



# NCAA Division I Southeast Regional

Milliken Research Park  
Spartanburg, SC- Hosted by USC Upstate  
November 10, 2023



## Results Women 6k

TEMPERATURE  
68 °

HUMIDITY  
87%

CONDITIONS  
RAIN

PI	Athlete Name	Affiliation	2k	3.5k	5k	Time	Pts
1	Katelyn Tuohy	JR NC State	6:36.8 (1) ▼3	11:33.6 (4) ▲3	16:25.7 (1) —	19:29.8	1
2	Amina Maatoug	JR Duke	6:37.2 (11) ▲6	11:33.7 (5) ▲3	16:35.3 (2) —	19:41.0	2
3	Margot Appleton	JR Virginia	6:37.4 (15) ▲4	11:34.5 (11) ▲6	16:38.4 (5) ▲2	19:48.9	3
4	Judy Kosgei	FR South Carolina	6:36.8 (1) —	11:31.6 (1) ▼2	16:38.2 (3) ▼1	19:48.9	4
5	Gladys Chepngetich	FR Clemson	6:37.0 (6) ▲4	11:33.2 (2) ▼2	16:38.3 (4) ▼1	19:52.0	5
6	Samantha Bush	SR NC State	6:38.3 (27) ▲3	11:38.2 (24) ▲10	16:47.8 (14) ▲8	19:56.0	6
7	Jenny Schilling	SO Virginia	6:37.1 (9) ▲3	11:33.9 (6) ▼1	16:39.5 (7) —	19:56.5	7
8	Grace Hartman	FR NC State	6:38.2 (26) ▲13	11:35.0 (13) ▲7	16:38.6 (6) ▼2	19:58.6	8
9	Fatima Alanis	JR North Carolina	6:37.3 (14) ▲5	11:34.2 (9) —	16:44.5 (9) —	20:00.3	9
10	Brooke Wilson	FR Wake Forest	6:37.2 (11) ▲3	11:34.0 (8) ▼2	16:45.9 (10) —	20:04.5	10
11	Silan Ayyildiz	FR South Carolina	6:37.1 (9) ▲3	11:33.9 (6) ▼2	16:42.9 (8) ▼3	20:05.1	11
12	Gionna Quarzo	JR NC State	6:37.9 (21) ▲8	11:35.0 (13) ▲1	16:46.0 (12) —	20:05.4	12
13	Kaylie Armitage	SO Furman	6:37.4 (15) ▼1	11:35.7 (16) ▲1	16:50.6 (15) ▲2	20:08.0	13
14	Eva Klingbeil	SO North Carolina	6:37.8 (20) ▲5	11:35.1 (15) ▼3	16:52.0 (18) ▲4	20:13.6	14
15	Abigail Robertson	SR Furman	6:37.2 (11) ▼6	11:35.9 (17) —	16:51.9 (17) ▲2	20:17.2	15
16	Carly Wilkes	SO Furman	6:37.0 (6) ▼6	11:34.7 (12) ▼1	16:46.3 (13) ▼3	20:17.4	16
17	Sierra Bower	JR Furman	6:37.5 (17) ▼3	11:37.0 (20) —	16:55.9 (20) ▲3	20:17.6	17
18	Jette Beermann	JR Elon	6:38.8 (34) ▲6	11:40.1 (28) ▲2	17:02.6 (26) ▲8	20:18.5	18
19	Sofia Istnick	SO William & Mary	6:38.5 (30) ▲12	11:36.4 (18) ▼4	16:56.9 (22) ▲3	20:18.5	19
20	Caroline Garrett	SR Wake Forest	6:38.7 (32) ▲5	11:39.1 (27) ▲4	16:57.3 (23) ▲3	20:19.9	20
21	Jenna Mulhern	SO Furman	6:38.0 (23) ▲2	11:37.1 (21) ▲5	16:50.7 (16) ▼5	20:20.4	21
22	Adelyn Fairley	JR Liberty	6:37.9 (21) ▲2	11:36.9 (19) ▼5	16:58.0 (24) ▲2	20:25.2	22
23	Caroline Timm	SR Virginia	6:37.7 (18) ▼8	11:38.8 (26) ▲7	16:55.2 (19) ▼4	20:28.0	23
24	Lydia Van Dijk	SR Wake Forest	6:46.4 (67) ▲27	11:52.5 (40) ▲11	17:09.9 (29) ▲5	20:29.4	24
25	Jenna Schulz	JR NC State	6:38.0 (23) ▲1	11:37.5 (22) ▼3	17:01.3 (25) —	20:30.9	25
26	Taryn Parks	JR North Carolina	6:38.0 (23) ▼15	11:48.4 (38) ▲3	17:17.0 (35) ▲9	20:32.8	26
27	Mariah Howlett	SR NC State	6:38.4 (29) ▼2	11:43.1 (31) ▲1	17:10.2 (30) ▲3	20:33.3	27
28	Lindsey Butler	SR Virginia Tech	6:37.0 (6) ▼28	11:44.4 (34) ▲2	17:10.7 (32) ▲4	20:34.3	28
29	Lauren Tunnell	FR VCU	6:38.7 (32) ▲3	11:42.1 (29) ▲2	17:08.9 (27) ▼2	20:36.8	29
30	Ava Dobson	JR North Carolina	6:39.4 (38) ▲5	11:44.1 (33) ▲2	17:10.4 (31) ▲1	20:42.7	30
31	Rylee Penn	SR Louisville	6:38.5 (30) ▲7	11:37.6 (23) ▼10	17:11.4 (33) ▲2	20:45.2	31
32	Sarah McCartney	JR Charleston Southern	6:39.2 (36) ▲1	11:45.3 (35) ▲1	17:15.4 (34) ▲2	20:47.4	32
33	Miranda Stanhope	SR James Madison	6:48.1 (81) ▲29	11:57.3 (52) ▲13	17:23.5 (39) ▲6	20:47.5	33



