

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****Women 60 Meter Dash**

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Facility: $ 7.18 1/20/2013 Barbara Pierre /Kayla White, Una
College: ! 7.31 2/16/2019 Kiara Grant, Norfolk State
Meet: % 7.31 B. Norman/K.Grant, Unattached/No
Name Year School Prelims H#
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Preliminaries

Name	Year	School	Prelims	H#
1 Lazare, Calene		Coker	7.61Q	2
2 Foxx, Hannah		Unattached	7.78Q	4
3 Gamble, Katelyn		Wash & Lee	7.79Q	1 7.789
4 Kone, Emmanuella		Lenoir-Rhyne	7.87Q	5
5 Brooks, Mariah		NC Wesleyan	7.88Q	3
6 Kamara, Lu		Campbell	7.79q	2 7.782
7 Sheffield, Brynn		Uncw	7.79q	4 7.787
8 Wilcox, Meghan		Elon	7.83q	2
9 Coleman, Adalia		Bridgewater (Va.)	7.89	5
10 Williams, A'Maya		Unattached	8.00	1
11 Barnett, Makenna		Unattached	8.01	3
12 Hooker, Kacee		Bridgewater (Va.)	8.05	2
13 Hall, Zaria		Lenoir-Rhyne	8.11	3
14 Moses, Justyce		Wingate	8.19	1
15 Dyer, Danielle		Elon	8.27	4
16 Robinson, Tori		Wingate	8.36	4 8.351
17 Butkovich, Brenna		Queens (Nc)	8.36	5 8.354
18 Hamlin, Haleigh		Bridgewater (Va.)	8.37	5
19 English, Ayanna		Coker	8.41	2 8.401
20 Edouard, Emilie		Wingate	8.41	4 8.403
21 Lottimore, Syriah		Coker	8.43	1
22 Winterton, Makinna		Southern Virginia	8.44	5
23 Jackson, Alera		Coker	8.54	3
24 D'Ambrosia, Ashley		Wash & Lee	8.59	3
25 Boyd, Alexis		Pfeiffer	8.63	5
26 Richardson, Ariana		Lenoir-Rhyne	8.66	5
27 Rudd, Jordan		Wingate	8.71	1
28 Lindsay, Jamiya		Wingate	8.77	1
29 Shrader, Morgan		Pfeiffer	8.80	4
30 Beverley, Airiana		Ferrum	8.83	2
31 Jones, Chloe		Emory & Henry	8.88	4
32 Perry, Valentia		Emory & Henry	8.92	2
33 Markins, Alyssa		Pfeiffer	8.95	1
34 Diaz, Michelle		Emory & Henry	9.09	5
35 Yates, Tejah		Ferrum	9.43	3
36 Davis, Christina		Unc-Greensboro	9.60	3

Women 60 Meter Dash

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=====
Facility: $ 7.18 1/20/2013 Barbara Pierre /Kayla White,
College: ! 7.31 2/16/2019 Kiara Grant, Norfolk State
Meet: % 7.31 B. Norman/K.Grant, Unattached
Name Year School Finals
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Finals

Name	Year	School	Finals
1 Gamble, Katelyn		Wash & Lee	7.63
2 Lazare, Calene		Coker	7.68
3 Wilcox, Meghan		Elon	7.71
4 Sheffield, Brynn		Uncw	7.75

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women 60 Meter Dash**

5	Kamara, Lu	Campbell	7.81
6	Foxx, Hannah	Unattached	7.82
7	Kone, Emmanuella	Lenoir-Rhyne	7.88
8	Brooks, Mariah	NC Wesleyan	7.92

Women 200 Meter Dash

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 Facility: \$ 23.80 3/15/2014 Danielle Williams, Johnson C Smi
 College: ! 23.80 3/15/2014 Danielle Williams, Johnson C Smi
 Meet: % 24.08 2016 Anna Cockrell, Unattached
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Name	Year	School	Finals	H#
1	Foxx, Hannah	Unattached	25.05	1
2	Lazare, Calene	Coker	25.11	2
3	Bolden, Leah	High Point	25.53	1
4	Wilcox, Meghan	Elon	25.69	2
5	Coleman, Adalia	Bridgewater (Va.)	25.99	1
6	Kone, Emmanuella	Lenoir-Rhyne	26.10	3
7	Brooks, Mariah	NC Wesleyan	26.19	3
8	Hooker, Kacee	Bridgewater (Va.)	26.34	1
9	White, Naiobi	Wingate	26.49	5
10	Kinoshita, Abigail	Southern Virginia	26.52	3
11	Heinbaugh, Amelia	Elon	26.80	4
12	Espinoza, Araceli	Lenoir-Rhyne	27.15	5
13	Dyer, Danielle	Elon	27.23	6
14	Palethorpe, Jordynn	Wash & Lee	27.44	5
15	Robinson, Tori	Wingate	27.51	4
16	Exum, Nya	Coker	27.52	6
17	Birle, Susannah	Wash & Lee	27.61	5
18	Hairston, Jordan	Ferrum	28.24	7
19	Heward, Riley	Southern Virginia	28.26	8
20	Bellamy, Teanna	NC Wesleyan	28.60	6
21	Winterton, Makinna	Southern Virginia	28.75	8
22	Diaz, Michelle	Emory & Henry	28.81	8
23	Butkovich, Brenna	Queens (Nc)	28.89	9
24	Parker, Addie	Southern Virginia	29.01	8
25	Oliver, Cassidy	Bridgewater (Va.)	29.05	3
26	Rudd, Jordan	Wingate	29.17	10
27	Perry, Valentia	Emory & Henry	29.60	9
28	Hamlin, Haleigh	Bridgewater (Va.)	29.96	7
29	Jones, Chloe	Emory & Henry	30.13	10
30	Blodgett, Emma	Southern Virginia	30.27	9
31	Pridgen, Naomi	Unc-Greensboro	32.17	7
32	Yates, Tejah	Ferrum	32.28	10
33	McMasters, Madison	Unc-Greensboro	32.93	7
--	Williams, A'Maya	Unattached	FS	2

Women 400 Meter Dash

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 Facility: \$ 52.96 1/26/2019 Kayla Davis, Unattached
 College: ! 53.90 3/15/2014 Kayon Robinson, Adams State
 Meet: % 55.21 2016 Kiara Porter, Unattached
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Name	Year	School	Finals	H#
1	Jons, Piper	Elon	57.26	1

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women 400 Meter Dash**

2 Barrows, Aliya	Elon	57.88	1
3 Craig, Abi	High Point	58.57	1
4 Heath, Abby	Wingate	1:00.27	1
5 Bradsher, Catherine	Wingate	1:01.00	2
6 Kozlova, Anna	Elon	1:01.40	3
7 Palethorpe, Jordynn	Wash & Lee	1:01.86	2
8 Filley, Eleni	Wash & Lee	1:02.39	4
9 Espinoza, Araceli	Lenoir-Rhyne	1:02.76	2
10 Harding-Delooze, Lily	Wake Forest	1:02.79	4
11 Ingram, Destiny	Coker	1:03.20	3
12 Romano, Amanda	Wash & Lee	1:03.46	4
13 White, Naiobi	Wingate	1:03.77	4
14 Hairston, Jordan	Ferrum	1:03.86	4
15 Pierce, Brooklyn	Wingate	1:04.39	2
16 Forrester, Stephani	Coker	1:05.11	3
17 Diaz, Michelle	Emory & Henry	1:05.76	6
18 Chapin, Savanna	Southern Virginia	1:05.85	5
19 Torres, Folole	Southern Virginia	1:06.25	5
20 Dalebout, Lilly	Southern Virginia	1:06.54	5
21 Rocha, Jensen	Wash & Lee	1:06.60	3
22 Bradshaw, Kamryn	Southern Virginia	1:06.76	5
23 Angell, Jacie	Southern Virginia	1:06.78	5
24 Willingham, Lauren	Elon	1:07.13	6
25 Oliver, Cassidy	Bridgewater (Va.)	1:07.72	2
26 Jones, Chloe	Emory & Henry	1:10.29	6
27 Brousseau, Madison	Hollins	1:11.47	6
28 Ojeda, Stephanie	Ferrum	1:16.03	6

Women 800 Meter Run

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 Facility: \$ 1:59.26 2/2/2019 Ajee' Wilson, adidas
 College: ! 2:03.31 2/4/2017 Hanna Green, Virginia Tech
 Meet: % 2:09.80 2019 Emma Kuntz, Furman

Name	Year	School	Finals	H#
1 McAndrew, Kate		Richmond	2:12.29	1
2 Smither, Kendra		Richmond	2:14.30	1
3 Fuller, Breila		Davidson	2:15.57	1
4 Wild, Evie		Queens (Nc)	2:19.44	1
5 Alps, Emily		Elon	2:21.33	2
6 Mannes, Sabrina		Elon	2:21.37	2
7 Sakoutis, Arianna		Elon	2:22.33	2
8 Pinkerton, Abbey		Wash & Lee	2:22.88	2
9 Whitworth, Frances		Davidson	2:24.24	2
10 Silva, Molly		Lynchburg	2:25.82	2
11 Preziotti, Alex		Wash & Lee	2:26.85	3
12 Hodgson, Alison		Elon	2:27.33	3
13 Moloney, Hannah		Queens (Nc)	2:27.46	2
14 Darce, Isabella		Davidson	2:28.20	4
15 Kozlowski, Haleigh		Lynchburg	2:29.08	4
16 Hood, Maddi		Flagler	2:29.14	3
17 Thomson, Ashleigh		Wingate	2:29.29	3
18 Schulz, Erica		Lenoir-Rhyne	2:30.95	4
19 Peele, Madison		Flagler	2:31.36	3
20 Becker, Emilee		Wash & Lee	2:31.57	4

