



## Meet Schedule

**TENTATIVE**

### **FRIDAY APRIL 5, 2019:**

- 11:45am Decathlon 100m (LJ, SP, HJ, 400m 30mins from the completion of the previous event)  
12:00pm Heptathlon 100mH (HJ, SP, 200m 30mins from the completion of the previous event)

#### *FIELD EVENTS*

- 12:00pm Men's Hammer (Women to follow)  
Men's Pole Vault (Women to follow)  
2:00pm Men's Javelin (Women to follow)  
2:30pm Lewis Gainey Long Jump Men & Women (2 pits)

#### *TRACK EVENTS*

- 2:30pm Women's 1500m (Men to follow)  
3:00pm Women's 400m Hurdles (Men to follow)  
3:30pm Women's Gwen Torrence 200m (Men to Follow)  
  
6:30pm Coaches and Officials Dinner: Indoor Athletic Facility (Behind Grandstands)

### **SATURDAY APRIL 6, 2019:**

- 10:45am Decathlon 110mH (DT, PV, JT, 1500m 30mins from the completion of the previous event)  
11:00am Heptathlon Long jump (JT, 800m 30mins from the completion of the previous event)

#### *FIELD EVENTS*

- 11:00am Women's Shot Put (Men to follow)  
1:00pm Women's Discus (Men to follow)  
1:30pm Women's High Jump (Men to follow)  
2:00pm Triple Jump Men & Women (2 pits)

#### *TRACK EVENTS*

- 9:00am Women's 5,000m (Men to follow)  
9:45am Women's 3,000m Steeplechase (Men to follow)  
**12:00pm National Anthem**  
**12:15pm Athens Youth Olympic Development 100m Girls (Boys to follow)**  
12:45pm Women's 4x100m Relay (Men to follow)  
1:05pm Women's 100m Hurdles (Men 110mH to follow)  
1:35pm Women's 400m (Men to follow)  
1:55pm Women's 100m (Men to follow)  
2:20pm Women's 800m (Men to follow)  
2:40pm Women's 200m Sections (Men to follow)  
3:00pm Women's 4x400m Relay (Men to follow)

#### **Starting Heights:**

<b>Women's High Jump</b>	<b>1.65m</b>	<b>Men's High Jump 2.02</b>
<b>Women's Pole Vault</b>	<b>3.65</b>	<b>Men's Pole Vault 4.60</b>