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## 2023-24 Schedule/Results

	DED
	DEN

0 Champs/8 Place 4 at Southeast Open 11 at Mountaineer Inviational/Open 6 Champs/8 Place at Armbar At The Armory 17 Albany, N.Y. vs. LIU W, 41-3 vs. Buffalo W, 37-6

#### **DECEMBER**

at North Dakota State W. 21-18 at Midlands Championships 29-30 0 Champs/2 Place

#### **JANUARY**

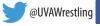
6	at ARMS Duals	Richmond, Va.
	vs. Gardner-Webb	W, 22-19
	vs. George Mason	L, 17-18
13-14	at Virginia Duals	Hampton, Va.
	vs. Kent State	W, 27-12
	vs. Wisconsin	L, 13-27
26	at Duke*	W, 45-0
28	at American	W, 36-6

#### CEDDIIADV

LDITOULL		
2	#13 VIRGINIA TECH*	L, 9-27
9	at #8 NC State*	L, 3-38
16	NORTH CAROLINA*	L, 16-18
23	at #23 Pittsburgh*	L, 7-35

#### MARCH

10	at ACC Championships (Chapel Hill, N.C.)	11 a.m.
21-23	at NCAA Championships (Kansas City, Mo.)	All Day



Facebook.com/UVAWrestling



Instagram.com/UVAWrestling



7-6, 1-4 ACC

March 10, 2023

Virginia at ACC Championships Championship History: UVA has five ACC Championships Last Season: UVA finished 5th in event at Reynolds Arena Of Note: Hoos have two titles under Garland (2010, 2015)



## **OUICK SHOTS**

- The Hoos are in new territory at the 2024 ACC Championships with only one wrestler in the lineup looking to make a return trip to the NCAA Championships.
- Justin McCoy is looking for his fifth consecutive bid after he became the program's 14th four-time qualifier a year ago after winning the ACC Championship at 165 pounds.
- The remaining nine Virginia wrestlers all seek their first bid as eight make their first appearance at an ACC Championship. Marlon Yarbrough is the only other wrestler to have competed at ACCs.
- Virginia has been no stranger to wrestling on the road this year with only two home competitions on the schedule. UVA went 7-2 to start the year with the first nine duals on the road or at neutral sites.
- The Hoos have three competing wrestlers ranked in the InterMat rankings as Marlon Yarbrough checks in at No. 27 at 133. Justin McCoy (No. 16 at 174 pounds) and Ryan Catka (No. 33 at 285) are also ranked.
- Dylan Cedeno is ranked No 27 at 157 but has been battling injury since the Hoos dual against Virginia Tech and will not see action at the ACC Championships. He was replaced in the lineup by Nick Sanko.
- Sanko started the season at 165 but has filled in at 157 since Cedeno's injury at Midlands.
- Justin McCoy is 16-4 on the season with all four defeats coming at the hands of nationally-ranked opponents. He went 10-3 in dual action with a 2-1 overtime loss to No. 18 Max Maylor and a 2-0 loss to No. 2 Mekhi Lewis and a 4-2 loss to No. 18 Luca Augustine.

#### AUTOMATIC BERTHS ON THE LINE FOR NCAAS

- The championships serve as the automatic qualifier to the NCAA Championships.
- •The ACC has been allotted 28 automatic qualifiers; the breakdown by weight class is: 125: 2, 133: 3, 141: 3, 149: 2, 157: 2, 165: 2, 174: 4, 184: 4, 197: 4, 285: 2.
- To earn the automatic qualifying slot, each wrestler must finish a certain place or higher at the conference championships (e.g., place in top two at 125 pounds).

#### VIRGINIA IN THE ACC CHAMPIONSHIPS

- UVA has won five ACC Championships 1974, 1975, 1977, 2010 and 2015.
- Virginia finished second at the 2012 and 2013 ACC Championships.
- The five ACC Championships is third most of all current ACC members behind UNC and NC State.
- Virginia has finished as runner-up 22 times, giving UVA 27 finishes in the top two all-time.

	VIRGINIA'S LINEUP AT ACC CHAMPIONSHIPS					
Wt.	Name	Rank*	Class	Overall/Duals/ACC	Of Note:	
125	Kyle Montaperto	-/-	So.	9-8/5-6/1-2	Sophomore has battled injury thoughtout the year and seeing first action since NC State dual on February 9	
133	Marlon Yarbrough	27/22	Jr.	13-6/7-2/4-1	Yarbrough has exploded on the national scene this season with three wins over ranked foes and top 10 RPI	
141	Jack Gioffre	-/-	So.	14-5/6-2/2-1	Began the year nationally ranked and has battled injury, seeing first action since NC State dual on February 9	
149	Michael Gioffre	-/-	So.	9-8/4-3/1-2	Opened the year in the national rankings and missed two ACC duals with injury; has four wins by technical fall	
157	Nick Sanko	-/-	So.	17-9/4-5/1-3	Has filled in admirably at 157 for injured Dylan Cedeno down the stretch wrestling in four ACC duals for the Hoos	
165	Nick Hamilton	-/-	So.	9-7/3-4/2-3	Hamilton has eight bonus point victories in his nine wins this season after battling injury this season	
174	Justin McCoy	16/17	Gr.	16-4/10-3/3-2	McCoy seeks his fifth straight NCAA Championship bid and hopes to repeat his '23 ACC Championships performance	
184	Ethan Weatherspoo	n -/-	Gr.	4-4/1-2/0-2	Moved into the lineup late for the Hoos and has seen limited action with only eight matches under his belt this year	
197	Krystian Kinsey	-/-	Gr.	11-6/3-4/1-4	Posted an 11 match win streak through the middle of the season and seeks his first NCAA Tournament berth	
285	Ryan Catka	33/32	Jr.	13-4/11-2/3-2	Steady force for the Hoos went 11-2 in dual action with only one appearance in a tournament at the Midlands	
*InterMat/Flo	)					





#### **REDSHIRTS PLAYING BIG ROLE FOR CAVALIERS IN 2023-24**

- Virginia welcomed a group of newcomers to Grounds for the 2022-23 season that includes the No. 8 signing class in the nation according to FloWrestling and the group redshirted last season
- Among those freshmen were six wrestlers ranked in the top 100 nationally and included nine wrestlers who won state titles in their senior campaigns and two state runners-up.
- Six of those redshirts have found themselves as staples in the lineup this season with Kyle Montaperto (125), Jack Gioffre (141), Michael Gioffre (149), Nick Sanko (157), Nick Hamilton (165) and Griffin Gammell (184)
- Three of those have been nationally ranked this season with both Gioffre brothers and Hamilton in the rankings.

HOOS IN THE NCAA RANKINGS					
	CPR	RPI			
Marlon Yarbrough	31	10			
Jack Gioffre		24			
Dylan Cedeno	31				
Justin McCoy	15	16			
Ryan Catka	32	32			

#### MCCOY, YARBROUGH PLACE AT MIDLANDS TO LEAD HOOS

- Two Hoos led the Cavaliers in competition at the Midlands Championships with Justin McCoy and Marlon Yarbrough both ascending the podium at the prestigious event.
- McCoy went 4-1 at the event, storming into the semifinals before injury forced him to withdraw from that semifinal bout against No. 13 Phil Conigliaro of Harvarge and medically forfeit the rest of the tournament.
- Yarbrough went 3-3 at the event, taking eighth place after he was injured in prior to the seventh-place bout and was forced to medically forfeit out of the remainder of his matches.
- Three Hoos advanced to the second day of competition as Nick Sanko (157) fell to No. 16 Chase Saldate of Michigan State and went 4-2 at the event.

#### **ALL-AMERICA COACHING STAFF**

- UVA's coaching staff consists of four former All-Americans, including a trio of NCAA finalists and an NCAA Champion.
- Head coach Steve Garland was the national runner-up at 125 pounds in 2000.
- Assistant coach Travis Paulson was a three-time All-American at Iowa State.
- Assistant coach Trent Paulson was a three-time All-American at Iowa State and 2007 NCAA Champion. Trent was also a World Team member in 2009.
- Assistant Ian Parker was a 2020 All-American who also earned four NCAA Championship berths, was a 2020 Big 12 Champion and an additional four-time placewinner that included a 2021 Big 12 Runner Up finish.

## VIRGINIA HEAD COACH STEVE GARLAND AT A GLANCE ...

- Head coach Steve Garland is in his 18th year at the helm of his alma mater.
- He is the winningest coach all-time in the Virginia wrestling program, passing George Edwards with a win over Southern Virginia (11/2/20)
- His UVA wrestlers have won 12 All-America honors and 20 individual ACC titles.
- Garland guided UVA to six straight top-30 finishes at the NCAA Championships (2000-15) marking the first time UVA recorded six straight NCAA top-30 finishes in program history.
- The 2010 ACC Coach of the Year, Garland led Virginia to an ACC championship and a 15th-place finish at NCAAs in 2010 (UVa's best NCAA finish since 1957) and matched that 15th-place finish in 2017.
- He is an alum of the program and was the NCAA runner-up at 125 pounds in 2000 and the 1997 ACC champ at 126 pounds.

