



VIRGINIA WOMEN'S LACROSSE

3 NATIONAL CHAMPIONSHIPS | 28 CONSECUTIVE NCAA CHAMPIONSHIP APPEARANCES
5 ACC TITLES | 128 ALL-AMERICANS



@UVAWomensLax



#17 PRINCETON TIGERS (0-0, 0-0 IVY)

HEAD COACH

Jenn Cook (3rd season)
Career Record (at Liberty): 18-16 (18-16)

GAME 2

SHERRERD FIELD AT CLASS OF 1952 STADIUM
PRINCETON, NJ
FEB. 15, 2025



#8 VIRGINIA CAVALIERS (1-0, 0-0 ACC)

HEAD COACH

Sonia LaMonica (Second season)
Career Record (at Virginia): 163-105 (16-5)

SERIES AT A GLANCE

All-Time Series: 24-19, UVA | Last meeting: 14-12, UVA | First meeting: 1981
Last UVA win: 2/17/24 | Last Princeton Win: 2/20/22 | Streak: UVA, W2

2025 STATISTICAL LEADERS

GOALS

#4 Jenna DiNardo
4 Goals

ASSISTS

#15 Addi Foster
4 Assists

POINTS

#15 Addi Foster
6 Points

GROUND BALLS

#21 Kate Miller
6 Ground Balls

CAUSED TURNOVERS

several
2 Caused Turnovers

DRAW CONTROLS

#5 Kate Galica/#21 Kate Miller
3 Draw Controls

GOALKEEPING

#26 Mel Josephson
1 GP, 52 Minutes, 3.40 GAAvg, 1-0-0

CAVALIER NOTES

- The Cavaliers opened the season with an emphatic 20-5 victory against Liberty last Friday (Feb. 7) in Charlottesville. The Cavaliers broke open a 9-3 game at the half by going on a 9-0 run to start the second half, holding Liberty scoreless for the first 23:27 of the second half
- The Cavaliers took 35 shots on goal, the second highest total by a team this season, trailing only 36 by San Diego State
- The UVA defense caused 18 turnovers, second only to 19 caused by Delaware in a game last weekend against Temple. It was a collective effort with 13 different players causing at least one turnover and no one forcing more than two
- The Cavaliers, who lost three of their top four goal scorers from last season [Katia Carnevale (53 g, 13 a), Mackenzie Hoeg (49 g, 4 a) and Kiki Shaw (33 g, 10 a)] had nine different players score goals against Liberty
- Sophomore attacker **Jenna DiNardo** picked up where she left off last season. UVA's top returning scorer netted four goals in the opener with an assist for five points. She scored 39 her freshman season. Despite being one of the top scorers on the team, DiNardo did not start any games last season. Last Friday was her first career start
- Freshman **Jayden Piraino** opened her collegiate career by scoring a hat trick against Liberty. She scored her three goals on four shots
- Freshman midfielder **Alex Reilly** also scored her first career goal
- Sophomore attacker **Addi Foster** had a career-high six points with two goals and four assists against Liberty. She had a total of eight points in the 2024 season (three goals, five assists), almost matches those totals in one contest
- Grad student midfielder **Lauren Pederson** scored her first career goal in the third quarter of the Liberty game, adding her second career goal in the fourth quarter. Pederson, in her fifth season with the Cavaliers, missed the entirety of her freshman year with an injury only to suffer a different injury her sophomore season to again miss the entire year. She appeared in one game her junior year and nine last season
- Senior midfielder **Abby Manalang** had her first career hat trick against Liberty. Manalang scored a total of three goals in 15 appearances last season and had eight career goals going into the game
- Senior attacker **Kate Miller** had the most well-rounded stat line in the Liberty game. Miller scored three goals with two assists awhile grabbing six ground ball, winning three draw controls and causing two turnovers. Miller was named to the Preseason All-ACC team
- Junior **Mel Josephson** has been named the Cavaliers starting goalkeeper for the second straight year. Josephson appeared in every game last season, starting all but one. She ranked third in the ACC in save percentage (.445) and total saves (161). She tallied 7 saves against Liberty, allowing three goals in her 52 minutes in the cage
- Virginia vs Princeton is a historic rivalry which includes nine meetings in the NCAA Tournament – and five in either the national semifinals or final. Virginia has won five of the last six meetings, including the last two

2025 SCHEDULE/RESULTS

Overall: 1-0 | ACC: 0-0
Home: 1-0 | Away: 0-0 | Neutral: 0-0

DATE	OPPONENT	TIME
Fri. Feb. 7	LIBERTY	W, 20-5
Sat. Feb. 15	at Princeton	12 p.m.
Sat. Feb. 22	STANFORD*	12 p.m.
Wed. Feb. 26	NAVY	5 p.m.
Sat. March 1	at California*	3 p.m.
Wed. March 5	at Richmond	7 p.m.
Sat. March 8	at North Carolina*	2:30 p.m.
Sat. March 15	DUKE*	12 p.m.
Wed. March 19	at James Madison	6 p.m.
Sat. March 22	PITT*	3 p.m.
Sat. March 29	at Syracuse*	12 p.m.
Wed. April 2	at VCU	4 p.m.
Sat. April 5	LOUISVILLE*	12 p.m.
Wed. April 9	vs Maryland	6 p.m.
Sat. April 12	at Boston College*	12 p.m.
Wed. April 16	VIRGINIA TECH*	7 p.m.

ACC TOURNAMENT

Mon. April 21	First Round	TBD
Wed. April 23	Quarterfinals^	TBD
Fri. April 25	Semifinals^	TBD
Sun. April 27	ACC Championship^	TBD

NCAA TOURNAMENT

Fri. May 9	First Round	TBD
Sun. May 11	Second Round	TBD
Thurs. May 15	Quarterfinals	TBD
Fri. May 23	Final Four&	TBD
Sun. May 25	NCAA Championship&	TBD

Home matches in **BOLD CAPS**

*denotes ACC matches

^ - Charlotte, N.C.

& - Foxborough, Mass.

NCAA CHAMPIONSHIP HISTORY

National Championships

1991 • 1993 • 2004

Semifinal Appearances

1986 • 1987 • 1991 • 1992 • 1993 • 1994 • 1995
1998 • 1999 • 2003 • 2004 • 2005 • 2007 • 2014

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PRESEASON ACCOLADES

• Virginia is a consensus top-10 team in all three polls: UVA is No. 8 in the IWLCA Coaches Poll, No. 5 in the USA Lacrosse Magazine poll and No. 9 in the Inside Lacrosse media poll. The Cavaliers have been picked to finish third in the Preseason ACC Coaches Poll

PRESEASON ACCOLADES

- Sophomore midfielder **Kate Galica** has been named a Preseason All-American by both USA Lacrosse Magazine and Inside Lacrosse, earning a spot on the third team by both publications. Sophomore attackers **Madison Alaimo** and **Jenna DiNardo** were both named as honorable mentions to the USA Lacrosse All-America team
- All three players were named to the 2024 All-ACC Freshman Team last season, with Galica earning the ACC Freshman of the Year honors. Galica set the UVA single-season freshman record with 97 draw controls. Galica was also voted to the Preseason All-ACC Team and named one of the Inside Lacrosse Top 50 Players for 2025 list
- Alaimo set the UVA singles-season freshman record with 27 assists while also scoring 17 goals. She ranked eighth in the conference with 1.35 assists per game
- DiNardo scored at least one goal in 19 of the 20 games she played in last season, ranking third on the team in goals scored (39). She is the top returning scorer from the 2024 campaign, ranking in the top 20 of the conference last season in goals scored and was 10th in efficiency with a .527 shot percentage. She was named to the Inside Lacrosse Top 50 Players for 2025 list
- Senior **Kate Miller** was named to the Preseason All-ACC team alongside Kate Galica. Miller, one of three captains for this year's squad, scored 28 goals with 22 assists last season for 50 points. She ranked 12 in the ACC last year for total assists. She enters her final season with 72 goals and 56 assists for 128 career points.
- The Cavaliers have 12 new faces this year: 11 freshmen and a transfer
- Six of the freshmen were named to the Inside Lacrosse Power 100 Freshman Rankings: midfielder **Payton Sfreddo** (23), midfielder **Alexis Reilly** (46), defender **Sophia Conti** (48), midfielder **Livy LaVerghetta** (51-100), midfielder **Abby Musser** (51-100) and attacker **Jayden Piraino** (51-100)
- Junior defender **Lara Kology** was named to the Inside Lacrosse Top 20 Impact Transfers to Watch list. Kology and the Gator defense last season helped the team to a 20-3 record and a run to the Final Four

