



HOKIES®

16 Individual National Champions | 12 Combined Team ACC Championships | 79 All-Americans

#ACCITF

FEB. 21-23, 2018 | ALL DAY | BLACKSBURG, Va.
ACC Indoor Championships | Rector Field House

VIRGINIA TECH INFORMATION

Virginia Tech

Hokies



USTFCCA Poll Men.....43
USTFCCA Poll Women.....20
Last Meet.....VT Challenge
ACC Point-Scorers Returning/Lost.....30/10
Newcomers.....37 (24 Men, 13 Women)

Head Coach.....Dave Cianelli (18th year)
Alma Mater.....Bowling Green State
Distance Coach..Eric Johannigmeier (5th year)
Alma Mater.....Illinois
Distance Coach.....Jason Cusack (1st year)
Alma Mater.....Virginia Tech
Jumps Coach.....Paul Zalewski (6th year)
Alma Mater.....Cortland
Pole Vault Coach.....Bob Phillips (35th year)
Alma Mater.....Virginia Tech
Sprints Coach.....Tim Vaught (4 year)
Alma Mater.....Western Carolina
Throws Coach.....Andrew Dubs (2nd year)
Alma Mater.....Connecticut

A TITLE WOULD

- Be the second ACC Indoor Championship on the men's side in three years , and the first since 2008 on the women's side.
- Be the fifth-ever ACC championship during the indoor season for the men, and the third-ever ACC championship for the women.
- Move Dave Cianelli to being tied for fifth all-time, with Nick Kovalakides (Maryland) owning five titles, for the most men ACC Indoor Championships by a coach.
- Move Dave Cianelli to being tied for third all-time, with Lawrence Johnson (Clemson) owning three titles, for the most women ACC Indoor Championships by a coach.
- Move the women to being fourth all-time in ACC Indoor Championships (3) among ACC schools, and the men would be still be in fourth place (5).

PROGRAM HISTORY

'18 ACC Indoor Finish.....Men 2nd, Women 2nd
'18 NCAA Indoor Finish.....Men 4th, Women 14th
'18 ACC Outdoor Finish.....Men 3rd, Women 2nd
'18 NCAA Outdoor Finish.....Men 15th, Women 10th
ACC Championships.....7 Men, 6 Women
NCAA Individual Champions.....10 Men, 6 Women

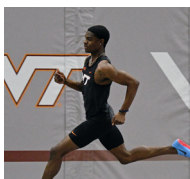
THE STARTING LINE

- Seven school records have been reset this winter for Virginia Tech, including Jacory Patterson's times in the 200 (20.84), 300 (32.49) and 400 (46.14), Kennedy Dennis' time in the 300 (37.88), Eszter Bajnok's marks in the triple jump (13.04m, 42'9.5") and long jump (6.11m, 20'0.5") and Sara Freix's time in the 5,000 meters (16:07.09).
- Patterson's time in the 200 ranks No. 1 in the ACC and his 400 sits 11th nationally and first in the ACC, while Sarah Edwards and Rachel Pocratsky both own the No. 6 time nationally in the mile.
- The pole vault has been a strong discipline for the Hokies, as the Deakin Volz owns the best mark in the league (5.55m, 18'2.5"), while (Rachel Baxter owns the second best mark in the league on the women's side .
- Sophomore Bashir Mosavel-Lo owns the 11th best 800 time nationally and the best time in the league.
- Sophomore Kennedy Dennis owns the No. 3 60-meter time in the ACC (7.29).

LAST TIME OUT

- Six event titles highlighted Virginia Tech track and field at the Virginia Tech Challenge last weekend at Rector Field House.
- The DMR groups traveled to the JDL Fast Track for the DMR Invitational on Friday. The women's team of Sarah Edwards, Arlicia Bush, Shannon Quinn and Rachel Pocratsky finished second with the 10th fastest time in the country (11:00.01).The men, made up of Antonio Lopez Segura, Miles Green, Mosavel-Lo and Peter Seufer, posted a time of a 9:30.24 to claim the No. 2 time in the ACC,
- Sophomore Ellie Brush (1,000) and Owen Buck (800) won their first event titles of the season.
- Bush ran the fifth-fastest 400 in school history to win her third event title of the season.

WHO TO WATCH



- Jacory Patterson broke school records in the 200, 300, 400 and holds the best times in the ACC in the 200 (20.84) and 400 (46.14).

2019 SCHEDULE

JANUARY

11-12	VIRGINIA TECH INVITATIONAL	BLACKSBURG, VA.
18-19	HOKIE INVATATIONAL	BLACKSBURG, VA.
25-26	BOB POLLOCK INVATATIONAL	CLEMSON, S.C.
	IOWA BLACK AND GOLD PREMIER	IOWA CITY, IA.

FEBRUARY

1-2	CAMEL CITY INVITATIONAL	WINSTON-SALEM, N.C.
	"DOC HALE" ELITE MEET	BLACKSBURG, VA.
8-9	IOWA STATE CLASSIC	AMES, IA.
	TIGER PAW INVITATIONAL	CLEMSON, S.C.
15-16	VIRGINIA TECH CHALLENGE	BLACKSBURG, VA.
	DMR INVITATIONAL	WINSTON-SALEM, N.C.
21-23	ACC INDOOR CHAMPIONSHIPS	BLACKSBURG, VA.

MARCH

8-9	NCAA INDOOR CHAMIONSHIPS	BIRMINGHAM, ALA
22-23	FLORIDA STATE RELAYS	TALLAHASSEE, FLA.
	VANDERBILT BLACK & GOLD INVITATIONAL	NASHVILLE, TENN.
	WINTHROP INVITATIONAL	ROCK HILL, S.C.
27-30	TEXAS RELAYS	AUSTIN, TEXAS
29-30	FLORIDA RELAYS	GAINESVILLE, FLA.
	RALEIGH RELAYS	RALEIGH, N.C.

APRIL

5-6	GEORGIA- SPEC TOWNS INVITATIONAL	ATHENS, GA.
11-13	TENNESSEE RELAYS	KNOXVILLE, TENN.
12-13	TRITON INVITATIONAL	SAN DIEGO, CALIF.
19-20	WAR EAGLE CLASSIC	AUBURN, ALA.
	DUKE INVITATIONAL	DURHAM, N.C.
25-27	PENN RELAYS	PHILADELPHIA, PA.
26-27	UNIVERSITY OF LOUISVILLE	LOUISVILLE, KY.
	VIRGINIA GRAND PRIX	CHARLOTTEVILLE, VA.

MAY

1	LIBERTY TWILIGHT QUALIFIER	LYNCHBURG, VA.
4	TENNESSEE CHALLENGE	KNOXVILLE, TENN.
9-11	ACC OUTDOOR CHAMPIONSHIPS	MIAMI, FLA.
23-25	NCAA EAST PRELIMINARIES	TAMPA, FLA.