#### **GARLAND YEAR-BY-YEAR**

Year	<b>Dual Record</b>	<b>ACC Duals</b>	ACC Finish/Pts	NCAA Finish/Pts	All-Americans
2006-07	7-10	2-3	4th/45.5	47th/4	0
2007-08	18-5	3-2	2nd/84.5	40th/7	0
2008-09	11-11	2-3	2nd/68	34th/18	1
2009-10	16-6	3-2	1st/85.5	15th/34	1
2010-11	19-7	3-2	3rd/69	T23rd/24	2
2011-12	11-1	4-1	2nd/73.5	T28th/17.5	0
2012-13	16-4	4-1	2nd/90.5	21st/23.5	2
2013-14	18-3	5-1	3rd/61.5	T23rd/18.5	1
2014-15	10-7	2-3	1st/85.5	19th/26.5	1
2015-16	6-7	1-4	4th/44.0	T48th/3.5	0
2016-17	10-6	2-3	4th/52.5	15th/29.5	2
2017-18	4-10	0-5	5th/34.0	T31st/10.5	0
2018-19	12-10	1-4	6th/27.5	23rd/20.5	1
2019-20	8-6	1-4	4th/60.5	No NCAA Championsh	ips
2020-21	3-3	2-3	4th/55.0	T11th/11.5	1
2021-22	4-6	1-4	5th/39.5	T30th/10.5	0
2022-23	8-6	1-4	5th/35.0	T48th/2.5	0
2023-24	7-6	1-4			
Totals	188-114	38-53	_	_	12

## VIRGINIA QUICK FACTS

## QUICK FACTS THE UNIVERSITY OF VIRGINIA

Name	The University of Virginia
Founded	by Thomas Jefferson in 1819
Nicknames	Cavaliers, Wahoos, 'Hoos
Location	Charlottesville, Va.
Enrollment	24,639
President	Jim Ryan
Athletics Director	Carla Williams
Conference	Atlantic Coast
Colors	Orange and Blue

#### COACHING STAFF

Head CoachSteve Garland	
Alma Mater	Virginia, 2000
Years at School	14th
Dual Record at UVa/Career	181-108, 37-49 ACC
E-mail	sjg4k@virginia.edu
Assistant Coach	Travis Paulson
Years at School	Third
E-mail	tp6ek@virginia.edu
Assistant Coach	Trent Paulson
Years at School	Third
E-mail	tp9gt@virginia.edu
Volunteer Assistant Coach	Trevor Paulson
Years at School	Second

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Official UVa Athletics Website	VirginiaSports.com



# 125 • KYLE MONTAPERTO So. • Charlotte, N.C./Central Academy

#### 2023-24

- Battled injury throughout the season
- Third-place finish at the Southeast Open to start the season
- Runner up at Mountaineer Invitational in week two of the year
- Has five bonus-point victories with four tech falls and a pin

#### 2022-23

- Posted a 7-6 record as part of a redshirt season
- Tallied three bonus-point victories with a tech fall and two major decisions
- Swa action in three dual matches Campbell (12/4), George Mason (1/7) and Ohio (1/13)
- Champion at the Southeast Open at 125 pounds with a 4-0 record
- Sixth-place finish at Mountaineer Invitational with a 3-3 record
- Named to the ACC Wrestling All-Academic Team

#### OFF THE MAT

Major: Kinesology

#### MONTAPERTO BY THE NUMBERS

	DI THE HOMBERS					
Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2022-23*	125	7-6	0-3	0/0	1/0	2/0
2023-24	125	9-8	5-6	1/1	4/0	0/2
Totals	125/125	16-14	5-9	1/1	5/0	2/2

<sup>\*</sup> Denotes redshirt season





## 133 • MARLON YARBROUGH II So. • Copley, Ohio/Copley

#### 2023-24

- Champion at the Mountaineer Invitational in week two
- Rattled off a seven-match win streak before an 8-7 loss to Dylan Ragusin of Michigan at the Midlands Championships
- Injured and forced to medically forfeit out of the Midlands on day two
- Biggest win came with a major decision over No. 11 Sam Latona in dual with No. 13 Virginia Tech
- Also defeated No. 23 Vincent Santaniello of Pitt in dual with the No. 23 Panthers
- Has four pins, four major decisions and a tech fall for nine bonus-point victories



- Posted a 7-10 record on the season• Wrestled in three tournaments and four duals
- Third-place finish at the Southeast Open (11/5) with a 3-1 record
- Also wrestled at Mountaineer Invitational and Midlands Championships
- Defeated Drake Doolittle in dual action against Duke (2/10)
- Went 1-2 at the ACC Championships (3/5) with an opening win over Jace Palmer (UNC)

#### 2021-22

- Posted a 3-4 record competing unattached
- Wrestled at the Southeast Open (11/7) and Appalachian Open (1/29)
- Fourth-place finish at the Southeast Open with a 2-2 record on the day

#### **OFF THE MAT**

• Major: Youth and Social Innovation

#### YARBROUGH BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2021-22*	133	3-4	0-0	0/2	0/0	1/0
2022-23	133	7-10	1-3	1/3	1/1	3/3
2023-24	133	13-6	7-2	4/2	1/0	4/0
Totals	133	20-16	8-5	5/5	2/1	7/3

<sup>\*</sup> Denotes redshirt season does not count in career stats



INIVII	ובסוז ועווחוני ווחווחו בווים אותוועו ווחס	u. 15-0 ·	Duais. 1-2 - ACC Duai	3. T I
Wt.	Opponent (School)	Result	Score/Time	Overall/Dual
11/4	– at Southeast Open			
133	Antonio Saldate (Life)	W	Fall, 2:23	1-0/0-0
133	Gabe Wisenhunt (Oregon State)	L	Medical Forfeit	1-1/0-0
133	Joe Haynes (Virginia)	-	Medical Forfeit	1-1/0-0
11/1	1 - at Mountaineer Invitational - CHA	MPION		
133	Tyson Lane (Gardner Webb)	W	Fall, 2:50	2-1/0-0
133	No. 19 Ethan Oakley (App. State)	W	Dec., 18-12	3-1/0-0
11/1	7 – at Armbar At The Armory (vs. LIU,	vs. Buffa	lo)	
133	Chris Betancourt (LIU)	W	Fall, 6:32	4-1/1-0
133	Cole French (Buffalo)	W	MD, 9-0	5-1/2-0
12/2	– at North Dakota State			
133	Fernando Barreto (NDSU)	W	Fall, 1:46	6-1/3-0
12/2	9-30 — at Midlands Championship			
133	Jameson Garcia (Harvard)	W	MD, 13-4	7-1/3-0
133	Marcel Lopez (SIUE)	W	Dec., 6-3	8-1/3-0
133	Dylan Ragusin (Michigan)	L	Dec., 8-7	8-2/3-0
133	Jake Manley (Cleveland State)	W	Injury Default	9-2/3-0
133	No. 30 Mason Leiphart (F&M)	L	TF, 21-2	9-3/3-0
133	Julian Chlebove (Arizona State)	L	by Medical Forfeit	9-4/3-0
1/6 -	– at ARMS Duals (vs. Gardner-Webb, vs	. George	Mason)	
133	Takeo Davis (Gardner-Webb)	L	Fall, 1:19	9-5/3-1
1/26	– at Duke			
133	Raymond Adams (Duke)	W	TF, 20-5 (7:00)	10-5/4-1
2/2-	- #13 VIRGINIA TECH			
133	No. 11 Sam Latona (VT)	W	MD, 15-7	11-5/5-1
2/9 -	at No. 8 NC State			
133	No. 5 Kai Orine (NCSU)	L	Fall, 3:48	11-6/5-2
2/16	5 - NORTH CAROLINA			
	Derek Guanajuanto (UNC)	W	MD, 16-4	12-6/6-2
2/23	- at #23 Pittsburgh			
133	No. 23 Vincent Santaniello (Pitt)	W	Dec., 7-6	13-6/7-2



# 141 • JACK GIOFFRE So. • Clovis, Calif./Buchanan

#### 2023-24

- Has battled injury and missed time throughout the season
- Opened the season with a third-place finish at Southeast Open
- Champion at the Mountaineer Invitational with a 3-0 record
- Won 11 of his first 12 matches with the only loss in that stretch to No. 22 Jordan Titus of West Virginia
- Rattled off nine straight wins in that stretch to open the year
- Has four tech falls, four major decisions and a pin for nine bonus-point victories on the season
- Has not seen action since the dual with NC State (2/9)



- Posted a 4-2 record on the season as a redshirt
- Had one pin on the year
- · Wrestled in an open tournament and one dual
- First action came with a win over Joel VanderVere against No. 15 Northwestern (11/20)
- Went 3-2 at the Southern Scuffle (1/1 1/2) including a pin of Jaden Gomez from Little Rock

#### OFF THE MAT

• Enrolled in the College of Arts and Sciences

#### J. GIOFFRE BY THE NUMBERS

Year	<b>Weight Class</b>	Overall W-L	Dual W-L	Falls	TF	MD
2022-23*	141	4-2	1-0	1/0	0/0	0/0
2023-24	141	14-5	6-2	2/2	4/0	4/1
Totals	141	18-7	7-2	3/2	4/0	4/1

