



# VIRGINIA WOMEN'S LACROSSE

3 NATIONAL CHAMPIONSHIPS | 28 CONSECUTIVE NCAA CHAMPIONSHIP APPEARANCES  
5 ACC TITLES | 128 ALL-AMERICANS



@UVAWomensLax



GAME 1, 2025 SEASON  
FEB. 7, 2025  
KLÖCKNER STADIUM  
CHARLOTTESVILLE, VA.



LIBERTY FLAMES (0-0, 0-0 ASUN)

#5 VIRGINIA CAVALIERS (0-0, 0-0 ACC)

## HEAD COACH

Kelly Nangle (12th season)  
Career Record (at Liberty): 107-120 (91-102)

## HEAD COACH

Sonia LaMonica (Second season)  
Career Record (at Virginia): 162-105 (15-5)

## SERIES AT A GLANCE

All-Time Series: 1-0 | Last meeting: 2/9/24 | First meeting: 2/9/24  
Last UVA win: 2/9/24 | Last Liberty Win: N/A | Streak: W1

## RETURNING STATISTICAL LEADERS (2024)

## GOALS

#4 Jenna DiNardo  
39 Goals

## ASSISTS

#16 Madison Alaimo  
27 Assists

## POINTS

#4 Jenna DiNardo  
50 Points

## GROUND BALLS

#3 Kate Demark  
29 Ground Balls

## CAUSED TURNOVERS

#20 Olivia Bruno  
18 Caused Turnovers

## DRAW CONTROLS

#21 Kate Miller  
43 Draw Controls

## GOALKEEPING

#26 Mel Josephson  
20 GP, 1140 Minutes, 10.53 GAAvg, 15-5-0

## CAVALIER NOTES

- Virginia is a consensus top-10 pick in the two preseason polls. UVA is No. 5 in the USA Lacrosse Magazine preseason poll and No. 9 in the Inside Lacrosse media poll. The IWLCAs does not publish a preseason poll
- Head Coach **Sonia LaMonica** returns for her second season at the helm of the Cavaliers. The 2024 Co-ACC Coach of the Year led her team to a 15-5 record and advanced to the second round of the NCAA Championship. LaMonica's 2024 squad started the season winning nine of its first 10 games and tallied three top-10 wins
- The Cavaliers have been picked to finish third in the Preseason ACC Coaches Poll. The Cavaliers made the semifinals of the conference tournament last season. UVA went 6-3 in conference play and finished in a tie for fourth place with UNC
- Sophomore midfielder **Kate Galica** has been named a Preseason All-American by both USA Lacrosse Magazine and Inside Lacrosse, earning a spot on the third team by both publications. Sophomore attackers **Madison Alaimo** and **Jenna DiNardo** were both named as honorable mentions to the USA Lacrosse All-America team
- All three players were named to the 2024 All-ACC Freshman Team last season, with Galica earning the ACC Freshman of the Year honors. Galica set the UVA single-season freshman record with 97 draw controls. Galica was also voted to the Preseason All-ACC Team and named one of the Inside Lacrosse Top 50 Players for 2025 list
- Alaimo set the UVA single-season freshman record with 27 assists while also scoring 17 goals. She ranked eighth in the conference with 1.35 assists per game
- DiNardo scored at least one goal in 19 of the 20 games she played in last season, ranking third on the team in goals scored (39). She is the top returning scorer from the 2024 campaign, ranking in the top 20 of the conference last season in goals scored and was 10th in efficiency with a .527 shot percentage. She was named to the Inside Lacrosse Top 50 Players for 2025 list
- Senior **Kate Miller** was named to the Preseason All-ACC team alongside Galica. Miller, one of three captains for this year's squad, scored 28 goals with 22 assists last season for 50 points. She ranked 12 in the ACC last year for total assists. She enters her final season with 72 goals and 56 assists for 128 career points.
- Junior **Mel Josephson** returns for her second season as the team's starting goalkeeper. Josephson appeared in every game last season, starting all but one. She ranked third in the ACC in save percentage (.445) and total saves (161)
- The Cavaliers lost three of their top four goal scorers from last season, Katia Carnevale (53 g, 13 a), Mackenzie Hoeg (49 g, 4 a) and Kiki Shaw (33 g, 10 a)
- The Cavaliers have added 11 freshmen and a transfer to fill the void including six who were named to the Inside Lacrosse Power 100 Freshman Rankings: midfielder **Payton Sfreddo** (23), midfielder **Alexis Reilly** (46), defender **Sophia Conti** (48), midfielder **Livy LaVerghetta** (51-100), midfielder **Abby Musser** (51-100) and attacker **Jayden Piraino** (51-100)
- Junior defender **Lara Kology** was named to the Inside Lacrosse Top 20 Impact Transfers to Watch list. Kology and the Gator defense last season helped the team to a 20-3 record and a run to the Final Four

## 2025 SCHEDULE/RESULTS

Overall: 0-0 | ACC: 0-0  
Home: 0-0 | Away: 0-0 | Neutral: 0-0

DATE	OPPONENT	TIME
Fri. Feb. 7	LIBERTY	4 p.m.
Sat. Feb. 15	at Princeton	12 p.m.
Sat. Feb. 22	STANFORD*	12 p.m.
Wed. Feb. 26	NAVY	5 p.m.
Sat. March 1	at California*	3 p.m.
Wed. March 5	at Richmond	7 p.m.
Sat. March 8	at North Carolina*	2:30 p.m.
Sat. March 15	DUKE*	12 p.m.
Wed. March 19	at James Madison	6 p.m.
Sat. March 22	PITT*	3 p.m.
Sat. March 29	at Syracuse*	12 p.m.
Wed. April 2	at VCU	4 p.m.
Sat. April 5	LOUISVILLE*	12 p.m.
Wed. April 9	vs Maryland	6 p.m.
Sat. April 12	at Boston College*	12 p.m.
Wed. April 16	VIRGINIA TECH*	7 p.m.

## ACC TOURNAMENT

Mon. April 21	First Round	TBD
Wed. April 23	Quarterfinals^	TBD
Fri. April 25	Semifinals^	TBD
Sun. April 27	ACC Championship^	TBD

## NCAA TOURNAMENT

Fri. May 9	First Round	TBD
Sun. May 11	Second Round	TBD
Thurs. May 15	Quarterfinals	TBD
Fri. May 23	Final Four&	TBD
Sun. May 25	NCAA Championship&	TBD

Home matches in **BOLD CAPS**

\*denotes ACC matches

^ - Charlotte, N.C.

& - Foxborough, Mass.

## NCAA CHAMPIONSHIP HISTORY

### National Championships

1991 • 1993 • 2004

### Semifinal Appearances

1986 • 1987 • 1991 • 1992 • 1993 • 1994 • 1995  
1998 • 1999 • 2003 • 2004 • 2005 • 2007 • 2014

## MEDIA CONTACT

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CAVALIER CAPTAINS

• Senior attacker **Kate Miller**, senior midfielder **Maureen Duffy** and grad student midfielder **Lauren Pederson** are this year's captains

TEAM USA

- Sophomore defender **Cece Webb** won gold as a member of the U.S. Women's team at the inaugural World Lacrosse Box Championships held Sept. 20-29 in Utica, N.Y.
- Webb was one of 23 athletes making history as the first-ever U.S. Women's National Box Lacrosse Team. The U.S. will be one of 10 nations competing in the women's championship, the first time World Lacrosse has hosted a women's box world championship. She became the team's go-to faceoff specialist in the tournament
- Webb redshirted last year and is looking to make her collegiate debut
- Sophomore attacker **Madison Alaimo** won gold with the US Junior National Team at the 2024 World Lacrosse Women's U20 Championship in August in Hong Kong
- Alaimo set the tournament record for most assists (25) in the championship
- She ranked third among all players in points with 43, scoring 18 goals in addition to her 25 assists.
- Alaimo was named the Player of the Game for the pool play contest against China,
- Sophomore attacker **Jenna DiNardo** was named to the USWNT Training Camp Roster for the Intercollegiate Women's Lacrosse Coaches Association Presidents Cup from Nov. 22-24 in Florida.

