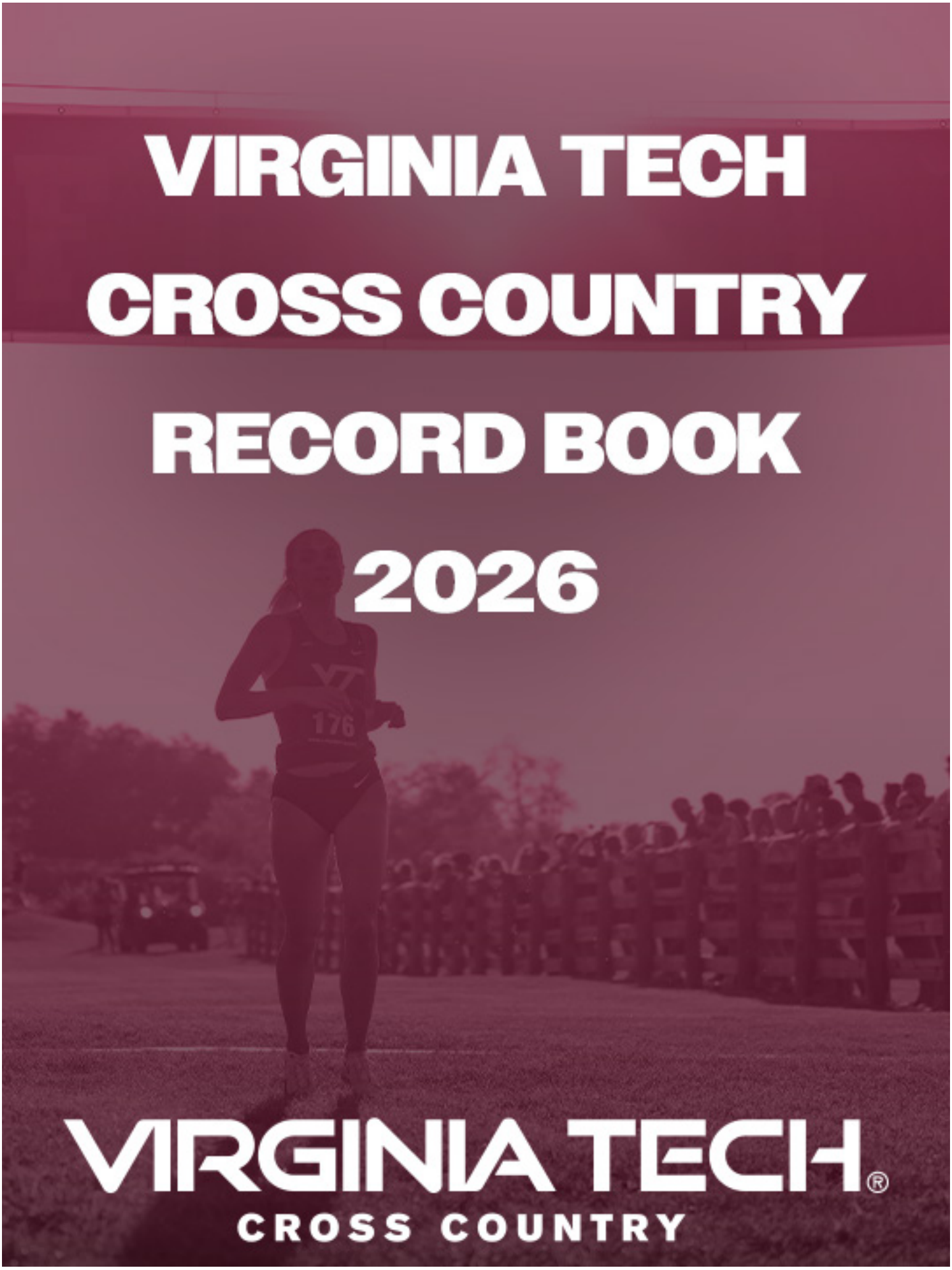
VIRGINIA TECH CROSS COUNTRY RECORD BOOK 2026