\*Redshirt season



JACK GIOFFRE • Sophomore • 141 • Record: 14-5 • Duals: 6-2 • ACC Duals: 2-1

	diorritz soprioritore irri necorar		aisi o E Mee Buuisi I	
	Opponent (School)	Result	Score/Time	Overall/Dual
	– at Southeast Open - Third Place			
141	Sam Hillegas (West Virginia)	W	MD, 14-6	1-0/0-0
141	Bret Minor (Life)	W	MD, 14-1	2-0/0-0
141	No. 22 Jordan Titus (West Virginia)	L	Dec., 11-4	2-1/0-0
141	Chris Rivera (Campbell)	W	Dec., 5-2	3-1/0-0
11/1	1 – at Mountaineer Invitational - CHA	MPION		
141	Tyler Lamon (Gardner-Webb)	W	Fall, 2:44	4-1/0-0
141	Kaden Keiser (App. State)	W	MD, 11-1	5-1/0-0
141	Todd Carter (Gardner-Webb)	W	MD, 14-4	6-1/0-0
11/1	7 – at Armbar At The Armory (vs. LIU,	vs. Buffa	lo)	
141	Devin Matthews (LIU)	W	TF, 18-2 (6:44)	7-1/-0
141	Andy Lucinski (Buffalo)	W	TF, 20-5 (6:33)	8-1/2-0
12/2	– at North Dakota State			
141	No. 30 Gavin Drexler (NDSU)	W	Dec., 7-5	9-1/3-0
12/2	9-30 — at Midlands Championship			
141	Eric Almarinez (SIUE)	W	Dec., 4-0	10-1/3-0
141	Michael Jaffe (Harvard)	W	Dec., 7-4	11-1/3-0
141	Jimmy Nugent (Central Michigan)	L	Fall, 3:40	11-2/3-0
141	Tyler Vazquez (Princeton)	L	Fall, 0:29	11-3/3-0
1/6 -	– at ARMS Duals (vs. Gardner-Webb, vs	. George	Mason)	
141	Todd Carter (Gardner-Webb)	L	Dec., 11-5	11-4/3-1
1/26	– at Duke			
141	Christian Colman (Duke)	W	Fall, 2:48	12-4/4-1
1/28	– at American			
141	Cael McIntyre (AU)	W	TF, 20-5 (7:00)	13-4/5-1
2/2-	#13 VIRGINIA TECH			
141	Hunter Mason (VT)	W	TF, 18-3 (7:00)	14-4/6-1
2/9 -	at No. 8 NC State			
141	No. 4 Ryan Jack (NCSU)	L	MD, 13-2	14-5/6-2
	•			



# 149 • MICHAEL GIFOFRE So. • Clovis, Calif./Buchanan

#### 2023-24

- Started the season ranked in the InterMat rankings
- Has battled injury throughout the season, missing time at two points in the season
- Runner up finish at the Mountaineer Invitational in week two
- Dropped a tight 5-4 contest with No. 25 Cody Bond in that championship match at Mountaineer Invitational

#### 2022-23

- Posted a 12-5 record on the season as a redshirt
- Posted four bonus-point victories two pins and two tech falls
- Wrestled in three open tournaments and four dual meets
- Champion at the Southeast Open (1/5) with a 5-0 record
- Fifth-place finish at the Southern Scuffle (1/1 1/2)
- Upset top-seed and No. 16 Jaden Abas of Stanford in first round at Southern Scuffle
- Dual wins came in action against Ohio, Navy and Kent State at Virginia Duals (1/13 1/14)
- Named to ACC Academic Honor Roll

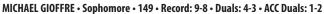
#### OFF THE MAT

• Enrolled in the College of Arts and Sciences

#### M. GIOFFRE BY THE NUMBERS (at UVA)

Year	<b>Weight Class</b>	Overall W-L	Dual W-L	Falls	TF	MD
2022-23	149	12-5	3-1	2/0	2/0	0/0
2023-24	149	9-8	4-3	0/0	4/0	0/2
Totals	149	21-13	7-4	2/0	6/0	0/2

<sup>\*</sup>Redshirt season does not count in career stats



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Wt.	Opponent (School)	Result	Score/Time	Overall/Dual
11/4	– at Southeast Open			
149	Matthew Williams (Chattanooga)	W	TF, 21-5 (4:52)	1-0/0-0
149	No. 31 Derek Raike (Ohio)	L	MD, 17-7	1-1/0-0
149	Erik Roggie (Virginia)	W	Dec., 12-5	2-1/0-0
149	Tom Crook (Virginia Tech)	L	Dec., 4-1	2-2/0-0
11/1	1 – at Mountaineer Invitational - Seco	ond Place	2	
149	Alex Viduya (Air Force)	W	TF, 24-4 (6:06)	3-2/0-0
149	Jeremiah Price (App. State)	W	Dec., 2-1	4-2/0-0
149	No. 25 Cody Bond (App. State)	L	Dec., 5-4	4-3/0-0
11/1	7 – at Armbar At The Armory (vs. LIU,	rs. Buffa	lo)	
149	Drew Witham (LIU)	W	Dec., 7-6	5-3/1-0
149	Kaleb Burgess (Buffalo)	W	TF, 20-5 (6:34)	6-3/2-0
12/2	– at North Dakota State			
149	Maxwell Petersen (NDSU)	W	Dec., 5-2 (sv-1)	7-3/3-0
12/2	9-30 — at Midlands Championship			
149	Caine Tyus (SIUE)	L	Dec., 3-2 (TB-1)	7-4/3-0
149	Mykey Ramos (Arizona State)	W	Dec., 12-11	8-4/3-0
149	Christopher Coates (unattached)	L	by medical forfeit	8-5/3-0
1/26	– at Duke			
149	Sean O'Donnell (Duke)	W	TF, 23-5 (5:05)	9-5/4-0
1/28	– at American			
149	Jack Nies (AU)	L	Dec., 5-4	9-6/4-1
2/16	- NORTH CAROLINA			
149	Jayden Scott (UNC)	L	Dec., 4-1 (sv-1)	9-7/4-2
2/23	- at #23 Pittsburgh			
149	Finn Solomon (Pitt)	L	MD 13-5	9-8/4-3



## 157 • NICK SANKO

## So. • Fairlawn, N.J./Bergen Catholic

#### 2023-24

- Has been a workhorse in his second season with the Hoos
- Started at 165 as he bumped up for the dual vs. Buffalo
- Fourth place finish at the Mat Town Open I with a 4-2 outing
- Went 5-0 to claim the title at the Wilkes Open
- Advanced to day two at the Midlands Championships with a 4-2 record
- Wrestled most of the ACC duals for the Hoos as he filled in for Dylan Cedeo who has been out with injury



#### 2022-23

- Posted an 8-3 record on the year in his redshirt season
- Tallied five bonus-point victories with two major decisions and three tech falls
- Champion at the Southeast Open (11/5) to start the season with a 5-0 record
- Also wrestled at the Midlands Championships (12/29 12/30) and App State Open (1/28)
- Named to ACC Academic Honor Roll

#### OFF THE MAT

• Enrolled in the College of Arts and Sciences

#### **SANKO BY THE NUMBERS**

Year	<b>Weight Class</b>	Overall W-L	Dual W-L	Falls	TF	MD
2022-23*	157	8-3	0-0	0/0	4/0	1/0
2023-24	157	17-9	4-5	5/2	0/2	4/1
Totals	157	25-12	4-5	5/2	4/2	5/1

\*Redshirt season

NICK SANKO • Sophomore • 157/165 • Record: 17-9 Duals: 4-5 • ACC Duals: 1-3

	SANNO - Sopholilore - 157/105 - Neco	iu. 17 7	Duais. 4 5 Acc Dua	13. 1 3
	Opponent (School)		Score/Time	Overall/Dual
	7 – at Armbar At The Armory (vs. LIU,	vs. Buffa		
	Hunter Shaut (Buffalo)	L	Dec., 4-1	0-1/0-1
	5— at Mat Town Open I - Fourth Place			
	Richie Grungo (Lehigh)	W	Fall, 2:41	1-1/0-1
157	Gabe McClenahan (Cornell)	L	Dec., 9-4	1-2/0-1
157	Declan Carey (Navy)	W	Medical Forfeit	2-2/0-1
157	Kaleb Williams (unattached)	W	MD, 12-2	3-2/0-1
157	Connor Eck (Lock Haven)	W	Dec., 13-11 (sv-1)	4-2/0-1
157	* *	L	Fall, 2:27	4-3/0-1
	2 — at Wilkes Open * - Champion			
	Thomas Newman (Marymount)	W	Fall, 0:58	5-3/0-1
157	Griffin Jones (Union CC)	W	Fall, 1:19	6-3/0-1
157	Oscar Aranda (Army)	W	Dec., 5-1	7-3/0-1
157	Micah Hanou (Army)	W	Fall, 0:54	8-3/0-1
157	Reed Fulmer (PRTC)	W	Fall, 1:23	9-3/0-1
12/2	9-30 — at Midlands Championship			
157	Lucas Revano (Penn)	L	TF, 17-2	9-4/0-1
157	Loranzo Rajaonarivelo (George Mason)	W	Dec., 8-3	10-4/0-1
157	Zack Mattin (Michigan)	W	MD, 12-4	11-4/0-1
157	Alex Hornfeck (West Virginia)	W	Dec., 8-5	12-4/0-1
157	Isaac Ruble (Purdue)	W	Dec., 12-5	13-4/0-1
157	No. 16 Chase Saldate (Michigan State)	L	TF, 17-1 (5:44)	13-5/0-1
1/6 -	– at ARMS Duals (vs. Gardner-Webb, v	s. George	Mason)	
157	Tyler Brignola (Gardner-Webb)	W	MD, 11-3	14-5/1-1
157	No. 26 DJ McGee (George Mason)	L	Dec., 7-2	14-6/1-2
	-13 — at Virginia Duals (vs. Kent State	, vs. Wisc	onsin)	
157	Keegan Knapp (Kent State)	W	Dec., 11-4	15-6/2-2
157	Luke Mechler (Wisconsin)	W	Dec., 7-3	16-6/3-2
1/26	– at Duke			
157	Logan Ferrero (Duke)	W	MD, 11-1	17-6/4-2
2/9 -	at No. 8 NC State			
157	No. 12 Ed Scott (NCSU)	L	MD, 9-1	17-7/4-3
2/16	- NORTH CAROLINA			
157	No. 32 Sonny Santiago (UNC)	L	Dec., 8-5	17-8/4-4
2/23	- at #23 Pittsburgh			
157	Jared Keslar (Pitt)	L	Fall, 3:54	17-9/4-5
* Un	attached in competition			