MAYBELLINE WOMEN'S LACROSSE LEAGUE

- UVA alumna **Katia Carnevale** and current Cavalier assistant coach **Caylee Waters** have both been named to the 12-player roster for the Maryland Charm for the WLL's inagural season
- The WLL is a fast-paced, Sixes-styled tournament at the St. James facility in Springfield, Va., from Feb. 11-17. The 12-player rosters will compete in three round-robin games before the semifinals on Sunday, Feb. 16., and the title game on Monday, Feb. 17.
- Carnevale led the team last year with 53 goals, earning second team All-ACC honors as well as being an honorable mention for USA Lacrosse All-America honors
- Waters is a goalkeeper on the USWNT and also plays professionally with Athletes Unlimited

CONSECUTIVE GAMES WITH A GOAL

Name, Pos.	Streak	Goals During Streak	Streak Started
#4 Jenna Dinardo, A	1	1	May 12, 2024
#5 Kate Galica, M	1	1	May 12, 2024

CONSECUTIVE GAMES WITH A POINT

Name, Pos.	Streak	G-A-P During Streak	Streak Started
#4 Jenna Dinardo, A	1	1-1-2	May 12, 2024
#5 Kate Galica, M	1	1-0-1	May 12, 2024

MULTIPLE GOAL GAMES

Name, Pos.	2024	Career	Career 3+ Goals
#21 Kate Miller, A	7	20	7

MULTIPLE ASSIST GAMES

Name, Pos.	2024	Career	Career 3+ Assists
#21 Kate Miller, A	8	17	7
#10 Maureen Duffy, M	0	2	0

COMPARISONS (2024)

	UVA	LU
SHOT STATISTICS		
Goals-Shot attempts	274-585	204-579
Goals scored per game	13.70	11.33
Shot pct.	.468	.352
Shots on goal-Attempts	413-585	405-579
SOG pct.	.706	.699
Shots/Game	29.2	32.2
Assists	160	88
Free position Made-Att	38-86	39-106
Free position pct.	.442	.368
GOAL BREAKDOWN		
Total Goals	274	204
Free-position	38	39
Unassisted	114	116
Overtime	1	0
Goals scored avg.	13.60	11.33
GROUND BALLS		
	294	402
DRAW CONTROLS		
	239	211
TURNOVERS		
	268	318
CAUSED TURNOVERS		
	177	286
CLEARS		
Clear Pct.	342-371	300-345
	.922	.870
SHOT CLOCK VIOLATIONS		
	11	5

VIRGINIA IN THE POLLS - BREAKDOWN

INSIDE LACROSSE

1. Boston College (17)
2. Northwestern
3. Michigan
4. North Carolina
5. Florida
6. Syracuse
7. Maryland
8. Yale
9. Virginia
10. Loyola
11. Johns Hopkins
12. Penn
13. Notre Dame
14. Stony Brook
15. Denver
16. James Madison
17. Princeton
18. Navy
19. Penn State
20. Stanford
21. Clemson
22. USC
23. Colorado
24. Drexel
25. Duke

USA Lacrosse Magazine

1. Boston College
2. Northwestern
3. Michigan
4. North Carolina
5. Virginia
6. Yale
7. Johns Hopkins
8. Loyola
9. Florida
10. Maryland
11. Syracuse
12. Penn
13. Notre Dame
14. Stony Brook
15. Navy
16. Denver
17. Princeton
18. James Madison
19. Penn State
20. USC

RV: Colorado, Drexel, Fairfield, Stanford

VIRGINIA WEEK-BY-WEEK

Week	IWLCA	IL	USA
Preseason	no poll	9	5
Feb. 10			
Feb. 17			
Feb. 24			
March 3			
March 10			
March 17			
March 24			
March 31			
April 7			
April 14			
April 21			
April 28			
May 5			

ACC PRESEASON POLL

No.	Team	Votes
1.	Boston College (11)	143
2.	North Carolina	126
3.	Virginia	118
4.	Syracuse (1)	114
5.	Stanford	87
6.	Notre Dame	86
7.	Clemson	74
8.	Duke	63
9.	Virginia Tech	45
10.	Louisville	36
11.	Pitt	31
12.	California	13

First place votes in parentheses

## HEAD COACH SONIA LAMONICA



LaMonica took over UVA's storied program for the 2023-24 season after serving as the head women's lacrosse coach at Towson for 13 seasons and one season at Mt. Saint Mary's. LaMonica enters her second season in charge of the Cavalier program in 2025 owning an all-time coaching record of 162-105.

### LaMonica By the Numbers

- 6 Conference Coach of the Year Awards (5x CAA, 1x ACC)
- 5 All-ACC Selections
- 3 All-Freshman Selections
- 7 NCAA Tournament Appearances (1 at UVA)
- 4 CAA titles

### 2024 Season (ACC Co-Coach of the Year)

LaMonica and her team cruised to a 14-6 victory over Liberty in her first game in charge and would go on to win nine of the first 10 games of the season—Virginia's best start to a campaign since the 2007 national runner-up season.

The Cavaliers would go on to stockpile some of the best wins of any team in the country including a road victory over No. 4 Notre Dame, and emphatic dispatching of No. 7 James Madison at home, and a thrilling overtime win over No. 3 Boston College on senior day.

Virginia went 6-3 in ACC play matching a single season program-high for wins in conference play while taking down the likes of Boston College for the first time in eight seasons. The pair of wins over opponents ranked in the top-four marked the first time Virginia accomplished such a feat in nine seasons. The Cavaliers would eventually avenge their regular-season loss to North Carolina with a 13-12 victory in the ACC quarterfinals—their first win over UNC since the 2014 season. UVA reached the ACC Semifinal before falling to Syracuse.

The Cavaliers earned the fifth overall seed in the NCAA Women's Lacrosse Championship, its highest since the 2008 season when Virginia was seeded fourth. The Cavaliers earned the right to host the first two rounds of the tournament for the first time since the 2019 season. The first round featured a 21-6 dispatching of LIU in which Virginia set a program record for most goals scored in an NCAA tournament game. The Cavaliers fell to No. 10 Florida in the second round of the championship.

LaMonica was named ACC Co-Coach of the Year, sharing the honor with former collegiate teammate Acacia Walker-Weinstein of Boston College. Five Cavaliers were named to the All-ACC teams while three were named to the All-Freshman team including ACC freshman of the Year Kate Galica.

Prior to Virginia

During her tenure at Towson, LaMonica led the Tigers to seven NCAA Tournament appearances and four Colonial Athletic Association (CAA) Tournament Championships. She has been named the CAA Coach of the Year five times.

Towson finished first or second in the CAA in 10 of her 14 seasons at the helm and made nine CAA tournament championship game appearances, including six-straight. LaMonica has coached six players to All-America honors and has had numerous All-CAA and All-Region honorees.

LaMonica consistently challenged her teams with tough schedules against top-ranked opponents. Towson finished .500 or better in 12 of the 14 seasons she oversaw the program, with one of the two being cut short due to the pandemic.