JUNE

5-8	NCAA OUTDOOR CHAMPIONSHIPS	AUSTIN, TEXAS.
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VIRGINIA TECH CONTACT

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SOCIAL



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Name	Class	Event	Hometown	High School/Other
Brian Baker	Fr.	Distance	Doylestown, Pa.	Central Bucks West
Cole Beck	Fr.	Sprints	Blacksburg, Va.	Blacksburg
Owen Buck	Jr.	Mid-Distance	Seattle, Wash.	Ballard
Matthias Cannon	Fr.	Distance	Glen Allen, Va.	Deep Run
Chauncey Chambers	Fr.	Jumps	Springfield, Va.	Robert E. Lee
Jayron Cheatham	Fr.	Jumps	Chesapeake, Va.	Oscar Smith
Michael Davenport	Jr.	Sprints/Jumps	Winston-Salem, N.C.	Woodberry Forest
Jaelyn Demory	r-So.	Pole Vault	Fairfax, Va.	Woodbridge Senior
Ben Fleming	r-Fr.	Distance	Blacksburg, Va.	Blacksburg
Hans Gallagher	Fr.	Sprints	Flanders, N.J. / West Morris Mendham	
Clint Gault	Fr.	Distance	Poquoson, Va.	Poquoson
Miles Green	Fr.	Sprints/Hurdles	Philadelphia, Pa.	Saint Joseph's Prep
Will Griffen	r-Fr.	Distance	Elkins Park, Pa.	Cheltenham
Matthew Harding	Jr.	Distance	Conwy, North Wales	Rydal Penrhos / UNC Asheville
James Holt	Jr.	Jumps	Glenmoore, Pa.	Downingtown STEM Academy
Osman Humeida	r-Fr.	Distance	South Riding, Va.	Freedom
Jones, Tyson	Fr.	Throws	Goodyear, Ariz.	Dessert Edge
Jack Joyce	r-Jr.	Distance	Ashburn, Va.	Briar Woods
Tyler Leaser	Fr.	Distance	Milton, Pa.	Milton
Joel Leon Benitez	Fr.	Pole Vault	Nottingham, United Kingdom	Millfield
Tahjere Lewis	Fr.	Sprints	Hampton, Va.	Hampton
Antonio Lopez Segura	Fr.	Mid-Distance	Barcelona, Spain	Colgan
Donovan Louis	Fr.	Sprints/Jumps	Triangle, Va.	Potomac
John Manilli	Fr.	Multi Events	Alexandria, Va.	Patriot
Matthew Manilli	So.	Multi Events	Alexandria, Va.	Patriot
Bashir Mosavel-lo	So.	Distance	Richmond, Va.	Deep Run
Sean Murphy	Fr.	Multi Events	Fairfax, Va.	Woodgrove
Mussie, Simeon	Fr.	Distance	Silver Spring, Md.	Albert Einstein
Ben Nibbelink	Fr.	Distance	Leesburg, Va.	Tuscarora
Jacory Patterson	Fr.	Sprints	Columbia, S.C.	Dreher
Eldon Phillips	Fr.	Distance	Silver Spring, Md.	Northwood
Noah Ramsey	Fr.	Sprints	Christiansburg, Va.	Blacksburg
Harrison Rice	Fr.	Pole Vault	Richmond, Va.	St. Christopher's School
Isaiah Rogers	Jr.	Throws	Smyrna, Ga.	Campbell/TCU
Peter Seufer	r-Jr.	Distance	Lynchburg, Va.	E.C. Glass
Fitsum Seyoum	r-So.	Distance	Leesburg, Va.	Tuscarora
Logan Sheppard	Fr.	Distance	Forest, Va.	Jefferson Forest
Thierry Siewe Yanga	So.	Mid-Distance	Silver Spring, Md.	Montgomery Blair
Derek Tay	Fr.	Sprints	Bristow, Va.	Patriot
Joseph Tay	Jr.	Sprints	Bristow, Va.	Patriot
Deakin Volz	Sr.	Pole Vault	Bloomington, Ind.	Bloomington South
Dave Whitfield	So.	Distance	Upper Darby, Pa.	Monsignor Bonner
Zachary Witt	r-So.	Distance	Glen Allen, Va.	Glen Allen/Christopher Newport
Diego Zarate	r-Jr.	Distance	Germantown, Md.	Northwest



Name	Class	Event	Hometown	High School/Other
Stefanie Aeschlimann	So.	Triple Jump	Wettstetten, Germany	Reuchlin
Eszter Bajnok	Jr.	Jumps	Kethely, Hungary	Kaposvari Munkacsy Mihaly
Rachel Baxter	So.	Pole Vault	Orange, Calif.	Canyon
Lauren Berman	r-Jr.	Distance	Fairfax, Va.	James W. Robinson
Ella Breidenstine	r-So.	Distance	Hummelstown, Pa.	Lower Dauphin
Brown, Kanajzae	Jr.	Sprints	Bridgeport, Conn.	Central Magnet / High Point
Ellie Brush	So.	Distance	Mason, Ohio	Mason
Arlicia Bush	Jr.	Sprints	Princeton, Ky.	Ridge View
Copeland, Kayla	Fr.	Sprints	Ashburn, Va.	Stone Bridge
Kennedy Dennis	So.	Sprints	Greenville, S.C.	Berea
Kaylah Duke	Fr.	Sprints	Chesapeake, Va.	Oscar Smith
Olivia Duston	Fr.	Distance	Herndon, Va.	Herndon
Enid Duut	Fr.	Throws	Neptunusof, Netherlands	Krimpenerwaard College
Sarah Edwards	Jr.	Distance	Bellingham, Mass.	Bellingham
Sara Freix	Jr.	Distance	Centreville, Va.	Westfield
Pavla Kuklova	r-Jr.	Throws	Opava, Czech Republic	Secondary School of Nursing
Cecilia Marenick	So.	Triple Jump	High Point, N.C.	Southwest Guilford
Laurel Miller	So.	Jumps	Charleston, W.Va.	Ripley / College of Charleston
Imagine Patterson	Fr.	Sprints/Hurdles	Rock Hill, S.C.	Summerville
Maya Pighet	Fr.	Sprints/Jumps	Charlotte, N.C.	Olympic
Rachel Pocratsky	Sr.	Mid-Distance	Gaithersburg, Md.	Our Lady of Good Counsel
Shannon Quinn	Sr.	Mid-Distance	Camp Hill, Pa.	Trinity
Kayla Richardson	Jr.	Distance	Blacksburg, Va.	Blacksburg
Zanelle Richie	Fr.	Sprints	Petersburg, Va.	Thomas Dale
Paige Ritter	So.	Pole Vault	Harrisburg, Pa.	East Pennsboro
Emily Schiesl	So.	Distance	Burke, Va.	Lake Braddock
Erin Shaffrey	Fr.	Jumps	Reisterstown, Md.	Maryvale Prep
Nykah Smith	Fr.	Sprints	Atlanta, Ga.	Maynard Jackson
Catherine Stone	Jr.	Mid-Distance	Vienna, Va.	James Madison
Amanda Swaak	Sr.	Distance	Vienna, Va.	James Madison
Caitlan Tate	So.	Sprints	Atlanta, Ga.	Brookwood
Emma Thor	r-Fr.	Throws	Knivsta, Sweden	Celsiuskolan
Kajsa Wennberg	r-Fr.	Throws	Uppsala, Sweden	Katedralskolan Uppsala
Allie Zolkiewicz	Fr.	Distance	Sykesville, Md.	SouthCarroll/Carroll CommunityCollege

PRONUNCIATIONS

Osman Humeida	Hu-MEE-duh
Matthew Manilli	Muh-NIL-e
Bashir Mosavel-Lo	Mos-uh-VEL-oh
Peter Seufer	SOY-fer
Fitsum Seyoum	SAY-oh-um
Thierry Siewe Yanga	TIER-ee Sew YANG-uh
Diego Zarate	Dee-AY-go Zer-AH-tey

