



HOKIES®

17 Individual National Champions | 14 Combined Team ACC Championships | 84 All-Americans

#NCAATF

June. 5-8, 2019 | ALL DAY | Austin, TX
NCAA Outdoor Championships | Mike A. Myers Stadium

VIRGINIA TECH INFORMATION

Virginia Tech

Hokies



USTFCCA Poll Men.....NF
 USTFCCA Poll Women.....NF
 Last Meet.....NCAA East Preliminary Rounds
 ACC Point-Scorers Returning/Lost18/9
 Newcomers.....37 (24 Men, 13 Women)
 Head Coach.....Dave Cianelli (18th year)
 Alma Mater.....Bowling Green State
 Distance Coach..Eric Johannigmeier (5th year)
 Alma Mater.....Illinois
 Distance Coach.....Jason Cusack (1st year)
 Alma Mater.....Virginia Tech
 Jumps Coach.....Paul Zalewski (6th year)
 Alma Mater.....Cortland
 Pole Vault Coach.....Bob Phillips (35th year)
 Alma Mater.....Virginia Tech
 Sprints Coach.....Tim Vaught (4 year)
 Alma Mater.....Western Carolina
 Throws Coach.....Andrew Dubs (2nd year)
 Alma Mater.....Connecticut

HOKIES IN AUSTIN

- 14 student-athletes will be competing at Mike A. Myers Stadium representing the maroon and orange.
- Distance - Sarah Edwards and Rachel Pocratsky in the 1,500, Bashir Mosavel-Lo in the 800, Peter Seufer in the 5,000 and Fitsum Seyoum in the 3,000 steeplechase.
- Sprints - Miles Green in the 400-meter hurdles, Jacory Patterson in the 400 and the 4x100 relay team of J.Tay, J. Patterson, M.Davenport and C. Beck
- Pole vault - Deakin Volz.
- Throws - Pavla Kuklova in the hammer throw and Isaiah Rogers in the shot put
- Jumps - Eszter Bajnok in the long and triple jump.

PROGRAM HISTORY

'19 ACC Indoor Finish.....Men 1st, Women 3rd
 '19 NCAA Indoor Finish.....Men -, Women 15th
 '19 ACC Outdoor Finish.....Men 1st, Women 4th
 '18 NCAA Outdoor Finish.....Men 15th, Women 10th
 ACC Championships.....9 Men, 5 Women
 NCAA Individual Champions.....10 Men, 6 Women

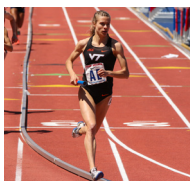
DID YOU KNOW

- That Eszter Bajnok became the first jumper in program history to qualify for the NCAA Outdoor Championships in two events (long jump, triple jump).
- That Freshman Jacory Patterson holds the No. 1 U-20 Outdoor 400-meter dash time in the entire world at 45.46 seconds.
- Freshman Cole Beck became the fastest Hokie to ever compete in both track and football as he passed Andre Davis (10.24) in the 100-meter dash with his time 10.22 at the ACC Outdoor Championships.
- That 8 of the 14 Hokies going to Austin are heading to their first NCAA Outdoor Championships (Cole Beck, Michael Davenport, Miles Green, Bashir Mosavel-Lo, Patterson, Isaiah Rogers, Fitsum Seyoum and Joseph Tay.
- That the relay team of Tay, Patterson, Davenport and Beck became just the second 4x100 relay team to make it to NCAA Outdoors in the past 20 years.
- This is the second straight year that Tech has sent 14 Hokies to the Outdoor Championships.

LAST TIME AT NCAA OUTDOORS

- The men's pole vault group of Torben Laidig, Joel Leon Benitez and Deakin Volz became the first trio to earn first-team All-America honors on the same team since Baylor did so in 1985.
- The women's pole vault group also had an excellent showing as Lisa Gunnarsson won bronze and Rachel Baxter finished fourth.
- In his last race as a Hokie, senior Vincent Ciattei won the silver in the 1,500 meters.
- The women's team finished 10th with 21.5 points for the second-highest finish in program history.
- Of the 12 that earned All-America honors last year, four will step onto the track at Austin this week, including Eszter Bajnok in the triple jump, Pavla Kuklova in the hammer throw, Rachel Pocratsky in the 1,500 and Volz in the pole vault.

WHO TO WATCH



- Rachel Pocratsky won the 1,500-meter run at the 2019 ACC Outdoor Championships with a time of 4:18.42.

2019 SCHEDULE

JANUARY

11-12 VIRGINIA TECH INVITATIONAL BLACKSBURG, VA.
 18-19 HOKIE INVITATIONAL BLACKSBURG, VA.
 25-26 BOB POLLOCK INVITATIONAL CLEMSON, S.C.
 IOWA BLACK AND GOLD PREMIER IOWA CITY, IA.

FEBRUARY

1-2 CAMEL CITY INVITATIONAL WINSTON-SALEM, N.C.
 "DOC HALE" ELITE MEET BLACKSBURG, VA.
 IOWA STATE CLASSIC AMES, IA.
 TIGER PAW INVITATIONAL CLEMSON, S.C.
 15-16 VIRGINIA TECH CHALLENGE BLACKSBURG, VA.
 DMR INVITATIONAL WINSTON-SALEM, N.C.
 21-23 ACC INDOOR CHAMPIONSHIPS BLACKSBURG, VA.

MARCH

8-9 NCAA INDOOR CHAMPIONSHIPS BIRMINGHAM, ALA
 22-23 FLORIDA STATE RELAYS TALLAHASSEE, FLA.
 VANDERBILT BLACK & GOLD INVITATIONAL NASHVILLE, TENN.
 WINTHROP INVITATIONAL ROCK HILL, S.C.
 27-30 TEXAS RELAYS AUSTIN, TEXAS
 29-30 FLORIDA RELAYS GAINESVILLE, FLA.
 RALEIGH RELAYS RALEIGH, N.C.

APRIL

5-6 GEORGIA- SPEC TOWNS INVITATIONAL ATHENS, GA.
 11-13 TENNESSEE RELAYS KNOXVILLE, TENN.
 12-13 TRITON INVITATIONAL SAN DIEGO, CALIF.
 19-20 WAR EAGLE CLASSIC AUBURN, ALA.
 DUKE INVITATIONAL DURHAM, N.C.
 25-27 PENN RELAYS PHILADELPHIA, PA.
 26-27 UNIVERSITY OF LOUISVILLE LOUISVILLE, KY.
 VIRGINIA GRAND PRIX CHARLOTTEVILLE, VA.

MAY

1 LIBERTY TWILIGHT QUALIFIER LYNCHBURG, VA.
 4 TENNESSEE CHALLENGE KNOXVILLE, TENN.
 9-11 ACC OUTDOOR CHAMPIONSHIPS MIAMI, FLA.
 23-25 NCAA EAST PRELIMINARIES TAMPA, FLA.

JUNE

5-8 NCAA OUTDOOR CHAMPIONSHIPS AUSTIN, TEXAS.