A native of Darlington, South Australia, LaMonica (pronounced La – MAHN – ick – uh) was named the 10th head coach in the history of the Towson women's lacrosse program after the 2010 season. She returned to lead the Tigers after a one-year stint as the head coach at Mount St. Mary's.

As the Mountaineers' head coach, LaMonica led Mount St. Mary's to an 8-9 record in 2010 and a berth in the Northeast Conference (NEC) semifinals. She coached five players who earned All-NEC honors.

Prior to becoming the Mountaineers' head coach, LaMonica spent two seasons as a member of Missy Doherty's staff at Towson and helped the Tigers win a pair of Colonial Athletic Association (CAA) championships.

Before joining the Tigers' staff, LaMonica was an assistant coach at the University of Denver, helping the Pioneers to a 15-5 record during the 2006 season. She coached the Mountain Pacific Sports Federation (MPSF) Player and Rookie of the Year along with three all-conference selections and the program's first IWLCFA All-West/Midwest region honoree.

LaMonica also served as head coach of the Women's Professional Lacrosse League's (WPLL) Baltimore Brave. LaMonica led the Brave to the league championship in 2019 and guided the team to the title game in the inaugural season a year earlier.

In addition to her success as a coach, LaMonica is a member of the Australian National Team. She helped Australia win the gold medal at the 2005 World Cup Championship and a silver medal at the 2009 World Cup Championship. In the summer of 2013, LaMonica played a key role in helping Australia earn a bronze medal at the World Cup Championship in Canada.

Named to the 2005 IFWLA All-World Team, she was also a member of the U-19 Australian National Team that won the silver medal at the 1999 World Championships and was also the recipient of the U21 South Australian Sportswoman of the Year award.

A 2003 graduate of Maryland, LaMonica was a three-year starter for the Terrapins. She earned first team All-America honors and was a candidate for the Tewaaraton Trophy during her senior season after leading Maryland to the Atlantic Coast Conference (ACC) championship. A team captain during her senior season, she was a member of three ACC championship teams and helped the Terrapins win the 2000 and 2001 NCAA titles.

LaMonica scored 111 goals in her college career, including 49 goals as a senior, along with 55 assists.

### LAMONICA CAREER COACHING RECORD

Year	Team	Overall	Conf.	Conf. Finish	NCAA Tournament
2010	Mt. Saint Mary's	8-9	6-3	Semifinal	-
2011	Towson	11-7	6-1	Final	-
2012	Towson	16-4	7-0	Champions	First Round
2013	Towson	10-9	6-1	Champions	First Round
2014	Towson	11-8	4-1	Champions	First Round
2015	Towson	9-9	3-3	Final	-
2016	Towson	16-4	5-1	Champions	Second Round
2017	Towson	12-7	4-2	Final	First Round
2018	Towson	16-5	5-1	Final	Second Round
2019	Towson	7-10	5-1	Semifinal	-
2020*	Towson	2-4*	*	*	*
2021	Towson	9-9	0-4	Semifinal	First Round
2022	Towson	9-8	5-1	Final	-
2023	Towson	11-7	5-2	Final	-
2024	Virginia	15-5	6-3	Semifinal	Second Round
2025	Virginia				

**Career** **162-105**

**Virginia Record** **15-5 (6-3)**

\*Season canceled due to COVID-19 Pandemic



# 2024 Virginia Lacrosse Virginia Combined Team Statistics All games (as of May 12, 2024)



RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	15-5	8-3	5-1	2-1
CONFERENCE	6-3	2-2	4-1	0-0
NON-CONFERENCE	9-2	6-1	1-0	2-1

Date	Opponent		Score	Att.	## PLAYER	GP	G	A	Pts	Sh	Gw	GB	DC	TO	CT
Feb 9	at Liberty	w	14-6	317	33 Katia Carnevale	20	53	13	66	114	5	13	0	31	10
Feb 11	STANFORD	w	10-9	651	7 Mackenzie Hoeg	20	49	4	53	77	3	24	14	9	14
Feb 17	PRINCETON	w	14-12	521	4 Jenna Dinardo	20	39	11	50	74	3	6	0	23	2
* Feb 23	#8 NORTH CAROLINA	Lot	9-10	829	23 Kiki Shaw	20	33	10	43	71	0	17	27	17	13
Feb 25	vs Cornell	w	20-11	400	21 Kate Miller	20	28	22	50	68	1	16	43	32	10
* Mar 2	at #18 Clemson	w	18-12	1068	5 Kate Galica	20	21	4	25	47	0	27	97	20	14
Mar 6	#23 RICHMOND	w	20-5	275	14 Morgan Schwab	20	20	61	81	57	1	8	2	39	3
* Mar 9	at #4 Notre Dame	w	12-10	303	16 Madison Alaimo	20	17	27	44	35	2	24	1	28	11
* Mar 16	PITTSBURGH	w	19-10	811	28 Maggie Bostain	20	4	0	4	8	0	35	40	14	30
Mar 20	#6 JAMES MADISON	w	12-8	466	11 Abby Manalang	15	3	1	4	5	0	3	1	2	4
* Mar 23	#7 SYRACUSE	L	14-15	871	15 Addi Foster	16	3	5	8	14	0	9	3	5	5
* Mar 30	at Duke	L	10-15	378	40 Devon Gogerty	6	2	1	3	7	0	1	1	1	0
Apr 03	VCU	w	16-8	439	17 Finley Barger	4	1	0	1	4	0	0	0	0	0
* Apr 06	at Louisville	w	13-8	242	2 Devon Whitaker	20	1	0	1	1	0	22	4	3	9
* Apr 13	#3 BOSTON COLLEGE	Wot	13-12	883	37 Lily Spyredes	4	0	0	0	0	0	0	0	0	0
* Apr 17	at Virginia Tech	w	14-12	528	51 Ashley Vernon	4	0	0	0	0	0	1	0	0	0
Apr 24	vs #14 North Carolina	w	13-12	323	19 Wyllly Willmott	4	0	0	0	0	0	0	0	0	0
Apr 26	vs #4 Syracuse	L	4-19	0	6 Abby Jansen	6	0	0	0	0	0	1	0	0	0
May 10	LIU	w	21-6	1006	12 Payton Meister	5	0	0	0	0	0	0	0	0	0
May 12	#10 FLORIDA	L	8-13	609	27 Morgan Koenekke	5	0	0	0	0	0	0	0	2	0

TEAM STATISTICS	VA	OPP
SHOT STATISTICS		
Goals-Shot attempts	274-585	213-508
Goals scored per game	13.70	10.65
Shot pct.	.468	.419
Shots on goal-Attempts	413-585	381-508
SOG pct.	.706	.750
Shots/Game	29.2	25.4
Assists	160	112
Free position Made-Att	38-86	48-110
Free position pct.	.442	.436
GOAL BREAKDOWN		
Total Goals	274	213
Free-position	38	48
Unassisted	114	101
Overtime	1	1
Goals scored average	13.60	10.57
GROUND BALLS	294	267
DRAW CONTROLS	239	305
TURNOVERS	268	307
CAUSED TURNOVERS	177	149
CLEARs	342-371	307-355
Clear Pct.	.922	.865
SHOT CLOCK VIOLATIONS	11	4
ATTENDANCE		
Total	7361	2836
Dates/Avg Per Date	11/669	6/473
Neutral Site #/Avg	3/241	

