



VIRGINIA OUTDOOR SCHEDULE

Mar. 19	Virginia Open Charlottesville, Va.
Mar. 24-26	Raleigh Relays Raleigh, N.C.
Apr. 1-2	Colonial Relays Williamsburg, Va.
Apr. 7-9	Duke Invitational Durham, N.C.
Apr. 21-23	Virginia Challenge Charlottesville, Va.
April 29-30	Penn Relays Philadelphia, Pa.
May 1	Virginia Grand Prix Charlottesville, Va.
May 4	Virginia High Performance Charlottesville, Va.
May 12-14	ACC Outdoor Championships Durham, N.C.
May 25-28	NCAA East Regionals Bloomington, Ind.
Jun. 8-11	NCAA Outdoor Championships Eugene, Ore.

VIRGINIA COACHING STAFF

Vin Lananna	Director of Track and Field & CC Associate AD for Administration
Trevor Dunbar	Asst. Men's & Women's Track & Field Coach (Distance)
Nicole Freitag	Asst. Men's & Women's Track & Field Coach (Distance)
Mario Wilson	Asst. Men's & Women's Track & Field Coach (Jumps/Multis)
Martin Maric	Asst. Men's & Women's Track & Field Coach (Throws)
LaRon Bennett	Asst. Men's & Women's Track & Field Coach (Sprints/Hurdles)

MEDIA INFORMATION

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NCAA Division I Track & Field Championships Wednesday, June 8 - Saturday, June 11

Hayward Field • Eugene, Ore.



The Virginia men's and women's track and field teams will send a total of nine student-athletes to compete in the NCAA Division I Track & Field Championships at the University of Oregon's Hayward Field from Wednesday, June 8 through Saturday, June 11. Five men will represent the Cavaliers while four women will make the trip. The total of nine athletes ties for fifth-most in program history.

The men's and women's competitions will alternate days with the men competing on Wednesday and Friday while the women will be in action on Thursday and Saturday.

How to Follow

Coverage of the meet will be broadcast live on the ESPN networks. Running events will be streamed on ESPNU on Wednesday and Thursday. Coverage of the track events will shift to ESPN2 on Friday and over to ESPN on Saturday. Individual coverage of field events will be streamed on ESPN 3 throughout the meet.

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Broadcast Coverage

Men's Day 1 | Wednesday, 7:30 p.m. | ESPNU
Women's Day 1 | Thursday, 8:30 p.m. | ESPNU
Men's Day 2 | Friday, 9 p.m. | ESPN2
Women's Day 2 | Saturday 5:30 p.m. | ESPN

Hoos in the Top-25 (NCAA & World Rankings)

Men

- Ethan Dabbs - Jr., Javelin, 82.92m (272'0") - No. 14 in world rankings
- Claudio Romero - So., Discus, 67.02m (219'10") - No. 8 in world rankings
- Owayne Owens - Sr., Triple Jump, 16.61m (54'6")
- Yasin Sado - So., 3,000 Steeplechase, 8:33.39

Women

- Ashley Anumba - Gr., Discus, 57.53m (188'9")
- Maria Deaviz - So., Shot Put, 17.32m (56'10")

NCAA Championships Notes

- Virginia's nine competitors ties for the fifth-largest group the program has sent to the NCAA Championships in its history. It is the fourth time in five seasons the Hoos have sent at least nine competitors
- Seven out of Virginia's nine competitors will be returning to the NCAA Championships after making at least one prior appearance in their careers
- Yasin Sado and Helena Lindsay will each make their NCAA Championships debut in the 3,000-meter steeplechase
- With her qualification to the 2022 championships, Jada Seaman has reached the NCAA Championships in each season she has competed in both indoors and outdoors.
- The Hoos have laid claim to seven individual NCAA outdoor titles in program history. Six men and one woman have achieved the feat
- Last season Michaela Meyer became the first woman to earn an individual NCAA track and field championship in Virginia history when she won the 800 meters

VIRGINIA™

COMPETITION SCHEDULE

VIRGINIA MEN'S COMPETITORS

Competitor	Event	Date/Time
Yasin Sado	3000 Steeple	Wednesday - 5:02 p.m. PT (Semis)
	3000 Steeple	Friday - 6:24 p.m. PT (Finals)
Ethan Dabbs	Javelin	Wednesday - 5:45 p.m. PT
Claudio Romero	Discus	Friday - 5:35 p.m. PT
Jacob Lemmon	Discus	Friday - 5:35 p.m. PT
Owayne Owens	Triple Jump	Friday - 6:20 p.m. PT

Men's Outdoor National Champions

Paul Ereng	800m	1988 NCAA
Paul Ereng	800m	1989 NCAA
Robby Andrews	800m	2011 NCAA
Filip Mihaljevic	Shot Put	2016 NCAA
Filip Mihaljevic	Shot Put	2017 NCAA
Filip Mihaljevic	Discus	2017 NCAA

VIRGINIA WOMEN'S COMPETITORS

Competitor	Event	Date/Time
Helena Lindsay	3000 Steeple	Thursday - 6:02 p.m. PT (Semis)
	3000 Steeple	Saturday - 2:54 p.m. PT (Finals)
Maria Deaviz	Shot Put	Thursday - 7:40 p.m. PT
Jada Seaman	200 Meters	Thursday - 7:44 p.m. PT (Semis)
	200 Meters	Saturday - 4:07 p.m. PT (Finals)
Ashley Anumba	Discus	Saturday - 2:05 p.m. PT

Women's Outdoor National Champions

Aileen O'Conner	10000m	1981 AIAW
Kiamesha Otey	LJ	2003 USATF
Stephanie Garcia	Steeple	2007 USATF Juniors
Michaela Meyer	800m	2021 NCAA

CHAMPIONSHIPS ROSTER

WOMEN

Name	Year	Event	Hometown	Prev. School
Ashley Anumba	Gr.	Discus	Ranco Cucamonga, Calif.	Penn
Maria Deaviz	So.	Shot Put	Souderton, Pa.	Souderton Area High
Helena Lindsay	Sr.	3000 Steeple	Yokohama, Japan	Kanazawa High School
Jada Seaman	Jr.	200 Meters	Pikesville, Md.	McDonough School

MEN

Name	Year	Event	Hometown	Prev. School
Ethan Dabbs	Sr.	Javelin	Johnstown, Pa.	Richland
Jacob Lemmon	Jr.	Discus	Sanibel, Fla.	Fort Meyers
Owayne Owens	Sr.	Triple Jump	Montego Bay, Jamaica	Cornwall College
Claudio Romero	Jr.	Discus	Santiago, Chile	Santa Maria de Santiago
Yasin Sado	So.	3000 Steeple	Aurora, Colo.	Gateway High School

PRONUNCIATION GUIDE

Anumba: a-NOOM-buh

Deaviz: day-AH-vis

Sado: s-AH-doh

HIGHLIGHTS & STORYLINES

Record Breakers

The Virginia men's and women's teams have combined to break a total of seven outdoor school records including a pair of ACC records and an ACC Championship record:

Men's Javelin - Ethan Dabbs, 82.92 meters (272'0") - ACC, ACC Championships Record

Men's Discus - Claudio Romero, 67.02 meters (219'10") - ACC Record, Penn Relays Record*

Men's 5000 meters - Wes Porter, 13:36.84

Men's 400 meters - Jordan Willis, 45.70

Women's Discus - Ashley Anumba, 57.53 meters (188'9")

Women's Shot Put - Maria Deaviz, 17.32 meters (56'10")

Women's 200 meters - Jada Seaman, 23.06

(NCAA Qualifiers Bolded)

*Claudio Romero set an ACC Championship record in the discus at 66.21 meters (217'2")

The Comeback Trail

Following Tommy John surgery after the 2021 season, Ethan Dabbs has turned in an incredible performance in his 2022 campaign.

In 2021, Dabbs tore his UCL in his first competition at Raleigh Relays in March. Following the injury, Dabbs did not pick up a javelin for the remainder of the regular season. His first throw following the injury took place at the ACC Championships where he won the event for the second-straight season.

Immediately after the 2021 season Dabbs underwent surgery and has put together an impressive return to action in 2022.

In his second appearance of the 2022 season, the senior broke the 80-meter mark for the first time in his career setting a Virginia and ACC Record in the process.

Dabbs went on to surpass that record at the ACC Championships throwing 82.92 meters. He became just the fourth ever competitor to claim three consecutive ACC men's javelin titles.



VIRGINIA™

HIGHLIGHTS & STORYLINES

A Return Trip

Of Virginia's nine competitors, seven have competed at the NCAA Championships before:

Claudio Romero	3rd, DT	2021
Jacob Lemmon	5th, DT	2021
Owayne Owens	15th, TJ	2021
Jada Seaman	16th, 4x100	2021
	17th, 4x400	2021
	9th, LJ	2021
Maria Deaviz	19th, SP	2021
Ethan Dabbs	7th, JT	2019
Ashley Anumba	21st, DT	2019
	21st, DT	2018



Discus Battle

When Claudio Romero threw a UVA and ACC record 67.02 meters to win the discus at Penn Relays it put him on top of the NCAA. However, just two days later Cal's Mykolas Alekna surpassed the mark by just over a foot.

Romero will enter the NCAA Championships looking to top the NCAA leader in their first head to head battle.

Alekna ranks fifth in the world while Romero sits at No. 7.



Breakout Season

Steeplechase runner Yasin Sado has put together an impressive sophomore campaign:

- Won the Duke Invitational in his first steeplechase appearance this season
- Sado won silver at the ACC Championships with a personal-best time of 8:33.39 which ranks second all-time at UVA
- The sophomore earns his first appearance at the NCAA Championships after placing 17th at regionals last season
- Sado also ran the first sub-four mile of his career at the Virginia High Performance meet clocking 3:58.92

Looking for History

Claudio Romero, Ethan Dabbs and Jacob Lemmon will all look to claim the first UVA men's individual NCAA Championship since 2017 when Filip Mihaljevic took home titles in both the discus and shot put. Mihaljevic makes up half of the men's six individual championships.

