



2021 OUTDOOR SEASON BESTS

Women's Top 2021 Outdoor Performances Per Event

WOMEN'S 100 METERS

NAME	TIME
Halle Hazzard	11.33
Jada Seaman	11.56
Kayla Bonnick	11.60

WOMEN'S 200 METERS

NAME	TIME
Halle Hazzard	(w)23.15
Jada Seaman	(w)23.18
Anna Jefferson	(w)23.86

WOMEN'S 400 METERS

NAME	TIME
Anna Jefferson	53.90
Jada Seaman	55.48
Abby Comella	56.44

WOMEN'S 800 METERS

NAME	TIME
Michaela Meyer	2:02.20
Keara Seasholtz	2:07.59
Alahna Sabbakhan	2:08.38

WOMEN'S 1,500 METERS

NAME	TIME
Michaela Meyer	4:20.30
Ellie Desmond	4:28.28
Hannah Moran	4:30.92

WOMEN'S 3000 STEEPLECHASE

NAME	TIME
Kiera Bothwell	10:22.28
Helena Lindsay	10:25.50
Amelia Kokernak	11:38.93

WOMEN'S 5000 METERS

NAME	TIME
Helena Lindsay	16:48.63
Kiera Bothwell	17:01.87
Liza Neely	17:56.78

WOMEN'S 10000 METERS

NAME	TIME
Hannah Moran	34:30.32

WOMEN'S 100M HURDLES

NAME	TIME
Andrenette Knight	13.55
Alix Still*	13.98
Zoe Rice	14.59

WOMEN'S 400M HURDLES

NAME	TIME
Andrenette Knight	58.02
Alix Still*	14:10
Nadia Saunders	14:79

WOMEN'S HIGH JUMP

NAME	MARK
Rebecca Hawkins	1.73m (5' 8")
Alix Still*	1.65m (5' 5")
Gabi Hayes	1.56m (5' 1.25")

WOMEN'S POLE VAULT

NAME	MARK
Maya Maloney	3.95m (12' 11.5")
Gabriella Recce	3.80m (12' 5.5")
Trina Barcarola	3.66m (12' 0")

WOMEN'S LONG JUMP

NAME	MARK
Khyasia Caldwell	(w)6.34m (20' 9.75")
Jada Seaman	6.13m (20' 1.5")
Alex Still	5.95m (19' 6.25")

WOMEN'S TRIPLE JUMP

NAME	MARK
Khyasia Caldwell	(w)12.71m (41' 8.5")
Nadia Saunders	(w)12.14m (39' 10")
Zoe Rice	(w)11.90m (39' 0.5")

WOMEN'S SHOT PUT

NAME	MARK
Maria Deaviz	17.18m (56' 4.5")
Brittany Jones	14.90m (48' 10.75")
Kaiya Saunders*	13.07m (42' 10.75")

WOMEN'S DISCUS

NAME	MARK
Thelma Kristjansdóttir	52.99m (173' 10")
Sadey Rodriguez	47.75m (156' 8")
Maria Deaviz	45.62m (149' 8")

WOMEN'S HAMMER

NAME	MARK
Eva Mustafic	59.89m (196' 6")
Brittany Jones	54.05m (177' 4")

WOMEN'S JAVELIN

NAME	MARK
Kaiya Saunders*	36.39m (119' 4")
Jessica Geller	36.26m (118' 11")

4x100m

NAME	TIME
Bonnick, Hazzard, Seaman, Jefferson	44.36

4x400m

NAME	TIME
Comella, Seasholtz, Sabbakhan, Parenchuk	3:46.70

Men's Top 2021 Outdoor Performances Per Event

MEN'S 100 METERS

NAME	TIME
Brandon Outlaw	(w)10.65
Nigal Davis	(w)10.89
Tavares Kelly	(w)10.94

MEN'S 200 METERS

NAME	TIME
Jordan Willis	(w)21.14
Brandon Outlaw	(w)21.22
Justice Dixon	21.90

MEN'S 400 METERS

NAME	TIME
Jordan Willis	46.10
Brandon Outlaw	46.35
Jay Pendarvis	48.41

MEN'S 800 METERS

NAME	TIME
Conor Murphy	1:51.83
Yasin Sado	1:52.40
Davis Young	1:56.50

MEN'S 1,500 METERS

NAME	TIME
Wes Porter	3:45.58
Conor Murphy	3:46.50
Yasin Sado	3:47.54

MEN'S MILE

NAME	TIME
Randy Neish	4:05.40
Yasin Sado	4:06.35
Ka'eo Kruse	4:11.74

MEN'S 5000 METERS

NAME	TIME
Rohann Asfaw	14:07.79
Randy Neish	14:24.00
Bryson Crites	14:35.01

MEN'S 110M HURDLES

NAME	TIME
Jeremiah Wilson	14.63
Derek Pekar*	15.21
Elby Omohundro*	16.09

MEN'S 400M HURDLES

NAME	TIME
Keith Frasier	54.53
Jeremiah Wilson	57.46

MEN'S HIGH JUMP

NAME	MARK
Brenton Foster	2.08m (6' 9.75")
Derek Pekar*	1.90m (6' 2.75")
Elby Omohundro*	1.85m (6' 0.75")

MEN'S POLE VAULT

NAME	MARK
Sam Young	5.25m (17' 2.75")
Joey Kelly	5.05m (16' 6.75")
Kane Aldrich	4.80m (15' 9")

MEN'S LONG JUMP

NAME	MARK
Owayne Owens	7.48m (24' 6.5")
Brenton Foster	(w)7.46m (24' 5.75")
Derek Pekar*	7.15m (23' 5.5")

MEN'S TRIPLE JUMP

NAME	MARK
Owayne Owens	16.29m (53' 5.5")
Ayende Watson	14.27m (46' 10")
Dejon Mayo	14.22m (46' 8")

MEN'S SHOT PUT

NAME	MARK
Claudio Romero	18.47m (60' 7.25")
Derek Pekar*	12.50m (41' 0.25")
Elby Omohundro*	11.79m (38' 8.25")

MEN'S DISCUS

NAME	MARK
Claudio Romero	62.56m (205' 3")
Jacob Lemmon	58.54m (192' 1")
Ty Kunzman	39.89m (130' 10")

MEN'S HAMMER

NAME	SCORE
Jacob Lemmon	66.15m (217' 0")
Ty Kunzman	57.70m (189' 4")
Claudio Romero	45.76m (150' 1")

MEN'S JAVELIN

NAME	SCORE
Ethan Dabbs	67.57m (221' 8")
Derek Pekar*	50.96m (167' 2")
Luke Smith*	41.78m (137' 1")

MEN'S DMR

NAME	TIME
Neish, Outlaw, Murphy, Porter	9:48.73

4x100m

NAME	TIME
Kelly, Willis, Outlaw, Dixon	40.83
Pendarvis, Willis, Outlaw, Dixon	45.70

4x400m

NAME	TIME
Dixon, Willis, Outlaw, Kelly	3:14.62

(w) Wind assistance

* Multis athlete



VIRGINIA OUTDOOR RECORDS

OUTDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Halle Hazzard	11.33	2021
200 meters	Sonja Fridy	23.17	1987
400 meters	Sonja Fridy	51.93	1987
800 meters	Michaela Meyer	2:02.20	2021
1,500 meters	Morgane Gay	4:13.20	2012
5,000 meters	Margaret Groos	15:51.24	1980
10,000 meters	Patty Matava	32:58.64	1987
100-meter hurdles	Ciara Leonard	13.26	2018
400-meter hurdles	Ayla Smith	56.54	2011
3,000-meter steeplechase	Stephanie Garcia	9:47.29	2011
4x100-meter relay	Bonnick, Hazzard, Seaman, Jefferson	44.55	2021
4x400-meter relay	Ezumah, Lavender, Fabrizio, Wright	3:35.74	2014
High Jump	Ann Bair	1.88m (6' 2")	1983
Pole Vault	Bridget Guy	4.46m (14' 7.5")	2018
Long Jump	Dana Boone	6.65m (21' 9.75")	1990
Triple Jump	Kelly McKee	13.70m (44' 11.5")	2019
Shot Put	Maria Deaviz	17.18m (56' 4.5")	2021
Discus Throw	Billie-Jo Grant	56.06m (183' 11")	2008
Hammer Throw	Jade Baker	63.61m (208' 8")	2019
Javelin Throw	Ann Crouse	57.38m (188' 3")	1999
Heptathlon	Rebecca Grube	5,512 points	1994

OUTDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Gerald Howard	10.42	1995
200 meters	Gerald Howard	20.79	1995
400 meters	Alfred Shirley	45.84	2018
800 meters	Paul Ereng	1:43.16	1989
1,500 meters	Henry Wynne	3:38.05	2016
5,000 meters	Kris Herdt	13:37.44	1987
10,000 meters	Zach Herriott	28:44.22	2017
110-meter hurdles	Adams Abdulrazaaq	13.66	2011
400-meter hurdles	Steve Delice	50.02	2010
3,000-meter steeplechase	Jan Foerster	8:34.78	2007
4x100-meter relay	Randolph, Archer, Brown, Palmer	40.25	1984
4x400-meter relay	Anding Roller, Bryan, Hazzard	3:07.11	2012
High Jump	Brenton Foster	2.23m (7' 3.75")	2019
Pole Vault	David Sullivan	5.35m (17' 6.75")	2005
Long Jump	Jordan Scott	7.83m (25' 8.25")	2019
Triple Jump	Jordan Scott	17.08m (56' 0.5")	2019
Shot Put	Filip Mihaljevic	21.30m (69' 10.75")	2017
Discus Throw	Filip Mihaljevic	63.76m (209' 2")	2017
Hammer Throw	Hilmar Jonsson	75.26m (246' 11")	2019
Javelin Throw	Ethan Dabbs	76.04m (249' 6")	2019
Decathlon	Stephen Dunphy	7,920 points	1992



UVA OUTDOOR RELAY RECORDS

RELAYS

WOMEN'S OUTDOOR RECORDS

4x100

1.	44.36	Bonnick, Hazzard, Seaman, Jefferson	2021
2.	44.92	Leonard, Hazzard , Woodley, Jefferson	2019
3.	45.11	Kimbrough, Satchell, Edmundson, Alleyne	1995
4.	45.18	Harvey, Otey, Randolph, Doe	2003
5.	45.19	Rose, Wright, Chaney, Lavender	2014