##	PLAYER	GP	G	A	Pts	Sh	Gw	GB	DC	TO	CT
33	Katia Carnevale	20	53	13	66	114	5	13	0	31	10
7	Mackenzie Hoeg	20	49	4	53	77	3	24	14	9	14
4	Jenna Dinardo	20	39	11	50	74	3	6	0	23	2
23	Kiki Shaw	20	33	10	43	71	0	17	27	17	13
21	Kate Miller	20	28	22	50	68	1	16	43	32	10
5	Kate Galica	20	21	4	25	47	0	27	97	20	14
14	Morgan Schwab	20	20	61	81	57	1	8	2	39	3
16	Madison Alaimo	20	17	27	44	35	2	24	1	28	11
28	Maggie Bostain	20	4	0	4	8	0	35	40	14	30
11	Abby Manalang	15	3	1	4	5	0	3	1	2	4
15	Addi Foster	16	3	5	8	14	0	9	3	5	5
40	Devon Gogerty	6	2	1	3	7	0	1	1	1	0
17	Finley Barger	4	1	0	1	4	0	0	0	0	0
2	Devon Whitaker	20	1	0	1	1	0	22	4	3	9
37	Lily Spyredes	4	0	0	0	0	0	0	0	0	0
51	Ashley Vernon	4	0	0	0	0	0	1	0	0	0
19	Wyllly Willmott	4	0	0	0	0	0	0	0	0	0
6	Abby Jansen	6	0	0	0	0	0	1	0	0	0
12	Payton Meister	5	0	0	0	0	0	0	0	0	0
27	Morgan Koenekke	5	0	0	0	0	0	0	0	2	0
25	Corey White	5	0	0	0	2	0	1	0	1	0
22	Lauren Pederson	9	0	0	0	0	0	0	0	0	0
13	Kacy Hogarth	12	0	0	0	1	0	6	1	1	4
32	Nicole Cruthirds	20	0	1	1	0	0	20	1	5	5
26	Mel Josephson	20	0	0	0	0	0	19	1	7	2
20	Olivia Bruno	20	0	0	0	0	0	5	0	3	18
10	Maureen Duffy	18	0	0	0	0	0	6	0	2	4
8	Alexandra Schneider	11	0	0	0	0	0	0	1	1	0
3	Kate Demark	20	0	0	0	0	0	29	0	6	17
31	Ashley West	3	0	0	0	0	0	1	0	0	0
Total		20	274	160	434	585	15	294	239	268	177
Opponents		20	213	112	325	508	5	267	305	307	149

##	Goalie	GP	Min.	GA	GAAvg	Save	Pct	W-L-T
31	Ashley West	3	7:30	0	0.00	0	.000	0-0-0
6	Abby Jansen	6	43:52	7	9.57	5	.417	0-0-0
26	Mel Josephson	20	1140:04	200	10.53	161	.446	15-5-0
51	Ashley Vernon	4	17:22	6	20.73	2	.250	0-0-0
Total		20	1208:48	213	10.57	168	.441	15-5-0
Opponents		20	1208:48	274	13.60	139	.337	5-15-0

Goals by Period	1st	2nd	3rd	4th	OT	Total
Virginia	72	84	70	47	1	274
Opponents	57	58	42	55	1	213

Saves by Period	1st	2nd	3rd	4th	OT	Total
Virginia	43	38	42	45	0	168
Opponents	37	38	34	30	0	139

Shots by Period	1st	2nd	3rd	4th	OT	Total
Virginia	152	172	142	118	1	585
Opponents	134	134	105	134	1	508

Shots on Goal	1st	2nd	3rd	4th	OT	Total
Virginia	109	122	104	77	1	413
Opponents	100	96	84	100	1	381



# 2024 Virginia Lacrosse Virginia Overall Individual Statistics All games (as of Feb 04, 2025)



Overall: 15-5 Conf: 6-3 Home: 8-3 Away: 5-1 Neut: 2-1

##	Player	gp-gs	g	a	pts	sh	sh%	sog	sog%	gw	fpg-fps	gb	dc	t/o	ct	foul	rc	yc	gc
33	Katia Carnevale	20-17	53	13	66	114	.465	73	.640	5	11-21	13	0	31	10	3	0	1	6
7	Mackenzie Hoeg	20-20	49	4	53	77	.636	55	.714	3	3-7	24	14	9	14	14	0	1	0
4	Jenna Dinardo	20-0	39	11	50	74	.527	60	.811	3	5-11	6	0	23	2	5	0	1	2
23	Kiki Shaw	20-20	33	10	43	71	.465	51	.718	0	8-16	17	27	17	13	21	0	5	1
21	Kate Miller	20-20	28	22	50	68	.412	52	.765	1	3-12	16	43	32	10	9	0	1	2
5	Kate Galica	20-15	21	4	25	47	.447	31	.660	0	3-8	27	97	20	14	11	0	3	14
14	Morgan Schwab	20-20	20	61	81	57	.351	35	.614	1	2-4	8	2	39	3	6	0	0	5
16	Madison Alaimo	20-8	17	27	44	35	.486	25	.714	2	2-3	24	1	28	11	9	0	1	2
28	Maggie Bostain	20-20	4	0	4	8	.500	7	.875	0	0-2	35	40	14	30	36	0	3	4
11	Abby Manalang	15-0	3	1	4	5	.600	5	1.000	0	-	3	1	2	4	3	0	0	0
15	Addi Foster	16-0	3	5	8	14	.214	9	.643	0	1-2	9	3	5	5	1	0	0	0
40	Devon Gogerty	6-0	2	1	3	7	.286	4	.571	0	-	1	1	1	0	0	0	0	0
17	Finley Barger	4-0	1	0	1	4	.250	2	.500	0	-	0	0	0	0	1	0	0	0
2	Devon Whitaker	20-20	1	0	1	1	1.000	1	1.000	0	-	22	4	3	9	30	0	3	1
37	Lily Spyredes	4-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0	0	1
51	Ashley Vernon	4-0	0	0	0	0	.000	0	.000	0	-	1	0	0	0	0	0	0	0
19	Wylly Willmott	4-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0	0	0
6	Abby Jansen	6-0	0	0	0	0	.000	0	.000	0	-	1	0	0	0	0	0	0	0
12	Payton Meister	5-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0	0	0
27	Morgan Koenek	5-0	0	0	0	0	.000	0	.000	0	-	0	0	2	0	0	0	1	0
25	Corey White	5-0	0	0	0	2	.000	2	1.000	0	-	1	0	1	0	0	0	0	0
22	Lauren Pederson	9-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	2	0	0	2
13	Kacy Hogarth	12-1	0	0	0	1	.000	1	1.000	0	-	6	1	1	4	6	0	0	0
32	Nicole Cruthirds	20-19	0	1	1	0	.000	0	.000	0	-	20	1	5	5	26	0	0	0
26	Mel Josephson	20-20	0	0	0	0	.000	0	.000	0	-	19	1	7	2	2	0	0	0
20	Olivia Bruno	20-20	0	0	0	0	.000	0	.000	0	-	5	0	3	18	35	0	4	0
10	Maureen Duffy	18-0	0	0	0	0	.000	0	.000	0	-	6	0	2	4	6	0	1	0
8	Alexandra Schneider	11-0	0	0	0	0	.000	0	.000	0	-	0	1	1	0	4	0	2	1
3	Kate Demark	20-20	0	0	0	0	.000	0	.000	0	-	29	0	6	17	30	0	4	4
31	Ashley West	3-0	0	0	0	0	.000	0	.000	0	-	1	0	0	0	0	0	0	0
Total		20	274	160	434	585	.468	413	.706	15	38-86	294	239	268	177	268	0	31	45
Opponents		20	213	112	325	508	.419	381	.750	5	48-110	267	305	307	149	234	1	37	35

