

Virginia Grand Prix

TENTATIVE Meet Schedule



Friday, April 30, 2021

Running Events

7:15 PM	W 1500m
7:25 PM	M 1500m
7:35 PM	W 5000m
7:55 PM	M 5000m

Field Events

5:30 PM	W Hammer Throw
5:45 PM	M Triple Jump
6:45 PM	M Hammer Throw
6:55 PM	W Triple Jump

Saturday, May 1, 2021

Running Events

2:00 PM	W 4x100m Relay
2:10 PM	M 4x100m Relay
2:25 PM	W 100m Hurdles
2:40 PM	M 110m Hurdles
2:50 PM	W 100m
3:00 PM	M 100m
3:15 PM	W 400m
3:25 PM	M 400m
3:35 PM	W 800m
3:45 PM	M 800m
3:55 PM	W 400m Hurdles
4:00 PM	M 400m Hurdles
4:15 PM	W 200m
4:30 PM	M 200m
4:45 PM	W 3000m Steeplechase
5:00 PM	M 3000m Steeplechase
5:15 PM	W 4x400m Relay
5:20 PM	M 4x400m Relay

Field Events

1:00 PM	W Javelin Throw
To Follow	M Javelin Throw
1:00 PM	W Long Jump
1:30 PM	W Pole Vault
2:00 PM	W High Jump
To Follow	M High Jump
2:00 PM	W Shot Put
To Follow	M Shot Put
3:00 PM	M Long Jump
3:30 PM	W Discus Throw
To Follow	M Discus Throw
3:45 PM	M Pole Vault