

VIRGINIA TECH CROSS COUNTRY RECORD BOOK

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COURSE RECORDS

Men's 6K	Nicholas Kipchirchir (Virginia Tech) 17:43.5 Virginia Tech Invitational Sept. 6, 2024
Men's 8K	Nicholas Kipchirchir (Virginia Tech) 22:41.9 Hokie Invitational Sept. 20, 2024
Women's 4K.	Tessa Riley (Virginia Tech) 13:38.1 Hokie Open Nov. 4, 2016
Women's 6K.	Violah Lagat (Florida State) 20:00.1 ACC Championship Oct. 27, 2012

BUFORD C. MEREDITH CROSS COUNTRY COURSE

During the past 30 years, the Buford C. Meredith Cross Country Course has provided many benefits to the program and has paid dividends for the Tech cross country team. The course has attracted several of the nation's top programs and been the site of some of the state's largest high school meets.

"In conjunction with our indoor and outdoor track facilities, the cross country course makes Virginia Tech unsurpassed in the quality of facilities," said Dave Cianelli, Virginia Tech's director of track & field and cross country.

"The training aspect of the course is also great."

Tech has the luxury of competing and training on a course designed solely for cross country competition, affording the team an opportunity to have exclusive rights to the use of the facility.

Over the years, the all-grass course has provided an ideal surface for racing and training. Located on the southwest end of campus near the corner of Southgate Drive and Route 460, the terrain gently rolls through the cornfields and wooded locations typical of the Tech surroundings.

Opened for racing in 1993, the course now starts and finishes behind the Virginia-Maryland Regional College of Veterinary Medicine. It covers a total of 3.1 miles, passes historical Smithfield Plantation and crosses Stroubles Creek. There is also a five-mile version of the course for the men.

"I think it's one of the nicest settings for a cross country course I have ever seen," Cianelli said. "The fact that it is on campus makes it ideal for our teams to train and compete."

Another key trait of the course is its proximity to campus facilities. Rector Field House allows athletes to warm up in perfect conditions.

The Hokies traditionally hold three or four meets each season at their home course, including the Virginia Tech Invitational, the VT Alumni Invitational and the Hokie Open.

"There are very few schools with a cross country course and two tracks so close together," cross country coach Eric Johannigmeier said. "The competition facilities here are unbeatable."



CONFERENCE FINISHES

MEN

ATLANTIC COAST CONFERENCE

2024	8th	1981	1st
2023	11th	1980	1st
2022	8th	1979	2nd
2021	9th	1978	3rd
2020	8th		
2019	3rd		
2018	6th		
2017	2nd		
2016	4th		
2015	4th		
2014	6th		
2013	5th		
2012	1st		
2011	4th		
2010	7th		
2009	5th		
2008	3rd		
2007	5th		
2006	6th		
2005	6th		
2004	9th		

BIG EAST CONFERENCE

2003	9th		
2002	7th		
2001	7th		
2000	8th		
1999	2nd		
1998	2nd		
1997	1st		
1996	1st		
1995	2nd		

METRO CONFERENCE

1994	1st		
1993	2nd		
1992	2nd		
1991	2nd		
1990	1st		
1989	1st		
1988	1st		
1987	1st		
1986	1st		
1985	1st		
1984	1st		
1983	1st		
1982	2nd		

SOUTHERN CONFERENCE

1964	7th		
1963	6th		
1962	3rd		
1961	3rd		
1960	2nd		
1959	-		
1958	-		
1957	-		
1956	3rd		
1955	-		
1952	-		
1951	-		
1950	8th		
1949	7th		
1948	2nd		
1947	2nd		
1946	-		
1941	-		
1940	-		
1939	-		
1938	-		
1937	-		
1936	-		
1935	-		
1934	-		
1933	-		
1932	-		
1931	2nd		
1930	2nd		
1929	2nd		
1928	2nd		

WOMEN

ATLANTIC COAST CONFERENCE

2024	13th		
2023	11th		
2022	8th		
2021	7th		
2020	11th		
2019	4th		
2018	5th		
2017	3rd		
2016	3rd		
2015	8th		
2014	6th		
2013	8th		
2012	10th		
2011	8th		
2010	8th		
2009	10th		
2008	7th		
2007	5th		
2006	5th		
2005	9th		
2004	7th		