Stefanie Aeschlimann	EYE-cul-men
Kanajzae Brown	
Eszter Bajnok	BYE-knock
Ella Breidenstine	BRI-den-stine
Arlicia Bush	Ar-LEE-see-uh
Enid Duut	Ay-nid
Sara Freix	Frix
Pavla Kuklova	PAHV-luh Kook-LOV-uh
Emily Schiesl	Shy-sel
Ama-Selina Tchume	A-ma SHOE-me
Kajsa Wennberg	Ky-shuh



2018 Honors & Awards

USTFCCCA Southeast Region Assistant Coach of the Year

Ben Thomas (Men, Indoor)

USTFCCCA Southeast Region Track Athlete of the Year

Neil Gourley (Men, Indoor)

FloTrack Preseason Indoor All-Americans

Rachel Baxter, Neil Gourley, Lisa Gunnarsson, Torben Laidig, Patrick Joseph

ACC Performer of the Week

Lisa Gunnarsson - Jan. 30

Rachel Pocratsky - Jan. 30

Rachel Pocratsky - Feb. 13

Lisa Gunnarsson - April 3

Rachel Baxter - April 17

First Team All-ACC Indoor (Men)

Joel Leon Benitez (pole vault)

Vincent Ciattei (mile) – champion

Greg Chiles (4x400)

Michael Davenport (4x400)

Neil Gourley (DMR, 800) – champion in both

Daniel Jaskowak (DMR) – champion

Patrick Joseph (4x400)

Torben Laidig (pole vault)

Peter Seufer (3,000; 5,000)

Brandon Thomas (DMR; 4x400) – champ. (DMR)

Diego Zarate (mile)

Deakin Volz (pole vault) – champion

Thierry Siewe Yanga (DMR) – champion

Second Team All-ACC Indoor (Men)

Greg Chiles (200)

Vincent Ciattei (3,000)

Jaelyn Demory (pole vault)

Patrick Joseph (800)

Mackenzie Muldoon (heptathlon)

First Team All-ACC Indoor (Women)

Eszter Bajnok (triple jump) – champion

Rachel Baxter (pole vault)

Arlicia Bush (DMR) – champion

Sarah Edwards (DMR, 3,000) – champion (DMR)

Lisa Gunnarsson (pole vault) – champion

Rachel Pocratsky (800, DMR) – champion in both

Shannon Quinn (DMR) – champion

Second Team All-ACC Indoor (Women)

Stefanie Aeschlimann (triple jump)

Eszter Bajnok (long jump)

Laurie Barton (800)

Courtney Blanden (4x400)

Arlicia Bush (4x400)

Kennedy Dennis (4x400)

Caitlan Tate (4x400)

Katie Kennedy (mile)

NCAA Indoor All-Americans

Laurie Barton - distance medley (first team)

Rachel Baxter - pole vault (second team)

Courtney Blanden - distance medley (first team)

Greg Chiles - distance medley champ. (first team)

Vincent Ciattei - distance medley champ., mile (first team 2x)

Sarah Edwards - distance medley (first team)

Neil Gourley - distance medley champ., mile (first team 2x)

Lisa Gunnarsson - pole vault (first team)

Patrick Joseph - distance medley champ., mile (first team 2x)

Katie Kennedy - distance medley (first team)

Torben Laidig - pole vault (second team)

Rachel Pocratsky - 800 meters (first team)

Deakin Volz - pole vault (first team)

FloTrack Preseason Outdoor All-Americans

Marek Barta, Vincent Ciattei, Sarah Edwards,

Lisa Gunnarsson, Torben Laidig, Deakin Volz

First Team All-ACC Outdoor (Men)

Peter Seufer (10,000) – champion

Vincent Ciattei (1,500 & 800) – champion 1,500

Marek Barta (discus) – champion

Greg Chiles (400 hurdles)

Diego Zarate (1,500)

Deakin Volz (pole vault)

Torben Laidig (pole vault)

Fitsum Seyoum (3,000 steeplechase)

Second Team All-ACC Outdoor (Men)

Joel Leon Benitez (pole vault)

James Steck (pole vault)

Lawrence Harris (4x100 & 100)

Samuel Denmark (4x100)

Joseph Tay (4x100)

Michael Davenport (4x100)

Bashir Mosavel-Lo (800)

Peter Seufer (5,000)

First Team All-ACC Outdoor (Women)

Emma Thor (hammer) – champion

Eszter Bajnok (long jump & triple jump) – champion both

Rachel Pocratsky (800 & 1,500) – champion both

Pavla Kuklova (hammer)

Lisa Gunnarsson (pole vault)

Rachel Baxter (pole vault)

Sarah Edwards (3,000 steeplechase)

Second Team All-ACC Outdoor (Women)

Katie Kennedy (1,500)

Laurie Barton (800)

Stefanie Aeschlimann (triple jump)

Lindsay Herra (discus)

Sara Freix (10,000)

NCAA Outdoor All-Americans

Eszter Bajnok - triple jump (first team)

Rachel Baxter - pole vault (first team)

Joel Leon Benitez - pole vault (first team)

Vincent Ciattei - 1,500 (first team)

Lisa Gunnarsson - pole vault (first team)

Pavla Kuklova - hammer throw (first team)

Torben Laidig - pole vault (first team)

Rachel Pocratsky - 1,500 (first team)

Greg Chiles - 400 hurdles (second team)

Emma Thor - hammer throw (second team)

Deakin Volz - pole vault (first team)

Diego Zarate - 1,500 (second team)

USTFCCCA Southeast Region Assistant Coach of the Year

Ben Thomas (Men, Outdoor)

USTFCCCA Southeast Region Field Athlete of the Year

Lisa Gunnarsson (Women, Outdoor)

ACC Men's Field Athlete of the Year

Torben Laidig (Men, Outdoor)

CoSIDA Google Cloud Academic All-District

Vincent Ciattei

Torben Laidig

Emma Thor

CoSIDA Google Cloud Academic All-America

Vincent Ciattei

Torben Laidig



Tech Men's Indoor Track and Field Records





Event	Time/Mark	Name	Year
60m	6.57	Darrell Wesh	2013
200m	20.84	Jacory Patterson	2019
300m	32.49	Jacory Patterson	2019
400m	46.14	Jacory Patterson	2019
500m	1:03.32	Adam Jury	2004
600m	1:17.26	Drew Piazza	2017
800m	1:46.23	Patrick Joseph	2017
1,000m	2:20.54	Neil Gourley	2017
1,500m	3:40.66	Vincent Ciattei	2018
Mile	3:58.36	Vincent Ciattei	2018
3,000m	7:52.54	Will Mulherin	2013
5,000m	13:37.10	Thomas Curtin	2016
60m Hurdles	7.77	Jeff Artis-Gray	2013
4x400m	3:09.33	Chiles, Thomas Joseph, Davenport	2018
4x800m	7:22.56	Cobb, Voight, Oustrich, Reed	1987
DMR	9:30.24	Judge, Vaughn, Witt, Berlin	2009
High Jump	7'5" (2.26m)	Ronnie Black	2013
Pole Vault	18'6.75" (5.66m)	Deakin Volz	2017
Long Jump	25'10" (7.87m)	Jeff Artis-Gray	2013
Triple Jump	54'6" (16.61m)	Manuel Ziegler	2015
Shot Put	62'11.25" (19.18m)	Justin Clickett	2007
Weight Throw	77'10.25" (23.73m)	Spyridon Jullien	2006
Heptathlon	5,282 points	Rene Stauss	2011
Discontinued Events			
60yd	5.9	David Read	1980
55m	6.30	André Davis	2000
55m Hurdles	7.35	Chris Stokes	1999
60 yd Hurdles	7.1	Kenny Lewis	1978
Pentathlon	3,683 points	Adam Bowser	2000







