

## **Wahoo Central Podcast Episode 272 - Men's Basketball: Trey Murphy III & Swimming Kate Douglass**

**Jeff White:** Welcome to the Wahoo Central podcast! We launched this podcast back in November of 2013 and this is episode 272. I'm your host, Jeff White, from VirginiaSports.com and my guests this week are two of UVA's most talented student-athletes. During the second half of the podcast we'll talk to Trey Murphy III who's been a major factor in the men's basketball team's 5-0 start in ACC play; right now we're joined by Kate Douglas, who's been shattering records in the pool ever since she arrived at UVA in 2019. For listeners who need a little background, Kate holds school records in four individual events: the 50 freestyle, the 100 freestyle, the 100 butterfly, and the 200 individual medley, and she's part of a relay team that has another school record. She has two ACC records to herself as well, she's part of a third with a relay team, and she's only a second year. Kate, welcome to the show! How are you doing?

**Kate Douglas:** Thank you, I'm doing well.

**Jeff White:** Good. Well, first of all, congratulations are in order. Earlier this month, you were named to the US national team in the 100 butterfly. Did this selection catch you off guard at all or were you expecting it?

**Kate Douglas:** Yeah, I don't think they usually add swimmers to the national team in the middle of the year like this, they usually do it back in August, so it was definitely an unexpected surprise, but it's definitely been a goal of mine for years now so it's super exciting that finally happened.

**Jeff White:** How much notice did you get before the release went public? Did you get a call from the national team or did you find out about the same time everybody else did?

**Kate Douglas:** Yeah, I got an email I think the morning that they announced it all. I had no idea - I remember I sent the email to my mom and I was like "do you think this is real?"

**Jeff White:** What does being on the national team entail? Does the team come together and train, you know, the way other national teams do?

**Kate Douglas:** Yeah, there is a training camp at one point in the year, but I don't know if it's, like, as big of a deal as other national teams because it's hard to probably go to it when you're in college training and taking classes. But you definitely get a lot of perks being part of the national team.

**Jeff White:** Such as?

**Kate Douglas:** At meets I think you get, like, special treatment when it comes to looking at video reviews and other things like that.

**Jeff White:** Are there any national competitions planned or international ones in the spring? I know obviously you're busy with your college schedule and other members have their commitments too.

**Kate Douglas:** Yeah, I mean I think there's a couple of national meets over the summer, but I don't think anyone knows really who's going to those yet.

**Jeff White:** At this time last year you were planning on competing at the Olympic trials, which ended up being cancelled because of the COVID-19 pandemic. In 2016 you qualified for the Olympic trials in four events, I think. Did you actually go and compete that year in those events?

**Kate Douglas:** Yes, I did go in 2016.

**Jeff White:** How old were you then, in 2016, what grade were you in?

**Kate Douglas:** I was 14 I think. It was eighth grade, maybe ninth grade, maybe. Yeah. I was pretty young, definitely one of the youngest there.

**Jeff White:** What was that experience like?

**Kate Douglas:** It was definitely very nerve-racking, and it was pretty lonely, too, because I was the only one from my team who went, so it was just me and my mom and my coach there. I didn't know anyone, so it was just very overwhelming and scary to be among, like, the most elite in the sport while I was just, like, a little 14-year-old.

**Jeff White:** How did the swim portion of it go?

**Kate Douglas:** Um, I can't remember exactly. I don't think it was great, but I think I, like, swam my times. I think I was just there for the experience, though, you know. It didn't really matter how I did in my races.

**Jeff White:** Yeah, I was gonna say, I mean, I'm guessing you'll be better for that experience the next time you go there.

**Kate Douglas:** Yeah, no, definitely. I remember when I was there, I was looking at all the college teams coming in all together, and that's what I'm super excited about for this time around, just being able to go as part of a team. That'll make the experience just so much more fun and exciting.

**Jeff White:** Speaking of the team, you and your UVA teammates are off to a great start this season: the women are ranked number two in the nation, you're coming off a decisive victory over Virginia Tech. You were missing your head coach Todd DeSorbo for that meet because he was out due to COVID issues. Was it strange competing without Todd being there?

**Kate Douglas:** Yeah, it was definitely strange - also because we had practice for a week without him there - but our other coaches did a great job of stepping in his place and they still made it a great and fun experience for us.

**Jeff White:** You're from Pelham, N.Y., so you're a long way from Blacksburg, but have you gotten into the rivalry at all with Virginia Tech since you've been here?

