

the work and wonder of the wait

Week 6

Theme: *“What Do I Do If I Feel Like I’m Wasting My Wait?”*


Waiting seasons can often feel like wasted time—like life has pressed pause and we’re stuck in a holding pattern. But Scripture invites us to shift that perspective. Psalm 118 boldly declares, *“This is the day the Lord has made; let us rejoice and be glad in it”*—not just the good days or the breakthroughs, but today, in the middle of the unknown. God is present in the process, and that means the wait is not meaningless—it’s fertile ground for worship, memory-making, and even celebration.

Celebration, in fact, is not optional in the life of faith—it’s a discipline that breathes life into every other practice. Without celebration, prayer becomes dry, Sabbath loses impact, and worship grows weary. But when we learn to celebrate God in small moments—in family dinners, in diaper changes, in traffic jams—we shift our focus from what’s lacking to what’s lasting. We mark our days with gratitude and refuse to let delay rob us of joy. We learn to make memories while we wait.

The truth is, we never walk through the waiting alone. God celebrates us before we ever celebrate Him. His presence is with us, and His Spirit empowers us to redeem our routines, reset our perspectives, and rejoice in the little things. When we celebrate with intention, even in the slow burn, we send ripple effects into our homes, classrooms, workplaces, and communities. Our joy becomes contagious. Our hope becomes anchored. And our waiting becomes a place of purpose.

Key Scriptures:

- **Psalm 118:24** — *“This is the day the Lord has made; let us rejoice and be glad in it.”*
- **Psalm 118:17** — *“I will not die but live, and will proclaim what the Lord has done.”*
- **Nehemiah 8:10** — *“The joy of the Lord is your strength.”*
- **1 Thessalonians 5:16-18** — *“Rejoice always, pray continually, give thanks in all circumstances...”*



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Discussion Questions:

1. Redefining the Wait

- Have you ever felt like a season of your life was being “wasted”? What changed your perspective (if anything)?
- How does Psalm 118:24 challenge or encourage you in your current situation?

2. The Practice of Celebration

- Why do you think celebration is essential for sustaining other spiritual disciplines?
- What are some small, everyday ways you can celebrate God’s faithfulness in your current season?

3. Making Memories in the Middle


- Can you share a memory from a hard season that became a moment of unexpected joy or perspective?
- How can choosing gratitude today mark your life for the future?

4. Joy That Impacts Others

- How have you seen celebration affect your family, friends, or community?
- What kind of environment do your words and actions create in your home or workplace?

Prayer Focus:

Pray for a renewed vision of what God is doing in the middle of the wait. Ask God to help the group identify small ways to celebrate, give thanks, and live intentionally. Pray that each person would find joy, not in the absence of challenges, but in the presence of God.



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Challenge of the Week:

Choose one routine area of life to turn into a moment of worship. Whether it's your commute, your kitchen sink, or your bedtime routine, speak gratitude, sing praise, or reflect on God's promises. Let that space become an altar of celebration.