Tech Women's Indoor Track and Field Records

Event	Time/Mark	Name	Year
60m	7.26	Funmi Alabi	2011
200m	23.60	Courtney Blanden	2017
300m	37.88	Kennedy Dennis	2019
400m	53.06	Queen Harrison	2010
500m	1:11.49	Asia Washington	2010
600m	1:27.39	Hanna Green	2017
800m	2:02.13	Hanna Green	2017
1,000m	2:41.98	Rachel Pocratsky	2018
1,500m	4:13.70	Rachel Pocratsky	2018
Mile	4:34.01	Rachel Pocratsky	2018
3,000m	9:08.77	Tasmin Fanning	2008
5,000m	16:07.09	Sara Freix	2019
60m Hurdles	7.94	Queen Harrison	2010
4x200m	1:36.43*	Potts, Spruill, Castlin, Harrison	2008
4x400m	3:36.83	C. Blanden, K. Dennis, C. Tate, A. Bush	2018
4x800m	8:33.50	Smiljanec, Dowd, A. Smith, H. Green	2014
DMR	10:53.62	K. Kennedy, C. Blanden, L. Barton, S. Edwards	2018
High Jump	6'0" (1.83m)	Katie Ollendick	1998
Pole Vault	14'7.5" (4.46m)	Lisa Gunnarsson	2018
Long Jump	20'0.5" (6.11m)	Eszter Bajnok	2019
Triple Jump	42'9.5" (13.04m)	Eszter Bajnok	2019
Shot Put	54'9.5" (16.70m)	Brittany Pryor	2008
Weight Throw	73'3.25" (22.33m)	Tamara Burns	2005
Pentathlon	4,224 points	Saskia Triesscheijn	2006











*Collegiate Record



*Current team members in **bold** type*
Times in tenths of seconds are hand-timed.


	<p>JOEL LEON BENITEZ</p> <p>Pole Vault • So. • Nottingham, United Kingdom</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>5.37 meters (17ft., 7.25 in.) • 5.45 meters (17 ft., 10.5 in.)</p>	<p>LAST MEET: 5.45 meters (17 feet, 10.5 inches) @ NCAA Outdoor Champ.</p> <p>NOTE: Has yet to compete in 2019 ... Qualified for the NCAA Outdoor Championships at the NCAA East Preliminary Round by placing second in the pole vault with a height of 5.35 meters (17 feet, 6.5 inches) ... Finished fourth at the ACC Outdoor Championships in the pole vault, clearing a height of 5.30 meters (17 feet, 4.5 inches) to earn second-team All-ACC honors.</p>	<p>SEASON BEST</p> <p>Indoor:</p> <p>Outdoor:</p>
	<p>HARRISON RICE</p> <p>Pole Vault • Fr. • Richmond, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>4.90 (16 ft., 0.75 in.) •</p>	<p>LAST MEET: 4.75 meters (15 feet, 7 inches) @ Virginia Tech Challenge</p> <p>NOTE: Placed eighth in the pole vault at the Virginia Tech Challenge with a leap of 4.75 meters (15 feet, 7 inches) ... Leaped a personal-best height of 4.90 meters (16 feet, 0.75 inches) in the pole vault to place seventh at the Doc Hale Elite Meet ... Jumped a height of 4.55 meters (14 feet, 11 inches) in the Clemson Bob Pollock Invitational to place seventh.</p>	<p>SEASON BEST</p> <p>Indoor: 4.90 (16 ft., 0.75 in.)</p> <p>Outdoor:</p>
	<p>DEAKIN VOLZ</p> <p>Pole Vault • Sr. • Bloomington, Ind.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>5.66m (18 ft., 6.75 in.) • 5.60m (17 ft., 10.5 in.)</p>	<p>LAST MEET: 5.50 meters (18 feet, 0.55 inches) @ Virginia Tech Challenge</p> <p>NOTE: Finished first in the pole vault at the Virginia tech Challenge with a height of 5.50 meters (18 feet, 0.5 inches) ... Leaped a height of 5.55 meters (18 feet, 2.5 inches) to place second in the pole vault at the Doc Hale Elite Meet ... Jumped a height of 5.40 meters (17 feet, 8.5 inches) in the pole vault at the Clemson Bob Pollock Invitational to finish first.</p>	<p>SEASON BEST</p> <p>Indoor: 5.55m (18 ft., 2.5 in.)</p> <p>Outdoor:</p>
	<p>RACHEL BAXTER</p> <p>Pole Vault • So. • Orange, Calif.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>4.37m (17 ft., 1 in.) • 54.37m (17 ft., 1 in.)</p>	<p>LAST MEET: 4.20 meters (13 feet, 9.25 inches) @ Virginia Tech Challenge</p> <p>NOTE: Tied for first in the pole vault at the NCAA East Preliminary Round with a mark of 4.18 meters (13 feet, 8.5 inches) ... Finished third in the pole vault at the ACC Outdoor Championships with a height of 4.35 meters (14 feet, 3.25 inches) ... Posted a new personal best in the pole vault at the National Relay Championships with a mark of 4.36 meters (14 feet, 3.5 inches).</p>	<p>SEASON BEST</p> <p>Indoor: 4.37m (17 ft., 1 in.)</p> <p>Outdoor:</p>

