



VIRGINIA™

Cavalier Track & Field/Cross Country 2021-22 Fact Book





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SCHOOL FACTS

Location	Charlottesville, Va.
Founded	1819 (by Thomas Jefferson)
Enrollment	23,372 (15,669 undergraduates)
President	Jim Ryan
Nickname	Cavaliers
Colors	Orange and Blue
Conference	ACC
Athletics Director	Carla Williams
Executive Assoc. AD/SWA	Brittany Whiteside

TRACK & FIELD INFORMATION

Director of Track and Field and Cross Country/Associate Athletics Director for Administration

Vin Lananna (434) 243-2802

Assistant Coaches

Trevor Dunbar tdunbar@virginia.edu

Nicole Freitag coachnicole@virginia.edu
(434) 243-2802

Mario Wilson mariowilson@virginia.edu
(434) 982-5647

Martin Maric martinmaric@virginia.edu
(434) 982-5762

LaRon Bennett vky3fr@virginia.edu

Office Location: McCue Center
Home Facility for Cross Country: Panorama Farms
Home Facility for Track & Field: Lannigan Field

MEDIA INFORMATION

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2021-22 MEN'S ROSTER

Name	Yr.	Events	Hometown (High School/Previous School)
Kane Aldrich	Sr.	Pole Vault	Naples, Fla. / Community School of Naples/Wake Forest
Rohann Asfaw	Sr.	Cross Country/Distance	Rockville, Md. / Richard Montgomery HS
Billy Atkinson	So.	Cross Country/Distance	Manhattan Beach, Calif. / Mira Costa HS
Will Baginski	Jr.	Distance	Ridgewood, N.J. / Ridgewood HS / Dartmouth
Niklas Becker	So.	Distance	South Riding, Va. / Freedom HS
Liam Bellamy	So.	Middle Distance	Richmond, Va. / Collegiate School
Jackson Braddock	Fr.	Distance	Ship Bottom, N.J. / Southern Regional
Kevin Carlson	So.	Cross Country/Distance	Purcellville, Va. / Loudoun Valley HS
Bryson Crites	Jr.	Cross Country/Distance	Trabuco Canyon, Calif. / Tesoro HS
Ethan Dabbs	Sr.	Javelin	Johnstown, Pa. / Richland HS
Nigal Davis	Jr.	Sprints	Martinsville, Va. / Martinsville HS
Thomas Dickinson	Fr.	Javelin	Scranton, Pa. / Scranton Prep
Justin Diehl	Jr.	Cross Country/Distance	Saint Leonard, Md. / Calvert HS
Colin Duignan	Sr.	Pole Vault	Bronxville, N.Y. / Fordham Prep
Jack Eliason	So.	Cross Country/Distance	Crozet, Va. / Western Albemarle HS
John Fay	Fr.	Throws	Barrington, R.I. / Bishop Hendricken
Evangelos Fradelakis	Grad. Student	Throws	Mount Sinai, N.Y. / Patchogue-Medford
Keith Frasier	So.	Sprints/Hurdles	Chesapeake, Va. / Western Branch High School
Kellen Hasle	So.	Cross Country/Distance	Purcellville, Va. / Loudoun Valley HS
Joe Hawkes	So.	Cross Country/Distance	Greenwood, Va. / Western Albemarle HS
Jacob Hunter	Jr.	Cross Country/Distance	Leesburg, Va. / Loudoun Valley HS
Ali Ibrahim	Jr.	Cross Country/Distance	Glen Allen, Va. / Glen Allen HS
Matthew JeanPierre	Grad. Student	Middle Distance	Watervliet, N.Y. / Shaker HS / Albany
Derek Johnson	Sr.	Cross Country/Distance	Leesburg, Va. / Tuscarora HS
Andrew Jones	Fr.	Cross Country/Distance	Gainesville, Ga. / North Hall
Nick Karayianis	So.	Cross Country/Distance	Potomac, Md. / Bullis HS
Jacob Kelley	Grad. Student	Jumps	Longmeadow, Mass. / Longmeadow
Tavares Kelly	Sr.	Sprints	Miami, Fla. / St. Thomas Aquinas
Ka'eo Kruse	Grad. Student	Cross Country/Distance	Kalaheo, Hawaii / Kamehameha Schools / Harvard
Jacob Lemmon	Jr.	Throws	Sanibel, Fla. / Fort Myers HS
Tyler Lynch	So.	Pole Vault	Manassas, Va. / Battlefield HS
DeJon Mayo	Sr.	Jumps	Roanoke, Va. / Cave Spring HS
Harry Monroe	Sr.	Cross Country/Distance	Alexandria, Va. / Gonzaga Prep
Peter Morris	Sr.	Cross Country/Distance	Hamilton, Va. / Loudoun Valley
Kyle Mosteller	Jr.	Pole Vault	Amherst County, Va. / Amherst County HS
Nathan Mountain	Fr.	Cross Country/Distance	Cincinnati, Ohio / St. Xavier
Conor Murphy	So.	Middle Distance	Providence, R.I. / Classical HS
Taylor Ney	So.	Cross Country/Distance	Purcellville, Va. / Loudoun Valley HS
Ian Noble	Fr.	Cross Country/Distance	Lighthouse Point, Fla. / St. Andrews School
Elby Omohundro	Jr.	Multis	Midlothian, Va. / Saint Christopher's School
Owayne Owens	Sr.	Jumps	Montego Bay, Jamaica / Cornwall College
Mack Peattie	Fr.	Cross Country/Distance	Los Gatos, Calif. / Bellarmine Prep
Derek Pekar	Jr.	Multis	Ventura, Calif. / Ventura HS
Jay Pendarvis	So.	Sprints	Annandale, Va. / Bullis School
Jacob Plummer	Fr.	Cross Country/Distance	Chester, Va. / L.C. Bird
Wes Porter	So.	Cross Country/Distance	Kansas City, Mo. / Rockhurst HS
Tyler Remigino	Fr.	Cross Country/Distance	West Hartford, Conn. / Conard
Johnny Rogers	Grad. Student	Cross Country/Distance	Vienna, Va. / James Madison / William & Mary
Claudio Romero	Jr.	Throws	Santiago, Chile / Santa Maria De Santiago
Yasin Sado	So.	Distance	Aurora, Colo. / Gateway HS
Ian Sellors	Fr.	Cross Country/Distance	Mechanicsville, Va. / Atlee HS
Alex Sherman	Fr.	Sprints	Newton, Mass. / Newton North
Luke Smith	So.	Decathlon	Cranberry Township, Pa. / Seneca Valley HS
William Trent	Fr.	Sprints	Charlottesville, Va. / Monticello
Heldi Valikaj	Fr.	Jumps	Shkoder, Albania / Shkolla Austriake
Justin Wachtel	Fr.	Cross Country/Distance	Forsyth, Ga. / Mary Persons
John Ward	Grad. Student	Cross Country/Distance	Greenville, S.C. / Wade Hampton
Ayende Watson	Sr.	Jumps	Baltimore, Md. / Gilman School
Jordan Willis	Sr.	Sprints	Williamsburg, Va. / Jamestown HS
Jeremiah Wilson	Fr.	Hurdles	Salem, Va. / Salem HS
Davis Young	Jr.	Cross Country/Distance	Virginia Beach, Va. / Ocean Lakes HS
Ethan Zeh	Jr.	Cross Country/Distance	Wayne, Pa. / Radnor HS

Note: For bio information on UVA team members, visit their web page on VirginiaSports.com



2021-22 WOMEN'S ROSTER

Name	Yr.	Events	Hometown (High School/Previous School)
Mia Abulencia	Sr.	Jumps	Dix Hills, N.Y. / Half Hollow Hills HS West
Emily Alexandru	So.	Hurdles/Middle Distance	Trumbull, Conn. / Trumbull HS
Ashley Anumba	Grad. Student	Throws	Rancho Cucamonga, Calif. / Los Osos
Morgot Appleton	Fr.	Cross Country/Distance	Mattapoisett, Mass. / Portsmouth Abbely School
Sophie Atkinson	Fr.	Cross Country/Distance	Katy, Texas / Cinco Ranch
Trina Barcarola	So.	Pole Vault	Scranton, Pa. / Western Wayne
Natalie Bardach	Jr.	Cross Country/Distance	Vienna, Va. / George C. Marshall HS
Mia Barnett	Fr.	Cross Country/Distance	La Crescenta, Calif. / Crescenta Valley HS
Veronic Boire	Fr.	Cross Country/Distance	Saint-Jean-surRichelieu, Quebec, Canada / Marcellin-Champagnat
Claire Frazier Bolton	So.	Middle Distance	Mobile, Ala. / McGill-Toolen HS
Kayla Bonnick	So.	Sprints	St. Catherine, Jamaica / St. Jago HS
Caroline Bowe	Fr.	Cross Country/Distance	Somerdale, N.J. / Sterling
Abby Comella	So.	Sprints	Wellesley, Mass. / Wellesley HS
Sydney Coppolino	Sr.	Cross Country/Distance	Somerdale, N.J. / Sterling HS
Caroline Dannenbaum	Jr.	Pole Vault	Bernardsville, N.J. / Pingry School
Maria Deaviz	So.	Throws	Souderton, Pa. / Souderton Area HS
Ellie Desmond	So.	Cross Country/Distance	Ashburn, Va. / Broad Run HS
Lila Fenner	So.	Cross Country/Distance	Portland, Ore. / Catlin Gable HS
Abbey Green	Sr.	Cross Country/Distance	Bethesda, Md. / Walter Johnson HS
Abby Gunther	Jr.	Pole Vault	Taos, N.M. / Taos HS
Jordan Hardy	Fr.	Jumps	Virginia Beach, Va. / Hampton
Rebecca Hawkins	Sr.	High Jump	Bexleyheath, England / Townley Grammar School
Coco Holliday	Jr.	Cross Country/Distance	Nashville, Tenn. / Brentwood Academy
Luci Ilnicki-Lambert	Fr.	Cross Country/Distance	Redwood City, Calif. / Sacred Heart Schools
Lily James	Jr.	Middle Distance	Great Falls, Va. / Oakcrest School
Caroline Johannes	Jr.	Middle Distance	Hingham, Mass. / Hingham HS
Morgan Johnson	Jr.	Throws	Fayetteville, Ga. / Whitewater HS
Taylor Jones	Grad. Student	Cross Country/Distance	Virginia Beach, Va. / Kellam
Gabriella Karas	Sr.	Cross Country/Distance	Louisville, Ky. / Martha Layne Collins HS
Amelia Kokernak	Sr.	Cross Country/ Distance	Niskayuna, N.Y. / Niskayuna HS
Thelma Kristjánsdóttir	Sr.	Throws	Reykjavik, Iceland / Reykjavik Athletic Club
Riley Larsen	Jr.	Pole Vault	Point Pleasant, N.J. / Point Pleasant Boro HS
Helena Lindsay	Sr.	Cross Country/Distance	Yokohama, Japan / Kanazawa HS
Maya Maloney	Jr.	Pole Vault	Boise, Idaho / Boise HS
Jada Marsh	Fr.	Throws	Carrollton, Ga. / Carrollton HS
Michaela Meyer	Grad. Student	Cross Country/Distance	Southbury, Conn. / Pomperaug HS / Delaware
Emma Myer	Jr.	Cross Country/Distance	Branchville, N.J. / Pope John XXIII Regional HS
Liza Neely	So.	Cross Country/Distance	Richmond, Va. / Freeman HS
Anzhelika Parenchuk	So.	Middle Distance	Barnaul, Russia / Lyceum No. 124
Jada Pierre	Fr.	Hurdles	Woodbridge, Va. / Bullis School
Janae Profit	Fr.	Throws	Dunwoody, Ga. / St. Pius X Catholic
Gabriella Recce	So.	Jumps	Harrisburg, Pa. / Central Dauphin HS
Zoe Rice	Sr.	Jumps	Ashburn, Va. / Stone Bridge HS
Sadey Rodriguez	Sr.	Throws	Laredo, Texas / United HS
Alahna Sabbakhan	Jr.	Middle Distance/Sprints	Washington D.C. / St. John's College HS
Leya Salis	Grad. Student	Cross Country/Distance	Bedford, N.H. / Bedford HS / Cornell
Kaiya Saunders	Jr.	Javelin	Worcester, Mass. / Doherty Memorial HS
Nadia Saunders	So.	Jumps/Hurdles	Stony Point, N.Y. / North Rockland HS
Jada Seaman	Jr.	Sprints/Jumps	Pikesville, Md. / McDonogh School HS
Keara Seasholtz	So.	Middle Distance	Wayne, Pa. / Radnor HS
Alix Still	Sr.	Multis	Aberdeenshire, Scotland / IMG Academy
Carly Tarentino	Fr.	Jumps	Clark, N.J. / A.L. Johnson
Anna Workman	So.	Middle Distance	Kingston, Ontario / Kingston Collegiate and Vocational Institute
Tara Zeni	Jr.	Jumps	Monroe Township, N.J. / Red Bank Catholic / Quinnipiac

Note: For bio information on UVA team members, visit their web page on VirginiaSports.com



DIRECTOR OF TRACK & FIELD AND CROSS COUNTRY ASSOCIATE ATHLETICS DIRECTOR



Now in his third season at Virginia, Vin Lananna was named the Director of Track and Field and Cross Country/Associate Athletics Director for Administration in September of 2019, joining the Cavaliers as one of the most respected and successful track and field and cross country coaches in the country.

It has not taken long for Lananna to make an impact on the Cavalier program and the local running scene. During the fall of 2020, UVA was announced as the host site for the 2023 NCAA Cross Country Championships.

Last year Lananna saw them UVA women tied for 16th at the NCAA Outdoor Championships, the program's best finish since 1983. Combined with the men's finish (28th), it is the best overall program showing at the NCAA Championships in program history.

The highlight of the season was graduate student Michaela Meyer winning the 800-meter championship at the NCAA Championships, the first individual title in the women's program's history. Meyer went on to be named the ACC's Scholar-Athlete of the Year.

At the NCAA Outdoor Championships, eight women earned All-America status in 12 different events while five men did the same. UVA had three women earn All-American status at the Indoor championships, the most since 2011.

The UVA women finished third at the ACC Indoor Championships to record their best result in 26 years. UVA won seven ACC Outdoor individual titles and two indoor championships. UVA sent 36 competitors to the NCAA East Preliminary Championships, the most ever in program history.

In his first season at the helm of the UVA track and field and cross country teams, the Cavalier men made their 17th NCAA Cross Country Championship appearance, earning the automatic berth to the national meet with a first-place finish at the NCAA Southeast Regional Championships. All five of UVA men's scoring runners earned All-Southeast Region honors for their performance at the regional meet.

The 2020 team received an at-large invitation to the Championships held in 2021.

During his first indoor season, five Cavaliers earned All-America honors for qualifying for the NCAA Indoor Championships as Jada Seaman and Khyasia Caldwell qualified in the women's long jump, Jordan Scott and Owayne Owens qualified in the men's triple jump and Brenton Foster qualified in the men's high jump. Scott led the NCAA in the triple jump, capturing the 17th-best all-time jump by a performer in NCAA history. His jump of 17.20m (55'10.25") set an ACC and UVA record. Scott was named the USTFCCA Southeast Regional Field Athlete of the Year, the ACC Field Athlete of the Year and the ACC Field Athlete of the Meet.

The men's team finished third at the ACC Championships with four Cavaliers winning ACC titles. The men's team set five school records during the season. On the women's side, Seaman and Caldwell finished 1-2 at ACCs in the long jump. The women's team set four UVA records during the season.

During the 2021 indoor season the Cavalier women posted their best finish (third) at the ACC Championships since 1995. A total of nine Cavalier individuals and one relay team earned All-ACC honors during the meet, the most ever for the program since the championship started in 1987.

Owens won the ACC triple jump crown and went on to earn first-team All-America honors at the NCAA Championships where he placed sixth. Seaman repeated as the conference long jump champ and placed 12th at the NCAA meet. Sprinter Halle Hazard also earned first-team All-America accolades at the NCAAs with an eighth-place showing in the 60-meter dash.

Building highly-successful programs has been a big part of Lananna's impact on the sport.

Under his direction, the teams at Stanford and Oregon combined to win 11 NCAA team championships, produced numerous NCAA individual champions, conference champions and Olympic medalists. During three-plus decades as a head coach, he has led teams to 42 conference championships.

A five-time NCAA cross country coach of the year, Lananna was inducted into the United States Track and Field and Cross Country Coaches Association's Hall of Fame in 2012.

In his last collegiate head coaching stint, Lananna led the Oregon program for seven seasons (2005-12). During his tenure, Oregon won six NCAA titles (2007-08 men's cross country, 2009 men's indoor track and field, 2010-11-12 women's indoor track and field) and 13 conference titles (2006-07-08 men's cross country, 2007-08-09-10-11-12 men's track and field, 2009-10-11-12 women's track and field). He also coached several Olympians as well as numerous NCAA and Pac-12 event champions.

Lananna was named the 2012 Pac-12 men's and women's coach of the year for the third time at Oregon and was previously honored as the 2007 and 2008 national men's cross country coach of the year. He also served as Team USA's head coach for the 2011 IAAF World Championships and was the co-chair for both the 2008 and 2012 U.S. Olympic Team Trials, hosted at Oregon's Hayward Field.

Following his resignation as the director of track and field and cross country in September of 2012 Lananna remained a member of the Ducks' athletic administration as an associate athletic director, a position he held since coming to Eugene in 2005. He acted as the department's sport supervisor for track and field.

Renowned for his ability to develop talent, Lananna's reputation as an exceptional coach was secured during his tenure as director of track and field at Stanford from 1992 to 2003. In his time on The Farm, Lananna built one of the nation's elite programs. His cross country and track and field teams claimed five NCAA team championships, 35 top-10 NCAA finishes, and 22 NCAA individual titles. The 2000 men's track and field team won the school's first outdoor title since 1934. The Cardinal men and women also won 17 Pacific-10 Conference team titles and 45 individual conference crowns in addition to 15 West Regional cross country championships.

As the Stanford head coach, Lananna received three national coach of the year cross country honors, nine West Region Cross Country Coach of the Year awards, 10 Pacific-10 Cross Country Coach of the Year honors, and two Pacific-10 Track and Field Coach of the Year awards. He also served on the NCAA Track and Field Committee from 2001-03. In 2004, Lananna traveled to Greece as an assistant coach for Team USA at the Olympic Games in Athens. He has also served as an assistant coach at



the 1999 Track and Field World Championships and as head coach in the 1990 and 1996 World Championships and 1994 World Junior Championships in cross country.

While working for the Cardinal, Lananna was a co-founder of the Nike Farm Team for professional middle-distance and distance runners and helped organize the University's efforts to host the 2002 and 2003 USA Outdoor Championships and an annual IAAF Grand Prix meet.

Between his coaching stints at Stanford and Oregon, Lananna served as athletic director and physical education professor at Ohio's Oberlin College for two years (2003-2005).

Throughout his career, Lananna has been a guiding force for the development of track and field in the United States outside of his official duties as a head collegiate coach.

Since its inception in 2008, until his resignation as president in 2018, he was involved in the direction and leadership of TrackTown USA, a non-profit organization committed to setting a standard of excellence in the sports of track and field and running by hosting premier events, creating a supportive environment for elite athletic performances and improving facilities.

While working at Oregon and for TrackTown USA, he helped to lead the organization of the 2014 IAAF World Junior Championships, the 2015 USA Track & Field Outdoor Championships, the 2016 IAAF World Indoor Championships and three Olympic Trials (2008, 2012 and 2016). He also played a significant role in Oregon being selected the site for seven NCAA Track & Field Championships (2010, 2013-2018) and the 2009 and 2011 USATF Championships.

At Oregon, he helped to establish and oversee Oregon Track Club Elite, the professional branch of the Oregon Track Club. Based in Eugene, it has produced an impressive number of Olympic medal winners, world champions and American champions under his direction.

Lananna was instrumental in the two-year renovation of Oregon's historic Hayward Field that has been the site for numerous national competitions and will again host the NCAA Championships in 2021 and 2022.

In 2016, he was elected the president of USA Track and Field.

Lananna has an impressive resume coaching U.S. competitors on the world stage. He was the men's track and field coach for the 2016 Olympic Games in Rio de Janeiro after previously serving as the men's head coach at the 2011 IAAF World Championships in Daegu, South Korea, men's distance coach at the 2004 Olympic Games in Athens, Greece, and U.S. distance coach at the 1999 World Championships in Seville, Spain. He served as the United States head coach for the 1990 IAAF World Cross Country Championships and 1996 IAAF World Cross Country Championships. Lananna led the East team to a track and field title at the 1990 U.S. Olympic Festival.

Lananna arrived at Stanford after serving as assistant athletic director and head coach for cross country and track and field at Dartmouth. In 12 seasons with the Big Green, Lananna's teams won five Heptagonal Track & Field titles and eight straight Heptagonal Cross Country titles. His cross country teams appeared in the NCAA Championships 12 straight times, including two runner-up finishes (1986 and 1987). He was named the NCAA Coach of the Year in 1986.

His coaching career began in 1975 when Lananna was named head coach of cross country at his alma mater, C.W. Post in Greenvale, NY. As an athlete (1971-75), he ran cross country and track and field and was captain of the 1974 team that finished fourth in the NCAA Division II Championships. He obtained his undergraduate degree from C.W. Post in 1975 in history and psychology.

Lananna received his masters of arts degree from Long Island University in 1989. He and his wife, Elizabeth, have two sons – Brian and Scott – who are graduates of Dartmouth. Renowned for his ability to develop talent, Lananna's reputation as an exceptional coach was secured during his tenure as director of track and field at Stanford from 1992 to 2003. In his time on The Farm, Lananna built one of the nation's elite programs. His cross country and track and field teams claimed five NCAA team championships, 35 top-10 NCAA finishes, and 22 NCAA individual titles. The 2000 men's track and field team won the school's first outdoor title since 1934. The Cardinal men and women also won 17 Pacific-10 Conference team titles and 45 individual conference crowns in addition to 15 West Regional cross country championships.

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Lananna received his masters of arts degree from Long Island University in 1989. He and his wife, Elizabeth, have two sons – Brian and Scott – who are graduates of Dartmouth.



ASSISTANT TRACK AND FIELD/CROSS COUNTRY COACH

Trevor Dunbar joined the Virginia coaching staff in the spring of 2021 as an assistant coach for distance runners. He spent the previous season as an assistant coach at California where he coached the Golden Bears' distance competitors. Prior to that, he worked for two seasons at Florida State as an operations assistant with the distance program. In his first season on Grounds, Dunbar helped steeplechaser Derek Johnson to some remarkable achievements. After earning all-ACC honors, he went on to run a school-record 8:32.95 in the NCAA finals to earn first-team All-America honors thanks to a seventh-place finish. Two days later at the TrackTown Qualifier, he improved that mark down to 8:27.72 to make the Olympic Trials. His season came to an end in the Olympic Trials qualifying round, where he finished 15th overall in 8:32.97.

Dunbar's coaching resume includes a year of experience as a volunteer assistant at Boston University in 2018-19. He previously served as a volunteer coach at his alma mater – Oregon – from 2014 to 2016.

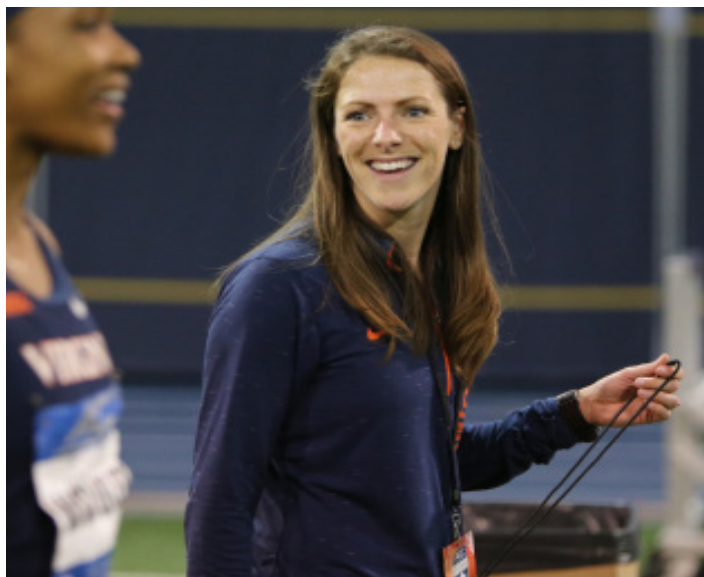
At Virginia, Dunbar is reunited with his collegiate coach – Vin Lananna – from the start of his career at Oregon. He helped the Ducks to a pair of NCAA track & field championships (2014), grabbing five All-American honors while establishing collegiate-bests of 3:38.38 in the 1,500-meters, 7:51.55 in the 3,000-meters, 13:26.90 in the 5,000-meters and 28:52.39 in the 10,000-meters.

A native of Kodiak, Alaska, his decorated running career includes seven high school state championships and multiple state records. He spent his first two collegiate seasons at the University of Portland, where he earned two cross country All-American honors while competing for the Pilots (2009-11) before transferring to Oregon where he graduated with a degree in business administration.

As a professional runner, Dunbar first ran representing Nike Inc. (2014-17) before moving on to the Boston Athletic Association (B.A.A.) in 2018, running both at national and international competitions. Dunbar has represented Team USA both in cross country and on the track.



ASSISTANT TRACK AND FIELD/CROSS COUNTRY COACH



- 3rd Year at Virginia

Nicole Freitag was named an assistant coach for the Virginia cross country and track & field team in October of 2019. In the spring of 2021 she helped graduate student Michaela Meyer become the program's first individual champion when she won the 800m at the NCAA Championships. That season Meyer rewrote the school records in the 800m and 1500m several times and reached the finals of the U.S. Olympic Trials in the 800m.

During her first season on Grounds, she coach Gabriella Karas to All-Southeast Region honors in cross country.

Freitag joined the UVA staff as a nationally decorated distance runner. The former Oregon runner was a nine-time All-American and four-time Pac-10 champion. During her career, Freitag recorded nine top-10 finishes at the NCAA championships (two- cross country, four – indoor track and field, three- outdoor track and field), including finishing as the 2009 NCAA outdoor runner-up in the 5,000m. She also

captured two third-place finishes on the national stage, finishing third in the outdoor 5,000m in 2008 and in the 10,000m in 2010.

Freitag won the Pac-10 cross country conference title in 2009 and captured three track and field crowns, winning the 5,000m race twice and 10,000m race once. After college, Freitag competed as an elite athlete for Nike (2010-12) where she trained to make an Olympic team and compete on an international level.

From 2012-14, Freitag served as the women's assistant cross country and track coach at Columbia. With the Lions, she qualified distance runners for the NCAA regional and national championships. She also recruited highly-ranked runners, both on a state and national level, to the program.

Prior to Virginia, Freitag worked for two years (2017-19) at On in Portland, Ore., starting as an event producer before being named the global sports marketing manager over track and field in 2018. As an event producer, she managed North American expos and trade shows for the company, in addition to handling contracts for sponsored events as well as executing launch events for North America.

As the global sports marketing manager, she created and implemented On's strategy as it branched into track and field. She expanded the company's track and field roster while cultivating relationships with the sport's community.

Freitag worked for Nike from 2015-17 as a running expert and brand response specialist, where she analyzed and tracked footwear trends and educated consumers on footwear specifics. She served as a national scholastic sales manager for ElliptiGO the year prior (2014-15). Freitag increased product awareness with ElliptiGo and contributed articles to the company's monthly sports performance newsletter.

Freitag graduated from Oregon with a bachelor of science degree in journalism in 2010. She and her husband, Brock, had their son Riggs in July of 2021.



ASSISTANT TRACK AND FIELD COACH



- 10th season at Virginia
- 1 NCAA Champion at Virginia
- 28 All-Americans at Virginia
- 19 ACC Champions at Virginia

Mario Wilson, who has been a part of 23 conference champion teams in over 20 years of NCAA Division I coaching experience, joined the Virginia staff in July of 2012. He coaches the jumps, sprints and the decathletes for the Cavaliers.

Wilson was the 2010 and 2020 United States Track and Field and Cross Country Coaches Association (USTFCCCA) Southeast Region Assistant Coach of the Year and has been part of two Mid-Atlantic Region Coaching Staff's of the Year and seven conference coaching staff's of the year.

During the 2021 indoor season, Wilson saw the Cavaliers continue to excel in the jumps at the ACC Championships. Owayne Owens claimed UVA's fourth conference triple jump title in five years and went on to earn first-team All-America status at the NCAA Indoor Championships. Jada Seaman repeated as the ACC long jump champ and placed 12th at the NCAA meet.

During the 2021 outdoor campaign, Seaman was ninth in the NCAA long jump after winning the ACC title in the event. Owens won the triple jump and Brenton Foster took home the gold in the high jump. Foster set the school record in the high jump (2.27m / 7' 5.25") during the season.

During the 2019-20 season, Wilson was named the 2020 USTFCCCA Men's Southeast Regional Assistant Coach of the Year after coaching four Cavaliers to ACC titles at the men's conference championships. Foster won the high jump, Derek Pekar won the heptathlon, Sam Young won the pole vault and Jordan Scott won the triple jump to lead the Cavaliers at ACCs. Scott was also named the USTFCCCA Southeast Region Field Athlete of the Year, the ACC Field Athlete of the Year and ACC Field Athlete of the Meet. He captured the 17th-best all-time jump by a performer in the triple jump, clearing 17.20m (55'10.25") to set an ACC and UVA record.

Wilson's jumpers and multis athletes earned six All-ACC honors at the meet and set three UVA records. On the women's side, Seaman and Khyasia Caldwell finished 1-2 in the long jump at the ACC Championships. Seaman set a UVA record in the event. Her and Caldwell, along with Scott, Foster and Owayne Owens (triple jump) were named All-Americans for advancing to the NCAA Championships.

Wilson coached Jordan Scott to a national triple jump title at the 2019 NCAA Indoor Championships, capturing the first national title by a male ACC competitor in the event. Scott's performance earned him the title of USTFCCCA Southeast Regional Athlete of the Year and ACC Performer of the Year. Bridget Guy made history becoming the first indoor female pole vaulter in school history, with a fifth-place finish at the national championships.

At the 2019 NCAA Outdoor Championships, Wilson's athletes recorded

three All-American honors as Scott finished second in the triple jump, Guy finished fourth in the pole vault and Kelly McKee placed fifth in the triple jump. Additionally, Scott captured the ACC title in the long jump and triple jump, and Guy recorded the conference title in the pole vault. Guy was named UVA's IMP Award recipient as the school's top female athlete of the year, while Scott was named the USTFCCCA Southeast Regional Athlete of the Year, ACC Performer of the Year and ACC Meet Field MVP.

Wilson's athletes set three school records during the 2017-18 season with Bridget Guy (pole vault), McKee (triple jump) and Jordan Scott (triple jump), setting UVA records in events. Guy earned All-America honors in the pole vault, finishing fourth in the event at the outdoor championships. McKee captured second-team All-America in the triple jump while Scott recorded the national honor in the triple jump during the indoor (honorable mention) and outdoor (second-team) seasons.

During the 2017 season, Wilson led decathlete Jack Lint (outdoor) and triple jumper Jordan Scott (indoor and outdoor) to All-America honors. Lint and Scott both claimed ACC indoor titles earning first in the heptathlon and triple jump, respectively. Lint set a UVA record in the heptathlon while Scott broke the freshman indoor and outdoor triple jump and the outdoor long jump records.

In 2016, Wilson guided Christian Lavorgna to a second-place finish in the decathlon at the ACC Outdoor Championships. He mentored Jack Lint to a school record in the heptathlon and Bridget Guy to the indoor and outdoor pole vault school marks. Guy took home second-team All-ACC honors in both seasons, while Caitlin Mautz was a second-team performer in the women's javelin.

Wilson led men's triple jumper Ryan Satchell and men's javelin thrower Kyle Smith to qualify for the NCAA Outdoor Championship in 2015, while Jack Lint set the school freshman record in the decathlon. Prior to that, men's triple-jumper Ryan Satchell and women's triple-jumper Dallas Rose each won the ACC championship at the 2014 outdoor meet and finished seventh at the 2014 NCAA Outdoor Championships.

In his first season at Virginia, Wilson coached four All-ACC honorees, including NCAA Indoor Qualifier Dallas Rose in the women's triple jump and NCAA Outdoor Qualifier Abbey Karin in the women's javelin.

Wilson came to Virginia after four years as an assistant at Clemson, where he mentored Miller Moss to the 2011 NCAA indoor national championship in the heptathlon as well as 13 additional All-Americans. Moss went on to earn a bronze medal at the 2011 USATF Championships.

Wilson helped guide the Tigers to six Atlantic Coast Championship titles, including 10 individual conference champions, and to a fourth-place finish at the 2012 NCAA Outdoor Championships.

Prior to Clemson, Wilson was an assistant at New Mexico from 2007-09, where he tutored four All-Americans and nine NCAA participants, including Katie Coronado, who was the national runner-up in the javelin in 2008. He helped lead Bucknell to 10 Patriot League cross country and track and field team championships from 2002 to 2007. At Bucknell, he coached an NCAA finalist in the women's pole vault, 11 NCAA East Regional qualifiers and 25 individual Patriot League champions.

Wilson graduated from Marist in 1998 with a degree in psychology. He earned a master's degree in education in 2004 from St. Francis (PA), where he began his collegiate coaching career. From 1998-2002, St. Francis won seven Northeast Conference team titles and Wilson coached 32 school record holders.

Wilson was a standout football player at Marist, where he was a four-year starter and was named the 1998 Marist College Sportsman of the Year.



ASSISTANT TRACK AND FIELD COACH



- 9th season at Virginia
- 24 All-Americans at Virginia
- 3 NCAA Champions at Virginia
- 16 ACC Champions at Virginia

Two-time Olympian Martin Maric was named assistant track and field coach in September 2012. One of the most highly-respected throws coaches in the country, Maric has coached the UVA throwers to 24 All-America honors and three NCAA champions.

The 2021 outdoor season has the most recent chapter of his success story. Ethan Dabbs repeated as the ACC javelin champion and Claudio Romero captured his first conference discus crown. At the NCAA Championships, Romero finished first and freshman Jacob Lemmon placed fifth to give UVA a pair of All-Americans in the event. On the women's side, first-year Maria Deaviz placed 19th in the shot put in her NCAA Championship debut.

While the 2020 outdoor season did not take place due to the pandemic, Maric's athletes recorded three All-America honors during the 2018-19 season as Ethan Dabbs (javelin), Hilmar Jonsson (hammer) and Oghenakpobo Efekoro (shot put) competed at the 2019 NCAA Outdoor Championships. All three athlete also captured ACC titles in their respective events. Jonsson became the first male ACC competitor to capture four consecutive titles in the hammer throw. Jonsson also set the Icelandic national record in the event during the regular season.

During the 2017-18 season, Hilmar Jonsson captured his third ACC title in the hammer throw. He advanced to the NCAA Outdoor Track and Field Championships, earning second-team All-America honors in the event.

Maric led the Cavaliers to a program-best third place finish at the 2017 NCAA Outdoor Championships. Virginia scored in five throwing events, tallying all 36 of the team's points, the most by a throwing unit since SMU in 2002. Filip Mihaljevic captured the NCAA title in the shot put and discus, earning him recognition as a Bowerman semifinalist. Mihaljevic was named the ACC Outdoor Field Athlete of the Year, ACC Championships Outdoor Field MVP, the 2017 USTFCCA Southeast Regional Field Athlete of the Year

and ACC Outdoor Scholar Athlete. At the ACC Championships, Mihaljevic placed first in the shot put and discus, while Hilmar Jonsson won the hammer title. Maric led five males and one female student-athletes to All-American honors.

Jordan Young was named an All-American in the weight throw at the NCAA Indoor Championships, finishing third in the event. He also won the ACC title in the event, earning the Indoor ACC Field Performer of the Year. Mihaljevic finished first in the shot put at the conference meet.

Maric's group had a stellar 2015 season, which earned him USTFCCA Southeast Region Men's Assistant Coach of the Year honors. He guided the throwers to six NCAA Championship entries during the outdoor season, as Jordan Young was the only male to compete in three individual events in Eugene. Young earned first-team All-America honors in both the discus and hammer throw, while Filip Mihaljevic finished third in the discus.

The Cavaliers broke four school records during the outdoor season, with Mihaljevic setting the marks in the shot put and discus, Young in the hammer throw and Christine Bohan in the shot put. During the indoor season, Young had a fourth-place finish in the weight throw at the NCAA Championships. Between the indoor and outdoor seasons, Mihaljevic and Young won a combined four ACC Championships.

Maric spent the 2015-16 school year as a member of the Virginia IM-Rec staff.

In 2014, Maric coached Mihaljevic, the ACC Outdoor Track & Field Freshman of the Year. Mihaljevic won the ACC Outdoor Championship in the discus and earned first-team All-America honors in both the shot put and discus.

