

20 INDIVIDUAL NCAA CHAMPIONS / 256 INDIVIDUAL ACC CHAMPIONS / 21 ACC TRACK & FIELD CHAMPIONSHIPS / 10 OLYMPIANS

VIRGINIA TECH HOKIES

Director: Dave Cianelli Head Track and Field Coach: Ben Thomas Head Cross Country and Distance Coach: Eric Johannigmeier Associate Head Coach (women): Andrew Dubs Associate Head Coach (men): Paul Zalewski

Assistant Coach (pole vault): Bob Phillips Assistant Coach (sprints/hurdles): Alan Dunson Assistant Coach (distance): Jason Cusack

Assistant Coach: Rachel Baxter Assistant Coach: Chauncey Chambers Assistant Coach: Essence Henderson

Assistant Coach: Dallin Leatham Assistant Coach: Cheyenne Leatham Assistant Coach: Deakin Volz

OLE MISS - March 22-23, 2024 | OXFORD, MISS. | OLE MISS TRACK & FIELD COMPLEX

WEEMS BASKIN RELAYS - MARCH 22-23, 2024 | COLUMBIA, S.C. | CREGGER TRACK



KEY STORYLINES

INDOOR CHAMPIONS

• The women's team won their thirdconsecutive ACC Indoor title logging 92 points with five individual champions and eight First Team All-American honors. Victoria Gorlova was named the ACC Women's Field MVP placing first in long jump and second in triple jump.

The men's team finished third with 82 points.

ACC Indoor Champions

Lindsey Butler (800m) Chiara Sistermann (pole vault) Victoria Gorlova (long jump) Sara Killinen (weight throw) Barbora Malikova (400m)

• Men's ACC Indoor Champions

Ali Diaby (4x400m) Kennedy Harrison (4x400m) Judson Lincoln IV (400m, 4x400m) Conner McClure (pole vault) Kaheleje Tillmon (4x400m)

NCAA Indoor Championships

7. Lindsey Butler (800m)
 8. Sara Killinen (weight throw)
 4. Victoria Gorlova (triple jump)
 11. Victoria Gorlova (long jump)
 3. Judson Lincoln IV (400m)

3. Conner McClure (pole vault)
 13. Sean Murphy (heptathlon)
 4. Nick Plant (800m)

10. Plant, Lincoln IV, Jackson, Coleman (DMR)

The men's team finished 12th with 17 points, highest team finish since 2018.

TRAVELING TO OLE MISS

• Junior Sara Killinen won the weight throw event with a sixth-round throw of 22.23m (72' 11.25") at the ACC Championships.

• Killinen finished 8th at the NCAA Championships throwing 21.53m (70' 7.75").

• Killinen's career is highlighted by a fourth-place finish in the hammer throw at the 2022 NCAA Outdoor Championships with a personal-best mark of 71.02m (233' 0").

• Katrin Brzyszkowska placed second in shot put at the ACC Indoor Championships putting 16.92m (55' 6.25"). Prior the conference championships, she set a PR of 17.06m competing in Nehvizdy, Czech Republic.

• Brzyszkowska is the 2024 Czech Indoor Shot Put Champion with a distance of 16.58m.

• Sophomore Barbora Stejfova is set to compete in the hammer throw this weekend. Stejfova finished 23rd at the 2023 NCAA Outdoor Championships in hammer with a throw of 59.65m (195' 8").

• Stejfova placed 12th at the 2023 East Prelims throwing a personal-best 61.85m (202' 11").

• Freshman Lucas Baroke will compete in the men's hammer throw. Baroke finished second in hammer at the 2023 Swiss Championships with a mark of 66.60m.

• Baroke set at PR of 67.07m at the 2023 National Youth Meet in Switzerland finishing first.

• Freshman Vlad Puchko is set to make his collegiate debut for the Hokies competing in the discus. Puchko is the 2023 Belarus discus champion with a mark of 60.79m.

WEEMS BASKIN RELAYS

• Sophomore Judson Lincoln IV placed third at the NCAA Indoor Championships in the 400m with a time of 45.57.

• Lincoln ranked fifth in the nation in the 400m posting a seasonbest time of 45.53 at the Tyson Invitational on Feb. 10. First in the ACC.

• At the 2024 ACC Indoor Championships he claimed gold in the 400m at 45.70. He helped the 4x400m relay team claim the Hokies first-ever 4x400m Indoor ACC title (3.06.00), running anchor.

• Lincoln won the men's 400m at the 2023 USATF U20 Championships with a personalbest time of 45.47.