VIRGINIA TECH®
CROSS COUNTRY

VIRGINIA TECH CROSS COUNTRY RECORD BOOK

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COURSE RECORDS

Men's 6K . . . . . .Nicholas Kipchirchir (Virginia Tech)
17:43.5 | Virginia Tech Invitational | Sept. 6, 2024

Men's 8K . . . . . Elsingi Kipruto (Louisville)
22:03.5 | ACC Championship | Oct. 30, 2026

Women's 4K. . . . . Tessa Riley (Virginia Tech)
13:38.1 | Hokie Open | Nov. 4, 2016

Women's 6K. . . . . Hannah Gapes (NC State)
18:23.8 | ACC Championship | Oct. 30, 2026

BUFORD C. MEREDITH CROSS COUNTRY COURSE

During the past 30 years, the Buford C. Meredith Cross Country Course has provided many benefits to the program and has paid dividends for the Tech cross country team. The course has attracted several of the nation's top programs and been the site of some of the state's largest high school meets.



"In conjunction with our indoor and outdoor track facilities, the cross country course makes Virginia Tech unsurpassed in the quality of facilities," said Dave Cianelli, Virginia Tech's director of track & field and cross country.

"The training aspect of the course is also great."
Tech has the luxury of competing and training on a course designed solely for cross country competition, affording the team an opportunity to have exclusive rights to the use of the facility.



Over the years, the all-grass course has provided an ideal surface for racing and training. Located on the southwest end of campus near the corner of Southgate Drive and Route 460, the terrain gently rolls through the cornfields and wooded locations typical of the Tech surroundings.

Opened for racing in 1993, the course now starts and finishes behind the Virginia-Maryland Regional College of Veterinary Medicine. It covers a total of 3.1 miles, passes historical Smithfield Plantation and crosses Stroubles Creek. There is also a five-mile version of the course for the men.



"I think it's one of the nicest settings for a cross country course I have ever seen," Cianelli said. "The fact that it is on campus makes it ideal for our teams to train and compete."

Another key trait of the course is its proximity to campus facilities. Rector Field House allows athletes to warm up in perfect conditions.

The Hokies traditionally hold three or four meets each season at their home course, including the Virginia Tech Invitational, the VT Alumni Invitational and the Hokie Open.



"There are very few schools with a cross country course and two tracks so close together," cross country coach Eric Johannigmeier said. "The competition facilities here are unbeatable."

CONFERENCE FINISHES

MEN

ATLANTIC COAST CONFERENCE

2026 . . . . . 2nd
2025 . . . . . 5th
2024 . . . . . 8th
2023 . . . . . 11th
2022 . . . . . 8th
2021. . . . . 9th
2020 . . . . . 8th
2019. . . . . 3rd
2018. . . . . 6th
2017. . . . . 2nd
2016. . . . . 4th
2015. . . . . 4th
2014. . . . . 6th
2013. . . . . 5th
2012. . . . . 1st
2011 . . . . . 4th
2010. . . . . 7th
2009 . . . . . 5th
2008 . . . . . 3rd
2007 . . . . . 5th
2006 . . . . . 6th
2005 . . . . . 6th
2004 . . . . . 9th

BIG EAST CONFERENCE

2003 . . . . . 9th
2002 . . . . . 7th
2001. . . . . 7th
2000 . . . . . 8th
1999. . . . . 2nd
1998. . . . . 2nd
1997. . . . . 1st
1996. . . . . 1st
1995. . . . . 2nd

METRO CONFERENCE

1994. . . . . 1st
1993. . . . . 2nd
1992. . . . . 2nd
1991 . . . . . 2nd
1990. . . . . 1st
1989. . . . . 1st
1988. . . . . 1st
1987. . . . . 1st
1986. . . . . 1st
1985. . . . . 1st
1984. . . . . 1st
1983. . . . . 1st
1982. . . . . 2nd
1981 . . . . . 1st
1980. . . . . 1st
1979. . . . . 2nd
1978. . . . . 3rd