##	Goalie	gp-gs	min	ga	gaavg	saves	pct	w	l	t
31	Ashley West	3-0	7:30	0	0.00	0	.000	0	0	0
6	Abby Jansen	6-0	43:52	7	9.57	5	.417	0	0	0
26	Mel Josephson	20-19	1140:04	200	10.53	161	.446	15	5	0
51	Ashley Vernon	4-0	17:22	6	20.73	2	.250	0	0	0
Total		20	1208:48	213	10.57	168	.441	15	5	0
Opponents		20	1208:48	274	13.60	139	.337	5	15	0

Goals by Period	1st	2nd	3rd	4th	OT	Total
Virginia	72	84	70	47	1	274
Opponents	57	58	42	55	1	213

Saves by Period	1st	2nd	3rd	4th	OT	Total
Virginia	43	38	42	45	0	168
Opponents	37	38	34	30	0	139

Shots by Period	1st	2nd	3rd	4th	OT	Total
Virginia	152	172	142	118	1	585
Opponents	134	134	105	134	1	508

Attendance Summary	VA	Opponent
Total	7361	2836
Dates/Avg Per Date	11/669	6/473
Neutral Site #/Avg	3/241	

Shots on Goal	1st	2nd	3rd	4th	OT	Total
Virginia	109	122	104	77	1	413
Opponents	100	96	84	100	1	381

CLEARs: Virginia -- 342-371 .922, Opponents -- 307-355 .865.





# 2024 Virginia Lacrosse Virginia Team Game-by-Game All games (as of Feb 04, 2025)



## TEAM STATISTICS

Date	Opponent	Score	G	A	Pts	Sh	Sog	GW	fpg-fps	GB	DC	TO	CT	Fo	RC	YC	GC
Feb 9, 2024	Liberty	14-6	14	9	23	22	17	1	2-3	17	11	18	11	20	0	4	1
Feb 11, 2024	STANFORD	10-9	10	7	17	18	12	1	1-3	13	5	17	9	13	0	3	3
Feb 17, 2024	PRINCETON	14-12	14	7	21	35	21	1	2-4	13	10	12	9	15	0	2	3
Feb 23, 2024	NORTH CAROLINA	9-10	9	5	14	24	15	0	0-1	13	8	13	10	12	0	1	1
Feb 25, 2024	Cornell	20-11	20	16	36	40	29	1	1-2	13	18	9	6	10	0	1	1
Mar 2, 2024	Clemson	18-12	18	11	29	35	27	1	1-7	19	14	15	4	23	0	2	4
Mar 6, 2024	RICHMOND	20-5	20	11	31	34	23	1	2-4	14	13	11	11	6	0	0	0
Mar 9, 2024	Notre Dame	12-10	12	9	21	25	19	1	1-3	13	10	14	8	8	0	2	4
Mar 16, 2024	PITTSBURGH	19-10	19	13	32	33	29	1	3-6	24	17	21	13	11	0	1	2
Mar 20, 2024	JAMES MADISON	12-8	12	9	21	26	19	1	0-1	14	9	16	14	5	0	0	2
Mar 23, 2024	SYRACUSE	14-15	14	7	21	30	23	0	0-1	17	12	13	7	6	0	3	4
Mar 30, 2024	Duke	10-15	10	6	16	29	21	0	2-5	14	11	12	12	16	0	1	2
Apr 03, 2024	VCU	16-8	16	8	24	38	24	1	6-9	19	21	14	8	7	0	1	2
Apr 06, 2024	Louisville	13-8	13	8	21	36	24	1	2-4	11	12	14	10	12	0	0	3
Apr 13, 2024	BOSTON COLLEGE	13-12	13	5	18	27	18	1	2-4	13	12	12	12	8	0	1	3
Apr 17, 2024	Virginia Tech	14-12	14	6	20	34	25	1	5-12	9	16	12	5	26	0	0	1
Apr 24, 2024	North Carolina	13-12	13	6	19	26	17	1	0-1	12	15	16	6	15	0	2	0
Apr 26, 2024	Syracuse	4-19	4	3	7	15	8	0	1-4	12	3	12	4	23	0	2	2
May 10, 2024	LIU	21-6	21	11	32	36	28	1	4-7	15	16	6	9	10	0	2	5
May 12, 2024	FLORIDA	8-13	8	3	11	22	14	0	3-5	19	6	11	9	22	0	3	2
Virginia		274-213	274	160	434	585	413	15	38-86	294	239	268	177	268	0	31	45
			213	112	325	508	381	5	48-110	267	305	307	149	234	1	37	35

## TEAM PER-GAME

Games played: 20

Shots per game: 29.25; Goals per game: 13.70

Assists per game: 8.00; Points per game: 21.70

Shot pct: .468; SOG pct: .706

Faceoff W-L pct: .000; Clear pct: 0.922

Date	Opponent	Score	Minutes	GA	GAAvg	Saves	Save%	W	L	T
Feb 9, 2024	Liberty	14-6	60:00	6	6.00	12	.667	1	0	0
Feb 11, 2024	STANFORD	10-9	60:00	9	7.50	12	.571	1	0	0
Feb 17, 2024	PRINCETON	14-12	60:00	12	9.00	12	.500	1	0	0
Feb 23, 2024	NORTH CAROLINA	9-10	63:00	10	9.14	4	.286	0	1	0
Feb 25, 2024	Cornell	20-11	60:00	11	9.50	7	.389	1	0	0
Mar 2, 2024	Clemson	18-12	60:00	12	9.92	11	.478	1	0	0
Mar 6, 2024	RICHMOND	20-5	60:00	5	9.22	4	.444	1	0	0
Mar 9, 2024	Notre Dame	12-10	60:00	10	9.32	10	.500	1	0	0
Mar 16, 2024	PITTSBURGH	19-10	60:00	10	9.39	8	.444	1	0	0
Mar 20, 2024	JAMES MADISON	12-8	60:00	8	9.25	11	.579	1	0	0
Mar 23, 2024	SYRACUSE	14-15	60:00	15	9.77	7	.318	0	1	0
Mar 30, 2024	Duke	10-15	60:00	15	10.21	4	.211	0	1	0
Apr 03, 2024	VCU	16-8	60:00	8	10.04	6	.429	1	0	0
Apr 06, 2024	Louisville	13-8	60:00	8	9.89	10	.556	1	0	0
Apr 13, 2024	BOSTON COLLEGE	13-12	66:00	12	9.97	10	.455	1	0	0
Apr 17, 2024	Virginia Tech	14-12	60:00	12	10.09	6	.333	1	0	0
Apr 24, 2024	North Carolina	13-12	59:48	12	10.21	11	.478	1	0	0
Apr 26, 2024	Syracuse	4-19	60:00	19	10.69	10	.345	0	1	0
May 10, 2024	LIU	21-6	60:00	6	10.45	2	.250	1	0	0
May 12, 2024	FLORIDA	8-13	60:00	13	10.57	11	.458	0	1	0
Totals		274-213	1208:48	213	10.57	168	.441	15	5	0
			1208:48	274	10.57	139	.337	5	15	0



## 2025 Virginia Lacrosse Individual Career History



### Madison Alaimo

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	20-8	17	27	44	35	.486	2	24	1	28	11
TOTAL	20-8	17	27	44	35	.486	2	24	1	28	11

SINGLE-GAME HIGHS [all-time ranking]:

Points: 4, 8 times

Goals: 4, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024

Assists: 4, LIU, May 10, 2024

Shots: 5, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024

Ground balls: 5 [t-2nd], Princeton, 02/17/24; Princeton, Feb 17, 2024

Draw controls: 1, LIU, May 10, 2024

Man-up goals: 1 [t-6th], 5 times

Free-position goals: 1, at Liberty, 02/09/24; VCU, Apr 03, 2024; at Liberty, Feb 9, 2024

