



Results

WOMEN 100 M

1	Brittany AVENI	United States	11.66	+0.1	
2	De'Niya GRAVELY	JR Norfolk State	12.07	+0.1	
3	Tamar ACCIUS	JR Richmond	12.11	+0.1	
4	Denisha HOOSIER	SR Radford	12.33	+0.1	
5	Shirelle LINZY	JR Norfolk State	12.41	+0.1	
6	Allysia FARRAR	SO Norfolk State	12.43	-0.7	
7	Arianna SHARPE	Unattached	12.48	+0.1	
8	Anna KESSLER	FR William & Mary	12.70	-0.7	
9	Talaszah WEATHERSBY	SR Radford	12.77	-0.7	

WOMEN 200 M

1	Amanda CRAWFORD	CPTC Tracksmith	24.38	-1.3	
2	Cierra DUNSTON	Unattached	24.42	-1.1	
3	Megan MCGINNIS	FR Duke	24.45	-1.1	
4	Kayla BONNICK	FR Virginia	24.46	-1.3	
5	Malika PRIDE	SR Norfolk State	24.56	-1.3	
6	Arianna SHARPE	Unattached	24.88	-1.3	
7	Amirah SHARPE	Unattached	24.91	-1.3	
8	Allysia FARRAR	SO Norfolk State	25.39	-1.1	PB
9	Ariel SHARPE	Unattached	25.67	-1.1	
10	Jada VENTERS	SO Norfolk State	27.28	-1.3	
11	Hailey WILLIAMS	SO Duke	27.73	-1.1	
DNS	Tamar ACCIUS	JR Richmond	DNS		
DNS	Jenna CREAN	JR Duke	DNS		
DNS	Myiah SCOTT	SO Liberty	DNS		
DNS	De'Niya GRAVELY	JR Norfolk State	DNS		
DNS	Isabel WAKEFIELD	JR Duke	DNS		

WOMEN 400 M

1	Brittany AVENI	United States	52.64		
2	Cierra DUNSTON	Unattached	53.92		
3	Megan MCGINNIS	FR Duke	54.25		
4	Jenna CREAN	JR Duke	54.47		
5	Malika PRIDE	SR Norfolk State	54.52		
6	Amanda CRAWFORD	CPTC Tracksmith	54.63		
7	Anzhelika PARENCHUK	FR Virginia	56.45		
8	Hailey WILLIAMS	SO Duke	58.04		
9	Breauna LANE	JR Radford	1:01.39		

WOMEN 800 M

1	Star PRICE	FR Virginia Tech	2:06.76		PB
2	Grace BOONE	SO Virginia Tech	2:07.29		SB
3	Maxana GRUBB	SO Virginia Tech	2:07.87		PB
4	Samantha WALLENSTROM	FR Duke	2:13.16		
5	Claire Frazier BOLTON	FR Virginia	2:13.98		
6	Izzy BLAYLOCK	FR Richmond	2:16.70		PB
7	Leya SALIS	SR Virginia	2:19.00		
8	Lily JAMES	SO Virginia	2:20.63		
9	Lillian STEPHENS	SO William & Mary	2:22.15		
10	Naima TURBES	JR Unattached	2:24.52		
11	Anna CESTARI	SO William & Mary	2:26.40		
12	Mackenzie WALKER	FR Radford	2:28.56		
13	Armani HARRIS	SO Norfolk State	2:29.83		PB
14	Kaycee COX-PHILYAW	SO William & Mary	2:30.38		
DNF	Alix STILL	JR Virginia	DNF		
DNS	MacKenzie GARDNER	JR Radford	DNS		

WOMEN 1500 M

1	Taylor JONES	SR Virginia	4:19.24		PB
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2	Hannah BALLOWE	SO Virginia Tech	4:21.47		PB
3	Ava HASSEBROCK	SO Virginia Tech	4:21.50		PB
4	Anna JUREW	CPTC Tracksmith	4:21.67		
5	Leigha TORINO	SR Virginia Tech	4:22.24		PB
6	Anna WORKMAN	FR Virginia	4:22.69		PB
7	Katie HAMILTON	FR Duke	4:26.17		PB
8	Lila FENNER	FR Virginia	4:35.81		PB
9	Annie WICKER	SO William & Mary	4:38.66		
10	MegAnne GILMORE	SO Radford	4:39.09		PB
11	Lucy YOUNG	FR William & Mary	4:41.14		
12	Emily SELL	SO William & Mary	4:43.44		
13	MacKenzie GARDNER	JR Radford	4:53.26		
DNF	Michaela MEYER	Nike	DNF		
DNF	Ashley SMITH	SR Virginia Tech	DNF		
DNF	Sydney COPPOLINO	JR Virginia	DNF		

