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www.VirginiaSports.com

IRGINI

8-0-1, 2-0-0 ACC

2025 CAVALIER WOMEN'S SOCCER

Mailing Address: John Paul Jones Arena 295 Massie Road, Roomm 154 P.O. Box 400853 Charlottesville, VA 22904

2025 Schedule/Results

Aug. 14	at West Virginia	W, 1-0
Aug. 21	XAVIER	W, 3-0
Aug. 24	at Liberty	W, 2-0
Aug. 28	CHARLOTTE	W, 3-0
Aug. 31	#16 GEORGETOWN	T, 1-1
Sept. 4	#9 PENN STATE	W, 1-0
Sept. 11	#2 DUKE*	W, 3-1
Sept. 14	VCU	W, 3-0
Sept. 20	at Syracuse*	W, 3-0
Sept. 25	at Clemson*	7 p.m.
Oct. 4	VIRGINIA TECH*	7 p.m.
Oct. 9	at California*	3:30 p.m.
Oct. 12	at Stanford*	1 p.m.
Oct. 18	at Louisville*	5 p.m.
Oct. 23	FSU*	6 p.m.
Oct. 26	PITTSBURGH*	2 p.m.
Oct. 30	BOSTON COLLEGE*	7 p.m.

* ACC Game All Times Local To Event

GAME **COVERAGE**

Live Video: ACCNX

Announcers: William Qualkinbush





Live Stats: VirginiaSports.com

HOO TO WATCH

LIA GODFREY GR • M

- · 3x All-America selection
- ·Three of her five goals in 2025 have come off free kicks
- · 12 of her career assists have come on game-winning goals
- · Eight career game-winning goals on her 22 career goals
- · Has 22 goals and 32 assists for the Hoos in her career at UVA











Instagram.com/UVAWomenSoccei

Game #10 · Thursday, September 25, 2025

#1 Virginia at Clemson

Series History: Virginia leads 17-12-3

Last Meeting: A 1-0 UVA win in Charlottesville in 2024

Of Note: The series is tied 6-6-1 in games at Clemson



3-2-5, 0-1-2 ACC

QUICK KICKS

· Virginia held down the top spot in the United Soccer Coaches rankings and moved up to No. 2 in the weekly rankings from Top Drawer Soccer following last week's win at Syracuse

It's the second straight week for the Hoos to find themselves atop the United Soccer Coaches poll, a position Virginia claimed after a win over No. 2 Duke and VCU two weeks ago

The Cavaliers also maintained the top spot in the RPI for the second straight week

Ella Carter scored for the second straight ACC game and the third time this season at Syracuse and two of her three goals from her holding mid position are game-winning goals

Lia Godfrey and Maggie Cagle continue to be an offensive threat for the Hoos as both players rank among the top 6 nationally in career assists among all active D1 players (Godfrey 2nd, Cagle T6th) The duo have combined for 45 goals and 57 assists throughout their careers with the Hoos

Cagle is second in the ACC and fifth nationally in shot accuracy (.700) with 14-of-20 shots on frame **Godfrey** hit the game winning goal and added an assist at Syracuse and leads the team in both categories with five goals and three assists this season

Godfrey has been potent in the midfield with Ella Carter as the pair have combined for eight goals and five assists - four of those goals are game winners and two assists came on game-winning goals **Victoria Safradin** sits atop the ACC ledger in save percentage and fifth nationally (.933) while also sitting tied atop the ACC leader board in shutouts (6) and is tied for fourth nationally

The Hoos sit first nationally in goal against average (.222) and are third in save percentage (.938) and shutout percentage (.778) as a goalkeeping unit

	VIRGINIA PROBABLE STARTERS									
STA	RTING XI									
_No	. Name	Pos.	GP-GS	Min.	G	Α	Pts	Of Note:		
4	Kiki Maki	D	9-8	783	1	1	3	Tallied a pair of goals last season for UVA		
_6	Addison Halpern	F	9-8	643	1	1	3	Hit first collegiate goal in win over VCU		
_9	Meredith McDermott	F	9-8	505	0	2	2	Tied Cagle with four GWG in 2024 season		
_10	Maggie Cagle	F	9-9	621	4	1	9	GWG vs. Penn State for second straight year		
_16	Ella Carter	M	9-9	655	3	2	8	GWG vs. #2 Duke was second of the season		
_17	Tatum Galvin	D	9-9	766	0	1	1	Assisted on GWG against Xavier		
_18	Liv Rademaker	D	9-8	529	0	0	0	Made first collegiate start against Xavier		
_19	Jill Flammia	M	4-3	232	11	0	2	First action since WVU with start vs. #2 Duke		
_22	Lia Godfrey	M	9-9	604	5	3	13	Has two GWG and two game winning assists		
_23	Laney Rouse	D	9-9	741	1	2	4	Notched goal & assist in win over #2 Duke		
								-		

GOALKEEPER No. Name Pos. GP-GS Min. Sv GAA ShO Of Note: 1 Victoria Safradin 8-8 720 28 0.25 6 Tied career high with 6 saves vs. #2 Duke

KEY RESERVES							
No. Name	Pos.	GP-GS	Min.	G	Α	Pts	Of Note:
3 Sophia Bradley	M	8-0	307	1	1	3	Assisted on Cecil goal in Xavier victory
8 Allie Ross	F	9-6	377	2	1	5	Tallied five goals with two GWG last season
11 Linda Mittermair	M	9-1	211	0	1	_1_	Assisted on Maki game winner vs. Charlotte
14 Jordyn Hardeman	D	8-0	182	0	0	0	Fourth-ranked recruit for class of 2025
20 Carrie Helfrich	F/M	9-1	359	0	2	2	Top 50 recruit was 2x All-American
25 Annamarie Williams	M	0-0	0	0	0	0	Appeared in nine games for UVA in 2024
26 Maya Carter	D	9-1	358	0	0	0	Tallied goal and assist on front line in 2024
27 Poorl Cooil	D	/ 1	150	1	Λ	2	Cantained IIS II17 cide in '25 Concacaf



	VIRGINIA IN THE RANKINGS												
	Pre	8/19	8/25	9/1	9/7	9/15	9/22						
United Soccer Coaches	15	17	13	8	5	1	1						
Top Drawer Soccer	NR	24	21	13	7	3	2						
RPI	-	-	-	-	-	1	1						

THE SERIES WITH THE TIGERS

- ·Virginia and Clemson meet for the 33rd time when the teams face off on Thursday night at Historic Riggs Field
- •The Cavaliers lead the series 17-12-3 all time and the series sits at 6-6-1 in games played at Clemson
- ·The Hoos got a 1-0 victory last season in Charlottesville as Meredith McDermott connected with Lia Godfrey in the 86th minute
- ·The series sits at 2-2-1 over the last five meetings, though the Hoos lead 6-2-2 over the last 10 contests

CAVALIER TRIO NAMED TO PRESEASON WATCH LISTS BY UNITED SOCCER COACHES

- · Senior Maggie Cagle, junior Ella Carter and junior Viki Safradin were all named to preseason watch lists by the coaches association
- · Cagle was named to the Forwards to Watch list, while Carter was named to the Midfielders to Watch list
- · Safradin was one of 13 keepers named to the organization's Goalkeepers to Watch list heading into the season

CAGLE NAMED PRESEASON ALL-ACC HONOREE

- · Senior Maggie Cagle, a three-time All-ACC selection and two-time All-Region selection was named to the preseason All-ACC team
- · Cagle tallied the most assists by a freshman in her debut campaign with 12 in the 2022 season
- · She followed it up by leading the team in goals in both her sophomore and junior seasons

HOOS PICKED TO FINISH SEVENTH IN 2025 ACC PRESEASON POLL

- ·The Cavaliers were picked to finish seventh in the ACC in a preseason vote of the league's coaches
- ·Virginia received 169 points and received one first-place vote in the poll

HOOS BACK FOR THE CAVALIERS

- · UVA returns 20 players from last year's squad that posted an 13-5-6 record and advanced to the NCAA second round
- · Among those returning are All-ACC forward Maggie Cagle and two-time All-American Lia Godfrey in the midfield
- ·The Hoos return a stout defensive group with three of four starters from last season along the back line in Laney Rouse, Tatum Galvin and Kiki Maki in front of returning keeper Victoria Safradin
- ·Also returning to the lineup is dynamic midfieder Jill Flammia who missed the 2024 season with injury

VIRGINIA WELCOMES ANOTHER HIGHLY-RANKED RECRUITING CLASS TO GROUNDS

- \cdot UVA welcomed the fourth-ranked recruiting class to Grounds for this season with a group of 10 signees in the freshman class
- ·Two players Jordyn Hardeman (4) and Addison Halpern (5) were ranked among the top five recruits nationally
- · Halpern was also the United Soccer Coaches National Player of the Year and Gatorade National Player of the Year
- ·Three players Pearl Cecil (39), Carrie Helfrich (43) and Wicki Dunlap (49) ranked in the top 50
- · Cecil reclassified for the 2025 class and played with the U.S. U17 Team in Concacaf qualifying in the spring and captained the team for the match against Honduras in which she scored
- · Rounding out the eight players ranked in the top 200 are Loretta Talbott (70), Marin McCormack (127) and Helen Olszewski (190)
- · Also signed is two-time All-State selection Molly Carlson and international player Liv Rademaker
- \cdot Rademaker played for two-time Dutch U19 National Champion AFC Ajax and was a member of AFC Ajax roster for UEFA Champions League season (2024, 2025) as well as member of three Dutch National Team squads (U16, U17, U19)

ALL-TIME VS. CLEMSON

Overall: 17-12-3

Home: 8-3-2 (8-3-2 Klöckner) **Road:** 6-6-1 (6-5-1 Riggs)

Neutral: 3-3-0

10-9-94	W	3-2	Н	
9-16-95	W	2-1	Α	
9-13-96 UVAINV	L	1-2	Н	
10-24-97	L	0-2	Α	
11-6-97 ACC	L	0-1	N1	
10-16-98	W	1-0	Н	
11-6-98 ACC	L	1-2	N2	
10-2-99	L	0-1 (2ot)	Α	
11-4-99 ^{ACC}	L	1-3	N3	
9-29-00	L	1-2 (ot)	Н	
9-29-01	L	0-4	Α	
9-28-02	L	0-1	Н	
11-1-03	L	1-2	A	
10-24-04	W	2-0	Н	_
11-5-04 ACC	W	2-1	N4	
10-9-05	W	2-1 (ot)	Н	
10-8-06	W	1-0	Α	
10-14-07	T	1-1 (2ot)	Н	
10-5-08	W	7-1	A	
9-27-09	W	3-0	Н	_
10-31-10	W	6-0	Α	
10-16-11	W	3-0	Н	
9-23-12	W	1-0	Α	
10-6-13	W	3-0	Н	
10-8-15	W	2-0	Α	
11-6-15 ACC	W	5-0	N4	
10-14-17	T	0-0 (2ot)	Н	
9-20-18	L	0-1 (2ot)	Α	
9-20-20	L	0-3	Α	_
11-5-21 ACC	W	1-0	N4	
10-5-23	T	1-1	Α	
10-25-24	W	1-0	Н	

N1-Winston-Salem, N.C.; N2-Lake Buena Vista, Fla.: N3-Chapel Hill. N.C.: N4-Carv. N.C.