SOUTHERN CONFERENCE

1964. . . . . 7th
1963. . . . . 6th
1962. . . . . 3rd
1961 . . . . . 3rd
1960. . . . . 2nd
1959. . . . . -
1958. . . . . -
1957. . . . . -
1956. . . . . 3rd
1955. . . . . -
1952. . . . . -
1951 . . . . . -
1950. . . . . 8th
1949. . . . . 7th
1948. . . . . 2nd
1947. . . . . 2nd
1946. . . . . -
1941 . . . . . -
1940. . . . . -
1939. . . . . -
1938. . . . . -
1937. . . . . -
1936. . . . . -
1935. . . . . -
1934. . . . . -
1933. . . . . -
1932. . . . . -
1931 . . . . . 2nd
1930. . . . . 2nd
1929. . . . . 2nd
1928. . . . . 2nd

WOMEN

ATLANTIC COAST CONFERENCE

2026 . . . . . 3rd
2025 . . . . . 8th
2024 . . . . . 8th
2024 . . . . . 13th
2023 . . . . . 11th
2022 . . . . . 8th
2021. . . . . 7th
2020 . . . . . 11th
2019. . . . . 4th
2018. . . . . 5th
2017. . . . . 3rd
2016. . . . . 3rd
2015. . . . . 8th
2014. . . . . 6th
2013. . . . . 8th
2012. . . . . 10th
2011 . . . . . 8th
2010. . . . . 8th
2009 . . . . . 10th
2008 . . . . . 7th
2007 . . . . . 5th
2006 . . . . . 5th
2005 . . . . . 9th
2004 . . . . . 7th

BIG EAST CONFERENCE

2003 . . . . . 6th
2002 . . . . . 7th
2001. . . . . 6th
2000 . . . . . 7th

ATLANTIC 10 CONFERENCE

1999. . . . . 3rd
1998. . . . . 3rd
1997. . . . . 3rd
1996. . . . . 5th
1995. . . . . 4th

METRO CONFERENCE

1994. . . . . 4th
1993. . . . . 4th
1992. . . . . 3rd
1991 . . . . . 4th
1990. . . . . 3rd
1989. . . . . 3rd
1988. . . . . 3rd
1987. . . . . 1st
1986. . . . . 1st
1985. . . . . 1st

ALL-CONFERENCE PERFORMERS

MEN

ATLANTIC COAST CONFERENCE

2026 . . . . . George Couttie
Cameron Davis
Sam Idiens
2025 . . . . . George Couttie
Nicholas Kipchirchir
2024 . . . . . George Couttie
2022 . . . . . Antonio Lopez Segura
2020 . . . . . Antonia Lopez Segura
2019 . . . . . Peter Seufer
Fitsum Seyoum
Diego Zarate
2018 . . . . . Peter Seufer
2017 . . . . . Peter Seufer
Daniel Jaskowak
Neil Gourley
Vincent Ciattei
2016 . . . . . Daniel Jaskowak
Andrew Gaiser
2015 . . . . . Thomas Curtain
2013 . . . . . Thomas Curtain
2012 . . . . . Will Mulherin
Brayden Burleigh
Thomas Curtain
2011 . . . . . Will Mulherin
Michael Hammond
2009 . . . . . Will Mulherin
Devin Cornwall
2008 . . . . . Devin Cornwall
Billy Berlin
2007 . . . . . Paul LaPenna

