



VIRGINIA WOMEN'S LACROSSE

3 NATIONAL CHAMPIONSHIPS | 28 CONSECUTIVE NCAA CHAMPIONSHIP APPEARANCES
5 ACC TITLES | 128 ALL-AMERICANS



@UVAWomensLax



ACC QUARTERFINALS VIRGINIA VS BOSTON COLLEGE AMERICAN LEGION FIELD, CHARLOTTE NC APRIL 12, 2025, 5 PM



2-SEED BOSTON COLLEGE EAGLES (15-1, 7-1 ACC)

7-SEED VIRGINIA CAVALIERS (11-5, 5-4 ACC)

HEAD COACH

Acacia Walker-Weinstein (13th season)
Career Record (at BC): 206-56 (206-56)

HEAD COACH

Sonia LaMonica (2nd season)
Career Record (at Virginia): 173-110 (26-10)

SERIES AT A GLANCE

All-Time Series: Virginia, 15-11 | Last meeting: BC Win 24-11 (4/12) | First meeting: 1989
Last UVA win: 4/13/24, 13-12 (OT) | Last BC Win: 4/12/25 | Streak: BC W 1, 9-of-10

2025 STATISTICAL LEADERS

GOALS

#4 Jenna DiNardo

44 Goals (2.75 per game)

ASSISTS

#16 Madison Alaimo

49 Assists (3.06 per game)

POINTS

#16 Madison Alaimo

68 Points (4.25 per game)

GROUND BALLS

#11 Abby Manalang

25 Ground Balls

CAUSED TURNOVERS

#5 Kate Galica

16 Caused Turnovers

DRAW CONTROLS

#5 Kate Galica

155 Draw Controls (9.68 per game)

GOALKEEPING

#26 Mel Josephson

9-5, 11.14 GAAvg, .414 Save Percentage

CAVALIER NOTES

- The Cavaliers are No. 6 in the current NCAA RPI rankings. The team is No. 8 in the IWLCA Coaches Poll, 7 in the Inside Lacrosse media poll and No. 5 in the USA Lacrosse Magazine poll, but are the No. 7 seed in the ACC Championship
- The Cavaliers enter the tournament on the heels of a 19-9 win against Virginia Tech. Virginia Tech scored the first two goals of the game to jump out to an early lead, but the Cavaliers answered with six straight goals and never looked back, holding an 11-4 lead at halftime. The Cavaliers opened the second half by going on a 6-1 run to build up a 17-5 advantage before closing out the 19-9 victory
- Sophomore midfielder **Kate Galica** set both the UVA single-game and single-season draw control records in the contest. Galica had 17 draws, passing the old mark of 15. She came into the game 12 shy of passing Aubrey Williams' single-season total of 149 draws. Galica now has 155 this season
- Galica, who was named as one of 25 nominees for the Tewaaraton Award, leads the ACC and is 10th in the nation in draw controls per game (9.69)
- In addition to her draw controls, Galica has also become one of the offensive leaders on the team, ranking second in goals (40). She has scored at least a hat trick in each of the last six games
- Sophomore attacker **Madison Alaimo** had six assists against Virginia Tech, her fourth time this season assisting on a half-dozen goals in a game. Alaimo is third in the ACC and 10th in the nation in assists per game (3.06)
- Alaimo leads the team in points (68)
- Sophomore attacker **Jenna DiNardo** continues to lead the team in goals (44). DiNardo is 11th in the ACC in goals per game (2.75). Galica is 12th (2.50)
- DiNardo has scored a hat trick in 11 of 16 games this season, including five 4-goal games
- Sophomore attacker **Addi Foster** is the only Cavalier to have contributed points in every game this season. Foster is third on the team in goals (35) and points (50) after only having eight points her freshman year (3g, 5a)
- Foster ranks second in the ACC and 11th in the nation in shot percentage (.593)
- All four of Virginia's top scorers are sophomores. Freshmen and sophomores have scored 187 of UVA's 226 goals this season (82.7 percent)
- Freshman **Livy LaVerghetta** scored her first career goal at Boston College. She is the ninth Cavalier to score her first career goal this season, joining grad student Lauren Pederson, junior Katie Kampel and freshmen Fiona Allen, Gabby LaVerghetta, Jayden Piraino, Alex Reilly, Payton Sfreddo, Corey White
- Virginia has had 17 different players score goals this season

2025 SCHEDULE/RESULTS

Overall: 11-5 | ACC: 5-4
Home: 5-2 | Away: 5-3 | Neutral: 1-0

DATE	OPPONENT	TIME
Fri. Feb. 7	LIBERTY	W, 20-5
Sat. Feb. 15	at #17 Princeton	W, 13-11
Sat. Feb. 22	#14 STANFORD*	L, 13-7
Wed. Feb. 26	#19 NAVY	L, 14-12
Sat. March 1	at California*	W, 20-9.
Wed. March 5	at Richmond	W, 14-9
Sat. March 8	at #2 North Carolina*	L, 20-8
Sat. March 15	#13 DUKE*	W, 16-11
Wed. March 19	at #14 James Madison	W, 14-11
Sat. March 22	PITT*	W, 16-12
Sat. March 29	at #8 Syracuse*	L, 13-12
Wed. April 2	at VCU	W, 14-5
Sat. April 5	LOUISVILLE*	W, 17-3
Wed. April 9	vs #9 Maryland	W, 13-9
Sat. April 12	at #2 Boston College*	L, 24-11
Wed. April 16	VIRGINIA TECH*	W, 19-9

ACC TOURNAMENT

Wed. April 23	vs #2 Boston College [^]	5 pm
Fri. April 25	Semifinals [^]	8 pm
Sun. April 27	ACC Championship [^]	12 pm

NCAA TOURNAMENT

Fri. May 9	First Round	TBD
Sun. May 11	Second Round	TBD
Thurs. May 15	Quarterfinals	TBD
Fri. May 23	Final Four&	TBD
Sun. May 25	NCAA Championship&	TBD

Home matches in **BOLD CAPS**

*denotes ACC matches

[^] - Charlotte, N.C.

& - Foxborough, Mass.

NCAA CHAMPIONSHIP HISTORY

National Championships

1991 • 1993 • 2004

Semifinal Appearances

1986 • 1987 • 1991 • 1992 • 1993 • 1994 • 1995
1998 • 1999 • 2003 • 2004 • 2005 • 2007 • 2014

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ACC CHAMPIONSHIP

- Virginia is the No. 7 seed in the ACC Championship, its highest-ever seeding
- The Cavaliers tied for sixth in the ACC standings, but lost the tiebreaker against Syracuse (head-to-head results) to garner the 7-seed
- Virginia looks to return to the semifinals for the second straight year and for the third time in four seasons
- Virginia has won five ACC titles, the last coming in 2008

UVA VS BC

- BC won the regular-season meeting 24-11
- Virginia trailed 6-1 with 3:51 remaining in the first quarter but scored twice before the end of the period to cut the deficit to 6-3. The Eagles scored in the opening 30 seconds of the second quarter, but the Cavaliers strung together three straight goals, one apiece from freshman Gabby LaVerghetta and sophomores Addi Foster and Jenna DiNardo, to make it a 7-6 game. The Eagles scored seven straight to build up a 14-6 lead with 9:33 remaining in the third. Virginia rallied again with a goal from DiNardo sandwiched by a pair of scores from sophomore Kate Galica to cut the deficit to 14-9 with 4:31 remaining in the third, but that was as close as UVA would get. BC ended the game on a 10-2 run, including scoring the final five goals of the game.
- Last season, the No. 11 Cavaliers stunned No. 3 Boston College with a 13-12 overtime win. Kate Galica and Madison Alaimo came through in the clutch for the Cavaliers combining for seven points and accounting for each of Virginia's last three goals including an overtime winner from Alaimo. Virginia led 8-4 at halftime, but the Eagles cameback to tie the game 10-10 with 7:50 remaining. The game was tied 11-11 when BC's Ryan Smith scored on a free position shot with 51 seconds remaining. Galica scored with two seconds remaining in regulation to tie the game. On the opening draw of the final overtime period, Galica won the draw to Kate Miller to set up what would be the only possession Virginia would need. With less than two minutes remaining in overtime, Katia Carnevale found wide-open Alaimo on the crease who buried the finish to win the game 13-12
- It was the Cavalier's first win against BC since 2016, snapping a streak of eight straight losses against the Eagles
- Virginia leads the all-time series 15-11

ALL-ACC

- Attacker **Madison Alaimo** and midfielder **Kate Galica** were named to the First Team
- Attacker **Jenna DiNardo** was named to the Second Team
- This is the first time any have been named to the All-ACC team. All three were named to the 2024 All-ACC Freshman Team with Galica voted the ACC Freshman of the Year
- The conference 'of the year' awards will be announced at a later date

MIDSEASON ACCOLADES

- Sophomore midfielder **Kate Galica** is one of the 25 nominees for the **Tewaaraton Award**
- Galica was named a Nike Lacrosse Midseason All-American (presented by Inside Larosse)
- Sophomore attacker **Madison Alaimo** was added to the Tewaaraton Award Watch List, joining **Kate Galica** and **Kate Miller** who were named to the Watch List in the preseason

INSEASON ACCOLADES

- Sophomore attacker **Jenna DiNardo** was named the USA Lacrosse National Player of the Week on March 18. Dinardo was a key piece to Virginia's 16-11 win over No. 13 Duke (March 15). The Cavaliers trailed by as many as seven goals in the second quarter but used a 12-1 scoring run that began in the final seconds of the first half and stretched into the opening minutes of the fourth. Dinardo scored or assisted on six of Virginia's 12 goals over that stretch including each of the first three.
- Dinardo finished the game with a career-high eight points on four goals and four assists to lead all players.