			VIRG	INIA'S G	AME-BY-G	AME STA	RTERS				
	GK	F	F	F	M	M	M	D	D	D	D
at West Virginia	Safradin	Cagle	Halpern	Ross	Flammia	Godfrey	E. Carter	Galvin	Cecil	Maki	Rouse
XAVIER	Safradin	Cagle	McDermott	Ross	Godfrey	Halpern	E. Carter	Rademaker	Galvin	Maki	Rouse
at Liberty	Safradin	Cagle	McDermott	Ross	Godfrey	Halpern	E. Carter	Rademaker	Galvin	Maki	Rouse
CHARLOTTE	Safradin	Cagle	McDermott	Ross	Godfrey	Halpern	E. Carter	Rademaker	Galvin	Maki	Rouse
#16 GEORGETOWN	Safradin	Cagle	McDermott	Ross	Godfrev	Halpern	E. Carter	Rademaker	Galvin	Maki	Rouse
#9 PENN STATE	Safradin	Cagle	McDermott	Helfrich	Godfrey	Halpern	E. Carter	Rademaker	Galvin	Maki	Rouse
#2 DUKE	Safradin	Cagle	Halpern	McDermott	Godfrey	Flammie	E. Carter	Rademaker	Galvin	Maki	Rouse
VCU	Sommers	Cagle	McDermott	Ross	Godfrev	Mittermair	E. Carter	Rademaker	Galvin	M. Carter	Rouse
at Syracuse	Safradin	Cagle	Halpern	McDermott	Godfrey	Flammia	E. Carter	Rademaker	Galvin	Maki	Rouse
Dald - Coal Council	1. 1.	F: 0		0.44	 		1	1		1	1



VIRGINIA'S ALL-TIME TOP 10 WINS

CECIL TABBED FOR SERVICE WITH US U17 WOMEN'S NATIONAL TEAM

- · Virginia freshman Pearl Cecil was tabbed for a return to action with the US U17 Women's National Team recently
- · Cecil, who represented the US in Concacaf qualifying tournament, suited up for two friendlies in Spain
- ·The games were played August 28 and August 31 against Spain at Stadi Olimpic Cailo Cano in Alicante
- · Cecil captained the team and the US won the first game 2-0 before playing to a 0-0 draw in game two

SAFRADIN NAMED ACC DEFENSIVE PLAYER OF THE WEEK

- · Goalkeeper Victoria Safradin was named ACC Defensive Player of the Week following wins over Xavier and Liberty
- · Safradin tied a career high with six saves against the Musketeers and then posted her third straight shutout at Liberty
- · It was her second ACC Defensive Player of the Week honor of her career

CARTER NAMED ACC OFFENSIVE PLAYER OF THE WEEK

- · Midfielder Ella Carter earned her first ACC Offensive Player of the Week honor after wins over No. 2 Duke and VCU
- · Carter hit the game-winning goal against Duke and added an assist on the third goal in a 3-1 win over the Blue Devils
- · It was the second game-winning goal of the season for Carter who has two goals this season

CAGLE STRIKES QUICKLY AGAINST NO. 9 PENN STATE

- · Forward Maggie Cagle delivered a quick strike in the Hoos' win over No. 9 Penn State with a score 1:22 seconds into the game
- · Cagle's goal was the 13th fastest goal scored in the regular season by a Cavalier in program history
- •The goal held up as Virginia went on to post the 1-0 victory over the Nittany Lions in that matchup

ROUSE SHOWS OUT FOR HOOS IN WEEK FIVE ACTION

- · Defender Laney Rouse delivered for the Hoos in week five of action against No. 2 Duke and VCU
- · Rouse assisted on the game-winning goal vs. Duke and added her own goal to cap the 3-1 victory
- ·The defender then assisted on a goal against VCU and helped the Hoos hold the Rams to one shot in the shutout victory
- ·The goal for Rouse against Duke was her second career goal and first since the 2022 season

CARTER HITS FIRST GAME WINNER IN SEASON-OPENING VICTORY AT WEST VIRGINIA

- · Midfielder Ella Carter scored the first game-winning goal of her career with her header at West Virginia
- ·The strike in the 64th minute was the third goal of Carter's career
- ·With the win, Virginia improved to 24-2 in season-opening games under Steve Swanson and 4-1 in road openers under Swanson

CAVALIERS RESPOND WELL AFTER A LOSS UNDER SWANSON

- · Responding after a loss has been a trend for the Cavaliers throughout Steve Swanson's tenure at UVA
- ·Throughout the 25 seasons under Swanson, Virginia holds a 65-12-15 record in matches following a loss
- ·The number does not include season-ending losses where the next match would be part of a new season
- ·The four-game stretch of losses this season was the first since the 1995 campaign and the only one under Swanson

THE HOOS IN OVERTIME IN THE SWANSON ERA

- ·The Hoos won't be going to overtime until postseason play due to changes in rules, but UVA is no stranger to OT
- · Virginia has gone to extra time in 89 matches during the Steve Swanson era with a 24-13-53 record in those matches
- · In those 53 draws, 15 have come in the postseason with the Cavaliers surviving shootouts in five of those 15 matches
- · UVA played its first overtime game of the 2022 season in the third round with a 3-2 win at No. 2 seed Penn State and followed it up with an overtime match at No. 1 UCLA in the Elite Eight

HOOS CONTINUE STRONG PRESENCE IN PROFESSIONAL RANKS ON NWSL ROSTERS

- \cdot UVA has a strong presence in professional soccer in the U.S. with 17 players on NWSL roster to open the season.
- \cdot 2023 first-round pick Alexa Spaanstra plays for the Portland Thorns where longtime stalwart Becky Sauerbrunn retired this season and defender Moira Kelley started the season
- · Houston picked up 2015 first-round pick Danielle Colaprico in a trade with San Diego in the offseason
- · 2020 first-round pick Courtney Petersen plays for Racing Louisville
- · Orlando has Morgan Gautrat who was the first overall pick of the 2015 Draft and two-time MAC Hermann Trophy winner
- · Makenzy Robbe (Doniak) and Kristen McNabb play for San Diego, while Veronica Latsko and Phoebe McClernon are with Seattle Reign.
- · Megan Reid was continues her stay in Los Angeles as she is in her fourth straight season with Angel City FC.
- \cdot 2023 first-round pick Haley Hopkins plays for Kansas City Courage along with goalkeeper Laurel Ivory
- · 2024 first-round pick Talia Staude is a defender for the North Carolina Courage
- · Taryn Torres continues her career with the NY/NJ Club as does Emily Sonnett who joined the club prior to the 2024 season
- · Brittany Ratcliffe is in her second season with the Washington Spirit after stints at Boston, Utah and North Carolina
- · Diana Ordoñez started the year in Houston before leaving the NWSL to join Liga MX Femenil club Tigres UANLin Mexico.
- · Virginia is one of only three schools to have a player taken in every NWSL Draft prior to it ending after the 2024 draft

VIRGI	NIA'S ALL-TIME	TOP 10	WINS
Date	Opponent	UVA Rank	Score
9/11/25	#2 Duke	#5	3-1
9/4/25	#9 Penn State	#8	1-0
8/22/24	at #3 Penn State	#21	2-1
10/2/22	at #4 Duke	#2	1-0
9/17/22	at #2 North Carolina	#7	3-2
9/23/21	#2 Duke	#7 #2	1-0
9/2/21	vs. #9 Santa Clara #4 TCU NCAA	#3 #13	1-0
5/9/21 11/8/19	#5 Florida State ACC	#13 #1	1-0 2-1 (ot)
11/3/19	#9 Duke ACC	#1	1-0
10/13/19	at #5 Florida State	#1	1-0 (2ot)
9/15/19	at #8 Penn State	#4	2-1
9/10/17	#5 Penn State	#8	3-2
8/24/17	at #2 West Virginia	#10	2-1 (2ot)
11/6/15	vs. #6 Clemson ACC	#1	5-0
10/25/15 10/8/15	#1 Florida State at #5 Clemson	#2 #4	1-0 2-0
9/4/15	at #9 UCLA	#4 #1	2-0 2-1 (2ot)
12/5/14	vs. #5 Texas A&M	#4	3-1
11/28/14	at #1 UCLA NCAA	#4	2-1
11/7/14	vs. #5 North Carolina ACC	#4	2-0
10/5/14	at #10 Notre Dame	#5	2-1
10/31/13	#5 Virginia Tech	#1	2-0
10/27/13	#3 Florida State	#1	1-0 (ot)
10/20/13 10/10/13	at #4 North Carolina #5 Notre Dame	#1 #1	2-0
8/30/13	#7 Penn State	#1 #6	3-2 (2ot) 5-1
8/25/13	#9 Santa Clara	#7	4-0
11/4/12	vs. #7 Maryland ACC	#8	4-0
11/2/12	vs. #2 Florida State ACC	#8	4-2
10/28/12	at #8 North Carolina ACC	#10	1-0
9/30/12	#5 Duke	#3	1-0
10/8/11	#10 Florida State	#8	4-3 (ot)
9/25/11 9/15/11	at #5 North Carolina #6 Maryland	#14 #14	1-0 (2ot) 4-1
10/3/10	#1 Boston College	#14	3-2 (ot)
11/15/09	at #9 Penn State NCAA	NR	6-2
10/30/09	#4 Florida State	NR	1-0
9/25/08	at #8 Florida State	#15	1-0
11/10/06	vs. #9 West Virginia NCAA	NR	2-0
11/4/05	vs. #6 Florida State ACC	#7	2-0
9/29/05	#10 Florida State	#7 #11	1-0
9/25/05 9/24/04	at #7 Duke at #8 Florida State	#11	1-0 1-0
9/10/04	#8 UCLA	#5	3-1
9/12/03	#3 Santa Clara	#17	4-1
11/17/02	at #8 West Virginia NCAA	#24	1-0
9/17/00	vs. #10 Santa Clara	#16	1-0
10/8/99	#2 Florida	#10	2-1 (ot)
9/26/99	#5 Hartford	#15	2-1
9/24/99 9/5/99	#8 Stanford at #4 Portland	#15 #14	3-2 2-0
9/3/99	#9 Duke	#14 #15	5-1
9/16/95	at #8 Clemson	#13	2-1
11/17/91	at #8 Connecticut NCAA	#3	2-0
10/20/91	#3 NC State	#4	2-1
10/12/91	at #3 Santa Clara	#5	1-0 (ot)
9/29/91	vs. #4 Wisconsin	#6	1-0
10/27/90	#10 NC State ACC	#3	3-1
9/29/90 9/19/90	#10 Massachusetts at #4 William & Mary	#3 #3	2-0 2-0
9/19/90	at #3 NC State	#3 #7	2-0 3-2
10/14/89	at #9 Wisconsin	#7	2-0





HOOS FINDING HOMES IN USL SUPER LEAGUE AS PROFESSIONAL RANKS GROW

- · UVA has a presence in the USL Super League that launches its second season on August 23
- ·The Hoos currently have four program alums in the league across three rosters
- · Defender Sarah Clark competes for the Spokane Zephyr FC
- ·The duo of Claire Constant, a 2022 graduate, and Alexis Theoret (2025) currently play for DC Power FC
- · Samantha Rosette, a 2019 graduate, holds down a spot with Brooklyn FC for the second year in a row
- · Samar Guidry, a 2025 graduate, is currently on the roster for Dallas Trinity FC

SWANSON CLOSING IN ON 500 CAREER WINS AS D1 HEAD COACH

- · UVA head coach Steve Swanson hit a rare milestone vs. NC State (10/25/18), hitting the 400 career win mark
- ·As a head coach, Swanson holds a 496-176-75 record through stops at Dartmouth, Stanford and Virginia
- · Currently only a handful of D1 coaches have hit the 400-win milestone with nine of them currently active
- ·The list gained a coach when Merrimack College transitioned to D1 status
- · Swanson is one of only 10 coaches who has recorded 400+ wins all at a D1 institution
- · In his coaching career, he has taken all three teams to league titles and the NCAA Tournament

SWANSON APPROACHING HIS 400TH WIN AS UVA HEAD COACH

- · Head Coach Steve Swanson picked up his 300th wins as the head coach of the Cavaliers vs. Liberty (8/25/19)
- · Currently, Swanson holds a 392-113-64 record as UVA head coach and is 154-57-25 in ACC matches
- · He has 25 consecutive winning seasons at Virginia and 33 overall as a head coach

HOOS EARN UNITED SOCCER COACHES TEAM ACADEMIC AWARD FOR 16th CONSECUTIVE YEAR

- ·The Cavaliers were named a recipient of the Team Academic Award by the United Soccer Coaches for the 2024-25 year
- · It marks the 16th consecutive season for the Hoos to receive the award from the coaches organization
- ·Teams must have a cumulative grade point average of 3.0 to be named as a recipient of the award each season