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SOCIAL



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Name	Class	Event	Hometown	High School/Other
Brian Baker	Fr.	Distance	Doylestown, Pa.	Central Bucks West
Cole Beck	Fr.	Sprints	Blacksburg, Va.	Blacksburg
Owen Buck	Jr.	Mid-Distance	Seattle, Wash.	Ballard
Matthias Cannon	Fr.	Distance	Glen Allen, Va.	Deep Run
Chauncey Chambers	Fr.	Jumps	Springfield, Va.	Robert E. Lee
Jayron Cheatham	Fr.	Jumps	Chesapeake, Va.	Oscar Smith
Michael Davenport	Jr.	Sprints/Jumps	Winston-Salem, N.C.	Woodberry Forest
Jaelyn Demory	r-So.	Pole Vault	Fairfax, Va.	Woodbridge Senior
Ben Fleming	r-Fr.	Distance	Blacksburg, Va.	Blacksburg
Hans Gallagher	Fr.	Sprints	Flanders, N.J. / West Morris Mendham	
Clint Gault	Fr.	Distance	Poquoson, Va.	Poquoson
Miles Green	Fr.	Sprints/Hurdles	Philadelphia, Pa.	Saint Joseph's Prep
Will Griffen	r-Fr.	Distance	Elkins Park, Pa.	Cheltenham
Matthew Harding	Jr.	Distance	Conwy, North Wales	Rydal Penrhos / UNC Asheville
James Holt	Jr.	Jumps	Glenmoore, Pa.	Downingtown STEM Academy
Osman Humeida	r-Fr.	Distance	South Riding, Va.	Freedom
Jones, Tyson	Fr.	Throws	Goodyear, Ariz.	Desert Edge
Jack Joyce	r-Jr.	Distance	Ashburn, Va.	Briar Woods
Tyler Leaser	Fr.	Distance	Milton, Pa.	Milton
Joel Leon Benitez	Fr.	Pole Vault	Nottingham, United Kingdom	Millfield
Tahjere Lewis	Fr.	Sprints	Hampton, Va.	Hampton
Antonio Lopez Segura	Fr.	Mid-Distance	Barcelona, Spain	Colgan
Donovan Louis	Fr.	Sprints/Jumps	Triangle, Va.	Potomac
John Manilli	Fr.	Multi Events	Alexandria, Va.	Patriot
Matthew Manilli	So.	Multi Events	Alexandria, Va.	Patriot
Bashir Mosavel-lo	So.	Distance	Richmond, Va.	Deep Run
Sean Murphy	Fr.	Multi Events	Fairfax, Va.	Woodgrove
Mussie, Simeon	Fr.	Distance	Silver Spring, Md.	Albert Einstein
Ben Nibbelink	Fr.	Distance	Leesburg, Va.	Tuscarora
Jacory Patterson	Fr.	Sprints	Columbia, S.C.	Dreher
Eldon Phillips	Fr.	Distance	Silver Spring, Md.	Northwood
Noah Ramsey	Fr.	Sprints	Christiansburg, Va.	Blacksburg
Harrison Rice	Fr.	Pole Vault	Richmond, Va.	St. Christopher's School
Isaiah Rogers	Jr.	Throws	Smyrna, Ga.	Campbell/TCU
Peter Seufer	r-Jr.	Distance	Lynchburg, Va.	E.C. Glass
Fitsum Seyoum	r-So.	Distance	Leesburg, Va.	Tuscarora
Logan Sheppard	Fr.	Distance	Forest, Va.	Jefferson Forest
Thierry Siewe Yanga	So.	Mid-Distance	Silver Spring, Md.	Montgomery Blair
Derek Tay	Fr.	Sprints	Bristow, Va.	Patriot
Joseph Tay	Jr.	Sprints	Bristow, Va.	Patriot
Deakin Volz	Sr.	Pole Vault	Bloomington, Ind.	Bloomington South
Dave Whitfield	So.	Distance	Upper Darby, Pa.	Monsignor Bonner
Zachary Witt	r-So.	Distance	Glen Allen, Va.	Glen Allen/Christopher Newport
Diego Zarate	r-Jr.	Distance	Germantown, Md.	Northwest



Name	Class	Event	Hometown	High School/Other
Stefanie Aeschlimann	So.	Triple Jump	Wettstetten, Germany	Reuchlin
Eszter Bajnok	Jr.	Jumps	Kethely, Hungary	Kaposvari Munkacsy Mihaly
Rachel Baxter	So.	Pole Vault	Orange, Calif.	Canyon
Lauren Berman	r-Jr.	Distance	Fairfax, Va.	James W. Robinson
Ella Breidenstine	r-So.	Distance	Hummelstown, Pa.	Lower Dauphin
Brown, Kanajzae	Jr.	Sprints	Bridgeport, Conn.	Central Magnet / High Point
Ellie Brush	So.	Distance	Mason, Ohio	Mason
Arlicia Bush	Jr.	Sprints	Princeton, Ky.	Ridge View
Copeland, Kayla	Fr.	Sprints	Ashburn, Va.	Stone Bridge
Kennedy Dennis	So.	Sprints	Greenville, S.C.	Berea
Kaylah Duke	Fr.	Sprints	Chesapeake, Va.	Oscar Smith
Olivia Duston	Fr.	Distance	Herndon, Va.	Herndon
Enid Duut	Fr.	Throws	Neptunusof, Netherlands	Krimpenerwaard College
Sarah Edwards	Jr.	Distance	Bellingham, Mass.	Bellingham
Sara Freix	Jr.	Distance	Centreville, Va.	Westfield
Pavla Kuklova	r-Jr.	Throws	Opava, Czech Republic	Secondary School of Nursing
Cecilia Marenick	So.	Triple Jump	High Point, N.C.	Southwest Guilford
Laurel Miller	So.	Jumps	Charleston, W.Va.	Ripley / College of Charleston
Imagine Patterson	Fr.	Sprints/Hurdles	Rock Hill, S.C.	Summerville
Maya Pighet	Fr.	Sprints/Jumps	Charlotte, N.C.	Olympic
Rachel Pocratsky	Sr.	Mid-Distance	Gaithersburg, Md.	Our Lady of Good Counsel
Shannon Quinn	Sr.	Mid-Distance	Camp Hill, Pa.	Trinity
Kayla Richardson	Jr.	Distance	Blacksburg, Va.	Blacksburg
Zanelle Richie	Fr.	Sprints	Petersburg, Va.	Thomas Dale
Paige Ritter	So.	Pole Vault	Harrisburg, Pa.	East Pennsboro
Emily Schiesl	So.	Distance	Burke, Va.	Lake Braddock
Erin Shaffrey	Fr.	Jumps	Reisterstown, Md.	Maryvale Prep
Nykah Smith	Fr.	Sprints	Atlanta, Ga.	Maynard Jackson
Catherine Stone	Jr.	Mid-Distance	Vienna, Va.	James Madison
Amanda Swaak	Sr.	Distance	Vienna, Va.	James Madison
Caitlan Tate	So.	Sprints	Atlanta, Ga.	Brookwood
Emma Thor	r-Fr.	Throws	Knivsta, Sweden	Celsiuskolan
Kajsa Wennberg	r-Fr.	Throws	Uppsala, Sweden	Katedralskolan Uppsala
Allie Zolkiewicz	Fr.	Distance	Sykesville, Md.	South Carroll/Carroll Community College

PRONUNCIATIONS

Osman Humeida	Hu-MEE-duh
Ben Nibbelink	Nib-uh-link
John Manilli	Muh-NIL-e
Matthew Manilli	Muh-NIL-e
Bashir Mosavel-Lo	Mos-uh-VEL-oh
Peter Seufer	SOY-fer
Fitsum Seyoum	SAY-oh-um
Thierry Siewe Yanga	TIER-ee Sew YANG-uh
Diego Zarate	Dee-AY-go Zer-AH-tey

Stefanie Aeschlimann	EYE-cul-men
Kanajzae Brown	Kuh-nah-zhae
Eszter Bajnok	BYE-knock
Ella Breidenstine	BRI-den-stine
Arlicia Bush	Ar-LEE-see-uh
Enid Duut	Ay-nid Doot
Sara Freix	Frix
Pavla Kuklova	PAHV-luh Kook-LOV-uh
Emily Schiesl	Shy-sel
Nykah Smith	Nye-kuh
Kajsa Wennberg	Ky-shuh



2018 Honors & Awards

USTFCCA Southeast Region Coach of the Year

Dave Cianelli (Men, Indoor)

ACC Performer of the Week

Jacory Patterson - Jan. 16

Rachel Baxter - Jan. 23

Rachel Pocratsky - Feb. 13

Deakin Volz - Feb. 20

Jacory Patterson - April 3

Rachel Baxter - May 1

First Team All-ACC Indoor (Men)

Joel Leon Benitez (pole vault)

Owen Buck (DMR)

Michael Davenport (DMR)

Jaelyn Demory (heptathlon)

Jack Joyce (DMR)

Bashir Mosavel-Lo (DMR)

Jacory Patterson (400) – champion

Isaiah Rogers (weight throw, shot put)

Peter Seufer (3,000; 5,000) – champion (5,000)

Deakin Volz (pole vault) – champion

Diego Zarate (Mile)

Second Team All-ACC Indoor (Men)

Chauncey Chambers (triple jump)

Miles Green (400; 4x400)

Tyson Jones (shot put)

Matthew Manilli (heptathlon)

Bashir Mosavel-Lo (800; 4x400)

Jacory Patterson (4x400)

Harrison Rice (pole vault)

First Team All-ACC Indoor (Women)

Eszter Bajnok (triple jump)

Rachel Baxter (pole vault) – champion

Arlicia Bush (DMR) – champion

Kennedy Dennis (4x400)

Sarah Edwards (DMR, mile) – champion in both

Sara Freix (3,000; 5,000)

Imagine Patterson (4x400)

Rachel Pocratsky (800, DMR) – champion in both

Shannon Quinn (DMR; 800) – champion (DMR)

Second Team All-ACC Indoor (Women)

Arlicia Bush (400)

Kennedy Dennis (60; 200)

Cate Stone (800)

NCAA Indoor All-Americans

Rachel Baxter - pole vault (first team)

Arlicia Bush - distance medley (second team)

Sarah Edwards - mile (first team)

Sara Freix - distance medley (second team)

Bashir Mosavel-Lo - 800 meters (second team)

Rachel Pocratsky - 800 meters (first team)

Shannon Quinn - distance medley (second team)

Catherine Stone - distance medley (second team)

Deakin Volz - pole vault (second team)

First Team All-ACC Outdoor (Men)

Cole Beck (4x100)