ATLANTIC 10 CONFERENCE

1999 . . . . . Chris Seaton
Van Arnold
Paul Hayes
1998 . . . . . Chris Seaton
Van Arnold
1997 . . . . . Matt Zacharias
Jay Johns
Jason Dowdy
Mike Cox
Van Arnold
1996 . . . . . Van Arnold
Mike Cox
Wes Schilling
Jason Dowdy
Mark Rumple
1995 . . . . . John Hawthorne
George Probst
1994 . . . . . John Hawthorne
Tom Lankowicz
Matt Zacharias
Marshall Ferguson
1993 . . . . . Joe Edwards
George Orobst
Marshall Ferguson
1992 . . . . . Travis Walter
Ben Hester
John Hawthorne
1991 . . . . . Todd Pehowski
Wally Granville
Travis Walter
1990 . . . . . Todd Pehowski
David Tonkin
Wally Granville
Travis Walter
Drew Saunders
Adam Small
1989 . . . . . Brian Walter
TIm Covington
Travis Walter
Wally Granville
David Tonkin
1988 . . . . . Tom Covington
Brian Walter
Ron Voigt
Jorge Pardo
1987 . . . . . Gary Cobb
Ron Voigt
Howard Nippert
Brian Walter
1986 . . . . . Steve Taylor
Tony Williams
Todd Giszack
Tom Harding
1985 . . . . . Roy Mascolino
Howard Nippert
Dan Foran
Paul Millradt
Peter Schultz
1984 . . . . . Mark Stickley
Tony Williams
Bob McCauley
Todd Giszack
Ron Kulik
Tom Harding
1983 . . . . . Tony Williams
Doug Law
Bob Herndon
Dave Hamilton

1982 . . . . . Steve Hetherington
Ken Coddington
David Montgomery
Doug Law
1981 . . . . . Steve Hetherington
Pat Henner
Mark Stickley
Ray McDaniels
Dave Peterson
1980 . . . . . Ricky Greer
Steve Hetherington
Dave Peterson
Greg Lemieux
Steve Pinard
Ray McDaniels
Mark Stickley
1979 . . . . . Steve Hetherington
Steve Pinard
Robbie White
1978 . . . . . Robbie White
Greg Lemieux
Gene Crane

SOUTHERN CONFERENCE

1962 . . . . . Gene Simpson
1961 . . . . . Gene Simpson
1960 . . . . . Gene Simpson
Louis Castagnola
1959 . . . . . Louis Castagnola
1957 . . . . . Bob Bowman
1956 . . . . . Charles Catlett
1955 . . . . . Charles Catlett

ALL-CONFERENCE PERFORMERS

WOMEN

ATLANTIC COAST CONFERENCE

2026 . . . . . Katie Bohlke
Aniya Mosley
2025 . . . . . Katie Bohlke
2021. . . . . Lindsey Butler
2019. . . . . Sara Freix
Kyra Lopez
2018. . . . . Sara Freix
Lauren Berman
2017. . . . . Katie Kennedy
Kayla Richardson
2016. . . . . Katie Kennedy
2014. . . . . Sarah Rapp
Paige Kvartunas
2013. . . . . Sarah Rapp
Courtney Dobbs
2008 . . . . . Tasmin Fanning
2007 . . . . . Tasmin Fanning
Natalie Sherbak
Kelly Clark
2004 . . . . . Jessica Fanning

BIG EAST CONFERENCE

2003 . . . . . .Marlies Overbeeke

ATLANTIC 10 CONFERENCE

1999. . . . . Stacey Vidt
1998. . . . . Johanna Stumpf
Stephenie Ingersoll
1997. . . . . Jennifer Conner
Lauren Carr
1996. . . . . Stephenie Ingersoll
1995. . . . . Tracy Shea

METRO CONFERENCE

1993. . . . . Melissa Ward
1992. . . . . Heidi Allen
Michelle Barrett
1991 . . . . . Heidi Allen
1990. . . . . Heidi Allen
1989. . . . . .Gwen Roller
Alice Gaines
1988. . . . . .Gwen Roller
Louise Schweitzer
1987. . . . . Roxann Polo
Louise Schweitzer
Jennifer Smith
Elizabeth Fleming
1986. . . . . .Gwen Roller
Maggie Lasaga
Nancy Klumb
Louise Schweitzer
Cherie Alexander
1985. . . . . .Gwen Roller
Nancy Klumb
Cindy Guenzel
Carol Richardson
Maggie Lasaga
Cherie Alexander