4x400

1.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
2.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
3.	3:36.42	Randolph, Otey, Gore, Doe	2003
4.	3:36.73	Ezumah, Lavender, Chaney, Wright	2014
5.	3:37.65	Smith, Lavender, Fabrizio, Wright	2015

MEN'S OUTDOOR RECORDS

4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.34	Willis , Shirley, Outlaw , Lint	2018



WOMEN'S OUTDOOR TOP PERFORMANCES

100 METERS

1. Halle Hazzard	11.33	'21
2. Sonja Fridy	11.36	'87
3. Kiamesha Otey	11.43	'01
4. Kelly Miller	11.48	'99
5. Jada Seaman	11.56	'21
6. Pam Lemons	11.57	'93
7. Kayla Bonnick	11.60	'21
8. Tori McKenzie	11.63	'17
9. Brenda Brown	11.64	'84
10. Peyton Chaney	11.71	'14

200 METERS

1. Sonja Fridy	23.17	'87
2. Anna Jefferson	23.39	'19
3. Jordan Lavender	23.42	'14
4. Kiamesha Otey	23.46	'03
5. Peyton Chaney	23.50	'16
6. Kelly Miller	23.61	'99
7. Halle Hazzard	23.68	'19
8. Janne'a Bridgeford	23.69	'08
9. Pam Lemons	23.83	'93
10. Talia Wise	23.86	'08

400 METERS

1. Sonja Fridy	51.93	'87
2. Anna Jefferson	52.39	'18
3. Jordan Lavender	52.48	'14
4. Lisa Garrett	52.64	'83
5. Carielle Doe	53.22	'03
6. Angela Lee	54.05	'98
7. Michelle Samuels	54.59	'92
8. Andrea Wright	54.80	'14
9. Talia Wise	54.81	'08
10. Andrenette Knight	54.83	'18

800 METERS

1. Michaela Meyer	2:02.20	'21
1. Gail Bryant	2:04.21	'85
2. Vanessa Fabrizio	2:04.77	'14
3. Kim Kelly	2:05.23	'84
4. Vicky Fouhy	2:05.55	'13
5. Lyndsay Harper	2:05.84	'11
7. Jill Haworth	2:06.31	'82
8. Phyllis Buber	2:06.96	'86
9. Linda Nicholson	2:07.54	'80
10. Keara Seasholtz	2:07.59	'21

1,500 METERS

1. Morgane Gay	4:13.20	'12
2. Vicky Fouhy	4:14.51	'13
3. Michelle Rowen	4:15.37	'87
4. Jill Haworth	4:16.06	'83
5. Lesley Welch	4:16.54	'82
6. Margaret Groos	4:16.74	'81
7. Lisa Welch	4:17.74	'82
8. Claire Forbes	4:18.58	'90
9. Stephanie Garcia	4:18.30	'11
10. Michaela Meyer	4:20.30	'21

5,000 METERS

1. Margaret Groos	15:51.24	'80
2. Patty Matava	15:56.41	'86
3. Catherine White	16:04.58	'12
4. Barbara Strehler	16:07.70	'13
5. Cleo Boyd	16:09.23	'16
6. Chelsea Ley	16:12.62	'12
7. Maria Hauger	16:14.18	'14
8. Iona Lake	16:15.93	'15
9. Sarah Fakler	16:18.59	'15
10. Lesley Welch	16:21.60	'82

10,000 METERS

1. Patty Matava	32:58.64	'87
2. Catherine White	33:07.36	'13
3. Aileen O'Connor	33:28.20	'81
4. Emily Harrison	33:40.34	'08
5. Martha White	33:40.50	'83
6. Kara Scanlin	33:53.32	'07
7. Katie Read	33:54.92	'07
8. Jane Maxwell	33:55.98	'03
9. Anna Corrigan	33:58.46	'11
10. Jen Flack	34:14.12	'14

100m HURDLES

1. Ciara Leonard	13.26	'18
2. Alexis Woodley	13.31	'18
3. Ayla Smith	13.51	'09
4. Andrenette Knight	13.55	'21
5. Lauren Echko	13.72	'08
6. Heather Smith	13.76	'16
7. Chidi Uche	13.77	'10
8. Rebecca Grube	13.81	'94
9. Alana Herran	13.86	'17
10. Michelle Johnson	13.90	'86

400m HURDLES

1. Ayla Smith	56.54	'11
2. Erin Crawford	56.87	'06
3. Andrenette Knight	56.94	'18
4. Angela Lee	57.11	'97
5. Aisha Naibe-Wey	57.84	'16
6. Alana Herran	58.03	'18
7. Heather Smith	58.17	'16
8. Vivian Scroggs	58.54	'81
9. Natalie Randolph	58.98	'03
10. Angela Griffith	59.05	'91

3000m STEEPLECHASE

1. Stephanie Garcia	9:47.29	'11
2. Dawn Cleary	9:59.30	'03
3. Iona Lake	10:01.58	'15
4. Melanie Matthews	10:13.31	'02
5. Vicky Fouhy	10:20.63	'14
6. Sara Sargent	10:20.64	'15
7. Kiera Bothwell	10:22.28	'21
8. Janine Ricci	10:24.65	'05
9. Helena Lindsay	10:25.50	'21
10. Samantha Stafford	10:36.02	'09

HIGH JUMP

1. Ann Bair	1.88m (6' 2")	'83
2. Sherry Gould	1.86m (6' 1.25")	'93
3. Pearl Bickersteth	1.83m (6' 0")	'12
Moira Cronin	1.83m (6' 0")	'13
5. Robin Landes	1.81m (5' 11.25")	'88
6. Rachel Marks	1.79m (5' 10.75")	'06
7. Meggie Schuelke	1.76m (5' 9.25")	'04
Emily Kianka	1.76m (5' 9.25")	'12
9. Karen DiDonato	1.75m (5' 9.0")	'91
10. Kate Doyle	1.74m (5' 8.75")	'90

POLE VAULT

1. Bridget Guy	4.46m (14' 7.5")	'18
2. Katie Freix	4.01m (13' 1.75")	'18
3. Maya Maloney	3.95m (12' 11.5")	'21
4. Theresa Demaria	3.93m (12' 10.75")	'17
5. Vika Osipenko	3.81m (12' 6")	'03
6. Gabriella Recce	3.80m (12' 5.5")	'21
7. Sarah DeVita	3.71m (12' 2")	'15
8. Katie Darragh	3.69m (12' 1.5")	'09
9. Trina Barcarola	3.66m (12' 0")	'21
10. Riley Larsen	3.65m (11' 11.75")	'21
Kathryn Pettine	3.65m (11' 11.75")	'05

LONG JUMP

1. Dana Boone	6.65m (21' 9.75")	'90
2. Kiamesha Otey	6.54m (21' 5.50")	'02
3. Sonja Fridy	6.42m (21' 0.75")	'86
4. Nicole Kimbrough	6.39m (20' 11.50")	'95
5. Kelly Miller	6.33m (20' 9.25")	'96
Tomika Ferguson	6.33m (20' 9.25")	'06
7. Edy Ndem	6.28m (20' 7.25")	'14
8. Mia Barron	6.22m (20' 5")	'16
9. Rebecca Grube	6.15m (20' 2.25")	'94
Khyasia Caldwell	6.15m (20' 2.25")	'19

TRIPLE JUMP

1. Kelly McKee	13.70m (44' 11.5")	'19
2. Tomika Ferguson	13.21m (43' 4.25")	'07
3. Dallas Rose	13.20m (43' 3.75")	'14
4. Dana Boone	13.05m (42' 9.75")	'91
5. Mia Barron	12.96m (42' 6.25")	'18
6. Naccole Guinn	12.71m (41' 8.50")	'01
7. Jessica Caldwell	12.50m (41' 0.25")	'14
8. Nicole Kimbrough	12.49m (40' 11.75")	'95
Atalaya Jones	12.49m (40' 11.75")	'93
10. Curtrell Frye	12.48m (40' 11.50")	'02

SHOT PUT

1. Maria Deaviz	17.18m (56' 4.5")	'21
1. Christine Bohan	16.87m (55' 4.25")	'16
2. Brittany Jones	16.17m (53' 0.75")	'19
3. Eliese Mitchell	16.16m (53' 0.25")	'03
5. Billie-Jo Grant	15.77m (51' 9")	'06
6. Maureen Laffan	15.34m (50' 4")	'10
7. Emily Vannoy	15.30m (50' 2.5")	'10
8. Alexa Manning	14.97m (49' 1.5")	'08
9. Kelly Bodiford	14.83m (48' 8")	'91
10. Amy Brown	14.25m (46' 9")	'99

DISCUS

1. Billie-Jo Grant	56.06m (183' 11")	'08
2. Kelly Bodiford	54.08m (177' 5")	'93
3. Erin Wykoff	53.78m (176' 5")	'12
4. Thelma Kristjansdottir	52.99m (173' 10")	'21
5. Caitlin Kelly	52.37m (171' 10")	'09
6. Eliese Mitchell	52.17m (171' 2")	'02
7. Julia Solo	52.04m (170' 9")	'86
8. Christine Bohan	50.79m (166' 8")	'17
9. Carter Green	50.24m (164' 10")	'18
10. Amy Bilmanis	49.99m (164' 0")	'06

HAMMER THROW

1. Jade Baker	63.61m (208' 8")	'19
2. Eva Mustafic	61.18m (200' 6")	'19
3. Maureen Laffan	59.91m (196' 9")	'12
4. Eliese Mitchell	56.95m (186' 10")	'03
5. Brittany Jones	54.05m (177' 4")	'21
6. Erin Wykoff	53.45m (175' 4")	'12
7. Lauren Connelly	51.31m (168' 4")	'96
8. Inhar Chong	50.29m (165' 0")	'00
9. Alexa Manning	50.17m (164' 7")	'08
10. Ann Crouse	49.89m (163' 8")	'99