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women 800 Meter Run**

21 Hood, Sophia	Davidson	2:32.85	1
22 Stanley, Kyra	Wingate	2:33.46	4
23 Hollen, Sarah	Wash & Lee	2:33.46	2
24 Santeufemio, Isabella	Flagler	2:34.15	5
25 Pineiro, Genesis	Ferrum	2:34.45	3
26 Bradshaw, Kamryn	Southern Virginia	2:34.83	5
27 Ramsden, Angela	Lynchburg	2:35.57	3
28 Laine, Abigail	Lynchburg	2:35.95	4
29 Torres, Folole	Southern Virginia	2:36.27	4
30 Chapin, Savanna	Southern Virginia	2:37.44	3
31 Mitchell, Emma	Wash & Lee	2:38.15	5
32 Migliaccio, Tara	Wingate	2:39.35	4
33 McManus, Pierson	Lenoir-Rhyne	2:39.78	5
34 Cullins, Jasmine	Unc-Greensboro	2:39.79	4
35 Welborn, Micah	Pfeiffer	2:40.29	5
36 Carter, Grace	Bridgewater (Va.)	2:42.65	5
37 Manning, Emily	Flagler	2:43.37	5
38 Fox, Rebecca	Lenoir-Rhyne	2:45.33	6
39 Bishop, Madeline	Emory & Henry	2:45.39	5
40 Rodriguez, Madeline	Flagler	2:46.48	6
41 Hinz, Lesley	Unattached	2:48.35	6
42 Holdren, Julia	Lenoir-Rhyne	2:48.74	6
43 Cann, Catherine	Coker	2:51.80	5
44 Voss, Kaitlyn	Pfeiffer	2:53.34	6
45 McGovern, Abigail	Ferrum	2:53.49	6
46 Spincahe, Snejana	NC Wesleyan	3:00.54	3
47 Marotta, Taylor	Coker	3:00.88	6
48 Skeen, Angel	Pfeiffer	3:24.26	6
49 Vasquez, Escarlen	Ferrum	3:24.92	6

Women 1 Mile Run

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 Facility: \$ 4:22.66 1/31/2015 Shannon Rowbury, Nike Oregon P
 College: ! 4:36.10 2/18/2017 Grace Barnett, Clemson
 Meet: % 4:36.10 2017 Grace Barnett, Clemson

Name	Year School	Finals	H#
1 Rapley, Meg	Wingate	4:57.20	1
2 Miller, Hannah	Elon	4:57.35	1
3 Zealand, Allie	Unattached	4:57.54	1
4 Torras, Anna	Wingate	5:01.24	1
5 Evans, Georgia	Wake Forest	5:02.77	1
6 Lair, Stephanie	Elon	5:03.81	2
7 Garcia, Ariana	Unc-Greensboro	5:04.26	2
8 Scott, Mollie	Wingate	5:08.21	1
9 Preeo, Hannah	Elon	5:08.47	1
10 Gordon, Ava	Unattached	5:08.93	1
11 Dahlberg, Kylie	Lenoir-Rhyne	5:09.27	1
12 Redd, Bayleigh	Southern Virginia	5:12.20	2
13 Barton, Caroline	Unattached	5:12.74	2
14 Mense, Tatjana	Wingate	5:13.82	1
15 Watts, Sarah	Queens (Nc)	5:13.88	2
16 Bjerkness, Adie	Lenoir-Rhyne	5:14.24	2
17 Woltjen, Alexa	Uncw	5:14.27	2
18 Hobbs, Kendall	Uncw	5:15.72	2

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women 1 Mile Run**

19 Dell, Allison	Lynchburg	5:16.94	2
20 Kempf, Marissa	Flagler	5:17.43	2
21 James, Sarah	Lynchburg	5:19.72	2
22 Packer, Christa	Lynchburg	5:20.96	3
23 Kessler, Elizabeth	Lenoir-Rhyne	5:21.35	3
24 Quinn, Madeline	High Point	5:22.48	3
25 Deeds, Alyssa	High Point	5:25.93	2
26 Boehm, Alli	Wake Forest	5:26.60	2
27 Ewald, Paige	Lenoir-Rhyne	5:26.89	3
28 Kemp, Mimi	Wash & Lee	5:27.88	3
29 Young, Mackenzie	Bridgewater (Va.)	5:31.93	3
30 Willie, Sasha	Southern Virginia	5:33.28	3
31 Dalebout, Lilly	Southern Virginia	5:34.72	3
32 Clodgo, Kristen	Wash & Lee	5:39.02	3
33 Angell, Jacie	Southern Virginia	5:44.14	3
34 McManus, Pierson	Lenoir-Rhyne	5:44.31	3
35 Vera, Adia	Wash & Lee	5:45.31	3
36 Higgins, Julianna	High Point	5:50.20	3
37 Fowler, Lilly	High Point	5:55.15	3
-- McCaslin, Chandler	Unc-Greensboro	DNF	2
-- Pierce, Brooklyn	Wingate	DNF	1
-- Soukup, Shay	Unc-Greensboro	DNF	2
-- Scott, Amber	Wingate	DNF	1

Women 3000 Meter Run

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 Facility: \$ 8:51.49 2/8/2020 Jenny Simpson, New Balance
 College: ! 8:59.96 2/5/2022 Kelsey Chmiel, NC State
 Meet: % 9:15.07 2019 Caroline Alcorta, Villanova
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Name	Year School	Finals	H#
1 Millenaar, Carolien	Unattached	9:46.71	1
2 Rehm, Madeline	Wake Forest	9:49.89	1
3 Gordon, Ava	Unattached	9:55.82	1
4 Walters, Leigh	Unattached	10:02.37	1
5 Kopchak, Rylee	Wake Forest	10:12.00	1
6 Lagunas, Kelsey	Lynchburg	10:29.34	1
7 Kubai, Monika	Flagler	10:29.41	1
8 Hobbs, Kendall	Uncw	10:30.37	1
9 Mescal, Jessie	Flagler	10:30.92	1
10 Savel, Enola	Flagler	10:32.07	1
11 Churchill, Megan	Flagler	10:33.05	2
12 Clay, Zoe	Wake Forest	10:38.57	1
13 Massey, Lauren	Lynchburg	10:40.43	1
14 Burnett, Stephanie	Lynchburg	10:43.22	2
15 Ritter, Anna	High Point	10:43.34	2
16 Thomson, Ashleigh	Wingate	10:46.65	2
17 Vesely, Teresa	Lenoir-Rhyne	10:52.76	2
18 Lowery, Madison	Catawba	11:02.20	2
19 Widmann, Chloe	Queens (Nc)	11:12.25	2
20 Zarzyski, Madelyne	Queens (Nc)	11:13.66	2
21 Hollar, Kaitlyn	Wash & Lee	11:28.80	2
22 Jeske, Abby	Wingate	11:29.07	2
23 Larkin, Katie	Wash & Lee	11:32.06	2
24 Brown, Jav	Wash & Lee	11:49.55	2

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women 3000 Meter Run**

25	McHone, Annalyse	Emory & Henry	11:57.49	2
26	Hatch, Bri	Wash & Lee	12:04.48	2

Women 5000 Meter Run

Facility: \$ 15:41.63 12/3/2018 Elly Henes, NC State
 College: ! 15:41.63 12/3/2018 Elly Henes, NC State
 Meet: % 15:43.84 2018 Elly Henes, NC State

Name	Year	School	Finals
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1	Todd, Carolyn	Wash & Lee	18:48.70
2	Ribbink, Kira	Queens (Nc)	19:12.35
3	Stolarczyk, Nadya	Queens (Nc)	19:27.83
--	Byrd, Chloe	Uncw	DNF

Women 60 Meter Hurdles

Facility: \$ 7.95 2016 S. Nelvis/B. Rollins, adidas/Nik
 College: ! 8.12 3/15/2014 Danielle Williams, Johnson C Smi
 Meet: % 8.11 2016 Danielle Williams, Unattached

Name	Year	School	Prelims	H#
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Preliminaries

1	Sandy, Alyssa	Elon	8.71Q	1
2	Barnett, Makenna	Unattached	9.10Q	2
3	Venable, Madelyn	Wash & Lee	9.59q	2
4	LaPlante, Emily	Unattached	9.71q	2 9.702
5	Raleigh, Aaliyah	Unattached	9.71q	1 9.706
6	Romano, Amanda	Wash & Lee	9.72q	1
7	Thurgood, Hollie	Elon	9.78q	1
8	Williams, Arianna	Coker	9.99q	1
9	Heward, Riley	Southern Virginia	10.11	2
10	Tulenko, Paige	Wash & Lee	10.41	1
11	Hurst, Anna	Wash & Lee	10.48	2
12	Perry, Valentia	Emory & Henry	11.98	2
--	Smith, Destiny	Uncw	DNF	1

Women 60 Meter Hurdles

Facility: \$ 7.95 2016 S. Nelvis/B. Rollins, adidas/
 College: ! 8.12 3/15/2014 Danielle Williams, Johnson C
 Meet: % 8.11 2016 Danielle Williams, Unattached

Name	Year	School	Finals
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Finals

