S INDOOR TOP MARKS

60 METERS

1. Halle Hazzard	7.23	'21
2. Jada Seaman	7.37	'21
3. Kiamesha Otey	7.37	'03
4. Sonja Fridy	7.39	'86
5. Peyton Chaney	7.40	'16
Anna Jefferson	7.40	'20
7. Pam Lemons	7.43	'93
8. Jordan Lavender	7.49	'15
9. Kayla Bonnick	7.47	'21
10. Janne'a Bridgeford	7.50	'08

200 METERS

1. Halle Hazzard	23.45	'21
2. Jada Seaman	23.56	'21
3. Jordan Lavender	23.80	'15
4. Peyton Chaney	23.84	'16
5. Anna Jefferson	23.92	'20
6. Danielle Williams	23.97	'12
7. Kayla Bonnick	24.14	'21
8. Kelly Miller	24.17	'99
9. Angela Lee	24.30	'99
10. Kiamesha Otey	24.34	'03

400 METERS

1. Jordan Lavender	52.59	'13
2. Andrenette Knight	53.50	'20
3. Anna Jefferson	53.33	'19
4. Lisa Garrett	54.07	'81
5. Angela Lee	54.29	'99
6. Carielle Doe	54.52	'02
7. Cathron Birge	54.61	'90
8. Sonja Fridy	54.95	'87
9. Angela Griffith	55.38	'92
10. Erin Crawford	55.42	'07

800 METERS

1. Vanessa Fabrizio	2:07.24	'15
2. Emma Call	2:07.39	'17
3. Lyndsay Harper	2:07.64	'11
4. Morgane Gay	2:08.07	'09
5. Keara Seasholtz	2:08.43	'21
6. Alahna Sabbakhan	2:09.19	'21
7. Kim Kelly	2:09.27	'85
8. Jill Haworth	2:09.62	'83
9. Cathron Birge	2:09.71	'90
20. Colette Gnade	2:09.80	'13

MILE

1. Jill Haworth	4:34.32	'82
2. Morgane Gay	4:34.38	'12
3. Vicky Fouhy	4:34.87	'13
4. Lesley Welch	4:35.56	'82
5. Iona Lake	4:36.11	'16
6. Marissa Schmidt	4:41.10	'82
7. Michele Rowen	4:41.57	'87
8. Lisa Welch	4:41.96	'82
9. Catherine White	4:42.80	'11
10. Margaret Groos	4:43.9h	'79

3,000 METERS

1. Cleo Boyd	9:18.20	'17
Claire Forbes	9:18.80	'92
3. Stephanie Garcia	9:19.44	'11
4. Martha White	9:19.58	'83
5. Iona Lake	9:22.75	'15
6. Barbara Strehler	9:22.85	'14
7. Morgan Kelly	9:23.21	'15
8. Catherine White	9:24.43	'10
9. Patty Matava	9:25.83	'87
10. Michele Rowen	9:25.8h	'85

5,000 METERS

1. Margaret Groos	15:34.71	'81
2. Cleo Boyd	16:04.76	'17
3. Morgan Kelly	16:10.73	'15
4. Barbara Strehler	16:16.32	'14
5. Emily Harrison	16:16.53	'08
6. Lesley Welch	16:21.6h	'82
7. Maria Hauger	16:22.07	'14
8. Anna Corrigan	16:25.81	'12
9. Kara Scanlin	16:27.61	'08
10. Martha White	16:31.6h	'82

60 HURDLES

1. Alexis Woodley	8.31	'20
2. Ciara Leonard	8.38	'18
3. Ayla Smith	8.39	'09
4. Andrenette Knight	8.48	'20
5. Heather Smith	8.54	'16
6. Kim Turko	8.55	'01
7. Chidi Uche	8.58	'10
8. Lauren Echko	8.60	'09
9. *Alix Still	8.62	'21
10. Bianca DeBartolo	8.65	'07