2025 HONORS

ACC Player of the Week

8/26 - Victoria Safradin - GK - Defensive 9/16 - Ella Carter - M - Offensive

Top Drawer Soccer Team of the Week

8/26 - Lia Godfrey (M) 9/16 - Laney Rouse (D)

All-ACC Preseaon Team

Maggie Cagle - F

Top Drawer Soccer Preseason Best XI Team

Jordyn Hardemann - D - Freshman Team

Top Drawer Soccer Preseason Top 100 Upperclassmen

44 - Maggie Cagle - F

United Soccer Coaches Preseason Players To Watch

Maggie Cagle - F Ella Carter - M Victoria Safradin - GK

FASTEST GOALS SCORED BY UVA Opponent (Date) 0:20 at Arkansas (9/20/92) Kim Smith 0:23 UNC Greensboro (9/2/90) Andrea Rubio 0:41 at NC State (10/28/15) Makenzy Doniak 0:50 Virginia Tech (9/24/96) Angela Hucles 0:50 Radford (8/20/23) Maggie Cagle 0:55 VCU (9/3/23) Meredith McDermott 0:56 Brown (10/3/93) Kim Smith 0:57 Villanova (10/6/90) Vicky Sidorenko 1:00 NC State (10/10/24) Meredith McDermott 1:07 Liberty (9/6/18) Montana Sutton 1:19 George Mason (8/21/16) Veronica Latsko 1:21 Radford (9/7/91) Andrea Rubio 1:22 Penn State (9/4/25) Maggie Cagle 1:26 USC (9/14/03) Kelly Hammond 1:27 Liberty (8/22/12) Caroline Miller POSTSEASON 0:54 vs. Penn State (11/18/16)NCAA Meghan Cox 3:23 vs. Florida St. (11/4/05) ACC Jess Rostedt 3:30 Long Island (11/11/11) NCAA Julia Roberts

	IESI ANSWERING	
Time	Opponent (Date)	Opp Goal/UVa Goal
0:19	vs. Duke (11/8/01)	Sarah Pickens
		Lori Lindsey
0:26	at Penn State (9/15/19)	Ally Schlegel
		Sydney Zandi
0:26	Wake Forest (11/1/06)	Amanda Lebo
		Jen Redmond
0:27	at Duke (9/18/91)	Dena Paris
		Kim Smith
0:38	at Duke (9/18/91)	Meegan McMullen
		Amanda Cromwell
0:49	G. Washington (8/29/21)	Maria Pareja
		Rebecca Jarrett
0:49	Stanford (9/24/99)	Ronnie Fair
		Jill Maxwell

FACTECT ANGWEDING COAL DV HVA



HEAD COACH STEVE SWANSON

Entering his 36th seasons as a head coach, and his 26th year at the helm of Virginia's program, Swanson has established himself as one of the elite coaches in collegiate soccer, and certainly one of the most respected. Swanson has led his teams to six conference championships, 29 NCAA Tournament appearances and 34 consecutive winning seasons during his career. He also has accumulated 496 career wins as a head coach making him one of a small group of NCAA Division I women's soccer coaches to hit the 400-win milestone.

In his time as Virginia's head coach, he has compiled a 392-113-64 record and coached 12 ACC Player of the Year selections, four ACC Freshman of the Year selections and been named the ACC Coach of the Year three times. He also coached back-to-back MAC Hermann Trophy winner, Morgan Brian. In all, he has coached 22 Virginia players to All-America honors in his time at the helm of the program.

His accomplishments over the last 13 years are staggering with successes experienced on the pitch as both a collegiate coach and with the US Women's National Team – including winning a pair of World Cup Championships and taking the Cavaliers to the College Cup three times.

The 2024 season saw Swanson coach his team to the program's 38th consecutive winnings season and 25th under his leadership. The program made its 36th appearance in the NCAA Tournament, the second most of any program, and advanced to the second round of competition. It came on the heels of the 2023 season in which defender Talia Staude became the 22nd Virginia player drafted by the NWSL when she was selected by the North Carolina Courage with the 24th overall pick.

In 2022, Virginia advanced to the Elite Eight for an overtime showdown with eventual NCAA Champion and top-seeded UCLA. It was the 17th time in the last 18 seasons the Hoos advanced to at least the Round of 16 in the NCAAA Tournament. The Cavaliers posted a pair of road wins over top-five programs – including a second-half rally for a 3-2 win at No. 2 North Carolina. Lia Godfrey earned All-America honors for the third straight season and was a semifinalist for the MAC Hermann Trophy. Haley Hopkins and Alexa Spaanstra were both first-round picks in the NWSL Draft.

In the fall of 2021, the Cavaliers claimed the ACC regular-season for the third time and advanced to the Round of 16 in the NCAA Tournament. He coached Diana Ordoñez to ACC Offensive Player of the Year honors and she was a semifinalist for the MAC Hermann Trophy in addition to earning All-America honors along with Lia Godfrey.

In the 2020-21 season, Swanson led the Cavaliers to the semifinals at the College Cup with Virginia storming through the NCAA Tournament and posting four consecutive shutouts before falling in a penalty kick shootout in the semifinals. Godfrey was named an All-America selection and the ACC Freshman of the Year.

He appeared on the international stage as an assistant coach with the US Women's National Team, helping the United States claim back-to-back World Cup Championships in the summers of 2015 and 2019 and an Olympic appearance in the Games in Brazil in the summer of 2016.

In the summer of 2015, Swanson served as an assistant coach for the United States as the Americans triumphed over Japan to win its third World Cup while he was watching two of his former UVA standout players, Morgan Brian (Class of 2015) and Becky Sauerbrunn (Class of 2007), play the entire 90 minutes of the final.

That fall, he led Virginia to the ACC regular-season title and coached both the ACC Offensive Player of the Year in Makenzy Doniak and the ACC Defensive Player of the Year in Emily Sonnett. Sonnett was also named the ESPNW National Player of the Year. She, Doniak and Brittany Ratcliffe all were drafted in the NWSL with Sonnett taken first overall, marking the second consecutive season for a Cavalier player to be the top pick in the draft. Swanson was also named ACC Coach of the Year for the second time.

In 2014, the Cavaliers made their second-consecutive College Cup appearance and their first-ever College Cup Final. UVA (23-3-0, 9-1-0 ACC) advanced to the ACC final and, for the second-straight season, Brian was honored with the Hermann Trophy as the nation's best collegiate player.

During his tenure as head coach of the Virginia women's soccer team, Swanson has had a dramatic impact on the program since he replaced former United States National Team Head Coach April Heinrichs in the spring of 2000.

Swanson's track record of success, not only on the collegiate level but also at the international level, was evident in 2012. That year he won a pair of championships, leading Virginia to its second ACC title and guiding the United States to the FIFA U-20 Women's World Cup Championship in Japan. For those feats, he was one of ten coaches named to the shortlist for FIFA Women's World Coach of the Year.

Swanson came to Virginia after two highly successful stops at Stanford and Dartmouth. At Dartmouth, Swanson guided the Big Green to national prominence. He did an equally impressive job at Stanford, helping maintain the program's standing as one of the premier teams in the country while leading the Cardinal to two Pac-10 titles in four seasons. In 2004, he led Virginia to the first ACC Championship in school history, making him the only coach in Division I history to win titles in three different conferences. He has since become the only coach in history to win multiple conference championships in three difference conferences. Swanson also enjoyed success as a player in college and as a professional.

In addition to his collegiate coaching experience, Swanson has been associated with the United States youth national teams for more than a decade. He was the head coach of the U-20 Women's National Team from 2011-12, leading the team to a World Cup championship. In December 2013, Swanson was named the head coach of the United States U-23 National Team. It is the fourth different age group he has led for the US Soccer Federation.

STEVE SWANSON YEAR-BY-YEAR 0 Dartmouth 4-9-1 1 Dartmouth 8-5-2 I I by Champs

1990	Dartmouth	4-9-1	
1991	Dartmouth	8-5-2	Ivy Champs
1992	Dartmouth	10-6-1	,
1993	Dartmouth	12-3-1	Ivy Champs/NCAA 1st Round
1994	Dartmouth	11-4-1	NCAA 1st Round
1995	Dartmouth	10-8-1	
1996	Stanford	12-9-0	Pac-10 Champs/NCAA 1st Rd
1997	Stanford	11-7-1	. ,
1998	Stanford	11-7-2	NCAA 1st Round
1999	Stanford	15-5-1	Pac-10 Champs/NCAA 3rd Rd
2000	Virginia	11-8-1	NCAA 3rd Round
2001	Virginia	17-4-2	NCAA Quarterfinals
2002	Virginia	13-7-2	NCAA 3rd Round
2003	Virginia	12-5-4	NCAA 2nd Round
2004	Virginia	17-3-2	ACC Champs/NCAA 2nd Round
2005	Virginia	18-6-1	NCAA Quarterfinals
2006	Virginia	12-8-2	NCAA 3rd Round
2007	Virginia	13-4-6	NCAA 3rd Round
2008	Virginia	15-5-3	NCAA 3rd Round
2009	Virginia	10-6-6	NCAA 3rd Round
2010	Virginia	15-5-2	NCAA 3rd Round
2011	Virginia	17-5-2	NCAA Quarterfinals
2012	Virginia	18-5-1	ACC Champs/NCAA 3rd Round
2013	Virginia	24-1-1	NCAA College Cup Semifinals
2014	Virginia	23-3-0	NCAA College Cup Finals
2015	Virginia	19-1-3	NCAA Quarterfinals
2016	Virginia	15-5-2	NCAA 3rd Round
2017	Virginia	13-6-4	NCAA 3rd Round
2018	Virginia	16-5-1	NCAA 3rd Round
2019	Virginia	17-2-3	NCAA 2nd Round
2020	Virginia	14-4-3	NCAA Semifinal
2021	Virginia	18-3-2	NCAA Third Round
2022	Virginia	16-4-3	NCAA Quarterfinal
2023	Virginia	8-3-6	
2024	Virginia	13-5-1	NCAA 2nd Round
2025	Virginia	8-0-1	

35th Season: 496-176-75 (6 Conference Titles, 29 NCAA Appearances)

SWANSON COACHING ACCOLADES

1992	New England Coach of the Year
1998	Pac-10 Co-Coach of the Year
1999	Pac-10 Coach of the Year

2012 FIFA Women's World Coach of the Year Shortlist

2013 NSCAA National Coach of the Year

2013 ACC Coach of the Year 2015 ACC Coach of the Year 2021 ACC Coach of the Year

ALL-TIME D1 COACHES WITH 400 WINS

1. Anson Dorrance - North Carolina - 936 (45)

2. Len Tsantris - UConn- 570 (37)

3. Jerry Smith - Santa Clara - 565 (39)*

4. Gabe Mejail - Wheaton, Merrimack College - 527 (46)*

5. G. Guerrieri - Hardin-Simmons, Texas A&M - 521 (35)*

7. Steve Swanson - Dartmouth, Stanford, UVA - 496 (36) *

8. Mark Krikorian - Franklin Pierce, Hartford, Florida State - 479 (28)

9. Randy Waldrum - Tulsa, Baylor, Notre Dame, Pitt - 470 (30)

10. Jennifer Rockwood - BYU - 469 (31)*

11. Jim Blankenship - Lynn, Miami, FGCU - 463 (34)*

12. Paul Ratcliffe - St. Mary's, Stanford - 454 (28)*

13. Chris Petrucelli - Notre Dame, Texas, SMU - 428 (31)

14. Nikki Izzo-Brown - W. Va. Wesleyan, West Virginia - 420 (31)*

15. Nancy Feldman - Lake Forest, Plymouth St., Boston - 418 (34)

16. David Lombardo - Keene State, James Madison - 415 (35)

17. John Daly - William & Mary - 413 (31)

18. Jeff Hooker - Denver - 404 (31)

John Hedlund - North Texas - 404 (31)*

20. Carin Gabarra - West Chester, Naw - 402 (34)

* Denotes active D1 coach (Years active indicates college coaching)





