

20 INDIVIDUAL NCAA CHAMPIONS / 249 INDIVIDUAL ACC CHAMPIONS / 20 ACC TRACK & FIELD CHAMPIONSHIPS / 10 OLYMPIANS

### **VIRGINIA TECH HOKIES**

 Director: Dave Cianelli
 Head Track and Field Coach: Ben Thomas
 Head Cross Country and Distance Coach: Eric Johannigmeier

 Associate Head Coach (women):
 Andrew Dubs
 Associate Head Coach (men):
 Paul Zalewski

Assistant Coach (pole vault): Bob Phillips Assistant Coach (sprints/hurdles): Alan Dunson Assistant Coach (distance): Jason Cusack Assistant Coach: Rachel Baxter Assistant Coach: Chauncey Chambers Assistant Coach: Essence Henderson

Assistant Coach: Dallin Leatham Assistant Coach: Cheyenne Leatham Assistant Coach: Deakin Volz

NCAA INDOOR TRACK AND FIELD CHAMPIONSHIPS - March 7-9, 2024 | BOSTON, MASS. | THE TRACK AT NEW BALANCE



### **PLAYER HIGHLIGHTS**

### **BOSTON BOUND: GORLOVA**

• Senior Victoria Gorlova earned her third ACC Women's Field MVP award finishing first in long jump 6.39m (20' 11.75") and second in triple jump 13.47m (44' 2.5") at the 2024 ACC Indoor Championships in Boston, Mass.

• Gorlova won her first long jump conference title with a mark of 6.39m (20' 11.75"). During the regualr season, she broke her own school record with a mark of 6.43m (21' 1.25") at the Don Kirby Elite Invitational on Feb. 9.

• She recently won the 2023 Russian U23 Outdoor Championships jumping 14.01m in the triple jump.

• She placed 15th in the triple jump at the 2023 NCAA Indoor Championships in Albuquerque, N.M. at 13.23m (43' 5").

#### **2X ACC CHAMP - LINCOLN IV**

• Sophomore Judson Lincoln IV ranks fifth in the nation in the 400m posting a season-best time of 45.53 at the Tyson Invitational on Feb. 10. First in the ACC.

• At the 2024 ACC Indoor Championships he claimed gold in the 400m at 45.70.

• Lincoln helped the 4x400m relay team claim the Hokies firstever 4x400m Indoor ACC title (3.06.00), running anchor. • Lincoln won the men's 400m at the 2023 USATF U20 Championships with a personalbest time of 45.47. Lincoln IV controlled the race from start to finish.

#### **BROKEN RECORDS - DMR**

• The men's distance medley relay team broke the DMR school record competing at the Terrier DMR Challenge. The team made of Nick Plant, Judson Lincoln IV, Christian Jackson, and Ethan Coleman recorded a time of 9:22.71, ranked ninth in the nation.

• Tech last won the NCAA DMR title in 2018 with a time of 9:38.31 (Jaskowak, Thomas, Yanga, Gourley).

### KILLINEN IS KILLIN' IT - WEIGHT Throw

 Junior Sara Killinen secured her spot back into the NCAA Championships throwing 22.44m (73' 7.5") at the Hokies season opener on Jan. 13. She ranks tied for seventh heading into the meet.

• Killinen won the 2024 ACC Championships with a sixthround throw of 22.23m. • In 2023, she finsihed 12th in weight at the NCAA Championships with a mark of 21.23m (69'8"). She broke her own Finland National Record while competing at the ACC Championships throwing a personal-best 22.66m (74' 4.25"), finishing second.

• Killinen is making her fourth NCAA appearance. Her career is highlighted by a fourth place finish in the hammer throw at the 2022 Outdoor Championships with a personal-best mark of 71.02m (233' 0").

### **BUTLER IS BACK IN THE 800M**

• Lindsey Butler made her way back into the NCAA Top 20 (13th) list marking the sixth time in her career being ranked going into the championships. She recorded a season-best time of 2:02.86 in Nashville, Tenn. on Feb. 10 in the 800m.

• At the 2024 ACC Indoor Championships, Butler won her third 800m indoor conference title with a time of 2:03.86.

• Butler broke her third indoor school record while competing in the 1000m at the Hokie Invitational on Jan. 20.

• She finished second in the 1000m with a time of 2:41.00, seventh fastest time in NCAA history.

### 2024 Indoor Schedule

Date	Meet	Location
Jan. 12-13	Virgnia Tech Invitational	Blacksburg, Va.
Jan. 19-20	Hokie Invitational	Blacksburg, Va.
Jan. 26-27	Penn State National Open	State College, Pa.
Feb. 2-3	Doc Hale VT Meet	Blacksburg, Va.
Feb. 9-10	Tyson Invitational	Fayetteville, Ark.
Feb. 9-10	Music City Challenge	Nashville, Tenn.
Feb. 9-10	Don Kirby Elite Invitational	Albuquerque, N.M.
Feb. 16	Terrier DMR Challenge	Boston, Mass.
Feb. 16-17	Virginia Tech Challenge	Blacksburg, Va.
Feb. 22-24	ACC Championships	Boston, Mass.
March 7-9	NCAA Championships	Boston, Mass.