2024 Outdoor Schedule

March 22-23	Ole Miss Classic	Oxford, Miss.
March 22-23	Weems Baskin Relays	Columbia, S.C.
March 29-30	Texas Relays	Austin, Texas
March 29-30	Florida Relays	Gainsville, Fla.
March 29-30	Hornet Open	Lynchburg, Va.
April 5-6	Vertklasse Meet	High Point, N.C.
April 5-6	Tennessee Invite	Knoxville, Tenn.
April 5-6	Hurricane Alumni Invitational	Miami, Fla.
April 5-6	Colonial Relays	Williamsburg, Va.
April 12-13	Tom Jones Memorial Invitational	Gainesville, Fla.
April 19	Wake Forest Invitational	Winston-Salem, N.C.
April 19-20	Virginia Challenge	Charlottesville, Va.
April 20	USC Open	Columbia, S.C.
April 26-27	East Coast Relays	Jacksonville, Fla.
April 26-27	Drake Relays	Des Moines, Iowa
April 28	Virginia High Performance	Charlottesville, Va.
May 1	Liberty Twilight Qualifier	Lynchburg, Va.
May 9-11	ACC Championships	Atlanta, Ga.
May 22-25	NCAA East Regional	Lexington, Ky.
June 5-8	NCAA Championships	Eugene, Ore.
June 21-30	Olympic Trials	Eugene, Ore.

ACC WEEKLY AWARDS - Indoors

Chiara Sistermann - Women's Rookie of the Week - Jan. 16 Lindsey Butler - Women's Track Performer of the Week - Jan. 23 Judson Lincoln IV - Men's Track Performer of the Week - Jan. 23 Nate Paris - Men's Rookie of the Week - Feb. 6

#EVENTSQUAD RANKINGS

Men's Women's

ACC TEAM RANKINGS - USTFCCCA

2023 NCAA OUTDOOR CHAMPIONSHIPS <u>Women's Results</u>

Julia Fixsen - Pole Vault Champion Kenna Stimmel - Eighth place (pole vault) Journey Gurley - 13th place (pole vault) Cierra Pyles - 15th place (triple jump) Lindsey Butler - 17th place (800m) Barbora Stejfova - 23rd place (hammer)

<u>Men's Results</u> Nick Plant - 12th place (800m)

2024 NCAA INDOOR CHAMPIONSHIPS Women's Results

Lindsey Butler - 7th place (800m) Sara Killinen - 8th place (weight throw) Victoria Gorlova - 4th place (TJ) 11th (LJ)

Men's Results

Judson Lincoln IV - 3rd (400m) Conner McClure - 3rd (pole vault) Sean Murphy - 13th (heptathlon) Nick Plant - 12th place (800m) Plant, Lincoln IV, Jackson, Coleman - 10th (DMR)

*NCAA Results for Current Athletes

KEY STORYLINES, CTD.

• Ali Diaby, Kennedy Harrison, and Kahleje Tillmon are scheudled to compete with Lincoln in the 4x400m relay.

• Senior Sean Murphy placed 13th in the heptathlon at the NCAA Championships with 4951 points. Murphy set a PR in the long jump with a distance of 7.37m (24'2.25").

• Murphy finished fourth at the ACC Championships logging 5659 points.

• Senior high jumper Aidan Clark makes his way back to the runway area after finishing fourth at the ACC Championships clearing a personal-best 2.18m (7' 1.75").

STORYLINES FROM THE INDOOR SEASON

BROKEN RECORDS - DMR

• The men's and women's distance medley relay teams broke the DMR school records competing at the Terrier DMR Challenge. The men's team made of Nick Plant, Judson Lincoln IV, Christian Jackson, and Ethan Coleman recorded a time of 9:22.71, ranked ninth in the nation and third in the conference.

• The women's team of Hannah Ballowe, Barbora Malikova, Star Price, and Lindsey Butler rank 14th in the NCAA with a time of 10:52.51, fourth in the ACC.

GORLOVA DOES IT AGAIN

• Senior Victoria Gorlova broke the long jump school record for a second time this season jumping 6.43m (21' 1.25") at the Don Kirby Elite Invitational on Feb. 9.

• She had previously broken her own school record on Feb. 1 jumping 6.30m (20' 8") on day one of the Doc Hale VT Meet.

• In the triple jump, Gorlova finished the regular season ranked second in the ACC with a mark of 13.37m (43' 10.5").

• The two-time ACC Field MVP, Gorlova, ranked 11th in the nation in both events.

LEADING THE CONFERENCE

• Freshman Chiara Sistermann led the ACC women's pole vault having cleared 4.27m (14'0") at the Virginia Tech Challenge on Feb. 16 to close out the regular season.

• Sistermann made her collegiate debut at the Virginia Tech Invitational clearing a height of 4.12m in pole vault and earning ACC Rookie of the Week honors.

• Sophomore Judson Lincoln IV ranked fifth in the nation in the 400m posting a personal-best time of 45.53 at the Tyson Invitational on Feb. 10. First in the ACC.

• Lincoln ranked second in the ACC 200m (20.84) and helped the 4x400m relay team claim the top spot in the conference running anchor at the Tyson Invitational, 3:06.82. • Junior Barbora Malikova clocked a season-best 400m time of 52.99 last weekend at the Tyson Invitational, ranked second in the ACC at the end of regular season.