JAVELIN

1. Ann Crouse	57.38m (188' 3")	'99
2. Julia Solo	55.98m (183' 8")	'89
3. Inge Jorgensen	54.23m (177' 11")	'05
4. Meghan Briggs	52.65m (172' 9")	'09
5. Abbey Karin	52.60m (172' 7")	'13
6. Marija Bogavac	48.96m (160' 7")	'17
7. Caitlin Mautz	48.66m (159' 8")	'17
8. Christine Bohan	48.03m (157' 7")	'17
9. Annie Bobiak	46.89m (153' 10")	'05
10. Tara Karin	46.33m (152' 0")	'10

HEPTATHLON

1. Rebecca Grube	5,512	'94
2. Susan Brownell	5,458	'82
3. Beth Sheehan	5,407	'86
4. Ann Bair	5,387	'83
5. Holly Sullivan	5,317	'17
6. Sherry Gould	5,166	'93
7. Angela Griffith	4,967	'98
8. Suzanne Sweeney	4,915	'97
9. Katie Kiladis	4,855	'97
10. Bianca DeBartolo	4,854	'07

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



WOMEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. Jada Seaman	11.56	'21
2. Kayla Bonnicks	11.60	'21
3. Kelly Miller	11.70	'96
4. Kiamesha Otey	11.72	'00
5. Talia Wise	11.85	'06

200 METERS

1. Peyton Chaney	24.02	'13
2. Kayla Bonnicks	24.03	'21
3. Leslie Satchell	24.04	'95
4. Kelly Miller	24.14	'96
5. Jordan Lavender	24.19	'12

400 METERS

1. Jordan Lavender	53.44	'12
2. Lisa Garrett	54.14	'81
3. Andrea Wright	54.80	'14
4. Chimere Ezumah	54.87	'14
5. Michelle Samuels	55.15	'91

800 METERS

1. Vanessa Fabrizio	2:06.76	'12
2. Keara Seasholtz	2:07.59	'21
3. Morgane Gay	2:08.29	'09
4. Alahna Sabbakhan	2:08.38	'21
5. Madelin Rennyson	2:09.77	'19

1,500 METERS

1. Morgane Gay	4:15.56	'09
2. Lesley Welch	4:16.84	'82
3. Lisa Welch	4:17.60	'82
4. Claire Forbes	4:18.52	'90
5. Margaret Groos	4:21.10	'78

5,000 METERS

1. Chelsea Ley	16:12.62	'12
2. Maria Hauger	16:14.18	'14
3. Lesley Welch	16:21.60	'82
4. Sarah Fakler	16:22.19	'14
5. Kathleen Stevens	16:26.91	'12

10,000 METERS

1. Jen Flack	34:14.12	'14
2. Sarah Fakler	34:15.20	'14
3. Maria Hauger	34:16.28	'14
4. Beni Gras	34:34.17	'91
5. Katherine Walker	35:31.42	'11

100-METER HURDLES

1. Ciara Leonard	13.67	'16
Alexis Woodley	13.67	'17
3. Lauren Echko	13.86	'06
4. Kim Turko	13.93	'98
5. Alisha Tucker	14.03	'93

400-METER HURDLES

1. Angela Lee	57.64	'96
2. Erin Crawford	58.56	'04
3. Karen Hatchett	59.49	'82
4. Ayla Smith	60.02	'07
5. Kristina Chapman	60.83	'08

3,000m STEEPLECHASE

1. Stephanie Garcia	10:15.83	'07
2. Sara Sargent	10:49.81	'14
3. Kendall Cowne	10:54.54	'14
4. Kiera Bothwell	10:55.59	'18
5. Janine Ricci	10:55.86	'04

HIGH JUMP

1. Ann Bair	1.86m (6' 1.25")	'80
2. Meggie Schuelke	1.76m (5' 9.25")	'04
3. Pearl Bickersteth	1.74m (5' 8.5")	'10
4. Susan Brownell	1.73m (5' 8")	'80
5. Emily Kianka	1.72m (5' 7.75")	'11

POLE VAULT

1. Bridget Guy	4.11m (13' 5.75")	'15
2. May Maloney	3.95m (12' 11.5")	'21
3. Theresa Demaria	3.93m (12' 10.75")	'17
4. Gabriella Recce	3.80m (12' 5.5")	'21
5. Katie Freix	3.67m (12' 0.5")	'15

LONG JUMP

1. Kelly Miller	6.33m (20' 9.25")	'96
2. Nicole Kimbrough	6.29m (20' 7.75")	'94
3. Jada Seaman	6.13m (21' 1.5")	'21
4. Mia Barron	6.22m (20' 5")	'16
5. Sonja Fridy	6.12m (20' 1")	'84
Khyasia Caldwell	6.12m (20' 1")	'18

TRIPLE JUMP

1. Dallas Rose	12.66m (41' 6.5")	'10
2. Atalaya Jones	12.49m (40' 11.75")	'93
3. Britni Strates	12.46m (40' 10.5")	'12
4. Mia Barron	12.40m (40' 8.25")	'16
5. Tomika Ferguson	12.35m (40' 6.25")	'04

SHOT PUT

1. Maria Deaviz	17.18m (56' 4.5")	'21
2. Brittany Jones	15.69m (51' 5.75")	'18
3. Emily Vannoy	15.30m (50' 2.5")	'10
4. Christine Bohan	14.62m (47' 11.75")	'14
5. Maureen Laffan	14.58m (47' 10")	'09
6. Kristi Martin	13.99m (45' 10.75")	'97

DISCUS

1. Julia Solo	52.04m (170' 9")	'86
2. Amy Bilmanis	51.77m (169' 10")	'06
3. Thelma Krisjandottir	50.92m (167' 1")	'19
4. Amy Brown	48.77m (160' 0")	'95
5. Sadey Rodriguez	48.29m (158' 5")	'19

HAMMER THROW

1. Eva Mustafic	61.18m (200' 9")	'19
2. Elise Mitchell	54.46m (178' 8")	'00
3. Brittany Jones	53.80m (176' 10")	'18
4. Amy Bilmanis	47.68m (156' 5")	'06
5. Alexa Manning	46.18m (151' 6")	'06

JAVELIN

1. Ann Crouse	50.85m (166' 10")	'95
2. Inge Jorgensen	50.24m (164' 10")	'00
3. Caitlin Mautz	44.62m (146' 5")	'15
4. Meghan Briggs	44.45m (145' 10")	'07
5. Tara Karin	43.64m (143' 2")	'09

HEPTATHLON

1. Ann Bair	5,578	'80
2. Susan Brownell	5,419	'80
3. Rebecca Grube	4,996	'92
4. Alana Herran	4,771	'16
5. Katie Kiladis	4,610	'95

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. Gerald Howard	10.46	'93
2. Jason Dickerson	10.50	'77
3. Reuben Jones	10.65	'05
4. Edwin Brown	10.76	'81
5. Ben Julien	10.84	'96

200 METERS

1. Gerald Howard	20.90	'93
2. Conlon Bonner	21.28	'08
3. Jordan Willis	21.70	'18
4. Scott Kimball	21.78	'00
5. Alfred Shirley	21.78	'18

400 METERS

1. Alfred Shirley	45.84	'18
2. Meikle Paschal	46.61	'08
3. Ben Kurgat	46.96	'88
4. Payton Hazzard	47.29	'12
5. Jordan Willis	47.11	'18

800 METERS

1. Paul Ereng	1:44.31	'88
2. Robby Andrews	1:45.54	'10
3. Lance Roller	1:47.88	'09
4. Anthony Kostelac	1:49.02	'11
5. Ben Kurgat	1:49.28	'88

1,500 METERS

1. Robby Andrews	3:41.09	'10
2. Matthew Novak	3:45.35	'16
3. Wes Porter	3:45.58	'21
4. Conor Murphy	3:46.50	'21
5. John Hinton	3:46.10	'82

5,000 METERS

1. Kyle King	13:55.60	'12
2. Lachlan Cook	13:58.01	'17
3. Andy Biladeau	14:06.73	'06
4. Emil Heineking	14:11.40	'08
5. Rohann Asfaw	14:12.57	'19

10,000 METERS

1. Adam Visokay	29:14.50	'14
2. Lachlan Cook	29:18.20	'17
3. Brent Demarest	29:32.72	'15
4. Chase Weaverling	29:39.30	'15
5. Zach Herriott	29:45.35	'14

110m HURDLES

1. Kevin Williams	14.14	'77
2. Adams Abdulrazaaq	14.19	'08
3. Ronde Barber	14.22	'94
4. Mike Abidin	14.27	'82
5. Jarrett Hagwood	14.34	'02

400m HURDLES

1. Alfred Shirley	51.30	'18
2. Karl Williams	51.77	'77
3. Adams Abdulrazaaq	51.79	'08
4. Greg Nelson	52.43	'08
5. Devin Brewer	52.52	'12

3,000m STEEPLECHASE

1. John Hinton	8:58.21	'82
2. Colin Mearns	9:03.92	'11
3. Jim Hays	9:10.69	'82
4. Derek Johnson	9:14.03	'19
5. Mike Cotton	9:27.88	'78

HIGH JUMP

1. Herman Moore	2.19m (7' 2.25")	'88
2. Greg Byers	2.17m (7' 1.25")	'81
3. Trey Causey	2.13m (6' 11.75")	'19
4. Mike Riso	2.10m (6' 10.75")	'02
5. Tommy Devita	2.04m (6' 8.25")	'11

POLE VAULT

1. Sam Young	5.09m (16' 8.25")	'17
2. Brain Shafer	5.05m (16' 6.75")	'90
3. David Sullivan	4.90m (16' 0.75")	'03
4. Jake Williams	4.88m (16' 0")	'01
5. Greg Blair	4.82m (15' 9.75")	'03

LONG JUMP

1. Jordan Scott	7.54m (24' 9")	'17
2. Greg Byers	7.33m (24' 0.5")	'81
3. Stephen Dunphy	7.30m (23' 11.5")	'90
4. Marcus Robinson	7.25m (23' 9.5")	'08
5. Marion Mason	7.24m (23' 9")	'98
Aaron Worrell	7.24m (23' 9")	'15