CAVALIER CAPTAINS

• Senior attacker **Kate Miller**, senior midfielder **Maureen Duffy** and grad student midfielder **Lauren Pederson** are this year's captains

TEAM USA

- Sophomore defender **Cece Webb** won gold as a member of the U.S. Women's team at the inaugural World Lacrosse Box Championships held Sept. 20-29 in Utica, N.Y.
- Webb was one of 23 athletes making history as the first-ever U.S. Women's National Box Lacrosse Team. The U.S. will be one of 10 nations competing in the women's championship, the first time World Lacrosse has hosted a women's box world championship. She became the team's go-to faceoff specialist in the tournament
- Webb redshirted last year and is looking to make her collegiate debut
- Sophomore attacker **Madison Alaimo** won gold with the US Junior National Team at the 2024 World Lacrosse Women's U20 Championship in August in Hong Kong
- Alaimo set the tournament record for most assists (25) in the championship
- She ranked third among all players in points with 43, scoring 18 goals in addition to her 25 assists.
- Alaimo was named the Player of the Game for the pool play contest against China,
- Sophomore attacker **Jenna DiNardo** was named to the USWNT Training Camp Roster for the Intercollegiate Women's Lacrosse Coaches Association Presidents Cup from Nov. 22-24 in Florida.

MAYBELLINE WOMEN'S LACROSSE LEAGUE

- UVA alumna **Katia Carnevale** and current Cavalier assistant coach **Caylee Waters** have both been named to the 12-player roster for the Maryland Charm for the WLL's inaugural season
- The WLL is a fast-paced, Sixes-styled tournament at the St. James facility in Springfield, Va., from Feb. 11-17. The 12-player rosters will compete in three round-robin games before the semifinals on Sunday, Feb. 16., and the title game on Monday, Feb. 17.
- Carnevale led the team last year with 53 goals, earning second team All-ACC honors as well as being an honorable mention for USA Lacrosse All-America honors
- Waters is a goalkeeper on the USWNT and also plays professionally with Athletes Unlimited

NCAA I WOMEN'S LACROSSE POLLS - WEEK 1

IWLCA COACHES POLL	INSIDE LACROSSE	USA Lacrosse Magazine
1. Boston College (17)	1. Boston College (17)	1. Boston College
2. Northwestern	2. Northwestern	2. Northwestern
3. Michigan	3. Michigan	3. Michigan
4. North Carolina	4. North Carolina	4. North Carolina
5. Florida	5. Florida	5. Virginia
6. Syracuse	6. Syracuse	6. Yale
7. Maryland	7. Maryland	7. Florida
8. Virginia	8. Yale	8. Syracuse
9. Yale	9. Virginia	9. Maryland
10. Johns Hopkins	10. Johns Hopkins	10. Johns Hopkins
11. Notre Dame	11. Notre Dame	11. Loyola
12. Penn	12. Penn	12. Penn
13. Stony Brook	13. Stony Brook	13. Notre Dame
14. Loyola	14. Navy	14. Stony Brook
15. Stanford	15. Stanford	15. Navy
16. Navy	16. Loyola	16. Princeton
17. Princeton	17. Princeton	17. Stanford
18. James Madison	18. Clemson	18. James Madison
19. Richmond	19. Duke	19. Louisville
20. Clemson	20. Richmond	20. Richmond
21. Colorado	Colorado	
22. Penn State	22. James Madison	RV: Army, Colorado, Den-
23. Denver	23. Army	ver, Duke, Holy Cross,
24. Southern Cal	24. Ohio State	Ohio State, Penn State,
25. Duke	25. UConn	UConn, Southern Cal
RV: UConn, Army West Point, Drexel, Ohio State, Louisville		

VIRGINIA WEEK-BY-WEEK			
Week	IWLCA	IL	USA
Preseason	no poll	9	5
Feb. 10	8	9	5
Feb. 17			
Feb. 24			
March 3			
March 10			
March 17			
March 24			
March 31			
April 7			
April 14			
April 21			
April 28			
May 5			

ACC PRESEASON POLL		
No.	Team	Votes
1.	Boston College (11)	143
2.	North Carolina	126
3.	Virginia	118
4.	Syracuse (1)	114
5.	Stanford	87
6.	Notre Dame	86
7.	Clemson	74
8.	Duke	63
9.	Virginia Tech	45
10.	Louisville	36
11.	Pitt	31
12.	California	13
First place votes in parentheses		

MULTIPLE GOAL GAMES

Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#21 Kate Miller, A	1	1	19	6
#4 Jenna DiNardo	1	1	12	7
#5 Kate Galica			6	4
#16 Madison Alaimo			3	1
#11 Abby Manalang	1	1	2	3
#2 Jayden Piraino	1	1	1	1
#15 Addi Foster	1		1	
#22 Lauren Pederson	1		1	
#40 Devon Gogerty			1	

MULTIPLE ASSIST GAMES

Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#21 Kate Miller	1		18	7
#16 Madison Alaimo	1		8	3
#10 Maureen Duffy	0		2	
#4 Jenna DiNardo			2	
#15 Addi Foster	1	1	1	

CONSECUTIVE GAMES WITH A GOAL

Name	Streak	Goals During Streak	Streak Started
#4 Jenna Dinardo	2	5	May 12, 2024
#5 Kate Galica	2	2	May 12, 2024
#21 Kate Miller	1	4	Feb. 7, 2024
#11 Abby Manalang	1	3	Feb. 7, 2024
#2 Jayden Piraino	1	3	Feb. 7, 2024
#15 Addi Foster	1	2	Feb. 7, 2024
#22 Lauren Pederson	1	2	Feb. 7, 2024
#14 Madison Alaimo	1	1	Feb. 7, 2024
#23 Alex Reilly	1	1	Feb. 7, 2024

CONSECUTIVE GAMES WITH A POINT

Name, Pos.	Streak	G-A-P During Streak	Streak Started
#4 Jenna DiNardo	2	4-2-6	May 12, 2024
#5 Kate Galica, M	2	2-0-2	May 12, 2024
#21 Kate Miller	1	4-2-6	Feb. 7, 2024
#15 Addi Foster	1	2-4-6	Feb. 7, 2024
#14 Madison Alaimo	1	1-3-4	Feb. 7, 2024
#11 Abby Manalang	1	3-0-3	Feb. 7, 2024
#2 Jayden Piraino	1	3-0-3	Feb. 7, 2024
#22 Lauren Pederson	1	2-0-2	Feb. 7, 2024
#23 Alex Reilly	1	1-0-1	Feb. 7, 2024

COMPARISONS (2024)

	UVA	PRIN
SHOT STATISTICS		
Goals-Shot attempts	274-585	275-574
Goals scored per game	13.70	15.28
Shot pct.	.468	.479
Shots on goal-Attempts	413-585	434-574
SOG pct.	.706	.756
Shots/Game	29.2	31.9
Assists	160	120
Free position Made-Att	38-86	72-136
Free position pct.	.442	.529
GOAL BREAKDOWN		
Total Goals	274	275
Free-position	38	72
Unassisted	114	155
Overtime	1	1
Goals scored avg.	13.60	15.28
GROUND BALLS		
	294	249
DRAW CONTROLS		
	239	261
TURNSOVERS		
	268	222
CAUSED TURNSOVERS		
	177	125
CLEARS		
Clear Pct.	342-371	289-312
	.922	.926
SHOT CLOCK VIOLATIONS		
	11	3

HEAD COACH SONIA LAMONICA



LaMonica took over UVA's storied program for the 2023-24 season after serving as the head women's lacrosse coach at Towson for 13 seasons and one season at Mt. Saint Mary's. LaMonica enters her second season in charge of the Cavalier program in 2025 owning an all-time coaching record of 162-105.

