



SOUTH CAROLINA GAMECOCKS



Gamecock Invitational April 16, 2022 FINAL SCHEDULE

RUNNING EVENTS

Time	Gender	Event	Section
9:00 AM	M	5,000 Meters	Fast Section – 15:30.00 & Faster
9:25 AM	W	5,000 Meters	Fast Section - 19:00 & Faster
9:50 AM	M	1,500 Meters	2 Heats - 4:09.01 & Slower
10:05 AM	W	1,500 Meters	3 Heats - 4:59.00 & Slower
10:25 AM	M	400 Meters	7 Heats – 47.71 & Slower
10:45 AM	W	400 Meters	5 Heats - 56.00 & Slower
11:10 AM	M	110-Meter Hurdles	4 Heats - Qualifying
11:30 AM	W	100-Meter Hurdles	6 Heats - Qualifying
11:50 AM		Special Recognition	Dawn Ellerbe
12:15 PM	M	100 Meters	8 Heats - 10.52 & Slower
12:35 PM	W	100 Meters	8 Heats - 11.99 & Slower
1:00 PM	M	800 Meters	4 Heats - 1:53.51 & Slower
1:20 PM	W	800 Meters	5 Heats – 2:15.91 & Slower
1:40 PM	M	4 x 100-Meter Relay	3 Heats
1:50 PM	W	4 x 100-Meter Relay	2 Heats
2:00 PM	M	1500 Meters	1 Heat - 4:09.00 & Faster
2:10 PM	W	1500 Meters Finals	1 Heat - 4:58.00 & Faster
2:20 PM	M	400 Meters Finals	2 Heats - 56.99 & Faster
2:30 PM	W	400 Meters Finals	2 Heats - 47.70 & Faster
2:40 PM	W	110- Meter Hurdles	1 Heat Final
2:50 PM	M	100-Meter Hurdles	1 Heat Final
3:00 PM	M	100 Meters	2 Heats - 10.51 & Faster
3:10 PM	W	100 Meters	2 Heats - 11.99 & Faster
3:20 PM	M	400-Meter Hurdles	4 Heats
3:35 PM	W	400-Meter Hurdles	3 Heats
3:50 PM	M	800 Meters	1 Heat - 1:53.50 & Faster
3:55 PM	W	800 Meters	1 Heat - 2:15.90 & Faster
4:00 PM	M	200 Meters	12 Heats
4:30 PM	W	200 Meters	7 Heats
4:50 PM	M	5,000 Meters	1 Heat - 15:32 & Slower
5:10 PM	W	5,000 Meters	1 Heat - 19:01 & Slower
5:35 PM	W	3000-Meter Steeple	1 Heat
5:50 PM	M	4 x 400-Meter Relay	3 Heats
6:10 PM	W	4 x 400-Meter Relay	3 Heats

Field Events

Time	Gender	Event
9:00 AM	W	Hammer Throw
9:00 AM	M	Javelin
11:00 AM	M	Long Jump
11:00 AM	W	Long Jump
11:00 AM	M	Hammer Throw
11:00 AM	W	Javelin
11:30 AM	W followed by M	Pole Vault
2:00 PM	M	Shot Put
2:00 PM	W	Discus
2:30 PM	W followed by M	High Jump
3:30 PM	M	Triple Jump
3:30 PM	W	Triple Jump
4:00 PM	W	Shot
4:00 PM	M	Discus

***MANDATORY* 200m check-in is 3:20 PM**

***MANDATORY* 4x400m Relay check-in is at 4:50 PM**