PRESEASON TEAM ACCOLADES

- Virginia was a consensus top-10 team in all three polls: UVA is No. 8 in the IWLCA Coaches Poll, No. 5 in the USA Lacrosse Magazine poll and No. 9 in the Inside Lacrosse media poll. The Cavaliers were picked to finish third in the Preseason ACC Coaches Poll

CAVALIER CAPTAINS

- Senior attacker **Kate Miller**, senior midfielder **Maureen Duffy** and grad student midfielder **Lauren Pederson** are this year's captains

NCAA I WOMEN'S LACROSSE POLLS - APRIL 7

IWLCA COACHES POLL

1. North Carolina
2. Boston College
3. Northwestern
4. Florida
5. Princeton
6. Yale
7. Maryland
8. Virginia
9. Johns Hopkins
10. Duke
11. James Madison
12. Michigan
13. Stanford
14. Pennsylvania
15. Loyola
16. Clemson
17. Syracuse
18. Brown
19. Army
20. Stony Brook
21. Navy
22. Drexel
23. Denver
24. Harvard
25. Southern Cal

INSIDE LACROSSE

1. North Carolina
2. Boston College
3. Northwestern
4. Florida
5. Princeton
6. Yale
7. Virginia
8. Maryland
9. Duke
10. Johns Hopkins
11. James Madison
12. Stanford
13. Michigan
14. Loyola
15. Penn
16. Clemson
17. Syracuse
18. Brown
19. Army
20. Stony Brook
21. Denver
22. Navy
23. Drexel
24. Harvard
25. UMass

USA Lacrosse Magazine

1. North Carolina
2. Boston College
3. Northwestern
4. Florida
5. Virginia
6. Maryland
7. Princeton
8. Yale
9. Michigan
10. Johns Hopkins
11. Penn
12. Stanford
13. Syracuse
14. James Madison
15. Duke
16. Loyola
17. Clemson
18. Army
19. Brown
20. Denver

VIRGINIA WEEK-BY-WEEK

Week	IWLCA	IL	USA
Preseason	n/a	9	5
Feb. 10	8	9	5
Feb. 17	7	7	5
Feb. 24	11	10	9
March 3	14	14	13
March 10	15	15	16
March 17	12	14	12
March 24	11	11	9
March 31	9	10	9
April 7	11	10	8
April 14	9	7	6
April 21	8	7	5
April 28			
May 5			

ACC FINAL STANDINGS

No.	Team	ACC Record
1.	North Carolina	9-0
2.	Boston College	8-1
3.	Stanford	7-2
4.	Duke	6-3
	Clemson	6-3
T6	Syracuse	5-4
T6.	Virginia	5-4
8.	Virginia Tech	3-6
9.	Notre Dame	2-7
	Pitt	2-7
11.	Louisville	1-8
12.	Cal	0-7

Syracuse wins the tiebreaker and earns the No. 6 seed

UVA IN THE IWLCA RANKINGS

- Virginia is one of five programs in the NCAA to be ranked at least once in every year of the IWLCA Coaches Poll. The poll was created in 1988, with Dartmouth, Maryland, Penn State and Princeton joining Virginia as the only programs to be nationally ranked every year.
- Of those five programs, Virginia is the only program to be ranked in every week of the IWLCA coaches poll, a span of 290-straight polls.
- Of those 292 polls, the Cavaliers have been ranked among the top-10 in the nation on 248 occasions, the second-most among all NCAA programs.
- The Cavaliers have spent 15 weeks ranked No. 1, including the entire 1993 season
- Virginia debuted at No. 7 in the inaugural coaches poll on March 19, 1988. While the Cavaliers have climbed to a No. 1 ranking, the farthest they have ever fallen was to No. 19 on April 23, 2013. Virginia has only spent five weeks ranked outside the top-15.

MULTIPLE GOAL GAMES

Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#4 Jenna DiNardo	13	10	24	16
#21 Kate Miller, A	1	2	23	7
#5 Kate Galica	12	10	18	14
#16 Madison Alaimo	4	3	7	4
#15 Addi Foster	11	8	11	8
#11 Abby Manalang	5	2	6	4
#7 Payton Sfreddo	3	1	3	1
#22 Lauren Pederson	2		2	
#23 Alex Reilly	3		3	
#43 Gabby LaVerghetta	2		2	
#40 Devon Gogerty			1	
#2 Jayden Piraino	1	1	1	1
#33 Katie Campel	1		1	

MULTIPLE ASSIST GAMES

Name, Pos.	2025 2+	2025 3+	Career 2+	Career 3+
#16 Madison Alaimo	12	10	20	12
#21 Kate Miller	2	1	19	8
#4 Jenna DiNardo	6	3	8	3
#15 Addi Foster	3	1	3	1
#10 Maureen Duffy	0		2	
#5 Kate Galica	1		1	
#7 Payton Sfreddo	1		1	

CONSECUTIVE GAMES WITH A GOAL

Name	Streak	Goals During Streak	Streak Started
#5 Kate Galica	10	30	March 8, 2025
#4 Jenna DiNardo	9	24	March 15, 2025
#15 Addi Foster	5	15	April 3, 2025
#43 Gabby LaVerghetta	2	3	April 12, 2025
#42 Livy LaVerghetta	2	3	April 12, 2025
#7 Payton Sfreddo	1	2	April 16, 2025
#33 Katie Campel	1	1	April 16, 2025
#25 Corey White	1	1	April 16, 2025
#17 Finley Barger	1	1	April 16, 2025

CONSECUTIVE GAMES WITH A POINT

Name, Pos.	Streak	G-A-P During Streak	Streak Started
#15 Addi Foster	16	35-15-50	Feb. 7, 2025
#5 Kate Galica	10	30-6-36	March 8, 2025
#4 Jenna DiNardo	9	24-15-39	March 15, 2025
#16 Madison Alaimo	7	8-24-32	March 22, 2025
#43 GabbyLaVerghetta	2	3-0-3	April 12, 2025
#42 Livy LaVerghetta	2	3-0-3	April 12, 2025
#7 Payton Sfreddo	1	2-0-2	April 16, 2025
#33 Katie Campel	1	1-0-1	April 16, 2025
#25 Corey White	1	1-0-1	April 16, 2025
#17 Finley Barger	1	1-0-1	April 16, 2025

COMPARISONS

	UVA	BC
SHOT STATISTICS		
Goals-Shot attempts	226-486	291-575
Goals scored per game	14.12	18.19
Shot pct.	.465	.506
Shots on goal-Attempts	371-486	421-575
SOG pct.	.763	.732
Shots/Game	30.4	35.9
Assists	108	163
Free position Made-Att	44-98	55-110
Free position pct.	.449	.500
GOAL BREAKDOWN		
Total Goals	226	291
Free-position	44	55
Unassisted	118	128
Overtime	0	0
SAVES	124	142
OPPONENT GOALS	178	110
GROUND BALLS	231	206
DRAW CONTROLS	256	276
TURNOVERS	196	180
CAUSED TURNOVERS	138	123
CLEARs	241-266	269-291
Clear Pct.	.906	.924
SHOT CLOCK VIOLATIONS	12	8

RECORDS WATCH

Assists - Single Season

1. Lindsay Sheehan (1986)..... 66
2. Morgan Schwab (2024) 61
3. **Madison Alaimo** **49**
4. Morgan Schwab (2023) 49
5. Lindsay Sheehan (1985)..... 43
6. Amy Appelt (2005)..... 38

DRAW CONTROLS- SINGLE SEASON

1. **Kate Galica (2025)** **155**
2. Aubrey Williams (2022) 149
3. Aubrey Williams (2023) 143
4. Brittany Kalkstein (2010)..... 97
- Maggie Jackson (2018)..... 97
- Kate Galica (2024)..... 97

DRAW CONTROLS - CAREER

1. Aubrey Williams(2021-23) 332
2. Maggie Jackson (2016-19) 301
3. Brittany Kalkstein (2007-10)..... 287
4. Courtney Swan (2012-15) 272
5. **Kate Galica (2024-25)** **252**

DRAW CONTROLS - SINGLE GAME

1. **Kate Galica (4/16/25 vs VT)**..... **17**
2. Aubrey Williams (2/27/22 vs. Stanford) 15
- Aubrey Williams (4/5/23 at VCU) 15
- Kate Galica (3/1/25 at Cal)** **15**
5. Aubrey Williams (3/9/22 vs. Richmond) 14
6. Aubrey Williams (2/18/23 at Princeton)..... 13
7. Aubrey Williams (3/20/22 vs. JMU)..... 12
- Kate Galica (2/15/25 at Princeton)** **12**
- Kate Galica (2/26/25 vs Navy)** **12**
- Kate Galica (3/8/25 at UNC)** **12**

ACC TOURNAMENT HISTORY

Overall record: 23-22

ACC Titles: '98, '04, '06, '07, '08

*2020 ACC Tournament not played due to COVID-19

Year	Seed	Opponent (Seed)	Score	Site	Location	Rd.	Goals	Assists	Saves
1997	3	North Carolina (2)	W, 9-6	H	Charlottesville, Va.	SF	Hull/Boutillier/Taylor, 2	Potter/Ariza, 2	Castle, 6
		Maryland (1)	L, 11-10	H	Charlottesville, Va.	F	Evans, 4	Potter, 1	Castle, 9
1998	2	Duke (3)	W, 13-3	H	Charlottesville, Va.	SF	Hull, 3	Taylor, 2	Castle, 3
		North Carolina (1)	W, 9-7	H	Charlottesville, Va.	F	Keller, 3	Hook, 2	Castle, 7
1999	3	Duke (2)	W, 10-9	N	Chapel Hill, N.C.	SF	Haas, 3	Haas/Sambus/Hull, 1	Segarra, 10
		Maryland (1)	L, 13-5	N	Chapel Hill, N.C.	F	Haas, 2	Hull, 2	Segarra, 11
2000	3	Maryland (2)	L, 8-6	A	College Park, Md.	SF	Haas, 3	Three players, 1	Segarra, 9
2001	4	Maryland (1)	L, 7-6	N	Orlando, Fla.	SF	Aumiller, 3	Hook, 2	McCarthy, 11
2002	1	Maryland (4)	L, 15-12	N	Durham, N.C.	SF	Chasney, 4	Six platers, 1	Pfeiffer, 14
2003	3	Duke (2)	W, 12-9	H	Charlottesville, Va.	SF	Appelt, 4	Aumiller, 3	Pfeiffer, 2
		Maryland (1)	L, 11-6	H	Charlottesville, Va.	F	Aumiller/Appelt, 2	Banks, 2	Pfeiffer, 6
2004	2	Maryland (3)	W, 9-7	N	Chapel Hill, N.C.	SF	Appelt/Banks, 2	Haas/Thalenberg, 1	Pfeiffer, 8
		Duke (1)	W, 17-7	N	Chapel Hill, N.C.	F	Appelt, 5	Appelt/Banks/Haas, 2	Pfeiffer, 8
2005	2	Maryland (3)	W, 15-11	N	Baltimore, Md.	SF	Chasney, 5	Leachman, 3	Miles, 14
		Duke (1)	L, 9-6	N	Baltimore, Md.	F	Breslin, 4	Leachman, 2	Miles, 5
2006	2	North Carolina (3)	w, 12-10 (OT)	N	Baltimore, Md.	SF	Leachman, 7	Three players, 1	Miles, 10
		Duke (1)	W, 13-8	N	Baltimore, Md.	F	Weymouth, 6	Leachman/Lieb, 2	Miles, 8
2007	4	Boston College (5)	W, 15-7	N	Chapel Hill, N.C.	QF	Breslin/Weymouth, 4	Kellerman, 3	McBrearty, 7
		Maryland (1)	W, 10-7	N	Chapel Hill, N.C.	SF	Breslin/Weymouth, 3	Three players, 1	McBrearty, 9
		North Carolina (3)	W, 12-6	A	Chapel Hill, N.C.	F	Kalkstein, 3	McCulloch, 4	McBrearty, 12
2008	2	Duke (3)	W, 10-9	H	Charlottesville, Va.	SF	O'Malley/Hauser, 3	Kalkstein/McCulloch, 2	McBrearty, 8
		Maryland (1)	w, 10-9 (OT)	H	Charlottesville, Va.	F	Three players, 2	McCulloch, 2	McBrearty, 8
2009	4	Virginia Tech (5)	W, 13-5	A	Blacksburg, Va.	QF	McCulloch, 4	McCulloch/Kalkstein, 2	Hairfield, 5
		Maryland (1)	L, 15-7	N	Blacksburg, Va.	SF	Duff, 4	Weymouth/Hauser, 1	Hairfield, 6
2010	3	Virginia Tech (6)	W, 18-6	N	College Park, Md.	QF	Duff/Kalkstein, 4	Duff, 3	Benner, 5
		Maryland (1)	L, 10-6	A	College Park, Md.	SF	Kalkstein, 4	Whiteley, 2	Benner, 10
2011	6	North Carolina (3)	L, 16-5	N	Cary, N.C.	QF	Gardner/Owen, 2	Zero Assists	Kolarik, 8
2012	4	Boston College (5)	W, 13-8	N	Durham, N.C.	QF	Gardner, 6	Four Players, 1	Kolarik, 11
		North Carolina (1)	L, 14-6	N	Durham, N.C.	SF	Owen, 3	Owen, 2	Kolarik, 6
2013	5	Duke (4)	W, 10-7	N	Chapel Hill, N.C.	QF	Blue, 4	Four Players, 1	Kolarik, 6
		Maryland (1)	L, 14-6	N	Chapel Hill, N.C.	SF	Bocklet/Warner, 2	Bocklet/Swan, 1	Kolarik, 5
2014	5	Duke (4)	W, 7-5	N	Chestnut Hill, Mass.	QF	Bocklet, 3	Alati/Bocklet/Swan, 1	Colgan, 10
		Maryland (1)	L, 15-9	N	Chestnut Hill, Mass.	SF	Blue, 5	Bocklet/Swan, 2	Colgan, 10
2015	4	Notre Dame (5)	L, 7-6	H	Charlottesville, Va.	QF	Boyd, 3	Bocklet, 2	Vander Kolk, 10
2016	5	Duke (4)	L, 9-8	N	Blacksburg, Va.	QF	Valis, 4	Alati/Dyson/Valis, 1	Vander Kolk, 4
2017	3	Louisville (5)	w, 13-12 (OT)	N	Richmond, Va.	QF	Valis, 4	Jackson, 2	Vander Kolk, 10
		Syracuse (4)	L, 15-12	N	Richmond, Va.	SF	Shoemaker/Jackson, 3	Jackson, 2	Vander Kolk, 5
2018	4	Notre Dame (5)	L, 11-10	N	Durham, N.C.	QF	Behr, 4	Jackson, 3	Vander Kolk, 5
2019	5	Syracuse (4)	L, 12-10	N	Chestnut Hill, Mass.	QF	Kloak/Shoemaker, 3	Four Players, 1	Campbell, 9
2021	6	Boston College (3)	L, 16-12	N	Chapel Hill, N.C.	QF	Three players, 2	Hoeg/Schwab/Dyson, 1	Campbell, 10
2022	6	Syracuse (3)	W, 18-14	N	Notre Dame, Ind.	QF	Clark, 6	Schwab, 4	Vernon, 5
		Boston College (2)	L, 20-12	N	Notre Dame, Ind.	SF	McGovern, 4	Four Players, 1	Vernon, 6
2023	4	Notre Dame (5)	L, 15-13	N	Charlotte, N.C.	QF	McGovern, 4	Schwab, 4	Jansen, 5
2024	5	North Carolina (4)	W, 13-12	N	Charlotte, N.C.	QF	Galica/Hoeg, 2	Miller/Dinardo, 2	Josephson, 11
		Syracuse (1)	L, 19-4	N	Charlotte, N.C.	SF	Schwab, 2	Schwab, 2	Josephson, 8