#### **ACC WEEKLY AWARDS**

Chiara Sistermann - Women's Rookie of the Week - Jan. 16 Lindsey Butler - Women's Track Performer of the Week - Jan. 23 Judson Lincoln IV - Men's Track Performer of the Week - Jan. 23 Nate Paris - Men's Rookie of the Week - Feb. 6

### 2024 ACC INDOOR CHAMPIONS

Men's Ali Diaby - (4x400m) Kennedy Harrison - (4x400m) Judson Lincoln IV - (400m, 4x400m) Conner McClure - (pole vault) Kaheleje Tillmon - (4x400m)

#### Women's

Lindsey Butler - (800m) Sara Killinen - (weight throw) Barbora Malikova - (400m) Chiara Sistermann (pole vault) Victoria Gorlova - (long jump)

### ACC TEAM RANKINGS - USTFCCCA

Week 3	Men - 1st	Women - 5th
Week 4	Men - 1st	Women - 2nd
Week 5	Men - 1st	Women - 2nd



### 2023 NCAA OUTDOOR CHAMPIONSHIPS <u>Women's Results</u>

Julia Fixsen - Pole Vault Champion Kenna Stimmel - Eighth place (pole vault) Journey Gurley - 13th place (pole vault) Cierra Pyles - 15th place (triple jump) Lindsey Butler - 17th place (800m) Barbora Stejfova - 23rd place (hammer)

### Men's Results

Nick Plant - 12th place (800m)

### 2023 NCAA INDOOR CHAMPIONSHIPS Women's Results

Kenna Stimmel - Fourth place (pole vault) Julia Fixsen - 11th place (pole vault) Journey Gurley - 13th place (pole vault) Lindsey Butler - 10th place (mile) Sara Killinen - 12th place (weight throw) Victoria Gorlova - 15th place (triple jump) "NCAA Results for Current Athletes Ctd. on page 2 ...

### KEY STORYLINES, CTD.

• Last year, Butler placed 17th in the 800m at the 2023 NCAA Outdoor Championships (2:04.04), 10th in the Mile (4:45.65) at the 2023 Indoor Championships.

• 2022 NCAA 800m Indoor Champion - 2:01.37. Fourth in 2021 with a time of 2:02.15

### **MURPHY - HEPTATHLON**

• Senior Sean Murphy recorded a personal-best 5810 points in the heptathlon on Feb. 2, second highest score in Tech history.

• Murphy finished fourth at the ACC Championships (5659) and is ranked 14th in the nation, qualifying for his first NCAA Championships.

• In 2024, Murphy has set personal-best marks in the long jump (7.06m) and pole vault (4.90m).

### **McCLURE - POLE VAULT**

• Conner McClure leads the men's pole vault in the ACC with a height of 5.53m (18' 1.75") set at the ACC Championships in Boston. Ranked 10th in the NCAA.

• McClure is a two-time ACC Indoor Champion having first won the title in 2023 clearing a height of 5.38m (17' 7.5").

### **PLANT - 800m**

• Nick Plant earned All-ACC First Team honors finishing second at the ACC Championships in 1:47.33.

• Plant set the 1000m indoor school record during the regular season this year clocking in a time of 2:19.99 (unattached).

• As a freshman, Plant won the 800m outdoor conference title with a time of 1:47.41. Plant would go on to claim first in the semifinals at the NCAA East Prelims (1:49.12).

• Plant finished 12th in the 800m at the NCAA Outdoor Championships and was named the 2023 ACC Freshman of the Year (Outdoors).

### 2024 NCAA TOP 16 LIST

### • Men

Judson Lincoln IV (400m) - 45.53
 Plant, Lincoln IV, Jackson, Coleman (DMR) - 9:22.71
 Conner McClure (pole vault) - 5.53m
 Sean Murphy (heptathlon) - 5810pts
 Nick Plant (800m) - 1:47.33

### Women

8. Sara Killinen (weight throw) - 22.44m 8. Victoria Gorlova (triple jump) - 13.47m 13. Victoria Gorlova (long jump) - 6.43m 16. Lindsey Butler (800m) - 2:02.86

