

2023 ACC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

SCHEDULE OF EVENTS

Thursday, May 11th

| Running Events | | Field Events | | Combined Events | |
|----------------|-------------------------|--------------|--------------------|-----------------|------------------------------------|
| 6:00 PM | Women's 400mH – Prelims | 11:00 AM | Men's Javelin | 12:00 PM | Decathlon (100m, LJ, SP, HJ, 400m) |
| 6:20 PM | Men's 400mH – Prelims | 12:00 PM | Women's Pole Vault | 1:00 PM | Heptathlon (100mH, HJ, SP, 200m) |
| 6:40 PM | Women's 200m – Prelims | 2:00 PM | Men's Hammer | | |
| 7:00 PM | Men's 200m – Prelims | 3:30 PM | Women's Long Jump | | |
| 7:20 PM | Women's 1500m – Prelims | 4:00 PM | Men's Pole Vault | | |
| 7:45 PM | Men's 1500m – Prelims | 5:00 PM | Women's Hammer | | |
| 8:10 PM | Women's 10,000m (FINAL) | 6:30 PM | Men's Long Jump | | |
| 8:50 PM | Men's 10,000m (FINAL) | | | | |

Friday, May 12th

| Running Events | | Field Events | | Combined Events | |
|----------------|------------------------------------|--------------|---------------------|-----------------|---|
| 6:00 PM | Women's 100mH - Prelims | 11:00 AM | Women's Javelin | 11:30 AM | Decathlon (110mH, Discus, PV, Javelin, 1500m) |
| 6:25 PM | Men's 110mH - Prelims | 2:00 PM | Men's Shot Put | 12:30 PM | Heptathlon (LJ, Javelin, 800m) |
| 6:40 PM | Women's 400m - Prelims | 2:30 PM | Women's Triple Jump | | |
| 6:55 PM | Men's 400m - Prelims | 5:00 PM | Women's Shot Put | | |
| 7:15 PM | Women's 100m - Prelims | 5:30 PM | Men's Triple Jump | | |
| 7:30 PM | Men's 100m – Prelims | | | | |
| 7:45 PM | Women's 800m - Prelims | | | | |
| 8:00 PM | Men's 800m - Prelims | | | | |
| 8:25 PM | Women's 3000m Steeplechase (FINAL) | | | | |
| 8:50 PM | Men's 3000m Steeplechase (FINAL) | | | | |

Saturday, May 13th

| Running Events | | Field Events | |
|----------------|------------------------------|--------------|-------------------|
| 5:00 PM | Women's 4x100m Relay (FINAL) | 2:00 PM | Men's Discus |
| 5:10 PM | Men's 4x100m Relay (FINAL) | 2:00 PM | Women's High Jump |
| 5:20 PM | Women's 1500m (FINAL) | 5:00 PM | Women's Discus |
| 5:30 PM | Men's 1500m (FINAL) | 5:00 PM | Men's High Jump |
| 5:40 PM | Women's 100mH (FINAL) | | |
| 5:50 PM | Men's 110mH (FINAL) | | |
| 6:00 PM | Women's 400m (FINAL) | | |
| 6:10 PM | Men's 400m (FINAL) | | |
| 6:20 PM | Women's 100m (FINAL) | | |
| 6:30 PM | Men's 100m (FINAL) | | |
| 6:40 PM | Women's 800m (FINAL) | | |
| 6:50 PM | Men's 800m (FINAL) | | |
| 7:00 PM | Women's 400mH (FINAL) | | |
| 7:10 PM | Men's 400mH (FINAL) | | |
| 7:20 PM | Women's 200m (FINAL) | | |
| 7:30 PM | Men's 200m (FINAL) | | |
| 7:40 PM | Women's 5000m (FINAL) | | |
| 8:05 PM | Men's 5000m (FINAL) | | |
| 8:30 PM | Women's 4x400m Relay (FINAL) | | |
| 8:40 PM | Men's 4x400m Relay (FINAL) | | |
| TBD | Awards Ceremony | | |

