



VIRGINIA WOMEN'S LACROSSE

3 NATIONAL CHAMPIONSHIPS | 28 CONSECUTIVE NCAA CHAMPIONSHIP APPEARANCES
5 ACC TITLES | 128 ALL-AMERICANS



@UVAWomensLax



GAME 10 VIRGINIA VS PITTSBURGH KLOCKNER STADIUM MARCH 22, 2025, 3 PM



PITTSBURGH PANTHERS (5-4, 1-3 ACC)

#15 VIRGINIA CAVALIERS (6-3, 2-2 ACC)

HEAD COACH

Emily Boissonneault (4th season)
Career Record (at Pitt): 23-40 (23-40)

HEAD COACH

Sonia LaMonica (2nd season)
Career Record (at Virginia): 169-108 (21-8)

SERIES AT A GLANCE

All-Time Series: 3-0 Virginia | Last meeting: UVA win 19-10, 3/16/24 | First meeting: 2022
Last UVA win: 3/16/24 | Last Pitt Win: n/a | Streak: UVA W3

2025 STATISTICAL LEADERS

GOALS

#4 Jenna DiNardo

25 Goals (2.7 per game)

ASSISTS

#16 Madison Alaimo

25 Assists (2.7 per game)

POINTS

#16 Madison Alaimo

36 Points (4.0 per game)

GROUND BALLS

#11 Abby Manalang

15 Ground Balls

CAUSED TURNOVERS

#5 Kate Galica

10 Caused Turnovers

DRAW CONTROLS

#5 Kate Galica

88 Draw Controls (9.7 per game)

GOALKEEPING

#26 Mel Josephson

5-3, 12.24 GAAvg, .409 Save Percentage

CAVALIER NOTES

- Virginia comes into the game with back-to-back wins against top-15 teams, with a 16-11 win against No. 13 Duke last Saturday and a 14-11 win at No. 14 James Madison on Wednesday
- Freshman **Payton Sfreddo** logged her first career hat trick on Wednesday night at James Madison. She has scored a combined seven goals in the last five games. She also had six ground balls in the JMU game
- After scoring her first career goal last Saturday against Duke, freshman **Gabby LaVerghetta** contributed two goals on Wednesday at JMU
- Sophomore **Addi Foster** has had back-to-back hat tricks, with three goals against Duke and three goals with two assists at JMU. The latter was the third time this season she has had five or more points in a game
- Sophomore **Kate Galica** had her fourth hat trick of the season at JMU. She has a combined nine goals in the last three games
- Galica had 11 draw controls at JMU, her sixth double-digit draw game of the year. She ranks seventh in the NCAA with 9.78 draws per game
- Galica's 88 draw controls this season already rank as the seventh most by a UVA player in a single season. The program record is 149 set by Aubrey Williams in 2022
- With her 97 draw controls last season, Galica has 185 in her career which ranks her seventh on the the UVA career list
- Virginia's top three goal scorers (Jenna DiNardo, Galica and Foster) and top three among points contributed (Madison Alaimo, DiNardo, Foster) are all sophomores
- All 14 of Virginia's goals in the JMU game were scored by freshmen and sophomores (seven for the freshmen, seven for the sophomores). This season, 92 of Virginia's 124 goals have been scored by freshmen or sophomores (74.1 percent)
- Sophomore attacker **Jenna DiNardo** was named the USA Lacrosse National Player of the Week on Tuesday (March 18). She scored four goals with four assists in the comeback victory against Duke. This is her first National Player of the Year award
- Sophomore **Madison Alaimo** is seventh in the ACC in points per game (4.00). DiNardo is ninth (3.89)
- Virginia is committing 12.11 turnovers per game, second-lowest in the ACC and 9th in the nation. The Cavaliers are also third in the ACC in fouls per game (12.44)
- Virginia leads the all-time series 3-0
- The Cavaliers have an average margin of victory of +7.6 in those three games

2025 SCHEDULE/RESULTS

Overall: 6-3 | ACC: 2-2
Home: 2-2 | Away: 4-1 | Neutral: 0-0

DATE	OPPONENT	TIME
Fri. Feb. 7	LIBERTY	W, 20-5
Sat. Feb. 15	at #17 Princeton	W, 13-11
Sat. Feb. 22	#14 STANFORD*	L, 13-7
Wed. Feb. 26	#19 NAVY	L, 14-12
Sat. March 1	at California*	W, 20-9.
Wed. March 5	at Richmond	W, 14-9
Sat. March 8	at #2 North Carolina*	L, 20-8
Sat. March 15	#13 DUKE*	W, 16-11
Wed. March 19	at #14 James Madison	W, 14-11
Sat. March 22	PITT*	3 p.m.
Sat. March 29	at #8 Syracuse*	12 p.m.
Wed. April 2	at VCU	4 p.m.
Sat. April 5	LOUISVILLE*	12 p.m.
Wed. April 9	vs #5 Maryland	6 p.m.
Sat. April 12	at #1 Boston College*	12 p.m.
Wed. April 16	VIRGINIA TECH*	7 p.m.

ACC TOURNAMENT

Mon. April 21	First Round	TBD
Wed. April 23	Quarterfinals^	TBD
Fri. April 25	Semifinals^	TBD
Sun. April 27	ACC Championship^	TBD

NCAA TOURNAMENT

Fri. May 9	First Round	TBD
Sun. May 11	Second Round	TBD
Thurs. May 15	Quarterfinals	TBD
Fri. May 23	Final Four&	TBD
Sun. May 25	NCAA Championship&	TBD

Home matches in **BOLD CAPS**

*denotes ACC matches

^ - Charlotte, N.C.

& - Foxborough, Mass.

NCAA CHAMPIONSHIP HISTORY

National Championships

1991 • 1993 • 2004

Semifinal Appearances

1986 • 1987 • 1991 • 1992 • 1993 • 1994 • 1995
1998 • 1999 • 2003 • 2004 • 2005 • 2007 • 2014

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TODAY'S GAME - ONE LOVE

- Today is the annual One Love Game
- One Love's mission to educate young people about healthy and unhealthy relationships and empower them to avoid abuse
- Every year, one member of the Cavalier women's lacrosse team is named the recipient of the Yearly Reynolds Love Endowed Scholarship recipient. This is awarded to a student-athlete participating on the women's lacrosse team who lives life with kindness and generosity and whose unselfish nature puts others ahead of herself.
- Senior goalkeeper Abby Jansen is this year's recipient

PRESEASON TEAM ACCOLADES

- Virginia was a consensus top-10 team in all three polls: UVA is No. 8 in the IWLCA Coaches Poll, No. 5 in the USA Lacrosse Magazine poll and No. 9 in the Inside Lacrosse media poll. The Cavaliers were picked to finish third in the Preseason ACC Coaches Poll

PRESEASON PLAYER ACCOLADES

- Sophomore midfielder **Kate Galica** has been named a Preseason All-American by both USA Lacrosse Magazine and Inside Lacrosse, earning a spot on the third team by both publications. Sophomore attackers **Madison Alaimo** and **Jenna DiNardo** were both named as honorable mentions to the USA Lacrosse All-America team
- All three players were named to the 2024 All-ACC Freshman Team last season, with Galica earning the ACC Freshman of the Year honors. Galica set the UVA single-season freshman record with 97 draw controls. Galica was also voted to the Preseason All-ACC Team and named one of the Inside Lacrosse Top 50 Players for 2025 list
- Alaimo set the UVA singles-season freshman record with 27 assists while also scoring 17 goals. She ranked eighth in the conference with 1.35 assists per game
- DiNardo scored at least one goal in 19 of the 20 games she played in last season, ranking third on the team in goals scored (39). She is the top returning scorer from the 2024 campaign, ranking in the top 20 of the conference last season in goals scored and was 10th in efficiency with a .527 shot percentage. She was named to the Inside Lacrosse Top 50 Players for 2025 list
- Senior **Kate Miller** was named to the Preseason All-ACC team alongside Kate Galica. Miller, one of three captains for this year's squad, scored 28 goals with 22 assists last season for 50 points. She ranked 12 in the ACC last year for total assists. She enters her final season with 72 goals and 56 assists for 128 career points.
- The Cavaliers have 12 new faces this year: 11 freshmen and a transfer
- Six of the freshmen were named to the Inside Lacrosse Power 100 Freshman Rankings: midfielder **Payton Sfreddo** (23), midfielder **Alexis Reilly** (46), defender **Sophia Conti** (48), midfielder **Livy LaVerghetta** (51-100), midfielder **Abby Musser** (51-100) and attacker **Jayden Piraino** (51-100)
- Junior defender **Lara Kology** was named to the Inside Lacrosse Top 20 Impact Transfers to Watch list. Kology and the Gator defense last season helped the team to a 20-3 record and a run to the Final Four

CAVALIER CAPTAINS

- Senior attacker **Kate Miller**, senior midfielder **Maureen Duffy** and grad student midfielder **Lauren Pederson** are this year's captains