1	Sandy, Alyssa	Elon	8.65
2	Barnett, Makenna	Unattached	8.95
3	Venable, Madelyn	Wash & Lee	9.57
4	Raleigh, Aaliyah	Unattached	9.61
5	Romano, Amanda	Wash & Lee	9.70
6	LaPlante, Emily	Unattached	9.78
7	Thurgood, Hollie	Elon	9.83
8	Williams, Arianna	Coker	10.13

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****Women High Jump**

Facility: \$ 1.92m 2/7/2020		Erika Kinsey, Puma	
College: ! 1.88m 3/15/2014		Barbara Szabo, Western State	
Meet: % 1.82m 2020		Nicole Greene, Unattached	
Name	Year School	Finals	
1 Smith, Rebekah	Uncw	1.60m	
1.45 1.50 1.55 1.60 1.65			
PPP O O O XXX			
2 McLaughlin, Tiffany	Hollins	J1.60m	
1.45 1.50 1.55 1.60 1.65			
O O O XO XXX			
3 Norr, Madeline	Uncw	J1.60m	
1.45 1.50 1.55 1.60 1.65			
PPP PPP O XXO XXX			
3 Ryan, Gabrielle	Uncw	J1.60m	
1.45 1.50 1.55 1.60 1.65			
PPP PPP XO XXO XXX			
5 Gayton, Destiny	Lenoir-Rhyne	1.55m	
1.45 1.50 1.55 1.60			
O XO O XXX			
5 Crompton, Lexi	High Point	1.55m	
1.45 1.50 1.55 1.60			
PPP XO O XXX			
7 Thurgood, Hollie	Elon	1.50m	
1.45 1.50 1.55			
O O XXX			
7 Taylor, Lauryn	Uncw	1.50m	
1.45 1.50 1.55			
PPP O XXX			
9 Heifner, Sydney	Wash & Lee	J1.50m	
1.45 1.50 1.55			
O XO XXX			
10 Hertzberg, Elizabeth	Wash & Lee	1.45m	
1.45 1.50			
XO XXX			
-- Moore, Kiara	Lenoir-Rhyne	NH	
1.45			
XXX			
-- Wolf, Lilly	High Point	NH	
1.45			
XXX			

Women Pole Vault

Facility: \$ 4.61m 1/30/2016		Katie Nageotte, Unattached	
College: ! 4.40m 1/29/2016		Megan Clark, Duke	
Meet: % 4.10m		4 athletes	
Name	Year School	Finals	
1 Knight, Sommer	East Carolina	4.16m%	
3.00 3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.16 4.26			
PPP PPP PPP PPP PPP PPP O O XO XXX			
2 Brown, Sandra	Unattached	3.90m	
3.00 3.15 3.30 3.45 3.60 3.75 3.90 4.05			
PPP PPP PPP PPP O XXO XO XXX			

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women Pole Vault**

3	George, Madison	Elon	3.75m
	3.00 3.15 3.30 3.45 3.60 3.75 3.90		
	PPP PPP PPP PPP XO XO XXX		
4	Burkholder, Meghan	Davidson	3.60m
	3.00 3.15 3.30 3.45 3.60 3.75		
	PPP PPP PPP XO XO XXX		
5	Yu, Katie	Unattached	3.30m
	3.00 3.15 3.30 3.45		
	O O O XXX		
5	Hehmeyer, Blythe	Elon	3.30m
	3.00 3.15 3.30 3.45		
	PPP O O XXX		
7	Anderson, Jessica	Elon	J3.30m
	3.00 3.15 3.30 3.45		
	PPP XO XXO XXX		
8	Roeder, Elaina	Wake Forest	3.15m
	3.00 3.15 3.30		
	PPP O XXX		
9	Jones, Murfee	Wash & Lee	3.00m
	3.00 3.15		
	XO XXX		
9	D'Ambrosia, Ashley	Wash & Lee	3.00m
	3.00 3.15		
	XO XXX		
--	Akers, Kelly	Bridgewater (Va.)	NH
	3.00		
	XXX		
--	Prevette, Peggy	Queens (Nc)	NH
	3.00		
	XXX		
--	Hill, Ana	Unattached	NH
	3.00		
	XXX		

Women Long Jump

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 Facility: \$ 6.40m 2/22/2020 Aliyah Whisby, Unattached
 College: ! 6.25m 2/11/2020 Monae Nichols, Bethune-Cookman
 Meet: % 6.40m 2020 Aliyah Whisby, Unattached

Name	Year	School	Finals	H#
1 Ryan, Gabrielle		Uncw	5.45m	2
		FOUL 5.44m FOUL 5.45m FOUL FOUL		
2 Tudor, Alexandra		Elon	5.35m	2
		5.32m 5.28m 5.35m 4.86m 5.26m FOUL		
3 Mark, Alexa		Elon	5.17m	2
		4.92m 5.01m 4.92m 4.67m 5.17m 4.31m		
4 Daehler, Valerie		Wingate	5.08m	1
		4.88m 5.02m 5.05m 5.07m FOUL 5.08m		
5 Kinoshita, Abigail		Southern Virginia	5.04m	2
		4.94m 4.82m 4.97m 4.84m 5.04m FOUL		
6 Sorrells, Ennessey		Wingate	4.97m	2
		4.91m FOUL 4.97m 4.92m FOUL FOUL		
7 Price, Shacoya		Queens (Nc)	4.94m	2
		4.59m 3.25m 4.94m 4.75m 4.81m FOUL		

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women Long Jump**

8	Stauffer, Jael	Coker	4.93m	1
	4.85m 4.61m 4.44m 4.89m 4.83m 4.93m			
9	Thurgood, Hollie	Elon	4.91m	2
	4.91m 4.91m PASS 4.79m PASS PASS			
10	Hall, Zaria	Lenoir-Rhyne	4.82m	1
	4.82m PASS PASS			
10	LaPlante, Emily	Unattached	4.82m	2
	4.82m 4.77m FOUL			
12	Devraj, Bella	Wash & Lee	4.59m	1
	4.43m 4.59m FOUL			
13	Longood, Parker	Wash & Lee	4.53m	2
	4.53m 4.41m FOUL			
14	Walton, Lauren	Wingate	4.45m	1
	4.45m 4.38m 3.95m			
15	McLaughlin, Tiffany	Hollins	4.39m	1
	4.23m 4.39m 4.22m			
16	Brown, J'Quaycia	Bridgewater (Va.)	4.37m	1
	4.21m 4.37m 4.20m			
17	Beverley, Airiana	Ferrum	4.30m	1
	4.30m 4.05m 4.07m			
18	Hamlin, Haleigh	Bridgewater (Va.)	4.26m	1
	4.05m 4.20m 4.26m			
19	Scott, Savannah	Hollins	3.97m	1
	3.89m 3.97m 3.62m			
20	Williams, Dymond	Hollins	3.96m	1
	3.96m 3.66m 3.93m			
--	Venable, Madelyn	Wash & Lee	FOUL	2
	FOUL FOUL FOUL			

Women Triple Jump

Facility: \$ 13.08m 2/2/2019 Imani Oliver, Unattached
 College: ! 13.01m 3/15/2014 Kearah Danville, Angelo Stat
 Meet: % 12.37m 2018 Peighton Simmons, North Caro

Name	Year	School	Finals
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1	Daehler, Valerie	Wingate	10.99m
	FOUL 10.76m FOUL FOUL 10.99m FOUL		
2	Pringle, Jordan	High Point	10.96m
	FOUL 10.96m 10.83m FOUL FOUL FOUL		
3	Welsing, Melanie	Queens (Nc)	10.79m
	10.68m 10.79m PASS PASS PASS PASS		
4	Gray, Kyla	Bridgewater (Va.)	10.65m
	10.65m 10.17m 10.06m 10.05m 10.20m FOUL		
5	Walliker, Lucy	Queens (Nc)	10.33m
	9.98m 10.33m 9.67m PASS PASS PASS		
6	Hertzberg, Elizabeth	Wash & Lee	9.98m
	9.98m 9.94m 9.72m 9.76m 9.73m 9.82m		
7	Brown, J'Quaycia	Bridgewater (Va.)	9.86m
	9.85m 9.70m 9.33m 9.86m 9.72m 9.60m		
8	Oliver, Cassidy	Bridgewater (Va.)	9.83m
	9.82m 9.76m 9.51m 9.73m 9.78m 9.83m		
9	Price, Shacoya	Queens (Nc)	9.80m
	9.50m 9.80m 9.71m PASS PASS PASS		

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women Triple Jump**

10	Walton, Lauren	Wingate	9.71m
	FOUL 9.71m 9.61m		
11	McKinzie, Gabrielle	Wingate	9.37m
	FOUL 9.20m 9.37m		
12	Espinoza, Araceli	Lenoir-Rhyne	9.13m
	9.13m PASS PASS		
--	Longood, Parker	Wash & Lee	FOUL
	FOUL PASS PASS		
--	Williams, Dymond	Hollins	FOUL
	FOUL FOUL PASS		
--	Scott, Savannah	Hollins	FOUL
	FOUL FOUL FOUL		

Women Shot Put

=====
 Facility: \$ 17.84m 2/8/2020 Raven Saunders, Nike
 College: ! 16.29m 3/5/2016 Portious Warren, Central Arizon
 Meet: % 16.80m 2017 Amber Monroe, Unattached
 =====