WOMEN 3000 M STEEPLECHASE

1	Annie BOOS	SR Syracuse	10:08.52		PB
2	Chase KAPPELER	SO Virginia Tech	10:13.44		PB
3	Helena LINDSAY	SO Virginia	10:16.63		PB
4	Justus HOLDEN-BETTS	SO Syracuse	10:44.18		
5	Amelia KOKERNAK	JR Virginia	11:06.96		
6	Kayland BOND	JR Radford	11:26.44		
7	Savannah HOFF	JR Radford	11:39.20		

WOMEN 5000 M

1	Savannah ROARK	FR Syracuse	17:15.33		
2	Emily LANE	JR Syracuse	18:08.52		
3	Abby SEIGEL	SO Radford	18:45.46		
DNF	Maddie YANCEY	JR Radford	DNF		

WOMEN 100 M HURDLES

1	Isabel WAKEFIELD	JR Duke	13.30	-0.1	
2	Erin MARSH	SR Duke	13.48	-0.1	
3	Chyler TURNER	FR Duke	14.07	-0.1	
4	Indya RICHARDS	JR Norfolk State	14.16	-0.1	=PB
5	Alyssa THOMPSON-ROWE	FR Norfolk State	14.28	-0.1	PB
6	Zion SMITH	JR Norfolk State	14.29	-0.1	PB
7	Shirelle LINZY	JR Norfolk State	14.39	+0.8	
8	Kamryn ROSS	SO Richmond	14.74	-0.1	
9	Myiah SCOTT	SO Liberty	15.06	+0.8	PB
10	Maddie WRIGHT	JR Radford	15.53	+0.8	
11	Jada VENTERS	SO Norfolk State	15.73	+0.8	
12	Dahja PRICE	SO Norfolk State	16.04	+0.8	
13	L'Tamra WEEKS	FR Bryant & Stratton (16.13	+0.8	
14	Julia BURKLEY	JR Radford	16.36	+0.8	
15	Shonte SEALE	JR Norfolk State	16.66	+0.8	

WOMEN 400 M HURDLES

1	Sofia LAVRESHINA	FR James Madison	1:00.70		
2	Amirah SHARPE	Unattached	1:01.16		
3	Emily ALEXANDRU	FR Virginia	1:02.13		
4	Ariel SHARPE	Unattached	1:04.14		
5	Clare HOWARD	FR William & Mary	1:04.39		
6	Julia BURKLEY	JR Radford	1:06.11		
7	Gabrielle BENEDEUCCI	SO Richmond	1:08.10		
8	Amaya JACKSON	JR Richmond	1:09.58		
DNF	Chyler TURNER	FR Duke	DNF		

WOMEN 4X100 M RELAY



Results

1 RICHMOND 47.51
DQ RADFORD DQ

WOMEN HIGH JUMP

1 Erin MARSH	SR Duke	1.69m	5-6½	SB
2 Alix STILL	JR Virginia	1.66m	5-5¼	PB
3 Ellie ST. MARTIN	FR William & Mary	1.61m	5-3¼	
3 Carly TARENTINO	FR Virginia	1.61m	5-3¼	=PB
5 Alexandra KWASNIK	SO James Madison	1.61m	5-3¼	
DNS L'Tamra WEEKS	FR Bryant & Stratton (¹)		DNS	
DNS Rebecca HAWKINS	JR Virginia		DNS	
NH Liliana KLEMANSKI	SO William & Mary		NH	
NH Tynnesia WILSON	JR Norfolk State		NH	
NH Shonte SEALE	JR Norfolk State		NH	
NH Parker GOLDSTEIN	FR Radford		NH	

