

# 2023 ACC Indoor Track & Field Schedule of Events

## Thursday, February 23

Running Events		Field Events		Combined Events	
4:05 p.m.	Women's 5000m Unseeded Final	3:15 p.m.	Women's Weight Throw	11:00 a.m.	Heptathlon (60m, LJ, SP, HJ)
4:30 p.m.	Men's 5000m Unseeded Final	4:00 p.m.	Women's Pole Vault	11:20 a.m.	Pentathlon (60HH, HJ, SP, LJ, 800m)
5:00 p.m.	Women's 200m Prelim	5:45 p.m.	Men's High Jump		
5:30 p.m.	Men's 200m Prelim	6:00 p.m.	Men's Weight Throw		
6:00 p.m.	Women's 5000m Seeded Final				
6:30 p.m.	Men's 5000m Seeded Final				
7:00 p.m.	Women's DMR (FINAL)				
7:30 p.m.	Men's DMR (FINAL)				

## Friday, February 24

Running Events		Field Events		Combined Events	
3:15 p.m.	Women's Mile Prelim	1:00 p.m.	Women's High Jump	11:00 a.m.	Men's Heptathlon 60 HH
3:45 p.m.	Men's Mile Prelim	2:15 p.m.	Women's Long Jump	12:15 p.m.	Men's Heptathlon Pole Vault
4:35 p.m.	Women's 60m Hurdles – Prelim	5:45 p.m.	Men's Long Jump	4:00 p.m.	Men's Heptathlon 1000m
5:10 p.m.	Men's 60m Hurdles – Prelim				
5:35 p.m.	Women's 400m Prelim				
5:55 p.m.	Men's 400m Prelim				
6:40 p.m.	Women's 60m Prelim				
6:55 p.m.	Men's 60m Prelim				
7:15 p.m.	Women's 800m Prelim				
7:30 p.m.	Men's 800m Prelim				

## Saturday, February 25

Running Events		Field Events			
12:00 p.m.	Women's Mile (FINAL)	11:00 a.m.	Women's Triple Jump		
12:10 p.m.	Men's Mile (FINAL)	11:15 a.m.	Men's Shot Put		
12:30 p.m.	Women's 60 HH (FINAL)	12:00 p.m.	Men's Pole Vault		
12:50 p.m.	Men's 60 HH (FINAL)	1:30 p.m.	Women's Shot Put		
1:00 p.m.	Women's 400m Dash (FINAL)	1:45 p.m.	Men's Triple Jump		
1:10 p.m.	Men's 400m Dash (FINAL)				
1:20 p.m.	Women's 60m Dash (FINAL)				
1:30 p.m.	Men's 60m Dash (FINAL)				
1:40 p.m.	Women's 800m Run (FINAL)				
1:50 p.m.	Men's 800m Run (FINAL)				
2:00 p.m.	Women's 200m Dash (FINAL)				
2:10 p.m.	Men's 200m Dash (FINAL)				
2:20 p.m.	Women's 3000m Run (FINAL)				
2:55 p.m.	Men's 3000m Run (FINAL)				
3:25 p.m.	Women's 4x400m Relay (FINAL)				
3:50 p.m.	Men's 4x400m Relay (FINAL)				
TBD	Awards Ceremony				

