

## Lenny Lyles / Clark Wood Invitational Meet Information

### Friday and Saturday, April 26 – 27, 2019

- Expected Teams:** Louisville, Cincinnati, SIU, Illinois State, DePaul, WKU, ECU, Central Michigan, MTSU, Bowling Green, Xavier, Morehead State, University of Wisconsin-Milwaukee, Eastern Illinois, Valparaiso, Virginia Tech, Butler, Missouri State, Ball State, Tennessee Tech, Bellarmine, Lindenwood, Vanderbilt, Vincennes, Belmont
- Practice Times:** **UPDATED** Cardinal Park Practice Times: Thursday 4/25 3:00 pm - 6:00 pm  
Friday 4/26 10:00 am - 2:00 pm  
Throws Field Practice Times: Thursday 4/25 3:00 pm - 5:00 pm
- Facility Location:** University of Louisville Cardinal Park – 2125 S. Floyd St., Louisville, KY 40292
- Entry Deadline:** 5 pm Tuesday, April 23, 2019
- Entry Procedure:** Enter through [www.directathletics.com](http://www.directathletics.com). Contact Frank Miklavcic at [fmiklavcic@aol.com](mailto:fmiklavcic@aol.com) if assistance needed.
- Team Entry Fee:** \$350 per team of 14 or more; \$700 for a coed team. 13 or less will be charged \$25 per athlete. Prepay online only via directathletics.
- Open Entry Fee:** Open athletes will be charged \$25. Prepay online ONLY at [www.directathletics.com](http://www.directathletics.com). No refunds.
- Team Entry Limitations:** 3 per event TFRRS performances will be used for entry purposes. (Field event entries will be limited to two flights in the open division and 9-12 individuals in the invitational section.) Additional entries may be approved by emailing [Jenna@gocards.com](mailto:Jenna@gocards.com)
- Allowed Spikes:** Track, LJ, TJ, PV events: ¼" pyramids  
HJ & Javelin: 3/8" non-christmas tree
- Heat sheets:** Heat sheets will be posted online at [www.gocards.com](http://www.gocards.com)
- Athlete Check-In:** Track event check-in needs to occur at least 20 minutes prior to race. Track event check-in and hip numbers will be picked up at the clerk's tent.  
Field event check-in will occur at the event site a minimum of 30 minutes prior to the event start time. Field event check-in at event site.
- Warm-Up Areas:** The cardio path surrounding the facility will be available for athlete warm ups. The infield will not be available for warmups.
- Implement Weigh In:** Weigh-ins will take place at the event site; illegal implements will be impounded.
- Athletic Trainer:** Contact Aaron Mangum, MA, ATC – Assistant Athletic Trainer – 502-852-2498 (o); 502-648-8483 (c) with any questions.
- Results:** Live results will be available online at [www.gocards.com](http://www.gocards.com). Results will be posted on the press box.
- Tents:** Do to the possibility of high winds, all tents must be professionally installed. To secure a tent rental please contact Rick Whisman with Rent N Rave at 502-245-9966 or [rick@rentnrave.com](mailto:rick@rentnrave.com)

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**FINAL Schedule**

**FRIDAY April 26, 2019**

**RUNNING EVENTS**

4:30 PM W 100 m Hurdle Prelims  
 5:00 PM M 110 m Hurdle Prelims  
 5:30 PM W 100 m Prelims  
 5:50 PM M 100 m Prelims  
 6:10 PM W 5000 m  
 6:50 PM M 5000 m

**FIELD EVENTS**

4:00 PM M Unseeded Pole Vault

4:00 PM Pit 1 W SEEDED Long Jump (inside pit)  
 W Unseeded Long Jump to Follow

4:00 PM Pit 2 M SEEDED Long Jump (outside pit)  
 M Unseeded Long Jump to Follow

6:00 PM W Unseeded Pole Vault

**THROWING EVENTS at Throws Field**

2:00 PM W Unseeded Hammer Throw  
 M Unseeded Shot Put

4:00 PM W SEEDED Hammer Throw

4:30 PM W Unseeded Shot Put

5:00 PM M SEEDED Hammer Throw  
 M Unseeded Hammer Throw to follow

**SATURDAY, April 27, 2019**

**RUNNING EVENTS**

11:50 AM National Anthem & Senior Awards  
 12:00 PM W 3,000 m Steeplechase  
 12:15 PM M 3,000 m Steeplechase  
 12:45 PM W 4x100 m Relay  
 12:55 PM M 4x100 m Relay  
 1:05 PM W 1500 m  
 1:30 PM M 1500 m  
 1:50 PM M 110 m Hurdle FINAL  
 2:00 PM W 100 m Hurdle FINAL  
 2:10 PM W 400 m  
 2:25 PM M 400 m  
 2:40 PM W 100 m FINAL  
 2:45 PM M 100 m FINAL  
 2:50 PM W 800 m  
 3:05 PM M 800 m  
 3:30 PM W 400 m Hurdles  
 3:45 PM M 400 m Hurdles  
 4:00 PM W 200 m  
 4:25 PM M 200 m  
 4:50 PM W 4x400 m Relay  
 5:00 PM M 4x400 m Relay

**FIELD EVENTS**

9:00 AM M Javelin  
 10:30 AM W Javelin

11:00 AM W Unseeded High Jump

12:00 PM W Unseeded Discus  
 12:00 PM M SEEDED Shot Put

1:00 PM W SEEDED Pole Vault  
 1:00 PM W Triple Jump  
 1:00 PM W SEEDED High Jump

2:00 PM M Unseeded Discus  
 W SEEDED Shot Put

3:00 PM M Triple Jump  
 3:00 PM M SEEDED High Jump

3:30 PM M SEEDED Pole Vault

4:00 PM W SEEDED Discus

4:30 PM M Unseeded High Jump

5:00 PM M SEEDED Discus