HIGH JUMP

1. Sherry Gould	1.87m (6' 1.5")	'94
2. Ann Bair	1.83m (6' 0")	'83
3. Robin Landes	1.82m (5' 11.25")	'88
4. Karen DiDonato	1.80m (5' 10.75")	'91
5. Pearl Bickersteth	1.79m (5' 10.5")	'12
6. Rachel Marks	1.78m (5' 10")	'04
7. Rebecca Hawkins	1.76m (5' 9.25")	'21
8. Kate Doyle	1.75m (5' 8.75")	'90
9. Janelle Clayton	1.74m (5' 8.5")	'10
10. Susan Brownell	1.73m (5' 8.25")	'80
Karen Hatchett	1.73m (5' 8.25")	'81

POLE VAULT

1. Bridget Guy	4.41m (14' 5.5")	'19
2. Maya Maloney	4.12m (13' 6.25")	'20
Sarah DeVita	3.97m (13' 0.25")	'15
4. Theresa Demaria	3.96m (12' 11.75")	'17
5. Katie Freix	3.95m (12' 11.5")	'18
6. Vika Oспенко	3.80m (12' 5.75")	'03
Riley Larsen	3.80m (12' 5.5")	'20
8. Katie Darragh	3.75m (12' 3.5")	'10
9. Gabriella Recce	3.74m (12' 3.25")	'21
10. Annica While	3.60m (11' 9.75")	'01
Kathryn Pettine	3.60m (11' 9.75")	'05
Kate Kaufman	3.60m (11' 9.75")	'16
Trina Barcarola	3.60m (11' 9.75")	'21

LONG JUMP

1. Jada Seaman	6.46m (21' 2.5")	'20
2. Dana Boone	6.44m (21' 1.50")	'91
3. Kiamesha Otey	6.39m (20' 11.75")	'02
4. Sonja Fridy	6.38m (20' 11.25")	'87
5. Khyasia Caldwell	6.29m (20' 7.75")	'20
6. Nicole Kimbrough	6.27m (20' 7")	'95
7. Kelly Miller	6.22m (20' 5")	'99
8. Angela Griffith	6.15m (20' 2.25")	'92
9. Latanya Wynn	6.10m (20' 0.25")	'88
10. Tomika Ferguson	6.09m (19' 11.75")	'06
Mia Barron	6.09m (19' 11.75")	'18

TRIPLE JUMP

1. Tomika Ferguson	13.53m (44' 4.75")	'07
2. Naccolle Guinn	13.14m (43' 1.25")	'01
3. Kelly McKee	13.00m (42' 8")	'19
4. Dallas Rose	12.98m (42' 7")	'12
5. Dana Boone	12.86m (42' 2.25")	'91
6. Michele Johnson	12.78m (41' 11")	'87
7. Mia Barron	12.71m (41' 8.5")	'17
8. Rashawnda James	12.59m (41' 3.75")	'09
9. Khyasia Caldwell	12.49m (40' 11.75")	'21
10. Zoe Rice	12.47m (40' 11")	'21

SHOT PUT

1. Billie-Jo Grant	16.55m (54' 3.5")	'08
2. Christine Bohan	16.53m (54' 2.75")	'16
3. Brittany Jones	16.27m (53' 4.5")	'20
4. Maureen Laffan	15.97m (52' 4.75")	'10
5. Eliese Mitchell	15.72m (51' 7")	'03
6. Kelly Bodiford	15.65m (51' 4.25")	'91
7. Maria Deaviz	15.43m (50' 7.4")	'21
7. Emily Vannoy	15.42m (50' 7.25")	'10
8. Anna Grant	14.94m (49' 0.25")	'08
9. Alexa Manning	14.93m (48' 11.75")	'08
10. T. Kristjansdottir	14.08m (46' 2.5")	'21

WEIGHT THROW

1. Eliese Mitchell	20.06m (65' 9.75")	'02
2. Maureen Laffan	18.54m (60' 10")	'12
3. Erin Wykoff	17.75m (58' 3")	'12
4. Jade Baker	17.46m (57' 3.5")	'19
5. Alexa Manning	17.09m (56' 1")	'08
6. Ann Crouse	17.08m (56' 0.5")	'96
7. Eve Mustafic	16.92m (55' 6.25")	'19
8. Lauren Connelly	16.67m (54' 8.25")	'96
9. Logan Clements	16.30m (53' 5.75")	'14
10. Brittany Jones	16.24m (53' 3.5")	'18