## 165 • NICK HAMILTON So. • LaVista, Neb./Papillion LaVista

#### 2023-24

- Started the season nationally ranked in the InterMat rankings
   Opened the season with a sixth-place finish at the Southeast
   Open due to NCAA daily match limitations went 5-1
- Has battled injury this season and missed time at the middle of the schedule
- Did not see action from NDSU (12/2) until ACC dual at Duke (1/26)
- Is 8-2 in matches decided by bonus points this season



- Posted a 13-2 record on the season as a redshirt at 165 pounds
- Tallied five bonus-point victories a pin and four major decisions
- Wrestled in three tournaments and four duals with a 4-0 dual record
- Champion at the Southeast Open (11/5) with a 4-0 record
- Champion at the Mountaineer Invitational (11/12)
- Went 3-2 at the Midlands Championships (12/29 12/30)
- Dual action came with wins against Ohio, Navy, Kent State and No. 23 Maryland at Virginia Duals
- Posted a major decision over No. 25 Enrique Munguia (Kent State) in dual action
- Named to ACC Academic Honor Roll

#### OFF THE MAT

• Enrolled in the College of Arts and Sciences

#### HAMILTON BY THE NUMBERS

Year	<b>Weight Class</b>	Overall W-L	Dual W-L	Falls	TF	MD
2022-23*	165	13-2	4/0	1/0	0/0	4/0
2023-24	165	9-7	3/4	3/2	0/0	5/0
Totals	165	22-9	7/4	4/2	0/0	9/0

<sup>\*</sup>Redshirt season

NICK HAMILTON • Sophomore • 165 • Record: 9-7 • Duals: 3-4 • ACC Duals: 2-3

_	Opponent (School)		Score/Time	Overall/Dual						
1	11/4 – at Southeast Open - Sixth Place									
1	Trey Johnson (West Virginia)	W	MD, 15-3	1-0/0-0						
165	Kekana Fouret (Oregon State)	L	Fall, 2:33	1-1/0-0						
165	Robert Avila (Virginia)	W	Fall, 5:20	2-1/0-0						
165	Luke Hart (VMI)	W	Fall, 4:47	3-1/0-0						
165	Jaxon Garoutte (Utah Valley)	W	MD, 14-3	4-1/0-0						
165	Marcus Murabito (North Carolina)	W	MD, 13-4	5-1/0-0						
11/1	11 – at Mountaineer Invitational									
165	Brandon Jacoby (Presbyterian)	W	Fall, 4:19	6-1/0-0						
165	Will Miller (App. State)	L	Dec., 10-6	6-2/0-0						
165	OJ Bost (App. State)	L	Medical Forfeit	6-3/0-0						
12/2	2 – at North Dakota State									
165	Brendan Howes (NDSU)	L	Fall, 2:06	6-4/0-1						
1/26	6– at Duke									
165	Gaetano Console (Duke)	W	MD, 14-5	7-4/1-1						
1/28	3– at American									
165	Breon Phifer (AU)	W	MD, 12-2	8-4/2-1						
2/2-	- #13 VIRGINIA TECH									
165	No. 23 Connor Brady (VT)	L	Dec., 4-2	8-5/2-2						
2/9	- at No. 8 NC State									
165	No. 13 Derek Fields (NCSU)	L	Dec., 11-7	8-6/2-3						
2/16	5 - NORTH CAROLINA									
165	Isaias Estrada (UNC)	W	Dec., 9-8	9-6/3-3						
	B - at #23 Pittsburgh									
165	No. 13 Holden Heller (Pitt)	L	Dec., 6-1	9-7/3-4						



#### 174 • JUSTIN MCCOY

#### Gr. • New Paris, Pennsylvania/Chestnut Ridge High School

#### **CAREER HIGHLIGHTS**

- 4x NCAA Qualifier (2020, 2021, 2022, 2023)
- 2023 ACC Champion at 165 pounds
- 2x ACC Runner-Up (2021, 2022)
- 4x NWCA Scholar All-America (2020, 2021, 2022, 2023)
- 4x ACC Wrestling All-Academic Team (2020, 2021, 2022, 2023)

#### 2023-24

- Has been a force at 174 for the Hoos this season and continually ranked among the top 15 wrestlers nationally
- Opened the season with a nine match win streak until an injury default loss to No. 13 Philip Conigliara of Harvard
- His four losses have come at the hands of nationally-ranked opponents and three are by two points or less and one in sudden victory
- Is 7-0 in matches decided by bonus-points and undefeated in bonus-point matches for the second straight season

#### 2022-23

- ACC Champion at 165 pounds
- NCAA Qualifier at 165 pounds for his fourth straight NCAA bid
- Posted a 21-6 record on the year including a 9-1 record in duals
- Tallied nine bonus-point victories including two pins, a tech fall and six major decisions
- Second-place finish at Mountaineer Invitational (11/12)
- Defeated No. 13 Will Formato (App. State) in semifinals and fell to No. 2 Shane Griffith (Stanford) in final
- Fifth-place finish at Midlands Championship (12/29 12/30) with a 5-2 record
- Went 2-2 at the NCAA Championships
- Named NWCA Scholar All-America for fourth straight season
- Named to ACC Academic Honor Roll

#### 2021-22

- NCAA qualifier at 165 pounds for his third straight NCAA berth
- Runner-up finish at ACC Championships to earn his NCAA bid
- $\bullet$  All-ACC honoree for the second straight season by virtue of his runner-up finish
- Posted a 19-4 record on the year with an 8-1 mark in dual action
- $\bullet$  Went 3-1 in ACC duals his only dual loss coming to No. 21 Thomas Bullard of No. 4 NC State (2/4)
- Opened the season with 11 consecutive victories and only the one loss in the regular season
- Defeated No. 20 Thomas Bullard (NC State) to advance to the finals at the ACC Championships
- Went 3-2 at the NCAA Championships with wins over No. 18 seed Joshua Ogunsanya (Columbia), No. 20 seed Will Formato (Appalachian State) and No. 11 seed Izzak Olejnik (N. Illinois)
- Advanced to the blood round at the NCAA Championships
- Posted nine bonus-point victories with a pin, a tech fall and five major decisions
- Named an NWCA Scholar All-America for the third consecutive season
- Named to the ACC Wrestling All-Academic Team

#### 2020-21

- NCAA qualifier at 157 pounds
- Runner up at ACC Championships at 157 pounds
- All-ACC honoree by virtue of his runner-up finish
- Posted a 9-4 record on the season with a 5-1 mark in duals
- Went 4-1 in ACC duals
- Went 3-0 at the Appalachian State Individual Quad (1/2) to open the season
- Posted an 8-1 record through the regular season with only loss a 6-3 decision to No. 2 Hayden Hidlay (NC State)
- Only two losses prior to the NCAA Championships came to Hidlay
- Went 0-2 at the NCAA Championships
- Posted a 5-1 record in bonus point matches with two pins, a tech fall and two major decisions
- Named to the ACC Wrestling All-Academic Team

#### 2019-20

- NCAA qualifier at 157 pounds with an automatic bid
- Posted an 18-13 record on the season
- Advanced to the third-place match at the ACC Championships
- Defeated No. 17 Jacori Teemer of Arizona State at the Journeymen Duals (11/9)

## 2023-24 CAVALIER WRESTLING

- Opened the Cliff Keen Las Vegas Invitational (12/6) with a win over No. 11 Will Lewan of Michigan
- Also defeated No. 16 A.C. Headlee of North Carolina in the final regular-season dual
- Turned in a fifth-place finish at the Keystone Classic (11/24)
- Named an NWCA Scholar All-America
- Named to the ACC Academic Honor Roll

#### 2018-19

- Redshirt season
- Posted a 25-3 record wrestling at 157 pounds, competing in six open tournaments
- Won 16 straight matches to start the season
- First-place finishes at the Hokie Open (11/4), Wolfpack Open (11/18) and Patriots Open (12/9)
- Sixth-place finish at Franklin & Marshall Open (1/5) despite 5-1 record due to NCAA match limits
- Third-place finish at Appalachian State Open with only loss to Evan Barczak of Drexel
- Second-place finish at National Collegiate Open (2/23) with only loss to Jacori Teemer of Arizona State
- Undefeated in matches that yielded bonus points with three pinfalls, five tech falls and three major decisions
- Named to the ACC Academic Honor Roll