WOMEN POLE VAULT

1 Trina BARCAROLA	FR Virginia	4.02m	13-2¼	
2 Brynn KING	SO Duke	3.92m	12-10¼	SB
3 Maya MALONEY	SO Virginia	3.92m	12-10¼	SB
4 Caroline DANNENBAUM	FR Virginia	3.82m	12-6¼	
5 Mia BOWERS	FR Liberty	3.82m	12-6¼	PB
6 Paige SOMMERS	FR Duke	3.82m	12-6¼	
7 Riley LARSEN	SO Virginia	3.67m	12-½	
7 Gabriella RECCE	FR Virginia	3.67m	12-½	
9 Olesya SITKOWSKI	SO William & Mary	3.67m	12-½	
10 Sophie FERNANDEZ	FR William & Mary	3.52m	11-6½	
10 Emory PAFFORD	FR Liberty	3.52m	11-6½	
12 Elizabeth UPRIGHT	SO William & Mary	3.52m	11-6½	
13 Fiona BASEWITZ	FR William & Mary	3.32m	10-10¼	
13 Abby GUNTHER	SO Virginia	3.32m	10-10¼	
DNS Taylen LANGIN	JR Liberty		DNS	
NH Dnyshe BRIGHTFUL	FR Norfolk State		NH	
NH Destiny HOOKS	JR Norfolk State		NH	

WOMEN LONG JUMP

1 Kayla WOODS	JR Richmond	6.05m	19-10¼	+1.9	
2 Indya RICHARDS	JR Norfolk State	5.78m	18-11¼	+0.3	
3 Megan HEIDEBRECHT	SO William & Mary	5.73m	18-9¾	-0.2	
4 Morgan CROCKER	SO Richmond	5.71m	18-8¾	+3.0	SB
5 Dahja PRICE	SO Norfolk State	5.42m	17-9½	+0.7	PB
6 Shirelle LINZY	JR Norfolk State	5.35m	17-6¾	-0.3	PB
7 L'Tamra WEEKS	FR Bryant & Stratton (¹)	5.18m	17-0	-1.2	SB
8 Grace MITTL	JR Richmond	5.09m	16-8½	+0.3	
9 Kelsey ARNOLD	FR Radford	5.00m	16-5	-0.6	PB
10 Maddie WRIGHT	JR Radford	4.93m	16-2¼	+0.5	
11 Jada VENTERS	SO Norfolk State	4.69m	15-4¾	-1.5	
X Mia ABULENCIA	JR Virginia			X	
DNS Erin MARSH	SR Duke			DNS	
DNS Dana ABRAHAM	FR William & Mary			DNS	
DNS Isabel WAKEFIELD	JR Duke			DNS	

WOMEN TRIPLE JUMP

1 Jordan HARDY	FR Virginia	12.33m	40-5½	-0.7	PB
2 Skyla DAVIDSON	SR James Madison	12.30m	40-4¼	-0.5	PB
3 Zoe RICE	JR Virginia	12.19m	40-0	-0.6	
4 Morgan CROCKER	SO Richmond	11.61m	38-1¼	-0.7	PB
5 Kelsey ARNOLD	FR Radford	11.28m	37-¼	-0.6	PB
X De'Niya GRAVELY	JR Norfolk State			X	
DNS Tracy IDUGBOE	SO Bryant & Stratton (¹)			DNS	

DNS L'Tamra WEEKS FR Bryant & Stratton (¹) DNS

WOMEN SHOT PUT

1 Maria DEAVIZ	FR Virginia	16.61m	54-6	
2 Naomi MOJICA	SR Liberty	14.78m	48-6	
3 Janae PROFIT	FR Virginia	14.31m	46-11½	
4 Leslie YOUNG	FR Norfolk State	13.43m	44-¾	PB
5 Morgan JOHNSON	SO Virginia	13.28m	43-7	
6 Megan MANN	SO Liberty	12.72m	41-8¾	
7 Myiah SCOTT	SO Liberty	11.39m	37-4½	SB
DNS L'Tamra WEEKS	FR Bryant & Stratton (¹)		DNS	
DNS Ashley ANUMBA	JR Virginia		DNS	
DNS Loren JAMES	NC A&T		DNS	
DNS Isabel WAKEFIELD	JR Duke		DNS	
DNS Erin MARSH	SR Duke		DNS	
DNS Kaiya SAUNDERS	FR Virginia		DNS	