PENTATHLON

1. Susan Brownell	4,153	'82
2. Rebecca Grube	4,108	'95
3. Alix Still	3,974	'21
4. Holly Sullivan	3,912	'18
5. Ayla Smith	3,879	'09
6. Sherry Gould	3,789	'94
7. Beth Sheehan	3,678	'83
8. Bianca DeBartolo	3,661	'07
9. Anna Finger	3,659	'13
10. Curtrell Frye	3,644	'02

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR TOP MARKS

60 METERS

1. Shay Clark	6.71	'01
2. Reuben Jones	6.79	'08
3. Adam Cummings	6.86	'13
4. Michael Johnson	6.87	'04
5. Jarrett Hagwood	6.89	'02
Leo McLaughlin	6.89	'11
7. Scott Kimball	6.93	'00
8. Adams Abdulrazaq	6.94	'11
9. Payton Hazzard	6.95	'15
10. Matt Meyer	6.96	'09

200 METERS

1. Jordan Willis	21.42	'20
2. Gerald Howard	21.53	'95
3. Scott Kimball	21.78	'00
Reuben Jones	21.78	'08
Payton Hazzard	21.78	'14
6. Conlon Bonner	21.79	'08
7. Shay Clark	21.81	'02
8. Kellen Blassingame	21.85	'06
9. Brandon Outlaw	21.89	'20
10. Rahn Turner	22.00	'98

400 METERS

1. Brandon Outlaw	46.58	'20
2. Payton Hazzard	46.60	'15
3. Jordan Willis	46.61	'20
4. Kellen Blassingame	46.73	'06
5. Kevin Anding	47.46	'11
6. Alfred Shirley	47.53	'18
7. Ben Kurgat	47.61	'89
8. Paul Ereng	47.64	'88
9. Meikle Paschal	48.04	'09
10. Jay Pendarvis	48.10	'21

800 METERS

1. Paul Ereng	1:44.84	'88
2. Ben Kurgat	1:47.31	'91
3. Robby Andrews	1:48.02	'10
4. McGavock Dunbar	1:49.18	'04
5. Nathan Kiley	1:49.20	'16
6. John Hinton	1:49.24	'84
Anthony Kostelac	1:49.24	'11
8. Lance Roller	1:49.47	'10
9. Rob Pearce	1:49.75	'99
10. Conor Murphy	1:49.91	'21

MILE

1. Vince Draddy	3:58.2h	'82
2. Henry Wynne	3:58.74	'16
3. AJ Ernst	3:59.38	'20
4. Mike Marsella	3:59.97	'15
5. Kyle King	4:02.15	'15
6. Patrick Todd	4:02.70	'12
7. John Minen	4:02.77	'10
8. Kris Herdt	4:02.92	'87
9. Anthony Kostelac	4:02.99	'12
10. Alex Tatu	4:03.00	'05

3000 METERS

1. Ari Klau	7:51.57	'20
2. Henry Wynne	7:53.89	'16
3. Mark Amirault	7:54.08	'12
4. Adam Visokay	7:54.24	'16
5. Kris Herdt	7:54.90	'87
6. Emil Heineking	7:58.36	'11
7. Kyle King	8:00.23	'15
8. Jan Foerster	8:02.54	'07
9. Andy Biladeau	8:04.30	'08
10. AJ Ernst	8:05.31	'19

5000 METERS

1. Zach Herriott	13:45.37	'17
2. Ryan Collins	13:46.41	'10
3. Chase Weaverling	13:54.39	'17
4. Brent Demarest	13:56.03	'17
5. Thomas Madden	13:57.01	'15
6. Alex Corbett	14:00.56	'19
7. Kris Herdt	14:02.00	'89
8. Mark Amirault	14:03.01	'12
9. Ari Klau	14:03.31	'19
10. Chris Foley	14:03.67	'12