TRIPLE JUMP

1. Jordan Scott	16.44m (53' 11.25")	'17
2. Keith Witherspoon	15.96m (52' 4.5")	'72
3. Greg Byers	15.29m (50' 2")	'81
4. Ryan Satchell	15.25m (50' 0.5")	'12
5. Marcus Robinson	14.91m (48' 11")	'08

SHOT PUT

1. Filip Mihaljevic	19.56m (64' 2.25")	'14
2. Oghenakpobo Efekoro	19.53m (64' 1")	'16
3. Nick Vena	19.51m (64' 0.25")	'12
4. Claudio Romero	18.47m (60' 7.25")	'21
5. Mike Theuerkauf	15.90m (52' 2")	'89

DISCUS

1. Claudio Romero	62.56m (205' 3")	'21
2. Filip Mihaljevic	60.41m (198' 2")	'14
3. Jacob Lemmon	58.54m (191' 1")	'21
4. Larry Wilson	55.45m (181' 11")	'96
5. Nick Vena	54.84m (179' 11")	'12

HAMMER THROW

1. Hilmar Jonsson	71.52m (234' 8")	'16
2. Jacob Lemmon	66.16m (217' 0")	'21
3. Bill Johnston	57.89m (189' 11")	'00
4. Robert Guider	55.68m (182' 8")	'10
5. Vincenzo Chiariello	52.37m (171' 10")	'09

JAVELIN

1. Ethan Dabbs	76.04m (249' 6")	'19
2. Brian Kollar	68.53m (224' 10")	'99
3. Steve Kessling	68.25m (223' 11")	'90
4. Anthony Bouselli	58.96m (193' 5")	'15
5. James Murdock	57.79m (189' 7")	'99

DECATHLON

1. Jack Lint	7,179	'15
2. Sean Sullivan	6,847	'96
3. Stephen Dunphy	6,711	'90
4. John Brian	6,626	'78
5. Cam Collins	6,485	'15

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



NON-NCAA EVENT RECORDS

Events that are not contested at current NCAA Championships

INDOOR - WOMEN

55 Meters

6.82 Sonja Fridy 1986

55m Hurdles

7.90 Michele Johnson 1986

60 Yards

6.9h Brenda Brown 1981

60y Hurdles

7.8h Susan Brownell 1982

300 Meters

39.05 Jordan Lavender 2012

440 Yards

54.0h Lisa Garrett 1981

500 Meters

1:09.89 Sonja Fridy 1987

600 Yards

1:24.67 Phyllis Buber 1985

600 Meters

1:31.58 Keara Seasholtz 2021

880 Yards

2:10.27 Kim Kelly 1985

1,000 Meters

2:44.40 Sandy Schuler 1985

1,000 Yards

2:30.43 Kim Kelly 1985

1,500 Meters

4:17.24 Margaret Groos 1981

Two-Mile

9:52.3h Margaret Groos 1980

Three-Mile

15:25.25 Martha White 1982

4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

INDOOR - MEN

55 Meters

6.21 Bruce Randolph 1984

55m Hurdles

7.33 Robert Archer 1984

60 Yards

6.0h Kent Merritt 1972

300 Meters

34.04 Jordan Willis 2021

440 Yards

49.9h John Morris 1970

500 Meters

1:02.44 Paul Ereng 1988

500 Yards

1:02.79 David Revelle 1983

600 Meters

1:11.99 Dwayne Brake 1983

600 Yards

109.8h David Revelle 1983

880 Yards

1:56.1h James Wood 1973

1,000 Meters

2:20.57 Ray Brown 1984

1,000 Yards

2:07.31 Ray Brown 1984

1,500 Meters

3:45.04 John Hinton 1985

Two-Mile

8:40.49 Kris Herdt 1987

Three-Mile

13:43.03 Colin Peddie 1985

Pentathlon

3,915 Stephen Dunphy 1991

4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010

OUTDOOR - WOMEN

3,000 Meters

9:07.84 Margaret Groos 1979

2,000m Steeplechase

6:59.52 Sara Sargent 2014

Old Javelin

55.98m (183' 8") Julia Solo 1989

4x200m Relay

1:36.25 Chaney, McKenzie, Wright, Lavender 2015

4x800m Relay

8:32.13 Bryant, Nicholson, Welch, Haworth 1982

4x1,500m Relay

17:48.76 Downey, Schuler, McBride, Rowen 1987

Distance Medley Relay

10:57.13 Gay, Smith, Harper, Garcia 2011

OUTDOOR - MEN

100 Yards

9.3h Kent Merritt 1973

220 Yards

20.6s Tony Sepp 1960

440 Yards

47.7h John Morris 1970

120y Hurdles

13.8h Kevin Williams 1977

400y Hurdles

50.9h Karl Williams 1977

3,000 Meters

8:14.33 Brent Demarest 2015

Old Javelin

72.24m (237' 0") Ed Mikula 1978

4x200m Relay

1:25.30 Virginia 2002

4x800m Relay

7:12.15 Johnson, Roller, Kostelac, Andrews 2011

4x1,500m Relay

15:09.34 Sullivan, Brown, Hodge, Draddy 1981

4xMile Relay

16:22.49 Taye, Tschirhart, Heineking, Jesien 2009

Distance Medley Relay

9:25.56 Revelle, Hinton, Brown, Draddy 1983

Shuttle Hurdle Relay

57.10 Abidin, Wilks, Word, Archer 1982

Sprint Medley Relay

3:15.20 Palmer, Archer, E. Brown, R. Brown 1984



LANNIGAN FIELD RECORDS

LANNIGAN FIELD WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Ka'Tia Seymour	Florida State	11.14	2019
200 meters	Rochelle Stevens	Morgan State	22.84	1987
400 meters	Marlena Wesh	Clemson	51.43	2012
800 meters	Hanna Green	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
3,000 meters	Betty Springs	NC State	9:01.6	1983
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Anna Rohrer	Notre Dame	33:30.73	2019
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Fluker, Pringley, Harrison, Wesh	Clemson	3:33.68	2012
High Jump	Nicole Green	North Carolina	1.88m (6' 2")	2019
Pole Vault	Maddie Gardner	West Virginia	4.47m (14-8)	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63'11")	2019
Discus Throw	Katelyn Daniels	Michigan State	59.07m (193' 9")	2016
Hammer Throw	Laura Igaune	Latvia	69.56m (228'2")	2019
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

LANNIGAN FIELD MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Andre Ewers	Florida State	10.06	2019
200 meters	Andre Ewers	Florida State	20.31	2019
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
3,000 meters	Garrett Jeffries	Missouri	8:25.07	2008
5,000 meters	Randy Reina	Unattached	13:39.09	1986
10,000 meters	Arsene Guillourel	Samford	29:00.69	2018
110-meter hurdles	Devon Hill	Miami	13.35	2012
400-meter hurdles	Bershawn Jackson	Nike	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Hyman, Williams, Mitchell, Ambler	Florida State	39.08	2012
4x400-meter relay	Villanova	Villanova	3:05.01	1985
High Jump	Samuel Shoultz	Maryland	2.24m (7' 4.25")	2018
Pole Vault	Deakin Volz	Virginia Tech	5.62m (18' 5.25")	2019
Long Jump	Luca Wieland/Khalid Slocum	Minnesota/Monmouth	7.91m (25' 11.5")	2016/2019
Triple Jump	Jordan Scott	Virginia	17.08m (56'0.5")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Sam Mattis	Penn	65.12m (213' 8")	2016
Hammer Throw	Hilmar Jonsson	Virginia	75.26m (246'11")	2019
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Gonzalo Barroilhet	Florida State	8,065 points	2012



2021 INDOOR BESTS

Women's Top 2021 Indoor Performances Per Event

WOMEN'S 60 METERS	TIME
Halle Hazzard	7.23
Jada Seaman	7.37
Kayla Bonnick	7.47

WOMEN'S 200 METERS	TIME
Halle Hazzard	23.45
Jada Seaman	23.56
Kayla Bonnick	24.14

WOMEN'S 400 METERS	TIME
Andrenette Knight	54.56
Anzhelika Parenchuk	56.08
Abby Comella	58.53

WOMEN'S 800 METERS	TIME
Keara Seasholtz	2:08.43
Alahna Sabbakhan	2:09.19
*Alix Still	2:21.70

WOMEN'S 1,000 METERS	TIME
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WOMEN'S MILE	TIME
Ellie Desmond	4:56.88
Claire Bolton	4:57.86
Maddie Rennyson	4:59.35

WOMEN'S 3000 METERS	TIME
Hannah Moran	9:39.64
Lindsay Helena	9:45.63
Kiera Bothwell	9:56.19

WOMEN'S 5000 METERS	TIME
Hannah Moran	16:42.63
Lindsay Helena	16:56.41

WOMEN'S 60M HURDLES	TIME
*Alix Still	8.62
Nadia Saunders	8.77

WOMEN'S HIGH JUMP	MARK
Rebecca Hawkins	1.76m 5'9.25"
*Alix Still	1.71m 5'7.25"
Gabi Hayes	1.60m 5'3"

WOMEN'S POLE VAULT	MARK
Maya Maloney	4.12m 13'6.25"
Gabriella Recce	3.74m 12'3.25"
Riley Larsen	3.70m 12'1.5"

WOMEN'S LONG JUMP	MARK
Jada Seaman	6.35m 20'10"
Khyasia Caldwell	6.18m 20'3.5"
*Alix Still	5.80m 19'0.5"

WOMEN'S TRIPLE JUMP	MARK
Khyasia Caldwell	12.49m 40'11.75"
Zoe Rice	12.47m 40'11"
Nadia Saunders	12.23m 40'1.5"

WOMEN'S SHOT PUT	MARK
Maria Deaviz	15.43m 50'7.5"
Brittany Jones	15.88m 52'1.25"
Thelma Kristjansdottir	14.08m 46'2.5"

WOMEN'S WEIGHT THROW	MARK
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PENTATHLON	SCORE
Alix Still	3,974

WOMEN'S DMR	TIME
Bolton, Parenchuk, Rennyson, Bothwell	11:36.57
Bothwell, Seasholtz, Bolton, Moran	11:40.18
Desmond, Sabbakhan, Rennyson, Lindsay	11:45.99