• Senior Sean Murphy recorded a personal-best 5810 points in the heptathlon on Feb. 2, second highest score in Tech history. Murphy led the ACC heading into the conference championships, ranked 11th in the nation.

• Conner McClure led the men's pole vault with a height of 5.40m (17' 8.5") set at the Penn State Open on Jan. 26, ranked 23rd in the nation.

• Junior Sara Killinen continued to lead the conference in the women's weight throw with a mark of 22.44m (73' 7.5"), set at the Hokies season opener.

FRESHMAN IN THE NCAA TOP 25

• Freshman Chidozie Kalu ranked 14th in the nation at the end of the regular season in the men's triple jump with a distance of 15.94m (52' 3.75") set at the season opener. He was bumped to 18th after conference championships.

• Freshman Nate Paris recorded a PR in the 1000m, 60m H, high jump, shot put, and 60m dash events at the Doc Hale Meet finishing second with 5608 points.

• Paris was the only freshman in the heptathlon ranked within the NCAA Top 30, ranked fourth in the ACC. He earned ACC Rookie of the Week for his outstanding performance.

1000M SCHOOL RECORD

• Senior Lindsey Butler broke her third indoor school record while competing at the Hokie Invitational on Jan. 20.

• Butler finished second in the 1000m with a time of 2:41.00, seventh fastest time in NCAA history.

800M

• Senior Lindsey Butler made her way back into the NCAA Top 20 (13th) list marking the sixth time in her career being ranked going into the championships. She recorded a season-best time of 2:02.86 in Nashville, Tenn. on Feb. 10.

• Junior Star Price ranks 17th in the nation with a season-best time of 2:03.42, finishing first at the Doc Hale VT Meet.

• Sophomore Christian Jackson won the men's 800m last weekend clocking a time of 1:47.51 after nearly one and a half years since his last track meet. Jackson ranks 18th in the nation and third in the conference.

HEAD COACH BEN THOMAS

• The Hokies welcome back head track and field coach Ben Thomas. Thomas returns to Virginia Tech after serving as an associate head coach at the University of Oregon.

• Prior to Oregon, coach Thomas spent 17 years at Tech building the distance program into one of the best in the nation. The Hokies won their first Men's ACC Cross Country Championships in 2012 under Thomas' leadership. • Coach Thomas is a three-time USTFCCCA National Assistant Coach of the Year (2017, 2020, 2021), and 10-time Regional Assistant Coach of the Year.

• Thomas has coached 131 NCAA All-Americans, 72 ACC Champions, and 13 NCAA Champions.

2023 OUTDOORS

• Victoria Gorlova was named the women's 2023 ACC Championship Field MVP placing first in the triple jump (13.23m) and seventh in long jump (6.08m). The three-time ACC triple jump champion earned her first ACC MVP trophy at the 2022 Indoor Championships.

• Cierra Pyles placed second in triple jump at the ACC Outdoor Championships (13.08m), and second at the Indoor Championships (13.11m). Pyles ended the season placing 15th at the NCAA Outdoor Championships (13.24m).

• Tech claimed gold in the women's pole vault, triple jump, and hammer throw. The men's distance team won the 5000m and 800m.

- As a freshman, Nick Plant won the 800m conference title with a time of 1:47.41. Plant would go on to claim first in the semifinals at the NCAA East Prelims (1:49.12).
- Plant finished 12th in the 800m at the NCAA Outdoor Championships. He was named the 2023 ACC Freshman of the Year (Outdoors).

• Pole vaulter Julia Fixsen claimed the Hokies first-ever NCAA outdoor pole vault title clearing 4.45m (14' 7.25m). Fixsen also took home gold at the ACC Championships clearing the bar at 4.38m (14' 4.5").

• Fixsen was named the USTFCCCA Southeast Field Athlete of the Year and ACC Field Athlete of the Year (Outdoors). She was also named the VaSID Field Athlete of the Year.

• Kenna Stimmel finished eighth at the NCAA Outdoor Championships clearing 4.30m (14' 1.25"). She was fourth at the NCAA Indoor Championships (4.40m).

•Stimmel won her first ACC title at the 2023 Indoor Championships with a height of 4.40m (14' 5.25"). She was named the ACC Freshman of the Year (Indoors).

SUMMER 2023

• Two-time NCAA First Team All-American Kenna Stimmel is the 2023 XXI PanAmerica U20 pole vault champion (4.30m).

• Judson Lincoln IV won the men's 400m at the USATF U20 Championships with a personalbest time of 45.47. Lincoln IV controlled the race from start to finish.

• Barbora Stejfova and Katrin Brzyszkowska claimed gold at the Czech U23 Championships. Stejfova won the hammer throw with a mark of 56.81m (186' 4.5"). Brzyszkowska won shot put with a distance of 16.22m (53' 2.75"). Brzyszkowska currently holds the Czech Republic U20 National Record in shot put (16.62m).

