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VIRGINIA TECH HOKIES

6-3, 1-2 ACC

Head Coach: Kristen Skiera (Duke, 2007)
Record at VT: 25-22 (Third season)
Career Record: 71-62 (Ninth season)
Record vs. Opp at VT: 0-0

VS

LONGWOOD LANCERS

2-5, 0-0 BIG SOUTH

Head Coach: Kylar Ferguson (Kennesaw St., 2016)
Record at School: 6-17 (Second season)
Career Record: 46-39 (Sixth season)

GAME 11

2024 SCHEDULE

RECORD	6-4
ACC	1-3
NON-CONFERENCE	4-1
HOME	3-2
AWAY	3-2

Date	Opponent	TV	TIME
F10	VCU	ACCNX	W, 10-5
F14	at #3/4 JMU	ESPN+	L, 5-17
F17	at Mercer	-	W, 21-8
F21	Queens	ACCNX	W, 19-6
F24	at Louisville	ACCN	W, 14-10
M3	at #1 Boston College	ACCNX	L, 7-20
M6	Elon	ACCNX	W, 17-7
M9	#5 Syracuse	ACCNX	L, 5-15
M12	at Furman	ESPN+	W, 20-9
M16	Duke	ACCNX	L, 8-9
M20	Longwood	ACCNX	4 p.m.
M23	at Pitt	ACCN	11 a.m.
M30	at Clemson	ACCNX	Noon
A6	at North Carolina	ACCNX	Noon
A10	ODU	ACCNX	1 p.m.
A13	Notre Dame	ACCNX	Noon
A17	Virginia	ACCN	7 p.m.

GAME 11 • VIRGINIA TECH VS. LONGWOOD • MARCH 20, 2024 • 4 P.M. • BLACKSBURG, VA.

STARTING LINEUP IN LAST GAME

POS.	#	NAME	Yr.	GP-GS	Hometown
GK	36	Jocelyn Torres	So.	10-10	Glenwood, Md.
D	10	Mary Griffin	Gr.	10-10	Sykesville, Md.
D	12	Kacie Hanson	Sr.	7-4	Roanoke, Va.
D	21	Molly Dunphey	Gr.	10-7	Ridgewood, N.J.
D	37	Sydney Golini	Sr.	10-10	East Setauket, N.Y.
D	39	Emma Monte	Jr.	10-10	Fairport, N.Y.
D	45	Mackenzie Beam	Gr.	10-10	Brooklin, Ontario
M	23	Caroline Little	So.	10-10	Sykesville, Md.
A	4	Olivia Vergano	Jr.	10-10	West Babylon, N.Y.
A	22	Kayla Downey	5th	10-10	Babylon, N.Y.
A	30	Claire Schotta	Sr.	10-2	Charlottesville, Va.
A	38	Sarah Gresham	So.	10-10	Long Valley, N.J.



KEY STORYLINES

THE SERIES

- Virginia Tech is 9-2 all-time against in-state foes Longwood. All nine wins have come in consecutive fashion after dropping the first two in the series in 2004 and 2006.
- The two sides have only met once in the last 10 years - an 18-3 victory for the Hokies on Feb. 24, 2021.
- This will be Kristen Skiera's first go against the Lancers since arriving in Blacksburg.
- The Hokies have held Longwood to single-digit scoring in five consecutive meetings.
- In their last meeting, Grace New scored the first two goals of her career.

A WIN WOULD..

- Be Virginia Tech's 10th win over Longwood.
- Be Virginia Tech's third win over a Big South opponent this season.
- Be Virginia Tech's fifth straight non-conference home victory, dating back to April 17, 2023.
- Move Virginia Tech to 4-0 against non-conference opponents at home this season.

LAST TIME OUT

- Virginia Tech fell to Duke, 9-8, on Saturday at Thompson Field.
- Trailing 6-2 in the second quarter, the Hokies pieced together a comeback and were knotted at 7-7 early in the third quarter, however they never gained back the lead.

- Lilly Kannapell came in to protect the cage at the mid-way point of the second quarter and only allowed three goals while making six saves the rest of the way.
- Paige Tyson had a game-high three goals.

NEARING 100

- A pair of graduate Hokies could reach the 100 mark in two noteworthy categories.
- Paige Tyson is a goal or assist away from 100 career points.
- Tyson is on pace for a career season, sitting just six goals shy of her career-high mark of 24 in 2022.
- Mackenzie Beam stands one ground ball shy of the 100th of her career.
- Beam has recorded at least one ground ball in nine of Virginia Tech's 10 games this season.

THE BEST HELPING HAND

- Kayla Downey is approaching the Virginia Tech single-season assist record in impressive time.
- With 29 this season, Downey is seven shy of tying Natasha Fuchs record of 36 that she set in 2005.
- The fifth-year senior ranks third in both the country and ACC in total assists, trailing Virginia's Morgan Schwab and Boston College's McKenna Davis.
- Against Furman, Downey had seven assists, which was tied for the second-most in a single game in program history.