Maric is the Croatian national record holder in the discus and he represented his home country in the discus at the 2008 Olympics in Beijing and the 2012 Games in London. He finished 29th in 2008 before placing 17th in 2012. He was named Croatian Athlete of the Year for this effort in London.

He also represented Croatia at the 2011 World Championships in Dageu, South Korea, and at the 2007 and 2009 World University Games.

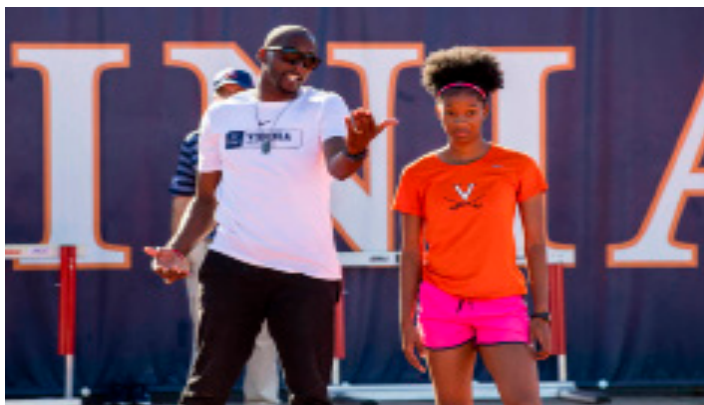
At the University of California, Maric was the NCAA Champion in the discus in 2009, as well as an All-American in the discus in 2008 and the javelin in 2007.

Maric spent the springs of 2010 and 2011 as a volunteer assistant coach at the University of Florida and served as an assistant coach at the ASK Split Athletic Club in his native Split, Croatia.

Maric graduated from California with a bachelor's degree in political economy of industrial societies in 2009. He and his wife, Danielle, reside in Charlottesville.



ASSISTANT TRACK AND FIELD COACH



LaRon Bennett joined the Virginia program in the fall of 2021 to coach the sprints, hurdles and relays for the Cavaliers. He came to UVA after heading up the program at Belhaven University (Jackson, Miss.) from 2019 to 2021.

At Division III Bellhaven, Bennett served as the director of track and field and cross country. He managed all aspects of the program, saw the program host its first home meet and the American Southwest Conference Outdoor Championships, and was involved in the development and planning for a \$1.8 million outdoor track facility. In just three seasons, his student-athletes posted 20 all-time top-10 school performances, two All-American and conference champions and seven were ranked in the top-10 national performance lists.

From 2012 to 2017, Bennett was on the staff at Drake, serving as the Bulldogs interim co-head coach in his final season in Des Moines (Iowa). During his tenure, Drake student-athletes earned nine Missouri Valley Conference (MVC) Elite 18 awards, given on the basis of the highest GPA combined with the highest event finisher at the conference meet. He coached nine student-athletes in NCAA first round competition with four MVC champions.

Bennett started his coaching path at his alma mater, Georgia, where he worked as a volunteer assistant. During his tenure with the Bulldogs he coached two SEC champions and 18 All-Americans.

While competing at Georgia, Bennett was a three-time All-American in the 400-meter hurdles (2003-2005) and team captain for one of the top squads in the country.

Bennett competed in the 400-meter hurdles in four United States Olympic Trials (2004, 2008, 2012, 2016) with a semifinal appearance in 2012. He was a silver medalist in the 4x400 relay and a bronze medalist in the 400-meter hurdles at the 2007 Pan American Games in Rio de Janeiro, Brazil. He finished sixth in the 400-meter hurdles at the USATF Championships in 2010.

A native of Brunswick, Ga., Bennett earned his undergraduate degree from Georgia in child and family development and has a master's in secondary education from the University of Phoenix. He and his wife, Kali, have a son, Malachi, and daughter, Naomi.



COACHES & SUPPORT STAFF



Jordan
Roach

Volunteer Assistant
- Throws



WAYNE
NORTHOVER

Volunteer Assistant
- Jumps



Bridget
Guy

Volunteer Assistant
- Pole Vault



Noah
Gade

Graduate Manager
- Pole Vault



Jazlyn
Eddings

Men's Academic Coordinator



Keith
Houchins

Women's Academic
Coordinator



Erin
Columbia

Assistant Director of
Sports Nutrition



Dr. Karen
Egan

Associate Sports
Psychologist



Kat
Barnes

Sports Medicine



Mark
Hinton

Sports Medicine



WOMEN'S PANORAMA FARMS HISTORY

WOMEN'S MEET HISTORY AT PANORAMA FARMS

VIRGINIA/PANORAMA FARMS INVITATIONAL

Year	Team Champion	UVA	Individual Champion
2009	Villanova (17)	2nd (42)	Shelia Reid (Nova, 20:13.43)
2010	Texas Tech (20)	2nd (55)	Rose Tanui (TTU, 20:21.87)
2011	Virginia (27)	1st (27)	Ashley Schnell (UNCG, 21:03.42)
2012	Wisconsin (35)	3rd (57)	Cally Macumber (UK, 17:29.2)
2013	Virginia (42)	1st (42)	Elaina Balouris (W&M, 16:31.8)
2014	Virginia (37)	1st (37)	Sarah Fakler (UVA, 20:39.0)
2015	Virginia (30)	1st (30)	Iona Lake (UVA, 16:49.6)
2016	BYU (47)	4th (127)	Regan Rome (W&M, 17:01.1)
2017	Virginia (41)	1st (41)	Caroline Sang (UNCC, 17:05.7)
2018	CANCELLED		
2019	Michigan State (42) 8th (181)		Jessica Pascoe (Florida, 20:14.5)

CAVALIER CLASSIC

Year	Team Champion	UVA	Individual Champion
2019	Tennessee (36)	3rd (72)	Katie Thronson (Tenn, 17:01.7)

VIRGINIA PANORAMA FARMS OPEN (FORMERLY CAVALIER OPEN)

Year	Team Champion	UVA	Individual Champion
2001	Virginia (35)	1st (35)	Sheela Agrawal (Una, 21:18.7)
2002	Georgetown (21)	2nd (36)	
2003	Duke (39)	2nd (40)	Mary Harrelson (Una, 21:23.00)
2004	Individuals Only	-	
2005	W&M (15)	DNR	Dawn Cromer (Una, 17:46.27)
2006	Individuals Only	-	Kayley Byrne (W&M, 18:37.30)
2007	Individuals Only	-	Dawn Cromer (Una, 18:05.6)
2008	Individuals Only	-	Kelly McElroy (W&M, 18:46.93)
2009	Individuals Only	-	Jessica Propst (Una, 18:18.24)
2010	Individuals Only	-	Kathleen Stevens (Una, 18:26.28)
2011	Individuals Only	-	Julia Webb (Una, 17:54.32)

LOU ONESTY

Year	Team Champ	UVA	Individual Champion
2001	W&M (31)	2nd (37)	Sharon O'Connor (UVA, 18:45.6)
2002	Duke (29)	3rd (52)	Caroline Bierbaum (Duke, 16:59)
2003	Duke	4th	Ali Henderson (W&M, 17:38.30)
2004	Virginia (33)	1st (33)	Jessica Fanning (VT, 18:06.10)
2005	Virginia (40)	1st (40)	Emily Harrison (UVA, 17:44.23)
2006	Virginia (29)	1st (29)	Michelle Sikes (WF, 17:20.40)
2007	Virginia (30)	1st (30)	Emily Harrison (UVA, 17:16.50)
2008	Virginia (18)	1st (18)	Lauretta Dezubay (UVA, 17:55.01)
2009	Virginia (19)	1st (19)	Lauretta Dezubay (UVA, 17:42.50)
2010	Virginia (15)	1st (15)	Stephanie Garcia (UVA, 17:55.35)
2011	Virginia (15)	1st (15)	Anna Corrigan (UVA, 18:04.50)

ACC CHAMPIONSHIPS

Year	Team Champion	UVA	Individual Champion
2006	NC State (59)	3rd (104)	Julia Lucas (NC State, 20:42.1)
2007	FSU (64)	8th (160)	Susan Kuijken (FSU, 20:23.5)
2014	UVA (57)	3rd (109)	Liv Westphal (BC, 19:43.8)

NCAA SOUTHEAST REGIONAL

Year	Team Champion	UVA Finish	Individual Champion
2013	Virginia (57)	1st (57)	Emily Stites (W&M, 19:57.5)
2015	Virginia (53)	1st (53)	Letitia Saayman (CCU, 20:25.1)
2016	NC State (53)	6th (190)	Annie Bothma (CCU, 20:15.4)
2017	NC State (68)	7th (202)	Caroline Sang (UNCC, 20:05.8)
2019	NC State (48)	7th (250)	Elly Henes (NC State, 19:48.9)

TOP COURSE TIMES - WOMEN

WOMEN'S COLLEGE - 5000M

1.	17:01.4	Sasha Neglia, North Carolina	9/25/2020
2.	17:01.7	Katie Thronson, Tennessee	9/14/2019
3.	17:03.3	Morgan Ilse, North Carolina	9/14/2019
4.	17:09.2	Paige Hofstad, North Carolina	9/14/2019
5.	17:20.2	Hannah Moran, Virginia	9/25/2020
6.	17:22.3	Mady Clahane, North Carolina	9/25/2020
7.	17:21.5	Sydney Seymour, Tennessee	9/14/2019
8.	17:24.6	Megan Murray, Tennessee	9/14/2019
9.	17:26.2	Gabriella Karas, Virginia	9/25/2020
10.	17:28.0	Kelsey Harrington, North Carolina	9/25/2020
11.	17:30.5	Anna Workman, Virginia	9/25/2020
12.	17:31.3	Emmeline Fisher, North Carolina	9/25/2020
13.	17:31.6	Sarah Trainor, North Carolina	9/25/2020
14.	17:32.4	Kiera Bothwell, Virginia	9/25/2020
15.	17:33.1	Kathryn Gearhart, Maryland	9/14/2019
16.	17:36.0	Madeline Rehm, Wake Forest	9/25/2020
17.	17:41.2	Taryn Parks, North Carolina	9/25/2020
18.	17:42.2	Erin Edmundson, North Carolina	9/14/2019
19.	17:44.8	Alyssa Wolf, Tennessee	9/14/2019
20.	17:49.0	Olivia Sargent, Virginia	9/25/2020
21.	17:52.9	Martha Bissah, Norfolk State	9/14/2019
22.	17:54.1	Brit Lang, Maryland	9/14/2019
23.	18:01.0	Elizabeth Harding, North Carolina	9/14/2019
24.	18:01.3	Anna Campbell, Wake Forest	9/25/2020
25.	18:03.6	Michaela Meyer, Virginia	9/25/2020

WOMEN'S COLLEGE - 6000M

1.	19:48.9	Elly Henes, NC State	11/15/2019
2.	19:55.0	Gabrielle Jennings, Furman	11/15/2019
3.	20:02.5	Savannah Carnahan, Furman	11/15/2019
4.	20:02.6	Kelsey Chmiel, NC State	11/15/2019
5.	20:08.1	Hannah Steelman, Wofford	11/15/2019
6.	20:12.5	Julia Zachgo, NC State	11/15/2019
7.	20:14.5	Sara Freix, Virginia Tech	11/15/2019
	20:14.5	Jessica Pascoe, Florida	9/27/2019
9.	20:18.8	Ivine Chamutai, Louisville	11/15/2019
10.	20:20.8	Paige Hofstad, North Carolina	11/15/2019
11.	20:21.2	Famke Heist, High Point	11/15/2019
12.	20:25.3	Annie Fuller, MSU	9/27/2019
13.	20:26.8	Hannah Steelman, Wofford	9/27/2019
14.	20:28.8	Michaela Reinhart, Duke	11/15/2019
15.	20:29.0	Kristlin Gear, Furman	11/15/2019
16.	20:29.1	Kyra Lopez, Virginia Tech	11/15/2019
17.	20:30.9	Samantha Halvorsen, Wake Forest	11/15/2019
18.	20:35.8	Sarah Edwards, Virginia Tech	11/15/2019
19.	20:37.5	Emma Grace Hurley, Furman	11/15/2019
20.	20:38.6	Logan Morris, Clemson	11/15/2019
21.	20:39.9	Jeralyn Poe, MSU	9/27/2019
22.	20:44.2	Scolasticah Kemei, Elon	9/27/2019
	20:44.2	Sara Platek, Duke	11/15/2019
24.	20:45.2	Adelyn Ackley, Liberty	9/27/2019
25.	20:46.5	Kayley DeLay, Yale	9/27/2019

* Panorama Farms created a new course prior to the 2019 cross country season



MEN'S PANORAMA FARMS HISTORY

MEN'S MEET HISTORY

VIRGINIA/PANORAMA FARMS INVITATIONAL

Year	Team Champ	UVA	Individual Champion
2009	Virginia (30)	1st (30)	Emil Heineking (UVA, 23:16.19)
2010	Duke (31)	2nd (40)	Emil Heineking (UVA, 23:47.79)
2011	Virginia (39)	1st (39)	Paul Chelimo (UNCG, 23:36.05)
2012	Oklahoma (40)	3rd (66)	Kemoy Campbell (ARK, 24:07.7)
2013	UNC (58)	3rd (101)	Soufiane Bouchikhi (EKU, 23:22.4)
2014	Virginia (47)	1st (47)	Ty McCormack (Auburn, 23:52.0)
2015	Virginia (41)	1st (41)	Erik Peterson (Butler, 23:45.9)
2016	BYU (39)	3rd (82)	Justyn Knight (Syracuse, 23:13.9)
2017	Virginia (54)	1st (55)	Amon Kemboi (Campbell 23:31.5)
2018	CANCELLED		
2019	Virginia (35)	1st (35)	Morgan Beadlescomb (Michigan State, 23:58.7)

CAVALIER CLASSIC

Year	Team Champion	UVA	Individual Champion
2019	Virginia (29)	1st (29)	Rohann Asfaw (UVA, 24:25.9)

VIRGINIA PANORAMA FARMS OPEN (FORMERLY CAVALIER OPEN)

Year	Team Champ	UVA	Individual Champion
2001	W&M (26)	3rd (61)	Terry Brennan (Una, 24:21.5)
2002	W&M (24)	3rd (83)	Felix Chrobog (GT, 25:48)
2003	Duke (15)	DNR	Jona Reinhardt (Una, 25:51.00)
2004	Indiv Only	-	Brad Yewer (Una, 25:04.07)
2005	W&M (15)	DNR	Jason Schoener (Una, 25:20.05)
2006	Indiv Only	-	Tristan Colangelo (Una, 24:09.1)
2007	Indiv Only	-	Kevin Tschirhart (Virginia, 24:41.7)
2008	Indiv Only	-	Tom Burke (W&M, 24:52.30)
2009	Indiv Only	-	Bobby Peavey (Una, 24:51.75)
2010	Indiv Only	-	Brett Johnson (Virginia, 24:58.76)
2011	Indiv Only	-	Everett Hackett (Una, 24:31.19)

LOU ONESTY

Year	Team Champ	UVA	Individual Champion
2001	W&M (20)	2nd (46)	Will Christian (Virginia, 25:26.1)
2002	Duke (26)	3rd (77)	Chris Williams (Duke, 24:28)
2003	Duke (42)	3rd (52)	Will Christian (Virginia, 24:28.90)
2004	W&M (46)	3rd (62)	Josh McDougal (LU, 24:41.70)
2005	Virginia (28)	1st (28)	David Kemboi (NSU, 24:21.84)
2006	Liberty (41)	2nd (88)	Josh McDougal (LU, 24:14.50)
2007	Duke (35)	2nd (55)	Andy Biladeau (UVA, 24:25.80)
2008	Virginia (19)	1st (19)	Trey Miller (Virginia, 24:53.80)
2009	Virginia (28)	1st (28)	Emil Heineking (UVA, 24:04.80)
2010	NSU (38)	2nd (43)	Josef Tessema (NSU, 25:03.25)
2011	GT (20)	2nd (72)	Josef Tessema (NSU, 25:00.70)

ACC CHAMPIONSHIPS

Year	Team Champ	UVA	Individual Champion
2006	NC State (31)	3rd (87)	Itay Magidi (Clemson, 23:52.5)
2007	Virginia (32)	1st (32)	Chris Kollar (NC State, 24:02.1)
2014	Syracuse (32)	4th (121)	Martin Hehir (Syracuse, 23:15.2)

NCAA SOUTHEAST REGIONAL

Year	Team Champ	UVA	Individual Champion
2013	EKU (58)	2nd (96)	Paul Chelimo (UNCG, 28:37.3)
2015	LOU (77)	2nd (96)	Thomas Curtin (VT, 29:07.9)
2016	NC State (90)	2nd (105)	Amon Terer (Campbell, 28:48.7)
2017	Furman (55)	3rd (130)	Lawrence Kipkoech (Campbell, 28:45.3)
2019	Virginia (79)	1st (79)	Peter Seuffer (Virginia Tech, 29:20.7)

TOP COURSE TIMES - MEN

MEN'S COLLEGE - 8000M

1.	23:58.7	Morgan Beadlescomb, MSU	9/27/2019
2.	24:03.1	Rohann Asfaw, Virginia	9/25/2020
3.	24:08.1	JP Trojan, William & Mary	9/27/2019
4.	24:09.2	Felix Kandie, Liberty	9/27/2019
5.	24:11.2	Jack Tiernan, Wake Forest	9/25/2020
6.	24:13.5	Carter Coughlin, Wake Forest	9/25/2020
7.	24:14.2	Ari Klau, Virginia	9/27/2019
8.	24:15.4	Spencer Dodds, Virginia	9/27/2019
	24:15.4	Wes Porter, Virginia	9/25/2020
10.	24:16.6	El Hocine Bouchrak, High Point	9/27/2019
11.	24:17.4	AJ Ernst, Virginia	9/27/2019
12.	24:18.0	Euan Makepeace, Butler	9/27/2019
13.	24:18.3	Randy Neish, Virginia	9/25/2020
14.	24:20.4	Peter Morris, Virginia	9/27/2019
15.	24:20.9	Alex Cornwell, Charlotte	9/27/2019
16.	24:22.7	Abdifetah Ahmed, MSU	9/27/2019
17.	24:23.8	Bryson Crites, Virginia	9/25/2020
18.	24:24.0	Will Coogan, North Carolina	9/25/2020
19.	24:24.2	Alex Corbett, Virginia	9/27/2019
20.	24:25.0	Lachlan Cook, Virginia	9/27/2019
21.	24:26.5	Robert Miranda, Yale	9/27/2019
22.	24:27.1	Brennan Fields, Kentucky	9/27/2019
23.	24:27.2	CJ Ambrosio, Duke	9/14/2019
24.	24:28.4	Nick Dahl, Yale	9/27/2019
25.	24:28.5	Paul Dellinger, Duke	9/14/2019

MEN'S COLLEGE - 10000M

1.	29:20.7	Peter Seuffer, Virginia Tech	11/15/2019
2.	29:24.4	Athanas Kioko, Campbell	11/15/2019
3.	29:28.7	Ryan Adams, Furman	11/15/2019
4.	29:37.7	Amon Kemboi, Campbell	11/15/2019
5.	29:47.5	Adriaan Wildschutt, Coastal Carolina	11/15/2019
6.	29:50.3	Ian Shanklin, NC State	11/15/2019
7.	29:51.2	Nadeel Wildschutt, Coastal Carolina	11/15/2019
8.	29:58.3	Ezekiel Kibichii, Eastern Kentucky	11/15/2019
9.	30:06.9	Fitsum Seyoum, Virginia Tech	11/15/2019
10.	30:12.6	Alex Cornwell, Charlotte	11/15/2019
11.	30:17.8	AJ Ernst, Virginia	11/15/2019
12.	30:21.8	Emmanuel Cheboson, Louisville	11/15/2019
13.	30:22.7	Daniel Bernal, Furman	11/15/2019
14.	30:25.7	Zach Facioni, Wake Forest	11/15/2019
15.	30:27.8	Ari Klau, Virginia	11/15/2019
16.	30:31.2	Alex Corbett, Virginia	11/15/2019
17.	30:31.6	Peter Morris, Virginia	11/15/2019
18.	30:32.1	Gavin Gaynor, NC State	11/15/2019
19.	30:33.0	Godwin Kimutai, Campbell	11/15/2019
20.	30:33.5	Lachlan Cook, Virginia	11/15/2019
21.	30:34.8	El Hocine Bouchrak, High Point	11/15/2019
22.	30:36.9	Diego Zarate, Virginia Tech	11/15/2019
23.	30:37.6	Zak Kirk, Eastern Kentucky	11/15/2019
24.	30:41.9	CJ Ambrosio, Duke	11/15/2019
25.	30:43.8	Brennan Fields, Kentucky	11/15/2019

* Panorama Farms created a new course prior to the 2019 cross country season



WOMEN'S NCAA CROSS COUNTRY HISTORY

NCAA CHAMPIONSHIP RESULTS

1981 NCAA CHAMPIONS (36 pts*)

3.	Aileen O'Connor	16:27.7
5.	Lesley Welch	16:27.9
8.	Lisa Welch	16:38.2
12.	Jill Haworth	16:48.0
19.	Marisa Schmitt	17:03.5
26.	Dana Slater	17:07.6
40.	Mary Wright	17:24.1

1982 NCAA CHAMPIONS (48 pts)

1.	Lesley Welch	16:36.7
4.	Jill Haworth	17:12.0
12.	Dana Slater	17:23.3
18.	Marisa Schmitt	17:30.8
29.	Martha White	17:40.3
43.	Mary Wright	17:55.2

1985

26.	Patty Matava	16:59.7
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1986

16.	Patty Matava	17:26.8
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1987

18.	Patty Matava	16:45.5
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1989

109.	Claire Forbes	18:20.3
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1991 18th Place (418 pts)

41.	Claire Forbes	17:39
101.	Beni Gras	18:23
122.	Sharon Servidio	18:39
141.	Marcia West	18:56
142.	Kendra Hickman	18:56
163.	Lara Drauglis	19:33
166.	Jen Koster	19:37

1992

26.	Claire Forbes	17:56.3
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1993 17th Place (380 pts)

56.	Lara Drauglis	17:35.4
78.	Sharon Serridio	17:50.5
87.	Anjanette Arabian	17:55.7
125.	Bernarda Gras	18:18.7
147.	Dana Keener	18:44.5
152.	Marianne Livingston	18:48.4
163.	Michelle Loschert	18:59.4

1999

27.	Jennifer Owens	17:20.8
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2001 9th Place (303 pts)

6.	Jennifer Owens	20:43
72.	Sarah Folse	21:52
92.	Dawn Cleary	22:05
96.	Meghan McGarvey	22:07
121.	Ellen Dwyer	22:19
176.	Meghan Schwartz	22:51
219.	Jolene Hampson	23:20

2002 20th Place (510 pts)

75.	Jane Maxwell	21:02.6
102.	Ellen Dwyer	21:18.6
152.	Meg McGarvey	21:39.4
154.	Kara Scanlin	21:41.3
166.	Dawn Cleary	21:48.8
174.	Ashley Seaton	21:52.0
203.	Sharon O'Connor	22:09.6

2004

109.	Emily Harrison	22:02.1
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2005 26th Place (605 pts)

38.	Emily Harrison	20:31.1
67.	Kara Scanlin	20:50.1
195.	Laura Hodges	20:00.9
221.	Katie Read	22:24.5
225.	Lauretta Dezubay	22:29.2
250.	Jennifer Dolson	23:34.8
253.	Janine Ricci	23:54.6

2006 14th Place (383 pts)

20.	Emily Harrison	21:13.8
25.	Kara Scanlin	21:16.4
66.	Katie Read	21:49.2
175.	Laura Hodges	22:42.3
186.	Lauretta Dezubay	22:51.2
227.	Janine Ricci	23:36.8
230.	Sara Casscells	23:44.9

2007

6.	Emily Harrison	20:15.0
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2008 26th Place (14th Place)

87.	Lauretta Dezubay	21:07.2
108.	Morgane Gay	21:16.0
133.	Stephanie Garcia	21:25.3
197.	Samantha Stafford	21:57.5
222.	Sara Casscells	22:18.2
238.	Lyndsay Harper	22:47.4
245.	Susan Brooks	23:15.7

2009 15th Place (391 pts)

4.	Catherine White	19:59.5
44.	Stephanie Garcia	20:47.6
92.	Lauretta Dezubay	21:15.5
116.	Morgane Gay	21:24.8
220.	Laurel MacMillan	22:25.1
237.	Samantha Stafford	22:51.8
250.	Jen Hovland	23:32.2

2010 21st Place (460 pts)

84.	Stephanie Garcia	21:13.8
86.	Barbara Strehler	21:14.2
126.	Morgane Gay	21:32.2
132.	Katherine Walker	21:36.3
182.	Ariel Karabinus	22:06.2
253.	Lyndsay Harper	DNF

2011 20th Place (466 pts)

22.	Morgane Gay	20:09.9
87.	Anna Corrigan	20:55.0
106.	Chelsea Ley	21:17.7
132.	Kathleen Stevens	21:30.8
149.	Katherine Walker	21:43.9
153.	Chelsea France	21:46.9
179.	Barbara Strehler	22:03.5

2012

33.	Catherine White	20:11.8
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2013 9th Place (283 pts)

24.	Barbara Strehler	20:35.3
63.	Maria Hauger	21:01.3
74.	Kathleen Stevens	21:07.8
100.	Cleo Boyd	21:20.9
130.	Vicky Fouhy	21:30.5
150.	Sarah Fakler	21:39.4
183.	Sara Sargent	21:54.3

2014 15th Place (433 pts)

41.	Morgan Kelly	20:46.5
102.	Iona Lake	21:12.6
109.	Kathleen Stevens	21:15.7
144.	Cleo Boyd	21:31.3
168.	Sara Sargent	21:40.4
191.	Sarah Fakler	21:51.3
248.	Megan Rebholz	23:16.3

2015 15th Place (386 pts)

67.	Cleo Boyd	20:38.5
76.	Megan Rebholz	20:41.1
92.	Iona Lake	20:47.4
123.	Sarah Astin	21:00.4
176.	Maria Hauger	21:21.9
209.	Carly Hamilton	21:44.3
247.	Emily Mulhern	22:46.4

2017

42.	Frances Schmiede	20:14.2
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2018

95.	Abbey Green	21:03.7
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* NCAA meet record

SOUTHEAST REGIONAL RESULTS

Year	Place	Points
2003	8th	N/A
2004	5th	155
2005	3rd	149
2006	4th	109
2007	6th	166
2008	Champions	105
2009	2nd	113
2010	Champions	65
2011	Champions	113
2012	8th	251
2013	Champions	57
2014	2nd	82
2015	Champions	53
2016	6th	190
2017	7th	202
2018	6th	192
2019	7th	250
2020	No meet	



WOMEN'S CROSS COUNTRY HONORS

NATIONAL CHAMPIONS

Margaret Groos	1979 AAU
Lesley Welch	1982 NCAA
Lesley Welch	1982 TAC

ALL-AMERICANS

1978	Margaret Groos Janet MacColl Martha White
1979	Margaret Groos Aileen O'Conner
1980	Aileen O'Conner
1981	Jill Haworth Aileen O'Conner Marisa Schmitt Vivian Scruggs Lesley Welch Lisa Welch
1982	Jill Haworth Marisa Schmitt Dana Slater Lesley Welch Martha White
1985	Patti Matava
1986	Patti Matava
1987	Patti Matava
1999	Jennifer Owens
2001	Jennifer Owens
2006	Emily Harrison
2006	Kara Scanlin
2007	Emily Harrison
2009	Catherine White
2011	Morgane Gay
2012	Catherine White
2013	Barbara Strehler

(prior to 1981 were AIAW honors)

ALL-SOUTHEAST REGION

2001	Sarah Folse (17th) Dana Coons (18th)
2002	Jennifer Owens (3rd) Sarah Folse (8th) Meghan McGarvey (17th)
2003	Jane Maxwell (14th)
2004	Emily Harrison (6th)
2005	Emily Harrison (5th) Kara Scanlin (7th)
2006	Emily Harrison (6th) Kara Scanlin (7th) Katie Read (14th)
2007	Emily Harrison (2nd) Stephanie Garcia (25th)
2008	Lauretta Dezubay (6th) Morgane Gay (7th) Stephanie Garcia (9th)
2009	Catherine White (1st) Morgane Gay (8th) Stephanie Garcia (18th) Lauretta Dezubay (25th)

2010	Morgane Gay (4th) Barbara Strehler (8th) Stephanie Garcia (10th) Katherine Walker (17th)
2011	Morgane Gay (3rd) Anna Corrigan (10th) Chelsea Ley (19th)
2012	Catherine White (4th) Barbara Strehler (20th)
2013	Barbara Strehler (3rd) Maria Hauger (9th) Sarah Fakler (11th) Cleo Boyd (14th) Kathleen Stevens (20th)
2014	Sara Sargent (22nd) Iona Lake (3rd) Morgan Kelly (4th) Sarah Fakler (11th)
2015	Cleo Boyd (7th) Sarah Astin (11th) Emily Mulhern (12th) Megan Rebholz (13th) Iona Lake (15th)
2016	Emily Mulhern (8th)
2017	Frances Schmiede (7th) Beth Hawling (14th)
2018	Abbey Green (7th)
2019	Gabrielle Karas (25th)

ACC CHAMPIONS

1978	Margaret Groos
1982	Lesley Welch
1987	Patty Matava
1992	Claire Forbes

ALL-ACC

1985	Patty Matava
1986	Patty Matava
1987	Patty Matava
1988	Lianne McVey
1990	Claire Forbes
1991	Claire Forbes
1992	Claire Forbes
1993	Lara Drauglis Beni Gras
1997	Cheryl Twomey
1998	Jen Owens
1999	Sarah Folse Jen Owens
2000	Sarah Folse
2001	Jen Owens
2002	Jane Maxwell Kara Scanlin
2003	Jane Maxwell
2004	Emily Harrison
2005	Emily Harrison
2006	Emily Harrison Katie Read Kara Scanlin
2007	Emily Harrison
2008	Lauretta Dezubay Stephanie Garcia
2009	Morgane Gay Catherine White

2010	Stephanie Garcia Morgane Gay Barbara Strehler
2011	Barbara Strehler
2012	Catherine White
2013	Barbara Strehler Maria Hauger Kathleen Stevens Sarah Fakler
2014	Sarah Fakler Iona Lake Morgan Kelly
2015	Cleo Boyd Iona Lake Emily Mulhern
2016	Emily Mulhern
2017	Frances Schmiede Beth Hawling
2018	Abbey Green
2020	Hannah Moran

ACC FRESHMAN OF THE YEAR

2013	Maria Hauger
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SOUTHEAST REGION COACH OF THE YEAR

2013	Todd Morgan
2015	Todd Morgan

ACC COACH OF THE YEAR

2015	Todd Morgan
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USTFCCCA

ALL-ACADEMIC

2009	Morgane Gay Catherine White
2010	Stephanie Garcia Morgane Gay
2011	Anna Corrigan
2012	Barbara Strehler Catherine White
2013	Cleo Boyd Sarah Fakler Kathleen Stevens Barbara Strehler
2014	Sarah Fakler Morgan Kelly Iona Lake
2015	Cleo Boyd Iona Lake Emily Mulhern Megan Rebholz
2017	Beth Hawling Frances Schmeide
2018	Abbey Green

ALL-ACC ACADEMIC

2006	Laura Hodges Katherine Read
2007	Stephanie Garcia
2008	Lauretta Dezubay Stephanie Garcia Morgane Gay Samantha Stafford
2009	Stephanie Garcia Morgane Gay Catherine White
2010	Stephanie Garcia Barbara Strehler
2011	Anna Corrigan Kathleen Stevens Barbara Strehler
2012	Kathleen Stevens Barbara Strehler Catherine White
2013	Vicky Fouhy Kathleen Stevens Barbara Strehler
2014	Cleo Boyd Sarah Fakler Iona Lake Kathleen Stevens
2015	Cleo Boyd Sarah Fakler Iona Lake Emily Mulhern Megan Rebholz
2016	Emily Mulhern
2017	Beth Hawling Frances Schmeide
2018	Abbey Green
2020	Kiera Bothwell Hannah Moran



WOMEN'S ACC CROSS COUNTRY HISTORY

1978	NC State 36	Maryland 46	Virginia 48	North Carolina 84	Wake Forest 117	Clemson 135
1979	NC State 30	Virginia 35	Maryland 75	North Carolina 111	Clemson 122	Wake Forest 167
1980	NC State 29	Virginia 37	Maryland 72	North Carolina 112	Clemson 112	Wake Forest 175
1981	Virginia 33	NC State 52	Clemson 69	Maryland 96	North Carolina 115	Wake Forest 163
1982	Virginia 20	Clemson 43	NC State 74	North Carolina 114	Maryland 118	Wake Forest 159
	Duke 185					
1983	NC State 31	Clemson 37	North Carolina 78	Virginia 103	Maryland 131	Wake Forest 155
1984	NC State 29	Clemson 51	North Carolina 69	Virginia 104	Wake Forest 129	Maryland 132
	Duke 172	Georgia Tech 221				
1985	NC State 22	Clemson 75	Wake Forest 80	North Carolina 91	Virginia 93	Maryland 130
	Georgia Tech 217	Duke 222				
1986	Clemson 41	Wake Forest 50	Virginia 62	Maryland 98	North Carolina 141	Georgia Tech 147
	Duke 156					
1987	NC State 28	Wake Forest 45	Clemson 97	Virginia 122	Georgia Tech 124	Maryland 160
	Duke 165	North Carolina 169				
1988	NC State 28	Clemson 77	Maryland 86	Wake Forest 110	Georgia Tech 116	North Carolina 117
	Virginia 162	Duke 179				
1989	NC State 37	Clemson 65	Wake Forest 92	Georgia Tech 114	North Carolina 129	Virginia 129
	Maryland 141	Duke 189				
1990	NC State 36	Clemson 46	Virginia 61	North Carolina 111	Wake Forest 118	Maryland 172
	Georgia Tech 189	Duke 191				
1991	NC State 25	Clemson 59	Virginia 70	North Carolina 90	Florida State 154	Duke 179
	Wake Forest 181	Maryland 205	Georgia Tech 231			
1992	NC State 38	Wake Forest 41	Virginia 57	North Carolina 57	Florida State 164	Clemson 165
	Georgia Tech 176	Duke 200	Maryland 245			
1993	NC State 46	Virginia 64	Clemson 72	North Carolina 73	Wake Forest 118	Georgia Tech 178
	Florida State 195	Duke 199	Maryland 224			
1994	North Carolina 40	Wake Forest 48	Georgia Tech 68	Virginia 87	Clemson 97	Duke 171
	Maryland 194	Florida State 235				
1995	NC State 40	Wake Forest 70	North Carolina 108	Virginia 116	Georgia Tech 128	Clemson 135
	Duke 153	Maryland 212	Florida State 220			
1996	NC State 38	North Carolina 49	Virginia 98	Clemson 101	Wake Forest 103	Georgia Tech 133
	Duke 199	Maryland 218	Florida State 247			
1997	NC State 28	Wake Forest 48	North Carolina 70	Virginia 110	Duke 111	Clemson 157
	Georgia Tech 161	Maryland 227	Florida State 247			
1998	NC State 32	North Carolina 65	Wake Forest 75	Clemson 99	Virginia 114	Duke 155
	Georgia Tech 207	Florida State 220	Maryland 223			
1999	North Carolina 44	NC State 56	Virginia 77	Wake Forest 96	Duke 104	Clemson 163
	Georgia Tech 167	Florida State 214	Maryland 259			
2000	NC State 43	North Carolina 52	Wake Forest 92	Duke 106	Virginia 107	Florida State 128
	Georgia Tech 143	Clemson 253	Maryland 263			
2001	NC State 39	North Carolina 55	Virginia 80	Georgia Tech 107	Duke 136	Wake Forest 149
	Florida State 156	Maryland 263	Clemson 273			
2002	NC State 61	Wake Forest 61	Virginia 78	Duke 81	North Carolina 88	Florida State 134
	Maryland 203	Georgia Tech 214	Clemson 284			
2003	North Carolina 40	NC State 44	Wake Forest 62	Duke 120	Florida State 135	Virginia 142
	Maryland 209	Georgia Tech 229	Clemson 282			
2004	Duke 29	North Carolina 56	NC State 71	Wake Forest 94	Virginia 163	Florida State 168
	Virginia Tech 197	Maryland 205	Clemson 270	Georgia Tech 272	Miami 305	
2005	Duke 20	NC State 91	Wake Forest 104	Boston College 106	North Carolina 128	Virginia 177
	Florida State 196	Maryland 214	Virginia Tech 235	Georgia Tech 281	Miami 323	Clemson 327
2006	NC State 59	Duke 88	Virginia 104	Florida State 118	Virginia Tech 123	North Carolina 138
	Boston College 150	Wake Forest 166	Georgia Tech 194	Maryland 217	Clemson 343	Miami 384
2007	Florida State 64	NC State 102	Boston College 106	North Carolina 118	Virginia Tech 121	Duke 123
	Wake Forest 127	Virginia 160	Maryland 236	Clemson 257	Georgia Tech 277	Miami 390
2008	Florida State 27	Boston College 106	Wake Forest 112	Duke 124	Virginia 124	North Carolina 137
	Virginia Tech 150	Clemson 170	Maryland 236	NC State 262	Georgia Tech 289	Miami 392
2009	Florida State 37	Duke 71	Virginia 84	NC State 109	North Carolina 137	Boston College 144
	Maryland 192	Wake Forest 204	Clemson 221	Virginia Tech 284	Georgia Tech 312	Miami 380
2010	Florida State 52	Virginia 75	Duke 99	Boston College 100	North Carolina 123	NC State 137
	Wake Forest 206	Virginia Tech 207	Clemson 208	Maryland 311	Georgia Tech 315	Miami 353
2011	Florida State 20	Boston College 79	Virginia 113	NC State 113	North Carolina 118	Clemson 159
	Duke 161	Virginia Tech 180	Maryland 258	Wake Forest 264	Georgia Tech 328	Miami 369
2012	Florida State 35	Duke 67	Boston College 82	NC State 86	North Carolina 152	Virginia 170
	Clemson 191	Wake Forest 222	Georgia Tech 258	Virginia Tech 260	Maryland 296	Miami 350
2013	Florida State 52	Virginia 65	Syracuse 108	Notre Dame 124	Duke 130	Boston College 151
	NC State 183	Virginia Tech 188	North Carolina 204	Wake Forest 246	Clemson 336	Georgia Tech 389
	Pittsburgh 399	Maryland 404	Miami 447			