2024 NCAA INDOOR TOP 16 LIST

• Men

Judson Lincoln IV (400m) - 45.53
 Plant, Lincoln IV, Jackson, Coleman (DMR) - 9:22.71
 Conner McClure (pole vault) - 5.53m
 Sean Murphy (heptathlon) - 5810pts

- 15. Nick Plant (800m) 1:47.33
- 15. NICK FIAIL (80011) 1.47.55

Women

8. Sara Killinen (weight throw) - 22.44m 8. Victoria Gorlova (triple jump) - 13.47m 13. Victoria Gorlova (long jump) - 6.43m 16. Lindsey Butler (800m) - 2:02.86

ACC TOP FIVE INDOOR PERFORMANCE LIST

• Men

1. Tillmon, Harrison, James, Lincoln IV (4X400) -3:06.82 1. Judson Lincoln IV (400m) - 45.53

- Sean Murphy (heptathlon) 5810pts
 Conner McClure (pole vault) 5.40m
 Maddox Hamm (pole vault) 5.32m
 Judson Lincoln IV (200m) 20.84
 Chidozie Kalu (triple jump) 15.94m
 Christian Jackson (800m) 1:47.51
 Plant, Lincoln IV, Jackson, Coleman (DMR) 9:22.71
 Nate Paris (heptathlon) 5608pts
- T4. Clark, Burke, Bell (high jump) 2.15m
- 5. Nick Plant (800m) 1:48.21

Women

Victoria Gorlova (long jump) - 6.43m
 Chiara Sistermann (pole vault) - 4.27m
 Sara Killinen (weight throw) - 22.44m
 Journey Gurley (pole vault) - 4.24m
 Victoria Gorlova (triple jump) - 13.37m
 Barbora Malikova (400m) - 52.99
 Lindsey Butler (800m) - 2:02.86
 Star Price (800m) - 2:03.42
 Ballowe, Malikova, Price, Butler (DMR) - 10:52.51
 Katie Seyfang (shot put) - 16.26m
 Barbora Stejfova (weight throw) - 20.26m

2024 INDOOR FIRST TEAM AII-ACC • Men's Indoors

Ali Diaby (4x400m) - champion Maddox Hamm (pole vault) Kennedy Harrison (4x400m) - champion Christian Jackson (800m) Chidozie Kalu (triple jump) Judson Lincoln IV (400m, 4x400m) champion Conner McClure (pole vault) - champion Nick Plant (800m) Kaheleje Tillmon (4x400m) - champion

Women's Indoors

Lindsey Butler (800m) - champion Chiara Sistermann (pole vault) - champion Victoria Gorlova (long jump) - champion Victoria Gorlova (triple jump) Katrin Brzyskowska (shot put) Sara Killinen (weight throw) - champion Barbora Malikova (400m) - champion Star Price (800m)

2023 OUTDOOR FIRST TEAM AII-ACC

• Men's Outdoors Nick Plant (800m) - champion Jacob Rice (pole vault) • Women's Outdoors Lindsey Butler (800m) Julia Fixsen (pole vault) - champion Victoria Gorlova (triple jump) - champion Sara Killinen (hammer) Star Price (800m) Cierra Pyles (triple jump)

2024 CONFERENCE CHAMPIONS

• Indoors Lindsey Butler - (800m) Ali Diaby - (4x400m) Kennedy Harrison - (4x400m) Sara Killinen - (weight throw) Judson Lincoln IV - (400m, 4x4

Judson Lincoln IV - (400m, 4x400m) Barbora Malikova - (400m) Conner McClure - (pole vault) Chiara Sistermann (pole vault) Kaheleje Tillmon - (4x400m) Victoria Gorlova - (long jump)

2024 ACC INDOOR TEAM RESULTS

I I CII	
1. North Carolina	93 points
2. Florida State	84
3. Virginia Tech	82
4. Clemson	81
5. Virginia	64
6. Miami	53
7. Louisville	48
8. Notre Dame	41
9. Duke	27
10. Syracuse	26
11. Wake Forest	18
12. Pittsburgh	17
13. Georgia Tech	9
14. NC State	8
15. Boston College	6

Women

1. Virginia Tech	92 points
2. Clemson	80.5
3. Notre Dame	70
4. Duke	64
5. Flordia State	61
6. Miami	52
7. Virginia	50.5
8. NC State	41
9. Louisville	34
10. Pittsburgh	31
11. North Carolina	23.5
12. Georgia Tech	21.5
13. Boston College	18
14. Wake Forest	13
15. Syracuse	10

2023 ACC OUTDOOR TEAM RESULTS

Men	
1. Clemson	92 points
2. Florida State	91
Louisville	89.5
3. Virginia	89.5
5. Virginia Tech	84.5
5. North Carolina	73.5
7. Miami	59
8. Duke	51
9. Notre Dame	42
10. Wake Forest	40
11. Syracuse	36
12. Pittsburgh	27
13. NC State	23
14. Georgia Tech	15
- Boston College	0
• Women	
1. Duke	145.5 points
2. Virginia Tech	84.5
3. Miami	83
4 Flordia State	78