2024 VIRGINIA TECH LACROSSE ROSTER

1	Sam Cifra	G	Fr.	5-4	Blue Bell, Pa.
4	Olivia Vergano	A	Jr.	5-9	West Babylon, N.Y.
5	Ella Rishko	A	So.	5-4	Rehoboth Beach, Del.
6	Jess Kent	M	Fr.	5-6	Westminster, Md.
8	Lauren Kelly	M	Fr.	5-4	Charlotte, N.C.
7	Keelin Byrne	D	So.	5-11	McLean, Va.
9	Bridget Noonan	M	Sr.	5-6	Wellesley, Mass.
10	Mary Griffin	D	Gr.	5-7	Sykesville, Md.
11	Grace New	A	Gr.	5-8	Raleigh, N.C.
12	Kacie Hanson	D	Sr.	5-4	Roanoke, Va.
13	Lauren Render	M	So.	5-9	Powder Springs, Ga.
14	Mia Mangin	M	Jr.	5-6	Potomac, Md.
15	Paige Tyson	A	Gr.	5-10	Collegeville, Pa.
16	Gracie Kennedy	A	Sr.	5-3	Baltimore, Md.
17	Cassy Montgomery	M	Fr.	5-1	Columbia, Md.
18	Isa Torres	A	Fr.	5-9	Glenelg, Md.
19	Marie Cacciabauda	M	Fr.	5-2	Garden City, N.Y.
21	Molly Dunphey	D	Gr.	5-7	Ridgewood, N.J.
22	Kayla Downey	A	Sr.	5-5	Babylon, N.Y.
23	Caroline Little	M	So.	5-3	Sykesville, Md.
24	Elizabeth Labbe	D	Jr.	5-7	Annapolis, Md.
25	Maura O'Malley	M	Jr.	5-10	Narragansett, R.I.
26	Zoe Stencil	D	Fr.	5-6	Lake Shore, Md.
27	Ava Romanello	A	So.	5-0	New Fairfield, Conn.
28	Molly Re	M	So.	5-6	Bel Air, Md.
29	Lilly Kannapell	G	Sr.	5-8	Chevy Chase, Md.
30	Claire Schotta	M	Sr.	5-7	Charlottesville, Va.
31	Emma Christensen	A	Jr.	5-1	Potomac, Md.
32	Mia Pozzi	M	Fr.	5-6	Baldwinsville, N.Y.
34	Jane Brewer	M	Fr.	5-9	Sykesville, Md.
35	Tess Moore	D	Sr.	5-6	Alexandria, Va.
36	Jocelyn Torres	G	So.	5-7	Glenelg, Md.
37	Sydney Golini	D	Sr.	5-4	East Setauket, N.Y.
38	Sarah Gresham	A	So.	5-8	Long Valley, N.J.
39	Emma Monte	D	Sr.	5-2	Fairport, N.Y.
40	Ally Peterson	D	Fr.	5-7	Neshanic Station, N.J.
41	Ainsley Malamala	D	Gr.	5-11	Palm Beach Gardens, Fla.
42	Lauren Martin	D	Sr.	5-8	Rockville, Md.
43	Blair Guy	M	Jr.	5-9	La Plata, Md.
44	Kendall Lally	D	So.	5-6	Towson, Md.
45	Mackenzie Beam	D	Gr.	5-5	Brooklin, Ontario
46	Payton Bezjak	A	Fr.	5-6	Boca Raton, Fla.
47	Katie McCarthy	A	Jr.	5-8	Ridgewood, N.J.

THE STAFF

HEAD COACH: KRISTEN SKIERA (THIRD YEAR)
ASSOC. HEAD COACH: SHANNON JACOBITTI (THIRD YEAR)
ASSISTANT COACH: MC BYRNE (THIRD YEAR)
ASSISTANT COACH: TAYLOR PAIGE (FIRST YEAR)

ATHLETIC TRAINER: ANNE BRYAN
STRENGTH & CONDITIONING COACH: RON DICKSON

ROSTER BY STATE

MARYLAND: 17
NEW YORK: 6
VIRGINIA: 4
NEW JERSEY: 4
DELAWARE: 1
PENNSYLVANIA: 2
NORTH CAROLINA: 2
FLORIDA: 2
GEORGIA: 1
MASSACHUSETTS: 1
RHODE ISLAND: 1
CONNECTICUT: 1
CANADA: 1

ROSTER BY CLASS

FRESHMEN: 11
SOPHOMORES: 9
JUNIORS: 7
SENIORS: 10
5TH-YEAR SENIORS: 1
GRADUATE STUDENTS: 6

PRONUNCIATIONS

Isa Torres	EE-suh
Marie Cacciabauda	catch-a-bah-doe
Elizabeth Labbe	lab-EE
Mia Pozzi	POE-ZEE
Jocelyn Torres	joss-lyn
Sydney Golini	go-LEE-NEE
Emma Monte	mont-EE
Kristen Skiera	sky-ruh
Shannon Jacobitti	jack-uh-bitti
MC Byrne	burn

MORE STORYLINES

DOWNEY'S BIG DAY

- Kayla Downey's seven assists against Furman are tied for the second-most in a single-game in program history, falling just short of Kayla Frank's mark of eight against Radford in 2020.
- Her 10 points are tied for fourth-most in a single game and the most since Frank's 11 against Radford in 2020.

ALL ON THE DRAW

- Tech had three players (Sarah Gresham, Olivia Vergano and Sydney Golini) record 5+ draw controls against Furman, a mark that the Hokies haven't met since 2007.