2025 ACC WOMEN'S LACROSSE CHAMPIONSHIP



WEDNESDAY
APRIL 23
Charlotte, N.C.
QUARTERFINALS

FRIDAY
APRIL 25
Charlotte, N.C.
SEMIFINALS

SUNDAY
APRIL 27
Charlotte, N.C.
FINAL



AMERICAN LEGION MEMORIAL STADIUM • CHARLOTTE, N.C. • APRIL 23/25/27, 2025

HEAD COACH SONIA LAMONICA



LaMonica took over UVA's storied program for the 2023-24 season after serving as the head women's lacrosse coach at Towson for 13 seasons and one season at Mt. Saint Mary's. LaMonica enters her second season in charge of the Cavalier program in 2025 owning an all-time coaching record of 162-105.

LaMonica By the Numbers

- 6 Conference Coach of the Year Awards (5x CAA, 1x ACC)
- 5 All-ACC Selections
- 3 All-Freshman Selections
- 7 NCAA Tournament Appearances (1 at UVA)
- 4 CAA titles

2024 Season (ACC Co-Coach of the Year)

LaMonica and her team cruised to a 14-6 victory over Liberty in her first game in charge and would go on to win nine of the first 10 games of the season—Virginia's best start to a campaign since the 2007 national runner-up season.

The Cavaliers would go on to stockpile some of the best wins of any team in the country including a road victory over No. 4 Notre Dame, and emphatic dispatching of No. 7 James Madison at home, and a thrilling overtime win over No. 3 Boston College on senior day.

Virginia went 6-3 in ACC play matching a single season program-high for wins in conference play while taking down the likes of Boston College for the first time in eight seasons. The pair of wins over opponents ranked in the top-four marked the first time Virginia accomplished such a feat in nine seasons. The Cavaliers would eventually avenge their regular-season loss to North Carolina with a 13-12 victory in the ACC quarterfinals—their first win over UNC since the 2014 season. UVA reached the ACC Semifinal before falling to Syracuse.

The Cavaliers earned the fifth overall seed in the NCAA Women's Lacrosse Championship, its highest since the 2008 season when Virginia was seeded fourth. The Cavaliers earned the right to host the first two rounds of the tournament for the first time since the 2019 season. The first round featured a 21-6 dispatching of LIU in which Virginia set a program record for most goals scored in an NCAA tournament game. The Cavaliers fell to No. 10 Florida in the second round of the championship.

LaMonica was named ACC Co-Coach of the Year, sharing the honor with former collegiate teammate Acacia Walker-Weinstein of Boston College. Five Cavaliers were named to the All-ACC teams while three were named to the All-Freshman team including ACC freshman of the Year Kate Galica.

Prior to Virginia

During her tenure at Towson, LaMonica led the Tigers to seven NCAA Tournament appearances and four Colonial Athletic Association (CAA) Tournament Championships. She has been named the CAA Coach of the Year five times.

Towson finished first or second in the CAA in 10 of her 14 seasons at the helm and made nine CAA tournament championship game appearances, including six-straight. LaMonica has coached six players to All-America honors and has had numerous All-CAA and All-Region honorees.

LaMonica consistently challenged her teams with tough schedules against top-ranked opponents. Towson finished .500 or better in 12 of the 14 seasons she oversaw the program, with one of the two being cut short due to the pandemic.

A native of Darlington, South Australia, LaMonica (pronounced La – MAHN – ick – uh) was named the 10th head coach in the history of the Towson women's lacrosse program after the 2010 season. She returned to lead the Tigers after a one-year stint as the head coach at Mount St. Mary's.

As the Mountaineers' head coach, LaMonica led Mount St. Mary's to an 8-9 record in 2010 and a berth in the Northeast Conference (NEC) semifinals. She coached five players who earned All-NEC honors.

Prior to becoming the Mountaineers' head coach, LaMonica spent two seasons as a member of Missy Doherty's staff at Towson and helped the Tigers win a pair of Colonial Athletic Association (CAA) championships.

Before joining the Tigers' staff, LaMonica was an assistant coach at the University of Denver, helping the Pioneers to a 15-5 record during the 2006 season. She coached the Mountain Pacific Sports Federation (MPSF) Player and Rookie of the Year along with three all-conference selections and the program's first IWLC A All-West/Midwest region honoree.

LaMonica also served as head coach of the Women's Professional Lacrosse League's (WPLL) Baltimore Brave. LaMonica led the Brave to the league championship in 2019 and guided the team to the title game in the inaugural season a year earlier.

In addition to her success as a coach, LaMonica is a member of the Australian National Team. She helped Australia win the gold medal at the 2005 World Cup Championship and a silver medal at the 2009 World Cup Championship. In the summer of 2013, LaMonica played a key role in helping Australia earn a bronze medal at the World Cup Championship in Canada.

Named to the 2005 IFWLA All-World Team, she was also a member of the U-19 Australian National Team that won the silver medal at the 1999 World Championships and was also the recipient of the U21 South Australian Sportswoman of the Year award.

A 2003 graduate of Maryland, LaMonica was a three-year starter for the Terrapins. She earned first team All-America honors and was a candidate for the Tewaaraton Trophy during her senior season after leading Maryland to the Atlantic Coast Conference (ACC) championship. A team captain during her senior season, she was a member of three ACC championship teams and helped the Terrapins win the 2000 and 2001 NCAA titles.

LaMonica scored 111 goals in her college career, including 49 goals as a senior, along with 55 assists.

LAMONICA CAREER COACHING RECORD					
Year	Team	Overall	Conf.	Conf. Finish	NCAA Tournament
2010	Mt. Saint Mary's	8-9	6-3	Semifinal	-
2011	Towson	11-7	6-1	Final	-
2012	Towson	16-4	7-0	Champions	First Round
2013	Towson	10-9	6-1	Champions	First Round
2014	Towson	11-8	4-1	Champions	First Round
2015	Towson	9-9	3-3	Final	-
2016	Towson	16-4	5-1	Champions	Second Round
2017	Towson	12-7	4-2	Final	First Round
2018	Towson	16-5	5-1	Final	Second Round
2019	Towson	7-10	5-1	Semifinal	-
2020*	Towson	2-4*	*	*	*
2021	Towson	9-9	0-4	Semifinal	First Round
2022	Towson	9-8	5-1	Final	-
2023	Towson	11-7	5-2	Final	-
2024	Virginia	15-5	6-3	Semifinal	Second Round
2025	Virginia	11-5	5-4		
Career		173-110			
Virginia Record		26-10 (11-7)			
*Season canceled due to COVID-19 Pandemic					



**2025 Virginia Women's Lacrosse
Virginia Combined Team Statistics
All games (as of Apr 19, 2025)**



RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	11-5	5-2	5-3	1-0
CONFERENCE	5-4	4-1	1-3	0-0
NON-CONFERENCE	6-1	1-1	4-0	1-0

Date	Opponent		Score	Att.	## PLAYER	GP	G	A	Pts	Sh	Gw	GB	DC	Dsv	TO	CT
02/07/202	LIBERTY	w	20-5	501	4 Jenna Dinardo	16	44	18	62	108	4	8	24	0	19	5
Feb 15	at #17 Princeton	w	13-11	356	5 Kate Galica	16	40	8	48	87	2	16	155	0	27	16
* Feb 22	#14 STANFORD	L	7-13	703	15 Addi Foster	16	35	15	50	59	0	19	0	0	20	6
Feb 26	#19 NAVY	L	12-14	417	16 Madison Alaimo	16	19	49	68	46	1	9	2	0	31	9
* Mar 01	at California	w	20-9	250	11 Abby Manalang	16	17	3	20	25	1	25	31	0	7	13
Mar 05	at Richmond	w	14-9	167	7 Payton Sfreddo	16	13	3	16	32	0	13	9	0	11	8
* Mar 08	at #2 North Carolina	L	8-20	2088	21 Kate Miller	7	12	8	20	29	0	10	10	0	12	4
* Mar 15	#13 DUKE	w	16-11	805	23 Alex Reilly	16	11	0	11	29	2	5	11	0	5	5
Mar 19	at #14 James Madison	w	14-11	209	43 Gabby Laverghett	11	11	1	12	20	0	4	0	0	4	1
* Mar 22	PITTSBURGH	w	16-12	545	22 Lauren Pederson	10	5	0	5	8	0	2	0	0	2	0
* Mar 29	at #8 Syracuse	L	12-13	2736	8 Jayden Piraino	8	4	0	4	7	0	2	0	0	3	0
Apr 02	at VCU	w	14-5	293	42 Livy Laverghetta	5	3	0	3	4	0	0	0	0	2	0
* Apr 05	LOUISVILLE	w	17-3	532	33 Katie Campel	5	3	0	3	4	0	0	0	0	1	0
Apr 09	vs #9 Maryland	w	13-9	1100	41 Fiona Allen	8	3	3	6	12	0	1	1	0	1	2
* Apr 12	at #2 Boston College	L	11-24	1013	17 Finley Barger	6	2	0	2	4	0	2	1	0	1	1
* Apr 16	VIRGINIA TECH	w	19-9	678	25 Corey White	15	2	0	2	7	1	6	0	0	3	3