WOMEN'S ACC CROSS COUNTRY HISTORY

2014

North Carolina	57
Florida State	99
Virginia	109
NC State	119
Notre Dame	132
Virginia Tech	161
Boston College	162
Syracuse	162
Wake Forest	233
Duke	276
Georgia Tech	289
Louisville	290
Clemson	369
Pittsburgh	388
Miami	505

2015

Virginia	71
NC State	75
Notre Dame	96
Syracuse	141
North Carolina	150
Boston College	159
Florida State	172
Virginia Tech	213
Pittsburgh	241
Clemson	244
Duke	275
Wake Forest	290
Louisville	312
Georgia Tech	407
Miami	450

2016

NC State	53
Notre Dame	74
Virginia Tech	153
Louisville	157
Syracuse	184
Clemson	207
Pitt	207
Wake Forest	207
Florida State	213
Virginia	220
Duke	245
Boston College	247
UNC	299
Georgia Tech	347
Miami	446

2017

NC State	43
Louisville	109
Virginia Tech	129
Syracuse	134
Wake Forest	166
Notre Dame	175
Duke	180
Virginia	182
Florida State	210
Pitt	210
UNC	244
Georgia Tech	258
Boston College	348
Clemson	378
Miami	461

2018

NC State	67
Notre Dame	68
Syracuse	83
Florida State	128
Virginia Tech	161
Duke	179
Georgia Tech	184
Wake Forest	195
Virginia	230
Boston College	291
Clemson	294
North Carolina	294
Pittsburgh	320
Louisville	324
Miami	497

2019

NC State	64
Florida State	76
Notre Dame	116
Virginia Tech	146
Syracuse	154
Wake Forest	158
Boston College	159
North Carolina	196
Duke	202
Georgia Tech	138
Virginia	276
Louisville	314
Clemson	352
Pittsburgh	410
Miami	493

2020

NC State	47
Georgia Tech	99
Florida State	109
Duke	114
North Carolina	116
Notre Dame	116
Virginia	205
Syracuse	237
Boston College	261
Wake Forest	287
Virginia Tech	292
Louisville	303
Clemson	320
Pittsburgh	406
Miami	447

2021

NC State	20
North Carolina	87
Florida State	102
Syracuse	105
Notre Dame	114
Boston College	216
Virginia Tech	219
Georgia Tech	229
Duke	247
Virginia	263
Wake Forest	268
Pittsburgh	373
Louisville	399
Miami	407
Clemson	407

VIRGINIA

YEAR-BY-YEAR

1978	3rd (48)
1979	2nd (35)
1980	2nd (37)
1981	1st (33)
1982	1st (20)
1983	4th (103)
1984	4th (104)
1985	5th (93)
1986	3rd (62)
1987	4th (122)
1988	7th (162)
1989	6th (129)
1990	3rd (61)
1991	3rd (70)
1992	3rd (57)
1993	2nd (64)
1994	4th (87)
1995	4th (116)
1996	3rd (98)
1997	4th (110)
1998	5th (114)
1999	3rd (77)
2000	5th (107)
2001	3rd (80)
2002	3rd (78)
2003	6th (142)
2004	5th (163)
2005	6th (177)
2006	3rd (104)
2007	8th (160)
2008	5th (124)
2009	3rd (84)
2010	2nd (75)
2011	3rd (113)
2012	6th (170)
2013	2nd (65)
2014	3rd (109)
2015	1st (71)
2016	10th (220)
2017	8th (182)
2018	9th (230)
2019	11th (276)
2020	7th (205)
2021	10th (263)



MEN'S NCAA CROSS COUNTRY HISTORY

NCAA CHAMPIONSHIP RESULTS

1939

55.	Charles E. Chamberlain	23:16
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1970 38th Place (1,052 pts)

288.	Henry Barron	32:39:0
293.	James Wood	32:55:0
296.	Wallace Andrew	33:00:0
302.	Joseph Cacciapaglia	33:36:0

1972

56.	Philip Meyer	29:51:0
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1977

48.	Chris Fox	30:10.6
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1979

77.	Mike Cotton	30:46.2
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1980

48.	Mike Cotton	30:22.8
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1983 18th Place (353 pts)

60.	Timothy Springfield	31:06.8
65.	Colin Peddie	31:10.4
68.	John Hinton	31:12.9
106.	Gregory Coan	31:36.6
150.	James Hays	32:38.3
162.	William Convey	33:05.3
174.	James Brooks	33:46.6

1984 5th Place (190 pts)

19.	Timothy Springfield	30:14.8
22.	Colin Peddie	30:20.2
57.	John Hinton	30:53.6
63.	James Hays	30:56.9
81.	James Brooks	31:40.8
152.	John	32:30.1
170.	Greg Coan	33:17.4

1998

62.	Bobby Thiele	31:39.1
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1999

26.	Bobby Thiele	31:05.6
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2000

113.	Bobby Thiele	31:51.3
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2001

68.	Walton Kingsberry	30:36:00
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2003 30th Place (801 pts)

164.	Will Christian	31:26.1
171.	Andy Filachek	31:27.9
201.	Alex Tatu	31:47.5
222.	Dave Vitto	32:15.6
223.	Walton Kingsberry	32:16.6
237.	Ryan Neubart	32:50.1
248.	James Atchison	34:06.1

2004

201.	Soeren Lindner	33:38.5
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2005 26th Place (550 pts)

103.	Jan Foerster	30:58.3
111.	Andrew Dumm	31:00.5
129.	Ryan Foster	31:15.4
173.	Andy Biladeau	31:39.6
183.	Jeff Eggleston	31:44.0
208.	Soeren Lindner	31:58.8
227.	Alex Tatu	32:18.2

2006 14th Place (446 pts)

32.	Jan Foerster	31:38.0
99.	Andrew Dumm	32:37.1
115.	Andy Biladeau	32:43.3
165.	Taylor Smith	33:12.5
177.	Andrew Jesien	33:26.4
236.	Alex Tatu	34:37.2

2007 12th Place (374 pts)

42.	Jan Foerster	30:37.1
56.	Emil Heineking	30:43.6
72.	Ryan Foster	30:56.4
126.	Taylor Smith	31:21.3
173.	Andy Biladeau	31:41.3
200.	Kevin Tschirhart	32:05.2
216.	Andrew Jesien	32:28.8

2008 14th Place (383 pts)

26.	Emil Heineking	30:02.0
70.	Ryan Collins	30:38.4
99.	Ryan Foster	30:54.7
123.	Andy Biladeau	31:04.6
158.	Andrew Jesien	31:22.0
190.	Graham Tribble	31:40.2
247.	Trey Miller	33:11.7

2009 15th Place (408 pts)

41.	Ryan Collins	30:22.0
68.	Emil Heineking	30:36.7
122.	Sintayehu Taye	31:08.8
133.	Graham Tribble	31:13.9
141.	Trey Miller	31:18.1
164.	Andrew Revelle	31:28.6
188.	Sean Keveren	31:47.1

2010 17th Place (386 pts)

32.	Ryan Collins	30:24.9
71.	Emil Heineking	30:52.3
82.	Sean Keveren	30:57.7
107.	Sintayehu Taye	31:16.2
172.	Chris Foley	31:50.3
181.	Drew Paisley	31:59.5
244.	Zach Vrhovac	35:20.4

2011

27.	Mark Amirault	29:56.8
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2012 14th Place (382 pts)

22.	Zach Gates	29:48.3
72.	Mark Amirault	30:30.4
99.	Kyle King	30:42.8
109.	Thomas Porter	30:50.4
189.	Jack St. Marie	31:32.0
238.	Drew Paisley	32:40.3

2013 13th Place (370 pts)

18.	Kyle King	30:27.3
63.	Thomas Porter	31:00.4
93.	Zach Herriott	31:16.7
123.	Adam Visokay	31:31.2
156.	Thomas Madden	31:50.9
169.	Drew Paisley	31:58.0
183.	Chris Foley	32:09.0

2014 21st Place (502 pts)

81.	Zach Herriott	31:25.3
84.	Connor Rog	31:26.4
88.	Kyle King	31:27.6
164.	Thomas Madden	32:03.8
174.	Chase Weaverling	32:09.5
226.	Adam Visokay	33:14.4
228.	Trevor Hopper	33:17.2

2015 22nd Place (480 pts)

55.	Chase Weaverling	30:38.8
59.	Henry Wynne	30:40.3
150.	Thomas Madden	31:27.6
166.	Brent Demarest	31:33.5
171.	Zach Herriott	31:36.7
177.	Evan Chiplock	31:41.3
222.	Adam Visokay	32:27.6

2016 18th Place (476 pts)

42.	Brent Demarest	30:28.6
53.	Zach Herriott	30:34.1
103.	Lachlan Cook	30:53.4
181.	Chase Weaverling	31:28.4
208.	Ari Klau	31:48.0
224.	AJ Ernst	32:00.4
250.	Matt Novak	34:05.4

2017 16th Place (476 pts)

19.	Brent Demarest	29:43.6
85.	Lochlan Cook	30:32.7
101.	Chase Weaverling	30:43.0
115.	Ari Klau	30:52.3
197.	Alex Corbett	31:35.7
230.	Kenneth Hagen	32:09.8
237.	Johnny Pace	32:33.8

2018

31.	Brent Demarest	29:54.4
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2019 20th (468 pts)

57.	Alex Corbett	31:33.9
64.	Peter Morris	31:36.4
110.	Randy Neisth	32:02.0
159.	AJ Ernst	32:28.0
170.	Lachlan Cook	32:34.3

2021 (for 2020)

158.	Peter Morris	32:18.7
223.	Harry Monroe	33:36.1

SOUTHEAST REGIONAL RESULTS

Year	Place	Points
2003	4th	N/A
2004	4th	118
2005	2nd	91
2006	4th	131
2007	4th	116
2008	2nd	67
2009	5th	133
2010	6th	185
2011	9th	238
2012	Champions	64
2013	2nd	96
2014	Champions	75
2015	2nd	96
2016	2nd	105
2017	3rd	130
2018	3rd	102
2019	Champions	79
2019	No event due to pandemic	



MEN'S CROSS COUNTRY HONORS

ALL-AMERICANS

1980	Mike Cotton
1984	Collin Peddie
1984	Tim Springfield
1999	Bobby Thiele
2007	Emil Heineking
2008	Emil Heineking
2010	Ryan Collins
2011	Mark Amirault
2012	Zach Gates
2013	Kyle King
2017	Brent Demarest
2018	Brent Demarest

ALL-SOUTHEAST REGION

2003	Will Christian (7th) Walton Kingsbery (13th)
2004	Soeren Lindner (9th) Will Christian (10th) Ryan Foster (17th)
2005	Jan Foerster (4th) Ryan Foster (11th) Andrew Dumm (18th)
2006	Jan Foerster (5th) Andrew Dumm (14th)
2007	Emil Heineking (14th) Andy Biladeau (21st) Jan Foerster (22nd) Ryan Foster (25th)
2008	Emil Heineking (3rd) Ryan Foster (4th) Ryan Collins (10th) Graham Tribble (19th)
2009	Emil Heineking (7th) Ryan Collins (14th) Graham Tribble (21st)
2010	Emil Heineking (5th) Ryan Collins (7th)
2011	Mark Amirault (3rd)
2012	Zach Gates (4th) Kyle King (10th) Thomas Porter (14th) Mark Amirault (17th) Drew Paisley (19th)
2013	Kyle King (5th) Thomas Porter (9th) Zach Herriott (18th)
2014	Adam Visokay (6th) Kyle King (7th) Zach Herriott (11th) Chase Weaverling (24th)
2015	Henry Wynne (12th) Chase Weaverling (14th) Zach Herriott (17th) Thomas Madden (25th)
2016	Zach Herriott (9th) Lachlan Cook (12th) Chase Weaverling (14th)
2017	Lachlan Cook (6th)

2018	Brent Demarest (7th) Brent Demarest (6th) AJ Ernst (13th) Ari Klau (19th) Alex Corbett (25th)
2019	AJ Ernst (11th) Ari Klau (15th) Alex Corbett (16th) Peter Morris (17th) Lachlan Cook (20th)

ACC CHAMPIONS

2008	Ryan Foster
2009	Emil Heineking
2010	Emil Heineking

ALL-ACC

1986	Ken Cheeseman
1988	Ken Cheeseman Andrew Hudson
1990	Andrew Hudson Matt White
1992	Rob Cook
1994	Andrew Carnahan
1998	Bobby Thiele
1999	Bobby Thiele
2000	Matt Ruhl Bobby Thiele Justin Wood
2003	Will Christian
2004	Will Christian Ryan Foster
2005	Andy Biladeau Andrew Dumm Jan Foerster Ryan Foster Soeren Lindner Alex Tatu
2006	Andy Biladeau Jan Foerster
2007	Andy Biladeau Jan Foerster Ryan Foster Emil Heineking
2008	Andy Biladeau Ryan Collins Ryan Foster Emil Heineking
2009	Ryan Collins Emil Heineking
2010	Ryan Collins Emil Heineking
2011	Mark Amirault
2012	Zach Gates Kyle King Thomas Porter
2013	Kyle King Thomas Porter
2014	Connor Rog Zach Herriott
2015	Chase Weaverling Henry Wynne

2016	Lachlan Cook Brent Demarest Zach Herriott Chase Weaverling
2017	Lachlan Cook Brent Demarest Chase Weaverling
2018	Brent Demarest Ari Klau Randy Neish
2019	Peter Morris AJ Ernst Alex Corbett
2020	Rohann Asfaw Randy Neish Harry Monroe
2021	Rohann Asfaw

ACC FRESHMAN OF THE YEAR

2005	Andy Biladeau
2007	Emil Heineking
2012	Conner Rog
2013	Thomas Madden
2016	Lachlan Cook

ACC COACH OF THE YEAR

1984	Dennis Craddock
1985	Dennis Craddock
2005	Jason Dunn
2007	Jason Dunn
2008	Jason Vigilante

SOUTHEAST REGION COACH OF THE YEAR

2014	Pete Watson
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USTFCCCA

ALL-ACADEMIC

2011	Mark Amirault
2012	Mark Amirault Zach Gates Drew Paisley Thomas Porter
2013	Thomas Porter
2014	Chase Weaverling
2015	Thomas Madden Chase Weaverling
2016	Zach Herriott Chase Weaverling
2020	Pete Morris Harry Monroe

ALL-ACC ACADEMIC

2005	Andrew Dumm Jan Foerster Ryan Foster
2006	Andrew Dumm Andrew Jesien Taylor Smith
2007	Emil Heineking Andrew Jesien Taylor Smith
2008	Andrew Jesien
2009	Emil Heineking Trey Miller
2010	Emil Heineking Sean Keveren
2011	Sean Keveren Drew Paisley David Wilson
2012	Mark Amirault Zach Gates Sean Keveren Drew Paisley Thomas Porter Jack St. Marie
2013	Thomas Madden Drew Paisley Thomas Porter
2015	Thomas Madden Adam Visokay Chase Weaverling
2016	Zach Herriott Chase Weaverling
2017	Chase Weaverling
2018	Brent Demarest AJ Ernst
2019	AJ Ernst Peter Morris Randy Neish
2020	Rohan Asfaw Randy Neish Wes Porter Harry Monroe



MEN'S ACC CROSS COUNTRY HISTORY

1954

Maryland	26
North Carolina	36
Duke	96
Virginia	114
Wake Forest	141

1955

No team competition

1956

North Carolina	36
Maryland	81
Virginia	96
Clemson	115
NC State	131
Wake Forest	137
Duke	164
South Carolina	165

1957

North Carolina	45
Clemson	89
Maryland	94
NC State	97
Duke	104
Virginia	109
Wake Forest	121

1958

Duke	47
North Carolina	66
Maryland	68
NC State	129
Clemson	142
Virginia	164
Wake Forest	165
South Carolina	180

1959

Duke	44
Maryland	64
NC State	87
North Carolina	107
Virginia	123
Clemson	144
Wake Forest	163

1960

North Carolina	25
Maryland	38
Duke	61
NC State	120
Virginia	144

1961

North Carolina	37
Duke	48
Maryland	52
Clemson	141
NC State	150
Wake Forest	152
Virginia	179

1962

North Carolina	31
Duke	51
Maryland	51
Wake Forest	119
Clemson	164
Virginia	170
South Carolina	181
NC State	215

1963

North Carolina	52
Duke	68
Maryland	75
NC State	96
Wake Forest	110
Clemson	137
South Carolina	143
Virginia	219

1964

Maryland	45
North Carolina	72
Virginia	77
South Carolina	82
Wake Forest	101
Clemson	142
Duke	173

1965

Maryland	25
Duke	62
North Carolina	87
Virginia	115
Wake Forest	117
South Carolina	123
NC State	199

1966

Maryland	30
North Carolina	52
Wake Forest	82
Duke	99
South Carolina	149
NC State	158
Virginia	168
Clemson	201

1967

Maryland	27
Duke	52
North Carolina	82
NC State	135
Wake Forest	147
Virginia	153
South Carolina	171
Clemson	174

1968

Maryland	34
Duke	66
North Carolina	86
Clemson	119
NC State	120
Virginia	159
South Carolina	165
Wake Forest	219

1969

Maryland	49
Duke	65
North Carolina	80
Virginia	111
NC State	115
South Carolina	119
Clemson	157
Wake Forest	198

1970

Duke	42
North Carolina	66
NC State	71
Maryland	77
Clemson	138
Virginia	147
Wake Forest	185
South Carolina	196

1971

North Carolina	34
Duke	36
Maryland	87
NC State	88
Clemson	141
Virginia	159
Wake Forest	199

1972

Maryland	36
Duke	57
NC State	69
North Carolina	85
Virginia	112
Clemson	157
Wake Forest	189

1973

Duke	38
Maryland	47
North Carolina	61
NC State	89
Virginia	142
Clemson	147
Wake Forest	158

1974

Maryland	29
Duke	56
North Carolina	59
NC State	116
Virginia	132
Clemson	139
Wake Forest	168

1975

Duke	23
Maryland	38
NC State	114
Clemson	115
Virginia	122
North Carolina	133
Wake Forest	189

1976

Maryland	43
North Carolina	49
Duke	95
Clemson	98
NC State	122
Virginia	137
Wake Forest	146

1977

Duke	56
NC State	71
Virginia	77
Clemson	91
North Carolina	102
Maryland	104
Wake Forest	159

1978

Clemson	41
North Carolina	66
Maryland	77
NC State	89
Wake Forest	109
Virginia	124
Duke	157

1979

North Carolina	37
Maryland	62
NC State	77
Clemson	87
Virginia	122
Wake Forest	145
Duke	173
Georgia Tech	174

1980

Clemson	27
NC State	45
Virginia	94
Maryland	113
North Carolina	127
Duke	128
Wake Forest	202
Georgia Tech	216

1981

Clemson	42
North Carolina	55
Virginia	71
Maryland	114
NC State	118
Wake Forest	132
Duke	182
Georgia Tech	190

1982

Clemson	33
Virginia	66
North Carolina	98
NC State	99
Wake Forest	100
Maryland	148
Georgia Tech	166
Duke	202

1983

Clemson	40
Wake Forest	54
Virginia	70
Maryland	92
NC State	167
North Carolina	167
Georgia Tech	187
Duke	202

1984

Virginia	42
Clemson	57
NC State	73
Georgia Tech	127
Maryland	134
North Carolina	135
Wake Forest	141
Duke	199

1985

North Carolina	54
NC State	60
Clemson	84
Wake Forest	85
Maryland	102
Georgia Tech	148
Virginia	150
Duke	207

1986

NC State	46
Maryland	61
North Carolina	71
Clemson	77
Virginia	122
Wake Forest	147
Georgia Tech	165
Duke	199

1987

Clemson	38
NC State	54
North Carolina	63
Maryland	92
Wake Forest	104
Georgia Tech	151
Duke	211
Virginia	DNF

1988

Clemson	27
Wake Forest	50
North Carolina	84
Virginia	98
Maryland	122
Georgia Tech	157
Duke	184
NC State	X

1989

Wake Forest	31
Clemson	36
NC State	72
Virginia	112
Maryland	114
Georgia Tech	166
North Carolina	184
Duke	187

1990

Wake Forest	44
NC State	50
Virginia	64
Clemson	104
North Carolina	148
Maryland	153
Duke	188
Georgia Tech	189

1991

NC State	52
Wake Forest	61
North Carolina	63
Clemson	68
Virginia	147
Georgia Tech	152
Florida State	200
Maryland	210
Duke	235

1992

NC State	46
Wake Forest	48
Clemson	91
North Carolina	105
Georgia Tech	106
Virginia	122
Maryland	211
Florida State	230
Duke	233

1993

Wake Forest	36
NC State	59
Clemson	69
Georgia Tech	92
Virginia	118
Duke	183
North Carolina	211
Florida State	220
Maryland	237

1994

Wake Forest	46
NC State	53
Georgia Tech	108
North Carolina	110
Clemson	114
Virginia	127
Duke	176
Maryland	200
Florida State	273

1995

NC State	18
Wake Forest	67
North Carolina	121
Virginia	133
Duke	148
Clemson	152
Georgia Tech	161
Maryland	161
Florida State	230

1996

NC State	30
Wake Forest	40
North Carolina	82
Duke	114
Clemson	127
Virginia	143
Florida State	217
Georgia Tech	222
Maryland	231

1997

NC State	24
Wake Forest	73
Clemson	75
North Carolina	86
Duke	117
Virginia	184
Georgia Tech	188
Maryland	220
Florida State	232

1998

NC State	26
Duke	75
Clemson	94
Virginia	101
North Carolina	121
Wake Forest	169
Georgia Tech	201
Florida State	210
Maryland	248

1999

NC State	16
Duke	70
Wake Forest	99
Virginia	106
Clemson	126
Georgia Tech	162
North Carolina	179
Florida State	218
Maryland	249



MEN'S ACC CROSS COUNTRY HISTORY

2000

Duke	39
NC State	49
Virginia	54
Wake Forest	84
North Carolina	163
Clemson	180
Florida State	188
Georgia Tech	218
Maryland	262

2001

NC State	26
Wake Forest	45
Duke	94
Virginia	114
Florida State	134
Georgia Tech	153
Clemson	187
North Carolina	221
Maryland	274

2002

NC State	17
Duke	69
Virginia	95
Clemson	103
Florida State	123
Wake Forest	148
North Carolina	187
Maryland	219
Georgia Tech	243

2003

NC State	27
Florida State	66
Virginia	83
Clemson	130
Wake Forest	139
Georgia Tech	156
Maryland	161
North Carolina	183
Duke	206

2004

NC State	47
Florida State	48
Virginia	85
Clemson	87
Duke	99
Wake Forest	172
Maryland	198
Georgia Tech	227
Virginia Tech	249
North Carolina	295
Miami	313

2005

Virginia	30
Florida State	38
NC State	103
Wake Forest	136
Duke	142
Virginia Tech	174
Clemson	175
North Carolina	198
Boston College	201
Maryland	304
Miami	342
Georgia Tech	356

2006

NC State	31
Florida State	79
Virginia	87
Duke	124
Clemson	132
Virginia Tech	145
Boston College	196
North Carolina	213
Wake Forest	217
Maryland	261
Georgia Tech	315
Miami	348

2007

Virginia	32
NC State	39
Florida State	130
Clemson	137
Virginia Tech	139
Duke	156
Wake Forest	193
Boston College	195
Maryland	206
North Carolina	246
Georgia Tech	271
Miami	381

2008

Virginia	40
NC State	56
Virginia Tech	75
Florida State	80
Duke	127
Maryland	199
Boston College	199
North Carolina	209
Clemson	212
Georgia Tech	239
Wake Forest	342
Miami	372

2009

NC State	56
Virginia	71
Florida State	72
Duke	74
Virginia Tech	122
North Carolina	138
Maryland	219
Georgia Tech	239
Wake Forest	281
Boston College	287
Clemson	293
Miami	395

2010

Florida State	43
NC State	81
North Carolina	84
Virginia	92
Duke	93
Wake Forest	209
Virginia Tech	242
Maryland	244
Boston College	254
Clemson	267
Georgia Tech	271
Miami	357

2011

NC State	51
Florida State	55
North Carolina	84
Virginia Tech	116
Duke	116
Virginia	169
Wake Forest	212
Maryland	232
Georgia Tech	239
Clemson	268
Boston College	281
Miami	372

2012

Virginia Tech	55
Virginia	61
Florida State	62
NC State	74
Duke	112
North Carolina	149
Wake Forest	209
BC	246
Georgia Tech	272
Clemson	280
Miami	342

2013

Syracuse	64
North Carolina	84
Notre Dame	105
Virginia	108
Virginia Tech	120
Duke	137
Florida State	145
NC State	154
Georgia Tech	256
Wake Forest	274
Clemson	341
Pittsburgh	366
BC	382
Miami	409

2014

Syracuse	32
NC State	90
North Carolina	95
Virginia	121
Florida State	158
Virginia Tech	163
Notre Dame	189
Louisville	191
Clemson	245
Georgia Tech	277
Wake Forest	291
Duke	296
Pittsburgh	353
BC	435
Miami	500

2015

Syracuse	45
NC State	95
Virginia	115
Virginia Tech	120
Louisville	130
Notre Dame	147
Florida State	172
Duke	187
North Carolina	189
Georgia Tech	209
Clemson	318
BC	360
Wake Forest	410
Miami	488

2016

Syracuse	29
Virginia	72
NC State	82
Virginia Tech	128
Florida State	134
North Carolina	182
Louisville	203
Georgia Tech	224
Pitt	246
Notre Dame	257
Duke	311
Boston College	337
Wake Forest	345
Clemson	346
Miami	440

2017

Syracuse	27
Virginia Tech	73
NC State	98
Virginia	100
Florida State	152
Wake Forest	182
Notre Dame	206
Georgia Tech	238
Duke	261
Pitt	285
UNC	315
Clemson	345
Miami	370
Boston College	378
Louisville	384

2018

Notre Dame	57
Syracuse	61
NC State	85
Virginia	128
Wake Forest	154
Virginia Tech	183
Florida State	186
Duke	205
North Carolina	232
Louisville	245
Georgia Tech	250
Boston College	353
Pittsburgh	358
Clemson	395
Miami	491

2019

Syracuse	68
Notre Dame	73
Virginia Tech	100
Virginia	100
Wake Forest	116
Florida State	155
Duke	162
NC State	164
Georgia Tech	255
North Carolina	298
Pittsburgh	315
Louisville	341
Boston College	405
Clemson	412
Miami	466

2020

Notre Dame	40
NC State	54
Wake Forest	86
Virginia	92
Duke	134
Syracuse	135
North Carolina	196
Virginia Tech	222
Florida State	225
Pittsburgh	282
Clemson	335
Georgia Tech	342
Louisville	384
Boston College	457
Miami	472

2021

Notre Dame	32
Syracuse	84
Wake Forest	104
North Carolina	110
Florida State	134
NC State	141
Duke	161
Virginia	211
Virginia Tech	273
Louisville	292
Pittsburgh	299
Georgia Tech	341
Boston College	436
Clemson	446
Miami	479

VIRGINIA

YEAR-BY-YEAR

1954	4th (114)
1955	-
1956	3rd (96)
1957	7th (109)
1958	6th (164)
1959	5th (123)
1960	5th (144)
1961	7th (179)
1962	6th (170)
1963	8th (219)
1964	3rd (77)
1965	4th (115)
1966	7th (168)
1967	6th (153)
1968	6th (159)
1969	4th (111)
1970	6th (147)
1971	7th (159)
1972	5th (112)
1973	5th (142)
1974	5th (132)
1975	5th (122)
1976	6th (137)
1977	3rd (77)
1978	6th (124)
1979	5th (122)
1980	3rd (94)
1981	3rd (71)
1982	2nd (66)
1983	3rd (70)
1984	1st (42)
1985	7th (150)
1986	5th (122)
1987	8th (DNF)
1988	4th (98)
1989	4th (112)
1990	3rd (64)
1991	5th (147)
1992	6th (122)
1993	5th (118)
1994	6th (127)
1995	4th (133)
1996	6th (143)
1997	6th (184)
1998	4th (101)
1999	4th (106)
2000	3rd (54)
2001	4th (114)
2002	3rd (95)
2003	3rd (83)
2004	3rd (85)
2005	1st (30)
2006	3rd (87)
2007	1st (32)
2008	1st (40)
2009	2nd (71)
2010	4th (92)
2011	6th (169)
2012	2nd (61)
2013	4th (108)
2014	4th (121)
2015	3rd (115)
2016	2nd (72)
2017	4th (100)
2018	4th (128)
2019	4th (100)
2020	4th (92)
2021	8th (211)



WOMEN'S INDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Aileen O'Conner 5000m - 1981 AIAW
Jill Haworth 1500m - 1981 AIAW
Virginia DMR - 1982 AIAW
(Linda Nicholson, Karen Hatchett, Lisa Welch, Jill Haworth)

ALL-AMERICANS

1980 Brenda Brown DMR
Susan Brownell Pent
Jill Haworth DMR
Linda Nicholson DMR
Vivian Scruggs DMR
1981 Ann Bair HJ
Brenda Brown DMR
Susan Brownell Pent
Lisa Garrett 400m
Jill Haworth 4x800m
Jill Haworth DMR
Linda Nicholson DMR
Linda Nicholson 4x800m
Marisa Schmitt 4x800m
Vivian Scruggs 4x800m
Vivian Scruggs DMR
1982 Susan Brownell Pent
Gail Bryant 400m
Gail Bryant 4x400m
Lisa Garrett 4x400m
Karen Hatchett DMR
Kim Hatchett 4x400m
Jill Haworth Mile
Jill Haworth DMR
Linda Nicholson 4x400
Linda Nicholson DMR
Aileen O'Conner Two-Mile
Aileen O'Conner 5000m
Marisa Schmitt Mile
Lesley Welch Three-Mile
Lesley Welch Two-Mile
Lisa Welch DMR
Martha White Two-Mile
Martha White Three-Mile
1983 Ann Bair HJ
Lisa Garrett 440y
Jill Haworth Mile
Jeannette Kelly 880y
1984 Gail Bryant 4x800m
Veronica Haberl 4x800m
Kim Kelly 1000m
Kim Kelly 4x800m
Michelle Rowen 4x800m
1985 Gail Bryant 4x800m
Phyllis Buber 4x800m
Kim Kelly 4x800m
Sandy Schuler 4x800m
Sandy Schuler 1000m
1986 Phyllis Buber 4x800m
Shelly McBride 4x800m
Michelle Rowen 4x800m
Sandy Schuler 4x800m
1987 Sonya Fridy 500m
Sonya Fridy LJ
Michelle Rowen Mile
1989 Dana Boone TJ
1991 Dana Boone LJ
1992 Claire Forbes 3000m
1993 Sherry Gould HJ
1994 Sherry Gould HJ
1994 Pam Lemons 200m
1995 Rebecca Grube LJ
1997 Kelly Miller LJ
2001 Naccolle Guinn TJ
2002 Kiamesha Otey LJ
2003 Kiamesha Otey LJ

2006 Tomika Ferguson TJ
2007 Tomika Ferguson TJ
2008 Emily Harrison 5000m
2011 Stephanie Garcia DMR
Morgane Gay DMR
Lyndsay Harper DMR
Ayla Smith DMR
2012 Morgane Gay Mile
Dallas Rose (2nd) TJ
2013 Vicky Fouhy (2nd) Mile
Dallas Rose (2nd) TJ
2014 Jordan Lavender (2nd) 400m
2016 Iona Lake (2nd) Mile
2019 Bridget Guy PV
2020 Jada Seaman LJ
Khyasia Caldwell LJ
2021 Halle Hazzard 60m
Jada Seaman (2nd) LJ
Alix Still (2nd) Pent
(prior to 1982 were AIAW honors)

NCAA CHAMPIONSHIP RESULTS

1983 Ann Bair HJ 4th 5' 10"
Lisa Garrett 440y 4th 55.33
Jill Haworth Mile 2nd 4:45.96
Jeannette Kelly 880y 5th 2:10.72
Martha White 2-mile 8th 10:16.39
1984 Virginia 4x800m 4th 8:44.21
(Bryant, Haberl, Rowen, Kelly)
Virginia 4x400m 3:46.03
(Bryant, Hatchett, Buber, Crockett)
Gail Bryant 500m 1:14.19
Kim Kelly 1,000m 7th 2:48.00
1985 Beth Sheehan Hept. 11th 5254 pts
Gail Bryant 800m 8th 2:04.21
1986 Virginia 4x800m 3rd 8:39.58
(Buber, McBride, Rowan, Schuler)
Virginia 4x400m 3rd 3:44.16
(Fitzpatrick, Crockett, Duke, Fridy)
Sonja Fridy 55m 6.97
Michelle Johnson 55H 8.25
1988 Latanya Wynn LJ
Robin Landis HJ
1989 Dana Boone TJ 4th 40' .75"
1990 Dana Boone LJ
1991 Dana Boone TJ 9th 41' 1/2"
Dana Boone LJ 20' 3.75"
Kelly Bodiford SP 18th 44' 10.75"
Virginia 4x800m
(Figlar, Liggins, Taylor, Colombell)
1992 Claire Forbes 3,000m
Virginia 4x800m
(Samuels, Liggins, Ward, Drauglis)
1994 Pam Lemons 200m 4th 24.37
Sherry Gould HJ 2nd 1.87
1995

Rebecca Grube LJ 10th 21' .5"
Nicole Kimbrough LJ 16th 18' 5"
2001 Naccolle Guinn TJ 10th 12.91m
2002 Kiamesha Otey LJ 5th 6.26m
Eliese Mitchell WT 14th 18.97m
2003 Kiamesha Otey 60m 15th 7.40
Kiamesha Otey LJ 10th 6.05m
Eliese Mitchell WT 16th 17.46m
2006 Tomika Ferguson TJ 6th 13.32m
2007 Tomika Ferguson TJ 8th 12.98m
2008 Emily Harrison 5000m 9th 16:19.85
2011 Virginia DMR 3rd 10:59.79
(Garcia, Gay, Harper, Smith)
2012 Morgane Gay Mile 5th 4:41.40
Dallas Rose TJ 12th 40'9.5"
2013 Vicky Fouhy Mile 12th 4:41.29
Dallas Rose TJ 13th 41'9.75"
2014 Jordan Lavender 400m 12th 52.99
2016 Iona Lake Mile 15th 4:48.11
2019 Bridget Guy Pole Vault 5th 4.41m
2020 NCAA Championships cancelled due to pandemic
2021 Halle Hazzard 60m 8th 7.27
Jada Seaman LJ 12th 6.33m
Alix Still Hept 13th 3904 pts
NCAA CHAMPIONSHIP FINISHES
1983 T-5th (17.25)
1984 T-29th (4)
1985 T-25th (6)
1986 T-24th (6)
1987 9th (16)
1989 T-28th (4)
1992 T-40th (1)
1993 T-38th (1)
1994 T-27th (7)
1995 T-40th (3)
2002 T-37th (4)
2006 T-48th (3)
2007 T-69th (1)
2011 T-30th (6)
2012 T-43rd (4)
2019 T-48th (4)
2020 Cancelled
2021 T-52nd (1)