#### OFF THE MAT

• Pursuing a M.Ed. in Kinesiology

#### MCCOY BY THE NUMBERS

Year	<b>Weight Class</b>	Overall W-L	Dual W-L	Falls	TF	MD
2018-19*	157	25-3	0-0	3/0	5/0	3/0
2019-20	157	18-13	9-5	3/0	5/0	2/3
2020-21	157	9-2	5-1	2/0	1/0	2/1
2021-22	165	19-4	8-1	1/0	3/0	5/1
2022-23	165	21-6	9-1	2/0	1/0	6/0
2023-24	023-24 174 16-4		10-3	1/0	2/0	4/0
Totals	157/165/174	83-25	41-11	9/0	12/0	19/5

<sup>\*</sup>Redshirt season did not count in career stats

#### JUSTIN MCCOY • Graduate Student • 174 • Record: 16-4 • Duals: 10-3 • ACC Duals: 3-2

Wt. Oppor	nent (School)	Result	Score/Time	Overall/Dual						
11/11 – at	11/11 – at Mountaineer Invitational - CHAMPION									
174 Logan	Eller (App. State)	W	TF, 16-1 (7:00)	1-0/0-0						
174 Luke U	liano (App. State)	W	Dec., 10-3	2-0/0-0						
11/17 – at Armbar At The Armory (vs. LIU, vs. Buffalo)										
174 Blake B	Bahna (LIU)	W	Fall, 3:33	3-0/1-0						
	Schell (Buffalo)	W	Dec., 9-2	4-0/2-0						
12/2 – at N	orth Dakota State									
174 Gaven	Sax (NDSU)	W	Dec., 4-3	5-0/3-0						
12/29-30 –	at Midlands Championship									
174 Michae	el Squires (Princeton)	W	Dec., 9-2	6-0/3-0						
174 Ceasar	Garza (Michigan State)	W	Dec., 8-7	7-0/3-0						
174 Hayde	n Pummel (Northern Illinois)	W	MD, 11-3	8-0/3-0						
174 No. 19	Brody Conley (West Virginia)	W	Dec., 11-6	9-0/3-0						
174 No. 13	Philip Conigliaro (Harvard)	L	by Injury Default	9-1/3-0						
1/6 – at AR	MS Duals (vs. Gardner-Webb,	vs. George								
174 Samue	l Mora (Gardner-Webb)	W	TF, 20-5 (6:06)	10-1/4-0						
	erce (George Mason)	W	MD, 9-1	11-1/5-0						
	rt Virginia Duals (vs. Kent Stat	te, vs. Wisc	onsin)							
174 AJ Bur	khart (Kent State)	W	Dec., 7-2	12-1/6-0						
174 No. 18	Max Maylor (Wisconsin)	L	Dec., 2-1 (sv-1)	12-2/6-1						
1/26– at Di										
174 David I	Hussey (Duke)	W	TF, 17-2 (4:19)	13-2/7-1						
1/28– at Aı										
	n Mancia (AU)	W	TF, 15-0 (3:34)	14-2/8-1						
1 -	IRGINIA TECH									
174 No. 2 N	Nekhi Lewis (VT)	L	Dec., 2-0	14-3/8-2						
2/9 - at No.										
	Alex Faison (NCSU)	W	Dec., 3-0	15-3/9-2						
1 -	TH CAROLINA									
	Tyler Eischens (UNC)	W	Dec., 6-4	16-3/10-2						
	3 Pittsburgh									
174 No. 18	Luca Augstine (Pitt)	L	Dec., 4-2	16-4/10-3						



#### 184 • ETHAN WEATHERSPOON

## Gr. • Lilburn, Georgia/Archer High School

#### 2023-24

- Has seen limited action for the Hoos this season
- Third place finish at the Mountaineer Invitational in his first action of the season
- Dropped down to 184 pounds for the Hoos in the dual at No. 23 Pittsburgh to close the regular season

#### 2022-23

- Posted a 6-14 record at heavyweight
- Tallied two bonus-point victories with a pair of major decisions
- Fourth-place finish at the Mountaineer Invitational (11/12) with a 3-2 record
- Also competed at the Southeast Open (11/5) and the Southern Scuffle (1/1 1/2)
- Picked up dual wins over Tyler Kocak of George Mason (1/7) and Drew Harris of Ohio (1/13)
- Went 1-2 at the ACC Championships (3/5) with a win over Pitt's Jake Slinger
- Named to ACC Academic Honor Roll

#### 2021-22

- Posted a 3-5 record on the year with an 0-3 mark in dual action
- Second-place finish at the Mat Town Open (11/28) with a 2-1 mark on the day
- Wrestled in duals against American (11/6), Maryland (11/12) and Campbell (11/20)
- Went 1-1 at the Appalachian Open (1/29) and had to medically forfeit his final match

#### 2020-21

- Posted a 1-4 record on the year with one dual appearance
- Dropped a 7-4 decision to Andrew Gunning at No. 14 UNC (2/13) wrestling up at heavyweight
- Wrestled the rest of the season at 197 pounds
- Four remaining matches came in additional matches following ACC duals
- His win came to close the season with 7-3 decision over Mark Chaid at UNC in extra matches (2/13)

#### 2019-20

- Competed in five open tournaments at 197 pounds in his redshirt season with a 6-8 record
- Wrestled at the Mountaineer Open (11/9), Wolfpack Open (11/17), Franklin & Marshall Open (1/4), Mat Town Open II (2/23) and at the National Collegiate Open (3/1)
- Best performance came at the Franklin & Marshall Open with a 3-1 record
- Named to the ACC Academic Honor Roll

#### **OFF THE MAT**

- Received bachelor's degree in Youth & Social Innovation and Elementary Education
- Pursuing a master's degree in Quantitative Analytics in Education and the Social Sciences

#### WEATHERSPOON BY THE NUMBERS

Year	<b>Weight Class</b>	Overall W-L	Dual W-L	Falls	TF	MD
2019-20*	197	6-8	0-0	1/1	0/0	0/1
2020-21	197	1-4	0-1	0/1	0/0	0/1
2021-22	285	3-5	0-3	0/0	0/1	2/0
2022-23	285	6-14	2-6	0/2	0/1	2/2
2023-24	184/197	4-4	1-2	0/0	0/1	1/1
Totals	197/285	14-27	3-12	0/3	0/3	5/5

<sup>\*</sup> Redshirt season does not count in career stats

#### ETHAN WEATHERSPOON • Graduate • 197 • Record: 4-4 • Duals: 1-2 • ACC Duals: 0-2

	ANT TEATHERS OUT GIGGOLG 177	necora.	TT Duulsi I Z NC	. Duuis. V L
Wt.	Opponent (School)	Result	Score/Time	Overall/Dual
11/1	l 1 – at Mountaineer Invitational - Th	ird Place		
197	Josh McCutcheon (Gardner-Webb)	L	MD, 22-12	0-1/0-0
197	Hunter Adams (App. State)	W	Dec., 3-2	1-1/0-0
197	Josh McCutcheon (Gardner-Webb)	W	Dec., 15-10	2-1/0-0
11/1	17 – at Armbar At The Armory (vs. LIU	, vs. Buffa	alo)	
197	Sam Mitchell (Buffalo)	W	by Injury Default	3-1/1-0
12/2	22 – at Wilkes Open *			
197	Michael Toranzo (Rutgers)	W	MD, 10-1	4-1/0-0
197	Davis Lee (unrostered)	L	by medical forfeit	4-2/0-0
2/9	- at No. 8 NC State			
197	No. 10 Dylan Fishback (NCSU)	L	Dec., 5-1	4-3/1-1
2/23	3 - at #23 Pittsburgh			
184	No. 10 Reece Heller (Pitt)	L	TF, 21-5 (6:19)	4-4/1-2



#### 197 • KRYSTIAN KINSEY

#### Gr. • Havelock, N.C./Havelock

#### 2023-24

- Fourth-place finish at the Mat Town Open I for his first action of the year despite going 0-2
- Champion at the Patriot Open with a 5-0 mark
- Champion at the Wilkes Open with a 4-0 mark
- Won 11 straight matches off that 5-0 outing at the Patriot Open

#### 2022-23

- Posted a 4-6 record on the year
- Tallied two bonus-point victories with a major decision and a pin
- · Wrestled in three tournaments and one dual
- Opened his year at the Cleveland State Open (12/11)
- Went 2-2 at the Southern Scuffle (1/1 1/2)
- Third-place finish at the App State Open (1/28)
- Saw his only dual action against American (2/4)
- Named to ACC Academic Honor Roll

#### 2021-22

- Posted a 5-8 record on the season with an 0-1 mark in dual action
- Fell in dual action against Austin Murphy of Campbell (11/20)
- Also competed at the Mat Town Open (11/28), Lehman Open (1/7) and Appalachian Open (1/29)
- Saw action in an extra match against Northwestern (12/29)

#### 2020-21

- Posted a 1-2 record on the season
- Did not see action in any dual matches
- Closed his season with a decision against Sawyer Davidson in extra matches at UNC (2/13)