TEAM STATISTICS	VA	OPP
SHOT STATISTICS		
Goals-Shot attempts	226-486	178-397
Goals scored per game	14.12	11.12
Shot pct.	.465	.448
Shots on goal-Attempts	371-486	302-397
SOG pct.	.763	.761
Shots/Game	30.4	24.8
Assists	108	101
Free position Made-Att	44-98	38-99
Free position pct.	.449	.384
GOAL BREAKDOWN		
Total Goals	226	178
Free-position	44	38
Unassisted	118	77
Overtime	0	0
Goals scored average	14.14	11.14
GROUND BALLS	231	239
DRAW CONTROLS	256	199
TURNOVERS	196	219
CAUSED TURNOVERS	138	111
CLEARs	241-266	233-272
Clear Pct.	.906	.857
SHOT CLOCK VIOLATIONS	12	8
ATTENDANCE		
Total	4181	7112
Dates/Avg Per Date	7/597	8/889
Neutral Site #/Avg	1/1100	

## Goalie	GP	Min.	GA	GAAvg	Save	Pct	W-L-T
44 Breese Burlingame	3	21:16	2	5.64	2	.500	0-0-0
6 Abby Jansen	10	190:41	30	9.44	19	.388	2-0-0
26 Mel Josephson	16	747:05	146	11.73	103	.414	9-5-0
Total	16	959:02	178	11.14	124	.411	11-5-0
Opponents	16	959:02	226	14.14	145	.391	5-11-0

Goals by Period	1st	2nd	3rd	4th	Total
Virginia	63	62	62	39	226
Opponents	45	46	43	44	178

Saves by Period	1st	2nd	3rd	4th	Total
Virginia	37	40	28	19	124
Opponents	37	42	37	29	145

Shots by Period	1st	2nd	3rd	4th	Total
Virginia	123	133	137	93	486
Opponents	108	111	98	80	397

Shots on Goal	1st	2nd	3rd	4th	Total
Virginia	100	104	99	68	371
Opponents	82	86	71	63	302



2025 Virginia Women's Lacrosse Virginia Overall Individual Statistics All games (as of Apr 19, 2025)



Overall: 11-5 Conf: 5-4 Home: 5-2 Away: 5-3 Neut: 1-0

##	Player	gp-gs	g	a	pts	sh	sh%	sog	sog%	gw	fpg-fps	gb	dc	dsv	t/o	ct	foul
4	Jenna Dinardo	16-16	44	18	62	108	.407	89	.824	4	11-23	8	24	0	19	5	4
5	Kate Galica	16-16	40	8	48	87	.460	63	.724	2	11-26	16	155	0	27	16	20
15	Addi Foster	16-16	35	15	50	59	.593	48	.814	0	5-9	19	0	0	20	6	4
16	Madison Alaimo	16-16	19	49	68	46	.413	33	.717	1	3-5	9	2	0	31	9	8
11	Abby Manalang	16-16	17	3	20	25	.680	23	.920	1	4-5	25	31	0	7	13	8
7	Payton Sfreddo	16-9	13	3	16	32	.406	25	.781	0	1-8	13	9	0	11	8	8
21	Kate Miller	7-7	12	8	20	29	.414	18	.621	0	1-1	10	10	0	12	4	3
23	Alex Reilly	16-0	11	0	11	29	.379	19	.655	2	2-7	5	11	0	5	5	12
43	Gabby Laverghetta	11-0	11	1	12	20	.550	14	.700	0	2-4	4	0	0	4	1	0
22	Lauren Pederson	10-0	5	0	5	8	.625	8	1.000	0	1-1	2	0	0	2	0	0
2	Jayden Piraino	8-0	4	0	4	7	.571	5	.714	0	-	2	0	0	3	0	0
41	Fiona Allen	8-0	3	3	6	12	.250	7	.583	0	1-4	1	1	0	1	2	0
42	Livy Laverghetta	5-0	3	0	3	4	.750	3	.750	0	1-1	0	0	0	2	0	1
33	Katie Campel	5-0	3	0	3	4	.750	3	.750	0	0-1	0	0	0	1	0	0
17	Finley Barger	6-0	2	0	2	4	.500	3	.750	0	-	2	1	0	1	1	0
25	Corey White	15-0	2	0	2	7	.286	5	.714	1	1-3	6	0	0	3	3	8
40	Devon Gogerty	5-0	1	0	1	3	.333	2	.667	0	-	0	0	0	0	2	2
37	Lily Spyredes	4-0	0	0	0	1	.000	1	1.000	0	-	0	0	0	1	0	0
19	Wylly Willmott	4-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	0	0
36	Lara Kology	16-16	0	0	0	1	.000	1	1.000	0	-	14	4	0	3	9	24
32	Nicole Cruthirds	16-16	0	0	0	0	.000	0	.000	0	-	14	2	0	3	10	13
29	Cece Webb	7-0	0	0	0	0	.000	0	.000	0	-	1	0	0	0	2	2
3	Kate Demark	16-16	0	0	0	0	.000	0	.000	0	-	22	5	0	6	11	22
20	Olivia Bruno	16-16	0	0	0	0	.000	0	.000	0	-	11	1	0	6	15	27
14	Abby Musser	8-0	0	0	0	0	.000	0	.000	0	-	0	0	0	1	2	1
13	Carly Kennedy	5-0	0	0	0	0	.000	0	.000	0	-	1	0	0	0	0	0
12	Payton Meister	7-0	0	0	0	0	.000	0	.000	0	-	1	0	0	0	1	1
10	Maureen Duffy	16-16	0	0	0	0	.000	0	.000	0	-	10	0	0	3	4	16
9	Sophia Conti	16-0	0	0	0	0	.000	0	.000	0	-	4	0	0	1	4	5
44	Breese Burlingame	3-0	0	0	0	0	.000	0	.000	0	-	0	0	0	0	0	0
6	Abby Jansen	10-0	0	0	0	0	.000	0	.000	0	-	13	0	0	0	5	0
26	Mel Josephson	16-16	0	0	0	0	.000	0	.000	0	-	18	0	0	4	0	2
Total		16	226	108	334	486	.465	371	.763	11	44-98	231	256	0	196	138	198
Opponents		16	178	101	279	397	.448	302	.761	5	38-99	239	199	0	219	111	254

##	Goalie	gp-gs	min	ga	gaavg	saves	pct	w	l	t	shots faced
44	Breese Burlingame	3-0	21:16	2	5.64	2	.500	0	0	0	4
6	Abby Jansen	10-0	190:41	30	9.44	19	.388	2	0	0	69
26	Mel Josephson	16-16	747:05	146	11.73	103	.414	9	5	0	325
Total		16	959:02	178	11.14	124	.411	11	5	0	398
Opponents		16	959:02	226	14.14	145	.391	5	11	0	487

Goals by Period	1st	2nd	3rd	4th	Total
Virginia	63	62	62	39	226
Opponents	45	46	43	44	178

Saves by Period	1st	2nd	3rd	4th	Total
Virginia	37	40	28	19	124
Opponents	37	42	37	29	145

Shots by Period	1st	2nd	3rd	4th	Total
Virginia	123	133	137	93	486
Opponents	108	111	98	80	397

Attendance Summary	VA	Opponent
Total	4181	7112
Dates/Avg Per Date	7/597	8/889
Neutral Site #/Avg	1/1100	

Shots on Goal	1st	2nd	3rd	4th	Total
Virginia	100	104	99	68	371
Opponents	82	86	71	63	302

CLEARs: Virginia -- 241-266 .906, Opponents -- 233-272 .857.



2025 Virginia Women's Lacrosse Virginia Team Game-by-Game All games (as of Apr 19, 2025)



TEAM STATISTICS

Date	Opponent	Score	G	A	Pts	Sh	Sog	GW	fpg-fps	GB	DC	TO	CT	Fo
02/07/2025	LIBERTY	20-5	20	10	30	39	35	1	2-5	23	12	13	18	12
Feb 15, 2025	Princeton	13-11	13	4	17	32	25	1	2-5	10	20	9	4	7
Feb 22, 2025	STANFORD	7-13	7	4	11	14	12	0	2-4	19	9	21	11	13
Feb 26, 2025	NAVY	12-14	12	5	17	31	22	0	5-9	12	15	11	10	11
Mar 01, 2025	California	20-9	20	14	34	35	29	1	3-6	8	20	9	8	12
Mar 05, 2025	Richmond	14-9	14	4	18	35	24	1	3-8	13	15	6	6	14
Mar 08, 2025	North Carolina	8-20	8	3	11	32	20	0	2-7	12	19	15	4	19
Mar 15, 2025	DUKE	16-11	16	12	28	32	25	1	2-4	13	19	10	10	15
Mar 19, 2025	James Madison	14-11	14	6	20	28	25	1	4-7	16	18	15	4	9
Mar 22, 2025	PITTSBURGH	16-12	16	10	26	33	26	1	2-5	18	18	12	10	7
Mar 29, 2025	Syracuse	12-13	12	5	17	33	20	0	1-5	15	16	11	6	14
Apr 02, 2025	VCU	14-5	14	7	21	26	19	1	4-9	18	16	19	17	14
Apr 05, 2025	LOUISVILLE	17-3	17	8	25	38	29	1	3-5	19	14	10	12	8
Apr 09, 2025	Maryland	13-9	13	3	16	29	20	1	2-7	17	11	11	8	13
Apr 12, 2025	Boston College	11-24	11	6	17	20	16	0	1-4	9	13	14	5	16
Apr 16, 2025	VIRGINIA TECH	19-9	19	7	26	29	24	1	6-8	9	21	10	5	14
Virginia		226-178	226	108	334	486	371	11	44-98	231	256	196	138	198
			178	101	279	397	302	5	38-99	239	199	219	111	254