WOMEN'S INDOOR ACC HISTORY

ACC CHAMPIONS

1987	Sonya Fridy	60y
	Michelle Rowen	Mile
	Virginia	Mile Relay
	LaTanya Wynn	TJ
1988	Robin Landes	HJ
	Latanya Wynn	TJ
1989	Dana Boone	LJ
1990	Claire Forbes	Mile
	Claire Forbes	3000m
1991	Kelly Bodiford	SP
1992	Claire Forbes	3000m
	Virginia	2-Mile Relay
1993	Sherry Gould	HJ
1994	Sherry Gould	HJ
1995	Rebecca Grube	LJ
1996	Lauren Connolly	WT
1997	Virginia	DMR
2001	Naccolle Guinn	TJ
2003	Kiamesha Otey	LJ
2010	Maureen Laffan	SP
	Virginia	DMR
2011	Virginia	DMR
2012	Pearl Bickersteth	HJ
2014	Jordan Lavender	400m
2016	Iona Lake	Mile
2020	Jada Seaman	LJ
2021	Jada Seaman	LJ

ALL-ACC

1987	Sandy Schuler
	Latanya Wynn
	Michele Johnson
	Cathron Birge
	Sonja Fridy
	Cherlene Hinton
	Michelle Rowen
	Julie Sandy
1988	Latanya Wynn
	Charlene Hinton
	Robin Landes
1989	Dana Boone
1990	Dana Boone
	Claire Forbes
1991	Kelly Bodiford
	Claire Forbes
1992	Jen Garvin
	Claire Forbes
	Michelle Samuels
	Lara Drauglis
	Kim Liggins
1993	Sherry Gould
1994	Rebecca Grube
	Michelle Samuels
	Pam Lemons
	Bernarda Gras
	Sherry Gould
	Mia Richardson
1995	Rebecca Grube
	Nicole Kimbrough
1996	Lauren Connolly
	Ann Crouse
1997	Tracey Freyre
	Astrid Gotthard
	Talitha Green

	Jen Gruia
	Nicole Kimbrough
1999	Ann Crouse
	Jennifer Owens
2000	Jeanna Composti
	Eliese Mitchell
	Kimesha Otey
2001	Naccolle Guinn
	Eliese Mitchell
	Kiamesha Otey
2002	Carielle Doe
	Kim Turko
	Kiamesha Otey
	Naccolle Guinn
2003	Ellen Dwyer
	Eliese Mitchell
	Kiamesha Otey
2004	Rachel Marks
	Meggie Shuelke
2008	Kathleen Darraugh
	Emily Harrison
	Kara Scanlin
2010	Rosemary Barber
	Lyndsay Harper
	Maureen Laffan
	Tasia Potasinski
	Chidi Uche
2011	Vanessa Fabrizio
	Stephanie Garcia
	Morgane Gay
	Lyndsay Harper
2012	Pearl Bickersteth
	Anna Corrigan
	Morgane Gay
	Dallas Rose
2013	Vicky Fouhy
	Jordan Lavender
	Dallas Rose
2014	Jordan Lavender
2015	Christine Bohan
	Jordan Lavender
2016	Christine Bohan
	Peyton Chaney
	Iona Lake
	Bridget Guy (2nd)
2017	Mia Barron
	Christine Bohan (2nd)
	Cleo Boyd
	Emma Call (2nd)
	Kelly McKee (2nd)
2018	Mia Barron
	Kelly McKee
	Gabrielle Hayes (2nd)
	Brittany Jones (2nd)
	Holly Sullivan (2nd)
2019	Halle Hazzard
	Bridget Guy
	Kelly McKee
	Anna Jefferson (2nd)
	Carly Feyerabend (2nd)
2020	Jada Seaman
	Khyasia Caldwell
	Anna Jefferson (2nd)
	Andrenette Knight (2nd)
	Alix Still (2nd)

2021	Kayla Bonnick - 60m (2nd)
	Khyasia Caldwell - LJ (1st), TJ (2nd)
	Rebecca Hawkins - HJ (2nd)
	Halle Hazzard - 60m (1st), 200m (2nd)
	Brittnay Jones - SP (2nd)
	Andrenette Knight - 400m (2nd)
	Maya Maloney - PV (2nd)
	Jada Seaman - LJ (1st), 200m (1st)
	Alix Still - Pent (1st)
	4x400 (2nd)
	(Parenchuk, Seaman, Sabbakhan, Knight)

ACC CHAMPIONSHIP

TRACK MVP

2014	Jordan Lavender
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ACC FRESHMAN FIELD

PERFORMER OF THE YEAR

2020	Jada Seaman
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ACC COACH OF THE YEAR

1987	Fred Binggeli
1994	Fred Binggeli

ALL-ACC ACADEMIC

2009	Ayla Smith
2011	Ayla Smith
2012	Anna Corrigan
	Jordan Lavender
	Dallas Rose
2013	Peyton Chaney
	Anna Finger
	Colette Gnade
	Jordan Lavender
	Dallas Rose
	Barbara Strehler
2014	Vicky Fouhy
	Barbara Strehler
2015	Christine Bohan
2016	Christine Bohan
	Peyton Chaney
	Iona Lake
2017	Christine Bohan
	Cleo Boyd
	Kelly McKee
2018	Brittany Jones
	Kelly McKee
	Holly Sullivan
2019	Carly Feyerabend
	Bridget Guy
	Halle Hazzard
	Kelly McKee
2020	Halle Hazzard
	Jada Seaman
	Alix Still
2021	Kayla Bonnick
	Rebecca Hawkins
	Halle Hazzard
	Brittany Jones
	Andrenette Knight
	Maya Maloney
	Jada Seaman
	Alix Still



WOMEN'S INDOOR ACC HISTORY

2019

Miami	91
Florida State	85
Virginia Tech	84
Louisville	63
Duke	60
NC State	58
Clemson	39
Notre Dame	33
Virginia	31
North Carolina	29
Syracuse	29
Wake Forest	23
Georgia Tech	20
Pitt	12
Boston College	4

2020

Virginia Tech	105.5
Miami	73
Notre Dame	61
Clemson	58
Duke	53.5
Florida State	52
Louisville	50
NC State	44
Georgia Tech	44
Virginia	34
Wake Forest	25
North Carolina	24
Pittsburgh	19
Boston College	13
Syracuse	2

2021

Florida State	95
Miami	85
Virginia	72.5
Virginia Tech	62.5
Clemson	62
Duke	59
Louisville	46
NC State	43
North Carolina	30.5
Notre Dame	28
Georgia Tech	26.5
Wake Forest	22
Pittsburgh	14
Syracuse	10
Boston College	7

VIRGINIA

YEAR-BY-YEAR

1987	1st (132)
1988	2nd (69)
1989	3rd (55)
1990	3rd (54)
1991	3rd (74)
1992	3rd (71)
1993	4th (51.5)
1994	2nd (112)
1995	3rd (75)
1996	5th (63)
1997	4th (62)
1998	7th (44)
1999	6th (59)
2000	5th (52)
2001	4th (80)
2002	5th (63)
2003	4th (74.5)
2004	9th (26.5)
2005	11th (11)
2006	9th (39.5)
2007	8th (34)
2008	5th (57)
2009	8th (29)
2010	10th (33)
2011	T-6th (45)
2012	4th (59)
2013	7th (46)
2014	T-10th (32)
2015	9th (35.5)
2016	9th (37)
2017	10th (31)
2018	9th (34.5)
2019	9th (31)
2020	10th (34)
2021	3rd (72.5)



MEN'S INDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Paul Ereng	800m - 1989 NAAs
Robby Andrews	800m - 2010 NAAs
Henry Wynne	Mile - 2016 NAAs
Jordan Scott	Triple Jump- 2019 NAAs

ALL-AMERICANS

1976	Keith Witherspoon	TJ
1978	Greg Canty	1000y
1979	Greg Canty	1000y
1981	Chuck Brown	DMR
	Vince Draddy	DMR
	Theo Hodge	DMR
	David Revelle	DMR
1982	Ray Brown	800m
1985	John Hinton	1000m
1987	Kris Herdt	3000m
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1991	Ben Kurgat	800m
2007	Brian Lee	DMR
	Kevin McHale	DMR
	Jordan Orr	DMR
	Alex Tatu	DMR
2009	Andrew Jesien	DMR
	Meikle Paschal	DMR
	Lance Roller	DMR
	Sintayehu Taye	DMR
2010	Robby Andrews	800m
	Ryan Collins	3000m
2011	Adams Abdulrazaaq (2nd)	60mH
	Marcus Robinson (2nd)	TJ
2012	Marcus Robinson	TJ
	Nick Vena (2nd)	SP
2013	Brandon Burton (2nd)	DMR
	Taylor Gilland (2nd)	DMR
	Payton Hazzard (2nd)	DMR
	Anthony Kostelac (2nd)	DMR
2015	Jordan Young	WT
	Payton Hazzard	DMR
	Nathan Kiley	DMR
	Mike Marsella	DMR
	Henry Wynne	DMR
2016	Filip Mihaljevic (2nd)	SP
	Filip Mihaljevic	SP
	Henry Wynne	Mile
	Kenneth Hagen (2nd)	DMR
	Robby Keough (2nd)	DMR
	Nathan Kiley (2nd)	DMR
	Matthew Novak (2nd)	DMR
2017	Jordan Young	WT
	Oghenakpobo Efekoro	SP
	Zach Herriott (2nd)	5000m
	Jordan Scott (2nd)	TJ
2018	Jordan Scott (2nd)	TJ
2019	Jordan Scott	TJ
	Brenton Foster (2nd)	HJ
2020	Brenton Foster	HJ
	Owayne Owens	TJ
	Jordan Scott	TJ
2021	Owayne Owens	TJ

NCAA CHAMPIONSHIP RESULTS

1984	John Hinton	800m	7th	1:50.72
	Ray Brown	1,000m	4th	2:25.46
	Greg Byers	TJ		49' 10"
	Bruce Randolph	55m		6.44
1985	Jim Hays	5,000m	7th	14:09.56
	John Hinton	1,500m	9th	3:44.23
1988	Paul Ereng	800m		
1989	Paul Ereng	800m	1st	1:47.69
	Ben Kurgat	800m	7th	1:49.83
1990	Herman Moore	HJ		
1991	Ben Kurgat	800m	3rd	1:47.31
1992	Ben Kurgat	800m		
2005	Virginia	DMR	9th	9:42.43
	(Blassingame, Dunbar, Orr, Tatu)			
	Winston Howard	55m4th-pre		6.32
2007	Virginia	DMR	7th	9:40.18
	(Lee, McHale, Orr, Tatu)			
2009	Yemi Ayeni	SP	12th	17.66m
	Virginia	DMR	6th	9:36.89
	(Jesien, Paschal, Roller, Taye)			
2010	Robby Andrews	800m	1st	1:48.39
	Ryan Collins	5000m	11th	14:06.98
2011	Adams Abdulrazaaq	60mH	12th	7.85
	Marcus Robinson	TJ	11th	15.92m
2012	Marcus Robinson	TJ	5th	53'0.75"
	Nick Vena	SP	14th	59'10.5"
2013	Virginia	DMR	10th	9:43.70
	(Kostelac, Hazzard, Burton, Gilland)			
2015	Jordan Young	WT	4th	22.87m
	Virginia	DMR	6th	9:33.24
	(Wynne, Hazzard, Kiley, Marsella)			
	Filip Mihaljevic	SP	14th	18.40m
2016	Henry Wynne	Mile	1st	4:06.63
	Filip Mihaljevic	SP	2nd	67' 2"
	Virginia	DMR	10th	9:53.16
	(Keough, Kiley, Hagen, Novak)			

2017	Jordan Young	WT	3rd	22.41m
	Oghenakpobo Efekoro	SP	3rd	19.84m
	Zach Herriott	5000m	12th	13:59.99
	Jordan Scott	TJ	10th	15.69m

2018	Jordan Scott	TJ	12th	15.84m
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2019	Jordan Scott	TJ	1st	16.89m
	Brenton Foster	HJ	11th	2.20m

2020
NCAA Championships cancelled due to pandemic

2021	Owayne Owens	TJ	6th	16.53m
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NCAA CHAMPIONSHIP TEAM FINISHES

1984	T-39th (4)
1985	T-27th (6)
1988	T-51st (1)
1989	T-16th (10)
2007	T-57th (2)
2009	T-47th (3)
2010	T-20th (10)
2012	T-45th (4)
2015	T-23rd (8)
2016	T-8 (18)
2017	T-16 (12)
2019	T-20 (10)
2020	Cancelled
2021	T-46th (3)

USTFCCCA Regional Athletes of the Year

2020	Jordan Scott
2019	Jordan Scott
2012	Marcus Robinson

USTFCCCA Regional Asst. Coach of the Year

2020	Mario Wilson
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MEN'S INDOOR ACC HISTORY

ACC CHAMPIONS

1954	Ray Quillen	HJ
1957	Henry Davenport	PV
1958	Henry Davenport	PV
	Clarence Roberts	PV
1968	Mike Harvey	LJ
1970	Jim Shannon	LJ
1972	Kent Merritt	60y
	Virginia	Mile Relay
1973	Kent Merritt	60y
1975	Keith Witherspoon	TJ
1976	Keith Witherspoon	TJ
1977	Greg Canty	1000y
1978	Greg Canty	1000y
	Virginia	2-Mile Relay
1979	Greg Canty	1000y
	Virginia	2-Mile Relay
1980	Greg Canty	1000y
1988	Herman Moore	HJ
1989	Paul Ereng	800m
	Ben Kurgat	400m
1990	Herman Moore	HJ
1991	Cornell Grayson	TJ
	Ben Kurgat	800m
	Thom McKinney	SP
1992	Ben Kurgat	800m
1993	Michael Murphy	WT
1994	Rob Cook	3000m
2005	McGavock Dunbar	800m
2008	Virginia	DMR
2009	Ryan Collins	5000m
2010	Robby Andrews	800m
	Ryan Collins	5000m
	Virginia	DMR
2011	Ryan Collins	5000m
	Anthony Kostelac	800m
	Marcus Robinson	TJ
2012	Mark Amirault	5000m
	Marcus Robinson	TJ
2015	Payton Hazzard	400m
	Filip Mihaljevic	SP
	Jordan Young	WT
	Virginia	DMR
2016	Filip Mihaljevic	SP
	Henry Wynne	Mile
	Virginia	DMR
2017	Filip Mihaljevic	SP
	Jack Lint	Hept
	Jordan Scott	TJ
	Jordan Young	WT
2019	Jordan Scott	TJ
2020	Brenton Foster	HJ
	Sam Young	PV
	Jordan Scott	TJ
	Derek Pekar	Hept
2021	Owayne Owens	TJ

ALL-ACC

1987	David Hood
	Kris Herdt
1988	Herman Moore
1989	Ben Kurgat
	Paul Ereng

1990	Thom McKinney
	Brian Shafer
	Herman Moore
1991	Thom McKinney
	Ben Kurgat
1992	Ben Kurgat
1993	Mike Murphy
1994	Rob Cook
	Mark Hammons
2001	Shay Clark
	Stephen Gross
	Bob Thiele
2002	Jarrett Hagwood
2003	David Sullivan
2004	McGavock Dunbar
2005	McGavock Dunbar
	David Sullivan
2006	Kellen Blassingame
	Alex Tatu
	Kevin McHale
2007	Alex Tatu
	Jordan Orr
	Jan Foerster
2008	Yemi Ayeni
	Andy Biladeau
	Ryan Foster
	Andrew Jesien
	Brian Lee
	Jordan Orr
	Alex Tatu
2009	Adams Abdulrazaaq
	Yemi Ayeni
	Kevin Anding
	Alex Bowman
	Ryan Collins
	Emil Heineking
	Brian Lee
	Andrew Lobb
	Greg Nelson
	Meikle Paschal
	Lance Roller
	Sintayehu Taye
	Kevin Tschirhart
2010	Adams Abdulrazaaq
	Kevin Anding
	Robby Andrews
	Alex Bowman
	Ryan Collins
	Marcus Robinson
	Lance Roller
	Sintayehu Taye
2011	Adams Abdulrazaaq
	Kevin Anding
	Ryan Collins
	Brett Johnson
	Anthony Kostelac
	Marcus Robinson
2012	Mark Amirault
	Kevin Anding
	Chris Foley
	Thomas Porter
	Marcus Robinson
	Nick Vena

2013	Ryan Satchell
2014	Drequan Hoskey
	Mike Marsella
	Thomas Porter
	Ryan Satchell
	Aaron Worrell
2015	Payton Hazzard
	Kyle King
	Mike Marsella
	Filip Mihaljevic
	Henry Wynne
	Jordan Young
2016	Oghenakpobo Efekoro
	Kenneth Hagen
	Nathan Kiley
	Filip Mihaljevic
	Matthew Novak
	Adam Visokay
	Henry Wynne
	Hilmar Jonsson (2nd)
	Aaron Worrell (2nd)
2017	Zach Herriott
	Filip Mihaljevic
	Oghenakpobo Efekoro
	Jack Lint
	Jordan Scott
	Henry Wynne
	Jordan Young
	Brent Demarest (2nd)
	Hilmar Jonsson (2nd)
	Nace Plesko (2nd)
	Chase Weaverling (2nd)
	Aaron Worrell (2nd)
	Sam Young (2nd)
2018	Jordan Scott
	Oghenakpobo Efekoro
	Hilmar Jonsson
	Mike Marsella (2nd)
	Nace Plesko (2nd)
2019	Brenton Foster
	Jordan Scott
	Trey Causey (2nd)
	Ari Klau (2nd)
	Emmanuel Jackson (2nd)
	Hilmar Jonsson (2nd)
2020	Brenton Foster
	Sam Young
	Jordan Scott
	Derek Pekar
	Owayne Owens
	AJ Ernst
	Brandon Outlaw (2nd)
	Jordan Willis (2nd)
	Rohann Asfaw (2nd)
2021	Kane Aldrich - PV (2nd)
	Jacob Lemmon - WT (2nd)
	Elby Omohundro - Hept (2nd)
	Brandon Outlaw - 400m (2nd)
	Owayne Owens - TJ (1st)
	Claudio Romero - SP (2nd)
	Jordan Willis - 400m (1st)



MEN'S INDOOR ACC HISTORY

ACC PERFORMER OF THE YEAR

- 1991** Ben Kurgat
- 2016** Henry Wynne (track)
- 2017** Jordan Young (field)
- 2019** Jordan Scott (field)
- 2020** Jordan Scott (field)

ACC MEET FIELD MVP

- 2015** Jordan Young
- 2020** Jordan Scott

ACC FRESHMAN OF THE YEAR

- 2010** Robby Andrews

ALL-ACC ACADEMIC

- 2009** Kevin Anding
- 2010** Kevin Anding
- 2011** Kevin Anding
- 2012** Mark Amirault
Kevin Anding
Christopher Foley
Taylor Gilland
Christian Lavorgna
Thomas Porter
- 2013** Mark Amirault
Matthew Armentrout
Taylor Gilland
Christian Lavorgna
Bryan Lewis
Thomas Porter
Ryan Satchell
- 2014** Thomas Porter
Aaron Worell
- 2015** Thomas Madden
Filip Mihaljevic
Ryan Satchell
- 2016** Robby Keough
Christian Lavorgna
Jack Lint
Filip Mihaljevic
Adam Visokay
Chase Weaverling
- 2017** Zach Herriott
Jeff Jernigan
Jack Lint
Filip Mihaljevic
Chase Weaverling
Aaron Worrell
Henry Wynne
- 2018** Mike Marsella
Hilmar Jonsson
Nace Plesko
- 2019** Hilmar Jonsson
- 2020** AJ Ernst
Elby Omohundro
Owayne Owens
Derek Pekar
Jordan Willis
Sam Young
- 2021** Kane Aldrich
Jacob Lemmon
Elby Omohundro
Owayne Owens
Claudio Romero
Jordan Willis



MEN'S INDOOR ACC HISTORY

1954

Maryland	53.75
UNC	33.75
Duke	32
Virginia	5
South Carolina	4.75
Clemson	.75

1955

North Carolina	36
Maryland	35.50
Duke	24
South Carolina	14
NC State	9
Virginia	7.50
Clemson	6

1956

Maryland	52.50
Duke	28
North Carolina	26
NC State	15
Clemson	11
Virginia	8
South Carolina	2.5
Wake Forest	0

1957

Maryland	61.50
North Carolina	32
Duke	20.50
Virginia	13
Clemson	7.50
NC State	6.50
South Carolina	2
Wake Forest	0

1958

Maryland	52.40
North Carolina	29.5
Duke	18.50
South Carolina	18.5
Clemson	9
Virginia	7.80
NC State	5.40
Wake Forest	1.50

1959

Maryland	72.50
North Carolina	23.5
Duke	21
South Carolina	10
Clemson	9
NC State	3
Virginia	2
Wake Forest	2

1960

Maryland	82
North Carolina	30
Duke	28.70
South Carolina	25.9
Clemson	10
Virginia	8.20
NC State	8.20
Wake Forest	0

1961

Maryland	81.50
North Carolina	48.5
Duke	20.33
Clemson	19
Virginia	13.33
South Carolina	9
NC State	3
Wake Forest	0.33

1962

Maryland	61
UNC	44.4
Clemson	28.50
Duke	22.50
South Carolina	17.5
Virginia	13.50
NC State	4
Wake Forest	3.50

1963

Maryland	81.50
North Carolina	56
Duke	25.50
Clemson	22
South Carolina	4
Wake Forest	4
NC State	2
Virginia	0

1964

Maryland	82
North Carolina	37
South Carolina	22
Duke	17
Clemson	16
Wake Forest	10
NC State	6
Virginia	5

1965

Maryland	91
North Carolina	18
Duke	15
South Carolina	14
NC State	12
Clemson	11
Wake Forest	10
Virginia	9

1966

Maryland	85
North Carolina	32.5
NC State	16
Duke	15
South Carolina	13
Clemson	8
Wake Forest	5.50
Virginia	4

1967

Maryland	79
North Carolina	34
Clemson	18
Duke	17.50
South Carolina	14.5
NC State	13
Wake Forest	3
Virginia	1

1968

Maryland	106
North Carolina	32
Duke	20
South Carolina	12
NC State	10
Virginia	8
Clemson	4
Wake Forest	0

1969

Maryland	103.50
North Carolina	27.5
Duke	19
South Carolina	16
Clemson	13
Virginia	11
NC State	2
Wake Forest	0

1970

Maryland	76.50
North Carolina	34.5
South Carolina	24
Duke	21
Clemson	18
Virginia	11
NC State	6
Wake Forest	1

1971

Maryland	49.50
Duke	34
North Carolina	32
South Carolina	30
Clemson	17.50
NC State	12
Virginia	12
Wake Forest	5

1972

Maryland	66.50
North Carolina	51.5
Clemson	23
NC State	20
Virginia	18
Duke	8
Wake Forest	5

1973

Maryland	81
North Carolina	36
Duke	31
Clemson	23
NC State	16
Virginia	14
Wake Forest	7

1974

Maryland	88.50
North Carolina	45.5
NC State	29
Duke	21
Virginia	10
Clemson	7
Wake Forest	7

1975

Maryland	104.33
North Carolina	27
NC State	25.33
Virginia	20
Duke	16
Clemson	13.33
Wake Forest	2

1976

Maryland	86.50
North Carolina	42
NC State	40.50
Clemson	17.50
Virginia	17
Duke	16.50
Wake Forest	3

1977

Maryland	77.50
North Carolina	43.4
NC State	38
Clemson	21
Duke	19.50
Virginia	17.50
Wake Forest	7

1978

Maryland	69
NC State	44
North Carolina	38
Clemson	26
Virginia	26
Duke	20
Wake Forest	4

1979

Maryland	77
North Carolina	50
NC State	29.50
Clemson	27
Virginia	25.50
Duke	10
Wake Forest	3

1980

Maryland	134
Clemson	108
North Carolina	62.5
NC State	60.50
Georgia Tech	42.50
Virginia	32
Duke	16.50
Wake Forest	7

No indoor meet held between 1981-1986

1987

Clemson	103
NC State	97
Georgia Tech	84
North Carolina	57
Maryland	51
Virginia	31
Duke	9
Wake Forest	2

1988

NC State	128
Georgia Tech	107
Clemson	77
North Carolina	63
Maryland	44
Virginia	38
Wake Forest	2
Duke	1

1989

Clemson	155
NC State	113
North Carolina	60
Georgia Tech	60
Virginia	50
Maryland	30
Wake Forest	20
Duke	7

1990

Clemson	150
North Carolina	96
NC State	77
Virginia	60
Georgia Tech	58
Wake Forest	30
Duke	14
Maryland	11

1991

Clemson	111
NC State	107.2
North Carolina	89.6
Virginia	70.2
Georgia Tech	68
Wake Forest	43
Maryland	7
Duke	0

1992

Clemson	136
North Carolina	112
NC State	68
Florida State	61
Wake Forest	42
Georgia Tech	35
Virginia	33
Maryland	9
Duke	0

1993

Clemson	156
North Carolina	132
Florida State	83
Georgia Tech	82
NC State	78
Wake Forest	45
Virginia	36
Maryland	6
Duke	5

1994

Florida State	133
Clemson	106
Georgia Tech	94
North Carolina	92
NC State	66
Wake Forest	60
Virginia	44
Maryland	20
Duke	8

1995

North Carolina	192
Clemson	89.5
Wake Forest	85
NC State	76
Georgia Tech	59
Florida State	55.5
Virginia	32
Duke	20
Maryland	13

1996

UNC	148.5
NC State	147.5
Clemson	117.0
Florida State	53.5
Wake Forest	49.0
Georgia Tech	41.5
Maryland	30.0
Virginia	20.0
Duke	16.0

1997

Clemson	155.5
North Carolina	141
Georgia Tech	75
NC State	69
Wake Forest	51
Florida State	48.5
Duke	30
Virginia	29
Maryland	24

1998

Clemson	144.0
UNC	134.5
NC State	130.0
Florida State	73.0
Georgia Tech	64.0
Virginia	31.0
Maryland	20.5
Duke	19.0
Wake Forest	7.0

1999

Clemson	162.0
North Carolina	112.5
NC State	108.0
Florida State	80.0
Wake Forest	44.5
Virginia	37.0
Georgia Tech	30.0
Duke	30.0
Maryland	20.0

2000

Clemson	168.0
North Carolina	89.0
NC State	86.0
Florida State	75.0
Georgia Tech	65.0
Wake Forest	58.0
Duke	40.0
Virginia	31.0
Maryland	11.0



2001

Clemson	181
North Carolina	93
Florida State	86
Wake Forest	77
NC State	69
Virginia	68
Duke	22
Georgia Tech	21
Maryland	7

2002

Clemson	132
Florida State	95
Georgia Tech	94
NC State	82
North Carolina	77
Wake Forest	60
Duke	32
Virginia	32
Maryland	14

2003

Florida State	135.5
Clemson	111.5
Georgia Tech	105.5
North Carolina	99
NC State	84.5
Duke	36
Virginia	28
Wake Forest	19
Maryland	5

2004

Florida State	164
Clemson	142
NC State	88
North Carolina	83
Georgia Tech	72
Virginia	35
Duke	27
Maryland	25
Wake Forest	23

2005

Florida State	162.5
Clemson	160
North Carolina	65
Virginia	54
Georgia Tech	50
Virginia Tech	43.5
Wake Forest	38
NC State	37
Maryland	27
Duke	16
Miami	10

2006

Florida State	160.5
Clemson	95
North Carolina	64
Virginia Tech	60
Wake Forest	56
Virginia	55
NC State	52
Georgia Tech	39
Miami	36
Maryland	29
Duke	8.5
Boston College	7

2007

Florida State	128
Clemson	106.5
NC State	70
Georgia Tech	63
North Carolina	56
Virginia Tech	50.5
Virginia	49
Wake Forest	47
Maryland	37
Miami	29
Duke	19
Boston College	8

2008

Florida State	135.5
Georgia Tech	85
Clemson	83
North Carolina	78
Virginia	76.5
NC State	67
Maryland	41
Miami	34
Virginia Tech	30
Wake Forest	24
Duke	7
Boston College	1

2009

Florida State	125
Virginia Tech	98.5
Virginia	94
North Carolina	61.5
Clemson	57
NC State	49
Wake Forest	46
Georgia Tech	43
Miami	31
Duke	28
Maryland	23
Boston College	3

2010

Florida State	107
UNC	103.5
Virginia Tech	97
Virginia	77
NC State	63
Clemson	61
Georgia Tech	44
Duke	38.5
Miami	29
Wake Forest	21
Maryland	11
Boston College	10

2011

Virginia Tech	140
Florida State	98
NC State	83.5
Virginia	77
Clemson	73
North Carolina	67.5
Duke	47
Maryland	22
Wake Forest	20
Miami	17
Georgia Tech	12
Boston College	2

2012

Florida State	123
Virginia Tech	95.5
North Carolina	84.5
Virginia	80
Clemson	78
NC State	61
Duke	47
Georgia Tech	33.5
Maryland	28
Miami	19
Wake Forest	10
Boston College	2.5

2013

Virginia Tech	153
Florida State	136
Clemson	91
North Carolina	75
Duke	52
Georgia Tech	39
Virginia	38
NC State	35
Miami	31
Wake Forest	9
Boston College	4

2014

Florida State	97
North Carolina	89
Notre Dame	84
Duke	67
Virginia Tech	65
Virginia	54
Pittsburgh	44
Georgia Tech	44
Miami	39
NC State	31
Clemson	23
Syracuse	17
Wake Forest	9

2015

Virginia Tech	101
Florida State	86.5
Virginia	71
North Carolina	67
Clemson	63
Syracuse	41
Duke	39
Miami	37.5
Louisville	29
Pittsburgh	29
NC State	29
Notre Dame	26
Wake Forest	24
Georgia Tech	20

2016

Syracuse	88.0
Clemson	76.50
Virginia	64.0
NC State	62.0
Virginia Tech	58.0
Florida State	55.0
Notre Dame	45.0
Miami	44.0
Louisville	38.50
Pittsburgh	28.0
Wake Forest	27.0
Duke	26.0
Georgia Tech	25.0
North Carolina	23.0

2017

Virginia Tech	109
Virginia	98
Florida State	86
Clemson	76
Syracuse	47
Louisville	47
NC State	39
Notre Dame	33
North Carolina	29
Georgia Tech	28
Miami	24
Pittsburgh	21
Duke	14
Wake Forest	11

2018

Florida State	111
Virginia Tech	107
Clemson	76
Syracuse	62
NC State	52
Virginia	49
Louisville	44
Georgia Tech	37
Notre Dame	35
Duke	25
North Carolina	23
Miami	21
Wake Forest	11
Pittsburg	9

2019

Virginia Tech	117
Florida State	117
NC State	61
Clemson	51
Virginia	49
Notre Dame	41
Syracuse	33
Georgia Tech	32
Duke	30.5
Louisville	29
Miami	28
North Carolina	23
Pitt	22
Wake Forest	20.5
Boston College	6

2020

Florida State	140
Virginia Tech	109
Virginia	87
Notre Dame	70
North Carolina	47
Clemson	36
NC State	34
Wake Forest	30
Duke	25
Louisville	24
Pittsburgh	22
Miami	16
Georgia Tech	11
Syracuse	9
Boston College	3

2021

Virginia Tech	136
North Carolina	81
Florida State	76
Clemson	48
Pittsburgh	48
Notre Dame	44
Virginia	40
Louisville	38.5
Duke	32
Miami	27.5
Georgia Tech	25
NC State	25
Wake Forest	23
Syracuse	13
Boston College	4

VIRGINIA

YEAR-BY-YEAR

1954	4th (5)
1955	6th (7.5)
1956	6th (8)
1957	4th (13)
1958	6th (7.8)
1959	T-7th (2)
1960	T-6th (8.2)
1961	5th (13.33)
1962	6th (13.5)
1963	8th (0)
1964	8th (5)
1965	8th (9)
1966	8th (4)
1967	8th (1)
1968	6th (8)
1969	6th (11)
1970	6th (11)
1971	7th (12)
1972	5th (18)
1973	6th (14)
1974	5th (10)
1975	4th (20)
1976	5th (17)
1977	6th (17.5)
1978	5th (26)
1979	5th (25.5)
1980	6th (32)
1987	6th (31)
1988	6th (38)
1989	5th (50)
1990	4th (60)
1991	4th (70.2)
1992	7th (33)
1993	7th (36)
1994	7th (44)
1995	7th (32)
1996	8th (20)
1997	7th (29)
1998	6th (31)
1999	6th (37)
2000	8th (31)
2001	6th (68)
2002	8th (32)
2003	7th (28)
2004	6th (35)
2005	4th (54)
2006	6th (55)
2007	7th (49)
2008	5th (76.5)
2009	3rd (94)
2010	4th (77)
2011	4th (77)
2012	4th (80)
2013	7th (38)
2014	6th (54)
2015	3rd (71)
2016	3rd (64)
2017	2nd (98)
2018	6th (49)
2019	5th (49)
2020	3rd (87)
2021	7th (40)



WOMEN'S OUTDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Aileen O'Conner	10000m	1981 AIAW
Kiamesha Otey	LJ	2003 USATF
Stephanie Garcia	Steeple	2007 USATF Juniors
Michaela Meyer	800m	2021 NCAA Outdoor

ALL-AMERICANS

1979	Margaret Groos	4+m
1981	Susan Brownell	Hep
	Aileen O'Conner	10000m
1982	Susan Brownell	Hep
	Aileen O'Conner	10000m
1983	Lisa Garrett	400m
	Kim Kelly	1500m
	Martha White	5000m
	Martha White	10000m
1984	Gail Bryant	800m
1985	Gail Bryant	800m
1986	Michelle Rowen	1500m
	Beth Sheehan	Hep
1987	Sonya Fridy	200m
	Sonya Fridy	400m
	Sonya Fridy	LJ
	Michelle Rowen	1500m
	Julia Solo	Javelin
1988	Patti Matara	5000m
	Julia Solo	Javelin
1989	Dana Boone	TJ
	Julia Solo	Javelin
1990	Dana Boone	LJ
1991	Dana Boone	LJ
	Dana Boone	TJ
1992	Claire Forbes	3000m
1993	Kelly Bodiford	Dis
	Sherry Gould	HJ
1994	Lara Drauglis	1500m
	Rebecca Grube	Hep
1995	Ann Crouse	Javelin
1997	Angela Lee	400mH
1997	Kelly Miller	LJ
1998	Angela Lee	400mH
1999	Ann Crouse	Javelin
2001	Inge Jorgensen	Javelin
2003	Dawn Cleary	3000mSC
	Kiamesha Otey	LJ
2004	Inge Jorgensen	Javelin
2005	Billie-Jo Grant	Dis
	Inge Jorgensen	Javelin
2006	Erin Crawford	400mH
	Billie-Jo Grant	Dis
2007	Katie Read	10000m
2008	Billie-Jo Grant	Dis
2009	Meghan Briggs	Javelin
	Stephanie Garcia	3000mSC
	Morgane Gay	1500m
	Billie-Jo Grant	Dis
	Caitlin Kelly	2009
2011	Stephanie Garcia	3000mSC
	Morgane Gay	1500m
	Lyndsay Harper (2nd)	800m
	Ayla Smith (2nd)	400mH
	Erin Wykoff (2nd)	Dis
2012	Morgane Gay (2nd)	1500m
	Maureen Laffan (2nd)	Ham
	Catherine White (2nd)	10000m
	Chelsea Ley (HM)	5000m
	Kathleen Stevens (HM)	5000m
2013	Abbey Karin (HM)	Javelin
	Barbara Strehler (HM)	5000m
2014	Dallas Rose	TJ

	Jen Flack (HM)	10000m
2015	Christine Bohan (HM)	SP
	Jordan Lavender (HM)	400m
2016	Cleo Boyd (HM)	10000m
2017	Christine Bohan (2nd)	SP
2018	Bridget Guy	PV
	Andrenette Knight (2nd)	400mH
	Kelly McKee (2nd)	TJ
2019	Bridget Guy	PV
	Andrenette Knight (2nd)	400mH
	Kelly McKee	TJ
2021	Michaela Meyer	800m
	Michaela Meyer (HM)	4x400
	Andrenette Knight	400mH
	Andrenette Knight (HM)	4x400
	Jada Seaman (2nd)	LJ, 4x100
	Jada Seaman (HM)	4x400
	Anna Jefferson (2nd)	4x100
	Anna Jefferson (HM)	4x400
	Kayla Bonnick (2nd)	4x100
	Halle Hazzard (2nd)	4x100
	Maria Deaviz (HM)	SP
	Khyasia Caldwell (HM)	LJ

(prior to 1982 were AIAW honors)