Virginia has never won a Javelin title. The closest a Cavalier has ever come to winning the title was Brian Kollar's silver medal performance in 2002.

Sophomore Standout

After advancing to the NCAA Championships in her debut season, Maria Deaviz has continued her upward trajectory.

The sophomore collected her first ACC gold medal in the shot put at the indoor championships, and completed the sweep of the event at the outdoor championships in April.

In addition to sweeping the ACC titles, Deaviz toppled both the UVA indoor (16.75 meters) and outdoor (17.32 meters) records in the shot put.

Deaviz also qualified for the NCAA regionals in the discus with her season-best mark of 52.58 meters.



A Strong Start

Jada Seaman has competed at the National Championships in each season that she has competed as a Cavalier (indoor and outdoor).

2021 Indoor	LJ (12th)
2021 Outdoor	4x100m (16th)
	4x400m (17th)
	LJ (9th)
2022 Indoor	DMR (7th)
2022 Outdoor	200m

Hoos Best Finish In...

Men's Javelin	Kollar, 2nd (2002)
Men's Steeple	Foerster, 6th (2007)
Men's Discus	Mihaljevic, 1st (2017)
Men's Triple Jump	Scott, 2nd (2019)
Women's SP	Bohan, 11th (2017)
Women's Discus	Kelly, 4th (2009)
Women's Steeple	Garcia, 2nd (2011)
Women's 200 m	Fridy, 10th (1987)

WOMEN'S 2022 SEASON-BEST OUTDOOR PERFORMANCES

WOMEN'S 100 METERS

TIME	
11.43	Jada Seaman
11.47	Kayla Bonnick

WOMEN'S 200 METERS

TIME	
23.00(w)	Jada Seaman
23.97	Kayla Bonnick
24.83	Abby Comella
25.02	Alix Still*

WOMEN'S 400 METERS

TIME	
55.49	Abby Comella
56.45	Anzhelika Parenchuk
56.79	Alahna Sabbakhan

WOMEN'S 800 METERS

TIME	
2:05.97	Alahna Sabbakhan
2:06.11	Mia Barnett
2:06.15	Sydney Coppolino
2:07.10	Keara Seasholtz
2:09.00	Claire Frazier Bolton

WOMEN'S 1,500 METERS

TIME	
4:11.32	Mia Barnett
4:17.17	Margot Appleton
4:19.24	Taylor Jones
4:19.56	Anna Workman
4:32.92	Keara Seasholtz

WOMEN'S 3000 STEEPLECHASE

TIME	
10:02.27	Helena Lindsay
11:04.80	Amelia Kokernak

WOMEN'S 5000 METERS

TIME	
16:17.51	Margot Appleton
16:26.97	Helena Lindsay
16:32.91	Mia Barnett
17:07.71	Anna Workman
17:14.90	Taylor Jones

WOMEN'S 100M HURDLES

TIME	
13.82	Alix Still*
16.83	Emily Alexandru

WOMEN'S 400M HURDLES

TIME	
1:01.01	Emily Alexandru
1:01.56	Anzhelika Parenchuk

WOMEN'S HIGH JUMP

MARK	
1.76m	Bex Hawkins
1.70m	Carly Tarentino
1.66m	Alix Still

WOMEN'S POLE VAULT

MARK	
4.06m	Trina Barcarola
3.95m	Gabriella Recce
3.94m	Maya Maloney
3.91m	Caroline Dannenbaum
3.70m	Riley Larsen

WOMEN'S LONG JUMP

MARK	
6.19m	Zoe Rice
6.17m	Alix Still*
6.12m	Jada Seaman
6.00m	Jordan Hardy
5.66m	Mia Abulencia

WOMEN'S TRIPLE JUMP

MARK	
12.38m	Jordan Hardy
12.32m	Zoe Rice

WOMEN'S SHOT PUT

MARK	
17.32m	Maria Deaviz
15.29m	Ashley Anumba
14.84m	Janae Profit
14.42m	Kaiya Saunders
13.97m	Morgan Johnson

WOMEN'S DISCUS

MARK	
57.53m	Ashley Anumba
52.58m	Maria Deaviz
51.51m	Thelma Kristjansdottir
48.52m	Sadey Rodriguez
48.12m	Jada Marsh

WOMEN'S HAMMER

MARK	
55.05m	Jada Marsh
50.18m	Morgan Johnson

WOMEN'S JAVELIN

MARK	
34.52m	Alix Still*

WOMEN'S HEPTATHLON

POINTS	
5481	Alix Still*

4x100m

TIME	
45.58	Rice, Seaman, Still*, Bonnick

4x400m

TIME	
3:48.81	Parenchuk, Seasholtz, Sabbakhan, Alexandru

MEN'S 2022 SEASON-BEST OUTDOOR PERFORMANCES

MEN'S 100 METERS

TIME	
10.49	Jay Pendarvis
10.54	Nigal Davis
10.58(w)	Jordan Willis
10.88	Tavares Kelly
10.94(w)	Jerlan Fish

MEN'S 200 METERS

TIME	
20.97	Jordan Willis
21.08(w)	Jay Pendarvis
21.59	Nigal Davis
22.22	Jerlan Fish
22.29	Will Trent

MEN'S 400 METERS

TIME	
45.70	Jordan Willis
47.40	Jay Pendarvis
49.16	Nigal Davis
49.18	Will Trent
49.76	Matt Jean-Pierre

MEN'S 800 METERS

TIME	
1:48.51	Conor Murphy
1:49.07	Ethan Zeh
1:50.36	Liam Bellamy
1:51.72	Wes Porter
1:52.19	Davis Young

MEN'S 1,500 METERS

TIME	
3:39.73	Wes Porter
3:40.04	Ka'eo Kruse
3:40.99	Nathan Mountain
3:41.22	Yasin Sado
3:41.49	Conor Murphy

MEN'S 3000 STEEPLECHASE

TIME	
8:33.39	Yasin Sado
8:39.42	Nathan Mountain
8:52.63	Ka'eo Kruse

MEN'S 5000 METERS

TIME	
13:36.84	Wes Porter
13:42.84	Yasin Sado
13:51.23	Rohann Asfaw
14:02.48	Justin Wachtel
14:05.61	Jacob Hunter

MEN'S 10000 METERS

TIME	
28:53.84	Rohann Asfaw
30:07.99	Peter Morris
30:14.40	Justin Wachtel
30:25.27	Harry Monroe
30:36.90	Johnny Rogers

MEN'S 110M HURDLES

TIME	
14.37	Jeremiah Wilson

MEN'S 400M HURDLES

TIME	
52.42	Alex Sherman
54.72	Jeremiah Wilson

MEN'S HIGH JUMP

MARK	
2.04m	Jacob Kelly
2.01m	Derek Pekar*

MEN'S POLE VAULT

MARK	
5.03m	Colin Duignan
4.81m	Kyle Mosteller
4.67m	Tyler Lynch
4.66m	Kane Aldrich
4.66m	Derek Pekar*

MEN'S LONG JUMP

MARK	
7.28m	Owayne Owens
7.28m	Ayende Watson
7.27m	Heldi Valikaj

MEN'S TRIPLE JUMP

MARK	
16.61m	Owayne Owens
14.98m	Heldi Valikaj
14.35m	Dejon Mayo

MEN'S SHOT PUT

MARK	
17.59m	Claudio Romero
13.51m	Evangelos Fradelakis

MEN'S DISCUS

MARK	
67.02m	Claudio Romero
58.02m	Jacob Lemmon

MEN'S HAMMER

MARK	
64.22m	Evangelos Fradelakis
62.59m	Jacob Lemmon
55.78m	John Fay

MEN'S JAVELIN

MARK	
82.92m	Ethan Dabbs
60.55m	Thomas Dickinson

4x100m

TIME	
40.83	Kelly, Willis, Pendarvis, Davis

4x400m

TIME	
3:09.69	Pendarvis, Sherman

Davis, Willis
(w) Wind assistance

* Multis athlete

OUTDOOR WOMEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Halle Hazzard*	11.20	2019
200 meters	Jada Seaman	23.06	2022
400 meters	Sonja Fridy	51.93	1987
800 meters	Michaela Meyer	2:00.28	2021
1,500 meters	Michaela Meyer	4:09.78	2021
5,000 meters	Margaret Groos	15:51.24	1980
10,000 meters	Patty Matava	32:58.64	1987
100-meter hurdles	Ciara Leonard	13.26	2018
400-meter hurdles	Andrenette Knight	55.75	2021
	Ayla Smith	56.54	2011
3,000-meter steeplechase	Stephanie Garcia	9:47.29	2011
4x100-meter relay	Jefferson, Seaman, Bonnick, Hazzard	43.75	2021
4x400-meter relay	Jefferson, Seaman, Meyer, Knight	3:30.44	2021
High Jump	Ann Bair	1.88m (6' 2")	1983
Pole Vault	Bridget Guy	4.46m (14' 7.5")	2018
Long Jump	Dana Boone	6.65m (21' 9.75")	1990
Triple Jump	Kelly McKee	13.70m (44' 11.5")	2019
Shot Put	Maria Deaviz	17.32m (56' 10")	2022
Discus Throw	Ashley Anumba	57.53m (188' 9")	2022
Hammer Throw	Jade Baker	63.61m (208' 8")	2019
Javelin Throw	Ann Crouse	57.38m (188' 3")	1999
Heptathlon	Rebecca Grube	5,512 points	1994