TEAM PER-GAME

Games played: 16

Shots per game: 30.38; Goals per game: 14.12

Assists per game: 6.75; Points per game: 20.88

Shot pct: .465; SOG pct: .763

Faceoff W-L pct: .000; Clear pct.: 0.906

Date	Opponent	Score	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Faced
02/07/2025	LIBERTY	20-5	60:00	5	5.00	8	.615	1	0	0	13
Feb 15, 2025	Princeton	13-11	59:05	11	8.06	9	.450	1	0	0	30
Feb 22, 2025	STANFORD	7-13	60:00	13	9.72	7	.350	0	1	0	27
Feb 26, 2025	NAVY	12-14	60:00	14	10.79	5	.263	0	1	0	24
Mar 01, 2025	California	20-9	60:00	9	10.43	3	.250	1	0	0	15
Mar 05, 2025	Richmond	14-9	59:57	9	10.19	7	.438	1	0	0	18
Mar 08, 2025	North Carolina	8-20	60:00	20	11.60	13	.394	0	1	0	39
Mar 15, 2025	DUKE	16-11	60:00	11	11.52	8	.421	1	0	0	23
Mar 19, 2025	James Madison	14-11	60:00	11	11.46	13	.542	1	0	0	27
Mar 22, 2025	PITTSBURGH	16-12	60:00	12	11.52	4	.250	1	0	0	23
Mar 29, 2025	Syracuse	12-13	60:00	13	11.65	8	.381	0	1	0	30
Apr 02, 2025	VCU	14-5	60:00	5	11.10	7	.583	1	0	0	20
Apr 05, 2025	LOUISVILLE	17-3	60:00	3	10.47	5	.625	1	0	0	14
Apr 09, 2025	Maryland	13-9	60:00	9	10.37	12	.571	1	0	0	28
Apr 12, 2025	Boston College	11-24	60:00	24	11.28	7	.226	0	1	0	42
Apr 16, 2025	VIRGINIA TECH	19-9	60:00	9	11.14	8	.471	1	0	0	25
Totals		226-178	959:02	178	11.14	124	.411	11	5	0	398
			959:02	226	11.14	145	.391	5	11	0	487



2025 Virginia Women's Lacrosse
Virginia Game-by-Game Goals-Assists-Points
All games (as of Apr 16, 2025)



Opponent	Date	Score	2	3	4	5	6	7	9	10	11	12	13
			PIRAINO,JA	DEMARK,KAT	DINARDO,JE	GALICA,KAT	JANSEN,ABB	SFREDDO,PA	CONTI,SOPH	DUFFY,MAUR	MANALANG,A	MEISTER,PA	KENNEDY,CA
LIBERTY	02/07/20	20-5 W	3-0-3	0-0-0	4-1-5	1-0-1	0-0-0	0-0-0	0-0-0	0-0-0	3-0-3	0-0-0	0-0-0
at PRI	Feb 15	13-11 W	0-0-0	0-0-0	3-0-3	3-1-4	DNP	0-0-0	0-0-0	0-0-0	0-0-0	DNP	DNP
STAN	Feb 22	7-13 L	0-0-0	0-0-0	2-0-2	0-0-0	DNP	0-0-0	0-0-0	0-0-0	1-1-2	DNP	0-0-0
NAVY	Feb 26	12-14 L	DNP	0-0-0	4-2-6	4-0-4	0-0-0	0-0-0	0-0-0	0-0-0	2-0-2	DNP	DNP
at CAL	Mar 01	20-9 W	0-0-0	0-0-0	4-0-4	2-1-3	0-0-0	2-0-2	0-0-0	0-0-0	1-1-2	0-0-0	DNP
at RICH	Mar 05	14-9 W	DNP	0-0-0	3-0-3	0-0-0	DNP	1-0-1	0-0-0	0-0-0	2-0-2	DNP	DNP
at UNC	Mar 08	8-20 L	1-0-1	0-0-0	0-0-0	2-0-2	DNP	1-0-1	0-0-0	0-0-0	0-0-0	DNP	DNP
DU	Mar 15	16-11 W	DNP	0-0-0	4-4-8	4-1-5	0-0-0	0-0-0	0-0-0	0-0-0	4-1-5	DNP	DNP
at JMU	Mar 19	14-11 W	DNP	0-0-0	1-3-4	3-1-4	0-0-0	3-0-3	0-0-0	0-0-0	0-0-0	DNP	DNP
UP	Mar 22	16-12 W	DNP	0-0-0	3-2-5	1-0-1	0-0-0	2-0-2	0-0-0	0-0-0	1-0-1	DNP	DNP
at SU	Mar 29	12-13 L	DNP	0-0-0	3-0-3	3-0-3	DNP	1-0-1	0-0-0	0-0-0	2-0-2	0-0-0	DNP
at VCU	Apr 02	14-5 W	0-0-0	0-0-0	1-2-3	4-2-6	0-0-0	1-1-2	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0
LOU	Apr 05	17-3 W	0-0-0	0-0-0	3-2-5	4-0-4	0-0-0	0-2-2	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0
vs UMD	Apr 09	13-9 W	DNP	0-0-0	4-0-4	3-1-4	DNP	0-0-0	0-0-0	0-0-0	1-0-1	DNP	DNP
at BC	Apr 12	11-24 L	DNP	0-0-0	2-1-3	3-1-4	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	DNP
VT	Apr 16	19-9 W	0-0-0	0-0-0	3-1-4	3-0-3	0-0-0	2-0-2	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0

Opponent	Date	Score	14	15	16	17	19	20	21	22	23	25	26
			MUSSER,ABB	FOSTER,ADD	ALAIMO,MAD	BARGER,FIN	WILLMOTT,W	BRUNO,OLIV	MILLER,KAT	PEDERSON,L	REILLY,ALE	WHITE,CORE	JOSEPHSON,
LIBERTY	02/07/20	20-5 W	0-0-0	2-4-6	1-3-4	0-0-0	DNP	0-0-0	3-2-5	2-0-2	1-0-1	0-0-0	0-0-0
at PRI	Feb 15	13-11 W	DNP	3-0-3	1-3-4	DNP	DNP	0-0-0	3-0-3	0-0-0	0-0-0	DNP	0-0-0
STAN	Feb 22	7-13 L	0-0-0	1-0-1	1-2-3	DNP	DNP	0-0-0	1-1-2	1-0-1	0-0-0	0-0-0	0-0-0
NAVY	Feb 26	12-14 L	DNP	0-1-1	1-1-2	DNP	DNP	0-0-0	1-1-2	0-0-0	0-0-0	0-0-0	0-0-0
at CAL	Mar 01	20-9 W	0-0-0	3-2-5	1-6-7	1-0-1	0-0-0	0-0-0	2-3-5	2-0-2	1-0-1	0-0-0	0-0-0
at RICH	Mar 05	14-9 W	DNP	1-0-1	3-3-6	DNP	DNP	0-0-0	2-1-3	0-0-0	2-0-2	0-0-0	0-0-0
at UNC	Mar 08	8-20 L	DNP	1-1-2	3-1-4	DNP	DNP	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0	0-0-0
DU	Mar 15	16-11 W	DNP	3-0-3	0-6-6	DNP	DNP	0-0-0	DNP	DNP	0-0-0	0-0-0	0-0-0
at JMU	Mar 19	14-11 W	DNP	3-2-5	0-0-0	DNP	DNP	0-0-0	DNP	DNP	2-0-2	0-0-0	0-0-0
UP	Mar 22	16-12 W	DNP	3-1-4	3-6-9	0-0-0	DNP	0-0-0	DNP	DNP	1-0-1	1-0-1	0-0-0
at SU	Mar 29	12-13 L	DNP	0-1-1	0-3-3	DNP	DNP	0-0-0	DNP	DNP	1-0-1	0-0-0	0-0-0
at VCU	Apr 02	14-5 W	0-0-0	3-0-3	1-2-3	0-0-0	0-0-0	0-0-0	DNP	0-0-0	2-0-2	0-0-0	0-0-0
LOU	Apr 05	17-3 W	0-0-0	3-1-4	1-3-4	0-0-0	0-0-0	0-0-0	DNP	0-0-0	1-0-1	0-0-0	0-0-0
vs UMD	Apr 09	13-9 W	0-0-0	3-1-4	2-1-3	DNP	DNP	0-0-0	DNP	DNP	0-0-0	0-0-0	0-0-0
at BC	Apr 12	11-24 L	0-0-0	2-1-3	1-3-4	DNP	DNP	0-0-0	DNP	DNP	0-0-0	0-0-0	0-0-0
VT	Apr 16	19-9 W	0-0-0	4-0-4	0-6-6	1-0-1	0-0-0	0-0-0	DNP	0-0-0	0-0-0	1-0-1	0-0-0



**2025 Virginia Women's Lacrosse
Virginia Category Leaders
All games (as of Apr 19, 2025)**



##	Points	GP	G	A	Pts	Shots
16	Madison Alaimo	16	19	49	68	46
4	Jenna Dinardo	16	44	18	62	108
15	Addi Foster	16	35	15	50	59
5	Kate Galica	16	40	8	48	87
11	Abby Manalang	16	17	3	20	25

##	Goals	GP	G	A	Pts	Shots
4	Jenna Dinardo	16	44	18	62	108
5	Kate Galica	16	40	8	48	87
15	Addi Foster	16	35	15	50	59
16	Madison Alaimo	16	19	49	68	46
11	Abby Manalang	16	17	3	20	25

##	Assists	GP	G	A	Pts	Shots
16	Madison Alaimo	16	19	49	68	46
4	Jenna Dinardo	16	44	18	62	108
15	Addi Foster	16	35	15	50	59
5	Kate Galica	16	40	8	48	87
21	Kate Miller	7	12	8	20	29

##	Ground Balls	GP	No.
11	Abby Manalang	16	25
3	Kate Demark	16	22
15	Addi Foster	16	19
26	Mel Josephson	16	18
5	Kate Galica	16	16

##	Draw Controls	GP	No.
5	Kate Galica	16	155
11	Abby Manalang	16	31
4	Jenna Dinardo	16	24
23	Alex Reilly	16	11
21	Kate Miller	7	10

##	Game-winning Goals	GP	No.
4	Jenna Dinardo	16	4
23	Alex Reilly	16	2
5	Kate Galica	16	2
25	Corey White	15	1
11	Abby Manalang	16	1

##	Free-position Goals	GP	No.
4	Jenna Dinardo	16	11
5	Kate Galica	16	11
15	Addi Foster	16	5
11	Abby Manalang	16	4
16	Madison Alaimo	16	3

##	Shots	GP	G	A	Shots	Shot%
4	Jenna Dinardo	16	44	18	108	.407
5	Kate Galica	16	40	8	87	.460
15	Addi Foster	16	35	15	59	.593
16	Madison Alaimo	16	19	49	46	.413
7	Payton Sfreddo	16	13	3	32	.406

##	Shot Pct.	GP	G	A	Shots	Shot%
42	Livy Laverghetta	5	3	0	4	.750
33	Katie Campel	5	3	0	4	.750
11	Abby Manalang	16	17	3	25	.680
22	Lauren Pederson	10	5	0	8	.625
15	Addi Foster	16	35	15	59	.593

##	Shots on Goal	GP	G	A	Shots	SOG	SOG%
4	Jenna Dinardo	16	44	18	108	89	.824
5	Kate Galica	16	40	8	87	63	.724
15	Addi Foster	16	35	15	59	48	.814
16	Madison Alaimo	16	19	49	46	33	.717
7	Payton Sfreddo	16	13	3	32	25	.781

##	Shots on Goal Pct.	GP	G	A	Shots	SOG	SOG%
22	Lauren Pederson	10	5	0	8	8	1.000
37	Lily Spyredes	4	0	0	1	1	1.000
36	Lara Kology	16	0	0	1	1	1.000
11	Abby Manalang	16	17	3	25	23	.920
4	Jenna Dinardo	16	44	18	108	89	.824