	<p>TYSON JONES</p> <p>Throws • Fr. • Goodyear, AZ</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>SP - 17.57m (57 ft., 7.75 in.) •</p>	<p>LAST MEET: 17.19 meters (56 feet, 4.75 inches) @ Virginia Tech Challenge</p> <p>NOTE: Placed second in the men's shot put event at the Virginia Tech Challenge ... At Iowa, placed fifth at the Black and Gold Premier in the shot put, tossing a mark of 17.24 meters (56'6.75") ... Threw a personal-best 17.57 meters (57'7.75") to finish first at the Virginia Tech Invitational</p>	<p>SEASON BEST</p> <p>Indoor: SP-17.57m (57 ft., 7.75 in.)</p> <p>Outdoor:</p>
	<p>ISAIAH ROGERS</p> <p>Throws • Jr. • Smyrna, Ga.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>SP - 75.59m (57 ft., 8.5 in.) • H - 57.96m (190 ft., 2 in.)</p>	<p>LAST MEET: 20.61 meters (67 feet, 7.5 inches) @ Tiger Paw Invitational</p> <p>NOTE: Finished fifth in the weight at the Clemson Tiger Paw Invitational with a mark of 20.61 meters (67'7.5") ... Placed third in the shot 17.53 meters (57'5.75") and in the weight 20.34 meters (66'8.75") at the Doc Hale Elite Meet ... At Iowa, placed fourth at the Black and Gold Premier in the shot put, tossing a mark of 17.26 meters (56'7.5").</p>	<p>SEASON BEST</p> <p>Indoor: WT-20.61m (67 ft., 7.5 in.) SP-17.52m (57 ft., 5.75 in.)</p> <p>Outdoor:</p>
	<p>ENID DUUT</p> <p>Throws • So. • Neptunusof, Netherlands</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>.</p>	<p>LAST MEET:</p> <p>NOTE: Has yet to compete in the 2018 indoor.</p>	<p>SEASON BEST</p> <p>Indoor:</p> <p>Outdoor:</p>
	<p>PAVLA KUKLOVA</p> <p>Throws • r-Jr. • Opava, Czech Republic</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>W - 18.95m (62 ft., 2.25 in.) • H - 66.18m (217 ft., 1 in.)</p>	<p>LAST MEET: 18.95 meters (62 ft., 2.25 in.) @ Doc Hale Elite Meet</p> <p>NOTE: Earned a fourth-place finish in the weight at the Doc Hale Elite meet, throwing a personal-best distance of 18.95 meters (62 ft., 2.25 in.) ... Placed eighth in the weight at the Hokie Invitational with her mark of 18.38m (60 ft., 3.75 in.)</p>	<p>SEASON BEST</p> <p>Indoor: WT-18.95m (62 ft., 2.25 in.)</p> <p>Outdoor:</p>
	<p>EMMA THOR</p> <p>Throws • Jr. • Knivsta, Sweden</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>W - 18.85m (61 ft., 10.25 in.) • H - 64.85m (212 ft., 0 in.)</p>	<p>LAST MEET: 18.85 meters (61 feet, 10.25 inches) @ VT Challenge</p> <p>NOTE: At the Virginia Tech Challenge, took second and set a personal best in the weight, tossing a mark of 18.85 meters (61'10.25") ... Competed in weight at Doc Hale Elite Meet (60-6, 18.44m) to place sixth ... Placed fifth in the weight at the Hokie Invitational with a mark of 18.48 meters (60'7.75").</p>	<p>SEASON BEST</p> <p>Indoor: WT-18.85m (61 ft., 10.25 in.)</p> <p>Outdoor:</p>
	<p>KAJSA WENNBERG</p> <p>Throws • Jr. • Uppsala, Sweden</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>W - 16.75m (54 ft., 11.5 in.) • H - 58.73m (192 ft., 8 in.)</p>	<p>LAST MEET: 16.75 meters (54 feet, 11.5 inches) @ VT Challenge</p> <p>NOTE: Set a new personal best in the weight throw at the Virginia Tech Challenge with a mark of 16.75 meters (54 feet, 11.5 inches) ... Finished ninth in the weight throw at the Doc Hale Elite Meet with a length of 16.31 meters (53 feet, 6.25 inches).</p>	<p>SEASON BEST</p> <p>Indoor: WT-16.75m (54 ft., 11.5 in.)</p> <p>Outdoor:</p>

	<p>JAELYN DEMORY</p> <p>Multi-Events • r-So. • Fairfax, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>PV- 5.00m (16'4.75") • PV- 4.95m (16'2.75")</p>	<p>LAST MEET: 60 hurdles - 8.38 @ Virginia Tech Challenge</p> <p>NOTE: Finished seventh in the pole vault at the Doc Hale Elite Meet with a height of 4.90 meters (16 feet, 0.75 inches) ... Placed third in the pole vault, leaping a height of 4.85 meters (15 feet, 11 inches) ... Placed tenth in the pole vault with a mark 4.70 meters (15 feet, 5 inches).</p>	<p>SEASON BEST</p> <p>Indoor: PV- 4.90m (16 ft., 0.75 in.)</p> <p>Outdoor:</p>
	<p>JOHN MANILLI</p> <p>Multi-Events • Fr. • Alexandria, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p>	<p>LAST MEET:</p> <p>NOTE: Has yet to compete in the 2019 indoor</p>	<p>SEASON BEST</p> <p>Indoor:</p> <p>Outdoor:</p>
	<p>MATTHEW MANILLI</p> <p>Multi-Events • So. • Alexandria, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Heptathlon - 4,939 •</p>	<p>LAST MEET: HJ - 2.01m (6 feet, 7 inches) @ ACC Indoor Champ.</p> <p>NOTE: Has yet to compete in the 2019 indoor ... Finished eighth in the heptathlon at the ACC Indoor Championships with 4,939 points.</p>	<p>SEASON BEST</p> <p>Indoor:</p> <p>Outdoor:</p>
	<p>SEAN MURPHY</p> <p>Multi-Events • Fr. • Fairfax, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Heptathlon - 4,685 •</p>	<p>LAST MEET: Pole vault - 3.65m (11 feet, 11.75 inches) @ VT Challenge</p> <p>NOTE: Placed fifth in the pole vault at the Virginia Tech Challenge with a leap of 3.65 meters (11 feet, 11.75 inches) ... Ran a time of 8.67 seconds in the 60 meter hurdles and jumped 1.67 meters (6 feet, 4.75 inches) in the high jump at the Clemson Tiger Paw Invitational ... Threw 12.12 meters (39 feet, 9.25 inches) to finish sixth at the Doc Hale Elite Meet.</p>	<p>SEASON BEST</p> <p>Indoor: 4,685 points</p> <p>Outdoor:</p>
	<p>CHAUNCEY CHAMBERS</p> <p>Multi-Events • Fr. • Springfield, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>TJ - 15.42 •</p>	<p>LAST MEET: TJ - 15.08m (49 feet, 5.75 inches) @Doc Hale Elite Meet</p> <p>NOTE: Finished fourth in the triple jump at the Doc Hale Elite meet with a mark of 15.08m (49 feet, 5.75 inches) ... Jumped 14.77m (48 feet, 5.5 inches) to finish fourth at the Clemson Bob Pollock Invitational ... Placed sixth with a personal best mark of 15.42m (50 feet, 7.25 inches) at the Hokie Invitational.</p>	<p>SEASON BEST</p> <p>Indoor: TJ- 15.42m (50 ft., 7.25 in.)</p> <p>Outdoor:</p>
	<p>DONOVAN LOUIS</p> <p>Multi-Events • Fr. • Triangle, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Pentathlon - 3,120 pts. • Heptathlon - 4,117 pts.</p>	<p>LAST MEET: LJ - 6.92m (22 feet, 8.5 inches) @ Virginia Tech Challenge</p> <p>NOTE: Finished third in the long jump at the Virginia Tech Challenge with a mark of 6.92m (22 feet, 8.5 inches) ... Ran 6.99 to finish ninth in the 60 meter dash and finished 11th in the 200 with a time of 22.53 at the Doc Hale Elite Meet ... Also jumped 6.99m (22 feet, 11.25 inches) to place third.</p>	<p>SEASON BEST</p> <p>Indoor: LJ- 6.99m (22 ft., 11.25 in.)</p> <p>Outdoor:</p>
	<p>STEFANIE AESCHLIMANN</p> <p>Jumps • So. • Wettstetten, Germany</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>TJ - 12.62m (41 ft., 1.75 in.) • TJ - 12.96m (42 ft., 6.25 in.)</p>	<p>LAST MEET: TJ-12.09 meters (39 feet, 8 inches) @ Bob Pollock Invitational.</p> <p>NOTE: Turned in a jump of 12.09 meters (40 feet, 2.25 inches), finishing seventh at the Bob Pollock Invitational ... Finished with a mark of 12.25 meters (40 feet, 2.25 inches) in the triple jump at the Hokie Invitational.</p>	<p>SEASON BEST</p> <p>Indoor: 12.25m (40 ft., 2.25 in.)</p> <p>Outdoor:</p>
	<p>ESZTER BAJNOK</p> <p>Jumps • Jr. • Kethely, Hungary</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>LJ - 6.11m (20 ft., 0.5 in.) • TJ - 13.39m (43 ft., 11.25 in.)</p>	<p>LAST MEET: TJ-13.04 meters (42 feet, 9.5 inches) @ Bob Pollock Invite.</p> <p>NOTE: Clinched a new personal best in the triple jump at the Bob Pollock Invitational with a mark of 13.04 meters (42 feet, 9.5 inches) ... Also set a personal best in the long jump, finished fifth with a mark of 6.11 meters (20 feet, 0.5 inches) at the Hokie Invitational.</p>	<p>SEASON BEST</p> <p>Indoor: LJ- 6.11m (20 ft., 0.5 in.) TJ- 13.04m (42 ft., 9.5 in.)</p> <p>Outdoor:</p>
	<p>Laurel Miller</p> <p>Jumps • So. • Charleston, W. Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>HJ - 1.67m (5 ft., 5.75 in.) •</p>	<p>LAST MEET: HJ-1.63 meters (5 feet, 4.25 inches) @ Virginia Tech Invite.</p> <p>NOTE: Jumped 1.63 meters (5 feet, 4.25 inches) to finish second at the Virginia Tech Invitational ... First year with Virginia Tech after transferring from the College of Charleston.</p>	<p>SEASON BEST</p> <p>Indoor: TJ- 1.63m (5 ft., 4.25 in.)</p> <p>Outdoor:</p>