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34	Emily Cole	SR	Duke	6:38.3 (27)	▲2	11:38.3 (25)	▲4	16:56.5 (21)	▼13	20:48.2	34
35	Frances Whitworth	SR	Davidson	6:40.0 (40)	▼2	11:53.6 (42)	▲2	17:25.2 (40)	▲5	20:49.1	35
36	Brianna Malone	FR	High Point	6:42.0 (49)	▲4	11:55.6 (45)	—	17:28.9 (45)	▲9	20:49.7	36
37	Ellie Wolski	JR	Coastal Carolina	6:37.7 (18)	▼14	11:43.9 (32)	▼5	17:20.7 (37)	—	20:52.8	
38	Molly Jones	JR	Coastal Carolina	6:36.9 (5)	▲2	11:33.4 (3)	▼7	16:45.9 (10)	▼28	20:52.9	
39	Kate O'Neill	SR	George Mason	6:45.8 (64)	▲5	11:59.6 (59)	▲13	17:29.0 (46)	▲7	20:53.4	37
40	Madeline Rehm	SR	Wake Forest	6:46.4 (67)	▲2	12:02.6 (65)	▲16	17:31.4 (49)	▲9	20:54.5	38
41	Camryn Menninger	JR	Virginia	6:39.0 (35)	▲5	11:42.5 (30)	▲2	17:09.8 (28)	▼13	20:55.5	39
42	Anouk Van Gils	SR	Eastern Kentucky	6:44.2 (58)	▲8	11:56.7 (50)	▲6	17:28.6 (44)	▲2	20:56.1	40
43	Lauren Johnston	JR	Charlotte	6:39.2 (36)	▼1	11:47.6 (37)	▼1	17:23.1 (38)	▼5	20:56.8	41
44	Ally Kruger	SO	Kentucky	6:47.9 (79)	▲19	12:00.2 (60)	▲13	17:29.8 (47)	▲3	20:57.0	42
45	Ava Hassebrock	SR	Virginia Tech	6:45.0 (61)	▲13	11:56.5 (48)	▲7	17:25.7 (41)	▼4	20:57.3	43
46	Elizabeth Stockman	JR	Richmond	6:41.8 (48)	▼22	12:03.6 (70)	▲6	17:40.0 (64)	▲18	20:57.6	44
47	Karly Forker	SR	Duke	6:42.2 (50)	▼6	11:59.0 (56)	▲3	17:33.2 (53)	▲6	20:58.1	45
48	Julia Fenerty	SR	Duke	6:43.5 (55)	▼3	11:59.2 (58)	▲4	17:33.3 (54)	▲6	20:58.2	46
49	Emma Jones	SO	Furman	6:41.1 (46)	▲5	11:53.1 (41)	▼2	17:27.9 (43)	▼6	20:58.3	47
50	Madison Trippett	JR	Richmond	6:41.6 (47)	▲1	11:55.9 (46)	▼2	17:30.6 (48)	▼2	20:58.5	48
51	Maggie Springer	SR	Elon	6:48.5 (82)	▲10	12:04.1 (72)	▲14	17:35.9 (58)	▲7	20:58.6	49
52	Katie Taylor	SR	High Point	6:40.7 (43)	▼4	11:56.3 (47)	▼4	17:31.7 (51)	▼1	20:58.9	50
53	Cate DeSousa	FR	Virginia	6:42.6 (52)	▼1	11:57.8 (53)	▼2	17:33.6 (55)	▲2	21:01.3	51
54	Maria Cano	JR	Eastern Kentucky	6:53.9 (100)	▲27	12:04.2 (73)	▲16	17:35.0 (57)	▲3	21:03.2	52
55	Thais Rolly	FR	Duke	6:40.9 (45)	▲2	11:54.4 (43)	▲1	17:26.5 (42)	▼13	21:03.2	53
56	Lexie Paszkiewicz	JR	Louisville	6:49.4 (88)	▲20	12:03.2 (68)	▲16	17:32.9 (52)	▼4	21:05.6	54
57	Alli Boehm	JR	Wake Forest	6:52.4 (97)	▲18	12:07.5 (79)	▲13	17:40.2 (66)	▲9	21:06.1	55
58	Katherine Lawson	SO	James Madison	6:49.2 (86)	▲23	12:02.1 (63)	▲13	17:31.5 (50)	▼8	21:07.6	56
59	Arianna DeBoer	JR	William & Mary	6:42.3 (51)	—	11:56.8 (51)	▼5	17:33.8 (56)	▼3	21:08.7	57
60	Kelli Wilson	SR	Duke	6:45.3 (62)	▼9	12:04.0 (71)	▲4	17:40.6 (67)	▲7	21:09.4	58
61	Hannah Ballowe	SR	Virginia Tech	6:40.6 (42)	▼7	11:56.6 (49)	▼12	17:39.1 (61)	—	21:10.6	59
62	Caelin Sloan	FR	Clemson	6:56.3 (105)	▲14	12:12.2 (91)	▲18	17:43.3 (73)	▲11	21:12.1	60
63	Charlotte Tomkinson	JR	Duke	6:43.2 (53)	▼11	12:02.4 (64)	▼8	17:42.9 (72)	▲9	21:12.2	61
64	Layla Roebke	JR	Louisville	6:43.5 (55)	▲11	11:54.8 (44)	▼15	17:37.0 (59)	▼5	21:12.4	62
65	Mary Kate McGranahan	SR	Virginia Tech	6:40.8 (44)	▼10	11:58.6 (54)	▼8	17:39.4 (62)	▼3	21:13.7	63
66	Madison Synowiec	JR	Elon	6:49.2 (86)	▲12	12:04.5 (74)	▲5	17:41.1 (69)	▲3	21:15.0	64
67	Cali Coffin	SO	Charlotte	6:47.7 (76)	▲7	12:03.4 (69)	▲9	17:38.9 (60)	▼7	21:15.3	65
68	Bahiya El Arfaoui	FR	Eastern Kentucky	6:47.5 (73)	▲16	11:59.1 (57)	▼6	17:39.5 (63)	▼5	21:15.5	66
69	Catherine Garrison	SO	William & Mary	6:47.5 (73)	▼2	12:05.1 (75)	▲2	17:43.3 (73)	▲4	21:15.6	67