**Kate Douglas:** Not really. I mean, as a team, I guess. We think it's fun that it's, like, a fun rivalry, but before I came here I obviously had nothing against them.

**Jeff White:** What's the biggest rivalry in swimming, at least on the women's side?

**Kate Douglas:** I mean, that's a great question. I don't know. I don't know if I can answer that. I guess, like, as a team at UVA, I guess Virginia Tech would be our biggest rivals. But nationally, I mean, it could be any of the top teams really.

**Jeff White:** So, you swam for a prominent club when you were growing up, but how is the dynamic different when you're competing for a college team and, you know, you're around those teammates every day. Is it a different dynamic?

**Kate Douglas:** Yeah, it definitely is a different dynamic, especially when you're living with your teammates, and you kind of do everything together. Then it's just a more special feeling to be able to practice with them and then compete with them. And it's also just something with college teams, it's definitely more about the team aspect and less about the individual, which I feel like club swimming is kind of focused on. So that's definitely been the biggest difference.

**Jeff White:** You're only a second year, as I mentioned, but obviously you've accomplished a lot on the team already. Do you find yourself taking on more of a leadership role this season than you did last year now that you've been through it once?

**Kate Douglas:** Yeah, I mean, it's definitely a different perspective to now be a second year and seeing the first years struggle and be able to help them through it. It's definitely fun being able to help out the first years, [help them] learn their way.

**Jeff White:** What do you tell them? I mean, this is obviously a strange experience for everyone, you know, upperclassmen and second years included, but for the first years on the team this is all they've ever known in college. What advice do you have for them or how do you try to help them through this?

**Kate Douglas:** I mean, yeah, we've just been super helpful this year, anything they need they can come to us, and we've told them that if they're struggling, we're all kind of in this together. So I think that's helped them a lot, and we have told them that this year is definitely not like any other so in the years to come things are just gonna keep on changing and we're gonna have their backs when it comes time.

**Jeff White:** What about for you, what's your college experience been like? I know this year is dramatically different than last year was - have you been able to continue doing well in school, the way you did last year?

**Kate Douglas:** Yeah, I mean, online classes are definitely different. I don't know if I would say I like them better. I can't wait to be back in person, I feel like it's just a different experience, but this year we still just made the best of everything, like I said. Even though things are different, we're still able to have fun and swim fast so it's been good.

**Jeff White:** There's so much isolation going on. Do you find yourself enjoying practice even more, being with your teammates and being in a group, because you don't get a lot of opportunities to be in a group day to day now?

**Kate Douglas:** Yeah, I guess we definitely have more opportunities than other people to be around a lot of people since we all practice together every day, but, I mean, I also live with my teammates and we're the only people that we see, so it seems, like, pretty normal now that we just see each other all the time and at practice.

**Jeff White:** When, I interviewed you last winter, at that time I think you said you were considering a major in computer science. Is that still the plan or have you gone a different direction?

**Kate Douglas:** No, I've actually changed my mind on that. I think I'm leaning towards statistics now, and data science. Kind of that route.

**Jeff White:** What interests you about that?

**Kate Douglas:** Well I like the idea of data science because that's kind of a mix between computer science and statistics. I mean, I don't really know a lot about it yet, but I've always been more of a math person, so that's definitely what I'm leaning towards.

**Jeff White:** You did not get a chance to compete at the NCAA championships last season, because COVID shut down college sports. Coming off the ACC meet that you'd had, how big a disappointment was that for you and for the whole team because Virginia was among the teams that was expected to contend for the NCAA title?

**Kate Douglas:** Yeah, I mean, it was definitely just really disappointing because we'd had such a great ACC meet, we had so much momentum going into NAAs, and we really just knew that we could do something really special at that meet, so it was just very disappointing to get that taken away from us, and especially taken away from the fourth years last year who wouldn't get another chance at that.

**Jeff White:** When the season did get shut down and the university switched to online classes in March, what did you do at that point? Did you go home to New York?

**Kate Douglas:** Yeah, I went home to New York and none of the pools were open there, so I was out of the pool for probably around two months.

**Jeff White:** Really?

**Kate Douglas:** Yeah, just focusing on dryland training because there were no options anywhere for me.

**Jeff White:** Is that the longest you've been out of the water?

**Kate Douglas:** Oh yeah, definitely.

**Jeff White:** In many years?

**Kate Douglas:** Yeah, maybe like two weeks was the longest I'd taken off, so it was definitely stressful because of that.