	<p>COLE BECK</p> <p>Sprints • Fr. • Blacksburg, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.77, 200m - 21.77 •</p>	<p>LAST MEET: 60 meters - 6.81 @ Doc Hale Elite Meet</p> <p>NOTE: Ran a time of 6.81 seconds in the 60 meter prelims at the Virginia Tech Challenge ... Finished third in the 60 meter with a time of 6.81 seconds at the Doc Hale Elite Meet and placed sixth in the 200 with a time of 21.84 ... Ran a time of 6.81 in 60 meters to finish second with a time of 6.81 seconds at the Bob Pollock Invitational.</p>	<p>SEASON BEST</p> <p>Indoor: 60m - 6.77</p> <p>Outdoor:</p>
	<p>MICHAEL DAVENPORT</p> <p>Sprints • Jr. • Winston-Salem, N.C.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.92, 200m - 21.26 • 100m - 10.43, 200m - 20.97</p>	<p>LAST MEET: 200 meters - 21.64 @ Doc Hale Elite Meet</p> <p>NOTE: Clocked a time of 21.64 seconds in the 200 meter at the Doc Hale Elite Meet ... Collected a fourth place finish in the 200 meter with a time of 21.56 seconds and a ninth place finish with a time of 48.57 seconds at the Bob Pollock Invitational ... Finished third in the 300 meters at the Hokie Invitational with a time of 33.89 seconds.</p>	<p>SEASON BEST</p> <p>Indoor: 200m - 21.56 300m - 33.89 400m - 48.57</p> <p>Outdoor:</p>
	<p>MILES GREEN</p> <p>Sprints/Hurdles • Fr. • Philadelphia, Pa.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>400m - 48.448 •</p>	<p>LAST MEET: DMR - 9:37.98 @ JDL DMR Invitational</p> <p>NOTE: Ran the 400 as a member of the DMR team that ran a time of 9:37.98 to finish sixth at the JDL DMR Invitational ... Finished sixth at the Doc Hale Elite Meet with a time of 48.89 seconds. Also ran the first leg of the 4x400 meter relay team (3:14.70) that placed second ... Placed eighth in the 400 at the Clemson Bob Pollock Invitational with a time of 48.48 seconds.</p>	<p>SEASON BEST</p> <p>Indoor: 400m - 48.48 200m - 22.32</p> <p>Outdoor:</p>
	<p>JACORY PATTERSON</p> <p>Sprints/Hurdles • Fr. • Columbia, S.C.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 20.84, 400m - 46.14 •</p>	<p>LAST MEET: 400 meters - 46.14 @ Doc Hale Elite Meet</p> <p>NOTE: Ran a school record time of 46.14 seconds in the 400 at the Doc Hale Elite Meet ... Placed first in the 200 meter with a Tech record 20.84 seconds at the Bob Pollock Invitational ... Ran the second-fastest collegiate 300 in NCAA DI history with his time of 32.49 seconds.</p>	<p>SEASON BEST</p> <p>Indoor: 200m - 20.84 400m - 46.14</p> <p>Outdoor:</p>
	<p>NOAH RAMSEY</p> <p>Sprints • So. • Christiansburg, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.98, 200m - 22.62 •</p>	<p>LAST MEET: 60 meters - 7.05 @ Virginia Tech Challenge</p> <p>NOTE: Tallied a time of 7.05 in the 600 meter at the Virginia Tech Challenge ... Placed eighth in the 60 meter at the Doc Hale Elite Meet with a time of 7.06 seconds. Also ran 22.66 to finish to finish 12th in the 200 ... Finished 16th in the 60 meter with a time of 7:04 and 10th in the 200 with a time of 22.66 at the Doc Hale Elite Meet.</p>	<p>SEASON BEST</p> <p>Indoor: 200m - 22.62 60m - 6.98</p> <p>Outdoor:</p>
	<p>JOSEPH TAY</p> <p>Sprints • Jr. • Bristow, Va</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.86 • 100m - 10.78</p>	<p>LAST MEET: 60 meters - 6.91 @ Virginia Tech Challenge</p> <p>NOTE: Collected a time of 6.91 seconds in the 60 meter dash at the Virginia Tech Challenge ... Finished seventh in the 60 meter dash with a time of 6.99 seconds and placed 10th in the 200 meter with a time of 22.69 at the Bob Pollock Invitational ... Recorded a time of 6.86 seconds in the 60 meter sprint prelims and a time of 22.61 in the 200 meter to place seventh at the Hokie Invitational.</p>	<p>SEASON BEST</p> <p>Indoor: 60m - 6.91</p> <p>Outdoor:</p>
	<p>KANAJZAE BROWN</p> <p>Sprints • Jr. • Bridgeport, Conn.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 7.54, 200m - 24.46 •</p>	<p>LAST MEET: 60 meters - 7.54 @ Virginia Tech Challenge</p> <p>NOTE: Placed third in the 60 meter with a time 7.54 and finished fourth in the 200 with a time of 24.46 at the Virginia Tech Challenge ... Ran a time of 7.66 seconds at the Doc Hale Elite Meet to finish at eighth ... Also a member of the 4x400 team that finished fourth with a time of 3:50.71.</p>	<p>SEASON BEST</p> <p>Indoor: 60m - 7.54 200m - 24.46</p> <p>Outdoor:</p>
	<p>ARLICIA BUSH</p> <p>Sprints • Jr. • Princeton, Ky.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>400m - 54.06 • 200m - 24.21, 400m - 52.29</p>	<p>LAST MEET: DMR - 11:07.08 @ JDL DMR Invitational</p> <p>NOTE: Ran the 400 as a member of the DMR team that ran a time of 9:37.98 to finish second with teth fastest time in the country at the JDL DMR Invitational ... Collected a time of 54.06 seconds in the 400 meter to finish first at the Virginia Tech Challenge ... Ran a time of 54.82 seconds in the 400 meter to finish seventh at the Doc Hale Elite Meet.</p>	<p>SEASON BEST</p> <p>Indoor: 400m - 54.06</p> <p>Outdoor:</p>
	<p>KAYLA COPELAND</p> <p>Sprints/Hurdles • FR. • Ashbur, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>400m - 49.74 • 400h - 52.86</p>	<p>LAST MEET: 60 meters - 7.71 @ Virginia Tech Challenge</p> <p>NOTE: Collected a time of 7.71 seconds in the 60 meter to place sixth at the Virginia Tech Challenge ... Clocked a time of 25.47 seconds in the 200 meter to finish 14th at the Doc Hale Elite Meet. Also, ran the second leg of the 4x400-meter relay team (3:50.71) that finished fourth ... Placed 16th in the 200 at the Hokie Invitational with a time of 25.50 seconds.</p>	<p>SEASON BEST</p> <p>Indoor: 400m - 50.20 200m - 22.91</p> <p>Outdoor:</p>
	<p>KENNEDY DENNIS</p> <p>Sprints • So. • Greenville, S.C.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 7.29, 200 - 23.73 • 100m - 11.56</p>	<p>LAST MEET: 60 meters - 7.38 @ Virginia Tech Challenge</p> <p>NOTE: Ran a time of 7.38 in the 60 meter to place second at the Virginia Tech Challenge ... Collected a time of 7.36 in the 60 meter dash and a time of 23.94 seconds in the 200 meter at the Doc Hale Elite Meet ... Finished fourth in the 60 meter with a time of 7.30 seconds at the Clemson Bob Pollock Invitational.</p>	<p>SEASON BEST</p> <p>Indoor: 60m - 7.29 200m - 23.73</p> <p>Outdoor:</p>