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70	Nadia Phillips	FR	Charlotte	6:46.9 (70)	▲4	12:03.0 (66)	▼2	17:40.9 (68)	▼2	21:17.6	68
71	Gillian Bushee	FR	Virginia	6:39.7 (39)	▲3	11:46.3 (36)	—	17:19.4 (36)	▼35	21:18.1	69
72	Nicole Matysik	SR	Furman	6:40.5 (41)	▼20	12:00.5 (61)	▼14	17:46.1 (75)	▲3	21:20.6	70
73	Karoline Daland	SR	Charlotte	6:49.8 (89)	▲4	12:09.6 (85)	▲8	17:47.8 (77)	▲4	21:21.5	71
74	Lila Waters	FR	Virginia Tech	6:44.4 (60)	▼6	12:03.0 (66)	▼5	17:42.1 (71)	▼3	21:21.5	72
75	Chloe Wellings	JR	Radford	6:48.9 (83)	▲3	12:07.6 (80)	▲2	17:48.9 (78)	▲3	21:22.4	73
76	Mercyline Kimaiyo	JR	Norfolk State	6:53.2 (98)	▲6	12:12.5 (92)	▲6	17:55.0 (86)	▲10	21:22.7	74
77	Page Lester	SR	North Carolina	6:43.8 (57)	▼5	12:00.9 (62)	▼8	17:41.5 (70)	▼7	21:23.4	75
78	Charli Montalvo	SO	High Point	6:47.4 (71)	▼12	12:08.8 (83)	▲2	17:51.5 (81)	▲3	21:23.6	76
79	Alyssa Zack	SR	East Carolina	6:48.9 (83)	▼1	12:09.0 (84)	▲5	17:50.2 (79)	—	21:24.2	77
80	Catherine Farrell	SR	Liberty	6:43.2 (53)	▼2	11:58.9 (55)	▼21	17:46.6 (76)	▼4	21:25.1	78
81	Maddie Seaby	FR	Louisville	6:56.8 (106)	▲6	12:19.7 (100)	▲16	17:54.0 (84)	▲3	21:25.5	79
82	Elizabeth Coe	FR	Virginia Tech	6:46.8 (69)	▼8	12:07.2 (77)	▼11	17:55.8 (88)	▲6	21:26.7	80
83	Hattie Reynolds	FR	Elon	6:49.9 (90)	▲2	12:10.5 (88)	▲6	17:51.9 (82)	▼1	21:27.8	81
84	Rhune Vanroose	FR	Louisville	6:59.6 (114)	▲2	12:25.2 (112)	▲21	17:57.1 (91)	▲7	21:28.6	82
85	Leigh Walters	JR	Wake Forest	6:44.2 (58)	▼18	12:06.0 (76)	▼4	17:50.8 (80)	▼5	21:30.7	83
86	Brynne Sumner	SR	Clemson	6:56.1 (103)	▲7	12:16.4 (96)	▲9	17:55.2 (87)	▲1	21:30.8	84
87	Anna Workman	JR	Virginia	6:36.8 (1)	▼38	11:52.2 (39)	▼25	17:40.0 (64)	▼23	21:31.4	85
88	Rhian Purves	SR	Col. of Charleston	6:55.8 (102)	▲7	12:16.1 (95)	▲10	17:54.5 (85)	▼3	21:33.1	86
89	Anna Twomey	SR	Elon	6:51.2 (92)	▼1	12:14.1 (93)	▲4	17:56.1 (89)	—	21:33.2	87
90	Emma Fredericks	JR	Charlotte	6:46.1 (66)	▼16	12:08.2 (82)	▼1	17:52.4 (83)	▼7	21:34.0	88
91	Anna Berquist	JR	Davidson	6:59.0 (112)	▲11	12:20.3 (101)	▲2	18:05.1 (99)	▲8	21:36.5	89
92	Jasmine Donohue	JR	App State	6:47.4 (71)	▼7	12:07.4 (78)	▼14	17:57.5 (92)	—	21:37.1	
93	Sydney Masciarelli	JR	North Carolina	6:47.7 (76)	▼11	12:10.3 (87)	▼3	17:56.9 (90)	▼3	21:37.2	90
94	Sophia DeLisio	SR	Northern Kentucky	7:04.2 (138)	▲25	12:26.0 (113)	▲11	18:05.5 (102)	▲8	21:37.7	91
95	Julz Williams	JR	Kentucky	6:47.7 (76)	▼14	12:10.7 (90)	▼3	17:58.8 (93)	▼2	21:38.8	92
96	Gabriella Gait-Smith	SO	South Carolina	7:08.8 (153)	▲42	12:25.1 (111)	▲15	18:01.1 (96)	—	21:39.5	93
97	Mollie Roden	JR	Kentucky	6:51.3 (93)	▼1	12:14.4 (94)	—	17:59.3 (94)	▼3	21:41.2	94
98	Layla Henderson	FR	Northern Kentucky	7:05.1 (141)	▲34	12:23.3 (107)	▲6	18:05.3 (101)	▲3	21:42.3	95
99	Temi Ariyo	FR	Louisville	6:58.8 (111)	▲4	12:23.3 (107)	▲12	17:59.8 (95)	▼4	21:43.9	96
100	Keerstin Augustin	JR	Charleston Southern	6:49.1 (85)	▼13	12:16.6 (98)	▼2	18:05.2 (100)	—	21:45.6	97
101	Sonia Koech	FR	Eastern Kentucky	6:56.2 (104)	—	12:21.9 (104)	▲6	18:04.4 (98)	▼3	21:46.2	98
102	Jenna Newman	SR	Charlotte	6:50.8 (91)	▼12	12:21.8 (103)	▼6	18:13.7 (109)	▲7	21:46.8	99
103	Savannah Stoutt	FR	Col. of Charleston	7:09.5 (158)	▲28	12:35.9 (130)	▲12	18:22.0 (118)	▲15	21:49.8	100
104	Navaya Zales	SO	East Carolina	7:02.4 (123)	▲5	12:31.7 (118)	▲6	18:17.1 (112)	▲8	21:50.2	101
105	Katrina Schlenker	SO	Liberty	6:59.4 (113)	▼2	12:28.1 (115)	▲2	18:18.1 (113)	▲8	21:51.2	102