WOMEN DISCUS

1 Ashley ANUMBA	JR Virginia	50.96m	167-2	
2 Thelma KRISTJANSDOTTIR	JR Virginia	49.77m	163-3	
3 Annika HANTHO	SO Liberty	46.84m	153-8	
4 Janae PROFIT	FR Virginia	46.63m	153-0	
5 Megan MANN	SO Liberty	45.76m	150-1	
6 Sofia MOJICA	SO Liberty	45.73m	150-0	
7 Sada WRIGHT	JR West Virginia	45.44m	149-1	
8 Grace ARTIS	SR Liberty	45.44m	149-1	PB
9 Leslie YOUNG	FR Norfolk State	40.94m	134-4	PB
10 Arieana PARKER	JR Norfolk State	36.47m	119-8	
11 Jada MARSH	FR Virginia	33.08m	108-6	
DNS Maria DEAVIZ	FR Virginia		DNS	
DNS Sadey RODRIGUEZ	JR Virginia		DNS	
DNS Julieth NWOSU	NC A&T		DNS	
DNS Kaiya SAUNDERS	FR Virginia		DNS	

WOMEN HAMMER

1 Naomi MOJICA	SR Liberty	56.21m	184-5	
2 Moorea MITCHELL	SO Duke	55.85m	183-3	
3 Grace ARTIS	SR Liberty	54.70m	179-5	
4 Jada MARSH	FR Virginia	52.11m	170-11	
5 Megan MANN	SO Liberty	50.35m	165-2	
6 Annika HANTHO	SO Liberty	49.87m	163-7	
7 Arieana PARKER	JR Norfolk State	48.49m	159-1	PB
8 Morgan JOHNSON	SO Virginia	47.91m	157-2	
9 Sofia MOJICA	SO Liberty	45.43m	149-0	
10 Leslie YOUNG	FR Norfolk State	41.90m	137-5	

WOMEN JAVELIN

1 Dana BAKER	SO Duke	49.86m	163-7	
2 Shonte SEALE	JR Norfolk State	34.28m	112-5	
3 Leslie YOUNG	FR Norfolk State	34.18m	112-2	
4 Erin MARSH	SR Duke	31.47m	103-3	
DNS Isabel WAKEFIELD	JR Duke		DNS	
DNS L'Tamra WEEKS	FR Bryant & Stratton (¹)		DNS	

MEN 100 M

1 Jaylan MITCHELL	United States	10.48	-0.9
2 Ezekiel JONES	Unattached	10.82	-0.9
3 Darrell WESH	SR Unattached	10.89	-0.9
4 Brandon JONES	Belize	10.92	-0.9
5 Tavares KELLY	SR Virginia	11.02	-0.9



Results

6 Sky LAWRENCE	FR	St. Augustine's	11.05	-0.9
7 Trey HOLLOWAY		United States	11.09	-0.9
8 Jerlan FISH	FR	Virginia	11.33	-0.9
9 Paul JOHNSON	FR	William & Mary	11.47	-0.9
10 Marcus HODGES	SO	Bryant & Stratton (^)	12.17	-0.9
DNS Ezekiel JAMES		Unattached	DNS	
FS Jay PENDARVIS	FR	Virginia	FS	

MEN 200 M

1 Jaylan MITCHELL		United States	21.21	+0.0
2 Sky LAWRENCE	FR	St. Augustine's	21.78	+0.0
3 Nigal DAVIS	FR	Virginia	22.00	+0.0
4 Job TRAHAN	SO	Duke	22.23	+0.0
5 Tavares KELLY	SR	Virginia	22.52	+0.0
6 Jerlan FISH	FR	Virginia	22.89	+0.0
DNF Martin OWUSU-ANTWI		Ghana	DNF	

MEN 400 M

1 Will TRENT	FR	Virginia	49.30	PB
2 Colin GRIP	SR	Duke	49.59	PB
3 Job TRAHAN	SO	Duke	49.61	
4 Matthew JEANPIERRE	SR	Virginia	49.76	
5 Seb ANTHONY	SR	Virginia Tech	50.06	
DNF Alejandro ZAPATA		Colombia	DNF	