4x400m	TIME
Parenchuk, Seaman, Aabbakhan, Knight	3:40.79
Seasholtz, Knight, Hazzard, Bonnick	3:45.63

Men's Top Indoor Indoor Performances Per Event

MEN'S 60 METERS	TIME
Nigel Davis	7.03
Owayne Owens	7.08
Ayende Watson	7.25

MEN'S 200 METERS	TIME
Jordan Willis	21.55
Jay Pendarvis	22.28
Nigal Davis	22.44

MEN'S 400 METERS	TIME
Jordan Willis	46.64
Brandon Outlaw	46.69
Jay Pendarvis	48.10

MEN'S 800 METERS	TIME
Conor Murphy	1:49.91
Liam Bellamy	1:51.75

MEN'S 1,000 METERS	TIME
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MEN'S MILE	TIME
Randy Neish	4:05.40
Yasin Sado	4:06.35
Ka'eo Kruse	4:11.74

MEN'S 3000 METERS	TIME
Wes Porter	8:06.18
Yasin Sado	8:12.95
Derek Johnson	8:17.17

MEN'S 5000 METERS	TIME
Derek Johnson	14:16.93
Justin Diehl	14:33.25
Peter Morris	14:33.64

MEN'S 60M HURDLES	TIME
Jeremiah Wilson	8.20
*Derek Pekar	8.66

MEN'S HIGH JUMP	MARK
Kane Aldrich	5.02m 16'5.5"
Colin Duignan	4.92m 16'1.75"
*Derek Pekar	4.50m 14'9"

MEN'S LONG JUMP	MARK
Owayne Owens	7.58m 24'10.5"
Ayende Watson	6.89m 22'7.25"
*Derek Pekar	6.79m 22'3.5"

MEN'S TRIPLE JUMP	MARK
Owayne Owens	16.53m 54'2.75"
Ayende Watson	14.37m 47'1.75"

MEN'S SHOT PUT	MARK
Claudio Romero	18.44m 60'6"
Jacob Lemmon	16.47m 54'0.5"
Elby Omohundro	12.06m 39'7"

MEN'S WEIGHT THROW	MARK
Jacob Lemmon	20.05m 65'9.5"
Ty Kunzman	19.18m 62'11.25"
Claudio Romero	18.47m 60'7.25"

HEPTATHLON	SCORE
Elby Omohundro	5014

MEN'S DMR	TIME
Neish, Outlaw, Murphy, Porter	9:48.73

4X400M	TIME
Pendarvis, Willis, Davis, Outlaw	3:12.79
Willis, Outlaw, Murphy, Frasier	3:21.16

* Multis athlete



VIRGINIA INDOOR RECORDS

INDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Halle Hazzard	7.23	2021
200 meters	Halle Hazzard	23.45	2021
400 meters	Jordan Lavender	52.59	2013
800 meters	Vanessa Fabrizio	2:07.24	2015
Mile	Jill Haworth	4:34.32	1982
3,000 meters	Cleo Boyd	9:18.20	2017
5,000 meters	Margaret Groos	15:34.71	1981
60-meter hurdles	Alexis Woodley	8.31	2020
4x400-meter relay	Chaney, Fabrizio, Wright, Lavender	3:39.43	2014
Distance Medley Relay	Gay, Smith, Harper, Garcia	10:59.33	2011
High Jump	Sherry Gould	1.87m (6' 1.5")	1994
Pole Vault	Bridget Guy	4.41m (14' 5.5")	2019
Long Jump	Jada Seaman	6.46m (21'2.5")	2020
Triple Jump	Tomika Ferguson	13.53m (44' 4.75")	2007
Shot Put	Billie-Jo Grant	16.55m (54' 3.5")	2008
Weight Throw	Eliese Mitchell	20.06m (65' 9.75")	2002
Pentathlon	Susan Brownell	4,153	1982

INDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Shay Clark	6.71	2001
200 meters	Jordan Willis	21.42	2020
400 meters	Brandon Outlaw	46.58	2020
800 meters	Paul Ereng	1:44.84	1988
Mile	Vince Draddy	3:58.2h	1982
3,000 meters	Ari Klau	7:51.57	2020
5,000 meters	Zach Herriott	13:45.37	2017
60-meter hurdles	Adams Abdulrazaaq	7.75	2011
4x400-meter relay	Willis, Shirley, Dixon, Outlaw	3:11.76	2018
Distance medley relay	Jesien, Paschal, Roller, Taye	9:29.86	2009
High Jump	-Brenton Foster	2.26m (7' 5")	2020
Pole Vault	Sam Young	5.38m (17' 7.75")	2020
Long Jump	Owayne Owens	7.58m (24'10.5")	2021
	Jordan Scott	7.58m (24'10.5")	2019
Triple Jump	Jordan Scott	17.02m (55' 10.25")	2020
Shot Put	Filip Mihaljevic	20.87m (68' 5.75")	2016
Weight Throw	Jordan Young	22.92m (75' 2.5")	2015
Heptathlon	Jack Lint	5,546	2017



UVA INDOOR RELAY RECORDS

WOMEN'S INDOOR RECORDS

4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
3.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
4.	3:40.40	Chaney, Lavender, Ezumah, Wright	2014
5.	3:40.79	Parenchuk, Seaman, Sabbakhan, Knight	2021

DMR

1.	10:59.33	Gay, Smith, Harper, Garcia	2011
2.	11:14.15	Gay, Fabrizio, Harper, Garcia	2011
3.	11:19.39	Welch, Welch, Garrett, Haworth	1982
4.	11:21.19	Fabrizio, Weatherly, Gnade, Garcia	2011
5.	11:22.32	Sargent, Lavender, Fabrizio, Fouhy	2014

MEN'S INDOOR RECORDS

4x400

1.	3:11.76	Willis , Shirley, Dixon, Outlaw	2018
2.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017
3.	3:12.52	Hazzard, Kiley, Carrington, Bartha	2015
4.	3:12.55	Hayes, Taylor, Kugrat, Ereng	1989
5.	3:12.79	Pendarvis, Willis, Davis, Outlaw	2021

DMR

1.	9:29.86	Jesien, Paschal, Roller, Teye	2009
2.	9:31.23	Kostelac, Hazzard, Burton, Gilland	2013
3.	9:32.36	Marsella, Hazzard, Kiley, King	2015
4.	9:34.38	Johnson, Anding, Kostelac, Heineking	2011
5.	9:34.78	Gilland, Anding, Roller, Kostelac	2012



WOMEN'S INDOOR TOP PERFORMANCES

60 METERS

1. Halle Hazzard	7.23	'21
2. Jada Seaman	7.37	'21
3. Kiamesha Otey	7.37	'03
4. Sonja Fridy	7.39	'86
5. Peyton Chaney	7.40	'16
Anna Jefferson	7.40	'20
7. Pam Lemons	7.43	'93
8. Jordan Lavender	7.49	'15
9. Kayla Bonnick	7.47	'21
10. Janne'a Bridgeford	7.50	'08

200 METERS

1. Halle Hazzard	23.45	'21
2. Jada Seaman	23.56	'21
3. Jordan Lavender	23.80	'15
4. Peyton Chaney	23.84	'16
5. Anna Jefferson	23.92	'20
6. Danielle Williams	23.97	'12
7. Kayla Bonnick	24.14	'21
8. Kelly Miller	24.17	'99
9. Angela Lee	24.30	'99
10. Kiamesha Otey	24.34	'03

400 METERS

1. Jordan Lavender	52.59	'13
2. Andrenette Knight	53.50	'20
3. Anna Jefferson	53.33	'19
4. Lisa Garrett	54.07	'81
5. Angela Lee	54.29	'99
6. Carielle Doe	54.52	'02
7. Cathron Birge	54.61	'90
8. Sonja Fridy	54.95	'87
9. Angela Griffith	55.38	'92
10. Erin Crawford	55.42	'07

800 METERS

1. Vanessa Fabrizio	2:07.24	'15
2. Emma Call	2:07.39	'17
3. Lyndsay Harper	2:07.64	'11
4. Morgane Gay	2:08.07	'09
5. Keara Seasholtz	2:08.43	'21
6. Alahna Sabbakhan	2:09.19	'21
7. Kim Kelly	2:09.27	'85
8. Jill Haworth	2:09.62	'83
9. Cathron Birge	2:09.71	'90
10. Colette Gnade	2:09.80	'13

MILE

1. Jill Haworth	4:34.32	'82
2. Morgane Gay	4:34.38	'12
3. Vicky Fouhy	4:34.87	'13
4. Lesley Welch	4:35.56	'82
5. Iona Lake	4:36.11	'16
6. Marissa Schmidt	4:41.10	'82
7. Michele Rowen	4:41.57	'87
8. Lisa Welch	4:41.96	'82
9. Catherine White	4:42.80	'11
10. Margaret Groos	4:43.9h	'79

3,000 METERS

1. Cleo Boyd	9:18.20	'17
Claire Forbes	9:18.80	'92
3. Stephanie Garcia	9:19.44	'11
4. Martha White	9:19.58	'83
5. Iona Lake	9:22.75	'15
6. Barbara Strehler	9:22.85	'14
7. Morgan Kelly	9:23.21	'15
8. Catherine White	9:24.43	'10
9. Patty Matava	9:25.83	'87
10. Michele Rowen	9:25.8h	'85

5,000 METERS

1. Margaret Groos	15:34.71	'81
2. Cleo Boyd	16:04.76	'17
3. Morgan Kelly	16:10.73	'15
4. Barbara Strehler	16:16.32	'14
5. Emily Harrison	16:16.53	'08
6. Lesley Welch	16:21.6h	'82
7. Maria Hauger	16:22.07	'14
8. Anna Corrigan	16:25.81	'12
9. Kara Scanlin	16:27.61	'08
10. Martha White	16:31.6h	'82

600 HURDLES

1. Alexis Woodley	8.31	'20
2. Ciara Leonard	8.38	'18
3. Ayla Smith	8.39	'09
4. Andrenette Knight	8.48	'20
5. Heather Smith	8.54	'16
6. Kim Turko	8.55	'01
7. Chidi Uche	8.58	'10
8. Lauren Echko	8.60	'09
9. Alix Still*	8.62	'21
10. Bianca DeBartolo	8.65	'07