HOOS WITH US SOCCER



HOOS WITH THE FULL US WOMEN'S NATIONAL TEAM

• **Emily Sonnett** (2012-15) is currently the only Cavalier active with the USWNT

THE SONNETT FILE

- · 110 caps, 7 assists, 2 goals
- · 2019, 2023 Women's World Cup Rosters
- · 2020, 2024 Olympic Rosters
- · 2016 Olympic alternate
- · USWNT debut Oct. 25, 2015 vs. Brazil

OTHER CAVALIERS WITH THE US WOMEN'S NATIONAL TEAM

- · Amanda Cromwell 1991-98
- · Gayle Smith 1992
- · Kim Conway 1993
- · Kristen Weiss 2001
- · Angela Hucles 2002-09 · Lori Lindsey - 2005-13
- · Becky Sauerbrunn 2008-24
- · Sarah Huffman 2010
- · Sinead Farrelly 2011
- · Morgan Gautrat (Brian) 2013-19
- · Danielle Colaprico 2016-18



HOOS WITH 2025 TRAINING CAMP OR PRIOR USYNT TEAM EXPERIENCE

- Sophia Bradley was called up to the 2025 U19 Women's National Team camp back in March and again called to training camp in June
- **Victoria Safradin** was called to the 2025 U20 Training Camp in June and participated in U17 and U18/19 Training Camps in high school
- · Ella Carter was called to the 2025 U20 Training camp in June
- Maggie Cagle was a member of the U14 and U16 Women's National Teams and participated in U18 National Team Camps
- **Lia Godfrey** was a member of the 2016 U17 National Team World Cup roster as a 14-year old and later a member of the U19 National Team; she was also a member of the U15 and U16 National Teams
- · Laughlin Ryan competed with the 2020 U19 National Team in Spain
- Laney Rouse was a member of the U14, U16, U19 and U20 National Teams throughout her career - competing in the 2022 Sud Ladies Cup and Concacaf qualifying tournament with the U20 team

OTHER RETURNING HOOS WITH TRAINING CAMP EXPERIENCE

- · Maya Carter
- · Jill Flammia
- Sarah Flammia
- ·Tatum Galvin
- · Kathryn Kelly
- · Kira Waller

STEVE SWANSON WITH US SOCCER

· Head Coach - U16, U18, U20, U23 Women's Youth National Teams · 2012 U20 FIFA Women's World Cup Champions



- · Assistant Coach US Women's National Team
 - · 2015 FIFA Women's World Cup Champions
 - · 2019 FIFA Women's World Cup Champions

NEW HOOS WITH INTERNATIONAL EXPERIENCE FOR US SOCCER

- · Several members of the incoming class have experience at an international level with US Soccer
- · Addison Halpern was on the 2024 U20 Women's World Cup roster and service on various U16, U17, U18 and U19 rosters
- · Pearl Cecil was a member of the 2025 U17 Concacaf roster and captained vs. Hondorus on that squad earlier this year
- $\cdot \text{In addition to service with U15 and U16 squads, Cecil captained the U17 squad at the end of August in two friendlies against Spain}$
- \cdot Jordyn Hardeman played on the 2024 U17 Concacaf squad and also served on other U15, U16 and U17 rosters
- · Carrie Helfrich has been on both U15 and U17 Concacaf rosters in her time prior to joining the Cavlaiers this fall











Addison Halper

Carrie He



UNIQUELY UVA

The University of Virginia is an institution rich with history and tradition. Here is some of the terminology that contributes to UVA's culture.

- Grounds: The term used by students, faculty and alumni to refer to the University dating as far back as Thomas Jefferson: "Campus" is never used.
- First Year, Second Year, Third Year, Fourth Year: Instead of freshman, sophomore, junior, senior. Why you may ask? To be a "senior" implies that a person has reached the final phase of learning, a feat that Thomas Jefferson believed to be impossible, arguing instead that education is a life-long process. This tends to be used less in athletic eligibility references.
- Commonwealth: Virginia is one of four constituent states of the United States of America that officially uses the name "Commonwealth" instead of the word state in all references. The other three commonwealths are Kentucky, Massachusetts and Pennsylvania.

UNIVERSITY NICKNAMES

- Virginia's athletics teams have been accompanied by a somewhat confusing array of nicknames. The most prominent and widely accepted of these monikers are "Cavaliers," "Wahoos" and "Hoos."
- Although the terms "Cavaliers," "Wahoos" and "Hoos" are used almost interchangeably to refer to University teams and players, "Cavaliers" is more often used by the media, while "Wahoos" and "Hoos" are frequently used by Virginia students and fans.
- Legend has it that Washington & Lee baseball fans dubbed the Virginia players "Wahoos" during the fiercely
 contested rivalry that existed between the two in-state schools in the 1890s. By 1940, "Wahoos" was in
 general use around Grounds to denote University students or events relating to them. The abbreviated "Hoos"
 sprang up later in student newspapers and has gained growing popularity in recent years.

THE CAVALIER MASCOT

• The costumed Cavalier with a large character head debuted during Virginia's 1984 football season and has remained the official mascot of the University.

UNIVERSITY COLORS: ORANGE AND BLUE

- Orange and blue were adopted as the University of Virginia's official athletic colors at a mass student meeting in 1888. UVA athletic teams had previously worn silver gray and cardinal red, but those colors did not stand out on muddy football fields, prompting a student movement to change them.
- One of the students attending the mass meeting was Allen Potts, a star athlete who played on Virginia's first football team in 1888. Potts showed up at the meeting wearing a navy blue-and-orange scarf that he had acquired during a summer boating expedition at Oxford University. Orange and blue were chosen as the official athletic colors after one of Potts' fellow students pulled the scarf off Potts' neck and, waving it to the crowd, yelled, "How will this do?" UVA later served as the inspiration for schools like Auburn and Florida when they selected school colors.

WAHOOWA

- The origin of "Wah-hoo-wah" is uncertain. The cheer was used to root on Virginia teams as early as 1890 and may have been borrowed from Dartmouth College, whose athletics teams were once known as the Indians.
- · Legend attributes the yell to Natalie Floyd Otey, who sang the ballad "Where'er You Are, There Shall My Love Be" at Charlottesville's Levy Opera House in 1893. The predominantly student audience noticed that Otey warbled the first three words of the song between each of the stanzas and decided to join in the refrain. By evening's end, goes the legend, the crowd had corrupted "Where'er You Are" into "Wah-hoo-wah."

C	OME FROM E	BEHIND V	WINS	;
Date	Opponent	Trailed (Min)	Tied	Final
8/22/24	at #3 Penn State	0-1 (15')	54'	2-1
11/20/22	at #18 Penn State	1-2 (82')	88'	3-2 ot
9/17/22	at #2 UNC	0-2 (25')	61'	3-2
4/28/21	SIUE NCAA	0-1 (11')	41'	3-1
10/28/18	Louisville ACC	0-1 (10')	14'	2-1
10/29/17	Wake Forest ACC	0-1 (13')	55'	2-1
10/22/17	at Boston College	0-1 (51')	58'	3-2
10/23/16	Boston College	0-1 (6')	52' 51'	3-2 2-1
9/4/15 10/23/14	at UCLA at Duke	0-1 (18') 0-1 (21')	48'	3-1
10/23/14	at Louisville	0-1 (21)	24'	2-1
9/12/14	Tennessee	0-1 (10')	50'	2-1
11/3/13	Maryland ACC	0-1 (5')	27'	6-1
9/26/13	at Duke	0-2 (23')	49'	3-2
9/22/13	at Pittsburgh	0-1 (12')	27'	3-1
9/19/13	at Boston College	0-1 (47')	58'	2-1
8/30/13	Penn State	0-1 (7')	14'	5-1
11/16/12	Rutgers NCAA	0-1 (8')	13'	6-1
10/25/12	Boston College	0-1 (33')	49'	5-1
8/30/11	St. John's	0-1 (48')	73'	2-1
8/19/11	West Virginia	0-1 (8')	23'	2-1
10/28/10	NC State	0-1 (4')	14'	2-1
10/3/10	Boston College	1-2 (57')	77'	3-2 ot
11/15/09	at Penn State NCAA vs. Wake Forest ACC	0-2 (37')	65'	6-2
11/5/08 10/19/08	Boston College	0-1 (17') 0-1 (7')	49' 27'	3-2 ot 2-1
11/5/04	vs. Clemson ACC	0-1 (7)	61'	2-1
9/12/04	South Carolina	0-1 (33)	36'	5-2
10/4/03	Florida State	1-2 (59')	85'	3-2
9/29/03	at Richmond	0-1 (16')	29'	2-1
9/12/03	Santa Clara	0-1 (33')	37'	4-1
11/15/02	vs. Dayton NCAA	0-1 (53')	55'	3-2
10/6/02	UAB	0-1 (18')	42'	2-1
11/8/01	vs. Duke ACC	0-1 (49')	50'	2-1
10/28/01	Florida State	1-2 (11')	69'	3-2
10/4/01	BYU	1-2 (62')	81'	3-2 ot
10/21/00	Duke	0-2 (12')	53'	4-3
10/6/00	at Maryland	0-2 (32')	70' 55'	3-2 3-2
10/10/99 9/24/99	at George Mason Stanford	0-2 (18') 0-2 (68')	76'	3-2 3-2
9/19/99	at NC State	0-2 (00')	33'	3-1
10/31/98	George Mason	0-1 (14')	16'	3-2
10/2/98	at Tennessee	2-3 (68')	74'	4-3
9/11/98	at Florida State	2-3 (86')	89'	4-3 ot
9/5/98	James Madison	0-1 (12')	39'	3-2 ot
9/28/97	at Wake Forest	1-2 (55')	73'	3-2
9/13/97	vs. Washington	0-1 (18')	28'	4-2
9/9/97	Old Dominion	0-1 (4')	55'	2-1
9/5/97	at Penn State	0-1 (2')	23'	5-2
11/7/96	vs. NC State	0-1 (20')	37'	4-1
10/26/96	at William & Mary	0-1 (12')	42'	2-1
10/6/96	at NC State	0-1 (17')	53'	3-2
10/1/95 9/16/95	William & Mary at Clemson	1-2 (35') 0-1 (11')	52' 35'	3-2 ot 2-1
9/2/95	vs. California	0-1 (11)	19'	3-2
10/24/93	Villanova	1-2 (70')	73'	3-2
9/26/93	at Cincinnati	0-1 (13')	45'	3-1
10/17/92	Wisconsin	1-2 (93')	94'	3-2 ot
10/13/92	James Madison	0-1 (34')	42'	2-1
10/20/91	NC State	0-1 (44')	69'	2-1
9/24/91	at James Madison		55'	2-1
10/27/90	NC State	0-1 (28')	38'	3-1
10/8/89	at Villanova	0-1 (20')	34'	4-1