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106	Lucy Thornton	JR	Eastern Kentucky	6:58.1 (110)	▲4	12:23.0 (106)	▼2	18:13.4 (108)	▲2	21:51.3	103
107	Madelyn Dinneen	SO	Clemson	7:05.8 (145)	▲28	12:29.8 (117)	—	18:21.3 (117)	▲10	21:51.5	104
108	Kaydee Wooldridge	FR	Murray State	7:03.3 (129)	▲10	12:31.9 (119)	▲5	18:18.2 (114)	▲6	21:51.8	105
109	Elizabeth Ritter	FR	High Point	6:55.6 (101)	▼4	12:22.0 (105)	▼5	18:14.9 (110)	▲1	21:52.5	106
110	Kylie Bonser	FR	Virginia Tech	6:47.6 (75)	▼21	12:16.4 (96)	▼10	18:11.2 (106)	▼4	21:53.0	107
111	Isabel Richardson	FR	UNC-Asheville	6:45.8 (64)	▼16	12:07.6 (80)	▼23	18:08.4 (103)	▼8	21:53.1	108
112	Sophia Brown	JR	Col. of Charleston	7:10.1 (159)	▲21	12:39.6 (138)	▲15	18:24.0 (123)	▲11	21:53.4	109
113	Laurel Kurtz	JR	Richmond	7:01.8 (122)	—	12:33.3 (122)	▲4	18:22.0 (118)	▲5	21:53.5	110
114	Emily Lamontagne	FR	North Carolina	6:47.9 (79)	▼10	12:10.6 (89)	▼8	18:02.6 (97)	▼17	21:54.5	111
115	Jenna Schwinghamer	JR	Kentucky	6:51.7 (94)	▼5	12:16.9 (99)	▼6	18:10.6 (105)	▼10	21:54.5	112
116	Anna Boyd	SO	South Carolina	6:57.7 (108)	▲6	12:20.4 (102)	▼5	18:11.5 (107)	▼9	21:54.8	113
117	Alyssa Preisano	FR	Wake Forest	7:00.4 (117)	▲1	12:29.5 (116)	▼5	18:22.8 (121)	▲4	21:55.1	114
118	Rachel Ozio	SR	N.C. Central	7:03.1 (127)	▲7	12:32.3 (120)	▲4	18:21.1 (116)	▼2	21:58.1	
119	MegAnne Gilmore	JR	Radford	6:53.5 (99)	▼10	12:23.8 (109)	▼11	18:22.4 (120)	▲1	21:59.3	115
120	Amy Harding-Delooze	SR	Louisville	6:45.5 (63)	▼23	12:09.9 (86)	▼18	18:09.8 (104)	▼16	22:00.5	116
121	Katelyn Locker	JR	Liberty	7:03.1 (127)	▼9	12:38.0 (136)	▲9	18:27.7 (127)	▲6	22:00.9	117
122	Abigail Beville	FR	Elon	7:07.0 (149)	▲11	12:39.6 (138)	▲7	18:31.3 (131)	▲9	22:03.1	118
123	Madison Roush	SO	Clemson	7:03.3 (129)	▲15	12:27.2 (114)	▲3	18:15.9 (111)	▼12	22:03.8	119
124	Emily Sell	JR	William & Mary	7:05.1 (141)	▲9	12:36.7 (132)	▲6	18:26.1 (126)	▲2	22:04.5	120
125	Jenna Reiter	SR	UNC-Greensboro	7:03.8 (133)	▲8	12:34.7 (125)	▲3	18:23.3 (122)	▼3	22:04.7	121
126	Hope Dominique	JR	South Carolina	7:05.7 (144)	▲11	12:37.0 (133)	▲3	18:29.0 (130)	▲4	22:05.9	122
127	Phoebe McCowan	JR	Kentucky	6:52.1 (96)	▼14	12:23.9 (110)	▼5	18:19.6 (115)	▼12	22:06.1	123
128	Lilly Weeks	JR	South Carolina	7:04.0 (136)	▲7	12:35.6 (129)	▲5	18:25.0 (124)	▼4	22:07.1	124
129	Maeve Gimbert	SR	Col. of Charleston	7:08.8 (153)	▲27	12:35.5 (126)	▲1	18:25.8 (125)	▼4	22:10.4	125
130	Hayley Whoolery	JR	East Carolina	7:05.8 (145)	▲14	12:36.2 (131)	▼1	18:32.6 (132)	▲2	22:16.8	126
131	Paige Joyce	SO	Richmond	7:00.1 (116)	▼5	12:32.6 (121)	▼8	18:28.7 (129)	▼2	22:18.1	127
132	Anne Akagi	SR	Charleston Southern	6:57.2 (107)	▼17	12:34.6 (124)	▼9	18:33.2 (133)	▲1	22:21.4	128
133	Marie Hostetler	JR	Liberty	7:03.7 (132)	▼12	12:42.2 (144)	▲6	18:38.8 (138)	▲5	22:23.6	129
134	Summer Herbertson	SO	UNCW	7:13.6 (167)	▲14	12:47.0 (153)	▲18	18:37.5 (135)	▲1	22:24.0	
135	Anna Ritter	JR	High Point	7:09.4 (157)	▲4	12:47.0 (153)	▲10	18:43.9 (143)	▲8	22:25.4	130
136	Nourene Nabbus	SO	George Mason	7:11.7 (162)	▲6	12:48.3 (156)	▲11	18:45.3 (145)	▲9	22:26.2	131
137	Grace Biddle	FR	Northern Kentucky	7:00.9 (119)	▼23	12:41.6 (142)	▼8	18:47.6 (150)	▲13	22:26.8	132
138	Sofia Terenziani	JR	James Madison	7:20.4 (188)	▲23	12:53.0 (165)	▲13	18:49.0 (152)	▲14	22:26.9	133
139	Makenzie Steele	JR	Clemson	7:11.2 (160)	▲10	12:45.8 (150)	▲4	18:45.8 (146)	▲7	22:27.5	134
140	Lyric Olson	FR	Kentucky	7:04.4 (140)	▼2	12:41.6 (142)	▲3	18:42.3 (139)	▼1	22:27.8	135
141	Jessica Palisca	SO	Liberty	7:03.6 (131)	▼18	12:44.9 (149)	▲1	18:47.1 (148)	▲7	22:28.7	136