BIG EAST CONFERENCE

2003	6th		
2002	7th		
2001	6th		
2000	7th		

ATLANTIC 10 CONFERENCE

1999	3rd		
1998	3rd		
1997	3rd		
1996	5th		
1995	4th		

METRO CONFERENCE

1994	4th		
1993	4th		
1992	3rd		
1991	4th		
1990	3rd		
1989	3rd		
1988	3rd		
1987	1st		
1986	1st		
1985	1st		

ALL-CONFERENCE PERFORMERS

MEN

ATLANTIC COAST CONFERENCE		
2024	George Couttie	1993. Joe Edwards
2022	Antonio Lopez Segura	George Orobst
2020	Antonia Lopez Segura	Marshall Ferguson
2019.	Peter Seufer	1992. Travis Walter
	Fitsum Seyoum	Ben Hester
	Diego Zarate	John Hawthorne
2018.	Peter Seufer	1991 Todd Pehowski
2017.	Peter Seufer	Wally Granville
	Daniel Jaskowak	Travis Walter
	Neil Gourley	1990. Todd Pehowski
	Vincent Ciattei	David Tonkin
2016.	Daniel Jaskowak	Wally Granville
	Andrew Gaiser	Travis Walter
2015.	Thomas Curtain	Drew Saunders
2013.	Thomas Curtain	Adam Small
2012.	Will Mulherin	1989. Brian Walter
	Brayden Burleigh	Tim Covington
	Thomas Curtain	Travis Walter
2011	Will Mulherin	Wally Granville
	Michael Hammond	David Tonkin
2009	Will Mulherin	1988. Tom Covington
	Devin Cornwall	Brian Walter
2008	Devin Cornwall	Ron Voigt
	Billy Berlin	Jorge Pardo
2007	Paul LaPenna	1987. Gary Cobb
		Ron Voigt
		Howard Nippert
		Brian Walter
		1986. Steve Taylor
		Tony Williams
		Todd Giszack
		Tom Harding
		1985. Roy Mascolino
		Howard Nippert
		Dan Foran
		Paul Millrad
		Peter Schultz
		1984. Mark Stickley
		Tony Williams
		Bob McCauley
		Todd Giszack
		Ron Kulik
		Tom Harding
		1983. Tony Williams
		Doug Law
		Bob Herndon
		Dave Hamilton
		1982. Steve Hetherington
		Ken Coddington
		David Montgomery
		Doug Law
		1981 Steve Hetherington
		Pat Henner
		Mark Stickley
		Ray McDaniels
		Dave Peterson
		1980. Ricky Greer
		Steve Hetherington
		Dave Peterson
		Greg Lemieux
		Steve Pinard
		Ray McDaniels
		Mark Stickley
		1979. Steve Hetherington
		Steve Pinard
		Robbie White
		1978. Robbie White
		Greg Lemieux
		Gene Crane
ATLANTIC 10 CONFERENCE		
1999.	Chris Seaton	
	Van Arnold	
	Paul Hayes	
1998.	Chris Seaton	
	Van Arnold	
1997.	Matt Zacharias	
	Jay Johns	
	Jason Dowdy	
	Mike Cox	
	Van Arnold	
1996.	Van Arnold	
	Mike Cox	
	Wes Schilling	
	Jason Dowdy	
	Mark Rumble	
1995.	John Hawthorne	
	George Probst	
1994.	John Hawthorne	
	Tom Lankowicz	
	Matt Zacharias	
	Marshall Ferguson	
SOUTHERN CONFERENCE		
1962.	Gene Simpson	
1961	Gene Simpson	
1960.	Gene Simpson	
	Louis Castagnola	
1959.	Louis Castagnola	
1957.	Bob Bowman	
1956.	Charles Catlett	
1955.	Charles Catlett	

