

# Vanderbilt Black & Gold

March 28-29, 2014

FINAL schedule

## FRIDAY, MARCH 28

<i>FIELD EVENTS</i>			<i>FLIGHTS</i>		<i>MINIMUMS/PROGRESSIONS</i>
4:00	PM	W	3	HAMMER	130'
		M	2	HAMMER (FOLLOW WOMEN)	140'
4:00	PM	M	2	SHOT PUT	45'
		W	3	SHOT PUT (FOLLOW MEN)	35'
4:00	PM	W	2	TRIPLE JUMP	37-0
		M	1	TRIPLE JUMP (FOLLOW WOMEN)	45-0
4:00	PM	M		POLE VAULT	4.30,4.45,4.60,4.75,4.90,5.05,5.20,5.30

<i>RUNNING EVENTS</i>			<i>HEATS</i>	
5:00	PM	W	7	200
5:30	PM	M	5	200
6:00	PM	W	1	1500-INVITATIONAL (TOP 12 ENTRIES)
6:15	PM	M	1	1500-INVITATIONAL (TOP 12 ENTRIES)

## SATURDAY, MARCH 29

<i>RUNNING EVENTS</i>			<i>HEATS</i>	
11:30	AM	W	1	2K STEEPLE
11:45	AM	M	1	2K STEEPLE
12:00	PM	W	2	4X100 RELAY
12:15	PM	M	2	4X100 RELAY
12:30	PM	W	2	1500
12:45	PM	M	2	1500
1:00	PM	W	3	100 HURDLES
1:20	PM	M	3	110 HURDLES
1:40	PM	W	6	400
2:00	PM	M	3	400
2:15	PM	W	5	100
2:30	PM	M	4	100
2:45	PM	W	5	800
3:05	PM	M	4	800
3:25	PM	W	3	400 HURDLES
3:45	PM	M	3	400 HURDLES
4:00	PM	W	3	3000
4:35	PM	M	2	3000
5:00	PM	W	3	4X400 RELAY
5:20	PM	M	2	4X400 RELAY

<i>FIELD EVENTS</i>			<i>FLIGHTS</i>		<i>MINIMUMS/PROGRESSIONS</i>
10:00	AM	W	2	DISCUS	130'
		M	2	DISCUS (FOLLOW WOMEN)	140'
TBA		W	2	JAVELIN	100'
		M	2	JAVELIN (FOLLOW WOMEN)	140'
11:00	AM	M		HIGH JUMP	1.95,2.00,2.05,2.10,2.15,2.18,2.21,2.24
		W		HIGH JUMP (FOLLOW MEN)	1.61,1.66,1.71,1.76,1.79,1.82,1.85,1.88
11:00	AM	M	2	LONG JUMP	21-6
		W	2	LONG JUMP (FOLLOW MEN)	17-0
1:00	PM	W		POLE VAULT	3.40,3.55,3.70,3.85,3.95,4.05,4.15,4.25