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142	Abby Seigel	JR	Radford	7:18.8 (181)	▲18	12:52.6 (163)	▲21	18:43.5 (142)	—	22:29.5	137
143	Victoria Sosa	SO	UNC-Greensboro	7:02.5 (124)	▼2	12:35.5 (126)	▼8	18:34.2 (134)	▼9	22:30.7	138
144	Ruth Kimutai	JR	Murray State	7:06.9 (148)	▲3	12:43.2 (145)	▲4	18:43.3 (141)	▼3	22:32.2	139
145	McKenzi Watkins	SR	James Madison	7:11.7 (162)	▲10	12:46.9 (152)	▲5	18:46.2 (147)	▲2	22:32.5	140
146	Olive Allen	SR	High Point	7:01.4 (120)	▼26	12:44.2 (146)	▼3	18:47.3 (149)	▲3	22:32.6	141
147	Lily Schlossberg	JR	East Carolina	7:04.1 (137)	▼3	12:39.7 (140)	—	18:42.7 (140)	▼7	22:33.2	142
148	Kate Buerger	FR	Elon	7:04.2 (138)	▲15	12:34.1 (123)	▼5	18:28.2 (128)	▼20	22:33.7	143
149	Kallie Henderson	FR	Charleston Southern	7:03.8 (133)	▼2	12:37.5 (135)	▼2	18:38.7 (137)	▼12	22:34.6	144
150	Irene Rubio-Miralles	SO	Eastern Kentucky	7:05.4 (143)	▲2	12:41.0 (141)	▼13	18:52.3 (154)	▲4	22:37.6	145
151	Jillian Sisk	FR	VMI	7:06.0 (147)	▼1	12:44.7 (148)	▼3	18:48.8 (151)	—	22:39.0	
152	Manon Stephen	JR	Richmond	6:57.8 (109)	▼38	12:44.5 (147)	▼6	18:51.6 (153)	▲1	22:40.4	146
153	Hannah Wise	SO	Col. of Charleston	7:15.7 (174)	—	12:58.2 (174)	▲11	19:02.1 (163)	▲10	22:40.6	147
154	Molly Sullivan	SO	Davidson	7:08.8 (153)	▼4	12:49.0 (157)	▲2	18:53.2 (155)	▲1	22:43.1	148
155	Laikin Tarlton	JR	Morehead State	7:08.5 (152)	▼9	12:52.3 (161)	▲4	18:59.2 (157)	▲2	22:44.5	149
156	Faithe Ketchum	SO	James Madison	7:00.0 (115)	▼11	12:35.5 (126)	▼18	18:44.7 (144)	▼12	22:44.7	150
157	Mackenzie Brownrigg	SR	Radford	7:18.8 (181)	▲5	12:58.6 (176)	▲11	19:02.8 (165)	▲8	22:44.7	151
158	Ava Miller	SO	VCU	7:16.3 (175)	▲9	12:55.0 (166)	▲10	18:56.6 (156)	▼2	22:45.2	152
159	Kyra Holland	JR	William & Mary	7:17.7 (179)	▲1	13:01.7 (178)	▲15	19:02.1 (163)	▲4	22:48.8	153
160	Isabella Copher	JR	Morehead State	7:12.9 (165)	▲3	12:52.4 (162)	▲1	19:02.0 (161)	▲1	22:51.0	154
161	Lucy Young	JR	William & Mary	7:00.8 (118)	▼37	12:47.9 (155)	▼3	18:59.9 (158)	▼3	22:51.6	155
162	Freya Buglass	FR	Charleston Southern	7:03.0 (126)	▼25	12:46.0 (151)	▼16	19:04.5 (167)	▲5	22:55.7	156
163	kara Grant	SR	Norfolk State	7:08.1 (151)	▼13	12:52.8 (164)	▲6	18:59.9 (158)	▼5	22:55.8	157
164	Kate McLearn	SO	Radford	7:19.7 (183)	▲15	12:55.8 (168)	▲7	19:02.0 (161)	▼3	22:56.9	158
165	Haille Stewart	JR	Davidson	7:14.0 (169)	▼6	12:58.4 (175)	▲3	19:08.9 (172)	▲7	22:57.0	159
166	Mollie Fenn	SO	Richmond	7:17.2 (177)	▼7	13:05.0 (184)	▲14	19:06.6 (170)	▲4	22:57.4	160
167	Sofia Kurzawa	FR	South Carolina	7:13.3 (166)	▼5	12:56.9 (171)	▲5	19:03.6 (166)	▼1	22:57.5	161
168	Lucy Singleton	JR	Morehead State	7:18.3 (180)	▲20	12:51.2 (160)	—	19:01.8 (160)	▼8	22:58.5	162
169	Katryna Aulenbach	SO	George Mason	7:20.9 (193)	▲14	13:02.4 (179)	▲10	19:05.3 (169)	—	22:59.8	163
170	Ella Moore	FR	UNC-Asheville	7:17.6 (178)	▼2	13:02.5 (180)	▲1	19:13.3 (179)	▲9	23:00.8	164
171	Ainsley Edwards	FR	Kentucky	7:03.8 (133)	▼26	12:51.1 (159)	▼12	19:07.4 (171)	—	23:02.2	165
172	Amilia Wise-Sweat	JR	Coastal Carolina	7:07.3 (150)	▼17	12:55.4 (167)	▼8	19:12.6 (175)	▲3	23:02.2	
173	Ludjenie Mondesir	JR	Norfolk State	7:23.6 (201)	▲15	13:08.3 (186)	▲4	19:17.8 (182)	▲9	23:03.0	166
174	Jocelyn Host	SO	Murray State	7:26.6 (205)	▲10	13:13.9 (195)	▲11	19:18.2 (184)	▲10	23:04.5	167
175	Shannon Smith	JR	Col. of Charleston	7:20.5 (189)	▲7	13:04.7 (182)	▲2	19:14.4 (180)	▲5	23:05.2	168
176	Allison Wood	SO	Murray State	7:24.1 (202)	▲15	13:08.5 (187)	▲11	19:12.8 (176)	—	23:05.6	169
177	Jacquelyn Witt	SR	Northern Kentucky	7:23.2 (199)	▲3	13:14.5 (196)	▲8	19:21.4 (188)	▲11	23:06.1	170