TEAM USA

- Sophomore defender **Cece Webb** won gold as a member of the U.S. Women's team at the inaugural World Lacrosse Box Championships held Sept. 20-29 in Utica, N.Y.
- Webb was one of 23 athletes making history as the first-ever U.S. Women's National Box Lacrosse Team. The U.S. will be one of 10 nations competing in the women's championship, the first time World Lacrosse has hosted a women's box world championship. She became the team's go-to faceoff specialist in the tournament
- Webb redshirted last year and is looking to make her collegiate debut
- Sophomore attacker **Madison Alaimo** won gold with the US Junior National Team at the 2024 World Lacrosse Women's U20 Championship in August in Hong Kong
- Alaimo set the tournament record for most assists (25) in the championship
- She ranked third among all players in points with 43, scoring 18 goals in addition to her 25 assists.
- Alaimo was named the Player of the Game for the pool play contest against China,

NCAA I WOMEN'S LACROSSE POLLS - MARCH 17

IWLCA COACHES POLL	INSIDE LACROSSE	USA Lacrosse Magazine
1. Boston College	1. Boston College	1. Boston College
2. North Carolina	2. North Carolina	2. North Carolina
3. Northwestern	3. Northwestern	3. Northwestern
4. Maryland	4. Maryland	4. Stanford
5. Stanford	5. Stanford	5. Maryland
6. Yale	6. Johns Hopkins	6. Yale
7. Johns Hopkins	7. Yale	7. Syracuse
8. Florida	8. Syracuse	8. James Madison
9. Syracuse	9. Florida	9. Florida
10. Princeton	10. Princeton	10. Johns Hopkins
11. Michigan	11. James Madison	11. Princeton
12. Virginia	12. Michigan	12. Virginia
13. Duke	13. Duke	13. Duke
14. James Madison	14. Virginia	14. Michigan
15. Clemson	15. Clemson	15. Penn
16. Penn	16. Penn	16. Loyola
17. Loyola	17. Loyola	17. Ohio State
18. Stony Brook	18. Ohio State	18. Clemson
19. Ohio State	19. Stony Brook	19. Denver
20. Notre Dame	20. Southern Cal	20. Rutgers
21. Southern Cal	21. Notre Dame	
22. Navy	22. Harvard	
23. Harvard	23. Drexel	
24. Denver	24. Navy	
25. UConn	25. Denver	

VIRGINIA WEEK-BY-WEEK			
Week	IWLCA	IL	USA
Preseason	n/a	9	5
Feb. 10	8	9	5
Feb. 17	7	7	5
Feb. 24	11	10	9
March 3	14	14	13
March 10	15	15	16
March 17	12	14	12
March 24			
March 31			
April 7			
April 14			
April 21			
April 28			
May 5			

ACC PRESEASON POLL		
No.	Team	Votes
1.	Boston College (11)	143
2.	North Carolina	126
3.	Virginia	118
4.	Syracuse (1)	114
5.	Stanford	87
6.	Notre Dame	86
7.	Clemson	74
8.	Duke	63
9.	Virginia Tech	45
10.	Louisville	36
11.	Pitt	31
12.	California	13
First place votes in parentheses		

UVA IN THE IWLCA RANKINGS

- Virginia is one of five programs in the NCAA to be ranked at least once in every year of the IWLCA Coaches Poll. The poll was created in 1988, with Dartmouth, Maryland, Penn State and Princeton joining Virginia as the only programs to be nationally ranked every year.
- Of those five programs, Virginia is the only program to be ranked in every week of the IWLCA coaches poll, a span of 287-straight polls.
- Of those 287 polls, the Cavaliers have been ranked among the top-10 in the nation on 245 occasions, the second-most among all NCAA programs.
- The Cavaliers have spent 15 weeks ranked No. 1, including the entire 1993 season
- Virginia debuted at No. 7 in the inaugural coaches poll on March 19, 1988. While the Cavaliers have climbed to a No. 1 ranking, the farthest they have ever fallen was to No. 19 on April 23, 2013. Virginia has only spent five weeks ranked outside the top-15.

Multiple Goal Games				
Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#21 Kate Miller, A	1	2	23	7
#4 Jenna DiNardo	7	6	18	12
#5 Kate Galica	6	4	12	8
#16 Madison Alaimo	2	2	5	3
#11 Abby Manalang	4	2	5	4
#2 Jayden Piraino	1	1	1	1
#15 Addi Foster	5	4	5	4
#22 Lauren Pederson	2		2	
#7 Payton Sfreddo	2	1	2	1
#23 Alex Reilly	2		2	
#43 Gabby LaVerghetta	1		1	
#40 Devon Gogerty			1	

Multiple Assist Games				
Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#21 Kate Miller	2	1	19	8
#16 Madison Alaimo	6	4	14	7
#10 Maureen Duffy	0		2	
#4 Jenna DiNardo	3	3	5	3
#15 Addi Foster	3	1	3	1

Consecutive Games with a Goal			
Name	Streak	Goals During Streak	Streak Started
#15 Addi Foster	5	11	March 1, 2025
#5 Kate Galica	3	9	March 8, 2025
#4 Jenna DiNardo	2	5	March 15, 2025
#15 Addi Foster	2	6	March 15, 2025
#43 Gabby LaVerghetta	2	3	March 15, 2025
#7 Payton Sfreddo	1	2	March 19, 2025
#23 Alex Reilly	1	2	March 19, 2025

Consecutive Games with a Point			
Name, Pos.	Streak	G-A-P During Streak	Streak Started
#15 Addi Foster	9	17-10-27	Feb. 7, 2025
#5 Kate Galica	3	9-2-11	March 8, 2025
#4 Jenna DiNardo	2	5-7-12	March 15, 2025
#15 Addi Foster	2	6-2-8	March 15, 2025
#43 Gabby LaVerghetta	2	3-0-0	March 15, 2025
#7 Payton Sfreddo	1	3-0-0	March 19, 2025
#23 Alex Reilly	1	2-0-0	March 19, 2025
#43 Gabby LaVerghetta	1	2-0-0	March 19, 2025

Comparisons		
	UVA	PITT
Shot Statistics		
Goals-Shot attempts	124-278	114-260
Goals scored per game	13.78	12.66
Shot pct.	.446	.438
Shots on goal-Attempts	217-278	181-260
SOG pct.	.781	.696
Shots/Game	30.9	28.9
Assists	62	44
Free position Made-Att	22-55	33-73
Free position pct.	.455	.452
Goal Breakdown		
Total Goals	124	114
Free-position	25	33
Unassisted	62	70
Overtime	0	1
Saves	73	80
Opponent Goals	103	67
Ground Balls	126	182
Draw Controls	147	136
Turnovers	109	176
Caused Turnovers	75	105
Clears	132-151	166-195
Clear Pct.	.874	.851
Shot Clock Violations	6	2

Records Watch

Draw Controls - Single Game	
1. Aubrey Williams (2/27/22 vs. Stanford)	15
Aubrey Williams (4/5/23 at VCU)	15
Kate Galica (3/1/25 at Cal)	15
4. Aubrey Williams (3/9/22 vs. Richmond)	14
5. Aubrey Williams (2/18/23 at Princeton).....	13
6. Aubrey Williams (3/20/22 vs. JMU).....	12
Kate Galica (2/15/25 at Princeton)	12
Kate Galica (2/26/25 vs Navy)	12
Kate Galica (3/8/25 at UNC)	12

Draw Controls- Single Season	
1. Aubrey Williams (2022)	149
2. Aubrey Williams (2023)	143
3. Brittany Kalkstein (2010).....	97
Maggie Jackson (2018).....	97
Kate Galica (2024).....	97
6. Courtney Swan (2014)	96
7. Maggie Jackson (2019).....	94
8. Kate Galica (2025)	88

Draw Controls - Career	
1. Aubrey Williams(2021-23)	332
2. Maggie Jackson (2016-19)	301
3. Brittany Kalkstein (2007-10).....	287
4. Courtney Swan (2012-15)	272
5. Sammy Mueller (2017-20).....	204
6. Lauren Aumiller (2000-03).....	195
7. Kate Galica (2024-25)	188

HEAD COACH SONIA LAMONICA



LaMonica took over UVA's storied program for the 2023-24 season after serving as the head women's lacrosse coach at Towson for 13 seasons and one season at Mt. Saint Mary's. LaMonica enters her second season in charge of the Cavalier program in 2025 owning an all-time coaching record of 162-105.

LaMonica By the Numbers

- 6 Conference Coach of the Year Awards (5x CAA, 1x ACC)
- 5 All-ACC Selections
- 3 All-Freshman Selections
- 7 NCAA Tournament Appearances (1 at UVA)
- 4 CAA titles

2024 Season (ACC Co-Coach of the Year)

LaMonica and her team cruised to a 14-6 victory over Liberty in her first game in charge and would go on to win nine of the first 10 games of the season—Virginia's best start to a campaign since the 2007 national runner-up season.

The Cavaliers would go on to stockpile some of the best wins of any team in the country including a road victory over No. 4 Notre Dame, and emphatic dispatching of No. 7 James Madison at home, and a thrilling overtime win over No. 3 Boston College on senior day.

Virginia went 6-3 in ACC play matching a single season program-high for wins in conference play while taking down the likes of Boston College for the first time in eight seasons. The pair of wins over opponents ranked in the top-four marked the first time Virginia accomplished such a feat in nine seasons. The Cavaliers would eventually avenge their regular-season loss to North Carolina with a 13-12 victory in the ACC quarterfinals—their first win over UNC since the 2014 season. UVA reached the ACC Semifinal before falling to Syracuse.

