

2022 ACC Outdoor Track & Field Schedule of Events

Thursday, May 14

Running Events		Field Events		Combined Events	
6:00 p.m.	Women's 400m Hurdles (Prelims)	10:30 a.m.	Men's Hammer	12:00 p.m.	Decathlon (100m, LJ, SP, HJ, 400m)
6:20 p.m.	Men's 400m Hurdles Prelims	1:30 p.m.	Women's Hammer	1:00 p.m.	Heptathlon (100mH, HJ, SP, 200m)
6:35 p.m.	Women's 200m Dash Prelims	4:00 p.m.	Men's Long Jump		
6:55 p.m.	Men's 200m Dash Prelims	6:30 p.m.	Women's Javelin		
7:15 p.m.	Women's 1500m Prelims	6:30 p.m.	Women's Pole Vault		
7:35 p.m.	Men's 1500m Prelims	7:00 p.m.	Women's Long Jump		
8:00 p.m.	Women's 10,000m Run FINAL				
8:40 p.m.	Men's 10,000m Run FINAL				

Friday, May 15

Running Events		Field Events		Combined Events	
6:00 p.m.	Women's 100m Hurdles Prelims	3:00 p.m.	Men's Shot Put	11:00 a.m.	Decathlon (110mH, DT, PV, JT, 1500m)
6:25 p.m.	Men's 110m Hurdles Prelims	3:00 p.m.	Men's Triple Jump	12:00 p.m.	Heptathlon (LJ, JT, 800m)
6:40 p.m.	Women's 400m Dash Prelims	6:00 p.m.	Women's Shot Put		
6:55 p.m.	Men's 400m Dash Prelims	6:30 p.m.	Women's Triple Jump		
7:15 p.m.	Women's 100m Dash Prelims	6:30 p.m.	Men's Javelin		
7:30 p.m.	Men's 100m Dash Prelims	6:30 p.m.	Men's Pole Vault		
7:45 p.m.	Women's 800m Run Prelims				
8:00 p.m.	Men's 800m Run Prelims				
8:25 p.m.	Women's 3000m Steeplechase FINAL				
8:45 p.m.	Men's 3000m Steeplechase FINAL				

Saturday, May 16

Running Events		Field Events	
5:00 p.m.	Women's 4x100m Relay FINAL	3:00 p.m.	Men's High Jump
5:10 p.m.	Men's 4x100m Relay FINAL	3:00 p.m.	Women's Discus
5:20 p.m.	Women's 1500m FINAL	6:00 p.m.	Men's Discus
5:30 p.m.	Men's 1500m FINAL	6:00 p.m.	Women's High Jump
5:40 p.m.	Women's 100m Hurdles FINAL		
5:50 p.m.	Men's 110m Hurdles FINAL		
6:00 p.m.	Women's 400m Dash FINAL		
6:10 p.m.	Men's 400m Dash FINAL		
6:20 p.m.	Women's 100m Dash FINAL		
6:30 p.m.	Men's 100m Dash FINAL		
6:40 p.m.	Women's 800m Run FINAL		
6:50 p.m.	Men's 800m Run FINAL		
7:00 p.m.	Women's 400m Hurdles FINAL		
7:10 p.m.	Men's 400m Hurdles FINAL		
7:20 p.m.	Women's 200m Dash FINAL		
7:30 p.m.	Men's 200m Dash FINAL		
7:40 p.m.	Women's 5000m Run FINAL		
8:05 p.m.	Men's 5000m Run FINAL		
8:30 p.m.	Women's 4x400m Relay FINAL		
8:40 p.m.	Men's 4x400m Relay FINAL		

