

**PANORAMA
FARMS**



**XC 23
Invitational**

Oct. 15, 2021

◆ **Final Meet Notes** ◆

Contact Information

All meet related communication should be directed to UVATRackmeets@gmail.com or Carter Olander at carterolander@virginia.edu.

Races

Men's 8k - 10:00 AM

Women's 5k - 10:50 AM

Competing Teams

University of Pennsylvania (Men), Eastern Kentucky University, Yale University, Norfolk State University, College of William & Mary, George Washington University, University of Miami, University of Loyola (Md.), University of Virginia, Virginia Commonwealth University

Packet Pick-Up

Each team will be issued a team packet containing course maps, competitor bibs, pins, team roster, and timing chips. Packet pick-up will be located at the media tent adjacent to the team tent area the day of the meet.

Team Camps / Restrooms

Team camps may be set up in the designated team camp area located between the start and finish line. Please reference the map below which illustrates where team camps may be set up. Portable restrooms will be provided in this area.

Results

For live results, visit www.flashresults.com

Parking / Spectators

Parking for buses and team vans will be available at the entrance to the course. RMC event staff members will be on-site to direct drivers. Spectators will be allowed entrance to Panorama Farms. Please follow instructions from a RMC event staff member on where to park. In order to help with traffic flow, please enter Panorama Road from the North.

Inclement Weather Procedures

In the event of inclement weather, teams will be instructed to exit the course and proceed to their team vehicles / buses.

Athlete Check-In

- All competitors should report to the start line 15 minutes prior to the start of their respective race.
- Chips, bibs, and uniforms will be inspected on the starting line.

Sports Medicine / COVID-19 Protocols

All coaches, staff, and non-competing athletes are required to wear a face covering at all times if unvaccinated. All competing athletes are required to wear a face covering if unvaccinated except during the portions of warm-up where it would be prohibitive and during actual competition. Physical distancing of six feet should be observed as much as possible.

The sports medicine tent will be located adjacent to the shed perpendicular to the finish line. Please contact the following with questions regarding medical care or training room issues.

Mark Hinton
mahinton@virginia.edu
(479) 249-5487

Kat Barnes
kcb3vw@virginia.edu
(434) 906-0519

PANORAMA FARMS

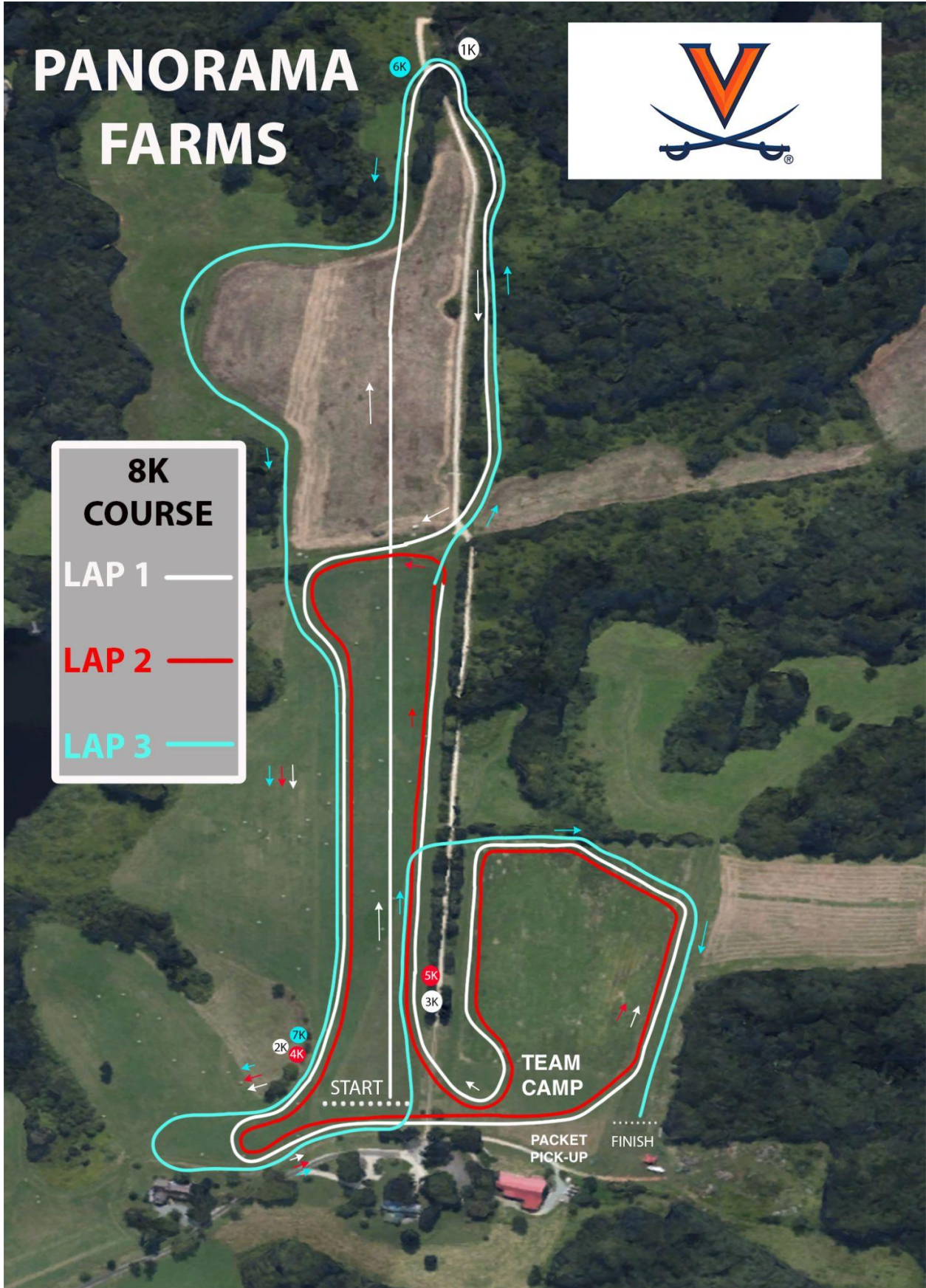


8K COURSE

LAP 1 ———

LAP 2 ———

LAP 3 ———



PANORAMA FARMS



**5K
COURSE**

LAP 1 —

LAP 2 —