ELITE COMPANY

- As of March 16, Vergano's career numbers (112 goals) paired with Downey's (135 goals, 121 assists), the Hokies are one of eight programs with at least two players at 100+ goals and at least one player with 100+ career assists.
- Joining the Hokies in that category: Notre Dame, Denver, Virginia, Northwestern, Lehigh, Maryland and Boston College.
- In the draw circle, Virginia Tech is the only program with two players at 50+ draw controls this season.

ISA TORRES HAS HER DAY

- Despite missing early season action, highly-touted freshman Isa Torres had a standout four goals and an assist against the Paladins.

CLAIRE SCHOTTA BIG BREAK

- Senior Claire Schotta's goal against Syracuse put her at 17 for the season, which surpasses her previous single-season career high (16) that she set in 2023.
- With goals in every game this season, Schotta is riding a nine-game scoring streak that dates back to Virginia Tech's game against Syracuse in the ACC Tournament last year.
- Now at 19 goals this season, the Charlottesville, Va. native is averaging 2.56 points per game.

VERGANO SETS THE PACE

- Twice named an honorable mention All-American (Inside Lacrosse, 2022; USA Lacrosse Magazine, 2023), Olivia Vergano enters her third season with the Hokies on Saturday.
- Vergano's league honors have gradually increased in her first two seasons with Tech, as well. She was on the ACC's All-Freshman team in 2022 before being named second team All-ACC in 2023.
- In 2023, she was one of five players nationally (and the only in the ACC) to have 100+ draw controls and 50+ goals.

NAME	SCHOOL	DC	G
Jillian Wilson	Loyola (Md.)	198	61
Ellie Masera	Stony Brook	120	71
Annabel Frist	Stanford	138	50
Arden Tierney	Richmond	120	50
Olivia Vergano	Virginia Tech	106	50

ONE-TWO PUNCH ON THE DRAW

- Before Tech's game against Furman, it was the only DI women's lacrosse program in the country with two players in the top-18 of total draw controls. Vergano is t-14th nationally with 51 draw controls, while Gresham is t-18th with 57 draw controls.
- Both Sarah Gresham (111) and Olivia Vergano (106) broke the program's previous single-season draw control record in 2023, which was held by Tristan McGinley (96) in the 2018 season.

NEW FACES IN THE FOLD

- Ten Hokies have made their debuts for Virginia Tech through its first six games.
- Transfers Mackenzie Beam, Molly Dunphey and Kayla Downey made contributions in their first Tech appearances, while freshmen Marie Cacciabauda, Mia Pozzi and Zoe Stencil have represented the freshmen corp.
- Cacciabauda and Pozzi scored their first career goals at Mercer, while Stencil has earned reps off the bench with the defense.
- Lauren Kelly scored her first career goal for Tech against Queens.

WEST BABYLON, STAND UP!

- Virginia Tech's offense has been led by a pair of West Babylon High School teammates in Kayla Downey and Olivia Vergano. The two were not only lacrosse high school teammates, but also played basketball and soccer throughout their childhoods together.
- Vergano is leading the way in goalscoring with 12 goals, while Downey has set the bar high with 28 assists through seven games.

GLAD TO HAVE YA HERE

- Virginia Tech is itching closer to getting its full rotation of players, as Lauren Render made her season debut last week against Boston College.
- The March 3 outing marked Render's first game since getting injured 11 games into her freshman season, in which she had seven goals and four assists at the time.
- Against Queens (N.C.) on February 21, freshman Isa Torres made her first career appearance for Tech.

SHUTOUT QUARTERS

- With their shutout final quarter against Duke, the Hokies have held four opponents scoreless in a quarter this season.

WATCHLIST HOKIES

- Virginia Tech's Isa Torres and Zoe Stencil were represented on ILWomen's Power 100 Rankings for the Class of 2023.
- Torres was No. 28 on the list, while Stencil appeared on the

YOU CAN COUNT ON GOLINI

- Coach Skiera often cites Sydney Golini as one of Tech's most under-appreciated players.
- The unsuspecting 5-4 defender typically picks up the opponent's toughest matchup on the attacking end and holds her own.
- A native of East Setauket, N.Y., Golini has an endless motor, which is often showcased in the Hokies' conditioning drills.

RECORD WATCH

- Kayla Downey's 29 assists this season puts her tied for third all-time in a single-season, with Natasha Fuchs holding the crown with 36 in 2005.

MORE STORYLINES

IT'S A SISTER THING

- The pair of Isa and Jocelyn Torres join Keelin and MC Byrne as sisters within the lacrosse program this season.
- Next year, Ella Rishko will be joined by her sister Lulu, who signed with the Hokies in November as part of their 2024 recruiting class.

MARY GRIFFIN RECOGNIZED

- Senior Mary Griffin has one of the most inspirational stories in college athletics.
- During the fall of 2020, Griffin was diagnosed with a neuroendocrine tumor on her pancreas. It was discovered after Virginia Tech medical personnel ordered a biopsy following Griffin experiencing pain in her side while conditioning.
- She had an operation in November 2020 to remove the tumor, her spleen and 40% of her pancreas.
- Just four months following her diagnosis, Griffin was back on the field competing for Virginia Tech in the spring of 2021.
- In June 2022, Griffin was honored with the 2022 Wilma Rudolph Student-Athlete Achievement Award by the N4A.