60 HURDLES

1. Adams Abdulrazaq	7.75	'11
2. Drequan Hoskey	7.79	'14
3. Jarrett Hagwood	7.93	'02
4. Marion Mason	8.01	'01
5. Cary Chandler	8.03	'01
Aaron Shepperd	8.03	'11
Emmanuel Jackson	8.03	'19
8. Gemayel Hazard	8.09	'02
9. Herb Reid	8.16	'01
Isi Azeke	8.16	'06

HIGH JUMP

1. Brenton Foster	2.26m (7'5")	'20
2. Herman Moore	2.21m (7'3")	'90
3. Greg Nelson	2.14m (7'0.25")	'10
4. Greg Byers	2.13m (6'11.75")	'82
Trey Causey	2.13m (6'11.75")	'19
6. Bob Lund	2.09m (6'10.25")	'93
7. Mike Riso	2.08m (6'10")	'02
Kevin Jackson	2.08m (6'10")	'77
9. David Sullivan	2.05m (6'8.75")	'06
Arthur Gennari	2.05m (6'8.75")	'08
Tommy DeVita	2.05m (6'8.75")	'13

POLE VAULT

1. Sam Young	5.38m (17'7.75")	'20
1. David Sullivan	5.30m (17'4.75")	'05
2. Brian Shafer	5.20m (17'0.75")	'93
Jeff Jernigan	5.10m (16'8.75")	'17
5. Tommy Cooke	5.05m (16'6.75")	'95
6. Kane Aldrich	5.02m (16'5.5")	'21
7. Matt Armentrout	5.01m (16'5.25")	'13
8. Danny Thompson	4.98m (16'4")	'81
9. Colin Duignan	4.92m (16'0.75")	'21
10. Greg Blair	4.90m (16'1")	'05
David Lewis	4.90m (16'1")	'08

LONG JUMP

1. Owayne Owens	7.58m (24'10.5")	'21
2. Jordan Scott	7.58m (24'10.5")	'19
3. Matt Meyer	7.52m (24'8.25")	'09
4. Marion Mason	7.50m (24'7.25")	'01
Tiki Barber	7.50m (24'7.25")	'94
6. Bruce Randolph	7.48m (24'6.5")	'84
7. Keith Witherspoon	7.45m (24'5.25")	'76
8. Ayende Watson	7.41m (24'3.75")	'19
9. Stephen Dunphy	7.40m (24'3.25")	'92
10. Mauri Anderson	7.39m (24'3")	'82

TRIPLE JUMP

1. Jordan Scott	17.20m (55'10.25")	'20
2. Marcus Robinson	16.63m (54'6.75")	'12
3. Owyane Owens	16.53m (54'2.75")	'21
4. Keith Witherspoon	16.16m (53'0.25")	'76
5. Greg Byers	15.98m (52'5")	'85
6. Aaron Worrell	15.87m (52'1")	'17
7. Cornell Grayson	15.74m (51'7.75")	'90
8. Chike Chukwulozie	15.64m (51'3.75")	'91
9. Ryan Satchell	15.62m (51'3")	'14
10. Ivan Glasgow	15.34m (50'4")	'82

SHOT PUT

1. Filip Mihaljevic	20.87m (68'5.75")	'16
2. Oghenakpobo Efekoro	19.84m (65'1.25")	'17
3. Jordan Young	19.15m (62'10")	'15
4. Nick Vena	18.92m (62'1")	'12
5. Yemi Ayeni	18.80m (61'8.25")	'09
6. Nace Plesko	18.71m (61'4.75")	'19
7. Claudio Romero	18.44m (60'6")	'21
7. Kevin Latham	17.62m (57'9.75")	'84
8. Thom McKinney	17.12m (56'2")	'91
9. Mike Murphy	17.10m (56'1.25")	'93
10. Pete Sheehan	16.91m (55'5.75")	'91