Caused turnovers: 2, VCU, Apr 03, 2024; at Duke, Mar 30, 2024

### Fiona Allen

SINGLE-GAME HIGHS [all-time ranking]:

### Finley Barger

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	4-0	1	0	1	4	.250	0	0	0	0	0
TOTAL	4-0	1	0	1	4	.250	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, LIU, May 10, 2024

Goals: 1, LIU, May 10, 2024

Shots: 2, VCU, Apr 03, 2024

### Olivia Bruno

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2023	3-0	0	0	0	-	-	0	0	0	0	0
2024	20-20	0	0	0	-	-	0	5	0	3	18
TOTAL	23-20	0	0	0	-	-	0	5	0	3	18

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 2, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Caused turnovers: 4 [t-1st], Boston College, Apr 13, 2024

### Nicole Cruthirds

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2023	18-17	0	0	0	-	-	0	9	3	1	4
2024	20-19	0	1	1	-	-	0	20	1	5	5
TOTAL	38-36	0	1	1	-	-	0	29	4	6	9

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Assists: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Ground balls: 3, 4 times

Draw controls: 1, 5 times

Caused turnovers: 2, James Madison, 03/20/24; James Madison, Mar 20, 2024



## 2025 Virginia Lacrosse Individual Career History



### Kate Demark

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	20-20	0	0	0	-	-	0	29	0	6	17
TOTAL	20-20	0	0	0	-	-	0	29	0	6	17

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 4 [t-6th], at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Caused turnovers: 2, 6 times

### Jenna Dinardo

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	20-0	39	11	50	74	.527	3	6	0	23	2
TOTAL	20-0	39	11	50	74	.527	3	6	0	23	2

SINGLE-GAME HIGHS [all-time ranking]:

Points: 5, 4 times

Goals: 5, James Madison, 03/20/24; James Madison, Mar 20, 2024

Assists: 2, 4 times

Shots: 7, James Madison, 03/20/24; James Madison, Mar 20, 2024

Ground balls: 1, 11 times

Man-up goals: 1 [t-6th], 6 times

Free-position goals: 1, 7 times

Caused turnovers: 1, 4 times

### Maureen Duffy

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2022	12-0	3	0	3	3	1.000	0	1	1	2	1
2023	16-0	3	5	8	9	.333	0	3	0	4	0
2024	18-0	0	0	0	-	-	0	6	0	2	4
TOTAL	46-0	6	5	11	12	.500	0	10	1	8	5

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, VCU, Apr 06, 2022; Duke, Apr 08, 2023; vs UC Davis, Feb 12, 2023

Goals: 2, VCU, Apr 06, 2022

Assists: 2, Duke, Apr 08, 2023

Shots: 2, at VCU, Apr 05, 2023; VCU, Apr 06, 2022; vs UC Davis, Feb 12, 2023

Ground balls: 2, at Liberty, 02/09/24; at VCU, Apr 05, 2023; at Liberty, Feb 9, 2024

Draw controls: 1, VCU, Apr 06, 2022

Free-position goals: 1, ELON, Mar 05, 2023

Caused turnovers: 2, at Liberty, 02/09/24; at Liberty, Feb 9, 2024

### Addi Foster

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	16-0	3	5	8	14	.214	0	9	3	5	5
TOTAL	16-0	3	5	8	14	.214	0	9	3	5	5

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, LIU, May 10, 2024

Goals: 2, LIU, May 10, 2024

Assists: 1, 8 times

Shots: 3, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024; LIU, May 10, 2024

Ground balls: 3, VCU, Apr 03, 2024

Draw controls: 1, 4 times

Man-up goals: 1 [t-6th], LIU, May 10, 2024

Free-position goals: 1, LIU, May 10, 2024

Caused turnovers: 2, vs North Carolina, Apr 23, 2024; vs North Carolina, Apr 24, 2024





## 2025 Virginia Lacrosse Individual Career History



### Kate Galica

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	20-15	21	4	25	47	.447	0	27	97	20	14
TOTAL	20-15	21	4	25	47	.447	0	27	97	20	14

#### SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, 7 times

Goals: 3, 7 times

Assists: 1, 7 times

Shots: 5, 6 times

Ground balls: 4 [t-6th], Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 11 [t-6th], VCU, Apr 03, 2024; at Virginia Tech, Apr 17, 2024

Man-up goals: 1 [t-6th], 6 times

Free-position goals: 1, 5 times

Caused turnovers: 3 [t-8th], Richmond, 03/06/24; Richmond, Mar 6, 2024

### Devon Gogerty

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	6-0	2	1	3	7	.286	0	1	1	1	0
TOTAL	6-0	2	1	3	7	.286	0	1	1	1	0

#### SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Goals: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Assists: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Shots: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

Ground balls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Man-up goals: 1 [t-6th], Richmond, 03/06/24; Richmond, Mar 6, 2024

### Abby Jansen

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2022	9-0	0	0	0	-	-	0	1	0	0	0
2023	14-7	0	0	0	1	.000	0	12	0	3	4
2024	6-0	0	0	0	-	-	0	1	0	0	0
TOTAL	29-7	0	0	0	1	.000	0	14	0	3	4

Goalie	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2022	9-0	91:43	20	19.63	12	.375	0	0	0	0
2023	14-7	534:34	121	20.37	67	.356	4	3	0	0
2024	6-0	43:52	7	14.36	5	.417	0	0	0	0
TOTAL	29-7	670:09	148	19.88	84	.362	4	3	0	0

#### SINGLE-GAME HIGHS [all-time ranking]:

Saves: 9, at VCU, Apr 05, 2023

Ground balls: 4 [t-6th], Duke, Apr 08, 2023

Caused turnovers: 2, Duke, Apr 08, 2023



## 2025 Virginia Lacrosse Individual Career History

### Mel Josephson

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	20-20	0	0	0	-	-	0	19	1	7	2
TOTAL	20-20	0	0	0	-	-	0	19	1	7	2

Goalie	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2024	20-19	1140:04	200	15.79	161	.446	15	5	0	0
TOTAL	20-19	1140:04	200	15.79	161	.446	15	5	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 12 [t-1st], 6 times

Ground balls: 4 [t-6th], Boston College, Apr 13, 2024

Draw controls: 1, Boston College, Apr 13, 2024

Caused turnovers: 1, 5 times

### Carly Kennedy

SINGLE-GAME HIGHS [all-time ranking]:

### Morgan Koeneke

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2022	1-0	0	0	0	-	-	0	0	0	0	1
2024	5-0	0	0	0	-	-	0	0	0	2	0
TOTAL	6-0	0	0	0	-	-	0	0	0	2	1

SINGLE-GAME HIGHS [all-time ranking]:

Caused turnovers: 1, VCU, Apr 06, 2022

### Abby Manalang

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2022	17-0	0	2	2	9	.000	0	5	15	4	2
2023	18-2	5	1	6	14	.357	0	9	18	5	5
2024	15-0	3	1	4	5	.600	0	3	1	2	4
TOTAL	50-2	8	4	12	28	.286	0	17	34	11	11

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at Louisville, Apr 06, 2024; Louisville, Feb 25, 2023