#### 2019-20

- Posted a 10-13 record competing at 165 and 174 for the Cavaliers
- Started the season at 174 pounds, including a 4-2 performance at the Wolfpack Open (11/17)
- Competed in his first dual match against Chattanooga (1/17) after dropping down to 165 nounds
- Won his first collegiate dual match with a 6-1 decision over Jon Hoover of VMI (1/18)
- Went 3-1 at the National Collegiate Open (3/1) to close the season

#### 2018-19

- Redshirt season
- Wrestled in four open tournaments at 165 pounds on the season with a 7-8 record
- Competed at the Wolfpack Open (11/18), Patriots Open (12/9), Appalachian State Open (1/26) and National Collegiate Open (2/23)
- Went 3-2 at the Patriots Open hosted by George Mason
- Sixth-place finish at the Appalachian State Open

#### OFF THE MAT

•Pursuing a Master's Degree in Higher Education

#### KINSEY BY THE NUMBERS

Year	Weight Class	Overall W-L	Dual W-L	Falls	TF	MD
2018-19*	157	7-8	0-0	1/1	0/0	0/2
2019-20	165/174	10-13	1-2	0/1	0/0	1/2
2020-21	184	1-2	0-0	0/0	0/0	0/1
2021-22	174/184	5-8	0-1	1/1	0/0	1/0
2022-23	197	11-6	3-4	1/0	3/1	1/3
Totals 15	7/165/174/184/19	7 27-29	4-7	2/2	3/1	3/6

<sup>\*</sup> Redshirt season did not count toward career records

#### KRYSTIAN KINSEY • Senior • 197• Record: 11-6 • Duals: 3-4 • ACC Duals: 1-4

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Wt.	Opponent (School)	Result	Score/Time	Overall/Dual
11/2	5– at Mat Town Open I - Fourth Place			
197	Lucas Cochran (Penn State)	L	MD, 17-3	0-1/0-0
197	Michael Delagatta (Spartan Wrestling)	L	TF, 15-0 (7:00)	0-2/0-0
12/3	– at ARMS Patriot Open* - CHAMPION			
197	Hunter Adams (App. State)	W	Dec., 5-0	1-2/0-0
197	Christian Knop (NC State)	W	Dec., 9-2	2-2/0-0
197	Carston Rawls (American)	W	Dec., 6-4	3-2/0-0
197	Liam Volk-Klos (American)	W	Dec., 12-5	4-2/0-0
12/2	2 – at Wilkes Open * - Champion			
197	Steven Burrell Jr (Virginia)	W	Dec., 8-2	5-2/0-0
	Hadyn Packer (Rutgers)	W	MD, 10-1	6-2/0-0
197	Davis Lee (unrostered)	W	Fall, 4:30	7-2/0-0
197	Colden Dorfman (Virginia)	W	TF, 17-2 (7:00)	8-2/0-0
1/12	:-13 — at Virginia Duals (vs. Kent State,	, vs. Wisc	onsin)	
197	Josh Otto (Wisconsin)	W	Dec., 5-0	9-2/1-0
1/26	i– at Duke			
197	Kwasi Bonsu (Duke)	W	TF, 18-2 (5:15)	10-2/2-0
1/28	3— at American			
197	Caleb Beaty (AU)	W	TF, 20-4 (6:10)	11-2/3-0
1 -	- #13 VIRGINIA TECH			
197	No. 26 Andy Smith (VT)	L	Dec., 10-3	11-3/3-1
	at No. 8 NC State			
	No. 3 Trent Hidlay	L	MD, 18-4	11-4/3-2
_,	5 - NORTH CAROLINA			
1	No. 23 Max Shaw (UNC)	L	Dec., 11-5	11-5/3-3
l.	- at #23 Pittsburgh			
197	Mac Stout (Pitt)	L	MD, 13-5	11-6/3-4

\* Unattached in competition



### **HWT - RYAN CATKA**

#### Jr. • Brookhaven, Pa./Sun Valley HS/Navy

#### 2023-24

- Has been a an achor at the end of the lineup for the Hoos

  The of his four lesses some of the hands of notionally some lesses.
- Two of his four losses came at the hands of nationally-ranked foes including his older brother Hunter at Virginia Tech
- Saw most of his action in dual competition with his only
- $tournament\ appearance\ at\ the\ Midlands\ Championships$
- Is 9-1 in matches decided by bonus points this season

#### 2022-23 (AT NAVY)

- Starter at 285 pounds in one dual against Kent State
- Compiled a 7-5 overall record and 0-1 dual record
- Finished in second place at the Soldier Salute (3-1)
- Finished fifth in the Mat Town College Open II (2-1)
- Finish sixth at the Franklin & Marshall Open (2-2)

#### 2021-22 (AT NAVY)

- Starter at 285 pounds in seven dual matches
- Posted a 23-8 overall record and a 6-1 dual record
- Won final six dual matches of the regular season
- Went 4-1 at East Stroudsburg Open to place third
- Went 5-0 at Shorty Hitchcock Memorial to place first
- Went 2-1 at Mat-Town College Open to place second
- Earned first collegiate victory against Liam Dietrich of Drexel by fall (4:16)
- Earned first dual victory versus Jordan Greer of Ohio by a 5-3 decision
- Posted a 1-2 record at EIWA Championship, defeating 14th-seeded Lear Quinton of Brown by a 3-1 decision

#### OFF THE MAT

- Major: Sociology
- Brother, Hunter, wrestles at Virginia Tech

#### **CATKA BY THE NUMBERS**

Year	<b>Weight Class</b>	Overall W-L	Dual W-L	Falls	TF	MD
2021-22*	285	23-8	6-1	4/2	2/0	4/1
2022-23*	285	7-5	0-1	0/2	1/0	1/2
2023-24	285	13-4	11-2	0/0	4/0	5/1
<b>Totals</b> * At Navy	285	43-17	17-4	4/4	7/0	10/4



RYAN CATKA • Junior • 285 • Record: 13-4 • Duals: 11-2 • ACC Duals: 3-2

Wt.	Opponent (School)	Result	Score/Time	Overall/Dual
11/1	7 – at Armbar At The Armory (vs. LIU,	vs. Buffa	alo)	
285	Aeden Begue (LIU)	W	MD, 16-4	1-0/1-0
285	Robbie Unruh (Buffalo)	W	TF, 21-6 (6:18)	2-0/2-0
12/2	! – at North Dakota State			
285	Devon Dawson (NDSU)	W	Dec., 8-2	3-0/3-0
12/2	9-30 — at Midlands Championship			
285	John Stout (Penn)	L	Dec., 6-5	3-1/3-0
285	Bryan Caves (Central Michigan)	W	MD, 16-4	4-1/3-0
285	Robby Bates (North Central College)	W	TF, 22-6	5-1/3-0
285	Sebastian Garibaldi (Princeton)	L	Dec., 8-4	5-2/3-0
	– at ARMS Duals (vs. Gardner-Webb, v	s. George	Mason)	
285	Peyton McComas (Gardner-Webb)	W	TF, 20-5 (5:36)	6-2/4-0
	No. 30 Chad Nix (George Mason)	W	Dec., 7-3 (sv-1)	7-2/5-0
	?-13 — at Virginia Duals (vs. Kent State	e, vs. Wisc	consin)	
	Josh Boggan (Kent State)	W	TF, 18-3 (5:49)	8-2/6-0
	Gannon Rosenfeld (Wisconsin)	W	MD, 9-0	9-2/7-0
1/26	i– at Duke			
285	Connor Barket (Duke)	W	Dec., 12-8	10-2/8-0
1/28	8— at American			
285	Will Jarrell (AU)	W	MD, 14-6	11-2/9-0
2/2-	- #13 VIRGINIA TECH			
285	No. 21 Hunter Catka (VT)	L	Dec., 4-8	11-3/9-1
2/9 -	at No. 8 NC State		•	
285	No. 15 Owen Trephan (NCSU)	L	MD, 12-4	11-4/9-2
2/16	5 - NORTH CAROLINA			
285	Cade Lautt (UNC)	W	Dec., 4-2	12-4/10-2
2/23	3 - at #23 Pittsburgh		-	
	Geoff Magin (Pitt)	W	MD, 12-4	13-4/11-2