* at NACAC U18/U23 Championships 2019 in Mexico

OUTDOOR MEN'S RECORDS

Event	Name	Time/Mark	Date
100 meters	Gerald Howard	10.42	1995
200 meters	Gerald Howard	20.79	1995
400 meters	Jordan Willis	45.70	2022
800 meters	Paul Ereng	1:43.16	1989
1,500 meters	Henry Wynne	3:38.05	2016
5,000 meters	Wes Porter	13:36.84	2022
10,000 meters	Zach Herriott	28:44.22	2017
110-meter hurdles	Adams Abdulrazaaq	13.66	2011
400-meter hurdles	Steve Delice	50.02	2010
3,000-meter steeplechase	Derek Johnson	8:28.72	2021
4x100-meter relay	Randolph, Archer, Brown, Palmer	40.25	1984
4x400-meter relay	Anding Roller, Bryan, Hazzard	3:07.11	2012
High Jump	Brenton Foster	2.27 (7' 5.25")	2021
Pole Vault	David Sullivan	5.35m (17' 6.75")	2005
Long Jump	Jordan Scott	7.83m (25' 8.25")	2019
Triple Jump	Jordan Scott	17.08m (56' 0.5")	2019
Shot Put	Filip Mihaljevic	21.30m (69' 10.75")	2017
Discus Throw	Claudio Romero	67.02m (219' 10")	2022
Hammer Throw	Hilmar Jonsson	75.26m (246' 11")	2019
Javelin Throw	Ethan Dabbs	82.92m (273' 0")	2022
Decathlon	Stephen Dunphy	7,920 points	1992

WOMEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 METERS

1.	Halle Hazzard*	11.20	'19
2.	Sonja Fridy	11.36	'87
3.	Kiamesha Otey	11.43	'01
	Jada Seaman	11.43	'22
5.	Kayla Bonnick	11.47	'22
6.	Kelly Miller	11.48	'99
7.	Pam Lemons	11.57	'93
8.	Tori McKenzie	11.63	'17
9.	Brenda Brown	11.64	'84
10.	Peyton Chaney	11.71	'14

* at NACAC U18/U23 Championships 2019 in Mexico

200 METERS

1.	Jada Seaman	23.06	'22
2.	Sonja Fridy	23.17	'87
3.	Anna Jefferson	23.39	'19
4.	Jordan Lavender	23.42	'14
5.	Kiamesha Otey	23.46	'03
6.	Peyton Chaney	23.50	'16
7.	Kelly Miller	23.61	'99
8.	Halle Hazzard	23.68	'19
9.	Janne'a Bridgeford	23.69	'08
10.	Pam Lemons	23.83	'93

400 METERS

1.	Sonja Fridy	51.93	'87
2.	Anna Jefferson	52.39	'18
3.	Jordan Lavender	52.48	'14
4.	Lisa Garrett	52.64	'83
5.	Carielle Doe	53.22	'03
6.	Angela Lee	54.05	'98
7.	Michelle Samuels	54.59	'92
8.	Andrea Wright	54.80	'14
9.	Talia Wise	54.81	'08
10.	Andrenette Knight	54.83	'18

800 METERS

1.	Michaela Meyer	2:00.28	'21
2.	Gail Bryant	2:04.21	'85
3.	Vanessa Fabrizio	2:04.77	'14
4.	Kim Kelly	2:05.23	'84
5.	Vicky Fouhy	2:05.55	'13
6.	Lyndsay Harper	2:05.84	'11
7.	Alahna Sabbakhan	2:05.97	'22
8.	Mia Barnett	2:06.11	'22
9.	Keara Seasholtz	2:06.12	'21
10.	Sydney Coppolino	2:06.15	'22

1,500 METERS

1.	Michaela Meyer	4:09.78	'21
2.	Mia Barnett	4:11.32	'22
3.	Morgane Gay	4:13.20	'12
4.	Vicky Fouhy	4:14.51	'13
5.	Michelle Rowen	4:15.37	'87
6.	Jill Haworth	4:16.06	'83
7.	Lesley Welch	4:16.54	'82
8.	Margaret Groos	4:16.74	'81
9.	Margot Appleton	4:17.17	'22
10.	Lisa Welch	4:17.74	'82

5,000 METERS

1.	Margaret Groos	15:51.24	'80
2.	Patty Matava	15:56.41	'86
3.	Catherine White	16:04.58	'12
4.	Barbara Strehler	16:07.70	'13
5.	Cleo Boyd	16:09.23	'16
6.	Chelsea Ley	16:12.62	'12
7.	Maria Hauger	16:14.18	'14
8.	Iona Lake	16:15.93	'15
9.	Margot Appleton	16:17.51	'22
9.	Sarah Fakler	16:18.59	'15

10,000 METERS

1.	Patty Matava	32:58.64	'87
2.	Catherine White	33:07.36	'13
3.	Aileen O'Connor	33:28.20	'81
4.	Hannah Moran	33:38.31	'21
5.	Emily Harrison	33:40.34	'08
6.	Martha White	33:40.50	'83
7.	Kara Scanlin	33:53.32	'07
8.	Katie Read	33:54.92	'07
9.	Jane Maxwell	33:55.98	'03
10.	Anna Corrigan	33:58.46	'11

100m HURDLES

1.	Ciara Leonard	13.26	'18
2.	Alexis Woodley	13.31	'18
3.	Andrenette Knight	13.37	'21
4.	Ayla Smith	13.51	'09
5.	Lauren Echko	13.72	'08
6.	Heather Smith	13.76	'16
7.	Chidi Uche	13.77	'10
8.	Rebecca Grube	13.81	'94
9.	Alix Still*	13.82	'22
10.	Alana Herran	13.86	'17

400m HURDLES

1.	Andrenette Knight	55.75	'21
1.	Ayla Smith	56.54	'11
3.	Erin Crawford	56.87	'06
4.	Angela Lee	57.11	'97
5.	Aisha Naibe-Wey	57.84	'16
6.	Alana Herran	58.03	'18
7.	Heather Smith	58.17	'16
8.	Vivian Scruggs	58.54	'81
9.	Natalie Randolph	58.98	'03
10.	Angela Griffith	59.05	'91

3000m STEEPLECHASE

1.	Stephanie Garcia	9:47.29	'11
2.	Dawn Cleary	9:59.30	'03
3.	Iona Lake	10:01.58	'15
4.	Helena Lindsay	10:02.27	'22
5.	Kiera Bothwell	10:03.88	'21
6.	Melanie Matthews	10:13.31	'02
7.	Vicky Fouhy	10:20.63	'14
8.	Sara Sargent	10:20.64	'15
9.	Janine Ricci	10:24.65	'05
10.	Samantha Stafford	10:36.02	'09

HIGH JUMP

1.	Ann Bair	1.88m (6' 2")	'83
2.	Sherry Gould	1.86m (6' 1.25")	'93
2.	Pearl Bickersteth	1.83m (6' 0")	'12
	Moir Cronin	1.83m (6' 0")	'13
5.	Robin Landes	1.81m (5' 11.25")	'88
6.	Rachel Marks	1.79m (5' 10.75")	'06
7.	Meggie Schuelke	1.76m (5' 9.25")	'04
	Emily Kianka	1.76m (5' 9.25")	'12
	Rebecca Hawkins	1.76m (5' 9.25")	'22
10.	Karen DiDonato	1.75m (5' 8.75")	'91

POLE VAULT

1.	Bridget Guy	4.46m (14' 7.5")	'18
2.	Maya Maloney	4.08m (13' 4.5")	'21
3.	Trina Barcarola	4.06m (13' 3.75")	'22
4.	Katie Freix	4.01m (13' 1.75")	'18
5.	Gabriella Recce	3.95m (12' 11.5")	'22
6.	Theresa Demaria	3.93m (12' 10.75")	'17
7.	Caroline Dannenbaum	3.91m (12' 10")	'22
8.	Vika Osipenko	3.81m (12' 6")	'03
9.	Riley Larsen	3.71m (12' 1")	'21
	Sarah DeVita	3.71m (12' 1")	'15
10.	Katie Darraugh	3.69m (12' 1.5")	'09

LONG JUMP

1.	Dana Boone	6.65m (21' 9.75")	'90
2.	Jada Seaman	6.56m (21' 6.25")	'21
3.	Kiamesha Otey	6.54m (21' 5.50")	'02
4.	Sonja Fridy	6.42m (21' 0.75")	'86
5.	Nicole Kimbrough	6.39m (20' 11.50")	'95
6.	Kelly Miller	6.33m (20' 9.25")	'96
	Tomika Ferguson	6.33m (20' 9.25")	'06
8.	Edy Ndem	6.28m (20' 7.25")	'14
9.	Khyasia Caldwell	6.26m (20' 6.5")	'21
10.	Mia Barron	6.22m (20' 5")	'16

TRIPLE JUMP

1.	Kelly McKee	13.70m (44' 11.5")	'19
2.	Khyasia Caldwell	13.33m (43' 9")	'21
3.	Tomika Ferguson	13.21m (43' 4.25")	'07
4.	Dallas Rose	13.20m (43' 3.75")	'14
5.	Dana Boone	13.05m (42' 9.75")	'91
6.	Mia Barron	12.96m (42' 6.25")	'18
7.	Zoe Rice	12.79m (41' 11.5")	'21
8.	Naccolle Guinn	12.71m (41' 8.50")	'01
9.	Jessica Caldwell	12.50m (41' 0.25")	'14
10.	Nicole Kimbrough	12.49m (40' 11.75")	'95

SHOT PUT

1.	Maria Deaviz	17.32m (56' 10")	'22
2.	Christine Bohan	16.87m (55' 4.25")	'16
3.	Brittany Jones	16.17m (53' 0.75")	'19
4.	Eliese Mitchell	16.16m (53' 0.25")	'03
5.	Billie-Jo Grant	15.77m (51' 9")	'06
6.	Maureen Laffan	15.34m (50' 4")	'10
7.	Emily Vannoy	15.30m (50' 2.5")	'10
8.	Ashley Anumba	15.29m (50' 2")	'22
9.	Alexa Manning	14.97m (49' 1.5")	'08
10.	Janae Profit	14.84m (48' 8.25")	'22