MEN 800 M

1 Liam BELLAMY	FR	Virginia	1:50.66	PB
2 Eldon PHILLIPS	JR	Virginia Tech	1:51.06	
3 David WHITFIELD	SR	Virginia Tech	1:51.28	
4 Azaan DAWSON	FR	Virginia Tech	1:51.30	
5 Jackson WALKER	FR	Duke	1:51.64	PB
6 Luke SPURRIER	JR	Duke	1:52.00	PB
7 Davis YOUNG	SO	Virginia	1:52.19	PB
8 Shevan PARKS		CPTC Tracksmith	1:52.50	
9 Will BAGINSKI	SO	Virginia	1:53.21	
10 Colin GRIP	SR	Duke	1:53.98	
11 Owen LIPPS	FR	William & Mary	1:54.24	
12 Will ATKINS	FR	Duke	1:54.29	
13 Alex LOUKILI	SR	William & Mary	1:54.85	
14 Robert EDWARDS	SO	St. Augustine's	2:03.59	
DNF Seb ANTHONY	SR	Virginia Tech	DNF	

MEN 1500 M

1 Nathan HENDERSON	JR	Syracuse	3:42.45	
2 Ethan MILLS	SO	Virginia Tech	3:43.02	PB
3 Tyler LEESER	JR	Virginia Tech	3:44.93	PB
4 Rory CAVAN	JR	Duke	3:45.86	SB
5 Viktor IDHAMMAR	FR	Virginia Tech	3:46.01	PB
6 Kevin ROBERTSON	SO	Syracuse	3:46.26	PB
7 Carter DILLON	SR	Duke	3:47.58	
8 Jacob HUNTER	JR	Virginia	3:48.28	PB
9 Evan GOODELL	SR	William & Mary	3:49.63	
10 Daniel FERRANTE	SO	Christopher Newport	3:50.09	PB
11 Justin DIEHL	SO	Virginia	3:50.95	PB
12 Jack KOVACH		United States	3:52.00	
13 Samuel PRITCHARD	SO	William & Mary	3:53.42	
14 Johnny ROGERS	FR	Virginia	4:00.94	
DNF David KENNEDY	SO	Virginia Tech	DNF	
DNF John WARD	FR	Virginia	DNF	
DNF Ethan ZEH	SO	Virginia	DNF	

DNS Robert EDWARDS	SO	St. Augustine's	DNS	
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MEN 3000 M STEEPLECHASE

1 John VOGEL	FR	Christopher Newport	9:14.63	PB
2 Ryan THOMPSON	JR	Duke	9:31.86	
DNF Benjamin NIBBELINK	JR	Virginia Tech	DNF	
DNF Declan RYMER	FR	Virginia Tech	DNF	

MEN 5000 M

1 Jack ELIASON	FR	Virginia	14:11.60	PB
2 Alex COMERFORD	SO	Syracuse	14:12.48	
3 Zach KINNE	FR	Duke	14:18.34	
4 Jack WHETSTONE	JR	Syracuse	14:22.25	
5 Nick KARAYIANIS	FR	Virginia	14:22.84	PB
6 Josh ROMINE	SR	Duke	14:29.48	
7 Arnav TIKHE	FR	Virginia Tech	14:29.85	
8 Silas DERFEL	SO	Syracuse	14:30.11	
9 Ethan WECHSLER	FR	Syracuse	14:33.74	SB
10 Ethan GONZALES		Unattached	14:40.16	
11 Jared KREIS	FR	Duke	14:55.15	
12 Will DIXON	FR	Duke	15:13.12	
DNF Owen MACKENZIE		United States	DNF	
DNS CJ AMBROSIO	SR	Duke	DNS	
DNS James QUATTLEBAUM	SR	Unattached	DNS	

MEN 110 M HURDLES

1 Trey HOLLOWAY		United States	14.11	+0.1
2 Anthony BRYAN	SO	Liberty	14.45	+2.5
3 Joshua SUTTON	SO	Norfolk State	14.69	+0.1
4 Juan Pablo GERMAIN RONC	SR	Liberty	14.70	+2.5
5 Charles GRAHAM	SR	Unattached	14.77	+0.1
6 Antaeveon PAYNE	JR	Norfolk State	14.95	+0.1
7 Jahquan CHRISTOPHER	SO	Norfolk State	15.69	+0.1
FS Jeremiah WILSON	FR	Virginia	FS	
DNS Felix LAWRENCE	JR	Liberty	DNS	