LaMonica By the Numbers

- 6 Conference Coach of the Year Awards (5x CAA, 1x ACC)
- 5 All-ACC Selections
- 3 All-Freshman Selections
- 7 NCAA Tournament Appearances (1 at UVA)
- 4 CAA titles

2024 Season (ACC Co-Coach of the Year)

LaMonica and her team cruised to a 14-6 victory over Liberty in her first game in charge and would go on to win nine of the first 10 games of the season—Virginia's best start to a campaign since the 2007 national runner-up season.

The Cavaliers would go on to stockpile some of the best wins of any team in the country including a road victory over No. 4 Notre Dame, and emphatic dispatching of No. 7 James Madison at home, and a thrilling overtime win over No. 3 Boston College on senior day.

Virginia went 6-3 in ACC play matching a single season program-high for wins in conference play while taking down the likes of Boston College for the first time in eight seasons. The pair of wins over opponents ranked in the top-four marked the first time Virginia accomplished such a feat in nine seasons. The Cavaliers would eventually avenge their regular-season loss to North Carolina with a 13-12 victory in the ACC quarterfinals—their first win over UNC since the 2014 season. UVA reached the ACC Semifinal before falling to Syracuse.

The Cavaliers earned the fifth overall seed in the NCAA Women's Lacrosse Championship, its highest since the 2008 season when Virginia was seeded fourth. The Cavaliers earned the right to host the first two rounds of the tournament for the first time since the 2019 season. The first round featured a 21-6 dispatching of LIU in which Virginia set a program record for most goals scored in an NCAA tournament game. The Cavaliers fell to No. 10 Florida in the second round of the championship.

LaMonica was named ACC Co-Coach of the Year, sharing the honor with former collegiate teammate Acacia Walker-Weinstein of Boston College. Five Cavaliers were named to the All-ACC teams while three were named to the All-Freshman team including ACC freshman of the Year Kate Galica.

Prior to Virginia

During her tenure at Towson, LaMonica led the Tigers to seven NCAA Tournament appearances and four Colonial Athletic Association (CAA) Tournament Championships. She has been named the CAA Coach of the Year five times.

Towson finished first or second in the CAA in 10 of her 14 seasons at the helm and made nine CAA tournament championship game appearances, including six-straight. LaMonica has coached six players to All-America honors and has had numerous All-CAA and All-Region honorees.

LaMonica consistently challenged her teams with tough schedules against top-ranked opponents. Towson finished .500 or better in 12 of the 14 seasons she oversaw the program, with one of the two being cut short due to the pandemic.

A native of Darlington, South Australia, LaMonica (pronounced La – MAHN – ick – uh) was named the 10th head coach in the history of the Towson women's lacrosse program after the 2010 season. She returned to lead the Tigers after a one-year stint as the head coach at Mount St. Mary's.

As the Mountaineers' head coach, LaMonica led Mount St. Mary's to an 8-9 record in 2010 and a berth in the Northeast Conference (NEC) semifinals. She coached five players who earned All-NEC honors.

Prior to becoming the Mountaineers' head coach, LaMonica spent two seasons as a member of Missy Doherty's staff at Towson and helped the Tigers win a pair of Colonial Athletic Association (CAA) championships.

Before joining the Tigers' staff, LaMonica was an assistant coach at the University of Denver, helping the Pioneers to a 15-5 record during the 2006 season. She coached the Mountain Pacific Sports Federation (MPSF) Player and Rookie of the Year along with three all-conference selections and the program's first IWLCFA All-West/Midwest region honoree.

LaMonica also served as head coach of the Women's Professional Lacrosse League's (WPLL) Baltimore Brave. LaMonica led the Brave to the league championship in 2019 and guided the team to the title game in the inaugural season a year earlier.

In addition to her success as a coach, LaMonica is a member of the Australian National Team. She helped Australia win the gold medal at the 2005 World Cup Championship and a silver medal at the 2009 World Cup Championship. In the summer of 2013, LaMonica played a key role in helping Australia earn a bronze medal at the World Cup Championship in Canada.

Named to the 2005 IFWLA All-World Team, she was also a member of the U-19 Australian National Team that won the silver medal at the 1999 World Championships and was also the recipient of the U21 South Australian Sportswoman of the Year award.

A 2003 graduate of Maryland, LaMonica was a three-year starter for the Terrapins. She earned first team All-America honors and was a candidate for the Tewaaraton Trophy during her senior season after leading Maryland to the Atlantic Coast Conference (ACC) championship. A team captain during her senior season, she was a member of three ACC championship teams and helped the Terrapins win the 2000 and 2001 NCAA titles.

LaMonica scored 111 goals in her college career, including 49 goals as a senior, along with 55 assists.

LAMONICA CAREER COACHING RECORD

Year	Team	Overall	Conf.	Conf. Finish	NCAA Tournament
2010	Mt. Saint Mary's	8-9	6-3	Semifinal	-
2011	Towson	11-7	6-1	Final	-
2012	Towson	16-4	7-0	Champions	First Round
2013	Towson	10-9	6-1	Champions	First Round
2014	Towson	11-8	4-1	Champions	First Round
2015	Towson	9-9	3-3	Final	-
2016	Towson	16-4	5-1	Champions	Second Round
2017	Towson	12-7	4-2	Final	First Round
2018	Towson	16-5	5-1	Final	Second Round
2019	Towson	7-10	5-1	Semifinal	-
2020*	Towson	2-4*	*	*	*
2021	Towson	9-9	0-4	Semifinal	First Round
2022	Towson	9-8	5-1	Final	-
2023	Towson	11-7	5-2	Final	-
2024	Virginia	15-5	6-3	Semifinal	Second Round
2025	Virginia	1-0			

Career **163-105**

Virginia Record **16-5 (6-3)**

*Season canceled due to COVID-19 Pandemic



**2025 Virginia Women's Lacrosse
Virginia Combined Team Statistics
All games (as of Feb 10, 2025)**



RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	1-0	1-0	0-0	0-0
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	1-0	1-0	0-0	0-0

Date	Opponent	Score	Att.
02/07/202	LIBERTY	w 20-5	501

TEAM STATISTICS	VA	OPP
SHOT STATISTICS		
Goals-Shot attempts	20-39	5-13
Goals scored per game	20.00	5.00
Shot pct.	.513	.385
Shots/Game	39.0	13.0
Assists	10	1
Free position Made-Att	2-5	1-5
Free position pct.	.400	.200
GOAL BREAKDOWN		
Total Goals	20	5
Free-position	2	1
Unassisted	10	4
Overtime	0	0
Goals scored average	20.00	5.00
GROUND BALLS		
	23	15
DRAW CONTROLS		
	12	17
TURNOVERS		
	13	21
CAUSED TURNOVERS		
	18	11
CLEARs		
	18-20	8-14
Clear Pct.	.900	.571
SHOT CLOCK VIOLATIONS		
	1	0
ATTENDANCE		
Total	501	0
Dates/Avg Per Date	1/501	0/0
Neutral Site #/Avg	0/0	