ALL-CONFERENCE PERFORMERS

WOMEN

ATLANTIC COAST CONFERENCE

2021.	Lindsey Butler	1985.	Gwen Roller
2019.	Sara Freix		Nancy Klumb
	Kyra Lopez		Cindy Guenzel
2018.	Sara Freix		Carol Richardson
	Lauren Berman		Maggie Lasaga
2017.	Katie Kennedy		Cherie Alexander
	Kayla Richardson		
2016.	Katie Kennedy		
2014.	Sarah Rapp		
	Paige Kvartunas		
2013.	Sarah Rapp		
	Courtney Dobbs		
2008	Tasmin Fanning		
2007	Tasmin Fanning		
	Natalie Sherbak		
	Kelly Clark		
2004	Jessica Fanning		

BIG EAST CONFERENCE

2003	Marlies Overbeeke
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ATLANTIC 10 CONFERENCE

1999.	Stacey Vidt
1998.	Johanna Stumpf
	Stephenie Ingersoll
1997.	Jennifer Conner
	Lauren Carr
1996.	Stephenie Ingersoll
1995.	Tracy Shea

METRO CONFERENCE

1993.	Melissa Ward
1992.	Heidi Allen
	Michelle Barrett
1991.	Heidi Allen
1990.	Heidi Allen
1989.	Gwen Roller
	Alice Gaines
1988.	Gwen Roller
	Louise Schweitzer
1987.	Roxann Polo
	Louise Schweitzer
	Jennifer Smith
	Elizabeth Fleming
1986.	Gwen Roller
	Maggie Lasaga
	Nancy Klumb
	Louise Schweitzer
	Cherie Alexander

ALL-REGION PERFORMERS

MEN

2024 George Couttie (1st)
Nicholas Kipchirchir (14th)
2022 . . Antonio Lopez Segura (5th)
2021. . . Antonia Lopez Segura (15th)
2019. Peter Seufer (1st)
Fitsum Seyoum (9th)
Diego Zarate (22nd)
2018. Peter Seufer (2nd)
2017. Peter Seufer (9th)
Daniel Jaskowak (10th)
Patrick Joseph (21st)
2016. Brent Musselman (19th)
Andrew Gaiser (23rd)
Daniel Jaskowak (25th)
2015. Thomas Curtain (1st)
Stuart Robertson (24th)
2014. Stuart Robertson (17th)
Patrick Joseph (25th)
2013. Thomas Curtain (4th)
Leoule Degfae (25th)
2012. Will Mulherin (7th)
Michael Hammond (22nd)
2011 Will Mulherin (5th)
Michael Hammond (19th)
2009 Devin Cornwall (18th)
2008 Phillip Padilla (23rd)
2006 Paul LaPenna (21st)
2003 Mike Lawson (21st)
1999. Chris Seaton (18th)
1997. Matt Zacharias (17th)
1995. George Probst (16th)
1994. John Hawthorne (12th)
Matt Zacharias (16th)
1993. Tom Lankowicz (25th)
1992. Travis Walter (9th)
1990. David Tonkin (21st)
1989. Brian Walter (9th)
Tom Covington (17th)
1988. Brian Walter (19th)
1987. Steve Taylor (3rd)
Tony Williams (8th)
Gary Cobb (14th)
Thomas Harding (22nd)
1986. Steve Taylor (3rd)
Tony Williams (9th)
1984. Mark Stickley (6th)
1980. Richard Greer (23rd)

WOMEN

2024 . . . Sharon Chepchirchir (16th)
2021. Lindsey Butler (22nd)
2019. Sara Freiz (7th)
Kyra Lopez (13th)
Sarah Edwards (15th)
Ellie Brush (22nd)
2018. Sara Freix (8th)
2017. Katie Kennedy (15th)
Kayla Richardson (22nd)
Sarah Edwards (24th)
2016. Katie Kennedy (21st)
2014. Sarah Rapp (6th)
Paige Kvartunas (7th)
Shannon Morton (19th)
Hilary Krein (23rd)
2013. Sarah Rapp (8th)
Courtney Dobbs (13th)
2012. Sarah Rapp (25th)
2011 Madalyn Nuckols (23rd)
2010 Paige Kvartunas (18th)
2008 Tasmin Fanning (1st)
Erin Reddan (20th)
2007 Tasmin Fanning (3rd)
Natalie Sherbak (10th)
Jessica Fanning (22nd)
2006 Fiona Gentles (11th)
Kelly Clark (12th)
Tasmin Fanning (18th)
Natalie Sherbak (20th)
Jessica Fanning (25th)
2005 Tasmin Fanning (22nd)
2004 Jessica Fanning (14th)
2003 Marlies Overbeeke (5th)
2002 Stacey Vidt (19th)
Jessica Morris (20th)
1990. Heidi Allen (7th)
1987. Roxann Polo (13th)
Louise Schweitzer (16th)
1984. Linda King (14th)
Cheryl Tuosto (24th)