HIGH JUMP

1. Sherry Gould	1.87m (6' 1.5")	'94
2. Ann Bair	1.83m (6' 0")	'83
3. Robin Landes	1.82m (5' 11.25")	'88
4. Karen DiDonato	1.80m (5' 10.75")	'91
5. Pearl Bickersteth	1.79m (5' 10.5")	'12
6. Rachel Marks	1.78m (5' 10")	'04
7. Rebecca Hawkins	1.76m (5' 9.25")	'21
8. Kate Doyle	1.75m (5' 8.75")	'90
9. Janelle Clayton	1.74m (5' 8.5")	'10
10. Susan Brownell	1.73m (5' 8.25")	'80
Karen Hatchett	1.73m (5' 8.25")	'81

POLE VAULT

1. Bridget Guy	4.41m (14' 5.5")	'19
2. Maya Maloney	4.12m (13' 6.25")	'20
Sarah DeVita	3.97m (13' 0.25")	'15
4. Theresa Demaria	3.96m (12' 11.75")	'17
5. Katie Freix	3.95m (12' 11.5")	'18
6. Vika Oспенко	3.80m (12' 5.75")	'03
Riley Larsen	3.80m (12' 5.5")	'20
8. Katie Darraugh	3.75m (12' 3.5")	'10
9. Gabriella Recce	3.74m (12' 3.25")	'21
10. Annica While	3.60m (11' 9.75")	'01
Kathryn Pettine	3.60m (11' 9.75")	'05
Kate Kaufman	3.60m (11' 9.75")	'16
Trina Barcarola	3.60m (11' 9.75")	'21

LONG JUMP

1. Jada Seaman	6.46m (21' 2.5")	'20
2. Dana Boone	6.44m (21' 1.50")	'91
3. Kiamesha Otey	6.39m (20' 11.75")	'02
4. Sonja Fridy	6.38m (20' 11.25")	'87
5. Khyasia Caldwell	6.29m (20' 7.75")	'20
6. Nicole Kimbrough	6.27m (20' 7")	'95
7. Kelly Miller	6.22m (20' 5")	'99
8. Angela Griffith	6.15m (20' 2.25")	'92
9. Latanya Wynn	6.10m (20' 0.25")	'88
10. Tomika Ferguson	6.09m (19' 11.75")	'06
Mia Barron	6.09m (19' 11.75")	'18

TRIPLE JUMP

1. Tomika Ferguson	13.53m (44' 4.75")	'07
2. Naccolle Guinn	13.14m (43' 1.25")	'01
3. Khyasia Caldwell	13.05m (42' 9.75")	'21
4. Kelly McKee	13.00m (42' 8")	'19
5. Dallas Rose	12.98m (42' 7")	'12
6. Dana Boone	12.86m (42' 2.25")	'91
7. Michele Johnson	12.78m (41' 11")	'87
8. Mia Barron	12.71m (41' 8.5")	'17
9. Rashawnda James	12.59m (41' 3.75")	'09
10. Zoe Rice	12.47m (40' 11")	'21

SHOT PUT

1. Billie-Jo Grant	16.55m (54' 3.5")	'08
2. Christine Bohan	16.53m (54' 2.75")	'16
3. Brittany Jones	16.27m (53' 4.5")	'20
4. Maureen Laffan	15.97m (52' 4.75")	'10
5. Eliese Mitchell	15.72m (51' 7")	'03
6. Kelly Bodiford	15.65m (51' 4.25")	'91
7. Maria Deaviz	15.43m (50' 7.4")	'21
8. Emily Vannoy	15.42m (50' 7.25")	'10
9. Anna Grant	14.94m (49' 0.25")	'08
10. Alexa Manning	14.93m (48' 11.75")	'08
11. T. Kristjansdottir	14.08m (46' 2.5")	'21

WEIGHT THROW

1. Eliese Mitchell	20.06m (65' 9.75")	'02
2. Maureen Laffan	18.54m (60' 10")	'12
3. Erin Wykoff	17.75m (58' 3")	'12
4. Jade Baker	17.46m (57' 3.5")	'19
5. Alexa Manning	17.09m (56' 1")	'08
6. Ann Crouse	17.08m (56' 0.5")	'96
7. Eve Mustafic	16.92m (55' 6.25")	'19
8. Lauren Connelly	16.67m (54' 8.25")	'96
9. Logan Clements	16.30m (53' 5.75")	'14
10. Brittany Jones	16.24m (53' 3.5")	'18

PENTATHLON

1. Susan Brownell	4,153	'82
2. Rebecca Grube	4,108	'95
3. Alix Still	3,974	'21
4. Holly Sullivan	3,912	'18
5. Ayla Smith	3,879	'09
6. Sherry Gould	3,789	'94
7. Beth Sheehan	3,678	'83
8. Bianca DeBartolo	3,661	'07
9. Anna Finger	3,659	'13
10. Curtrell Frye	3,644	'02

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR TOP PERFORMANCES

60 METERS

- Shay Clark..... 6.71 '01
- Reuben Jones..... 6.79 '08
- Adam Cummings..... 6.86 '13
- Michael Johnson..... 6.87 '04
- Jarrett Hagwood..... 6.89 '02
- Leo McLaughlin 6.89 '11
- Scott Kimball..... 6.93 '00
- Adams Abdulrazaaq..... 6.94 '11
- Payton Hazzard 6.95 '15
- Matt Meyer..... 6.96 '09

200 METERS

- Jordan Willis**..... 21.42 '20
- Gerald Howard..... 21.53 '95
- Scott Kimball..... 21.78 '00
- Reuben Jones..... 21.78 '08
- Payton Hazzard 21.78 '14
- Conlon Bonner..... 21.79 '08
- Shay Clark..... 21.81 '02
- Kellen Blassingame 21.85 '06
- Brandon Outlaw**..... 21.89 '20
- Rauhn Turner..... 22.00 '98

400 METERS

- Brandon Outlaw**..... 46.58 '20
- Payton Hazzard 46.60 '15
- Jordan Willis**..... 46.61 '20
- Kellen Blassingame 46.73 '06
- Kevin Anding..... 47.46 '11
- Alfred Shirley 47.53 '18
- Ben Kurgat 47.61 '89
- Paul Ereng..... 47.64 '88
- Meikle Paschal 48.04 '09
- Jay Pendarvis**..... **48.10** **'21**

800 METERS

- Paul Ereng..... 1:44.84 '88
- Ben Kurgat 1:47.31 '91
- Robby Andrews 1:48.02 '10
- McGavock Dunbar 1:49.18 '04
- Nathan Kiley..... 1:49.20 '16
- John Hinton 1:49.24 '84
- Anthony Kostelac 1:49.24 '11
- Lance Roller 1:49.47 '10
- Rob Pearce..... 1:49.75 '99
- Conor Murphy**..... **1:49.91** **'21**

MILE

- Vince Draddy 3:58.2h '82
- Henry Wynne 3:58.74 '16
- AJ Ernst 3:59.38 '20
- Mike Marsella..... 3:59.97 '15
- Kyle King..... 4:02.15 '15
- Patrick Todd..... 4:02.70 '12
- John Minen..... 4:02.77 '10
- Kris Herdt..... 4:02.92 '87
- Anthony Kostelac 4:02.99 '12
- Alex Tatu 4:03.00 '05

3000 METERS

- Ari Klau 7:51.57 '20
- Henry Wynne 7:53.89 '16
- Mark Amirault 7:54.08 '12
- Adam Visokay 7:54.24 '16
- Kris Herdt..... 7:54.90 '87
- Emil Heineking..... 7:58.36 '11
- Kyle King..... 8:00.23 '15
- Jan Foerster 8:02.54 '07
- Andy Biladeau..... 8:04.30 '08
- AJ Ernst 8:05.31 '19

5000 METERS

- Zach Herriott 13:45.37 '17
- Ryan Collins 13:46.41 '10
- Chase Weaverling 13:54.39 '17
- Brent Demarest 13:56.03 '17
- Thomas Madden 13:57.01 '15
- Alex Corbett..... 14:00.56 '19
- Kris Herdt..... 14:02.00 '89
- Mark Amirault 14:03.01 '12
- Ari Klau 14:03.31 '19
- Chris Foley 14:03.67 '12

600 HURDLES

- Adams Abdulrazaaq..... 7.75 '11
- Drequan Hoskey 7.79 '14
- Jarrett Hagwood..... 7.93 '02
- Marion Mason 8.01 '01
- Cary Chandler..... 8.03 '01
- Aaron Shepperd 8.03 '11
- Emmanuel Jackson 8.03 '19
- Gemayel Hazard..... 8.09 '02
- Herb Reid 8.16 '01
- Isi Azeke 8.16 '06

HIGH JUMP

- Brenton Foster** 2.26m (7' 5") '20
- Herman Moore..... 2.21m (7' 3") '90
- Greg Nelson 2.14m (7' 0.25") '10
- Greg Byers 2.13m (6' 11.75") '82
- Trey Causey 2.13m (6' 11.75") '19
- Bob Lund 2.09m (6' 10.25") '93
- Mike Riso 2.08m (6' 10") '02
- Kevin Jackson..... 2.08m (6' 10") '77
- David Sullivan 2.05m (6' 8.75") '06
- Arthur Gennari 2.05m (6' 8.75") '08
- Tommy DeVita..... 2.05m (6' 8.75") '13

POLE VAULT

- Sam Young..... 5.38m (17' 7.75") '20
- David Sullivan 5.30m (17' 4.75") '05
- Brian Shafer 5.20m (17' 0.75") '93
- Jeff Jernigan 5.10m (16' 8.75") '17
- Tommy Cooke 5.05m (16' 6.75") '95
- Kane Aldrich**..... **5.02m (16' 5.5")**..... **'21**
- Matt Armentrout 5.01m (16' 5.25") '13
- Danny Thompson 4.98m (16' 4") '81
- Colin Duignan**..... **4.92m (16' 0.75")**..... **'21**
- Greg Blair 4.90m (16' 1") '05
- David Lewis 4.90m (16' 1") '08