##	Caused Turnovers	GP	No.
5	Kate Galica	16	16
20	Olivia Bruno	16	15
11	Abby Manalang	16	13
3	Kate Demark	16	11
32	Nicole Cruthirds	16	10



2025 Virginia Lacrosse Individual Career History



Madison Alaimo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	17	27	44	35	.486	25	.714	2	24	1	0	28	11
2025	16	19	49	68	46	.413	33	.717	1	9	2	0	31	9
TOTAL	36	36	76	112	81	.444	58	.716	3	33	3	0	59	20

SINGLE-GAME HIGHS [all-time ranking]:

Points: 9 [9th], Pittsburgh, Mar 22, 2025

Goals: 4, vs Cornell, 02/25/24; vs Cornell, Feb 25, 2024

Assists: 6 [t-5th], 4 times

Shots: 5, 6 times

Ground balls: 5, Princeton, 02/17/24; Princeton, Feb 17, 2024

Draw controls: 1, Duke, Mar 15, 2025; at Syracuse, Mar 29, 2025; LIU, May 10, 2024

Man-up goals: 1 [t-9th], 6 times

Free-position goals: 1, 6 times

Caused turnovers: 3, at VCU, Apr 02, 2025

Fiona Allen

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	8	3	3	6	12	.250	7	.583	0	1	1	0	1	2
TOTAL	8	3	3	6	12	.250	7	.583	0	1	1	0	1	2

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at California, Mar 01, 2025; at Syracuse, Mar 29, 2025

Goals: 1, Louisville, Apr 05, 2025; at California, Mar 01, 2025; at Syracuse, Mar 29, 2025

Assists: 1, at California, Mar 01, 2025; at North Carolina, Mar 08, 2025; at Syracuse, Mar 29, 2025

Shots: 3, Louisville, Apr 05, 2025; at Syracuse, Mar 29, 2025

Ground balls: 1, Louisville, Apr 05, 2025

Draw controls: 1, Virginia Tech, Apr 16, 2025

Free-position goals: 1, at Syracuse, Mar 29, 2025

Caused turnovers: 1, Louisville, Apr 05, 2025; at California, Mar 01, 2025

Finley Barger

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	1	0	1	4	.250	2	.500	0	0	0	0	0	0
2025	6	2	0	2	4	.500	3	.750	0	2	1	0	1	1
TOTAL	10	3	0	3	8	.375	5	.625	0	2	1	0	1	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, Virginia Tech, Apr 16, 2025; at California, Mar 01, 2025; LIU, May 10, 2024

Goals: 1, Virginia Tech, Apr 16, 2025; at California, Mar 01, 2025; LIU, May 10, 2024

Shots: 2, VCU, Apr 03, 2024; Louisville, Apr 05, 2025

Ground balls: 1, Louisville, Apr 05, 2025; Pittsburgh, Mar 22, 2025

Draw controls: 1, Louisville, Apr 05, 2025

Man-up goals: 1 [t-9th], at California, Mar 01, 2025

Caused turnovers: 1, at VCU, Apr 02, 2025

Olivia Bruno

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	3	0	0	0	-	-	-	-	0	0	0	0	0	0
2024	20	0	0	0	-	-	-	-	0	5	0	0	3	18
2025	16	0	0	0	-	-	-	-	0	11	1	0	6	15
TOTAL	39	0	0	0	-	-	-	-	0	16	1	0	9	33

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 2, 4 times

Draw controls: 1, at VCU, Apr 02, 2025

Caused turnovers: 4 [t-9th], Boston College, Apr 13, 2024



2025 Virginia Lacrosse Individual Career History

Breese Burlingame

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	3	0	0	0	-	-	-	-	0	0	0	0	0	0
TOTAL	3	0	0	0	-	-	-	-	0	0	0	0	0	0

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2025	3	21:16	2	5.64	2	.500	0	0	0	0
TOTAL	3	21:16	2	5.64	2	.500	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 1, at VCU, Apr 02, 2025; at California, Mar 01, 2025

Katie Campel

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	5	3	0	3	4	.750	3	.750	0	0	0	0	1	0
TOTAL	5	3	0	3	4	.750	3	.750	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Louisville, Apr 05, 2025

Goals: 2, Louisville, Apr 05, 2025

Shots: 2, Louisville, Apr 05, 2025

Sophia Conti

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	16	0	0	0	-	-	-	-	0	4	0	0	1	4
TOTAL	16	0	0	0	-	-	-	-	0	4	0	0	1	4

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, 4 times

Caused turnovers: 2, Louisville, Apr 05, 2025



2025 Virginia Lacrosse Individual Career History



Nicole Cruthirds

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	18	0	0	0	-	-	-	-	0	9	3	0	1	4
2024	20	0	1	1	-	-	-	-	0	20	1	0	5	5
2025	16	0	0	0	-	-	-	-	0	14	2	0	3	10
TOTAL	54	0	1	1	-	-	-	-	0	43	6	0	9	19

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Assists: 1, at Clemson, 03/02/24; at Clemson, Mar 2, 2024

Ground balls: 3, 4 times

Draw controls: 1, 7 times

Caused turnovers: 2, 4 times

Kate Demark

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	-	-	0	29	0	0	6	17
2025	16	0	0	0	-	-	-	-	0	22	5	0	6	11
TOTAL	36	0	0	0	-	-	-	-	0	51	5	0	12	28

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 4, 4 times

Draw controls: 3, at Princeton, Feb 15, 2025

Caused turnovers: 2, 8 times

Jenna Dinardo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	39	11	50	74	.527	60	.811	3	6	0	0	23	2
2025	16	44	18	62	108	.407	89	.824	4	8	24	0	19	5
TOTAL	36	83	29	112	182	.456	149	.819	7	14	24	0	42	7

SINGLE-GAME HIGHS [all-time ranking]:

Points: 8 [t-10th], Duke, Mar 15, 2025

Goals: 5, James Madison, 03/20/24; James Madison, Mar 20, 2024

Assists: 4, Duke, Mar 15, 2025

Shots: 11 [t-4th], Liberty, 02/07/2025

Ground balls: 2, Stanford, Feb 22, 2025

Draw controls: 4, Pittsburgh, Mar 22, 2025

Man-up goals: 2 [t-1st], Stanford, Feb 22, 2025

Free-position goals: 3 [t-1st], Louisville, Apr 05, 2025; Virginia Tech, Apr 16, 2025

Caused turnovers: 3, Stanford, Feb 22, 2025

Maureen Duffy

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	12	3	0	3	3	1.000	3	1.000	0	1	1	0	2	1
2023	16	3	5	8	9	.333	8	.889	0	3	0	0	4	0
2024	18	0	0	0	-	-	-	-	0	6	0	0	2	4
2025	16	0	0	0	-	-	-	-	0	10	0	0	3	4
TOTAL	62	6	5	11	12	.500	11	.917	0	20	1	0	11	9

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, VCU, Apr 06, 2022; Duke, Apr 08, 2023; vs UC Davis, Feb 12, 2023

Goals: 2, VCU, Apr 06, 2022

Assists: 2, Duke, Apr 08, 2023

Shots: 2, at VCU, Apr 05, 2023; VCU, Apr 06, 2022; vs UC Davis, Feb 12, 2023

Ground balls: 2, 4 times

Draw controls: 1, VCU, Apr 06, 2022

Free-position goals: 1, ELON, Mar 05, 2023

Caused turnovers: 2, at Liberty, 02/09/24; vs Maryland, Apr 09, 2025; at Liberty, Feb 9, 2024



2025 Virginia Lacrosse Individual Career History



Addi Foster

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	16	3	5	8	14	.214	9	.643	0	9	3	0	5	5
2025	16	35	15	50	59	.593	48	.814	0	19	0	0	20	6
TOTAL	32	38	20	58	73	.521	57	.781	0	28	3	0	25	11

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, Liberty, 02/07/2025

Goals: 4, Virginia Tech, Apr 16, 2025

Assists: 4, Liberty, 02/07/2025

Shots: 6, at James Madison, Mar 19, 2025

Ground balls: 5, Pittsburgh, Mar 22, 2025

Draw controls: 1, 4 times

Man-up goals: 1 [t-9th], 7 times

Man-down goals: 1 [t-1st], Louisville, Apr 05, 2025

Free-position goals: 1, 6 times

Caused turnovers: 2, Liberty, 02/07/2025; vs North Carolina, Apr 23, 2024; vs North Carolina, Apr 24, 2024

Kate Galica

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	21	4	25	47	.447	31	.660	0	27	97	0	20	14
2025	16	40	8	48	87	.460	63	.724	2	16	155	0	27	16
TOTAL	36	61	12	73	134	.455	94	.701	2	43	252	0	47	30

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, at VCU, Apr 02, 2025

Goals: 4, 4 times

Assists: 2, at VCU, Apr 02, 2025

Shots: 9, Duke, Mar 15, 2025; at Syracuse, Mar 29, 2025

Ground balls: 4, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 17 [1st], Virginia Tech, Apr 16, 2025

Man-up goals: 2 [t-1st], Louisville, Apr 05, 2025

Free-position goals: 2 [t-7th], at VCU, Apr 02, 2025; NAVY, Feb 26, 2025

Caused turnovers: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

Devon Gogerty

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	6	2	1	3	7	.286	4	.571	0	1	1	0	1	0
2025	5	1	0	1	3	.333	2	.667	0	0	0	0	0	2
TOTAL	11	3	1	4	10	.300	6	.600	0	1	1	0	1	2

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Goals: 2, Richmond, 03/06/24; Richmond, Mar 6, 2024

Assists: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Shots: 3, Richmond, 03/06/24; Richmond, Mar 6, 2024

Ground balls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Man-up goals: 1 [t-9th], Richmond, 03/06/24; Richmond, Mar 6, 2024

Caused turnovers: 1, Liberty, 02/07/2025; at VCU, Apr 02, 2025



2025 Virginia Lacrosse Individual Career History



Abby Jansen

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	9	0	0	0	-	-	-	-	0	1	0	0	0	0
2023	14	0	0	0	1	.000	-	-	0	12	0	0	3	4
2024	6	0	0	0	-	-	-	-	0	1	0	0	0	0
2025	10	0	0	0	-	-	-	-	0	13	0	0	0	5
TOTAL	39	0	0	0	1	.000	-	-	0	27	0	0	3	9

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2022	9	91:43	20	13.08	12	.375	0	0	0	0
2023	14	534:34	121	13.58	67	.356	4	3	0	0
2024	6	43:52	7	9.57	5	.417	0	0	0	0
2025	10	190:41	30	9.44	19	.388	2	0	0	0
TOTAL	39	860:50	178	12.41	103	.367	6	3	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 9, at VCU, Apr 05, 2023

Ground balls: 4, Duke, Apr 08, 2023; Duke, Mar 15, 2025

Draw controls: 1, at VCU, Apr 02, 2025

Caused turnovers: 2, Duke, Apr 08, 2023; at Boston College, Apr 12, 2025; Duke, Mar 15, 2025

Mel Josephson

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	20	0	0	0	-	-	-	-	0	19	1	0	7	2
2025	16	0	0	0	-	-	-	-	0	18	0	0	4	0
TOTAL	36	0	0	0	-	-	-	-	0	37	1	0	11	2