CONFERENCE CHAMPIONS

TEAM

MEN

2012. . . . Atlantic Coast Conference
1997. Atlantic 10 Conference
1996. Atlantic 10 Conference
1994. Metro Conference
1990. Metro Conference
1989. Metro Conference
1988. Metro Conference
1987. Metro Conference
1986. Metro Conference
1985. Metro Conference
1984. Metro Conference
1983. Metro Conference
1981 Metro Conference
1980. Metro Conference

WOMEN

1987. Metro Conference
1986. Metro Conference
1985. Metro Conference
1983. Virginia Intercollegiate
1982. Virginia Intercollegiate

INDIVIDUAL

MEN

Atlantic Coast Conference

2019. Peter Seufer
2018. Peter Seufer
2015. Tommy Curtin
2012. Will Mulherin

Atlantic 10 Conference

1999. Chris Seaton
1997. Matt Zacharias

Metro Conference

1990. Todd Pehowski
1989. Brian Walter
1987. Gary Cobb
1986. Steve Taylor
1985. Roy Mascolino

Southern Conference

1960. Louis Castagnola
1959. Louis Castagnola

WOMEN

Metro Conference

1991 Heidi Allen
1990. Heidi Allen
1988. Gwen Roller
1987. Roxann Polo
1986. Gwen Roller

NCAA REGION FINISHES

MEN'S

2024	4th
2023	11th
2022	12th
2021	10th
2019	2nd
2018	8th
2017	2nd
2016	6th
2015	6th
2014	6th
2013	5th
2012	4th
2011	4th
2010	4th
2009	8th
2008	7th
2007	7th
2006	6th
2005	13th
2004	14th
2003	15th
2002	9th
2001	9th
2000	9th
1999	10th
1998	10th
1997	10th
1996	8th
1995	5th
1994	5th
1993	8th
1992	7th
1990	10th
1989	10th
1988	9th
1987	1st
1986	4th
1985	9th
1984	11th
1983	15th
1982	3rd
1981	7th
1980	8th
1979	16th
1977	16th
1976	15th
1975	12th

WOMEN'S

2024	9th
2023	7th
2022	10th
2021	6th
2019	3rd
2018	5th
2017	4th
2016	8th
2015	6th
2014	4th
2013	5th
2011	6th
2010	5th
2009	15th
2008	7th
2007	5th
2006	3rd
2005	12th
2004	10th
2003	6th
2002	7th
2001	12th
2000	12th
1999	10th
1998	14th
1997	9th
1996	25th
1995	18th
1994	22nd
1993	23rd
1992	14th
1990	15th
1989	10th
1987	10th
1986	11th
1985	8th
1984	5th
1983	7th

NCAAs

CHAMPIONSHIP APPEARANCES

MEN

2024	26th
2019	17th
2017	20th
2015	27th
2012	22nd
1987	4th
1982	14th
1970	35th
1969	25th

WOMEN

2014	25th
2006	8th

ALL-AMERICANS

MEN

2024	George Couttie (14th)
2019	Peter Seufer (4th)
2018	Peter Seufer (16th)
2015	Thomas Curtain (22nd)
2012	Will Mulherin (T-28th)
2011	Will Mulherin (30th)
1989	Brian Walter (30th)
1987	Steve Taylor (9th)
	Tony Williams (19th)
1982	Steve Hetherington (21st)

WOMEN

2008	Tasmin Fanning (3rd)
2007	Tasmin Fanning (12th)
2003	Marlies Overbeeke (29th)
1981	Lori McKee (Taylor) (17th)
	Tracy Deely