The Cavaliers earned the fifth overall seed in the NCAA Women's Lacrosse Championship, its highest since the 2008 season when Virginia was seeded fourth. The Cavaliers earned the right to host the first two rounds of the tournament for the first time since the 2019 season. The first round featured a 21-6 dispatching of LIU in which Virginia set a program record for most goals scored in an NCAA tournament game. The Cavaliers fell to No. 10 Florida in the second round of the championship.

LaMonica was named ACC Co-Coach of the Year, sharing the honor with former collegiate teammate Acacia Walker-Weinstein of Boston College. Five Cavaliers were named to the All-ACC teams while three were named to the All-Freshman team including ACC freshman of the Year Kate Galica.

Prior to Virginia

During her tenure at Towson, LaMonica led the Tigers to seven NCAA Tournament appearances and four Colonial Athletic Association (CAA) Tournament Championships. She has been named the CAA Coach of the Year five times.

Towson finished first or second in the CAA in 10 of her 14 seasons at the helm and made nine CAA tournament championship game appearances, including six-straight. LaMonica has coached six players to All-America honors and has had numerous All-CAA and All-Region honorees.

LaMonica consistently challenged her teams with tough schedules against top-ranked opponents. Towson finished .500 or better in 12 of the 14 seasons she oversaw the program, with one of the two being cut short due to the pandemic.

A native of Darlington, South Australia, LaMonica (pronounced La – MAHN – ick – uh) was named the 10th head coach in the history of the Towson women's lacrosse program after the 2010 season. She returned to lead the Tigers after a one-year stint as the head coach at Mount St. Mary's.

As the Mountaineers' head coach, LaMonica led Mount St. Mary's to an 8-9 record in 2010 and a berth in the Northeast Conference (NEC) semifinals. She coached five players who earned All-NEC honors.

Prior to becoming the Mountaineers' head coach, LaMonica spent two seasons as a member of Missy Doherty's staff at Towson and helped the Tigers win a pair of Colonial Athletic Association (CAA) championships.

Before joining the Tigers' staff, LaMonica was an assistant coach at the University of Denver, helping the Pioneers to a 15-5 record during the 2006 season. She coached the Mountain Pacific Sports Federation (MPSF) Player and Rookie of the Year along with three all-conference selections and the program's first IWLCF All-West/Midwest region honoree.

LaMonica also served as head coach of the Women's Professional Lacrosse League's (WPLL) Baltimore Brave. LaMonica led the Brave to the league championship in 2019 and guided the team to the title game in the inaugural season a year earlier.

In addition to her success as a coach, LaMonica is a member of the Australian National Team. She helped Australia win the gold medal at the 2005 World Cup Championship and a silver medal at the 2009 World Cup Championship. In the summer of 2013, LaMonica played a key role in helping Australia earn a bronze medal at the World Cup Championship in Canada.

Named to the 2005 IFWLA All-World Team, she was also a member of the U-19 Australian National Team that won the silver medal at the 1999 World Championships and was also the recipient of the U21 South Australian Sportswoman of the Year award.

A 2003 graduate of Maryland, LaMonica was a three-year starter for the Terrapins. She earned first team All-America honors and was a candidate for the Tewaaraton Trophy during her senior season after leading Maryland to the Atlantic Coast Conference (ACC) championship. A team captain during her senior season, she was a member of three ACC championship teams and helped the Terrapins win the 2000 and 2001 NCAA titles.

LaMonica scored 111 goals in her college career, including 49 goals as a senior, along with 55 assists.

LAMONICA CAREER COACHING RECORD

Year	Team	Overall	Conf.	Conf. Finish	NCAA Tournament
2010	Mt. Saint Mary's	8-9	6-3	Semifinal	-
2011	Towson	11-7	6-1	Final	-
2012	Towson	16-4	7-0	Champions	First Round
2013	Towson	10-9	6-1	Champions	First Round
2014	Towson	11-8	4-1	Champions	First Round
2015	Towson	9-9	3-3	Final	-
2016	Towson	16-4	5-1	Champions	Second Round
2017	Towson	12-7	4-2	Final	First Round
2018	Towson	16-5	5-1	Final	Second Round
2019	Towson	7-10	5-1	Semifinal	-
2020*	Towson	2-4*	*	*	*
2021	Towson	9-9	0-4	Semifinal	First Round
2022	Towson	9-8	5-1	Final	-
2023	Towson	11-7	5-2	Final	-
2024	Virginia	15-5	6-3	Semifinal	Second Round
2025	Virginia	6-3	2-2		

Career **168-108**

Virginia Record **21-8 (8-5)**

*Season canceled due to COVID-19 Pandemic



**2025 Virginia Women's Lacrosse
Virginia Combined Team Statistics
All games (as of Mar 19, 2025)**



RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	6-3	2-2	4-1	0-0
CONFERENCE	2-2	1-1	1-1	0-0
NON-CONFERENCE	4-1	1-1	3-0	0-0

Date	Opponent		Score	Att.
02/07/202	LIBERTY	w	20-5	501
Feb 15	at #17 Princeton	w	13-11	356
* Feb 22	#14 STANFORD	L	7-13	703
Feb 26	#19 NAVY	L	12-14	417
* Mar 01	at California	w	20-9	250
Mar 05	at Richmond	w	14-9	167
* Mar 08	at #2 North Carolina	L	8-20	2088
* Mar 15	#13 DUKE	w	16-11	805
Mar 19	at #14 James Madison	w	14-11	209

TEAM STATISTICS	VA	OPP
SHOT STATISTICS		
Goals-Shot attempts	124-278	103-215
Goals scored per game	13.78	11.44
Shot pct.	.446	.479
Shots on goal-Attempts	217-278	176-215
SOG pct.	.781	.819
Shots/Game	30.9	23.9
Assists	62	52
Free position Made-Att	25-55	26-55
Free position pct.	.455	.473
GOAL BREAKDOWN		
Total Goals	124	103
Free-position	25	26
Unassisted	62	51
Overtime	0	0
Goals scored average	13.80	11.46
GROUND BALLS	126	134
DRAW CONTROLS	147	108
TURNOVERS	109	123
CAUSED TURNOVERS	75	58
CLEARs	132-151	137-159
Clear Pct.	.874	.862
SHOT CLOCK VIOLATIONS	6	5
ATTENDANCE		
Total	2426	3070
Dates/Avg Per Date	4/606	5/614
Neutral Site #/Avg	0/0	

## PLAYER	GP	G	A	Pts	Sh	Gw	GB	DC	Dsv	TO	CT
4 Jenna Dinardo	9	25	10	35	63	3	6	7	0	14	3
5 Kate Galica	9	19	4	23	41	0	7	88	0	14	10
15 Addi Foster	9	17	10	27	33	0	8	0	0	5	4
11 Abby Manalang	9	13	3	16	20	1	15	21	0	3	9
21 Kate Miller	7	12	8	20	29	0	10	10	0	12	4
16 Madison Alaimo	9	11	25	36	31	0	3	1	0	17	2
7 Payton Sfreddo	9	7	0	7	17	0	11	7	0	7	4
23 Alex Reilly	9	6	0	6	17	2	2	4	0	3	3
22 Lauren Pederson	7	5	0	5	8	0	2	0	0	2	0
2 Jayden Piraino	5	4	0	4	7	0	2	0	0	0	0
43 Gabby Laverghett	4	3	0	3	3	0	2	0	0	1	1
41 Fiona Allen	4	1	2	3	5	0	0	0	0	1	1
17 Finley Barger	2	1	0	1	1	0	0	0	0	0	0
10 Maureen Duffy	9	0	0	0	0	0	4	0	0	3	2
9 Sophia Conti	9	0	0	0	0	0	2	0	0	0	1
6 Abby Jansen	5	0	0	0	0	0	7	0	0	0	2
44 Breese Burlingame	1	0	0	0	0	0	0	0	0	0	0
26 Mel Josephson	9	0	0	0	0	0	12	0	0	2	0
12 Payton Meister	2	0	0	0	0	0	0	0	0	0	1
13 Carly Kennedy	2	0	0	0	0	0	0	0	0	0	0
14 Abby Musser	3	0	0	0	0	0	0	0	0	1	0
20 Olivia Bruno	9	0	0	0	0	0	4	0	0	3	6
25 Corey White	8	0	0	0	3	0	2	0	0	2	1
3 Kate Demark	9	0	0	0	0	0	10	5	0	4	5
29 Cece Webb	3	0	0	0	0	0	0	0	0	0	1
32 Nicole Cruthirds	9	0	0	0	0	0	8	1	0	1	6
42 Livy Laverghetta	1	0	0	0	0	0	0	0	0	1	0
40 Devon Gogerty	2	0	0	0	0	0	0	0	0	0	1
36 Lara Kology	9	0	0	0	0	0	9	3	0	1	8
33 Katie Campel	2	0	0	0	0	0	0	0	0	1	0
19 Wyly Willmott	1	0	0	0	0	0	0	0	0	0	0
Total	9	124	62	186	278	6	126	147	0	109	75
Opponents	9	103	52	155	215	3	134	108	0	123	58