3. Miami	83
4. Flordia State	78
5. Virginia	76.5
6. NC State	73
7. Notre Dame	59
8. North Carolina	47
9. Louisville	39
10. Clemson	34
11. Pittsburgh	25
12. Wake Forest	24.5
13. Boston College	16
13. Georgia Tech	16
15. Syracuse	14

ACC

ALL-Time Conference Finishes

Men's I	ndoor	Men's O	lutdoor
Year	Place	Year	Place
2005	6th	2005	6th
2006	4th	2006	7th
2007	6th	2007	7th
2008	9th	2008	6th
2008	2nd	2008	3rd
2010	3rd	2010	2nd
2011	lst	2011	2nd
2012	2nd	2012	1st
2013	lst	2013	2nd
2014	5th	2014	5th
2015	lst	2015	3rd
2016	5th	2016	lst
2017	lst	2017	lst
2018	2nd	2018	3rd
2019	lst	2019	lst
2020	2nd	2020	-
2021	lst	2021	2nd
2022	lst	2022	2nd
2023	lst	2023	5th
2024	3rd		
Women	's Indoor		's Outdoor
Women Year	Place	Women Year	Place
Year	Place	Year	Place
Year 2005	Place 9th	Year 2005	Place 9th
Year 2005 2006	Place 9th 4th	Year 2005 2006	Place 9th 5th
Year 2005 2006 2007	Place 9th 4th 1st 1st 4th	Year 2005 2006 2007 2008 2009	Place 9th 5th 1st
Year 2005 2006 2007 2008	Place 9th 4th 1st 1st	Year 2005 2006 2007 2008	Place 9th 5th 1st 1st
Year 2005 2006 2007 2008 2009	Place 9th 4th 1st 1st 4th	Year 2005 2006 2007 2008 2009	Place 9th 5th 1st 1st 2nd 6th 7th
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Year 2005 2006 2007 2008 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022	Place 9th 4th 1st 3rd 4th 3rd 4th 5th 5th 8th 12th 8th 2nd 3rd 1st 4th 1st	Year 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 2021 2022	Place 9th 5th 1st 2nd 6th 7th 7th 6th 11th 9th 1st 2nd 4th - 7th 8th

MEDIA INFORMATION

MEDIA ACCESS/CREDENTIALS

Outlets interested in obtaining media access to cover Virginia Tech track and field home meets must apply for credentials through **Eric Raumen** (media contact) via email at **eraumen@vt.edu**

INTERVIEW POLICY

Meet Days: Virginia Tech director Dave Cianelli, head coach Ben Thomas, and requested student-athletes will be available to the media after their event.

Non-Meet Days: All coach and student-athlete interview requests need to be arranged through the Virginia Tech Strategic Communications Office - contact Eric Raumen by email at eraumen@vt.edu. Student-athletes and coaches should not be contacted directly under any circumstances.

Name	Class	Event	Hometown	High School (College)
Hannah Ballowe	Sr.	Distance	Mechanicsville, Va.	Saint Catherine's
Riley Basinger	So.	Distance	Waxhaw, N.C.	Marvin Ridge
Kylie Bonser	Fr.	Distance	Midlothian, Va.	Midlothian
Katrin Brzyszkowska	So.	Throws	Orlova, Czech Republic	
Lindsey Butler	Jr.	Distance	Corning, N.Y.	Corning
Layn Capritta	Fr.	Distance	Lovettsville, Va.	Woodgrove
Elizabeth Coe	Fr.	Distance	Bethesda, Md.	Wakefield
Kylie Cooper	So.	Distance	Rocky Mount, Va.	Franklin County
Kennedy Drish	So.	Pole Vault	Fisher, Ind.	Hamilton Southeastern
Kenza Elakari	Fr.	Distance	Springfield, Va.	West Springfield
Julia Fixsen	Jr.	Pole Vault	Shoreview, Minn.	Mounds View
Ava Flaherty	Fr.	Distance	Raleigh, N.C.	Pearson Online Academy
Victoria Gorlova	Jr.	Jumps	Odintsovo, Russia	Odintsovo
Maxanna Grubb	Jr.	Distance	Amherst, N.Y.	Amherst Central
Journey Gurley	Sr.	Pole Vault	Dainelsville, Ga.	Madison County
Ava Hassebrock	Sr.	Distance	Leesburg, Va.	Tuscarora
Lily Grace Hester	Fr.	Distance	Bon Air, Va.	James River
Willa Hock	Fr.	Jumps	Windsor, Conn.	Loomis Chaffee
Caitlyn Jones	Fr.	Distance	Hillard, Ohio	Hilliard Davidson
Chase Kappeler	Sr.	Distance	Springfield, Va.	West Springfield
Erin Kelleher	So.	Pole Vault	Avondale, Pa.	Padua Academy
Sara Killinen	Sr.	Throws	Lapua, Finland	Kuortaneen Lukio
Sarah Leach	Jr.	Distance	Charlottesville, Va.	Albemarle
Avery Legault	Fr.	Distance	Mason, Ohio	William Mason
Barbora Malikova	Jr.	Sprints	Oldrisov, Czech Republic	Stredni Prumyslova Skola Staveb
Madison McConico	So.	Jumps	Chester, Va.	Thomas Dale
Mary Kate McGranahan	Sr.	Distance	New York, N.Y.	Trinity
Ellie Pence	Fr.	Distance	Greensville, S.C.	Eastside
Star Price	Jr.	Distance	Glen Allen, Va.	Glen Allen
Lyndsey Reed	Gr.	Pole Vault	State College, Pa.	Ole Miss
Maraget Sept	Fr.	Distance	Chapel Hill, N.C.	East Chapel Hill
Katie Seyfang	Sr.	Throws	Washington Court House, Ohio	Miami Trace
Chiarra Sistermann	Fr.	Pole Vault	Grafelfing, Germany	
Barbora Stejfova	So.	Throws	Tanvald, Czech Republic	
Kenna Stimmel	So.	Pole Vault	Castalia, Ohio	Margaretta
Annie Sullivan	Fr.	Distance	Ashburn, Va.	Stone Bridge
Anna Tasky	Fr.	Distance	Sammamish, Wash.	Skyline
Michal Tocker	So.	Pole Vault	Kiryat, Israel	
Sidney Walters	Fr.	Distance	Glen Allen, Va.	Deep Run
Lila Waters	Fr.	Distance	Great Falls, Va.	Langley