GRACIE FROM TEAM IMPACT

- Last spring, the team was paired up with Grace Fladhammer via Team Impact and welcomed her as part of their team.
- Team Impact is an organization that pairs children facing serious illness and disability with college sports team.
- "Gracie" is a big lacrosse fan, who participates in the local New River lacrosse league.
- In the fall, the Hokies had a "Signing Day" ceremony for Gracie, where she was able to have a photoshoot and sign her letter of commitment with the team after practice.



MS. DOWNEY

- While the other three transfers joined the Hokies in the fall, Kayla Downey remained in New York while she completed her student teaching requirements, as she aspires to be an educator one day.

THERE'S STRENGTH IN NUMBERS

- It seems obvious to state that the more goalscorers a team has, the more likely it is to win. However, it rings especially true for Virginia Tech and is a point of emphasis for the Hokies.
- Under Kristen Skiera, the Hokies are 22-5 when four or more players score multiple goals in a game and 11-2 when five players reach the same mark.
- Tech hasn't lost a game in which four or more players scored multiple goals since April 21, 2022. There have been 16 games in which that has occurred since that loss.

SPIDEY SENSES

- Sarah Gresham picked up the nickname "Spidey" during her freshman season and that has certainly stuck around.
- Grace New attributed to Gresham's ability to wrangle in so many draws as "spidey senses," and since then, her name has been forever changed within the Hokies locker room.

FIFTH-YEAR PRESENCE

- The Hokies' roster consists of seven fifth-year players, including three that have been with Virginia Tech throughout the entirety of their careers in Mary Griffin, Grace New and Paige Tyson.
- The trio of graduate student Hokies have a combined 115 appearances for Tech entering 2024.
- Joining those three is a quartet of transfers: Kayla Downey, Mackenzie Beam, Ainsley Malamala and Molly Dunphey.
- The four transfers have 218 combined starts in their career entering the 2024 season.
- Notably, four of the seven are defenders, while the other three are attackers.

ALL GOOD THINGS MUST COME TO AN END

- Fifth-year transfer Kayla Downey held a 22-game scoring streak heading into Tech's game vs. No. 1 BC.
- When the Hokies faced Downey's previous school Coastal Carolina in 2022, she scored once.

LONG ISLAND CONNECTIONS

- With the help of Northport, N.Y. native Shannon Jacobitti on staff, the Hokies have been able to build up a contingent of Long Island, N.Y. players.
- The Hokies expect big things of all four Long Island natives on the team: Olivia Vergano (West Babylon), Kayla Downey (Babylon), Marie Cacciabauda (Garden City) and Sydney Golini (East Setauket).

WE'VE GOT HISTORY

- Two of Virginia Tech's transfers, Kayla Downey and Ainsley Malamala, have faced the Hokies in their careers.
- In 2022, Downey scored a goal and recorded an assist in Coastal Carolina's 17-6 loss to Tech.
- In 2023, Malamala started for Mercer in its 11-8 win Blacksburg.

MORE STORYLINES

A SPECIAL BOND WITH A SPECIAL TEAM

- Head coach Kristen Skiera met with Virginia Tech women's basketball coach Kenny Brooks during her interview in Blacksburg and since then, has had a special bond with Brooks and members of his team.
- The women's basketball team made the Final Four in 2023, which served as inspiration for the lacrosse program which started a rebuild similar to the one that Brooks inherited when he came to Blacksburg in 2016.
- Furthermore, when Skiera was in the process of moving to the area, she temporarily lived next to star players and All-Americans Elizabeth Kitley and Georgia Amooore. The two created a bond with Skiera's family, including her daughter Cazlen. Both Kitley and Amooore can be seen often at Tech lacrosse games due to their close friendship with several players.
- In the fall, Brooks invited the lacrosse team to watch them practice.



SOUTHERN DRAW

- In order to have the nation's best one-two punch on the draw last season, the Hokies utilized an invention by Kristen Skiera's father, Steve Waagbo, who graduated from Virginia Tech with a degree in Civil Engineering.
- The "Southern Draw" is a contraption that allows the draw specialists to practice their draws without another individual matching up with them.
- Last year's initial prototype was made out of wood, but this year's version is composed of steel to last through outdoor conditions.

SOMETHING IS BREWING

- After Virginia Tech took No. 2 Syracuse to the wire in the ACC Championships quarterfinal last April, falling a few goals of the biggest upset college lacrosse would have seen that season, there was a special energy in the locker room. The result capped off a fourth loss by four goals or less to a top-12 ranked team in 2023 – in a sport which goals often come aplenty.

Skiera often speaks of the positive energy in the locker room after the Syracuse game - knowing that something special was brewing on a larger scale within the program.



HOKIES IN RED, WHITE AND BLUE

- Following their stellar freshman campaigns, Ella Rishko, Sarah Gresham and Jocelyn Torres were all selected to participate in the United States U20 team tryouts ahead of the World Lacrosse 2024 Women's U20 Championship in Hong Kong, China in August.
- Torres progressed passed tryouts and has been part of the country's training team roster, which will be cut down ahead of the summer competition.
- Virginia Tech's athletic trainer, Anne Bryan, was chosen to serve as the team's athletic trainer. She has attended tryouts and training camps along with the three players, and will travel with the team to Hong Kong.
- Head coach Kristen Skiera (2003) and associate head coach Shannon Jacobitti (2011) were members of past United States world championship teams when the competition fielded U19 teams.