Name	Year	School	Finals	H#
1 Dawson, Chanel		Wake Forest	14.30m	2
	13.72m 14.30m	FOUL FOUL FOUL FOUL		
2 Carlton, Lauryn		Elon	13.41m	2
	FOUL FOUL 13.13m	FOUL 13.41m FOUL		
3 Marsico, Letizia		High Point	13.37m	2
	12.15m FOUL FOUL 13.37m	FOUL FOUL		
4 Crawford, Danielle		Wingate	13.19m	2
	13.08m 13.06m 12.77m 12.16m 12.73m 13.19m			
5 Betts, Liana		High Point	11.78m	2
	11.39m FOUL 11.78m FOUL 11.25m 11.57m			
6 Wolf, Lilly		High Point	11.59m	2
	11.48m 10.42m 11.51m 10.62m 11.59m 10.77m			
7 Thurgood, Hollie		Elon	11.05m	1
	FOUL FOUL 11.05m 10.16m 10.32m 10.63m			
8 Zunk, Quinlin		Wash & Lee	10.23m	2
	9.29m 10.23m 8.95m FOUL 9.82m 9.40m			
9 Nippa, Savannah		Lenoir-Rhyne	10.07m	1
	9.63m 10.07m 9.73m 9.52m FOUL 9.39m			
10 Word, Avery		Emory & Henry	9.78m	1
	9.52m 9.41m 9.78m			
11 Crompton, Lexi		High Point	9.71m	2
	8.22m 9.71m 9.49m			
12 Bartlett, Summer		Wingate	9.69m	2
	9.69m 9.03m 7.83m			
13 Thomas, Aaliyah		Pfeiffer	9.60m	1
	FOUL FOUL 9.60m			
14 May, Lexie		Wingate	9.43m	2
	FOUL FOUL 9.43m			
15 Kloster, Olivia		Bridgewater (Va.)	9.36m	2
	8.95m 9.36m 9.28m			
16 Brown, Emerson		Lenoir-Rhyne	9.32m	1
	9.05m 8.99m 9.32m			
17 Jones, Elizabeth		Pfeiffer	8.94m	1
	8.94m FOUL 6.89m			

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Women Shot Put**

18	Wilson, Jade	Guilford	8.64m	1
	8.49m 8.04m 8.64m			
19	Ford, Tonishea	Pfeiffer	6.86m	1
	FOUL FOUL 6.86m			
--	McGoogan, Kaitlin	Elon	FOUL	2
	FOUL FOUL FOUL			

Women Weight Throw

Facility: \$ 23.58m 1/29/2016 Amber Campbell, Unattached
 College: ! 21.18m 2/26/2017 Marthaline Cooper, Winthrop
 Meet: % 23.18m 2017 Amber Campbell, Unattached

Name	Year	School	Finals
1	McGoogan, Kaitlin	Elon	17.84m
	16.99m 17.84m FOUL FOUL FOUL FOUL		
2	Carlton, Lauryn	Elon	17.59m
	17.55m 17.59m 15.79m FOUL FOUL 17.40m		
3	Andreassen, Katrina	Wake Forest	15.62m
	15.62m FOUL FOUL 15.24m FOUL 15.59m		
4	Platt, Carly	Wingate	15.29m
	15.29m 14.96m 14.80m 14.29m FOUL FOUL		
5	Strazdite, Kristine	Elon	15.28m
	15.07m 14.91m 14.92m 15.08m FOUL 15.28m		
6	Kloster, Olivia	Bridgewater (Va.)	12.03m
	12.03m 11.15m FOUL FOUL 11.19m 11.55m		
7	May, Lexie	Wingate	11.86m
	FOUL 11.04m 10.91m 11.86m 11.15m 11.22m		
8	Nippa, Savannah	Lenoir-Rhyne	11.22m
	11.22m FOUL 11.11m 10.88m 11.09m FOUL		
9	Bartlett, Summer	Wingate	10.67m
	10.67m 10.46m 10.61m 9.65m 9.85m FOUL		
10	Stancell, Alex	Pfeiffer	10.61m
	9.84m 10.08m 10.61m		
11	Shumate-Sutphin, Emma	Pfeiffer	10.25m
	8.49m 10.25m 9.83m		
12	Brown, Emerson	Lenoir-Rhyne	9.81m
	9.81m 8.70m 9.01m		
--	Word, Avery	Emory & Henry	FOUL
	FOUL FOUL FOUL		
--	Alexander, Daijah Lynn	Pfeiffer	FOUL
	FOUL FOUL FOUL		

Women Distance Medley Elite

Facility: \$ 11:04.23 2/15/2019 , Arkansas
 Gregory, Burks Magee, Byrnes, Werner
 College: ! 11:04.23 2/15/2019 , Arkansas
 Gregory, Burks Magee, Byrnes, Werner
 Meet: % 11:04.23 2018 , Arkansas
 Gregory, Burks Magee, Byrnes, Werner

School	Finals	H#
1 Va Tech 'A'	11:00.20\$	2
1) Torino, Leigha	2) Price, Star	

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****....Women Distance Medley Elite**

3) Ballowe, Hannah	4) Butler, Lindsey		
2 Washington 'A'		11:04.73	1
1) Heisterman, Madison	2) Thomas, Carley		
3) Gibson, Anna	4) Schadler, Allie		
3 NC State 'A'		11:05.85	1
1) Bush, Samantha	2) Griffin, Jada		
3) Vess, Anna	4) Shaw, Savannah		
4 Kentucky 'A'		11:05.86	1
1) Gearing, Jenna	2) Miles, Dajour		
3) Schwinghamer, Jenna	4) Herman, Tori		
5 Virginia 'A'		11:07.12	1
1) Appleton, Margot	2) Seaman, Jada		
3) Sabbakhan, Alahna	4) Barnett, Mia		
6 North Carolina 'A'		11:08.72	2
1) Hansen, Carlee	2) Hernandez, Alyssa		
3) Paige, Makayla	4) Parks, Taryn		
7 West Virginia 'A'		11:14.11	2
1) Jackson, Hayley	2) Williamson, Cassandra		
3) Keane, Jo-Lauren	4) McCabe, Ceili		
8 Vanderbilt 'A'		11:14.47	1
1) Jensen, Grace	2) Brown, Kaira		
3) Shelby, Taiya	4) Eck, Caroline		
9 Penn State 'A'		11:15.30	2
1) Ullom, Madaline	2) Goldstein, Zoey		
3) Tachinski, Victoria	4) Johnson, Allison		
10 Richmond 'A'		11:21.53	2
1) O'Connell, Kayla	2) Helbling, Rachel		
3) Fazio, Brooke	4) Stockman, Elizabeth		
11 Boston University 'A'		11:24.42	2
1) Convery, Meghan	2) Phillips, Noelani		
3) Bachmann, Madeline	4) Claeson, Andrea		
12 Wake Forest 'A'		11:41.23	1
1) Catsimanes, Hana	2) Giudice, Laura		
3) Hutchins, Aleeya	4) Curtis-Collins, Mackenna		
-- Unattached 'A'		DNF	2
-- New Balance 'A'		DNF	1

Women 800 Meter Run Seeded

=====
 Facility: \$ 1:59.26 2/2/2019 Ajee' Wilson, adidas
 College: ! 2:03.31 2/4/2017 Hanna Green, Virginia Tech
 Meet: % 2:09.80 2019 Emma Kuntz, Furman

Name	Year School	Finals
1 Galvydyte, Gabija	Oklahoma State	2:05.22%
2 Giesing, Isabella	Umass Lowell	2:05.78%
3 Jaworski, Brooke	Texas	2:06.66%
4 Tobias, Valery	Texas	2:06.67%
5 Thomas, Carley	Washington	2:07.10%
6 Heisterman, Madison	Washington	2:07.85% 2:07.844
7 Gibson, Anna	Washington	2:07.85% 2:07.845
8 Segrave, Hannah	New Balance	2:10.08

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****Women 1 Mile Run Seeded**

Facility: \$ 4:22.66 1/31/2015 Shannon Rowbury, Nike Orego
 College: ! 4:36.10 2/18/2017 Grace Barnett, Clemson
 Meet: % 4:36.10 2017 Grace Barnett, Clemson

Name	Year	School	Finals
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1	Ramsden, Maia	Harvard	4:39.27
2	Juul, Anna	Harvard	4:39.62
3	Goldstein, Abbe	New Mexico	4:42.27
4	Richards, Kaley	Umass Lowell	4:42.53
5	Thorner, Elise	New Mexico	4:43.01
6	Schadler, Allie	Washington	4:46.45
7	Menghini, Melissa	Missouri	4:52.86
8	Cohen, Adva	New Mexico	4:53.59
--	Mihas, Marianne	Harvard	DNF

Men 60 Meter Dash

Facility: \$ 6.61 2016 R Gittens/S McLean /J Mitchell,
 College: ! 6.62 3/5/2016 Keitavious Walter, Hinds CC
 Meet: % 6.70 2018 Daniel Estrada, Unattached

Name	Year	School	Prelims	H#
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Preliminaries