**Jeff White:** Did you find there were any benefits when you did get back in the pool?

**Kate Douglas:** I definitely think it was good to take a break, because by the time I got back in the pool I was ready to get back into training and I had more motivation to get back to where I was and continue to improve.

**Jeff White:** I know I talked to Paige Madden after the pandemic hit, and I think she had access to an outdoor pool in Mobile - were you checking in with your teammates, and did people have varying degrees of access [to pools] depending on where they were?

**Kate Douglas:** Yeah, no, a bunch of people were able to find outdoor pools near them, and some people were traveling around to find other pools. So we were all in contact, and it was kind of a different situation for all of us.

**Jeff White:** Well, there are advantages to being from the Deep South as opposed to New York, I guess.

**Kate Douglas:** Yeah, it did turn out that way.

**Jeff White:** You had numerous options during the recruiting process. Tell us how you ended up at UVA. I know your parents, both of them went to college in this state, right?

**Kate Douglas:** Yeah, they both went to college in Virginia.

**Jeff White:** So, your dad at Hampden-Sydney and your mom at Sweet Briar?

**Kate Douglas:** Yes, that is correct.

**Jeff White:** So did they give Coach DeSorbo an assist in recruiting? Did they nudge you in this direction?

**Kate Douglas:** Yeah, I remember when I first started to look at colleges, they told me to look at UVA, and I had never really like thought much about it. So then it was the first school I looked at, and I kind of just fell in love with it and couldn't really imagine myself going to school anywhere else.

**Jeff White:** What are your individual goals for this season, for the immediate future, and then long term in the sport? Obviously you're on a very fast track as an elite swimmer.

**Kate Douglas:** Yeah, I guess right now I'm trying not to set like too many goals or expectations because I don't know what meets are going to happen for sure or anything, so just trying to have fun and continue training hard with my teammates and just see what happens without overthinking everything.

**Jeff White:** What about for the team? You know both the men's and women's programs have great traditions and have won a ton of ACC titles between them, neither has won an NCAA Team Championship. For the women, when you're ranked number two, you're in that conversation. Is that something you articulate among yourselves a lot or do you just figure if you keep working it'll take care of itself?

**Kate Douglas:** Yeah, definitely. I mean, a team goal of ours now for two years has been to win an NCAA championship, and I think before last year that was never really discussed seriously, but now it's

definitely known among all of us that that is what we want to do, and that's something that I want to do in my time here.

**Jeff White:** So, the next step in the process in terms of competition: this weekend, you're on the road for two ACC meets, you swim Friday at North Carolina and Saturday at NC State. UNC is ranked number 18 nationally, and NC State is fourth. I know you talked about the rivalry with Virginia Tech, but given Coach DeSorbo's ties to NC State is that a pretty big one, especially with how good those programs have been?

**Kate Douglas:** Yeah, I definitely think NC State is a pretty big rival with us, just because Todd used to coach there and because they are ranked pretty highly and they're definitely a really good competition for us, so we're gonna have to bring our A game if we're going to be able to compete with them.

**Jeff White:** I don't think there are quite as many actual meets this school year as there are in a typical year. Because of that, do you find yourself any more excited or fired up when you do get a chance to compete?

**Kate Douglas:** Yeah, definitely. Any chance we get now to compete is exciting, so we're not going to take that for granted and we're just going to enjoy the moment and enjoy racing each other.

**Jeff White:** Well, good. Well, good luck on the road down in Carolina this weekend, and good luck the rest of season and knock-on wood: all the way through NAAs this time.

**Kate Douglas:** Thank you very much.

**Jeff White:** You're welcome.

Don't go anywhere, because next up we'll be talking UVA hoops with a player who's shooting about as well as anyone in the country.

**Dave Koehn:** Hi this is Dave Koehn, the voice of the Cavaliers! With my busy schedule, the best way I found to keep up with Virginia Athletics scores, news, and fan contests is the UVA Sports app. You can pick your sports preferences, and never miss a final score or breaking news. You can also listen to all of our Coach's Corner shows live on the app: just go to the Apple Store or Google Play and search for Virginia Sports or UVA Sports. join the more than 30,000 Wahoo fans who are already using the UVA Sports app.

**Jeff White:** Okay, joining the show now is Trey Murphy III from the men's basketball team. Trey, thanks for sharing a few minutes with us. How are you doing?

**Trey Murphy III:** I'm doing well, thank you for having me.

**Jeff White:** So for listeners who may not be familiar with your background, you spent two years at Rice University before transferring to UVA this past summer. You arrived here in the middle of a pandemic which is still going on. Probably fair to say you have not had the normal college experience in Charlottesville yet. What have these past seven or so months been like for you?