NCAA CHAMPIONSHIP RESULTS

1983	Virginia	4x400m	9th	3:39.17
	(Bryant, Hatchett, Hatchett, Garrett)			
	Lisa Garrett	400m	17th	53.85
	Jeanette Kelly	800m	8th	2:07.56
	Jill Haworth	1500m	4th	4:16.89
	Martha White	5000m	7th	16:21.62
	Mary Jean Wright	5000m	25th	17:00.85
	Martha White	10000m	8th	34:02.15
	Mary Jean Wright	10000m	22nd	35:31.1
	Ann Bair	HJ	5th	1.81m
1984	Jeanette Kelly	800m	15th	2:08.09
	Virginia	Mile Relay	DQ	DQ
1985	Gail Bryant	800m	8th	2:05.64
	Kim Kelly	800m	19th	2:08.19
	Beth Sheehan	Hep	11th	5254
	Virginia	4x400m	17th	3:40.18
	(Fridy, Crockett, Hatchett, Bryant)			
1986	Virginia	4x400m	DNF	DNF
	(Buber, Crockett, Fitzpatrick, Fridy)			
	Sonja Fridy	LJ	15th	6.06
	Elizabeth Sheehan	Hep	11th	5407
	Julia Solo	Jav	14th	47.76m
	Patricia Matara	10000m	11th	33:32.44
1987	Sonja Fridy	200m	10th	23.39
	Sonja Fridy	400m	4th	52.27
	Michelle Rowan	1500m	9th	4:17.13
	Julia Solo	Jav	7th	51.10m
	Kris Herdt	5000m	10th	15:00.3
1988	Kris Herdt	5000m	13th	14:41.9

Patricia Matara	5000m	7th	16:09.02
Julia Solo	Jav	8th	166' 4"
1989	Dana Boone	LJ	16th 6.11m
	Dana Boone	TJ	9th 12.50m
	Julia Solo	Jav	2nd 55.56m
1990	Claire Forbes	1500m	9th 4:18.52
	Dana Boone	LJ	2nd 6.29m
	Dana Boone	TJ	23rd 12.08m
1991	Claire Forbes	1500m	15th 4:28.15
	Dana Boone	LJ	5th 6.29m
	Dana Boone	TJ	8th 12.67m
	Kelly Bodiford	SP	14th 13.79m
	Karen DiDonato	HJ	20th 1.80m
1992	Claire Forbes	3000m	4th 9:29.73
1993	Sherry Gauld	HJ	5th 1.86m
	Kelly Bodiford	Discus	9th 50.00m
1994	Lara Drauglis	1500m	8th 4:23.84
	Sharon Servidio	10000m	13th 35:37.54
	Rebecca Grube	Hep	8th 5333
1995	Nicole Kimbrough	LJ	19th 5.84m
	Ann Crouse	Jav	10th 48.54m
1996	Sharon Servido	10000m	16th 35:18.92
	Angela Lee	400mH	16th 59.37
	Kelly Miller	LJ	19th 5.80m
	Ann Crouse	Jav	13th 45.72m
1997	Angela Lee	400mH	6th 57.8
	Kelly Miller	LJ	9th 6.11m
	Ann Crouse	Jav	13th 48.56m
1998	Nicole Kimbrough	LJ	13th 6.02m
1999	Angela Lee	400mH	17th 1:00.37
	Arin Crouse	Jav	10th 49.47m
2000	Inge Jorgensen	Jav	19th 42.58m
2001	Inge Jorgensen	Jav	4th 51.21m
	Kiamesha Otey	100m	20th 11.87
	Dana Koons	10000m	16th 36:30.67
2002	Kiamesha Otey	LJ	20th 5.93m
	Melanie Matthews	Steeple	16th 10:32.18
	Dawn Cleary	Steeple	13th 10:22.70
2003	Dawn Cleary	Steeple	6th 10:00.09
	Kiamesha Otey	LJ	11th 6.14m
	Eliese Mitchell	SP	16th 15.50m
	Kiamesha Otey	200m	23rd 24.36



WOMEN'S OUTDOOR NCAA HISTORY

Jane Maxwell	10000m	11th	33:55.98
Sarah Folse	10000m	DNF	DNF
2004			
Inge Jorgensen	Jav	8th	49.23m
2005			
Anne Bobiak	Jav	22nd	44.00m
Inge Jorgensen	Jav	3rd	165' 2"
Billie-Jo Grant	Discus	9th	51.41m
Tomika Ferguson	TJ	28th	12.16m
Erin Crawford	400mH	16th	59.20
2006			
Erin Crawford	400mH	6th	56.87
Billie-Jo Grant	Discus	6th	52.28m
Billie-Jo Grant	SP	20th	49' 11"
2007			
Katie Read	10000m	10th	33:54.92
Emily Harrison	10000m	13th	34:05.24
Kara Scanlin	10000m	20th	35:01.62
Erin Crawford	400mH	16th	59.50
Stephanie Garcia	Steeple	24th	10:22.16
Tomika Ferguson	TJ	14th	13.04m
2008			
Stephanie Garcia	Steeple	16th	10:27.14
Emily Harrison	10000m	14th	35:15.47
Kara Scanlin	10000m	DNF	DNF
Billie-Jo Grant	Discus	8th	50.26m
Meghan Briggs	Jav	25th	44.64
2009			
Billie-Jo Frant	Discus	6th	50.48m
Caitlin Kelly	Discus	4th	51.47m
Morgane Gay	1500m	10th	4:19.59
Stephanie Garcia	Steeple	9th	10:14.35
Meghan Briggs	Jav	9th	50.05m
2010			
Meghan Briggs	Jav	14th	47.42m
Tara Karin	Jav	18th	46.09m
2011			
Stephanie Garcia	Steeple	2nd	9:47.29
Morgane Gay	1500m	7th	4:17.40
Lyndsay Harper	800m	13th	2:05.91
Ayla Smith	400mH	10th	56.54
Erin Wykoff	Disc	12th	51.09m
2012			
Morgane Gay	1500m	11th	4:19.44
Maureen Laffan	Hammer	14th	196' 6"
Chelsea Ley	5000m	DNF	DNF
Kathleen Stevens	5000m	21st	17:24.29
Catherine White	10000m	10th	33:21.55
2013			
Abbey Karin	Javelin	19th	44.14m
Barbara Strehler	5000m	22nd	16:39.68
2014			
Dallas Rose	TJ	7th	43' 3"
Jen Flack	10000m	23rd	35:22.42
2015			
Christine Bohan	SP	23rd	14.23m
Jordan Lavender	400m	23rd	54.35
2016			
Cleo Boyd	10000m	9th	33:11.22

2017			
Christine Bohan	SP	11th	16.59m

2018			
Bridget Guy	PV	T-4th	4.30m
Kelly McKee	TJ	9th	13.23m
Andrenette Knight	400mH	10th	57.89

2019			
Bridget Guy	PV	5th	4.45m
Andrenette Knight	400mH	12th	57.66
Kelly McKee	TJ	5th	13.51m

2021			
Michaela Meyer	800m	1st	2:00.28
Andrenette Knight	400mH	3rd	55.81
Jada Seaman	LJ	9th	6.36m
Khyasia Caldwell	LJ	23rd	5.88m
Maria Deaviz	SP	19th	16.36m
Virginia	4x100m	16th	44.21
(Jefferson, Seaman, Bonnick, Hazzard)			
Virginia	4x400m	17th	3:37.153
(Jefferson, Seaman, Meyer, Knight)			

NCAA CHAMPIONSHIP FINISHES

1982	T-11th (40)
1983	T-10th (37)
1985	T-49th (1)
1986	T-55th (1)
1987	T-30th (7)
1988	T-42nd (3)
1989	T-29th (8)
1990	T-25th (8)
1991	T-39th (5)
1992	T-34th (5)
1993	T-36th (4)
1994	T-55th (2)
1997	T-52nd (3)
2001	T-40th (5)
2003	T-55th (3)
2004	T-76th (1)
2005	T-44th (6)
2006	T-34th (7)
2008	T-62nd (1)
2009	T-36th (8)
2011	T-29th (10)
2014	T-54th (2)
2018	T-43rd (4.5)
2019	T-30th (9)
2020	– Season cancelled due to pandemic
2021	T-16th (16)

USTFCCCA ALL-ACADEMIC

2012	Anna Corrigan Abbey Karin Kathleen Stevens Catherine White
2013	Anna Finger Vicky Fouhy Jordan Lavender Abbey Karin Kathleen Stevens Barbara Strehler Catherine White
2014	Cleo Boyd Sarah Fakler Jen Flack Vicky Fouhy Abbey Karin Edy Ndem Kathleen Stevens Barbara Strehler
2015	Sarah DeVita Sarah Fakler
2016	Iona Lake Aisha Naibe-Wey Caroline Clark Megan Rebholz Emily Mulhern Cleo Boyd
2017	Caitlin Mautz Ciara Leonard



WOMEN'S OUTDOOR ACC HISTORY

ACC CHAMPIONS

1983	Ann Bair	Hep
	Ann Bair	HJ
	Lisa Garrett	200m
	Lisa Garrett	400m
	Kim Hatchett	100mH
1984	Kim Hatchett	400mH
	Virginia	4x400m
	Gail Bryant	400 mH
	Sonja Fridy	100 Meter Dash
	Sonja Fridy	200 Meter Dash
1985	Michee Johnson	TJ
	Patty Matava	5000m
	Virginia	4x100m
	Virginia	4x400m
	Gail Bryant	400m
1986	Gail Bryant	400mH
	Sonya Fridy	LJ
	Michee Johnson	TJ
	Vanya Lewis	Discus
	Virginia	4x100m
1987	Virginia	4x400m
	Nevada Tinsley	100m
	Kelly Warner	Javelin
	Phyllis Buber	800m
	Kim Duke	400mH
1988	Sonya Fridy	LJ
	Sonya Fridy	100m
	Sonya Fridy	200m
	Lisa Jeter	Discus
	Lisa Jeter	SP
1989	Michee Johnson	TJ
	Beth Sheehan	Hep
	Julia Solo	Javelin
	Virginia	4x100m
	Virginia	4x400m
1990	Sonya Fridy	LJ
	Sonya Fridy	100m
	Sonya Fridy	200m
	Lisa Jeter	SP
	Patty Matava	5000m
1991	Julia Solo	Javelin
	Virginia	4x100m
	Dana Boone	LJ
	Dana Boone	TJ
	Julia Solo	Javelin
1992	Julia Solo	Javelin
	Suzanne Sweeney	Hep
	Dana Boone	LJ
	Claire Forbes	1500m
	Claire Forbes	5000m
1993	Kelly Bodiford	SP
	Dana Boone	LJ
	Dana Boone	TJ
	Claire Forbes	1500m
	Claire Forbes	5000m
1994	Claire Forbes	5000m
	Beni Gras	10000m
	Kelly Bodiford	Discus
	Sherry Gould	Hep
	Rebecca Grube	Hep

1995	Amy Brown	Discus
	Louren Connolly	Hammer
	Virginia	4x100m
	Amy Brown	Discus
	Ann Crouse	Javelin
1996	Angela Lee	400mH
	Sharon Servidio	10000m
	Amy Brown	Discus
	Ann Crouse	Javelin
	Angela Lee	400mH
1997	Angela Lee	400mH
	Ann Crouse	Javelin
	Angela Lee	400mH
	Ann Crouse	Javelin
	Angela Lee	400mH
1998	Inge Jorgensen	Javelin
	Dana Coons	10000m
	Inge Jorgensen	Javelin
	Eliese Mitchell	Discus
	Kiamesha Otey	LJ
1999	Anne Bobiak	Javelin
	Dawn Cleary	3000mSC
	Carrielle Doe	400m
	Jane Maxwell	10000m
	Inge Jorgensen	Javelin
2000	Billie-Jo Grant	Discus
	Inge Jorgensen	Javelin
	Meghan Briggs	Javelin
	Stephanie Garcia	3000mSC
	Meghan Briggs	Javelin
2001	Meghan Briggs	Javelin
	Stephanie Garcia	3000mSC
	Catherine White	10000m
	Erin Wykoff	Discus
	Jordan Lavender	400m
2002	Catherine White	10000m
	Jordan Lavender	400m
	Dallas Rose	TJ
	Iona Lake	3000mSC
	Cleo Boyd	5000m
2003	Cleo Boyd	10000m
	Bridget Guy	Pole Vault
	Bridget Guy	Pole Vault
	Anna Jefferson	400m
	Andrenette Knight	400mH

ALL-ACC

1986	Beth Sheehan	
	Phyllis Buber	
	Kim Duke	
	Tracy Crockett	
	Julia Solo	
1987	Shelly McBride	
	Michele Johnson	
	Lisa Jeter	
	Charlene Hinton	
	Sonja Fridy	
1988	Patty Matava	
	Cathy Fitzpatrick	
	Julia Solo	
	Michelle Rowen	
	Julia Sandy	
1989	Lisa Jeter	
	Kim Duke	
	Phyllis Buber	

1990	Patty Matava	
	Sonja Fridy	
	Charlene Hinton	
	Latanya Wynn	
	Dana Boone	
1991	Suzanne Sweeney	
	Leslie Stiff	
	Charlene Hinton	
	Julia Solo	
	Dana Boone	
1992	Julia Sandy	
	Julia Solo	
	Suzanne Sweeney	
	Cathron Birge	
	Kelly Bodiford	
1993	Claire Forbes	
	Dana Boone	
	Suzanne Sweeney	
	Julia Sandy	
	Angela Griffith	
1994	Dana Boone	
	Claire Forbes	
	Kelly Bodiford	
	Claire Forbes	
	Beni Gras	
1995	Sharon Servidio	
	Kelly Bodiford	
	Sherry Gould	
	Kendra Hickman	
	Nicole Kimbrough	
1996	Rebecca Grube	
	Sharon Servidio	
	Valentia Alleyne	
	Amy Brown	
	Ann Crouse	
1997	Chrissie Edmundson	
	Nicole Kimbrough	
	Leslie Satchell	
	Amy Brown	
	Lauren Connolly	
1998	Ann Crouse	
	Linda Denny	
	Angie Lee	
	Sharon Servidio	
	Catrina Bindel	
1999	Cindy Moreshead	
	Nicole Stevenson	
	Amy Brown	
	Ann Crouse	
	Angela Lee	
2000	Angela Lee	
	Dana Thul	
	Amy Brown	
	Ann Crouse	
	Angela Lee	
2001	Kelly Miller	
	Curtrell Frye	
	Inge Jorgensen	
	Elise Mitchell	
	Hillary Wilson	
2002	Dana Coons	
	Naccolle Guinn	
	Inge Jorgenson	
	Eliese Mitchell	



WOMEN'S OUTDOOR ACC HISTORY

2002	Annie Bobiak Dawn Cleary Curtrell Frye Ingrid Marable Kiamesha Otey
2003	Anne Bobiak Dawn Cleary Carielle Doe Sarah Folse Jane Maxwell Eliese Mitchell Kiamesha Otey Natalie Randolph
2004	Inge Jorgensen Meggie Schuelke
2005	Annie Bobiak Erin Crawford Billie-Jo Grant Inge Jorgensen
2006	Erin Crawford Billie-Jo Grant
2007	Amy Bilmanis Meghan Briggs Erin Crawford Billie-Jo Grant
2008	Janne'a Bridgeford Meghan Briggs Stephanie Garcia Billie-Jo Grant Emily Harrison
2009	Meghan Briggs Morgane Gay Billie-Jo Grant Tara Karin Caitlin Kelly
2010	Meghan Briggs Emily Vannoy
2011	Stephanie Garcia Morgane Gay Tara Karin Maureen Laffan
2012	Pearl Bickersteth Morgane Gay Tara Karin Maureen Laffan Jordan Lavender Catherine White Erin Wykoff
2013	Vanessa Fabrizio Vicky Fouhy Abbey Karin Jordan Lavender Catherine White
2014	Vanessa Fabrizio Jordan Lavender Dallas Rose
2015	Iona Lake Christine Bohan (2nd) Peyton Chaney (2nd) Bridget Guy (2nd) Jordan Lavender (2nd) Caitlin Mautz (2nd) Tori McKenzie (2nd) Andrea Wright (2nd)

2016	Christine Bohan Cleo Boyd Iona Lake Aisha Naibe-Wey Heather Smith Peyton Chaney (2nd) Bridget Guy (2nd) Caitlin Mautz (2nd)
2017	KellyMcKee Christine Bohan (2nd) Carly Feyerabend (2nd) Mirija Bogavac (2nd) Holly Sullivan (2nd)
2018	Khyasia Caldwell Bridget Guy Anna Jefferson Andrenette Knight Kelly McKee Carly Feyerabend (2nd) Ciara Lenoard (2nd) Holly Sullivan (2nd) Alexis Woodley (2nd)
2019	Bridget Guy Andrenette Knight Anna Jefferson Marija Bogavac Brittany Jones Halle Hazzard Kelly McKee Kiera Bothwell (2nd) Ciara Leonard (2nd) Thelma Kristjansdottir (2nd) Caitlin Mautz (2nd)

Note: Honorees are on First Team unless otherwise noted
2nd-team All-ACC was instated in 2015

ACC PERFORMER OF THE YEAR

1990	Claire Forbes
1992	Claire Forbes

ACC MEET TRACK MVP

2014	Jordan Lavender
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ACC FRESHMAN OF THE YEAR

2009	Morgane Gay
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ACC COACH OF THE YEAR

1984	Dennis Craddock
1985	Dennis Craddock
1986	Doug Williamson
1990	Fred Binggeli
1995	Fred Binggeli (Co-COY)

ACC SCHOLAR-ATHLETE OF THE YEAR

2016	Cleo Boyd
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ALL-ACC ACADEMIC

2006	Megan Schuelke
2007	Amy Bilmanis Stephanie Garcia Billie-Jo Grant Katie Read Kara Scanlin Ayla Smith
2008	Billie-Jo Grant Ayla Smith Kathryn Tershel
2009	Amy Bilmanis Ayla Smith
2011	Anna Corrigan Stephanie Garcia Morgane Gay Lyndsay Harper Dallas Rose Ayla Smith
2012	Morgane Gay Abbey Karin Jordan Lavender Kathleen Stevens Catherine White
2013	Peyton Chaney Anna Finger Vicky Fouhy Abbey Karin Jordan Lavender Barbara Strehler Catherine White
2014	Peyton Chaney Jen Flack Edy Ndem Dallas Rose Barbara Strehler
2016	Christine Bohan Cleo Boyd Peyton Chaney Iona Lake Aisha Naibe-Wey
2017	Marija Bogavac Christine Bohan Kelly McKee Holly Sullivan
2018	Carly Feyerabend Bridget Guy Ciara Leonard Kelly McKee Holly Sullivan
2019	Kiera Bothwell Marija Bogavac Bridget Guy Halle Hazzard Brittany Jones Thelma Kristjansdottir Ciara Leonard Caitlin Mautz



WOMEN'S OUTDOOR ACC HISTORY

1983

Virginia	196
Maryland	122
North Carolina	78
NC State	76
Clemson	47
Wake Forest	1

1984

Virginia	219
UNC	170.5
Maryland	113
Clemson	32
NC State	25.50
Wake Forest	20

1985

Virginia	226
NC State	127
Maryland	114
North Carolina	69
Duke	29
Clemson	13
Wake Forest	4

1986

Virginia	217
NC State	152
North Carolina	96
Maryland	38
Clemson	35
Georgia Tech	28
Duke	18
Wake Forest	4

1987

Virginia	185
North Carolina	145
Maryland	75
Georgia Tech	71
NC State	56
Wake Forest	23
Clemson	21
Duke	9

1988

North Carolina	226
Virginia	107
Georgia Tech	66
Maryland	54
Clemson	54
NC State	38
Wake Forest	22
Duke	16

1989

North Carolina	193
Virginia	116
Clemson	111
Georgia Tech	72
NC State	49
Maryland	23
Wake Forest	14
Duke	10

1990

North Carolina	217
Virginia	142
Clemson	135
Georgia Tech	42
NC State	22
Duke	14
Maryland	10
Wake Forest	7

1991

Clemson	178
North Carolina	175
Virginia	125
Georgia Tech	44
NC State	30
Maryland	28
Wake Forest	7
Duke	2

1992

North Carolina	171
Clemson	164
Virginia	146
Florida State	95
Georgia Tech	75
Wake Forest	40
Maryland	28
NC State	15
Duke	5

1993

North Carolina	198
Clemson	127
Virginia	122
Florida State	110.50
Wake Forest	92
Georgia Tech	47.50
Maryland	18
NC State	13
Duke	8

1994

North Carolina	242
Virginia	136
Florida State	115
Clemson	110
Georgia Tech	55
Wake Forest	49
Maryland	15
NC State	11
Duke	8

1995

North Carolina	199
Virginia	118
Clemson	116
Florida State	104
Wake Forest	87
Maryland	44
Georgia Tech	41
Duke	13
NC State	12

1996

North Carolina	186
Florida State	148
Virginia	132
Clemson	112
Wake Forest	58
NC State	45
Georgia Tech	44
Duke	29
Maryland	24

1997

North Carolina	199
Florida State	134.5
Clemson	110
Virginia	90.50
NC State	76
Georgia Tech	69
Maryland	43
Wake Forest	34
Duke	11

1998

North Carolina	187
Clemson	148
Florida State	97.50
Georgia Tech	97
NC State	78
Wake Forest	59
Virginia	54.50
Maryland	53
Duke	41

1999

Clemson	142.50
Florida State	126.50
North Carolina	114
Virginia	111.50
Maryland	95
Georgia Tech	85
Wake Forest	66
NC State	58.50
Duke	17

2000

Florida State	192
North Carolina	183
Maryland	86.50
Virginia	86
NC State	60.50
Georgia Tech	60
Clemson	57
Wake Forest	54
Duke	39

2001

North Carolina	181
Clemson	167
Florida State	116
Virginia	109
Georgia Tech	76
Maryland	66
NC State	40
Wake Forest	34
Duke	30

2002

UNC	176.5
Florida State	128
Georgia Tech	127
NC State	99.50
Clemson	99
Virginia	92
Maryland	49
Wake Forest	29
Duke	18

2003

North Carolina	238
Florida State	157
Virginia	138
Clemson	73
Georgia Tech	64
NC State	51
Wake Forest	43
Duke	33
Maryland	21

2004

UNC	186.5
Georgia Tech	146
Florida State	130
NC State	89
Wake Forest	70
Clemson	69
Virginia	51.50
Duke	46
Maryland	28

2005

Miami	142
North Carolina	122
Georgia Tech	112
Florida State	82
NC State	67
Clemson	62.50
Virginia	59
Duke	54.50
Virginia Tech	48.50
Wake Forest	40
Maryland	28.50

2006

Miami	154
Florida State	112
North Carolina	105
Georgia Tech	86
Virginia Tech	73.50
Virginia	56.50
Duke	51
Maryland	51
NC State	47
Clemson	40
Wake Forest	24
Boston College	19

2007

Virginia Tech	144.5
Miami	113
Florida State~	101
Georgia Tech	82
North Carolina	77
Virginiai	69
Wake Forest	54
Clemson	47.50
Duke	45
NC State	38
Maryland	30
Boston College	18

2008

Virginia Tech	172
Miami	127
North Carolina	115
Florida State	105.5
Virginia	92
Georgia Tech	40
Clemson	39.50
Boston College	39
Maryland	28
Wake Forest	28
NC State	21
Duke	11

2009

Florida State	160
Virginia Tech	127
North Carolina	123
Virginiai	74
Miami	69
Georgia Tech	55.50
NC State	52.50
Clemson	44
Wake Forest	35
Maryland	35
Duke	33
Boston College	8

2010

Clemson	177
Florida State	124
North Carolina	89
Miami	84
Duke	61
Virginia Tech	56
Georgia Tech	54.50
Virginia	43
Maryland	40
Wake Forest	31
Boston College	31
NC State	28.50

2011

Clemson	202
Florida State	132.5
North Carolina	117.5
Duke	81.5
Virginia	62.5
Miami	57
Virginia Tech	53.5
NC State	39.5
Maryland	34
Georgia Tech	19
Boston College	15
Wake Forest	3

2012

Clemson	185
Virginia	100
Florida State	75
Virginia Tech	74
Duke	74
North Carolina	69
Miami	61
NC State	58
Maryland	49
Georgia Tech	32
Boston College	26
Wake Forest	14

2013

Clemson	151
Florida State	146
NC State	82
Virginia	76
Duke	76
North Carolina	66
Virginia Tech	56
Maryland	48.5
Wake Forest	32.5
Georgia Tech	29
Miami	27
Boston College	25

2014

Florida State	111
Notre Dame	96
Miami	94
Duke	77
NC State	73
Virginia Tech	69
Virginia	60
North Carolina	55
Clemson	43
Maryland	40
Syracuse	36
Wake Forest	23
Pittsburgh	19
Georgia Tech	15
Boston College	5

2015

Clemson	113.5
Florida State	94.5
Miami	93
North Carolina	78.5
Notre Dame	72
Louisville	61
NC State	59
Duke	51
Virginia	48.5
Syracuse	33
Virginia Tech	32
Wake Forest	31
Pittsburgh	21
Boston College	19
Georgia Tech	11



WOMEN'S OUTDOOR ACC HISTORY

2016	
Florida State	106.5
Miami	88
Clemson	85
Virginia	77
Notre Dame	69
Duke	66
NC State	56
Louisville	47
Virginia Tech	45.1
North Carolina	42.4
Syracuse	33
Wake Forest	30
Pitt	29
Boston College	26
Georgia Tech	19

2017	
Virginia Tech	124.5
Florida State	118.5
Miami	108
Clemson	95
Duke	77.5
Louisville	62
Notre Dame	53
Virginia	36.5
NC State	31
Wake Forest	28.5
Syracuse	25
Georgia Tech	19
Pittsburgh	19
North Carolina	18.5
Boston College	1

2018	
Miami	117
Virginia Tech	111
Florida State	102.5
Clemson	74
Louisville	69.5
Virginia	63
Duke	51.5
North Carolina	50.5
Notre Dame	49
NC State	37
Pittsburgh	25
Syracuse	21
Georgia Tech	19
Wake Forest	16
Boston College	12

2019	
Florida State	134
Miami	92.5
Virginia	84
Virginia Tech	77
Clemson	66
NC State	56
Notre Dame	55
Duke	51
Louisville	45
North Carolina	44
Syracuse	38
Wake Forest	29.5
Georgia Tech	27
Pittsburgh	12
Boston College	6

VIRGINIA	
YEAR-BY-YEAR	
1983	1st (196)
1984	1st (219)
1985	1st (226)
1986	1st (217)
1987	1st (185)
1988	2nd (107)
1989	2nd (116)
1990	2nd (142)
1991	3rd (125)
1992	3rd (146)
1993	3rd (122)
1994	2nd (136)
1995	2nd (118)
1996	3rd (132)
1997	4th (90.5)
1998	7th (54.5)
1999	4th (111.5)
2000	4th (86)
2001	4th (109)
2002	6th (92)
2003	3rd (138)
2004	7th (51.5)
2005	7th (59)
2006	6th (56.5)
2007	6th (69)
2008	5th (92)
2009	4th (74)
2010	8th (43)
2011	5th (62.5)
2012	2nd (100)
2013	T-4th (76)
2014	7th (60)
2015	9th (48.5)
2016	4th (77)
2017	8th (36.5)
2018	6th (63)
2019	3rd (84)



MEN'S OUTDOOR NCAA HISTORY

NATIONAL CHAMPIONS

Paul Ereng	800m	1988 NCAA
Paul Ereng	800m	1989 NCAA
Robby Andrews	800m	2011 NCAA
Filip Mihaljevic	Shot Put	2016 NCAA
Filip Mihaljevic	Shot Put	2017 NCAA
Filip Mihaljevic	Discus	2017 NCAA

ALL-AMERICANS

1979	Karl Williams	400mH
1981	Mike Cotton	3000mSC
	Willy Pirtle	Decath
1985	Jim Hays	5000m
	John Hinton	1500m
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1991	Stephen Dunphy	Decath
1992	Stephen Dunphy	Decath
1994	Rob Cook	3000mSC
2000	Brian Kollar	Jav
2001	Brian Kollar	Jav
	John Welch	Jav
2002	John Welch	Jav
2007	Yemi Ayeni	Dis
	Jan Foerster	3000mSC
2008	Yemi Ayeni	Dis
2009	Yemi Ayeni	Dis
2010	Robby Andrews	800m
	Steve Finley	3000mSC
	Lance Roller	800m
2011	Robby Andrews	800m
	Adams Abdulrazaq (2nd)	110mH
	Andy Fahringer (2nd)	Jav
	Brett Johnson (2nd)	1500m
2012	Marcus Robinson	TJ
	Lance Roller (2nd)	800m
	Vincenzo Chiariello (HM)	Ham
	Brett Johnson (HM)	1500m
	Sean Keveren (HM)	10000m
	Patrick Todd (HM)	1500m
2013	Thomas Porter (2nd)	10000m
	Mark Amirault (HM)	5000m
2014	Filip Mihaljevic	SP
	Filip Mihaljevic	Disc
	Ryan Satchell	TJ
	Kyle King (2nd)	3000mSC
	Thomas Porter (2nd)	10000m
	Adam Visokay (HM)	10000m
2015	Filip Mihaljevic	Discus
	Jordan Young	Discus
	Jordan Young	Hammer
	Payton Hazzard (2nd)	400m
	Filip Mihaljevic (2nd)	SP
	Jordan Young (2nd)	SP
	Kyle King (HM)	3000mSC
	Ryan Satchell (HM)	TJ
	Kyle Smith (HM)	Javelin
	Henry Wynne (HM)	1500m
2016	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Henry Wynne	1500m
	Oghenakpobo Efekoro (2nd)	SP
	Jordan Young (2nd)	Discus
	William Gray (HM)	3000mSC
2017	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Hilmar Jonsson	Hammer
	Oghenakpobo Efekoro	SP
	Jordan Young	Discus
	Jordan Young (2nd)	Hammer

	Jordan Scott (HM)	TJ
	Jack Lint (HM)	Dec
2018	Oghenakpobo Efekoro	SP
	Hilmar Jonsson (2nd)	HT
	Alfred Shirley III (2nd)	400m
	Mike Marsella (2nd)	1500m
2019	Jordan Scott (2nd)	TJ
	Ethan Dabbs	Jav
	Brent Demarest (2nd)	10000m
	Oghenakpobo Efekoro (2nd)	SP
	Brenton Foster (2nd)	HJ
	Hilmar Orn Jonsson	Ham
	Jordan Scott	TJ
2021	Derek Johnson	SC
	Claudio Romero	DT
	Jacob Lemmon	DT
	Owayne Owens (2nd)	TJ
	Sam Young (HM)	PV

NCAA CHAMPIONSHIP RESULTS

1934	Grover Everett	220LH	DNQ
1940	Frank Fuller	120HH	4th
1943	Tom Todd	120HH	6th
1958	Henry Davenport	PV	– Scr
1967	Tom Harvey	LJ	4th pre 24' 2"
1968	Michael Harvey	LJ	19th 23' 5"
1972	Keith Witherspoon	TJ	5th 51' 9.5"
1975	Keith Witherspoon	TJ	8th 51' 10.25"
1976	Keith Witherspoon	TJ	10th 15.42
1977	Karl Williams	400mH	18th 52.32
1978	Karl Williams	400mH	25th 52.48
1979	Karl Williams	400mH	6th 50.51
	Virginia	4x400m	15th 3:11.51
	(Williams, Bruce, Williams, Muth)		
	Phil Vincenzes	Discus	21st 54.42m
	Greg Canty	800m	10th 1:49.87
1980	John Bryan	Dec	12th 7259
	Michael Cotton	Steeple	DNF DNF
	Greg Canty	800m	12th 1:48.44
	Carl Scott	400mH	DQ DQ
1981	Michael Cotton	10000m	6th 29:19.48

William Pirtle	Dec	6th	7569
1982	Ray Brown	800m	3rd 1:48.46
1983	Raymond Brown	800m	16th 1:48.41
	John Hinton	1500m	3rd 3:41.08
	Vincent Draddy	1500m	– DQ
1984	Ray Brown	800m	7th 1:49.25
	Barry Word	110mHH	21st 13.97
	Robert Archer	400mHH	21st 52.30
1985	John Hinton	1500m	9th 3:44.02
	Jim Hays	5000m	7th 14:09.28
	Bruce Berry	400mH	24th 52.02
1988	Paul Ereng	800m	1st 1:46.76
1989	Paul Ereng	800m	1st 1:47.50
1990	Herman Moore	HJ	– NH
1991	Ben Kurgat	800m	14th 1:50.74
	Steve Dunphy	Dec	9th 7450
	Steven Kiessling	Jav	11th 67.84m
1992	Steve Dunphy	Dec	5th 7920
1993	Robert Cook	Steeple	28th 9:07.95
1994	Robert Cook	Steeple	8th 8:53.53
1995	Gerald Howard	200m	15th 21.72
	Ben Sarpong	200m	24th 21.52
1999	Ray Weeden	1500m	19th 14:00.16
2000	Brian Kollar	Jav	2nd 72.20m
2001	Brian Kollar	Jav	6th 68.69m
	John Welch	Jav	7th 68.33m
2002	John Welch	Jav	7th 71.46m
2004	Kellen Blassingame	400m	13th 46.45m
2005	McGavock Dunbar	800m	19th 1:49.50
	Kellen Blassingame	400m	13th 46.50
	David Sullivan	PV	14th 5.00m
2006	Andy Biladeau	5000m	21st 14:20.64
	Jan Foerster	Steeple	23rd 9:07.97



MEN'S OUTDOOR NCAA HISTORY

Soeren Lindner	Steeple	26th	9:26.76
2007			
Andrew Dumm	10000m	19th	29:52.90
Jan Foerster	Steeple	6th	8:34.78
Yemi Ayeni	Discus	7th	59.67m
2008			
Andrew Jesien	1500m	13th	3:45.30
Yemi Ayeni	Discus	2nd	59.5m
2009			
Lance Roller	800m	14th	1:48.31
Andrew Jesien	1500m	20th	3:47.25
Yemi Ayeni	Discus	4th	58.25m
2010			
Robby Andrews	800m	2nd	1:46.83
Ryan Collins	10k	19th	29:48.76
Steve Delice	400mH	15th	51.24
Steve Finley	Steeple	11th	9:00.61
Marcus Robinson	TJ	23rd	14.81m
Andy Fahringer	Jav	18th	63.80m
Lance Roller	800m	6th	1:47.64
2011			
Adams Abdulrazaaq	110mH	13th	13.66
Robby Andrews	800m	1st	1:44.71
Andy Fahringer	Jav	11th	70.38m
Brett Johnson	1500m	8th	3:47.96
2012			
Vincenzo Chiariello	Hammer	19th	199'0"
Brett Johnson	1500m	17th	3:44.63
Sean Keveren	10000m	18th	30:15.40
Marcus Robinson	TJ	6th	54'0"
Lance Roller	800m	10th	1:47.07
Patrick Todd	1500m	23rd	3:50.58
2013			
Mark Amirault	5000m	DNF	DNF
Thomas Porter	10000m	16th	30:14.96
2014			
Ryan Satchell	TJ	7th	52'5.25"
Filip Mihaljevic	SP	7th	64'2.25"
Filip Mihaljevic	Discus	8th	193'1"
Kyle King	3000mSC	12th	8:43.99
Thomas Porter	10000m	16th	29:50.74
Adam Visokay	10000m	23rd	32:25.14
2015			
Filip Mihaljevic	Discus	3rd	62.48m
Jordan Young	Discus	6th	60.13m
Jordan Young	Hammer	7th	68.16m
Filip Mihaljevic	SP	9th	19.51m
Jordan Young	SP	10th	18.97m
Payton Hazzard	400m	12th	46.42
Kyle King	3000mSC	18th	8:54.44
Henry Wynne	1500m	22nd	3:50.91
Ryan Satchell	TJ	23rd	15.37m
Kyle Smith	Jav	23rd	64.33m
2016			
Filip Mihaljevic	SP	1st	20.71m
Henry Wynne	1500m	3rd	3:38.35

Filip Mihaljevic	Discus	5th	60.28m
Oghenakpobo Efekoro	SP	11th	18.82m
Jordan Young	Discus	12th	57.02m
William Gray	3000mSC	19th	8:51.91

2017			
Filip Mihaljevic	SP	1st	21.30m
Filip Mihaljevic	Discus	1st	63.76m
Jordan Young	Discus	3rd	61.94m
Oghenakpobo Efekoro	SP	4th	19.70m
Hilmar Jonsson	Hammer	4th	72.38m
Jordan Young	Hammer	9th	69.71m
Jordan Scott	TJ	18th	15.50m
Jack Lint	Dec	DNF	DNF

2018			
Oghenakpobo Efekoro	SP	6th	20.28m
Hilmar Jonsson	HT	11th	69.94m
Alfred Shirley III	400m	15th	46.06
Mike Marsella	1500m	11th	3:52.39
Jordan Scott	TJ	10th	15.96m

2019			
Ethan Dabbs	Jav	7th	72.23m
Brent Demarest	10000m	14th	29:54.20
Oghenakpobo Efekoro	SP	12th	19.16m
Brenton Foster	HJ	16th	2.18m
Hilmar Orn Jonsson	HT	3rd	73.31m
Jordan Scott	TJ	2nd	17.01m