DISCUS

1.	Ashley Anumba	57.53m (188' 9")	'22
2.	Billie-Jo Grant	56.06m (183' 11")	'08
3.	Kelly Bodiford	54.08m (177' 5")	'93
4.	Erin Wykoff	53.78m (176' 5")	'12
5.	Thelma Kristjánsdóttir	53.62m (175' 11")	'21
6.	Maria Deaviz	52.58m (172' 6")	'22
7.	Caitlin Kelly	52.37m (171' 10")	'09
8.	Eliese Mitchell	52.17m (171' 2")	'02
9.	Julia Solo	52.04m (170' 9")	'86
10.	Christine Bohan	50.79m (166' 8")	'17

HAMMER THROW

1.	Jade Baker	63.61m (208' 8")	'19
2.	Eva Mustafic	61.99m (203' 4")	'21
3.	Maureen Laffan	59.91m (196' 6")	'12
4.	Eliese Mitchell	56.95m (186' 10")	'03
5.	Jada Marsh	55.05m (180' 7")	'22
6.	Brittany Jones	54.05m (177' 4")	'21
7.	Erin Wykoff	53.45m (175' 4")	'12
8.	Lauren Connelly	51.31m (168' 4")	'96
9.	Inhar Chong	50.29m (165' 0")	'00
10.	Morgan Johnson	50.18m (164' 7")	'22

JAVELIN

1.	Ann Crouse	57.38m (188' 3")	'99
2.	Julia Solo	55.98m (183' 8")	'89
3.	Inge Jorgensen	54.23m (177' 11")	'05
4.	Meghan Briggs	52.65m (172' 9")	'09
5.	Abbey Karin	52.60m (172' 7")	'13
6.	Marija Bogavac	48.96m (160' 7")	'17
7.	Caitlin Mautz	48.66m (159' 8")	'17
8.	Christine Bohan	48.03m (157' 7")	'17
9.	Annie Bobiak	46.89m (153' 10")	'05
10.	Tara Karlin	46.33m (152' 0")	'10

HEPTATHLON

1.	Rebecca Grube	5,512	'94
5.	Alix Still	5,481	'22
2.	Susan Brownell	5,458	'82
3.	Beth Sheehan	5,407	'86
4.	Ann Bair	5,387	'83
6.	Holly Sullivan	5,317	'17
7.	Sherry Gould	5,166	'93
8.	Angela Griffith	4,967	'98
9.	Suzanne Sweeney	4,915	'97
10.	Katie Kiladis	4,855	'97

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

MEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 METERS

1.	Gerald Howard	10.42	'95
2.	Reuben Jones	10.45	'08
3.	Jay Pendarvis	10.49	'22
4.	Shay Clark	10.50	'02
5.	Edwin Brown	10.52	'85
6.	Scott Kimball	10.53	'03
7.	Nigal Davis	10.54	'22
8.	Bruce Randolph	10.69	'84
9.	Justice Dixon	10.71	'21
10.	Jarrett Hagwood	10.72	'02

200 METERS

1.	Gerald Howard	20.79	'95
2.	Ben Sarpong	20.87	'95
3.	Edwin Brown	20.90	'85
4.	Jordan Willis	20.97	'22
5.	Reuben Jones	21.16	'08
6.	Kellen Blassingame	21.24	'05
7.	Payton Hazzard	21.27	'15
8.	Conlon Bonner	21.28	'08
9.	Scott Kimball	21.31	'02
10.	Eric Adderly	21.32	'82

400 METERS

1.	Jordan Willis	45.70	'22
2.	Alfred Shirley	45.84	'18
3.	Payton Hazzard	45.88	'15
4.	Kellen Blassingame	46.02	'05
5.	Brandon Outlaw	46.13	'21
6.	Meikle Paschal	46.61	'08
7.	Kevin Anding	46.84	'10
8.	Jim Bruce	46.94	'79
9.	Nathan Kiley	46.95	'17
10.	Ben Kurgat	46.96	'88

800 METERS

1.	Paul Ereg	1:43.16	'89
2.	Robby Andrews	1:44.71	'11
3.	Lance Roller	1:46.11	'10
4.	Ray Brown	1:46.74	'83
5.	Ben Kurgat	1:47.32	'90
6.	John Hinton	1:47.33	'84
7.	Greg Canty	1:47.44	'80
8.	Conor Murphy	1:48.51	'22
9.	Anthony Kostelac	1:48.96	'12
10.	Vince Draddy	1:49.05	'81

1,500 METERS

1.	Henry Wynne	3:38.05	'16
2.	Wes Porter	3:39.73	'22
3.	Ka'eo Kruse	3:40.04	'22
4.	John Hinton	3:40.24	'83
5.	Vince Draddy	3:40.44	'81
6.	Robby Andrews	3:40.77	'11
7.	Nathan Mountain	3:40.99	'22
8.	Mike Marsella	3:41.35	'15
9.	Conor Murphy	3:41.49	'22
10.	Patrick Todd	3:41.51	'12

5,000 METERS

1.	Wes Porter	13:36.84	'22
2.	Kris Herdt	13:37.44	'87
3.	Henry Wynne	13:43.53	'17
4.	Yasin Sado	13:42.84	'22
5.	Rohann Asfaw	13:44.74	'21
6.	Sean Keveren	13:48.34	'12
7.	Zach Herriott	13:53.47	'17
8.	Derek Johnson	13:54.46	'21
9.	Jim Hays	13:55.2h	'85
10.	Kyle King	13:55.60	'12

10,000 METERS

1.	Zach Herriott	28:44.22	'17
2.	Rohann Asfaw	28:53.84	'22
3.	Brent Demarest	28:54.69	'19
4.	Mike Cotton	28:55.34	'81
5.	Andrew Dumm	28:59.25	'07
6.	Lachlan Cook	29:10.03	'19
7.	Adam Visokay	29:11.13	'15
8.	Trey Miller	29:14.21	'10
9.	Alex Corbett	29:16.11	'21
10.	Harry Monroe	29:16.26	'21

110m HURDLES

1.	Adams Abdulrazaaq	13.66	'11
2.	Barry Word	13.88	'84
3.	George Johnson	13.91	'82
4.	Jarrett Hagwood	14.13	'02
5.	Kevin Williams	14.14	'79
6.	Rob Archer	14.16	'84
7.	Ronde Barber	14.22	'94
8.	DreQuan Hoskey	14.23	'14
9.	Mike Abidin	14.27	'82
10.	Isi Azeke	14.31	'05

400m HURDLES

1.	Steve Delice	50.02	'10
2.	Karl Williams	50.34	'79
3.	Rob Archer	50.80	'84
4.	Bruce Berry	51.09	'85
5.	Alfred Shirley	51.30	'18
6.	Kevin Williams	51.54	'79
7.	Adams Abdulrazaaq	51.79	'08
8.	George Johnson	51.98	'81
9.	Dave Revelle	52.05	'84
10.	Bob Wilks	52.21	'84

3000m STEEPLECHASE

1.	Derek Johnson	8:32.95	'21
2.	Yasin Sado	8:33.39	'22
3.	Jan Foerster	8:34.78	'07
4.	Rob Cook	8:39.36	'94
5.	Nathan Mountain	8:39.42	'22
6.	Kyle King	8:39.72	'15
7.	Steve Finley	8:40.56	'10
8.	Adam Visokay	8:43.60	'15
9.	Mike Cotton	8:44.44	'81
10.	Will Gray	8:45.82	'16

HIGH JUMP

1.	Brenton Foster	2.27m (7'5.25")	'21
2.	Herman Moore	2.19m (7'2.25")	'88
	Greg Byers	2.19m (7'2.25")	'82
4.	Trey Causey	2.13m (6'11.75")	'19
5.	Greg Nelson	2.10m (6'10.75")	'10
	Chris Clementson	2.10m (6'10.75")	'02
	Mike Riso	2.10m (6'10.75")	'02
	Bob Lund	2.10m (6'10.75")	'91
9.	Cordell Green	2.09m (6'10.25")	'95
10.	Wes Dungan	2.08m (6'9.75")	'94

POLE VAULT

1.	David Sullivan	5.35m (17'6.75")	'05
2.	Sam Young	5.25m (17'2.75")	'21
3.	Brian Shafer	5.20m (17'0.75")	'93
4.	Jeff Jerigan	5.15m (16'10.75")	'17
5.	Joey Kelly	5.05m (16'6.75")	'21
	Tom Cooke	5.05m (16'6.75")	'95
7.	Colin Duignan	5.03m (16'6")	'22
8.	Jeff McClurg	4.95m (16'2.75")	'07
9.	David Lewis	4.89m (16'0.75")	'06
10.	David Hood	4.88m (16'0.0")	'88

LONG JUMP

1.	Jordan Scott	7.83m (25'8.25")	'19
2.	Greg Byers	7.70m (25'3.25")	'82
3.	Mike Harvey	7.67m (25'2")	'69
4.	Owayne Owens	7.48m (24'6.5")	'21
5.	Wes Dungan	7.48m (24'6.5")	'94
	Tiki Barber	7.48m (24'6.5")	'95
7.	Keith Witherspoon	7.45m (24'5.25")	'76
8.	Bruce Randolph	7.43m (24'4.5")	'84
9.	Dion Woolfolk	7.41m (24'3.75")	'96
10.	Trey Causey	7.40m (24'3.5")	'19

TRIPLE JUMP

1.	Jordan Scott	17.08m (56'0.5")	'19
2.	Owayne Owens	16.61m (54'6")	'22
3.	Marcus Robinson	16.46m (54'0")	'12
4.	Keith Witherspoon	16.27m (53'4.50")	'76
5.	Ryan Satchell	15.98m (52'5.25")	'14
6.	Chihe Chukwolozie	15.94m (52'3.75")	'90
7.	Aaron Worrell	15.72m (51'7")	'17
8.	Greg Byers	15.56m (51'0.75")	'84
9.	Cornell Grayson	15.55m (51'0.50")	'90
10.	Donald Scott	15.43m (50'7.50")	'94

