

Hokie Invitational
January 20-21, 2023
FINAL SCHEDULE

Friday, January 20, 2023

Start		Field Events
4:00pm	Women	Pole Vault – SEEDED
5:00pm	Women	Long Jump
5:00pm	Men	Weight Throw
7:00pm	Men	Long Jump
7:00pm	Women	Weight Throw
7:00pm	Women	Pole Vault - UNSEEDED

Start		Running Events
4:15pm	Women	Pentathlon 800m
5:00pm	Women	Mile Run
5:20pm	Men	Mile Run
5:45pm	Women	60m Hurdles - Prelim
6:00pm	Men	60m Hurdles - Prelim
6:15pm	Women	60m Dash - Prelim
6:25pm	Men	60m Dash - Prelim
6:45pm	Women	1000m Run
7:00pm	Men	1000m Run
7:20pm	Men	60m Hurdles - Final
7:25pm	Women	60m Hurdles - Final
7:30pm	Women	60m Dash - Final
7:35pm	Men	60m Dash – Final
7:45pm	Women	600m Run
7:55pm	Men	600m Run
8:10pm	Women	3000m Run
8:25pm	Men	3000m Run
8:55pm	Women	300m Run
9:10pm	Men	300m Run

Saturday, January 21, 2023

Start		Field Events
9:00am	Men	Pole Vault - UNSEEDED
12:00pm	Women	Triple Jump
12:00pm	Women	High Jump
12:00pm	Men	Heptathlon Pole Vault
1:00pm	Men	Shot Put
2:30pm	Men	High Jump
3:00pm	Women	Shot Put
3:00pm	Men	Triple Jump
3:00pm	Men	Pole Vault - SEEDED

Start		Running Events
10:30am	Men	Heptathlon 60HH
2:00pm	Women	Distance Medley Relay
2:15pm	Men	Distance Medley Relay
2:30pm	Women	400m Run
2:45pm	Men	400m Run
3:05pm	Women	800m Run
3:15pm	Men	800m Run
3:25pm	Men	Heptathlon 1000m
3:35pm	Women	200m Run
3:55pm	Men	200m Run
4:15pm	Men	5000m Run
4:40pm	Women	4x400m Relay
5:00pm	Men	4x400m Relay

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<u>Start</u>		<u>Combined Events</u>
10:30am	Men	Heptathlon 60m
11:15am	Men	Heptathlon Long Jump
12:45pm	Men	Heptathlon Shot Put
2:15pm	Men	Heptathlon High Jump (1 Pit)
11:00am	Women	Pentathlon 60HH
12:00pm	Women	Pentathlon High Jump (1 Pit)
2:15pm	Women	Pentathlon Shot Put
3:15pm	Women	Pentathlon Long Jump
4:15pm	Women	Pentathlon 800m

Saturday, January 21, 2023

<u>Start</u>		<u>Combined Events</u>
10:30am	Men	Heptathlon 60HH
12:00pm	Men	Heptathlon Pole Vault
3:25pm	Men	Heptathlon 1000m