## Goalie	GP	Min.	GA	GAAvg	Save	Pct	W-L-T
6 Abby Jansen	5	86:00	11	7.67	9	.450	1-0-0
44 Breese Burlingame	1	6:51	1	8.76	1	.500	0-0-0
26 Mel Josephson	9	446:11	91	12.24	63	.409	5-3-0
Total	9	539:02	103	11.46	73	.415	6-3-0
Opponents	9	539:02	124	13.80	93	.429	3-6-0

Goals by Period	1st	2nd	3rd	4th	Total
Virginia	32	35	37	20	124
Opponents	25	27	25	26	103

Saves by Period	1st	2nd	3rd	4th	Total
Virginia	22	25	16	10	73
Opponents	22	28	25	18	93

Shots by Period	1st	2nd	3rd	4th	Total
Virginia	69	75	84	50	278
Opponents	58	62	52	43	215

Shots on Goal	1st	2nd	3rd	4th	Total
Virginia	54	63	62	38	217
Opponents	47	52	41	36	176



2025 Virginia Women's Lacrosse Virginia Overall Individual Statistics All games (as of Mar 03, 2025)



Overall: 3-2 Conf: 1-1 Home: 1-2 Away: 2-0 Neut: 0-0

##	Player	gp-gs	g	a	pts	sh	sh%	sog	sog%	gw	fpg-fps	gb	dc	dsv	t/o	ct	foul
4	Jenna Dinardo	5-5	17	3	20	33	.515	33	1.000	2	1-3	4	1	0	10	3	0
5	Kate Galica	5-5	10	2	12	17	.588	14	.824	0	4-7	5	46	0	5	8	9
21	Kate Miller	5-5	10	7	17	21	.476	14	.667	0	1-1	10	9	0	9	4	3
15	Addi Foster	5-5	9	7	16	19	.474	14	.737	0	2-5	4	0	0	1	4	0
11	Abby Manalang	5-5	7	2	9	11	.636	10	.909	1	3-4	8	9	0	1	9	1
16	Madison Alaimo	5-5	5	15	20	18	.278	13	.722	0	2-2	1	0	0	10	1	3
22	Lauren Pederson	5-0	5	0	5	7	.714	7	1.000	0	1-1	2	0	0	2	0	0
2	Jayden Piraino	4-0	3	0	3	4	.750	3	.750	0	-	2	0	0	0	0	0
7	Payton Sfreddo	5-0	2	0	2	9	.222	6	.667	0	0-4	3	2	0	3	1	1
23	Alex Reilly	5-0	2	0	2	6	.333	5	.833	0	-	0	2	0	2	2	4
41	Fiona Allen	2-0	1	1	2	3	.333	2	.667	0	0-1	0	0	0	1	1	0
17	Finley Barger	2-0	1	0	1	1	1.000	1	1.000	0	-	0	0	0	0	0	0
14	Abby Musser	3-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	0	1
13	Carly Kennedy	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
12	Payton Meister	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	1	0
10	Maureen Duffy	5-5	0	0	0	0	.000	0	.000	0	-	1	0	0	2	1	5
9	Sophia Conti	5-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
44	Breese Burlingame	1-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
26	Mel Josephson	5-5	0	0	0	0	.000	0	.000	0	-	10	0	0	2	0	1
6	Abby Jansen	3-0	0	0	0	0	.000	0	.000	0	-	3	0	0	0	0	0
20	Olivia Bruno	5-5	0	0	0	0	.000	0	.000	0	-	1	0	0	2	3	6
25	Corey White	4-0	0	0	0	2	.000	1	.500	0	0-1	1	0	0	0	0	0
3	Kate Demark	5-5	0	0	0	0	.000	0	.000	0	-	6	5	0	4	2	11
29	Cece Webb	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	1	0
42	Livy Laverghetta	1-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	0	0
19	Wylly Willmott	1-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
8	Alexandra Schneider	1-0	0	0	0	0	.000	0	.000	0	-	0	1	0	0	0	0
40	Devon Gogerty	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	1	1
36	Lara Kology	5-5	0	0	0	0	.000	0	.000	0	-	6	1	0	0	4	7
33	Katie Campel	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	0	0
32	Nicole Cruthirds	5-5	0	0	0	0	.000	0	.000	0	-	5	0	0	0	5	2
43	Gabby Laverghetta	2-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
Total		5	72	37	109	151	.477	123	.815	3	14-29	72	76	0	63	51	55
Opponents		5	52	20	72	108	.481	83	.769	2	15-27	72	61	0	81	38	55

##	Goalie	gp-gs	min	ga	gaavg	saves	pct	w	l	t	shots faced
44	Breese Burlingame	1-0	6:51	1	8.76	1	.500	0	0	0	2
26	Mel Josephson	5-5	261:12	45	10.34	29	.392	3	2	0	97
6	Abby Jansen	3-0	31:02	6	11.60	1	.143	0	0	0	10
Total		5	299:05	52	10.43	31	.373	3	2	0	109
Opponents		5	299:05	72	14.44	51	.415	2	3	0	151

Goals by Period	1st	2nd	3rd	4th	Total
Virginia	22	14	24	12	72
Opponents	10	15	12	15	52

Saves by Period	1st	2nd	3rd	4th	Total
Virginia	8	10	8	5	31
Opponents	12	17	15	7	51

Shots by Period	1st	2nd	3rd	4th	Total
Virginia	40	41	47	23	151
Opponents	26	30	28	24	108

Attendance Summary	VA	Opponent
Total	1621	606
Dates/Avg Per Date	3/540	2/303
Neutral Site #/Avg	0/0	

Shots on Goal	1st	2nd	3rd	4th	Total
Virginia	34	31	39	19	123
Opponents	18	25	20	20	83

CLEARs: Virginia -- 71-82 .866, Opponents -- 69-87 .793.



2025 Virginia Women's Lacrosse Virginia Team Game-by-Game All games (as of Mar 03, 2025)



TEAM STATISTICS

Date	Opponent	Score	G	A	Pts	Sh	Sog	GW	fpg-fps	GB	DC	TO	CT	Fo
02/07/2025	LIBERTY	20-5	20	10	30	39	35	1	2-5	23	12	13	18	12
Feb 15, 2025	Princeton	13-11	13	4	17	32	25	1	2-5	10	20	9	4	7
Feb 22, 2025	STANFORD	7-13	7	4	11	14	12	0	2-4	19	9	21	11	13
Feb 26, 2025	NAVY	12-14	12	5	17	31	22	0	5-9	12	15	11	10	11
Mar 01, 2025	California	20-9	20	14	34	35	29	1	3-6	8	20	9	8	12
		72-52	72	37	109	151	123	3	14-29	72	76	63	51	55
Opponent			52	20	72	108	83	2	15-27	72	61	81	38	55

TEAM PER-GAME

Games played: 5

Shots per game: 30.20; Goals per game: 14.40

Assists per game: 7.40; Points per game: 21.80

Shot pct: .477; SOG pct: .815

Faceoff W-L pct: .000; Clear pct.: 0.866

Date	Opponent	Score	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Faced
02/07/2025	LIBERTY	20-5	60:00	5	5.00	7	.583	1	0	0	13
Feb 15, 2025	Princeton	13-11	59:05	11	8.06	9	.450	1	0	0	30
Feb 22, 2025	STANFORD	7-13	60:00	13	9.72	7	.350	0	1	0	27
Feb 26, 2025	NAVY	12-14	60:00	14	10.79	5	.263	0	1	0	24
Mar 01, 2025	California	20-9	60:00	9	10.43	3	.250	1	0	0	15
		72-52	299:05	52	10.43	31	.373	3	2	0	109
Opponent			299:05	72	10.43	51	.415	2	3	0	151



2025 Virginia Women's Lacrosse
Virginia Game-by-Game Goals-Assists-Points
All games (as of Mar 19, 2025)



Opponent	Date	Score	2	3	4	5	6	7	9	10	11	12	13
			PIRAINO,JA	DEMARK,KAT	DINARDO,JE	GALICA,KAT	JANSEN,ABB	SFREDDO,PA	CONTI,SOPH	DUFFY,MAUR	MANALANG,A	MEISTER,PA	KENNEDY,CA
LIBERTY	02/07/20	20-5 W	3-0-3	0-0-0	4-1-5	1-0-1	0-0-0	0-0-0	0-0-0	0-0-0	3-0-3	0-0-0	0-0-0
at PRI	Feb 15	13-11 W	0-0-0	0-0-0	3-0-3	3-1-4	DNP	0-0-0	0-0-0	0-0-0	0-0-0	DNP	DNP
STAN	Feb 22	7-13 L	0-0-0	0-0-0	2-0-2	0-0-0	DNP	0-0-0	0-0-0	0-0-0	1-1-2	DNP	0-0-0
NAVY	Feb 26	12-14 L	DNP	0-0-0	4-2-6	4-0-4	0-0-0	0-0-0	0-0-0	0-0-0	2-0-2	DNP	DNP
at CAL	Mar 01	20-9 W	0-0-0	0-0-0	4-0-4	2-1-3	0-0-0	2-0-2	0-0-0	0-0-0	1-1-2	0-0-0	DNP
at RICH	Mar 05	14-9 W	DNP	0-0-0	3-0-3	0-0-0	DNP	1-0-1	0-0-0	0-0-0	2-0-2	DNP	DNP
at UNC	Mar 08	8-20 L	1-0-1	0-0-0	0-0-0	2-0-2	DNP	1-0-1	0-0-0	0-0-0	0-0-0	DNP	DNP
DU	Mar 15	16-11 W	DNP	0-0-0	4-4-8	4-1-5	0-0-0	0-0-0	0-0-0	0-0-0	4-1-5	DNP	DNP
at JMU	Mar 19	14-11 W	DNP	0-0-0	1-3-4	3-1-4	0-0-0	3-0-3	0-0-0	0-0-0	0-0-0	DNP	DNP