2024 VIRGINIA TECH LACROSSE TEAM STATS

Record:	Overall	Home	Away	Neutral
All Games	6-4	3-2	3-2	0-0
Conference	1-3	0-2	1-1	0-0
Non-Conference	5-1	3-0	2-1	0-0

Date	Opponent	WL	Score	Att.
2/10/24	VCU	W	10-5	293
2/14/24	at James Madison	L	5-17	288
2/17/24	at Mercer	W	21-8	218
2/21/24	QUEENS	W	19-6	115
2/24/24	at Louisville	W	14-10	242
3/01/24	at Boston College	L	7-20	121
3/06/24	ELON	W	17-7	55
3/09/24	SYRACUSE	L	5-15	178
3/12/24	at Furman	W	20-9	57
3/16/24	DUKE	L	8-9	270

Team Statistics	VT	OPP
SHOT STATISTICS		
Goals-Shot Att.	126-286	106-243
Goals Per Game	12.60	10.60
Shot Pct.	.441	.436
Shots on Goal-Att.	208-286	184-243
SOG Pct.	.727	.757
Shots/Game	28.6	24.3
Assists	65	41
FREE POSITION OPPORTUNITIES		
Free Position Made-Att.	18-37	19-43
Free Position pct.	.486	.442
GOAL BREAKDOWN		
Total Goals	126	106
Free Position	18	19
Unassisted	61	65
Overtime	0	0
Goals Scored Avg	12.60	10.60
GROUND BALLS		
GROUND BALLS	163	141
DRAW CONTROLS		
DRAW CONTROLS	145	113
TURNOVERS		
TURNOVERS	154	166
CAUSED TURNOVERS		
CAUSED TURNOVERS	99	82
CLEARs		
CLEARs	169-186	166-189
Clear Pct.	.909	.878
SHOT CLOCK VIOLATIONS		
SHOT CLOCK VIOLATIONS	2	0
ATTENDANCE		
Total	911	926
Dates-Avg Per Date	5/182	5/185
Neutral Site #-Avg	0/	

#	Player	GP	G	A	PTS	SH	GW	GB	DC	TO	CT
22	Downey, Kayla	10	18	29	47	37	2	6	0	23	1
4	Vergano, Olivia	10	24	5	29	57	0	7	60	19	4
30	Schotta, Claire	10	19	4	23	32	0	5	0	14	2
15	Tyson, Paige	10	18	3	21	34	1	3	0	5	0
5	Rishko, Ella	10	14	7	21	38	0	12	11	18	6
23	Little, Caroline	10	7	4	11	22	1	9	1	5	3
32	Pozzi, Mia	8	6	4	10	13	1	17	0	7	11
18	Torres, Isa	6	6	1	7	15	0	1	1	4	0
19	Cacciabauda, Marie	7	5	0	5	9	0	2	0	3	0
25	O'Malley, Maura	10	4	0	4	6	0	4	0	3	2
11	New, Grace	5	2	2	4	4	1	1	0	7	0
16	Kennedy, Gracie	5	0	3	3	2	0	0	0	1	0
43	Guy, Blair	9	2	0	2	13	0	1	0	10	3
8	Kelly, Lauren	1	1	0	1	2	0	0	0	1	0
45	Beam, Mackenzie	10	0	1	1	0	0	16	0	1	13
10	Griffin, Mary	10	0	1	1	0	0	9	1	4	4
27	Romanello, Ava	2	0	1	1	0	0	0	0	0	0
34	Brewer, Jane	3	0	0	0	1	0	2	0	0	3
7	Byrne, Keelin	1	0	0	0	0	0	1	0	2	0
21	Dunphey, Molly	10	0	0	0	0	0	15	0	1	12
37	Golini, Sydney	10	0	0	0	0	0	10	13	1	13
38	Gresham, Sarah	10	0	0	0	0	0	1	57	4	1
12	Hanson, Kacie	7	0	0	0	0	0	3	0	0	2
29	Kannapell, Lilly	5	0	0	0	0	0	6	0	1	0
24	Labbe, Elizabeth	2	0	0	0	0	0	0	0	0	1
42	Martin, Lauren	2	0	0	0	0	0	0	0	0	0
47	McCarthy, Katie	1	0	0	0	0	0	0	0	1	0
39	Monte, Emma	10	0	0	0	0	0	13	0	8	5
13	Render, Lauren	2	0	0	0	1	0	1	0	1	1
26	Stencil, Zoe	6	0	0	0	0	0	3	0	0	3
36	Torres, Jocelyn	10	0	0	0	0	0	15	0	3	4
TM	Team	7	0	0	0	0	0	0	1	7	5
Totals		10	126	65	191	286	6	163	145	154	99
Opponents		10	106	41	147	243	4	141	113	166	82

#	Goalie	GP	MIN	GA	GAA	SAVE	PCT	W-L-T
29	Kannapell, Lilly	5	121:27	14	6.92	21	.600	0-0-0
36	Torres, Jocelyn	10	478:33	92	11.53	57	.383	6-4-0
Totals		15	600:00	106	10.60	78	.424	6-4-0
Opponents		14	600:00	126	12.60	82	.394	4-6-0

Goals by Period	1st	2nd	3rd	4th	Total
Virginia Tech	33	44	23	26	126
Opponents	36	29	21	20	106

Saves by Period	1st	2nd	3rd	4th	Total
Virginia Tech	20	19	17	22	78
Opponents	24	19	25	14	82