Michael Davenport (4x100)

Jaelyn Demory (decathlon) - champion

Miles Green (400 hurdles) - champion

Tyson Jones (shot put)

Bashir Mosdavel-Lo (800) - champion

Sean Murphy (decathlon)

Jacory Patterson (200; 400) - champion (400)

Isaiah Rogers (shot put)

Fitsum Seyoum (3,000 steeplechase) - champion

Joseph Tay (4x100)

Deakin Volz (pole vault) - champion

Second Team All-ACC Outdoor (Men)

Cole Beck (100)

Matthias Cannon (1,500)

Michael Davenport (4x400)

Jaelyn Demory (pole vault)

Miles Green (4x400)

Will Griffen (3,000 steeplechase)

Jack Joyce (1,500)

Bashir Mosavel-Lo (4x400)

Jacory Patterson (4x400)

Isaiah Rogers (hammer throw)

First Team All-ACC Outdoor (Women)

Eszter Bajnok (triple jump)

Sarah Edwards (1,500)

Sara Freix (10,000)

Pavla Kuklova (hammer throw)

Rachel Pocratsky (800; 1,500) - champion in both

Emma Thor (hammer throw)

Second Team All-ACC Outdoor (Women)

Eszter Bajnok (long jump)

Kanajzae Brown (4x400)

Ellie Brush (800)

Arlicia Bush (400; 4x400)

Imagine Patterson (400 hurdles)

Kayla Richardson (3,000 steeplechase)

Nykah Smith (4x400)

Caitlan Tate (4x400)

2019 ACC Outdoor Individual Champions



Rachel Pocratsky
800 Meters & 1,500 Meters



Jaelyn Demory
Decathlon



Miles Green
400 Hurdles



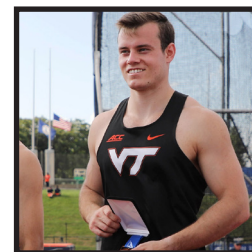
Bashir Mosavel-Lo
800 Meters



Jacory Patterson
400 Meters



Fitsum Seyoum
3,000 Steeplechase



Deakin Volz
Pole Vault

Tech Men's Outdoor Track and Field Records





Tech Women's Outdoor Track and Field Records

<i>Event</i>	<i>Time/Mark</i>	<i>Name</i>	<i>Year</i>
100m	10.14	Darrell Wesh	2013
200m	20.45	Keith Ricks	2012
400m	45.46	Jacory Patterson	2019
800m	1:45.69	Drew Piazza	2017
1,500m	3:39.22	Michael Hammond	2012
Mile	3:58.91	Michael Hammond	2012
5,000m	13:27.64	Thomas Curtin	2016
10,000m	28:45.97	Mark Stickley	1982
110m Hurdles	13.84	Jeff Artis-Gray	2013
400m Hurdles	50.04	Greg Chiles	2018
3,000m SC	8:40.86	Fitsum Seyoum	2019
4x100m	39.24	J. Tay, J. Patterson, M. Davenport, C. Beck	2019
4x200m	1:25.0	Cooper, Edwards	
4x400m	3:06.40	Cowles, Nash	1983
4x800m	7:13.75	Chiles, Thomas, Piazza, Davenport	2017
4x1,500m	15:41.32	Gourley, Ciattei, Piazza, Joseph	2017
4xMile	16:28.70	Scheiner, Cornwall, Clauss, Berlin	2007
DMR	9:40.31	Seufer, Jaskowak Mohammadi, Zarate	2017
SMR	3:20.7	Voight, Oustrich, Reed, Cobb	1987
SHR	58.6	Chase, Read, Cooper, Crossin	1983
High Jump	7'4.50" (2.25m)	Frier, Dyer	1977
Pole Vault	18'8.25" (5.70m)	Willis, Lewis	
Long Jump	26'0.75" (7.94m)	Ronnie Black	2013
Triple Jump	54'1.25" (16.49m)	Torben Laidig	2017
Shot Put	62'10.5" (19.16m)	Jeff Artis-Gray	2013
Discus Throw	201'4" (61.38m)	Hasheem Halim	2012
Hammer Throw	248'10" (75.84m)	Sven Hahn	2005
Javelin Throw	255'6" (77.88m)	Marek Barta	2016
Decathlon	6,982 points	Marcel Lomnický	2011
		Matthias Treff	2011
		Jaelyn Demory	2019
Discontinued Events			
100yd	9.4	André Releford	1974
220yd	20.8	Mac Banks	1971
440yd	46.7	Mac Banks	1971
3,000m	8:03.41	Steve Taylor	1987
4x110yd	40.7	Fallen, Read, Lewis, Scott	1980
4x440yd	3:10.2	Chase, Watson, Nash, Crossin	1982

<i>Event</i>	<i>Time/Mark</i>	<i>Name</i>	<i>Year</i>
100m	11.40	Patrice Potts	2007
200m	23.01	Courtney Blanden	2017
400m	52.24	Courtney Blanden	2017
800m	2:01.17	Hanna Green	2015
1,500m	4:10.03	Rachel Pocratsky	2018
Mile	4:32.50	Hanna Green	2017
5,000m	15:37.73	Tasmin Fanning	2008
10,000m	33:05.96	Linda King	1984
100m Hurdles	12.46	Queen Harrison	2010
400m Hurdles	54.55	Queen Harrison	2010
3,000m SC	9:52.89	Sarah Edwards	2017
4x100m	44.33	Green, Potts, Castlin, Spruill	2007
4x200m	1:36.23	Pinnock, Boone, Aririguzo, Nwaneri	2009
4x400m	3:32.05	Harrison, Washington, Green, Spruill	2008
4x800m	8:25.24	Kennedy, Barton, Edwards, Pocratsky	2018
4x1,500m	18:17.40	Sherbak, J. Fanning, Clark, T. Fanning	2008
DMR	11:11.00	Edwards, Smith Quinn, Pocratsky	2019
SMR	3:53.69	Potts, Spruill, Pinnock, Washington	2007
SHR	54.27	Harrison, Castlin, Washington, Williams	2010
High Jump	5'11.25" (1.81m)	Katie Ollendick	1998
Pole Vault	15'1" (4.60m)	Lisa Gunnarsson	2018
Long Jump	20'5.75" (6.24m)	Eszter Bajnok	2019
Triple Jump	44'9.75" (13.66m)	Eszter Bajnok	2019
Shot Put	56'1" (17.09m)	Samira Burkhardt	2011
Discus Throw	172'10" (52.69m)	Brittany Pryor	2009
Hammer Throw	224'3" (68.36m)	Dorotea Habazin	2011
Javelin Throw	196'6" (59.89m)	Irena Sediva	2015
Heptathlon	5,833 points	Saskia Triesscheijn	2006
Discontinued Events			
3,000m	9:14.25	Cheryl Tuosto	1985
4x1,600m	21:20.4	Barrett, Ward, McMahon, Shea	1994

Current team members in bold type
 Times in tenths of seconds are hand-timed.
 Wind readings of <3.0m/s are accepted Virginia Tech records.