LONG JUMP

- Owayne Owens**..... **7.58m (24'10.5")**.....**'21**
- Jordan Scott..... 7.58m (24'10.5") '19
- Matt Meyer..... 7.52m (24' 8.25") '09
- Marion Mason 7.50m (24' 7.25") '01
- Tiki Barber..... 7.50m (24' 7.25") '94
- Bruce Randolph..... 7.48m (24' 6.5") '84
- Keith Witherspoon .. 7.45m (24' 5.25") '76
- Ayende Watson**..... 7.41m (24'3.75") '19
- Stephen Dunphy 7.40m (24' 3.25") '92
- Mauri Anderson 7.39m (24' 3") '82

TRIPLE JUMP

- Jordan Scott..... 17.20m(55'10.25)..... '20
- Marcus Robinson.... 16.63m (54'6.75") '12
- Owyane Owens**..... **16.53m (54'2.75")**..... **'21**
- Keith Witherspoon .. 16.16m (53' 0.25")..... '76
- Greg Byers 15.98m (52' 5") '85
- Aaron Worrell 15.87m (52' 1") '17
- Cornell Grayson 15.74m (51' 7.75")'90
- Chike Chukwulozie .. 15.64m (51' 3.75") '91
- Ryan Satchell 15.62m (51' 3") '14
- Ivan Glasgow 15.34m (50' 4") '82

SHOT PUT

- Filip Mihaljevic 20.87m (68' 5.75")..... '16
- Oghenekpobo Efekele..... 19.84m (65'1.25") '17
- Jordan Young 19.15m (62'10") '15
- Nick Vena 18.92m (62' 1") '12
- Yemi Ayeni..... 18.80m (61' 8.25") '09
- Nace Plesko 18.71m (61'4.75") '19
- Claudio Romero**.... **18.44m (60'6)** **'21**
- Kevin Latham..... 17.62m (57' 9.75")..... '84
- Thom McKinney 17.12m (56' 2") '91
- Mike Murphy..... 17.10m (56' 1.25")..... '93

WEIGHT THROW

- Jordan Young 22.92m (75'2.5")..... '15
- Hilmar Jonsson..... 21.37m (70' 1.5").....'18
- Jacob Lemmon**.....**20.05m (65'9.5")**.....**'21**
- Oghenekpobo Efekele..... 19.90m (65' 13.5") '18
- Vincenzo Chiariello.....19.38m (63' 7") '12
- Ty Kunzman**.....**19.18m (62'11.25")**.....**'21**
- Claudio Romero**.... **18.47m (60'7.25")**..... **'21**
- Thom McKinney 18.43m (60' 5.75") '91
- Thomas Fuson 18.18m (59'7.75") '11
- Mike Murphy..... 17.77m (58' 3.75") '93

HEPTATHLON

- Jack Lint 5,546 '17
- Derek Pekar** 5,362 '20
- David Sullivan..... 5,178 '04
- David Lewis 5,139 '08
- Christian Lavorgna 5,113 '16
- Elby Omohundro** 5,038 '20
- Cam Collins..... 4,972 '16
- Anthony Dunavant 4,970 '14
- Jack Claiborne 4,821 '17
- Thomas Codevilla..... 4,360 '05



WOMEN'S INDOOR FRESHMAN RECORDS

60-METER DASH

- Halle Hazzard**7.32 '19
- Jada Seaman**7.46 '20
- Kayla Bonnick**.....**7.47****'21**
- Jordan Lavender7.57 '12
- Peyton Chaney7.60 '13
- Tori McKenzie7.60 '14

200-METER DASH

- Jada Seamon**23.93 '20
- Halle Hazzard**24.09 '19
- Kayla Bonnick**.....**24.14****'21**
- Jordan Lavender24.25 '12
- Peyton Chaney24.31 '13

300-METER DASH

- Jordan Lavender39.05 '12
- Julie Sandy39.43 '87
- Anna Jefferson**39.63 '17
- Kiana Hairston40.15 '15
- Kayla Bonnick**.....**40.25****'21**

400-METER DASH

- Jordan Lavender54.69 '12
- Michelle Samuels55.81 '91
- Meagan Gillespie56.07 '09
- Anzhelika Parenchuk****56.08****'21**
- Chimere Ezumah56.27 '14

500-METER DASH

- Cathron Birge1:14.16 '87
- Phyllis Buber1:14.90 '84
- Ayla Smith1:14.91 '07
- Lyndsay Harper1:16.22 '08
- Shelley McBride1:16.68 '86

800-METER RUN

- Emma Call2:07.39 '17
- Morgane Gay2:08.07 '09
- Keara Seasholtz****2:08.43****'21**
- Vanessa Fabrizio2:08.79 '11
- Sandy Schuler2:09.90 '85

1000-METER RUN

- Sandy Schuler2:44.40 '85
- Shelley McBride2:50.40 '86
- Maddie Rennyson**2:54.65 '18
- Claire Forbes2:55.31 '90
- Alexia Roux2:56.80 '16

1-MILE RUN

- Claire Forbes4:49.48 '90
- Tasia Potasinski4:51.49 '10
- Megan Rebholz4:53.87 '15
- Lara Drauglis4:53.94 '91
- Michelle Rowen4:54.10 '84

3000-METER RUN

- Maria Hauger9:29.20 '14
- Sarah Fakler9:37.45 '14
- Katharine Walker9:38.96 '11
- Megan Rebholz9:42.55 '15
- Cleo Boyd9:47.23 '14

5000-METER RUN

- Lesley Welch16:21.60 '82
- Maria Hauger16:22.07 '14
- Cleo Boyd16:29.16 '14
- Sarah Fakler16:32.01 '14
- Katharine Walker16:46.02 '11

60-METER HURDLES

- Alexis Woodley8.56 '17
- Ayla Smith8.68 '07
- Kim Turko8.69 '98
- Ciara Leonard8.74 '16
- Shantell Bingham8.82 '12
- Nadia Saunders****8.77****'21**

HIGH JUMP

- Karen Didonota1.71m (5'7.5") '87
- Janelle Clayton1.70m (5'7") '10
- Pearl Bickersteth1.70m (5'7") '10
- Emily Kianka1.70m (5'7") '11
- Moiria Cronin1.70m (5'7") '12

POLE VAULT

- Bridget Guy3.97m (13' 0.25") '15
- Maya Maloney**3.97m (13'0.25") '20
- Theresa Demaria3.96m(12'11.75) '17
- Katie Freix3.82m (12' 6.5") '15
- Riley Larsen**3.77m (12'4.5") '20

LONG JUMP

- Jada Seaman**6.46m (21' 2.5") '20
- Kiamesha Otey6.00m (19' 8.25") '00
- Sonja Fridy5.99m (19' 8") '84
- Dana Boone5.96m (19' 6.75") '88
- Mia Barron5.94m (19' 6") '15

TRIPLE JUMP

- Dallas Rose12.56m (41' 2.5") '10
- Mia Barron12.33m (40' 5.5") '15
- Britni Strates12.32m (40' 5") '12
- Nadia Saunders****12.23m (40' 1.5")****'21**
- Rashawanda James12.19m (40' 0") '08

SHOT PUT

- Maria Deaviz15.43m (50' 7.5") '21
- Emily Vannoy15.42m (50' 7.25") '10
- Brittany Jones**15.21m (49'11") '18
- Anna Grant14.94m (49' 0.25") '08
- Christine Bohan14.78m (48' 6") '14

WEIGHT THROW

- Eva Mustafic**16.92m (55'6.25") '19
- Brittany Jones**16.24m (53'3.5") '18
- Emily Vannoy16.00m (52' 6") '10
- Kristy Martin15.50m (50' 10.5") '97
- Erin Wykoff15.11m (49' 7") '09

PENTATHLON

- Beth Sheehan3,678 '83
- Katie Ollendick3,443 '94
- Holly Sullivan3,411 '16
- Alana Herran3,396 '16
- Alix Still**3,288 '19

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR FRESHMAN RECORDS

60 METERS

1. Adam Cummings.....6.86 '13
2. Leo McLaughlin6.89 '11
3. Reuben Jones.....6.92 '05
4. Matt Meyer.....6.97 '09
5. Conlon Bonner.....6.98 '08

200 METERS

1. Conlon Bonner.....21.79 '08
2. **Brandon Outlaw**22.03 '18
3. Ben Sargong.....22.16 '92
4. Adam Abdulrazaaq22.24 '08
5. **Jay Pendarvis**22.28 '21

300 METERS

1. Anthony Swan34.11 '86
2. Adam Abdulrazaaq34.63 '08
3. Patrick Farmer34.74 '11
4. Conlon Bonner.....34.78 '08
5. Charles Bowman.....34.82 '16

400 METERS

1. **Brandon Outlaw**47.18 '18
2. Alfred Shirley47.53 '18
3. Paul Ereng47.64 '88
4. **Jay Pendarvis**48.10 '21
5. Meikle Paschal48.11 '08

500 METERS

1. Paul Ereng1:02.02 '88
2. Alfred Shirley1:03.05 '18
3. Bruce Berry1:03.31 '85
4. Ray Brown1:03.80 '81
5. Dwayne Brake1:03.97 '83

800 METERS

1. Robby Andrews1:48.39 '10
2. Anthony Kostelac1:49.24 '11
3. Paul Ereng1:49.31 '88
4. **Conor Murphy**1:49.91 '21
5. Nathan Kiley1:51.08 '14

1000 METERS

1. Rob Pearce.....2:27.69 '97
2. Billy Convey2:28.30 '84
3. TJ Hobart2:28.40 '11
4. Brett Johnson2:28.47 '10
5. Ken Cheeseman2:29.80 '85

MILE

1. Alex Tatu4:03.00 '05
2. Mike Marsella.....4:03.18 '14
3. Matthew Novak.....4:03.93 '16
4. Sintayehu Taye.....4:04.04 '09
5. Henry Wynne4:04.37 '14

3,000 METERS

1. Adam Visokay7:57.46 '14
2. **Wes Porter**.....8:06.18 '21
3. Brent Demarest8:09.59 '15
4. Connor Rog8:09.76 '14
5. Chase Weaverling8:11.28 '16