Opponent	Date	Score	14	15	16	17	19	20	21	22	23	25	26
			MUSSER,ABB	FOSTER,ADD	ALAIMO,MAD	BARGER,FIN	WILLMOTT,W	BRUNO,OLIV	MILLER,KAT	PEDERSON,L	REILLY,ALE	WHITE,CORE	JOSEPHSON,
LIBERTY	02/07/20	20-5 W	0-0-0	2-4-6	1-3-4	0-0-0	DNP	0-0-0	3-2-5	2-0-2	1-0-1	0-0-0	0-0-0
at PRI	Feb 15	13-11 W	DNP	3-0-3	1-3-4	DNP	DNP	0-0-0	3-0-3	0-0-0	0-0-0	DNP	0-0-0
STAN	Feb 22	7-13 L	0-0-0	1-0-1	1-2-3	DNP	DNP	0-0-0	1-1-2	1-0-1	0-0-0	0-0-0	0-0-0
NAVY	Feb 26	12-14 L	DNP	0-1-1	1-1-2	DNP	DNP	0-0-0	1-1-2	0-0-0	0-0-0	0-0-0	0-0-0
at CAL	Mar 01	20-9 W	0-0-0	3-2-5	1-6-7	1-0-1	0-0-0	0-0-0	2-3-5	2-0-2	1-0-1	0-0-0	0-0-0
at RICH	Mar 05	14-9 W	DNP	1-0-1	3-3-6	DNP	DNP	0-0-0	2-1-3	0-0-0	2-0-2	0-0-0	0-0-0
at UNC	Mar 08	8-20 L	DNP	1-1-2	3-1-4	DNP	DNP	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0
DU	Mar 15	16-11 W	DNP	3-0-3	0-6-6	DNP	DNP	0-0-0	DNP	DNP	0-0-0	0-0-0	0-0-0
at JMU	Mar 19	14-11 W	DNP	3-2-5	0-0-0	DNP	DNP	0-0-0	DNP	DNP	2-0-2	0-0-0	0-0-0

Opponent	Date	Score	29	32	33	36	40	41	42	43	44
			WEBB,CECE	CRUTHIRDS,	CAMPBL,KAT	KOLOGY,LAR	GOGERTY,DE	ALLEN,FION	LAVERGHETT	LAVERGHETT	BURLINGAME
LIBERTY	02/07/20	20-5 W	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	DNP	DNP	0-0-0	DNP
at PRI	Feb 15	13-11 W	DNP	0-0-0	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP
STAN	Feb 22	7-13 L	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP	DNP	DNP
NAVY	Feb 26	12-14 L	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP	DNP	DNP
at CAL	Mar 01	20-9 W	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	1-1-2	0-0-0	0-0-0	0-0-0
at RICH	Mar 05	14-9 W	0-0-0	0-0-0	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP
at UNC	Mar 08	8-20 L	DNP	0-0-0	DNP	0-0-0	DNP	0-1-1	DNP	DNP	DNP
DU	Mar 15	16-11 W	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP	1-0-1	DNP
at JMU	Mar 19	14-11 W	DNP	0-0-0	DNP	0-0-0	DNP	DNP	DNP	2-0-2	DNP



**2025 Virginia Women's Lacrosse
Virginia Category Leaders
All games (as of Mar 03, 2025)**



##	Points	GP	G	A	Pts	Shots
4	Jenna Dinardo	5	17	3	20	33
16	Madison Alaimo	5	5	15	20	18
21	Kate Miller	5	10	7	17	21
15	Addi Foster	5	9	7	16	19
5	Kate Galica	5	10	2	12	17

##	Goals	GP	G	A	Pts	Shots
4	Jenna Dinardo	5	17	3	20	33
5	Kate Galica	5	10	2	12	17
21	Kate Miller	5	10	7	17	21
15	Addi Foster	5	9	7	16	19
11	Abby Manalang	5	7	2	9	11

##	Assists	GP	G	A	Pts	Shots
16	Madison Alaimo	5	5	15	20	18
15	Addi Foster	5	9	7	16	19
21	Kate Miller	5	10	7	17	21
4	Jenna Dinardo	5	17	3	20	33
11	Abby Manalang	5	7	2	9	11

##	Ground Balls	GP	No.
26	Mel Josephson	5	10
21	Kate Miller	5	10
11	Abby Manalang	5	8
3	Kate Demark	5	6
36	Lara Kology	5	6

##	Draw Controls	GP	No.
5	Kate Galica	5	46
11	Abby Manalang	5	9
21	Kate Miller	5	9
3	Kate Demark	5	5
23	Alex Reilly	5	2

##	Game-winning Goals	GP	No.
4	Jenna Dinardo	5	2
11	Abby Manalang	5	1

##	Free-position Goals	GP	No.
5	Kate Galica	5	4
11	Abby Manalang	5	3
16	Madison Alaimo	5	2
15	Addi Foster	5	2
22	Lauren Pederson	5	1

##	Shots	GP	G	A	Shots	Shot%
4	Jenna Dinardo	5	17	3	33	.515
21	Kate Miller	5	10	7	21	.476
15	Addi Foster	5	9	7	19	.474
16	Madison Alaimo	5	5	15	18	.278
5	Kate Galica	5	10	2	17	.588

##	Shot Pct.	GP	G	A	Shots	Shot%
17	Finley Barger	2	1	0	1	1.000
2	Jayden Piraino	4	3	0	4	.750
22	Lauren Pederson	5	5	0	7	.714
11	Abby Manalang	5	7	2	11	.636
5	Kate Galica	5	10	2	17	.588

##	Shots on Goal	GP	G	A	Shots	SOG	SOG%
4	Jenna Dinardo	5	17	3	33	33	1.000
21	Kate Miller	5	10	7	21	14	.667
15	Addi Foster	5	9	7	19	14	.737
5	Kate Galica	5	10	2	17	14	.824
16	Madison Alaimo	5	5	15	18	13	.722

##	Shots on Goal Pct.	GP	G	A	Shots	SOG	SOG%
4	Jenna Dinardo	5	17	3	33	33	1.000
22	Lauren Pederson	5	5	0	7	7	1.000
17	Finley Barger	2	1	0	1	1	1.000
11	Abby Manalang	5	7	2	11	10	.909
23	Alex Reilly	5	2	0	6	5	.833

##	Caused Turnovers	GP	No.
11	Abby Manalang	5	9
5	Kate Galica	5	8
32	Nicole Cruthirds	5	5
21	Kate Miller	5	4
36	Lara Kology	5	4



2025 Virginia Lacrosse Individual Career History



Madison Alaimo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	17	27	44	35	.486	25	.714	2	24	1	0	28	11
2025	9	11	25	36	31	.355	21	.677	0	3	1	0	17	2
TOTAL	29	28	52	80	66	.424	46	.697	2	27	2	0	45	13

SINGLE-GAME HIGHS [all-time ranking]:

Points: 7, at California, Mar 01, 2025

Goals: 4, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024

Assists: 6 [t-5th], at California, Mar 01, 2025; Duke, Mar 15, 2025

Shots: 5, 5 times

Ground balls: 5, Princeton, 02/17/24; Princeton, Feb 17, 2024

Draw controls: 1, Duke, Mar 15, 2025; LIU, May 10, 2024

Man-up goals: 1 [t-8th], 6 times

Free-position goals: 1, 6 times

Caused turnovers: 2, VCU, Apr 03, 2024; at Duke, Mar 30, 2024

Fiona Allen

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	4	1	2	3	5	.200	3	.600	0	0	0	0	1	1
TOTAL	4	1	2	3	5	.200	3	.600	0	0	0	0	1	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at California, Mar 01, 2025

Goals: 1, at California, Mar 01, 2025

Assists: 1, at California, Mar 01, 2025; at North Carolina, Mar 08, 2025

Shots: 2, at Princeton, Feb 15, 2025

Caused turnovers: 1, at California, Mar 01, 2025

Finley Barger

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	1	0	1	4	.250	2	.500	0	0	0	0	0	0
2025	2	1	0	1	1	1.000	1	1.000	0	0	0	0	0	0
TOTAL	6	2	0	2	5	.400	3	.600	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, at California, Mar 01, 2025; LIU, May 10, 2024

Goals: 1, at California, Mar 01, 2025; LIU, May 10, 2024

Shots: 2, VCU, Apr 03, 2024

Man-up goals: 1 [t-8th], at California, Mar 01, 2025

Olivia Bruno

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	3	0	0	0	-	-	-	-	0	0	0	0	0	0
2024	20	0	0	0	-	-	-	-	0	5	0	0	3	18
2025	9	0	0	0	-	-	-	-	0	4	0	0	3	6
TOTAL	32	0	0	0	-	-	-	-	0	9	0	0	6	24