**Trey Murphy III:** I mean, yeah, it's a little different because of COVID, but I think it's brought me closer to my teammates, and I really enjoy it here and I love the basketball aspect of it. And the fans are really supportive, and it's been really nice just going around Charlottesville and hearing, like "oh, well you're on the basketball team and you're a transfer." Like, it's cool being in a place where they really care about basketball, and so I really enjoy that a lot.

**Jeff White:** And, I mean, you haven't even experienced the full normal game day JPJ yet, so hopefully that day is coming for you soon. Have you taken any in-person classes yet?

**Trey Murphy III :** No, we're all online, and I think they want to keep us away from a lot of people, and we're trying to make sure our bubble is safe.

**Jeff White:** So, do you know your way around grounds at all? Could you take me to the rotunda if we met in JPJ right now?

**Trey Murphy III:** I actually could. I have a decent grasp of campus because I've been driving around, but yeah.

**Jeff White:** So what's a typical day for you like? A typical school day? You're not going to class right now, but, like, when the semester starts, what's a typical day like for you that involves classes?

**Trey Murphy III:** Well depending on the day we might have a lift in the morning before class, and then we'll have class, and then practice, and that's it. You don't really do anything else, all you've got going is schoolwork and basketball.

**Jeff White:** You living with anybody on the team?

**Trey Murphy III:** I live with Justin McCoy.

**Jeff White:** Yeah. So what, the team has won five in a row since that loss to Gonzaga on the day after Christmas, you're now up to number 13 in the polls. What's changed since the Gonzaga game in your opinion?

**Trey Murphy III:** I mean, I think the Gonzaga game really humbled us, as well as just made us realize what we really need to work on, and I feel like we got to work back on the defensive end and that's what's really separated us in a lot of these games. Like, we put together a lot of good halves, but I think our best complete game was definitely the last Clemson game, like, defensively. And so we're really just trying to keep building on that, so we can become a really good defensive team, as well as have the offensive tools that we have.

**Jeff White:** The Clemson game was pretty much a highlight from start to finish, because there was that stretch at the beginning of the second half where the team made nine three-pointers in a row, I know you're out there for that. What was it like to be part of that? Had you been part of anything like that as a college player?

**Trey Murphy III:** The closest thing was definitely the Towson game, but, I mean, it's still different, especially when it's with the number one defensive team in the country, and you're out there just moving the ball, sharing the ball, you're hitting threes like that. It's a really good feeling, and I know it was really fun to be out there.

**Jeff White:** So this is the second time that you have been one of the new guys in a college program. How is joining a program as an upperclassman different than joining the program as a freshman, the way you did at Rice? Is there a greater comfort level this time around?

**Trey Murphy III:** It's a little different, and I mean it also comes with the team as well. The guys were really accepting of me and I was able to, like, really become friends and like brothers with those guys

within the first week, and so that was easy. But, I mean, basketball-wise I know a little bit more because I am older, and so it's easier for me to transition to the team on the basketball court because I'm able to teach the younger guys stuff, and I'm able to, just like, I just know my way around college basketball. So, it's a little bit easier as an upperclassman, obviously.

**Jeff White:** Did you have any concerns or doubts about how you might be accepted by the team coming here?

**Trey Murphy III:** Not really, because I'm, like, pretty outgoing I would say. And so, like, there's a little bit of doubt where I was like, "alright, maybe they won't," but for the most part, like, I'm just making friends and that's just something I'm good at doing.

**Jeff White:** Coach Bennett is putting players into the NBA, you know, almost on an annual basis now. Did that factor into your decision to come to Virginia? Because I know you have aspirations of playing at the next level.

**Trey Murphy III:** I mean, yeah, that's part of that for sure. Looking at guys like Dre (De'Andre Hunter), Ty (Jerome), Kyle (Guy), Malcolm (Brogdon), and those guys, you see he's done it before and he's put those guys in position, and you can see how they're playing now and they're playing great, and that's just where I want to be. And so it was definitely something where I was like "alright, well I've seen he's done it," especially with Dre, and he was a really big part of it because I could see parts of my game in Dre, so that was really, really influential as well.

**Jeff White:** So you had some familiarity with the UVA program from back in your high school days. What do you remember about the initial contact with Virginia? The recruitment: was it mostly through a Coach (Jason) Williford at that point?