SHOT PUT

1.	Filip Mihaljevic	21.30m (69'10.75")	'17
2.	Oghenakpobo Efekoro	20.39m (66'10.75")	'17
3.	Jordan Young	19.80m (64'11.5")	'15
4.	Nick Vena	19.51m (64'0.25")	'12
5.	Claudio Romero	18.47m (60'7.25")	'21
6.	Yemi Ayeni	18.23m (59'9.75")	'09
7.	Nace Plesko	18.30m (61'0.05")	'17
8.	Kevin Latham	18.04m (59'2.5")	'85
9.	Mike Murphy	17.15m (56'3.25")	'93
10.	Thom McKinney	17.06m (55'11.75")	'91

DISCUS

1.	Claudio Romero	67.02m (219'10")	'22
2.	Filip Mihaljevic	63.76m (209'2")	'17
3.	Jordan Young	62.27m (204'3")	'15
4.	Yemi Ayeni	61.11m (200'6")	'07
5.	Jacob Lemmon	58.54m (192'1")	'21
6.	Larry Wilson	57.91m (190'0")	'99
7.	Kevin Latham	56.71m (186'1")	'85
8.	Phil Vincenzes	55.98m (183'8")	'82
9.	Nace Plesko	55.19m (181'1")	'18
10.	Nick Vena	54.84m (179'11")	'12

HAMMER THROW

1.	Hilmar Jonsson	75.26m (246'11")	'19
2.	Jordan Young	70.73m (232'1")	'15
3.	Jacob Lemmon	66.14m (217'0")	'21
4.	Vincenzo Chiariello	64.29m (210'11")	'12
5.	Evangelos Fradelakis	64.22m (205'4")	'22
6.	Oghenakpobo Efekoro	60.88m (199'9")	'19
7.	Ty Kunzman	60.58m (198'9")	'21
8.	Bill Johnston	58.19m (190'11")	'01
9.	John Fay	55.78m (183'0")	'22
10.	Robert Guider	55.67m (182'8")	'10
10.	James Fuson	55.53m (182'2")	'12

JAVELIN

1.	Ethan Dabbs	82.92m (272'0")	'22
2.	Andy Fahringer	75.19m (246'8")	'12
3.	Brian Kollar	74.22m (243'6")	'01
4.	John Welch	72.19m (236'10")	'02
5.	Steve Kiessling	69.67m (228'7")	'92
6.	Kyle Smith	69.43m (227'9")	'15
7.	James Murdock	63.93m (209'9")	'02
8.	Stephen Dunphy	61.62m (202'2")	'94
9.	Tucker Rizzi	61.46m (201'8")	'18
10.	Anthony Bouselli	60.89m (199'9")	'16

DECATHLON

1.	Stephen Dunphy	7,920	'92
2.	Willy Pirtle	7,676	'82
3.	John Bryan	7,666	'81
4.	Jack Lint	7,478	'17
5.	David Lewis	7,105	'08
6.	Christian Lavorgna	7,064	'16
7.	Cam Collins	7,004	'16
8.	Bill Smith	6,863	'83
9.	Sean Sullivan	6,847	'96
10.	John Anderson	6,814	'95

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

WOMEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1.	Jada Seaman	11.44	'21
2.	Kayla Bonnick	11.51	'21
3.	Kelly Miller	11.70	'96
4.	Kiamasha Otey	11.72	'00
5.	Talia Wise	11.85	'06

200 METERS

1.	Jada Seaman	23.22	'21
2.	Kayla Bonnick	24.01	'21
3.	Peyton Chaney	24.02	'13
4.	Leslie Satchell	24.04	'95
5.	Kelly Miller	24.14	'96

400 METERS

1.	Jordan Lavender	53.44	'12
2.	Lisa Garrett	54.14	'81
3.	Andrea Wright	54.80	'14
4.	Chimere Ezumah	54.87	'14
5.	Michelle Samuels	55.15	'91

800 METERS

1.	Mia Barnett	2:06.11	'22
2.	Keara Seasholtz	2:06.12	'21
2.	Vanessa Fabrizio	2:06.76	'12
3.	Alahna Sabbakhan	2:07.25	'21
4.	Morgane Gay	2:08.29	'09
5.	Ellie Desmond	2:08.52	'21

1,500 METERS

1.	Mia Barnett	4:11.32	'22
2.	Morgane Gay	4:15.56	'09
3.	Lesley Welch	4:16.84	'82
4.	Margot Appleton	4:17.17	'22
5.	Lisa Welch	4:17.60	'82

5,000 METERS

1.	Chelsea Ley	16:12.62	'12
2.	Maria Hauger	16:14.18	'14
3.	Margot Appleton	16:17.51	'22
4.	Lesley Welch	16:21.60	'82
5.	Sarah Fakler	16:22.19	'14

10,000 METERS

1.	Jen Flack	34:14.12	'14
2.	Sarah Fakler	34:15.20	'14
3.	Maria Hauger	34:16.28	'14
4.	Beni Gras	34:34.17	'91
5.	Katherine Walker	35:31.42	'11

100-METER HURDLES

1.	Ciara Leonard	13.67	'16
	Alexis Woodley	13.67	'17
3.	Lauren Echko	13.86	'06
4.	Kim Turko	13.93	'98
5.	Alisha Tucker	14.03	'93

400-METER HURDLES

1.	Angela Lee	57.64	'96
2.	Erin Crawford	58.56	'04
3.	Karen Hatchett	59.49	'82
4.	Ayla Smith	60.02	'07
5.	Kristina Chapman	60.83	'08

3,000m STEEPLECHASE

1.	Stephanie Garcia	10:15.83	'07
2.	Sara Sargent	10:49.81	'14
3.	Kendall Cowne	10:54.54	'14
4.	Kiera Bothwell	10:55.59	'18
5.	Janine Ricci	10:55.86	'04

HIGH JUMP

1.	Ann Bair	1.86m (6' 1.25")	'80
2.	Meggie Schuelke	1.76m (5' 9.25")	'04
2.	Pearl Bickersteth	1.74m (5' 8.5")	'10
4.	Susan Brownell	1.73m (5' 8")	'80
5.	Emily Kianka	1.72m (5' 7.75")	'11

POLE VAULT

1.	Bridget Guy	4.11m (13'5.75")	'15
2.	Maya Maloney	4.08m (13' 4.5")	'21
3.	Theresa Demaria	3.93m (12' 10.75")	'17
4.	Trina Barcarola	3.83m (12' 6.75")	'21
	Gabriella Recce	3.83m (12' 6.75")	'21
5.	Riley Larsen	3.71m (12' 2")	'21

LONG JUMP

1.	Jada Seaman	6.56m (21' 6.25")	'21
2.	Kelly Miller	6.33m (20' 9.25")	'96
3.	Nicole Kimbrough	6.29m (20' 7.75")	'94
4.	Mia Barron	6.22m (20' 5")	'16
5.	Sonja Fridy	6.12m (20' 1")	'84
	Khyasia Caldwell	6.12m (20' 1")	'18

TRIPLE JUMP

1.	Dallas Rose	12.66m (41' 6.5")	'10
2.	Atalaya Jones	12.49m (40' 11.75")	'93
3.	Britni Strates	12.46m (40' 10.5")	'12
4.	Mia Barron	12.40m (40' 8.25")	'16
5.	Nadia Saunders	12.36m (40' 6.75")	'21

SHOT PUT

1.	Maria Deaviz	17.18m (56' 4.5")	'21
2.	Brittany Jones	15.69m (51'5.75")	'18
3.	Emily Vannoy	15.30m (50' 2.5")	'10
4.	Christine Bohan	14.62m (47-11.75)	'14
5.	Maureen Laffan	14.58m (47' 10")	'09
6.	Kristi Martin	13.99m (45'10.75")	'97

DISCUS

1.	Julia Solo	52.04m (170' 9")	'86
2.	Amy Bilmanis	51.77m (169' 10")	'06
3.	Thelma Krisjandottir	50.92m (167' 1")	'19
4.	Maria Deaviz	48.99m (160' 9")	'21
5.	Amy Brown	48.77m (160' 0")	'95

HAMMER THROW

1.	Eva Mustafic	61.18m (200'9")	'19
2.	Jada Marsh	55.05m (180'7")	'22
3.	Elise Mitchell	54.46m (178' 8")	'00
4.	Brittany Jones	53.80m (176'6")	'18
5.	Amy Bilmanis	47.68m (156' 5")	'06

JAVELIN

1.	Ann Crouse	50.85m (166' 10")	'95
2.	Inge Jorgensen	50.24m (164' 10")	'00
3.	Caitlin Mautz	44.62m (146' 5")	'15
4.	Meghan Briggs	44.45m (145' 10")	'07
5.	Tara Karin	43.64m (143'2")	'09

HEPTATHLON

1.	Susan Brownell	5,419	'80
2.	Ann Bair	5,340	'80
3.	Rebecca Grube	4,996	'92
4.	Alana Herran	4,771	'16
5.	Katie Kiladis	4,610	'95

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

MEN'S OUTDOOR FRESHMAN RECORDS

100 METERS

1. Gerald Howard	10.46	'93
2. Jason Dickerson	10.50	'77
3. Reuben Jones	10.65	'05
4. Edwin Brown	10.76	'81
5. Ben Julien	10.84	'96

200 METERS

1. Gerald Howard	20.90	'93
2. Conlon Bonner	21.28	'08
3. Jordan Willis	21.70	'18
4. Scott Kimball	21.78	'00
5. Alfred Shirley	21.78	'18