# ACC TOP FIVE PERFORMANCE LIST - REGULAR SEASON • Men

- Tillmon, Harrison, James, Lincoln IV (4X400) 3:06.82
   Judson Lincoln IV (400m) 45.53
   Sean Murphy (heptathlon) 5810pts
   Conner McClure (pole vault) 5.40m
   Maddox Hamm (pole vault) 5.32m
   Judson Lincoln IV (200m) 20.84
   Chidozie Kalu (triple jump) 15.94m
   Christian Jackson (800m) 1:47.51
   Plant, Lincoln IV, Jackson, Coleman (DMR) 9:22.71
- 4. Nate Paris (heptathlon) 5608pts
- T4. Clark, Burke, Bell (high jump) 2.15m
- 5. Nick Plant (800m) 1:48.21

#### Women

- 1. Victoria Gorlova (long jump) 6.43m
- 1. Chiara Sistermann (pole vault) 4.27m
- 1. Sara Killinen (weight throw) 22.44m
- 2. Journey Gurley (pole vault) 4.24m
- 2. Victoria Gorlova (triple jump) 13.37m
- 2. Barbora Malikova (400m) 52.99
- 2. Lindsey Butler (800m) 2:02.86
- 3. Star Price (800m) 2:03.42
- 4. Ballowe, Malikova, Price, Butler (DMR) 10:52.51
- 4. Katie Seyfang (shot put) 16.26m
- 5. Barbora Stejfova (weight throw) 20.26m

### **HEAD COACH BEN THOMAS**

• The Hokies welcome back head track and field coach Ben Thomas. Thomas returns to Virginia Tech after serving as an associate head coach at the University of Oregon.

• Prior to Oregon, coach Thomas spent 17 years at Tech building the distance program into one of the best in the nation. The Hokies won their first Men's ACC Cross Country Championships in 2012 under Thomas' leadership.

• Coach Thomas is a three-time USTFCCCA National Assistant Coach of the Year (2017, 2020, 2021), and 10-time Regional Assistant Coach of the Year.

• Thomas has coached 131 NCAA All-Americans, 72 ACC Champions, and 13 NCAA Champions.



### 2024 FIRST TEAM All-ACC

• Men's Indoors Ali Diaby (4x400m) - champion Maddox Hamm (pole vault) Kennedy Harrison (4x400m) - champion Christian Jackson (800m) Chidozie Kalu (triple jump) Judson Lincoln IV (400m, 4x400m) - champion Conner McClure (pole vault) - champion Nick Plant (800m) Kaheleje Tillmon (4x400m) - champion

### • Women's Indoors

Lindsey Butler (800m) - champion Chiara Sistermann (pole vault) - champion Victoria Gorlova (long jump) - champion Victoria Gorlova (triple jump) Katrin Brzyskowska (shot put) Sara Killinen (weight throw) - champion Barbora Malikova (400m) - champion Star Price (800m)

### **2024 CONFERENCE CHAMPIONS**

#### Indoors

Lindsey Butler - (800m) Ali Diaby - (4x400m) Kennedy Harrison - (4x400m) Sara Killinen - (weight throw) Judson Lincoln IV - (400m, 4x400m) Barbora Malikova - (400m) Conner McClure - (pole vault) Chiara Sistermann (pole vault) Kaheleje Tillmon - (4x400m) Victoria Gorlova - (long jump)

### 2023 FIRST TEAM All-ACC

• Men's Indoors Elijah Bell (high jump) Amir Green (DMR) champion Kennedy Harrison (400m) Conner McClure (pole vault) - champion Sean Murphy (heptathlon) Nick Plant (DMR) champion Harrison Rice (pole vault) Jacob Rice (pole vault)

#### • Women's Indoors

Kenna Stimmel (pole vault) - champion Julia Fixsen (pole vault) Victoria Gorlova (triple jump) - champion Cierra Pyles (triple jump) Katrin Brzyskowska (shot put) Sara Killinen (weight throw)

### Men's Outdoors

Nick Plant (800m) - champion Jacob Rice (pole vault)

### Women's Outdoors

Lindsey Butler (800m) Julia Fixsen (pole vault) - champion Victoria Gorlova (triple jump) - champion Sara Killinen (hammer) Star Price (800m) Cierra Pyles (triple jump)

### 2023 CONFERENCE CHAMPIONS

### Indoors

Amir Green - (DMR) Conner McClure - (pole vault) Nick Plant - (DMR) Kenna Stimmel (pole vault) Victoria Gorlova (triple jump)

• Outdoors Nick Plant (800m) Julia Fixsen (pole vault) Victoria Gorlova (triple jump)

### **2024 ACC INDOOR TEAM RESULTS**

Men	
1. North Carolina	93 points
2. Florida State	84
3. Virginia Tech	82
4. Clemson	81
5. Virginia	64
6. Miami	53
7. Louisville	48
8. Notre Dame	41
9. Duke	27
10. Syracuse	26
11. Wake Forest	18
12. Pittsburgh	17
13. Georgia Tech	9
14. NC State	8
15. Boston College	6