	VIRGINIA NUMERICAL ROSTER										
No.	Name	Ht.	Class	Position	Hometown/High School (Previous College)						
_1	Victoria Safradin	5-10	Jr.	GK	Eastlake, Ohio/North HS						
2	Kira Waller	5-6	R-Fr.	M	Alexandria, Va./Georgetown Visitation Prep						
3	Sophia Bradley	5-10	So.	F	Wayne, N.J./Wayne Hills						
4	Kiki Maki	5-9	R-Sr.	D	Naples, Fla./IMG Academy						
5	Laughlin Ryan	5-6	Gr.	M	Charlotte, N.C./Myers Park HS						
6	Addison Halpern	5-6	Fr.	F/M	Middlesex, N.J./Rutgers Prep						
_ 7	Marin McCormack	5-8	Fr.	F	Arlington, Va./Arlington Tech Governor's STEM Academy						
8	Allie Ross	5-9	Jr.	F	Atlanta, Ga./The Westminster Schools						
9	Meredith McDermott	5-10	Sr.	F	Nashua, N.H./Buckingham, Brown & Nichols						
10	Magie Cagle	5-5	Sr.	F	Phoenix, Ariz./Arcadia HS						
11	Linda Mittermair	5-7	Gr.	F/M	Hitzing, Upper Austria, Austria/University of Vienna						
12	Aniyah Collier	5-9	R-So.	D	Loganville, Ga./Archer HS						
13	Loretta Talbott	5-4	Fr.	F/M	Chevy Chase, Md./Holton Arms School						
14	Jordyn Hardeman	5-9	Fr.	D	Midlothian, Texas/Midlothian						
15	Sarah Flammia	5-2	So.	M	Goochland, Va./Goochland HS						
16	Ella Carter	5-5	Jr.	M	Leesburg, Va./Riverside HS						
17	Tatum Galvin	5-9	R-Jr.	D	Dallas, Texas/IMG Academy						
18	Liv Rademaker	5-7	Fr.	D	Amsterdam, Netherlands/ De school van de Toekomst						
19	Jill Flammia	5-4	Jr.	M	Goochland, Va./Goochland HS						
20	Carrie Helfrich	5-7	Fr	F/M	McLean, Va./Stone Ridge School of the Sacred Heart						
21	Helen Olszewski	5-5	Fr.	F	Oklahoma City, Okla./Cassady						
_22	Lia Godfrey	5-4	Gr.	F/M	Fleming Island, Fla./Fleming Island HS						
23	Laney Rouse	5-7	Gr.	D	Cary, N.C./Cary Academy						
_24	Kathryn Kelly	5-8	R-Jr.	D	Belmont, Calif./Carlmont HS						
25	Annamarie Williams	5-8	So.	M	Natrona Heights, Pa./Highlands HS						
26	Maya Carter	5-8	Sr.	D	Troy, Mich./Troy HS						
27	Pearl Cecil	5-10	Fr.	M/D	Encinitas, Calif./Laurel Springs School						
29	Molly Carlson	5-7	Fr.	GK	Charlottesville, Va./Liberty University Online Academy						
30	Wicki Dunlap	5-10	Fr.	GK	Raleigh, N.C./Broughton						
33	Ellie Sommers	5-7	Gr.	GK	Boulder, Colo./Legacy HS (Peppedine/LMU)						

_		N WOMEN O OCCU
	VI	RGINIA ALPHABETICAL ROSTER
	No.	Name
	3	Sophia Bradley
	10	Maggie Cagle
	29	Molly Carlson
	16	Ella Carter
	26	Maya Carter
	27	Pearl Cecil
	12	Aniyah Collier
	30	Wicki Dunlap
	19	Jill Flammia
	15	Sarah Flammia
	17	Tatum Galvin
	22	Lia Godfrey
	6	Addison Halpern
	14	Jordyn Hardeman
	20	Carrie Helfrich
	24	Kathryn Kelly
	4	Kiki Maki
	7	Marin McCormack
	9	Meredith McDermott
	11	Linda Mittermair
	21	Helen Olszewski
	18	Liv Rademaker
	8	Allie Ross
	23	Laney Rouse
	5	Laughlin Ryan
	1	Victoria Safradin
	33	Ellie Sommers
	13	Loretta Talbott
	2	Kira Waller
	25	Annamarie Williams

Head Coach: Steve Swanson (Michigan State, '84) - 26th Season Associate Head Coach: Ron Raab (William & Mary, '89) - 20th Season Assistant Coach: Sam Raper (Leeds Beckett University, '16) - 4th Season

Assistant Coach: Lizzy Sieracki - 4th Season Operations Assistant: Eilidh Thomson - 9th Season

PRONUNCIATION GUIDE

1	Victoria Safradin	(SAFF-ruh-din)	19	Jill Flammia	(FLAM-ee-uh)
4	Kiki Maki	(kee-kee MACK-ee)	20	Carrie Helfrich	(HELL-fritch)
5	Laughlin Ryan	(LOCK-lynn ryan)	21	Pearl Cecil	(SEE-sill)
6	Addison Halpern	(HAL-purn)	22	Lia Godfrey	(LEE-uh GOD-free)
7	Marin McCormack	(MARE-inn Mc-CORE-mick)	23	Laney Rouse	(LAIN-ee ROUWS)
10	Maggie Cagle	(KAY-gull)	30	Wicki Dunlap	(WICK-ee)
11	Linda Mittermair	(MITT-uh-myer)			
12	Aniyah Collier	(uh-NYE-uh CALL-yer)		Ron Raab	(RAB) *rhymes with grab
14	Jordyn Hardeman	(jor-DIN HAR-duh-man)		Sam Raper	(RAY-per)
15	Sarah Flammia	(FLAM-ee-uh)		Eilidh Thomson	(AY-lee)
18	Liv Rademaker	(RAID-uh-maker)			



RADIO AND TV ROSTER



VICTORIA SAFRADIN Jr. · GK · 5-10 Eastlak, Ohio (North HS)



KIRA **WALLER** R-Fr.· M·5-6 Alexandria, Va. getown Visitation Prep



SOPHIA BRADLEY So.·F·5-10 Wayne, N.J. (Wayne Hills)



KIKI **MAKI** R-Sr.·M·5-4 Haymarket, Va. (Oakton)



LAUGHLIN RYAN Gr. · M · 5-6 Charlotte, N.C. (Myers Park)



Addison HALPERN Fr.·F/M·5-6 Middlesex, N.J. (Rutgers Prep)



MCCORMACK Fr.·F·5-8 Arlington, Va. (Arlington Tech Governor's STEM Academy)



Jr. · F · 5-9 Atlanta, Ga. (The Westminster Schools)



Sr. · F · 5-10 Nashua, N.H. (Buckingham, Brown & Nichols)



CAGLE Sr.·M·5-5 Phoenix, Ariz. (Arcadia)



MITTERMAIR Gr.·F/M·5-7 Hitzing, Upper Austria, Austria (University of Vienna)



COLLIER R-So·D·5-9 Loganville, Ga. (Archer)



TALBOTT Fr. · F/M · 5-4 Chevy Chase, Md. (Holton Arms School)



Jordyn **Hardeman** Fr. · D · 5-9 Midlothian, Texas (Midlothian)



SARAH **FLAMMIA** So.·M·5-2 Goochland, Va. (Goochland)



CARTER Jr. · M · 5-5 Leesburg, Va. (Riverside)



GALVIN R-Jr. · D · 5-9 Miami, Florida (IMG Academy)



RADEMAKER Fr. · D · 5-7 Amsterdam, Netherlands (De school van de Toekomst)



FLAMMIA R-Jr. · M · 5-4 Goochland, Va.



HELFRCH Fr. · F/M · 5-7 McLean, Va. (Stone Ridge School of the Sacred Heart)



HFI FN OLSZEWSKI Fr. · F · 5 · 5 Oklahoma City, Okla. (Cassady)



GODFREY Gr.· M·5-4 Fleming Island, Fla. (Fleming Island)



ROUSE Gr. · D · 5-7 Cary, N.C. (Cary Academy



R-Jr. · D · 5-4 Belmont, Calif. (Carlmont HS)



ANNAMARIE WILLIAMS



MAYA CARTER



Fr. · D · 5-10 Encinitas, Calif. (Laurel Springs School)



MOLLY CARLSON Fr. · GK · 5-7 Charlottesville, Va. (Liberty University Online Aca



DUNLAP Fr. · GK · 5-10 Raleigh, N.C. (Broughton)



Gr. · GK · 5-7 Boulder, Colo. (Legacy HS/Pepperdine/LMU)



STEVE SWANSON Head Coach



RON RAAB



SAM RAPER



SIERACKI



Director of Analytics & Operations





	CAREER POINTS				
Rank	Name	Pts			
1.	Makenzy Doniak (2012-15)	164			
2.	Angela Hucles (1996-99)	138			
3.	Morgan Brian (2011-14)	125			
4.	Lindsay Gusick (2001-04)	109			
	Caroline Miller (2009-12)	109			
6.	Alexa Spaanstra (2018-22)	108			
7.	Andrea Rubio (1989-92)	102			
8.	Alexis Shaffer (2013-16)	102			
	Diana Ordoñez (2019-21)	102			
10.	Gayle Smith (1986-89)	90			
	Shannon Foley (2003-07)	90			

	CAREER GOALS	
Rank	Name	Goals
1.	Makenzy Doniak (2012-15)	64
2.	Angela Hucles (1996-99)	59
3.	Caroline Miller (2009-12)	45
	Diana Ordoñez (2019-21)	45
5.	Lindsay Gusick (2001-04)	43
6.	Morgan Brian (2011-14)	41
7.	Alexa Spaanstra (2018-22)	37
	Alexis Shaffer (2013-16)	37
9.	Andrea Rubio (1989-92)	36
	Meghan Lenczyk (2007-10)	36

CAREER ASSISTS				
Rank	Name	<u>Assists</u>		
1.	Danielle Colaprico (2011-14)	44		
2.	Morgan Brian (2011-14)	43		
3.	Lauren Alwine (2008-11)	42		
4.	Shannon Foley (2003-07)	36		
	Makenzy Doniak (2012-15)	36		
6.	Alexa Spaanstra (2018-22)	34		
7.	Lia Godfrey (2021-Present)	32		
	Andrea Rubio (1989-92)	30		
9.	Alexis Shaffer (2013-16)	28		
	Sarah Huffman (2002-05)	28		

	SEASON POINTS	
Rank	Name	Pts
1.	Makenzy Doniak (2014)	51
2.	Caroline Miller (2012)	47
3.	Morgan Brian (2013)	46
	Makenzy Doniak (2013)	46
5.	Angela Hucles (1997)	41
6.	Lindsay Gusick (2004)	39
	Makenzy Doniak (2015)	39
	Diana Ordoñez (2021)	39
9.	Lindsay Gusick (2001)	37
10.	Andrea Rubio (1990)	36
	Alexis Shaffer (2015)	36
Clas	s Records	
Sr.	Caroline Miller (2012)	47
Jr.	Makenzy Doniak (2014)	51
So.	Makenzy Doniak (2013)	46
Fr.	Lindsay Gusick (2001)	37

	SEASON GOALS	
Rank	Name	Goals
1.	Caroline Miller (2012)	20
	Makenzy Doniak (2013)	20
	Makenzy Doniak (2014)	20
4.	Angela Hucles (1997)	18
	Diana Ordoñez (2021)	18
6.	Lindsay Gusick (2001)	17
	Angela Hucles (1996)	17
8.	Lindsay Gusick (2004)	16
	Morgan Brian (2013)	16
10.	Meghan McCool (2019)	15
	Diana Ordoñez (2019)	15
	Caroline Miller (2011)	15
Class	Records	
Sr.	Caroline Miller (2012)	20
Jr.	Makenzy Doniak (2014)	20
So.	Makenzy Doniak (2013)	20
Fr.	Lindsay Gusick (2001)	17
	Angela Hucles (1996)	17
	1. 4. 6. 8. 10. Class Sr. Jr. So.	Makenzy Doniak (2013) Makenzy Doniak (2014) 4. Angela Hucles (1997) Diana Ordoñez (2021) 6. Lindsay Gusick (2001) Angela Hucles (1996) 8. Lindsay Gusick (2004) Morgan Brian (2013) 10. Meghan McCool (2019) Diana Ordoñez (2019) Caroline Miller (2011) Class Records Sr. Caroline Miller (2012) Jr. Makenzy Doniak (2014) So. Makenzy Doniak (2013) Fr. Lindsay Gusick (2001)

Ran	k Name	Assists
1.	Danielle Colaprico (2014)	19
2.	Sarah Huffman (2004)	14
	Lauren Alwine (2008)	14
	Morgan Brian (2013)	14
	Morgan Brian (2014)	14
3.	Shannon Foley (2004)	13
	Danielle Colaprico (2013)	13
3.	Maggie Cagle (2022)	12
	Lia Godfrey (2021)	12
	Alexa Spaanstra (2019)	12
las	ss Records	
Sr.	Danielle Colaprico (2014)	19
r.	Sarah Huffman (2004)	14
	Morgan Brian (2013)	14
So.	Shannon Foley (2004)	13
r.	Lauren Alwine (2008)	14