400 METERS

1. Alfred Shirley	45.84	'18
2. Meikle Paschal	46.61	'08
3. Ben Kurgat	46.96	'88
4. Payton Hazzard	47.29	'12
5. Jordan Willis	47.11	'18

800 METERS

1. Paul Ereng	1:44.31	'88
2. Robby Andrews	1:45.54	'10
3. Lance Roller	1:47.88	'09
4. Conor Murphy	1:48.57	'21
5. Anthony Kostelac	1:49.02	'11

1,500 METERS

1. Nathan Mountain	3:40.99	'22
2. Robby Andrews	3:41.09	'10
3. Wes Porter	3:41.98	'21
4. Matthew Novak	3:45.35	'16
5. John Hinton	3:46.10	'82

5,000 METERS

1. Wes Porter	13:51.41	'21
2. Kyle King	13:55.60	'12
3. Lachlan Cook	13:58.01	'17
4. Andy Biladeau	14:06.73	'06
5. Emil Heineking	14:11.40	'08

10,000 METERS

1. Adam Visokay	29:14.50	'14
2. Lachlan Cook	29:18.20	'17
3. Brent Demarest	29:32.72	'15
4. Chase Weaverling	29:39.30	'15
5. Zach Herriott	29:45.35	'14

110m HURDLES

1. Kevin Williams	14.14	'77
2. Adams Abdulrazaaq	14.19	'08
3. Ronde Barber	14.22	'94
4. Mike Abidin	14.27	'82
5. Jarrett Hagwood	14.34	'02

400m HURDLES

1. Alfred Shirley	51.30	'18
2. Karl Williams	51.77	'77
3. Adams Abdulrazaaq	51.79	'08
4. Alex Sherman	52.42	'22
5. Greg Nelson	52.43	'08

3,000m STEEPLECHASE

1. Nathan Mountain	8:39.42	'22
2. Yasin Sado	8:55.14	'21
3. John Hinton	8:58.21	'82
4. Colin Mearns	9:03.92	'11
5. Jim Hays	9:10.69	'82

HIGH JUMP

1. Herman Moore	2.19m (7' 2.25")	'88
2. Greg Byers	2.17m (7' 1.25")	'81
3. Trey Causey	2.13m (6' 11.75")	'19
4. Mike Riso	2.10m (6' 10.75")	'02
5. Tommy Devita	2.04m (6' 8.25")	'11

POLE VAULT

1. Sam Young	5.09m (16' 8.25")	'17
2. Brain Shafer	5.05m (16' 6.75")	'90
3. David Sullivan	4.90m (16' 0.75")	'03
4. Jake Williams	4.88m (16' 0")	'01
5. Greg Blair	4.82m (15' 9.75")	'03

LONG JUMP

1. Jordan Scott	7.54m (24' 9")	'17
2. Greg Byers	7.33m (24' 0.5")	'81
3. Stephen Dunphy	7.30m (23' 11.5")	'90
4. Heldi Valikaj	7.27m (23' 9.5")	'22
5. Marcus Robinson	7.25m (23' 9.5")	'08

TRIPLE JUMP

1. Jordan Scott	16.44m (53' 11.25")	'17
2. Keith Witherspoon	15.96m (52' 4.5")	'72
3. Greg Byers	15.29m (50' 2")	'81
4. Ryan Satchell	15.25m (50' 0.5")	'12
5. Marcus Robinson	14.91m (48' 11")	'08

SHOT PUT

1. Filip Mihaljevic	19.56m (64' 2.25")	'14
2. Oghenakpobo Efekoro	19.53m (64' 1")	'16
3. Nick Vena	19.51m (64' 0.25")	'12
4. Claudio Romero	18.47m (60' 7.25")	'21
5. Mike Theuerkauf	15.90m (52' 2")	'89

DISCUS

1. Claudio Romero	65.78m (215' 10")	'21
2. Filip Mihaljevic	60.41m (198' 2")	'14
3. Jacob Lemmon	58.54m (191' 1")	'21
4. Larry Wilson	55.45m (181' 11")	'96
5. John Fay	55.78m (183' 0")	'22

HAMMER THROW

1. Hilmar Jonsson	71.52m (234' 8")	'16
2. Jacob Lemmon	66.16m (217' 0")	'21
3. Bill Johnston	57.89m (189' 11")	'00
4. John Fay	55.78m (183' 0")	'22
4. Robert Guider	55.68m (182' 8")	'10

JAVELIN

1. Ethan Dabbs	76.04m (249' 6")	'19
2. Brian Kollar	68.53m (224' 10")	'99
3. Steve Kessling	68.25m (223' 11")	'90
4. Thomas Dickinson	60.55m (198' 8")	'22
5. Anthony Bouselli	58.96m (193' 5")	'15

DECATHLON

1. Jack Lint	7,179	'15
2. Sean Sullivan	6,847	'96
3. Stephen Dunphy	6,711	'90
4. John Brian	6,626	'78
5. Cam Collins	6,485	'15

Current Cavaliers in Bold

All-time lists are based on a student-athlete's best time/mark

MEN'S NCAA CHAMPIONSHIPS HISTORY

National Champions

Paul Ereng	800m	1988 NCAA
Paul Ereng	800m	1989 NCAA
Robby Andrews	800m	2011 NCAA
Filip Mihaljevic	Shot Put	2016 NCAA
Filip Mihaljevic	Shot Put	2017 NCAA
Filip Mihaljevic	Discus	2017 NCAA

All-Americans

1979	Karl Williams	400mH
1981	Mike Cotton	3000mSC
	Willy Pirtle	Decath
1985	Jim Hays	5000m
	John Hinton	1500m
1988	Paul Ereng	800m
1989	Paul Ereng	800m
1991	Stephen Dunphy	Decath
1992	Stephen Dunphy	Decath
1994	Rob Cook	3000mSC
2000	Brian Kollar	Jav
2001	Brian Kollar	Jav
	John Welch	Jav
2002	John Welch	Jav
2007	Yemi Ayeni	Dis
	Jan Foerster	3000mSC
2008	Yemi Ayeni	Dis
2009	Yemi Ayeni	Dis
2010	Robby Andrews	800m
	Steve Finley	3000mSC
	Lance Roller	800m
2011	Robby Andrews	800m
	Adams Abdulrazaaq (2nd)	110mH
	Andy Fahringer (2nd)	Jav
	Brett Johnson (2nd)	1500m
2012	Marcus Robinson	TJ
	Lance Roller (2nd)	800m
	Vincenzo Chiariello (HM)	Ham
	Brett Johnson (HM)	1500m
	Sean Keveren (HM)	10000m
	Patrick Todd (HM)	1500m
2013	Thomas Porter (2nd)	10000m
	Mark Amirault (HM)	5000m
2014	Filip Mihaljevic	SP
	Filip Mihaljevic	Disc
	Ryan Satchell	TJ
	Kyle King (2nd)	3000mSC
	Thomas Porter (2nd)	10000m
	Adam Visokay (HM)	10000m
2015	Filip Mihaljevic	Discus
	Jordan Young	Discus
	Jordan Young	Hammer
	Payton Hazzard (2nd)	400m
	Filip Mihaljevic (2nd)	SP
	Jordan Young (2nd)	SP
	Kyle King (HM)	3000mSC
	Ryan Satchell (HM)	TJ
	Kyle Smith (HM)	Javelin
	Henry Wynne (HM)	1500m
2016	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Henry Wynne	1500m
	Oghenakpobo Efekoro (2nd)	SP
	Jordan Young (2nd)	Discus
	William Gray (HM)	3000mSC
2017	Filip Mihaljevic	SP
	Filip Mihaljevic	Discus
	Hilmar Jonsson	Hammer

	Oghenakpobo Efekoro	SP
	Jordan Young	Discus
	Jordan Young (2nd)	Hammer
	Jordan Scott (HM)	TJ
	Jack Lint (HM)	Dec
2018	Oghenakpobo Efekoro	SP
	Hilmar Jonsson (2nd)	HT
	Alfred Shirley III (2nd)	400m
	Mike Marsella (2nd)	1500m
	Jordan Scott (2nd)	TJ
2019	Ethan Dabbs	Jav
	Brent Demarest (2nd)	10000m
	Oghenakpobo Efekoro (2nd)	SP
	Brenton Foster (2nd)	HJ
	Hilmar Orr Jonsson	Ham
	Jordan Scott	TJ
2021	Derek Johnson	SC
	Claudio Romero	DT
	Jacob Lemmon	DT
	Owayne Owens (2nd)	TJ
	Sam Young (HM)	PV

NCAA Championship Results

1934	Grover Everett	220LH	DNQ
1940	Frank Fuller	120HH	4th
1943	Tom Todd	120HH	6th
1958	Henry Davenport	PV	–
1967	Tom Harvey	LJ	4th pre 24' 2"
1968	Michael Harvey	LJ	19th 23' 5"
1972	Keith Witherspoon	TJ	5th 51' 9.5"
1975	Keith Witherspoon	TJ	8th 51' 10.25"
1976	Keith Witherspoon	TJ	10th 15.42
1977	Karl Williams	400mH	18th 52.32
1978	Karl Williams	400mH	25th 52.48
1979	Karl Williams	400mH	6th 50.51
	Virginia	4x400m	15th 3:11.51
	(Williams, Bruce, Williams, Muth)		
	Phil Vincenzes	Discus	21st 54.42m
	Greg Canty	800m	10th 1:49.87
1980	John Bryan	Dec	12th 7259
	Michael Cotton	Steeple	DNF