#### • Women

1. Virginia Tech	92 points
2. Clemson	80.5
3. Notre Dame	70
4. Duke	64
5. Flordia State	61
6. Miami	52
7. Virginia	50.5
8. NC State	41
9. Louisville	34
10. Pittsburgh	31
11. North Carolina	23.5
12. Georgia Tech	21.5
13. Boston College	18
14. Wake Forest	13
15. Syracuse	10

### **2023 ACC OUTDOOR TEAM RESULTS**

#### Men 92 points 1. Clemson 2. Florida State 91 3. Louisville 89.5 3. Virginia 89.5 5. Virginia Tech 84.5 5. North Carolina 73.5 7. Miami 59 8. Duke 51 9. Notre Dame 42 10. Wake Forest 40 36 11. Syracuse 12. Pittsburgh 27 13. NC State 23 14. Georgia Tech 15 Boston College 0

### • Women

- women	
1. Duke	145.5 points
2. Virginia Tech	84.5
3. Miami	83
4. Flordia State	78
5. Virginia	76.5
6. NC State	73
7. Notre Dame	59
8. North Carolina	47
9. Louisville	39
10. Clemson	34
11. Pittsburgh	25
12. Wake Forest	24.5
13. Boston College	16
13. Georgia Tech	16
15. Syracuse	14





Men's Indoor         Men's Outdoor           Year         Place           2005         6th           2006         4th           2007         6th           2008         9th           2009         2nd           2009         2nd           2009         2nd           2010         3rd           2011         1st           2012         2nd           2013         1st           2014         5th           2015         1st           2016         5th           2017         1st           2018         2nd           2019         1st           2018         2nd           2019         1st           2019         1st           2020         2nd           2021         1st           2020         2nd           2020         2nd           2021         1st           2020         2nd           2021         1st           2020         2nd           2021         1st           2020         2nd           2023         <	ALL-Time Conference Finishes				
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### THE BASICS

University Name: Virginia Tech Location: Blacksburg, Va. Founded: 1872 Enrollment: 37,000 **President:** Dr. Timothy Sands **Director of Athletics:** Whit Babcock Nickname: Hokies Mascot: HokieBird **Colors:** Chicago Marcon & Burnt Orange **Affiliation:** NCAA Division I **Conference:** Atlantic Coast (20th Season)

### MEDIA INFORMATION MEDIA ACCESS/CREDENTIALS

Outlets interested in obtaining media access to cover Virginia Tech track and field home meets must apply for credentials through **Eric Raumen** (media contact) via email at **eraumen@vt.edu** 

### **INTERVIEW POLICY**

Meet Days: Virginia Tech director Dave Cianelli, head coach Ben Thomas, and requested student-athletes will be available to the media after their event.

Non-Meet Days: All coach and student-athlete interview requests need to be arranged through the Virginia Tech Strategic Communications Office - contact Eric Raumen by email at eraumen@vt.edu. Student-athletes and coaches should not be contacted directly under any circumstances.