# **ACC CHAMPIONSHIP HISTORY**

ACC TEAM CHAMPIONSHIPS			VIRGINIA'S ALL-TI	ME ACC	CHA	MPIONS	ACC CH	AMPIONSHI	P FINISHES
1974	Year	Wt.	Name	Year	Wt.	Name	7.00 0111		
1975	1955	123	Colin Steele	2001		Greg Francesca	Year	Finish	Points
1977	1555	167	Bernard Schwab	2001	184	Jimi Massey	1956	2nd	63
2010	1956	123	Colin Steele	2002	133	Joe Alexander	1957	2nd	52
2010	1930	167	Ben Petrilli	2002	157	Tim Foley	1958	2nd	63
2015	1957	115			184	Jimi Massey	1959	3rd	52
ACC WRESTLER OF THE YEAR	1957		Sandy Wise	2003	141	Bob Seidel	1960	2nd	51
700 THE STEEL OF THE FEAR	1050	HWT	Henry Jordan	2003	HWT	Josh Etu	1961	3rd	31
Matt Roth - 1999	1958	157	Charles Gaudry	2004			1962	3rd	42
Steve Garland - 2000	1960	HWT	Landon Hilliard	2004	141	Scott Moore	1963	2nd	65
Scott Moore - 2004	1962	191	Harry Lake	2005	157	Tim Foley	1964	3rd	45
George DiCamillo - 2017	1963	123	Pete Harrison	2005	157	Paul Bjorlo	1965 1966	2nd 4th	60 39
G00.80 210a0 2011	1965	130	Bob Rhoads	2007	184	Rocco Caponi	1967	2nd	62
ACC CHAMPIONSHIPS	1968	123	Jon Shurberg	2008	125	Ross Gitomer	1968	4th	43
	1969	137	John Pegues	2000	184	Rocco Caponi	1969	2nd	68
MOST OUTSTANDING WRESTLER	1970	118	Kim Hatcher	2009	174	Chris Henrich	1970	2nd	85
		134	Shelly Zablow		184	Rocco Caponi	1971	2nd	67
John Pegues - 1971		142	John Pegues		197	Brent Jones	1972	2nd	71
Kevin Michaels - 1972	1971	142	John Pegues	2010		Chris Henrich	1973	2nd	87
Steve Silverberg - 1976, 1978		190	Kevin Michaels		184	Mike Salopek	1974	1st	124
Chris Xakellis - 1980	1972	177	Kevin Michaels	2012	125	Matt Snyder	1975	1st	75
Tim Wagner - 1981	1973	126	Dave Wendell		141	Nick Nelson	1976	3rd	58.5
Matt Roth - 1999		134	Mike McGonigal		184	Jon Fausey	1977	1st	82
Scott Moore - 2004		158	Tom Derrickson	2013	133	George DiCamillo	1978	3rd	60.25
Brent Jones - 2009		167	Kevin Michaels	2014	157	Blaise Butler	1979 1980	4th 5th	44 40.25
	1974	150	Matt Bacharach		165	Nick Sulzer	1981	4th	40.25
ACC FRESHMAN OF THE YEAR		167	Tom Derrickson	2015	133	George DiCamillo	1982	5th	32.5
AGG I REGIMMEN OF THE FERR		190	Bill Voliva		165	Nick Sulzer	1983	4th	43.25
Eric Albright - 2006	1975	126	Dave Wendell	2016	133	George DiCamillo	1984	4th	61.25
Chris Henrich - 2008		134	Mike McGonigal	2019	125	Jack Mueller	1985	4th	43.25
		150	Matt Bacharach	2020	197	Jay Aiello	1986	6th	13.25
Jack Mueller - 2017		190	Bill Voliva	2023	165	Justin McCoy	1987	4th	45
	1976	126	Steve Silverberg	2020	100	sucum moody	1988	5th	30.5
ACC COACH OF THE YEAR	1370	142	Bob Harwick				1989	4th	46.5
ACC COACH OF THE FEAR	1977	142	Bob Harwick				1990	6th	15
Steve Garland - 2010	1978	134	Steve Silverberg				1991	5th	34
2010 00.000	1376	142	Bob Harwick				1992	5th	29.5
THREE-TIME ACC CHAMPIONS	ĺ	158	Jerry Young				1993 1994	5th 4th	18 28
THREE-TIME ACC CHAMPIONS	1979	134	Chris Xakellis				1995	2nd	64
John Pegues - 1969-70-71							1996	4th	48
Kevin Michaels - 1971-72-73	1980	134	Chris Xakellis				1997	2nd	88
Bob Harwick - 1976-77-78	1981	142	Buddy Kerr				1998	2nd	83
Buddy Kerr - 1981-82-84	1000	150	Tim Wagner				1999	2nd	70.5
Jim Harshaw - 1997-98-99	1982	142	Buddy Kerr				2000	3rd	59.5
Rocco Caponi - 2007-08-09	1983	126	Jim Pagano				2001	2nd	73
George DiCamillo - 2013-15-16	1984	158	Buddy Kerr				2002	3rd	66
000.80 2.00	1985	134	John Parr				2003	3rd	68
		HWT	Roger Mello				2004	2nd	76 53
	1988	177	Derek Capanna				2005	4th	53
	1989	177	Derek Capanna				2006 2007	3rd 4th	61 45.5
		HWT	John Matyiko				2007	2nd	45.5 84.5
	1995	126	Jason Mutarelli				2009	2nd	68
		142	Mike Krafchick				2010	1st	85.5
		177	Gage Short				2011	3rd	69
	1996	167	Howie Miller				2012	2nd	73.5
	1997	126	Steve Garland				2013	2nd	90.5
		150	Jim Harshaw				2014	3rd	61.5
		177	Martius Harding				2015	1st	85.5
	1998	134	Jason Mutarelli				2016	4th	44.0
		150	Jim Harshaw				2017	4th	52.5
		158	Alex Leykikh				2018 2019	5th	34
	1999	125	Matt Roth				2019	6th 4th	27.5 60.5
		165	Jim Harshaw				2020	4th	55.0
		197	Craig Fenstermaker				2022	5th	39.5
	2000	141	P.J. Bory				2023	5th	35.0
		184	Ryan McGrath						
				1					

# NCAA CHAMPIONSHIP HISTORY

1987

1985

1984

1983

1982

1981

1980

1977

1976

1975

1974

1973

1972

1971

1970

1969

1966

1964

1962

1960

John Matviko

**Buddy Blaha** 

Gary Fischbein

John Wagner

Hans Houser

**Buddy Blaha** 

Roger Mello

John Parr

John Parr

**Buddy Kerr** 

Jim Pagano

Jim Pagano

Buddy Kerr

**Buddy Kerr** Tim Wagner

Chris Xakellis

Chris Xakellis

Bob Harwick

Jerry Young

Bob Harwick

Bob Harwick

Dave Wendall Mike McGonigal

Mett Bacharach

Mett Bacharach

Dave Wendall

Mike McGonigal

Tom Derrickson

Kevin Michaels

Kevin Michaels

Kevin Michaels

Sheldon Zablow

Jonathan Shurberg

Jonathan Shurberg

John Pegues

Kim Hatcher

John Pegues

John Pegues

Cary Stewart

Ted Mallen

Harry Lake

Stan Reed

Bill DeButts

Henry Wise

Ben Petrelli

^ alternate selection

Henry Jordan

Rill Voliva

Bill Voliva

Steve Silverberg Mike McGonigal

Steve Silverberg

John Parr

John Parr

275

134

142

158

177

118

126

134

UNL

134

158

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118

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142 126

134 142

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177

142

190

118

134

142

137

115

115

167

177

191

137

167

115

177 HWT (4)

126 (9)

			IKGIN	IA'S ALL-TIME NCA	
2023	Jarod Verkleeren	149 (28)		Ross Gitomer	125
	Justin McCoy	165 (15)		Derek Valenti	141
	Neil Antrassian	184 (20)		Shawn Harris Dan Gonsor	149
	Michael Battista	197 (25)		Chris Henrich	157 174 (3)
022	Patrick McCormick	125 (32) 133 (20)		Mike Salopek	184
	Brian Courtney Dylan Cedeno	141 (33)		Brent Jones	197
	Justin McCoy	157 (16)	2009	Chris Henrich	174 (8)
	Jake Keating	165 (14)	2000	Rocco Caponi	184
	Michael Battista	184 (25)		Brent Jones	197 (12)
	Jay Aiello	197 (17)		Nick Nelson	141
	Ouinn Miller	285 (20)		Jedd Moore	157
)21	Patrick McCormick	125 (32)		Kellon Balum	149
	Louie Hayes	133 (10)		Matt Bonson	133
	Brian Courtney	141 (20)	2008	Ross Gitomer	125
	Justin McCoy	157 (16)		Chris Henrich	174
	Jake Keating	165 (12)		Rocco Caponi	184 (11)
	Vic Marcelli	174 (30)	2007	Eric Albright	133
	Jay Aiello	197 (11)		Rocco Caponi	184 (12)
	Quinn Miller	285 (20)	2005	Paul Bjorlo	157
20*	Jack Mueller	125 (4)		Rocco Caponi	174
	Louie Hayes	133 (20)	2004	Scott Moore	141 (1)
	Justin McCoy	157 (27)		Tim Foley	165 (11)
	Cam Coy	165 (32)	2003	Joe Alexander	133
	Jay Aiello	197 (7)		Bob Seidel	141
	Quinn Miller	285 (23)		Tim Foley	157
19	Jack Mueller	125 (5)	0000	Josh Etu%	285
	Sam Krivus	141	2002	Tim Foley	157
	Cam Coy	165		Jimi Massey	184
	Will Schany	184		Ryan Painter^	285 133
40	Jay Aiello	197 (7)	2001	Joe Alexander%	133
18	Louie Hayes	125 (12)	2001	Joe Alexander	165
	Jack Mueller Sam Krivus	133 (10) 149		Greg Francesca Jimi Massey	184
	Andrew Atkinson	165	2000	Steve Garland	125 (8)
	Will Schany	174	2000	P.J. Bory	141
	Tyler Love	285		John Pozniak	149
17	Jack Mueller	125 (10)		Ryan McGrath	184
	George DiCamillo	141 (6)		Ryan Painter^	285
	Sam Krivus	149	1999	Matt Roth	125 (9)
	Andrew Atkinson	157		Jim Harshaw	165 (11)
)16	Nick Hermann	125	1998	Steve Garland	118
	George DiCamillo	133 (6)		Matt Roth	126
	Andrew Atkinson	157		Jason Mutarelli	134
	Zach Nye	197 (14)		Jim Harshaw	150
	Patrick Gillen	285		Alex Leykikh	158
15	Nick Herrmann	125		Tom Shaw	177
	George DiCamillo	133 (12)		Martius Harding	190
	Joe Spisak	141	1997	Steve Garland	126
	Andrew Atkinson	157		Jason Mutarelli	134
	Nick Sulzer	165 (4)		Jim Harshaw	150
	Blaise Butler	174 (5)		Alex Leykikh	158
	Zach Nye	197		Martius Harding	177
14	Nick Herrmann	125		Craig Fenstermaker	190
	Joe Spisak	141 (16)	4000	Zach Feldman	275
	Gus Sako	149 (7)	1996	Matt Roth	126
	Blaise Butler	157 (10)		Jim Harshaw	150
	Nick Sulzer	165 (3)		Howie Miller	167
	Stephen Doty	174 (11)		Craig Fenstermaker	190
	Jon Fausey	184	1995	Zach Feldman Matt Roth	275 118
13	Zach Nye Matt Snyder	197	1939	Jason Mutarelli	118
113	George DiCamillo	125 (8) 133 (11)		Mike Krafchick	142 (5)
	Joe Spisak	133 (11)		Howie Miller	167
	Derek Valenti	141		Gage Short	177
	Jedd Moore	157 (12)	1994	Mike Krafchick	142 (7)
	Nick Sulzer	165 (8)	_55 7	Chris Jordan	150
	Jon Fausey	174		Tim Winterstein	158
	Stephen Doty	184	1993	Jody Jackson	134
	Mike Salopek	197		Howie Miller	167
)12	Matt Snyder	125 (11)	1992	Mike Krafchick	126
	Matt Nelson	133		Jody Jackson	134
	Nick Nelson	141 (7)	1991	Mike Krafchick	126
	Gus Sako	149		Jody Jackson	134
	Nick Sulzer	165		Rick Brzozinsky	142
	Jon Fausey	184 (12)		John Matyiko	275
)11	Matt Snyder	125	1990	Rick Brzozinsky	142
	Joe Spisak	133	1989	Derek Capanna	177 (4)
	Nick Nelson	141		John Matyiko	HWT (5)
	Derek Valenti	149		Jody Jackson	126
	Jack Danilkowicz	285		Kris Felthousen	142
	Chris Henrich	174 (5)	1988	John Viola	134
		104		Derek Capanna	177
	Jon Fausey	184		Bill Wagner	