ALL-REGION PERFORMERS

MEN

2026 . . . . . George Couttie (2nd)
Michael Bohlke (19th)
Ryan Hagan (21st)
Cameron Davis (23rd)
2025 . . . . . George Couttie (4th)
Nicholas Kipchirchir (17th)
2024 . . . . . .George Couttie (1st)
Nicholas Kipchirchir (14th)
2022 . . Antonio Lopez Segura (5th)
2021. . Antonia Lopez Segura (15th)
2019. . . . . Peter Seufer (1st)
Fitsum Seyoum (9th)
Diego Zarate (22nd)
2018. . . . . .Peter Seufer (2nd)
2017. . . . . Peter Seufer (9th)
Daniel Jaskowak (10th)
Patrick Joseph (21st)
2016. . . . . Brent Musselman (19th)
Andrew Gaiser (23rd)
Daniel Jaskowak (25th)
2015. . . . . Thomas Curtain (1st)
Stuart Robertson (24th)
2014. . . . . .Stuart Robertson (17th)
Patrick Joseph (25th)
2013. . . . . .Thomas Curtain (4th)
Leoule Degfae (25th)
2012. . . . . .Will Mulherin (7th)
Michael Hammond (22nd)
2011 . . . . . .Will Mulherin (5th)
Michael Hammond (19th)
2009 . . . . . .Devin Cornwall (18th)
2008 . . . . . .Phillip Padilla (23rd)
2006 . . . . . Paul LaPenna (21st)
2003 . . . . . Mike Lawson (21st)
1999. . . . . Chris Seaton (18th)
1997. . . . . Matt Zacharias (17th)
1995. . . . . George Probst (16th)
1994. . . . . John Hawthorne (12th)
Matt Zacharias (16th)
1993. . . . . Tom Lankowicz (25th)
1992. . . . . .Travis Walter (9th)
1990. . . . . David Tonkin (21st)
1989. . . . . Brian Walter (9th)
Tom Covington (17th)
1988. . . . . Brian Walter (19th)
1987. . . . . Steve Taylor (3rd)
Tony Williams (8th)
Gary Cobb (14th)
Thomas Harding (22nd)
1986. . . . . Steve Taylor (3rd)

WOMEN

2026 . . . . . Emma Lindner (17th)
Aniya Mosley (19th)
2025 . . . . . Katie Bohlke (16th)
2024 . . .Sharon Chepchirchir (16th)
2021. . . . . .Lindsey Butler (22nd)
2019. . . . . .Sara Freiz (7th)
Kyra Lopez (13th)
Sarah Edwards (15th)
Ellie Brush (22nd)
2018. . . . . Sara Freix (8th)
2017. . . . . Katie Kennedy (15th)
Kayla Richardson (22nd)
Sarah Edwards (24th)
2016. . . . . Katie Kennedy (21st)
2014. . . . . Sarah Rapp (6th)
Paige Kvartunas (7th)
Shannon Morton (19th)
Hilary Krein (23rd)
2013. . . . . Sarah Rapp (8th)
Courtney Dobbs (13th)
2012. . . . . .Sarah Rapp (25th)
2011 . . . . . Madalyn Nuckols (23rd)
2010. . . . . Paige Kvartunas (18th)
2008 . . . . . Tasmin Fanning (1st)
Erin Reddan (20th)
2007 . . . . . Tasmin Fanning (3rd)
Natalie Sherbak (10th)
Jessica Fanning (22nd)
2006 . . . . . Fiona Gentles (11th)
Kelly Clark (12th)
Tasmin Fanning (18th)
Natalie Sherbak (20th)
Jessica Fanning (25th)
2005 . . . . . Tasmin Fanning (22nd)
2004 . . . . . Jessica Fanning (14th)
2003 . . . . Marlies Overbeeke (5th)
2002 . . . . . Stacey Vidt (19th)
Jessica Morris (20th)
1990. . . . . Heidi Allen (7th)
1987. . . . . Roxann Polo (13th)
Louise Schweitzer (16th)
1984. . . . . Linda King (14th)
Cheryl Tuosto (24th)