Name	Class	Event	Hometown	High School (College)
Hannah Ballowe	Sr.	Distance	Mechanicsville, Va.	Saint Catherine's
Riley Basinger	Fr.	Distance	Waxhaw, N.C.	Marvin Ridge
Kylie Bonser	Fr.	Distance	Midlothian, Va.	Midlothian
Katrin Brzyszkowska	So.	Throws	Orlova, Czech Republic	
Lindsey Butler	Sr.	Distance	Corning, N.Y.	Corning
Layn Capritta	Fr.	Distance	Lovettsville, Va.	Woodgrove
Elizabeth Coe	Fr.	Distance	Bethesda, Md.	Wakefield
Kylie Cooper	Fr.	Distance	Rocky Mount, Va.	Franklin County
Kennedy Drish	Fr.	Pole Vault	Fisher, Ind.	Hamilton Southeastern
Kenza Elakari	Fr.	Distance	Springfield, Va.	West Springfield
Julia Fixsen	Sr.	Pole Vault	Shoreview, Minn.	Mounds View
Ava Flaherty	Fr.	Distance	Raleigh, N.C.	Pearson Online Academy
Victoria Gorlova	Sr.	Jumps	Odintsovo, Russia	Odintsovo
Maxanna Grubb	Jr.	Distance	Amherst, N.Y.	Amherst Central
Journey Gurley	Jr.	Pole Vault	Dainelsville, Ga.	Madison County
Ava Hassebrock	Jr.	Distance	Leesburg, Va.	Tuscarora
Lily Grace Hester	Fr.	Distance	Bon Air, Va.	James River
Willa Hock	Fr.	Jumps	Windsor, Conn.	Loomis Chaffee
Caitlyn Jones	Fr.	Distance	Hillard, Ohio	Hilliard Davidson
Chase Kappeler	Jr.	Distance	Springfield, Va.	West Springfield
Erin Kelleher	Jr.	Pole Vault	Avondale, Pa.	Padua Academy
Sara Killinen	Jr.	Throws	Lapua, Finland	Kuortaneen Lukio
Sarah Leach	Jr.	Distance	Charlottesville, Va.	Albemarle
Avery Legault	Fr.	Distance	Mason, Ohio	William Mason
Barbora Malikova	Jr.	Sprints	Oldrisov, Czech Republic	Stredni Prumyslova Skola Stavebr
Madison McConico	So.	Jumps	Chester, Va.	Thomas Dale
Mary Kate McGranahan	Sr.	Distance	New York, N.Y.	Trinity
Ellie Pence	Fr.	Distance	Greensville, S.C.	Eastside
Star Price	Jr.	Distance	Glen Allen, Va.	Glen Allen
Cierra Pyles	Sr.	Jumps	Potomac, Md.	Ohio State
Lyndsey Reed	Gr.	Pole Vault	State College, Pa.	Ole Miss
Maraget Sept	Fr.	Distance	Chapel Hill, N.C.	East Chapel Hill
Katie Seyfang	Sr.	Throws	Washington Court House, Ohio	Miami Trace
Chiarra Sistermann	Fr.	Pole Vault	Grafelfing, Germany	
Barbora Stejfova	So.	Throws	Tanvald, Czech Republic	
Kenna Stimmel	So.	Pole Vault	Castalia, Ohio	Margaretta
Annie Sullivan	Fr.	Distance	Ashburn, Va.	Stone Bridge
Anna Tasky	Fr.	Distance	Sammamish, Wash.	Skyline
Michal Tocker	So.	Pole Vault	Kiryat, Israel	
Sidney Walters	Fr.	Distance	Glen Allen, Va.	Deep Run
Lila Waters	Fr.	Distance	Great Falls, Va.	Langley

## PRONUNCIATION GUIDE - WOMEN

Hannah Ballowe	buh-LOO
Lucy Brookover	BROOKE-over
Katrin Brzyszkowska	KA-trin Briz-KOOSH-ka
Maxana Grubb	mox-AH-nuh
Journey Gurley	gurl-LEE
Ava Hassebrock	HASS-uh-brock
Chase Kappeler	kap-LUR
Erin Kelleher	KELL-her
Barbora Malíková	muh-LEE-koh-vuh
Cierra Pyles	sea-AIR-Rah
Nicole Re	REE
Chiara Sisterman	key-AR-ah
Barbora Stejfova	bar-BORE-ah Stev-FOVA
Kenna Stimmel	Stim-MUHL

MEN			
Joey Badalamenti	BAD-uh-la-MEN-TEE		
Lukas Baroke	Ba-ROW-K		
Khalil Bedoui	kul-LEEL BED-oo-ee		
Azaan Dawson	uh-ZON		
Viktor Idhammar	ID-uh-mar		
Declan Rymer	Deck-LYN		
Chidozie Kalu	Chi-DOE-zee Kah_lu		
Arnav Tikhe	ARE-nahv TEE-kay		
Kahleje Tillmon	kuh-LEE-jee		