PRONUNCIATION GUIDE - WOMEN

Hannah Ballowe	buh-LOO	
Lucy Brookover	BROOKE-over	
Katrin Brzyszkowska	KA-trin Briz-KOOSH-ka	
Maxana Grubb	mox-AH-nuh	
Journey Gurley	gurl-LEE	
Ava Hassebrock	HASS-uh-brock	
Chase Kappeler	kap-LUR	
Erin Kelleher	KELL-her	
Barbora Malíková	muh-LEE-koh-vuh	
Cierra Pyles	sea-AIR-Rah	
Nicole Re	REE	
Chiara Sisterman	key-AR-ah	
Barbora Stejfova	bar-BORE-ah Stev-FOVA	
Kenna Stimmel	Stim-MUHL	

MEN

Joey Badalamenti	BAD-uh-la-MEN-TEE
Lukas Baroke	Ba-ROW-K
Khalil Bedoui	kul-LEEL BED-oo-ee
Azaan Dawson	uh-ZON
Viktor Idhammar	ID-uh-mar
Declan Rymer	Deck-LYN
Chidozie Kalu	Chi-DOE-zee Kah_lu
Arnav Tikhe	ARE-nahv TEE-kay
Kahleje Tillmon	kuh-LEE-jee

COACH

Dave Cianelli
Eric Johannigmeier
Paul Zalewski

chuh-NELL-ee joe-HAN-ig-meyer zuh-leh-SKI

THE BASICS

Location: Blacksburg, Va. Founded: 1872 Enrollment: 37,000 President: Dr. Timothy Sands Director of Athletics: Whit Babcock Nickname: Hokies Colors: Chicago Maroon & Burnt Orange Affiliation: NCAA Division I Conference: Atlantic Coast (20th Season)