MEN 400 M HURDLES

1 Felix LAWRENCE	JR	Liberty	51.59	PB
2 Sean KALAWAN	SO	St. Augustine's	51.78	PB
3 Jason FERRELL	FR	Bryant & Stratton (^)	52.76	PB
4 Alex SHERMAN	FR	Virginia	52.84	PB
5 Robert WALKER	JR	St. Augustine's	54.61	
6 Caleb MCGIRT	FR	Bryant & Stratton (^)	54.63	
7 Jeremiah WILSON	FR	Virginia	54.72	PB
8 Isaiah CHAPMAN	SO	St. Augustine's	54.87	
9 Zack WEEKMAN		Unattached	54.89	
10 Willem HUIZENGA		Unattached	56.49	
11 DeAnte BRIDGES	FR	Bryant & Stratton (^)	58.12	
12 Amir EPPS	FR	Bryant & Stratton (^)	1:01.31	PB
13 Xavier LONG	SO	Bryant & Stratton (^)	1:03.79	

MEN 4X100 M RELAY

1 VIRGINIA	41.60
2 ST. AUGUSTINE'S	42.40

MEN HIGH JUMP

1 Kennedy SAUDER	FR	Liberty	2.12m	6-11½
2 Hoova TAYLOR		SJFS	2.06m	6-9
3 Jacob KELLY	SR	Virginia	2.01m	6-7
3 Quinten CLAY	SO	Liberty	2.01m	6-7



Results

5 Derek PEKAR	SO Virginia	2.01m	6-7	PB
6 Joshua SUTTON	SO Norfolk State	1.96m	6-5	
7 Jahquan CHRISTOPHER	SO Norfolk State	1.86m	6-1¼	
DNS Elby OMOHUNDRO	SO Virginia		DNS	

MEN POLE VAULT

1 Erick DUFFY	SR Duke	5.12m	16-9½	
2 Cole ROWAN	SR Duke	5.02m	16-5½	
3 Michael FAIRBANKS	SR Duke	4.92m	16-1¼	
4 Colin DUIGNAN	JR Virginia	4.82m	15-9¼	PB
5 Kyle MOSTELLER	FR Virginia	4.67m	15-3¼	
6 Tyler LYNCH	FR Virginia	4.67m	15-3¼	PB
7 Kane ALDRICH	JR Virginia	4.52m	14-10	
8 Hunter FLACK	FR Liberty	4.32m	14-2	
NH Anders JANES	JR Liberty		NH	
NH Anthony BRYAN	SO Liberty		NH	

MEN LONG JUMP

1 Heldi VALIKAJ	FR Virginia	7.27m	23-10¼	-0.9	PB
2 Rodric COX-COOPER	SO Norfolk State	7.08m	23-2¼	+0.3	
3 Ayende WATSON	JR Virginia	7.00m	22-11¼	-0.8	
4 Harrison DUNCAN	SO William & Mary	6.70m	21-11¼	-1.6	
5 Anthony BRYAN	SO Liberty	6.51m	21-4¼	-1.0	
6 Brenton CHAPPLE	FR St. Augustine's	6.35m	20-10	+1.4	PB
7 Nile WALKER	SO Norfolk State	6.31m	20-8½	-1.7	PB
8 Zane KILLGO	SR Norfolk State	6.11m	20-½	+0.4	
9 Isaiah ROZIER	SO St. Augustine's	5.43m	17-9¼	-0.9	
10 Chris PITTS	FR St. Augustine's	4.88m	16-¼	-0.6	
11 Bethwel CHERUIYOT	SO St. Augustine's	4.47m	14-8	-1.9	PB
X Luke SMITH	FR Virginia		X		
DNS Camren WYNDER-HILL	SO Norfolk State		DNS		
DNS Eric TOWNSEND	JR		DNS		
DNS Isaac HAYWOOD	JR Norfolk State		DNS		
DNS Joshua PETERSON	FR Norfolk State		DNS		