NCAA	CHAMP	IONASHII	P FINISHES

_		
Year	Finish	Points
1957	T10th	13
1973	T48th	2
1974	T57th	1
1975	T50th	2
1976	T60th	1
1978	T37th	3.5
1980	T66th	1
1983	T59th	1
1984	T57th	1
1985	T46th	3
1987	T49th	4
1988	T41st	5
1989	T27th	15
1990	T63rd	0.5
1992	T49th	3
1993	T62nd	.5
1994	40th	4
1995	T39th	5
1996	T58th	1
1997	T38th	6.5
1998	T37th	8
1999	23rd	20.5
2000	T23rd	20.5
2001	T60th	2
2002	T45th	6
2003	T55th	2.5
2004	T16th	31 4
2007	47th 40th	7
		18
2009	34th 15th	34
2010	T23rd	24
2011	T28th	17.5
2012	21st	23.5
2013	T23rd	18.5
2015	19th	26.5
2016	48th	3.5
2010	15th	29.5
2018	T31st	10.5
2019	23rd	20.5
2020	Not Wrestled due to	
2021	T31st	11.5
2022	T30th	10.5
2023	T48th	2.5

% selected but unable to compete because of injury (#) denotes national seed/class

## **FOUR-TIME NCAA QUALIFIERS**

Jay Aiello (2019, 2020, 2021, 2022) Andrew Atkinson (2015, 2016, 2017, 2018) Rocco Caponi (2005, 2007, 2008, 2009) George DiCamillo (2013, 2015, 2016, 2017) Jon Fausey (2011, 2012, 2013, 2014) Jim Harshaw (1996, 1997, 1998, 1999) Chris Henrich (2008, 2009, 2010, 2011) Mike Krafchick (1991, 1992, 1994, 1995) Justin McCoy (2020 2021, 2022, 2023) Jack Mueller (2017, 2018, 2019, 2020) John Parr (1983, 1984, 1985, 1987) Matt Roth (1995, 1996, 1998, 1999) Nick Sulzer (2012, 2013, 2014, 2015) Joe Spisak (2011, 2013, 2014, 2015)

#### **GORRIARAN TROPHY WINNERS**

Scott Moore - 2004 Brent Jones - 2010

	ALL-AMERICANS					
Year	Name	Finish	Weight			
1957	Henry Jordan	2nd	HWT			
1989	Derek Capanna	4th	177			
1989	John Matyiko	8th	HWT			
1994	Mike Krafchick	5th	142			
1999	Matt Roth	7th	125			
1999	Jim Harshaw	8th	165			
2000	Steve Garland	2nd	125			
2004	Tim Foley	8th	157			
2004	Scott Moore	3rd	141			
2009	Chris Henrich	7th	174			
2010	Chris Henrich	3rd	174			
2011	Chris Henrich	6th	174			
2011	Derek Valenti	8th	149			
2013	Jedd Moore	6th	157			
2013	Nick Sulzer	8th	165			
2014	Nick Sulzer	4th	165			
2015	Nick Sulzer	5th	165			
2017	Jack Mueller	6th	125			
2017	George DiCamillo	2nd	141			
2019	Jack Mueller	2nd	125			
2020*	Jack Mueller		125			
2020*	Jay Aiello		197			
2021	Louie Hayes	8th	133			
*No NCA	AA Championship o	lue to	COVID-19			

<sup>\*</sup> Championship not wrestled due to COVID-19

# **ACADEMIC HONORS & AWARDS**

ACC ALL-ACADEMIC	TEAM
2006	
	Scott Smith
2007	
2008	
2009	Nick Nelson
2009	Calvin Cardillo
	Peter Ferrara
2010	Jack Danilkowicz
	Stephen Doty
	Dave Ebbott Ross Gitomer
	Brent Jones
	Pat Riley
	Matt Snyder
2011	
	Stephen Doty Dave Ebbott
	Jon Fausey
	Shawn Harris
	Nick Nelson
	Matt Snyder
2012	Joe Spisak
2012	Jon Fausey
	Shawn Harris
	Ethan Hayes
	Ryan Malo
	Matt Nelson
2013	Nick Nelson
2013	Jon Fausey
	Jedd Moore
	Mike Salopek
2014	Derek Valenti
2014	Jon Fausey
2015	Joe Spisak
	Nick Sulzer
2016	
	Andrew Atkinson
	Garrett Peppelman Chris Yankowich
2017	
	Ray Bethea
	George DiCamillo
	Will Mason
2018	Jack Mueller
2018	Louie Hayes
2019	Louie Hayes
	Will Schany
2020	
	Michael Battista Louie Hayes
	Justin McCoy
2021	
	Brian Courtney
	Jake Keating
	Patrick McCormick
2022	Justin McCoy
	Michael Battista
	Brian Courtney
	Patrick McCormick
2022	Justin McCoy
2023	Neil Antrassian Michael Battista
	Dylan Cedeno
	Vic Marcelli
	Patrick McCormick
	Justin McCoy
F	Jarod Verkleeren
Eī	han Weatherspoon

#### GUS TEBELL MEMORIAL AWARD

Awarded to the Virginia fourth-year male student-athlete with the highest scholastic average throughout his four years.

1995
1997
1999
2009
2012
2018

#### **VIRGINIA SCHOLAR-ATHLETES**

Awarded to only one senior student-athlete at Virginia who has shown exceptional performance both on the athletic field and in the classroom.

*David Wendell	1975
Mike McGonigal	1976
*Gary Friedman	1978
Jim Pagano	1983
Buddy Blaha	1987
Derek Capanna	1989
Mike Krafchick	1995
Howie Miller	1996
Zach Feldman	
Bob Seidel	2003
Matt Snyder	2013
Nick Sulzer	2015
*Jim Weaver Scholarship	

NWCA SCHULAR AII-AMERICA				
Mike Krafchick	1992,	1994,	1995	
Howie Miller				
Christopher Jordan			1994	
Matt Roth	1995,	1996,	1999	
Zach Feldman		1996,	1997	
Jim Harshaw			1999	
Scott Moore				
Tim Foley				
Pete Ferrara				
Ross Gitomer				
Jack Danilkowicz				
Jon Fausey2011,	2012,	2013,	2014	
Matt Snyder				
Matt Nelson				
Nick Nelson				
Stephen Doty				
Jedd Moore				
Mike Salopek				
Joe Spisak	2013,	2014,	2015	
Nick Sulzer	2013,	2014,	2015	
Derek Valenti			2013	
Andrew Atkinson				
Zach Nye			2016	
Louie Hayes				
Will Schany			2019	
Jay Aiello		2020,	2021	
Justin McCoy2020,				
Michael Battista				
Patrick McCormick				
Brian Courtney		2022	2022	
Jarod Verkleeren Neil Antrassian				
INCH AHUIdSSIBIL			2023	

#### **COSIDA ACADEMIC ALL-AMERICA**

\*known as NWCA Academic All-America prior to 2005

Matt Snyder......2012, 2013 (3rd team)