WEIGHT THROW

1. Jordan Young	22.92m (75'2.5")	'15
2. Hilmar Jonsson	21.37m (70'1.5")	'18
3. Jacob Lemmon	20.05m (65'9.5")	'21
4. Oghenakpobo Efekoro	19.90m (65'13.5")	'18
5. Vincenzo Chiariello	19.38m (63'7")	'12
6. Ty Kunzman	19.18m (62'11.25")	'21
7. Claudio Romero	18.47m (60'7.25")	'21
8. Thom McKinney	18.43m (60'5.75")	'91
9. Thomas Fuson	18.18m (59'7.75")	'11
10. Mike Murphy	17.77m (58'3.75")	'93

HEPTATHLON

1. Jack Lint	5,546	'17
2. Derek Pekar	5,362	'20
3. David Sullivan	5,178	'04
4. David Lewis	5,139	'08
5. Christian Lavorgna	5,113	'16
6. Elby Omohundro	5,038	'20
7. Cam Collins	4,972	'16
8. Anthony Dunavant	4,970	'14
9. Jack Claiborne	4,821	'17
10. Thomas Codevilla	4,360	'05



WOMEN'S INDOOR FRESHMAN RECORDS

60-METER DASH

- Halle Hazzard** 7.32 '19
- Jada Seaman** 7.46 '20
- Kayla Bonnick** **7.47** '**21**
- Jordan Lavender 7.57 '12
- Peyton Chaney 7.60 '13
- Tori McKenzie 7.60 '14

200-METER DASH

- Jada Seamon** 23.93 '20
- Halle Hazzard** 24.09 '19
- Kayla Bonnick** **24.14** '**21**
- Jordan Lavender 24.25 '12
- Peyton Chaney 24.31 '13

300-METER DASH

- Jordan Lavender 39.05 '12
- Julie Sandy 39.43 '87
- Anna Jefferson** 39.63 '17
- Kiana Hairston 40.15 '15
- Kayla Bonnick** **40.25** '**21**

400-METER DASH

- Jordan Lavender 54.69 '12
- Michelle Samuels 55.81 '91
- Meagan Gillespie 56.07 '09
- Anzhelika Parenchuk** **56.08** '**21**
- Chimere Ezumah 56.27 '14

500-METER DASH

- Cathron Birge 1:14.16 '87
- Phyllis Buber 1:14.90 '84
- Ayla Smith 1:14.91 '07
- Lyndsay Harper 1:16.22 '08
- Shelley McBride 1:16.68 '86

800-METER RUN

- Emma Call 2:07.39 '17
- Morgane Gay 2:08.07 '09
- Keara Seasholtz** **2:08.43** '**21**
- Vanessa Fabrizio 2:08.79 '11
- Sandy Schuler 2:09.90 '85

1000-METER RUN

- Sandy Schuler 2:44.40 '85
- Shelley McBride 2:50.40 '86
- Maddie Rennyson** 2:54.65 '18
- Claire Forbes 2:55.31 '90
- Alexia Roux 2:56.80 '16

1-MILE RUN

- Claire Forbes 4:49.48 '90
- Tasia Potasinski 4:51.49 '10
- Megan Rebholz 4:53.87 '15
- Lara Drauglis 4:53.94 '91
- Michelle Rowen 4:54.10 '84

3000-METER RUN

- Maria Hauger 9:29.20 '14
- Sarah Fakler 9:37.45 '14
- Katharine Walker 9:38.96 '11
- Megan Rebholz 9:42.55 '15
- Cleo Boyd 9:47.23 '14

5000-METER RUN

- Lesley Welch 16:21.60 '82
- Maria Hauger 16:22.07 '14
- Cleo Boyd 16:29.16 '14
- Sarah Fakler 16:32.01 '14
- Katharine Walker 16:46.02 '11

60-METER HURDLES

- Alexis Woodley 8.56 '17
- Ayla Smith 8.68 '07
- Kim Turko 8.69 '98
- Ciara Leonard 8.74 '16
- Shantell Bingham 8.82 '12
- Nadia Saunders** **8.77** '**21**