Shots by Period	1st	2nd	3rd	4th	Total
Virginia Tech	77	83	73	53	286
Opponents	75	60	55	53	243

SEASON HIGHS

VIRGINIA TECH

MOST GOALS: 21 at Mercer (2/17/2024)

MOST ASSISTS: 12 vs. Elon (3/6/2024)

MOST GROUND BALLS: 21 vs. VCU (2/10/2024), vs. Elon (3/6/2024)

MOST DRAW CONTROLS: 20 at Mercer (2/17/2024)

MOST CAUSED TURNOVERS: 16 at Mercer (2/17/2024)

MOST POINTS (IND.): 10, KAYLA DOWNEY at Furman (3/13/2024)

MOST GOALS (IND.): 5, ELLA RISHKO at Mercer (2/17/2024)

MOST ASSISTS (IND.): 7, KAYLA DOWNEY at Furman (3/13/2024)

MOST GROUND BALLS (IND.): 5, Mia Pozzi vs. Elon (3/6/2024); Emma Monte vs. Elon (3/6/2024)

MOST DRAW CONTROLS (IND.): 12, SARAH GRESHAM vs. Queens (2/21/2024)

MOST CAUSED TURNOVERS (IND.): 3, MIA POZZI vs. VCU (2/10/2024), at Mercer (2/17/2024); SYDNEY GOLINI at No. 1 Boston college (3/3/2024)

LAST TIME VIRGINIA TECH...

SCORED 10 OR MORE GOALS 20 - at Furman (3/13/2024)
SCORED 15 OR MORE GOALS 20 - at Furman (3/13/2024)
SCORED 20 OR MORE GOALS 20 - at Furman (3/13/2024)

ALLOWED 10 OR FEWER GOALS 9 - vs. Duke (3/16/2024)
ALLOWED 5 OR FEWER GOALS 5 - vs. VCU (2/10/2024)

5 OR MORE ASSISTS 11 - at Furman (3/13/2024)
10 OR MORE ASSISTS 11 - at Furman (3/13/2024)

30 OR MORE SHOTS 36 - at Furman (3/13/2024)
40 OR MORE SHOTS 42 - vs. Pitt (4/23/2023)

20 OR MORE SHOTS ON GOAL 27 - at Furman (3/13/2024)
30 OR MORE SHOTS ON GOAL 32 - at Akron (3/18/2023)

15 OR MORE GROUND BALLS 16 - at Furman (3/13/2024)
20 OR MORE GROUND BALLS 21 - vs. Elon (3/6/2024)
25 OR MORE GROUND BALLS 25 - at Furman (3/15/2022)

CAUSED 10+ TURNOVERS 10 - vs. #5 Syracuse (3/9/2024)
CAUSED 15+ TURNOVERS 16 - at Mercer (2/17/2024)
CAUSED 20+ TURNOVERS 21 - at Liberty (2/12/2021)

COMMITTED 15+ TURNOVERS 24 - vs. #5 Syracuse (3/9/2024)
COMMITTED 20+ TURNOVERS 24 - vs. #5 Syracuse (3/9/2024)
COMMITTED 25+ TURNOVERS 26 - at Liberty (2/12/2021)

15 OR MORE DRAW CONTROLS 15 - vs. Duke (3/16/2024)
20 OR MORE DRAW CONTROLS 20 - at Mercer (2/17/2024)

SHUTOUT OPPONENT IN A QUARTER 4th - vs. Duke (3/16/2024)
SHUTOUT OPPONENT IN A HALF 1st - vs. Radford (2/24/2016)

MOST...

LARGEST MARGIN OF VICTORY	20 (TWICE, LAST VS. WILLIAM & MARY IN 2020)
LARGEST MARGIN OF DEFEAT	21 (vs. UNC IN 2021)
LARGEST MARGIN OF VICTORY VS. RANKED TEAM	6 (vs. Denver IN 2018)
MOST GOALS SCORED VS. RANKED TEAM	20 (at UVA IN 2021)
HIGHEST RANKED TEAM DEFEATED	8 (at UVA 2021)
MOST POINTS IN A HOME GAME	37 (2005 VS. Howard; 1999 VS. Denver)
MOST POINTS IN AN AWAY GAME	41 (@ Akron (3/18/2023)
MOST GOALS IN A HOME GAME	23 (THREE TIMES, LAST VS. WILLIAM & MARY IN 2020)
MOST GOALS IN AN AWAY GAME	23 (2019 at ODU)
MOST ASSISTS IN A HOME GAME	16 (2005, Howard; 1999, Denver)
MOST ASSISTS IN AN AWAY GAME	18 (@ Akron (3/18/2023)

▶ THE SKIERA FILE



Virginia Tech, Head Coach | 2021 - Present
Army, Head Coach | 2015-2021
Duke, Assistant Coach | 2012-2015
Navy, Assistant Coach | 2011-2012
UC-Davis, Assistant Coach | 2010
Navy, Volunteer Assistant Coach | 2008-2009

Since being named head coach of Virginia Tech lacrosse on June 11, 2021, Kristen Skiera has conducted one of the more impressive turnarounds of a collegiate lacrosse program in recent time. Skiera, or “Waags” as she’s nicknamed in the lacrosse community, has improved Tech’s total and ACC win totals in both of her first two seasons.