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 2, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024; at James Madison, Mar 19, 2025

Caused turnovers: 4 [t-9th], Boston College, Apr 13, 2024



2025 Virginia Lacrosse Individual Career History

Breese Burlingame

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	1	0	0	0	-	-	-	-	0	0	0	0	0	0

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2025	1	6:51	1	8.76	1	.500	0	0	0	0
TOTAL	1	6:51	1	8.76	1	.500	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 1, at California, Mar 01, 2025

Katie Campel

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	2	0	0	0	-	-	-	-	0	0	0	0	1	0
TOTAL	2	0	0	0	-	-	-	-	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Sophia Conti

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	9	0	0	0	-	-	-	-	0	2	0	0	0	1
TOTAL	9	0	0	0	-	-	-	-	0	2	0	0	0	1

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Caused turnovers: 1, at Richmond, Mar 05, 2025



2025 Virginia Lacrosse Individual Career History



Nicole Cruthirds

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	18	0	0	0	-	-	-	-	0	9	3	0	1	4
2024	20	0	1	1	-	-	-	-	0	20	1	0	5	5
2025	9	0	0	0	-	-	-	-	0	8	1	0	1	6
TOTAL	47	0	1	1	-	-	-	-	0	37	5	0	7	15

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Assists: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Ground balls: 3, 4 times

Draw controls: 1, 6 times

Caused turnovers: 2, 4 times

Kate Demark

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	-	-	0	29	0	0	6	17
2025	9	0	0	0	-	-	-	-	0	10	5	0	4	5
TOTAL	29	0	0	0	-	-	-	-	0	39	5	0	10	22

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 4, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Draw controls: 3, at Princeton, Feb 15, 2025

Caused turnovers: 2, 7 times

Jenna Dinardo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	39	11	50	74	.527	60	.811	3	6	0	0	23	2
2025	9	25	10	35	63	.397	53	.841	3	6	7	0	14	3
TOTAL	29	64	21	85	137	.467	113	.825	6	12	7	0	37	5

SINGLE-GAME HIGHS [all-time ranking]:

Points: 8 [t-9th], Duke, Mar 15, 2025

Goals: 5, James Madison, 03/20/24; James Madison, Mar 20, 2024

Assists: 4, Duke, Mar 15, 2025

Shots: 11 [t-4th], Liberty, 02/07/2025

Ground balls: 2, Stanford, Feb 22, 2025

Draw controls: 3, at North Carolina, Mar 08, 2025

Man-up goals: 2 [t-1st], Stanford, Feb 22, 2025

Free-position goals: 1, 10 times

Caused turnovers: 3, Stanford, Feb 22, 2025

Maureen Duffy

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	12	3	0	3	3	1.000	3	1.000	0	1	1	0	2	1
2023	16	3	5	8	9	.333	8	.889	0	3	0	0	4	0
2024	18	0	0	0	-	-	-	-	0	6	0	0	2	4
2025	9	0	0	0	-	-	-	-	0	4	0	0	3	2
TOTAL	55	6	5	11	12	.500	11	.917	0	14	1	0	11	7

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, VCU, Apr 06, 2022; Duke, Apr 08, 2023; vs UC Davis, Feb 12, 2023

Goals: 2, VCU, Apr 06, 2022

Assists: 2, Duke, Apr 08, 2023

Shots: 2, at VCU, Apr 05, 2023; VCU, Apr 06, 2022; vs UC Davis, Feb 12, 2023

Ground balls: 2, at Liberty, 02/09/24; at VCU, Apr 05, 2023; at Liberty, Feb 9, 2024

Draw controls: 1, VCU, Apr 06, 2022

Free-position goals: 1, ELON, Mar 05, 2023

Caused turnovers: 2, at Liberty, 02/09/24; at Liberty, Feb 9, 2024



2025 Virginia Lacrosse Individual Career History



Addi Foster

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	16	3	5	8	14	.214	9	.643	0	9	3	0	5	5
2025	9	17	10	27	33	.515	26	.788	0	8	0	0	5	4
TOTAL	25	20	15	35	47	.426	35	.745	0	17	3	0	10	9

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, Liberty, 02/07/2025

Goals: 3, 4 times

Assists: 4, Liberty, 02/07/2025

Shots: 6, at James Madison, Mar 19, 2025

Ground balls: 3, VCU, Apr 03, 2024; at North Carolina, Mar 08, 2025

Draw controls: 1, 4 times

Man-up goals: 1 [t-8th], 4 times

Free-position goals: 1, 4 times

Caused turnovers: 2, Liberty, 02/07/2025; vs North Carolina, Apr 23, 2024; vs North Carolina, Apr 24, 2024

Kate Galica

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	21	4	25	47	.447	31	.660	0	27	97	0	20	14
2025	9	19	4	23	41	.463	34	.829	0	7	88	0	14	10
TOTAL	29	40	8	48	88	.455	65	.739	0	34	185	0	34	24

SINGLE-GAME HIGHS [all-time ranking]:

Points: 5, Duke, Mar 15, 2025

Goals: 4, NAVY, Feb 26, 2025; Duke, Mar 15, 2025

Assists: 1, 11 times

Shots: 9, Duke, Mar 15, 2025

Ground balls: 4, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 15 [t-1st], at California, Mar 01, 2025

Man-up goals: 1 [t-8th], 7 times

Free-position goals: 2 [t-5th], NAVY, Feb 26, 2025

Caused turnovers: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

Devon Gogerty

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	6	2	1	3	7	.286	4	.571	0	1	1	0	1	0
2025	2	0	0	0	-	-	-	-	0	0	0	0	0	1
TOTAL	8	2	1	3	7	.286	4	.571	0	1	1	0	1	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Goals: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Assists: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Shots: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

Ground balls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Man-up goals: 1 [t-8th], Richmond, 03/06/24; Richmond, Mar 6, 2024

Caused turnovers: 1, Liberty, 02/07/2025



2025 Virginia Lacrosse Individual Career History



Abby Jansen

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	9	0	0	0	-	-	-	-	0	1	0	0	0	0
2023	14	0	0	0	1	.000	-	-	0	12	0	0	3	4
2024	6	0	0	0	-	-	-	-	0	1	0	0	0	0
2025	5	0	0	0	-	-	-	-	0	7	0	0	0	2
TOTAL	34	0	0	0	1	.000	-	-	0	21	0	0	3	6

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2022	9	91:43	20	13.08	12	.375	0	0	0	0
2023	14	534:34	121	13.58	67	.356	4	3	0	0
2024	6	43:52	7	9.57	5	.417	0	0	0	0
2025	5	86:00	11	7.67	9	.450	1	0	0	0
TOTAL	34	756:09	159	12.62	93	.369	5	3	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 9, at VCU, Apr 05, 2023

Ground balls: 4, Duke, Apr 08, 2023; Duke, Mar 15, 2025

Caused turnovers: 2, Duke, Apr 08, 2023; Duke, Mar 15, 2025

Mel Josephson

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	-	-	0	19	1	0	7	2
2025	9	0	0	0	-	-	-	-	0	12	0	0	2	0
TOTAL	29	0	0	0	-	-	-	-	0	31	1	0	9	2

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2024	20	1140:04	200	10.53	161	.446	15	5	0	0
2025	9	446:11	91	12.24	63	.409	5	3	0	0
TOTAL	29	1586:15	291	11.01	224	.435	20	8	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 13 [9th], at North Carolina, Mar 08, 2025

Ground balls: 7, Stanford, Feb 22, 2025

Draw controls: 1, Boston College, Apr 13, 2024

Caused turnovers: 1, 5 times



2025 Virginia Lacrosse Individual Career History



Morgan Koeneke

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	1	0	0	0	-	-	-	-	0	0	0	0	0	1
2024	5	0	0	0	-	-	-	-	0	0	0	0	2	0
TOTAL	6	0	0	0	-	-	-	-	0	0	0	0	2	1

SINGLE-GAME HIGHS [all-time ranking]:

Caused turnovers: 1, VCU, Apr 06, 2022

Lara Kology

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	9	0	0	0	-	-	-	-	0	9	3	0	1	8
TOTAL	9	0	0	0	-	-	-	-	0	9	3	0	1	8

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 2, Stanford, Feb 22, 2025; NAVY, Feb 26, 2025; at Richmond, Mar 05, 2025

Draw controls: 1, NAVY, Feb 26, 2025; at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Caused turnovers: 2, NAVY, Feb 26, 2025; Duke, Mar 15, 2025

Gabby Laverghetta

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	4	3	0	3	3	1.000	3	1.000	0	2	0	0	1	1
TOTAL	4	3	0	3	3	1.000	3	1.000	0	2	0	0	1	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at James Madison, Mar 19, 2025

Goals: 2, at James Madison, Mar 19, 2025

Shots: 2, at James Madison, Mar 19, 2025

Ground balls: 1, Duke, Mar 15, 2025; at James Madison, Mar 19, 2025

Man-up goals: 1 [t-8th], at James Madison, Mar 19, 2025

Caused turnovers: 1, Duke, Mar 15, 2025

Livy Laverghetta

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	1	0	0	0	-	-	-	-	0	0	0	0	1	0
TOTAL	1	0	0	0	-	-	-	-	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:



2025 Virginia Lacrosse Individual Career History

Abby Manalang

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	17	0	2	2	9	.000	1	.111	0	5	15	0	4	2
2023	18	5	1	6	14	.357	9	.643	0	9	18	0	5	5
2024	15	3	1	4	5	.600	5	1.000	0	3	1	0	2	4
2025	9	13	3	16	20	.650	18	.900	1	15	21	0	3	9
TOTAL	59	21	7	28	48	.438	33	.688	1	32	55	0	14	20

SINGLE-GAME HIGHS [all-time ranking]:

Points: 5, Duke, Mar 15, 2025

Goals: 4, Duke, Mar 15, 2025

Assists: 1, 7 times

Shots: 5, NAVY, Feb 26, 2025; Duke, Mar 15, 2025

Ground balls: 3, Liberty, 02/07/2025; at California, Mar 01, 2025; at Richmond, Mar 05, 2025

Draw controls: 5, Notre Dame, Mar 25, 2023

Man-up goals: 2 [t-1st], NAVY, Feb 26, 2025

Free-position goals: 1, 6 times

Caused turnovers: 3, NAVY, Feb 26, 2025; at California, Mar 01, 2025

Evie McMahan

SINGLE-GAME HIGHS [all-time ranking]:

Payton Meister

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	6	0	0	0	-	-	-	-	0	1	0	0	1	2
2023	2	0	0	0	-	-	-	-	0	1	0	0	0	0
2024	5	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	2	0	0	0	-	-	-	-	0	0	0	0	0	1
TOTAL	15	0	0	0	-	-	-	-	0	2	0	0	1	3

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, at VCU, Apr 05, 2023; Richmond, Mar 09, 2022

Caused turnovers: 1, at California, Mar 01, 2025; Richmond, Mar 09, 2022; PITT, Mar 18, 2022

Kate Miller

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	20	27	8	35	58	.466	42	.724	0	9	0	0	15	1
2023	18	17	26	43	38	.447	30	.789	1	14	1	0	20	8
2024	20	28	22	50	68	.412	52	.765	1	16	43	0	32	10
2025	7	12	8	20	29	.414	18	.621	0	10	10	0	12	4
TOTAL	65	84	64	148	193	.435	142	.736	2	49	54	0	79	23

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, ELON, Mar 05, 2023

Goals: 5, LIU, May 10, 2024

Assists: 4, Syracuse, 03/23/24; Syracuse, Mar 23, 2024

Shots: 8, at Richmond, Mar 05, 2025

Ground balls: 6, Liberty, 02/07/2025

Draw controls: 6, VCU, Apr 03, 2024

Man-up goals: 2 [t-1st], LIU, May 10, 2024

Free-position goals: 1, 10 times

Caused turnovers: 2, 5 times



2025 Virginia Lacrosse Individual Career History



Juliana Murphy

SINGLE-GAME HIGHS [all-time ranking]:

Abby Musser

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	3	0	0	0	-	-	-	-	0	0	0	0	1	0
TOTAL	3	0	0	0	-	-	-	-	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Lauren Pederson

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	1	0	0	0	-	-	-	-	0	0	0	0	0	0
2024	9	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	7	5	0	5	8	.625	8	1.000	0	2	0	0	2	0
TOTAL	17	5	0	5	8	.625	8	1.000	0	2	0	0	2	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Liberty, 02/07/2025; at California, Mar 01, 2025

Goals: 2, Liberty, 02/07/2025; at California, Mar 01, 2025

Shots: 3, at California, Mar 01, 2025

Ground balls: 2, Liberty, 02/07/2025

Free-position goals: 1, at California, Mar 01, 2025

Jayden Piraino

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	5	4	0	4	7	.571	5	.714	0	2	0	0	0	0
TOTAL	5	4	0	4	7	.571	5	.714	0	2	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, Liberty, 02/07/2025

Goals: 3, Liberty, 02/07/2025

Shots: 4, Liberty, 02/07/2025

Ground balls: 1, at Princeton, Feb 15, 2025; at California, Mar 01, 2025



2025 Virginia Lacrosse Individual Career History



Alex Reilly

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	9	6	0	6	17	.353	12	.706	2	2	4	0	3	3
TOTAL	9	6	0	6	17	.353	12	.706	2	2	4	0	3	3

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Goals: 2, at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Shots: 5, at North Carolina, Mar 08, 2025

Ground balls: 1, at North Carolina, Mar 08, 2025; Duke, Mar 15, 2025

Draw controls: 2, Duke, Mar 15, 2025

Free-position goals: 1, at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Caused turnovers: 2, Liberty, 02/07/2025

Alexandra Schneider

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	11	0	0	0	-	-	-	-	0	0	1	0	1	0
TOTAL	11	0	0	0	-	-	-	-	0	0	1	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Payton Sfreddo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	9	7	0	7	17	.412	14	.824	0	11	7	0	7	4
TOTAL	9	7	0	7	17	.412	14	.824	0	11	7	0	7	4

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, at James Madison, Mar 19, 2025

Goals: 3, at James Madison, Mar 19, 2025

Shots: 4, at California, Mar 01, 2025; at James Madison, Mar 19, 2025

Ground balls: 7, at James Madison, Mar 19, 2025

Draw controls: 4, at North Carolina, Mar 08, 2025

Free-position goals: 1, at James Madison, Mar 19, 2025

Caused turnovers: 1, 4 times

Lily Spyredes

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	4	0	0	0	-	-	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Cece Webb

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	3	0	0	0	-	-	-	-	0	0	0	0	0	1
TOTAL	3	0	0	0	-	-	-	-	0	0	0	0	0	1

SINGLE-GAME HIGHS [all-time ranking]:
 Caused turnovers: 1, Liberty, 02/07/2025

Corey White

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	5	0	0	0	2	.000	2	1.000	0	1	0	0	1	0
2025	8	0	0	0	3	.000	1	.333	0	2	0	0	2	1
TOTAL	13	0	0	0	5	.000	3	.600	0	3	0	0	3	1

SINGLE-GAME HIGHS [all-time ranking]:
 Shots: 2, NAVY, Feb 26, 2025
 Ground balls: 1, 4 times
 Caused turnovers: 1, at Richmond, Mar 05, 2025

Wylly Willmott

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	1	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	5	0	0	0	-	-	-	-	0	0	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

2025 ROSTER/BREAKDOWN

No.	Name	Cl.	Pos.	Ht.	Hometown/High School/Previous School
2	Jayden Piraino	Fr.	Attack	5-6	Dix Hills, N.Y./Half Hollow Hills East
3	Kate Demark	So.	Defense	5-6	Darien, Conn./Darien HS
4	Jenna Dinardo	So.	Attack	5-5	Corning, N.Y./Corning Painted Post HS
5	Kate Galica	So.	Midfield	5-8	Wayne, Pa./Conestoga HS
6	Abby Jansen	Sr.	Goalkeeper	5-5	Newtown Square, Pa./Radnor
7	Payton Sfreddo	Fr.	Midfield	5-11	Rye, N.Y., Sacred Heart Greenwich (Conn.)
8	Alexandra Schneider	So.	Defense	5-8	Manhasset, N.Y./Manhasset HS
9	Sophia Conti	Fr.	Midfield	5-7	Babylon, N.Y./Babylon Junior Senior High
10	Maureen Duffy	Sr.	Defense	5-7	East Quogue, N.Y./Westhampton Beach
11	Abby Manalang	Sr.	Midfield	5-4	Los Angeles, Calif./Da Vinci Science
12	Payton Meister	Sr.	Defense	5-4	Coppell, Texas/Episcopal School of Dallas
13	Carly Kennedy	Fr.	Midfield	5-3	Denver, Co./Regis Jesuit
14	Abby Musser	Fr.	Defense	5-6	Alexandria, Va./St. Stephens & St. Agnes
15	Addi Foster	So.	Attack	5-9	Charlottesville, Va./St. Anne's Belfield School
16	Madison Alaimo	So.	Attack	5-7	Wantagh, N.Y./Wantagh HS
17	Finley Barger	Jr.	Midfield	5-8	Fallston, Md./Notre Dame Preparatory School
19	Wyly Willmott	Jr.	Defense	5-8	Memphis, Tenn./Oregon Episcopal/Hutchison School
20	Olivia Bruno	Jr.	Defense	5-9	Victor, N.Y./Victor
21	Kate Miller	Sr.	Attack	5-6	Mechanicsville, Va./Atlee
22	Lauren Pederson	Gr.	Midfield	5-11	Park City, Utah/Park City
23	Alex Reilly	Fr.	Midfield	5-6	Fort Washington, Pa./Springside Chestnut Hill Academy
25	Corey White	So.	Midfield	5-8	Chevy Chase, Md./Stone Ridge School of the Sacred Heart
26	Mel Josephson	Jr.	Goalkeeper	5-6	Sea Bright, N.J./The Lawrenceville School
27	Morgan Koeneke	Sr.	Attack	5-2	South Riding, Va./Freedom
28	Juliana Murphy	Fr.	Defense	5-8	Charlottesville, Va./Western Albemarle
29	Cece Webb	So.	Defense	5-10	Summit, N.J./Summit HS
31	Evie McMahan	Fr.	Attack	5-4	Charlotte, N.C./Charlotte Latin
32	Nicole Cruthirds	Jr.	Defense	5-4	Alexandria, Va./St. Stephen's and St. Agnes School
33	Katie Campel	Jr.	Attack	5-10	Greenland, N.H./Bishop Guertin HS
36	Lara Kology	Jr.	Defense	5-6	Chatham, N.J./Chatham High
37	Lily Spyredes	Jr.	Attack	5-8	Boca Raton, Fla./Pine Crest School
40	Devon Gogerty	Jr.	Midfield	5-5	Mendham, N.J./Oak Knoll School
41	Fiona Allen	Fr.	Attack	5-5	Hinsdale, Ill./Saint Ignatius College Prep
42	Livy LaVerghetta	Fr.	Midfield	5-0	Baltimore, Md./Garrison Forest
43	Gabby LaVerghetta	Fr.	Attack	5-4	Baltimore, Md./Garrison Forest
44	Breese Burlingame	Jr.	Goalkeeper	6-1	Binghamton, N.Y./Utica/Northfield Mount Hermon