Goals: 2, at Louisville, Apr 06, 2024

Assists: 1, 4 times

Shots: 2, 7 times

Ground balls: 1, 17 times

Draw controls: 5, Notre Dame, Mar 25, 2023

Man-up goals: 1 [t-6th], at Louisville, Apr 06, 2024

Free-position goals: 1, Clemson, Mar 03, 2023; at James Madison, Mar 22, 2023

Caused turnovers: 1, 15 times



## 2025 Virginia Lacrosse Individual Career History

### Evie McMahan

SINGLE-GAME HIGHS [all-time ranking]:

### Payton Meister

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2022	6-0	0	0	0	-	-	0	1	0	1	2
2023	2-0	0	0	0	-	-	0	1	0	0	0
2024	5-0	0	0	0	-	-	0	0	0	0	0
TOTAL	13-0	0	0	0	-	-	0	2	0	1	2

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, at VCU, Apr 05, 2023; Richmond, Mar 09, 2022

Caused turnovers: 1, Richmond, Mar 09, 2022; PITT, Mar 18, 2022

### Kate Miller

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2022	20-0	27	8	35	58	.466	0	9	0	15	1
2023	18-0	17	26	43	38	.447	1	14	1	20	8
2024	20-20	28	22	50	68	.412	1	16	43	32	10
TOTAL	58-20	72	56	128	164	.439	2	39	44	67	19

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, ELON, Mar 05, 2023

Goals: 5, LIU, May 10, 2024

Assists: 4, Syracuse, 03/23/24; Syracuse, Mar 23, 2024

Shots: 7, LIU, May 10, 2024

Ground balls: 2, 16 times

Draw controls: 6, VCU, Apr 03, 2024

Man-up goals: 2 [t-1st], LIU, May 10, 2024

Free-position goals: 1, 9 times

Caused turnovers: 2, 4 times

### Juliana Murphy

SINGLE-GAME HIGHS [all-time ranking]:

### Lauren Pederson

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2023	1-0	0	0	0	-	-	0	0	0	0	0
2024	9-0	0	0	0	-	-	0	0	0	0	0
TOTAL	10-0	0	0	0	-	-	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:



## 2025 Virginia Lacrosse Individual Career History



### Alexandra Schneider

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	11-0	0	0	0	-	-	0	0	1	1	0
TOTAL	11-0	0	0	0	-	-	0	0	1	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

### Payton Sfreddo

SINGLE-GAME HIGHS [all-time ranking]:

### Lily Spyredes

Season	GP-GS	G	A	Pts	Shots	Shot%	GW	GB	DC	TO	CT
2024	4-0	0	0	0	-	-	0	0	0	0	0
TOTAL	4-0	0	0	0	-	-	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

### Cece Webb

SINGLE-GAME HIGHS [all-time ranking]:

2025 ROSTER/BREAKDOWN

No.	Name	Cl.	Pos.	Ht.	Hometown/High School/Previous School
2	Jayden Piraino	Fr.	Attack	5-6	Dix Hills, N.Y./Half Hollow Hills East
3	Kate Demark	So.	Defense	5-6	Darien, Conn./Darien HS
4	Jenna Dinardo	So.	Attack	5-5	Corning, N.Y./Corning Painted Post HS
5	Kate Galica	So.	Midfield	5-8	Wayne, Pa./Conestoga HS
6	Abby Jansen	Sr.	Goalkeeper	5-5	Newtown Square, Pa./Radnor
7	Payton Sfreddo	Fr.	Midfield	5-11	Rye, N.Y., Sacred Heart Greenwich (Conn.)
8	Alexandra Schneider	So.	Defense	5-8	Manhasset, N.Y./Manhasset HS
9	Sophia Conti	Fr.	Midfield	5-7	Babylon, N.Y./Babylon Junior Senior High
10	Maureen Duffy	Sr.	Midfield	5-7	East Quogue, N.Y./Westhampton Beach
11	Abby Manalang	Sr.	Midfield	5-4	Los Angeles, Calif./Da Vinci Science
12	Payton Meister	Sr.	Defense	5-4	Coppell, Texas/Episcopal School of Dallas
13	Carly Kennedy	Fr.	Midfield	5-3	Denver, Co./Regis Jesuit
14	Abby Musser	Fr.	Defense	5-6	Alexandria, Va./St. Stephens & St. Agnes
15	Addi Foster	So.	Midfield	5-9	Charlottesville, Va./St. Anne's Belfield School
16	Madison Alaimo	So.	Attack	5-7	Wantagh, N.Y./Wantagh HS
17	Finley Barger	Jr.	Midfield	5-8	Fallston, Md./Notre Dame Preparatory School
19	Wyly Willmott	Jr.	Defense	5-8	Memphis, Tenn./Oregon Episcopal/Hutchison School
20	Olivia Bruno	Jr.	Defense	5-9	Victor, N.Y./Victor
21	Kate Miller	Sr.	Attack	5-6	Mechanicsville, Va./Atlee
22	Lauren Pederson	Gr.	Midfield	5-11	Park City, Utah/Park City
23	Alex Reilly	Fr.	Midfield	5-6	Fort Washington, Pa./Springside Chestnut Hill Academy
25	Corey White	So.	Midfield	5-8	Chevy Chase, Md./Stone Ridge School of the Sacred Heart
26	Mel Josephson	Jr.	Goalkeeper	5-6	Sea Bright, N.J./The Lawrenceville School
27	Morgan Koeneke	Sr.	Attack	5-2	South Riding, Va./Freedom
28	Juliana Murphy	Fr.	Defense	5-8	Charlottesville, Va./Western Albemarle
29	Cece Webb	So.	Defense	5-10	Summit, N.J./Summit HS
31	Evie McMahan	Fr.	Attack	5-4	Charlotte, N.C./Charlotte Latin
32	Nicole Cruthirds	Jr.	Defense	5-4	Alexandria, Va./St. Stephen's and St. Agnes School
33	Katie Campel	Jr.	Attack	5-10	Greenland, N.H./Bishop Guertin HS
36	Lara Kology	Jr.	Defense	5-6	Chatham, N.J./Chatham High
37	Lily Spyredes	Jr.	Attack	5-8	Boca Raton, Fla./Pine Crest School
40	Devon Gogerty	Jr.	Midfield	5-5	Mendham, N.J./Oak Knoll School
41	Fiona Allen	Fr.	Attack	5-5	Hinsdale, Ill./Saint Ignatius College Prep
42	Livy LaVerghetta	Fr.	Midfield	5-0	Baltimore, Md./Garrison Forest
43	Gabby LaVerghetta	Fr.	Attack	5-4	Baltimore, Md./Garrison Forest
44	Breese Burlingame	Jr.	Goalkeeper	6-1	Binghamton, N.Y./Utica/Northfield Mount Hermon