HIGH JUMP

- Karen Didonota 1.71m (5' 7.5") '87
- Janelle Clayton 1.70m (5' 7") '10
- Pearl Bickersteth 1.70m (5' 7") '10
- Emily Kianka 1.70m (5' 7") '11
- Moirá Cronin 1.70m (5' 7") '12

POLE VAULT

- Bridget Guy 3.97m (13' 0.25") .. '15
- Maya Maloney** 3.97m (13' 0.25") ... '20
- Theresa Demaria 3.96m (12' 11.75) ... '17
- Katie Freix 3.82m (12' 6.5") '15
- Riley Larsen** 3.77m (12' 4.5") '20

LONG JUMP

- Jada Seaman** 6.46m (21' 2.5") '20
- Kiamesha Otey 6.00m (19' 8.25") '00
- Sonja Fridy 5.99m (19' 8") '84
- Dana Boone 5.96m (19' 6.75") '88
- Mia Barron 5.94m (19' 6") '15

TRIPLE JUMP

- Dallas Rose 12.56m (41' 2.5") .. '10
- Mia Barron 12.33m (40' 5.5") '15
- Britni Strates 12.32m (40' 5") '12
- Nadia Saunders** **12.23m (40' 1.5")** ... '**21**
- Rashawanda James 12.19m (40' 0") '08

SHOT PUT

- Maria Deaviz 15.43m (50' 7.5") .. '21
- Emily Vannoy 15.42m (50' 7.25") ... '10
- Brittany Jones** 15.21m (49' 11") '18
- Anna Grant 14.94m (49' 0.25") '08
- Christine Bohan 14.78m (48' 6") '14

WEIGHT THROW

- Eva Mustafic** 16.92m (55' 6.25") '19
- Brittany Jones** 16.24m (53' 3.5") '18
- Emily Vannoy 16.00m (52' 6") '10
- Kristy Martin 15.50m (50' 10.5") ... '97
- Erin Wykoff 15.11m (49' 7") '09

PENTATHLON

- Beth Sheehan 3,678 '83
- Katie Ollendick 3,443 '94
- Holly Sullivan 3,411 '16
- Alana Herran 3,396 '16
- Alix Still** 3,288 '19

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR FRESHMAN RECORDS

60 METERS

1. Adam Cummings.....6.86.....'13
2. Leo McLaughlin.....6.89.....'11
3. Reuben Jones.....6.92.....'05
4. Matt Meyer.....6.97.....'09
5. Conlon Bonner.....6.98.....'08

200 METERS

1. Conlon Bonner.....21.79.....'08
- 2. Brandon Outlaw.....22.03.....'18**
3. Ben Sargong.....22.16.....'92
4. Adam Abdulrazaaq.....22.24.....'08
- 5. Jay Pendarvis.....22.28.....'21**

300 METERS

1. Anthony Swan.....34.11.....'86
2. Adam Abdulrazaaq.....34.63.....'08
3. Patrick Farmer.....34.74.....'11
4. Conlon Bonner.....34.78.....'08
5. Charles Bowman.....34.82.....'16

400 METERS

1. **Brandon Outlaw.....47.18.....'18**
2. Alfred Shirley.....47.53.....'18
3. Paul Ereng.....47.64.....'88
- 4. Jay Pendarvis.....48.10.....'21**
5. Meikle Paschal.....48.11.....'08

500 METERS

1. Paul Ereng.....1:02.02.....'88
2. Alfred Shirley.....1:03.05.....'18
3. Bruce Berry.....1:03.31.....'85
4. Ray Brown.....1:03.80.....'81
5. Dwayne Brake.....1:03.97.....'83

800 METERS

1. Robby Andrews.....1:48.39.....'10
2. Anthony Kostelac.....1:49.24.....'11
3. Paul Ereng.....1:49.31.....'88
- 4. Conor Murphy.....1:49.91.....'21**
5. Nathan Kiley.....1:51.08.....'14