	<p style="text-align: center;">ESZTER BAJNOK</p> <p style="text-align: center;">Jumps • Jr. • Kethely, Hungary</p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">LJ - 6.11m (20 ft., 0.5 in.) • TJ - 13.66m (44 ft., 9.75 in.)</p>	<p>LAST MEET: LJ - 6.14 meters (20 feet, 1.75 inches) @ NCAA East Prelims</p> <p>NOTE: Punched her ticket to Austin in the triple jump with a leap of 13.66 meters (44 feet, 9.75 inches) and long jump with her mark of 6.24 meters (20 feet, 5.75 inches) at the NCAA East Preliminary Rounds ... Became the first jumper in school history to qualify for nationals in two events ... Finished fourth in the long jump with a mark of 6.24 meters (20 feet, 5.75 inches).</p>	<p style="text-align: center;">SEASON BEST</p> <p>Indoor: LJ- 6.11m (20 ft., 0.5 in.) TJ- 13.04m (42 ft., 9.5 in.)</p> <p>Outdoor: LJ- 6.24m (20 ft., 5.75 in.) TJ- 13.66m (44 ft., 9.75 in.)</p>
	<p style="text-align: center;">SARAH EDWARDS</p> <p style="text-align: center;">Distance • Jr. • Bellingham, Mass.</p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">Mile - 4:36.49, 3,000m - 9:33.53 • 1,500m - 4:16.37</p>	<p>LAST MEET: 1,500 meters - 4:16.37 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin with her time of 4:16.37 in the 1,500 meters at the NCAA East Preliminary Rounds ... Brought home the silver medal in the 1,500-meter run at the ACC Championships, running the event in a personal-best time of 4:18.91 ... Earned first-team All-ACC honors.</p>	<p style="text-align: center;">SEASON BEST</p> <p>Indoor: Mile - 4:36.49 3,000 - 9:33.53</p> <p>Outdoor: 1,500m - 4:16.37</p>
	<p style="text-align: center;">PAVLA KUKLOVA</p> <p style="text-align: center;">Throws • r-Jr. • Opava, Czech Republic</p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">WT - 18.95m (62 ft., 2.25 in.) • HT - 66.18m (217 ft., 1 in.)</p>	<p>LAST MEET: HT- 61.72 meters (202 ft., 6 in.) @ NCAA East Prelims</p> <p>NOTE: Punched her ticket to Austin with a toss of 61.72 meters (202 feet, 6 inches) in the hammer throw at the NCAA East Preliminary Rounds ... Won silver in the hammer throw at the ACC Outdoor Championships with her mark of 65.78 meters (215 feet, 10 inches) ... Posted a mark of 62.85 meters (206 feet, 2 inches) to finish fourth at the Virginia Grand Prix.</p>	<p style="text-align: center;">SEASON BEST</p> <p>Indoor: WT-18.95m (62 ft., 2.25 in.)</p> <p>Outdoor: HT-65.78m (215 ft., 10 in.)</p>
	<p style="text-align: center;">RACHEL POCRATSKY</p> <p style="text-align: center;">Distance • Sr. • Gaithersburg, Md.</p> <p style="text-align: center;">Top Mark Indoor • Top Mark Outdoor</p> <p style="text-align: center;">800m - 2:03.17 • 800m - 2:02.67, 1,500m - 4:10.03</p>	<p>LAST MEET: 1,500 meters - 4:20.07 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin with her time of 4:20.07 in the 1,500 meters at the NCAA East Preliminary Rounds ... Won the gold medal in the 800 and the 1,500 at the ACC Championships for the second consecutive year ... Finished the 800 in a time of 2:04.52 and ran the 1,500 in a time of 4:18.42 ... Earned first-team All-ACC honors in both events.</p>	<p style="text-align: center;">SEASON BEST</p> <p>Indoor: 800m - 2:05.20</p> <p>Outdoor: 800m - 2:04.52 1,500m - 4:18.42</p>

	<p>COLE BECK</p> <p>Sprints • Fr. • Blacksburg, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.73, 200m - 21.36 • 100m - 10.22, 200m - 20.98</p>	<p>LAST MEET: 4x100 relay - 39.24 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin as a member of the 4x100 meter relay team that clocked a time of 39.24 ... Also ran a time of 10.47 in the 100-meter dash ... Clocked a time of 10.22 in the 100 meters at the ACC Outdoor Championships to place fourth... Was also a member of the 4x100 team that finished second with a time of 39.46.</p>	<p>SEASON BEST</p> <p>Indoor: 60m - 6.77 200m - 21.36</p> <p>Outdoor: 100m - 10.22 200m - 20.98</p>
	<p>MICHAEL DAVENPORT</p> <p>Sprints • Jr. • Winston-Salem, N.C.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.92, 200m - 21.26 • 100m - 10.43, 200m - 20.97</p>	<p>LAST MEET: 4x100 relay - 39.24 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin as a member of the 4x100 meter relay team that clocked a time of 39.24 ... Clocked a time of 10.68 in the 100 meters and a time of 21.33 in the 200 meters at the ACC Outdoor Championships... Was also a member of the 4x100 team that finished second with a time of 39.46.</p>	<p>SEASON BEST</p> <p>Indoor: 200m - 21.56 300m - 33.89 400m - 48.57</p> <p>Outdoor: 100m - 10.59 200m - 21.28</p>
	<p>MILES GREEN</p> <p>Sprints/Hurdles • Fr. • Philadelphia, Pa.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>400m - 47.38 • 400h - 50.25</p>	<p>LAST MEET: 400 hurdles - 50.25 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin with a time of 50.25 in the 400-meter hurdles at the NCAA East Preliminary Rounds ... Won gold in the 400 hurdles at the ACC Outdoor Championships with a time of 50.32 and was a member of the 4x400 relay team that placed fourth with a time of 3:13.49 ... Tallied a time of 51.52 in the 400 hurdles at the Penn Relays.</p>	<p>SEASON BEST</p> <p>Indoor: 400m - 48.48</p> <p>Outdoor: 400h - 50.25</p>
	<p>BASHIR MOSAVEL-LO</p> <p>Distance • So. • Richmond, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>800m - 1:48.70 • 800m - 1:48.66</p>	<p>LAST MEET: 800 meters - 1:48.77 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin with a time of 1:48.77 in the 800 meters at the NCAA East Preliminary Rounds ... Won the gold medal in the 800-meter race at the ACC Championships with a time of 1:49.90 ... Earned first-team All-ACC honors ... Earned second-team All-ACC honors after competing on the 4x400 relay team that came in fourth with a time of 3:13.49.</p>	<p>SEASON BEST</p> <p>Indoor: 800m - 1:48.70</p> <p>Outdoor: 800m - 1:48.77</p>
	<p>JACORY PATTERSON</p> <p>Sprints/Hurdles • Fr. • Columbia, S.C.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>200m - 20.84, 400m - 46.04 • 200m - 20.57, 400m - 45.46</p>	<p>LAST MEET: 400 meters - 45.46 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin with a time of 45.46 in the 400-meter dash at the NCAA East Preliminary Rounds ... Won the gold in the 400-meter dash with a time of 45.60 and won the silver in the 200-meter dash with a time of 20.57 at the ACC Outdoor Championships.</p>	<p>SEASON BEST</p> <p>Indoor: 200m - 20.84 400m - 46.14</p> <p>Outdoor: 200m - 20.57 400m - 45.46</p>
	<p>ISAIAH ROGERS</p> <p>Throws • Jr. • Smyrna, Ga.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>SP - 18.19m (59 ft., 8.25 in.) • SP - 18.70m (61 ft., 4.25 in.)</p>	<p>LAST MEET: SP- 18.70 meters (61 feet, 4.25 inches) @ NCAA East Prelims</p> <p>NOTE: Punched a ticket to Austin with a toss of 18.70 meters (61 feet, 4.25 inches) in the shot put at the NCAA East Preliminary Rounds ... Won silver in the shot put in the shot put with a mark of 18.53 meters (60'9.5") and finished fifth in the hammer throw with a toss of 62.26 meters (204 feet, 3 inches) at the ACC Outdoor Championships.</p>	<p>SEASON BEST</p> <p>Indoor: WT-20.61m (67 ft., 7.5 in.) SP-17.52m (57 ft., 5.75 in.)</p> <p>Outdoor: SP-18.70m (61 ft., 4.25 in.)</p>
	<p>PETER SEUFER</p> <p>Distance • r-Jr. • Lynchburg, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>5,000m - 13:52.32 • 5,000m - 13:51.39</p>	<p>LAST MEET: 5,000 meters - 13:51.39 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin with a time of 14:03.75 in the 5,000-meter run at the NCAA East Preliminary Rounds ... Finished fourth in the 5,000-meter race at the Duke Invitational, running the distance in a personal-best time of 13:51.29 ... Came in sixth in the 1,500 at the Tennessee Relays with a time of 3:44.94.</p>	<p>SEASON BEST</p> <p>Indoor: 5,000 - 13:52.32</p> <p>Outdoor: 5,000 - 13:51.39</p>
	<p>FITSUM SEYOUM</p> <p>Distance • r-Fr. • Leesburg, Va.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>5,000m - 14:21.52 • 3,000s - 8:40.86</p>	<p>LAST MEET: 3,000 steeple - 8:40.86 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin with a time of 8:40.86 in the 3,000-meter steeplechase at the NCAA East Preliminary Rounds ... Won the gold medal in the 3,000-meter steeplechase at the ACC Championships, finishing with a personal-best time of 8:44.43 ... Earned first-team All-ACC honors.</p>	<p>SEASON BEST</p> <p>Indoor: 5,000m 14:21.52</p> <p>Outdoor: 3,000s - 8:40.86 5,000m - 14:13.91</p>
	<p>JOSEPH TAY</p> <p>Sprints • Jr. • Bristow, Va</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>60m - 6.86 • 100m - 10.71</p>	<p>LAST MEET: 4x100 relay - 39.24 @ NCAA East Preliminary Rounds</p> <p>NOTE: Punched a ticket to Austin as a member of the 4x100 meter relay team that clocked a time of 39.24 ... Ran the opening leg of the 4x100-meter relay team that posted a time of 39.46 and earned a silver medal at the ACC Outdoor Championships ... Also recorded a time of 10.71 seconds in the prelims at the ACCs in the 100-meter dash.</p>	<p>SEASON BEST</p> <p>Indoor: 60m - 6.91</p> <p>Outdoor: 100m - 10.71</p>
	<p>DEAKIN VOLZ</p> <p>Pole Vault • Sr. • Bloomington, Ind.</p> <p>Top Mark Indoor • Top Mark Outdoor</p> <p>5.66m (18 ft., 6.75 in.) • 5.62m (18 ft., 5.25 in.)</p>	<p>LAST MEET: PV- 5.31 meters (17 feet, 5 inches) @ NCAA East Prelims</p> <p>NOTE: Punched his ticket to Austin in the pole vault, posting a mark of 5.31 meters (17 feet, 5 inches) at the NCAA East Preliminary Rounds ... Won gold at the ACC Outdoor Championships in the pole vault with a season-best mark of 5.62 meters (18 feet, 5.25 inches), earning first-team All-ACC honors.</p>	<p>SEASON BEST</p> <p>Indoor: 5.55m (18 ft., 2.5 in.)</p> <p>Outdoor: 5.62m (18 ft., 5.25 in.)</p>