Name	Class	Event	Hometown	High School (College)
Joseph Badalamenti	Sr.	Pole Vault	Mechanicsville, Va.	Hanover
Lukas Baroke		Throws	Graenichen, Switzerland	Harlover
(halil Bedoui	Sr.	Throws	Doha, Qatar	Aspire Academy
EJ Bell	Jr.	Jumps	Yorktown, Va.	Tabb
Chad Blaker	Jr.	Sprints	Narrows, Va.	Narrows
Jack Bolling		Distance	Haddon Heights, N.J.	Haddon Heights
Brandon Burke	Sr.	Jumps	Bergen, N.Y.	Byron-Bergen
Maaliah Cabell		Jumps	Staunton, Va.	Staunton
	Fr.			Loveland
Ryan Chevalier		Distance	Loveland, Ohio Ashburn, Va.	
Aidan Clark	Jr.	Jumps		Briar Woods
Ethan Coleman	Sr.	Distance	Mechanicsville, Va.	Hanover
Ben Conacher	Gr.	Pole Vault	Katy, Texas	Katy Cinco Ranch
Azaan Dawson	So.	Distance	New Haven, Conn.	Fairfield Prep
Dylan DeCambre	Fr.	Distance	Hackensack, N.J.	Bergen County
Ali Diaby	Jr.	Sprints	Tolland, Conn.	Tolland
Colin Doran	Fr.	Distance	Noblesville, Va.	Patriot
Clay Eckert	Sr.	Jumps	Hutchinson, Kan.	Buhler
3lake Fairbanks	Fr.	Distance	Fredricksburg, Va.	Riverbend
Alec Fleming	Sr.	Distance	Lowell, Ind.	Lowell
Amir Green	So.	Sprints	Fairfax, Va.	Fairfax
Maddox Hamm	Fr.	Pole Vault	Scottsboro, Ala.	Scottsboro
Kennedy Harrison	Sr.	Sprints	Dallas, Texas	Desoto
Jack Helmich	Fr.	Pole Vault	Wayzata, Minn.	Wayzata
Gavin Horton	Fr.	Pole Vault	Alabaster, Ala.	Thompson
Sam Hubert	Gr.	Distance	Shawnee, Kan.	De Soto
Iham Huq	Fr.	Distance	Vienna, Va.	Oakton
/iktor Idhammar	So.	Distance	Huddleston, N.C.	Cary
Christian Jackson	So.	Distance	Stafford, Va.	Colonial Forge
Maximus Jackson	So.	Sprints	Chantilly, Va.	Chantilly
Will Jones	So.	Distance	Ellicot, Md.	Mt. Hebron
Chidozie Kalu	Fr.	Jumps	Umuahia, Nigeria	Community
Judson Lincoln IV	So.	Sprints	Columbia, Md.	Oakland Mills
3en Madrigal	Fr.	Distance	Yorktown, Va.	Grafton
Trevor Mason	Fr.	Distance	Ashland, Va.	Patrick Henry
Conner McClure	Jr.	Pole Vault	Green, Ohio	Green
Ryan McGinley	Fr.	Distance	Flourtown, Pa.	La Salle College
Ethan Mills	Jr.	Distance	Christiansburg, Va.	Christiansburg
Altan Mitchell	Gr.	Jumps	Ankara, Turkey	Point Loma
Sean Murphy	Sr.	Multis	Round Hill, Va.	Woodgrove
Gabe Norton	Fr.	Jumps	Arab, Ala.	Arab
Nate Paris	Fr.	Mutlis	Nanaimo, British Columbia	Nanaimo District
Nick Plant	So.	Distance	Canfield, Ohio	Canfield
Vlad Puchko	 Fr.	Throws	Minsk, Belarus	Caniforn
Bryce Reeburgh	Fr.	Distance	Golden, Colo.	Golden
Jacob Rice	Sr.	Pole Vault	San Diego, Calif.	Rancho Bernado
Jake Rimmel		Distance	Purcellville, Va.	Loudoun Valley
	Jr.		Downingtown, Pa.	Downingtown Stem
Declan Rymen		Distance		Kellam
andon Scheper	Fr.	Sprints	Virginia Beach, Va.	
Indrew Schroff	Gr.	Distance	Lewis Center, Ohio	Olentangy Orange
Caleb Stephens	Jr.	Jumps	Rolesville, N.C.	Millbrock
Charlie Stock	Fr.	Distance	Westfield, N.J.	Westfield
Evan Taylor	Fr.	Sprints	San Jose, Calif.	Lynbrook
uke Tighe	Fr.	Distance	Pulaski, N.Y.	Pulaski
Arnav Tikhe	So.	Distance	Herndon, Va.	Oakton
Khaleje "KJ" Tillmon	Jr.	Sprints	Tucker, Ga.	Tucker
Forrence Walker	Jr.	Sprints	Wheeling, W. Va.	Wheeling Park
Garrett Winter	Fr.	Distance	Parchment, Mich.	Parchment
William Winter	Fr.	Distance	Parchment, Mich.	Parchment



THE CIANELLI FILE

Virginia Tech (2001-Present)

20 NCAA individual champions 352 All-America Honors 121 All-Americans 4 top-five finishes at the NCAA Championships 13 top-10 finishes at the NCAA Championships 22 ACC team championships 256 ACC individual champions 12 BIG EAST champions 17 ACC Track and Field Performers of the Year 2010 Bowerman Award Winner (Queen Harrison) 20-time ACC Coach of the Year 19-time USTFCCCA Southeast Region Coach of the Year 115 New School Records 8 World Championship qualifiers 10 Olympic qualifiers

Total Career

74 NCAA Champions
499 All-American honors
200 All-Americans
380 Individual Conference Champions
32 Conference Team Championships
32 World Championship Qualifiers
22 Olympic Qualifiers



VIRGINIA TECH TRACK AND FIELD

The Virginia Tech track and field and cross country programs have become a model of consistency under Director of Track & Field and Cross Country Dave Cianelli since his hiring in 2001.

The Virginia Tech dynasty continued in 2023 with the men's and women's teams winning both ACC Indoor Track and Field Championship titles. The men's team picked up their third-straight team title with 110.5 points, and the women claimed their second-straight title with 93 points.

Julia Fixsen became the programs first outdoor pole vault champion winning the NCAA Outdoor title. Freshman Kenna Stimmel tallied two NCAA All-American honors placing in the top nine at both the indoor and outdoor championships.

2022 marked a historic year for the Hokies and saw some of the team's greatest accomplishments under Cianelli. Tech hosted the 2022 ACC Indoor Championships at Rector Field House, marking the first time ever in the ACC that a host school won both men's and women's titles, indoors or outdoors. The Hokies swept the men's and women's titles for the first time in school history. For his leadership over the two championship teams, Cianelli was voted both the Men's and Women's ACC Indoor Coach of the Year.