Goalie	GP	Minutes	GA	GAAvg	Saves	Save%	W	L	T	Sho
2024	20	1140:04	200	10.53	161	.446	15	5	0	0
2025	16	747:05	146	11.73	103	.414	9	5	0	0
TOTAL	36	1887:09	346	11.00	264	.433	24	10	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Saves: 13 [9th], at North Carolina, Mar 08, 2025

Ground balls: 7, Stanford, Feb 22, 2025

Draw controls: 1, Boston College, Apr 13, 2024

Caused turnovers: 1, 5 times

Carly Kennedy

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	5	0	0	0	-	-	-	-	0	1	0	0	0	0
TOTAL	5	0	0	0	-	-	-	-	0	1	0	0	0	0

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, at VCU, Apr 02, 2025



2025 Virginia Lacrosse Individual Career History



Morgan Koeneke

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	1	0	0	0	-	-	-	-	0	0	0	0	0	1
2024	5	0	0	0	-	-	-	-	0	0	0	0	2	0
TOTAL	6	0	0	0	-	-	-	-	0	0	0	0	2	1

SINGLE-GAME HIGHS [all-time ranking]:

Caused turnovers: 1, VCU, Apr 06, 2022

Lara Kology

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	16	0	0	0	1	.000	1	1.000	0	14	4	0	3	9
TOTAL	16	0	0	0	1	.000	1	1.000	0	14	4	0	3	9

SINGLE-GAME HIGHS [all-time ranking]:

Shots: 1, Louisville, Apr 05, 2025

Ground balls: 2, 4 times

Draw controls: 1, 4 times

Caused turnovers: 2, NAVY, Feb 26, 2025; Duke, Mar 15, 2025

Gabby Laverghetta

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	11	11	1	12	20	.550	14	.700	0	4	0	0	4	1
TOTAL	11	11	1	12	20	.550	14	.700	0	4	0	0	4	1

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, 4 times

Goals: 2, at VCU, Apr 02, 2025; Virginia Tech, Apr 16, 2025; at James Madison, Mar 19, 2025

Assists: 1, Pittsburgh, Mar 22, 2025

Shots: 4, Pittsburgh, Mar 22, 2025

Ground balls: 2, Pittsburgh, Mar 22, 2025

Man-up goals: 1 [t-9th], at VCU, Apr 02, 2025; at Boston College, Apr 12, 2025; at James Madison, Mar 19, 2025

Free-position goals: 1, at VCU, Apr 02, 2025; Pittsburgh, Mar 22, 2025

Caused turnovers: 1, Duke, Mar 15, 2025

Livy Laverghetta

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	5	3	0	3	4	.750	3	.750	0	0	0	0	2	0
TOTAL	5	3	0	3	4	.750	3	.750	0	0	0	0	2	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Virginia Tech, Apr 16, 2025

Goals: 2, Virginia Tech, Apr 16, 2025

Shots: 3, Virginia Tech, Apr 16, 2025

Man-up goals: 1 [t-9th], Virginia Tech, Apr 16, 2025

Free-position goals: 1, Virginia Tech, Apr 16, 2025



2025 Virginia Lacrosse Individual Career History

Abby Manalang

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	17	0	2	2	9	.000	1	.111	0	5	15	0	4	2
2023	18	5	1	6	14	.357	9	.643	0	9	18	0	5	5
2024	15	3	1	4	5	.600	5	1.000	0	3	1	0	2	4
2025	16	17	3	20	25	.680	23	.920	1	25	31	0	7	13
TOTAL	66	25	7	32	53	.472	38	.717	1	42	65	0	18	24

SINGLE-GAME HIGHS [all-time ranking]:

Points: 5, Duke, Mar 15, 2025

Goals: 4, Duke, Mar 15, 2025

Assists: 1, 7 times

Shots: 5, NAVY, Feb 26, 2025; Duke, Mar 15, 2025

Ground balls: 4, vs Maryland, Apr 09, 2025

Draw controls: 5, Notre Dame, Mar 25, 2023

Man-up goals: 2 [t-1st], NAVY, Feb 26, 2025

Free-position goals: 1, 6 times

Caused turnovers: 3, NAVY, Feb 26, 2025; at California, Mar 01, 2025

Evie McMahan

SINGLE-GAME HIGHS [all-time ranking]:

Payton Meister

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	6	0	0	0	-	-	-	-	0	1	0	0	1	2
2023	2	0	0	0	-	-	-	-	0	1	0	0	0	0
2024	5	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	7	0	0	0	-	-	-	-	0	1	0	0	0	1
TOTAL	20	0	0	0	-	-	-	-	0	3	0	0	1	3

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, at VCU, Apr 02, 2025; at VCU, Apr 05, 2023; Richmond, Mar 09, 2022

Caused turnovers: 1, at California, Mar 01, 2025; Richmond, Mar 09, 2022; PITT, Mar 18, 2022

Kate Miller

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2022	20	27	8	35	58	.466	42	.724	0	9	0	0	15	1
2023	18	17	26	43	38	.447	30	.789	1	14	1	0	20	8
2024	20	28	22	50	68	.412	52	.765	1	16	43	0	32	10
2025	7	12	8	20	29	.414	18	.621	0	10	10	0	12	4
TOTAL	65	84	64	148	193	.435	142	.736	2	49	54	0	79	23

SINGLE-GAME HIGHS [all-time ranking]:

Points: 6, ELON, Mar 05, 2023

Goals: 5, LIU, May 10, 2024

Assists: 4, Syracuse, 03/23/24; Syracuse, Mar 23, 2024

Shots: 8, at Richmond, Mar 05, 2025

Ground balls: 6, Liberty, 02/07/2025

Draw controls: 6, VCU, Apr 03, 2024

Man-up goals: 2 [t-1st], LIU, May 10, 2024

Free-position goals: 1, 10 times

Caused turnovers: 2, 5 times



2025 Virginia Lacrosse Individual Career History



Juliana Murphy

SINGLE-GAME HIGHS [all-time ranking]:

Abby Musser

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	8	0	0	0	-	-	-	-	0	0	0	0	1	2
TOTAL	8	0	0	0	-	-	-	-	0	0	0	0	1	2

SINGLE-GAME HIGHS [all-time ranking]:

Caused turnovers: 1, at VCU, Apr 02, 2025; vs Maryland, Apr 09, 2025

Lauren Pederson

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2023	1	0	0	0	-	-	-	-	0	0	0	0	0	0
2024	9	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	10	5	0	5	8	.625	8	1.000	0	2	0	0	2	0
TOTAL	20	5	0	5	8	.625	8	1.000	0	2	0	0	2	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, Liberty, 02/07/2025; at California, Mar 01, 2025

Goals: 2, Liberty, 02/07/2025; at California, Mar 01, 2025

Shots: 3, at California, Mar 01, 2025

Ground balls: 2, Liberty, 02/07/2025

Free-position goals: 1, at California, Mar 01, 2025

Jayden Piraino

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	8	4	0	4	7	.571	5	.714	0	2	0	0	3	0
TOTAL	8	4	0	4	7	.571	5	.714	0	2	0	0	3	0

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, Liberty, 02/07/2025

Goals: 3, Liberty, 02/07/2025

Shots: 4, Liberty, 02/07/2025

Ground balls: 1, at Princeton, Feb 15, 2025; at California, Mar 01, 2025



2025 Virginia Lacrosse Individual Career History



Alex Reilly

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	16	11	0	11	29	.379	19	.655	2	5	11	0	5	5
TOTAL	16	11	0	11	29	.379	19	.655	2	5	11	0	5	5

SINGLE-GAME HIGHS [all-time ranking]:

Points: 2, at VCU, Apr 02, 2025; at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Goals: 2, at VCU, Apr 02, 2025; at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Shots: 5, at North Carolina, Mar 08, 2025

Ground balls: 1, 5 times

Draw controls: 4, vs Maryland, Apr 09, 2025

Free-position goals: 1, at Richmond, Mar 05, 2025; at James Madison, Mar 19, 2025

Caused turnovers: 2, Liberty, 02/07/2025

Alexandra Schneider

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	11	0	0	0	-	-	-	-	0	0	1	0	1	0
TOTAL	11	0	0	0	-	-	-	-	0	0	1	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Draw controls: 1, Pittsburgh, 03/16/24; Pittsburgh, Mar 16, 2024

Payton Sfredo

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	16	13	3	16	32	.406	25	.781	0	13	9	0	11	8
TOTAL	16	13	3	16	32	.406	25	.781	0	13	9	0	11	8

SINGLE-GAME HIGHS [all-time ranking]:

Points: 3, at James Madison, Mar 19, 2025

Goals: 3, at James Madison, Mar 19, 2025

Assists: 2, Louisville, Apr 05, 2025

Shots: 4, 4 times

Ground balls: 7, at James Madison, Mar 19, 2025

Draw controls: 4, at North Carolina, Mar 08, 2025

Free-position goals: 1, at James Madison, Mar 19, 2025

Caused turnovers: 2, Pittsburgh, Mar 22, 2025

Lily Spyredes

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	4	0	0	0	1	.000	1	1.000	0	0	0	0	1	0
TOTAL	8	0	0	0	1	.000	1	1.000	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

Shots: 1, Virginia Tech, Apr 16, 2025

Cece Webb

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2025	7	0	0	0	-	-	-	-	0	1	0	0	0	2
TOTAL	7	0	0	0	-	-	-	-	0	1	0	0	0	2

SINGLE-GAME HIGHS [all-time ranking]:

Ground balls: 1, Pittsburgh, Mar 22, 2025

Caused turnovers: 1, Liberty, 02/07/2025; at VCU, Apr 02, 2025

Corey White

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	5	0	0	0	2	.000	2	1.000	0	1	0	0	1	0
2025	15	2	0	2	7	.286	5	.714	1	6	0	0	3	3
TOTAL	20	2	0	2	9	.222	7	.778	1	7	0	0	4	3

SINGLE-GAME HIGHS [all-time ranking]:

Points: 1, Virginia Tech, Apr 16, 2025; Pittsburgh, Mar 22, 2025

Goals: 1, Virginia Tech, Apr 16, 2025; Pittsburgh, Mar 22, 2025

Shots: 2, NAVY, Feb 26, 2025; Pittsburgh, Mar 22, 2025

Ground balls: 1, 8 times

Free-position goals: 1, Virginia Tech, Apr 16, 2025

Caused turnovers: 1, at VCU, Apr 02, 2025; Louisville, Apr 05, 2025; at Richmond, Mar 05, 2025

Wylly Willmott

Season	GP	G	A	Pts	Shots	Shot%	SOG	SOG%	GW	GB	DC	Dsv	TO	CT
2024	4	0	0	0	-	-	-	-	0	0	0	0	0	0
2025	4	0	0	0	-	-	-	-	0	0	0	0	1	0
TOTAL	8	0	0	0	-	-	-	-	0	0	0	0	1	0

SINGLE-GAME HIGHS [all-time ranking]:

2025 ROSTER/BREAKDOWN

No.	Name	Cl.	Pos.	Ht.	Hometown/High School/Previous School
2	Jayden Piraino	Fr.	Attack	5-6	Dix Hills, N.Y./Half Hollow Hills East
3	Kate Demark	So.	Defense	5-6	Darien, Conn./Darien HS
4	Jenna Dinardo	So.	Attack	5-5	Corning, N.Y./Corning Painted Post HS
5	Kate Galica	So.	Midfield	5-8	Wayne, Pa./Conestoga HS
6	Abby Jansen	Sr.	Goalkeeper	5-5	Newtown Square, Pa./Radnor
7	Payton Sfreddo	Fr.	Midfield	5-11	Rye, N.Y., Sacred Heart Greenwich (Conn.)
8	Alexandra Schneider	So.	Defense	5-8	Manhasset, N.Y./Manhasset HS
9	Sophia Conti	Fr.	Midfield	5-7	Babylon, N.Y./Babylon Junior Senior High
10	Maureen Duffy	Sr.	Defense	5-7	East Quogue, N.Y./Westhampton Beach
11	Abby Manalang	Sr.	Midfield	5-4	Los Angeles, Calif./Da Vinci Science
12	Payton Meister	Sr.	Defense	5-4	Coppell, Texas/Episcopal School of Dallas
13	Carly Kennedy	Fr.	Midfield	5-3	Denver, Co./Regis Jesuit
14	Abby Musser	Fr.	Defense	5-6	Alexandria, Va./St. Stephens & St. Agnes
15	Addi Foster	So.	Attack	5-9	Charlottesville, Va./St. Anne's Belfield School
16	Madison Alaimo	So.	Attack	5-7	Wantagh, N.Y./Wantagh HS
17	Finley Barger	Jr.	Midfield	5-8	Fallston, Md./Notre Dame Preparatory School
19	Wyly Willmott	Jr.	Defense	5-8	Memphis, Tenn./Oregon Episcopal/Hutchison School
20	Olivia Bruno	Jr.	Defense	5-9	Victor, N.Y./Victor
21	Kate Miller	Sr.	Attack	5-6	Mechanicsville, Va./Atlee
22	Lauren Pederson	Gr.	Midfield	5-11	Park City, Utah/Park City
23	Alex Reilly	Fr.	Midfield	5-6	Fort Washington, Pa./Springside Chestnut Hill Academy
25	Corey White	So.	Midfield	5-8	Chevy Chase, Md./Stone Ridge School of the Sacred Heart
26	Mel Josephson	Jr.	Goalkeeper	5-6	Sea Bright, N.J./The Lawrenceville School
27	Morgan Koeneke	Sr.	Attack	5-2	South Riding, Va./Freedom
28	Juliana Murphy	Fr.	Defense	5-8	Charlottesville, Va./Western Albemarle
29	Cece Webb	So.	Defense	5-10	Summit, N.J./Summit HS
31	Evie McMahan	Fr.	Attack	5-4	Charlotte, N.C./Charlotte Latin
32	Nicole Cruthirds	Jr.	Defense	5-4	Alexandria, Va./St. Stephen's and St. Agnes School
33	Katie Campel	Jr.	Attack	5-10	Greenland, N.H./Bishop Guertin HS
36	Lara Kology	Jr.	Defense	5-6	Chatham, N.J./Chatham High
37	Lily Spyredes	Jr.	Attack	5-8	Boca Raton, Fla./Pine Crest School
40	Devon Gogerty	Jr.	Midfield	5-5	Mendham, N.J./Oak Knoll School
41	Fiona Allen	Fr.	Attack	5-5	Hinsdale, Ill./Saint Ignatius College Prep
42	Livy LaVerghetta	Fr.	Midfield	5-0	Baltimore, Md./Garrison Forest
43	Gabby LaVerghetta	Fr.	Attack	5-4	Baltimore, Md./Garrison Forest
44	Breese Burlingame	Jr.	Goalkeeper	6-1	Binghamton, N.Y./Utica/Northfield Mount Hermon

Head Coach: Sonia LaMonica (Maryland '03) second season

Assistant Coach: Michael LaMonica (Maryland '02), second season

Assistant Coach: Caylee Waters (North Carolina '17), second season

Assistant Coach: Kerrigan Miller (North Carolina '21), second season

Director of Operations: Maris Large (Vermont '22), second season

BREAKDOWN BY...

CLASS

Freshman	11
Sophomore	8
Junior	10
Senior	6
Grad/ Fifth.....	1

STATE

California.....	1
Colorado.....	1
Connecticut	1
Florida	1
Illinois	1
Maryland	4
New Hampshire.....	1
New Jersey	4
New York	9
North Carolina.....	1
Pennsylvania.....	3
Tennessee	1
Texas	1
Utah.....	1
Virginia	6

ALPHABETICAL

16 Madison Alaimo.....	Attack
41 Fiona Allen.....	Attack
17 Finley Barger	Midfield
20 Olivia Bruno.....	Defense
44 Breese Burlingame	Goalkeeper
33 Katie Campel	Attack
9 Sophia Conti	Midfield
32 Nicole Cruthirds.....	Defense
3 Kate Demark	Defense
4 Jenna Dinardo	Attack
10 Maureen Duffy (C).....	Defense
15 Addi Foster.....	Attack
5 Kate Galica	Midfield
40 Devon Gogerty	Midfield
6 Abby Jansen	Goalkeeper
26 Mel Josephson	Goalkeeper
13 Carly Kennedy	Midfield
27 Morgan Koeneke.....	Attack
36 Lara Kology	Defense
43 Gabby LaVerghetta.....	Attack
42 Livy LaVerghetta	Midfield
11 Abby Manalang	Midfield
31 Evie McMahan.....	Attack
12 Payton Meister	Defense
21 Kate Miller (C)	Attack
28 Juliana Murphy	Defense
14 Abby Musser	Defense
22 Lauren Pederson (C)	Midfield
2 Jayden Piraino	Attack
23 Alex Reilly	Midfield
8 Alexandra Schneider	Defense
7 Payton Sfreddo	Midfield
37 Lily Spyredes.....	Attack
29 Cece Webb.....	Defense
25 Corey White	Midfield
19 Wyly Willmott	Defense

PRONUNCIATIONS

Players

Alaimo	uh-LIE-mo
Barger	BAR-ger
Cruthirds	Crew-thirds
Gogerty	GO-gerly
Koeneke	CONE-i-key
Lara Kology.....	LAIR-uh coe-LOE-gee
Manalang	MANNA-lang
Meister.....	MY-stir
Musser.....	Muss-sir
Piraino	PER-an-OH
Sfreddo	seh-FRED-do
Wyly	WHY-Lee

Coaches

LaMonica.....	La-MAHN-i-ka
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2025 VIRGINIA WOMEN'S LACROSSE BROADCAST ROSTER



2

JAYDEN PIRAINO
Fr. | Attack
Dix Hills, N.Y.



3

KATE DEMARK
So. | Defense
Darien, Conn.



4

JENNA DINARDO
So. | Attack
Corning, N.Y.



5

KATE GALICA
So. | Midfield
Wayne, Pa.



6

ABBY JANSEN
Sr. | Goalkeeper
Newtown Square, Pa.



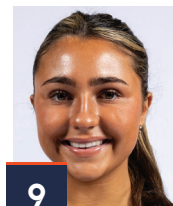
7

PAYTON SFREDDO
Fr. | Midfielder
Rye, N.Y.



8

ALEXANDRA SCHNEIDER
SO. | Defense
Manhasset, N.Y.



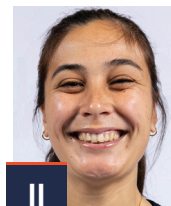
9

SOPHIA CONTI
Fr. | Midfield
babylon, N.Y.



10

MAUREEN DUFFY
Sr. | Midfield
East Quogue, N.Y.



11

ABBY MANALANG
Sr. | Midfield
Los Angeles, Calif.



12

PAYTON MEISTER
Sr. | Defense
Coppell, Texas



13

CARLY KENNEDY
Fr. | Midfield
Denver, Colo.



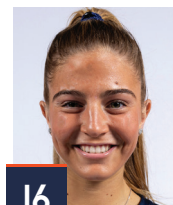
14

ABBY MUSSER
Fr. | Defense
Alexandria, Va.



15

ADDI FOSTER
So. | Midfield
Charlottesville, Va.



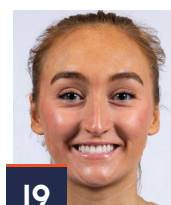
16

MADISON ALAIMO
Fr. | Attack
Wantagh, N.Y.



17

FINLEY BARGER
Jr. | Midfield
Fallston, Md.



19

WYLLY WILLMOTT
Jr. | Defense
Memphis, Tenn.



20

OLIVIA BRUNO
Jr. | Defense
Victor, N.Y.



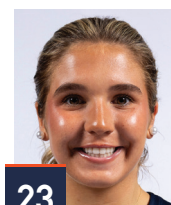
21

KATE MILLER
Sr. | Attack
Mechanicsville, Va.



22

LAUREN PEDERSON
Gr. | Midfield
Park City, Utah



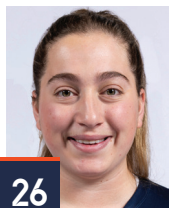
23

ALEX REILLY
Fr. | Midfield
Fort Washington, Pa.



25

COREY WHITE
So. | Midfield
Chevy Chase, Md.



26

MEL JOSEPHSON
Jr. | Goalkeeper
Sea Bright, N.J.



27

MORGAN KOENEKE
Jr. | Attack
South Riding, Va.



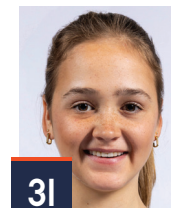
28

JULIANA MURPHY
Fr. | Defense
Charlottesville, Va.



29

CECE WEBB
So. | Defense
Summit, N.J.



31

EVIE MCMAHAN
Fr. | Attack
Charlotte, N.C..



32

NICOLE CRUTHIRDS
Fr. | Defense
Alexandria, Va.



33

KATIE CAMPEL
Jr. | Attack
Greenland, N.H.



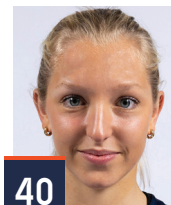
36

LARA KOLOGY
Jr. | Defense
Chatham, N.J..



37

LILY SPYREDES
So. | Attack
Boca Raton, Fla.



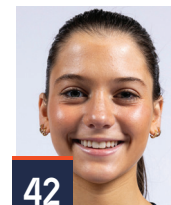
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DEVON GOGERTY
Jr. | Midfield
Mendham, N.J.



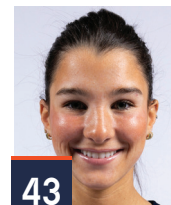
41

FIONA ALLEN
Fr. | Attack
Hinsdale, Ill.



42

LIVY LAVERGHETTA
Fr. | Midfield
Baltimore, Md..



43

GABBY LAVERGHETTA
Fr. | Attkc
Baltimore, Md.



44

BREESE BURLINGAME
Jr. | Goalkeeper
Binghamton, N.Y.



HC

SONIA LAMONICA
Head Coach
Second Season



AC

MICHAEL LAMONICA
Assistant Coach
Second Season



AC

CAYLEE WATERS
Assistant Coach
Second Season



AC

KERRIGAN MILLER
Assistant Coach
Second Season



DO

MARIS LARGE
Director of Ops
Second Season