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178	Jade Martin	SR	Charlotte	6:51.9 (95)	▼41	12:38.0 (136)	▼32	19:05.2 (168)	▼10	23:06.4	171
179	Taylor White	SO	Charleston Southern	7:13.7 (168)	▼9	13:01.1 (177)	▲1	19:12.8 (176)	▼3	23:06.6	172
180	Nia Warren	JR	VCU	7:14.8 (171)	▲1	12:56.8 (170)	▼4	19:12.1 (174)	▼6	23:08.3	173
181	Sarah Clark	FR	George Mason	7:12.1 (164)	▼4	12:55.8 (168)	▼5	19:11.0 (173)	▼8	23:09.2	174
182	Jessie Zealand	SO	Liberty	7:20.7 (190)	▲1	13:08.7 (189)	▲4	19:18.5 (185)	▲3	23:11.4	175
183	Cassidy Guyton	JR	VCU	7:16.5 (176)	▼5	13:03.6 (181)	—	19:15.7 (181)	▼2	23:11.8	176
184	Shay Soukup	SR	UNC-Greensboro	7:23.0 (198)	▲13	13:06.1 (185)	▲3	19:17.8 (182)	▼2	23:11.9	177
185	Kennedy Korzen	FR	VCU	7:21.3 (194)	▲4	13:09.7 (190)	▲3	19:19.4 (187)	▲2	23:12.5	178
186	Mary Milby	SR	James Madison	7:23.5 (200)	▲12	13:08.6 (188)	▼1	19:22.7 (189)	▲3	23:14.9	179
187	Alyssa Hammond	FR	Clemson	7:15.1 (173)	▲1	12:57.1 (172)	▼6	19:13.2 (178)	▼9	23:16.2	180
188	Sophie Lundin	SO	UNC-Asheville	7:21.8 (196)	▼3	13:17.2 (199)	▲7	19:29.2 (192)	▲4	23:17.2	181
189	Jahmei Wyatt	JR	Norfolk State	7:19.8 (185)	▼8	13:11.9 (193)	▼1	19:30.6 (194)	▲5	23:18.6	182
190	Priscilla Keller	FR	Longwood	7:14.8 (171)	▼20	13:10.3 (191)	▲1	19:23.2 (190)	—	23:23.1	183
191	Kelly Ann Sutterfield	SO	William & Mary	7:01.6 (121)	▼13	12:37.1 (134)	▼2	18:37.8 (136)	▼55	23:23.9	184
192	Camille Carlson	JR	UNC-Greensboro	7:22.8 (197)	—	13:15.3 (197)	▲1	19:31.5 (196)	▲4	23:24.8	185
193	Brooke Reif	SO	Richmond	7:02.9 (125)	▼48	12:57.5 (173)	▼12	19:18.5 (185)	▼8	23:27.5	186
194	Natalie Preston	SO	Radford	7:20.7 (190)	▼2	13:11.1 (192)	▲1	19:28.4 (191)	▼3	23:28.5	187
195	Jocelyn Millican	FR	Davidson	7:20.2 (186)	▼14	13:17.3 (200)	▲3	19:36.9 (197)	▲2	23:28.7	188
196	Emma Kennett	SO	UNC-Asheville	7:21.5 (195)	▼3	13:17.1 (198)	▲5	19:30.0 (193)	▼3	23:31.3	189
197	Brianna Winsett	FR	East Carolina	7:19.7 (183)	▼20	13:21.7 (203)	▲5	19:39.3 (198)	▲1	23:32.0	190
198	Lauren Mang	FR	Northern Kentucky	7:33.4 (215)	▲6	13:32.6 (209)	▲9	19:45.6 (200)	▲2	23:33.2	191
199	Katy Chapman	SR	Eastern Kentucky	7:09.1 (156)	▼27	13:04.8 (183)	▼12	19:30.8 (195)	▼4	23:36.8	192
200	Joanna Poland	SO	High Point	7:14.0 (169)	▼24	13:11.9 (193)	▼6	19:44.3 (199)	▼1	23:41.0	193
201	Olivia Kemp	SO	Winthrop	7:24.5 (203)	▲1	13:21.5 (202)	▲1	19:47.9 (201)	—	23:43.7	
202	Sydney Peer	FR	Col. of Charleston	7:31.4 (213)	▲7	13:29.3 (206)	▲4	19:48.4 (202)	—	23:45.7	194
203	Aylin Yirmibesoglu	FR	George Mason	7:25.7 (204)	▼1	13:28.7 (205)	▲1	19:53.7 (204)	▲1	23:49.1	195
204	Dorcas Kosgei	JR	Norfolk State	7:26.9 (207)	—	13:30.9 (207)	▲4	19:51.4 (203)	▼1	23:58.2	196
205	Breanna Day	SR	Murray State	7:42.7 (226)	▲6	13:48.9 (220)	▲11	20:06.0 (209)	▲4	24:00.9	197
206	Jordan Thornton	FR	USC Upstate	7:26.7 (206)	▲2	13:26.8 (204)	▼1	19:54.0 (205)	▼1	24:01.1	198
207	Gretal Shank	JR	VMI	7:37.8 (222)	▲5	13:44.8 (217)	▲3	20:12.7 (214)	▲7	24:03.7	
208	Yashika Chidirala	JR	George Mason	7:29.0 (208)	▼2	13:33.5 (210)	▲2	20:04.8 (208)	—	24:04.8	199
209	Kayla Fields	FR	Radford	7:20.7 (190)	▼11	13:21.0 (201)	▼5	19:55.8 (206)	▼3	24:08.4	200
210	Emma James	SO	Charleston Southern	7:34.7 (216)	▲4	13:38.1 (212)	▲5	20:04.1 (207)	▼3	24:10.5	201
211	Megan Dolan	FR	Coastal Carolina	7:30.9 (211)	▼4	13:40.9 (215)	▲4	20:09.9 (211)	—	24:15.2	
212	Kristin Giordano	FR	James Madison	7:31.1 (212)	▼4	13:41.8 (216)	▲6	20:08.8 (210)	▼2	24:17.7	202
213	Caroline Fairbanks	JR	Longwood	7:37.0 (218)	▲4	13:39.1 (214)	▲1	20:11.6 (213)	—	24:19.0	203