CONFERENCE CHAMPIONS

TEAM

MEN

2012. . . . Atlantic Coast Conference
1997. . . . . Atlantic 10 Conference
1996. . . . . Atlantic 10 Conference
1994. . . . . Metro Conference
1990. . . . . Metro Conference
1989. . . . . Metro Conference
1988. . . . . Metro Conference
1987. . . . . Metro Conference
1986. . . . . Metro Conference
1985. . . . . Metro Conference
1984. . . . . Metro Conference
1983. . . . . Metro Conference
1981 . . . . . Metro Conference
1980. . . . . Metro Conference

WOMEN

1987. . . . . Metro Conference
1986. . . . . Metro Conference
1985. . . . . Metro Conference
1983. . . . . Virginia Intercollegiate
1982. . . . . Virginia Intercollegiate

INDIVIDUAL

MEN

Atlantic Coast Conference
2019. . . . . Peter Seufer
2018. . . . . Peter Seufer
2015. . . . . Tommy Curtin
2012. . . . . Will Mulherin
Atlantic 10 Conference
1999. . . . . Chris Seaton
1997. . . . . Matt Zacharias
Metro Conference
1990. . . . . .Todd Pehowski
1989. . . . . Brian Walter
1987. . . . . Gary Cobb
1986. . . . . .Steve Taylor
1985. . . . . Roy Mascolino
Southern Conference
1960. . . . . .Louis Castagnola
1959. . . . . .Louis Castagnola

WOMEN

Metro Conference
1991 . . . . . Heidi Allen
1990. . . . . Heidi Allen
1988. . . . . .Gwen Roller
1987. . . . . Roxann Polo
1986. . . . . .Gwen Roller

NCAA REGION FINISHES

MEN's

2026	3rd
2025	4th
2024	4th
2023	11th
2022	12th
2021	10th
2019	2nd
2018	8th
2017	2nd
2016	6th
2015	6th
2014	6th
2013	5th
2012	4th
2011	4th
2010	4th
2009	8th
2008	7th
2007	7th
2006	6th
2005	13th
2004	14th
2003	15th
2002	9th
2001	9th
2000	9th
1999	10th
1998	10th
1997	10th
1996	8th
1995	5th
1994	5th
1993	8th
1992	7th
1990	10th
1989	10th
1988	9th
1987	1st
1986	4th
1985	9th
1984	11th
1983	15th
1982	3rd
1981	7th
1980	8th
1979	16th
1977	16th
1976	15th
1975	12th

WOMEN's

2026	4th
2025	7th
2024	9th
2023	7th
2022	10th
2021	6th
2019	3rd
2018	5th
2017	4th
2016	8th
2015	6th
2014	4th
2013	5th
2011	6th
2010	5th
2009	15th
2008	7th
2007	5th
2006	3rd
2005	12th
2004	10th
2003	6th
2002	7th
2001	12th
2000	12th
1999	10th
1998	14th
1997	9th
1996	25th
1995	18th
1994	22nd
1993	23rd
1992	14th
1990	15th
1989	10th
1987	10th
1986	11th
1985	8th
1984	5th
1983	7th

NCAAs

CHAMPIONSHIP APPEARANCES

MEN

2026	23rd
2025	14th
2024	26th
2019	17th
2017	20th
2015	27th
2012	22nd
1987	4th
1982	14th
1970	35th
1969	25th

WOMEN

2026	12th
2014	25th
2006	18th

ALL-AMERICANS

MEN

2026	George Coutie (15th)
2025	George Couttie (10th)
2024	George Couttie (14th)
2019	Peter Seufer (4th)
2018	Peter Seufer (16th)
2015	Thomas Curtain (22nd)
2012	Will Mulherin (T-28th)
2011	Will Mulherin (30th)
1989	Brian Walter (30th)
1987	Steve Taylor (9th)
	Tony Williams (19th)
1982	Steve Hetherington (21st)

WOMEN

2008	Tasmin Fanning (3rd)
2007	Tasmin Fanning (12th)
2003	Marlies Overbeeke (29th)
1981	Lori McKee (Taylor) (17th)
	Tracy Deely