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100m (School Record: 10.14, Darrell Wesh, 2013)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Cole Beck	Fr.	10.22	ACC Outdoor Championships	5/9	0.8	4th
		10.29 (q)	ACC Outdoor Championships	5/9	1.2	Q
		10.36	Florida State Relays	3/22	0.6	2nd
		10.39	War Eagle Invite	4/19	1.1	4th
		10.48	Florida Relays	3/28	0.8	11th
Michael Davenport	Jr.	10.59	Tennessee Relays	4/11	5.0	17th
		10.68 (p)	ACC Outdoor Championships	5/9	1.5	22nd
		10.89	War Eagle Invite	4/19	1.1	18th
Joseph Tay	Jr.	10.71 (p)	ACC Outdoor Championships	5/9	1.2	23rd
		10.73	Tennessee Relays	4/11	3.5	29th
		10.80	Florida State Relays	3/22	3.5	11th
		10.94	War Eagle Invite	4/19	0.1	20th
Derek Tay	Fr.	10.92	Tennessee Relays	4/11	3.9	35th
		10.97	Duke Invitational	4/19	2.3	21st
Tahjere Lewis	Fr.	10.98	Tennessee Relays	4/11	3.2	36th
Donovan Louis	Fr.	11.12	Spec Towns Invitational	4/5	-0.6	14th
John Manilli	Fr.	11.48	Tennessee Relays	4/11	3.1	39th
		11.66	Raleigh Relays	3/29	0.9	47th

200m (School Record: 20.45, Keith Ricks, 2012)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Jacory Patterson	Fr.	20.57 (q)	ACC Outdoor Championships	5/9	0.7	Q
		20.60	Tennessee Relays	4/11	2.5	1st
		20.77	ACC Outdoor Championships	5/9	1.6	2nd
Cole Beck	Fr.	20.98 (q)	ACC Outdoor Championships	5/9	0.7	Q
		20.99	Tennessee Relays	4/11	1.5	10th
Michael Davenport	Jr.	21.08	War Eagle Invite	4/19	0.1	2nd
		21.28	Tennessee Relays	4/11	2.9	6th
		21.33 (p)	ACC Outdoor Championships	5/9	0.2	15th
Joseph Tay	Jr.	21.46	War Eagle Invite	4/19	0.1	8th
		22.17	War Eagle Invite	4/19	-1.2	20th
Derek Tay	Fr.	22.34	Florida State Relays	3/22	0.0	15th
		22.46	Tennessee Relays	4/11	2.4	34th
		22.64	Duke Invitational	4/19	0.7	44th
Tahjere Lewis	Fr.	23.58	Duke Invitational	4/19	0.4	67th

400m (School Record: 45.57, Jacory Patterson, 2019)

Athlete	Year	Time	Meet	Meet Date	Place
Jacory Patterson	Fr.	45.57 (q)	ACC Outdoor Championships	5/9	Q
		45.60	ACC Outdoor Championships	5/9	1st
		45.76	Florida Relays	3/28	2nd
		46.09	War Eagle Invite	4/19	1st
Michael Davenport	Jr.	49.50	Florida State Relays	3/22	13th
Eldon Phillips	Fr.	48.91 (p)	ACC Outdoor Championships	5/9	24th
		49.75	Raleigh Relays	3/29	32nd





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800m (School Record: 1:46.02, Drew Piazza, 2017)

Athlete	Year	Time	Meet	Meet Date	Place		
Bashir Mosavel-Lo	So.	1:48.82	Duke Invitational	4/19	1st		
		1:49.90	ACC Outdoor Championships	5/9	1st		
		1:51.19 (q)	ACC Outdoor Championships	5/9	Q		
Dave Whitfield	So.	1:51.40	Liberty Twilight	5/1	7th		
		1:52.08	Tennessee Relays	4/11	13th		
		1:52.52	Duke Invitational	4/19	10th		
		1:53.96 (p)	ACC Outdoor Championships	5/9	18th		
Thierry Siewe Yanga	So.	1:50.63	Liberty Twilight	5/1	4th		
		1:52.42	Tennessee Relays	4/11	15th		
		1:52.88 (p)	ACC Outdoor Championships	5/9	14th		
		1:57.73	Duke Invitational	4/19	57th		
Jack Joyce	r-Jr.	1:50.79	Liberty Twilight	5/1	5th		
		Owen Buck	Jr.	1:51.27	Liberty Twilight	5/1	6th
Brian Baker	Fr.	1:52.86	Tennessee Relays	4/11	20th		
		1:53.42	Duke Invitational	4/19	18th		
		1:52.95	Tennessee Relays	4/11	22nd		
		Eldon Phillips	Fr.	1:51.44	Liberty Twilight	5/1	8th
		1:52.53	Duke Invitational	4/19	11th		
Logan Sheppard	Fr.	1:53.88	Tennessee Relays	4/11	27th		
		1:54.01	Tennessee Relays	4/11	28th		
		Tyler Lesser	Fr.	1:53.20	Liberty Twilight	5/1	11th
Logan Sheppard	Fr.	1:55.27	Tennessee Relays	4/11	34th		
		1:54.36	Liberty Twilight	5/1	17th		
		Clint Gault	Fr.	1:56.28	Tennessee Relays	4/11	37th

1,500m (School Record: 3:39.22, Michael Hammond, 2012)

Athlete	Year	Time	Meet	Meet Date	Place
Bashir Mosavel-Lo	So.	3:44.35	Tennessee Relays	4/11	4th
Peter Seuffer	r-Jr.	3:44.94	Tennessee Relays	4/11	6th
Ben Fleming	r-Fr.	3:48.64	Tennessee Relays	4/11	10th
Jack Joyce	r-Jr.	3:45.11	ACC Outdoor Championships	5/9	6th
		3:46.28	Duke Invitational	4/19	1st
		3:47.21 (q)	ACC Outdoor Championships	5/9	Q
		3:48.82	Tennessee Relays	4/11	11th
		Matthias Cannon	Fr.	3:45.99	ACC Outdoor Championships
Antonio Lopez Segura	Fr.	3:47.95	Liberty Twilight	5/1	1st
		3:49.07	Tennessee Relays	4/11	12th
		3:50.89	Duke Invitational	4/19	3rd
		3:53.45 (q)	ACC Outdoor Championships	5/9	Q
		3:49.14	Liberty Twilight	5/1	2nd
		3:51.19	Duke Invitational	4/19	4th
		3:52.16	Tennessee Relays	4/11	23rd
		3:55.73 (p)	ACC Outdoor Championships	5/9	27th
Dave Whitfield	So.	3:52.04	Raleigh Relays	3/29	34th
Thierry Siewe Yanga	So.	3:53.56	Raleigh Relays	3/29	44th
Will Griffen	So.	3:53.65	Tennessee Relays	4/11	26th
Fitsum Seyoum	r-So.	3:53.66	Tennessee Relays	4/11	27th
Ben Nibbelink	Fr.	3:54.06	Tennessee Relays	4/11	30th
Simeon Mussie	Fr.	3:54.76	Tennessee Relays	4/11	33rd
Brian Baker	Fr.	3:53.36	Duke Invitational	4/19	7th
		3:54.29	Raleigh Relays	3/29	49th
		3:56.37 (p)	ACC Outdoor Championships	5/9	30th
		Clint Gault	Fr.	3:56.07	Raleigh Relays
Clint Gault	Fr.	3:56.75	Duke Invitational	4/19	14th
		4:00.72	Liberty Twilight	5/1	3rd
		Owen Buck	Jr.	3:56.32	Raleigh Relays
Tyler Leaser	Fr.	3:56.50	Raleigh Relays	3/29	75th
Logan Sheppard	Fr.	4:01.48	Duke Invitational	4/19	24th
		3:57.88	Duke Invitational	4/19	17th





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5,000m (School Record: 13:27.64, Thomas Curtin, 2016)