	SINGLE GAME PUINTS	
Rank	Name	Pts
1.	Veronica Latsko at Pittsburgh (10/1/17)	8
	Makenzy Doniak vs. Kentucky (11/23/14)	8
	Makenzy Doniak vs. NC State (10/28/15)	8
2.	Eight Times	7
	Morgan Brian vs. High Point (11/14/14)	
	Caroline Miller at Virginia Tech (10/21/12)	
	Caroline Miller vs. Liberty (8/26/11)	
	Kristen Weiss vs. Virginia Tech (11/3/04)	
	Lindsay Gusick vs. Cincinnati (11/24/01)	
	Lindsay Gusick vs. Liberty (9/26/01)	
	Dina Padula vs. Delaware (8/31/96)	
	Gayle Smith vs. Providence (10/7/89)	

	SINGLE GAME GUALS	
Rank	Name	Goals
l.	Makenzy Doniak at NC State (10/28/15)	4
2.	21 Times	3
	Haley Hopkins vs. Farliegh Dickinson (08/2	8/22)
	Diana Ordoñez vs. Rice (5/5/21)	
	Diana Ordoñez vs. Louisville (11/10/20)	
	Diana Ordoñez vs. Liberty (8/25/19)	
	Veronica Latsko at Pittsburgh (10/1/17)	
	Makenzy Doniak vs. Kentucky (11/23/14)	
	Morgan Reuther vs. High Point (11/14/14)	
	Makenzy Doniak vs. Saint Francis (11/15/	13)
	Caroline Miller at Virginia Tech (10/21/12)	
	Caroline Miller vs. Liberty (8/26/11)	
	Sinead Farrelly at Clemson (10/5/08)	
	Meghan Lenczyk vs. Liberty (8/29/08)	
	Kelly Hammond vs. James Madison (11/12	2/04)
	Lindsay Gusick vs. Cincinnati (11/24/01)	
	Lindsay Gusick vs. Liberty (9/26/01)	
	Angela Hucles vs. Maryland (9/29/99)	
	Angela Hucles vs. James Madison (11/15/	97)
	Angela Hucles vs. Kansas (9/19/97)	
	Dina Padula vs. Delaware (8/31/96)	
	Gayle Smith vs. Providence (10/7/89)	
	Janet Caswell vs. Cincinnati (10/24/87)	

	SINGLE GAME ASSISTS	5
Rank	Name	Assists
1.	Morgan Brian vs. High Point (11/14/14)	5
2.	Alexa Spaanstra vs. Liberty (8/25/19) Wendy Hartwig vs. UMBC (10/6/95)	4
4.	Numerous Times last time: Makenzy Doniaks vs. UNCW (8/23/15)	3



				AL RECORD BOOK				
	CAREER SHUTOU	TS		CAREER SAVES			CAREER WIN	
Rank	Name	Shutouts	Ran	k Name	Saves	Ran	k Name	Wins
1.	Chantel Jones (2007-11)	47	1.	Shelly Shreve (1985-88)	262	1.	Morgan Stearns (2013-16)	69
2.	Laurel Ivory (2017-2021)	42	2.	Chantel Jones (2007-11)	243	2.	Laurel Ivory (2017-2021)	68
	Morgan Stearns (2013-16)	33	3.	Andrea Rippe (1987-90)	224	3.	Chantel Jones (2007-11)	55
4.	Christina de Vries (2003-06)	31	4.	Laurel Ivory (2017-2021)	194	4.	Christina de Vries (2003-06)	46
5.	Cayla White (2019-2023)	17	5.	Sandra Kwitnieski (1989-92)	160	5.	Andrea Rippe (1987-90)	41
	Sandra Kwitnieski (1989-92)	17	6.	Morgan Stearns (2013-16)	156	6.	Anne Abernethy (2001-03)	32
	Anne Abernethy (2001-03)	17	7.	Christina de Vries (2003-06)	151	7.	Shelly Shreve (1985-88)	31
8.	Victoria Safradin (2022-Present)	13	8.	Anne Abernethy (2001-03)	150	8.	Sandra Kwitnieski (1989-92)	30
9.	Becky Hornbacher (1993-94)	11	9.	Megan Boehm (1996-99)	145	9.	Cayla White (2019-Present)	26
	Andrea Rippe (1987-90)	11	10.	Cayla White (2019-2023) Julie Harris (1997-00)	115 115	10.	Megan Boehm (1996-99)	25
				. ,	113			
	SEASON SHUTOU	TS		SEASON SAVES			SEASON WINS	
Rank	k Name	Shutouts	Rank	Name	Saves	Ran	k Name	Wins
1.	Chantel Jones (2011)	14	1.	Shelly Shreve (1987)	110	1.	Morgan Stearns (2014)	22
2.	Chantel Jones (2007)	13	2.	Shelly Shreve (1986)	108	2.	Morgan Stearns (2013)	19
	Christina de Vries (2004)	13	3.	Andrea Rippe (1990)	77	3.	Andrea Rippe (1990)	18
4.	Laurel Ivory (2019)	12	4.	Chantel Jones (2009)	74	4.	Chantel Jones (2011)	17
5.	Becky Hornbacher (1994)	11	5.	Becky Hornbacher (1994)	73	1	Christina de Vries (2005)	17
6.	Sandra Kwitnieski (1991)	10	0.	Sandra Kwitnieski (1992)	73		Christina de Vries (2004)	17
0.	Christina de Vries (2005)	10		Chantel Jones (2007)	73	7.	Laurel Ivory (2021)	16
	Chantel Jones (2009)	10	8.	Andrea Rippe (1989)	72	8.	Laurel Ivory (2019)	15
	Chantel Jones (2010)	10	9.	Sandra Kwitnieski (1991)	66	0.	Morgan Stearns (2016)	15
10.	Cayla White (2022)	9	10.	Christina de Vries (2005)	63		Chantel Jones (2010)	15
10.	Laurel Ivory (2021)	9	10.	omistina de viies (2005)	05		Celeste Miles (2008)	15
	Laurel Ivory (2017)	9					ocieste wiies (2000)	15
	Morgan Stearns (2015)	9						
	Morgan Steams (2013)	9						
	Celeste Miles (2008)	9						
Clas Sr. Jr. So. Fr.	s Records Chantel Jones (2011) Laurel Ivory (2019) Christina de Vries (2004) Chantel Jones (2007)	14 12 13 13						
	(,			CAREER GOAL AGAINST A	VFRAGE		SEASON GOAL AGAINST A \	/FRAGE
				Name	GAA		k Name	GAA
			1.	Chantel Jones (2007-11)	0.65	1.	Laurel Ivory (2019)	0.31
	SHUTOUT STREAKS (IND	IVIDIIAL	2.	Morgan Stearns (2013-16)	0.66	2.	Chantel Jones (2007)	0.41
	•		3.	Laurel Ivory (2017-2021)	0.68	3.	Morgan Stearns (2015)	0.48
	Name	Streak	4.	Danielle DeLisle (2011-13)	0.74	4.	Cayla White (2023)	0.57
1.	Morgan Stearns (11/13/2015 to 9/11		5.	Christina de Vries (2003-06)	0.781	5.	Christina de Vries (2004)	0.58
2.	Laurel Ivory (9/20/19 - 10/27/19)		6.	Becky Hornbacher (1993-94)	0.789	6.	Laurel Ivory (2021)	0.61
3.	Chantel Jones (9/7/07 to 10/4/07		7.	Andrea Rippe (1987-90)	0.794	7.	Morgan Stearns (2014)	0.64
4.	Laurel Ivory (4/28/21 to 8/29/21)		8	Cayla White (2019-23)	0.804	2	Morgan Stearns (2013)	0.66
5.	Victoria Safradin (11/15/24 to 8/31/2		9.	Celeste Miles (2005-08)	0.92	9.	Andrea Rippe (1990)	0.67
6.	Chantel Jones (10/17/09 to 11/15/09	,	10.	,	1.03	٥.	Chantel Jones (2010)	0.67
7.	Laurel Ivory (9/12/21 to 10/17/21)	577:32	10.	Bitt owenberg (1994-91)	1.00		Chanter Jones (2010)	0.07
8.	Chantel Jones (10/8/11 to 11/4/1	,	A 8 4.					
9.	Chantel Jones (8/27/10 to 9/19/1	,	"IVII	nimum of 1400 minutes played		*IVI	nimum of 700 minutes played	
10.	Cayla White (8/21/22 to 9/17/22)	461:51						





1 · VICTORIA SAFRADIN · Jr. · GK

CAREER HIGHS

Minutes: 110 vs. Wisconsin (11/22/24) **Saves:** 6, 4x, MR vs. #2 Duke (9/11/25) **Shots Faced:** 20, 2x, MR at #3 PSU (8/22/24) Fewest Goals: 0, 13x, MR vs. #9 Penn St. (9/4/25)

GP-GS: 8-8 **GAA:** 0.25 **Save** %: .933 **Record:** 7-0-1

2025 HIGHLIGHTS

- Called to U20 Women's National Team Camp in off season
- Posted four straight shutouts to start 2025 campaign Tied career-high six saves vs. Xavier (8/21) and matched it again against #2 Duke (9/11)
- ACC Defensive Player of the Week (8/26)
- Shutouts vs. West Virginia, Xavier, Liberty, Charlotte and #9 Penn State and Syracuse

2 · KIRA WALLER · R-Fr. · M

CAREER HIGHS



Minutes: 12 vs. VCU (9/14/25)

Shots: None Goals: None Assists: None

GP-GS: 2-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Made collegiate debut vs. Charlotte (8/28)

3 · SOPHIA BRADLEY · So. · F

CAREER HIGHS



Minutes: 59, 2x, MR at NC State (10/8/23) **Shots:** 4, 2x, MR at NC State (10/8/23) Goals: 2 vs. Oregon State (9/8/22) **Assists:** 1, 3x, MR vs. Xavier (8/21/25)

GP-GS: 8-0 Goals: 1 Assists: 1 Points: 3

2025 HIGHLIGHTS

Assisted on Pearl Cecil goal vs. Xavier (8/21) Scored first goal of the season vs. Charlotte (8/28)

4 · KIKI MAKI · R-Sr. · D

CAREER HIGHS



Minutes: 110 vs. Wisconsin (11/22/24) **Shots:** 3 vs. Howard (9/8/24) **Goals:** 1, 3x, MR vs. Charlotte (8/28/25) **Assists:** 1 vs. #2 Duke (9/11/25)

GP-GS: 9-8 Goals: 1 Assists: 1 Points: 3

2025 HIGHLIGHTS

Hit first career game winner vs. Charlotte (8/28) Has played the full time in 7-of-8 matches this season First career assist on Godfrey goal vs. #2 Duke (9/11)

5 · LAUGHLIN RYAN · Gr. · M

CAREER HIGHS



Minutes: 58 at Louisville (9/16/23) **Shots:** 2 vs. Utah Valley (8/25/24) Goals: 1, 2x, MR vs. Utah Valley (8/25/24) Assists: 2 vs. Utah Valley (8/25/24)

GP-GS: 2-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Made first appearance against VCU (9/14) after rehabbing injury offseason

6 · ADDISON HALPERN · SF. · M

CAREER HIGHS



Minutes: 83, 2x, MR vs. #2 Duke (9/11/25) **Shots:** 6 vs. #9 Penn State (9/4/25) Goals: 1 vs. VCU (9/14/25) **Assists:** 1 vs. #9 Penn State (9/4/25)

GP-GS: 9-9 **Goals:** 1 **Assists:** 1 **Points:** 3

2025 HIGHLIGHTS

Tallied first collegiate assist vs. #9 Penn State on gamewinning goal from Cagle

Scored first collegiate goal vs. VCU (9/14)