	IMAGINE PATTERSON	LAST MEET: 60 hurdles - 8.54 @ Doc Hale Elite Meet NOTE: Recorded a personal best time of 8.54 seconds in the 60 meter hurdles at the Doc Hale Elite Meet ... Ran a personal-best time of 24.94 seconds in the 00 meter to finish 13th at the Bob Pollock Invitational. Also clocked a time of 57.14 seconds to finish fifth in the 400.	SEASON BEST
	Sprints/Hurdles • Fr. • Rock Hill, S.C.		Indoor: 400m - 56.34 60h - 8.54
	Top Mark Indoor • Top Mark Outdoor 60h - 8.54, 400m - 56.34 •		Outdoor:
	NYKAH SMITH	LAST MEET: 400 meters - 54.48 @ Virginia Tech Challenge NOTE: Recorded a personal best time of 54.48 seconds in the 400 at the Virginia Tech Challenge ... Collected a personal-best time of 24.25 seconds in the 200 meter dash to place fourth at the Doc Hale Elite Meet. Also finished with a sixth in the 400 with a time of 54.82 seconds.	SEASON BEST
	Sprints • Fr. • Atlanta, Ga.		Indoor: 200m - 24.25 400m - 54.48
	Top Mark Indoor • Top Mark Outdoor 200m - 24.25, 400m - 54.48 •		Outdoor:

	OWEN BUCK	LAST MEET: 800 meters - 1:52.06 @ Virginia Tech Challenge	SEASON BEST
	Mid-Distance • So. • Seattle, Wash.	NOTE: Won the 800 at the Virginia Tech Challenge with a time of 1:52.06 ... Ran the 800-meter race at the Iowa State Classic in a time of 1:52.02 ... Came in fourth in the 800 at the Doc Hale Elite Meet with a time of 1:52.69 ... Ran the mile at the Hokie Invitational in a time of 4:15.21 ... Was fourth in the 1,000 at the Virginia Tech Invitational with a time of 2:28.02.	Indoor: 800m - 1:52.02
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	800m - 1:51.08 • 400m - 50.46, 800m - 1:50.06		
	BEN FLEMING	LAST MEET: 3,000 - 8:15.78 @ Iowa State Classic	SEASON BEST
	Distance • r-Fr. • Blacksburg, Va.	NOTE: Ran the 3,000-meter race at the Iowa State Classic in a time of 8:19.05 ... Won the unseeded 3,000 at the Camel City Invitational with a time of 8:15.78 ... Came in ninth in the mile at the Hokie Invitational with a time of 4:08.63 ... Finished second in the mile at the Virginia Tech Invitational with a time of 4:07.51.	Indoor: 3,000m - 8:15.78 Mile - 4:07.51
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	3,000m - 8:15.78, Mile - 4:07.51 • 3,000s - 9:08.76		
	JACK JOYCE	LAST MEET: 3,000 - 8:09.98 @ Iowa State Classic	SEASON BEST
	Distance • r-So. • Ashburn, Va.	NOTE: Was fourth in the 3,000-meter race at the Iowa State Classic, running the distance in a time of 8:09.98 ... Finished third in the unseeded 3,000 at the Camel City Invitational with a time of 8:17.41 ... Was seventh in the mile at the Hokie Invitational with a time of 4:08.14 ... Came in second in the 1,000 at the Virginia Tech Invitational with a time of 2:26.61.	Indoor: 3,000m - 8:09.98
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	3,000m - 8:09.98 • 5,000m - 14:06.72		
	BASHIR MOSAVEL-LO	LAST MEET: Mile - 4:02.13 @ Iowa State Classic	SEASON BEST
	Distance • So. • Richmond, Va.	NOTE: Competed in the preliminaries of the 60-meter dash at the ACC Championships, finishing with a time of 7.40, a new personal record ... Set a new personal best in the 200-meter dash at the same event, finishing 12th behind a time of 23.91 ... Was a member of the 4x400-meter relay team that finished fourth with a time of 3:36.83 at the ACC Championships.	Indoor: 800m - 1:49.46 Mile - 4:02.13
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	800m - 1:49.46 • 800m - 1:48.66		
	ELDON PHILLIPS	LAST MEET: 800 meters - 1:56.20 @ Virginia Tech Challenge	SEASON BEST
	Mid-Distance • Fr. • Blacksburg, Va.	NOTE: Came in fourth in the 800-meter race at the Virginia Tech Challenge with a time of 1:56.20 ... Ran the 800 at the Iowa State Classic in a time of 1:52.39 ... Finished second in the 800 at the Doc Hale Elite Meet with a time of 1:52.32 ... Ran unattached in the 1,000 at the Virginia Tech Invitational and was 12th with a time of 2:33.54.	Indoor: 800m - 1:52.32
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	800m - 1:56.20 •		
	PETER SEUFER	LAST MEET: 5,000 - 13:52.32 @ Iowa State Classic	SEASON BEST
	Distance • r-Jr. • Lynchburg, Va.	NOTE: Was part of the DMR team that came in sixth at the JDL DMR Invitational with a time of 9:37.98 — the 10th-fastest time in school history ... Was 11th in the 5,000-meter race at the Iowa State Classic, running the distance in a personal-best time of 13:52.32 ... Finished seventh in the elite 3,000 at the Camel City Invitational with a time of 7:59.90.	Indoor: 5,000 - 13:52.32
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	5,000m - 13:52.32 • 5,000m - 14:21.59		
	FITSUM SEYOUM	LAST MEET: Mile - 4:12.80 @ Virginia Tech Challenge	SEASON BEST
	Distance • r-Fr. • Leesburg, Va.	NOTE: Came in second in the mile race at the Virginia Tech Challenge with a time of 4:12.80 ... Finished ninth in the unseeded 3,000-meter race at the Camel City Invitational with a time of 8:33.88 ... Was 12th in the mile at the Hokie Invitational with a time of 4:11.26 ... Came in fourth in the mile at the Virginia Tech Invitational with a time of 4:12.24.	Indoor: Mile - 4:11.26 3,000 - 8:33.88
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	5,000m - 14:24.04 • 3,000s - 8:49.26		
	THIERRY SIEWE YANGA	LAST MEET: 800 meters - 1:52.28 @ Doc Hale Elite Meet	SEASON BEST
	Distance • So. • Silver Spring, Md.	NOTE: Won the 800 at the Doc Hale Elite Meet with a time of 1:52.28 ... Finished 12th in the 1,000 at the Hokie Invitational with a time of 2:30.98 ... Was third in the 1,000 at the Virginia Tech Invitational with a time of 2:26.73.	Indoor: 800m - 1:52.28
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	800m - 1:52.28 • 800m - 1:51.10, 1,500m - 3:55.64		
	DAVE WHITFIELD	LAST MEET: 1,000 - 2:27.43 @ Virginia Tech Challenge	SEASON BEST
	Distance • So. • Upper Darby, Pa.	NOTE: Came in second in the 1,000 at the Virginia Tech Challenge, running the race in a personal-best time of 2:27.43 ... Ran the 800 in 1:52.79 at the Iowa State Classic ... Ran the 800 in a time of 1:54.41 at the Doc Hale Elite Meet ... Ran the mile at the Hokie Invitational in a time of 4:13.67 ... Was fifth in the 1,000 at the Virginia Tech Invitational with a time of 2:30.08.	Indoor: 800m - 1:52.79 Mile - 4:13.67
	Top Mark Indoor • Top Mark Outdoor		Outdoor:
	800m - 1:53.79 • 800m - 1:53.20, 1,500m - 3:58.20		