	Greg Canty	800m	12th 1:48.44
	Carl Scott	400mH	DQ
1981	Michael Cotton	10000m	6th 29:19.48
	William Pirtle	Dec	6th 7569
1982	Ray Brown	800m	3rd 1:48.46
1983	Raymond Brown	800m	16th 1:48.41
	John Hinton	1500m	3rd 3:41.08
	Vincent Draddy	1500m	– DQ
1984	Ray Brown	800m	7th 1:49.25
	Barry Word	110mHH	21st 13.97
	Robert Archer	400mHH	21st 52.30
1985	John Hinton	1500m	9th 3:44.02
	Jim Hays	5000m	7th 14:09.28
	Bruce Berry	400mH	24th 52.02
1988	Paul Ereng	800m	1st 1:46.76
1989	Paul Ereng	800m	1st 1:47.50
1990	Herman Moore	HJ	– NH
1991	Ben Kurgat	800m	14th 1:50.74
	Steve Dunphy	Dec	9th 7450
	Steven Kiessling	Jav	11th 67.84m
1992	Steve Dunphy	Dec	5th 7920
1993	Robert Cook	Steeple	28th 9:07.95
1994	Robert Cook	Steeple	8th 8:53.53
1995	Gerald Howard	200m	15th 21.72
	Ben Sarpong	200m	24th 21.52
1999	Ray Weeden	1500m	19th 14:00.16
2000	Brian Kollar	Jav	2nd 72.20m
2001	Brian Kollar	Jav	6th 68.69m
	John Welch	Jav	7th 68.33m
2002	John Welch	Jav	7th 71.46m

2004
Kellen Blessingame 400m 13th 46.45m

2005
McGavock Dunbar 800m 19th 1:49.50
Kellen Blessingame 400m 13th 46.50
David Sullivan PV 14th 5.00m

2006
Andy Biladeau 5000m 21st 14:20.64
Jan Foerster Steeple 23rd 9:07.97
Soeren Lindner Steeple 26th 9:26.76

2007
Andrew Dumm 10000m 19th 29:52.90
Jan Foerster Steeple 6th 8:34.78
Yemi Ayeni Discus 7th 59.67m

2008
Andrew Jesien 1500m 13th 3:45.30
Yemi Ayeni Discus 2nd 59.5m

2009
Lance Roller 800m 14th 1:48.31
Andrew Jesien 1500m 20th 3:47.25
Yemi Ayeni Discus 4th 58.25m

2010
Robby Andrews 800m 2nd 1:46.83
Ryan Collins 10k 19th 29:48.76
Steve Delice 400mH 15th 51.24
Steve Finley Steeple 11th 9:00.61
Marcus Robinson TJ 23rd 14.81m
Andy Fahringer Jav 18th 63.80m
Lance Roller 800m 6th 1:47.64

2011
Adams Abdulrazaaq 110mH 13th 13.66
Robby Andrews 800m 1st 1:44.71
Andy Fahringer Jav 11th 70.38m
Brett Johnson 1500m 8th 3:47.96

2012
Vincenzo Chiariello Hammer 19th 199'0"
Brett Johnson 1500m 17th 3:44.63
Sean Keveren 10000m 18th 30:15.40
Marcus Robinson TJ 6th 54'0"
Lance Roller 800m 10th 1:47.07
Patrick Todd 1500m 23rd 3:50.58

2013
Mark Amirault 5000m DNF DNF
Thomas Porter 10000m 16th 30:14.96

2014
Ryan Satchell TJ 7th 52'5.25"
Filip Mihaljevic SP 7th 64'2.25"
Filip Mihaljevic Discus 8th 193'1"
Kyle King 3000mSC 12th 8:43.99
Thomas Porter 10000m 16th 29:50.74
Adam Visokay 10000m 23rd 32:25.14

2015
Filip Mihaljevic Discus 3rd 62.48m
Jordan Young Discus 6th 60.13m
Jordan Young Hammer 7th 68.16m
Filip Mihaljevic SP 9th 19.51m
Jordan Young SP 10th 18.97m
Payton Hazzard 400m 12th 46.42
Kyle King 3000mSC 18th 8:54.44
Henry Wynne 1500m 22nd 3:50.91

Ryan Satchell TJ 23rd 15.37m
Kyle Smith Jav 23rd 64.33m

2016
Filip Mihaljevic SP 1st 20.71m
Henry Wynne 1500m 3rd 3:38.35
Filip Mihaljevic Discus 5th 60.28m
Oghenakpobo Efekoro SP 11th 18.82m
Jordan Young Discus 12th 57.02m
William Gray 3000mSC 19th 8:51.91

2017
Filip Mihaljevic SP 1st 21.30m
Filip Mihaljevic Discus 1st 63.76m
Jordan Young Discus 3rd 61.94m
Oghenakpobo Efekoro SP 4th 19.70m
Hilmar Jonsson Hammer 4th 72.38m
Jordan Young Hammer 9th 69.71m
Jordan Scott TJ 18th 15.50m
Jack Lint Dec DNF DNF

2018
Oghenakpobo Efekoro SP 6th 20.28m
Hilmar Jonsson HT 11th 69.94m
Alfred Shirley III 400m 15th 46.06
Mike Marsella 1500m 11th 3:52.39
Jordan Scott TJ 10th 15.96m

2019
Ethan Dabbs Jav 7th 72.23m
Brent Demarest 10000m 14th 29:54.20
Oghenakpobo Efekoro SP 12th 19.16m
Brenton Foster HJ 16th 2.18m
Hilmar Orn Jonsson HT 3rd 73.31m
Jordan Scott TJ 2nd 17.01m

2021
Claudio Romero DT 3rd 61.36m
Jacob Lemmon DT 5th 57.78m
Derek Johnson SC 7th 8:32.95
Owayne Owens TJ 15th 15.77m
Sam Young PV NH

NCAA Team Finishes

1940 T-28th (4)
1943 T-30th (1)
1972 T-43rd (2)
1979 T-46th (1)
1981 T-43rd (2)
1982 T-38th (13)
1983 46th (10)
1984 T-56th (6)
1985 T-65th (2)
1988 T-24th (10)
1989 T-26th (10)
1992 T-50th (4)
1994 T-72nd (1)
2000 T-30th (8)
2001 T-39th (5)
2002 T-59th (2)
2007 T-46th (5)
2008 T-31st (8)
2009 T-48th (5)
2010 T-23rd (11)
2011 T-25th (10)
2012 T-56th (3)

2014 T-44th (5)
2015 17th (11)
2016 7th (20)
2017 3rd (36)
2018 55th (3)
2019 T-18th (16)
2021 T-28th (12)

USTFCCCA All-Americans

2012 Mark Amirault
Kevin Anding
Chris Foley
Taylor Gilland
Sean Keveren
Thomas Porter
Marcus Robinson
2013 Mark Amirault
Taylor Gilland
Thomas Porter
2014 Thomas Porter
2015 Christian Lavorgna
Jack Lint
Thomas Madden
Filip Mihaljevic
Chase Weaverling
2016 William Gray
Christian Lavorgna
Jack Lint
2017 Jeff Jernigan
Zach Herriott
Thomas Madden
Jack Lint
Jake Dixon

Bowerman Finalists

2017 Filip Mihaljevic
2011 Robby Andrews

USTFCCCA Regional Athletes of the Year

2019 Jordan Scott
2021 Claudio Romero

VIRGINIA™

WOMEN'S NCAA CHAMPIONSHIPS HISTORY

National Champions

Aileen O'Conner	10000m	1981 AIAW
Kiamesha Otey	LJ	2003 USATF
Stephanie Garcia	Steeple	2007 USATF Juniors
Michaela Meyer	800m	2021 NCAA Outdoor

All-Americans

1979	Margaret Groos	4+m
1981	Susan Brownell	Hept
	Aileen O'Conner	10000m
1982	Susan Brownell	Hept
	Aileen O'Conner	10000m
1983	Lisa Garrett	400m
	Kim Kelly	1500m
	Martha White	5000m
	Martha White	10000m
1984	Gail Bryant	800m
1985	Gail Bryant	800m
1986	Michelle Rowen	1500m
	Beth Sheehan	Hept
1987	Sonya Fridy	200m
	Sonya Fridy	400m
	Sonya Fridy	LJ
	Michelle Rowen	1500m
	Julia Solo	Javelin
1988	Patti Matava	5000m
	Julia Solo	Javelin
1989	Dana Boone	TJ
	Julia Solo	Javelin
1990	Dana Boone	LJ
1991	Dana Boone	LJ
	Dana Boone	TJ
1992	Claire Forbes	3000m
1993	Kelly Bodiford	Dis
	Sherry Gould	HJ
1994	Lara Drauglis	1500m
	Rebecca Grube	Hept
1995	Ann Crouse	Javelin
1997	Angela Lee	400mH
1997	Kelly Miller	LJ
1998	Angela Lee	400mH
1999	Ann Crouse	Javelin
2001	Inge Jorgensen	Javelin
2003	Dawn Cleary	3000mSC
	Kiamesha Otey	LJ
2004	Inge Jorgensen	Javelin
2005	Billie-Jo Grant	Dis
	Inge Jorgensen	Javelin
2006	Erin Crawford	400mH
	Billie-Jo Grant	Dis
2007	Katie Read	10000m
2008	Billie-Jo Grant	Dis
2009	Meghan Briggs	Javelin
	Stephanie Garcia	3000mSC
	Morgane Gay	1500m
	Billie-Jo Grant	Dis
	Caitlin Kelly	2009
2011	Stephanie Garcia	3000mSC
	Morgane Gay	1500m
	Lyndsay Harper (2nd)	800m
	Ayla Smith (2nd)	400mH
	Erin Wykoff (2nd)	Dis
2012	Morgane Gay (2nd)	1500m
	Maureen Laffan (2nd)	Ham
	Catherine White (2nd)	10000m