### COACH

Dave Cianelli
Eric Johannigmeier
Paul Zalewski

chuh-NELL-ee joe-HAN-ig-meyer zuh-leh-SKI

Name	Class	Event	Hometown	High School (College)
Joseph Badalamenti	Sr.	Pole Vault	Mechanicsville, Va.	Hanover
Lukas Baroke		Throws	Graenichen, Switzerland	Harlover
(halil Bedoui	Sr.	Throws	Doha, Qatar	Aspire Academy
EJ Bell	Jr.	Jumps	Yorktown, Va.	Tabb
Chad Blaker	Jr.	Sprints	Narrows, Va.	Narrows
Jack Bolling		Distance	Haddon Heights, N.J.	Haddon Heights
Brandon Burke	Sr.	Jumps	Bergen, N.Y.	Byron-Bergen
Maaliah Cabell		Jumps	Staunton, Va.	Staunton
	Fr.			Loveland
Ryan Chevalier		Distance	Loveland, Ohio Ashburn, Va.	
Aidan Clark	Jr.	Jumps		Briar Woods
Ethan Coleman	Sr.	Distance	Mechanicsville, Va.	Hanover
Ben Conacher	Gr.	Pole Vault	Katy, Texas	Katy Cinco Ranch
Azaan Dawson	So.	Distance	New Haven, Conn.	Fairfield Prep
Dylan DeCambre	Fr.	Distance	Hackensack, N.J.	Bergen County
Ali Diaby	Jr.	Sprints	Tolland, Conn.	Tolland
Colin Doran	Fr.	Distance	Noblesville, Va.	Patriot
Clay Eckert	Sr.	Jumps	Hutchinson, Kan.	Buhler
3lake Fairbanks	Fr.	Distance	Fredricksburg, Va.	Riverbend
Alec Fleming	Sr.	Distance	Lowell, Ind.	Lowell
Amir Green	So.	Sprints	Fairfax, Va.	Fairfax
Maddox Hamm	Fr.	Pole Vault	Scottsboro, Ala.	Scottsboro
Kennedy Harrison	Sr.	Sprints	Dallas, Texas	Desoto
Jack Helmich	Fr.	Pole Vault	Wayzata, Minn.	Wayzata
Gavin Horton	Fr.	Pole Vault	Alabaster, Ala.	Thompson
Sam Hubert	Gr.	Distance	Shawnee, Kan.	De Soto
Iham Huq	Fr.	Distance	Vienna, Va.	Oakton
/iktor Idhammar	So.	Distance	Huddleston, N.C.	Cary
Christian Jackson	So.	Distance	Stafford, Va.	Colonial Forge
Maximus Jackson	So.	Sprints	Chantilly, Va.	Chantilly
Will Jones	So.	Distance	Ellicot, Md.	Mt. Hebron
Chidozie Kalu	Fr.	Jumps	Umuahia, Nigeria	Community
Judson Lincoln IV	So.	Sprints	Columbia, Md.	Oakland Mills
3en Madrigal	Fr.	Distance	Yorktown, Va.	Grafton
Trevor Mason	Fr.	Distance	Ashland, Va.	Patrick Henry
Conner McClure	Jr.	Pole Vault	Green, Ohio	Green
Ryan McGinley	Fr.	Distance	Flourtown, Pa.	La Salle College
Ethan Mills	Jr.	Distance	Christiansburg, Va.	Christiansburg
Altan Mitchell	Gr.	Jumps	Ankara, Turkey	Point Loma
Sean Murphy	Sr.	Multis	Round Hill, Va.	Woodgrove
Gabe Norton	Fr.	Jumps	Arab, Ala.	Arab
Nate Paris	Fr.	Mutlis	Nanaimo, British Columbia	Nanaimo District
Nick Plant	So.	Distance	Canfield, Ohio	Canfield
Vlad Puchko	 Fr.	Throws	Minsk, Belarus	Caniforn
Bryce Reeburgh	Fr.	Distance	Golden, Colo.	Golden
Jacob Rice	Sr.	Pole Vault	San Diego, Calif.	Rancho Bernado
Jake Rimmel		Distance	Purcellville, Va.	Loudoun Valley
	Jr.		Downingtown, Pa.	Downingtown Stem
Declan Rymen		Distance		Kellam
andon Scheper	Fr.	Sprints	Virginia Beach, Va.	
Indrew Schroff	Gr.	Distance	Lewis Center, Ohio	Olentangy Orange
Caleb Stephens	Jr.	Jumps	Rolesville, N.C.	Millbrock
Charlie Stock	Fr.	Distance	Westfield, N.J.	Westfield
Evan Taylor	Fr.	Sprints	San Jose, Calif.	Lynbrook
uke Tighe	Fr.	Distance	Pulaski, N.Y.	Pulaski
Arnav Tikhe	So.	Distance	Herndon, Va.	Oakton
Khaleje "KJ" Tillmon	Jr.	Sprints	Tucker, Ga.	Tucker
Forrence Walker	Jr.	Sprints	Wheeling, W. Va.	Wheeling Park
Garrett Winter	Fr.	Distance	Parchment, Mich.	Parchment
William Winter	Fr.	Distance	Parchment, Mich.	Parchment



## **THE CIANELLI FILE**

### Virginia Tech (2001-Present)

20 NCAA individual champions 342 All-America Honors 115 All-Americans 4 top-five finishes at the NCAA Championships 13 top-10 finishes at the NCAA Championships 21 ACC team championships 242 ACC individual champions 12 BIG EAST champions 17 ACC Track and Field Performers of the Year 2010 Bowerman Award Winner (Queen Harrison) 19-time ACC Coach of the Year 18-time USTFCCCA Southeast Region Coach of the Year 108 New School Records 8 World Championship qualifiers 10 Olympic qualifiers

### **Total Career**

74 NCAA Champions
490 All-American honors
194 All-Americans
373 Individual Conference Champions
31 Conference Team Championships
32 World Championship Qualifiers
22 Olympic Qualifiers



### **VIRGINIA TECH TRACK AND FIELD**

The Virginia Tech track and field and cross country programs have become a model of consistency under Director of Track & Field and Cross Country Dave Cianelli since his hiring in 2001.

The Virginia Tech dynasty continued in 2023 with the men's and women's teams winning both ACC Indoor Track and Field Championship titles. The men's team picked up their third-straight team title with 110.5 points, and the women claimed their second-straight title with 93 points.