Skiera was inspired to get into coaching after a successful two-time All-American, Tewaaraton semifinalist career at Duke, where she played had four Final Four appearances. She had the privilege of playing and working under two of lacrosse’s greatest ever coaches, Kerstin Kimel and Cindy Timchal, respectively.

The 2018 U.S. Lacrosse Greater Baltimore Chapter Hall of Fame inductee specializes in working with Virginia Tech’s attacking group, which has produced a pair of All-Americans in Sarah Lubnow and Olivia Vergano since Skiera arrived ahead of the 2022 season.

An Ellicott City, Md. native, Skiera oversaw Army women’s lacrosse’s transition from club to varsity sport, where she compiled a 46-40 record and developed 12 All-Patriot league players for the Black Knights.

Skiera resides in Christiansburg, Va. with her husband, Kyle, and their two daughters, Caslen and Lane.

▶ THE ASSISTANTS



Virginia Tech, Assoc. Head Coach | 2021 - Present
Army, Assoc. Head Coach | 2016-2021
Vanderbilt, Assistant Coach | 2015-2016

Shannon Jacobitti is in her third season with Virginia Tech lacrosse after following Skiera from Army, where she held the same position on staff. In her role with the Hokies, Jacobitti directs the midfield and oversees the draw control training.

It was under Jacobitti’s watch in 2023 that two Tech players, Sarah Gresham (111) and Olivia Vergano (106) broke the program’s single-season draw control record.

An accomplished player in her own right, Jacobitti was a two-time Tewaaraton finalist and finished tied eighth all-time in NCAA history for goals.



Virginia Tech, Assistant Coach | 2021 - Present
ECU, Assistant Coach | 2019-2021

MC Byrne joined Skiera’s initial staff at Virginia Tech in 2021, returning to the program that she played at from 2015 to 2019. In her role with the Hokies, Byrne oversees the defensive unit and worked with goalie prior to the arrival of assistant coach Taylor Paige.

Under her watch, four defenders have earned career highs in caused turnovers. As a player for Virginia Tech, she finished her career ranked third all-time in caused turnovers and sixth all-time in ground balls.



Virginia Tech, Assistant Coach | 2023 - Present
Virginia, Operations Assistant | 2021 - 2023
Shenandoah, Assistant Coach | 2019-2021
Bridgewater College, Assistant Coach | 2017-2018

Taylor Paige is the newest member of Virginia Tech’s staff, having joined in the summer of 2023 to oversee goalies and handle day-to-day operations for the program.

At her previous stop, Paige handled operations within the Virginia program that made two NCAA Tournaments during her tenure. Prior to her time in Charlottesville, she served as an assistant at Shenandoah and Bridgewater College.

An accomplished goalie in her own right, Paige was a four-year contributor at Mary Washington.



2024 STANDINGS

TEAM	ACC	CPCT	OVERALL
Syracuse	4-0	1.00	5-3
Virginia	3-1	0.75	8-1
Boston College	3-1	0.75	8-2
Notre Dame	2-2	0.50	7-2
North Carolina	2-2	0.50	6-3
Duke	2-2	0.50	6-4
Louisville	2-2	0.50	4-5
Clemson	1-3	0.25	6-3
Virginia Tech	1-3	0.25	6-4
Pitt	0-4	0.00	2-7

2024 PREDICTED ORDER OF FINISH

- | # | TEAM |
|-----|----------------|
| 1. | Boston College |
| 2. | Syracuse |
| 3. | North Carolina |
| 4. | Notre Dame |
| 5. | Virginia |
| 6. | Clemson |
| 7. | Duke |
| 8. | Virginia Tech |
| 9. | Louisville |
| 10. | Pitt |

2024 PRESEASON ALL-ACC TEAM

Attack

Rachel Clark, Jr., Boston College
 Jackie Wolak, Gr., Notre Dame
 Emma Ward, Sr., Syracuse

Midfield

Belle Smith, Sr., Boston College
 Cassidy Weeks, Gr., Boston College
 Kasey Choma, Gr., Notre Dame

Defense

Sydney Scales, Sr., Boston College
 Emily Nalls, Gr., North Carolina
 Katie Goodale, Sr., Syracuse

Goalie

Delaney Sweitzer, Gr., Syracuse

At-Large

Mckenna Davis, Jr., A, Boston College
 Shea Dolce, So., GK, Boston College
 Nicole Perroni, Gr., M, Louisville
 Olivia Dirks, Gr., M, North Carolina
 Marissa White, So., A, North Carolina
 Madison Ahern, Gr., A, Notre Dame
 Emma Tyrrell, Gr., A, Syracuse
 Morgan Schwab, Sr., A, Virginia

NATIONAL POLLS

INSIDE LACROSSE POLL

Updated: 3/18/2024

Rank	School	Record	Previous
1	Northwestern	(8 - 1)	1
2	Maryland	(7 - 1)	3
3	Michigan	(10 - 0)	6
4	Boston College	(8 - 2)	2
5	Notre Dame	(7 - 2)	8
6	James Madison	(7 - 1)	4
7	Syracuse	(5 - 3)	7
8	Loyola	(7 - 0)	5
9	Virginia	(8 - 1)	10
10	Johns Hopkins	(7 - 3)	12
11	Florida	(7 - 2)	13
12	North Carolina	(6 - 3)	9
13	Denver	(5 - 3)	14
14	Stony Brook	(6 - 2)	11
15	Penn	(6 - 1)	15
16	Yale	(7 - 0)	16
17	USC	(7 - 3)	17
18	Navy	(7 - 1)	18
19	Princeton	(4 - 3)	21
20	Colorado	(5 - 3)	19
21	Harvard	(5 - 1)	22
22	Brown	(6 - 2)	23
23	Stanford	(5 - 3)	28
24	Fairfield	(6 - 1)	25
25	Richmond	(6 - 2)	24