7 · MARIN MCCORMACK · Fr. · F

CAREER HIGHS

Minutes: -Shots: -Goals: -Assists:

GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

8 · ALLIE ROSS · Jr. · F



Minutes: 92 vs. Wisconsin (11/22/24) **Shots:** 6 at NC State (10/8/23) **Goals:** 2. 2x. MR at Miami (9/12/24) **Assists:** 1, 5x, MR at Syracuse (9/20/25)

CAREER HIGHS

GP-GS: 9-6 Goals: 2 Assists: 1 Points: 5

2025 HIGHLIGHTS

Hit game winning goal vs. Xavier (8/21) Hit second goal as insurance in 2-0 win at Liberty (8/24) Assisted on Godfrey game winner at Syracuse (9/20)

9 · MEREDITH MCDERMOTT · Sr. · F

Minutes: 79 vs. lowa (9/7/23) **Shots:** 5, 2x, MR vs. Towson (8/15/24) **Goals:** 2, 2x, MR vs. West Virginia (8/31/23) **Assists:** 1, 7x, MR vs. #2 Duke (9/11/25)

CAREER HIGHS

GP-GS: 9-8 Goals: 0 Assists: 2 Points: 2

2025 HIGHLIGHTS

Made first start of the season vs. Xavier (8/21) Assisted on Allie Ross goal at Liberty (8/24) Assisted on Godfrey goal vs. #2 Duke (9/11)





10 · MAGGIE CAGLE · Sr. · F

CAREER HIGHS

Minutes: 102 vs. Wisconsin (11/22/24) **Shots:** 6 at George Mason (8/27/23) Goals: 2, 3x, MR at #3 Penn State (8/22/24) **Assists:** 2, 5x, MR vs. SMU (10/13/24)

GP-GS: 9-9 Goals: 4 Assists: 1 Points: 9

2025 HIGHLIGHTS

- Hit first goal of 2025 against Charlotte (8/28)
- Hit game-winning goal vs. #9 Penn State (9/4) in second minute of play
- Her goal at 1:22 mark vs. PSU is 13th fastest at UVA
- Assisted on Rouse goal vs. #2 Duke (9/11)
- Scored against VCU (9/14) to cap the 3-0 victory
- Hit penalty kick goal against Syracuse (9/20)

11 · LINDA MITTERMAIR · Gr. · F/M

CAREER HIGHS



Minutes: 64 vs. Wake Forest (9/15/24) **Shots:** 2, 2x, MR vs. Utah Valley (8/25/24) **Goals:** 1 vs. Utah Valley (8/25/24) **Assists:** 1, 3x, MR at #2 Duke (10/3/24)

GP-GS: 9-1 Goals: 0 Assists: 1 Points: 1

2025 HIGHLIGHTS

Assisted on Maki game winner off corner vs. Charlotte (8/28) Made first start of the season against VCU (9/14)

12 · ANIYAH COLLIER · R-So. · F

CAREER HIGHS



Minutes: 49 vs. Radford (8/20/23) **Shots:** 2 vs. Nevada (8/17/23) Goals: None Assists: None

GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Has not seen action due to offseason injury

13 · LORETTA TALBOTT · Fr. · F/M

CAREER HIGHS



Minutes: -Shots: -Goals: -Assists: -

GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

14 · JORDYN HARDEMAN · Fr. · D

CAREER HIGHS



Minutes: 53 vs. Charlotte (8/28/25) **Shots:** 1 vs. VCU (9/14/25)

Goals: -Assists: -

GP-GS: 8-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Made collegiate debut against Xavier (8/21)

15 · SARAH FLAMMIA · So. · M

Goals: None

Minutes: 14 vs. Utah Valley (8/25/24) **Shots:** 1 vs. Howard (9/8/24)

CAREER HIGHS

Assists: None

GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Has not seen action due to offseason injury

16 · ELLA CARTER · Jr. · M

CAREER HIGHS

Minutes: 90, 2x, MR vs. #2 Duke (9/11/25) **Shots:** 4 at JMU (9/1/24) **Goals:** 1, 4x, MR vs. #2 Duke (9/11/25) **Assists:** 1, 4x, MR at Syracuse (9/20/25)

GP-GS: 9-9 Goals: 3 Assists: 2 Points: 8

2025 HIGHLIGHTS

Scored game winning goal at West Virginia (8/14) in 1-0 win The goal vs. Mountaineers was her first career game winner

Assisted on Ross goal at Liberty (8/24)

Named ACC Offensive Player of the Week (9/16) following victories over #2 Duke and VCU

Added third goal in win at Syracuse (9/20)

17 · TATUM GALVIN · R-Jr. · D

CAREER HIGHS



Minutes: 108 vs. Wisconsin (11/22/25) **Shots:** 2 at Miami (9/12/24) Goals: 1 at Miami (9/12/24) **Assists:** 1 vs. Xavier (8/21/25)

GP-GS: 9-9 Goals: 0 Assists: 1 Points: 1

2025 HIGHLIGHTS

Tallied first career assist on Ross GWG vs. Xavier (8/21) Has played the full time in four of five contests

18 · LIV RADEMAKER · Fr. · D

CAREER HIGHS



Minutes: 78 at Syracuse (9/20/25) **Shots:** 1 vs. #16 Georgetown (8/31/25) Goals: -Assists: -

GP-GS: 9-8 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Made collegiate debut at West Virginia (8/14) Made first collegiate start vs. Xavier (8/21)



19 · JILL FLAMMIA · R-Jr. · M

CAREER HIGHS

Minutes: 90 at NC State (10/8/23) Shots: 5 at George Mason (8/27/23) Goals: 1, 8x, MR vs. VCU (9/14/25) Assists: 1 vs. West Virginia (8/31/23)

GP-GS: 4-3 Goals: 1 Assists: 0 Points: 2

2025 HIGHLIGHTS

- Started opener at West Virginia with 74 minutes
- Missed five games due to injury
- Returned to lineup vs. #2 Duke (9/11)
- Hit game winner vs. VCU (9/14)

20 · CARRIE HELFRICH · Fr. · F/M

CAREER HIGHS



Minutes: 53 vs. #9 Penn State (9/4/25) **Shots:** 3, 2x, MR vs. VCU (9/14/25)

Goals: -

Assists: 1 vs. #9 Penn State (9/4/25)

GP-GS: 9-1 Goals: 0 Assists: 2 Points: 2

2025 HIGHLIGHTS

Made collegiate debut at West Virginia (8/14) Made first start vs. #9 Penn State (9/4)

Turned in first career assist on game-winning goal from Cagle against #9 Penn State (9/4/)

Assisted on Godfrey game winner at Syracuse (9/20)

21 · HELEN OLSZEWSKI · Fr. · F

CAREER HIGHS



Minutes: Shots: Goals: Assists:

GP-GS: 0-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

22 · LIA GODFREY · Gr. · M

CAREER HIGHS

Minutes: 110 at #21 Penn State (11/20/22) Shots: 6, 3x, MR vs. Oregon State (9/8/22) Goals: 2 vs. Xavier (11/18/22) Assists: 2, 5x, MR vs. Princeton (11/15/24)

GP-GS: 9-9 **Goals:** 5 **Assists:** 3 **Points:** 13

2025 HIGHLIGHTS

Assisted on Ella Carter GWG at West Virginia (8/14)

- Assisted on Ross GWG vs. Xavier (8/21) and scored a goal
- Hit game-winning goal at Liberty (8/24)
- · Scored opening goal against #16 Georgetown (8/31)
- Scored opening goal vs. #2 Duke (9/11)
- Hit game winner at Syracuse (9/24) and assisted on Ella Carter goal

23 · LANEY ROUSE · Gr. · D



CAREER HIGHS Minutes: 110, 2x, MR vs. Wisconsin (11/22/24)

Shots: 2 vs. Oregon State (9/8/22)
Goals: 1, 2x, MR vs. #2 Duke (9/11/25)
Assists: 1, 6x, MR vs. VCU (9/14/25)

GP-GS: 9-9 Goals: 1 Assists: 2 Points: 4

2025 HIGHLIGHTS

Has played the full time in two games this season Tallied a goal and assist vs. #2 Duke (9/11) for first goal scored since 2022 season

Assisted on Halpern goal vs. VCU (9/14)

24 · KATHRYN KELLY · R-Jr. · D



CAREER HIGHS Minutes: 15 vs. Utah Valley (8/25/24)

Shots: None Goals: None Assists: None

GP-GS: 2-0 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Logged 10 minutes in match with Charlotte

25 · ANNAMARIE WILLIAMS · So. · M



CAREER HIGHS Minutes: 33 at #2 Duke (10/3/24)

Shots: None Goals: None Assists: None

GP-GS: 0-0 **Goals:** 0 **Assists:** 0 **Points:** 0

2025 HIGHLIGHTS

26 · MAYA CARTER · Sr. · D



CAREER HIGHS
Minutes: 83 vs. VCU (9/14/25)
Shots: 4, 2x, MR at NC State (10/8/23)
Goals: 2 vs. Oregon State (9/8/22)
Assists: 1, 2x, MR vs. Utah Valley (8/25/24)

GP-GS: 9-1 Goals: 0 Assists: 0 Points: 0

2025 HIGHLIGHTS

Made first career start vs. VCU (9/14) and played a careerlong 83 minutes in that matchup

27 · PEARL CECIL · Fr. · D/M



CAREER HIGHS
Minutes: 61 at West Virginia (8/14/25)
Shots: 1, 2x, MR at Liberty (8/24/25)
Goals: 1 vs. Xavier (8/21/25)

Assists: -

GP-GS: 4-1 **Goals:** 1 **Assists:** 0 **Points:** 2

2025 HIGHLIGHTS

Made collegiate debut with start at West Virginia (8/14)
Scored her first collegiate goal vs. Xavier (8/21)
Called to friendlies with US U17 WNT (8/25-8/31)
Returned to the pitch vs. #9 Penn State (9/4)

29 · MOLLY CARLSON · Fr. · GK



CAREER HIGHS
Minutes: Saves: Shots Faced: Few. Goal Allowed: -

GP-GS: 0-0 **GAA:** 0.00 **Save** %: .000 **Record:** 0-0-0

2025 HIGHLIGHTS

30 · WICKI DUNLAP · Fr. · GK



CAREER HIGHS
Minutes: Saves: Shots Faced: Few. Goal Allowed: -

GP-GS: 0-0 GAA: 0.00 Save %: .000 Record: 0-0-0

2025 HIGHLIGHTS

33 · ELLIE SOMMERS · Gr. · GK



CAREER HIGHS
Minutes: 90, 20 times
Saves: 9 vs. #1 UCLA (9/3/22)*
Shots Faced: 30 at Gonzaga (11/1/23)^
Few. Goal Allowed: 0, 11x, MR vs. VCU (9/14/25)

GP-GS: 1-1 **GAA:** 0.00 **Save** %: 1.000 **Record:** 1-0-0

2024 HIGHLIGHTS

Made first appearance for UVA with start vs. VCU (9/14)
Played senior season at Loyola Marymount
In her second season with the Cavaliers
* mark set at Pepperdine
^ mark set at LMU



VIRGINIA			OPPONENT	•
OT Win:	11/20/22	3-2 at #21 Penn State	11/26/22	1-2 at #1 UCLA
at least 4 goals:	8/25/24	vs. Utah Valley (5)	10/17/24	0-4 vs. #22 Florida State
at least 5 goals:	8/25/24	vs. Utah Valley (5)	10/24/08	1-5 vs. North Carolina
at least 6 goals:	8/21/22	vs. Loyola Maryland (6)	10/25/01	1-6 vs. North Carolina
7+ goals:	8/19/21	vs. Richmond (8)	9/27/92	0-7 at North Carolina
10+ corner kicks:	8/27/23	at George Mason (11)	10/3/10	by Boston College (10)
15+ corner kicks:	8/18/22	vs. George Mason (15)	never	-
No corner kicks:	9/27/09	vs. Clemson	10/3/24	at #2 Duke
20+ shots:	9/20/25	at Syracuse (23)	10/17/24	at #22 Florida State (20)
30+ shots:	10/10/24	vs. Howard (30)	never	
No shots:	never		9/8/24	Howard