## PLAYER	GP	G	A	Pts	Sh	Gw	GB	DC	Dsv	TO	CT
4 Jenna Dinardo	1	4	1	5	11	1	0	0	0	2	0
21 Kate Miller	1	3	2	5	4	0	6	3	0	2	2
11 Abby Manalang	1	3	0	3	4	0	3	1	0	1	1
2 Jayden Piraino	1	3	0	3	4	0	0	0	0	0	0
22 Lauren Pederson	1	2	0	2	2	0	2	0	0	1	0
15 Addi Foster	1	2	4	6	2	0	1	0	0	0	2
23 Alex Reilly	1	1	0	1	2	0	0	1	0	1	2
5 Kate Galica	1	1	0	1	4	0	1	3	0	1	2
16 Madison Alaimo	1	1	3	4	4	0	0	0	0	2	0
17 Finley Barger	1	0	0	0	0	0	0	0	0	0	0
20 Olivia Bruno	1	0	0	0	0	0	1	0	0	0	1
25 Corey White	1	0	0	0	0	0	0	0	0	0	0
26 Mel Josephson	1	0	0	0	0	0	1	0	0	0	0
29 Cece Webb	1	0	0	0	0	0	0	0	0	0	1
32 Nicole Cruthirds	1	0	0	0	0	0	1	0	0	0	2
33 Katie Campel	1	0	0	0	0	0	0	0	0	0	0
36 Lara Kology	1	0	0	0	0	0	1	0	0	0	1
40 Devon Gogerty	1	0	0	0	0	0	0	0	0	0	1
14 Abby Musser	1	0	0	0	0	0	0	0	0	0	0
13 Carly Kennedy	1	0	0	0	0	0	0	0	0	0	0
12 Payton Meister	1	0	0	0	0	0	0	0	0	0	0
10 Maureen Duffy	1	0	0	0	0	0	0	0	0	1	1
9 Sophia Conti	1	0	0	0	0	0	0	0	0	0	0
7 Payton Sfreddo	1	0	0	0	2	0	2	2	0	1	1
6 Abby Jansen	1	0	0	0	0	0	1	0	0	0	0
3 Kate Demark	1	0	0	0	0	0	3	2	0	0	1
43 Gabby Laverghett	1	0	0	0	0	0	0	0	0	0	0
Total	1	20	10	30	39	1	23	12	0	13	18
Opponents	1	5	1	6	13	0	15	17	0	21	11

## Goalie	GP	Min.	GA	GAAvg	Save	Pct	W-L-T
26 Mel Josephson	1	52:56	3	3.40	7	.700	1-0-0
6 Abby Jansen	1	7:04	2	16.98	0	.000	0-0-0
Total	1	60:00	5	5.00	7	.583	1-0-0
Opponents	1	60:00	20	20.00	15	.429	0-1-0

Goals by Period	1st	2nd	3rd	4th	Total
Virginia	5	4	6	5	20
Opponents	1	2	0	2	5

Saves by Period	1st	2nd	3rd	4th	Total
Virginia	3	2	1	1	7
Opponents	4	5	5	1	15

Shots by Period	1st	2nd	3rd	4th	Total
Virginia	9	11	12	7	39
Opponents	5	4	1	3	13



2025 Virginia Women's Lacrosse Virginia Overall Individual Statistics All games (as of Feb 10, 2025)



Overall: 1-0 Conf: 0-0 Home: 1-0 Away: 0-0 Neut: 0-0

##	Player	gp-gs	g	a	pts	sh	sh%	gw	fpg-fps	gb	dc	dsv	t/o	ct	foul
4	Jenna Dinardo	1-1	4	1	5	11	.364	1	0-1	0	0	0	2	0	0
21	Kate Miller	1-1	3	2	5	4	.750	0	-	6	3	0	2	2	0
2	Jayden Piraino	1-0	3	0	3	4	.750	0	-	0	0	0	0	0	0
11	Abby Manalang	1-1	3	0	3	4	.750	0	1-1	3	1	0	1	1	0
22	Lauren Pederson	1-0	2	0	2	2	1.000	0	-	2	0	0	1	0	0
15	Addi Foster	1-1	2	4	6	2	1.000	0	-	1	0	0	0	2	0
5	Kate Galica	1-1	1	0	1	4	.250	0	0-1	1	3	0	1	2	1
23	Alex Reilly	1-0	1	0	1	2	.500	0	-	0	1	0	1	2	3
16	Madison Alaimo	1-1	1	3	4	4	.250	0	1-1	0	0	0	2	0	1
14	Abby Musser	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
13	Carly Kennedy	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
12	Payton Meister	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
10	Maureen Duffy	1-1	0	0	0	0	.000	0	-	0	0	0	1	1	1
9	Sophia Conti	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
7	Payton Sfreddo	1-0	0	0	0	2	.000	0	0-1	2	2	0	1	1	1
3	Kate Demark	1-1	0	0	0	0	.000	0	-	3	2	0	0	1	3
26	Mel Josephson	1-1	0	0	0	0	.000	0	-	1	0	0	0	0	1
6	Abby Jansen	1-0	0	0	0	0	.000	0	-	1	0	0	0	0	0
40	Devon Gogerty	1-0	0	0	0	0	.000	0	-	0	0	0	0	1	0
36	Lara Kology	1-1	0	0	0	0	.000	0	-	1	0	0	0	1	0
33	Katie Campel	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
29	Cece Webb	1-0	0	0	0	0	.000	0	-	0	0	0	0	1	0
43	Gabby Laverghetta	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
25	Corey White	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
20	Olivia Bruno	1-1	0	0	0	0	.000	0	-	1	0	0	0	1	1
17	Finley Barger	1-0	0	0	0	0	.000	0	-	0	0	0	0	0	0
32	Nicole Cruthirds	1-1	0	0	0	0	.000	0	-	1	0	0	0	2	0
Total		1	20	10	30	39	.513	1	2-5	23	12	0	13	18	12
Opponents		1	5	1	6	13	.385	0	1-5	15	17	0	21	11	11

##	Goalie	gp-gs	min	ga	gaavg	saves	pct	w	l	t
26	Mel Josephson	1-1	52:56	3	3.40	7	.700	1	0	0
6	Abby Jansen	1-0	7:04	2	16.98	0	.000	0	0	0
Total		1	60:00	5	5.00	7	.583	1	0	0
Opponents		1	60:00	20	20.00	15	.429	0	1	0

Goals by Period	1st	2nd	3rd	4th	Total
Virginia	5	4	6	5	20
Opponents	1	2	0	2	5

Saves by Period	1st	2nd	3rd	4th	Total
Virginia	3	2	1	1	7
Opponents	4	5	5	1	15

Shots by Period	1st	2nd	3rd	4th	Total
Virginia	9	11	12	7	39
Opponents	5	4	1	3	13

Attendance Summary	VA	Opponent
Total	501	0
Dates/Avg Per Date	1/501	0/0
Neutral Site #/Avg	0/0	

Shots on Goal	1st	2nd	3rd	4th	Total
Virginia	9	9	11	6	35
Opponents	4	4	1	3	12

CLEARs: Virginia -- 18-20 .900, Opponents -- 8-14 .571.



**2025 Virginia Women's Lacrosse
Virginia Team Game-by-Game
All games (as of Feb 10, 2025)**



TEAM STATISTICS

Date	Opponent	Score	G	A	Pts	Sh	GW	fpg-fps	GB	DC	TO	CT	Fo
02/07/2025	LIBERTY	20-5	20	10	30	39	1	2-5	23	12	13	18	12
		20-5	20	10	30	39	1	2-5	23	12	13	18	12
	Opponent		5	1	6	13	0	1-5	15	17	21	11	11

TEAM PER-GAME

Games played: 1

Shots per game: 39.00; Goals per game: 20.00

Assists per game: 10.00; Points per game: 30.00

Shot pct: .513; SOG pct: .897

Faceoff W-L pct: .000; Clear pct.: 0.900

Date	Opponent	Score	Minutes	GA	GAAvg	Saves	Save%	W	L	T
02/07/2025	LIBERTY	20-5	60:00	5	5.00	7	.583	1	0	0
		20-5	60:00	5	5.00	7	.583	1	0	0
	Opponent		60:00	20	5.00	15	.429	0	1	0



2025 Virginia Lacrosse Individual Career History



Madison Alaimo

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	20	17	27	44	35	.486	2	24	1	0	28	11
2025	1	1	3	4	4	.250	0	0	0	0	2	0
TOTAL	21	18	30	48	39	.462	2	24	1	0	30	11