2021			
Claudio Romero	DT	3rd	61.36m
Jacob Lemmon	DT	5th	57.78m
Derek Johnson	SC	7th	8:32.95
Owayne Owens	TJ	15th	15.77m
Sam Young	PV	NH	

NCAA CHAMPIONSHIP TEAM FINISHES

1940	T-28th (4)
1943	T-30th (1)
1972	T-43rd (2)
1979	T-46th (1)
1981	T-43rd (2)
1982	T-38th (13)
1983	46th (10)
1984	T-56th (6)
1985	T-65th (2)
1988	T-24th (10)
1989	T-26th (10)
1992	T-50th (4)
1994	T-72nd (1)
2000	T-30th (8)
2001	T-39th (5)
2002	T-59th (2)
2007	T-46th (5)
2008	T-31st (8)
2009	T-48th (5)
2010	T-23rd (11)
2011	T-25th (10)
2012	T-56th (3)
2014	T-44th (5)
2015	17th (11)

2016	7th (20)
2017	3rd (36)
2018	55th (3)
2019	T-18th (16)
2021	T-28th (12)

USTFCCCA ALL-ACADEMIC

2012		Mark Amirault
		Kevin Anding
		Chris Foley
		Taylor Gilland
		Sean Keveren
		Thomas Porter
		Marcus Robinson
2013		Mark Amirault
		Taylor Gilland
		Thomas Porter
2014		Thomas Porter
2015		Christian Lavorgna
		Jack Lint
		Thomas Madden
		Filip Mihaljevic
		Chase Weaverling
2016		William Gray
		Christian Lavorgna
		Jack Lint
2017		Jeff Jernigan
		Zach Herriott
		Thomas Madden
		Jack Lint
		Jake Dixon

BOWERMAN SEMIFINALIST

2017	Filip Mihaljevic
2011	Robby Andrews

USTFCCCA Regional Athletes of the Year

2019	Jordan Scott
2021	Claudio Romero



MEN'S OUTDOOR ACC HISTORY

ACC CHAMPIONS

1954	George Gratten	220yH
1957	Pat Whtaker	PV
1958	Henry Davenport	PV
	Clarence Roberts	PV
	Pat Whtaker	PV
1961	Gil Faccio	440y
1969	Mike Harvey	TJ
1971	Kent Merritt	100y
	Jim Shannon	LJ
1972	Kent Merritt	100y
	Kent Merritt	220y
	Virginia	4x400m
1973	Kent Merritt	100y
1975	Keith Witherspoon	TJ
1976	Keith Witherspoon	TJ
1977	Karl Williams	400mH
1978	Greg Canty	800m
1979	John Bryan	Dec
	Greg Canty	800m
	Mike Cotton	3000mSC
1980	Greg Canty	800m
	Will Pirtle	Dec
1981	Mike Cotton	10000m
	Vince Draddy	1500m
1982	Greg Byers	HJ
	Virginia	4x400m
1983	Ray Brown	800m
	John Hinton	1500m
1984	Ray Brown	800m
	John Hinton	3000mSC
	Bruce Randolph	LJ
	Virginia	4x100m
	Dennis Craddock	1984
1985	John Hinton	800m
	Kevin Latham	Discus
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1990	Chike Chukwulozie	TJ
	Steve Kiessling	Javelin
	Ben Kurgat	800m
	Herman Moore	HJ
1991	Stephen Dunphy	Dec
	Cornell Grayson	TJ
	Steve Kiessling	Javelin
	Michael Theuerkauf	SP
1992	Stephen Dunphy	Dec
1993	Rob Cook	3000mSC
1994	Rob Cook	3000mSC
	Rob Cook	5000m
	Steven Dunphy	Dec
	Mark Hammons	10000m
1995	John Anderson	Dec
1997	Larry Wilson	Discus
1998	Larry Wilson	Discus
1999	John Welch	Javelin
	Larry Wilson	Discus
2000	Brian Kollar	Javelin
2001	Brian Kollar	Javelin
2002	John Welch	Javelin
2003	Brian Kollar	Javelin
	McGavock Dunbar	800m
2004	Will Christian	5000m

2006	Andrew Dumm	5000m
	Ryan Foster	10000m
2007	Yemi Ayeni	Discus
	Jan Foerster	5000m
2008	Yemi Ayeni	Discus
	Andrew Jesien	1500m
	David Lewis	Dec
2009	Adam Abdulrazaaq	110mH
	Yemi Ayeni	Discus
2010	Lance Roller	800m
	Sintayehu Taye	1500m
2011	Anthony Kostelac	800m
2012	Lance Roller	800m
	Virginia	4x400m
	Marcus Robinson	TJ
	Nick Vena	SP
	Nick Vena	Discus
2014	Filip Mihaljevic	Discus
	Ryan Satchell	TJ
	Kyle King	3000mSC
2015	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
2016	Hilmar Jonsson	Hammer
	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Henry Wynne	1500m
2017	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Hilmar Jonsson	Hammer
2018	Hilmar Jonsson	Hammer
2019	Jordan Scott	Long Jump
	Jordan Scott	Triple Jump
	Ethan Dabbs	Javelin
	Hilmar Jonsson	Hammer
	Oghenakpobo Efekoro	Shot Put
	Brenton Foster	High Jump

ALL-ACC

1988	Ben Kurgat
	Paul Ereng
1989	Paul Ereng
	Herman Moore
	Peter Sheehan
1990	Steve Kiessling
	Chike Chukwulozie
	Brian Shafer
	Herman Moore
	Ben Kurgat
1991	Eric Sorensen
	Michael Theuerkauf
	Stephen Dunphy
	Steve Kiessling
	Peter Sheeha
	Ben Kurgat
	Cornell Grayson
	Michael Murphy
	Mike Guegan
1992	Steve Dunphy
	Steve Kiessling
1993	Rob Cook
	Gerald Howard
1994	Mark Hammons
	Steve Dunphy

	Rob Cook
1995	John Anderson
1996	Sean Sullivan
1997	Matt Illian
	Larry Wilson
1998	Larry Wilson
1999	Brian Kollar
	Raymond Weeden
	John Welch
	Larry Wilson
2000	Bill Johnson
	Brian Kollar
2001	Tim Bilmanis
	Bill Johnson
	Brian Kollar
	James Murdock
	Matt Ruhl
	Bob Thiele
	John Welch
2002	Jarrett Hagwood
	Mike Riso
	John Welch
	Ted DeVos
2003	McGavock Dunbar
	Andy Filacheck
	Brian Kollar
2004	Kellen Blassingame
	Will Christian
	McGavock Dunbar
	David Sullivan
2005	Kellen Blassingame
	McGavock Dunbar
	Ryan Foster
	Soeren Lindner
	David Sullivan
	Alex Tatu
2006	Andy Biladeau
	Andrew Dumm
	Ryan Foster
	Soeren Lindner
	Kevin McHale
2007	Yemi Ayeni
	Andrew Dumm
	Jan Foerster
	Kevin McHale
2008	Yemi Ayeni
	Andrew Jesien
	David Lewis
	Andrew Lobb
	Meikle Paschal
2009	Adams Abdulrazaaq
	Kevin Anding
	Yemi Ayeni
	Ryan Collins
	Steve Finley
	Emil Heineking
	Andrew Jesien
	Andrew Lobb
	Meikle Paschal
	Marcus Robinson
	Lance Roller
2010	Adams Abdulrazaaq
	Kevin Anding
	Robby Andrews



MEN'S OUTDOOR ACC HISTORY

	Alex Bowman
	Ryan Collins
	Steve Delice
	Andy Fahringer
	Steve Finley
	Trey Miller
	Marcus Robinson
	Lance Roller
	Sintayehu Taye
2011	Adams Abdulrazaaq
	Robby Andrews
	Anthony Kostelac
	Andrew Mearns
	Lance Roller
2012	Kevin Anding
	Ozzie Bryan
	Vincenzo Chiariello
	Andy Fahringer
	Payton Hazzard
	Sean Keveren
	Marcus Robinson
	Lance Roller
	Nick Vena
2013	Mark Amirault
	Thomas Porter
	Ryan Satchell
2014	Payton Hazzard
	Kyle King
	Filip Mihaljevic
	Ryan Satchell
2015	Jack Lint
	Mike Marsella
	Filip Mihaljevic
	Jordan Young
	Payton Hazzard (2nd)
	Zach Herriott (2nd)
	Kyle King (2nd)
	Chris Rogers (2nd)
	Ryan Satchell (2nd)
	Kyle Smith (2nd)
	Adam Visokay (2nd)
2016	Oghenakpobo Efekoro
	Hilmar Jonsson
	Christian Lavorgna
	Filip Mihaljevic
	Henry Wynne
	Jordan Young
	Cam Collins (2nd)
	William Gray (2nd)
	Aaron Worrell (2nd)
2017	Brent Demarest
	Filip Mihaljevic
	Oghenakpobo Efekoro
	Jordan Young
	Hilmar Jonsson
	Jack Lint
	Nathan Kiley (2nd)
	Henry Wynne (2nd)
	Lachlan Cook (2nd)
	Zach Herriott (2nd)
	Charles Bowman (2nd)
	Jeff Jernigan (2nd)
	Sam Young (2nd)
	Jordan Scott (2nd)

	Nace Plesko (2nd)
2018	Oghenakpobo Efekoro
	Hilmar Jonsson
	Mike Marsella (2nd)
	Matthew Novak (2nd)
	Nace Plesko (2nd)
	Jordan Scott (2nd)
	Alfred Shirley (2nd)
	Sam Young (2nd)
2019	Ethan Dabbs
	Oghenakpobo Efekoro
	Brenton Foster
	Hilmar Jonsson
	Jordan Scott
	Brent Demarest
	Nace Plesko
	Ayende Watson
	Sam Young
	Lachlan Cook (2nd)
	Matthew Novak (2nd)
	Jordan Willis (2nd)

Honorees are on First Team unless otherwise noted 2nd-team All-ACC was instated in 2015

ACC PERFORMER OF THE YEAR

1972	Kent Merritt
1994	Rob Cook
2010	Robby Andrews (track)
2016	Filip Mihaljevic (field)
2016	Henry Wynne (track)
2017	Filip Mihaljevic (field)
2019	Jordan Scott (field)

ACC MEET FIELD MVP

2012	Nick Vena
2015	Jordan Young
2016	Filip Mihaljevic
2017	Filip Mihaljevic (Co)
2019	Jordan Scott

ACC FRESHMAN OF THE YEAR

2010	Robby Andrews
2011	Anthony Kostelac
2014	Filip Mihaljevic

ACC COACH OF THE YEAR

1984	Dennis Craddock
2001	Randy Bungard
2009	Jason Vigilante
2019	Bryan Fetzner

ACC SCHOLAR-ATHLETE OF THE YEAR

2017	Filip Mihaljevic
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ALL-ACC ACADEMIC

2006	Stephen Hiltner
2007	Kellen Blassingame
	Andrew Dumm
	Jan Foerster
	Ryan Foster
	Andrew Jesien
	Taylor Smith
2008	Kyle Galle
	Arthur Gennari
	Aaron Klansek
	David Lewis
2009	Andrew Jesien
2010	Kevin Anding
	Alex Bowman
	Steve Delice
	Sean Keveren
	William Miller
2011	Andrew Revelle
2012	Kevin Anding
	Andrew Fahringer
	Sean Keveren
	Marcus Robinson
2013	Mark Amirault
	Matthew Armentrout
	Taylor Gilland
	Christian Lavorgna
	Drew Paisley
	Thomas Porter
	Ryan Satchell
2014	David Bartha
	Christian Lavorgna
	Filip Mihaljevic
	Thomas Porter
	Ryan Satchell
	Adam Visokay
2015	Jack Lint
	Filip Mihaljevic
	Ryan Satchell
2016	Christian Lavorgna
	Filip Mihaljevic
	Aaron Worrell
2017	Zach Herriott
	Jeff Jernigan
	Jack Lint
	Filip Mihaljevic
	Nace Plesko
	Henry Wynne
2018	Hilmar Jonsson
	Mike Marsella
	Nace Plesko
2019	Hilmar Jonsson
	Nace Plesko
	Matthew Novak
	Jordan Willis



MEN'S OUTDOOR ACC HISTORY

1954		1961		1968		1975		1982		1989	
Maryland	59.2	Maryland	82.5	Maryland	134	Maryland	105.5	Clemson	144	Clemson	148
North Carolina	57.7	North Carolina	44.5	South Carolina	31	NC State	67.5	NC State	144	NC State	146
Duke	42.9	Duke	40	Clemson	31	Clemson	48	Maryland	118	Georgia Tech	75
South Carolina	35.2	South Carolina	21	North Carolina	28	Duke	33	Virginia	90	North Carolina	69
Virginia	16.5	Clemson	21	Duke	19	North Carolina	28	Georgia Tech	47	Virginia	69
Clemson	6.5	Virginia	16	Virginia	18	Virginia	20	North Carolina	43	Maryland	54
NC State	5	NC State	0	NC State	10	Wake Forest	2	Duke	32	Wake Forest	44
		Wake Forest	0	Wake Forest	1			Wake Forest	0	Duke	15
1955		1962		1969		1976		1983		1990	
UNC	55.25	Maryland	77.5	Maryland	117.5	Maryland	124.5	NC State	169	Clemson	161
Maryland	54	North Carolina	43	S. Carolina	50.5	NC State	57.5	Clemson	163	NC State	135
Duke	37	Duke	34	Duke	35	Duke	35	Virginia	106	North Carolina	100
S. Carolina	28.25	South Carolina	28	North Carolina	28	North Carolina	33	Maryland	84	Georgia Tech	80
Virginia	16.5	Clemson	26	Clemson	19	Clemson	30	Georgia Tech	45	Virginia	79
Clemson	16	Virginia	22	Virginia	14	Virginia	24	North Carolina	37	Maryland	32
NC State	13	Wake Forest	2.5	NC State	7	Wake Forest	0	Duke	14	Wake Forest	27
Wake Forest	5	NC State	2	Wake Forest	1			Wake Forest	2	Duke	6
1956		1963		1970		1977		1984		1991	
Maryland	71	Maryland	100.5	Maryland	89	Maryland	208	NC State	161	Clemson	165
Duke	36.2	Duke	46	South Carolina	47	North Carolina	105	Virginia	146	NC State	115
North Carolina	32.9	North Carolina	43.5	Clemson	37	NC State	83	Clemson	125.5	North Carolina	109
Clemson	25.5	Clemson	37	North Carolina	31	Virginia	74	Maryland	102	Virginia	107
South Carolina	25.2	South Carolina	13	Duke	30	Clemson	62	Georgia Tech	53	Georgia Tech	79
Virginia	20.5	Virginia	7	Wake Forest	15	Duke	46	Wake Forest	13	Wake Forest	33
NC State	8.7	Wake Forest	6	NC State	12	Wake Forest	11	North Carolina	10	Maryland	10
Wake Forest	5	NC State	2	Virginia	11			Duke	9	Duke	0
1957		1964		1971		1978		1985		1992	
Maryland	83.5	Maryland	95	Maryland	71	Maryland	182.5	NC State	161	UNC	178.5
North Carolina	47.5	Clemson	61	South Carolina	66	NC State	121	Clemson	117	Clemson	178
Duke	32.5	North Carolina	41	Duke	41	Virginia	84	Georgia Tech	108	Florida State	123
South Carolina	24.5	South Carolina	23	North Carolina	40	Clemson	78	Virginia	90	Georgia Tech	89
Virginia	23.5	Duke	17	Virginia	30	Wake Forest	58.5	Maryland	86	NC State	74.5
Clemson	13	Virginia	8	Clemson	24			North Carolina	47	Wake Forest	69
NC State	.5	NC State	6	NC State	16	1979		Duke	8	Virginia	35
Wake Forest	0	Wake Forest	4	Wake Forest	0	Maryland	212	Wake Forest	3	Maryland	23
1958		1965		1972		1980		1986		1993	
Maryland	72.5	Maryland	95	Maryland	104.5	Clemson	150	NC State	171	Clemson	181
Duke	44	Clemson	38	North Carolina	44.5	Maryland	138	Clemson	155	North Carolina	158
North Carolina	37	North Carolina	35	Duke	39	NC State	106	Georgia Tech	93.5	NC State	126.5
South Carolina	24	South Carolina	32	Clemson	35	Georgia Tech	86	North Carolina	90.5	Florida State	112.5
Clemson	23	Duke	20	Virginia	34	Wake Forest	6	Maryland	80	Georgia Tech	67
Virginia	22.5	NC State	17	NC State	20			Virginia	16	Wake Forest	65
NC State	2	Wake Forest	10	Wake Forest	11	1981		Duke	10	Virginia	45
Wake Forest	0	Virginia	8			Maryland	167.5	Wake Forest	4	Maryland	17
1959		1966		1973		1982		1987		1994	
Maryland	106.5	Maryland	103	Maryland	110.5	NC State	105.5	NC State	157	North Carolina	168
Duke	37	South Carolina	54	Duke	63	NC State	45	Clemson	140	Florida State	164
North Carolina	30	North Carolina	23	NC State	45	Georgia Tech	48	Georgia Tech	133	Clemson	127
South Carolina	20	Duke	19	North Carolina	39	Duke	13	North Carolina	88.5	NC State	105
Clemson	12.7	NC State	17	Virginia	21	Wake Forest	13	Maryland	86	Virginia	79
Virginia	8.75	Clemson	15	Clemson	18.5			Virginia	10.5	Georgia Tech	78
NC State	6	Wake Forest	14	Wake Forest	7	1983		Wake Forest	1	Wake Forest	35
Wake Forest	3	Virginia	10			Maryland	138	Duke	1	Maryland	11
1960		1967		1974		1984		1988		1995	
Maryland	98	Maryland	98	Maryland	127	NC State	157	NC State	174.5		
Duke	40	NC State	37	North Carolina	52	Clemson	88	UNC	134.5		
North Carolina	28.5	Clemson	29	NC State	49	Virginia	73	Clemson	102		
South Carolina	20	South Carolina	28	Duke	41	North Carolina	51	Georgia Tech	99		
Clemson	19.5	North Carolina	26	Clemson	13	Georgia Tech	45	Maryland	46		
Virginia	16	Duke	18	Wake Forest	12	Duke	24.5	Virginia	43		
Wake Forest	2	Virginia	13	Virginia	10	Wake Forest	14	Wake Forest	18		
NC State	1	Wake Forest	6					Duke	5		



MEN'S OUTDOOR ACC HISTORY

1995		2001		2007		2012		2016		VIRGINIA YEAR-BY-YEAR	
North Carolina	164	Clemson	189	Florida State	166.5	Virginia Tech	153.5	Virginia Tech	129	1954	5th (16.5)
Wake Forest	133	Florida State	183	Clemson	118	Florida State	149	NC State	93	1955	5th (16.5)
Clemson	124.5	Virginia	108	NC State	99.5	Virginia	113	Virginia	80	1956	6th (20.5)
Florida State	98	North Carolina	97.5	Virginia	81	North Carolina	94.5	Florida State	72	1957	5th (23.5)
NC State	85	Wake Forest	84.5	North Carolina	77	Clemson	78	North Carolina	72	1958	6th (22.5)
Virginia	61	NC State	84.5	Georgia Tech	71	Duke	59	Louisville	61.5	1959	6th (8.75)
Georgia Tech	54	Georgia Tech	44	Virginia Tech	57	NC State	58	Clemson	61	1960	6th (16)
Duke	36	Duke	22.5	Maryland	44	Maryland	31	Miami	58	1961	6th (16)
Maryland	15.5	Maryland	12	Wake Forest	35	Wake Forest	28	Syracuse	48	1962	6th (22)
1996		2002		2008		2013		2017		1963	6th (7)
NC State	196.5	Florida State	201.5	Florida State	141	Florida State	149	Georgia Tech	15	1964	6th (8)
North Carolina	152	Clemson	158	Clemson	124	Virginia Tech	138	Duke	26.5	1965	8th (8)
Clemson	146	North Carolina	118	NC State	96.5	Clemson	114	Boston College	0	1966	8th (10)
Florida State	110	NC State	103	Virginia	94.5	North Carolina	113	Virginia Tech	120	1967	7th (13)
Georgia Tech	75.5	Georgia Tech	81	North Carolina	93	Duke	66	Virginia	119	1968	6th (18)
Wake Forest	51	Wake Forest	67.5	Virginia Tech	67	Virginia	63	Florida State	104	1969	6th (14)
Maryland	34	Maryland	17	Georgia Tech	66	Georgia Tech	53	NC State	78	1970	8th (11)
Virginia	29	Duke	10	Maryland	54	NC State	39	Louisville	64	1971	5th (30)
Duke	21	Florida State	202	Miami	36	Miami	36	Clemson	61	1972	5th (34)
1997		2003		2009		2014		2018		1973	5th (21)
Clemson	216	Florida State	166	Florida State	141	Florida State	113	Florida State	116	1974	7th (10)
North Carolina	174	Clemson	166	Virginia	141	North Carolina	110	Syracuse	108	1975	6th (20)
NC State	125.5	North Carolina	98	Virginia Tech	130	Notre Dame	88	Virginia Tech	105.5	1976	6th (24)
Florida State	82.5	NC State	94	Georgia Tech	81	Duke	81	Duke	53	1977	4th (74)
Georgia Tech	59.5	Georgia Tech	94	North Carolina	72	Virginia Tech	78	Syracuse	50	1978	3rd (84)
Wake Forest	50	Virginia	73.5	Clemson	69	Syracuse	72	Pittsburgh	34	1979	2nd (101.5)
Duke	39.5	Wake Forest	45.5	Duke	61	Pittsburgh	58	Georgia Tech	25	1980	4th (87)
Virginia	37	Duke	41	Wake Forest	45	Virginia	53	Notre Dame	23	1981	4th (73)
Maryland	28	Maryland	2	Miami	40	Notre Dame	88	Wake Forest	22	1982	4th (90)
1998		2004		2010		2015		2019		1983	3rd (106)
Clemson	194	Clemson	224	Florida State	138.5	Florida State	136	Boston College	0	1984	2nd (146)
North Carolina	178	Florida State	176	Virginia Tech	130	Virginia	100	Florida State	116	1985	4th (90)
NC State	123	North Carolina	104	Virginia	125	North Carolina	98	Syracuse	108	1986	6th (16)
FSU	106.33	Georgia Tech	103	North Carolina	117.5	Clemson	89	Virginia Tech	105.5	1987	6th (10.5)
Georgia Tech	82.33	NC State	81	Clemson	75.5	Wake Forest	60	Clemson	56	1988	6th (43)
Virginia	51	Virginia	53	Wake Forest	60	Georgia Tech	48.5	Virginia	55	1989	T-4th (69)
Wake Forest	44.33	Wake Forest	34	Duke	38	NC State	32	Louisville	71	1990	5th (79)
Duke	25	Duke	23	Boston College	9	Clemson	31	Clemson	56	1991	4th (107)
Maryland	15	Maryland	20	NC State	7	Georgia Tech	22	Virginia	55	1992	7th (35)
1999		2005		2011		2016		2020		1993	7th (45)
North Carolina	178	Florida State	222.5	Florida State	174.5	Virginia Tech	123	NC State	49	1994	5th (79)
Clemson	157.5	Clemson	151	Virginia Tech	153.5	NC State	117	Miami	45	1995	6th (61)
Wake Forest	108.5	North Carolina	81.5	North Carolina	112.5	North Carolina	67	Duke	45	1996	8th (29)
NC State	98.5	Georgia Tech	65	Clemson	89	Duke	53	Pittsburgh	41.5	1997	8th (37)
Florida State	90.5	Virginia Tech	60	Duke	86.5	Syracuse	51	Notre Dame	35.5	1998	6th (51)
Virginia	57	NC State	47	NC State	37	Louisville	40	Georgia Tech	33	1999	6th (57)
Georgia Tech	55	Wake Forest	46	Miami	28	Notre Dame	37	Wake Forest	4	2000	8th (44)
Duke	50	Maryland	32	Maryland	18	Pittsburgh	37	2019		2001	3rd (108)
Maryland	24	Duke	27	Boston College	10	Miami	36	Virginia Tech	123	2002	6th (67.5)
2000		2006		2012		2013		Virginia	117	2003	6th (73.5)
Clemson	179.33	Florida State	161	Florida State	141	Florida State	149	Florida State	102.5	2004	6th (53)
Florida State	132	Clemson	119	Virginia Tech	130	Virginia Tech	138	Pittsburgh	62	2005	4th (80)
NC State	117	Wake Forest	106	North Carolina	112.5	Clemson	114	Clemson	52.5	2006	4th (88)
North Carolina	111	Virginia	88	Clemson	89	North Carolina	113	Louisville	52	2007	4th (81)
Georgia Tech	81.67	North Carolina	85	Duke	86.5	Duke	66	North Carolina	50	2008	4th (94.5)
Wake Forest	81	NC State	60	Virginia	67	Georgia Tech	53	Miami	48	2009 T-1st (141)	
Duke	45	Virginia Tech	58	NC State	50	Wake Forest	26	Notre Dame	40	2010	3rd (125)
Virginia	44	Georgia Tech	52.5	Wake Forest	38	Maryland	13	Georgia Tech	38	2011	6th (67)
Maryland	21	Miami	39	Miami	21	Boston College	2	Duke	38	2012	3rd (113)
2001		2007		2013		2014		Syracuse	33	2013	6th (63)
Clemson	189	Florida State	166.5	Florida State	141	Florida State	113	NC State	27	2014	8th (53)
Florida State	183	Clemson	118	Virginia	141	North Carolina	110	NC State	16	2015	2nd (100)
Virginia	108	NC State	99.5	Virginia Tech	130	Notre Dame	88	Boston College	15	2016	3rd (80)
North Carolina	97.5	Virginia	81	Georgia Tech	81	Duke	81	Wake Forest	15	2017	2nd (119)
Wake Forest	84.5	Wake Forest	35	North Carolina	72	Virginia Tech	78	2018		2018	6th (55)
NC State	84.5	Miami	30	Clemson	69	Syracuse	72	2019		2019	2nd (117)
Georgia Tech	44	Duke	29	Wake Forest	45	Virginia	53	2020		2020	
Duke	22.5	Maryland	44	Miami	40	Notre Dame	88	2021		2021	
Maryland	12	Boston College	4	Boston College	9	Pittsburgh	37	2022		2022	



VIRGINIA INDOOR RECORDS

INDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Halle Hazzard	7.23	2021
200 meters	Halle Hazzard	23.45	2021
400 meters	Jordan Lavender	52.59	2013
800 meters	Vanessa Fabrizio	2:07.24	2015
Mile	Jill Haworth	4:34.32	1982
3,000 meters	Cleo Boyd	9:18.20	2017
5,000 meters	Margaret Groos	15:34.71	1981
60-meter hurdles	Alexis Woodley	8.31	2020
4x400-meter relay	Chaney, Fabrizio, Wright, Lavender	3:39.43	2014
Distance Medley Relay	Gay, Smith, Harper, Garcia	10:59.33	2011
High Jump	Sherry Gould	1.87m (6' 1.5")	1994
Pole Vault	Bridget Guy	4.41m (14' 5.5")	2019
Long Jump	Jada Seaman	6.46m (21'2.5")	2020
Triple Jump	Tomika Ferguson	13.53m (44' 4.75")	2007
Shot Put	Billie-Jo Grant	16.55m (54' 3.5")	2008
Weight Throw	Eliese Mitchell	20.06m (65' 9.75")	2002
Pentathlon	Susan Brownell	4,153	1982

INDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
60 meters	Shay Clark	6.71	2001
200 meters	Jordan Willis	21.42	2020
400 meters	Brandon Outlaw	46.58	2020
800 meters	Paul Ereng	1:44.84	1988
Mile	Vince Draddy	3:58.2h	1982
3,000 meters	Ari Klau	7:51.57	2020
5,000 meters	Zach Herriott	13:45.37	2017
60-meter hurdles	Adams Abdulrazaaq	7.75	2011
4x400-meter relay	Willis, Shirley, Dixon, Outlaw	3:11.76	2018
Distance medley relay	Jesien, Paschal, Roller, Taye	9:29.86	2009
High Jump	-Brenton Foster	2.26m (7' 5")	2020
Pole Vault	Sam Young	5.38m (17' 7.75")	2020
Long Jump	Owayne Owens	7.58m (24'10.5")	2021
	Jordan Scott	7.58m (24'10.5")	2019
Triple Jump	Jordan Scott	17.02m (55' 10.25")	2020
Shot Put	Filip Mihaljevic	20.87m (68' 5.75")	2016
Weight Throw	Jordan Young	22.92m (75' 2.5")	2015
Heptathlon	Jack Lint	5,546	2017



UVA INDOOR RELAY RECORDS

WOMEN'S INDOOR RECORDS

4x400

1.	3:39.43	Chaney, Fabrizio, Wright, Lavender	2014
2.	3:39.77	Ezumah, Fabrizio, Wright, Lavender	2015
3.	3:39.93	Sandy, Hinton, Birge, Fridy	1987
4.	3:40.40	Chaney, Lavender, Ezumah, Wright	2014
5.	3:40.79	Parenchuk, Seaman, Sabbakhan, Knight	2021

DMR

1.	10:59.33	Gay, Smith, Harper, Garcia	2011
2.	11:14.15	Gay, Fabrizio, Harper, Garcia	2011
3.	11:19.39	Welch, Welch, Garrett, Haworth	1982
4.	11:21.19	Fabrizio, Weatherly, Gnade, Garcia	2011
5.	11:22.32	Sargent, Lavender, Fabrizio, Fouhy	2014

MEN'S INDOOR RECORDS

4x400

1.	3:11.76	Willis, Shirley, Dixon, Outlaw	2018
2.	3:11.93	Bowman, Carrington, Kiley, Dixon	2017
3.	3:12.52	Hazzard, Kiley, Carrington, Bartha	2015
4.	3:12.55	Hayes, Taylor, Kugrat, Ereng	1989
5.	3:12.79	Pendarvis, Willis, Davis, Outlaw	2021

DMR

1.	9:29.86	Jesien, Paschal, Roller, Taye	2009
2.	9:31.23	Kostelac, Hazzard, Burton, Gilland	2013
3.	9:32.36	Marsella, Hazzard, Kiley, King	2015
4.	9:34.38	Johnson, Anding, Kostelac, Heineking	2011
5.	9:34.78	Gilland, Anding, Roller, Kostelac	2012



WOMEN'S INDOOR TOP PERFORMANCES

60 METERS

1.	Halle Hazzard	7.23	'21
2.	Jada Seaman	7.37	'21
3.	Kiamesha Otey	7.37	'03
4.	Sonja Fridy	7.39	'86
5.	Peyton Chaney	7.40	'16
	Anna Jefferson.....	7.40	'20
7.	Pam Lemons	7.43	'93
8.	Jordan Lavender	7.49	'15
9.	Kayla Bonnick.....	7.47	'21
10.	Janne'a Bridgeford	7.50	'08

200 METERS

1.	Halle Hazzard	23.45	'21
2.	Jada Seaman	23.56	'21
3.	Jordan Lavender	23.80	'15
4.	Peyton Chaney	23.84	'16
5.	Anna Jefferson.....	23.92	'20
6.	Danielle Williams	23.97	'12
7.	Kayla Bonnick.....	24.14	'21
8.	Kelly Miller	24.17	'99
9.	Angela Lee	24.30	'99
10.	Kiamesha Otey	24.34	'03

400 METERS

1.	Jordan Lavender	52.59	'13
2.	Andrenette Knight	53.50	'20
3.	Anna Jefferson.....	53.33	'19
4.	Lisa Garrett	54.07	'81
5.	Angela Lee	54.29	'99
6.	Carielle Doe	54.52	'02
7.	Cathron Birge	54.61	'90
8.	Sonja Fridy	54.95	'87
9.	Angela Griffith	55.38	'92
10.	Erin Crawford	55.42	'07

800 METERS

1.	Vanessa Fabrizio	2:07.24	'15
2.	Emma Call.....	2:07.39	'17
3.	Lyndsay Harper	2:07.64	'11
4.	Morgane Gay	2:08.07	'09
5.	Keara Seasholtz	2:08.43	'21
6.	Alahna Sabbakhan.....	2:09.19	'21
7.	Kim Kelly	2:09.27	'85
8.	Jill Haworth	2:09.62	'83
9.	Cathron Birge	2:09.71	'90
10.	Colette Gnade	2:09.80	'13

MILE

1.	Jill Haworth	4:34.32	'82
2.	Morgane Gay	4:34.38	'12
3.	Vicky Fouhy.....	4:34.87	'13
4.	Lesley Welch	4:35.56	'82
5.	Iona Lake	4:36.11	'16
6.	Marissa Schmidt	4:41.10	'82
7.	Michele Rowen	4:41.57	'87
8.	Lisa Welch	4:41.96	'82
9.	Catherine White	4:42.80	'11
10.	Margaret Groos.....	4:43.9h	'79

3,000 METERS

1.	Cleo Boyd	9:18.20	'17
	Claire Forbes	9:18.80	'92
3.	Stephanie Garcia	9:19.44	'11
4.	Martha White.....	9:19.58	'83
5.	Iona Lake	9:22.75	'15
6.	Barbara Strehler	9:22.85	'14
7.	Morgan Kelly.....	9:23.21	'15
8.	Catherine White	9:24.43	'10
9.	Patty Matava	9:25.83	'87
10.	Michele Rowen	9:25.8h	'85

5,000 METERS

1.	Margaret Groos	15:34.71	'81
2.	Cleo Boyd.....	16:04.76	'17
3.	Morgan Kelly.....	16:10.73	'15
4.	Barbara Strehler	16:16.32	'14
5.	Emily Harrison.....	16:16.53	'08
6.	Lesley Welch	16:21.6h	'82
7.	Maria Hauger.....	16:22.07	'14
8.	Anna Corrigan.....	16:25.81	'12
9.	Kara Scanlin.....	16:27.61	'08
10.	Martha White.....	16:31.6h	'82

60 HURDLES

1.	Alexis Woodley.....	8.31	'20
2.	Ciara Leonard	8.38	'18
3.	Ayla Smith.....	8.39	'09
4.	Andrenette Knight	8.48	'20
5.	Heather Smith	8.54	'16
6.	Kim Turko	8.55	'01
7.	Chidi Uche	8.58	'10
8.	Lauren Echko	8.60	'09
9.	Alix Still*	8.62	'21
10.	Bianca DeBartolo.....	8.65	'07

HIGH JUMP

1.	Sherry Gould	1.87m (6' 1.5")	'94
2.	Ann Bair	1.83m (6' 0")	'83
3.	Robin Landes	1.82m (5' 11.25")	'88
4.	Karen DiDonato	1.80m (5' 10.75")	'91
5.	Pearl Bickersteth ..	1.79m (5'10.5")	'12
6.	Rachel Marks	1.78m (5' 10")	'04
7.	Rebecca Hawkins1.76m (5'9.25").....	'21	
8.	Kate Doyle.....	1.75m (5' 8.75")	'90
9.	Janelle Clayton	1.74m (5' 8.5")	'10
10.	Susan Brownell.....	1.73m (5' 8.25")	'80
	Karen Hatchett	1.73m (5' 8.25")	'81

POLE VAULT

1.	Bridget Guy.....	4.41m (14'5.5")	'19
2.	Maya Maloney	4.12m (13'6.25").....	'20
	Sarah DeVita	3.97m (13'0.25")	'15
4.	Theresa Demaria ..	3.96m (12'11.75")	'17
5.	Katie Freix	3.95m (12'11.5")	'18
6.	Vika Oспенко	3.80m (12' 5.75")	'03
	Riley Larsen	3.80m (12'5.5")	'20
8.	Katie Darraugh	3.75m (12' 3.5")	'10
9.	Gabriella Recce ..	3.74m (12' 3.25").....	'21
10.	Annica While.....	3.60m (11' 9.75")	'01
	Kathryn Pettine.....	3.60m (11' 9.75")	'05
	Kate Kaufman	3.60m (11' 9.75")	'16
	Trina Barcarola ...	3.60m (11'9.75").....	'21

LONG JUMP

1.	Jada Seaman.....	6.46m (21' 2.5").....	'20
2.	Dana Boone	6.44m (21' 1.50")	'91
3.	Kiamesha Otey	6.39m (20' 11.75").....	'02
4.	Sonja Fridy	6.38m (20' 11.25").....	'87
5.	Khyasia Caldwell ...	6.29m (20' 7.75")	'20
6.	Nicole Kimbrough..	6.27m (20' 7")	'95
7.	Kelly Miller	6.22m (20' 5")	'99
8.	Angela Griffith.....	6.15m (20' 2.25")	'92
9.	Latanya Wynn	6.10m (20' 0.25")	'88
10.	Tomika Ferguson....	6.09m (19' 11.75").....	'06
	Mia Barron	6.09m (19' 11.75").....	'18