USA LACROSSE MAGAZINE POLL

Updated: 3/18/2024

Rank	School	Record	Previous
1	Northwestern	8-1	1
2	Notre Dame	7-2	7
3	Boston College	8-2	2
4	Michigan	10-0	3
5	Virginia	8-1	4
6	Maryland	7-1	5
7	James Madison	7-1	6
8	Loyola	7-0	9
9	Syracuse	5-3	14
10	Penn	6-1	10
11	Johns Hopkins	7-3	11
12	Denver	5-3	15
13	Florida	7-2	13
14	Stony Brook	6-2	12
15	North Carolina	6-4	8
16	USC	7-2	16
17	Yale	7-0	17
18	Princeton	4-3	18
19	Fairfield	6-1	20
20	Stanford	5-3	NR

Also considered: Brown, Colorado, Drexel, Navy, Duke, Harvard, Penn State, Rutgers, Richmond

SOUNDBITES

PRESEASON

MARY GRIFFIN ON KRISTEN SKIERA'S IMPACT ON THE TEAM (VIA SONS OF SATURDAY PODCAST)

"[Skiera] is just always likes bringing the energy. I always say I'm so impressed [because] she could be so mad at us, then like 10 minutes later be like, "Okay, guys! What are we doing," like [a] super fun change of energy. [She's] Someone that I really look up to in so many ways and I think we really vibe well together with our energy; Just like our goals and like the mindset that we have. She definitely pushes you to be your best self, but does so in a way that you do it, not just for yourself, but do it for her, too. She's just absolutely incredible and hires the right people. I love our staff so much. They're so much fun and I just can't stress enough like how much they made us love lacrosse again, like I can't thank them enough for that."

KRISTEN SKIERA ON LOSING THE UNDERDOG MENTALITY THIS SEASON (VIA TECH SIDELINE PODCAST)

"There's something to be said about having an underdog mentality, but I don't think we have that underdog mentality. I'd like to think that we have the underdog edge, and the grit, you know, and that hunger is a part of us. The underdog mentality kind of means to that you go into the games thinking in some way you're inferior and that's what we've shed from last year to this year."

VCU GAME

KRISTEN SKIERA ON OVERALL PERFORMANCE

"For starters, VCU gave us all we could handle today. Their goalie got hot and played exceptional. [She] made it so hard for us. Their zone defense was nice and they made the correct adjustments. They gave us a really tough time on the draw. It was great! I think to start the season, your weaknesses get exposed and you have to learn from it quick. We certainly have to learn from it quick because we head into next week and get a crack at two NCAA Tournament teams. It definitely wasn't perfect, [but] I'm happy we're 1-0 and we certainly have a lot of work to do."

KRISTEN SKIERA ON NINE ASSISTS ON 10 GOALS

"I guess that's a great takeaway; I didn't even know that! We were playing against a zone defense, so you're mainly going to assume that we're probably going to have more assisted looks than unassisted looks. This should be a good, fun offense to watch. We've got to grow and learn from this. Moving forward it should be a fun offense to watch because we have a lot of dangerous threats out there and everybody has become more of a feeder in the off-season. Hopefully, we can continue that trend and really keep working to set each other up."

QUEENS (N.C.) GAME

KRISTEN SKIERA ON KAYLA DOWNEY'S INTEGRATION INTO THE TEAM

"We brought her here for a reason. She's unbelievable at her craft, she sees the game so well from X, she's just an unbelievable feeder and I think even it just our first four games, you can see the impact that she's made. [She's] that missing piece of the puzzle for us and filled that [hole]. Really, really happy she got a lot of pressure behind the cage tonight and had a big matchup back there, and she did a great job. I think that was very valuable experience for her tonight."

ELLA RISHKO ON

"After bouncing back from the first two more difficult games for our offense, we've been working super hard on and off the field working through our kinks and working with our teammates. Today, our team just put everything total [like] our draw team, our defense and our offense, especially, we just worked together really well and gave each other a lot of opportunities to score."

ELON GAME

KRISTEN SKIERA ON KAYLA DOWNEY'S INTEGRATION INTO THE TEAM

"We can't wait to get back there on the field on Saturday. Obviously, [we have] kind of a bad taste in our mouths following our last ACC game. It's just another great opportunity to keep raising the bar for us and play to our potential. [There's] just a lot excitement right now since it's spring break, we're all professional lacrosse players and there's not a lot going on, [just] wake up, eat, play lacrosse, go to bed, get some sleep and dream about it. We're excited."

MIA POZZI ON HER ROLE AS A FRESHMAN

"[Starting] has been surreal, I wasn't expecting it at first, but now I kind of just listen to the upperclassmen and have grown into this spot and learning every step of the way of what I can do more to contribute."

MIA POZZI ON HER PLAY STYLE

"I'm definitely an in between the lines player. It's how I kinda grew up: just being gritty, running my heart out there and try to come up with every ground ball possible. If I'm not doing as much on the offensive end, I'm going to work my butt off to do it on the defensive end."