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214	Julia Verhoff	FR	Northern Kentucky	7:32.5 (214)	▲3	13:37.7 (211)	▼1	20:10.8 (212)	▼2	24:21.9	204
215	Paige Decker	FR	Northern Kentucky	7:38.4 (224)	▲6	13:46.3 (218)	▲3	20:18.4 (215)	—	24:27.9	205
216	Christiana Britian	SO	Morehead State	7:45.4 (227)	▲6	13:50.9 (221)	▲3	20:28.5 (218)	▲2	24:31.4	206
217	McKenzie Dillman	SO	George Mason	7:11.6 (161)	▲4	12:49.0 (157)	▼66	20:41.1 (223)	▲6	24:35.6	207
218	Lanie Grogg	SO	Longwood	7:51.6 (235)	▲6	14:12.6 (229)	▲5	20:43.4 (224)	▲6	24:35.7	208
219	Samantha Tucci	SO	Murray State	7:29.7 (209)	▼4	13:38.7 (213)	▼3	20:19.1 (216)	▼3	24:42.4	209
220	Alyx Beausoleil	SO	UNC-Asheville	7:49.0 (231)	▲5	14:02.7 (226)	▲7	20:32.6 (219)	▼1	24:43.2	210
221	Megan Bush	JR	Morehead State	7:46.4 (228)	—	14:05.7 (228)	▲7	20:36.9 (221)	—	24:44.3	211
222	Haley Slattery	JR	Longwood	7:36.9 (217)	▼2	13:47.7 (219)	▲2	20:26.5 (217)	▼5	24:46.4	212
223	Bella Manfre	JR	UNC-Greensboro	7:37.6 (221)	▼2	13:53.9 (223)	▲3	20:34.3 (220)	▼3	24:52.6	213
224	Allysa Combs	JR	East Carolina	7:37.2 (219)	▼3	13:53.2 (219)	—	20:40.4 (222)	▼2	24:58.1	214
225	Zoe Bos	FR	UNC-Asheville	7:38.3 (223)	▼2	14:00.7 (225)	—	20:49.5 (225)	—	25:01.0	215
226	Morgan Ruff	SR	Winthrop	7:37.5 (220)	▼4	13:57.5 (224)	▼3	20:55.1 (227)	▲1	25:03.1	
227	Keyli Gomez	SR	Presbyterian	7:49.3 (232)	▲2	14:13.3 (230)	▲4	20:54.6 (226)	▼1	25:04.6	
228	Bailey Deaver	JR	Longwood	7:57.6 (239)	▲3	14:20.2 (232)	▲5	21:01.6 (231)	▲3	25:06.4	216
229	Adalie Harrison	SR	USC Upstate	7:49.9 (233)	▲1	14:15.3 (232)	▲4	20:59.7 (228)	▼1	25:08.8	217
230	Lexi Taylor	FR	Winthrop	7:46.6 (230)	—	14:13.3 (230)	—	21:01.1 (230)	—	25:10.9	
231	Emma Berrier	FR	UNC-Greensboro	7:51.4 (234)	▲1	14:16.7 (233)	▲1	21:03.1 (232)	▲1	25:16.1	218
232	Laila Burk	JR	UNC-Greensboro	7:54.2 (236)	▼1	14:22.4 (237)	▲3	21:11.1 (234)	▲2	25:19.3	219
233	Hallie Mosier	FR	Murray State	7:54.4 (237)	▲2	14:18.3 (235)	▲2	21:04.4 (233)	—	25:20.5	220
234	Emily Leo	SO	UNC-Asheville	7:42.0 (225)	▼2	14:05.2 (227)	▼2	21:00.2 (229)	▼5	25:24.0	221
235	Leanna Lewis	FR	Norfolk State	7:46.5 (229)	▼5	14:18.2 (234)	▼1	21:12.6 (235)	—	25:29.0	222
236	Maureen Ortiz	FR	USC Upstate	8:14.4 (243)	▲4	14:48.6 (239)	▲3	21:33.0 (236)	—	25:52.7	223
237	Alanie Foster	SR	USC Upstate	7:59.4 (240)	▲2	14:39.9 (238)	▲1	21:45.2 (237)	—	26:20.2	224
238	Kayah Marques	FR	Winthrop	8:14.6 (244)	▲3	14:59.5 (241)	▲3	22:05.0 (238)	—	26:24.6	
239	Caroline Rairigh	JR	Presbyterian	8:10.1 (241)	▼1	15:05.0 (242)	▲3	22:12.7 (239)	—	26:34.1	
240	Lauren Vick	SO	Longwood	8:23.4 (246)	▲2	15:16.2 (244)	▲3	22:25.6 (241)	▲1	26:58.1	225
241	Grace Miller	SO	USC Upstate	8:11.3 (242)	▲2	14:52.6 (240)	—	22:17.5 (240)	▼1	27:05.6	226
242	Abby Taylor	SO	Morehead State	7:30.7 (210)	▲2	13:31.6 (208)	▼34	22:47.8 (242)	—	27:25.5	227
243	Grace Glassmeyer	FR	USC Upstate	8:19.4 (245)	▲2	15:14.9 (243)	▲1	22:47.8 (242)	▼1	27:36.3	228
--	Amaris Tynismaa	SR	NC State	6:36.8 (1)	▼9	11:34.4 (10)				DNF	
--	Erin Melitski	FR	Winthrop	7:57.0 (238)						DNF	
--	Taylor Allen	FR	Morehead State	7:20.2 (186)						DNF	