TRIPLE JUMP

1.	Tomika Ferguson ..	13.53m (44' 4.75").....	'07
2.	Naccolle Guinn	13.14m (43' 1.25").....	'01
3.	Khyasia Caldwell.....	13.05m (42' 9.75").....	'21
4.	Kelly McKee	13.00m (42' 8")	'19
5.	Dallas Rose.....	12.98m (42' 7")	'12
6.	Dana Boone	12.86m (42' 2.25").....	'91
7.	Michele Johnson. 12.78m (41' 11")	'87	
8.	Mia Barron	12.71m (41'8.5")	'17
9.	Rashawnda James12.59m (41' 3.75").....	'09	
10.	Zoe Rice.....	12.47m (40' 11").....	'21

SHOT PUT

1.	Billie-Jo Grant	16.55m (54' 3.5")	'08
2.	Christine Bohan ..	16.53m (54' 2.75")	'16
3.	Brittany Jones.....	16.27m (53'4.5").....	'20
4.	Maureen Laffan ...	15.97m (52' 4.75")	'10
5.	Eliese Mitchell ...	15.72m (51' 7")	'03
6.	Kelly Bodiford	15.65m (51' 4.25").....	'91
7.	Maria Deaviz	15.43m (50'7.4).....	'21
7.	Emily Vannoy	15.42m (50' 7.25")	'10
8.	Anna Grant.....	14.94m (49' 0.25").....	'08
9.	Alexa Manning	14.93m (48' 11.75").....	'08
10.	T. Kristjansdottir 14.08m (46' 2.5")	'21	

WEIGHT THROW

1.	Eliese Mitchell	20.06m (65' 9.75").....	'02
2.	Maureen Laffan ..	18.54m (60' 10")	'12
3.	Erin Wykoff	17.75m (58' 3")	'12
4.	Jade Baker	17.46m (57'3.5").....	'19
5.	Alexa Manning	17.09m (56' 1")	'08
6.	Ann Crouse	17.08m (56' 0.5")	'96
7.	Eve Mustafic.....	16.92m (55'6.25").....	'19
8.	Lauren Connelly...16.67m (54' 8.25").....	'96	
9.	Logan Clements..	16.30m (53'5.75")	'14
10.	Brittany Jones.....	16.24m (53' 3.5")	'18

PENTATHLON

1.	Susan Brownell.....	4,153	'82
2.	Rebecca Grube	4,108	'95
3.	Alix Still.....	3,974	'21
4.	Holly Sullivan	3,912	'18
5.	Ayla Smith	3,879	'09
6.	Sherry Gould	3,789	'94
7.	Beth Sheehan.....	3,678	'83
8.	Bianca DeBartolo.....	3,661	'07
9.	Anna Finger	3,659	'13
10.	Curtrell Frye.....	3,644	'02

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR TOP PERFORMANCES

60 METERS

1. Shay Clark.....	6.71	'01
2. Reuben Jones.....	6.79	'08
3. Adam Cummings.....	6.86	'13
4. Michael Johnson.....	6.87	'04
5. Jarrett Hagwood.....	6.89	'02
6. Leo McLaughlin.....	6.89	'11
7. Scott Kimball.....	6.93	'00
8. Adams Abdulrazaaq.....	6.94	'11
9. Payton Hazzard.....	6.95	'15
10. Matt Meyer.....	6.96	'09

200 METERS

1. Jordan Willis	21.42	'20
2. Gerald Howard.....	21.53	'95
3. Scott Kimball.....	21.78	'00
Reuben Jones.....	21.78	'08
Payton Hazzard.....	21.78	'14
6. Conlon Bonner.....	21.79	'08
7. Shay Clark.....	21.81	'02
8. Kellen Blassingame.....	21.85	'06
9. Brandon Outlaw.....	21.89	'20
10. Rauh Turner.....	22.00	'98

400 METERS

1. Brandon Outlaw.....	46.58	'20
2. Payton Hazzard.....	46.60	'15
3. Jordan Willis	46.61	'20
4. Kellen Blassingame.....	46.73	'06
5. Kevin Anding.....	47.46	'11
6. Alfred Shirley.....	47.53	'18
7. Ben Kurgat.....	47.61	'89
8. Paul Ereng.....	47.64	'88
9. Meikle Paschal.....	48.04	'09
10. Jay Pendarvis	48.10	'21

800 METERS

1. Paul Ereng.....	1:44.84	'88
2. Ben Kurgat.....	1:47.31	'91
3. Robby Andrews.....	1:48.02	'10
4. McGavock Dunbar.....	1:49.18	'04
5. Nathan Kiley.....	1:49.20	'16
6. John Hinton.....	1:49.24	'84
Anthony Kostelac.....	1:49.24	'11
8. Lance Roller.....	1:49.47	'10
9. Rob Pearce.....	1:49.75	'99
10. Conor Murphy	1:49.91	'21

MILE

1. Vince Draddy.....	3:58.2h	'82
2. Henry Wynne.....	3:58.74	'16
3. AJ Ernst.....	3:59.38	'20
4. Mike Marsella.....	3:59.97	'15
5. Kyle King.....	4:02.15	'15
6. Patrick Todd.....	4:02.70	'12
7. John Minen.....	4:02.77	'10
8. Kris Herdt.....	4:02.92	'87
9. Anthony Kostelac.....	4:02.99	'12
10. Alex Tatu.....	4:03.00	'05

3000 METERS

1. Ari Klau.....	7:51.57	'20
2. Henry Wynne.....	7:53.89	'16
3. Mark Amirault.....	7:54.08	'12
4. Adam Visokay.....	7:54.24	'16
5. Kris Herdt.....	7:54.90	'87
6. Emil Heineking.....	7:58.36	'11
7. Kyle King.....	8:00.23	'15
8. Jan Foerster.....	8:02.54	'07
9. Andy Biladeau.....	8:04.30	'08
10. AJ Ernst.....	8:05.31	'19

5000 METERS

1. Zach Herriott.....	13:45.37	'17
2. Ryan Collins.....	13:46.41	'10
3. Chase Weaverling.....	13:54.39	'17
4. Brent Demarest.....	13:56.03	'17
5. Thomas Madden.....	13:57.01	'15
6. Alex Corbett.....	14:00.56	'19
7. Kris Herdt.....	14:02.00	'89
8. Mark Amirault.....	14:03.01	'12
9. Ari Klau.....	14:03.31	'19
10. Chris Foley.....	14:03.67	'12

600 HURDLES

1. Adams Abdulrazaaq.....	7.75	'11
2. Drequan Hoskey.....	7.79	'14
3. Jarrett Hagwood.....	7.93	'02
4. Marion Mason.....	8.01	'01
5. Cary Chandler.....	8.03	'01
Aaron Shepperd.....	8.03	'11
Emmanuel Jackson.....	8.03	'19
8. Gemayel Hazard.....	8.09	'02
9. Herb Reid.....	8.16	'01
Isi Azeke.....	8.16	'06

HIGH JUMP

1. Brenton Foster.....	2.26m (7'5")	'20
2. Herman Moore.....	2.21m (7'3")	'90
3. Greg Nelson.....	2.14m (7'0.25")	'10
4. Greg Byers.....	2.13m (6'11.75")	'82
Trey Causey.....	2.13m (6'11.75")	'19
6. Bob Lund.....	2.09m (6'10.25")	'93
7. Mike Riso.....	2.08m (6'10")	'02
Kevin Jackson.....	2.08m (6'10")	'77
9. David Sullivan.....	2.05m (6'8.75")	'06
Arthur Gennari.....	2.05m (6'8.75")	'08
Tommy DeVita.....	2.05m (6'8.75")	'13

POLE VAULT

1. Sam Young.....	5.38m (17'7.75")	'20
1. David Sullivan.....	5.30m (17'4.75")	'05
2. Brian Shafer.....	5.20m (17'0.75")	'93
Jeff Jernigan.....	5.10m (16'8.75")	'17
5. Tommy Cooke.....	5.05m (16'6.75")	'95
6. Kane Aldrich	5.02m (16'5.5")	'21
7. Matt Armentrout.....	5.01m (16'5.25")	'13
8. Danny Thompson.....	4.98m (16'4")	'81
9. Colin Duignan	4.92m (16'0.75")	'21
10. Greg Blair.....	4.90m (16'1")	'05
David Lewis.....	4.90m (16'1")	'08

LONG JUMP

1. Owayne Owens	7.58m (24'10.5")	'21
2. Jordan Scott.....	7.58m (24'10.5")	'19
3. Matt Meyer.....	7.52m (24'8.25")	'09
4. Marion Mason.....	7.50m (24'7.25")	'01
Tiki Barber.....	7.50m (24'7.25")	'94
6. Bruce Randolph.....	7.48m (24'6.5")	'84
7. Keith Witherspoon.....	7.45m (24'5.25")	'76
8. Ayende Watson	7.41m (24'3.75")	'19
9. Stephen Dunphy.....	7.40m (24'3.25")	'92
10. Mauri Anderson.....	7.39m (24'3")	'82

TRIPLE JUMP

1. Jordan Scott.....	17.20m (55'10.25")	'20
2. Marcus Robinson.....	16.63m (54'6.75")	'12
3. Owayne Owens	16.53m (54'2.75")	'21
4. Keith Witherspoon.....	16.16m (53'0.25")	'76
5. Greg Byers.....	15.98m (52'5")	'85
6. Aaron Worrell.....	15.87m (52'1")	'17
7. Cornell Grayson.....	15.74m (51'7.75")	'90
8. Chike Chukwulozie.....	15.64m (51'3.75")	'91
9. Ryan Satchell.....	15.62m (51'3")	'14
10. Ivan Glasgow.....	15.34m (50'4")	'82

SHOT PUT

1. Filip Mihaljevic.....	20.87m (68'5.75")	'16
2. Oghenakpobo Efekoro.....	19.84m (65'1.25")	'17
3. Jordan Young.....	19.15m (62'10")	'15
4. Nick Vena.....	18.92m (62'1")	'12
5. Yemi Ayeni.....	18.80m (61'8.25")	'09
6. Nace Plesko.....	18.71m (61'4.75")	'19
7. Claudio Romero	18.44m (60'6")	'21
8. Kevin Latham.....	17.62m (57'9.75")	'84
9. Thom McKinney.....	17.12m (56'2")	'91
10. Mike Murphy.....	17.10m (56'1.25")	'93

WEIGHT THROW

1. Jordan Young.....	22.92m (75'2.5")	'15
2. Hilmar Jonsson.....	21.37m (70'1.5")	'18
3. Jacob Lemmon	20.05m (65'9.5")	'21
4. Oghenakpobo Efekoro.....	19.90m (65'13.5")	'18
5. Vincenzo Chiariello.....	19.38m (63'7")	'12
6. Ty Kunzman.....	19.18m (62'11.25")	'21
7. Claudio Romero	18.47m (60'7.25")	'21
8. Thom McKinney.....	18.43m (60'5.75")	'91
9. Thomas Fuson.....	18.18m (59'7.75")	'11
10. Mike Murphy.....	17.77m (58'3.75")	'93

HEPTATHLON

1. Jack Lint.....	5,546	'17
2. Derek Pekar	5,362	'20
3. David Sullivan.....	5,178	'04
4. David Lewis.....	5,139	'08
5. Christian Lavorgna.....	5,113	'16
6. Elby Omohundro	5,038	'20
7. Cam Collins.....	4,972	'16
8. Anthony Dunavant.....	4,970	'14
9. Jack Claiborne.....	4,821	'17
10. Thomas Codevilla.....	4,360	'05



WOMEN'S INDOOR FRESHMAN RECORDS

60-METER DASH

1. Halle Hazzard	7.32	 '19
2. Jada Seaman	7.46	 '20
3. Kayla Bonnick	7.47	 '21
4. Jordan Lavender	7.57	 '12
5. Peyton Chaney	7.60	 '13
Tori McKenzie	7.60	 '14

200-METER DASH

1. Jada Seaman	23.93	 '20
2. Halle Hazzard	24.09	 '19
3. Kayla Bonnick	24.14	 '21
4. Jordan Lavender	24.25	 '12
5. Peyton Chaney	24.31	 '13

300-METER DASH

1. Jordan Lavender	39.05	 '12
2. Julie Sandy	39.43	 '87
3. Anna Jefferson	39.63	 '17
4. Kiana Hairston	40.15	 '15
5. Kayla Bonnick	40.25	 '21

400-METER DASH

1. Jordan Lavender	54.69	 '12
2. Michelle Samuels	55.81	 '91
3. Meagan Gillespie	56.07	 '09
4. Anzhelika Parenchuk	56.08	 '21
5. Chimere Ezumah	56.27	 '14

500-METER DASH

1. Cathron Birge	1:14.16	 '87
2. Phyllis Buber	1:14.90	 '84
3. Ayla Smith	1:14.91	 '07
4. Lyndsay Harper	1:16.22	 '08
5. Shelley McBride	1:16.68	 '86

800-METER RUN

1. Emma Call	2:07.39	 '17
2. Morgane Gay	2:08.07	 '09
3. Keara Seasholtz	2:08.43	 '21
4. Vanessa Fabrizio	2:08.79	 '11
5. Sandy Schuler	2:09.90	 '85

1000-METER RUN

1. Sandy Schuler	2:44.40	 '85
2. Shelley McBride	2:50.40	 '86
3. Maddie Rennyson	2:54.65	 '18
4. Claire Forbes	2:55.31	 '90
5. Alexia Roux	2:56.80	 '16

1-MILE RUN

1. Claire Forbes	4:49.48	 '90
2. Tasia Potasinski	4:51.49	 '10
3. Megan Rebholz	4:53.87	 '15
4. Lara Drauglis	4:53.94	 '91
5. Michelle Rowen	4:54.10	 '84

3000-METER RUN

1. Maria Hauger	9:29.20	 '14
2. Sarah Fakler	9:37.45	 '14
3. Katharine Walker	9:38.96	 '11
4. Megan Rebholz	9:42.55	 '15
5. Cleo Boyd	9:47.23	 '14

5000-METER RUN

1. Lesley Welch	16:21.60	 '82
2. Maria Hauger	16:22.07	 '14
3. Cleo Boyd	16:29.16	 '14
4. Sarah Fakler	16:32.01	 '14
5. Katharine Walker	16:46.02	 '11

60-METER HURDLES

1. Alexis Woodley	8.56	 '17
2. Ayla Smith	8.68	 '07
3. Kim Turko	8.69	 '98
4. Ciara Leonard	8.74	 '16
5. Shantell Bingham	8.82	 '12
Nadia Sauders	8.77	 '21

HIGH JUMP

1. Karen Didonota	1.71m (5' 7.5")	 '87
2. Janelle Clayton	1.70m (5' 7")	 '10
Pearl Bickersteth	1.70m (5' 7")	 '10
Emily Kianka	1.70m (5' 7")	 '11
Moir Cronin	1.70m (5' 7")	 '12

POLE VAULT

1. Bridget Guy	3.97m (13' 0.25")	 '15
Maya Maloney	3.97m (13' 0.25")	 '20
3. Theresa Demaria	3.96m (12' 11.75")	 '17
4. Katie Freix	3.82m (12' 6.5")	 '15
5. Riley Larsen	3.77m (12' 4.5")	 '20

LONG JUMP

1. Jada Seaman	6.46m (21' 2.5")	 '20
2. Kiamesha Otey	6.00m (19' 8.25")	 '00
3. Sonja Fridy	5.99m (19' 8")	 '84
4. Dana Boone	5.96m (19' 6.75")	 '88
5. Mia Barron	5.94m (19' 6")	 '15

TRIPLE JUMP

1. Dallas Rose	12.56m (41' 2.5")	 '10
2. Mia Barron	12.33m (40' 5.5")	 '15
3. Britni Strates	12.32m (40' 5")	 '12
4. Nadia Saunders	12.23m (40' 1.5")	 '21
5. Rashawanda James	12.19m (40' 0")	 '08

SHOT PUT

1. Maria Deaviz	15.43m (50' 7.5")	 '21
2. Emily Vannoy	15.42m (50' 7.25")	 '10
3. Brittany Jones	15.21m (49' 11")	 '18
4. Anna Grant	14.94m (49' 0.25")	 '08
5. Christine Bohan	14.78m (48' 6")	 '14

WEIGHT THROW

1. Eva Mustafic	16.92m (55' 6.25")	 '19
2. Brittany Jones	16.24m (53' 3.5")	 '18
3. Emily Vannoy	16.00m (52' 6")	 '10
4. Kristy Martin	15.50m (50' 10.5")	 '97
5. Erin Wykoff	15.11m (49' 7")	 '09

PENTATHLON

1. Beth Sheehan	3,678	 '83
2. Katie Ollendick	3,443	 '94
3. Holly Sullivan	3,411	 '16
4. Alana Herran	3,396	 '16
5. Alix Still	3,288	 '19

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S INDOOR FRESHMAN RECORDS

60 METERS

1. Adam Cummings.....	6.86	 '13
2. Leo McLaughlin	6.89	 '11
3. Reuben Jones.....	6.92	 '05
4. Matt Meyer.....	6.97	 '09
5. Conlon Bonner.....	6.98	 '08

200 METERS

1. Conlon Bonner.....	21.79	 '08
2. Brandon Outlaw.....	22.03	 '18
3. Ben Sargong.....	22.16	 '92
4. Adam Abdulrazaaq	22.24	 '08
5. Jay Pendarvis	22.28	 '21

300 METERS

1. Anthony Swan	34.11	 '86
2. Adam Abdulrazaaq	34.63	 '08
3. Patrick Farmer	34.74	 '11
4. Conlon Bonner.....	34.78	 '08
5. Charles Bowman.....	34.82	 '16

400 METERS

1. Brandon Outlaw.....	47.18	 '18
2. Alfred Shirley	47.53	 '18
3. Paul Ereng.....	47.64	 '88
4. Jay Pendarvis	48.10	 '21
5. Meikle Paschal	48.11	 '08

500 METERS

1. Paul Ereng.....	1:02.02	 '88
2. Alfred Shirley	1:03.05	 '18
3. Bruce Berry	1:03.31	 '85
4. Ray Brown.....	1:03.80	 '81
5. Dwayne Brake.....	1:03.97	 '83

800 METERS

1. Robby Andrews	1:48.39	 '10
2. Anthony Kostelac	1:49.24	 '11
3. Paul Ereng.....	1:49.31	 '88
4. Conor Murphy	1:49.91	 '21
5. Nathan Kiley.....	1:51.08	 '14

1000 METERS

1. Rob Pearce.....	2:27.69	 '97
2. Billy Convey	2:28.30	 '84
3. TJ Hobart	2:28.40	 '11
4. Brett Johnson	2:28.47	 '10
5. Ken Cheeseman	2:29.80	 '85

MILE

1. Alex Tatu	4:03.00	 '05
2. Mike Marsella.....	4:03.18	 '14
3. Matthew Novak.....	4:03.93	 '16
4. Sintayehu Taye.....	4:04.04	 '09
5. Henry Wynne	4:04.37	 '14

3,000 METERS

1. Adam Visokay	7:57.46	 '14
2. Wes Porter.....	8:06.18	 '21
3. Brent Demarest	8:09.59	 '15
4. Connor Rog	8:09.76	 '14
5. Chase Weaverling	8:11.28	 '16

5,000 METERS

1. Thomas Madden	13:57.01	 '15
2. Chris Foley	14:03.67	 '12
3. Chase Weaverling	14:03.72	 '16
4. Brent Demarest	14:14.74	 '15
5. Connor Rog	14:15.23	 '14

60m HURDLES

1. Adam Abdulrazaaq	7.98	 '08
2. Aaron Shepherd	8.03	 '11
3. Jarrett Hagwood	8.05	 '99
4. Jeremiah Wilson	8.20	 '21
5. Marion Mason	8.23	 '98
Devin Brewer	8.23	 '12
Jack Lint	8.23	 '16

HIGH JUMP

1. Trey Causey	2.13m (6' 11.75")	 '19
2. Mike Riso	2.08m (6' 10")	 '02
3. Tommy DeVita.....	2.04m (6' 8.5")	 '11
4. Arthur Gennari	2.03m (6' 8")	 '07
5. Gerald Howard.....	2.00m (6' 7")	 '93
Cordell Green	2.00m (6' 7")	 '95

POLE VAULT

1. Sam Young	5.10m (16' 8.75")	 '17
2. David Sullivan.....	4.97m (16' 3.75")	 '03
3. Brian Shafer	4.90m (16' 1")	 '90
4. Jake Williams	4.87m (16' 0")	 '91
5. Greg Blair.....	4.82m (15' 10")	 '03

LONG JUMP

1. Matt Meyer.....	7.52m (24' 8.25")	 '09
2. Tiki Barber.....	7.48m (24' 6.75")	 '94
3. Ayende Watson.....	7.41m (24' 3.75")	 '19
4. Jordan Scott	7.38m (24' 2.5")	 '17
5. Marion Mason	7.24m (23' 9.25")	 '98

TRIPLE JUMP

1. Jordan Scott	16.36m (53' 8.25")	 '17
2. Aaron Worrell.....	15.64m (51' 3.75")	 '14
3. Owyane Owens	15.27m (50' 1.25")	 '20
4. Ryan Satchell	15.02m (49' 3.5")	 '12
5. Darryl Smith	14.70m (48' 4")	 '79

SHOT PUT

1. Filip Mihaljevic	19.63m (64' 5")	 '15
2. Nick Vena.....	18.92m (62' 1")	 '12
3. Oghenakpobo Efekoro	18.82m (61' 9")	 '16
4. Claudio Romero.....	18.44m (60' 6")	 '21
5. Mike Theuerkauf.....	16.51m (54' 2")	 '89

WEIGHT THROW

1. Hilmar Jonsson.....	20.32m (66' 8")	 '16
2. Jacob Lemmon	20.05m (65' 9.5")	 '21
3. Oghenakpobo Efekoro	18.86m (61' 10.5")	 '16
4. Claudio Romero.....	18.47m (60' 7.25")	 '21
5. Vincenzo Chiarello.....	16.40m (53' 9.75")	 '09

HEPTATHLON

1. Jack Lint	5,358	 '16
2. Derek Pekar	5,354	 '20
3. Anthony Dunavant	4,970	 '14
4. Jack Claiborne	4,821	 '17
5. Cam Collins.....	4,793	 '15

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



VIRGINIA OUTDOOR RECORDS

OUTDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Halle Hazzard*	11.20	2019
200 meters	Sonja Fridy	23.17	1987
400 meters	Sonja Fridy	51.93	1987
800 meters	Michaela Meyer	2:00.28	2021
1,500 meters	Michaela Meyer	4:04.02	2021
5,000 meters	Margaret Groos	15:51.24	1980
10,000 meters	Patty Matava	32:58.64	1987
100-meter hurdles	Ciara Leonard	13.26	2018
400-meter hurdles	Andrenette Knight	55.75	2021
	Ayla Smith	56.54	2011
3,000-meter steeplechase	Stephanie Garcia	9:47.29	2011
4x100-meter relay	Jefferson, Seaman, Bonnick, Hazzard	43.75	2021
4x400-meter relay	Jefferson, Seaman, Meyer, Knight	3:30.44	2021
High Jump	Ann Bair	1.88m (6' 2")	1983
Pole Vault	Bridget Guy	4.46m (14' 7.5")	2018
Long Jump	Dana Boone	6.65m (21' 9.75")	1990
Triple Jump	Kelly McKee	13.70m (44' 11.5")	2019
Shot Put	Maria Deaviz	17.18m (56' 4.5")	2021
Discus Throw	Billie-Jo Grant	56.06m (183' 11")	2008
Hammer Throw	Jade Baker	63.61m (208' 8")	2019
Javelin Throw	Ann Crouse	57.38m (188' 3")	1999
Heptathlon	Rebecca Grube	5,512 points	1994

* at NACAC U18/U23 Championships 2019 in Mexico

OUTDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Gerald Howard	10.42	1995
200 meters	Gerald Howard	20.79	1995
400 meters	Alfred Shirley	45.84	2018
800 meters	Paul Ereng	1:43.16	1989
1,500 meters	Henry Wynne	3:38.05	2016
5,000 meters	Kris Herdt	13:37.44	1987
10,000 meters	Zach Herriott	28:44.22	2017
110-meter hurdles	Adams Abdulrazaaq	13.66	2011
400-meter hurdles	Steve Delice	50.02	2010
3,000-meter steeplechase	Derek Johnson	8:28.72	2021
4x100-meter relay	Randolph, Archer, Brown, Palmer	40.25	1984
4x400-meter relay	Anding Roller, Bryan, Hazzard	3:07.11	2012
High Jump	Brenton Foster	2.27 (7' 5.25")	2021
Pole Vault	David Sullivan	5.35m (17' 6.75")	2005
Long Jump	Jordan Scott	7.83m (25' 8.25")	2019
Triple Jump	Jordan Scott	17.08m (56' 0.5")	2019
Shot Put	Filip Mihaljevic	21.30m (69' 10.75")	2017
Discus Throw	Claudio Romero	65.78m (215' 10")	2021
Hammer Throw	Hilmar Jonsson	75.26m (246' 11")	2019
Javelin Throw	Ethan Dabbs	76.04m (249' 6")	2019
Decathlon	Stephen Dunphy	7,920 points	1992



UVA OUTDOOR RELAY RECORDS

RELAYS

WOMEN'S OUTDOOR RECORDS

4x100

1.	43.75	Jefferson Seaman, Bonnick, Hazzard	2021
3.	43.90	Jefferson, Seaman, Caldwell, Bonnick	2021
3.	44.36	Bonnick, Hazzard, Seaman, Jefferson	2021
4.	44.92	Leonard, Hazzard, Woodley, Jefferson	2019
5.	45.02	Bonnick, Caldwell, Seaman, Jefferson	2021

4x400

1.	3:30:44	Jefferson, Seaman, Meyer, Knight	2021
2.	3:32.35	Jefferson, Seaman, Seasholtz, Knight	2021
3.	3:35.74	Ezumah, Lavender, Fabrizio, Wright	2014
4.	3:36.24	Fridy, Crockett, Buber, Fitzpatrick	1985
5.	3:36.42	Randolph, Otey, Gore, Doe	2003

MEN'S OUTDOOR RECORDS

4x100

1.	40.25	Randolph, Archer, Brown, Palmer	1984
2.	40.37	Bonner, Jones, Abdulrazaaq, Paschal	2008
3.	40.46	Hagwood, Clark, Young, Kimball	2002
4.	40.68	Scott, Barber, Barber, Howard	1994
5.	40.71	Peerman, Lee, Jones, Blassingame	2007

4x400

1.	3:07.11	Anding, Roller, Bryan, Hazzard	2012
2.	3:07.14	Kugrat, Johnson, Brook, Ereng	1988
3.	3:08.20	Muth, Williams, Williams, Bruce	1979
4.	3:08.30	Kiley, Bowman, Carrington, Dixon	2017
5.	3:08.34	Willis, Shirley, Outlaw, Lint	2018



WOMEN'S OUTDOOR TOP PERFORMANCES

100 METERS

1. Halle Hazzard*	11.20	'19
2. Sonja Fridy	11.36	'87
3. Kiamasha Otey	11.43	'01
4. Jada Seaman	11.44	'21
5. Kelly Miller	11.48	'99
6. Kayla Bonnick	11.51	'21
7. Pam Lemons	11.57	'93
8. Tori McKenzie	11.63	'17
9. Brenda Brown	11.64	'84
10. Peyton Chaney	11.71	'14

* at NACAC U18/U23 Championships 2019 in Mexico

200 METERS

1. Sonja Fridy	23.17	'87
2. Jada Seaman	23.22	'21
3. Anna Jefferson	23.39	'19
4. Jordan Lavender	23.42	'14
5. Kiamasha Otey	23.46	'03
6. Peyton Chaney	23.50	'16
7. Kelly Miller	23.61	'99
8. Halle Hazzard	23.68	'19
9. Janne'a Bridgeford	23.69	'08
10. Pam Lemons	23.83	'93

400 METERS

1. Sonja Fridy	51.93	'87
2. Anna Jefferson	52.39	'18
3. Jordan Lavender	52.48	'14
4. Lisa Garrett	52.64	'83
5. Carielle Doe	53.22	'03
6. Angela Lee	54.05	'98
7. Michelle Samuels	54.59	'92
8. Andrea Wright	54.80	'14
9. Talia Wise	54.81	'08
10. Andrenette Knight	54.83	'18

800 METERS

1. Michaela Meyer	2:00.28	'21
2. Gail Bryant	2:04.21	'85
3. Vanessa Fabrizio	2:04.77	'14
4. Kim Kelly	2:05.23	'84
5. Vicky Fouhy	2:05.55	'13
6. Lyndsay Harper	2:05.84	'11
7. Keara Seasholtz	2:06.12	'21
8. Jill Haworth	2:06.31	'82
9. Phyllis Buber	2:06.96	'86
10. Alahna Sabbakhan	2:07.25	'21

1,500 METERS

1. Michaela Meyer	4:04.02	'21
2. Morgane Gay	4:13.20	'12
3. Vicky Fouhy	4:14.51	'13
4. Michelle Rowen	4:15.37	'87
5. Jill Haworth	4:16.06	'83
6. Lesley Welch	4:16.54	'82
7. Margaret Groos	4:16.74	'81
8. Lisa Welch	4:17.74	'82
9. Claire Forbes	4:18.58	'90
10. Stephanie Garcia	4:18.30	'11

5,000 METERS

1. Margaret Groos	15:51.24	'80
2. Patty Matava	15:56.41	'86
3. Catherine White	16:04.58	'12
4. Barbara Strehler	16:07.70	'13
5. Cleo Boyd	16:09.23	'16
6. Chelsea Ley	16:12.62	'12
7. Maria Hauger	16:14.18	'14
8. Iona Lake	16:15.93	'15
9. Sarah Fakler	16:18.59	'15
10. Lesley Welch	16:21.60	'82

10,000 METERS

1. Patty Matava	32:58.64	'87
2. Catherine White	33:07.36	'13
3. Aileen O'Connor	33:28.20	'81
4. Hannah Moran	33:38.31	'21
5. Emily Harrison	33:40.34	'08
6. Martha White	33:40.50	'83
7. Kara Scanlin	33:53.32	'07
8. Katie Read	33:54.92	'07
9. Jane Maxwell	33:55.98	'03
10. Anna Corrigan	33:58.46	'11

100m HURDLES

1. Ciara Leonard	13.26	'18
2. Alexis Woodley	13.31	'18
3. Andrenette Knight	13.37	'21
4. Ayla Smith	13.51	'09
5. Lauren Echko	13.72	'08
6. Heather Smith	13.76	'16
7. Chidi Uche	13.77	'10
8. Rebecca Grube	13.81	'94
9. Alix Still*	13.85	'21
10. Alana Herran	13.86	'17

400m HURDLES

1. Andrenette Knight	55.75	'21
2. Ayla Smith	56.54	'11
3. Erin Crawford	56.87	'06
4. Angela Lee	57.11	'97
5. Aisha Naibe-Wey	57.84	'16
6. Alana Herran	58.03	'18
7. Heather Smith	58.17	'16
8. Vivian Scruggs	58.54	'81
9. Natalie Randolph	58.98	'03
10. Angela Griffith	59.05	'91

3000m STEEPLECHASE

1. Stephanie Garcia	9:47.29	'11
2. Dawn Cleary	9:59.30	'03
3. Iona Lake	10:01.58	'15
4. Kiera Bothwell	10:03.88	'21
5. Melanie Matthews	10:13.31	'02
6. Vicky Fouhy	10:20.63	'14
7. Sara Sargent	10:20.64	'15
8. Janine Ricci	10:24.65	'05
9. Helena Lindsay	10:25.50	'21
10. Samantha Stafford	10:36.02	'09

HIGH JUMP

1. Ann Bair	1.88m (6' 2")	'83
2. Sherry Gould	1.86m (6' 1.25")	'93
3. Pearl Bickersteth	1.83m (6' 0")	'12
4. Moira Cronin	1.83m (6' 0")	'13
5. Robin Landes	1.81m (5' 11.25")	'88
6. Rachel Marks	1.79m (5' 10.75")	'06
7. Meggie Schuelke	1.76m (5' 9.25")	'04
8. Emily Kianka	1.76m (5' 9.25")	'12
9. Rebecca Hawkins	1.75m (5' 8.75")	'21
Karen DiDonato	1.75m (5' 8.75")	'91

POLE VAULT

1. Bridget Guy	4.46m (14' 7.5")	'18
2. Maya Maloney	4.08m (13' 4.5")	'21
3. Katie Freix	4.01m (13' 1.75")	'18
4. Theresa Demaria	3.93m (12' 10.75")	'17
5. Trina Barcarola	3.83m (12' 6.75")	'21
Gabriella Recce	3.83m (12' 6.75")	'21
7. Vika Osipenko	3.81m (12' 6")	'03
8. Riley Larsen	3.71m (12' 1")	'21
9. Sarah DeVita	3.71m (12' 2")	'15
10. Katie Darraugh	3.69m (12' 1.5")	'09

LONG JUMP

1. Dana Boone	6.65m (21' 9.75")	'90
2. Jada Seaman	6.56m (21' 6.25")	'21
3. Kiamasha Otey	6.54m (21' 5.50")	'02
4. Sonja Fridy	6.42m (21' 0.75")	'86
5. Nicole Kimbrough	6.39m (20' 11.50")	'95
6. Kelly Miller	6.33m (20' 9.25")	'96
Tomika Ferguson	6.33m (20' 9.25")	'06
8. Edy Ndem	6.28m (20' 7.25")	'14
9. Khyasia Caldwell	6.26m (20' 6.5")	'21
10. Mia Barron	6.22m (20' 5")	'16

TRIPLE JUMP

1. Kelly McKee	13.70m (44' 11.5")	'19
2. Khyasia Caldwell	13.33m (43' 9")	'21
3. Tomika Ferguson	13.21m (43' 4.25")	'07
4. Dallas Rose	13.20m (43' 3.75")	'14
5. Dana Boone	13.05m (42' 9.75")	'91
6. Mia Barron	12.96m (42' 6.25")	'18
7. Zoe Rice	12.79m (41' 11.5")	'21
8. Naccole Guinn	12.71m (41' 8.50")	'01
9. Jessica Caldwell	12.50m (41' 0.25")	'14
10. Nicole Kimbrough	12.49m (40' 11.75")	'95

SHOT PUT

1. Maria Deaviz	17.18m (56' 4.5")	'21
2. Christine Bohan	16.87m (55' 4.25")	'16
3. Brittany Jones	16.17m (53' 0.75")	'19
4. Eliese Mitchell	16.16m (53' 0.25")	'03
5. Billie-Jo Grant	15.77m (51' 9")	'06
6. Maureen Laffan	15.34m (50' 4")	'10
7. Emily Vannoy	15.30m (50' 2.5")	'10
8. Alexa Manning	14.97m (49' 1.5")	'08
9. Kelly Bodiford	14.83m (48' 8")	'91
10. Amy Brown	14.25m (46' 9")	'99

DISCUS

1. Billie-Jo Grant	56.06m (183' 11")	'08
2. Kelly Bodiford	54.08m (177' 5")	'93
3. Erin Wykoff	53.78m (176' 5")	'12
4. Thelma Kristjansdottir	53.62m (175' 11")	'21
5. Caitlin Kelly	52.37m (171' 10")	'09
6. Eliese Mitchell	52.17m (171' 2")	'02
7. Julia Solo	52.04m (170' 9")	'86
8. Christine Bohan	50.79m (166' 8")	'17
9. Carter Green	50.24m (164' 10")	'18
10. Amy Bilmanis	49.99m (164' 0")	'06

HAMMER THROW

1. Jade Baker	63.61m (208' 8")	'19
2. Eva Mustafic	61.99m (203' 4")	'21
3. Maureen Laffan	59.91m (196' 6")	'12
4. Eliese Mitchell	56.95m (186' 10")	'03
5. Brittany Jones	54.05m (177' 4")	'21
6. Erin Wykoff	53.45m (175' 4")	'12
7. Lauren Connelly	51.31m (168' 4")	'96
8. Inhar Chong	50.29m (165' 0")	'00
9. Alexa Manning	50.17m (164' 7")	'08
10. Ann Crouse	49.89m (163' 8")	'99

JAVELIN

1. Ann Crouse	57.38m (188' 3")	'99
2. Julia Solo	55.98m (183' 8")	'89
3. Inge Jorgensen	54.23m (177' 11")	'05
4. Meghan Briggs	52.65m (172' 9")	'09
5. Abbey Karin	52.60m (172' 7")	'13
6. Marija Bogavac	48.96m (160' 7")	'17
7. Caitlin Mautz	48.66m (159' 8")	'17
8. Christine Bohan	48.03m (157' 7")	'17
9. Annie Bobiak	46.89m (153' 10")	'05
10. Tara Karin	46.33m (152' 0")	'10