Athlete	Year	Time	Meet	Meet Date	Place
Peter Seuffer	r-Jr.	13:51.39	Duke Invitational	4/19	4th
Jack Joyce	Jr.	14:11.30	Raleigh Relays	3/29	34th
		14:55.85	ACC Outdoor Championships	5/9	33rd
Fitsum Seyoum	So.	14:13.91	Raleigh Relays	3/29	40th
Ben Fleming	r-Fr.	14:28.09	Raleigh Relays	3/29	65th
		14:37.73	ACC Outdoor Championships	5/9	23rd
Antonio Lopez Segura	Fr.	14:28.31	Raleigh Relays	3/29	68th
		14:40.18	ACC Outdoor Championships	5/9	26th
Matthias Cannon	Fr.	14:40.56	Raleigh Relays	3/29	88th
Will Griffen	So.	14:58.20	Raleigh Relays	3/29	122nd
Simeon Mussie	Fr.	14:50.15	Liberty Twilight	5/1	2nd
		15:17.12	Duke Invitational	4/19	22nd
Osman Humeida	So.	15:00.97	Liberty Twilight	5/1	3rd
		15:24.55	Tennessee Relays	4/11	15th
Ryan Hughes	r-Sr.	15:35.84	Duke Invitational	4/19	39th
Ben Nibbelink	Fr.	16:07.76	Raleigh Relays	3/29	146th

10,000m (School Record: 28:45.97, Mark Stickley, 1982)

Athlete	Year	Time	Meet	Meet Date	Place
Osman Humeida	So.	31:57.45	Raleigh Relays	3/29	58th

110m Hurdles (School Record: 13.84, Jeff Artis-Gray, 2013)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Jaelyn Demory	So.	14.71	Tennessee Relays	4/11	2.5	17th
		15.15	Raleigh Relays	3/29	0.4	19th
Sean Murphy	Fr.	16.15	Lyles/Wood Invite	4/26	-2.1	23rd
John Manilli	Fr.	17.64	Lyles/Wood Invite	4/26	2.3	28th

400m Hurdles (School Record: 50.04, Greg Chiles, 2018)

Athlete	Year	Time	Meet	Meet Date	Place
Miles Green	Fr.	50.32	ACC Outdoor Championships	5/9	1st
		51.52	Penn Relays	4/25	3rd
		51.55	War Eagle Invite	4/19	2nd
		52.01 (q)	ACC Outdoor Championships	5/9	Q
		52.22	Tennessee Relays	4/11	2nd
		52.49	Florida State Relays	3/22	2nd
		53.09	Florida Relays	3/28	24th
Hans Gallagher	Fr.	55.04	War Eagle Invite	4/19	12th
		55.29 (p)	ACC Outdoor Championships	5/9	11th
		55.46	Liberty Twilight	5/1	2nd
		56.04	Florida Relays	3/28	51st
		56.32	Florida State Relays	3/22	8th

3,000m Steeplechase (School Record: 8:42.73, Stuart Robertson, 2015)

Athlete	Year	Time	Meet	Meet Date	Place
Fitsum Seyoum	r-So.	8:44.43	ACC Outdoor Championships	5/9	1st
		8:54.41	Duke Invitational	4/19	1st
Ben Fleming	r-Fr.	9:05.58	Duke Invitational	4/19	2nd
		9:05.99	ACC Outdoor Championships	5/9	9th
Will Griffen	So.	9:04.21	ACC Outdoor Championships	5/9	7th
		9:11.16	Duke Invitational	4/19	3rd
Ben Nibbelink	Fr.	9:13.44	Duke Invitational	4/19	4th
		9:14.54	ACC Outdoor Championships	5/9	12th





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4x100m (School Record: 39.46, J.Tay, Patterson, Davenport, Beck, 2019)

Time	Athletes	Meet	Meet Date	Place
39.46	Tay, Patterson Davenport, Beck	ACC Outdoor Championships	5/9	2nd
39.68	Tay, Patterson Davenport, Beck	War Eagle Invite	4/19	2nd
39.99	Tay, Patterson Davenport, Beck	Tennessee Relays	4/11	4th
40.16 (p)	Tay, Patterson Davenport, Beck	Penn Relays	4/25	3rd
40.57 (q)	Tay, Patterson Davenport, Beck	Penn Relays	4/25	Q
40.62	Patterson, Beck Davenport, Tay	Florida Relays	3/28	19th

4x400m (School Record: 3:06.40, Chiles, Thomas, Piazza, Davenport, 2017)

Time	Athletes	Meet	Meet Date	Place
3:09.11 (q)	Green, Davenport Mosavel-Lo, Patterson	Penn Relays	4/25	Q
3:14.49	Green, Davenport, Mosavel-Lo, Patterson	ACC Outdoor Championships	5/9	4th

4x800m (School Record: 7:13.75, Piazza, Gourley, Joseph, Ciattei, 2017)

Time	Athletes	Meet	Meet Date	Place
7:35.94	Cannon, Whitfield Baker, Leeser	Tennessee Relays	4/11	3rd

1,600 Sprint Medley Relay (School Record: 3:20.7, Chase, Read, Cooper, Crossin, 1983)

Time	Athletes	Meet	Meet Date
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Distance Medley Relay (School Record: 9:40.31, Voight, Oustrich, Reed, Cobb, 1987)

Time	Athletes	Meet	Meet Date	Place
9:44.83	Mosavel-Lo, Phillips Siewe Yanga, Seufer	Tennessee Relays	4/11	1st
9:53.14	Lopez Segura, Gallagher Cannon, Seyoum	Penn Relays	4/25	8th
9:53.25	Joyce, Buck Sheppard, Nibbelink	Tennessee Relays	4/11	5th

4xMile (School Record: 16:28.70, Seufer, Jaskowak, Mohammadi, Zarate, 2017)

Time	Athletes	Meet	Meet Date	Place
16:45.83	Joyce, Seufer Fleming, Mosavel-Lo	Penn Relays	4/25	4th

High Jump (School Record: 7 ft., 4.50 in., 2.25m, Ronnie Black, 2013)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Sean Murphy	FR.	6 ft., 2.75	1.90m	War Eagle Invite	4/19	14th

Pole Vault (School Record: 18 ft., 8.25 in., 5.70m, Torben Laidig, 2017)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Deakin Volz	Sr.	18 ft., 5.25 in.	5.62m	ACC Outdoor Championships	5/9	1st
		17 ft., 6.5 in.	5.35m	Texas Relays	3/28	6th
		17 ft., 5.75 in.	5.33m	Lyles/Wood Invite	4/26	1st
Jaelyn Demory	r-So.	15 ft., 11.75 in.	4.87m	ACC Outdoor Championships	5/9	5th





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Long Jump (School Record: 26 ft., 0.75 in., 7.94m, Jeff Artis-Gray, 2013)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Donovan Louis	Fr.	23 ft., 9.5 in.	7.25m	Tennessee Relays	4/11	7th
		23 ft., 6.25 in.	7.17m	ACC Outdoor Championships	5/9	12th
		23 ft., 6.25 in.	7.17m	Spec Towns Invitational	4/5	4th
		23 ft., 1.75 in.	7.05m	Lyles/Wood Invite	4/26	3rd
		23 ft., 0.75 in.	7.03m	Raleigh Relays	3/29	8th
James Holt	r-So.	22 ft., 9.75 in.	6.95m	War Eagle Invite	4/19	7th
		22 ft., 5 in.	6.83m	Winthrop Invitational	3/22	10th
		22 ft., 4.25 in.	6.81m	Lyles/Wood Invite	4/26	6th
		22 ft., 1 in.	6.73m	Raleigh Relays	3/29	16th
		21 ft., 11.75 in.	6.70m	Tennessee Relays	4/11	17th
Jayrom Cheatham	Fr.	21 ft., 11.5 in.	6.69m	Winthrop Invitational	3/22	15th
John Manilli	Fr.	20 ft., 8.5 in.	6.31m	War Eagle Invite	4/19	12th
		19 ft., 11.75 in.	6.06m	Raleigh Relays	3/29	31st

Triple Jump (School Record: 54 ft., 1.25 in., 16.49m, Hasheem Halim, 2012)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Chauncey Chambers	Fr.	50 ft., 2 in.	15.29m	ACC Outdoor Championships	5/9	7th
		49 ft., 1 in.	14.96m	Spec Towns Invitational	4/5	2nd
		48 ft., 10.75 in.	14.90m	Raleigh Relays	3/29	2nd

Discus Throw (School Record: 201 ft., 4 in., 61.38m, Marek Barta, 2016)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Tyson Jones	Fr.	158 ft., 9 in.	48.40m	Duke Invitational	4/19	7th
		157 ft., 7 in.	48.04m	Triton Invitational	4/12	26th
		154 ft., 3 in.	47.02m	ACC Outdoor Championships	5/9	11th
		140 ft., 5 in.	42.79m	Florida Relays	3/28	21st
Jaelyn Demory	r-So.	114 ft., 4 in.	34.86m	Lyles/Wood Invite	4/26	21st
John Manilli	Fr.	89 ft., 7 in.	27.30m	Winthrop Invitational	3/22	54th
		74 ft., 0 in.	22.55m	Lyles/Wood Invite	4/26	28th
Sean Murphy	Fr.	93 ft., 8 in.	28.54m	Lyles/Wood Invite	4/26	26th
		72 ft., 0 in.	21.94m	Winthrop Invitational	3/22	56th