Julia Fixsen became the programs first outdoor pole vault champion winning the NCAA Outdoor title. Freshman Kenna Stimmel tallied two NCAA All-American honors placing in the top nine at both the indoor and outdoor championships.

2022 marked a historic year for the Hokies and saw some of the team's greatest accomplishments under Cianelli. Tech hosted the 2022 ACC Indoor Championships at Rector Field House, marking the first time ever in the ACC that a host school won both men's and women's titles, indoors or outdoors. The Hokies swept the men's and women's titles for the first time in school history. For his leadership over the two championship teams, Cianelli was voted both the Men's and Women's ACC Indoor Coach of the Year.

At the 2022 NCAA Indoor Championships Rachel Baxter (pole vault) and Lindsey Butler (800m) picked up the 18th and 19th NCAA titles in program history, all under Cianelli. The two national titles and eight other All-American performances on the women's side saw the Hokie women finish in sixth place at the national meet, the highest indoor finish for the women in program history and their second highest ever (2010, fifth outdoors).

In addition to picking up the NCAA pole vault title, Rachel Baxter also won her fourth-straight ACC title, becoming the first vaulter – men's or women's – to win the conference title four consecutive times. Lindsey Butler's NCAA title in the 800m capped a sensational run of form where she repeated as ACC champion in the event and anchored the distance medley relay team to ACC Championships and Rector Field House facility records. Cole Beck won the men's 200m at the ACC Championships and finished third in the 60m, earning Men's Track MVP for his performances.

Outdoors in 2022, Beck and fellow Blacksburg native Ben Fleming set the standard for Cianelli's Hokies. Fleming won the 3,000m steeplechase at the ACC Championships, marking the third consecutive time a Tech athlete has won the event. Beck finished as runner-up in both the 100m and 200m, adding the outdoor Men's Track MVP to his indoor honor. Beck also anchored the historic 4x100m relay team, as he joined with Kahleje Tillmon (who won the 200m over Beck), Torrence Walker, and Kennedy Harrison to win Virginia Tech's first ACC title in the event, break the school record three times with three sub-39 performances, and earn Tech's highest ever finish in the event at NCAAs.

Yet another of Cianelli's athletes picked up an ACC record, as Sara Killinen delivered the furthest hammer throw in conference history on the women's side. The Finn's mark of 71.02m (233' 0") made her the first woman ever in the ACC to throw the hammer past 71 meters and earned her fourth-place honors at the NCAA Outdoor Championships. With Killinen's record, Cianelli's athletes now hold the ACC hammer record on both the men's and women's sides, as Marcel Lomnicky's mark of 75.84m (248' 10") from 2011 stands unbroken.

The Hokies' long run of excellence continued in 2021, as the Virginia Tech men's track and field team won the ACC indoor title by the largest margin of victory in the ACC's modern era. The Hokies tallied 136 team points, 55 more than any other team at the meet. Cianelli was awarded ACC Men's Indoor Coach of the Year and USTFCCCA Men's Indoor Coach of the Year for the Southeast Region following the men's team's success.

Overall, under Cianelli, the Tech men's and women's track and field and cross country programs have combined to win 21 ACC team championships.

Following the 2020 collegiate season, several Hokies continued their training for the postponed 2020 Tokyo Olympics. Adding to the athletes Cianelli has guided towards Olympic qualification were Irena Gillarova '17 and freshman Barbora Malíková. Both athletes represented the Czech Republic in Tokyo, with Gillarova competing in the javelin throw and Malíková running the 400m. Hokie legend Marcel Lomnický competed in his third consecutive Olympic Games, throwing hammer for Slovakia.

The 2019 season certainly featured its share of great individual moments as well. Rachel Pocratsky and Deakin Volz both concluded their great careers under Cianelli, with Pocratsky earning a bronze medal in the 800-meter dash at the NCAA Indoor Championships and sweeping both the 800 and the 1,500 at the ACC Outdoor Championships for the second straight season. She departed with six ACC gold medals, while Volz swept the gold medal in the pole vault at both ACC meets this past season, giving him three for his career. Both Volz and Pocratsky earned All-America honors during both the indoor and outdoor seasons.

Younger student-athletes also flourished in 2019 under Cianelli's leadership. Jacory Patterson won gold medals in the 400 during both the indoor and outdoor seasons, and he set four individual school records during his freshman season. Bashir Mosavel-Lo won the gold medal in the 800 at the ACC Outdoor Championships and earned All-America honors at the NCAA meet, while Miles Green won a gold medal in the 400-meter hurdles at the ACC's outdoor meet.