**Head Coach:** Sonia LaMonica (Maryland '03) second season

**Assistant Coach:** Michael LaMonica (Maryland '02), second season

**Assistant Coach:** Caylee Waters (North Carolina '17), second season

**Assistant Coach:** Kerrigan Miller (North Carolina '21), second season

**Director of Operations:** Maris Large (Vermont '22), second season

BREAKDOWN BY...	ALPHABETICAL	PRONUNCIATIONS
<b>CLASS</b>		<b>Players</b>
Freshman .....11	2 Jayden Piraino ..... Attack	Alaimo ..... uh-LIE-mo
Sophomore .....8	3 Kate Demark ..... Defense	Barger ..... BAR-ger
Junior .....10	4 Jenna Dinardo ..... Attack	Cruthirds ..... Crew-thirds
Senior .....6	5 Kate Galica ..... Midfield	Gogerty ..... GO-gerty
Grad/ Fifth.....1	6 Abby Jansen ..... Goalkeeper	Koeneke ..... CONE-i-key
	7 Payton Sfreddo ..... Midfield	Lara Kology ..... LAIR-uh coe-LOE-gee
	8 Alexandra Schneider ..... Defense	Manalang ..... MANNA-lang
	9 Sophia Conti ..... Midfield	Meister ..... MY-stir
	10 Maureen Duffy (C) ..... Midfield	Musser ..... Muss-sir
	11 Abby Manalang ..... Midfield	Piraino ..... PER-an-OH
	12 Payton Meister ..... Defense	Sfreddo ..... seh-FRED-do
	13 Carly Kennedy ..... Midfield	Wyly ..... WHY-Lee
	14 Abby Musser ..... Defense	
	15 Addi Foster ..... Midfield	<b>Coaches</b>
	16 Madison Alaimo ..... Attack	LaMonica ..... La-MAHN-i-ka
	17 Finley Barger ..... Midfield	
	19 Wyly Willmott ..... Defense	
	20 Olivia Bruno ..... Defense	
	21 Kate Miller (C) ..... Attack	
	22 Lauren Pederson (C) ..... Midfield	
	23 Alex Reilly ..... Midfield	
	25 Corey White ..... Midfield	
	26 Mel Josephson ..... Goalkeeper	
	27 Morgan Koeneke ..... Attack	
	28 Juliana Murphy ..... Defense	
	29 Cece Webb ..... Defense	
	31 Evie McMahan ..... Attack	
	32 Nicole Cruthirds ..... Defense	
	33 Katie Campel ..... Attack	
	36 Lara Kology ..... Defense	
	37 Lily Spyredes ..... Attack	
	40 Devon Gogerty ..... Midfield	
	41 Fiona Allen ..... Attack	
	42 Livy LaVerghetta ..... Midfield	
	43 Gabby LaVerghetta ..... Attack	
	44 Breese Burlingame ..... Goalkeeper	



## 2025 VIRGINIA WOMEN'S LACROSSE BROADCAST ROSTER



2

**JAYDEN PIRAINO**  
Fr. | Attack  
Dix Hills, N.Y.



3

**KATE DEMARK**  
So. | Defense  
Darien, Conn.



4

**JENNA DINARDO**  
So. | Attack  
Corning, N.Y.



5

**KATE GALICA**  
So. | Midfield  
Wayne, Pa.



6

**ABBY JANSEN**  
Sr. | Goalkeeper  
Newtown Square, Pa.



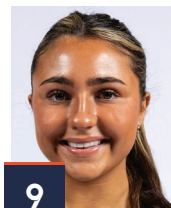
7

**PAYTON SFREDDO**  
Fr. | Midfielder  
Rye, N.Y.



8

**ALEXANDRA SCHNEIDER**  
SO. | Defense  
Manhasset, N.Y.



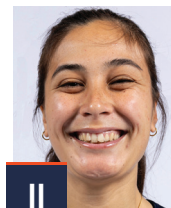
9

**SOPHIA CONTI**  
Fr. | Midfield  
babylon, N.Y.



10

**MAUREEN DUFFY**  
Sr. | Midfield  
East Quogue, N.Y.



11

**ABBY MANALANG**  
Sr. | Midfield  
Los Angeles, Calif.



12

**PAYTON MEISTER**  
Sr. | Defense  
Coppell, Texas



13

**CARLY KENNEDY**  
Fr. | Midfield  
Denver, Colo.



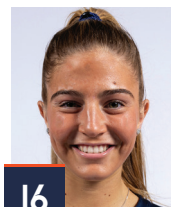
14

**ABBY MUSSER**  
Fr. | Defense  
Alexandria, Va.



15

**ADDI FOSTER**  
So. | Midfield  
Charlottesville, Va.



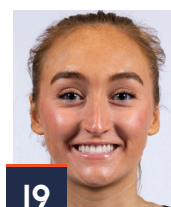
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**MADISON ALAIMO**  
Fr. | Attack  
Wantagh, N.Y.



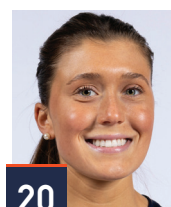
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**FINLEY BARGER**  
Jr. | Midfield  
Fallston, Md.



19

**WYLLY WILLMOTT**  
Jr. | Defense  
Memphis, Tenn.



20

**OLIVIA BRUNO**  
Jr. | Defense  
Victor, N.Y.



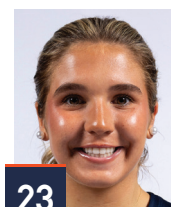
21

**KATE MILLER**  
Sr. | Attack  
Mechanicsville, Va.



22

**LAUREN PEDERSON**  
Gr. | Midfield  
Park City, Utah



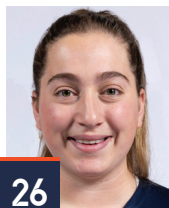
23

**ALEX REILLY**  
Fr. | Midfield  
Fort Washington, Pa.



25

**COREY WHITE**  
So. | Midfield  
Chevy Chase, Md.



26

**MEL JOSEPHSON**  
Jr. | Goalkeeper  
Sea Bright, N.J.



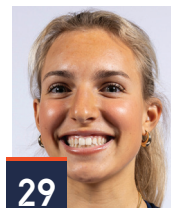
27

**MORGAN KOENEKE**  
Jr. | Attack  
South Riding, Va.



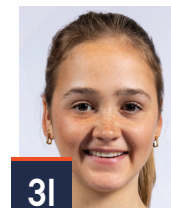
28

**JULIANA MURPHY**  
Fr. | Defense  
Charlottesville, Va.



29

**CECE WEBB**  
So. | Midfield  
Summit, N.J.



31

**EVIE MCMAHAN**  
Fr. | Attack  
Charlotte, N.C..



32

**NICOLE CRUTHIRDS**  
So. | Defense  
Alexandria, Va.



33

**KATIE CAMPEL**  
Jr. | Attack  
Greenland, N.H.



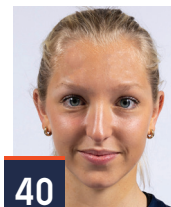
36

**LARA KOLOGY**  
Jr. | Defense  
Chatham, N.J..



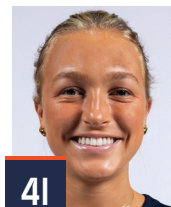
37

**LILY SPYREDES**  
So. | Attack  
Boca Raton, Fla.



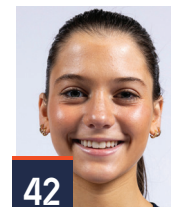
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**DEVON GOGERTY**  
Jr. | Midfield  
Mendham, N.J.



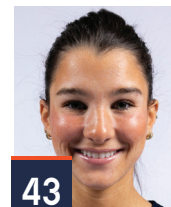
41

**FIONA ALLEN**  
Fr. | Attack  
Hinsdale, Ill.



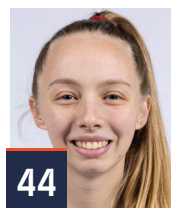
42

**LIVY LAVERGHETTA**  
Fr. | Midfield  
Baltimore, Md..



43

**GABBY LAVERGHETTA**  
Fr. | Attck  
Baltimore, Md.



44

**BREESE BURLINGAME**  
So. | Goalkeeper  
Binghamton, N.Y.



HC

**SONIA LAMONICA**  
Head Coach  
Second Season



AC

**MICHAEL LAMONICA**  
Assistant Coach  
Second Season



AC

**CAYLEE WATERS**  
Assistant Coach  
Second Season



AC

**KERRIGAN MILLER**  
Assistant Coach  
Second Season



DO

**MARIS LARGE**  
Director of Ops  
Second Season