



YOUTH
OUTREACH

They got the
free rubbers

RULES!

SAFE SEX GUIDELINES



IMPORTANT FACTS AND TIPS FOR YOU AND YOUR FRIENDS

HIV SUCKS

check yourself
before you wreck
yourself

IF it's wet wear your RAINCOAT



LAYTEX feel me?

Lets get it
ON

Fun with Rubbers



Teach RELAX MEN

- How does HIV spread through sex? **IGNORANCE**
- ✓ HIV is spread by HIV infection in blood and sexual fluids found in the man's penis and woman's vagina.
- ✓ Sexual fluids ^{cum} come before, during, and after orgasm.
- ✓ You can't spread HIV if there is no HIV infection.

Who are havin'
SEX
TAKE CHARGE
OF YOUR
DISCHARGE

- What is safe sex? **Showing some LOVE**
- ✓ Some sexual activity carries some risk of spreading HIV.
- ✓ To reduce risk make it difficult for HIV to get into your body.

SCARY! Stupid



- What is unsafe sex? **AKA ASS**
- ✓ Unsafe sex has a high risk of spreading HIV when blood or sexual fluid touches soft, moist mucous membranes.
- ✓ Mucous membranes are found inside the rectum, vagina, mouth, nose, and the tip of the penis.
- ✓ Vaginal or rectal intercourse without protection is very unsafe. **TRUE, 1 in 4 peeps with HIV don't KNOW**
- ✓ Sexual fluids enter the body and wherever the man's penis is inserted. It can cause small tears that can make HIV infection more likely.

MAN UP AND WRAP UP

- ✓ HIV can enter the man's penis if it comes into contact with blood or vaginal fluids or has open sores.
- What is safer sex? **SMART**
- ✓ Beware of your body and your partner's. Cuts, sores, and bleeding gums increase risk.
- ✓ Use a barrier to prevent contact with blood or sexual fluids.
- ✓ The most common artificial barrier for men is a condom.
- ✓ Lubricants can reduce the chance of a condom breaking.
- ✓ Be sure to use water based lubricants. Oil based lubricants like vaseline can damage condoms.
- ✓ Oral sex is a lower risk activity for HIV transmission.

KNOW
every sore,
every
score

- To be safer, try using a flavored condom. **cherry?**
- What are safe activities?
- ✓ Abstinence is totally safe... **AND LONELY, get real!**
- ✓ Sex between two individuals who are not infected with HIV and are not having sex or sharing needles with anyone else.
- ✓ Fantasy, masturbation, sexy talk, hugging, kissing, and massage.

NO BABY OIL! BABY

EXPRESS YOURSELF PROTECT YOURSELF