1000 METERS

1. Rob Pearce.....2:27.69.....'97
2. Billy Convey.....2:28.30.....'84
3. TJ Hobart.....2:28.40.....'11
4. Brett Johnson.....2:28.47.....'10
5. Ken Cheeseman.....2:29.80.....'85

MILE

1. Alex Tatu.....4:03.00.....'05
2. Mike Marsella.....4:03.18.....'14
3. Matthew Novak.....4:03.93.....'16
4. Sintayehu Taye.....4:04.04.....'09
5. Henry Wynne.....4:04.37.....'14

3,000 METERS

1. Adam Visokay.....7:57.46.....'14
- 2. Wes Porter.....8:06.18.....'21**
3. Brent Demarest.....8:09.59.....'15
4. Connor Rog.....8:09.76.....'14
5. Chase Weaverling.....8:11.28.....'16

5,000 METERS

1. Thomas Madden.....13:57.01.....'15
2. Chris Foley.....14:03.67.....'12
3. Chase Weaverling.....14:03.72.....'16
4. Brent Demarest.....14:14.74.....'15
5. Connor Rog.....14:15.23.....'14

60m HURDLES

1. Adam Abdulrazaaq.....7.98.....'08
2. Aaron Sheppherd.....8.03.....'11
3. Jarrett Hagwood.....8.05.....'99
- 4. Jeremiah Wilson.....8.20.....'21**
5. Marion Mason.....8.23.....'98
- Devin Brewer.....8.23.....'12
- Jack Lint.....8.23.....'16

HIGH JUMP

1. Trey Causey.....2.13m(6'11.75).....'19
2. Mike Riso.....2.08m(6'10").....'02
3. Tommy DeVita.....2.04m(6'8.5").....'11
4. Arthur Gennari.....2.03m(6'8").....'07
5. Gerald Howard.....2.00m(6'7").....'93
- Cordell Green.....2.00m(6'7").....'95

POLE VAULT

1. Sam Young.....5.10m(16'8.75).....'17
2. David Sullivan.....4.97m(16'3.75").....'03
3. Brian Shafer.....4.90m(16'1").....'90
4. Jake Williams.....4.87m(16'0").....'91
5. Greg Blair.....4.82m(15'10").....'03

LONG JUMP

1. Matt Meyer.....7.52m(24'8.25").....'09
2. Tiki Barber.....7.48m(24'6.75").....'94
- 3. Ayende Watson.....7.41m(24'3.75").....'19**
4. Jordan Scott.....7.38m(24'2.5").....'17
5. Marion Mason.....7.24m(23'9.25").....'98

TRIPLE JUMP

1. Jordan Scott.....16.36m(53'8.25).....'17
2. Aaron Worrell.....15.64m(51'3.75").....'14
- 3. Owyane Owens.....15.27m(50'1.25").....'20**
4. Ryan Satchell.....15.02m(49'3.5").....'12
5. Darryl Smith.....14.70m(48'4").....'79

SHOT PUT

1. Filip Mihaljevic.....19.63m(64'5").....'15
2. Nick Vena.....18.92m(62'1").....'12
3. Oghenakpobo Efekoro.....18.82m(61'9").....'16
- 4. Claudio Romero.....18.44m(60'6").....'21**
5. Mike Theuerkauf.....16.51m(54'2").....'89

WEIGHT THROW

1. Hilmar Jonsson.....20.32m(66'8").....'16
- 2. Jacob Lemmon.....20.05(65'9.5").....'21**
- 4. Claudio Romero.....18.47m(60'7.25").....'21**
3. Oghenakpobo Efekoro.....18.86m(61'10.5").....'16
- 4. Claudio Romero.....18.47m(60'7.25").....'21**
5. Vincenzo Chiarello.....16.40m(53'9.75").....'09

HEPTATHLON

1. Jack Lint.....5,358.....'16
- 2. Derek Pekar.....5,354.....'20**
3. Anthony Dunavant.....4,970.....'14
4. Jack Claiborne.....4,821.....'17
5. Cam Collins.....4,793.....'15

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