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## Women 6k Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	<b>NC State</b> <i>Total Time: 1:40:00.70</i> <i>Average: 20:00.14</i>	52	1	6	8	12	25	27	
2	<b>Furman</b> <i>Total Time: 1:41:20.60</i> <i>Average: 20:16.12</i>	82	13	15	16	17	21	47	70
3	<b>Virginia</b> <i>Total Time: 1:42:10.20</i> <i>Average: 20:26.04</i>	123	3	7	23	39	51	69	85
4	<b>Wake Forest</b> <i>Total Time: 1:42:54.40</i> <i>Average: 20:34.88</i>	147	10	20	24	38	55	83	114
5	<b>North Carolina</b> <i>Total Time: 1:42:52.80</i> <i>Average: 20:34.56</i>	154	9	14	26	30	75	90	111
6	<b>Duke</b> <i>Total Time: 1:43:28.70</i> <i>Average: 20:41.74</i>	180	2	34	45	46	53	58	61
7	<b>Virginia Tech</b> <i>Total Time: 1:45:17.40</i> <i>Average: 21:03.48</i>	265	28	43	59	63	72	80	107
8	<b>Elon</b> <i>Total Time: 1:45:33.11</i> <i>Average: 21:06.62</i>	299	18	49	64	81	87	118	143
9	<b>Louisville</b> <i>Total Time: 1:45:57.30</i> <i>Average: 21:11.46</i>	308	31	54	62	79	82	96	116
10	<b>Charlotte</b> <i>Total Time: 1:46:25.20</i> <i>Average: 21:17.04</i>	333	41	65	68	71	88	99	171
11	<b>South Carolina</b> <i>Total Time: 1:45:34.20</i> <i>Average: 21:06.84</i>	343	4	11	93	113	122	124	161
12	<b>Eastern Kentucky</b> <i>Total Time: 1:46:52.30</i> <i>Average: 21:22.46</i>	359	40	52	66	98	103	145	192
13	<b>Clemson</b> <i>Total Time: 1:46:30.20</i> <i>Average: 21:18.04</i>	372	5	60	84	104	119	134	180
14	<b>High Point</b> <i>Total Time: 1:47:30.10</i> <i>Average: 21:30.02</i>	398	36	50	76	106	130	141	193
15	<b>William &amp; Mary</b> <i>Total Time: 1:47:36.10</i> <i>Average: 21:31.22</i>	416	19	57	67	120	153	155	184





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16	<b>Liberty</b> Total Time: 1:48:06.00 Average: 21:37.20	448	22	78	102	117	129	136	175
17	<b>Kentucky</b> Total Time: 1:48:17.60 Average: 21:39.52	463	42	92	94	112	123	135	165
18	<b>Richmond</b> Total Time: 1:48:48.10 Average: 21:45.62	475	44	48	110	127	146	160	186
19	<b>James Madison</b> Total Time: 1:49:39.20 Average: 21:55.84	512	33	56	133	140	150	179	202
20	<b>Charleston Southern</b> Total Time: 1:50:24.70 Average: 22:04.94	557	32	97	128	144	156	172	201
21	<b>Col. of Charleston</b> Total Time: 1:50:07.30 Average: 22:01.46	567	86	100	109	125	147	168	194
22	<b>Davidson</b> Total Time: 1:51:34.40 Average: 22:18.88	619	35	89	148	159	188		
23	<b>Radford</b> Total Time: 1:51:32.80 Average: 22:18.56	634	73	115	137	151	158	187	200
24	<b>East Carolina</b> Total Time: 1:51:36.40 Average: 22:19.28	636	77	101	126	142	190	214	
25	<b>Northern Kentucky</b> Total Time: 1:52:26.10 Average: 22:29.22	679	91	95	132	170	191	204	205
26	<b>George Mason</b> Total Time: 1:53:17.70 Average: 22:39.54	700	37	131	163	174	195	199	207
27	<b>VCU</b> Total Time: 1:52:54.60 Average: 22:34.92	708	29	152	173	176	178		
28	<b>Norfolk State</b> Total Time: 1:54:38.30 Average: 22:55.66	775	74	157	166	182	196	222	
29	<b>Murray State</b> Total Time: 1:54:35.00 Average: 22:55.00	777	105	139	167	169	197	209	220
30	<b>UNC-Greensboro</b> Total Time: 1:56:04.70 Average: 23:12.94	834	121	138	177	185	213	218	219
31	<b>UNC-Asheville</b> Total Time: 1:56:25.60 Average: 23:17.12	852	108	164	181	189	210	215	221
32	<b>Morehead State</b> Total Time: 1:57:49.70 Average: 23:33.94	882	149	154	162	206	211	227	



# NCAA Division I Southeast Regional

Milliken Research Park  
Spartanburg, SC- Hosted by USC Upstate  
November 10, 2023



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<b>33</b>	<b>Longwood</b>	<b>1022</b>	<b>183</b>	<b>203</b>	<b>208</b>	<b>212</b>	<b>216</b>	<b>225</b>
	<i>Total Time: 2:02:10.60</i>							
	<i>Average: 24:26.12</i>							
<b>34</b>	<b>USC Upstate</b>	<b>1088</b>	<b>198</b>	<b>217</b>	<b>223</b>	<b>224</b>	<b>226</b>	<b>228</b>
	<i>Total Time: 2:08:28.40</i>							
	<i>Average: 25:41.68</i>							
--	<b>App State</b>	<b>DNF</b>						
--	<b>Coastal Carolina</b>	<b>DNF</b>						
--	<b>N.C. Central</b>	<b>DNF</b>						
--	<b>Presbyterian</b>	<b>DNF</b>						
--	<b>UNCW</b>	<b>DNF</b>						
--	<b>VMI</b>	<b>DNF</b>						
--	<b>Winthrop</b>	<b>DNF</b>						

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