**Trey Murphy III:** Yeah, it was only through Coach Williford, I didn't hear from Coach Bennett. I didn't make it to that stage, haha.

**Jeff White:** Wow, how far did it go the first time around?

**Trey Murphy III:** So Coach Williford, he came to a work out at my school, and I guess he liked what he saw. And he came to one of my games and, actually that game that he came to I hit like seven threes or something like that, but I was still really frail, and I wasn't doing much off the dribble. So he was just like

"yes, probably," but like, I just didn't have the physicality yet. And so I was like, "I mean, I guess I understand," but then I came around two years later, and I'm 6'9" and a lot bigger, so I guess I got the physicality.

**Jeff White:** Yeah, when I wrote a story on you and the other incoming new guys back in April, I talked to Jason about that and he gave me a quote, he said you were 6'5", probably 155 pounds at that point when he saw you. He thought you could really shoot, but, you know, he didn't think you were physical enough at that point to play in the ACC. Tell us about your growth spurt, which has been dramatic. I think you told me back in the spring that when you were a high school freshman you were 5'8". Now your 6'9". What were the stops along the way from 5'8" to 6'9"?

**Trey Murphy III:** So, it was about the same amount of growth each year. And so I went to 5'8", and then I went to 6'0" probably, and then 6'3", and then 6'5", and then when I got to college I was around, like, 6'7", and now I'm around 6'9".

**Jeff White:** Well, the big question, are you done?

**Trey Murphy III:** I mean, I had an X-ray like last February or last April, and they said my growth plates are still open, so I might be growing some more.

**Jeff White:** Did you go through any awkward phases with that growth where you kind of had to grow into your body or was it gradual and now you've been adjusted each step?

**Trey Murphy III:** Yeah, I still feel like I'm growing into my body, Bambi moments are what I have. But, I mean, I think it's less now, I think because of MC (Mike Curtis) and the work that we've done. He's making me a lot more coordinated, but definitely growing up it was a lot of Bambi moments.

**Jeff White:** What about your weight? If you were 155 when Jay Willie saw you in high school, you're bigger than that now, you're probably not as big as you're going to be eventually, but what do you weigh these days?

**Trey Murphy III:** I'm around like 205.

**Jeff White:** What's the target weight with Mike Curtis?

**Trey Murphy III:** He gave me a target weight of 215, but he doesn't really stress it that much, he just wants me to be a strong athlete, and whatever weight that puts me at, that's what he wants.

**Jeff White:** Your father, Kenneth Murphy, played basketball at East Carolina. How tall is your dad and how old were you when you beat him in one-on-one for the first time? Assuming you have beaten him...

**Trey Murphy III:** He's 6'3", and I cannot say that I've beaten my dad in one-on-one because we haven't played in a very long time.

**Jeff White:** Is he ducking you?

**Trey Murphy III:** 100%. He will not play me anymore.

**Jeff White:** On the eve of this season you found out that the NCAA had granted you immediate eligibility. Would it be tough to be dealing with the pandemic and everything that goes with it if you weren't playing right now? Has it made it easier knowing you have that carrot out there?

**Trey Murphy III:** Yeah, 100%. I mean, there were three games last year at Rice where I was hurt, and I was on the bench watching, and, like, I was trying to be a good teammate and all that, but it's just really hard. Just watching your team out there, and especially in games where you see your team struggling to put the ball in the basket and you're like "dang, I wish I was out there because I know that's something I could really do." I'm just really glad and thankful for the NCAA to grant my waiver.

**Jeff White:** For the guys who have redshirted here in years past, that's given them an opportunity to work extensively with Coach Curtis. It's probably a little harder to do it in-season when you are playing. How much has he been able to change your body and your workout regimen, while you're still playing?

**Trey Murphy III:** Well firstly, I gotta say he's one of the best in the game, easily, and he's done a lot for me, and I noticed a big difference from when I first got here to now. My flexibility, me being really sturdy, and being able to slide well on defense has all been MC. He's just made me a lot stronger, and I haven't really gained a ton of weight. I have still gained some, but I've become a lot stronger. And I think that's really, really important.

**Jeff White:** You were not really known as a defensive stopper at Rice - what's the transition to the pack line been like for you?

**Trey Murphy III:** It was a little difficult at first, but it really is all about pride, and if you want to stop somebody. I know I didn't want to be a defensive liability, because I know I wouldn't play. And so I was like, "well, let me play some defense now."