SINGLE-GAME HIGHS [all-time ranking]:

Points: 4, 9 times

Goals: 4, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024

Assists: 4, LIU, May 10, 2024

Shots: 5, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024

Ground balls: 5 [t-3rd], Princeton, 02/17/24; Princeton, Feb 17, 2024

Draw controls: 1, LIU, May 10, 2024

Man-up goals: 1 [t-6th], 5 times

Free-position goals: 1, 4 times

Caused turnovers: 2, VCU, Apr 03, 2024; at Duke, Mar 30, 2024

Fiona Allen

SINGLE-GAME HIGHS [all-time ranking]:

Finley Barger

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	4	1	0	1	4	.250	0	0	0	0	0	0
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	5	1	0	1	4	.250	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, LIU, May 10, 2024

Goals: 1, LIU, May 10, 2024

Shots: 2, VCU, Apr 03, 2024

Olivia Bruno

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2023	3	0	0	0	-	-	0	0	0	0	0	0
2024	20	0	0	0	-	-	0	5	0	0	3	18
2025	1	0	0	0	-	-	0	1	0	0	0	1
TOTAL	24	0	0	0	-	-	0	6	0	0	3	19

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 2, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Caused turnovers: 4 [t-1st], Boston College, Apr 13, 2024



2025 Virginia Lacrosse Individual Career History



Breese Burlingame

SINGLE-GAME HIGHS [all-time ranking]:

Katie Campel

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	1	0	0	0	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Sophia Conti

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	1	0	0	0	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Nicole Cruthirds

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2023	18	0	0	0	-	-	0	9	3	0	1	4
2024	20	0	1	1	-	-	0	20	1	0	5	5
2025	1	0	0	0	-	-	0	1	0	0	0	2
TOTAL	39	0	1	1	-	-	0	30	4	0	6	11

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Assists: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Ground balls: 3, 4 times

Draw controls: 1, 5 times

Caused turnovers: 2, Liberty, 02/07/2025; James Madison, 03/20/24; James Madison, Mar 20, 2024



2025 Virginia Lacrosse Individual Career History



Kate Demark

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	0	29	0	0	6	17
2025	1	0	0	0	-	-	0	3	2	0	0	1
TOTAL	21	0	0	0	-	-	0	32	2	0	6	18

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 4 [t-7th], at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Draw controls: 2, Liberty, 02/07/2025

Caused turnovers: 2, 6 times

Jenna Dinardo

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	20	39	11	50	74	.527	3	6	0	0	23	2
2025	1	4	1	5	11	.364	1	0	0	0	2	0
TOTAL	21	43	12	55	85	.506	4	6	0	0	25	2

SINGLE-GAME HIGHS [all-time ranking]:

Points: 5, 5 times

Goals: 5, James Madison, 03/20/24; James Madison, Mar 20, 2024

Assists: 2, 4 times

Shots: 11 [t-4th], Liberty, 02/07/2025

Ground balls: 1, 11 times

Man-up goals: 1 [t-6th], 6 times

Free-position goals: 1, 7 times

Caused turnovers: 1, 4 times

Maureen Duffy

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2022	12	3	0	3	3	1.000	0	1	1	0	2	1
2023	16	3	5	8	9	.333	0	3	0	0	4	0
2024	18	0	0	0	-	-	0	6	0	0	2	4
2025	1	0	0	0	-	-	0	0	0	0	1	1
TOTAL	47	6	5	11	12	.500	0	10	1	0	9	6

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, VCU, Apr 06, 2022; Duke, Apr 08, 2023; vs UC Davis, Feb 12, 2023

Goals: 2, VCU, Apr 06, 2022

Assists: 2, Duke, Apr 08, 2023

Shots: 2, at VCU, Apr 05, 2023; VCU, Apr 06, 2022; vs UC Davis, Feb 12, 2023

Ground balls: 2, at Liberty, 02/09/24; at VCU, Apr 05, 2023; at Liberty, Feb 9, 2024

Draw controls: 1, VCU, Apr 06, 2022

Free-position goals: 1, ELON, Mar 05, 2023

Caused turnovers: 2, at Liberty, 02/09/24; at Liberty, Feb 9, 2024

Addi Foster

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	16	3	5	8	14	.214	0	9	3	0	5	5
2025	1	2	4	6	2	1.000	0	1	0	0	0	2
TOTAL	17	5	9	14	16	.312	0	10	3	0	5	7

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, Liberty, 02/07/2025

Goals: 2, Liberty, 02/07/2025; LIU, May 10, 2024

Assists: 4, Liberty, 02/07/2025

Shots: 3, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024; LIU, May 10, 2024

Ground balls: 3, VCU, Apr 03, 2024

Draw controls: 1, 4 times

Man-up goals: 1 [t-6th], LIU, May 10, 2024

Free-position goals: 1, LIU, May 10, 2024



2025 Virginia Lacrosse Individual Career History



Kate Galica

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	20	21	4	25	47	.447	0	27	97	0	20	14
2025	1	1	0	1	4	.250	0	1	3	0	1	2
TOTAL	21	22	4	26	51	.431	0	28	100	0	21	16

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, 7 times

Goals: 3, 7 times

Assists: 1, 7 times

Shots: 5, 6 times

Ground balls: 4 [t-7th], Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 11 [t-6th], VCU, Apr 03, 2024; at Virginia Tech, Apr 17, 2024

Man-up goals: 1 [t-6th], 6 times

Free-position goals: 1, 5 times

Caused turnovers: 3 [t-8th], Richmond, 03/06/24; Richmond, Mar 6, 2024

Devon Gogerty

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	6	2	1	3	7	.286	0	1	1	0	1	0
2025	1	0	0	0	-	-	0	0	0	0	0	1
TOTAL	7	2	1	3	7	.286	0	1	1	0	1	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Goals: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Assists: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Shots: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

Ground balls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Man-up goals: 1 [t-6th], Richmond, 03/06/24; Richmond, Mar 6, 2024

Caused turnovers: 1, Liberty, 02/07/2025

Abby Jansen

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2022	9	0	0	0	-	-	0	1	0	0	0	0
2023	14	0	0	0	1	.000	0	12	0	0	3	4
2024	6	0	0	0	-	-	0	1	0	0	0	0
2025	1	0	0	0	-	-	0	1	0	0	0	0
TOTAL	30	0	0	0	1	.000	0	15	0	0	3	4

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2022	9	91:43	20	19.63	12	.375	0	0	0	0
2023	14	534:34	121	20.37	67	.356	4	3	0	0
2024	6	43:52	7	14.36	5	.417	0	0	0	0
2025	1	7:04	2	25.47	0	.000	0	0	0	0
TOTAL	30	677:13	150	19.93	84	.359	4	3	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 9, at VCU, Apr 05, 2023

Ground balls: 4 [t-7th], Duke, Apr 08, 2023

Caused turnovers: 2, Duke, Apr 08, 2023



2025 Virginia Lacrosse Individual Career History



Mel Josephson

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	0	19	1	0	7	2
2025	1	0	0	0	-	-	0	1	0	0	0	0
TOTAL	21	0	0	0	-	-	0	20	1	0	7	2

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2024	20	1140:04	200	15.79	161	.446	15	5	0	0
2025	1	52:56	3	5.10	7	.700	1	0	0	0
TOTAL	21	1193:00	203	15.31	168	.453	16	5	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 12 [t-1st], 6 times

Ground balls: 4 [t-7th], Boston College, Apr 13, 2024

Draw controls: 1, Boston College, Apr 13, 2024

Caused turnovers: 1, 5 times

Carly Kennedy

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	1	0	0	0	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Morgan Koeneke

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2022	1	0	0	0	-	-	0	0	0	0	0	1
2024	5	0	0	0	-	-	0	0	0	0	2	0
TOTAL	6	0	0	0	-	-	0	0	0	0	2	1

SINGLE-GAME HIGHS [all-time ranking]:

Caused turnovers: 1, VCU, Apr 06, 2022



2025 Virginia Lacrosse Individual Career History



Lara Kology

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	0	1	0	0	0	1
TOTAL	1	0	0	0	-	-	0	1	0	0	0	1

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, Liberty, 02/07/2025

Caused turnovers: 1, Liberty, 02/07/2025

Gabby Laverghetta

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	1	0	0	0	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Livy Laverghetta

SINGLE-GAME HIGHS [all-time ranking]:

Abby Manalang

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2022	17	0	2	2	9	.000	0	5	15	0	4	2
2023	18	5	1	6	14	.357	0	9	18	0	5	5
2024	15	3	1	4	5	.600	0	3	1	0	2	4
2025	1	3	0	3	4	.750	0	3	1	0	1	1
TOTAL	51	11	4	15	32	.344	0	20	35	0	12	12

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, Liberty, 02/07/2025

Goals: 3, Liberty, 02/07/2025

Assists: 1, 4 times

Shots: 4, Liberty, 02/07/2025

Ground balls: 3, Liberty, 02/07/2025

Draw controls: 5, Notre Dame, Mar 25, 2023

Man-up goals: 1 [t-6th], Liberty, 02/07/2025; at Louisville, Apr 06, 2024

Free-position goals: 1, Liberty, 02/07/2025; Clemson, Mar 03, 2023; at James Madison, Mar 22, 2023

Caused turnovers: 1, 16 times



2025 Virginia Lacrosse Individual Career History

Evie McMahan

SINGLE-GAME HIGHS [all-time ranking]:

Payton Meister

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2022	6	0	0	0	-	-	0	1	0	0	1	2
2023	2	0	0	0	-	-	0	1	0	0	0	0
2024	5	0	0	0	-	-	0	0	0	0	0	0
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	14	0	0	0	-	-	0	2	0	0	1	2

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, at VCU, Apr 05, 2023; Richmond, Mar 09, 2022

Caused turnovers: 1, Richmond, Mar 09, 2022; PITT, Mar 18, 2022

Kate Miller

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2022	20	27	8	35	58	.466	0	9	0	0	15	1
2023	18	17	26	43	38	.447	1	14	1	0	20	8
2024	20	28	22	50	68	.412	1	16	43	0	32	10
2025	1	3	2	5	4	.750	0	6	3	0	2	2
TOTAL	59	75	58	133	168	.446	2	45	47	0	69	21

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, ELON, Mar 05, 2023

Goals: 5, LIU, May 10, 2024

Assists: 4, Syracuse, 03/23/24; Syracuse, Mar 23, 2024

Shots: 7, LIU, May 10, 2024

Ground balls: 6 [2nd], Liberty, 02/07/2025

Draw controls: 6, VCU, Apr 03, 2024

Man-up goals: 2 [t-1st], LIU, May 10, 2024

Free-position goals: 1, 9 times

Caused turnovers: 2, 5 times

Juliana Murphy

SINGLE-GAME HIGHS [all-time ranking]:



2025 Virginia Lacrosse Individual Career History



Abby Musser

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	1	0	0	0	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Lauren Pederson

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2023	1	0	0	0	-	-	0	0	0	0	0	0
2024	9	0	0	0	-	-	0	0	0	0	0	0
2025	1	2	0	2	2	1.000	0	2	0	0	1	0
TOTAL	11	2	0	2	2	1.000	0	2	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Liberty, 02/07/2025

Goals: 2, Liberty, 02/07/2025

Shots: 2, Liberty, 02/07/2025

Ground balls: 2, Liberty, 02/07/2025

Jayden Piraino

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	3	0	3	4	.750	0	0	0	0	0	0
TOTAL	1	3	0	3	4	.750	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, Liberty, 02/07/2025

Goals: 3, Liberty, 02/07/2025

Shots: 4, Liberty, 02/07/2025

Alex Reilly

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	1	0	1	2	.500	0	0	1	0	1	2
TOTAL	1	1	0	1	2	.500	0	0	1	0	1	2

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, Liberty, 02/07/2025

Goals: 1, Liberty, 02/07/2025

Shots: 2, Liberty, 02/07/2025

Draw controls: 1, Liberty, 02/07/2025

Caused turnovers: 2, Liberty, 02/07/2025



2025 Virginia Lacrosse Individual Career History



Alexandra Schneider

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	11	0	0	0	-	-	0	0	1	0	1	0
TOTAL	11	0	0	0	-	-	0	0	1	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Payton Sfreddo

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	2	.000	0	2	2	0	1	1
TOTAL	1	0	0	0	2	.000	0	2	2	0	1	1

SINGLE-GAME HIGHS [all-time ranking]:

Shots: 2, Liberty, 02/07/2025

Ground balls: 2, Liberty, 02/07/2025

Draw controls: 2, Liberty, 02/07/2025

Caused turnovers: 1, Liberty, 02/07/2025

Lily Spyredes

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	0	0	0	0	0	0
TOTAL	4	0	0	0	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Cece Webb

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	0	0	0	0	0	1
TOTAL	1	0	0	0	-	-	0	0	0	0	0	1

SINGLE-GAME HIGHS [all-time ranking]:

Caused turnovers: 1, Liberty, 02/07/2025

Corey White

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	5	0	0	0	2	.000	0	1	0	0	1	0
2025	1	0	0	0	-	-	0	0	0	0	0	0
TOTAL	6	0	0	0	2	.000	0	1	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Shots: 1, Pittsburgh, 03/16/24; VCU, Apr 03, 2024; Pittsburgh, Mar 16, 2024

Ground balls: 1, Richmond, 03/06/24; Richmond, Mar 6, 2024

Wylly Willmott

Season	GP	G	A	Pts	Shots	Shot%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	0	0	0	0	0	0
TOTAL	4	0	0	0	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:



2024 Virginia Lacrosse Virginia Combined Team Statistics All games (as of May 12, 2024)



RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	15-5	8-3	5-1	2-1
CONFERENCE	6-3	2-2	4-1	0-0
NON-CONFERENCE	9-2	6-1	1-0	2-1

Date	Opponent	Score	Att.	##	PLAYER	GP	G	A	Pts	Sh	Gw	GB	DC	TO	CT
Feb 9	at Liberty	w	14-6	33	Katia Carnevale	20	53	13	66	114	5	13	0	31	10
Feb 11	STANFORD	w	10-9	7	Mackenzie Hoeg	20	49	4	53	77	3	24	14	9	14
Feb 17	PRINCETON	w	14-12	4	Jenna Dinardo	20	39	11	50	74	3	6	0	23	2
* Feb 23	#8 NORTH CAROLINA	Lot	9-10	23	Kiki Shaw	20	33	10	43	71	0	17	27	17	13
Feb 25	vs Cornell	w	20-11	21	Kate Miller	20	28	22	50	68	1	16	43	32	10
* Mar 2	at #18 Clemson	w	18-12	5	Kate Galica	20	21	4	25	47	0	27	97	20	14
Mar 6	#23 RICHMOND	w	20-5	14	Morgan Schwab	20	20	61	81	57	1	8	2	39	3
* Mar 9	at #4 Notre Dame	w	12-10	16	Madison Alaimo	20	17	27	44	35	2	24	1	28	11
* Mar 16	PITTSBURGH	w	19-10	28	Maggie Bostain	20	4	0	4	8	0	35	40	14	30
Mar 20	#6 JAMES MADISON	w	12-8	11	Abby Manalang	15	3	1	4	5	0	3	1	2	4
* Mar 23	#7 SYRACUSE	L	14-15	15	Addi Foster	16	3	5	8	14	0	9	3	5	5
* Mar 30	at Duke	L	10-15	40	Devon Gogerty	6	2	1	3	7	0	1	1	1	0
Apr 03	VCU	w	16-8	17	Finley Barger	4	1	0	1	4	0	0	0	0	0
* Apr 06	at Louisville	w	13-8	2	Devon Whitaker	20	1	0	1	1	0	22	4	3	9
* Apr 13	#3 BOSTON COLLEGE	Wot	13-12	37	Lily Spyredes	4	0	0	0	0	0	0	0	0	0
* Apr 17	at Virginia Tech	w	14-12	51	Ashley Vernon	4	0	0	0	0	0	1	0	0	0
Apr 24	vs #14 North Carolina	w	13-12	19	Wylly Willmott	4	0	0	0	0	0	0	0	0	0
Apr 26	vs #4 Syracuse	L	4-19	6	Abby Jansen	6	0	0	0	0	0	1	0	0	0
May 10	LIU	w	21-6	12	Payton Meister	5	0	0	0	0	0	0	0	0	0
May 12	#10 FLORIDA	L	8-13	27	Morgan Koeneke	5	0	0	0	0	0	0	0	2	0
				25	Corey White	5	0	0	0	2	0	1	0	1	0
				22	Lauren Pederson	9	0	0	0	0	0	0	0	0	0
				13	Kacy Hogarth	12	0	0	0	1	0	6	1	1	4
				32	Nicole Cruthirds	20	0	1	1	0	0	20	1	5	5
				26	Mel Josephson	20	0	0	0	0	0	19	1	7	2
				20	Olivia Bruno	20	0	0	0	0	0	5	0	3	18
				10	Maureen Duffy	18	0	0	0	0	0	6	0	2	4
				8	Alexandra Schneider	11	0	0	0	0	0	0	1	1	0
				3	Kate Demark	20	0	0	0	0	0	29	0	6	17
				31	Ashley West	3	0	0	0	0	0	1	0	0	0
					Total	20	274	160	434	585	15	294	239	268	177
					Opponents	20	213	112	325	508	5	267	305	307	149