1	Nash, Gabe	Unattached	6.86Q	2
2	Rowe, Rodney	Usa	6.87Q	1
3	Bent, Andre	Campbell	6.99Q	4
4	Clark, Isaiah	Ferrum	7.02Q	5
5	Dirks, Keasean	Louisburg College	7.03Q	3
6	Clark, Jaden	Ferrum	7.12q	1
7	Bent, Cameron	Campbell	7.15q	3
8	Payne, Jordan	Lenoir-Rhyne	7.16q	2
9	Fauntleroy, Kennedy	Bridgewater (Va.)	7.20	1
10	alexander, trevel	Guilford	7.21	4
11	Clanton, Kyle	Bridgewater (Va.)	7.23	4 7.224
12	Ellerbe, Joshua	Ferrum	7.23	5 7.227
13	Nwaneri, Elvis	Southern Virginia	7.28	1
14	Campbell, Keyshawn	Pfeiffer	7.32	5
15	Sumner, Malekei	Lenoir-Rhyne	7.34	2
16	Jones-Benson, Tyrone	Unattached	7.35	4
17	Cobler, Bryce	Emory & Henry	7.42	3 7.414
18	Jones, Devin	Lenoir-Rhyne	7.42	3 7.420
19	Bey, Ky'Mani	Wingate	7.43	2
20	Nulty, Thomas	Wingate	7.44	2
21	hunter, Jamaal	Guilford	7.45	4 7.444
22	Reid, Dennis	Unattached	7.45	4 7.448
23	Bryant, D'Andre	Pfeiffer	7.54	5
24	Maung, Zin	Unc-Greensboro	7.56	5
25	Nicholas, Nakeem	Pfeiffer	7.58	4
26	Anderson, Christopher	Ferrum	7.64	2
27	Ross, Luis	NC Wesleyan	7.66	3 7.651
28	Williams, Khalid	Emory & Henry	7.66	4 7.656
29	Schofield, Raheem	Unattached	7.76	5
30	Tarver, Robert	Ferrum	8.00	1
31	Miguel, Bryce	Unattached	8.06	3
32	Williams-Mclaren, Kemar	Guilford	8.09	1

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Men 60 Meter Dash**

33 McArthur, Owen	Unc-Greensboro	8.12	5
34 Rice, Darren	Southern Virginia	9.14	5

Men 60 Meter Dash

=====
 Facility: \$ 6.61 2016 R Gittens/S McLean /J Mitchel
 College: ! 6.62 3/5/2016 Keitavious Walter, Hinds CC
 Meet: % 6.70 2018 Daniel Estrada, Unattached
 =====

Name	Year	School	Finals
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Finals

1 Nash, Gabe	Unattached	6.83
2 Bent, Andre	Campbell	6.89
3 Rowe, Rodney	Usa	6.94
4 Dirks, Keasean	Louisburg College	6.98
5 Bent, Cameron	Campbell	7.08
6 Clark, Isaiah	Ferrum	7.10
7 Clark, Jaden	Ferrum	7.12
8 Payne, Jordan	Lenoir-Rhyne	7.19

Men 200 Meter Dash

=====
 Facility: \$ 21.08 3/15/2014 Lamar Hargrove, Tiffin
 College: ! 21.08 3/15/2014 Lamar Hargrove, Tiffin
 Meet: % 21.58 2014 Anthony Bynum, Charlotte
 =====

Name	Year	School	Finals	H#
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1 Dirks, Keasean	Louisburg College	22.74	3
2 Clark, Isaiah	Ferrum	22.87	4
3 Hamm, Michael	Ferrum	22.98	2
4 Avalos, Kaegan	Bridgewater (Va.)	23.07	2
5 Clark, Jaden	Ferrum	23.11	3
6 Clanton, Kyle	Bridgewater (Va.)	23.18	4
7 Payne, Jordan	Lenoir-Rhyne	23.23	2
8 Campbell, Keyshawn	Pfeiffer	23.37	2 23.370
8 Schittenhelm, Mark	Queens (Nc)	23.37	5 23.370
10 Oglesby, Hayden	Emory & Henry	23.53	5
11 Brown, Tasker	Pfeiffer	23.54	2
12 Moon, Aaron	Bridgewater (Va.)	23.73	9
13 Yeboah, Zedrick	Emory & Henry	23.89	7
14 Colson, Tevin	Pfeiffer	23.90	4
15 Ellerbe, Joshua	Ferrum	24.04	3
16 Abdur-Rahim, Amir	Guilford	24.21	5
17 Cobler, Bryce	Emory & Henry	24.32	8
18 Jones, Devin	Lenoir-Rhyne	24.41	7
19 Sheets, Michael	Bridgewater (Va.)	24.43	10
20 Mcken, Shamar	Unattached	24.57	5
21 Nwaneri, Elvis	Southern Virginia	24.60	8
22 Nicholas, Nakeem	Pfeiffer	24.65	9
23 Williams, Khalid	Emory & Henry	24.77	8
24 hunter, Jamaal	Guilford	24.79	6
25 Schofield, Raheem	Unattached	24.96	6
26 Maung, Zin	Unc-Greensboro	25.06	9
27 Ross, Luis	NC Wesleyan	25.12	3
28 Pineiro, Alberto	Ferrum	25.17	8

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Men 200 Meter Dash**

29 Bryant, D'Andre	Pfeiffer	25.48	12
30 Payeur, Ben	Queens (Nc)	25.58	6
31 Miguel, Bryce	Unattached	25.79	10
32 Yacouba, Emmett	Unc-Greensboro	25.87	11
33 Foster, Victor	Wash & Lee	25.97	12
34 Hamilton, Andrew	Unc-Greensboro	26.07	11
35 Hairston Jr, Rennie	Unattached	26.58	10
36 Williams-Mclaren, Kemar	Guilford	26.61	11
37 Belk, Cameron	Unc-Greensboro	26.72	12

Men 400 Meter Dash

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 Facility: \$ 46.81 2/25/2012 Dane Hyatt, Unattached
 College: ! 47.24 2/25/2012 Josh Edmonds, St. Augustine's
 Meet: % 47.33 2019 Trequan Barnes, Norfolk State

Name	Year School	Finals	H#
1 Shimukowa, Charles	Mtn South Elite	50.16	1
2 Hamm, Michael	Ferrum	51.48	2
3 Dracon, Doug	Wash & Lee	51.69	4
4 Brown, Tasker	Pfeiffer	51.85	1
5 Allen, Tico	Wingate	51.96	2
6 Moore, Roman	Southern Virginia	52.12	5
7 Oglesby, Hayden	Emory & Henry	52.28	5
8 Franklin, Chase	Wingate	52.55	4
9 Tuttle, Kam	Louisburg College	52.58	3
10 Stamp, Camren	Unattached	52.86	4
11 Tiller, Joshua	Wingate	53.03	1
12 de la Cruz, Daniel	Southern Virginia	53.23	6
13 Colson, Tevin	Pfeiffer	53.24	3
14 Yeboah, Zedrick	Emory & Henry	53.26	5
15 Kasischke, Wilson	Wash & Lee	53.39	5
16 Oettl, Raphael	Davidson	53.46	1
17 Philpot, Dominick	Ferrum	53.62	3
18 Kennedy, Jonathan	Unattached	53.71	4
19 Strachan, Trent	High Point	53.76	2
20 Rolle, Dionysius	Queens (Nc)	54.51	2
21 McKenna, Ryan	Wash & Lee	54.55	6
22 Shaffer, Seth	Ferrum	54.76	4
23 Sheets, Michael	Bridgewater (Va.)	54.95	2
24 Abdur-Rahim, Amir	Guilford	54.99	7
25 Harris, Michael	Wingate	55.97	8
26 Wilson, Da'Shawn	Bridgewater (Va.)	56.68	7
27 Alderman, Cy	Bridgewater (Va.)	57.14	6
28 Ashby, Hayden	Southern Virginia	57.15	7
29 Payeur, Ben	Queens (Nc)	57.36	6
30 Williams, Khalid	Emory & Henry	57.96	8
31 Hairston Jr, Rennie	Unattached	59.81	8
32 Covington, Antoine	Ferrum	1:04.10	8
33 Davis, Jacob	Guilford	1:04.81	8
-- Ivory, Jeremiah	Pfeiffer	DNF	7
-- Lepkowski, Anthony	Wingate	DNF	6

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****Men 800 Meter Run**

Facility: \$ 1:45.92 2/2/2019 Clayton Murphy, Nike Oregon Pr
 College: ! 1:48.94 2/4/2017 Eliud Rutto, Mid Tenn State
 Meet: % 1:50.09 2016 Jake Burton, Florida State

Name	Year	School	Finals	H#
1 Bemis, Ethan		Catawba	1:54.94	1
2 Gordon Sniffen, Ben		Davidson	1:55.54	1
3 Rhymer, Everette		Catawba	1:56.43	2
4 Moore, Zach		Wash & Lee	1:57.65	1
5 Czisnik, Till		Lenoir-Rhyne	1:58.04	2
6 Tune, William		Richmond	1:58.37	2
7 Dixon, James		Wash & Lee	1:58.47	1
8 Incardona, Sean		Lenoir-Rhyne	1:59.49	3
9 Scheid, Luke		Flagler	1:59.90	1
10 Aris, Ben		Wingate	2:00.19	2
11 Meyer, Quin		Southern Virginia	2:00.65	3
12 Brychta, Jiri		Queens (Nc)	2:00.91	3
13 Martinez, Leonardo		Lenoir-Rhyne	2:01.39	2
14 Varney, Bowen		Bridgewater (Va.)	2:01.68	3
15 Bauer, Matthew		Louisburg College	2:01.72	3
16 Tyndale, Jake		Wingate	2:02.11	2
17 Williams, Grant		Lynchburg	2:02.95	3
18 Johnson, Mitchell		Southern Virginia	2:03.34	4
19 McKee, Chase		Flagler	2:03.46	3
20 Short, Joseph		Southern Virginia	2:03.63	4
21 Fowler, William		Lynchburg	2:04.20	3
22 Verrett, Connor		Wash & Lee	2:05.02	4
23 Hickman, Harrison		Lenoir-Rhyne	2:05.14	4
24 Tate Jr., Kevin		Ferrum	2:06.37	4
25 Todd, Matthew		Wash & Lee	2:06.79	3
26 Norcross, Denver		Southern Virginia	2:09.58	4
27 Warden, Nate		Guilford	2:12.96	5
28 Smyre, Zachary		Wingate	2:13.00	5
29 Guy, Jacob-Kurtis		Wingate	2:17.00	4
30 Emig, Tyrel		Flagler	2:17.00	4
31 Barungi, Philly		NC Wesleyan	2:17.53	2
32 Swaney, Noah		Ferrum	2:17.99	5
33 Garcia, Roy		Ferrum	2:25.40	4
34 Hanrahan, Jackson		Pfeiffer	2:25.63	5
35 Dilaurio, Jake		Ferrum	2:26.69	5
36 Crouch, Greyson		Ferrum	2:26.86	5
37 Crane, Zach		Guilford	2:27.67	5
38 Gao, Richard		Lenoir-Rhyne	2:28.72	5
39 Rice, Alex		Guilford	2:47.95	5