Head Coach: Sonia LaMonica (Maryland '03) second season

Assistant Coach: Michael LaMonica (Maryland '02), second season

Assistant Coach: Caylee Waters (North Carolina '17), second season

Assistant Coach: Kerrigan Miller (North Carolina '21), second season

Director of Operations: Maris Large (Vermont '22), second season

BREAKDOWN BY...

CLASS

Freshman	11
Sophomore	8
Junior	10
Senior	6
Grad/ Fifth.....	1

STATE

California.....	1
Colorado.....	1
Connecticut	1
Florida	1
Illinois	1
Maryland	4
New Hampshire.....	1
New Jersey	4
New York	9
North Carolina.....	1
Pennsylvania.....	3
Tennessee	1
Texas	1
Utah.....	1
Virginia	6

ALPHABETICAL

16 Madison Alaimo.....	Attack
41 Fiona Allen.....	Attack
17 Finley Barger	Midfield
20 Olivia Bruno.....	Defense
44 Breese Burlingame	Goalkeeper
33 Katie Campel	Attack
9 Sophia Conti	Midfield
32 Nicole Cruthirds.....	Defense
3 Kate Demark	Defense
4 Jenna Dinardo	Attack
10 Maureen Duffy (C).....	Defense
15 Addi Foster.....	Attack
5 Kate Galica	Midfield
40 Devon Gogerty	Midfield
6 Abby Jansen	Goalkeeper
26 Mel Josephson	Goalkeeper
13 Carly Kennedy	Midfield
27 Morgan Koeneke.....	Attack
36 Lara Kology	Defense
43 Gabby LaVerghetta.....	Attack
42 Livy LaVerghetta	Midfield
11 Abby Manalang	Midfield
31 Evie McMahan.....	Attack
12 Payton Meister	Defense
21 Kate Miller (C)	Attack
28 Juliana Murphy	Defense
14 Abby Musser	Defense
22 Lauren Pederson (C)	Midfield
2 Jayden Piraino	Attack
23 Alex Reilly	Midfield
8 Alexandra Schneider	Defense
7 Payton Sfreddo	Midfield
37 Lily Spyredes.....	Attack
29 Cece Webb.....	Defense
25 Corey White	Midfield
19 Wyly Willmott	Defense

PRONUNCIATIONS

Players

Alaimo	uh-LIE-mo
Barger	BAR-ger
Cruthirds	Crew-thirds
Gogerty	GO-ger-ty
Koeneke	CONE-i-key
Lara Kology.....	LAIR-uh coe-LOE-gee
Manalang	MANNA-lang
Meister.....	MY-str
Musser.....	Muss-sir
Piraino	PER-an-OH
Sfreddo	seh-FRED-do
Wyly	WHY-Lee

Coaches

LaMonica.....	La-MAHN-i-ka
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2025 VIRGINIA WOMEN'S LACROSSE BROADCAST ROSTER



2

JAYDEN PIRAINO
Fr. | Attack
Dix Hills, N.Y.



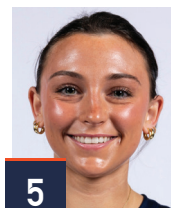
3

KATE DEMARK
So. | Defense
Darien, Conn.



4

JENNA DINARDO
So. | Attack
Corning, N.Y.



5

KATE GALICA
So. | Midfield
Wayne, Pa.



6

ABBY JANSEN
Sr. | Goalkeeper
Newtown Square, Pa.



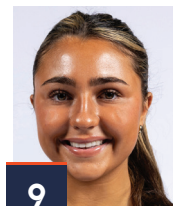
7

PAYTON SFREDDO
Fr. | Midfielder
Rye, N.Y.



8

ALEXANDRA SCHNEIDER
SO. | Defense
Manhasset, N.Y.



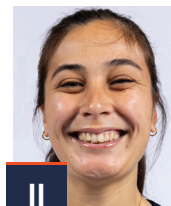
9

SOPHIA CONTI
Fr. | Midfield
babylon, N.Y.



10

MAUREEN DUFFY
Sr. | Midfield
East Quogue, N.Y.



11

ABBY MANALANG
Sr. | Midfield
Los Angeles, Calif.



12

PAYTON MEISTER
Sr. | Defense
Coppell, Texas



13

CARLY KENNEDY
Fr. | Midfield
Denver, Colo.



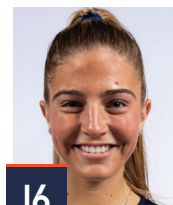
14

ABBY MUSSER
Fr. | Defense
Alexandria, Va.



15

ADDI FOSTER
So. | Midfield
Charlottesville, Va.



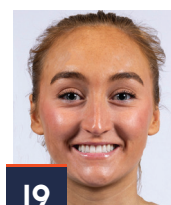
16

MADISON ALAIMO
Fr. | Attack
Wantagh, N.Y.



17

FINLEY BARGER
Jr. | Midfield
Fallston, Md.



19

WYLLY WILLMOTT
Jr. | Defense
Memphis, Tenn.



20

OLIVIA BRUNO
Jr. | Defense
Victor, N.Y.



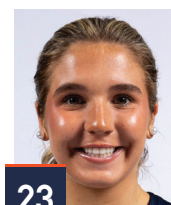
21

KATE MILLER
Sr. | Attack
Mechanicsville, Va.



22

LAUREN PEDERSON
Gr. | Midfield
Park City, Utah



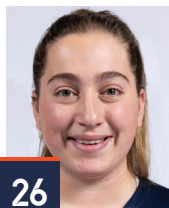
23

ALEX REILLY
Fr. | Midfield
Fort Washington, Pa.



25

COREY WHITE
So. | Midfield
Chevy Chase, Md.



26

MEL JOSEPHSON
Jr. | Goalkeeper
Sea Bright, N.J.



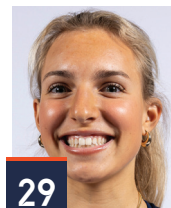
27

MORGAN KOENEKE
Jr. | Attack
South Riding, Va.



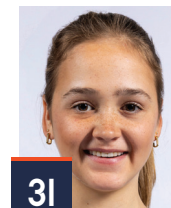
28

JULIANA MURPHY
Fr. | Defense
Charlottesville, Va.



29

CECE WEBB
So. | Defense
Summit, N.J.



31

EVIE MCMAHAN
Fr. | Attack
Charlotte, N.C..



32

NICOLE CRUTHIRDS
Fr. | Defense
Alexandria, Va.



33

KATIE CAMPEL
Jr. | Attack
Greenland, N.H.



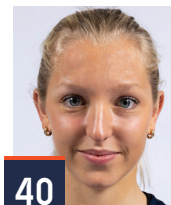
36

LARA KOLOGY
Jr. | Defense
Chatham, N.J..



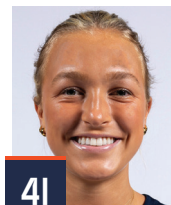
37

LILY SPYREDES
So. | Attack
Boca Raton, Fla.



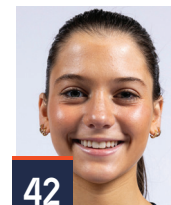
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DEVON GOGERTY
Jr. | Midfield
Mendham, N.J.



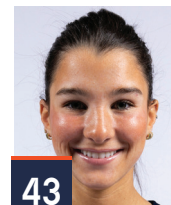
41

FIONA ALLEN
Fr. | Attack
Hinsdale, Ill.



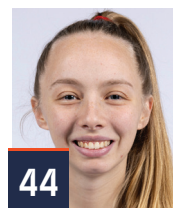
42

LIVY LAVERGHETTA
Fr. | Midfield
Baltimore, Md..



43

GABBY LAVERGHETTA
Fr. | Attkc
Baltimore, Md.



44

BREESE BURLINGAME
Jr. | Goalkeeper
Binghamton, N.Y.



HC

SONIA LAMONICA
Head Coach
Second Season



AC

MICHAEL LAMONICA
Assistant Coach
Second Season



AC

CAYLEE WATERS
Assistant Coach
Second Season



AC

KERRIGAN MILLER
Assistant Coach
Second Season



DO

MARIS LARGE
Director of Ops
Second Season