VIRGINIA - SITUATIONAL

Win When Trailing:	11/15/24	2-1 vs. Princeton	(down 0-1 after 6 min)
Win When Trailing by 2 goals:	9/17/22	3-2 at #2 UNC	(down 2-0 after 25 min)
Win When Trailing at halftime:	10/13/24	2-1 vs. SMU	(down 0-1 after 15 min)
Win When Trailing After 60th min:	11/20/22	1-0 at #21 Penn State	(down 1-0 after 60 min)
Loss When Leading:	9/27/24	2-3 at #4 UNC	(led 2-1 after 35 min)
Loss When Leading by 2 goals:	9/11/16	2-3 at Georgetown	(led 2-0 at 9 min)
Loss When Leading at halftime:	10/5/12	1-2 vs. Wake:	(led 1-0 at halftime)
Loss When Leading After 60th min:	10/5/12	1-2 vs. Wake:	(led 1-0 after 69 min)

TEAM - BY HALF	1st HALF		2nd HALF	
Three Goals:	9/3/23	vs. VCU (4)	8/25/24	vs. Utah Valley (3)
Four Goals:	9/3/23	vs. VCU (4)	9/4/22	vs. #23 Memphis (4)
Five+ Goals:	10/24/21	vs. Miami (6)	10/10/21	at Syracuse (5)
Three Goals Allowed:	10/18/20	vs. #2 Florida State (3)	11/2/18	vs. Florida State (3)
Four Goals Allowed:	9/27/92	at North Carolina (5)	10/24/08	by North Carolina (5)
Five+ Goals Allowed:	9/27/92	at North Carolina (5)	10/24/08	by North Carolina (5)

UVA INDIVIDUAL

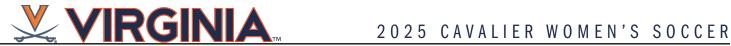
Hat Trick:	8/28/22	Haley Hopkins vs. Fairleigh Dickinson
Multi-Goal Game:	9/12/24	Allie Ross (2) at Miami
5+ points:	8/17/23	Maggie Cagle (5) vs. Radford
2+ assists:	11/15/24	Lia Godfrey (2) vs. Princeton
3+ assists:	8/25/19	Alexa Spaanstra (4) vs. Liberty
4+ assists:	8/25/19	Alexa Spaanstra (4) vs. Liberty
5+ assists:	11/14/14	Morgan Brian (5) vs. High Point
10+ shots:	11/15/13	Morgan Brian (10) vs. Saint Francis
10+ saves:	5/1/21	Laurel Ivory (11) vs. BYU
GK save of PK:	8/27/10	Chantel Jones at Penn State (save of Christine Nair

INDIVIDUAL-OPPONENT

Hat Trick:	11/25/05	Danesha Adams, UCLA (4 goals)
Multi-Goal Game:	9/15/24	Caiya Hanks (2), Wake Forest
5+ points:	9/11/11	Maya Hayes (5), Penn State
2+ assists:	10/3/24	Maggie Graham (2), Duke
10+ saves:	9/4/16	Hannah Seabert (11), Pepperdine
GK save of PK:	9/12/24	Gray Wilson, Miami (save of Maggie Cagle)

MISCELLANEOUS

First Minute Goal:	10/10/24	Meredith McDermott vs. NC State (1:00)
46th Minute Goal (1st min after half)	10/23/22	Alexa Spaanstra vs. NC State (45:45)
90th Minute GWG:	9/26/21	Talia Staude at NC State (89:04)
Two-Goal Game by Sub:	8/17/23	Allie Ross (2) vs. Nevada
Two Multi-Goal Scorers:	8/17/23	Meredith McDermott (2), Allie Ross (2) vs. Nevada
Two First Half Goals:	8/31/23	Meredith McDermott (2) vs. West Virginia
Five Different Goal Scorers:	8/25/24	Bradley, Mittermair, Ross, Ryan, Theoret vs. Utah Valley
Six Different Goal Scorers:	8/19/21	Constant, Guidry, Hopkins (2), Jarrett, Lexow, Ordoñez (2) vs. Richmond
Seven+ Different Goal Scorers:	8/26/11	C.Miller (3), Fry, Brannon, Brian, Douglas, Perrin, Hollenberg vs. Liberty
Red Card:	11/19/17	Courtney Petersen at No. 4 UCLA
Opponent Red Card:	9/10/17	Bench, Penn State



CAVALIER CUMULATIVE CAREER STATISTICS

No.	Name	GP-GS	Min	G	Α	Pts.	Shots	GWG	GWA
22	Lia Godfrey	94-88	6444	22	32	76	218	8	12
10	Maggie Cagle	68-59	4782	23	25	71	148	10	11
9	Meredith McDermott	57-41	2722	14	9	37	85	5	1
8	Allie Ross	45-34	2202	13	6	32	84	4	3
19	Jill Flammia	34-17	1886	8	1	17	67	3	1
26	Maya Carter	68-1	2169	6	2	14	64	0	0
16	Ella Carter	44-18	1954	5	3	13	37	2	0
5	Laughlin Ryan	34-6	1022	2	4	8	10	1	1
23	Laney Rouse	84-63	5457	2	6	10	31	0	2
4	Kiki Maki	43-26	2532	3	1	7	6	1	0
27	Sophia Bradley	24-5	992	2	2	6	25	0	1
11	Linda Mittermair	27-8	843	1	4	6	14	0	1
7	Tatum Galvin	35-27	2480	1	1	3	15	0	1
27	Pearl Cecil	4-1	158	1	0	2	2	0	0
6	Addison Halpern	9-8	642	1	1	3	25	0	1
20	Carrie Helfrich	9-1	358	0	2	2	14	0	2
12	Aniyah Collier	17-0	560	0	0	0	7	0	0
18	Liv Rademaker	9-8	528	0	0	0	4	0	0
25	Annamarie Williams	9-0	143	0	0	0	0	0	0
14	Jordyn Hardeman	8-0	181	0	0	0	1	0	0
24	Kathryn Kelly	10-0	100	0	0	0	0	0	0
15	Sarah Flammia	3-0	28	0	0	0	1	0	0
2	Kira Waller	2-0	21	0	0	0	0	0	0
No.	Name	GP-GS	Min	GA	GAA	Save	Save%	Sh0	Reco
1	Victoria Safradin	30-28	2548:17	23	0.82	73	.760	14	20-6
33	Ellie Sommers	1-1	90:00	0	0.00	1	1.000	1	1-0-0

^{*} Stats only include games played at Virginia



2025 VIRGINIA SEASON STATS



2025-26 Virginia Women's Soccer Combined Statistics All games

Page 1/1 as of Sep 21, 2025

	Date	Opponent		Score	Att.
	08/14/2025	at West Virginia	W	1-0	1106
	08/21/2025	Xavier	W	3-0	1438
	08/24/2025	at Liberty	W	2-0	652
	08/28/2025	Charlotte	W	3-0	571
	08/31/2025	Georgetown	Т	1-1	1168
	09/04/2025	Penn St.	W	1-0	603
*	09/11/2025	Duke	W	3-1	1857
	09/14/2025	VCU	W	3-0	1092
*	09/20/2025	at Syracuse	W	3-0	1244

Record	Overall	Home	Away	Neutral
All Games	8-0-1	5-0-1	3-0-0	0-0-0
Conference	2-0-0	1-0-0	1-0-0	0-0-0
Non-Conference	6-0-1	4-0-1	2-0-0	0-0-0

Team	statistics

ream statistics	UVA	OPP
SHOT STATISTICS		
Goals-Shot attempts	20-156	2-71
Goals scored per game	2.22	0.22
Shot pct.	.128	.028
Shots on goal-Attempts	73-156	32-71
SOG pct.	.468	.451
Shots/Game	17.3	7.9
Assists	18	4
GOAL BREAKDOWN		
Total Goals	20	2
Penalty	1	0
Unassisted	-	-
Overtime	0	0
Goals scored average	2.22	0.22
CORNER KICKS	59	35
PENALTY KICKS	1-1	0-0
OFFSIDES	23	12
PENALTIES		
Fouls	60	75
Yellow cards	3	4
Red cards	0	0
ATTENDANCE		
Total	6729	3002
Dates/Avg Per Date	6/1122	3/1001
Neutral Site #/Avg	0/0	-

#	Player	GP	G	Α	PTS	SH	SH%	SOG	SOG%	GWG	PK-ATT
22	Godfrey, Lia	9	5	3	13	21	.238	9	.429	2	0-0
10	Cagle, Maggie	9	4	1	9	20	.200	14	.700	1	1-1
16	Carter, Ella	9	3	2	8	9	.333	6	.667	2	0-0
8	Ross, Allie	9	2	1	5	15	.133	8	.533	1	0-0
23	Rouse, Laney	9	1	2	4	7	.143	5	.714	0	0-0
6	Halpern, Addison	9	1	1	3	25	.040	8	.320	0	0-0
3	Bradley, Sophia	8	1	1	3	7	.143	3	.429	0	0-0
4	Maki, Kiki	9	1	1	3	1	1.000	1	1.000	1	0-0
19	Flammia, Jill	4	1	0	2	8	.125	2	.250	1	0-0
27	Cecil, Pearl	4	1	0	2	2	.500	2	1.000	0	0-0
20	Helfrich, Carrie	9	0	2	2	14	.000	3	.214	0	0-0
9	McDermott, Meredith	9	0	2	2	13	.000	6	.462	0	0-0
11	Mittermair, Linda	9	0	1	1	4	.000	2	.500	0	0-0
17	Galvin, Tatum	9	0	1	1	2	.000	0	.000	0	0-0
18	Rademaker, Olivia	9	0	0	0	4	.000	2	.500	0	0-0
26	Carter, Maya	9	0	0	0	3	.000	2	.667	0	0-0
14	Hardeman, Jordyn	8	0	0	0	1	.000	0	.000	0	0-0
1	Safradin, Victoria	8	0	0	0	0	.000	0	.000	0	0-0
5	Ryan, Laughlin	2	0	0	0	0	.000	0	.000	0	0-0
33	Sommers, Ellie	1	0	0	0	0	.000	0	.000	0	0-0
24	Kelly, Kathryn	2	0	0	0	0	.000	0	.000	0	0-0
2	Waller, Kira	2	0	0	0	0	.000	0	.000	0	0-0
Tot	Total		20	18	58	156	.128	73	.468	-	1-1
Op	ponents	9	2	4	8	71	.028	32	.451	-	0-0

##	Goalie	GΡ	MIN.	GΑ	GAAVG	SAVES	PCT	W-L-T	SHO/CBO
1	Safradin, Victoria	8	720:00	2	0.25	28	.933	7-0-1	6/0
33	Sommers, Ellie	1	90:00	0	0.00	1	1.000	1-0-0	1/0
TM	TEAM	-	00:00	0	0.00	1	1.000	0-0-0	0/0
Total 9		9	810:00	2	0.22	30	.938	8-0-1	7
Opp	onents	9	810:00	20	2.22	53	.726	0-8-1	0

Goals by Periods

ouis by i crious						
Team	1st	2nd	OT1	OT2	TOTAL	
UVa	9	11	0	0	20	
Opponents	1	1	0	0	2	

Shots by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UVa	77	79	0	0	156
Opponents	30	41	0	0	71

Saves by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UVa	16	14	0	0	30
Opponents	23	30	0	0	53

Corners by Periods

Team	1st	2nd	OT1	OT2	TOTAL
UVa	24	35	0	0	59
Opponents	12	23	0	0	35

Fouls by Periods

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Team	1st	2nd	OT1	OT2	TOTAL		
UVa	22	38	0	0	60		
Opponents	38	37	0	0	75		