Men 1 Mile Run

Facility: \$ 3:53.85 2/3/2018 Edward Cheserek, Skechers
 College: ! 3:58.96 2/5/2022 Crayton Carrozza, Texas
 Meet: % 4:02.25 2016 Graham Crawford, NC State

Name	Year	School	Finals	H#
1 Schindel, Jake		Richmond	4:17.65	1
2 McCroy, Connor		Lynchburg	4:20.56	2
3 Miller, Andrew		Elon	4:21.08	1

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Men 1 Mile Run**

4	Jackson, Zane	Elon	4:21.36	1
5	Nesi, Joel	Flagler	4:21.84	1
6	Roberts, Hayden	Wash & Lee	4:22.51	1
7	Green, Corbin	Lynchburg	4:22.81	2
8	Ruiz, Chris	Wash & Lee	4:23.63	1
9	Lyons, Matt	Flagler	4:24.45	1
10	Straits, Brennan	Lynchburg	4:26.12	1
11	Ramirez, Francisco	Flagler	4:26.30	2
12	Hurst, Cooper	Lynchburg	4:26.83	2
13	Fernandez, Christian	Flagler	4:28.67	2
14	Cupps, Bennett	Bridgewater (Va.)	4:30.38	2
15	Davis, Bryce	Lynchburg	4:31.63	2
16	Brazier, Sai	Southern Virginia	4:32.27	2
17	Tierney, Aidan	Elon	4:33.37	1
18	Cummins, Sullivan	Richmond	4:33.45	2
19	King, Daniel	Elon	4:33.80	2
20	Martin, Matthew	Unattached	4:33.85	2
21	Ruder, Kaelen	Southern Virginia	4:36.89	2
22	Watson, Nick	Wash & Lee	4:40.55	3
23	Bamford, Anthony	Elon	4:43.49	3
24	Evans, Marco	Unattached	4:43.50	3
25	McGuffin, Chris	Flagler	4:43.75	3
26	Perry, Bennett	Unattached	4:44.54	3
27	Connick, Spencer	Unc-Greensboro	4:45.31	3
28	Meyer, Quin	Southern Virginia	4:45.35	2
29	Robinson, Holden	Wash & Lee	4:45.38	3
30	Riley, Juan	Southern Virginia	4:47.54	3
31	Chandler, Kedryn	Southern Virginia	4:48.74	3
32	Campbell, Jackson	Unattached	4:48.80	3
33	Rivers, Trent	Pfeiffer	4:54.26	3
34	Sterne, Row	Wash & Lee	4:56.21	3
35	Marsh, Jacob	Lenoir-Rhyne	5:04.48	3
36	Warden, Nate	Guilford	5:05.44	3
--	Tune, William	Richmond	DNF	1

Men 3000 Meter Run

=====
 Facility: \$ 7:45.49 2/4/2017 Paul Chelimo, US Army
 College: ! 7:49.03 2/5/2022 Antonio Lopez Segura, Virginia
 Meet: % 8:07.35 2014 Leoule Degfae, Virginia Tech

Name	Year	School	Finals	H#
1	Ponder, Cameron	Furman	7:50.97%	1
2	Jackson, Zane	Elon	8:34.31	1
3	Miller, Andrew	Elon	8:36.86	1
4	Fowler, Matthew	Catawba	8:37.55	1
5	Fletcher, Riley	Richmond	8:39.48	2
6	Budgen, Lewis	Lenoir-Rhyne	8:39.65	2
7	Ramirez-Ramos, Erick	Catawba	8:39.91	1
8	Prejean, Travis	Unattached	8:40.47	2
9	Ajala, Oussama	Catawba	8:42.85	2
10	Fingerhut, Josh	Wash & Lee	8:43.76	2
11	King, Daniel	Elon	8:44.29	2
12	Tierney, Aidan	Elon	8:48.06	1
13	Koning, Kyler	High Point	8:48.98	2

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Men 3000 Meter Run**

14 Quinn, James	Richmond	8:49.02	2
15 Crochet, Tanner	Richmond	8:49.73	2
16 Barajas, Chase	High Point	8:50.11	2
17 Davis, Ethan	Queens (Nc)	8:50.31	3
18 Kelly, Patrick	High Point	8:51.20	2
19 Verrett, Connor	Wash & Lee	8:53.03	3
20 Molitor, Austin	Unattached	8:56.47	3
21 Graham, Sam	Lynchburg	9:05.15	3
22 Parkinson, Jacob	Lenoir-Rhyne	9:07.13	3
23 Roberts, Sam	Queens (Nc)	9:08.08	2
24 Firkins, Tanner	Lynchburg	9:08.50	3
25 Tank, Ethan	Flagler	9:10.26	3
26 Haden, Henry	Wash & Lee	9:12.00	3
27 Bell, Cian	Unattached	9:13.77	3
28 Kallen, Thomas	Wash & Lee	9:16.58	3
29 Sterne, Row	Wash & Lee	9:16.79	3
30 Julian, Noah	Lenoir-Rhyne	9:21.77	3
31 Bamford, Anthony	Elon	9:22.10	3
32 Klapak, Matthew	Emory & Henry	9:24.25	4
33 Zapherson, Michael	Unc-Greensboro	9:26.39	4
34 Thoma, Joseph	Unc-Greensboro	9:27.52	4
35 Christopher, Dylan	Unc-Greensboro	9:32.06	4
36 Knepshield, Thomas	Unc-Greensboro	9:33.69	4
37 Aleemi, Anthony	Lynchburg	9:34.71	4
38 Post, Chris	Unattached	9:38.25	4
39 Stanford, Clayton	Ferrum	9:38.87	4
40 Bagby, Alex	Flagler	9:43.53	3
41 Riggs, Eli	Lenoir-Rhyne	9:43.59	4
42 Leon, Eduardo	Queens (Nc)	9:44.57	4
-- Wier, Aaron	Furman	DNF	1
-- Williams, Carson	Furman	DNF	1
-- Borger, Peter	Unattached	DNF	2
-- Long, Ethan	Unc-Greensboro	DNF	2
-- Bell, Naim	Queens (Nc)	DNF	4
-- Biggerstaff, Lucas	Emory & Henry	DNF	4

Men 5000 Meter Run

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=====
Facility: $ 13:41.89 2/19/2021 Aaron Bienenfeld, Cincinna
College: ! 13:41.89 2/19/2021 Aaron Bienenfeld, Cincinna
Meet: % 14:24.05 2014 Joe Sansone, North Carolin

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Name Year School Finals
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1 Doolan, Sean	Richmond	15:02.89
2 Prejean, Travis	Unattached	15:08.96
3 Bendura, Jordan	Richmond	15:09.50
4 Sutphin, Patrick	Richmond	15:16.45
5 Bauer, Matthew	Louisburg College	15:31.08
6 Gunia, Robert	Richmond	15:33.98
7 Gormley, John	Louisburg College	15:50.57
8 Wharton, Shaun	Wingate	16:16.24
-- Borger, Peter	Unattached	DNF
-- McDermott, Kyle	Louisburg College	DNF

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****Men 60 Meter Hurdles**

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=====
Facility: $ 7.55 1/31/2015 Aleec Harris, adidas
College: ! 7.63 2/4/2017 Michael Dickson, NC A&T
Meet: % 7.86 2016 Moussa Dembele, Unattached
Name Year School Prelims H#
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Preliminaries

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1 Littlejohn, Sidney Louisburg College 8.30Q 1
2 Nulty, Thomas Wingate 8.50Q 3
3 Jungmichel, Stefan Queens (Nc) 8.65Q 2 8.644
4 Rice, Darren Southern Virginia 8.42q 1
5 Sousa, Stephen Unattached 8.61q 3
6 Franklin, Chase Wingate 8.65q 2 8.646
7 Strachan, Trent High Point 8.88q 1
8 Day, Jaylen Wash & Lee 8.96q 3
9 Watters, Seamus Wash & Lee 9.08 2
10 Schofield, Raheem Unattached 9.21 2
11 LeBlanc, Felix Unattached 9.33 3
12 Mills, Evan High Point 9.37 2
13 Binkley, Stephen High Point 9.44 1
14 Del Pontone, Nicko Southern Virginia 9.57 1
15 Compton, Elijah Wingate 9.95 1
-- Jenkins, Jaden Campbell DQ 2 lane impede

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Men 60 Meter Hurdles

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=====
Facility: $ 7.55 1/31/2015 Aleec Harris, adidas
College: ! 7.63 2/4/2017 Michael Dickson, NC A&T
Meet: % 7.86 2016 Moussa Dembele, Unattached
Name Year School Finals
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Finals