Hammer Throw (School Record: 248 ft., 10 in., 75.84m, Marcel Lomnický, 2011)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Isaiah Rogers	Jr.	204 ft., 3 in.	62.26m	ACC Outdoor Championships	5/9	5th
		197 ft., 9 in.	60.28m	Triton Invitational	4/12	9th
		194 ft., 8 in.	59.34m	Florida Relays	3/28	5th
		194 ft., 3 in.	59.20m	Black & Gold Invitational	3/22	4th
		164 ft., 1 in.	50.02m	Lyles/Wood Invite	4/26	10th

Javelin Throw (School Record: 255 ft., 6 in., 77.88m, Matthias Treff, 2011)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Matthew Reinhart	Jr.	188 ft., 6 in.	57.45m	ACC Outdoor Championships	5/9	12th
		181 ft., 0 in.	55.18m	Triton Invitational	4/12	12th
		177 ft., 7 in.	54.13m	Florida Relays	3/28	21st
		172 ft., 4 in.	52.52m	UVA Grand Prix	4/26	7th
Sean Murphy	Fr.	139 ft., 9 in.	42.59m	Lyles/Wood Invite	4/26	17th
John Manilli	Fr.	115 ft., 8 in.	35.27m	Lyles/Wood Invite	4/26	25th





2019 Men's Outdoor Track & Field Performance List



Shot Put (School Record: 62 ft., 10.5 ft., 19.16m, Sven Han, 2005)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Tyson Jones	Fr.	60 ft., 8.5 in.	18.50m	UVA Grand Prix	4/26	1st
		60 ft., 3 in.	18.36m	Florida Relays	3/28	1st
		59 ft., 11.75 in.	18.28m	ACC Outdoor Championships	5/9	3rd
		59 ft., 4.75 in.	18.10m	Triton Invitational	4/12	12th
		55 ft., 9 in.	16.99m	Black & Gold Invitational	3/22	4th
Isaiah Rogers	Jr.	60 ft., 9.25 in.	18.53m	ACC Outdoor Championships	5/9	2nd
		57 ft., 5 in.	17.50m	Florida Relays	3/28	12th
		57 ft., 4.75 in.	17.48m	Triton Invitational	4/12	14th
		57 ft., 3.75 in.	17.47m	UVA Grand Prix	4/26	3rd
Sean Murphy	Fr.	39 ft., 1.25 in.	11.92m	Winthrop Invitational	3/22	43rd
		39 ft., 10.5 in.	12.15m	War Eagle Invite	4/19	17th
John Manilli	Fr.	32 ft., 10.25 in.	10.01m	War Eagle Invite	4/19	18th
		31 ft., 6 in.	9.60m	Winthrop Invitational	3/22	56th

Decathlon (School Record: 6,982 points, Jaelyn Demory, 2019)

Athlete	Year	Pts.	Meet	Meet Date	Place
Jaelyn Demory	r-So.	6,982	ACC Outdoor Championships	5/9	1st
Sean Murphy	Fr.	6,588	ACC Outdoor Championships	5/9	3rd
John Manilli	Fr.	5,735	ACC Outdoor Championships	5/9	9th





2019 Women's Outdoor Track & Field Performance List



100m (School Record: 11.40, Patrice Potts, 2007)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Kennedy Dennis	So.	11.61	Florida State Relays	3/22	0.2	3rd
		11.76	Florida Relays	3/28	-1.3	20th
Kanajzae Brown	Jr.	11.51	Tennessee Relays	4/11	4.2	6th
		11.86 (p)	ACC Outdoor Championships	5/9	0.3	16th
		11.86	War Eagle Invite	4/19	1.8	6th
		11.92	Florida State Relays	3/22	1.4	10th

200m (School Record: 23.01, Courtney Blanden, 2017)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
Nykah Smith	Fr.	23.59	Tennessee Relays	4/11	1.4	10th
		23.82	War Eagle Invite	4/19	-0.2	2nd
		23.90 (p)	ACC Outdoor Championships	5/9	1.7	12th
Kenedy Dennis	So.	24.04	Tennessee Relays	4/11	1.9	18th
Kanajzae Brown	Jr.	23.99	Liberty Twilight	5/1	5.1	1st
		24.06	War Eagle Invite	4/19	-0.2	5th
		24.19	Tennessee Relays	4/11	3.0	5th
		23.34 (p)	ACC Outdoor Championships	5/9	1.7	22nd
Caitlan Tate	So.	24.20	Liberty Twilight	5/1	5.1	3rd
		24.24 (p)	ACC Outdoor Championships	5/9	1.7	18th
		24.58	War Eagle Invite	4/19	1.1	15th
		24.59	Lyles/Wood Invite	4/26	2.2	10th
Kayla Copeland	Fr.	24.86	Liberty Twilight	5/1	5.1	7th
		25.17	Duke Invitational	4/19	0.6	29th
		25.18	Florida State Relays	3/22	1.0	17th
		25.33	Spec Towns Invitational	4/5	2.7	32nd

400m (School Record: 52.24, Courtney Blanden, 2017)

Athlete	Year	Time	Meet	Meet Date	Place
Nykah Smith	Fr.	54.45	War Eagle Invite	4/19	7th
		55.17	Florida Relays	3/28	33rd
		55.29 (p)	ACC Outdoor Championships	5/9	11th
		56.00	Florida State Relays	3/22	4th
		56.85	Tennessee Relays	4/11	21st
Arlicia Bush	Jr.	53.73	ACC Outdoor Championships	5/9	4th
		54.14 (q)	ACC Outdoor Championships	5/9	Q
		54.17	Lyles/Wood Invite	4/26	3rd
		54.28	Florida Relays	3/28	26th
		56.08	Florida State Relays	3/22	5th
		56.56	Tennessee Relays	4/11	18th
		55.93	Lyles/Wood Invite	4/26	8th
Caitlan Tate	So.	57.13	War Eagle Invite	4/19	15th
		57.14	Liberty Twilight	5/1	3rd
		55.14	Raleigh Relays	3/29	2nd
Shannon Quinn	Sr.	58.65	Raleigh Relays	3/29	49th
Kayla Copeland	Fr.	58.39	Liberty Twilight	5/1	6th
		59.56	War Eagle Invite	4/19	54th
Allison Zolkiewicz	Fr.	1:01.80	Raleigh Relays	3/29	71st
Olivia Duston	Fr.	1:02.18	Raleigh Relays	3/29	74th





2019 Women's Outdoor Track & Field Performance List

*800m (School Record: 2:01.17, Hanna Green, 2015)*

Athlete	Year	Time	Meet	Meet Date	Place
Rachel Pocratsky	Sr.	2:04.52	ACC Outdoor Championships	5/9	1st
		2:04.67	Duke Invitational	4/19	1st
		2:06.39 (q)	ACC Outdoor Championships	5/9	Q
Shannon Quinn	Sr.	2:06.58	Tennessee Relays	4/11	11th
		2:08.61	Duke Invitational	4/19	4th
		2:09.42 (p)	ACC Outdoor Championships	5/9	12th
Ellie Brush	So.	2:07.94 (q)	ACC Outdoor Championships	5/9	Q
		2:07.94	Liberty Twilight	5/1	3rd
		2:09.90	Tennessee Relays	4/11	13th
		2:13.09	ACC Outdoor Championships	5/9	8th
Lauren Berman	r-Jr.	2:10.07	Liberty Twilight	5/1	4th
Olivia Duston	Fr.	2:15.07	Liberty Twilight	5/1	10th
Allison Zolkiewicz	Fr.	2:21.39	Liberty Twilight	5/1	17th

1,500m (School Record: 4:10.03, Rachel Pocratsky, 2018)

Athlete	Year	Time	Meet	Meet Date	Place
Rachel Pocratsky	Sr.	4:18.42	ACC Outdoor Championships	5/9	1st
		4:20.10	Tennessee Relays	4/11	1st
		4:22.89 (q)	ACC Outdoor Championships	5/9	Q
Lauren Berman	r-Jr.	4:23.39 (q)	ACC Outdoor Championships	5/9	Q
		4:23.49	Duke Invitational	4/19	1st
		4:23.63	ACC Outdoor Championships	5/9	9th
		4:25.90	Tennessee Relays	4/11	5th
Ellie Brush	So.	4:28.25	Duke Invitational	4/19	7th
Sara Freix	Jr.	4:28.89	Tennessee Relays	4/11	9th
Sarah Edwards	Jr.	4:18.91	ACC Outdoor Championships	5/9	2nd
		4:19.84 (q)	ACC Outdoor Championships	5/9	Q
		4:34.58	Tennessee Relays	4/11	18th
Ella Breidenstine	So.	4:36.13	Raleigh Relays	3/29	69th
Mikayla Richardson	Jr.	4:46.77	Duke Invitational	4/19	46th

