

Liberty Twilight Meet

May 1st, 2024 *Final* Time Schedule



Running Events

All Running Events will be run Men followed by Women unless otherwise noted	
1:35 PM	Senior Recognition
1:55 PM	Moment of Silence (Jake Matthes and Frank Csorba), Prayer/ National Anthem
2:00 PM	100m Prelims
2:20 PM	100m Hurdle Prelims Women
2:30 PM	110m Hurdle Prelims Men
3:00 PM	Kids Race- 100 meter Dash (12 yrs old and under)
3:10 PM	100m Finals (Men followed Women)
3:20 PM	110m Hurdle Finals Men
3:30 PM	100m Hurdle Finals Women
3:45 PM	200m Finals
Dinner Break	
5:45 PM	4X100m Relay
6:05 PM	400m Dash
6:30 PM	400m Hurdles
6:50 PM	3000m Steeplechase (Men Only)
7:10 PM	4x400m Relay
7:25 PM	5000m Run Men
7:45 PM	5000m Run Women
8:10 PM	800m Run
8:30 PM	1500m Run

Field Events

*Implement Weigh-In will be open between 10am-4pm	
11:30 AM	Discus (Women followed by Men) *Infield of the Track*
12:00 PM	Shot Put (Men followed by Women) *Infield of the Track*
12:00 PM	Pole Vault (Women)
12:00 PM	Long Jump (Women followed by Men)
3:00 PM	Pole Vault (Men following Women)
3:30 PM	Hammer (Women followed by Men) *Throwing Ring by Indoor Track after completion of Women's Shot Put*
4:00 PM	Triple Jump (Men followed by Women)
5:00 PM	High Jump (Men followed by Women)
5:30 PM	Javelin (Women followed by Men)