At the 2022 NCAA Indoor Championships Rachel Baxter (pole vault) and Lindsey Butler (800m) picked up the 18th and 19th NCAA titles in program history, all under Cianelli. The two national titles and eight other All-American performances on the women's side saw the Hokie women finish in sixth place at the national meet, the highest indoor finish for the women in program history and their second highest ever (2010, fifth outdoors).

In addition to picking up the NCAA pole vault title, Rachel Baxter also won her fourth-straight ACC title, becoming the first vaulter – men's or women's – to win the conference title four consecutive times. Lindsey Butler's NCAA title in the 800m capped a sensational run of form where she repeated as ACC champion in the event and anchored the distance medley relay team to ACC Championships and Rector Field House facility records. Cole Beck won the men's 200m at the ACC Championships and finished third in the 60m, earning Men's Track MVP for his performances.

Outdoors in 2022, Beck and fellow Blacksburg native Ben Fleming set the standard for Cianelli's Hokies. Fleming won the 3,000m steeplechase at the ACC Championships, marking the third consecutive time a Tech athlete has won the event. Beck finished as runner-up in both the 100m and 200m, adding the outdoor Men's Track MVP to his indoor honor. Beck also anchored the historic 4x100m relay team, as he joined with Kahleje Tillmon (who won the 200m over Beck), Torrence Walker, and Kennedy Harrison to win Virginia Tech's first ACC title in the event, break the school record three times with three sub-39 performances, and earn Tech's highest ever finish in the event at NCAAs.

Yet another of Cianelli's athletes picked up an ACC record, as Sara Killinen delivered the furthest hammer throw in conference history on the women's side. The Finn's mark of 71.02m (233' O") made her the first woman ever in the ACC to throw the hammer past 71 meters and earned her fourth-place honors at the NCAA Outdoor Championships. With Killinen's record, Cianelli's athletes now hold the ACC hammer record on both the men's and women's sides, as Marcel Lomnicky's mark of 75.84m (248' 10") from 2011 stands unbroken.

The Hokies' long run of excellence continued in 2021, as the Virginia Tech men's track and field team won the ACC indoor title by the largest margin of victory in the ACC's modern era. The Hokies tallied 136 team points, 55 more than any other team at the meet. Cianelli was awarded ACC Men's Indoor Coach of the Year and USTFCCCA Men's Indoor Coach of the Year for the Southeast Region following the men's team's success.

Overall, under Cianelli, the Tech men's and women's track and field and cross country programs have combined to win 21 ACC team championships.

Following the 2020 collegiate season, several Hokies continued their training for the postponed 2020 Tokyo Olympics. Adding to the athletes Cianelli has guided towards Olympic qualification were Irena Gillarova '17 and freshman Barbora Malíková. Both athletes represented the Czech Republic in Tokyo, with Gillarova competing in the javelin throw and Malíková running the 400m. Hokie legend Marcel Lomnický competed in his third consecutive Olympic Games, throwing hammer for Slovakia.

The 2019 season certainly featured its share of great individual moments as well. Rachel Pocratsky and Deakin Volz both concluded their great careers under Cianelli, with Pocratsky earning a bronze medal in the 800-meter dash at the NCAA Indoor Championships and sweeping both the 800 and the 1,500 at the ACC Outdoor Championships for the second straight season. She departed with six ACC gold medals, while Volz swept the gold medal in the pole vault at both ACC meets this past season, giving him three for his career. Both Volz and Pocratsky earned All-America honors during both the indoor and outdoor seasons.

Younger student-athletes also flourished in 2019 under Cianelli's leadership. Jacory Patterson won gold medals in the 400 during both the indoor and outdoor seasons, and he set four individual school records during his freshman season. Bashir Mosavel-Lo won the gold medal in the 800 at the ACC Outdoor Championships and earned All-America honors at the NCAA meet, while Miles Green won a gold medal in the 400-meter hurdles at the ACC's outdoor meet.

The 2019 season continued the recent dominance of the track and field programs. In 2018, the program brought home its 17th event national title – and its first in running – when the distance medley relay team (Vincent Ciattei, Greg Chiles, Patrick Joseph and Neil Gourley) claimed the crown in convincing fashion at the NCAA Indoor Track and Field Championships held in College Station, Texas. All of the program's national titles have come under the direction of Cianelli.

In addition, in 2018, the men's and women's teams recorded top-15 finishes at both NCAA Championships, a rare occurrence in track and field. The national title helped the men's team finish fourth at the NCAA's indoor meet, which marked the program's best finish ever, and it also came in 15th at the outdoor meet behind Ciattei's silver medal in the 1,500 – the second of two silver medals for Ciattei in 2018. And for only the second time in program history, the women's team finished in the top 15 at both NCAA meets, coming in tied for 14th at the indoor meet and 10th at the outdoor meet. Both finishes marked the women's best since 2010.