5,000m (School Record: 15:37.73, Tasmin Fanning, 2008)

Athlete	Year	Time	Meet	Meet Date	Place
Sara Freix	Jr.	16:09.02	Duke Invitational	4/19	2nd
		16:15.04	ACC Outdoor Championships	5/9	7th
Sarah Edwards	Jr.	16:55.70	ACC Outdoor Championships	5/9	21st
Lauren Berman	r-Jr.	16:41.76	Raleigh Relays	3/29	37th
Ellie Breidenstine	r-So.	17:35.46	Tennessee Relays	4/11	10th
Emily Schiesl	So.	17:50.09	Liberty Twilight	5/1	3rd
		18:03.88	Tennessee Relays	4/11	19th

10,000m (School Record: 33:05.96, Linda King, 1984)

Athlete	Year	Time	Meet	Meet Date	Place
Sara Freix	Jr.	34:02.82	ACC Outdoor Championships	5/9	3rd
Emily Schiesl	So.	36:22.37	Raleigh Relays	3/29	21st
Ellie Brush	So.	36:32.63	Raleigh Relays	3/29	23rd

100m Hurdles (School Record: 12.46, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date	Wind (m/s)	Place
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400m Hurdles (School Record: 54.55, Queen Harrison, 2010)

Athlete	Year	Time	Meet	Meet Date	Place
Imagine Patterson	Fr.	1:00.44 (q)	ACC Outdoor Championships	5/9	Q
		1:00.75	Lyles/Wood Invite	4/26	2nd
		1:00.93	Tennessee Relays	4/11	7th
		1:01.70	ACC Outdoor Championships	5/9	7th
		1:01.78	Liberty Twilight	5/1	1st
		1:02.78	War Eagle Invite	4/19	9th





2019 Women's Outdoor Track & Field Performance List



3,000m Steeplechase (School Record: 9:52.89, Sarah Edwards, 2017)

Athlete	Year	Time	Meet	Meet Date	Place
Sarah Edwards	Jr.	10:24.47	Duke Invitational	4/19	1st
Mikayla Richardson	Jr.	10:33.97	ACC Outdoor Championships	5/9	6th
		10:56.94	Liberty Twilight	5/1	1st

4x100m (School Record: 44.33, Green, Potts, Castlin, Spruill, 2007)

Time	Athletes	Meet	Meet Date	Place
45.34	Brown, Dennis Smith, Tate	War Eagle Invite	4/19	4th
45.37	Brown, Dennis Smith, Tate	Tennessee Relays	4/11	3rd
45.45	Brown, Dennis Bush, Smith	Florida State Relays	3/22	3rd
45.64	Dennis, Smith Bush, Brown	Florida Relays	3/28	14th
45.79	Brown, Tate Bush, Smith	ACC Outdoor Championships	5/9	10th

4x400m (School Record: 3:32.05, Harrison, Washington, Green, Spruill, 2008)

Time	Athletes	Meet	Meet Date	Place
3:38.26	Dennis, Smith Bush, Brown	Florida Relays	3/28	8th
3:42.25	Smith, Brown Dennis, Bush	Florida State Relays	3/22	3rd
3:43.25	Bush, Smith Tate, Brown	ACC Outdoor Championships	5/9	6th

4x800m (School Record: 8:25.24, Kennedy, Barton, Edwards, Pocratsky, 2018)

Time	Athletes	Meet	Meet Date	Place
8:34.38	Quinn, Edwards Freix, Pocratsky	Penn Relays	4/25	2nd
8:37.42	Freix, Edwards Quinn, Pocratsky	Tennessee Relays	4/11	1st

Distance Medley Relay (School Record: 11:23.09, Morton, Green, Smiljanec, Kvantunas, 2015)

Time	Athletes	Meet	Meet Date	Place
11:11.00	Edwards, Smith Quinn, Pocratsky	Penn Relays	4/25	6th

Pole Vault (School Record: 15 ft., 1 in., 4.60m, Lisa Gunnarsson, 2018)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Rachel Baxter	So.	14 ft., 9 in.	4.50m	Lyles/Wood Invite	4/26	1st
		14 ft., 7.25 in.	4.45m	Tennessee Relays	4/11	1st

High Jump (School Record: 5 ft., 11.25 in., 1.81m, Katie Ollendick, 1998)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Laurel Miller	r-Fr.	5 ft., 3 in.	1.60m	Winthrop Invitational	3/22	4th
		5 ft., 3 in.	1.60m	Raleigh Relays	3/29	10th

Long Jump (School Record: 20 ft., 5.75 in., 6.24m, Eszter Bajnok, 2019)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Eszter Bajnok	Jr.	20 ft., 5.75 in.	6.24m	ACC Outdoor Championships	5/9	4th
		20 ft., 0.25 in.	6.10m	Lyles/Wood Invite	4/26	4th
		19 ft., 10.25 in.	6.05m	Spec Towns Invitational	4/5	4th





2019 Women's Outdoor Track & Field Performance List



Triple Jump (School Record: 44 ft., 9.75 in., 13.66m, Eszter Bajnok, 2019)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Eszter Bajnok	Jr.	44 ft., 9.75 in.	13.66m	ACC Outdoor Championships	5/9	2nc
		43 ft., 4.25 in.	13.21m	Spec Towns Invitational	4/5	1st
Stefanie Aeschlimann	So.	41 ft., 7.75 in.	12.69m	ACC Outdoor Championships	5/9	9th
		40 ft., 2 in.	12.24m	Lyles/Wood Invite	4/26	6th
		40 ft., 5 in.	12.20m	Spec Towns Invitational	4/5	3rd
Cecilia Marenick	So.	38 ft., 4.25 in.	11.70m	Tennessee Relays	4/11	11th
		37 ft., 10.5 in.	11.54m	Florida State Relays	3/22	7th
		37 ft., 4.5 in.	11.39m	Raleigh Relays	3/29	21st

Hammer Throw (School Record: 224 ft., 3 in., 68.36m, Dorotea Habazin, 2011)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Emma Thor	Jr.	214 ft., 3 in.	65.31m	ACC Outdoor Championships	5/9	3rd
		211 ft., 0 in.	64.31m	UVA Grand Prix	4/26	2nd
		204 ft., 7 in.	62.37m	Triton Invitational	4/12	3rd
Pavla Kuklova	Sr.	205 ft., 10 in.	60.36m	Black & Gold Invitational	3/22	1st
		215 ft., 10 in.	65.78m	ACC Outdoor Championships	5/9	2nd
		212 ft., 7 in.	64.66m	Florida Relays	3/28	2nd
		206 ft., 2 in.	62.85m	UVA Grand Prix	4/26	4th
Kajsa Wennberg	Jr.	205 ft., 5 in.	62.62m	Triton Invitational	4/12	2nd
		198 ft., 0.75 in.	60.36m	Black & Gold Invitational	3/22	3rd
		197 ft., 5 in.	60.19m	ACC Outdoor Championships	5/9	10th
		195 ft 6 in.	59.59m	Duke Invitational	4/19	5th
		194 ft., 10 in.	59.40m	Triton Invitational	4/12	4th
		193 ft., 6 in.	58.99m	Florida Relays	3/28	10th
		192 ft., 3 in.	58.60m	UVA Grand Prix	4/26	6th
		187 ft., 4 in.	57.09m	Black & Gold Invitational	3/22	5th

Javelin Throw (School Record: 196 ft., 6 in., 59.89m, Irena Sediva, 2015)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Stefanie Aeschlimann	So.	136 ft., 9 in.	41.69m	ACC Outdoor Championships	5/9	11th
		111 ft., 11 in.	34.11m	Raleigh Relays	3/29	26th

Discus Throw (School Record: 172 ft., 10 in., 52.69m, Brittany Pryor, 2009)

Athlete	Year	English	Metric	Meet	Meet Date	Place
Enid Duut	r-Fr.	165 ft., 10 in.	50.54m	Triton Invitational	4/12	7th
		159 ft., 1.25 in.	48.49m	Black & Gold Invitational	3/22	3rd
		155 ft., 6 in.	47.41m	UVA Grand Prix	4/26	4th
		154 ft., 6 in.	47.11m	Duke Invitational	4/19	3rd
		147 ft., 4 in.	44.90m	Florida relays	3/28	14th
		114 ft., 11 in.	35.03,	ACC Outdoor Championships	5/9	20th

Heptathlon (School Record: 5,833 points, Saskia Triesscheijn, 2006)

Athlete	Year	Points	Meet	Meet Date	Place
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