HEPTATHLON

1. Rebecca Grube	5,512	'94
2. Susan Brownell	5,458	'82
3. Beth Sheehan	5,407	'86
4. Ann Bair	5,387	'83
5. Alix Still	5,370	'21
6. Holly Sullivan	5,317	'17
7. Sherry Gould	5,166	'93
8. Angela Griffith	4,967	'98
9. Suzanne Sweeney	4,915	'97
10. Katie Kiladis	4,855	'97

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S OUTDOOR TOP PERFORMANCES

100 METERS

1. Gerald Howard	10.42	'95
2. Reuben Jones	10.45	'08
3. Shay Clark	10.50	'02
4. Edwin Brown	10.52	'85
5. Scott Kimball	10.53	'03
6. Bruce Randolph	10.69	'84
7. Justice Dixon	10.71	'21
8. Jarrett Hagwood	10.72	'02
9. Mauri Anderson	10.74	'80
10. Orren Prunty	10.84	'02
Ben Jullien	10.84	'96

200 METERS

1. Gerald Howard	20.79	'95
2. Ben Sarpong	20.87	'95
3. Edwin Brown	20.90	'85
4. Jordan Willis	21.16	'21
Reuben Jones	21.16	'08
6. Kellen Blassingame	21.24	'05
7. Payton Hazzard	21.27	'15
8. Conlon Bonner	21.28	'08
9. Scott Kimball	21.31	'02
10. Eric Adderly	21.32	'82

400 METERS

1. Alfred Shirley	45.84	'18
2. Payton Hazzard	45.88	'15
3. Kellen Blassingame	46.02	'05
4. Jordan Willis	46.10	'21
5. Brandon Outlaw	46.13	'21
6. Meikle Paschal	46.61	'08
7. Kevin Anding	46.84	'10
8. Jim Bruce	46.94	'79
9. Nathan Kiley	46.95	'17
10. Ben Kurgat	46.96	'88

800 METERS

1. Paul Ereng	1:43.16	'89
2. Robby Andrews	1:44.71	'11
3. Lance Roller	1:46.11	'10
4. Ray Brown	1:46.74	'83
5. Ben Kurgat	1:47.32	'90
6. John Hinton	1:47.33	'84
7. Greg Canty	1:47.44	'80
8. Conor Murphy	1:48.57	'21
9. Anthony Kostelac	1:48.96	'12
10. Vince Draddy	1:49.05	'81

1,500 METERS

1. Henry Wynne	3:38.05	'16
2. John Hinton	3:40.24	'83
3. Vince Draddy	3:40.44	'81
4. Robby Andrews	3:40.77	'11
5. Mike Marsella	3:41.35	'15
6. Patrick Todd	3:41.51	'12
7. Andrew Jesien	3:41.78	'09
8. Wes Porter	3:41.98	'21
9. Randy Niesh	3:43.61	'21
10. Ray Weeden	3:43.65	'99

5,000 METERS

1. Kris Herdt	13:37.44	'87
2. Henry Wynne	13:43.53	'17
3. Rohann Asfaw	13:44.74	'21
4. Sean Keveren	13:48.34	'12
5. Wes Porter	13:51.41	'21
Zach Herriott	13:53.47	'17
7. Derek Johnson	13:54.46	'21
8. Jim Hays	13:55.2h	'85
9. Kyle King	13:55.60	'12
10. Ryan Collins	13:55.94	'09

10,000 METERS

1. Zach Herriott	28:44.22	'17
2. Brent Demarest	28:54.69	'19
3. Mike Cotton	28:55.34	'81
4. Andrew Dumm	28:59.25	'07
5. Lachlan Cook	29:10.03	'19
6. Rohann Asfaw	29:10.81	'21
7. Adam Visokay	29:11.13	'15
8. Trey Miller	29:14.21	'10
9. Alex Corbett	29:16.11	'21
10. Harry Monroe	29:16.26	'21

110m HURDLES

1. Adams Abdulrazaaq	13.66	'11
2. Barry Word	13.88	'84
3. George Johnson	13.91	'82
4. Jarrett Hagwood	14.13	'02
5. Kevin Williams	14.14	'79
6. Rob Archer	14.16	'84
7. Ronde Barber	14.22	'94
8. DreQuan Hoskey	14.23	'14
9. Mike Abidin	14.27	'82
10. Isi Azeke	14.31	'05

400m HURDLES

1. Steve Delice	50.02	'10
2. Karl Williams	50.34	'79
3. Rob Archer	50.80	'84
4. Bruce Berry	51.09	'85
5. Alfred Shirley	51.30	'18
6. Kevin Williams	51.54	'79
7. Adams Abdulrazaaq	51.79	'08
8. George Johnson	51.98	'81
9. Dave Revelle	52.05	'84
10. Bob Wilks	52.21	'84

3000m STEEPLECHASE

1. Derek Johnson	8:32.95	'21
2. Jan Foerster	8:34.78	'07
3. Rob Cook	8:39.36	'94
4. Kyle King	8:39.72	'15
5. Steve Finley	8:40.56	'10
6. Adam Visokay	8:43.60	'15
7. Mike Cotton	8:44.44	'81
8. Will Gray	8:45.82	'16
9. Soeren Linder	8:51.89	'05
10. Tim Lloyd	8:53.84	'80

HIGH JUMP

1. Brenton Foster	2.27m (7'5.25")	'21
2. Herman Moore	2.19m (7' 2.25")	'88
Greg Byers	2.19m (7' 2.25")	'82
4. Trey Causey	2.13m (6'11.75")	'19
5. Greg Nelson	2.10m (6' 10.75")	'10
Chris Clementson	2.10m (6' 10.75")	'02
Mike Riso	2.10m (6' 10.75")	'02
Bob Lund	2.10m (6' 10.75")	'91
9. Cordell Green	2.09m (6' 10.25")	'95
10. Wes Dungan	2.08m (6' 9.75")	'94

POLE VAULT

1. David Sullivan	5.35m (17' 6.75")	'05
2. Sam Young	5.25m (17' 2.75")	'21
3. Brian Shafer	5.20m (17' 0.75")	'93
4. Jeff Jernigan	5.15m (16' 10.75")	'17
5. Joey Kelly	5.05m (16' 6.75")	'21
Tom Cooke	5.05m (16' 6.75")	'95
7. Jeff McClurg	4.95m (16' 2.75")	'07
8. David Lewis	4.89m (16' 0.75")	'06
9. David Hood	4.88m (16' 0.0")	'88
10. Mike Hood	4.85m (15' 11.0")	'91
Greg Blair	4.85m (15' 11.0")	'04

LONG JUMP

1. Jordan Scott	7.83m (25'8.25")	'19
2. Greg Byers	7.70m (25' 3.25")	'82
3. Mike Harvey	7.67m (25' 2")	'69
4. Owayne Owens	7.48m (24' 6.5")	'21
5. Wes Dungan	7.48m (24' 6.5")	'94
Tiki Barber	7.48m (24' 6.5")	'95
7. Keith Witherspoon	7.45m (24' 5.25")	'76
8. Bruce Randolph	7.43m (24' 4.5")	'84
9. Dion Woolfolk	7.41m (24' 3.75")	'96
10. Trey Causey	7.40m (24'3.5")	'19

TRIPLE JUMP

1. Jordan Scott	17.08m (56' 0.5")	'19
2. Marcus Robinson	16.46m (54' 0")	'12
3. Owayne Owens	16.45m (53' 11.75")	'21
4. Keith Witherspoon	16.27m (53' 4.50")	'76
5. Ryan Satchell	15.98m (52' 5.25")	'14
6. Chike Chukwolozie	15.94m (52' 3.75")	'90
7. Aaron Worrell	15.72m (51' 7")	'17
8. Greg Byers	15.56m (51' 0.75")	'84
9. Cornell Grayson	15.55m (51' 0.50")	'90
10. Donald Scott	15.43m (50' 7.50")	'94

SHOT PUT

1. Filip Mihaljevic	21.30m (69' 10.75")	'17
2. Oghenakpobo Efekoro	20.39m (66'10.75")	'17
3. Jordan Young	19.80m (64' 11.5")	'15
4. Nick Vena	19.51m (64' 0.25")	'12
5. Claudio Romero	18.47m (60' 7.25")	'21
6. Yemi Ayeni	18.23m (59' 9.75")	'09
7. Nace Plesko	18.30m (61' 0.05")	'17
8. Kevin Latham	18.04m (59' 2.5")	'85
9. Mike Murphy	17.15m (56' 3.25")	'93
10. Thom McKinney	17.06m (55'11.75")	'91

DISCUS

1. Claudio Romero	65.78m (215' 10")	'21
2. Filip Mihaljevic	63.76m (209' 2")	'17
3. Jordan Young	62.27m (204' 3")	'15
4. Yemi Ayeni	61.11m (200' 6")	'07
5. Jacob Lemmon	58.54m (192' 1")	'21
6. Larry Wilson	57.91m (190' 0")	'99
7. Kevin Latham	56.71m (186' 1")	'85
8. Phil Vincenzes	55.98m (183' 8")	'82
9. Nace Plesko	55.19m (181' 1")	'18
10. Nick Vena	54.84m (179' 11")	'12

HAMMER THROW

1. Hilmar Jonsson	75.26m (246' 11")	'19
2. Jordan Young	70.73m (232' 1")	'15
3. Jacob Lemmon	66.14m (217' 0")	'21
4. Vincenzo Chiariello	64.29m (210' 11")	'12
5. Oghenakpobo Efekoro	60.88m (199'9")	'19
6. Ty Kunzman	60.58m (198' 9")	'21
7. Bill Johnston	58.19m (190' 11")	'01
8. Robert Guider	55.67m (182' 8")	'10
9. James Fuson	55.53m (182' 2")	'12
10. Phil Vincenzes	53.23m (174' 8")	'79

JAVELIN

1. Ethan Dabbs	76.04m (249'6")	'19
2. Andy Fahringer	75.19m (246' 8")	'12
3. Brian Kollar	74.22m (243' 6")	'01
4. John Welch	72.19m (236' 10")	'02
5. Steve Kiessling	69.67m (228' 7")	'92
6. Kyle Smith	69.43m (227' 9")	'15
7. James Murdock	63.93m (209' 9")	'02
8. Stephen Dunphy	61.62m (202' 2")	'94
9. Tucker Rizzi	61.46m (201'8")	'18
10. Anthony Bouselli	60.89m (199' 9")	'16

DECATHLON

1. Stephen Dunphy	7,920	'92
2. Willy Pirtle	7,676	'82
3. John Bryan	7,666	'81
4. Jack Lint	7,478	'17
5. David Lewis	7,105	'08
6. Christian Lavorgna	7,064	'16
7. Cam Collins	7,004	'16
8. Bill Smith	6,863	'83
9. Sean Sullivan	6,847	'96
10. John Anderson	6,814	'95

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



WOMEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1.	Jada Seaman	11.44	'21
2.	Kayla Bonnick	11.51	'21
3.	Kelly Miller	11.70	'96
4.	Kiamesha Otey	11.72	'00
5.	Talia Wise	11.85	'06

200 METERS

1.	Jada Seaman	23.22	'21
2.	Kayla Bonnick	24.01	'21
3.	Peyton Chaney	24.02	'13
4.	Leslie Satchell	24.04	'95
5.	Kelly Miller	24.14	'96

400 METERS

1.	Jordan Lavender	53.44	'12
2.	Lisa Garrett	54.14	'81
3.	Andrea Wright	54.80	'14
4.	Chimere Ezumah	54.87	'14
5.	Michelle Samuels	55.15	'91

800 METERS

1.	Keara Seasholtz	2:06.12	'21
2.	Vanessa Fabrizio	2:06.76	'12
3.	Alahna Sabbakhan	2:07.25	'21
4.	Morgane Gay	2:08.29	'09
5.	Ellie Desmond	2:08.52	'21

1,500 METERS

1.	Morgane Gay	4:15.56	'09
2.	Lesley Welch	4:16.84	'82
3.	Lisa Welch	4:17.60	'82
4.	Claire Forbes	4:18.52	'90
5.	Margaret Groos	4:21.10	'78

5,000 METERS

1.	Chelsea Ley	16:12.62	'12
2.	Maria Hauger	16:14.18	'14
3.	Lesley Welch	16:21.60	'82
4.	Sarah Fakler	16:22.19	'14
5.	Kathleen Stevens	16:26.91	'12

10,000 METERS

1.	Jen Flack	34:14.12	'14
2.	Sarah Fakler	34:15.20	'14
3.	Maria Hauger	34:16.28	'14
4.	Beni Gras	34:34.17	'91
5.	Katherine Walker	35:31.42	'11

100-METER HURDLES

1.	Ciara Leonard	13.67	'16
	Alexis Woodley	13.67	'17
3.	Lauren Echko	13.86	'06
4.	Kim Turko	13.93	'98
5.	Alisha Tucker	14.03	'93

400-METER HURDLES

1.	Angela Lee	57.64	'96
2.	Erin Crawford	58.56	'04
3.	Karen Hatchett	59.49	'82
4.	Ayla Smith	60.02	'07
5.	Kristina Chapman	60.83	'08

3,000m STEEPLECHASE

1.	Stephanie Garcia	10:15.83	'07
2.	Sara Sargent	10:49.81	'14
3.	Kendall Cowne	10:54.54	'14
4.	Kiera Bothwell	10:55.59	'18
5.	Janine Ricci	10:55.86	'04

HIGH JUMP

1.	Ann Bair	1.86m (6' 1.25")	'80
2.	Meggie Schuelke	1.76m (5' 9.25")	'04
3.	Pearl Bickersteth	1.74m (5' 8.5")	'10
4.	Susan Brownell	1.73m (5' 8")	'80
5.	Emily Kianka	1.72m (5' 7.75")	'11

POLE VAULT

1.	Bridget Guy	4.11m (13' 5.75")	'15
2.	Maya Maloney	4.08m (13' 4.5")	'21
3.	Theresa Demaria	3.93m (12' 10.75")	'17
4.	Trina Barcarola	3.83m (12' 6.75")	'21
	Gabriella Recce	3.83m (12' 6.75")	'21
5.	Riley Larsen	3.71m (12' 2")	'21

LONG JUMP

1.	Jada Seaman	6.56m (21' 6.25")	'21
2.	Kelly Miller	6.33m (20' 9.25")	'96
3.	Nicole Kimbrough	6.29m (20' 7.75")	'94
4.	Mia Barron	6.22m (20' 5")	'16
5.	Sonja Fridy	6.12m (20' 1")	'84
	Khyasia Caldwell	6.12m (20' 1")	'18

TRIPLE JUMP

1.	Dallas Rose	12.66m (41' 6.5")	'10
2.	Atalaya Jones	12.49m (40' 11.75")	'93
3.	Britni Strates	12.46m (40' 10.5")	'12
4.	Mia Barron	12.40m (40' 8.25")	'16
5.	Nadia Saunders	12.36m (40' 6.75")	'21

SHOT PUT

1.	Maria Deaviz	17.18m (56' 4.5")	'21
2.	Brittany Jones	15.69m (51' 5.75")	'18
3.	Emily Vannoy	15.30m (50' 2.5")	'10
4.	Christine Bohan	14.62m (47' 11.75")	'14
5.	Maureen Laffan	14.58m (47' 10")	'09
6.	Kristi Martin	13.99m (45' 10.75")	'97

DISCUS

1.	Julia Solo	52.04m (170' 9")	'86
2.	Amy Bilmanis	51.77m (169' 10")	'06
3.	Thelma Krisjandottir	50.92m (167' 1")	'19
4.	Maria Deaviz	48.99m (160' 9")	'21
5.	Amy Brown	48.77m (160' 0")	'95

HAMMER THROW

1.	Eva Mustafic	61.18m (200' 9")	'19
2.	Elise Mitchell	54.46m (178' 8")	'00
3.	Brittany Jones	53.80m (176' 6")	'18
4.	Amy Bilmanis	47.68m (156' 5")	'06
5.	Alexa Manning	46.18m (151' 6")	'06

JAVELIN

1.	Ann Crouse	50.85m (166' 10")	'95
2.	Inge Jorgensen	50.24m (164' 10")	'00
3.	Caitlin Mautz	44.62m (146' 5")	'15
4.	Meghan Briggs	44.45m (145' 10")	'07
5.	Tara Karin	43.64m (143' 2")	'09

HEPTATHLON

1.	Susan Brownell	5,419	'80
2.	Ann Bair	5,340	'80
3.	Rebecca Grube	4,996	'92
4.	Alana Herran	4,771	'16
5.	Katie Kiladis	4,610	'95

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



MEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. Gerald Howard	10.46	'93
2. Jason Dickerson	10.50	'77
3. Reuben Jones	10.65	'05
4. Edwin Brown	10.76	'81
5. Ben Julien	10.84	'96

200 METERS

1. Gerald Howard	20.90	'93
2. Conlon Bonner	21.28	'08
3. Jordan Willis	21.70	'18
4. Scott Kimball	21.78	'00
5. Alfred Shirley	21.78	'18

400 METERS

1. Alfred Shirley	45.84	'18
2. Meikle Paschal	46.61	'08
3. Ben Kurgat	46.96	'88
4. Payton Hazzard	47.29	'12
5. Jordan Willis	47.11	'18

800 METERS

1. Paul Ereng	1:44.31	'88
2. Robby Andrews	1:45.54	'10
3. Lance Roller	1:47.88	'09
4. Conor Murphy	1:48.57	'21
5. Anthony Kostelac	1:49.02	'11

1,500 METERS

1. Robby Andrews	3:41.09	'10
2. Wes Porter	3:41.98	'21
3. Matthew Novak	3:45.35	'16
4. John Hinton	3:46.10	'82
5. Conor Murphy	3:46.50	'21

5,000 METERS

1. Wes Porter	13:51.41	'21
2. Kyle King	13:55.60	'12
3. Lachlan Cook	13:58.01	'17
4. Andy Biladeau	14:06.73	'06
5. Emil Heineking	14:11.40	'08

10,000 METERS

1. Adam Visokay	29:14.50	'14
2. Lachlan Cook	29:18.20	'17
3. Brent Demarest	29:32.72	'15
4. Chase Weaverling	29:39.30	'15
5. Zach Herriott	29:45.35	'14

110m HURDLES

1. Kevin Williams	14.14	'77
2. Adams Abdulrazaaq	14.19	'08
3. Ronde Barber	14.22	'94
4. Mike Abidin	14.27	'82
5. Jarrett Hagwood	14.34	'02

400m HURDLES

1. Alfred Shirley	51.30	'18
2. Karl Williams	51.77	'77
3. Adams Abdulrazaaq	51.79	'08
4. Greg Nelson	52.43	'08
5. Devin Brewer	52.52	'12

3,000m STEEPLECHASE

1. Yasin Sado	8:55.14	'21
1. John Hinton	8:58.21	'82
2. Colin Mearns	9:03.92	'11
3. Jim Hays	9:10.69	'82
4. Derek Johnson	9:14.03	'19

HIGH JUMP

1. Herman Moore	2.19m (7' 2.25")	'88
2. Greg Byers	2.17m (7' 1.25")	'81
3. Trey Causey	2.13m (6' 11.75")	'19
4. Mike Riso	2.10m (6' 10.75")	'02
5. Tommy Devita	2.04m (6' 8.25")	'11

POLE VAULT

1. Sam Young	5.09m (16' 8.25")	'17
2. Brain Shafer	5.05m (16' 6.75")	'90
3. David Sullivan	4.90m (16' 0.75")	'03
4. Jake Williams	4.88m (16' 0")	'01
5. Greg Blair	4.82m (15' 9.75")	'03

LONG JUMP

1. Jordan Scott	7.54m (24' 9")	'17
2. Greg Byers	7.33m (24' 0.5")	'81
3. Stephen Dunphy	7.30m (23' 11.5")	'90
4. Marcus Robinson	7.25m (23' 9.5")	'08
5. Marion Mason	7.24m (23' 9")	'98
Aaron Worrell	7.24m (23' 9")	'15

TRIPLE JUMP

1. Jordan Scott	16.44m (53' 11.25")	'17
2. Keith Witherspoon	15.96m (52' 4.5")	'72
3. Greg Byers	15.29m (50' 2")	'81
4. Ryan Satchell	15.25m (50' 0.5")	'12
5. Marcus Robinson	14.91m (48' 11")	'08

SHOT PUT

1. Filip Mihaljevic	19.56m (64' 2.25")	'14
2. Oghenakpobo Efekoro	19.53m (64' 1")	'16
3. Nick Vena	19.51m (64' 0.25")	'12
4. Claudio Romero	18.47m (60' 7.25")	'21
5. Mike Theuerkauf	15.90m (52' 2")	'89

DISCUS

1. Claudio Romero	65.78m (215' 10")	'21
2. Filip Mihaljevic	60.41m (198' 2")	'14
3. Jacob Lemmon	58.54m (191' 1")	'21
4. Larry Wilson	55.45m (181' 11")	'96
5. Nick Vena	54.84m (179' 11")	'12

HAMMER THROW

1. Hilmar Jonsson	71.52m (234' 8")	'16
2. Jacob Lemmon	66.16m (217' 0")	'21
3. Bill Johnston	57.89m (189' 11")	'00
4. Robert Guider	55.68m (182' 8")	'10
5. Vincenzo Chiariello	52.37m (171' 10")	'09

JAVELIN

1. Ethan Dabbs	76.04m (249' 6")	'19
2. Brian Kollar	68.53m (224' 10")	'99
3. Steve Kessling	68.25m (223' 11")	'90
4. Anthony Bouselli	58.96m (193' 5")	'15
5. James Murdock	57.79m (189' 7")	'99

DECATHLON

1. Jack Lint	7,179	'15
2. Sean Sullivan	6,847	'96
3. Stephen Dunphy	6,711	'90
4. John Brian	6,626	'78
5. Cam Collins	6,485	'15

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark



NON-NCAA EVENT RECORDS

Events that are not contested at current NCAA Championships

INDOOR - WOMEN

55 Meters

6.82 Sonja Fridy 1986

55m Hurdles

7.90 Michele Johnson 1986

60 Yards

6.9h Brenda Brown 1981

60y Hurdles

7.8h Susan Brownell 1982

300 Meters

39.05 Jordan Lavender 2012

440 Yards

54.0h Lisa Garrett 1981

500 Meters

1:09.89 Sonja Fridy 1987

600 Yards

1:24.67 Phyllis Buber 1985

600 Meters

1:31.58 Keara Seasholtz 2021

880 Yards

2:10.27 Kim Kelly 1985

1,000 Meters

2:44.40 Sandy Schuler 1985

1,000 Yards

2:30.43 Kim Kelly 1985

1,500 Meters

4:17.24 Margaret Groos 1981

Two-Mile

9:52.3h Margaret Groos 1980

Three-Mile

15:25.25 Martha White 1982

4x800m Relay

8:55.19 Fabrizio, Weatherly, Gnade, Garcia 2011

INDOOR - MEN

55 Meters

6.21 Bruce Randolph 1984

55m Hurdles

7.33 Robert Archer 1984

60 Yards

6.0h Kent Merritt 1972

300 Meters

34.04 Jordan Willis 2021

440 Yards

49.9h John Morris 1970

500 Meters

1:02.44 Paul Ereng 1988

500 Yards

1:02.79 David Revelle 1983

600 Meters

1:11.99 Dwayne Brake 1983

600 Yards

1:09.8h David Revelle 1983

880 Yards

1:56.1h James Wood 1973

1,000 Meters

2:20.57 Ray Brown 1984

1,000 Yards

2:07.31 Ray Brown 1984

1,500 Meters

3:45.04 John Hinton 1985

Two-Mile

8:40.49 Kris Herdt 1987

Three-Mile

13:43.03 Colin Peddie 1985

Pentathlon

3,915 Stephen Dunphy 1991

4x800m Relay

7:26.49 Vrhovac, A. Bowman, Taye, Andrews 2010

OUTDOOR - WOMEN

3,000 Meters

9:07.84 Margaret Groos 1979

2,000m Steeplechase

6:59.52 Sara Sargent 2014

Old Javelin

55.98m (183' 8") Julia Solo 1989

4x200m Relay

1:36.25 Chaney, McKenzie, Wright, Lavender 2015

4x800m Relay

8:32.13 Bryant, Nicholson, Welch, Haworth 1982

4x1,500m Relay

17:48.76 Downey, Schuler, McBride, Rowen 1987

Distance Medley Relay

10:57.13 Gay, Smith, Harper, Garcia 2011

OUTDOOR - MEN

100 Yards

9.3h Kent Merritt 1973

220 Yards

20.6s Tony Sepp 1960

440 Yards

47.7h John Morris 1970

120y Hurdles

13.8h Kevin Williams 1977

400y Hurdles

50.9h Karl Williams 1977

3,000 Meters

8:14.33 Brent Demarest 2015

Old Javelin

72.24m (237' 0") Ed Mikula 1978

4x200m Relay

1:25.30 Virginia 2002

4x800m Relay

7:12.15 Johnson, Roller, Kostelac, Andrews 2011

4x1,500m Relay

15:09.34 Sullivan, Brown, Hodge, Draddy 1981

4xMile Relay

16:22.49 Taye, Tschirhart, Heineking, Jesien 2009

Distance Medley Relay

9:25.56 Revelle, Hinton, Brown, Draddy 1983

Shuttle Hurdle Relay

57.10 Abidin, Wilks, Word, Archer 1982

Sprint Medley Relay

3:15.20 Palmer, Archer, E. Brown, R. Brown 1984



LANNIGAN FIELD RECORDS

LANNIGAN FIELD WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Ka'Tia Seymour	Florida State	11.14	2019
200 meters	Rochelle Stevens	Morgan State	22.84	1987
400 meters	Marlena Wesh	Clemson	51.43	2012
800 meters	Michaela Meyer	Virginia	2:01.82	2021
1,500 meters	Josette Norris	Reebok Boston TC	4:07.35	2021
3,000 meters	Betty Springs	NC State	9:01.6	1983
5,000 meters	Hannah Steelman	NC State	15:30.87	2021
10,000 meters	Amanda Vestri	Syracuse	32:43.15	2021
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Hoffman, Brown-Soler, Crean, Aveni	Duke	3:32.92	2021
High Jump	Nicole Green	North Carolina	1.88m (6' 2")	2019
Pole Vault	Maddie Gardner	West Virginia	4.47m (14-8)	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63'11")	2019
Discus Throw	Katelyn Daniels	Michigan State	59.07m (193' 9")	2016
Hammer Throw	Laura Igaune	Latvia	69.56m (228'2")	2019
Javelin Throw	Alexandra Roberts	Wake Forest	56.32m (184' 9")	2021
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

LANNIGAN FIELD MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Andre Ewers	Florida State	10.06	2019
200 meters	Andre Ewers	Florida State	20.31	2019
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
Mile	Jack Salisbury	Georgetown	3:56.22	2021
3,000 meters	Garrett Jeffries	Missouri	8:25.07	2008
5,000 meters	Zach Facioni	Wake Forest	13:35.33	2021
10,000 meters	Adriaan Wildschutt	Florida State	28:25.11	2021
110-meter hurdles	Devon Hill	Miami	13.35	2012
400-meter hurdles	Bershawn Jackson	Nike	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Hyman, Williams, Mitchell, Ambler	Florida State	39.08	2012
4x400-meter relay	Villanova	Villanova	3:05.01	1985
High Jump	Brenton Foster	Virginia	2.24m (7' 4.25")	2021
	Samuel Shultz	Maryland	2.24m (7' 4.25")	2018
Pole Vault	Deakin Volz	Virginia Tech	5.62m (18' 5.25")	2019
Long Jump	Luca Wieland	Minnesota	7.91m (25' 11.5")	2016
Triple Jump	Jordan Scott	Virginia	17.08m (56'0.5")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67'4")	2017
Discus Throw	Sam Mattis	Penn	65.12m (213' 8")	2016
Hammer Throw	Hilmar Jonsson	Virginia	75.26m (246'11")	2019
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Gonzalo Barroilhet	Florida State	8,065 points	2012



VIRGINIA CHALLENGE RECORDS

VIRGINIA CHALLENGE WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Kate Hall	Georgia	11.36	2017
200 meters	Paris Daniels	USA	23.18	2014
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Hanna Green	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Tara Jameson	Iona	33:38.50	2016
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Walker, Barnes, Hannan, Cavin	Ohio State	3:34.00	2015
High Jump	Moira Cronin/Madeline Fagan	Virginia/Georgia	1.83m (6' 0")	2013/2017
Pole Vault	Maddie Gardner	West Virginia	4.47m (14' 8.0")	2019
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Danniel Thomas-Dodd	Jamaica	19.48m (63' 10.9")	2019
Discus Throw	Katelyn Daniels	Michigan State	56.04m (183' 10")	2015
Hammer Throw	Stamatia Scarvelis	Tennessee	66.45m (218' 0.14")	2019
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

VIRGINIA CHALLENGE MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Mark Jelks	USA	10.20	2014
200 meters	Segun Makinde	Ottawa	20.56	2014
	Rondell Sorillo	Nike	20.56	2016
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
5,000 meters	Chartt Miller	Iona	13:49.60	2017
10,000 meters	Arsene Guillorel	Samford	29:00.69	2018
110-meter hurdles	Vincent Wyatt	Radford	13.65	2014
400-meter hurdles	Bershawn Jackson	USA	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Moffett, Smith, Chisena, Kowalchuk	Penn State	39.49	2017
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Ryan Lockard	Minnesota	2.20m (7' 2.5")	2016
Pole Vault	Noah Gary	Michigan State	5.35m (17' 6.5")	2017
Long Jump	Luca Wieland/Khalid Slocum	Minnesota/Monmouth	7.91m (25' 11.5")	2016/2019
Triple Jump	Jordan Scott	Virginia	17.07m (56' 0.05")	2019
Shot Put	Filip Mihaljevic	Virginia	20.52m (67' 4")	2017
Discus Throw	Eshan Hadadi	Iran	64.01m (210' 0")	2013
Hammer Throw	Daniel Haugh	Kennesaw State	74.78m (245' 4.1")	2019
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Tim Ehrhardt	Michigan State	8,044 points	2018



VIRGINIA CUP RECORDS

VIRGINIA CUP WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Peyton Chaney	Virginia	11.68	2015
200 meters	Le'Quisha Parker	Hampton	23.72	2014
400 meters	Ciarra Morris	James Madison	55.42	2013
800 meters	Ce'aira Brown	Hampton	2:11.45	2014
1,500 meters	Iona Lake	Virginia	4:27.10	2015
3,000 meters	Kathleen Stevens	Virginia	10:05.92	2014
100-meter hurdles	Breana Norman	Hampton	13.60	2014
400-meter hurdles	Ansley Gebben	Liberty	1:01.25	2014
2,000-meter steeplechase	Sara Sargent	Virginia	6:59.52	2014
3,000-meter steeplechase	Betel Yosef	Liberty	11:15.39	2013
4x100-meter relay	Rose, Wright, Chaney, Lavender	Virginia	45.19	2014
4x400-meter relay	Ezumah, Fabrizio, Brickhill, Smith	Virginia	3:43.20	2014
High Jump	Moir Cronin	Virginia	1.70m (5' 7")	2013
Pole Vault	Bridget Guy	Virginia	3.80m (12' 5.5")	2015
Long Jump	Edy Ndem	Virginia	6.01m (19' 8.75")	2014
Triple Jump	Dallas Rose	Virginia	12.93m (42' 5.25")	2014
Shot Put	Christine Bohan	Virginia	15.96m (52' 4.5")	2015
Discus Throw	Mychelle Cumings	Liberty	49.92m (163' 9")	2015
Hammer Throw	Jennifer Nicholson Smith	Liberty	50.76m (166' 6")	2015
Javelin Throw	Abbey Karin	Virginia	45.63m (149' 8")	2014

VIRGINIA CUP MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	ConRoy Smith	Liberty	10.57	2014
200 meters	ConRoy Smith	Liberty	21.37	2014
400 meters	Stephen Racanelli	Liberty	48.09	2015
800 meters	John Sherret	Liberty	1:52.52	2015
1,500 meters	Drew Paisley	Virginia	3:57.00	2013
3,000 meters	Thomas Porter	Virginia	8:35.23	2014
110-meter hurdles	Vincent Wyatt	Radford	13.72	2014
400-meter hurdles	Andre Washington	Liberty	53.95	2013
.....	Ryan Davis	Liberty	53.95	2015
3,000-meter steeplechase	Sam Hush	VCU	9:30.88	2013
4x100-meter relay	Spruel, Washington, Williams, Robbins	Liberty	41.12	2013
4x400-meter relay	Black, Okezie, Ibadin, Hutchison	Hampton	3:12.40	2014
High Jump	Tommy DeVita	Virginia	2.05m (6' 8.75")	2013
Pole Vault	Cody Bingham	Liberty	4.90m (16' 0.75")	2013
.....	Ken Ritchey	Liberty	4.90m (16' 0.75")	2015
Long Jump	Aklesso Agama	Liberty	7.32m (24' 0.25")	2015
Triple Jump	Ryan Satchell	Virginia	15.71m (51' 6.5")	2014
Shot Put	Jordan Young	Virginia	18.64m (61' 2")	2015
Discus Throw	Filip Mihaljevic	Virginia	60.11m (197' 2")	2014
Hammer Throw	Ryan Smith	Liberty	54.75m (179' 7")	2013
Javelin Throw	Steve Feister	Liberty	67.65m (221' 11")	2015



VIRGINIA GRAND PRIX RECORDS

VIRGINIA GRAND PRIX WOMEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Kate Hall	Georgia	11.36	2017
200 meters	Paris Daniels	USA	23.18	2014
400 meters	Mary Wineberg	NYAC	52.06	2012
800 meters	Hanna Green	Virginia Tech	2:02.17	2017
1,500 meters	Nicole Sifuentes	Saucony	4:09.35	2015
5,000 meters	Rachele Schulist	Michigan State	15:36.33	2015
10,000 meters	Tara Jameson	Iona	33:38.50	2016
100-meter hurdles	Queen Harrison	Asics	12.70	2014
400-meter hurdles	Autumne Franklin	Harvard	55.70	2016
3,000-meter steeplechase	Leah O'Connor	Michigan State	9:41.88	2015
4x100-meter relay	Oliver, Hitchcock, Carter, Gray	Kentucky	43.14	2016
4x400-meter relay	Walker, Barnes, Hannan, Cavin	Ohio State	3:34.00	2015
High Jump	Moira Cronin/Madeline Fagan	Virginia/Georgia	1.83m (6' 0")	2013/2017
Pole Vault	Bridge Guy	Virginia	4.46m (14' 7.5")	2018
Long Jump	Kenyattia Hackworth	Unattached	6.79m (22' 3.5")	2016
Triple Jump	Ayana Alexander	Trinidad & Tobago	14.14m (46' 4.75")	2012
Shot Put	Nikki Okwelogu	Harvard	16.78m (55' 0.75")	2015
Discus Throw	Katelyn Daniels	Michigan State	56.04m (183' 10")	2015
Hammer Throw	Jillian Weir	Canada	66.13m (216' 11")	2017
Javelin Throw	Irena Sediva	Virginia Tech	55.96m (183' 7")	2016
Heptathlon	Chelsea Carrier-Eades	USA	5,930 points	2016

VIRGINIA GRAND PRIX MEN'S RECORDS

Event	Name	Affiliation	Time/Mark	Date
100 meters	Mark Jelks	USA	10.20	2014
200 meters	Segun Makinde	Ottawa	20.56	2014
	Rondell Sorillo	Nike	20.56	2016
400 meters	Brycen Spratling	Pittsburgh	45.22	2014
800 meters	Isaiah Harris	Penn State	1:45.12	2017
1,500 meters	Henry Wynne	Virginia	3:38.05	2016
5,000 meters	Chartt Miller	Iona	13:49.60	2017
10,000 meters	Arsene Guillorel	Samford	29:00.69	2018
110-meter hurdles	Vincent Wyatt	Radford	13.65	2014
400-meter hurdles	Bershawn Jackson	USA	48.76	2014
3,000-meter steeplechase	Ole Hesselbjerg	Eastern Kentucky	8:33.78	2015
4x100-meter relay	Moffett, Smith, Chisena, Kowalchuk	Penn State	39.49	2017
4x400-meter relay	Bruton, Page, Faust, Blanks	Ohio State	3:05.91	2015
High Jump	Ryan Lockard	Minnesota	2.20m (7' 2.5")	2016
Pole Vault	Noah Gary	Michigan State	5.35m (17-6.5)	2017
Long Jump	Luca Wieland	Minnesota	7.91m (25' 11.5")	2016
Triple Jump	Olu Olamigoke	Nigeria	16.73m (54' 10.75")	2014
Shot Put	Filip Mihaljevic	Virginia	20.52m (67' 4")	2017
Discus Throw	Eshan Hadadi	Iran	64.01m (210' 0")	2013
Hammer Throw	Sean Donnelly	Minnesota	73.31m (240' 6")	2016
Javelin Throw	Andy Farhinger	Heart Care Group	76.54m (251' 1")	2013
Decathlon	Tim Ehrhardt	Michigan State	8,044 points	2018