	<p>DIEGO ZARATE</p> <p>Distance • r-Jr. • Germantown, Md.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Mile - 4:00.04 • 1,500m - 3:43.38</p>	<p>LAST MEET: Mile - 4:00.44 @ Iowa State Classic</p> <p>NOTE: Came in fifth in the mile race at the Iowa State Classic with a personal-best time of 4:00.44 ... Finished second in the elite mile race at the Camel City Invitational with a time of 4:03.37 ... Came in third in the 1,000 at the Hokie Invitational with a time of 2:26.48.</p>	<p>SEASON BEST</p> <p>Indoor: Mile - 4:00.44</p> <p>Outdoor:</p>
	<p>LAUREN BERMAN</p> <p>Distance • r-Jr. • Fairfax, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Mile - 4:50.38 • 5,000m - 16:12.55</p>	<p>LAST MEET: Mile - 4:02.13 @ Iowa State Classic</p> <p>NOTE: Ran the mile in a time of 4:52.46 at the Iowa State Classic ... Was eighth in the unseeded 3,000-meter race at the Camel City Invitational with a time of 10:03.04 ... Came in eighth in the mile at the Hokie Invitational with a time of 4:51.31 ... Finished fifth in the 1,000 at the season-opening Virginia Tech Invitational with a time of 2:53.86.</p>	<p>SEASON BEST</p> <p>Indoor: Mile - 4:52.46</p> <p>Outdoor:</p>
	<p>ELLIE BRUSH</p> <p>Distance • So. • Mason, Ohio</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>3,000m - 10:00.37 • 800m - 2:18.88, 1,500m - 4:46.26</p>	<p>LAST MEET: 1,000 - 2:53.55 @ Virginia Tech Challenge</p> <p>NOTE: Won her first collegiate race when she came in first in the 1,000 at the Virginia Tech Challenge ... Ran that race in a personal-best time of 2:53.55 ... Was seventh in the unseeded 3,000-meter race at the Camel City Invitational with a time of 10:00.37 ... Ran the mile at the Hokie Invitational in a time of 5:07.31.</p>	<p>SEASON BEST</p> <p>Indoor: 3,000 - 10:00.37</p> <p>Outdoor:</p>
	<p>SARAH EDWARDS</p> <p>Distance • Jr. • Bellingham, Mass.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>Mile - 4:36.49, 3,000m - 9:33.53 • 1,500m - 4:22.50</p>	<p>LAST MEET: 3,000 - 9:33.53 @ Iowa State Classic</p> <p>NOTE: Was part of the DMR team that came in second at the JDL DMR Invitational with a time of 11:07.08 — the third-fastest time in school history ... Ran the 3,000 at the Iowa State Classic in a time of 9:33.53 ... Was third in the elite mile race at the Camel City Invitational with a time of 4:36.49 ... Finished third in the 1,000 at the Hokie Invitational with a time of 2:52.62.</p>	<p>SEASON BEST</p> <p>Indoor: Mile - 4:36.49 3,000 - 9:33.53</p> <p>Outdoor:</p>
	<p>SARA FREIX</p> <p>Distance • Jr. • Centreville, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>5,000m - 16:07.09 • 10,000m - 34:12.33</p>	<p>LAST MEET: 5,000 - 16:07.09 @ Iowa State Classic</p> <p>NOTE: Broke the school record in the 5,000 at the Iowa State Classic, finishing the race in a time of 16:07.09 to come in 12th overall ... Broke the previous mark by more than nine seconds ... Came in 10th in the elite 3,000-meter race at the Camel City Invitational with a time of 9:21.72 ... Finished second in the 1,000 at the Hokie Invitational, running the event in a time of 2:50.04.</p>	<p>SEASON BEST</p> <p>Indoor: 800m - 1:47.04 Mile - 4:00.21</p> <p>Outdoor:</p>
	<p>RACHEL POCRATSKY</p> <p>Distance • Sr. • Gaithersburg, Md.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>800m - 2:03.17 • 800m - 2:02.67, 1,500m - 4:10.03</p>	<p>LAST MEET: 800 - 2:05.20 @ Iowa State Classic</p> <p>NOTE: Was part of the DMR team that came in second at the JDL DMR Invitational with a time of 11:07.08 — the third-fastest time in school history ... Won the 800-meter race at the Iowa State Classic in a time of 2:05.20 ... Finished second in the elite mile race at the Camel City Invitational with a time of 4:36.49.</p>	<p>SEASON BEST</p> <p>Indoor: 800m - 2:05.20</p> <p>Outdoor:</p>
	<p>KAYLA RICHARDSON</p> <p>Distance • Jr. • Blacksburg, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>5,000m - 16:43.72 • 3,000s - 10:50.71</p>	<p>LAST MEET: 5,000 - 16:43.72 @ Iowa State Classic</p> <p>NOTE: Was 11th in the 5,000-meter run at the Iowa State Classic with a time of 16:43.72 ... Ran the mile at the Hokie Invitational in a time of 5:11.46 ... Came in third in the mile at the Virginia Tech Invitational with a time of 5:03.03.</p>	<p>SEASON BEST</p> <p>Indoor: 5,000m - 16:43.72</p> <p>Outdoor:</p>
	<p>CATHERINE STONE</p> <p>Mid-Distance • Jr. • Vienna, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>800m - 2:11.52 • 800m - 2:13.78</p>	<p>LAST MEET: 800 - 2:11.52 @ Iowa State Classic</p> <p>NOTE: Ran the 800-meter race at the Iowa State Classic in a time of 2:11.52 ... Finished third in the 800 at the Doc Hale Elite Meet with a time of 2:16.19 ... Was seventh in the 1,000 at the Hokie Invitational with a time of 2:57.24 ... Came in seventh in the mile at the Virginia Tech Invitational with a time of 5:13.79.</p>	<p>SEASON BEST</p> <p>Indoor: 800m - 2:11.52</p> <p>Outdoor:</p>