



Virginia Open

FINAL Meet Schedule



Saturday, March 19, 2022

Running Events

3:55 PM	W 4x100m Relay
4:00 PM	M 4x100m Relay
4:05 PM	W 1500m
4:15 PM	M 1500m
4:25 PM	W 100m Hurdles
4:30 PM	M 110m Hurdles
4:40 PM	W 400m
4:45 PM	M 400m
4:55 PM	W 100m
5:00 PM	M 100m
5:10 PM	W 800m
5:15 PM	M 800m
5:25 PM	W 400m Hurdles
5:35 PM	M 400m Hurdles
5:40 PM	W 200m
5:45 PM	M 200m
5:55 PM	W 4x400m Relay
6:00 PM	M 4x400m Relay

Field Events

2:00 PM	W Hammer Throw
To Follow	M Hammer Throw
3:00 PM	W High Jump
To Follow	M High Jump
3:30 PM	W Pole Vault
To Follow	M Pole Vault
4:00 PM	M Long Jump
4:00 PM	W Long Jump
4:00 PM	W Javelin
To Follow	M Javelin
5:00 PM	W Discus Throw
To Follow	M Discus Throw
4:30 PM	W Shot Put
5:30 PM	M Shot Put
5:30 PM	M Triple Jump
5:35 PM	W Triple Jump

* As of 3/17/22