TEAM STATISTICS	VA	OPP
SHOT STATISTICS		
Goals-Shot attempts	274-585	213-508
Goals scored per game	13.70	10.65
Shot pct.	.468	.419
Shots on goal-Attempts	413-585	381-508
SOG pct.	.706	.750
Shots/Game	29.2	25.4
Assists	160	112
Free position Made-Att	38-86	48-110
Free position pct.	.442	.436
GOAL BREAKDOWN		
Total Goals	274	213
Free-position	38	48
Unassisted	114	101
Overtime	1	1
Goals scored average	13.60	10.57
GROUND BALLS	294	267
DRAW CONTROLS	239	305
TURNOVERS	268	307
CAUSED TURNOVERS	177	149
CLEARs	342-371	307-355
Clear Pct.	.922	.865
SHOT CLOCK VIOLATIONS	11	4
ATTENDANCE		
Total	7361	2836
Dates/Avg Per Date	11/669	6/473
Neutral Site #/Avg	3/241	

##	Goalie	GP	Min.	GA	GAAvg	Save	Pct	W-L-T
31	Ashley West	3	7:30	0	0.00	0	.000	0-0-0
6	Abby Jansen	6	43:52	7	9.57	5	.417	0-0-0
26	Mel Josephson	20	1140:04	200	10.53	161	.446	15-5-0
51	Ashley Vernon	4	17:22	6	20.73	2	.250	0-0-0
	Total	20	1208:48	213	10.57	168	.441	15-5-0
	Opponents	20	1208:48	274	13.60	139	.337	5-15-0

Goals by Period	1st	2nd	3rd	4th	OT	Total
Virginia	72	84	70	47	1	274
Opponents	57	58	42	55	1	213

Saves by Period	1st	2nd	3rd	4th	OT	Total
Virginia	43	38	42	45	0	168
Opponents	37	38	34	30	0	139

Shots by Period	1st	2nd	3rd	4th	OT	Total
Virginia	152	172	142	118	1	585
Opponents	134	134	105	134	1	508

Shots on Goal	1st	2nd	3rd	4th	OT	Total
Virginia	109	122	104	77	1	413
Opponents	100	96	84	100	1	381

2025 ROSTER/BREAKDOWN

No.	Name	Cl.	Pos.	Ht.	Hometown/High School/Previous School
2	Jayden Piraino	Fr.	Attack	5-6	Dix Hills, N.Y./Half Hollow Hills East
3	Kate Demark	So.	Defense	5-6	Darien, Conn./Darien HS
4	Jenna Dinardo	So.	Attack	5-5	Corning, N.Y./Corning Painted Post HS
5	Kate Galica	So.	Midfield	5-8	Wayne, Pa./Conestoga HS
6	Abby Jansen	Sr.	Goalkeeper	5-5	Newtown Square, Pa./Radnor
7	Payton Sfreddo	Fr.	Midfield	5-11	Rye, N.Y., Sacred Heart Greenwich (Conn.)
8	Alexandra Schneider	So.	Defense	5-8	Manhasset, N.Y./Manhasset HS
9	Sophia Conti	Fr.	Midfield	5-7	Babylon, N.Y./Babylon Junior Senior High
10	Maureen Duffy	Sr.	Defense	5-7	East Quogue, N.Y./Westhampton Beach
11	Abby Manalang	Sr.	Midfield	5-4	Los Angeles, Calif./Da Vinci Science
12	Payton Meister	Sr.	Defense	5-4	Coppell, Texas/Episcopal School of Dallas
13	Carly Kennedy	Fr.	Midfield	5-3	Denver, Co./Regis Jesuit
14	Abby Musser	Fr.	Defense	5-6	Alexandria, Va./St. Stephens & St. Agnes
15	Addi Foster	So.	Attack	5-9	Charlottesville, Va./St. Anne's Belfield School
16	Madison Alaimo	So.	Attack	5-7	Wantagh, N.Y./Wantagh HS
17	Finley Barger	Jr.	Midfield	5-8	Fallston, Md./Notre Dame Preparatory School
19	Wyly Willmott	Jr.	Defense	5-8	Memphis, Tenn./Oregon Episcopal/Hutchison School
20	Olivia Bruno	Jr.	Defense	5-9	Victor, N.Y./Victor
21	Kate Miller	Sr.	Attack	5-6	Mechanicsville, Va./Atlee
22	Lauren Pederson	Gr.	Midfield	5-11	Park City, Utah/Park City
23	Alex Reilly	Fr.	Midfield	5-6	Fort Washington, Pa./Springside Chestnut Hill Academy
25	Corey White	So.	Midfield	5-8	Chevy Chase, Md./Stone Ridge School of the Sacred Heart
26	Mel Josephson	Jr.	Goalkeeper	5-6	Sea Bright, N.J./The Lawrenceville School
27	Morgan Koeneke	Sr.	Attack	5-2	South Riding, Va./Freedom
28	Juliana Murphy	Fr.	Defense	5-8	Charlottesville, Va./Western Albemarle
29	Cece Webb	So.	Defense	5-10	Summit, N.J./Summit HS
31	Evie McMahan	Fr.	Attack	5-4	Charlotte, N.C./Charlotte Latin
32	Nicole Cruthirds	Jr.	Defense	5-4	Alexandria, Va./St. Stephen's and St. Agnes School
33	Katie Campel	Jr.	Attack	5-10	Greenland, N.H./Bishop Guertin HS
36	Lara Kology	Jr.	Defense	5-6	Chatham, N.J./Chatham High
37	Lily Spyredes	Jr.	Attack	5-8	Boca Raton, Fla./Pine Crest School
40	Devon Gogerty	Jr.	Midfield	5-5	Mendham, N.J./Oak Knoll School
41	Fiona Allen	Fr.	Attack	5-5	Hinsdale, Ill./Saint Ignatius College Prep
42	Livy LaVerghetta	Fr.	Midfield	5-0	Baltimore, Md./Garrison Forest
43	Gabby LaVerghetta	Fr.	Attack	5-4	Baltimore, Md./Garrison Forest
44	Breese Burlingame	Jr.	Goalkeeper	6-1	Binghamton, N.Y./Utica/Northfield Mount Hermon

Head Coach: Sonia LaMonica (Maryland '03) second season

Assistant Coach: Michael LaMonica (Maryland '02), second season

Assistant Coach: Caylee Waters (North Carolina '17), second season

Assistant Coach: Kerrigan Miller (North Carolina '21), second season

Director of Operations: Maris Large (Vermont '22), second season

BREAKDOWN BY...

