



REVISED FINAL Time Schedule

Friday, April 28

Field Events

3:00pm Women's Discus
 4:30pm Men's Discus
 5:30pm Women's High Jump
 6:00pm Men's Long Jump
 6:00pm Women's Long Jump
 6:00pm Women's Hammer
 6:30pm Men's Pole Vault

Running Events

5:30pm Women's Sprint Medley Relay
 5:40pm Men's Sprint Medley Relay
 5:50pm Women's 100 Hurdles
 6:00pm Men's 110 Hurdles
 6:10pm Women's 400 Meters
 6:20pm Men's 400 Meters
 6:30pm Women's 4x800 Meters
 6:40pm Men's 4x800 Meters
 6:50pm Women's 400 Hurdles
 7:00pm Men's 400 Hurdles
 7:10pm Women's 3000 Steeplechase
 7:25pm Men's 3000 Steeplechase
 7:40pm Women's 200 Meters
 7:55pm Men's 200 Meters
 8:05pm Women's 5000 Meters
 8:25pm Men's 5000 Meters

Saturday, April 29

Field Events

10:30am Men's Hammer
 10:45am Women's Shot Put
 11:30am Women's Pole Vault
 11:30am Men's High Jump
 12:00pm Men's Javelin
 12:00pm Women's Javelin
 12:15pm Men's Shot Put
 1:00pm Women's Triple Jump
 1:15pm Men's Triple Jump
 1:25pm Elementary School Sit Ups
 1:30pm Elementary School Push Ups
 1:45pm Elementary School Softball Throw
 2:00pm Elementary School Long Jump

Running Events

11:55am *National Anthem*
 12:00pm Elementary School 100 Meters
 12:02pm Women's 4x100 Relay
 12:09pm Men's 4x100 Relay
 12:16pm Women's 1500 Meters
 12:28pm Men's 1500 Meters
 12:40pm Women's 4x200 Relay
 12:50pm Men's 4x200 Relay
 1:00pm Women's Shuttle Hurdle Relay
 1:10pm Men's Shuttle Hurdle Relay
 1:20pm Women's Distance Medley Relay
 1:35pm Men's Distance Medley Relay
 1:47pm Women's 100 Meters
 1:55pm Men's 100 Meters
 2:03pm Women's 4x400 Relay
 2:15pm Men's 4x400 Relay
 2:20pm Elementary School 4x100 Relay