MEN TRIPLE JUMP

1 Jordan SCOTT	Unattached	16.36m	53-8¼	-0.5	
2 Heldi VALIKAJ	FR Virginia	14.94m	49-¼	-0.6	
3 Dejon MAYO	JR Virginia	14.25m	46-9	-0.3	
4 Rodric COX-COOPER	SO Norfolk State	14.15m	46-5¼	+0.4	
5 Nile WALKER	SO Norfolk State	13.49m	44-3¼	-0.4	
6 Brenton CHAPPLE	FR St. Augustine's	12.79m	41-11½	-0.6	PB
DNS Isaac HAYWOOD	JR Norfolk State		DNS		
DNS Ayende WATSON	JR Virginia		DNS		
DNS Camren WYNDER-HILL	SO Norfolk State		DNS		

MEN SHOT PUT

1 Eric FAVORS	Ireland	19.83m	65-¾	
2 Kyle MITCHELL	SR Liberty	18.40m	60-4½	
3 Kevin NEDRICK	JR Liberty	18.25m	59-10½	
4 Warren BARRETT	JR Liberty	17.82m	58-5¼	
5 Elby OMOHUNDRO	SO Virginia	11.80m	38-8¼	
6 Luke SMITH	FR Virginia	11.54m	37-10½	
DNS Rayquan SMITH	SO Norfolk State		DNS	
DNS Paul WARD	FR St. Augustine's		DNS	
DNS Brayden HODGEST	NC A&T		DNS	
DNS Carlos ALEXANDER	NC A&T		DNS	
DNS Claudio ROMERO	FR Virginia		DNS	
DNS Jarvis DUDLEY	FR St. Augustine's		DNS	

MEN DISCUS

1 Claudio ROMERO	FR Virginia	62.43m	204-10
2 Jordan ROACH	United States	56.85m	186-6
3 Jacob LEMMON	FR Virginia	56.59m	185-8
4 Kevin NEDRICK	JR Liberty	56.23m	184-5
5 Noah KENNEDY-WHITE	United States	55.75m	182-11
6 Jose BALLIVIAN	SR Liberty	54.53m	178-11
7 Beau BACKES	FR Liberty	54.26m	178-0
8 Desmond COLEMAN	UNAT-Liberty	52.31m	171-7
9 Warren BARRETT	JR Liberty	48.03m	157-7
10 Kyle MITCHELL	SR Liberty	47.37m	155-5
11 Sam MASTRO	JR Liberty	46.17m	151-5
X Elby OMOHUNDRO	SO Virginia		X
DNS Brayden HODGEST	NC A&T		DNS
DNS Paul WARD	FR St. Augustine's		DNS
DNS Luke SMITH	FR Virginia		DNS

MEN HAMMER

1 Tom PARKER	SR Blackheath & Brom	66.39m	217-9
2 John HICKS	SO Liberty	62.51m	205-1
3 Evangelos FRADELAKIS	SR Virginia	62.49m	205-0
4 Ja'Mar WATSON	Unattached	58.91m	193-3
5 Sam MASTRO	JR Liberty	57.63m	189-1
6 Beau BACKES	FR Liberty	50.59m	165-11
DNS Jacob LEMMON	FR Virginia		DNS

MEN JAVELIN

1 Scott CAMPBELL	SO Duke	71.00m	232-11
2 Luke JACKSON	JR Duke	70.37m	230-10
3 Christopher SHANAHAN	SR Duke	66.44m	218-0
4 Kadain ROPER	FR St. Augustine's	49.64m	162-10
5 Luke SMITH	FR Virginia	46.92m	153-11
6 Elby OMOHUNDRO	SO Virginia	42.74m	140-3
7 Derek PEKAR	SO Virginia	42.03m	137-10
DNS Sadiq NURSE	JR Norfolk State		DNS
DNS William KAHN	SR Duke		DNS

MIXED 1 MILE MASTERS

1 Bruce BERGER	49 Unattached	4:43.14
2 Bill PALMER	45 Unattached	4:53.22
3 Duncan SHEILS	52 Unattached	5:16.49
4 Scott APICELLA	44 Unattached	5:22.21
5 Will MORRISON	41 Unattached	5:30.26
6 Barry YOUNG	Unattached	5:34.10
7 Andy ALMARODE	46 Unattached	5:48.79
8 Rick WEAVER	63 Unattached	6:29.19
9 Raman PFAFF	Unattached	6:36.20
10 Leah CONNOR	50 Unattached	7:49.72
11 Robert EVERSBERG	40 Unattached	7:51.44
12 Linda SCANDORE	71 Unattached	8:13.07
DNS Ian HARRISON	62 Unattached	DNS