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1 Littlejohn, Sidney Louisburg College 8.18
2 Nulty, Thomas Wingate 8.39
3 Jungmichel, Stefan Queens (Nc) 8.46
4 Sousa, Stephen Unattached 8.66
5 Franklin, Chase Wingate 8.68
6 Day, Jaylen Wash & Lee 8.88
-- Strachan, Trent High Point DQ hooking

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Men 4x400 Meter Relay

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=====
Facility: $ 3:11.12 1/31/2015 , GW Express/Nike
Hyatt, Bingham, Gibson, Jackson
College: ! 3:12.35 2/15/2014 , North Carolina
Sutton, Alowonle, Ways, Lipsey
Meet: % 3:12.35 2014 , North Carolina
Sutton, Alowonle, Ways, Lipsey
School Finals
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1 Southern Virginia 'A' 3:32.17
  1) Rasmussen, Palmer
  2) de la Cruz, Daniel
  3) Moore, Roman
  4) Thompson, Dwayne
2 Emory & Henry 'A' 3:37.39
  1) Yeboah, Zedrick
  2) Wilson, Aaron
  3) Oglesby, Hayden
  4) Klapak, Matthew

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JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****....Men 4x400 Meter Relay**

3 Southern Virginia 'B'	3:53.14
1) Del Pontone, Nicko	2) Ashby, Hayden
3) Short, Joseph	4) Johnson, Mitchell
4 Unc-Greensboro 'A'	3:59.14
1) Alexander, Colin	2) Thoma, Nicholas
3) Keck, Colin	4) Hernandez, Brandon

Men Distance Medley

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=====
Facility: $ 9:34.24 2/18/2017 , Ole Miss
                Manahan, DeRay, Engels, Tobin
College: ! 9:34.24 2/18/2017 , Ole Miss
                Manahan, DeRay, Engels, Tobin
Meet: % 9:34.24 2017 , Ole Miss
                Manahan, DeRay, Engels, Tobin
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School	Finals	H#
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1 Queens (Nc) 'A'	9:56.75	1
1) Wright, Adam	2) Klei, Niklas	
3) Liberse, Remi	4) Cox, Mitch	
2 Ashland 'A'	10:07.58	1
1) Hall, Jake	2) Phillips, Channing	
3) Ponzi, Nick	4) Johnson, Ian	
3 Emory & Henry 'A'	11:37.38	2
1) Wilson, Aaron	2) Yeboah, Zedrick	
3) Oglesby, Hayden	4) Klapak, Matthew	
4 Pfeiffer 'A'	11:44.67	2
1) Huggins, Coleman	2) Brown, Tasker	
3) Colson, Tevin	4) Rivers, Trent	
-- Queens (Nc) 'B'	DNF	1
1) Jones, Tristen	2)	

Men High Jump

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=====
Facility: $ 2.24m 12/1/2012 Kris Kornegay-Gober, NC State
College: ! 2.24m 12/1/2012 Kris Kornegay-Gober, NC State
Meet: % 2.21m 2015 Trey McRae, Charlotte
=====

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Name	Year	School	Finals
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1 Nzombe, Tanaka	Wingate	1.95m
1.80 1.85 1.90 1.95 2.00		
O PPP O XO XXX		
2 Grant, Miles	Unattached	1.90m
1.80 1.85 1.90 1.95		
O O O XXX		
3 Jungmichel, Stefan	Queens (Nc)	J1.90m
1.80 1.85 1.90 1.95		
O O XXO XXX		
4 O'Connor, Joe	Wash & Lee	1.85m
1.80 1.85 1.90		
PPP O XXX		
5 Pesic, Dragan	Unattached	J1.85m
1.80 1.85 1.90		
O XXO XXX		

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****....Men High Jump**

6	Newton, Zachary	Wingate	1.80m
	1.80 1.85		
	XO XXX		
--	Avalos, Kaegan	Bridgewater (Va.)	NH
	1.80		
	XXX		
--	Waller, Mark	Wash & Lee	NH
	1.80		
	XXX		
--	alexander, trevel	Guilford	NH
	1.80 1.85		
	X R		
--	Moon, Aaron	Bridgewater (Va.)	NH
	1.80		
	XXX		

Men Pole Vault

Facility: \$ 5.50m 2/4/2022 Scott Houston, Unattached
 College: ! 5.35m 12/8/2019 Keon Howe, Charlotte
 Meet: % 5.31m 2015 Tray Oates, Samford

Name	Year	School	Finals
1 O'Connor, Joe		Wash & Lee	5.10m
	3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.80 4.95 5.10 5.15		
	PPP PPP PPP PPP PPP PPP PPP XO O O O XXX		
2 Cole, Elijah		Unattached	4.95m
	3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.80 4.95 5.10 5.15		
	PPP PPP PPP PPP PPP PPP PPP PPP XO XO X R		
3 Repko, Easton		Bridgewater (Va.)	4.20m
	3.60 3.75 3.90 4.05 4.20 4.35		
	PPP O XO O XO XXX		
4 Duke, Thomas		Unattached	4.05m
	3.60 3.75 3.90 4.05 4.20		
	PPP PPP PPP O XXX		
5 Lewis, Brandon		High Point	3.90m
	3.60 3.75 3.90 4.05		
	O O O XXX		
6 Frattaroli, Vince		Wingate	J3.90m
	3.60 3.75 3.90 4.05		
	O O XXO XXX		
7 Kopp, Andy		Wingate	3.75m
	3.60 3.75 3.90		
	XO O XXX		
8 Crotty, Stephen		Queens (Nc)	J3.75m
	3.60 3.75 3.90		
	XO XO XXX		
9 Bastow, Cliff		Southern Virginia	3.60m
	3.60 3.75		
	O XXX		
--	Eggers, William	Unattached	NH
	3.60 3.75 3.90 4.05 4.20 4.35		
	PPP PPP PPP PPP PPP XXX		

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****....Men Pole Vault**

-- Camacho, Daniel	Unattached	NH
3.60 3.75 3.90 4.05 4.20		
PPP PPP PPP PPP XXX		
-- Binkley, Stephen	High Point	NH
3.60 3.75		
XPP XX		
-- Holloway, Luke	Unattached	NH
3.60 3.75 3.90 4.05		
PPP PPP PPP XXX		

Men Long Jump

Facility: \$ 7.81m 11/16/2013 Mikese Morse, Unattached
 College: ! 7.76m 2/21/2014 Andre Dorsey, Kennesaw State
 Meet: % 7.69m 2018 Yann Randrianasolo, South Caroli

Name	Year	School	Finals	H#
1 Young, Timothy		Wingate	6.80m	2
6.66m 6.59m 6.35m 6.37m		FOUL 6.80m		
2 Tuttle, Kam		Louisburg College	6.78m	2
6.38m 6.78m 6.06m 6.29m 6.37m 6.67m				
3 Eggers, William		Unattached	6.62m	2
6.54m PASS PASS 6.48m 6.62m		FOUL		
4 Weddington, Trisstan		Reinhardt	6.53m	2
6.33m 6.38m 6.23m 6.41m 6.44m 6.53m				
5 Grant, Miles		Unattached	6.48m	2
6.47m 6.36m 6.48m 6.18m 6.46m 6.43m				
6 Driver, Ethan		Unattached	6.45m	2
6.25m 6.31m 6.45m 6.37m 5.24m 6.41m				
7 Clanton, Kyle		Bridgewater (Va.)	6.31m	2
FOUL 6.21m 6.31m PASS FOUL 6.29m				
8 Sousa, Stephen		Unattached	6.25m	2
6.25m 6.25m 5.94m 6.15m 6.04m PASS				
9 Mcken, Shamar		Unattached	6.08m	2
6.08m FOUL FOUL 5.59m FOUL FOUL				
10 Key, Carson		Campbell	6.06m	1
5.99m FOUL 6.06m				
11 Johnson, Jayden		Wingate	5.99m	1
5.67m 5.94m 5.99m				
11 Payne, Jordan		Lenoir-Rhyne	5.99m	1
5.75m 5.97m 5.99m				
11 Burrill, Brayden		Southern Virginia	5.99m	1
5.73m 5.99m 5.93m				
14 Payne, Rah'Quan		Ferrum	5.88m	1
5.76m 5.88m 5.79m				
15 Gray, Camren		Pfeiffer	5.86m	1
FOUL 5.86m FOUL				
16 Trukawka, Dennis		Wingate	5.81m	1
5.38m 5.81m 4.11m				
17 McCrimmon, BJ		Lenoir-Rhyne	5.46m	2
FOUL 5.46m FOUL				
18 Waters, Isaiah		Ferrum	4.89m	1
4.89m 4.79m 4.59m				
-- Mack, Kobe		Unattached	FOUL	1
FOUL FOUL FOUL				