CLASS

Freshman	11
Sophomore	8
Junior	10
Senior	6
Grad/ Fifth.....	1

STATE

California.....	1
Colorado.....	1
Connecticut	1
Florida	1
Illinois	1
Maryland	4
New Hampshire.....	1
New Jersey	4
New York	9
North Carolina.....	1
Pennsylvania.....	3
Tennessee	1
Texas	1
Utah.....	1
Virginia	6

ALPHABETICAL

16 Madison Alaimo.....	Attack
41 Fiona Allen.....	Attack
17 Finley Barger	Midfield
20 Olivia Bruno.....	Defense
44 Breese Burlingame	Goalkeeper
33 Katie Campel	Attack
9 Sophia Conti	Midfield
32 Nicole Cruthirds.....	Defense
3 Kate Demark	Defense
4 Jenna Dinardo	Attack
10 Maureen Duffy (C).....	Defense
15 Addi Foster.....	Attack
5 Kate Galica	Midfield
40 Devon Gogerty	Midfield
6 Abby Jansen	Goalkeeper
26 Mel Josephson	Goalkeeper
13 Carly Kennedy	Midfield
27 Morgan Koeneke.....	Attack
36 Lara Kology	Defense
43 Gabby LaVerghetta.....	Attack
42 Livy LaVerghetta	Midfield
11 Abby Manalang	Midfield
31 Evie McMahan	Attack
12 Payton Meister	Defense
21 Kate Miller (C)	Attack
28 Juliana Murphy	Defense
14 Abby Musser	Defense
22 Lauren Pederson (C)	Midfield
2 Jayden Piraino	Attack
23 Alex Reilly	Midfield
8 Alexandra Schneider	Defense
7 Payton Sfreddo	Midfield
37 Lily Spyredes.....	Attack
29 Cece Webb.....	Defense
25 Corey White	Midfield
19 Wyly Willmott	Defense

PRONUNCIATIONS

Players

Alaimo	uh-LIE-mo
Barger	BAR-ger
Cruthirds	Crew-thirds
Gogerty	GO-ger-ty
Koeneke	CONE-i-key
Lara Kology.....	LAIR-uh coe-LOE-gee
Manalang	MANNA-lang
Meister.....	MY-str
Musser.....	Muss-sir
Piraino	PER-an-OH
Sfreddo	seh-FRED-do
Wyly	WHY-Lee

Coaches

LaMonica.....	La-MAHN-i-ka
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2025 VIRGINIA WOMEN'S LACROSSE BROADCAST ROSTER



2

JAYDEN PIRAINO
Fr. | Attack
Dix Hills, N.Y.



3

KATE DEMARK
So. | Defense
Darien, Conn.



4

JENNA DINARDO
So. | Attack
Corning, N.Y.



5

KATE GALICA
So. | Midfield
Wayne, Pa.



6

ABBY JANSEN
Sr. | Goalkeeper
Newtown Square, Pa.



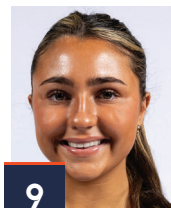
7

PAYTON SFREDDO
Fr. | Midfielder
Rye, N.Y.



8

ALEXANDRA SCHNEIDER
SO. | Defense
Manhasset, N.Y.



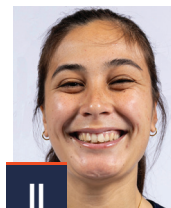
9

SOPHIA CONTI
Fr. | Midfield
babylon, N.Y.



10

MAUREEN DUFFY
Sr. | Midfield
East Quogue, N.Y.



11

ABBY MANALANG
Sr. | Midfield
Los Angeles, Calif.



12

PAYTON MEISTER
Sr. | Defense
Coppell, Texas



13

CARLY KENNEDY
Fr. | Midfield
Denver, Colo.



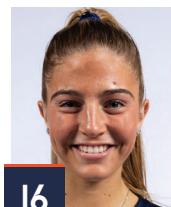
14

ABBY MUSSER
Fr. | Defense
Alexandria, Va.



15

ADDI FOSTER
So. | Midfield
Charlottesville, Va.



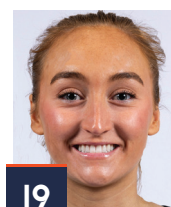
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MADISON ALAIMO
Fr. | Attack
Wantagh, N.Y.



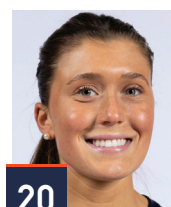
17

FINLEY BARGER
Jr. | Midfield
Fallston, Md.



19

WYLLY WILLMOTT
Jr. | Defense
Memphis, Tenn.



20

OLIVIA BRUNO
Jr. | Defense
Victor, N.Y.



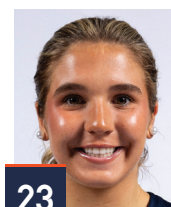
21

KATE MILLER
Sr. | Attack
Mechanicsville, Va.



22

LAUREN PEDERSON
Gr. | Midfield
Park City, Utah



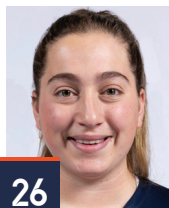
23

ALEX REILLY
Fr. | Midfield
Fort Washington, Pa.



25

COREY WHITE
So. | Midfield
Chevy Chase, Md.



26

MEL JOSEPHSON
Jr. | Goalkeeper
Sea Bright, N.J.



27

MORGAN KOENEKE
Jr. | Attack
South Riding, Va.



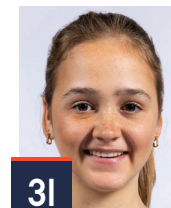
28

JULIANA MURPHY
Fr. | Defense
Charlottesville, Va.



29

CECE WEBB
So. | Defense
Summit, N.J.



31

EVIE MCMAHAN
Fr. | Attack
Charlotte, N.C..



32

NICOLE CRUTHIRDS
Fr. | Defense
Alexandria, Va.



33

KATIE CAMPEL
Jr. | Attack
Greenland, N.H.



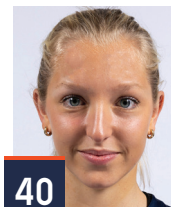
36

LARA KOLOGY
Jr. | Defense
Chatham, N.J..



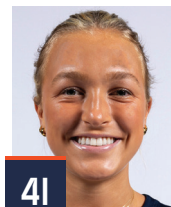
37

LILY SPYREDES
So. | Attack
Boca Raton, Fla.



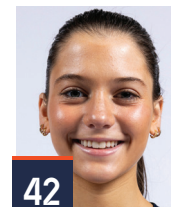
40

DEVON GOGERTY
Jr. | Midfield
Mendham, N.J.



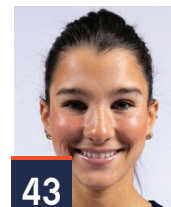
41

FIONA ALLEN
Fr. | Attack
Hinsdale, Ill.



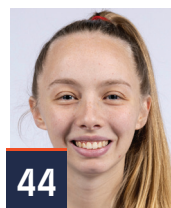
42

LIVY LAVERGHETTA
Fr. | Midfield
Baltimore, Md..



43

GABBY LAVERGHETTA
Fr. | Attkc
Baltimore, Md.



44

BREESE BURLINGAME
So. | Goalkeeper
Binghamton, N.Y.



HC

SONIA LAMONICA
Head Coach
Second Season



AC

MICHAEL LAMONICA
Assistant Coach
Second Season



AC

CAYLEE WATERS
Assistant Coach
Second Season



AC

KERRIGAN MILLER
Assistant Coach
Second Season



DO

MARIS LARGE
Director of Ops
Second Season