	Chelsea Ley (HM)	5000m
	Kathleen Stevens (HM)	5000m
2013	Abbey Karin (HM)	Javelin
	Barbara Strehler (HM)	5000m
2014	Dallas Rose	TJ
	Jen Flack (HM)	10000m
2015	Christine Bohan (HM)	SP
	Jordan Lavender (HM)	400m
2016	Cleo Boyd (HM)	10000m
2017	Christine Bohan (2nd)	SP
2018	Bridget Guy	PV
	Andrenette Knight (2nd)	400mH
	Kelly McKee (2nd)	TJ
2019	Bridget Guy	PV
	Andrenette Knight (2nd)	400mH
	Kelly McKee	TJ
2021	Michaela Meyer	800m
	Michaela Meyer (HM)	4x400
	Andrenette Knight	400mH
	Andrenette Knight (HM)	4x400
	Jada Seaman (2nd)	LJ, 4x100
	Jada Seaman (HM)	4x400
	Anna Jefferson (2nd)	4x100
	Anna Jefferson (HM)	4x400
	Kayla Bonnick (2nd)	4x100
	Halle Hazzard (2nd)	4x100
	Maria Deaviz (HM)	SP
	Khyasia Caldwell (HM)	LJ

(prior to 1982 were AIAW honors)

NCAA Championships Results

1983	Virginia	4x400m	9th	3:39.17
	(Bryant, Hatchett, Hatchett, Garrett)			
	Lisa Garrett	400m	17th	53.85
	Jeanette Kelly	800m	8th	2:07.56
	Jill Haworth	1500m	4th	4:16.89
	Martha White	5000m	7th	16:21.62
	Mary Jean Wright	5000m	25th	17:00.85
	Martha White	10000m	8th	34:02.15
	Mary Jean Wright	10000m	22nd	35:31.1
	Ann Bair	HJ	5th	1.81m
1984	Jeanette Kelly	800m	15th	2:08.09
	Virginia	Mile Relay	DQ	DQ
1985	Gail Bryant	800m	8th	2:05.64
	Kim Kelly	800m	19th	2:08.19
	Beth Sheehan	Hep	11th	5254
	Virginia	4x400m	17th	3:40.18
	(Fridy, Crockett, Hatchett, Bryant)			
1986	Virginia	4x400m	DNF	DNF
	(Buber, Crockett, Fitzpatrick, Fridy)			
	Sonja Fridy	LJ	15th	6.06
	Elizabeth Sheehan	Hep	11th	5407
	Julia Solo	Jav	14th	47.76m
	Patricia Matara	10000m	11th	33:32.44
1987	Sonja Fridy	200m	10th	23.39
	Sonja Fridy	400m	4th	52.27
	Michelle Rowan	1500m	9th	4:17.13

Julia Solo	Jav	7th	51.10m
Kris Herdt	5000m	10th	15:00.3

1988

Kris Herdt	5000m	13th	14:41.9
Patricia Matara	5000m	7th	16:09.02
Julia Solo	Jav	8th	166' 4"

1989

Dana Boone	LJ	16th	6.11m
Dana Boone	TJ	9th	12.50m
Julia Solo	Jav	2nd	55.56m

1990

Claire Forbes	1500m	9th	4:18.52
Dana Boone	LJ	2nd	6.29m
Dana Boone	TJ	23rd	12.08m

1991

Claire Forbes	1500m	15th	4:28.15
Dana Boone	LJ	5th	6.29m
Dana Boone	TJ	8th	12.67m
Kelly Bodiford	SP	14th	13.79m
Karen DiDonato	HJ	20th	1.80m

1992

Claire Forbes	3000m	4th	9:29.73
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1993

Sherry Gauld	HJ	5th	1.86m
Kelly Bodiford	Discus	9th	50.00m

1994

Lara Drauglis	1500m	8th	4:23.84
Sharon Servidio	10000m	13th	35:37.54
Rebecca Grube	Hep	8th	5333

1995

Nicole Kimbrough	LJ	19th	5.84m
Ann Crouse	Jav	10th	48.54m

1996

Sharon Servidio	10000m	16th	35:18.92
Angela Lee	400mH	16th	59.37
Kelly Miller	LJ	19th	5.80m
Ann Crouse	Jav	13th	45.72m

1997

Angela Lee	400mH	6th	57.8
Kelly Miller	LJ	9th	6.11m
Ann Crouse	Jav	13th	48.56m

1998

Nicole Kimbrough	LJ	13th	6.02m
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1999

Angela Lee	400mH	17th	1:00.37
Arin Crouse	Jav	10th	49.47m

2000

Inge Jorgensen	Jav	19th	42.58m
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2001

Inge Jorgensen	Jav	4th	51.21m
Kiamesha Otey	100m	20th	11.87
Dana Koons	10000m	16th	36:30.67

2002				
Kiamesha Otey	LJ	20th	5.93m	
Melanie Matthews	Steeple	16th	10:32.18	
Dawn Cleary	Steeple	13th	10:22.70	

2003				
Dawn Cleary	Steeple	6th	10:00.09	
Kiamesha Otey	LJ	11th	6.14m	
Eliese Mitchell	SP	16th	15.50m	
Kiamesha Otey	200m	23rd	24.36	
Jane Maxwell	10000m	11th	33:55.98	
Sarah Folse	10000m	DNF	DNF	

2004				
Inge Jorgensen	Jav	8th	49.23m	

2005				
Anne Bobiak	Jav	22nd	44.00m	
Inge Jorgensen	Jav	3rd	165' 2"	
Billie-Jo Grant	Discus	9th	51.41m	
Tomika Ferguson	TJ	28th	12.16m	
Erin Crawford	400mH	16th	59.20	

2006				
Erin Crawford	400mH	6th	56.87	
Billie-Jo Grant	Discus	6th	52.28m	
Billie-Jo Grant	SP	20th	49' 11"	

2007				
Katie Read	10000m	10th	33:54.92	
Emily Harrison	10000m	13th	34:05.24	
Kara Scanlin	10000m	20th	35:01.62	
Erin Crawford	400mH	16th	59.50	
Stephanie Garcia	Steeple	24th	10:22.16	
Tomika Ferguson	TJ	14th	13.04m	

2008				
Stephanie Garcia	Steeple	16th	10:27.14	
Emily Harrison	10000m	14th	35:15.47	
Kara Scanlin	10000m	DNF	DNF	
Billie-Jo Grant	Discus	8th	50.26m	
Meghan Briggs	Jav	25th	44.64	

2009				
Billie-Jo Frant	Discus	6th	50.48m	
Caitlin Kelly	Discus	4th	51.47m	
Morgane Gay	1500m	10th	4:19.59	
Stephanie Garcia	Steeple	9th	10:14.35	
Meghan Briggs	Jav	9th	50.05m	

2010				
Meghan Briggs	Jav	14th	47.42m	
Tara Karin	Jav	18th	46.09m	

2011				
Stephanie Garcia	Steeple	2nd	9:47.29	
Morgane Gay	1500m	7th	4:17.40	
Lyndsay Harper	800m	13th	2:05.91	
Ayla Smith	400mH	10th	56.54	
Erin Wykoff	Disc	12th	51.09m	

2012				
Morgane Gay	1500m	11th	4:19.44	
Maureen Laffan	Hammer	14th	196' 6"	
Chelsea Ley	5000m	DNF	DNF	
Kathleen Stevens	5000m	21st	17:24.29	
Catherine White	10000m	10th	33:21.55	

2013				
Abbey Karin	Javelin	19th	44.14m	
Barbara Strehler	5000m	22nd	16:39.68	

2014				
Dallas Rose	TJ	7th	43' 3"	
Jen Flack	10000m	23rd	35:22.42	

2015				
Christine Bohan	SP	23rd	14.23m	
Jordan Lavender	400m	23rd	54.35	

2016				
Cleo Boyd	10000m	9th	33:11.22	

2017				
Christine Bohan	SP	11th	16.59m	

2018				
Bridget Guy	PV	T-4th	4.30m	
Kelly McKee	TJ	9th	13.23m	
Andrenette Knight	400mH	10th	57.89	

2019				
Bridget Guy	PV	5th	4.45m	
Andrenette Knight	400mH	12th	57.66	
Kelly McKee	TJ	5th	13.51m	

2021				
Michaela Meyer	800m	1st	2:00.28	
Andrenette Knight	400mH	3rd	55:81	
Jada Seaman	LJ	9th	6.36m	
Khyasia Caldwell	LJ	23rd	5.88m	
Maria Deaviz	SP	19th	16.36m	
Virginia	4x100m	16th	44.21	(Jefferson, Seaman, Bonnick, Hazzard)
Virginia	4x400m	17th	3:37.153	(Jefferson, Seaman, Meyer, Knight)

NCAA Championship Finishes

1982	T-11th (40)
1983	T-10th (37)
1985	T-49th (1)
1986	T-55th (1)
1987	T-30th (7)
1988	T-42nd (3)
1989	T-29th (8)
1990	T-25th (8)
1991	T-39th (5)
1992	T-34th (5)
1993	T-36th (4)
1994	T-55th (2)
1997	T-52nd (3)
2001	T-40th (5)
2003	T-55th (3)
2004	T-76th (1)
2005	T-44th (6)
2006	T-34th (7)
2008	T-62nd (1)
2009	T-36th (8)
2011	T-29th (10)
2014	T-54th (2)
2018	T-43rd (4.5)
2019	T-30th (9)
2020	– Season cancelled due to pandemic
2021	T-16th (16)

USTFCCA All-Americans

2012	Anna Corrigan
	Abbey Karin
	Kathleen Stevens
	Catherine White
2013	Anna Finger
	Vicky Fouhy
	Jordan Lavender
	Abbey Karin
	Kathleen Stevens
	Barbara Strehler
	Catherine White
2014	Cleo Boyd
	Sarah Fakler
	Jen Flack
	Vicky Fouhy
	Abbey Karin
	Edy Ndem
	Kathleen Stevens
	Barbara Strehler
2015	Sarah DeVita
	Sarah Fakler
2016	Iona Lake
	Aisha Naibe-Wey
	Caroline Clark
	Megan Rebholz
	Emily Mulhern
	Cleo Boyd
2017	Caitlin Mautz
	Ciara Leonard