**Jeff White:** You are shooting absolutely lights out this season: you're 52% from three-point range, 55% overall. Has the transition at that end of the court been smoother than you expected?

**Trey Murphy III:** I mean, a little bit, but at the end of the day it's just playing basketball, and that's just something I've been doing for my entire life, basically. I've gotten a lot better skill development-wise as well because we've been working on our jump shots and working on dribbling and all that stuff. The skill development here is fantastic.

**Jeff White:** You finish well around the basket, too. Is it important for you not to be considered a one-dimensional guy, a guy who just shoots jump shots?

**Trey Murphy III:** You know, very, very important. I feel like there's still a lot more opportunities for me to get to the basket and play off my jump shot because I know since I'm shooting the ball at a high clip, people are going to be running out at me, and so I can get around them. That's something I need to use as a weapon.

**Jeff White:** Had you declared a major at Rice before you transferred?

**Trey Murphy III:** No. I was about to declare, but then right when I was about to declare I was transferring, so there was no point in me declaring a major.

**Jeff White:** What about here? Have you done so already?

**Trey Murphy III:** Yes, I'll be declaring in sociology.

**Jeff White:** Okay. You were born and raised in Durham, N.C., so I gotta ask: did you grow up rooting for one of the ACC teams down there?

**Trey Murphy III:** UNC, yeah. I mean, my mom graduated from UNC, so that was the reason why. If I was any other fan I probably get kicked out the house, so.

**Jeff White:** Have your parents been coming to the games?

**Trey Murphy III:** Every home game.

**Jeff White:** Is it weird for your mom, assuming she puts on UVA gear?

**Trey Murphy III:** Nah, she supports me, that's the main thing.

**Jeff White:** There's a big contingent of players from North Carolina on this UVA team with you: Jay Huff, Justin McCoy who's your roommate, Kadin Shedrick, and Carson McCorkle. Did you know any of those guys before you met them in Charlottesville or, you know, talked to them?

**Trey Murphy III:** The one I knew the most was definitely Justin, and Carson a little bit, and I knew Kadin like a little bit, but I didn't really know Jay like that because, I mean, he's a little old.

**Jeff White:** Does your school play Jay? Not that you would have played him a basketball, but Cary Academy doesn't play Voyager?

**Trey Murphy III:** We never did, no.

**Jeff White:** You're gonna major in sociology. This is a turbulent time in the United States, and not only because of the pandemic. Do you pay much attention to social justice issues? You mentioned Malcolm Brogdon, he's one of the NBA players who really moved to the forefront of that movement.

**Trey Murphy III:** I pay heavy attention to it, and I try to use my platform in order to speak out on social injustice because it's such an important thing. And if you're silent in this time, you're just not being

helpful, you're almost being ignorant, and we need to make change in this world, so I definitely feel like it's important to speak up about this type of stuff.

**Jeff White:** Good, well I'll close with a lighter question for you: Johnny Carpenter tells me that you and Kihei and Chase Coleman are, quote/unquote, "super into fashion."

**Trey Murphy III:** For sure.

**Jeff White:** What exactly does that entail? Do you guys dress up like Russell Westbrook and LeBron do before their games?

**Trey Murphy III:** Um, the last two home games we actually have been dressing up a little bit, so, I mean, it's just something fun to do. We don't really go out - we don't go out at all because of COVID - so there is no dressing up, and the only time you really can dress up, I guess, is for game day or whenever you want to, so we take those times just to show off a little bit.

**Jeff White:** Well good, well hopefully you'll be able to get out of town sometime soon and show off there, but the next chance to see you and your teammates play comes Saturday night when Virginia takes on Georgia Tech at JPJ. Everything, obviously, in this crazy season is subject to change, but we're all hoping that game goes off as scheduled. In the meantime, thanks again for joining us on zoom, and good luck the rest of the way.

**Trey Murphy III:** Thank you.

**Jeff White:** Alright, take care, Trey.

**Trey Murphy III:** Alright, you do the same.

**Jeff White:** Alright, that's a wrap for this week. Thanks again to Trey and Kate for sharing their time with us. As always, we encourage you to subscribe to the podcast, and to provide a rating. You can find previous episodes by searching your favorite podcast provider for Wahoo Central Podcast. Last time out, Steve Garland brought us up to speed on UVA wrestling, and Justin Anderson broke down the recruiting strategy of Bronco Mendenhall and his staff. For more information on UVA athletics, visit our official website, [VirginiaSports.com](http://VirginiaSports.com). My stories are archived there under the Content button on the front page.

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