5,000 METERS

1. Thomas Madden13:57.01 '15
2. Chris Foley14:03.67 '12
3. Chase Weaverling14:03.72 '16
4. Brent Demarest14:14.74 '15
5. Connor Rog14:15.23 '14

60m HURDLES

1. Adam Abdulrazaaq7.98 '08
2. Aaron Sheppherd8.03 '11
3. Jarrett Hagwood.....8.05 '99
4. **Jeremiah Wilson**8.20 '21
5. Marion Mason8.23 '98
- Devin Brewer8.23 '12
- Jack Lint8.23 '16

HIGH JUMP

1. Trey Causey2.13m (6' 11.75") '19
2. Mike Riso2.08m (6' 10") '02
3. Tommy DeVita.....2.04m (6' 8.5") '11
4. Arthur Gennari2.03m (6' 8") '07
5. Gerald Howard2.00m (6' 7") '93
- Cordell Green2.00m (6' 7") '95

POLE VAULT

1. **Sam Young**5.10m (16' 8.75") '17
2. David Sullivan4.97m (16' 3.75") '03
3. Brian Shafer4.90m (16' 1") '90
4. Jake Williams4.87m (16' 0") '91
5. Greg Blair4.82m (15' 10") '03

LONG JUMP

1. Matt Meyer7.52m (24' 8.25") '09
2. Tiki Barber.....7.48m (24' 6.75") '94
3. **Ayende Watson**7.41m (24' 3.75") '19
4. Jordan Scott7.38m (24' 2.5") '17
5. Marion Mason7.24m (23' 9.25") '98

TRIPLE JUMP

1. Jordan Scott16.36m (53' 8.25") '17
2. Aaron Worrell15.64m (51' 3.75") '14
3. **Owyane Owens**15.27m (50' 1.25") '20
4. Ryan Satchell15.02m (49' 3.5") '12
5. Darryl Smith14.70m (48' 4") '79

SHOT PUT

1. Filip Mihaljevic19.63m (64' 5") '15
2. Nick Vena18.92m (62' 1") '12
3. Oghenekpobo Efekoro18.82m (61' 9") '16
4. **Claudio Romero**18.44m (60' 6") '21
5. Mike Theuerkauf16.51m (54' 2") '89

WEIGHT THROW

1. Hilmar Jonsson20.32m (66' 8") '16
2. **Jacob Lemmon**20.05m (65' 9.5") '21
3. Oghenekpobo Efekoro18.86m (61' 10.5") '16
4. **Claudio Romero**18.47m (60' 7.25") '21
5. Vincenzo Chiarello16.40m (53' 9.75") '09

HEPTATHLON

1. Jack Lint5,358 '16
2. **Derek Pekar**5,354 '20
3. Anthony Dunavant4,970 '14
4. Jack Claiborne4,821 '17
5. Cam Collins4,793 '15

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



VIRGINIA CHALLENGE RECORDS

VIRGINIA CHALLENGE WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Kate Hall	Georgia	11.36	2017
200 meters	Paris Daniels	USA	23.18	2014
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Hanna Green	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Tara Jameson	Iona	33:38.50	2016
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Walker, Barnes, Hannan, Cavin	Ohio State	3:34.00	2015
High Jump	Moira Cronin/Madeline Fagan	Virginia/Georgia	1.83m (6' 0")	2013/2017
Pole Vault	Maddie Gardner	West Virginia	4.47m (14' 8.0")	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63' 10.9")	2019
Discus Throw	Katelyn Daniels	Michigan State	56.04m (183' 10")	2015
Hammer Throw	Stamatia Scarvelis	Tennessee	66.45m (218' 0.14")	2019
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

VIRGINIA CHALLENGE MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Mark Jelks	USA	10.20	2014
200 meters	Segun Makinde	Ottawa	20.56	2014
	Rondell Sorrillo	Nike	20.56	2016
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
5,000 meters	Chartt Miller	Iona	13:49.60	2017
10,000 meters	Arsene Guillorel	Samford	29:00.69	2018
110-meter hurdles	Vincent Wyatt	Radford	13.65	2014
400-meter hurdles	Bershawn Jackson	USA	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Moffett, Smith, Chisena, Kowalchuk	Penn State	39.49	2017
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Ryan Lockard	Minnesota	2.20m (7' 2.5")	2016
Pole Vault	Noah Gary	Michigan State	5.35m (17' 6.5")	2017
Long Jump	Luca Wieland/Khalid Slocum	Minnesota/Monmouth	7.91m (25' 11.5")	2016/2019
Triple Jump	Jordan Scott	Virginia	17.07m (56' 0.05")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67' 4")	2017
Discus Throw	Eshan Hadadi	Iran	64.01m (210' 0")	2013
Hammer Throw	Daniel Haugh	Kennesaw State	74.78m (245' 4.1")	2019
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Tim Ehrhardt	Michigan State	8,044 points	2018



VIRGINIA CUP RECORDS

VIRGINIA CUP WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Peyton Chaney	Virginia	11.68	2015
200 meters	Le'Quisha Parker	Hampton	23.72	2014
400 meters	Ciarra Morris	James Madison	55.42	2013
800 meters	Ce'aira Brown	Hampton	2:11.45	2014
1,500 meters	Iona Lake	Virginia	4:27.10	2015
3,000 meters	Kathleen Stevens	Virginia	10:05.92	2014
100-meter hurdles	Breana Norman	Hampton	13.60	2014
400-meter hurdles	Ansley Gebben	Liberty	1:01.25	2014
2,000-meter steeplechase	Sara Sargent	Virginia	6:59.52	2014
3,000-meter steeplechase	Betel Yosef	Liberty	11:15.39	2013
4x100-meter relay	Rose, Wright, Chaney, Lavender	Virginia	45.19	2014
4x400-meter relay	Ezumah, Fabrizio, Brickhill, Smith	Virginia	3:43.20	2014
High Jump	Moira Cronin	Virginia	1.70m (5' 7")	2013
Pole Vault	Bridget Guy	Virginia	3.80m (12' 5.5")	2015
Long Jump	Edy Ndem	Virginia	6.01m (19' 8.75")	2014
Triple Jump	Dallas Rose	Virginia	12.93m (42' 5.25")	2014
Shot Put	Christine Bohan	Virginia	15.96m (52' 4.5")	2015
Discus Throw	Mychelle Cumings	Liberty	49.92m (163' 9")	2015
Hammer Throw	Jennifer Nicholson Smith	Liberty	50.76m (166' 6")	2015
Javelin Throw	Abbey Karin	Virginia	45.63m (149' 8")	2014

VIRGINIA CUP MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	ConRoy Smith	Liberty	10.57	2014
200 meters	ConRoy Smith	Liberty	21.37	2014
400 meters	Stephen Racanelli	Liberty	48.09	2015
800 meters	John Sherret	Liberty	1:52.52	2015
1,500 meters	Drew Paisley	Virginia	3:57.00	2013
3,000 meters	Thomas Porter	Virginia	8:35.23	2014
110-meter hurdles	Vincent Wyatt	Radford	13.72	2014
400-meter hurdles	Andre Washington	Liberty	53.95	2013
	Ryan Davis	Liberty	53.95	2015
3,000-meter steeplechase	Sam Hush	VCU	9:30.88	2013
4x100-meter relay	Spruel, Washington, Williams, Robbins	Liberty	41.12	2013
4x400-meter relay	Black, Okezie, Ibadin, Hutchison	Hampton	3:12.40	2014
High Jump	Tommy DeVita	Virginia	2.05m (6' 8.75")	2013
Pole Vault	Cody Bingham	Liberty	4.90m (16' 0.75")	2013
	Ken Ritchey	Liberty	4.90m (16' 0.75")	2015
Long Jump	Aklesso Agama	Liberty	7.32m (24' 0.25")	2015
Triple Jump	Ryan Satchell	Virginia	15.71m (51' 6.5")	2014
Shot Put	Jordan Young	Virginia	18.64m (61' 2")	2015
Discus Throw	Filip Mihaljevic	Virginia	60.11m (197' 2")	2014
Hammer Throw	Ryan Smith	Liberty	54.75m (179' 7")	2013
Javelin Throw	Steve Feister	Liberty	67.65m (221' 11")	2015



VIRGINIA GRAND PRIX RECORDS

VIRGINIA GRAND PRIX WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Kate Hall	Georgia	11.36	2017
200 meters	Paris Daniels	USA	23.18	2014
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Hanna Green	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Tara Jameson	Iona	33:38.50	2016
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Walker, Barnes, Hannan, Cavin	Ohio State	3:34.00	2015
High Jump	Moira Cronin/Madeline Fagan	Virginia/Georgia	1.83m (6' 0")	2013/2017
Pole Vault	Bridge Guy	Virginia	4.46m (14' 7.5")	2018
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Nikki Okwelogu	Harvard	16.78m (55' 0.75")	2015
Discus Throw	Katelyn Daniels	Michigan State	56.04m (183' 10")	2015
Hammer Throw	Jillian Weir	Canada	66.13m (216' 11")	2017
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

VIRGINIA GRAND PRIX MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Mark Jelks	USA	10.20	2014
200 meters	Segun Makinde	Ottawa	20.56	2014
	Rondell Sorrillo	Nike	20.56	2016
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
5,000 meters	Chartt Miller	Iona	13:49.60	2017
10,000 meters	Arsene Guillorel	Samford	29:00.69	2018
110-meter hurdles	Vincent Wyatt	Radford	13.65	2014
400-meter hurdles	Bershawn Jackson	USA	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Moffett, Smith, Chisena, Kowalchuk	Penn State	39.49	2017
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Ryan Lockard	Minnesota	2.20m (7' 2.5")	2016
Pole Vault	Noah Gary	Michigan State	5.35m (17-6.5)	2017
Long Jump	Luca Wieland	Minnesota	7.91m (25' 11.5")	2016
Triple Jump	Olu Olamigoke	Nigeria	16.73m (54' 10.75")	2014
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Eshan Hadadi	Iran	64.01m (210' 0")	2013
Hammer Throw	Sean Donnelly	Minnesota	73.31m (240' 6")	2016
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Tim Ehrhardt	Michigan State	8,044 points	2018