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****Men Triple Jump**

Facility: \$ 15.85m 2/3/2018 Michael Tiller, Unattached						
College: ! 15.83m 12/5/2015 Anthony Campbell, Charlotte						
Meet: % 15.44m 2019 Anthony Applequist, Keiser U						
Name	Year	School				Finals
1 Weathers, Darius		Wingate				14.46m
	FOUL	FOUL	14.39m	14.46m	PASS PASS	
2 Williams, Kerion		Reinhardt				14.23m
	13.36m	13.71m	14.23m	13.11m	PASS 12.81m	
3 McDaniel, Cameron		Lenoir-Rhyne				12.76m
	12.64m	12.55m	12.62m	12.76m	FOUL PASS	
4 Moon, Aaron		Bridgewater (Va.)				12.61m
	12.03m	12.57m	FOUL	12.61m	FOUL FOUL	
5 Burrill, Brayden		Southern Virginia				12.36m
	FOUL	FOUL	12.36m	12.26m	FOUL PASS	
6 Sumner, Malekei		Lenoir-Rhyne				12.32m
	FOUL	12.08m	FOUL	12.29m	12.32m FOUL	
-- Johnson, Jayden		Wingate				FOUL
	FOUL	FOUL	FOUL			
-- Day, Jaylen		Wash & Lee				FOUL
	FOUL	PASS	PASS			
-- Trukawka, Dennis		Wingate				FOUL
	FOUL	FOUL	FOUL			
-- Waters, Isaiah		Ferrum				FOUL
	FOUL	FOUL	FOUL			
-- Payne, Rah'Quan		Ferrum				FOUL
	FOUL	FOUL	FOUL			

Men Shot Put

Facility: \$ 19.50m 3/15/2014 Wesley Lavong, Adams State							
College: ! 19.50m 3/15/2014 Wesley Lavong, Adams State							
Meet: % 18.57m 2015 Jake Deaton, Unattached							
Name	Year	School				Finals	H#
1 Kitchell, Thomas		Wake Forest				17.76m	2
	FOUL	17.10m	17.76m	17.42m	FOUL FOUL		
2 Ellis, Mason		Wake Forest				16.22m	2
	15.11m	16.22m	16.16m	16.20m	16.08m FOUL		
3 Mathis, Connor		Wake Forest				16.08m	2
	FOUL	FOUL	15.23m	FOUL	FOUL 16.08m		
4 Hatley, Dalton		Lenoir-Rhyne				15.06m	2
	14.93m	FOUL	15.06m	FOUL	PASS PASS		
5 Hoffman, Alex		High Point				14.93m	2
	FOUL	11.82m	14.93m	FOUL	FOUL FOUL		
6 Kalliske, Tom		Wingate				14.87m	2
	14.87m	FOUL	FOUL	FOUL	FOUL FOUL		
7 Paolozzi, Andrew		Reinhardt				14.44m	2
	FOUL	14.44m	13.88m	FOUL	FOUL FOUL		
8 Husic, Paris		Unattached				14.43m	2
	13.25m	14.19m	14.43m	FOUL	FOUL FOUL		
9 Stajos, Jack		Davidson				14.37m	2
	13.99m	14.37m	FOUL	FOUL	13.74m FOUL		
10 Wallace, Zavery		Emory & Henry				14.31m	2
	14.04m	13.96m	14.31m				

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****....Men Shot Put**

11	Fulton, Peter	Bridgewater (Va.)	13.69m	2
	12.96m 13.69m FOUL			
12	Arrington, Khamari	Louisburg College	13.38m	2
	13.38m FOUL 13.32m			
13	Sousa, Stephen	Unattached	12.84m	1
	12.25m 12.84m 12.66m			
14	Lee, Gavin	Emory & Henry	12.71m	2
	12.71m 12.55m FOUL			
15	Patterson, Reginald	Bridgewater (Va.)	12.61m	1
	12.37m FOUL 12.61m			
16	Wise, Josh	Lenoir-Rhyne	12.27m	1
	12.27m 12.18m 12.04m			
17	Bajski, Stevan	Wash & Lee	12.26m	1
	12.26m 11.52m 11.20m			
18	Roy, Adam	Wash & Lee	12.20m	1
	12.15m 11.85m 12.20m			
19	Kinney, Brayden	Wingate	12.11m	1
	11.72m FOUL 12.11m			
20	Smith, Michael	Bridgewater (Va.)	12.06m	1
	11.28m 12.06m FOUL			
21	Lewis, Brandon	High Point	11.98m	1
	11.98m 11.69m 10.89m			
22	LeBlanc, Felix	Unattached	11.54m	1
	11.40m 10.99m 11.54m			
23	Novak, Evan	Wash & Lee	11.39m	1
	10.95m FOUL 11.39m			
24	Mills, Evan	High Point	10.40m	1
	10.40m 10.34m 10.27m			
25	Brooks, Andriquez	Guilford	9.27m	1
	FOUL 9.27m FOUL			

Men Weight Throw

=====
 Facility: \$ 23.24m 12/2/2017 Jose Davis, NC State
 College: ! 23.24m 12/2/2017 Josh Davis, NC State
 Meet: % 22.92m 2018 Josh Davis, NC State

Name	Year	School	Finals	H#
1 Pihlkar, Jack		Wake Forest	19.90m	2
	19.61m 19.58m 19.43m	18.92m 19.47m 19.90m		
2 White, Andrew		Wake Forest	19.57m	2
	18.51m 19.57m 19.51m	FOUL FOUL FOUL		
3 Weinstein, Zach		Unattached	17.56m	2
	15.60m 17.30m 17.56m	FOUL FOUL FOUL		
4 Goldberg, Jake		Wake Forest	16.83m	2
	16.83m FOUL FOUL	14.45m 15.83m 14.99m		
5 Van Niekerk, Chris		High Point	16.77m	2
	14.87m 16.07m 15.79m	FOUL FOUL 16.77m		
6 Ellis, Mason		Wake Forest	16.76m	2
	FOUL FOUL 16.27m	16.41m 16.76m FOUL		
7 Paolozzi, Andrew		Reinhardt	15.88m	2
	FOUL 15.15m 15.88m	15.50m 15.67m 15.15m		
8 Fulton, Peter		Bridgewater (Va.)	15.25m	2
	14.94m FOUL 15.25m	FOUL FOUL FOUL		

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Men Weight Throw**

9 Hoffman, Alex	High Point	14.58m	2
13.81m FOUL 14.21m 14.58m FOUL FOUL			
10 McNutt, Jake	Bridgewater (Va.)	14.20m	1
FOUL 14.20m FOUL			
11 Lee, Gavin	Emory & Henry	13.20m	1
13.09m 13.14m 13.20m			
12 Scott, Monte	Lenoir-Rhyne	12.37m	1
12.37m 11.66m 11.72m			
13 Novak, Evan	Wash & Lee	12.28m	1
10.66m 12.28m FOUL			
14 Soto-Ventura, Jorge	Wash & Lee	11.79m	1
9.62m 11.79m FOUL			
15 Roy, Adam	Wash & Lee	10.73m	1
10.45m FOUL 10.73m			
16 Brooks, Andriquez	Guilford	8.93m	1
8.74m 8.86m 8.93m			
-- Nesslerodt, Tony	Bridgewater (Va.)	FOUL	1
FOUL FOUL FOUL			
-- Kinney, Brayden	Wingate	FOUL	1
FOUL FOUL FOUL			

Men Distance Medley Elite

Facility: \$ 9:34.24 2/18/2017 , Ole Miss
 Manahan, DeRay, Engels, Tobin
 College: ! 9:34.24 2/8/2017 , Ole Miss
 Meet: % 9:34.24 2017 , Ole Miss
 Manahan, DeRay, Engels, Tobin

School Finals H#

1 Va Tech 'A'		9:32.96\$	1
1) Fleming, Ben	2) Sapp, Tyreke		
3) Anthony, Seb	4) Lopez Segura, Antonio		
2 Virginia 'A'		9:38.25	2
1) Sado, Yasin	2) Willis, Jordan		
3) Murphy, Conor	4) Porter, Wes		
3 Missouri 'A'		9:38.51	1
1) Helmerich, Davis	2) Brunzman, Jacob		
3) Harding, Matthew	4) Prodanov, Martin		
4 Duke 'A'		9:38.62	2
1) Dillon, Carter	2) Schwedt, Alexander		
3) Walker, Jackson	4) Dahl, Nick		
5 North Carolina 'A'		9:38.83	2
1) Hunt, Jesse	2) Palmer, Isaiah		
3) Reinheimer, Kyle	4) Wolfe, Parker		
6 Wake Forest 'A'		9:40.54	1
1) Martinez De Pinillos, Joaquin	2) Bachmann, Kenton		
3) Swanepoel, Rynard	4) Vanoppen, Thomas		
7 Penn State 'A'		9:46.38	2
1) Hontz, Brandon	2) Onwuka, James		
3) Desmeules, Olivier	4) Dorenkamp, Evan		
8 Cincinnati 'A'		9:48.10	1
1) Harley, Jonathan	2) Borzor, Chris		
3) Pina Cardona, Siro	4) Wirth, Tyler		
-- Reebok Boston TC 'A'		DNF	1

JDL DMR Invitational - 2/18/2022 to 2/19/2022**JDL Fast Track****Results****...Men Distance Medley Elite**

-- Mtn South Elite 'A'		DNF	2
-- Georgetown 'A'		DNF	2
1) Stokes, Parker	2) Paige, Joshua		
3) McInerney, Tim	4) Payamps, Matthew		

Men 1 Mile Run Seeded

=====			
Facility: \$	3:53.85	2/3/2018	Edward Cheserek, Skechers
College: !	3:58.96	2/5/2022	Crayton Carrozza, Texas
Meet: %	4:02.25	2016	Graham Crawford, NC State
Name	Year	School	Finals
=====			
1	Beer, Angus	Missouri	4:10.99
2	Rettschlag, Jakob	Wingate	4:13.45
3	Lowry, Dylan	Unattached	4:14.07
4	Freeland, Leo	Wingate	4:19.17
--	Helmerich, Davis	Missouri	DNF