The 2019 season continued the recent dominance of the track and field programs. In 2018, the program brought home its 17th event national title – and its first in running – when the distance medley relay team (Vincent Ciattei, Greg Chiles, Patrick Joseph and Neil Gourley) claimed the crown in convincing fashion at the NCAA Indoor Track and Field Championships held in College Station, Texas. All of the program's national titles have come under the direction of Cianelli.

In addition, in 2018, the men's and women's teams recorded top-15 finishes at both NCAA Championships, a rare occurrence in track and field. The national title helped the men's team finish fourth at the NCAA's indoor meet, which marked the program's best finish ever, and it also came in 15th at the outdoor meet behind Ciattei's silver medal in the 1,500 – the second of two silver medals for Ciattei in 2018. And for only the second time in program history, the women's team finished in the top 15 at both NCAA meets, coming in tied for 14th at the indoor meet and 10th at the outdoor meet. Both finishes marked the women's best since 2010.

# **Tech Men's Indoor Track and Field Records**

Event	Time/Mark	Name	Year
60m	6.57	Darrell Wesh	2013
		Cole Beck	2023
200m	20.62	Jacory Patterson	2021
		Cole Beck	2023
300m	32.28	Jacory Patterson	2020
400m	45.14^	Jacory Patterson	2021
500m	1:02.79	Patrick Forrest	2021
600m	1:17.26	Drew Piazza	2017
800m	1:46.23	Patrick Joseph	2017
1,000m	2:19.99	Nick Plant	2024
Mile	3:56.79	Antonio Lopez Segura	2022
3,000m	7:49.03	Antonio Lopez Segura	2022
5,000m	13:36.36	Peter Seufer	2020
60m Hurdles	7.77	Jeff Artis-Gray	2013
4x400m	3:05.49	K. Harrison, A. Diaby,	
		C. Beck, J. Lincoln IV	2023
4x800m	7:22.56	G. Cobb, R. Voight,	
		J. Oustrich, B. Reed	1987
DMR	9:22.71	N. Plant, J. Lincoln IV	
		C. Jackson, E. Coleman	2024
High Jump	7'5" (2.26m)	Ronnie Black	2013
Pole Vault	18'6.75" (5.66m)^	Deakin Volz	2017
Long Jump	25'10" (7.87m)	Jeff Artis-Gray	2013
Triple Jump	54'6" (16.61m)	Manuel Ziegler	2015
Shot Put	62'11.25" (19.18m)	Justin Clickett	2007
Weight Throw	77'10.25" (23.73m)	Spyridon Jullien	2006
Heptathlon	5,835 points	Jake Spotswood	2022
Discontinued Events			
60yd	5.9	David Read	1980
55m	6.30	André Davis	2000
55m Hurdles	7.35	Chris Stokes	1999
60 yd Hurdles	7.1	Kenny Lewis	1978
Pentathlon	3.683 points	Adam Bowser	2000
	ciece hourse		2000

# **Tech Women's Indoor Track and Field Records**

Event	Time/Mark	Name	Year
60m	7.26	Funmi Alabi	2011
200m	23.38	Caitlan Tate	2020
300m	37.15	Caitlan Tate	2020
400m	52.42	Caitlan Tate	2020
500m	1:11.49	Asia Washington	2010
600m	1:27.39	Hanna Green	2017
800m	2:01.23	Lindsey Butler	2022
1,000m	2:41.00	Lindsey Butler	2024
Mile	4:31.41	Lindsey Butler	2023
3,000m	9:08.77	Tasmin Fanning	2008
5,000m	15:52.18	Sara Freix	2020
60m Hurdles	7.94	Queen Harrison	2010
4x200m	1:36.43*	P. Potts, B. Spruill,	
		K. Castlin, Q. Harrison	2008
4x400m	3:36.24	C. Tate, K. Dennis,	
		N. Smith, A. Bush	2020
4x800m	8:33.50	K. Smiljanec, F. Dowd,	
		A. Smith, H. Green	2014
DMR	10:52.51	H. Ballowe, B. Malikova	
		S. Price, L. Butler	2024
High Jump	6'0" (1.83m)	Katie Ollendick	1998
Pole Vault	15'1.75" (4.62m)^	Rachel Baxter	2022
Long Jump	21'1.25" (6.43m)	Victoria Gorlova	2024
Triple Jump	44'8.75" (13.63m)	Victoria Gorlova	2022
Shot Put	56'11.5" (17.36m)	Essence Henderson	2021
Weight Throw	77'8.75" (23.69m)^	Rebecca Mammel	2023
Pentathlon	4,224 points	Saskia Triesscheijn	2006
<b>Discontinued Events</b>			
55m	6.85	Patrice Potts	2007
55m Hurdles	7.59	Kristi Castlin	2008
*Collegiate Record			
^ACC Record			
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\*Current team members in **bold** type\*

Times in tenths of seconds are hand-timed.